# VOICE of ASTARA

CHURCH OF ALL RELIGIONS
SCHOOL OF THE ANCIENT MYSTERIES
FRATERNITY OF ALL PHILOSOPHIES
INSTITUTE OF PSYCHIC RESEARCH

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Editor: Patti Whiting


## *Living in the Light*

The month of October marks Astara's 26th Anniversary. In this issue of the Voice, we have profiled five individuals, chosen simply as symbols of the innumerable creative ways Astarians have found to express the Light in their own everyday lives.

Each day, in cities across the nation and around the world, Astarians contribute their time, their spiritual knowledge and their brotherly love to their families, friends and communities. If *your* story is not spelled out on these pages, — and untold thousands necessarily are not — it is nonetheless written in Time, and in the lives of the grateful people you have touched.

This month, as you go through your daily tasks, remember these facts: Christ was a carpenter. The Apostle Paul was a tentmaker. Mohammed tended sheep and camels in his youth, later serving as a legislator. And it is written that at the very Beginning, Adam tended the Garden of Eden.

None of these occupations would seem to lead to great spiritual heights, yet all did. Because, of course, it is not one's position that matters, it is one's desire and dedication to spiritual goals.

Astara salutes each one of you reading this. May you, too, find your life and work an unfolding series of challenging opportunities for learning, sharing and growing.

As an Astarian, when you are in need, you never walk alone. And it is clear, from these few portraits of "typical" fellow Astarians, that you may also walk with your head high.

***Happy Anniversary!***





## *Her Energy is Timeless*

Mabel O'Brien is a very remarkable woman — active, strong, intelligent, cheerful, and eighty-eight years old. Mable is a volunteer for Astara and works every morning in the Round Table Restaurant on campus.

She was born in Devonshire, England in 1889 and moved to Rochester, New York at age twelve. She began working at that age — washing, scrubbing, farm chores — and, she says, never stopped working hard all the rest of her life.

In November of 1928, Mabel made a milestone decision — she became a vegetarian. Although she said she had always been diet-conscious, it was her deep love of animals that made her reject flesh-foods.

There was a specific incident, she said, that made up her mind for her. While working on the farms, she had often witnessed work animals' cruel treatment at the hands of their masters, and one day she went to the animals and made a vow to them that never again would she ever do anything that would cause them harm. Since that day in November 50 years ago, Mabel has never eaten another bite of meat.

Mabel studied music, dance, and voice at the Eastman Institute in Rochester as a young woman, and worked all the while as a waitress in private clubs and tea houses. She married George O'Brien in the 1930's. Living in Florida at the time, she worked at a health food store and studied nutrition under Gaylord Houser (she was one of the first to make carrot juicers during her association with Houser).

Vegetarianism at that time was very unpopular and Mabel had to endure the derisive laughter and scorn of many people. They said she couldn't live on a vegetarian diet, especially in Rochester where people said it was too cold to live without eating meat. But not only does Mabel not eat meat, she is very conscientious and strict with herself about anything she does eat.

She has never in her life tasted junk foods of any kind, never drank a cola, has never taken aspirin, drugs, or other medications. While in her 40's ("when I was *very* young"), Mabel was hospitalized for an illness. Her nurses and doctor told her that she would not recover unless she ate steak and took her medicine. She steadfastly refused the meat and threw the pills away, and just as she had predicted, she was cured by nature.

Widowed 25 years ago, Mabel calls herself a "metaphysical tramp." She has studied every type of philosophy she has come into contact with, under many teachers. While living in San Francisco for a time, she learned about astrology and Yoga — at age 69.

(Clad in size 5 leotard and tights, she recently demonstrated some of her daily yoga postures at Dr. Earlyne's Upland seminar — to the amazement and delight of her applauding younger audience.)

In 1959 Mabel attended a convention where she read a letter from Astara. The letter spoke of "Degree teachings," which fascinated her, and on her return home to Pasadena, she wrote for more information. From then on, her tramping from one philosophy to another ended, she says, and she has "been with Astara ever since."

When Astara moved to Upland last year, Mabel came with us. It was

Mabel's generosity that created funding for the Healing Center classroom complex, an area on campus which includes Dr. Robert's offices and the Green, Blue and Egyptian meeting rooms.

She shrugs off this gift, saying simply that "I am long in years and need nothing for myself, and my money can do more good for Astara than for me."

"I am dedicated," she says with a youthful smile, "to food, animals and Astara."

Beside being very grateful to Mabel for her generous help, everyone at Astara is truly fond of this sprightly, kind and gentle woman. Her humor, devotion and continuing spiritual inquisitiveness combine to make a presence that is a daily model for us all.



## *She's Got Drive . . . and a Big Heart*

Hot Roddin' Grandma — an Astarian with a most unusual title!

Connie Gibbens of Eugene, Oregon is "Hot-Roddin' Grandma" every month in Eugene's "News for Single Adults," a newsletter partially sponsored by the local YMCA. Connie earned her nickname from the children of one of her many 'adopted' families — "probably," she says, "because of the way I zoom around in my little yellow car."

Connie is a senior citizen who lives alone and writes for others who are also alone. She writes her observations of the world around her with a sensitivity and insight that is both rare and beautiful. Addressing herself to those feelings of loneliness, boredom and despair that engulf all of us once in awhile, alone or not, she shows in her column that these negativisms are always counterpoint to the joy, beauty and strength that can be channeled from Higher Sources to see us through the rough times.

There is no need to find living alone to be "oppressive or unbearably lonely," she stresses. "There are people who need you, whoever you are and whatever your personality or abilities.

"Everyone can do something, and someone needs that something."

Connie practices what she preaches, and has dissolved any of her own feelings of alienation by becoming a surrogate grandmother to many young children and a proxy mother to many others. By giving of herself, so much to so many, she has discovered that although the joy of giving is its own reward, the love, warmth and friendship that is offered in return is immeasureable.

Connie also enjoys writing poetry, and is presently making up a booklet of poems, articles and meditations that she has written, to be given away as Christmas gifts this year. "These activities and moments in my life have been greatly enriched by Astara and my membership in it," she noted in a recent letter.

"I don't have any hotline to divine wisdom," she says, "but I do like to think about life and all its aspects, and it nearly always winds up on paper. So there may be some value in even a very simple woman's searching, questioning, and conclusions."

Connie may not have a hotline, but many others benefit from her hot-roddin' thoughts and thoughtfulness.



## *He Brings Hope . . . and a Helping Hand*

Eugene Knight of New York City has found a very different way of expressing his idea of Light: Gene is a volunteer at the art gallery of H.O.P.E., Inc. (The initials stand for "Help the Offender Pursue Education.")

