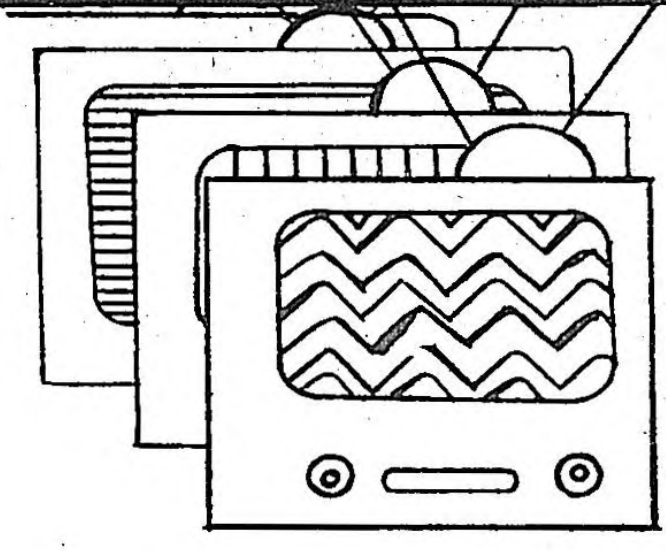
VOICE of ASTARA

CHURCH OF ALL RELIGIONS
SCHOOL OF THE ANCIENT MYSTERIES
FRATERNITY OF ALL PHILOSOPHIES
INSTITUTE OF PSYCHIC RESEARCH

Published monthly by Astara, Inc.
Vol. 25, No. 12 SEPTEMBER 1977
Editor: Patti Whiting

The Ultimate 5:00 News

by Patti Whiting





Imagine this situation:

You're walking along a downtown street one afternoon, and you notice the newspaper stands are empty. What's more, they're marked with quick hand-written notes – "Discontinued."

You continue on to the corner drug-store, slightly disturbed, and notice there are no magazines on the racks by the cash register. Instead, a posted sign says, "All periodicals now out of print."

Even more disconcerted now, you return home and switch on the evening news. Or rather, the dial is on a news program station, but the screen is blank . . . except for a motionless printed message: "Off the air indefinitely."

What would be your reaction?

- Panic? "*What* is happening?"
- Anger? "They can't leave us in the dark like this!"
- Indifference? "Oh well, I don't really need that stuff." (*Yawn.*)

WE NEED TO KNOW

Few people would feel that kind of apathy if the airwaves and printed channels of news were to fall empty and silent for very long.

Most of us feel a need to stay at least casually informed of events going on in our society – if not for the ideal sake of being 'enlightened citizens,' then at least so that we can keep in touch with the inevitable changes in our lives brought about by outside situations and policies.

Continued on page 2

The Ultimate 5:00 News

Continued from page 1

And yet many individuals scarcely take notice when information of a different kind stops being transmitted: *inner news.*

How many people risk finding themselves in a distressing situation – a nervous breakdown, an unhappy marriage, a collapse of relationships with family or friends – because they fail to listen to the signals, signs and warnings of their own "inner news?"

We've often heard someone give the remorseful comment, after making some kind of error in judgment or doing an unkind thing to someone – "I just did not think."

But absorbing your "inner news" is not simply the act of thinking about or considering a situation.

THINKING ISN'T ENOUGH

Thinking is not always enough. Too often, our thoughts simply tell us whether or not the alternative solutions to a problem are safe or speedy or popular or advantageous in some immediately appealing way.

If thinking is not the ideal channel for inner news, what is? Masters from all religions and ages give the same answer again and again:

Prayer. Spiritual meditation.

The kind of inner reception which only these "media" can develop lets us open our ears to the quiet message of what is right, what is best, what is Divine in us and for us.

And the Sages go on to more specifically emphasize the necessity for regular *daily* prayer and turning inward. In carrying out the concept of "inner news," one might call such a constant habit *The Daily Monitor of Spirit.* Hundreds of years ago, Brother Lawrence called this discipline of regular attunement "the practice of the Presence of God."

GETTING IN TOUCH

Such regular attunement periods bring together our ethereal and everyday lives. We become in touch with God and our Higher Self to the point where we begin, more and more, to spontaneously respond to the Divine direction we need to overcome our problems and conflicts.

That's an important point: we only fulfill our prayers when we respond to the answers. Too many times, one dutifully listens to the guidance and wisdom received in meditations and prayers – yet doesn't follow through in action, in using such guidance as a very real (even if sometimes unpleasant) solution to the growing problem at hand.

"What men usually ask for when they pray to God," goes an old Russian proverb, *"is that two and two may not make four."*

THE FACTS OF FAITH

We can no more ignore the eventual effects of ignoring Higher Wisdom than we can erase the facts of the daily headlines in our morning newspapers.

Even if we don't always enjoy the news we read and hear from our radios and newspapers and television stations, we realize how vital it is to be socially aware.

By paying just as much attention, in just as matter-of-fact and accepting a way, to the kind of news that is generated in our spiritual Consciousness, we can realize how vital it is to be aware of God's news, as well.

"As cold waters to a thirsty soul, so is good news from a far country."
Proverbs 25:25

The One and Only, Time-Tested, Sure-Fire, All-Around Authoritative Astarian Memory System

Lots of books and experts offer to help you improve your memory, and many of their techniques are practical and effective ways to develop better recall of vital information.

But one thing they can't improve is the *quality* of what you remember: they can't create sweet memories.

Only you can do that, by making the most of each moment, each situation, each relationship. To improve your *memories,* create nice things to remember in your life. Good friendships, hard-earned skills, daily moments of love, giving and sharing. It's the best memory system you'll ever find, I guarantee.

– Ed.

LESSON TUITION INCREASE FORCED

Astara has offered the same lesson tuition rate for over a decade – a remarkable and increasingly difficult accomplishment in view of these inflationary times. For, while our tuition rates have remained the same for all those years, *the cost of producing the lessons* (and the complimentary *Voice* to active members) *has risen every single year.* Astara has sacrificed a great deal to absorb these increases, trying to maintain the same tuition schedule at all costs. But the costs are now simply too great.

We therefore regret that we must increase our domestic tuition rate, effective March 1, 1978. Tuition for two lessons will be increased to $5.00 – *but this amount will now automatically include First Class postage.* The revised rate schedule for multiple lesson orders will be published in a later *Voice.*

Foreign Increase Inevitable, Too

We equally regret that our foreign lesson tuition rate will be increased to $7.00 for two lessons, effective November 1, 1977. (This new rate is being put into effect sooner because this Voice notice will take up to several months to arrive in some foreign countries, and foreign-order postal costs are especially costly to Astara.)

Foreign members (living in areas outside North America and U.S. possessions) will find their new tuition schedule enclosed in this issue of the Voice. All foreign lesson tuitions will continue to include mailing at the Air Mail Small Packet rate.

