KEEP WISDOM



You Live in FOUR WORLDS

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Lesson VII

YOU LIVE IN FOUR WORLDS

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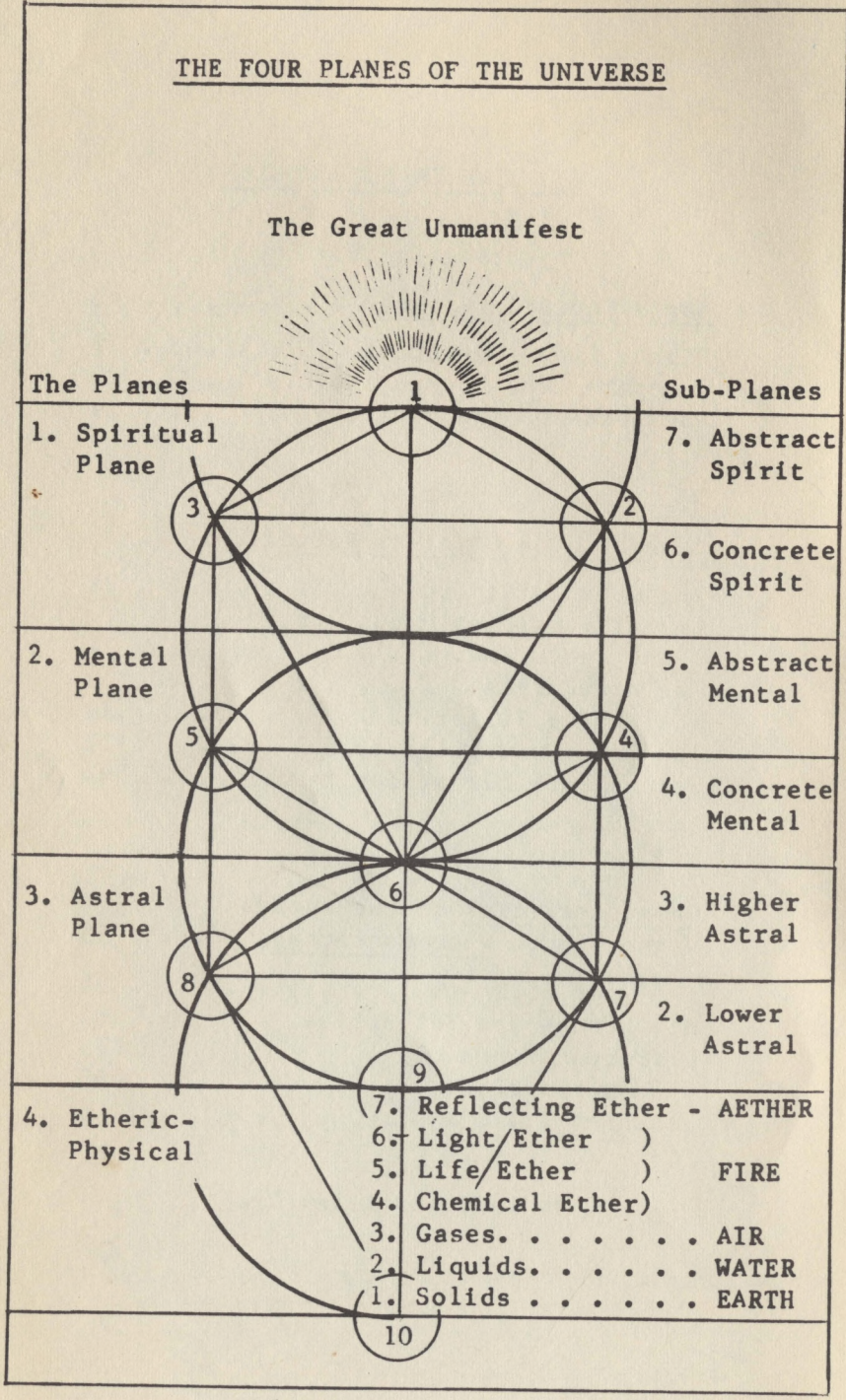
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By Judy and Riley Crabb

Build your Body of Light, the
I Am, the Christ Light

THE FOUR PLANES OF THE UNIVERSE



MAN'S FOUR-FOLD NATURE

Chapter VII, Section 1

Let us continue on to the study of the Four-Fold Nature of Man. The chart of the Four Worlds of the Kabala on the opposite page will be of help; this is also helpful in understanding the descent of Ideas from God to man.

Ideas come down from or originate at the Cosmic level, the Mind of the Logos. They are transmitted to the Star Logoi, the Ray Chohans, Ascended Masters who make up the occult Hierarchy of our Planet, at the level of Abstract spirit. They in turn transmit the ideas to the Greater Masters at the level of Concrete Spirit. Then the lesser Masters and Adepts pick them up at their levels in the realm of Abstract Mind, the level of our soul or Individuality. Then the ideas are transmitted down to the initiates at the Concrete Mental level; next the apprentices and servers who receive them and transmit them down to the people in the flesh, at the physical level.

We must realize that these Four Worlds and their sub-levels are within us and the nature of man can be divided into corresponding levels. So you have a body or vehicle of consciousness at each level. Each body is made up of the matter of these worlds. Get used to the idea that there is Spiritual matter. It is so comparatively intangible to us that we think of it as pure energy or Light. But there are Teachers of the East and of the West who speak of Spiritual matter.

In the Western Tradition the Four Worlds are spoken of as the Physical Body, Astral consciousness, Intellectual consciousness corresponding to the Mental World, and Spiritual nature corresponding to the topmost. Remember, these modes of consciousness are manifestations of the Divine Nature

which originates in the Unmanifest, and we can make further subdivisions of these four planes as shown in the chart. Now Theosophy, drawing from the Eastern tradition, recognizes a form and force differentiation on each plane. This energy-matter distinction was certainly important when the universe was created, and it is still important today. But when you recognize the sub-levels of the four planes, and realize that they are evolved and functioning, they really cannot be separated except for purposes of instruction. A count of the subdivisions gives seven.

There is the Force aspect of the Spiritual plane which we call Abstract Spirit. The Form aspect is Concrete Spirit. In the Mental World we have Abstract Mind and Concrete Mind. Then there the Higher and Lower Astral of the Emotional World. The Physical World is counted as one but you can make a distinction if you want to between the four higher Etheric sub-levels -- which are normally unknown to our five senses -- and the three lower sub-levels which are known, gasses, liquids and solids.

The Four-Fold Nature of Man is made up of two planes of force, the emotional and the Spiritual, and two planes of form, the mental and the physical. The mental and physical are positive and the emotional and Spiritual are negative -- to us locked in physical consciousness. Form is accentuated in the mental and physical. Force is accentuated in the other two. You know that form or the physical is positive to you because this is the plane in which your physical consciousness is focussed while you are awake and occupying a physical body, at least. There must be this kind of polarity if energy is to flow, it follows the laws of electricity, from negative to positive to negative to positive. At least this is basic to the laws of electrical science as we know them on this planet.

Now if you consider a being who has passed on, lost his physical through death, naturally his consciousness is objective, positive, on the astral

plane! And the physical world is negative -- non-existant. To the Master the physical world is also negative, unless his attention is focussed there. It all depends on where your consciousness is centered. Of course the Mystery Schools, both East and West have always taught that our bodies and this physical world are illusions, but they are not illusions to you and me in our present limited state of being, the positive reality of the physical. To most of us, this is the only reality we have.

19th Century science was built on a hard, material base; so it utterly ridiculed religious ideas about non-material beings and things. But the 20th Century science of nuclear physics has been working with invisible atoms and unseeable vibrations for over two generations now; the whole attitude is changing and is coming closer and closer to the ideas of occult science.

Consider all the different vibrations going through this room that we know of: television, cosmic rays, radio waves -- both short and long wave, gamma rays. Physical matter can be penetrated very easily by certain types of vibrations. There are relatively vast spaces between the proton or center of the atom and the electrons spinning around outside it. Between these charged particles vibrations can travel. X-rays are another good example of penetrating vibrations.

Occult science says there is a finer, invisible body we call the Etheric Double, made up of the four higher sub-levels of the physical shown on the chart.

1. Reflecting Ether
2. Light Ether)
3. Life Ether) Fire
4. Chemical Ether)
5. Gases - Air
6. Liquids - Water
7. Solids - Earth

This Etheric Double is the real physical body, the permanent one, far more permanent than anything you see and feel. It is a mesh of electric currents or charges, and in this mesh of currents the physical

molecules are held. A crude example might be the carton which holds eggs. You know it can be filled and emptied many times. This is true of our etheric "carton" which is filled with new molecules and emptied of old ones many, many times during our life in the flesh. For once we are in agreement with medical science which recognizes this building up and tearing down of physical matter. Of course the doctors dont recognize this Etheric Double, a permanent, indestructible pattern frame in which everything is packed.

This is the reason why there can be apparently miraculous instantaneous healings -- if you are fortunate enough to find a Spiritual healer or psychic surgeon who has the power to rearrange the molecular structure; for the Etheric Double isn't injured at all. But the Spiritual healing is more easily accomplished if the healer is present at the time of the accident, before the injured person's mind has had a chance to set itself into permanent acceptance of the crippling injury.

Once you had accepted the break or the loss of a limb and fixed it in your consciousness, then your Etheric Double may very well change and the healing wouldn't be easy. Normally, the Etheric Double throws off matter as easily as we throw off clothing. If you could accept this idea and get used to it, it would be much easier to change your body if you were not satisfied with it.

You doubt the existance of your Etheric Double? It is very easy to prove it. Take the example of two beautiful blonds lying on a beach in the hot sun. One is asleep and the other is dead. Both bodies have or are made up of organic molecules, just chemicals, salts and water, that's all. It doesn't take many hours in the hot sun to prove which physical body has an Etheric Double still holding its molecules together and which does not. When the Etheric Double -- and the organising consciousness within it -- is gone, the physical body begins to disintegrate. The atoms and molecules of the dead body are still living matter, but they now begin to return to a more primitive condition

through decay, to be made available to Nature again for growth in the Vegetable Kingdom.

May we remind you again that we separate these four worlds only for purposes of learning and that they are in fact always interacting. Are they ever separated, and how do we differentiate? If we say that the astral consciousness is separated from the physical, the person is unconscious or asleep. This kind of separation can also be brought about through meditation, self-hypnosis. Hypnosis by another person can put us into a light or deep trance. The unconsciousness could be from exhaustion, illness, accident or drugs -- separation of the astral from the physical.

Not long ago there was the story in the paper of a little girl who had been in a coma for three years. She finally died. It could be that her soul or Higher Self was undecided all that time, whether to take up conscious control of the physical body again, or to leave it for good. It may be that her brain was so damaged complete control could not be regained; so there was nothing for the Ego or soul to do but withdraw. So at least two levels of consciousness should be functioning for life as we know it.

We say that the personality is positive when its waking consciousness is functioning in the two lower worlds, mainly in the physical, of course. And evolution is slow for the average person because he drifts with the mass of mankind, moved largely by external causes. If you are going to make steady evolutionary progress, it can only take place if or when your Spiritual and intellectual consciousness are working together at these two higher levels of the four. This can happen only when the ideals of the Higher Self are being transmitted to the brain-consciousness of the personality. When man is governed by ideals and lives by moral precepts he is more stimulated from within than without. When you change your goals from the physical or material to the Spiritual, then your Higher Self takes over and evolution speeds up. Then the Higher Self becomes positive and the

personality or Lower Self becomes negative or passive.

When the Spiritual consciousness is withdrawn into what we call the Unmanifest, it is gone from the objective world entire entirely. It is inward turning, brooding over the experiences of the past life, and preparing for the next.

One of the great problems of the Teachers of mankind must be to awaken man to his Higher Self, Individuality or soul; but also the Higher Self must be awakened to the needs of the Lower Self in the flesh! Unless this does happen to a man or woman once or several times during their life, they drift. Birth, marriage and death are awakeners, of course, and other great crises or accidents. Then, for a few moments, all of the bodies of the whole man of the Four Worlds are lined up and he sees life as it is. If at that time he is brought in touch with Spiritual teaching of one kind or another, he may take up the search for Truth and speed up his evolution. There must be "awakeners" around to see to it that Spiritual teaching is available to the Seeker.

I remember Geoffrey Hodson telling me, while visiting and lecturing to the Theosophical Society in Honolulu years ago, that these higher levels of consciousness in us, the mental-intellectual self and the Spiritual self, and even the astral of the lower average man, tend to live in a dream state of their own, each aware only at its own level. They hate to be disturbed; so there is this problem of the Teachers, to shock the higher levels into a condition of awareness of the personality, struggling in darkness in the lowest, physical world. Then the Higher Self will begin to lend its God-like powers to the personality.

Comparatively, we are moving in darkness and ignorance; but it isn't entirely our fault; it's just one of the conditions of the Creative system in which we live -- at least on <u>this</u> planet; and the challenge is to break through the veil of ignorance into the Light.

There's a good example of this unawakened state in the Edgar Cayce life readings. I found it in Gina Cerminara's book on Cayce's work, "Many Mansions". A young woman of New York wrote to Cayce for a reading. She was dissatisfied with her humdrum work as a switchboard operator and wondered if there wasn't something more interesting and fulfilling for her. The Cayce life reading indicated that she had considerable latent ability as an artist, developed in previous lives. The young lady took up commercial art and found she did indeed have an aptitude for it, and a liking for it, and happily changed **careers.**

Isn't this an excellent example of the point we made? The Higher Self has all knowledge of the past lives, why didn't it inspire her to make the change from within? Yet here it was content to drift along at its own level until some one or some thing from below sent a call for Light, for help. The orthodox teachings of the religions seem to indicate that the awakening is the responsibility of the soul or Divine Self; but it isn't always true in practice. In fact it's the other way around. We have to initiate our forward movement from here in the flesh. To take our evolution in hand requires intense personal effort; there is no other way. "Ask and ye shall receive."