H.O.P.E. operates a gallery which displays and sells crafts and artwork by prison inmates. Proceeds from the sales and contributions are used to help finance educational programs for prisoners.

Although Gene is retired and lives alone, he claims he is never lonely — he is too busy devoting his energies to a cause which is performing a vital service for others.

Gene was a writer with the old New York World newspaper for many years. He has been a translator, free-lance writer and photographer, and art critic. He also holds cards from the World Association of Document Examiners and the International Graphoanalysis Society and is a handwriting and fingerprint expert.

He uses these gifts to assist H.O.P.E. in analyzing letters from inmates. His read-outs help the organization assess the characters, talents and aptitudes of the correspondents; and also provide H.O.P.E. with insights into the prisoners' problems and areas in which they can improve. His talents as an artist and art critic are utilized to help the prisoners develop their natural skills and learn new ones.

Born in Naples, Italy in 1905, Gene came to the United States with his parents in 1910. His father was an adjutant to the Admiral of the Italian Navy. As an Italian-American, one of Gene's ambitions is to see more Italian-Americans share his pride and respect for their Italian heritage, especially Italy's contributions to the world of art.

"God found me," says Gene. "He wanted to see how much good He can do with me. I show up in the most unlikely places."

Gene is an excellent example of a man who studies as an individual toward spiritual fulfillment in life, but who also understands that we are here to **share** God's blessings: with *everyone*.



## *Rainbows Are Her Color Scheme*

Karinné Pevarnik would be recognized by most visitors to Astara's campus as the young woman, always graciously attired in a long dress, who seems to be everywhere, all the time, doing anything. In reality, she is our seminar and public relations director.

Her official duties include organizing and coordinating the many seminars held at Astara, and directing projects to introduce Astara to the community after our recent move. But her unofficial duties often all but eclipse those formal assignments.

With a B.A. in interior design from Woodbury College in Los Angeles, Karinné's special skills have proven invaluable in the areas of color and

design. She takes part in all decisions on landscaping, restoration and redesign of the new Upland campus — often getting down to hammer nails, fix the plumbing and move a few desks, her trailing skirts notwithstanding.

Karinné's interest in metaphysics began in high school through the influence of her mother, who took her to various lectures and seminars. Then, after graduation from college, Karinné became a teacher for blind children and became fascinated by their sensitivity to color.

"When depressed, tired or frustrated, a child would, without the benefit of sight, gravitate to the color red — either to red paint if painting pictures, or to a teacher who may have been wearing red," she notes.

"In this way," Karinné explains, "the child received some of the warmth or energy he was lacking at the time."

Her awareness of esoteric color sensitivity increased her interest in metaphysics and Karinné worked for a time as public relations director for sensitives and spiritually gifted persons.

She next went into business for herself as an interior decorator, but then made the decision to make her avocation of metaphysics her vocation, joining Astara's staff nearly two years ago.

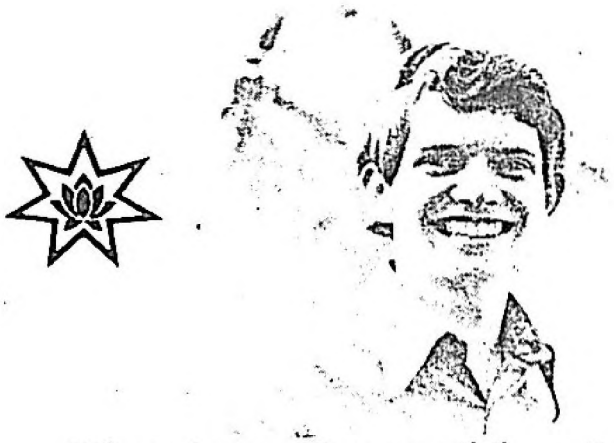
Along the way, Karinné has also managed to find time for teaching weekly Yoga classes, some color psychology seminars — and in her off-the-job life, some free-lance interior and floral decorating, banquet-planning, a brown belt in judo, crafting jewelry, scuba-diving, skiing, flying lessons, tennis, equestrianism (English hunt seat jumping) and making plans to continue work on her doctorate in Philosophy at the Claremont Graduate School. Campus activities don't allow much time in her schedule to relax at the cabin she rebuilt at Idyllwild in the nearby San Jacinto Mountains.

We're lucky to have a person of such diverse talents and experience on Astara's staff. And lucky, too, that she has the energy to charge through her workdays (often 12 and 14 hours long, often 7 days a week) with a contagious smile.



*MEET YOUR STAFF:*

*Nancy Girard, Registry*



*Clayton Bagwell, Jr. Mail Dept.*



*Betty Dodd Book Dept.*



## *She Speaks the Language of Love*

Saima Sundberg is another Astarian of diverse talents and deep commitments. A native of Finland, she moved to the United States after World War II with her two daughters. Saima became interested in metaphysics in Finland through her studies of Theosophy, which was being debated a great deal in Europe at the time.

Saima's close association with Astara began in 1959 when she became a member. "Astara is my life," she says today. "I have found spiritual hope." Her relationship with Robert and Earlyne Chaney is especially important to her; she has always felt she has grown and changed along with them over the years.

Now 77, Saima is extremely active, one of her activities being her volunteer work in Astara's Mail Department, preparing and sorting material for mailing to inquirers and members.

Recently, because of Astara's need for funds to supplement tuitions and tithes, Saima and several other volunteers originated the idea of creating handcrafted gifts and articles to sell at seasonal benefit bazaars. The women meet every other week at Saima's home to work together with donated materials, making lace and fabric wallhangings, dolls, dollhouses and furnishings, embroidery work and many other craft items. Saima herself recently became interested in quilting, and has been devoting much of her time to this craft.

Her talent is equally strong in the kitchen — she does her own baking every week and makes a sweet roll which is legendary on campus.

Saima is still very involved with the Finnish community in Los Angeles, where she writes a newsletter for the Finnish Congregational Church, and is actively concerned with the preservation her homeland's language and culture for Americans of Finnish descent.

She also speaks Swedish, and is now translating a book of Swedish children's stories into English. She can handle Russian and French, as well, with some degree of fluency, and is currently studying Spanish. When asked about learning Spanish at her age, she replied that she had three reasons: her own interest, the historical importance of Spanish in Southern California, and as a technique "to keep senility from setting in."

"I am fascinated by languages," she says. "When I was young, I heard a quote that said something like, 'each language is the door to another world,' and that has certainly been true for me."