We are sorry that we must also maintain our policy of mailing *no books outside of North America and U.S. possessions.* Continuing delivery problems necessitate this policy without exception.

Initial Fee Remains Same

Our initial membership fee will remain at $5.00 for both foreign and domestic inquirers.

We appreciate your cooperation concerning the dates these new tuition rates go into effect in your area. And we hope all members, in this country and abroad, will find these changes reasonable and necessary when all factors are considered.

Even these increased tuition rates do not fully reflect Astara's service costs – voluntary contributions from thoughtful Astarian donors will continue to be a mainstay of our work.

And always remember: paper, ink and labor costs are affected by inflation and recession – but love and Light and spiritual knowledge are changeless, timeless, priceless.



Library visitors can share thoughts with fellow Astarians as they read new collection of members' poetry.

THEY WEAVE LIGHT INTO VERSE . . .

A new collection of inspirational and philosophical poetry has been put on display in the New Leaf Library on your Upland campus – and the poets are all Astarians.

Voice Editor Patti Whiting noted that Astara receives a great many poems each month from members all over the country, some seeking Voice publication, some simply wanting to share their thoughts with headquarters.

"Because of space limitations, very few of the poems can be printed in the Voice," she noted. "So it was suggested that each poem Astara receives be put into a loose-leaf binder in the library."

"This way, when there is room for a poem in the Voice, one can be obtained from the library – but in the meantime, it can be part of a poetry collection enjoyed by many campus visitors."

The binder's inscription reads as follows:

Astarians from all walks of life and all parts of the country have submitted these poems for other members to read, enjoy and think about.

May the sincerity, love and devotion that is behind these words and verses come alive as you read them.

And may you be inspired to walk away with a poem in your heart: the poem that is You.

THE LUAU LIMBO

They did the hula, they did the rumba, they did it alone and they did it cheek-to-cheek -- DANCING was the scene at the July Aloha Luau, a great evening for everyone.





IN MEMORIAM

We wish to acknowledge the following memorial gifts – and express our appreciation to both the donors and those whose memory they honor:

Xenia Pisarev in memory of Svetlana P. Adams.

Ralph & Voncille Schmedake in memory of Henry A. Schmedake, Martha A. Gipson, the Rev. R.G. Haney and Lucille F. Ball.

The tragedy of our times is that we have succeeded in splitting the atom before acquiring the wisdom to unite humanity. *Julius Mark*

ASTARIANS SEEK CONTACT: STUDY & CORRESPONDENCE

(As we have noted before, we can only accept P.O. Box numbers or phone numbers for these listings. *Residence addresses will not be published.* We regret any inconvenience this causes, but we follow this policy only to protect members' privacy.)

Nancy Camenzind
Tel. 827-4744
Bothell, WA

Catherine Portagallo
Tel. (813) 884-2624
Tampa, FL

Ann Clark
Tel. 795-6351
Tucson, AZ

Claudette Asciutto
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Charles & Jean Caravello
P.O. Box 62564
Virginia Beach, VA 23462

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Tel. (215) 357-8212
Southampton, PA

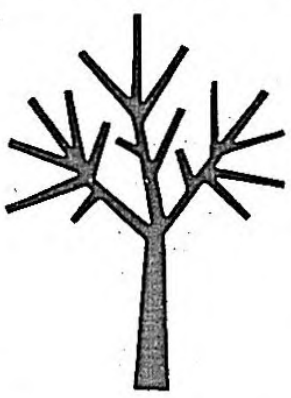
A.R. Kirkland
Box 1743
Denning, NM 88030

FUTURE LESSONS TO HAVE NEW ONE-COVER BINDING

To conserve paper and also save production and postage costs, Astara will soon begin converting the Degree Lessons to a new format – each two lessons will be bound under one cover. We have already converted the first three lessons of the First Degree (the free introductory lessons for a new member) into a single cover and the format has worked so well that we plan to follow through with the rest of the Lessons in pairs.

The conversion will be done over a period of several years, as we reprint our lesson stock, and thus will also be done out of sequence, for practical reasons. In other words, you may receive Lessons 4 & 5 of the Second Degree bound in one cover, then on your next order receive Lessons 6 & 7 with separate covers, then continue receiving separate covers until, say, lessons 8 & 9 of the Fourth Degree.

The lesson *contents* will be identical after being converted – only the *covers* are being combined. Two heads may be better than one, but two covers weigh more, use more paper, and don't give any more information than one cover. So don't look for a missing lesson if you pull a single item out of a Degree mailing someday check the cover for two lesson titles. And think of the tree that's still growing because paper is being saved.



Thoughts lead on to purposes, purposes go forth in action, actions form habits, habits decide character, and character fixes our destiny. *Tryon Edwards*

NEW MEDITATION AREA CREATED ON CAMPUS

Good things still come in small packages, and a newly transformed corner on Astara's campus confirms just that. The new "Christ in the Pines" Garden of Prayer is small in scale, but an inspiring spiritual influence is already far overshadowing its physical size.

Ever since Astara's initial move to Upland last year, the staff realized that many visitors to the campus came to soak up the calming yet revitalizing atmosphere – a vibrational quality that was growing stronger each day.

The new Garden of Prayer adds still another timeless facet of beauty and spirituality to the campus surroundings. The golden figure of Christ which highlights it was molded by renowned sculptor Roger Burnham as a small model for a grand vision: to create a heroic, thirty-foot high figure of Christ to stand in the Hollywood Hills. He later became ill, realized he wouldn't be able to carry out the project, and donated the Christ figure to Astara.

Until now, there had been no place to display the figure properly. But imagination, creativity and hard work by a few special individuals have transformed what was once just a shady nook outside the Chautauqua Auditorium and Dr. Robert's office into a lovely miniature shrine. More landscaping will be added in time – like the entire campus, it will be a continuing work of improvement and renewal.



Victor Loli works on the foundation of the woodan shrine he created for the Christ statue.

As our Meditation Focus for September, we invite you to commune with Christ in the Pines, in person here on campus or in Presence from your own home.

May the absorbing shade of His tall pine trees cool any heat of anger, disappointment or anguish that now upsets your consciousness. And just as breezes whisper through pine-needled limbs, may the swiftly moving air of your existence create windsongs of love and joy as it moves through your Being.



The finished shrine: there's a place just for you under the pines.



Steve takes a moment to plan landscaping while Karinné and helpers shovel dirt.