Cayce himself had to be awakened to metaphysical studies and beliefs, through a friend asking for a reading, not about medical problems, but about past lives. Only after reading over this information and coming to accept it himself, did Edgar Cayce become an awakener.

THE MUSIC OF THE PLANES

We have chosen some music which we feel is representative of the Four Worlds or planes of consciousness. The Etheric-Physical -- including a portion of the Lower Astral -- manifests most strongly at birth, during sex relations, at time of death, and in a state of physical crisis of any kind, especially battle or hard athletic contest where feelings of hate, wild exaltation, lust or

brute power are expressed.

So music of this type would include all war songs and patriotic hymns -- like our Battle Hymn of the Republic. We would also include the work songs of the peasants in the field and the men at sea. All popular dance music is of this level and we've chosen some modern rock played by Lawrence Welk. This is action music, fertility-rite stuff. Young people need it because their attention is focussed on the physical plane. They are feeling the rising tides of generative energy within them. It must be expressed, burned up in some way -- hopefully not in vice or destruction.

Now, with the same orchestra and vocalists, lets lift our auditory consciousness to the next level, the Higher Astral. Here the positive feelings of love and devotion, joy, and the sweet sadness of separation are expressed in the love songs and ballads, the hymns of all nations. The Lennon Sisters singing "The Rosary" is a perfect example of this Higher Astral type of music.

This second plane of consciousness counting up from the physical is the world of picture imagination. What brings the picture? Stimulation from the physical plane almost entirely. Nearly all consciousness from the astral level is derived from the physical senses, whose vibrations stir up memories. This is proven from your dreaming while asleep, because most of your dreams are a reworking of the experiences of the past day. This is why dreams are usually chaotic and illogical, except once in awhile your Higher Self or a Ministering Spirit takes hold of your free-floating consciousness and gives you an instructive or inspiring vision, a prophecy or a warning. Each person's dream is going to differ tremendously from others because of differences in temperament.

Now how do you do your thinking, at the next level or world? The devotional type is inclined to do most of his thinking in picture images, and very little in words. The intellectual type on the other hand thinks in words and phrases and has very

fleeting images. The ideal toward which we are working in "Invisible Reality Behind Appearances" is to use both. We chant words and we visualize the God Names in ritual, and we also create colored images at the same time, or try to. We should be able to do both.

Really gifted people have no difficulty in forming clear, three-dimensional images in their minds. These kinds of people make good artists and architects, also design engineers in the industrial world. Anyone who is a recognized leader in his field, a success worldly or otherwise, must be capable of carrying a clear idea of his goal in his mind.

TYPES OF CONSCIOUSNESS

Astral consciousness is more closely related to the physical than it is to the Spiritual, though I know mystics and spiritualists wont agree with with this. But just look at our chart. On the ascending scale of vibration Intellectual Consciousness is more closely related to the Spiritual. The abstract mental level is part of the soul or Individuality -- our lowest permanent vehicle -- the vehicle of an evolution. Astral consciousness is part of the vehicle of an incarnation, the personality, one life in the flesh. Call it the Lower Self if you like, made up of physical body, etheric double, astral consciousness or emotions, and the concrete mind.

The dividing line between the Higher Self or soul, and the Lower Self or personality, is the line between the upper and lower mental levels. The lower mind, the concrete mind, has only the memories of this life in it. If your consciousness is limited to this level you will not remember your past lives. It is not until you can shift the focus of your attention to the abstract level that you are then capable of reading your distant past. The personality has no enduring qualities in it. The concrete mind is definitely a part of the personality and it normally passes away too, some time after the disintegration of the physical

body. The carry-over to the next life is the essence of experience, abstracted from previous lives.

For an example of higher, intellectual type music we have chosen a few passages from that wonderful piano concerto of Rachmaninoff, the Third, with Van Cliburn playing. The artist, whether he creates in music, painting, sculpture or words, is inclined more toward the mystic than the Hermetic or Intellectual; so his mental activity is concerned with giving form to fluid light which is his inspiration.

It is a subjective process isn't it? You are aware of yourself in the intellectual world when your consciousness is turned inward on your own thinking processes. "I think; therefore I am."

By now you should know you can observe yourself thinking. You are aware of the fact that you are thinking. Philosophically this proves that there is a level of consciousness even above thinking! Who or what is this observer? The Higher Self. This is part of the I AM, spiritual nature of a higher level than the concrete mind.

This is the next big step in consciousness for you, the thinker being aware of his own thought processes. This is a subjective state of being, inward turning. Outward-turning or objective mental consciousness will not be yours until you become an initiate. Then these other levels or planes of consciousness will be as objectively real to you as is this physical world now.

Where does your mind get the material of the ordinary thoughts on which it works? From the five senses, as we said, from sensations derived from the physical and astral worlds. But thought itself is not concerned with feelings or astral images. These are of a lower order of creation. You can think thoughts which have no physical reality at all -- abstractions of mathematics, for instance, or the symbols we use in meditation.

The great problem with the intellectual or scientific type is his tendency toward coldness

and lack of love. As a student of the Mysteries he cannot leave the Outer Court until his love nature is developed and functioning. This is one of the most demanding things for one who is on the Hermetic Path, the Path of the Mind. When the cold, scientific or business type gets into occult science he becomes a black magician, a wizard, and uses people for his own purposes, selfishly, with utter disregard of their feelings of sufferings.

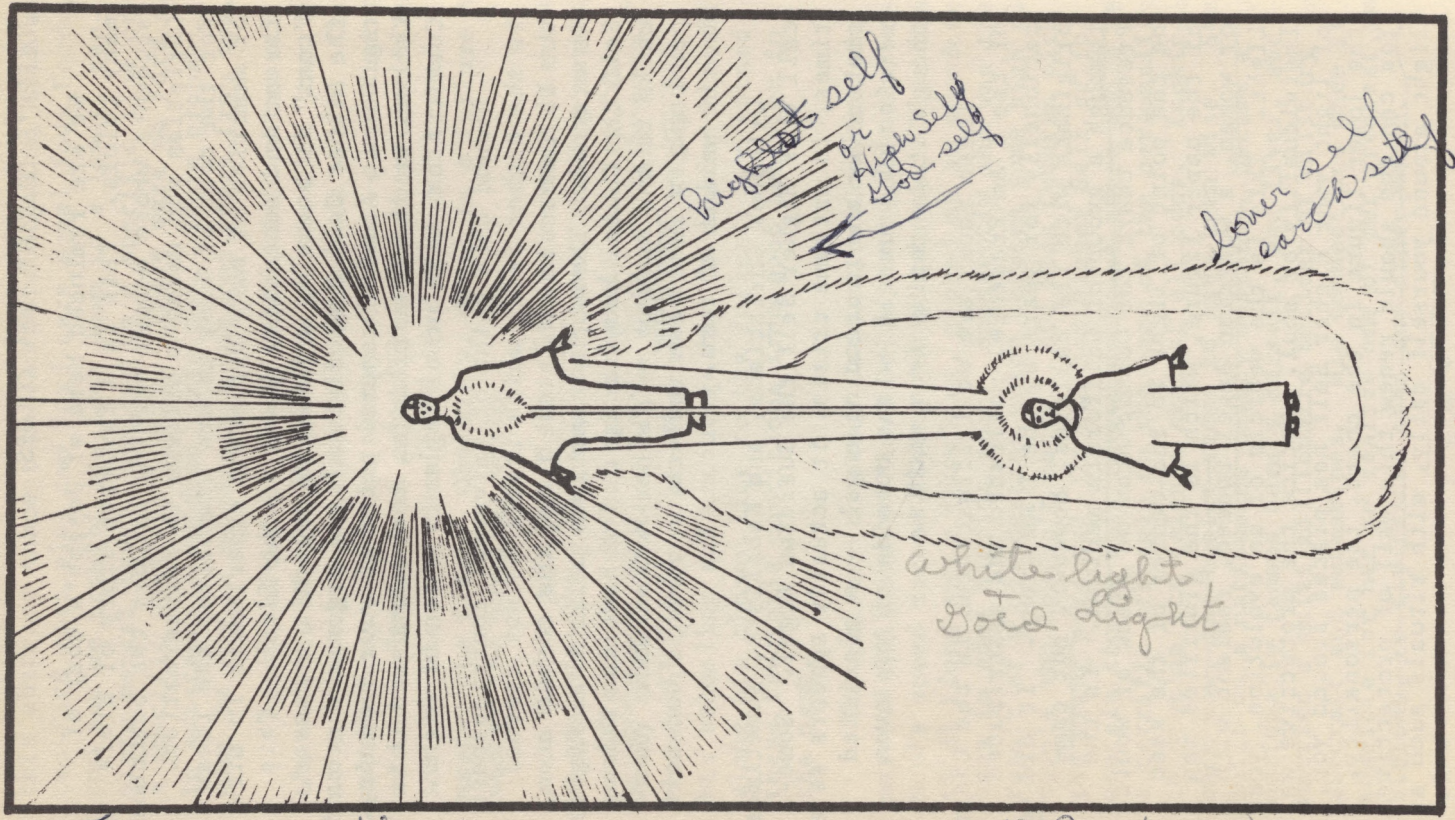
On the other hand, the natural mystic or devotional type must develop intellectual consciousness before he can evoke and handle power safely and efficiently. Mind creates the forms through which divine power is channeled to do effective work in the lower worlds. Intellectual consciousness is the link between the Spirit and the Lower Self. Anyone who does not have it is lop-sided. Remember, mind is of a higher order of creation than feelings.

HIGHER PLANE CONTACTS

What are the astral plane contacts, the upper astral at least? They are reverence, compassion, devotion and self-sacrifice. When some or all of these qualities are active in you, you are expressing upper astral plane power.

On the mental plane we have to differentiate between the concrete mind and the abstract. Concrete mind is concerned with the things of this physical life, analyzing facts and doing arithmetic. In the larger perspective, positive aspects of the concrete mind are understanding, perception, and the ability to apprehend what is going on. The higher, abstract level of the mind, when active, adds realization or illumination, and the perception of the hidden relationship between things. Here is where mathematics functions, as distinguished from ordinary arithmetic.

Take a simple mathematical equation like two times two equals four. This by itself is abstract and would be true anywhere in the universe at any time as long as there is a difference. But apply



This came through a group of California Mediums

the Kabalistic Cross and the Lesser Banishing Ritual of the Pentagram.

In the Kabalistic tradition the Higher Self is the **angel** assigned to us at time of birth, but it is actually the immortal Individuality. Once you overcome the limitations of the physical brain consciousness through dedicated study and service, you will become aware of the holy influence of your soul and eventually merge with it. In fact this is your goal, to shift your center of consciousness from your personality to your Individuality, from the lower to the higher. When you do this your Higher Self becomes positive and your Lower negative, the reverse of what you are now.

When you meet and become acquainted with someone to whom this has happened, you will find him or her to be an exceptionally calm, cool and detached individual. This was our experience with Geoffrey Hodson when he came to Honolulu as a Theosophical lecturer in 1955. Here was an initiate if we ever met one, who, instead of being warm and radiant as we expected, was rather cold and withdrawn. When we tried to draw him into conversation about these deeper teachings he would politely suggest that we refer to and study his many books.

Mr. Hodson was conserving his energy for his lectures on metaphysics. When he is on the platform his higher centers open up, especially the heart center. Then the room is filled with radiance indeed! He takes everyone into his aura. It spreads out 30 feet or more in pulsing waves of golden light, Christ-light from his own Higher Self and from his Teachers.

He wastes no time or energy talking to people before the lecture but walks right on to the stage ready to go, as soon as he arrives at the hall. When he is through with the written questions after the formal talk, he leaves the stage immediately and is taken back to his hotel. No gang of admiring "leaches" is allowed to crowd around him afterward. He concentrates his energy only where it

will do the best work.

This is one good reason why the Masters and Adepts are generally withdrawn from mankind, to avoid this unconscious vampirism which leaches and bleeds away energy that should be used more efficiently. Another good reason is the need to withdraw and recharge one's vitality. You see this in the New Testament where Jesus politely leaves the home where he and the disciples are staying and goes quietly out into the night, to build up his reserve of energy and not to over-stimulate those around him with his radiant energy. They would get more power than they could handle safely with their limited and erratic emotional control.

I saw a good example of this over-stimulation when evangelist Billy Graham was in Honolulu years ago on one of his crusades. Now I'm not saying that Billy is an Adept, though to some devoted orthodox Christians he appears to be. He does have a tremendous aura, however, as anyone must have who spellbinds thousands upon thousands of people night after night.

One of the secretaries at the Naval Supply Center, Pearl Harbor, where I worked, had the opportunity to ride beside Mr. Graham in the car when he was being driven to the auditorium. She sat in the aura of this emotional powerhouse for 20 minutes. As a result of this she was in 7th heaven for two or three days afterward. I warned her to watch out for the corresponding emotional reaction to this feeling-binge she was on. Sure enough it came. By the end of the week she was so depressed she was ready to commit suicide.

As a student of the Mysteries, searching out the Invisible Realities behind the appearances of your physical life, you will become aware of and refrain from riding emotional roller-coasters, rushing daily from one emotional crisis to another. You will learn how to turn your feelings on and off under control, saving your energy for those times when the effort takes you forward toward your self-

chosen goals. As a student of the Mysteries you wont force yourself at full gallop, day in and day out, as some business men do, and fall over dead with a heart attack at 45, completely burnt out. The times for action must be balanced with times of quiet study and meditation, if the Spiritual flower of Love and Wisdom is to unfold naturally in your heart.

The I Am chart is good for beginners. Now let us turn to the Chart of the Middle Pillar for more advanced work.

Remember, we said that the Highest Self is the Divine Spark, the Monad as they say in Theosophy, or the Cosmic Atom. On the Middle Pillar chart this is not in the physical body but overshadows the head. We have the authority on this from several writers in the Western Mystery Tradition, Pythagoras, Plutarch, Anaxagoras. Note **we say** Cosmic Atom and not solar atom. Our Divine Self is outside and beyond the solar system. If we could link it to astronomical form, let us say that the Cosmic Atom or I Am is part of the Milky Way galaxie -- that level of consciousness, vast as it is. And a swarm of these Cosmic Atoms of the Milky Way galaxie is assigned to this solar system to use it as a school building for learning.