Something Saima did recently seems to say more about her philosophy of life than our words could. A few weeks ago, instead of mentioning her discomfort when sitting on metal chairs during her "time-tithes" each week at Headquarters, which aggravated her back problems, she went home and sewed pillows for all the chair seats.

That action in itself isn't all that extraordinary, but it is typical of the countless quiet, matter-of-fact donations of time and effort that Saima has made to Astara over the years.

She routinely converts "pain" into "pillows," leisure into learning and love into a beacon of Light for others to follow.

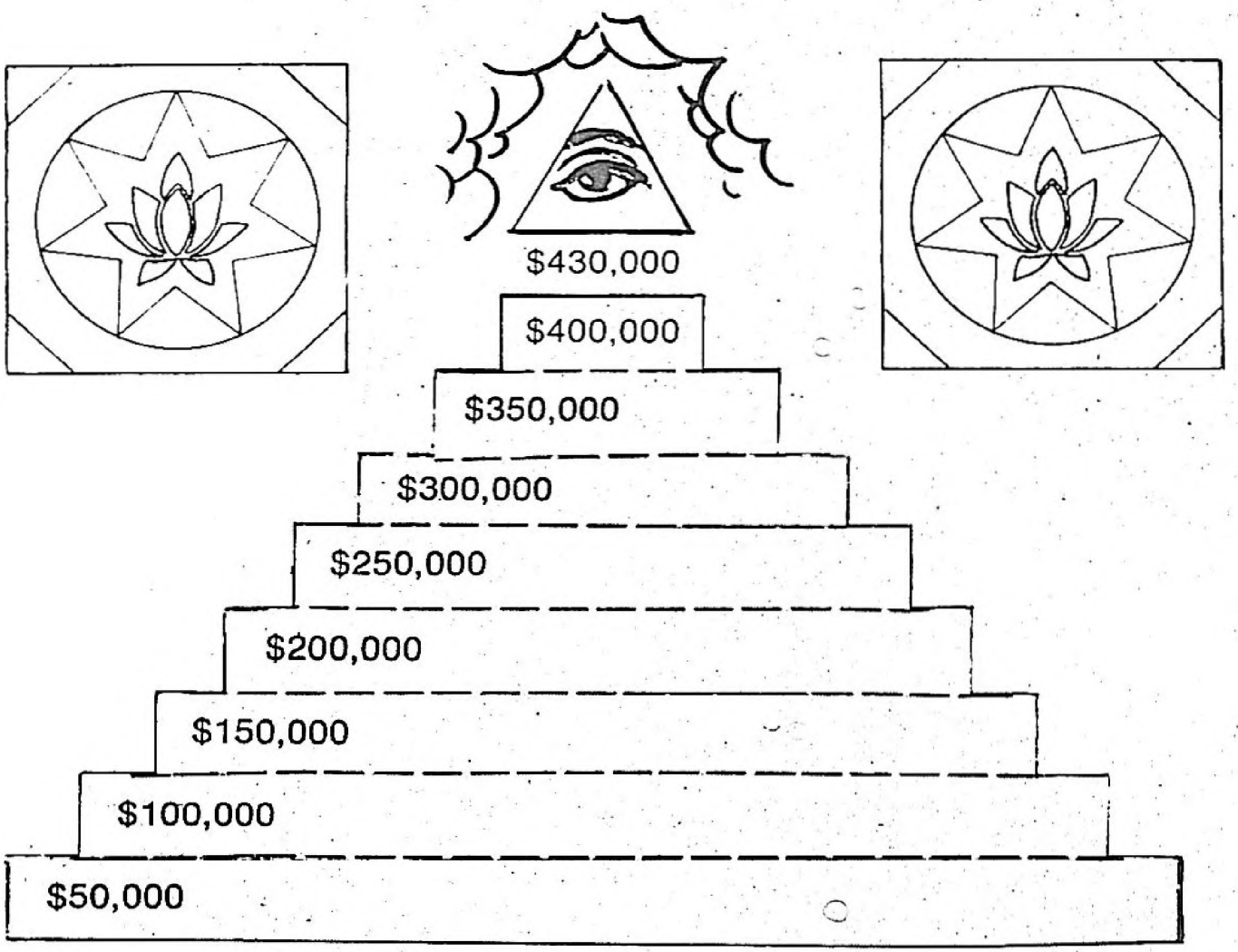
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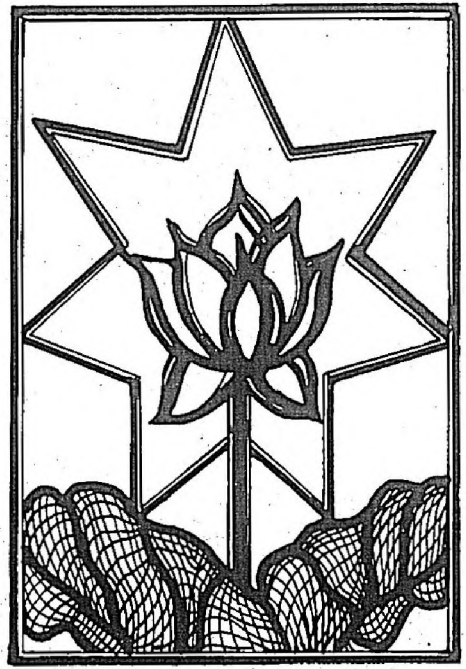



*The symbolic Pyramid for Astara's campus Building Fund reached the $344,940.07 mark last month, thanks to the continuing efforts of dedicated, faithful Astarians all over the world.*

*To all who have contributed their time, donations, prayers and good faith to this projects -- we send, on behalf of each of your fellow members and Seekers everywhere, deep thanks and appreciation.*

# *Meditation Focus for October*

**I am a point in time and space, about which radiates the entire universe. Therefore, let me radiate love, understanding, faith and expectant hope.**



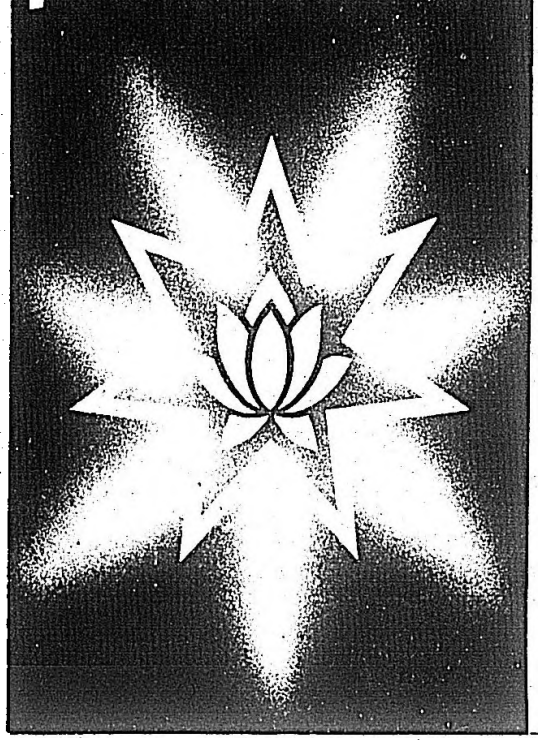
A place of healing Light for 26 years . . .