New Astara Center Honor Roll of Donors

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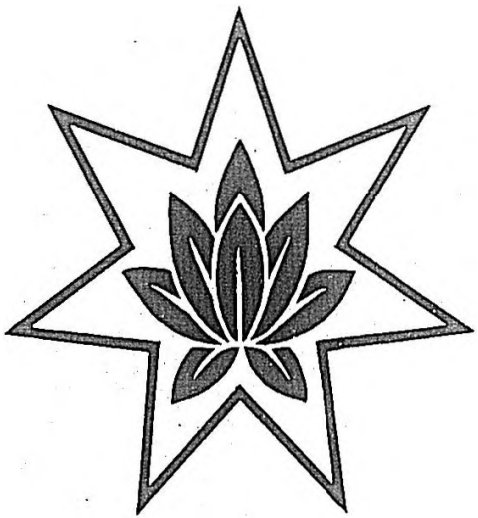
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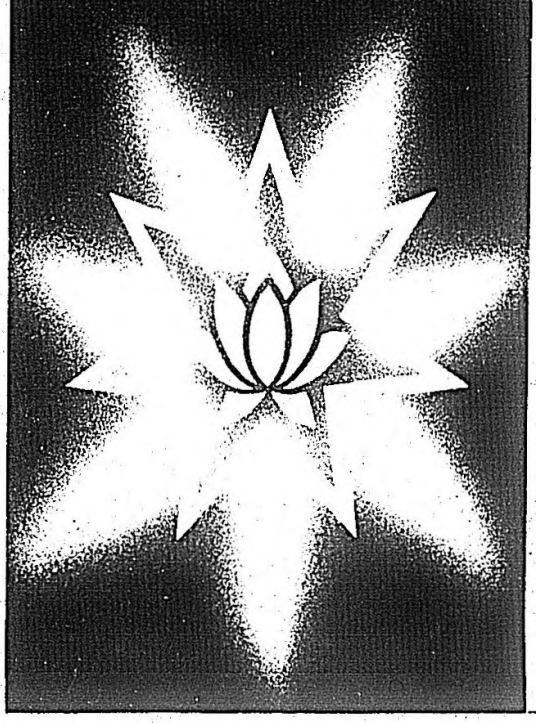
The Luau staff winds up a great evening with a snapshot for Astara's memory book of a wonderful summer.



Stamp

Astara
800 W. Arrow Highway
Upland, CA 91786

astarian healing petition



1. Fill in the Petition.
2. Concentrate a moment upon the Astarian Symbol.
3. Hold it between your hands with a prayer . . . then send it to us.
4. Each day sit in meditation for a few moments, visualizing yourself in an aura of White Light.

Please direct your prayers and spiritual healing energies to:

Name _____

Address _____

_____

for the following difficulty: _____

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NOTE: When requesting healing for someone else, write your own name and address on the back of this Petition. This is *IMPORTANT.*

Astara 800 West Arrow Highway • Upland, California 91786

Name _____

Street _____

City _____

State _____ Zip _____

THE ASTARIAN AFFIRMATION

I am surrounded by the Pure White Light of the Christ . . .
Nothing but good can come to me . . .
Nothing but good shall go from me . . .
I give thanks!



who really cares?

Do you ever wonder who cares whether or not you acquire spiritual knowledge and wisdom? Whether or not you attain your potential and make the world a better place to live in?

In a world teeming with self-centered people, most of whom are intent only upon satisfying their own greed, it is no wonder that sincere people, such as yourself, often ask, "Who really cares?"

You may be sure of one thing: *Astara Cares.*

And of another: *Astarians Care.*

And of still another: *You Care.*

Most people believe they should "look out" for themselves. A few believe they should *look in* toward Self-responsibility. A wide canyon of difference separates the two.

The many concentrate their interest exclusively on gorging themselves with the things and emotions of life. But the truly Self-responsible know that life consists of more than things. They realize they are here to learn as well as acquire. To grow in spirit as well as possessions. To enlarge their horizons as well as their bank accounts. And this is Self-responsibility in its most meaningful sense.

This is the kind of Self-responsibility about which you care, Astarians care, and Astara cares.

Every paragraph in Astara's Degree Lessons is directed toward helping you fulfill your responsibility to your Self. The Lessons offer ways to Self-enlightenment and growth that are appreciated only by those who understand the immediacy and importance of Self-responsibility. Astara cares.

Astarians around the world, in high position and low, realize they constitute a unique core of spiritual balance in a world which needs it desperately. They cherish every individual seeker who adds his own inner qualities to this great dimension. Astarians care.

And there is no doubt that you care, or you would not have sent for Astara's Lessons in the first place.

The equivalent of a vast library of higher wisdom, available to you in the most condensed and convenient form possible: this is exactly what you have available in Astara's Degree Lessons. On the reverse side is your order form to continue these truly significant studies . . . treasures for those who really care.

Degree Lessons Continuation Request

Postal delivery requires three to four weeks in the U.S. For your convenience and saving, you may wish to send advance tuition for more than one month's Lessons. Check your preference in the squares below.

Astara 800 WEST ARROW HIGHWAY • UPLAND, CA 91786

I have checked below the tuition payment I prefer. Please send the Degree Lessons to me accordingly.

- ☐ I enclose $4. Send next two Lessons.
- ☐ I enclose $7.80 for four Lessons. Send 2 each month. (saves 20¢)
- ☐ I enclose $11.40 for six Lessons. Send 2 each month. (saves 60¢)
- ☐ I enclose $14.80 for eight Lessons. Send 2 each month. (saves $1.20)
- ☐ I enclose $18 for ten Lessons. Send 2 each month. (saves $2.00)
- ☐ I enclose $25 for fourteen Lessons. Send 2 each month. (saves $3.00)
- ☐ I enclose $38 for twenty-two Lessons. Send 2 each month. (saves $6.00)

When requesting more than two Degree Lessons, they are mailed to you two at a time on the first of each month.

Lessons are usually sent via Third Class mail requiring up to four weeks for delivery in the continental United States unless you request First Class mail.

☐ Please send the Lessons I have requested via First Class mail. I enclose an extra $1.00 for each two Lessons ($1.00 for 2; $2.00 for 4; $3.00 for 6, etc.)

Name (please print)_____

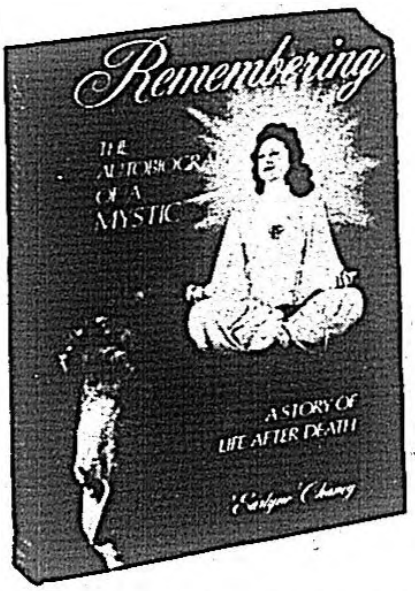
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City_____

State_____ Zip_____

☐ Check here if new address since your last order.

