CHURCH OF ALL RELIGIONS
SCHOOL OF THE ANCIENT MYSTERIES
FRATERNITY OF ALL PHILO..PHIES
INSTITUTE OF PSYCHIC RESEARCH

Voice of Astara

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Editor: Swami Parampanthi

Monday F

SEEK THE BLUE BIRD

By Patrick Mahony

Next Easter Maurice Maeterlinck's *Blue Bird* play will be premiered in the new film version starring Elizabeth Taylor, Jane Fonda, and Cicely Tyson, recently completed in Leningrad with George Cukor directing. This play is seemingly a crisp treatment of the fairy story but the meaning is far deeper than the words and Maeterlinck has woven into it the whole philosophy of life. It is truly a study of dream psychology and actually this thrilling story of two children dreaming the same dream owes a debt to dream sources. Maeterlinck told me that while he was writing it he would order himself to be awakened during the night to record his dream! Of course it takes a certain mind to dream such dreams which helped Maeterlinck, but we can all find that our subconscious meanderings can offer help or consolation to the seeker.

The great Belgian playwright chose the bluebird as the symbol of elusive happiness for his beautiful play, which is a perfect prism onto which will ever shine the light of truth, because its life sums up the message of his play: that happiness lies in our own backyard! Just as Tyltil and Myltil end their dreaming adventures by realizing that the Bluebird of Happiness can be found but never caught, the creature itself is a summer bird of passage, appearing early in the Spring. It migrates but always returns to revisit again the box in the garden or the hole in the apple tree which was perhaps the cradle of generations of ancestors. Moreover, the bluebird is devoted to its mate and lays blue eggs, and is known to be

Continued on Page 11

1976 SEMINARS SCHEDULE

Plan to attend one or more of the following exciting all-day Lodestar Seminars:

Feb. 14: Geoffrey Barborka, Theosophical scholar, authority on Oriental philosophy and Sanskrit, author of *The Divine Plan* and other philosophical works.

Mar. 27: Swami Satchidananda, founder of world wide Integral Yoga Centers, author of *Integral Yoga Hatha*, founder of Yogaville. (This seminar held at Scottish Rite Temple, 4357 Wilshire Blvd.)

Apr. 24: Donald Curtis, minister, Unity Church of Dallas, Texas, author of *Your Thoughts Can Change Your Life* and other metaphysical classics.

Attendance is by reservation only. Tuition for the full day is $12.50 per person ($7.50 for a second person in the same immediate family). The seminars begin at 10:00 a.m. and close at 4:00 p.m.

ELECTRONIC RECORD KEEPING

By the time you receive this *Voice*, the records of progress in the Degree studies for most Astarians will have been transferred to the new electronic system . . . for speedier, more accurate processing of your Lesson requests.

Through the 25 years of Astara's existence we've evolved the best possible manual system of record keeping, but it cannot keep pace either in efficiency or cost with today's needs. We'll give you more details of the new system in next month's *Voice*.

GEOFFREY BARBORKA — FEBRUARY SEMINAR

Geoffrey A. Barborka, teacher, writer, authority on Oriental philosophy, Theosophy, and Sanskrit, presents Astara's Lodestar Seminar Saturday, Feb. 14, from 10:00 a.m. to 4:00 p.m.



He will be discussing the significance, schemes and laws of evolution; cycles of breath, heartbeat and others; mysteries of the seven sacred planets; the journey of the Divine Monad through evolutionary kingdoms; individualization of the soul; the Golden Age; soul mates; liberation and other subjects. Mr. Barborka is one of the outstanding authorities on these esoteric mysteries.

Mr. Barborka is currently a lecturer for the *Krotona Institute School of Theosophy* in Ojai, Calif. He has taught in nearly a dozen countries. Among the many books he has written are: *The Divine Plan; The Pearl of the Orient* (the message of the *Bhagavad Gita* for the Western world); *H.P. Blavatsky, Tibet and Tulku; The Peopling of the Earth.*

Attendance is by reservation only. Tuition for the full day is $12.50 per person ($7.50 for a second person in the same immediate family).

KESHAVADAS IN SPECIAL CLASS



Teachings of Indian Mystics is the subject of a special class to be presented Thursday evening, 7:30, Feb. 12, by Sadguru Keshavadas, founder of the *Temple of Cosmic Wisdom* in Washington, D.C.

Keshavadas, known as "a master of music and storytelling," is on his ninth world tour. He has composed over 2,500 holy songs and written more than forty books about the philosophy and music of India. He is a graduate of Gandhi Memorial College and earned a Degree in Law at Udipi Law College. Students of his teachings in India number in the tens of thousands.

Attendance at the Keshavadas class is by donation.

NOTE FROM DR. EARLYNE

I am in need of volunteer typists, either on your typewriter at home, or at Astara's headquarters preferably. I am writing my next book and would so appreciate your help. Please call: 387-7187 and ask for Pearl.

NEW LESSONS READY

Lesson 22 of the Fifth Degree and a special monograph are now available to Astarians who have progressed to that point in their studies.

In Lesson 22, Earlyne shares with Astarians many personal secrets. She begins with the autobiographical story of parenthood: the long preparation through fasting, solitude and meditation, vegetarianism, natural childbirth, mystical experiences during gestation and the birth of their daughter Sita.

The Lesson then explores how the birth of a genius is possible through physical, mental and spiritual preparation, how the building of his brain takes place. It also discusses creative processes in man involving the glandular system, the love hormone, sperm cells and other chemicals. Finally, it explains the mysterious process of regeneration and man in the future. Lesson 22 completes the Fifth Degree Lessons.