Stamp

# Astara

800 West Arrow Highway
Upland, California 91786

# astarian healing petition



1. Fill in the Petition.
2. Concentrate a moment upon the Astarian Symbol.
3. Hold it between your hands with a prayer . . . then send it to us.
4. Each day sit in meditation for a few moments, visualizing yourself in an aura of White Light.

---

Please direct your prayers and spiritual healing energies to:

Name _____

Address _____

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for the following difficulty: _____

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NOTE: When requesting healing for someone else, write your own name and address on the back of this Petition. This is *IMPORTANT*.

Astara 800 West Arrow Highway • Upland, California 91786

Name _____

Street _____

City _____

State _____ Zip _____

THE ASTARIAN AFFIRMATION

I am surrounded by the Pure White Light of the Christ . . .
Nothing but good can come to me . . .
Nothing but good shall go from me . . .
I give thanks!



# who really cares?

Do you ever wonder who cares whether or not you acquire spiritual knowledge and wisdom? Whether or not you attain your potential and make the world a better place to live in?

In a world teeming with self-centered people, most of whom are intent only upon satisfying their own greed, it is no wonder that sincere people, such as yourself, often ask, "Who really cares?"

You may be sure of one thing: *Astara Cares.*

And of another: *Astarians Care.*

And of still another: *You Care.*

Most people believe they should "look out" for themselves. A few believe they should *look in* toward Self-responsibility. A wide canyon of difference separates the two.

The many concentrate their interest exclusively on gorging themselves with the things and emotions of life. But the truly Self-responsible know that life consists of more than things. They realize they are here to learn as well as acquire. To grow in spirit as well as possessions. To enlarge their horizons as well as their bank accounts. And this is Self-responsibility in its most meaningful sense.

This is the kind of Self-responsibility about which you care, Astarians care, and Astara cares.

Every paragraph in Astara's Degree Lessons is directed toward helping you fulfill your responsibility to your Self. The Lessons offer ways to Self-enlightenment and growth that are appreciated only by those who understand the immediacy and importance of Self-responsibility. Astara cares.

Astarians around the world, in high position and low, realize they constitute a unique core of spiritual balance in a world which needs it desperately. They cherish every individual seeker who adds his own inner qualities to this great dimension. Astarians care.

And there is no doubt that you care, or you would not have sent for Astara's Lessons in the first place.

The equivalent of a vast library of higher wisdom, available to you in the most condensed and convenient form possible: this is exactly what you have available in Astara's Degree Lessons. On the reverse side is your order form to continue these truly significant studies . . . treasures for those who really care.

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Postal delivery requires three to four weeks in the U.S. For your convenience and saving, you may wish to send advance tuition for more than one month's Lessons. Check your preference in the squares below.

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When requesting more than two Degree Lessons, they are mailed to you two at a time on the first of each month.

Lessons are usually sent via Third Class mail requiring up to four weeks for delivery in the continental United States unless you request First Class mail.

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Name (please print)_____

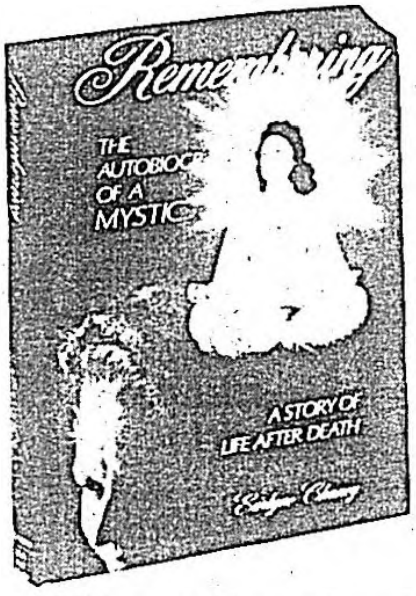
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*Remembering* by Earlyne Chaney is a life-changing experience. A journey through its pages is an upgoing path into the starmists of your own soul searchings, vague rememberings of other lives, other loves, other hopes, your own yet-to-be dreams.

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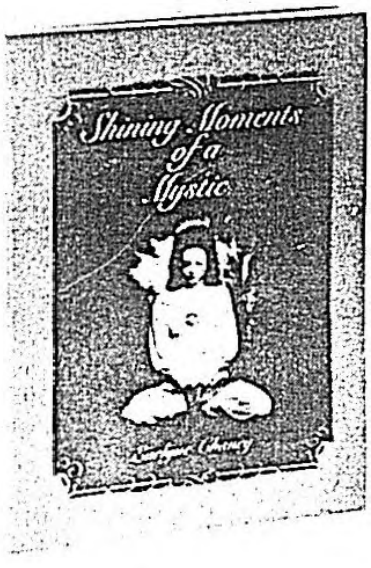


**Robert Chaney** whose love, haunting her dreams of a long-ago life, guided her way into a new light.

---

# "SHINING MOMENTS OF A MYSTIC"

## *by Earlyne Chaney*




* **A sparkling treasure of inspirational verse for now and evermore.**
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## THE INNER WAY

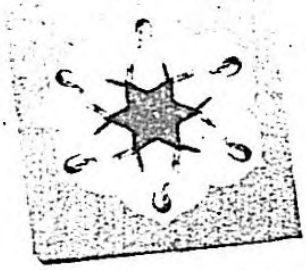
*by Robert Chaney*

If your life is crammed with many things to do, problems to meet, little time for leisurely contemplation ... then you are the person Robert Chaney had in mind when he wrote **The Inner Way**. He has learned that when "outer" solutions aren't effective, the "inner way" produces results in meeting the problems. Send for your copy of **The Inner Way** now ... it's a book you can really use every day of your life.