ASTARA'S
LIBRARY OF MYSTICAL CLASSICS



Remembering

THE AUTOBIOGRAPHY OF A MYSTIC
By Earlyne Chaney

REMEMBERING is . . . a story of life after death . . . and love beyond death . . . the story of a quest for a love from a past life whose eyes haunted her dreams . . . of contact with a Great Being from the Other Side whose influence brought illumination to one in search of Light.

This autobiography of a mystic is a true story of life from a humble beginning to a film career, then to eminence as one of today's outstanding authors of mystical teachings whose writings are sought by mystical seekers the world over.

Remembering by Earlyne Chaney is a life-changing experience. A journey through its pages is an upgoing path into the starmists of your own soul searchings, vague rememberings of other lives, other loves, other hopes, your own yet-to-be dreams.

member price, hard cover $9.45

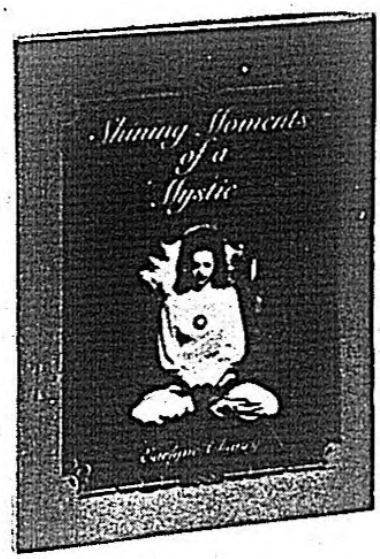
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Robert Chaney whose love, haunting her dreams of a long-ago life, guided her way into a new light.

"SHINING MOMENTS OF A MYSTIC"

by Earlyne Chaney



- **A sparkling treasure of inspirational verse for now and evermore.**
- **A shimmering journey through the corridors of inner space toward cosmic understanding.**
- **An exquisite blending of mystic vision with the skills of artist and craftsman.**

In this heart-touching volume Earlyne Chaney interweaves the delicate threads of her poetry with graceful strands of calligraphy and photography to create a resplendent tapestry of Light - - an inspiration, a consolation, a healing for all who absorb its wisdom and beauty.

member price $3.75

ASTARA'S LIBRARY OF MYSTICAL CLASSICS

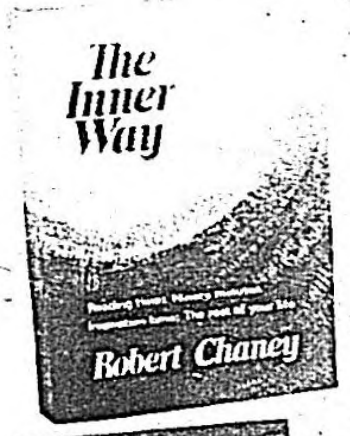


ADVENTURES IN ESP

by Robert Chaney

Adventures in ESP is a fascinating guide to unexplored areas of your inner being . . . areas that become revealed to the Aquarian Age person. Here is a book of New Age ideas, lessons and development exercises to help you use Extrasensory Perception, ESP, in your daily life . . . to help you solve problems, be more creative, harmonize your relationships with others, improve your business or profession, and experience a deeper and more enriching inner life.

member's price $4.30



THE INNER WAY

by Robert Chaney

If your life is crammed with many things to do, problems to meet, little time for leisurely contemplation — then you are the person Robert Chaney had in mind when he wrote **The Inner Way.** He has learned that when "outer" solutions aren't effective, the "inner way" produces results in meeting the problems. Send for your copy of **The Inner Way** now — it's a book you can really use every day of your life.

member's price $3.75



CREATIVE SELF-TRANSFORMATION THROUGH MEDITATION

by Swami Parampanthi

Swami Parampanthi helps you discover you've actually been meditating all your life — and by the application of a few simple self-disciplines you begin to utilize your own natural powers in a self-creative way, integrating your normal consciousness with its higher counterpart. **Creative Self-Transformation** offers you the path towards greater success, self-realization and fulfillment.

member's price $4.70



MAKE IT AN ADVENTURE

by Marcus Bach

Learn to shape your desires and your abilities, grow in mind and spirit, rid yourself of daily irritations, discover your potential talents, and gain new vistas of satisfying achievements. Start a new way of life today with **Make It an Adventure.**

member's price $6.20



LIGHT & LIFE COOKBOOK

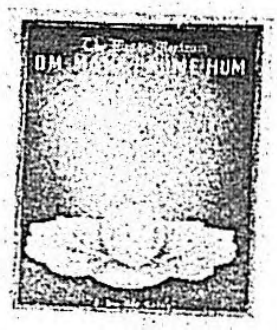
by Jan and Alan Pearson
created with Earlyne Chaney

The **Light and Life Cookbook** contains forty days of complete menus — breakfasts, lunches, dinners — all nutritionally balanced for providing the greatest possible amount of food value. Each day's menu leads you a step further toward the healthiest vegetarian regime, but allows you to stop at any point most appealing to you. Natural, healthy ingredients are featured throughout.

member's price $7.55

LESSONS IN THE HIDDEN WISDOM

by Robert G. Chaney



OM MANI PADME HUM

"As one speaks these words slowly, the sound of one's voice (the use of physical energy) – combined with the expression of the emotional, mental and spiritual energies of Light – sets into motion the greatest energies which Man of earth is capable of activating."

Dr. Robert goes on in this lesson to provide background information on the origins of a classic mantrum, and explains how it can be used to invoke psychic, creative, purifying and healing energies. Learn how six mystical syllables can change your life through transforming the vibratory energies of your environment and your inner Being.

Tuition $1.50 — Use order form below



THE JEWELED TREE OF LIFE

In this lesson, Dr. Robert proposes that the Tree of Knowledge of Good and Evil and even the traditional Christmas tree are not just aesthetic symbols. Instead, the tree is a life form in vibrational harmony with man and his etheric force centers.

Dr. Robert describes tree representations found in a wide variety of cultures and eras. Then he unlocks the mystical applications which make The Jeweled Tree of Life – in actuality, your own physical and etheric bodies, jeweled by the seven chakras – a tremendous key to unlocking your inner potency and hidden strength.

Tuition $1.50 — Use order form below

ORDER FORM

Astara 800 W. Arrow Highway, Upland, CA 91786

Please send the selections I have checked on this order form. I enclose a total of $ _____. (Tuition each: $1.50)

☐ ..... *OM MANI PADME HUM*

☐ ..... *THE JEWELED TREE OF LIFE*

☐ ***YES!*** I'd like First Class delivery. I enclose .50¢ for each item. (Lessons are usually sent via Third Class mail, requiring 3-4 weeks delivery in the U.S. Delivery time is reduced considerably under the First Class mail rate.)