What is beyond or above the galaxie in consciousness? The black void of deepest space, of course, from which all **life** comes. Our little universe is the solar system and the Father-Mother God, the Solar Logos, furnishes us with the material for this school room, the planet earth, in which we learn to develop our God-like powers. He furnishes us with the material for our bodies, also.

But the Monad or Divine Spark is of another order of creation -- order of magnitude, the space scientist would say -- and from our point of view is Eternal, endless, without beginning or end. "Before Abraham was, I Am." Now when we begin our evolution in our universe we are all latent capacity, potential to be unfolded in time and space. The Cosmic Atom projects a portion of itself down into

the form worlds of manifestation, Mental, Astral and physical. This is where we play and work.

At the beginning we might compare ourselves to an acorn which has all the potential of the mighty oak tree. If it sprouts in the wrong soil it will grow but never fully develop that potential. This is true of some Cosmic Atoms and their period of evolution as it is true of some people in their physical lives. A Cosmic Atom may "get off the track" in some universe and never complete its evolution. It has to wait another universe and start from the beginning. Remember that the Highest Self, the Cosmic Atom, has also its rhythms, its workings and its sleepings; but Its work and rest are Cosmic Day and Cosmic Night, billions of years from their peaks to their valleys. Even your Higher Self must rest periodically at its level, too.

I would say that our Higher Self has its birth or beginning when we enter the Human Kingdom. That is when the Vehicle of an Evolution begins to develop. If you started with the human life wave which began on this planet then your Higher Self has been in existence for several millions of years. If you started on some other planet in the solar system, say Mars or Venus, and failed the Judgment Day there, then the real you is much older than that! I would guess that half the old or advanced souls on earth are failures from some other system, doing makeup work here. In any event, the existence of your Higher Self will end when you unify all your bodies at the 5th initiation, at-one-ment. So remember that from your new point of view as a student of the occult, your soul may be immortal but it is not eternal.

Days and nights and the four seasons are our rhythms in the flesh. Birth, death, purgatory heaven and re-birth are the natural rhythms of the Higher Self. Between physical incarnations it is in what is to us a subjective, dream-like state of existence -- positive to it, of course -- in which it broods over the experiences of the life just

finished. When these have been thoroughly assimilated, the program is set for the next existence in the flesh -- the biological Path, as one of my Teachers calls it; and then the soul seeks rebirth.

This plan would include makeup work, lessons which were left unlearned and goals which weren't accomplished in the preceding lives in the flesh, as well as old obligations and a certain amount of new work for developing new capacity.

Our inherited abilities and traits, so-called, are actually carried over from preceding lives where they were developed by hard work. These will give us our distinct personality. Any of you who have been parents and have had several children are certainly aware of the marked differences among them, even from birth! You give the child his body, but his soul is his own creation.

One of the things which occult science demands of you is that you accept full responsibility for your choice of parents. There is no ducking this issue. Whatever you are now, that is your racial type and the part of the world you were born in, you chose it because you chose your parents. Or you were forced to choose because of wilful misbehavior in previous lives. If your parents didn't provide you with the necessities of life -- that which you think was your due -- look within your own heart for the real reason.

Remember, the Cosmic Atom, the I Am, is the eternal, indestructible part of you. It is your point of contact with the Unmanifest on the other side of Kether, and even It has three degrees of absoluteness -- or so the Archangel Metatron taught the first Kabalist. It is through this point that Cosmic energy flows down into you, into these lower worlds from the great, limitless reservoir of Cosmic life. It may be limitless but it is still rhythmic in nature; so the flow is not steady even though it may appear so to us. The sun seem-

ingly shines steadily all the time but it also has its rhythms. Science is beginning to identify some of them. There is the 11-year sun spot cycle, for instance. It is surprising how certain economic movements in our national life follow or are directly affected by that 11-year rhythm or pulsing flow of energy.

The Pioneer satellites sent to the sun from earth have given us some measure of this stream of energy which the space scientists now call the Solar Wind. We have some idea of its temperature and intensity. For years 20th Century physicists laughed at the idea of a substance called Ether filling empty space; for the space between the earth and the sun was supposed to be a total vacuum! Now we are sending instruments into that supposed total vacuum to measure it. The Solar Wind is a pulsing flow of particles from the sun and the temperature they speak of is in the order of 200,000 degrees or more. That is so hot it is not heat; it is only pressure; and in occult science we have a name for that pressure. It is God's will.

ADORATION OF THE DIVINE

There is only one word to describe our attitude at the Spiritual level and that is adoration. When you get into this higher level where you can see God, there is only one state of consciousness or mood. All eyes are focussed on Him, the one source of Life.

This is the function of the seven Archangels before the Throne. They can look on the face of God and live, and they transmit His energy to the lower levels or planes.

The greatest part of what most people call Spiritual, the average, unawakened person in the flesh, is the Upper Astral plane. This is the Summerland of the Spiritualists, one of the levels in the Upper Astral, a world of peace and harmony, an apparently eternal summer of flowering fields and gently flowing brooks, with peace and beauty on every hand.

or Pure Spirit our (God)

The true Spiritual world we are talking about is a sea of Light without form. Pure Being. Once a person gets accustomed to it he finds himself a Point in that Sea and comes to realize that there are other Points of Light in it, cosmic beings like himself. True Spirit is perceived only by Adoration which leads to unification. We have a pale reflection of that high estate down here in the adoration of our beloved wife or husband, which leads to the temporary unification of the love embrace in the heat of passion.

I believe that in the Theosophical teachings it is said that the goal of evolution for mankind on earth now is Nirvana. That is the highest level of consciousness that can be achieved here. It is not total union with Cosmic Consciousness but is one of the lower sub-levels of it.

We must learn to know and understand something of these various points of contact, to get our hands and feet dirty in the elemental world, the etheric-physical, without shunning it; but also to keep our eye on the Spiritual world without being blinded by it. We do this in the Christian dispensation by disciplining ourselves in humility, purity, selflessness, compassion and gentleness, moulded into our personalities and souls. These qualities I have just named are points on the five-pointed star, the Pentagram. When you have these in balance you can safely handle elemental power, in useful service, on the physical plane.



We close with an example of Spiritual level music illustrating Adoration of the Divine. One popular aria is the Hallelujah Chorus from Handel's "Messiah"; but I've chosen the inspiring contrapuntal work by the English composer. Gustav Holst, based on the 148th Psalm. The great Salt Lake Choir sings the endless chorus of Alleluias, accompanied by the Philadelphia Symphony Orchestra.

ASSEMBLING A COMPLETE RITUAL

Lesson VII, Section II

The Workshop section of this lesson, number seven in our series of Studies in the Invisible Reality Behind Appearances, is a complete ritual as we understand the meaning of the term. If you are new to ceremonial magick, this will at least give you an idea of the necessary preparation, the layout and routine of "building a temple without hands", making use of it for a specific kind of worship, and taking it down again until the next time.

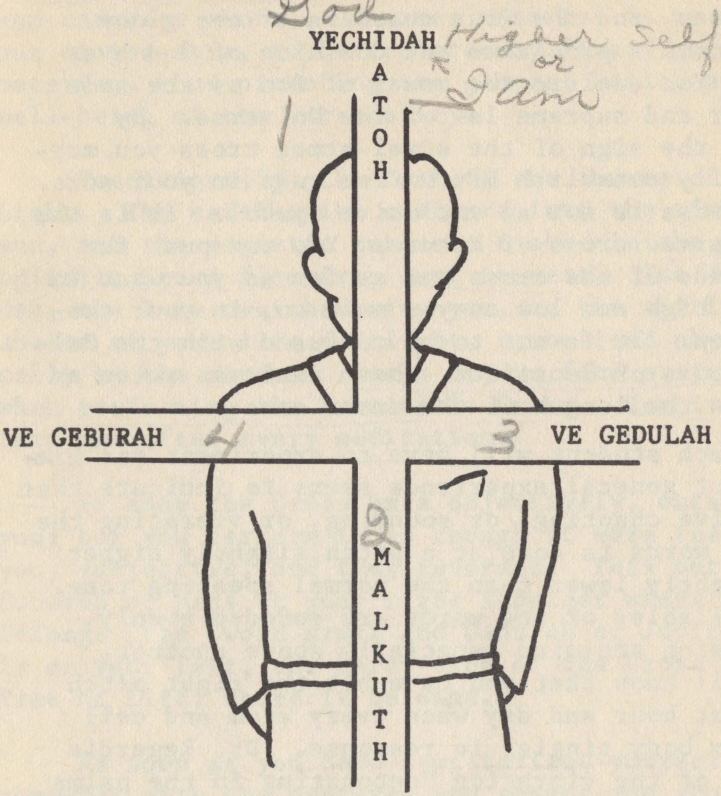
Our concern here is not the preparation of the place of working but the preparation of the magician himself or herself.

All ritual should start with the Word and Sign of Power; naturally, we take ours from the Christian tradition. It is the Kabalistic Cross. This is a simple technique by which you bring yourself and your bodies into alignment with your Higher Self. Performing the Cross opens you up to the more direct guidance and inspiration of the Divine Will.

The Ritual of the Kabalistic Cross is:

1. Touch the forehead and say or chant,
   ATOH (ah-toe) [Thou Art]
2. Bring the hand down to touch the breast or solar plexus and say or chant,
   MALKUTH (mahl-kooth) [The Kingdom]
3. Touch the right shoulder and say or chant,
   VE GEBURAH (vay geh-boo-rah) [and the Power]
4. Touch the left shoulder and say or chant,
   VE GEDULAH (vay geh-doo-lah) [and the Glory]

5. Now clasp the fingers over your breast and and say or chant, LE OLAHM AMEN (lay oh-lahm ah-men) [forever and ever, amen]



We like to salute the I Am, the Cosmic Self, before commencing the actual Kabalistic Cross. In Hebrew this is YECHIDAH (yeh-ki-dah). Point above the head when saying or chanting this, before starting with ATOH.

The gestures are those of the Christian cross and the words are the last phrases of the Lord's Prayer. You wont find them in the Matthew or Luke versions of the prayer; perhaps they were only given to the Disciples in the Upper Room. We chant the Hebrew but if you prefer the English, use it by all means. Making the gestures and sounding the words releases a power which helps to balance your personality

and opens the mind to higher things.

The Kabalistic Cross is an equal-armed cross. It represents the four elements, Earth, Air, Fire, and Water, and the four quarters of the globe. This formula proclaims the dominion of God over them. You declare the power of God as the sole creator and supreme law of the Universe. By making the sign of the equal-armed cross you magnetically establish His Divine rule in your aura. This cross is not an exclusive symbol. It is the equal-armed cross of Nature. You can push the open ends of the cross out as far as you want to and as high and low as you want to, in your imagination. It is not to be confused with the Calvary Cross of Sacrifice, whose shaft is twice as long as the length of the cross arms.

Each student will have to experiment for himself but general experience seems to indicate that effective chanting, or sounding, or vibrating the sacred words is done at a pitch slightly higher or slightly lower than the normal speaking tone. The syllables of the words are sounded evenly, none being accented especially above another. You will know that you have hit the right pitch for that hour and day when every atom and cell of your body tingles in response. Dr. Regardie speaks of the vibration "detonating in the palms of the hands and the soles of the feet".

It isn't unusual to have a student shun ceremonial for fear of making himself ridiculous. You can do the Cross mentally, visualising yourself going through the ritual, but then the ceremonial is likely to be effective only at the mental level! Suppose your problem is very physical -- ill health, no job or money, marriage or some other personal relationship gone sour? If you want your prayer to show results on the physical plane, bring the force down to the physical plane! This is done with chanting, gestures, incense, candles and so forth. Physical action completes the circuit of the Creative energy by "earthing" it, Dion Fortune reminds us. There is no other way.

Technically, we say the sound of the chanting of the Divine names shakes up the lower bodies -- physical, etheric, lower astral, higher astral and concrete mental. Coarser material is worked out of the aura, to be replaced by finer, purer material, thus promoting the general health and well-being of the personality.

Traditionally, the East is the source of Light. The earth spins eastward into the rising sun, and the magnetic currents evoked in the Kabalistic Cross flow from east to west. The Yechidah, the I Am overshadowing you, is the spiritual source of your life and light, symbolized physically by the sun; so always try to face eastward when performing the Kabalistic Cross. Use it before and after every meditation.

We show the Cross here objectively, outside you; but you perform it as though it were inside you, subjective, and thus reversed. This puts Geburah or Mars at your right shoulder where it belongs (the sword arm); and Gedulah or Jupiter is on your left, the Mercy side of the Cross or Tree of Life, where it belongs.

As soon as you have familiarized yourself somewhat with the gestures and sounds you should include the visualization portion of the Cross. See it as blazing white. The ends should not be closed or finished off. Leave them open, so you can push the arms as far out into space as you care to imagine!