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## CREATIVE SELF-TRANSFORMATION THROUGH MEDITATION

*by Swami Parampanthi*



Swami Parampanthi helps you discover you've actually been meditating all your life ... and by the application of a few simple self-disciplines you begin to utilize your own natural powers in a self-creative way, integrating your normal consciousness with its higher counterpart. **Creative Self-Transformation** offers you the path towards greater success, self-realization and fulfillment.

*member's price $4.70*

## MAKE IT AN ADVENTURE

*by Marcus Bach*

Learn to shape your desires and your abilities, grow in mind and spirit, rid yourself of daily irritations, discover your potential talents, and gain new vistas of satisfying achievements. Start a new way of life today with **Make It an Adventure.**

*member's price $6.20*

## LIGHT & LIFE COOKBOOK

*by Jan and Alan Pearson*
*created with Earlyne Chaney*

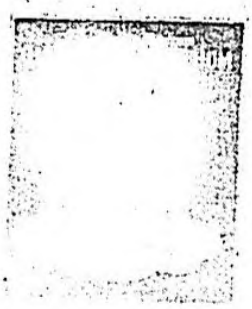


The **Light and Life Cookbook** contains forty days of complete menus ... breakfasts, lunches, dinners ... all nutritionally balanced for providing the greatest possible amount of food value. Each day's menu leads you a step further toward the healthiest vegetarian regime, but allows you to stop at any point most appealing to you. Natural, healthy ingredients are featured throughout.

*member's price $7.55*

## *LESSONS IN THE HIDDEN WISDOM*

*by Robert G. Chaney*



### OM MANI PADME HUM

*"As one speaks these words slowly, the sound of one's voice (the use of physical energy) – combined with the expression of the emotional, mental and spiritual energies of Light – sets into motion the greatest energies which Man of earth is capable of activating."*

Dr. Robert goes on in this lesson to provide background information on the origins of a classic mantrum, and explains how it can be used to invoke psychic, creative, purifying and healing energies. Learn how six mystical syllables can change your life through transforming the vibratory energies of your environment and your inner Being.

**Tuition $1.50 — Use order form below**



### THE JEWELED TREE OF LIFE

In this lesson, Dr. Robert proposes that the Tree of Knowledge of Good and Evil and even the traditional Christmas tree are not just aesthetic symbols. Instead, the tree is a life form in vibrational harmony with man and his etheric force centers.

Dr. Robert describes tree representations found in a wide variety of cultures and eras. Then he unlocks the mystical applications which make The Jeweled Tree of Life – in actuality, your own physical and etheric bodies, jeweled by the seven chakras – a tremendous key to unlocking your inner potency and hidden strength.

**Tuition $1.50 — Use order form below**

---

*ORDER FORM*

**Astara** 800 W. Arrow Highway, Upland, CA 91786

Please send the selections I have checked on this order form. I enclose a total of $ _____. (Tuition each: $1.50)

☐ ..... *OM MANI PADME HUM*

☐ ..... *THE JEWELED TREE OF LIFE*

☐ *YES!* I'd like First Class delivery. I enclose .50¢ for each item. (Lessons are usually sent via Third Class mail, requiring 3-4 weeks delivery in the U.S. Delivery time is reduced considerably under the First Class mail rate.)

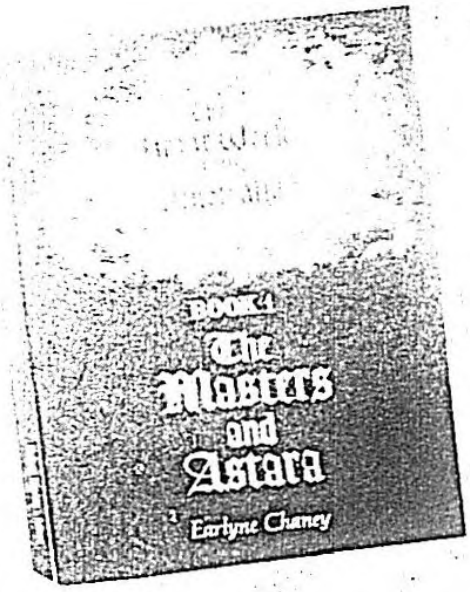
Name (please print) _____

Street & Number _____

City _____ State _____ Zip _____

compiled by Betty Dodd

# ASTARA's Book List




## MASTERS and ASTARA

*by*
EARLYNE CHANEY

*member price $6.60*

Since the publication of Earlyne Chaney's book, "*Remembering,*" in which she described Master Kut-Hu-Mi and the extraordinary influence he has manifested in her life, requests for more information about the Masters, Self-unfoldment, and Astara the Center of Light have continued to pour in.

Besieged by these requests, she has responded by writing, under the guiding presence of Kut-Hu-Mi, the first of a series of inner Teachings called *The Great Work of the Penetralia.* Book One is entitled *The Masters and Astara.*

On its pages you will touch briefly upon the lives of the three Chaneys. You will share many of the "miracles" that occurred during the early years of Astara's beginnings. You will witness the founding of Astara and how the Teachings of the *Book of Life* came to be written.

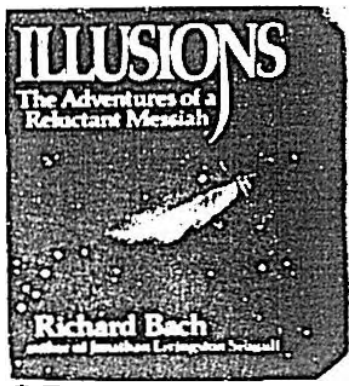
- ***What and who are the Masters Kut-Hu-Mi, Rama, and Zoser?***
- ***The Astarian Mystery School, ancient and modern.***
- ***Your place in the Mystery School today; qualifications of Discipleship on the Path.***


**Kut-Hu-Mi**


**Rama**


**Zoser**

# BOOKS FROM OUR STORE




ILLUSIONS Richard Bach c. $5.65
The Adventures of a Reluctant Messiah. The companion story to Jonathan Livingston Seagull.

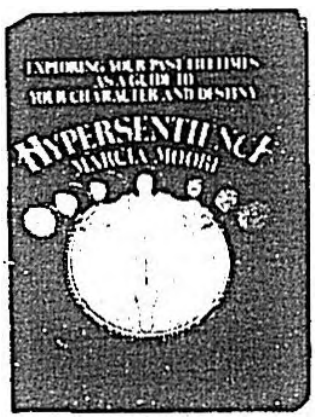
THE PATH OF SOUL LIBERATION p. $1.85
A clear commentary by Roy Eugene Davis on one of India's treasures, "Self-Knowledge" by renowned seer Shankara.

THIS IS REALITY p. $3.75
Based on the "Aphorisms of Patanjali", Roy Eugene Davis presents his well-formulated method of reaching true illumination.