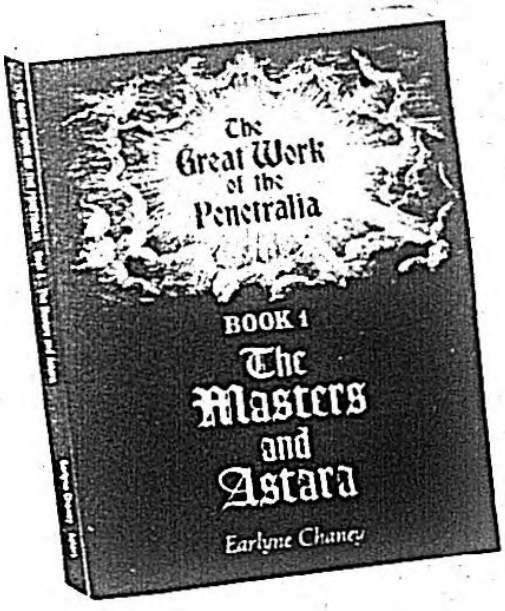
Name (please print) _____

Street & Number _____

City _____ State _____ Zip _____

compiled by Betty Dodd

ASTARA's Book List



MASTERS and ASTARA

by
EARLYNE CHANEY

member price $6.60

Since the publication of Earlyne Chaney's book, *"Remembering,"* in which she described Master Kut-Hu-Mi and the extraordinary influence he has manifested in her life, requests for more information about the Masters, Self-unfoldment, and Astara the Center of Light have continued to pour in.

Besieged by these requests, she has responded by writing, under the guiding presence of Kut-Hu-Mi, the first of a series of inner Teachings called *The Great Work of the Penetralia.* Book One is entitled *The Masters and Astara.*

On its pages you will touch briefly upon the lives of the three Chaneys. You will share many of the "miracles" that occurred during the early years of Astara's beginnings. You will witness the founding of Astara and how the Teachings of the *Book of Life* came to be written.

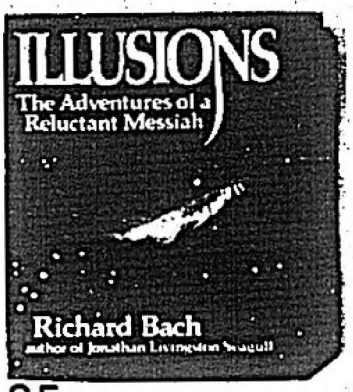
- ***What and who are the Masters Kut-Hu-Mi, Rama, and Zoser?***
- ***The Astarian Mystery School, ancient and modern.***
- ***Your place in the Mystery School today; qualifications of Discipleship on the Path.***


Kut-Hu-Mi


Rama


Zoser

BOOKS FROM OUR STORE



ILLUSIONS Richard Bach c. $5.65
The Adventures of a Reluctant Messiah. The companion story to Jonathan Livingston Seagull.

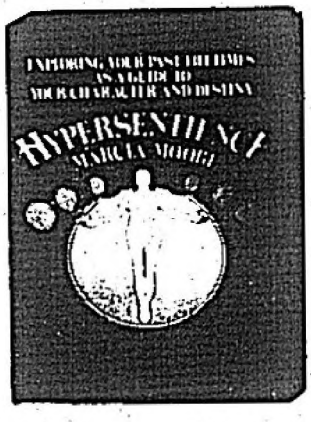
THE PATH OF SOUL LIBERATION p. $1.85
A clear commentary by Roy Eugene Davis on one of India's treasures, "Self-Knowledge" by renowned seer Shankara.

THIS IS REALITY p. $3.75
Based on the "Aphorisms of Patanjali", Roy Eugene Davis presents his well-formulated method of reaching true illumination.

THE MYSTIC KEYS OF HERMES p. $3.10
Through awareness we are taught to see, to hear, to touch - to experience through knowing. John D. Rankin

THE WHITE BROTHERHOOD p. $3.75
About the Masters and Adepts of planet earth. By Russ Michael, Author of Finding Your Soul-mate.

THE SCIENCE OF WHITE MAGIC p. $3.75
Learn to correctly understand and rightly work with the laws that govern nature, and nothing is impossible to you. Russ Michael



HYPERSENTIENCE c. $7.50
The purpose of this book is to show that you can recall your former lifetimes and can help others to do so.

VIALS OF THE SEVEN LAST PLAGUES p. $2.80
These fourteen messages are the coming to pass of the signs recorded by St. John in the 14th & 15th Chapters of the Book of Revelations. - The Seven Archangels.

800 West Arrow Highway, Upland, California 91786

ORDER FORM

Each price on this order form reflects the 5% discount allowed on each title.
All sales are final. No refunds or exchanges.
Please allow at least three weeks for delivery in the United States.

CHECK BELOW WHEN ORDERING

___The Masters and Astara.....$6.60
___Remembering: Autobiography/Mystic....$9.45
___Remembering: (soft cover).....$7.55
___Shining Moments of a Mystic.....$3.75
___Adventures in ESP.....$4.30
___The Inner Way.....$3.75
___Creative Self-Transformation.....$4.70
___Make It An Adventure.....$6.20
___Light & Life Cookbook.....$7.55
___Illusions.....$5.65
___The Path of Soul Liberation.....$1.85
___This Is Reality.....$3.75
___The Mystic Keys of Hermes.....$3.10
___The White Brotherhood.....$3.75
___The Science of White Magic.....$3.75
___Hypersentience.....$7.50
___Vials of the Seven Last Plagues.....$2.80

_____Number of books ordered ..... Amount $_____
California residents add 6% tax ..... $_____
Please add 25¢ per book for postage and handling ..... $_____
Total amount of this order ..... $_____

☐ Bank Americard ☐ Mastercharge
Card number:
Expiration Date:

SEND TO

NAME _____

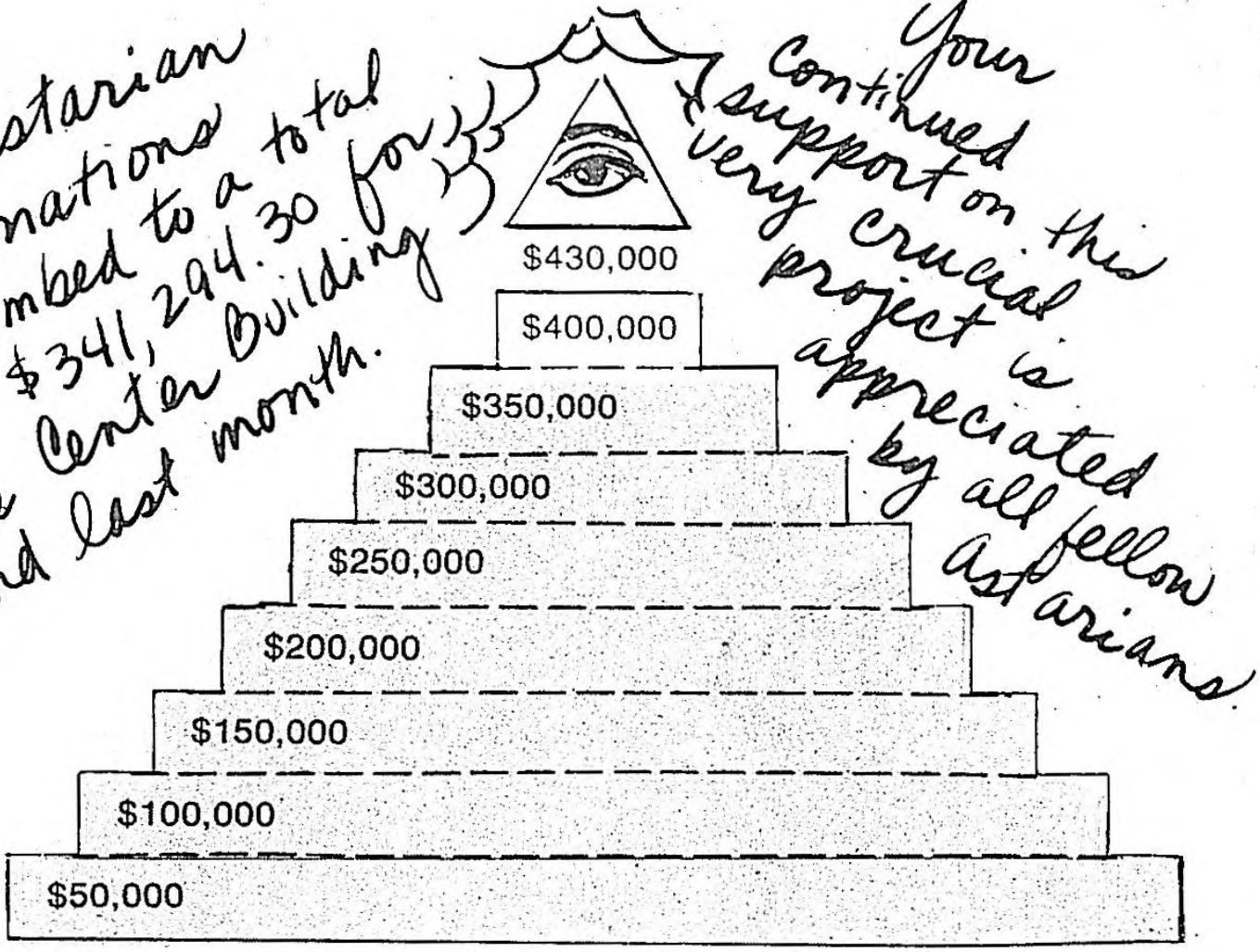
STREET & NUMBER _____

CITY _____

STATE _____ ZIP _____

Astarian donations climbed to a total of $341,294.30 for the Center Building Fund last month.

Your continued support on this very crucial project is appreciated by all fellow Astarians.



A SPECIAL NOTE FROM DR. ROBERT:

"It's been over a year since we took on the responsibility of the Upland campus, and it's been a time of miracles for all of us involved.

Even though we have a long way to go, we've come so far that it's really rather astonishing. And all because of your help!

Earlyne and I have been truly touched by the response to our hopes for this new Place of Light.

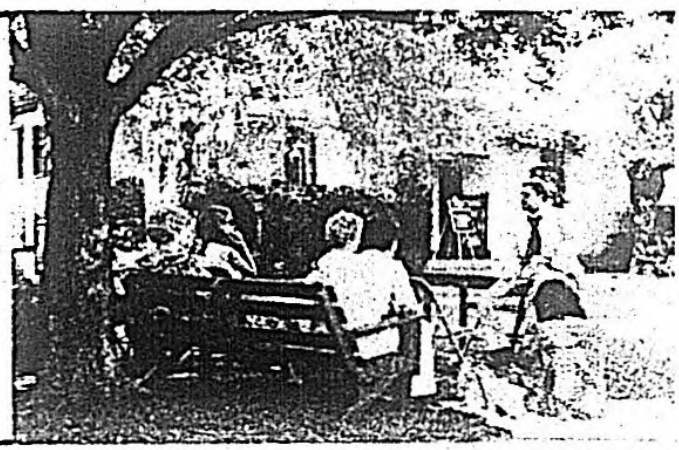
During the month of September, it would be a tremendous prelude to Astara's 26th Anniversary in October if the capstone of the Pyramid fund could be reached, and we could christen the beginning of a new era for this New Age Center. Let's see how much we can accomplish together in these next weeks to reach our long-held goal."

Robert

A SUMMER PICTURE-DIARY:
Classrooms Without Walls

Sunny weather at Astara's Upland campus has brought many classes and activities outdoors.

Scott Rogo discusses astral projection with guests at "Energies of the Unknown" seminar.





Dr. Robert takes one of his retreat groups to nearby Ice House Canyon for a relaxed session outdoors.



Seminar guests take a conversation break outside Chapel.

Dear Astarian—

As an individual seeker, you are following a light to the "final freedom", a beacon held by Masters who have already reached their liberation into Light.

As part of the brotherhood of Astara, you are pooling your spiritual gains with those of others — bringing humanity itself nearer that sunlit Plateau.

Astara is a lamp at the gatehouse — let it shine.



NOTE: This is your Messenger Envelope. Use it to send your Healing or Cosmic Help petition, Lesson Continuation Form, letter, donation, recording or book order, or any other message to Astara.

Dear Earlyne, Robert
and all at Astara—

I want to add my flow of energy to the lamp of Astara.

I realize that financial power as well as spiritual power is needed to keep it shining, and I enclose a gift of $ _____ which I have held in blessing.

Please use this donation for:

☐ General operating expenses.

☐ The New Center

I have seen the Light — my gift may help guide someone else Back Home.

NAME _____

STREET & NUMBER _____

CITY _____

STATE _____ ZIP _____

To send your donation to Astara, detach this panel and enclose it in the Messenger Envelope. (U.S. residents may deduct contributions from U.S. income tax.)

NOTE: For the exact recording of your gift at Astara, and the most rapid possible processing of your Lesson, book, recording or other request, enter your name and address exactly at it appears on the mailing label which brought this to you.



A VISIT WITH ROBERT

September, 1977

Dear Fellow Astarian,

For the last time, our daughter Sita is returning to another school year this month. Including pre-elementary school years, this is the 18th and final season for such an occasion. It's her last year of college.

It's the final preparation for "the big change." And it makes me think about the passing years of all our lives. We're bound to look upon some of them with longing and wish we could keep their tender, triumphant moments alive and aglow forever. There are other years we'd rather forget -- have them drift away and disintegrate as if cast out in space.