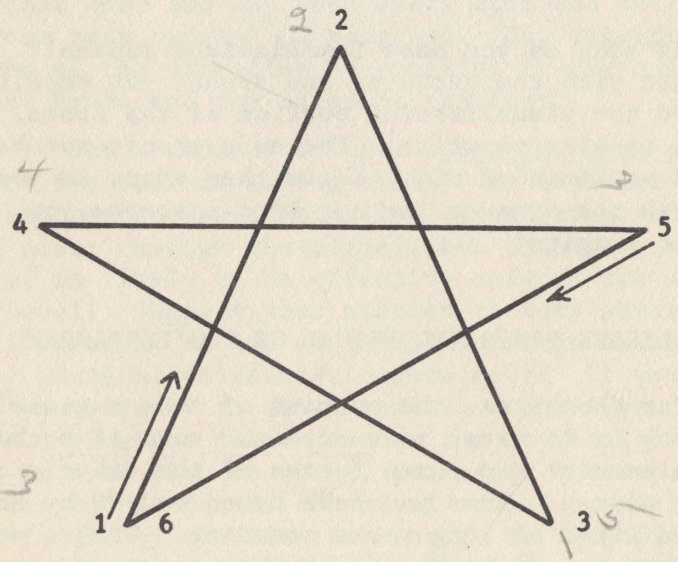
THE LESSER BANISHING RITUAL OF THE PENTAGRAM

For Neophytes, the purpose of this magickal ceremony is to clear your aura and room of bothersome elemental and human forces of the etheric and astral planes. Some you have bound to you by habits and vices of long years standing. Others are attracted to you by the Light you release during meditation. So, the Banishing Ritual should pre-

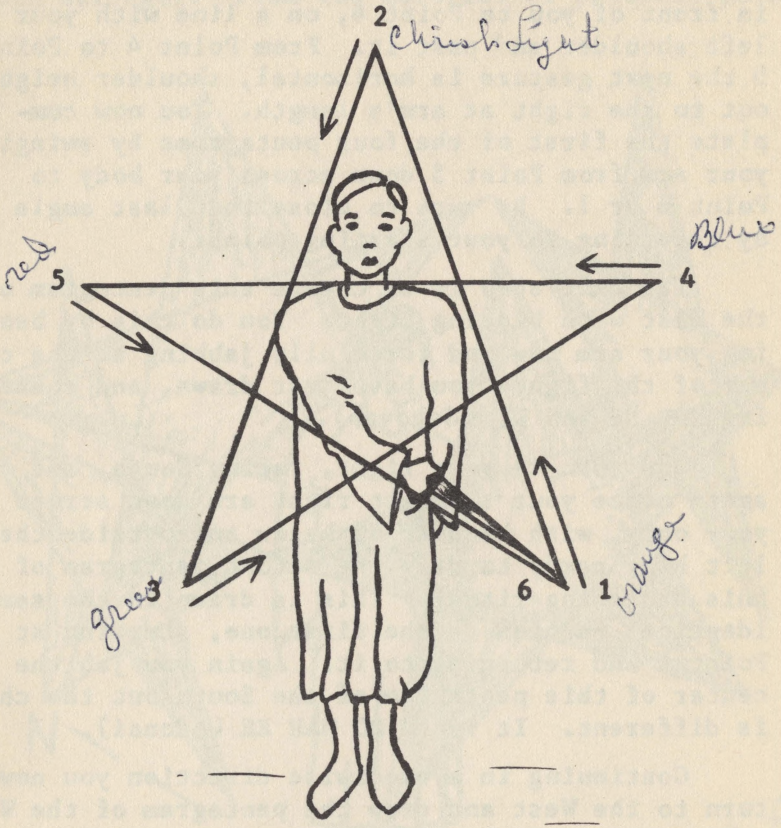
cede every daily meditation period or other magickal ceremony. And the Kabalistic Cross should be considered as the first part of the Banishing Ritual of the Pentagram.

You performed the Cross facing East. The Banishing Ritual also starts facing East. At first, this bit of magick may seem unduly complicated. The demand to make gestures, sound strange words, and mentally create shining geometrical figures all at the same time may discourage you to the point of quitting; but who is to judge the quality of your performance but yourself? Daily repetition of this will make you just as talented as you are in your other acquired skills. If ceremonial magick comes natural to you it probably is because you've had a recent embodiment as a priest, priestess, sorcerer, witch or warlock. The old skill is there, latent; this time you'll use it to better and higher purpose.

The Pentagram or five-pointed star is drawn life-size in the air before you, using a full-arm motion with the elbow straight.



A wand, dagger or sword held in the right hand as you draw these four geometrical figures in space before you helps concentrate the force. If you use such an implement, dont use it for anything else. Keep it with your other ceremonial gear. If you dont use an implement, point



THE PENTAGRAM

with the first two fingers of the hand, holding the other two close to the palm with the thumb. For this banishing ritual the pentagram is drawn in one continuous stroke, always in the same direction, clockwise, as indicated in the diagram above, and always with the point up! Point 1 is outside and below your left hip; therefore your right arm should be held straight down across your body, as shown above. You

are standing erect, of course, facing the East. Now you make a sweeping, full-arm gesture from Point 1 to Point 2, directly above your forehead as high as you can reach comfortably. Now make your second sweeping gesture, full arm, from Point 2 to Point 3, below and outside your right hip. Again the full-arm movement angling up and across in front of you to Point 4, on a line with your left shoulder and past it. From Point 4 to Point 5 the next gesture is horizontal, shoulder height, out to the right at arm's length. You now complete the first of the four pentagrams by swinging your arm from Point 5 down across your body to Point 6 or 1. Be sure to close that last angle by returning to your starting point.

The next step is to charge this pentagram of the East with blazing Light. You do this by bending your arm now and forcefully jabbing at the center of the figure you have just drawn, and chanting YOD HE VAU HE (Jehovah).

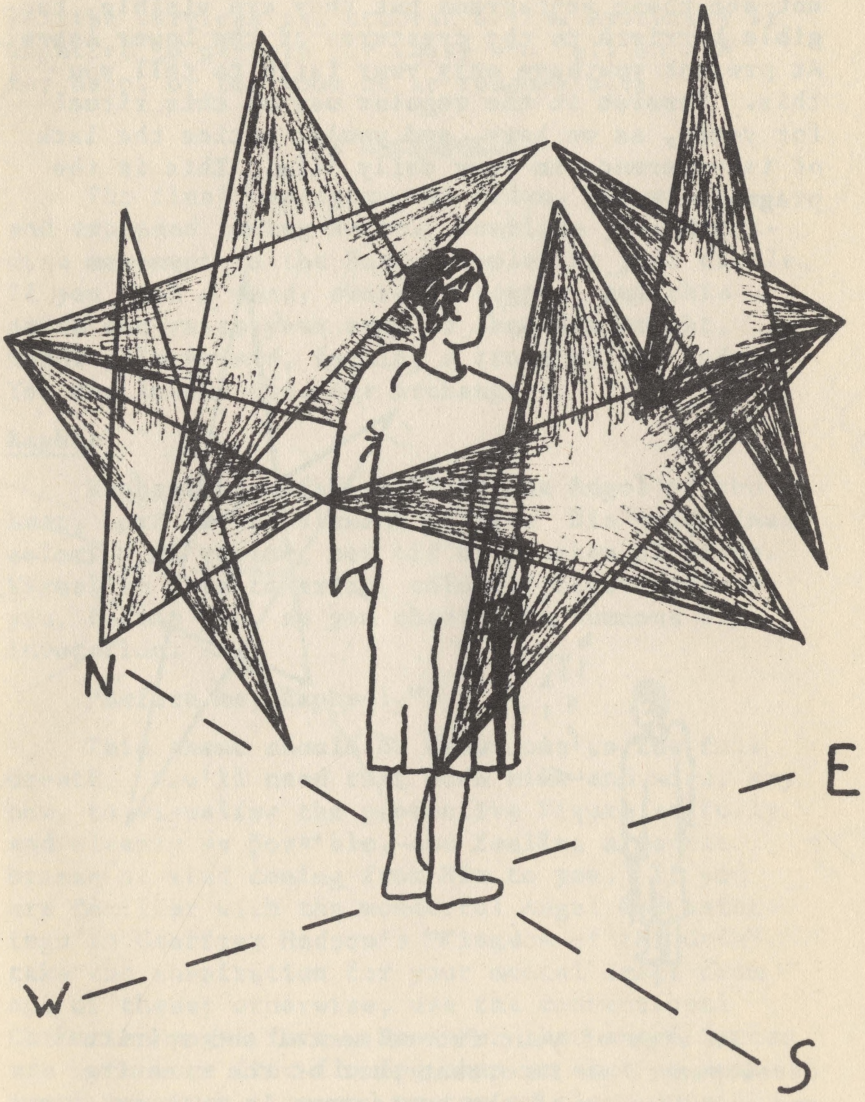
Now turn to your right, facing South, and again place your straight right arm down across your body, with hand at or below and outside the left hip, ready to draw the second pentagram of this banishing ritual. This is drawn in the same identical fashion as the first one, starting at Point 1 and returning to it. Again you jab the center of this pentagram of the South but the chant is different. It is AH DO NAH EE (Adonai).

Continuing in a clockwise direction you now turn to the West and draw the pentagram of the West, just as you did the others. Again you jab the center of the figure and chant. This time it is EH HEH EE YEH (Eheieh).

Now turn to the North and draw the pentagram of the North, following the diagram and using the same movements. As you jab or charge the center of the geometrical figure, chant ATOH GEBOR LE OLAM AH DO NAH EE (the full words of the letters AGLA).

You have now built four pentagrams at the

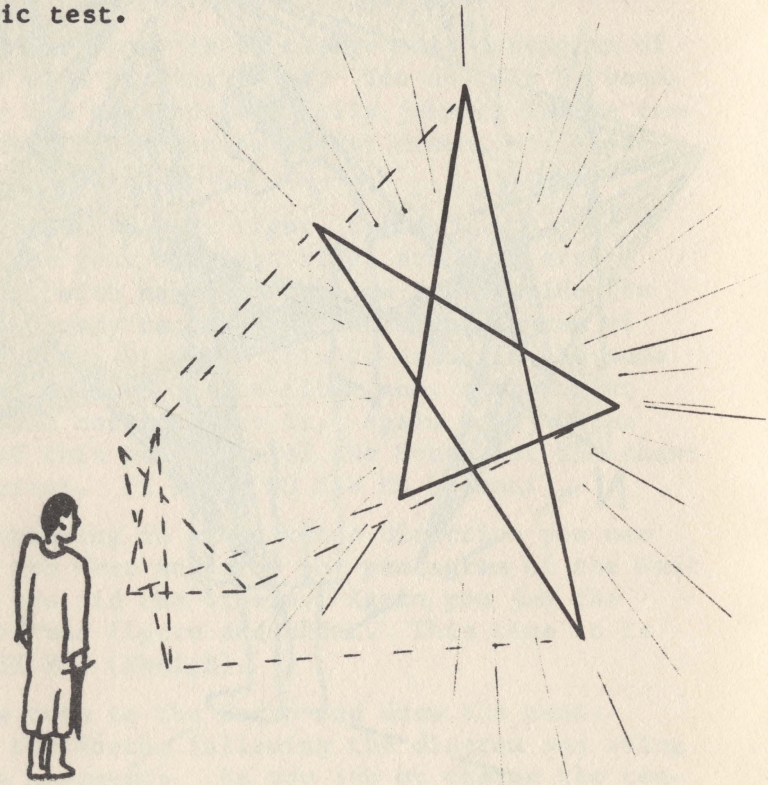
four points of the compass, with yourself at the center. You have actually impressed these figures with your will and your action on the imponderable Ethers about you. If you visualized a stream of brilliant white light flowing from your sword, magickal wand or fingers, the figures are that much stronger. From the material or physical point



The Magician In His Circle Of Pentagrams

of view, the great, great secret of ceremonial magick is the ability to visualize sharply and clearly the thing desired, and then to charge the image with equally invisible but very real creative energy, mana, or prana, or vitality. Some California coast Indians called it Orinda. Their symbol for it was the eagle.

Unless you have clairvoyant sight you will not see these pentagrams but they are visible, tangible barriers to the creatures of the Lower Astral. At present you have only your faith to tell you this. Persist in the regular use of this ritual for years, as we have, and you'll notice the lack of interference in your daily life. This is the pragmatic test.



In view of your future mental and spiritual development, an important part of the creating and visualizing of the pentagrams is pushing them

away from and expanding them at the same time, as suggested in the drawing on the preceding page. Use a combination of will and imagination. Your Magic Circle of protecting pentagrams can be expanded to any size desired, to protect your home, your business, your city, your state, your nation. It can be placed as a protective barrier around anyone or anything you can visualize or imagine, or name, at any distance. This is one of the unselfish services the Student of the Mysteries is expected to perform for those who call on him for help, or for whom he is responsible.

THE ARCHANGELS

The final pentagram was drawn, visualized and expanded facing North. Continue your clockwise movement to the East, completing your circle. If you used a wand, sword or dagger, put this aside and raise your arms to shoulder height, hands palm upward, forming a cross of the body. You now invoke the four Archangels.

Raphael

Raphael (Rah-fah-yell) is the Angel of the East, Lord of the Element of Air. His predominant coloring is yellow, set off by flashes of mauve. Visualize this towering, colorful figure before you, facing you, as you chant this summons or invocation.

"Before me, Raphael."

This chant should be drawn out to the full breath. You'll need that much time and more, any how, to visualize the protective figure as fully and clearly as possible, and feeling a gentle breeze or wind coming from Him to you. If you are familiar with the wonderful Angel God paintings in Geoffrey Hodson's "Kingdom of the Gods" take the inspiration for your mental image from one of these; otherwise, use the conventional Christian angel form. Remember that angel forces are much more free-flowing than we are; so dont waste too much time and energy on clear detail.

Gabriel

Gabriel (Gah-bree-yell) is the Angel of the West, Lord of the Element of Water -- and the Moon, by the way. He is the second archangel invoked in this particular ceremony of protection. His colors are blue, predominating, set off by contrasting touches of orange. Visualize this great Being towering behind you, facing toward you, as you chant His summons.

"Behind me, Gabriel."

You can see Him holding aloft a blue cup or chalice of water, streams of water at His feet, and the power or roar of a cataract or breaking surf coming from Him into you. The cleansing effect of fresh breezes and running water should be obvious, shouldn't they? Remember that you are standing erect, facing the East, and with arms outstretched during this part of the ceremony.

Michael

Michael (Mee-kah-ell) is the Angel of the South, Lord of the Element of Fire. His power, above all, holds the rush of the primitive, unbalanced earth forces in check. His predominating color is flaming red, with contrasting flickers of green. Visualize Him as a mass of roaring flame -- tremendous power under control -- surmounted by a face of surpassing beauty, eyes ablaze with power. Michael extends to you a sword of glittering steel, held upright; it is yours to take, and wield, in the Service of the Light!