THE MYSTIC KEYS OF HERMES p. $3.10
Through awareness we are taught to see, to hear, to touch - to experience through knowing. John D. Rankin

THE WHITE BROTHERHOOD p. $3.75
About the Masters and Adepts of planet earth. By Russ Michael, Author of Finding Your Soul-mate.

THE SCIENCE OF WHITE MAGIC p. $3.75
Learn to correctly understand and rightly work with the laws that govern nature, and nothing is impossible to you. Russ Michael




HYPERSENTIENCE c. $7.50
The purpose of this book is to show that you can recall your former lifetimes and can help others to do so.

VIALS OF THE SEVEN LAST PLAGUES p. $2.80
These fourteen messages are the coming to pass of the signs recorded by St. John in the 14th & 15th Chapters of the Book of Revelations. - The Seven Archangels.

800 West Arrow Highway, Upland, California 91786

# ORDER FORM

Each price on this order form reflects the 5% discount allowed on each title.
All sales are final. No refunds or exchanges.
Please allow at least three weeks for delivery in the United States..

## CHECK BELOW WHEN ORDERING

___ The Masters and Astara.....$6.60
___ Remembering: Autobiography/Mystic....$9.45
___ Remembering: (soft cover).....$7.55
___ Shining Moments of a Mystic.....$3.75
___ Adventures in ESP.....$4.30
___ The Inner Way.....$3.75
___ Creative Self-Transformation.....$4.70
___ Make It An Adventure.....$6.20
___ Light & Life Cookbook.....$7.55
___ Illusions.....$5.65
___ The Path of Soul Liberation.....$1.85
___ This Is Reality.....$3.75
___ The Mystic Keys of Hermes.....$3.10
___ The White Brotherhood.....$3.75
___ The Science of White Magic.....$3.75
___ Hypersentience.....$7.50
___ Vials of the Seven Last Plagues.....$2.80

_____ Number of books ordered ..... Amount $_____
California residents add 6% tax ..... $_____
Please add 25¢ per book for postage and handling ..... $_____
Total amount of this order ..... $_____

☐ Bank Americard ☐ Mastercharge
Card number:
Expiration Date:

**SEND TO**

NAME _____

STREET & NUMBER _____

CITY _____

STATE _____ ZIP _____

# request for cosmic help



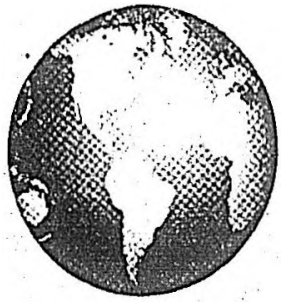
# circle of the secret seven

On this petition write clearly and briefly the nature of your need, then sign below.
Meditate with it a few moments before sending it to Astara.

Name _____ Address _____

All communications on this sheet are held in the strictest confidence.

Astara 800 WEST ARROW HIGHWAY • UPLAND, CALIFORNIA 91786



Give us, O God, the vision which can see Thy love in the world in spite of human failure.
Give us the faith to trust Thy goodness in spite of our ignorance and weakness.
Give us the knowledge that we may continue to pray with understanding hearts, and show us what each one of us can do to set forward the coming of the day of universal peace. Amen.

*Astronaut Frank Borman's Prayer for Mankind, Beamed 230,000 Miles from Moon to Earth, December 25, 1968*

Dear Fellow Astarian--

Each month, Astara receives thousands of healing and Cosmic Help petitions from members all over the world — a clear sign of the growing need for our work as a channel for divine energies of physical renewal and spiritual rebirth.

Since Astara's founding in October of 1951, innumerable seekers have seen the Light of healing enter their lives: a disease cured, a worry eased or a tragic situation resolved for the better.

It is not, of course, simply Astara that brings about such wonderful miracles. Indeed, our greatest aim is to teach individuals the ways to release their own curative and creative powers.

But from the very beginning, both of us have witnessed a tremendous and increasingly glorious aura of love generated by members of Astara from all different walks of life — and we cannot help but think that Astarians bring a very unique and very precious kind of Light and love into the world.

**We now begin our 27th year as a healing channel.** Just as we work for healing in individual lives, just as Astarians form soul-healing bonds of friendship on the Path, Astara now seeks to grow as an energy source for "the healing of nations," as John described in Revelation 22:2.

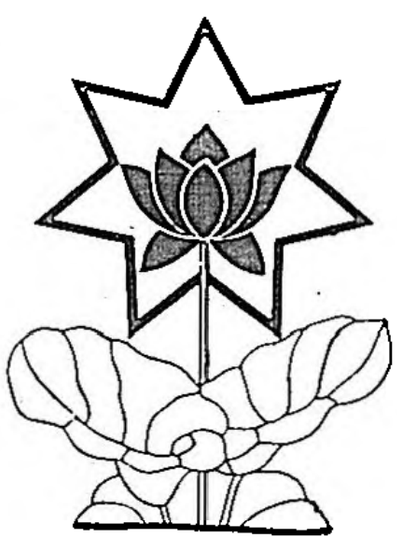
By celebrating this anniversary with a gift to help Astara carry on its work, you will bring that day of cosmic, consummate healing ever closer for yet another Seeker in need. For Astarians in need never walk alone.

In the One Light,

Earlyne & Robert Chaney

for Astara

***NOTE: This is your Messenger Envelope. Use it to send your Healing or Cosmic Help petition, Lesson Continuation Form, letter, donation, recording or book order, or any other message to Astara.***



Dear Earlyne, Robert
and all at Astara—

On this 26th Anniversary, I want to join anew in Astara's healing work: the healing of humankind and the healing of nations.

***I enclose my gift of $_____ which I have held in blessing.***

I also add my own spiritual energies to the outflowing White Light, and join in your prayers that the Astara Center may continue to be a true center of cleansing, calm and inner discovery for all who learn by its Light.

NAME _____

ADDRESS _____

CITY _____

STATE _____ ZIP _____

**To send your donation to Astara, detach this panel and enclose it in the Messenger Envelope. (U.S. residents may deduct contribution from U.S. income tax.)**

*NOTE: For the exact recording of your gift to Astara, and the most rapid possible processing of your Lesson, book, recording or other request, enter your name and address exactly as it appears on the mailing label which brought this to you.*

# A VISIT WITH ROBERT



October, 1977

Dear Fellow Astarian,

Ten steps from my office lies another world. It's a small world by actual measurement. About 270 square feet of land is all it contains. Yet, from its center emanates a tremendous power and its existence is in itself a lesson and an inspiration.