What we seldom realize is that this is almost precisely what happens, depending upon the way we organize our own consciousness. Those superior moments that seem "out of this world" for one reason or another have a vibratory nature that imprints them indelibly on the eternal electronic substance. They may seem to slip away from us, but they are ever about us in the cosmic ethers. They are available to us for "reliving" and reinforcing as often as we wish.

On the other hand, the years that represent pain and sorrow and tragedy often remain too visible in memory's sight. We keep looking at them and thus reinforce them vibrationally. If

(OVER)

we left them alone they would in time die of starvation and disintegrate -- starvation being the denial of attention and emphasis in our consciousness.

Admittedly it isn't always easy to dismiss a time of tragedy -- the loss of a loved one for instance -- and let its memory disappear. I'm not suggesting it, either. What I do suggest is that you forget the loss and concentrate on the love. Let the unfortunate incident disappear, be vibrationally disintegrated by moments that sparkle with life and laughter.

Again, it isn't easily done, but it's worth the effort and more. It enables you to maintain your balance and stability, to learn your lessons, to achieve and evolve. As I tell the groups who meet at Astara for retreat sessions: the amount of time I have isn't as important as what I do with it.

So remember the lilt of love, the glow of giving, the prize of perseverance, the time of triumph. On a higher than normal level of life you share them with Astarians everywhere.

Best wishes --

Sincerely,

Robert

RGC/jc

CRAFTWORK BEGINS AGAIN

A new series of craft workshops will begin this month to prepare for the Christmas Boutique scheduled for Dec. 3 and 4. Learn a new creative skill or bring one you already have and make imaginative gift items for Astara's fund-raising, fun-raising bazaar. New members welcome. Lunch, lively conversation, and the lasting satisfaction of making something you didn't know you could. (Call Saima ahead of time to let her know how many of her famous sweet rolls she should make.)



What: Christmas Craft Workshop

When: Thursday, Sept. 15, 1:00 p.m.

Where: Call Saima Sundberg, 985-5237 for details (mornings or evenings)

(Editor's Note: If you think artsy-craftsy work isn't your forte, drop by one of Saima's workshops – her million-and-one ideas include many fun but easy craft projects that she's great at teaching to beginners.)

SPEND THANKSGIVING WITH DR. EARLYNE

November 24, 25, 26
Holiday Inn West



Ft. Lauderdale, Florida
State Route 441
Exit No. 20 off Fla. Parkway

Thurs., Nov. 24, 7:30 p.m.
"HEALTH AND HEALING WORKSHOP"
Free-will offering

Dr. Earlyne will conduct an informal Workshop on yoga, deep breathing techniques, vegetarianism, natural healing methods and remedies. Question and answer session, closing with a powerful healing service.

SPECIAL MEETINGS FOR ASTARIANS ONLY
Fri., Nov. 25, 7:30 p.m. and Sat., Nov. 26, 7:30 p.m.
"INITIATION IN THE GREAT PYRAMID"
Free-will offering

The long-awaited slide presentation on Dr. Earlyne's recent out-of-the-body experience in the Great Pyramid, followed by an inspiring, life-changing Initiation-Healing Fire Ceremony. Each Astarian will receive a crystal specially magnetized with the blessings of Astara's ascended Masters in this singular healing service.

(Although you may attend both meetings if you wish, they will be essentially identical in format.) Non-members may enroll at door — tuition $5.

Note: Dr. Earlyne's evening meetings usually last quite late into the night because of enthusiastic audience participation and the time necessary for individual healing attention. Babysitting and transportation arrangements should take this into account.

Sat., Nov. 26, 10:00 a.m. to 4:00 p.m. seminar
"INITIATION AT THE MOMENT OF DEATH"
Tuition $10 (Open to the public)

Dr. Earlyne's revealing slide presentation on the true nature of death liberation. A unique opportunity to prepare your self for this inevitable and incomparable transition point. Powerful healing service concludes.

Please, no tape recording at any meeting.

For advance Sat. seminar tickets, send your $10.00 tuition *plus a self-addressed, stamped envelope to:*

ALICE BOWMAN
P.O. BOX 4932
MARGATE, FLORIDA 33063

SPECIAL ANNOUNCEMENT:

Astara is holding a limited number of rooms for out-of-town guests to these meetings — please call the Holiday Inn as early as possible to assure your room there. Remember to specify you are making reservations for the Astara Meetings' block of rooms.

Holiday Inn West
5100 Route 441
Ft. Lauderdale, FL 33319
(305) 739-4000 for reservations desk



An Astarian In Need Never Walks Alone

He healeth the broken in heart, and bindeth up their wounds. (Ps. 147:3)

Dear Earlyne,

In December I sent Astara a healing petition for J.L. He is eight years old and a very special little person. He was born with multiple birth defects. He has very serious congenital kidney and bladder problems, heart murmur, and crippled legs. He can now walk but cannot run and play as other children do. He is very spiritual and has a beautiful love of God. In December he had to be taken off all medication that controls constant spasms of the bladder because of bad side affects from it. His mother has been worried about how he would do. I told her about Astara and she has applied for membership. We had been working with J. and visualizing him as perfect and healthy. On the night of Dec. 19th, he was told to ask the White Light of the Christ to come to him and heal him and make him healthy.

Before he went to sleep he did this with total belief and love. J. has had to wear a diaper or protective clothing day and night his entire life. He had no bladder control at all.

He woke up around 3:00 a.m. and got up, got a drink, and went back to bed. Before he could go back to sleep, he began calling out for his mother. He kept saying someone was in his room. As she rushed into the room, she felt the presence of someone there. She turned on the light and asked him what happened. He said as he lay there he looked up and saw a "beautiful glowing white princess."

He said she was dressed in a long flowing white gown and had dark hair and eyes. He said she was so bright and her feet weren't touching the floor. His mother asked him how he knew she was a princess and he said because she had a crown on her heard. He described a crown with the letter E mounted on the front. The only thing his mother could think of was Earlyne. The next day Jody asked if he could try the day without a diaper. He said he thought he could "feel" if he needed to urinate. It has now been five weeks and Jody has never worn another diaper. He goes to the bathroom when he needs to on his own. His parents feel Jody was healed that night.

After Jody's mother went to bed that night, she prayed so hard and gave thanks to God for healing her child. She said for about twenty minutes, every time she closed her eyes, she could only see a bright gold eye. It was brilliant in color and she seemed to have no control over it being there.

Jody's mother had only become interested in the metaphysical about two weeks before. She is definitely not the type of person to imagine things. We had never talked about Astara while Jody was home. Only the power of the White Light of Christ. He had never heard of Earlyne or seen a picture.

I cannot tell you enough how joyful and happy we all are for his healing. It has touched the hearts of all who know him.. It has reaffirmed to me the wonderful works of Astara.

We all thank you very, very much. May God bless you always.