"On my right hand, Michael."

Auriel (or Uriel)

Auriel (Aw- or Oo-ree-yell) is the Angel of the North, in this ritual, the Lord of the Element of Earth. In its positive aspects the Earth is the Mother, the nourisher of our bodies. So visualize this gigantic Earth God as extending the abundance of Nature to you. His colors are olive, russet, citrine and black, with dark green predom-

inating. He stands amid green grass or waving grain and extends sheaves of corn in both hands.

"On my left hand, Auriel."

Authorities are not agreed on the spelling or pronunciation of Auriel; so chant the one which appeals to you. There is disagreement on other minor details also; you can only choose between them. Now for the final two chants of the Ritual as you stand there facing the East, with arms still upraised.

Visualize again your four pentagrams, bright with Light and Power, between you and the Archangels.

"Around me blaze the pentagrams."

The final figure is the symbol of the interlaced triangles, representing the God-self over you, the Yechidah, the I Am. The upward pointing triangle is yellow. The downward pointing triangle is red.

"Above me shines the six-rayed star."



The Six-Rayed Star

This should be sung or chanted out to the full breath, on the same tone as all the rest, while you imagine this symbol of the Perfected Man above your head. Only after this to you lower your arms to your sides. The Lesser Banishing Ritual is then completed just as it was opened, with the Kabalistic Cross.

There is good authority for placing the God-symbol above the head rather than in the heart or elsewhere in the body. The Master Koot Hoomi reminded the Englishman, A.P. Sinnett, of this during their correspondence through H.P. Blavatsky in the 1880s. You'll find this in Jinarajadasa's "Early Teachings of the Masters", the Chapter titled "The Principle of Life", where Sinnett picks up a remark of Koot Hoomi's: "Remember that there is within man no abiding principle," and replies, "How about the sixth and seventh principles?"

And here is the Master's lengthy reply, quoting from authorities of our own Western Mystery Tradition. "Neither Atma nor Buddhi (the 7th and 6th Principles, presumably, RHC.) were ever within man -- a little metaphysical axiom that you can study with advantage in Plutarch and Anaxagoras; the latter made his nous autokrates -- the spirit self-potent -- the apeiron that alone recognized noumena; while the former taught on the authority of Plato and Pythagoras that the Oiakonomos or the nous (I Am) always remained without the body, that is, floated and overshadowed, so to say, the extreme part of man's head. 'It is only the vulgar who think it is within them,' says Buddha; 'you have to get rid entirely of all the subjects of impermanence composing the body, that your body will become permanent.'

"The permanent never merges within the impermanent, although the two are one. But it is only when all outward appearances are gone that there is left that one principle of life which exists independently of all external phenomena. It is the fire that burns in the eternal light, when the fuel is expended and the flame extingui-

shed; for that fire is neither in the flame nor in the fuel, nor yet inside either of the two, but above, beneath and everywhere."

Now you have prepared your place of working for meditation, invocation, evocation or whatever metaphysical or occult work you want to do. By this you have established your authority over your world and the elemental forces called forth at your command. Remember, nothing worthwhile can be accomplished in this world without the help of various members of the Angel evolutions in their varying degrees and orders. They are the engineers of the universe, directing God's creative energies according to His plan of evolution. Being co-creators with God it is our right and duty to consciously cooperate with and use these beings in our work. In fact this is one of the developments of the New Age, conscious recognition of and work with the Angel evolution.

THE CEREMONY OF THE MIDDLE PILLAR

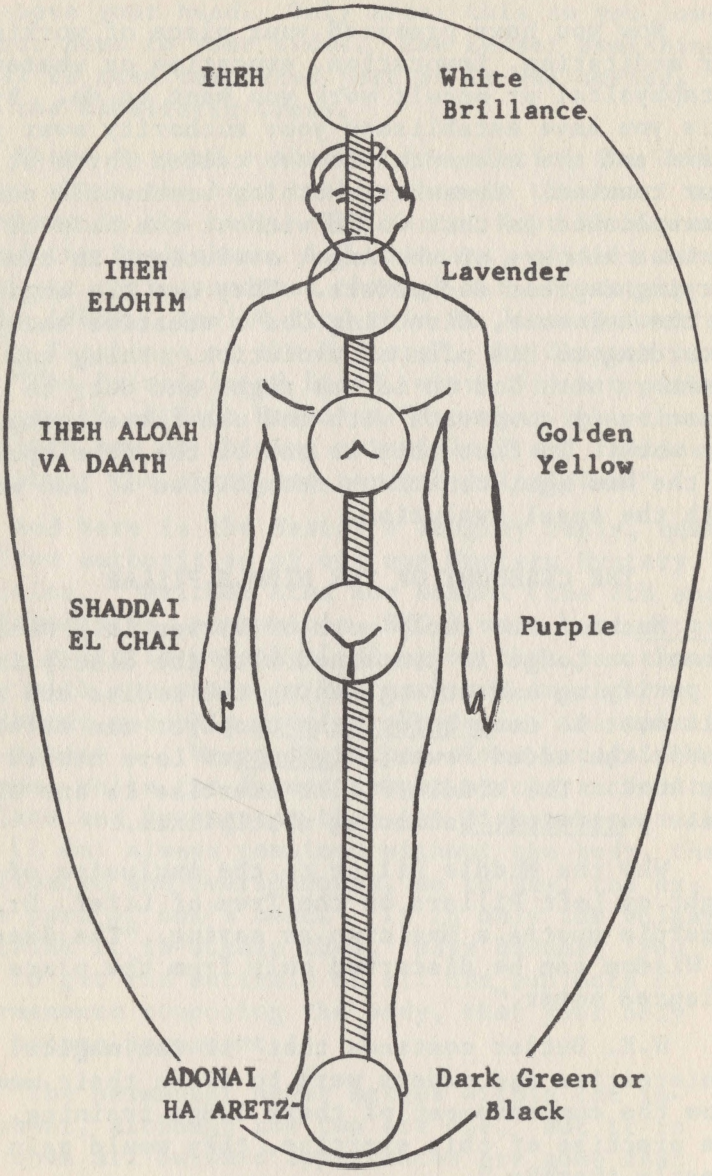
Much of the early work of Server in a Master's School or Lodge is concerned with the disciplines of purifying and strengthening the bodies and aura. This must be done before the neophyte can safely handle the added Power, Wisdom and Love needed for his work. The Middle Pillar exercise is one of these purifying, balancing disciplines.

Why the Middle Pillar to the exclusion of the Right or Left Pillars on the Tree of Life? Dr. Regardie quotes a Magician as saying, "The Secret of Wisdom can be discerned only from the place of balanced power."

W.E. Butler contends that "if the magical fraternities and orders were to train their members from the commencement of their lodge training, in the practise of this exercise, they would gain greatly thereby."

This is a subjective exercise; so you are standing in the Tree of Life, with the feminine Pillar of Severity on your right and the masculine Pillar

of Mercy on your left. The Middle Pillar is, of course, your spine, legs and feet. This exercise



THE MIDDLE PILLAR

can be used also while seated or lying down in meditation. Now for the visualization and the

and the chanting.

1. Visualize a swirling sphere of brilliant white light above your head, take a full, deep breath and chant the god name IHEH (Eh-heh-ee-yeh). "I am that I am." From this sphere a ray of white light flashes downward to form a second sphere at the throat.

2. Visualize a sphere of lavender at the throat center and chant the god name JEHOVAH ELOHIM (Yod-he-vau-he Ah-lo-heem). From this second sphere visualize a ray of white light flashing downward or descending to form the third sphere, really combining heart and solar plexus.

3. Visualize a sphere of golden yellow over the heart and chant the god name JEHOVAH ALOAH VA DAATH (Yod-he-vau-he Ah-lo-ah Vah Dah-ahth). See the line of light or ray now descending to the center at your crotch, the Moon center, Yesod.

4. Visualize a purple sphere enclosing the generative organs and chant the god name SHADDAI EL CHAI (Shah-dahee El Kah-ee), using a full breath of air, slowly expended, as for the others. Now see the ray of light descending to the feet.

5. Visualize a sphere of dark green or jet black at the feet and, with a full, deep breath chant the god name ADONAI HA ARETZ (Ah-doh-nah-ee Hah Ah-retz).

Each name can be chanted several times for emphasis or development as you descend the pillar in consciousness. You can also polish it up by going back up again. If your concentrative power is still weak dont try too hard for true color and a perfect sphere, just pass lightly and gracefully from one to the other until a certain rhythm and familiarity have been built up. Then you can take time to concentrate on each sphere, visualizing and meditating on the qualities of that sephirah, as described by Dion Fortune in "The Mystical Qabalah".

Butler rightly says "it is not sufficient that

the student awaken the Middle Pillar centres in this way. It is necessary that the energies so drawn into the psychic field should be put into circulation, and this is done by the exercise of the Interwoven Light." But this latter should not be tried until "the Middle Pillar technique has been thoroughly grasped and the exercise mastered."

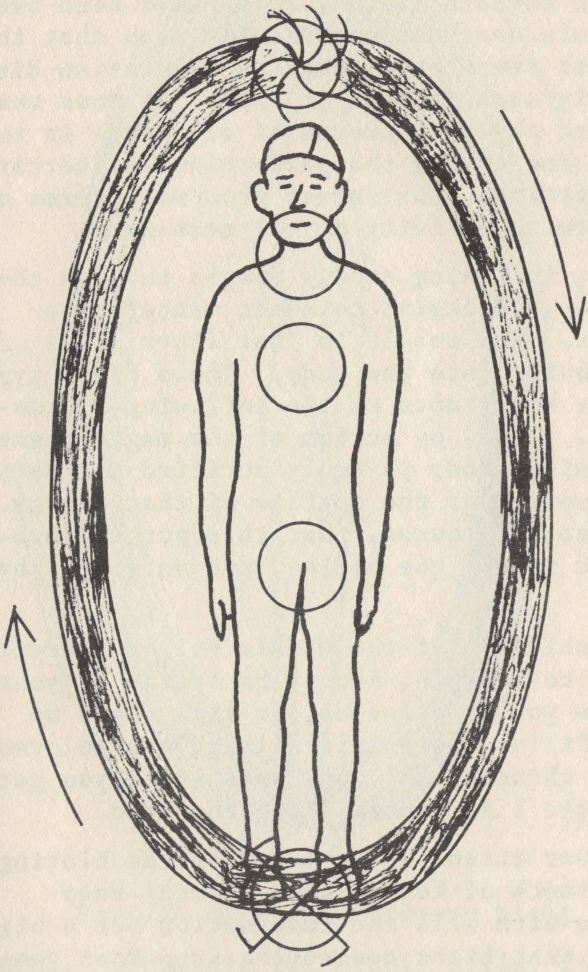
THE RITUAL OF THE INTERWOVEN LIGHT

If you still hold to the cockeyed notion that your physical body is a product of sin, a depraved thing which should be ignored, shunned or even abused, you must get rid of this papist dogma entirely! This crime of orthodox Christianity has been the curse of the Western world too long already. Butler reminds us in his book, "The Magician, His Training and Work": "In the Qabalistic scheme, the physical plane, like all other planes, is an expression of the Ain Soph, the Eternal Infinite. Therefore, physical matter and the physical body are not merely expressions of the Creative Will of the Logos, but actually <u>are</u> that Logos manifesting in this particular way. . . So the physical body is a manifestation of the Eternal, and is rendered even more holy, if this were possible, by its use as the vehicle of consciousness of a living spark of the Eternal Flame."

Through in-breathing, eating, drinking and certain invisible etheric currents we are taking in physical and etheric matter all the time. These molecules of matter, vibrating at their basic rates, act upon us. We in turn act upon them as they are absorbed into our etheric-physical structure. This stuff goes to make new cell structure to replace old body cells that are worn out. This is generative, reproductive activity going on all the time. This is one aspect of sex little suspected or realized by the average person, especially that man or woman who thinks sex is a dirty word. Stop sex and you stop life! Period!

Through out-breathing, excretion, hard work and sweat we are also getting rid of physical mat-

ter all the time -- unless the liver and kidneys, the lungs and colon are overloaded with poisons. The <u>way</u> we use this physical matter while we hold it in our systems is the key to spiritual and physical health. That use is determined by our mental and emotional habits developed over years of living -- a set pattern which goes on repeating itself



Part 1 of the Interwoven Light

unless changed, from without or within. One of the most powerful and sensible ways of improving this pattern is this ceremony of the Interwoven Light.

"Now when the magical contact has been made," Butler writes, "the inpouring energy stimulates all the energy-activities of the various bodies (mental, emotional, etheric double), until it surges through the physical body itself. Here it intensifies and fans to greater vigour the lesser energies of the physical substance. It is because of this that certain dietary rules have been evolved. But this does not necessarily mean that the magacian must immediately adopt a vegetarian diet, or a savagely ascetic mode of life. It does mean, however, that physical excess of all kinds is to be avoided, and during the performance of certain magical operations, abstinence from many forms of quite legitimate activity may be necessary.