Just two or three months ago it was a scraggly triangle plot of ground containing two evergreens and about a dozen forlorn bushes. The latter had decided they could neither give to nor receive anything from this world and were in the process of letting their life slowly ebb away. It was becoming an eyesore almost directly in the heart of the campus.

One day as two or three of us were walking by, an idea was born. Why not enclose it, landscape it, and make it a little meditation place?

The first idea generated others and before we realized what was happening, the old shrubs were removed, some beautiful stone borders and walkways were placed, flowers from a nearby nursery were transplanted along with some from other parts of the campus, a stone bench was moved in place, and a housing was constructed for a statue which has an unusual history.

Many years ago, a well-known sculptor, Roger Noble Burnham, attended services at Astara. He sculpted the famous statue of General Douglas MacArthur in MacArthur Park in Los Angeles. He, too, had an idea. It was to erect a thirty-three foot figure of the Christ high in the

Hollywood Hills, overlooking the entire Los Angeles basin. He created a three-foot model, but shortly thereafter became ill. Realizing that he would be unable to complete his cherished project, he gave the model to Astara.

That statue now resides in this "other world" facing the stone bench where many visitors sit in meditation and reveal their innermost selves to the Christ Spirit that abounds around and within them at this Holy place.

I remember the day it was all conceived. In only a moment there was an electricity in the atmosphere that became objectified in additional ideas and in the necessary physical labor for transforming an ugly, uninviting area into a place of hope and inspiration, serenity and accomplishment. For 26 years, that kind of miracle has, in one form or another, been an almost everyday occurrence at Astara.

There is an electrifying atmosphere that permeates Headquarters and filters into the hearts and minds, the lives and activities of Astarians throughout the world.

This is to thank all of you for your efforts of every kind -- whether material or spiritual. For more than a quarter of a century, you've made this a true "Place of Light." You've said, "Let there be Light." And, there is Light! Thanks and best wishes --

Sincerely,

## JOIN IN THE FUN: CRAFTSHOPS OPEN TO ALL

Remember, craft workshops are meeting to prepare gift items for Astara's **Christmas Boutique**, scheduled for **Dec. 3 & 4.** Many members have found these craft groups a wonderful take-off point for new friendships and new creative skills — as well as a novel way to contribute toward Astara's service in the Light.

o o o

**Members in the local Upland area can contact Saima Sundberg at (714) 985-5237 for information on meeting times and dates.**

## IMPORTANT NOTES FOR CAMPUS VISITORS

Here are some transportation and housing notes for you who are planning a visit to Astara's Upland campus —

### Airport Service

We've attempted to meet all campus visitors landing at Ontario International Airport but increased burden on finances, personnel and equipment make it impossible to continue. The airport is but 6 miles (a ten-minute drive) from the campus. Instruct cab drivers to go north on Euclid off the San Bernardino freeway, then left on Arrow Highway to San Antonio, and you'll be at Astara.

### Lodging Reservations

Because of limited lodging space on campus, we must ask that a $7.00 deposit be *received at headquarters* to confirm and reserve a room. Without such a deposit, rooms are assigned on a first-come, first-served basis.

Semi-private, dormitory-style rooms are available at $7.00 per person per night. Cottage housing is also available; for more information, contact dormitory managers Sylvia Keith or Robin Martin at headquarters.

### Bus Schedule

Los Angeles residents can get to Astara by bus:

From the downtown terminal, take RTD Route 496 (an express) to the end of the line in Montclair. At the Montclair Plaza, take Omnitrans Route 60 to Astara. The Omnitrans bus leaves the Plaza at 9:15 a.m. and every hour thereafter through 4:15 p.m., including Sundays. Return schedules leave Astara for the Plaza at 10:25 a.m. and every hour through 5:25 p.m.

## IN MEMORIAM

*We wish to acknowledge the following memorial gifts – and express our appreciation to both the donors and those whose memory they honor:*

Katherine Ulrich in memory of Madelyn Barth.

Mr. and Mrs. Harvey Leach in memory of son Harold J. Leach.

Noma Pendleton in memory of Kenneth Saucier.

Ada Knox Hickey in memory of Wesley Hickey.

Winnie H. Wilson in memory of her husband Stanley Earl Wilson.

Wilson Smith in memory of his wife Florence.

## *Editorial Thanks To . . .*



**Lyn Jacques,** a new member of Astara's staff, helped interview and prepare material on this issue's five Astarian "profiles." A native of Alaska, Lyn has a varied background in newspaper work, including reporting, photography and artwork.

*NOTE: Study group names were left out of this issue due to limited space. They'll resume next month. We'd like comments, pro and con, on the effectiveness of these listings. Please do drop us a note on your results.*



# An Astarian In Need Never Walks Alone

*He healeth the broken in heart, and bindeth up their wounds. (Ps. 147:3)*

To all at Astara,

I thank you for your help in my mother's healing.

My mother had been ill since March with one thing after another: first, a minor foot operation, then she contracted shingles, went numb all over and had a sinus infection. After 5 weeks of a constantly dripping left nostril, a series of expensive x-rays and tests, it was determined that the 'sinus infection' was really a spinal fluid leak from a small hole in the front part of the skull between the eyes and that an operation would be necessary.

When I first learned of the leakage, the hole hadn't been found; I tried to phone in a healing petition but couldn't get through, so I mailed one and repeatedly pictured my mother surrounded by the White Light. Her attitude really upset me. She was convinced she would die and wanted to see me and my 1 yr. old daughter before she went into the hospital. A few days later she said "a feeling of calmness" came over her, telling her everything would be alright.

My mother decided to fly to N.Y. from her Florida residence to get a second expert opinion. When I had a chance to speak to her, I told her about Astara and the healing petition. I also let her read Lessons 15 & 16 of the First Degree. She found them very comforting and wanted to know more about Astara.

*I went to see the doctor with my mother. (The week that I was with her, her nose didn't drip. It was hard to believe that she had used 30 boxes of tissues the past 5 weeks -- almost a box a day!) The N.Y. doctor went over the x-rays, reports and examined her. The terrific news was that scar-tissue had formed over the hole -- no dripping, leakage or operation. A miracle to us.*

*My mother was convinced the healing petition was the reason for her health. I had known from the moment I sent in the petition that everything would be fine.*

*Sincerely,*
E.B.
South Berlin, MA

## A RETREAT FOR DR. EARLYNE

To complete present writings, Dr. Earlyne would like to find a private spot to work where vegetarian food is available. Do you know of such a place? Or do you have a house or apartment for which you need a "house-sitter" for awhile? If you can help her find a quiet place away from her present activities, wehre she could devote full attention to writing, please write her direct, at Headquarters. Thanks for your help!