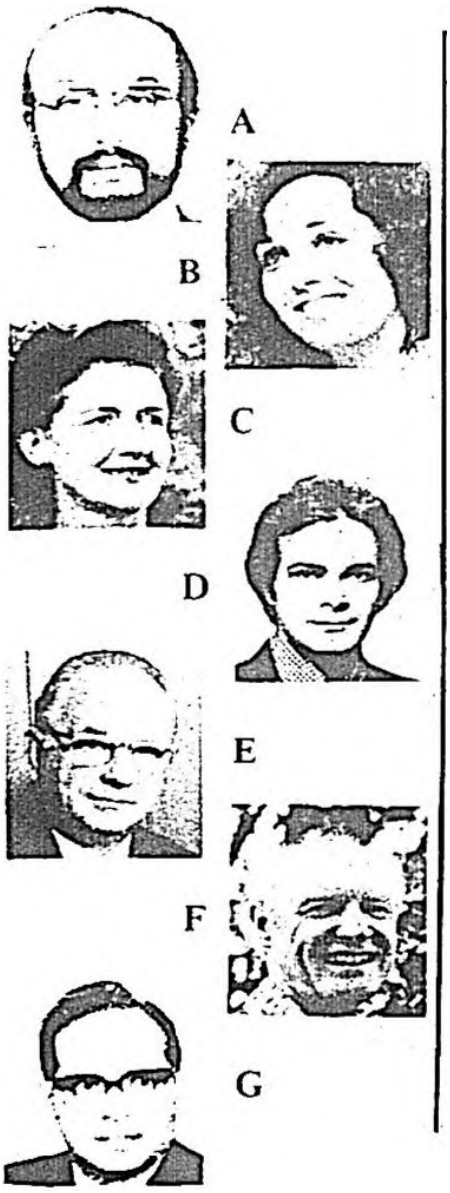
Gratefully,
P.K.
Roswell, N.M.

ASTARA • 800 WEST ARROW HWY • UPLAND, CA 91786 • (714) 981-4941

SEPTEMBER activities

☐ Because campus lodging is limited, a $7 deposit must be received at headquarters to confirm room reservations. Without this deposit on file, rooms are assigned on a first-come, first-served basis.

September 1, 2, 3 "HEALING THROUGH SELF-MASTERY" a three-day seminar



Reach your physical and mental health plateau by making full use of inner and Higher healing resources. Learn natural, spiritually-based techniques for rejuvenation. Feel the benefits of increased energy levels. Share insights on maintaining and initiating the healing process. Discover why you are the primary force in a wholistic program for a return to your physical peak of potential.

A. Se Han Kim, C. A.
Sept. 1, 7:30 p.m. - "ORIENTAL HEALING"
B. Karinne Pevarnik
Sept. 2, 10:00 a.m., "ESOTERIC INSIGHTS TO SELF-MASTERY"
C. Verna Pehl
Sept. 2, 1:30 p.m. - "USE YOUR CONSCIOUSNESS CREATIVELY"
D. Alberto Aguas
Sept. 2, 3:30 p.m. - "MASTERING YOUR HEALING POTENTIAL" Sept. 3, 7:30pm - "PSYCHIC HEALING"
E. Menifee McDonald, M.D.
Sept. 2, 7:30pm - "MIND & HEALTH"
Sept. 3, 3:30pm - "SPIRITUALITY & HEALTH"
F. Robert Chaney
Sept. 3, 10:00am - "THE AQUARIAN GOSPEL OF HEALING"
G. Melvin Kornblatt, M.D.
Sept. 3, 1:30pm - "HOW THE PATIENT HELPS HEAL HIMSELF"

TUITION:
$3 per session - $22 for entire seminar. (A seminar discount of $15 is available to college & high-school students, second persons in the same family & senior citizens, age 65 & over.)

September 11 "ESOTERIC COLOR PSYCHOLOGY" workshop with Karinne Pevarnik, 2:00 p.m., $2 tuition

September 12 - 16 5-day Lodestar Retreat with Robert Chaney $35 tuition (Reservations requested, campus lodging available.)

September 12	YOGA with Christina Monterastelli. 10:00 a.m., $3 tuition - New beginners' series.
September 14	YOGA classes with Christina Monterastelli and Karinné Pevarnik. 7:30 p.m., $3 tuition - Two new evening series.
September 16, 17	Weekender Retreat with Robert Chaney. Tuition $15 (Reservations requested, campus lodging available.)
September 19	YOGA with Christina Monterastelli. 10:00 a.m., $3 tuition - (2nd of 8)
September 21	YOGA classes with Christina Monterastelli and Karinné Pevarnik. 7:30 p.m., $3 tuition - (also 2nd of 8)
September 25	"EXPAND YOUR CONSCIOUSNESS" workshop with Verna Pehl, 2:00 p.m., $2 tuition
September 26	YOGA with Christina Monterastelli. 10:00 a.m., $3 tuition - (3rd of 8)
September 28	YOGA classes with Christina Monterastelli and Karinné Pevarnik. 7:30 p.m., $3 tuition - (also 3rd of 8)

OCTOBER IS ANNIVERSARY MONTH FOR ASTARA

Special activities will include:

- a Sunday workshop series on "CHRISTIAN MYSTICISM" with Robert Chaney, Oct. 2, 9, 16, 23 & 30 at 2 p.m.
- 5-day retreat with Dr. Robert, Oct. 3-8.
- Weekender Retreat with Dr. Robert, Oct. 14, 15.
- Anniversary Dinner at the Round Table Dining Room, Oct. 15, 5:30 - 7:30 p.m.
- Anniversary Sunday service with special guest speaker Elaine St. Johns.

IN COMING MONTHS, ALL-DAY SEMINARS WILL INCLUDE:

- Nov. 12 with Kay Ortman on healing through relaxation and movement to music.
- Nov. 26 with Zahi Hawwass on Egyptian archeology and antiquities.
- Jan. 7 with Khigh Deigh on Taoist Teachings.
- Jan. 21 with Karinne Pevarnik on Color Psychology.

NOTE: A detailed calendar of Upland campus activities for October through January will be mailed in a few weeks to all Western-state members (California, Arizona, Nevada, Oregon and Washington). If you do not live in these states, but are planning a trip to the Upland area later this year and would like to receive the fall Autumn Leaves calendar for your planning use, contact headquarters for a copy.



with
Robert Chaney

ASTARA SUNDAY SERVICES

Sept. 4:
"A Search for Supersensory Realities"
Sept. 11:
"The Power to Heal Souls"
Sept. 18:
"The Three Worlds You Live In"
Sept. 25:
"Life's Dynamic Principle"

Sunday Services at 11:00 a.m.
Telephone (714) 981-4941
Carolyn Nuckles, organist

Astara
800 W. Arrow Highway
Upland, CA 91786

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