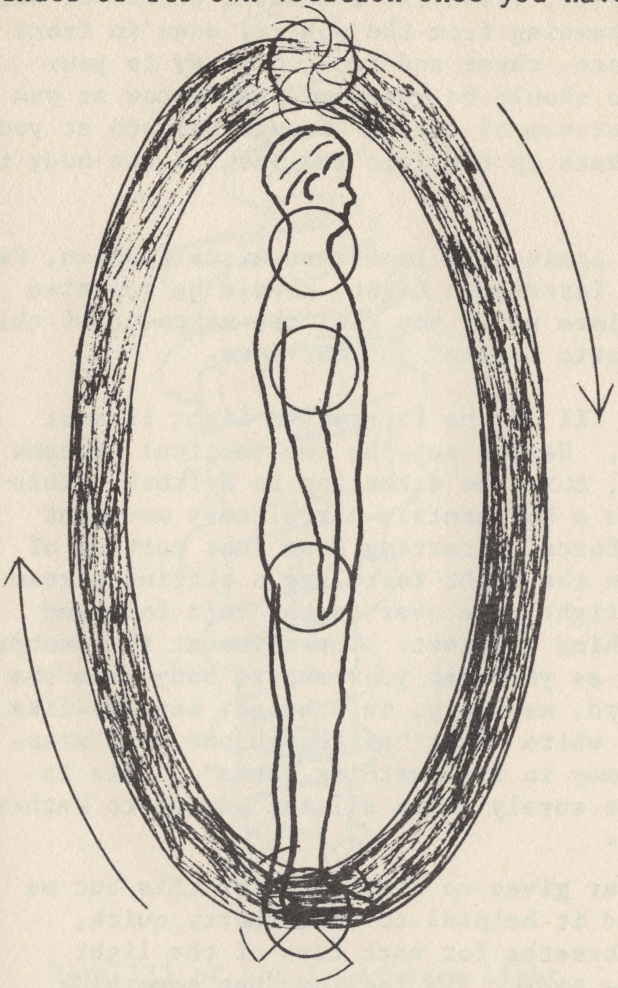
"As the inflowing energy surges through the physical body, it begins to eject matter of a coarse order. The result is that finer types of matter are built into the body. These finer types present less resistance to the inflowing, formative energy. Thus, by action of the magical energy, the physical body is truly purified and becomes a better channel for the outflow of that energy. It is obvious, of course, that this purging process goes on in all the bodies, not only the physical."

The conclusion of the Middle Pillar exercise brought you to Malkuth, Adonai Ha Aretz, at your feet, unless you do as we do, go right back up the Middle Pillar again, visualizing the colored spheres and chanting the God-names until you get to Kether, the I Am center above the head.

With your attention centered in the blazing white brilliance of Kether take a long, deep breath. Now with will and imagination see a big streamer of that Light descending from that sphere, as illustrated on the opposite page, down past your head and along your left side. As you visualize this, breathe out steadily and <u>feel</u> the descent of this pure energy through your aura.

Now will this stream of energy through the Malkuth sphere at your feet and bring it up along

the right side of the body as you slowly and steadily inhale, back to Kether. Repeat this process several times with the idea that you are setting in motion an astro-etheric stream of energy which continues of its own volition once you have set



Part II of the Interwoven Light

it going. Remember, the Middle Pillar is the balance or point of Zero inertia; thus the in-breathing for half the cycle and outbreathing for the other half gives a push-pull or positive-negative effect. The technical minded might think of this as a low-profile sine wave, which indeed it is.

Now that the first stream of energy is in motion, and your attention is back at Kether above the head, start the second stream as illustrated on the opposite page. Take a long, deep breath. As you exhale, visualize a blazing stream of white light descending from the sphere, down in front of your face, chest and front of body to your feet. You should be ready to inhale now as you will the stream of energy through Malkuth at your feet and back up the legs and back of the body to Kether.

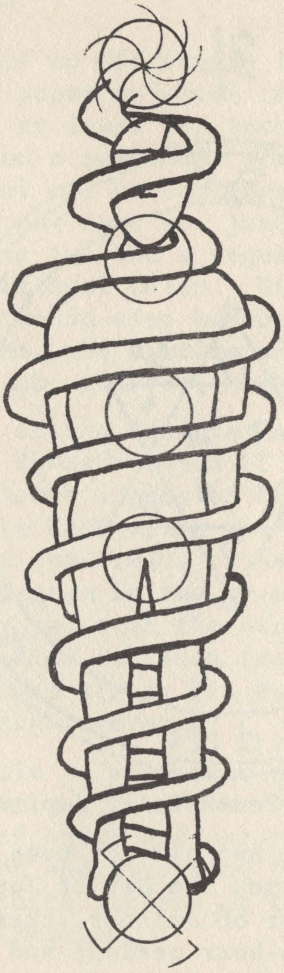
Here again this important visualization, Part II of the Interwoven Light, should be repeated several times until you feel the movement of this astro-etheric current in your aura.

Part III of the Interwoven Light is most important. Having set the two vertical streams in motion, turn the attention to Malkuth. This time it is a horizontal, circulatory movement of auric force. Starting from that portion of Malkuth in the right foot, see a blazing stream of white light move over to the left foot and around behind the feet. The movement is counter-clockwise as you wrap your entire body from the feet upward, mentally, in a broad, bandage-like stream of white light "as though one were wrapping a mummy in its swathing bands". This is slowly but surely taken all the way up to Kether, of course.

Butler gives no breathing for this but we have found it helpful to take short, quick, rhythmic breaths for each turn of the light around the body. The feeling that something is actually being done is also emphasized by moving the body, or swaying it, back and forth or sideways in rhythm to the circling light in the imagination.

This is Hatha Yoga, Western style! This is the Egyptian-European-American way of building up and maintaining a constant charge of mana or vital energy to charge the thought-forms of your medi-

tation, daily living and work. We have been using this ritual since 1962 and know from experience, it works! You will find that your whole personality is enhanced by this freeing of the vitality

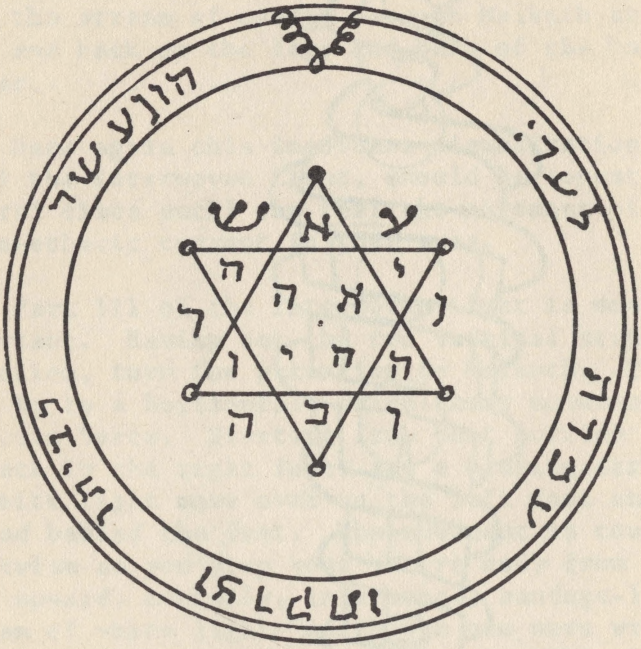


Part III of the Interwoven Light

from the buried complexes and crystallized thought-forms of the past. The compliments of your friends will serve to encourage you to persevere with this. If you like, the swathing bands of light can be spaced much closer together than as shown above in the drawing.

THE SECOND PENTACLE OF JUPITER

Now we are prepared for an actual ceremony ourselves and we assume that the "preparation of



The Second Pentacle of Jupiter

the place of working" has already been done. That is, you have chosen the Day of Jupiter, Thursday, and the hour of Jupiter, there are three or four in a 24-hour period; and that you have wisely chosen to launch your prayer on the waxing or rising tide of the Moon.

We have chosen a Ritual of Abundance, the Second Pentacle of Jupiter, from that venerable treasure trove of Magick from the Western Mystery Tradition, the "Key of Solomon". From MacGregor Mathers' translation of 1909 we learn that "this is proper for acquiring glory, honors, riches, and all kinds of good, together with great

tranquility of mind; also to discover Treasures and chase away the Spirits who preside over them. It should be written upon virgin paper or parchment, with the pen of the swallow and the blood of a screech owl."

You'll have no difficulty in finding clean, white "virgin" paper on which to draw your Pentacle -- I'd make it at least six inches across -- but a quill pen from a swallow's feather and the blood of a screech owl may be considerably more difficult to come by; so why dont you just draw the magickal figure with blue ink and a regular pen. Blue is Jupiter's traditional color. His metal is tin; so a tin plate would also be appropriate for drawing the hexagram, the circles and the sacred Hebrew letters. About these, Mathers writes:

"In the centre of the Hexagram are the letters of the name AHIH, Eh-heh-ee-yeh (I Am that I Am); in the upper and lower angles of the same, those of the Name AB, the Father; in the remaining angles of those of the name IHVH. I believe the letters outside the Hexagram in the re-entering angles to be intended for those of the first two words of the versicle, which is taken from Psalm cxii. 3: 'Wealth and Riches are in his house, and his righteousness endureth forever.'"

The Pentacle is worn over the chest during the ritual, covering the Tiphareth sphere, really a combination of heart and solar plexus. It modifies the radiant energy coming forth from the center into a definite pattern of the Jupiterian force you are invoking.

With your Magick Circle already drawn, in the air before you with your banishing ritual -- and on the ground or floor if you wish -- your candle or candles lit and incense burning, you are finally ready for the actual ceremony itself, facing east and with your altar before you, pick up your wand -- or with your hand -- be ready to make the appropriate sigils as you chant the opening invocation after the manner of King Solomon.

INVOCATION OF GODS AND ANGELS

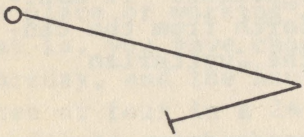
"By the Holy Names of God written in this Book (the Bible), and by the other Holy and Ineffable Names which are written in the Book of Life, we conjure ye to come unto us promptly and without any delay, wherefore tarry not but appear in a beautiful and agreeable form and figure, by the Holy Name: EL.



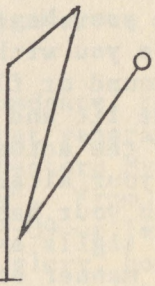
(With one decisive gesture draw this and the other figures in the air before you, visualizing them as white light.)

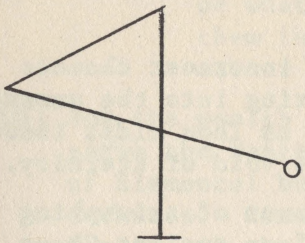
"The God of those virtues and potencies Who dwelleth in the Heavens, Who rideth upon the Cherubim, Who moveth upon the Wings of the Wind; He Whose power is in Heaven and in Earth, Who spake and it was done.

"By the Holy Names of CHESED,

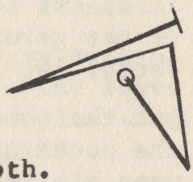


"The Archangel TZADQIEL





"The angel, SACHIEL, of the bright and shining ones, Chasmalim.



"We call forth

ASHTAROTH

and his order of demons, Gamchicoth.
By the name of the Living God Who hath formed the heavens above and hath laid the foundations of the earth beneath, we command that ye come forth unto us from all places."

CHANT OF ADONAI

(In which God is invoked in that aspect which was named Adonai Malekh Ha Aretz. Being interpreted this means the Lord, the King of the Earth. If the Magus works alone he reads or chants all parts.)

MAGUS: The House of Adonai is ready for His coming. Let us adore God made manifest in Nature.

Oh Adonai Malekh, God made manifest in Nature, reveal to us Thy face in the things of Thy creation that they may be holy unto us. Come to this temple prepared for Thee and speak to the heart of each who invokes Thee here, that Thou mayest be seen in the inner eye in the darkness, and heard with the inner ear in the silence, and interpreted by the heart to the mind and manifested in Earth, Thy Kingdom.

GROUP: Oh Thou that arisest from the Great Unmanifest and declarest Thyself as the Point within the Circle; Thee, Thee we adore in

Thy Holy Name of Adonai Ha Aretz, God made manifest in Nature.

MAGUS: Come Thou to us in the innermost chamber of consciousness, entering into the unmanifest mind of man, even as Thou didst issue forth from the formless void of Eternity.

GROUP: Awaken within us the power of triumphing life; let it rise up from ancient Chaos as the germinating wheat rises up from the earth; let it take to the air as an eagle.

MAGUS: Let the soul of man arise, called forth by the power of Adonai. Let him stand firm upon his feet planted upon Earth of Earth. Let the soul of man declare "In my flesh shall I see God, even Adonai, God made manifest in Nature."

GROUP: Oh Thou one God upon many planes, let us not forget Thee when we enter the Kingdom of Earth and the Gates of Birth close behind us. Let us be aware of Thee when the Gates of Death open before us, and we go forth from the Kingdom of Matter. Let us remember Thee as we come and go like a shuttle between Heaven and Earth, weaving the fabric of destiny.

MAGUS: Grant us this boon, Oh Ineffable One, that we know Thee in all Thy guises and see Thee in all Thy comings and goings. Thou art within and without us, and the Kingdom of Earth is Thy garment.

GROUP: Teach us to know the indwelling Life and to see the Creator in the creature. Adonai, be not far from us, for Thou art our life and the author of our existence.

MAGUS: The initiated Adept declares: There is no part of me which is not of the Gods!

(At this point the Magus collects the written prayers for abundance of health,

wealth, friends, work,
or whatever and places
them in a suitable con-
tainer on the altar.)

MAGUS: And the wealth of the Earth for Power to serve the Master. Come from the depths of Elemental being while we lighten the darkness. Come in the name of the White Christ and the Hosts of the Elements.

GROUP: Come at our bidding and serve with us the One Name above all names -- the lover of men and of the Elemental peoples -- the great name of JEHOSHUA -- JESUS.

MAGUS: There is no night where Elemental people are. The night is as day in the Light of Eternal Fire. There is peace where the Elemental people are, the peace of the heights above the wind. And there is purity.

EVOKING RITUAL OF THE HEXAGRAM FOR EARTH

A. The Magus is before his altar, facing east, feet together, ritual text in his left hand, ceremonial sword, dagger or wand in his right. He holds it point straight up before him, right elbow bent, along the vertical middle line of the body. He chants or intones:

"INRI (Yod-Nun-Resh-Yod)
Virgo, Isis Mighty Mother,
Scorpio, Apophis, Destroyer,
Sol, Osiris, Slain and Risen,
Isis, Apophis, Osiris, IAO (Ee-ah-oh)."

B. Extend the arms in the form of the Cross, keeping the point of the wand upright, and chant:

"The Sign of Osiris slain!"