## Dr. Earlyne Visits Ft. Lauderdale for November seminar

**"Health and Healing Workshop"**
**Thurs., Nov. 24, 7:30 p.m.**
**Freewill offering**

**"Initiation in the Great Pyramid"**
**Fri., Nov. 25, 7:30 p.m. *and***
**Sat., Nov. 26, 7:30 p.m.**
**For Astarians only**
**(non-members may enroll at door)**
**Freewill offering**

**○ "Initiation at the Moment of Death"**
**Sat., Nov. 26, 10 a.m. to 4 p.m.**
**seminar tuition: $10**
**Open to the Public**

○ For advance Sat. seminar tickets, send $10.00 tuition *plus a stamped, self-addressed envelope* to:

**Alice Bowman**
**P.O. Box 4932**
**Margate, FL 33063**

All meetings held at **the Holiday Inn West, State Route 441, Exit #20 off the Fla. Parkway.** For lodging at the Holiday Inn, please call the reservations desk at (305) 739-4000 and specify that you are attending the Astara Meetings.

# *CHRISTIAN MYSTICISM*

***with Dr. ROBERT CHANEY***



- ***What is it?***
- ***What does it mean to me?***
- ***How can I use it?***

You have a new learning experience awaiting you in this series of Sunday afternoon workshops. Mysticism is meant to be uniquely personal, but too often its principles are taught in a way that destroys the true potential and individuality of mystical insights and benefits.

However, from Dr. Robert you'll receive a special presentation of mysticism: an individual-oriented program of unique interpretations and everyday applications you can begin using immediately.

The series deals with exploring the nature of God, the Self, the union of God and Self, and your active relation with other forms of life. Other topics include the mystic and science, the mystic and the psychic, the mystic and healing. Finally, you'll study the practical exercise of mysticism today, concluding with a look at the nature of tomorrow's mystic.

Learn how mysticism can become a more creative, inspiring and energizing force in your life through Dr. Robert's proven techniques and stimulating instruction.

***Sundays at 2:00 p.m. — October 2, 9, 16, 23 & 30***

***$2.00 TUITION EACH CLASS***



# *OCTOBER ACTIVITIES: Day by Day*

OCTOBER

| S | M | T | W | T | F | S |
|---|---|---|---|---|---|---|
| | | | | | | 1 |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 30 | 31 | | | | | |

Oct. 2 Sunday church service - 11:00 a.m. with Robert Chaney (in Chapel)

Oct. 2 "Christian Mysticism" workshop - 2:00 p.m.
with Robert Chaney - $2 tuition (Blue Room)

Oct. 3-7 Five-day Retreat with Robert Chaney
$35 tuition - reservations requested, campus lodging available

Oct. 3 YOGA with Christina Monterastelli - 10:00 a.m. $3 tuition (in Recreation Room)

Oct. 5 YOGA classes with Karinné Pevarnik and Christina Monterastelli - 7:30 p.m.
$3 tuition (in Recreation Room)

Oct. 9 Sunday church service - 11:00 a.m. with Robert Chaney (in Chapel)

Oct. 9 "Christian Mysticism" workshop - 2:00 p.m.
with Robert Chaney - $2 tuition (Blue Room)

Oct. 10 YOGA with Christina Monterastelli - 10:00 a.m. $3 tuition (in Recreation Room)

Oct. 12 YOGA classes with Karinné Pevarnik and Christina Monterastelli - 7:30 p.m.
$3 tuition (in Recreation Room)

Oct. 14-15 Weekender Retreat - Fri. 9:00 p.m. to Sat. 9:30 p.m. with Robert Chaney - $15 tuition
(reservations requested, campus lodging available)

Oct. 15 26th Anniversary Dinner - $4.95
5:30 p.m. to 7:30 p.m. at The Round Table

Oct. 16 Anniversary Sunday church service - 11:00 a.m. with Elaine St. Johns (in Chapel)

Oct. 16 "Christian Mysticism" workshop - 2:00 p.m.
with Robert Chaney - $2 tuition (Blue Room)

Oct. 17 YOGA with Christina Monterastelli - 10:00 a.m. $3 tuition (in Recreation Room)

Oct. 19 YOGA classes with Karinné Pevarnik and Christina Monterastelli - 7:30 p.m.
$3 tuition (in Recreation Room)

Oct. 22-23 Aikido Tournament (sponsored by another organization, but public is welcome)
- Chautauqua Auditorium

Oct. 23 Sunday church service - 11:00 a.m.
with Robert Chaney (in Chapel)

Oct. 23 "Christian Mysticism" workshop - 2:00 p.m. with Robert Chaney - $2 tuition (Blue Room)

Oct. 24 YOGA with Christina Monterastelli - 10:00 a.m. $3 tuition (in Recreation Room)

Oct. 26 YOGA classes with Karinné Pevarnik and Christina Monterastelli - 7:30 p.m.
$3 tuition (in Recreation Room)

Oct. 30 Sunday church service - 11:00 a.m. with Robert Chaney (in Chapel)

Oct. 30 "Christian Mysticism" workshop - 2:00 p.m.
with Robert Chaney - $2 tuition (Blue Room)

Oct. 31 YOGA with Christina Monterastelli - 10:00 a.m. $3 tuition (in Recreation Room)

# – ANNIVERSARY WEEKEND –

You're invited to help celebrate Astara's 26th Anniversary — and the completion of our first year on the Upland campus — at this very special weekend program.

## ANNIVERSARY DINNER

Saturday, October 15, 5:30 to 7:30 p.m.
— a special buffet banquet with Robert and Earlyne,
at Astara's Round Table
**$4.95 donation**



## *Anniversary Sunday Service*

*Sunday, Oct. 16, 11:00*



OUR SPECIAL PULPIT GUEST will be the well-known author, Elaine St. Johns, speaking on the topic *"Treasured Moments of Light."*

Elaine is a West Coast contributing editor to *Guideposts* magazine and co-author of the perennial bestseller *Prayer Can Change Your Life*. Her wit and warmth have long made her one of Astara's most popular speakers, and her presence will be a very memorable part of an outstanding weekend of Anniversary activities and fellowship.

& at 2pm Sunday, Robert's "Mysticism" workshop

Astara
800 W. Arrow Highway
Upland, CA 91786

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MARY MARGARET FULLER
3500 WESTERN AVE.
HIGHLAND PARK IL 60035

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