C. With arms still in the cross position, bend the right arm at the elbow, upward, keeping the point of the sword, wand or sceptre upward, and bend the left elbow so the forearm drops

down to form a right angle. At the same time turn the head to the left looking down on the left arm and chant:

"The Sign of the Mourning Isis!"

D. Straighten the elbows and raise the arms above the head to form the letter "V", throw the head back and look upward as you chant:

"The Sign of Typhon-Apophis!"

E. Now cross your arms on your chest, bow your head, and chant:

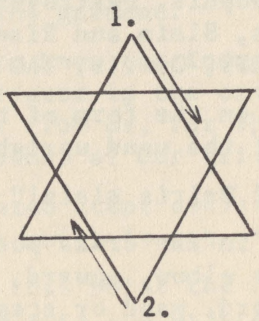
"The Sign of Osiris Risen!"

F. Extend the arms horizontally in the form of a cross, fold them back over the chest as in "E" and chant:

"L.V.X., the Light of the Cross."

G. Now, having invoked the Gods, the Magus, still facing East, begins the tracing of the Hexagrams which evoke the Elemental forces that do the work of answering the prayers! As Earth is the Element being worked in this ceremonial for Abundance, the Six-Rayed Star or Sign for Earth is the only one used, at all four points of the compass, moving clockwise of course. The strokes of the magical weapon, for evoking, are also made in a clockwise direction. The letter abbreviation of the Magical Phrase for charging the figures is ARARITA.

Earth
Evoking



Starting at the top, point 1, draw

the upward-pointing triangle first, then overlay this with the downward-pointing triangle, starting the stroke from the bottom point as indicated by the arrow. As in the Pentagram, these are full-arm movements with the elbow straight!

I. For the Charge, after the figure to the East is drawn, bend the elbow and jab vigorously at its center, chanting with power and authority, your control over this evoked force:

"Ekhud Rash, Ekhudotho Rash Yekudotho, Temuratho Ekhud!"

The underlined syllables are strongly accented. The meaning in English clearly indicates the need and the reason for this God-like declaration of control: "One (His) Beginning; One Principle His Individuality; His Permutation One." This proclaims your One-ness with the I Am, the white brilliance of Kether, the Central Source of power in you and in the Universe.

J. Turn to your right, to the South, trace again the Hexagram of Earth with full-arm gestures in the air before you. Then chant the full declaration of Power as represented by the word, ARARITA:

"Ekhud Rash (etc)

K. Turn to the right again, to the West, trace again the Hexagram of Earth, and charge it with Light invoked by the chant, ARARITA.

L. Turn to the North, again trace the Hexagram of the interlaced triangles, thrust the center and chant the magickal phrase.

M. Turn to the East to complete your circle and conclude the evoking ritual by repeating gestures and chants "A" through "F".

(Up to this point all has been preliminary work, the preparation for the presentation of the thought-form of the thing wanted, to the Invisible but

potent Forces who will concrete or precipitate the ideas into physical realities for the participants in the ceremony. Some of the more sensitive members of the group may see lights, even forms, of the Forces called upon. This is not necessary nor even desirable! The glamor of such appearances may disturb your concentration on the thing desired. This is the goal of the ceremony and the attention should not be allowed to waver, regardless of subjective or objective manifestations of Form or Force.

(Now it is time to salute the Forces invoked and evoked, to solicit Their cooperation, and to present Them with the prayer or desire as an accomplished fact! The thought-form of the thing wanted must be complete. Remember Jesus' instructions to the Disciples in Mark 11:24? "What things soever ye desire, when ye pray, believe that ye receive them, and ye shall have them." There is no want or lack in the abundance of Creation.)

THE CHANTS TO THE EARTH SPIRITS

MAGUS: Hail, fiery Gods the Earth!
Hail to the toilers down below.

GROUP: In all your countless numbers,
In all your many degrees.

MAGUS: The spark that never slumbers,
The life that ever sees.

GROUP: Grant that we see and know,
The worker at the hearth;

MAGUS: Hear the anvil blow,
Learn the jewel's worth.

GROUP: Give us wealth for all our needs,
Gold, and silver and precious stones

MAGUS: Put to use in service deeds,
Not to be kept for mine alone!

GROUP: For the time of Unity is near,
Hand in hand the Path we trod.

MAGUS: Brother pilgrim! Is the cry we hear
When all are on the Path to God.

Let there be silence. The Magus and his fellow celebrants -- if any are working with him -- concentrate on their thought-form of the thing desired, the form of the abundance written out on paper and reposing in a suitable receptacle on the altar.

For the second time the Magus leads the group through the Chant to the Earth Spirits, as rhythmically and joyfully as possible. Again there is a moment of complete silence while each visualizes his prayer complete, adding more force to it.

For the third time the Magus leads the group through the Earth Elemental chant. By now the power of the magic circle and the participants should be built up to where all can feel it. Again there is a moment of silence and inner contemplation. "When thou prayest, enter into thine inner chamber and pray to thy Father who is in secret, and thy Father who seeth in secret shall reward thee openly." Thus the great Master of our Western Tradition taught His Disciples so long ago in Galilee.

THE BURNING OF THE PRAYERS

The Magus now takes one of the written prayers from the bowl and lights it from the flame of the candle on the altar. He drops it back on the other prayers -- if there are any -- so that all are consumed.

THANKS TO ADONAI AND JUPITER

MAGUS: Oh EL most strong, Oh Adonai most powerful;
Thou who has established all things in Thy wisdom.
Even as the smoke and flame of these prayers
Rise to the heavens
Do we thank Thee for sharing Thy fiery power,
As we share our human love.

GROUP: May the Gods who ever labor night and day
Pour down Their blessings
On these dwellers in the flesh.

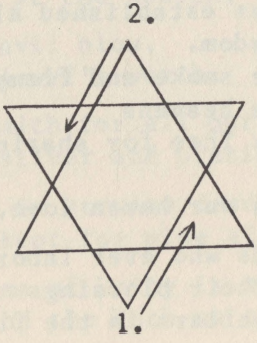
ALL: By the Name of the Living God

Who hath formed the heavens above
And hath laid the foundations
Of the earth beneath;
By the Holy Names of Chesed,
We are grateful to Tzadqiel, to Sachiel,
To the Bright and Shining Ones,
  Chasmalim,
And to Ashtaroth and his dwellers
  in the dark,
For sharing with us the labors of
  the earth
This night and for the days to come,
That all righteousness be fulfilled.

BANISHING RITUAL OF HEXAGRAM FOR EARTH

The Magus again takes up his Magical Weapon, or with his hand, authoritatively returns the Elementals of Earth to their proper place. The Banishing Ritual is identical in every respect to the Evoking Ritual except that the movements are all reversed, counter-clockwise! And instead of the Hexagrams being projected out before you as enlarged figures, they are drawn back inside you and absorbed. The Temple "not made with hands" is taken down until next time.

For evoking you started facing the East and turned clockwise until you faced North for the final figure. For banishing you face North and turn counter-clockwise until the final hexagram is drawn facing East.



The charge is the same:

"Ekhud Rash, Ekhudotho Rash Yekudotho, Temuratho Ekhud!"

THE LICENSE TO DEPART

ALL: Because ye had duly appeared unto us, and performed that with which ye are charged; depart now in peace to your own habitations. Peace be between us. Be ye ever ready to again obey the summons, and may the blessings of Adonai be upon you as ye may be able to receive them.

Three items remain to complete this Ritual of the Second Pentacle of Jupiter as we have re-created it. The Magus should perform the Banishing Ritual of the Pentagram again (not reversed, but in the same order as in the beginning) to re-erect the invisible barriers against unbalanced forces he might have attracted by the ceremony. Follow that with the Lord's Prayer, complete as a closing benediction, and do the Kabalistic Cross again when you come to the final phrases: "For Thine is the Kingdom, the Power and the Glory, Forever and ever. Amen."

The ashes from the burned prayer or prayers should be scattered on the ground, returned to the earth. And of course the appurtenances of the ritual should be carefully put away until the next time.

CHARACTERISTICS OF THE WORLDS AND PLANES WHEN CONTACTED

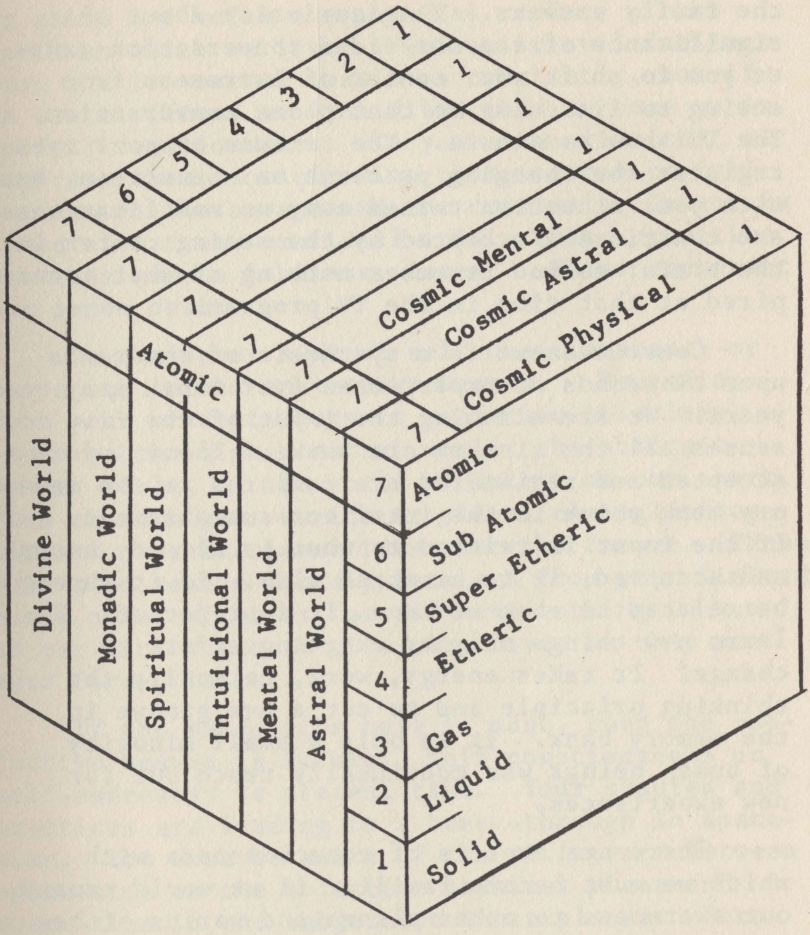
Lesson VII, Section III

We have been taught to believe that each of our five senses is quite different from the others in its response to a set of vibrations, light, sound, smell, taste and touch. Yet there was a time in evolution, in the dim past, when we were all skin and the only sense was touch. Millions of years of evolution through the Third Kingdom, the Animal Kingdom, produced the highly specialized and differentiated sense of "touch" we enjoy today.

Etheric particles touch the retina of the eye and stimulate the sensation of light. Gaseous atoms of oxygen and nitrogen hammer on the ear drum and the touch creates the action we call sound. Other minute particles energized within a narrow range of vibrations we call smell when they touch appropriate sensors in the nose. About taste being a specialized aspect of touch there should be no argument. Each of these five categories of vibrations is a sub-division of the physical plane.

As above, so below. Occult science gives us a working hypothesis for developing other, latent sense, claiming that we have specialized sense organs for "touching" the vibrations of the seven planes of the Solar System and also the Cosmic planes of the Universe. These senses are destined to unfold during our super-human evolution. Vibrations from these Inner or invisible planes -- some teachers call them objective planes and the physical subjective -- are impinging on us now though we may not be consciously aware of them. Sub-consciously a change of Cosmic vibrations, for instance, may show up in us as a mood without our realizing consciously why we should suddenly be exalted or depressed.

These other sense organs may be registering vibrations from the cosmos but if they are not transmitted to or accepted by our present center of consciousness, either in the Personality or the Individuality, we are not aware of them. We do not understand or apprehend what is going on. The thinking principle remains unmodified.



The above Cube of Space or chart of the Planes of the Cosmos is from Jinarajadasa's "First Principles of Theosophy". It is an instructive, even inspiring symbol of the occult relationship of the planes or levels of consciousness of our world with the universe. Study it in comparison with the Four Planes of the Universe chart already given.

An every day example of "not modifying the thinking principle" would be your trying to concentrate your awareness in one of your senses, sight for instance; but strong sounds nearby may force themselves on your attention thus dividing it. Suppose you are sitting quietly watching a good TV program; the phone rings. You hear it but continue watching because another member of the family answers. Your curiosity about the significance of the one-sided conversation causes you to shift your center of awareness from seeing to listening to that phone conversation. The TV show continues. The retinas of your eyes register the changing patterns on the screen; but with your attention turned away no modifications are consciously accepted by the seeing center in the brain; so you remember nothing of what transpired at that time in the TV program.

Consciousness is a synthesis of thousands upon thousands of experiences over many, many years. We are scanning the input of the five senses all the time we are awake. Those inputs accepted and registered are compared in the memory bank which is the intellect-subconscious. If the input is related to what is already known and accepted, it is accepted also. If it cannot be related to what we know, it is rejected. We learn new things only by exerting effort to change! It takes energy, work, to modify the thinking principle and to cut a new groove in the memory bank. It is only a small minority of human beings who continually reach out for new experiences.

There are aspects of consciousness with which we must become familiar if we would expand our awareness to other planes and worlds of being. If, like most beginners in metaphysics, your self-awareness is limited to the physical plane, you have only fleeting impressions of the etheric, astral and higher worlds. Vibrations from these other levels of existence, high and low, are constantly coming in or going through you. Let us say you have semi-awareness of them

because they register dimly as changes of mood or feeling, gloom or joy, degradation or inspiration. Then above and below the sub-conscious impressions are other, subjective states of being which could be called heaven or hell.

On our chart of the Four Worlds hell would be the lowest astral. It really embraces both sides or above and below the physical surface of the earth on which we live. Vicious or evil feelings from the low astral assail us constantly, but if we are civilized we dont allow them to come up into full consciousness. They are so alien that we suppress them, not allowing them to come to full form as do the savage and the criminal. Except in times of extreme emotional crisis these primitive passions remain formless, latent. These represent our pagan past.

On the other side of self-consciousness, or above it, is the subjective heaven. Depending upon your present stage in evolution this level could be the higher astral world, the abstract mental world, or the world of Spirit on our chart. From these higher worlds or planes come glorious visions, inspirational ideas for the future. These must also remain largely formless from your limited human point of view; for you have nothing in you as yet with which to give them form; so they are pure force, latent.

If the subjective hell is past, then the subjective heaven is future. Self-consciousness or self-awareness is present time. Your studies and practices are leading to a break-through in space-time. You must be aware of the difference between space-time on the objective physical plane and space-time in the subjective inner planes. Metaphysical teachers are fond of saying there is no time nor space when one is free of the physical body, but wherever one recognizes a sequence of events, he is recognizing or accepting time.

On the inner planes, however, one is not bound by Sun time; that is, conscious awareness is not bound by or limited to day and night as the earth

spins on its axis; nor is one bound by the four seasons as the earth moves around the sun. A simple rule of thumb for one who has self-awareness out of the body is, that which is forgotten is past, that which unrealized is the future, and the rest is present time. For space, that which is clearly seen is near; that which is dimly seen is far away.

You must understand this clearly before you can move around with assurance out of the body. Here is illustrated the problem of the prophet or seer who has visions of the future. If his ministering spirits do not give him the exact date as to when the event will take place, the seer may find it impossible to give the vision an exact or accurate place on the earthly sun calendar. Another difficulty is that images or thought-forms on the inner planes can be shuffled about, given any sequence which the observer desires. Here again is the danger of misleading or mis-reading by the psychic seer.

Once the future has manifested into the present it becomes past, crystallized, and nothing can change it. The inner plane images which are reflections of physical events, while those events are taking place, cannot be changed either; however, once the event is past on the physical plane, the inner plane images of it can be shuffled about or manipulated in any desired way. In fact, this is what the spiritual counselor or psychiatrist tries to do in bringing to light the hidden complexes of his subjects or patients.

Suppose a patient has a guilt complex buried in his subconscious. Years before in a childish rage he struck at his younger sister and seriously injured her. He never forgave her, but even worse he never forgave himself. The physical event is past and cannot be changed, but the memories are present on the inner plane of the mind. These can be brought to waking consciousness again by an understanding counselor. The images can be rearranged so the injured sister does forgive the pa-

tient in present time and he relieves his guilt feelings by asking for and receiving her forgiveness. This is the beauty and the call to freedom of the inner planes. This physical world has only one mode of time: past, present and future; but the inner worlds have their own laws which allow of endless variety and change. Doubt not the reality of the forms therein if you would follow in the footsteps of the Masters.

When an idea comes to you it may bring up or stimulate other ideas associated with it; so all at once you may have an array of images before your consciousness, like a chord of music with several notes struck at the same time.

Though related images occur in the mind simultaneously -- for this is an inner plane function -- the physical objects which originally created those images may have been seen or experienced by you years earlier. So in trying to translate the subjective impressions or ideas of the inner planes into physical time or reality the important difference in the two modes of time must be clearly understood and taken into account.

Remember that subjective time is related to subjects. In his mental ears a composer will hear a mighty, crashing chord which will take an hour of playing on the physical plane by an orchestra to express completely. A philosopher might "see" an ideal with his inner eye which would take volumes of writing and years of teaching on the physical plane to get across to others.

We have been speaking of the mental or third plane of our four worlds; the same principle holds true for the emotional plane or second world. When self-awareness is focussed there images of the same emotional quality will tend to present themselves simultaneously to the attention. This helps to explain the astral hells with their horrible accumulations of ghastly feelings and ugly images. Free of objective form, the vice-dominated wanderer on the lower astral plane sees the ugly thought- forms of his passions before him, and all

the other associated forms of that shadowy region at the same time, subjective time. Surrounded by these images there seems to be no way out and he despairs of ever leaving the horrible place.

On the other hand, the person whose physical life was filled with loving service and constructive endeavor will find himself in an astral heaven after leaving the objective physical world where he was a prisoner of time. His own loving thoughts and feelings will summon up a great host of similar positive and happy images and he will indeed be in heaven.

ALL PLANES ARE SUBJECTIVE

The aspiring student, entombed for a life time in the flesh, will find these concepts difficult to understand at first. The logical objective mind does not take kindly to subjective, intuitive perception. It doubts. Yet these doubts must be overcome if the veil of ignorance is to be torn aside so life and beauty can be comprehended directly. As far as your Higher Self or Soul is concerned, all planes of consciousness are subjective. This is the secret of power which can be learned only by meditation, by direct perception; for words actually are barriers to understanding.

One principle to be kept in mind is that when one ascends the planes of consciousness, life becomes simpler and simpler. On the seventh plane all is one, One Life, One Force. God in His heaven! This is what the religious devotee would say. As His energy streams forth its raw power is stepped down and divided into seven channels of manifestation, the seven Archangels before the Throne. This is the sixth plane on our chart. Then with each successive manifestation, the creations of the Logos become more complex, more complicated, until finally we have the infinite variety and complexity of the lowest or physical plane. The scientist speaks of the Brownian movement of atoms as a term for describing the endless random movement of masses of energy at this level.

What started out as a simple unity becomes a complexity, multiplying itself again and again as the One Force becoms a multiplication of forces. You, the personality in the flesh, are both the creation and the target of these forces. Some are organized into entities who project thoughts and feelings at you at comparatively close range. Others could be thought of as free-flowing Cosmic images or waves from outside the solar system, also touching you, playing upon the surfaces of your mental, emotional and etheric bodies.

You could think of yourself as a miniature solar system with its inner and outer rings represented by planets. If you could see it with your inner sight, you would realize that you are a vortex, a cosmic whirlwind of specialized energies, your personality.

The Cosmic currents really do not go through you; they are deflected from your surfaces. Your consciousness is aware only of the deflections, not the currents themselves. These deflected currents within you may attract the awareness center of the brain. If so they are interpreted as touch, taste, smell, sound or light, with gradations of color. Do you understand now what we mean be subjective?

DIFFERENT KINDS OF COMMUNICATORS

Regardless of how much or how little you understand of the foregoing you must press on in your search for Truth. The other reality beyond the five senses, that which we call the Inner Planes, presents this constant challenge to pull aside the veil and discover what is there for yourself. There is the abode of the Masters, the Men Beyond Mankind. You must believe in them, their Power, Love and Wisdom; for without this belief, you can do nothing. Without faith in their existence, what hope have you? It is your mental and emotional contacts with a Divine Teacher, an Adept, or so-called Master, that are the real source of power. Always keep in mind, however, the first of the Ten Commandments,

"Thou shalt have no other Gods before me," which means that your first call should always be to the God within, your Highest Self, the I Am.

The Master of your Ray or of the Secret Lodge to which you belong on the Inner Planes is one with the Divine in you and speaks for your Magic Presence until you have established direct contact with It yourself.

If you would prove the reality of the Inner planes and the Masters, you must listen for the voices within. The still small voice within your heart may be your Higher Self; or it may be the voice of a ministering spirit who has been appointed to guide your spiritual growth and development. If you would reach out in consciousness for the Master, he will respond. Give him a stream of energy. If you have a picture of him, form a mental image of it and pour your love into it. He is real; he can activate that image for communication. Challenge him, demand that he prove his power in some practical way in your daily life. He will do it. He has the power.

If you would have power, the power to move freely on the Inner Planes, for instance, and to contact the Great Ones of the past and present, you must have or develop intellectual courage. You must learn among other things to trust your own psychism.

One way to develop this is to summon up images from your past lives, to move again among the scenes. How to do this? Dion Fortune suggests that you be alert to an interest in or feeling for some past period or race in history. Read up on it. Saturate your consciousness with ideas about that time and its people to stimulate a response from your own soul's memory bank. These images would be illusive at first but this does not mean they are illusory! What you are doing is training your imagination.

In meditation you watch the images form and disappear. They are so fleeting you wonder if they could ever take on reality. Keep trying with

patience and practice, eventually you will be able to hold them steady. This comes as the power of visualization is developed. Visualization is imagination. Your Master or Teacher can help to slow them down. An important part of this is filling out the mental image with emotional or astral matter. This is supplied from free-flowing material in your own aura. The Interwoven Light exercise given in the previous section makes the auric flow more flexible and responsive to your will.

Please dont limit yourself to the idea that you can contact a Master teacher only if you can form a clear image of him; you touch him in consciousness whenever you think of him.

In the first section of this lesson we charted the four worlds and the seven sub-levels. We have stated that you have a body or vehicle of consciousness for each of these sub-levels. It follows that all other human beings are similarly constituted; however, communication between you and other beings on these Inner Planes is not quite as simple a matter as it is between you and another human being on the physical plane. Here you both have your five senses.

On the Inner Planes it is necessary that you have free-flowing or moving matter in your subtler vehicles if there is to be communication at any or several of those levels. If the would-be communicator cannot mould the matter of your vehicle into the form of the idea he wants to get across, how is communication possible?

The same problem holds true on the physical plane when a foreigner trys to communicate with you but cannot speak English. English sounds are the only ones which are "free-flowing" in your hearing body. Vibrations or forms of another language beamed at you find no equivalents in your understanding. So it is on the Inner Planes.

The average person is concerned almost entirely with himself and his own affairs; thus he is surrounded by a cluster of thought-forms which remain attached to him in his aura. This is called

the personal psychic atmosphere. On the other hand a strong persistant thought about someone else will break free from your psychic atmosphere and discharge itself into the person about whom you are thinking if that person is receptive to that particular quality of your thought.

This principle holds true for discarnate entities whose objective existence is now on the astral or mental planes. Of course the average person who passes on is no more capable of conscious telepathy on the astral plane than he was on the physical! Conscious telepathy on any level is a skill acquired only by practice, at least for the majority of mankind in the world as it is today.

We believe that all the members of certain races had this ability in Atlantean times, consciously sharing a common mind or field of consciousness; and perhaps large groups of people will have it again when the Aquarian Age is fully upon us.

If you have free-moving matter in your astral body which can be drawn out and shaped by an astral person, he may very likely appear to you as he was in physical life; that is, if he is newly dead. If he has been on the other side for a long time and has risen to one of the Inner Planes where earthly forms are no longer of any importance, he may appear to you as formless mist or "in draperies", as the spiritualists like to say. His coloring will depend on his mental and emotional states at the time of his appearance.

If the communication is at a seance, the quality of the forms and of the messages will be determined by the amount of matter available in the medium and by the character and the capabilities of the communicator. A bad actor will scarcely put on a good program. The more relaxed and impersonal the medium, the more likely is the communicating spirit to be able to recreate his own mannerisms and the voice from the past. He has to use the vocabulary and ideas in the mind

of the medium, but these can be re-combined into new material and ideas.

MESSAGES

At this point in the study of the four worlds and the seven levels you should be interested in the types of communicators and the kinds of messages that can be expected. Those normally closest to us in the flesh are the newly dead and those who are still earthbound years after passing on because of their unexhausted passions and vices. These are our "eating companions" who spur us on to over-indulge in the vices they enjoyed while still in the flesh. Their "communications" are burning or nagging desires. Adepts and Initiates of the Left Hand Path also function as this lower astral level while out of the body or in trance.

Love also forms a strong tie with the earth for many people who have passed on. These sometimes try and succeed in communicating with us. Their normal level is the higher astral plane. There are two groups of Servers functioning at this level. First, there are the Invisible Helpers who still have physical bodies but carry on their service on the astral plane while in sleep or in trance. Second, there are discarnate students of the Mysteries who are consciously working for the Masters as guides to students and other servers in the flesh. Another good term for these dedicated souls is Ministering Spirits. There are several orders of Angels whose joyful duty it is to work with us who make the pilgrimage through the flesh -- but that's another study in itself.

Such a human spirit, or angel, can communicate with you directly on a person-to-person basis if you have developed psychic sensitivity. More often their communication is an idea, an image or impression projected quietly into your stream of consciousness. Their concern is more with the day to day affairs of the student than the Adepts and Masters who more naturally function from the higher level of the Fifth Plane or abstract mind, sometimes the Fourth.

If you are capable of receiving thought, if your mind is developed to where it is at ease working with ideas, the Masters and Adepts of your Ray and Inner Plane Lodge can communicate with your mind directly. Few are the mediums who can meet them there, mind to mind, at Their level; nevertheless, the mental world is the common meeting place. Great Adepts and Masters descend in consciousness to this level with a message for mankind. Students of the Mysteries in the flesh should try to rise to this level in consciousness to receive the message; so they can in turn help to transmit it to the world.

The fifth plane of abstract mind is the level where the world's leaders in art, science, religion, politics, business and education grasp or receive the principles or archetypal ideas which they pass on to the rest of mankind in their work of leadership. We would say that the fifth sub-plane is the lowest aspect of superconsciousness, but psychologists speak of it as part of sub-consciousness. In any event, ninety-nine percent of the leaders in the fields of human endeavor believe that their inspirational ideas and ideals are self-generated. The vast plans and work of the Occult Hierarchy of the planet go unhonored and unsung as far as the majority of mankind is concerned.

We have already said once that life becomes simpler and less complicated the higher you go in consciousness. Form, as we know form in the lower worlds is unnecessary on the sixth plane. Consciousness becomes a point of light in a sea of light full of other points of light of varying brilliance. Here we have the essence of ideals. Here the Great Beings who guide the destiny of planets and of nations impart moral principles to the group minds of various associations of mankind.

The seventh plane of Abstract Spirit is the raw energy which sustains all life in the universe. The greatest challenge to a student in the flesh is to overcome the sense of separateness which life in the physical imposes upon him.

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with salt water

God is pouring me
now