The special monograph, **You, Astara and the Ladder of Your Life,** explores salvation of the Planetary Lifewave, the dynamic relationship between the masculine Father and the Great Mother. The monograph also discusses World Karma, the mystery of thought as substance, the process which allows one to draw spiritual power from true worship. It explains how we contribute to the reservoir of thought power, how to discover one's spiritual antenna, tap the power of light and the power of a sacred name. Finally, it discusses the world Antahkarana, faith and free-will, and the seven rays.

If you are eligible to order the above teachings, use the Degree Lesson order form in this month's *Voice*.



An Astarian in Need Never Walks Alone

He healeth the broken in heart, and bindeth up their wounds. (Ps. 147:3)

Dear Astarians:

Several weeks ago my sister was rushed to the hospital because of hemorrhaging. After tests and X-Rays, they found a lump in her breast and a tumor in her uterus which showed to be malignant and surgery was advised.

I called Astara and asked for your prayers. Two days later when surgery was performed, both tumors were found to be non-malignant. A week later she was home and is doing fine.

God answered our prayers. I thank Astara for joining me in prayers, for I am sure her health today is the miracle God promised all His children.

Thank you again and God bless all of you and all Astarians.

Love,
A.T.
Willowick, OH

I wish to express my deep gratitude for healings which I have received very recently.

My last petition was dated Oct. 15, and at that time I urgently needed: 1. Healing for stomach and intestinal problems; colitis, constipation and pain in the solar plexus region. I received my healing within

a few days of sending the petition!

2. I also asked for sustained strength, energy and vitality: the lack of which I attributed to another illness -- hypoglycemia (low blood sugar) -- and which the doctors say is incurable (meaning you must eat only certain foods for the rest of your life in order to keep it under control).

Shortly after sending the last petition, I experienced a very noticeable exuberance and more strength and energy than I have had in years. There was a spring in my step and so much vitality that my friends and acquaintances noticed it and remarked about it -- and I feel that I am completely healed of hypoglycemia, for I eat some of the things that were forbidden me when I had the disease -- such as honey (in moderation), dates, figs, and bananas -- and have no bad effects.

The growth on the back of my right hand is completely gone and the growth in the palm is nearly gone. The one in the palm of my hand has been getting larger for nearly three years. It started long before I came to Astara, and a doctor told me I would probably have to have surgery and might even have one develop on the left hand -- and a lot of other negative nonsense that I refused to accept. But I could not seem to effect a healing by myself. It was not until after I became an Astarian and sent in a healing petition on this problem, that the growth started to "dissolve". Oh, how does one express in words, the gratitude that wells up in the heart?

Written in Love and Gratitude,

E.J.
San Jose, CA

STEPS TO PERSONAL GROWTH

By Swami Parampanthi

The New Year has begun. It is a special year in the United States. It marks the entrance of our land to its third century and involves us in great personal growth and the evolution of our life toward new dimensions of fulfillment. I believe the following steps which reflect the teachings of ancient and modern wisdom will effectively facilitate our personal growth:

1. Accept the uniqueness of your own life. Your life is unique, non-duplicatable and the result of your own personal evolution through the centuries of progress through ups and downs of life. Once you accept your life as a unique gift of God to you, you cease to imitate others and concentrate on your own talents, abilities and visions.

2. Affirm the spiritual values of your life and cultivate them diligently. All religions and world masters tell us that we have divine qualities, that we possess profound spiritual potentialities. Try to bring to the surface of your consciousness your hidden love, compassion, courage, creativity. Whenever possible cultivate ethical, moral and life-supporting values.

3. Visualize goals and initiate action to attain the visualized goals. After deep meditation and after taking into serious consideration all the aspects of your life, visualize certain goals in your life. Then take steps, practical and realistic, to actualize the visions into concrete reality.

4. Do not be crushed by temporary setbacks. Every life has its inevitable share of pain, failures and setbacks. Be prepared for them in advance. Turn these situations to your advantage by finding new insights into yourself and life in general through these setbacks. Learn the reason and cause of your temporary failures; correct them, improve upon the old ways and forge ahead.

5. Use inspirational literature like Astarian lessons to receive daily guidance for personal growth. We need inspirational guidance in life. It is good to read in the morning certain passages according to our need. The value of this practice is that it gives us spiritual life, direction and enthusiasm to work for personal growth.

6. Spend a few quiet moments in meditation and prayer. Modern life is hectic, busy and full of tension and stress. It is wise, therefore, to set aside a period for daily meditation and contemplation. This quiet time gives us respite from stress and the opportunity to go inward for inner visions and direction, for peace and tranquility which restore us.

7. Align yourself with positive, creative and universal laws of life. Follow the laws of God: love, truth-seeking, creativity, moral and spiritual values. It is like swimming with the cosmic current of life; the growth is effective and faster when one flows with the forces of the cosmos and universal principles of life.

8. Touch life at many points. Life is multi-dimensional, multi-faceted and multi-form. Do not make a prison for yourself by being dogmatic, closed and obstinate. Be open to new revelations, new visions. Truths are your goals; let the truths come to you from all directions. Be open without being over-credulous. Study, explore, and understand the world of human heritage.

9. Be of service in some way to mankind, the universe and God. I

believe that service, especially selfless service, goes a long way in quickening our personal growth. Service expands our mind and purifies our heart and establishes our unity with all Life.

10. Trust in God in a positive and dynamic way. Rely on Him and let His power come to you, to your open heart and soul. Let Him lighten your burden and light your way to personal growth.

TELL US WHAT IT'S FOR —

Every week we receive numerous envelopes containing checks or money orders unaccompanied by any instructions. We do not know whether the amount sent is to be credited to Lesson tuitions, recordings or other materials, or is intended as a donation. When sending money to Astara, be sure to tell us just how you want it used.

SECOND PRINTING FOR ESP

It has become necessary to order a second printing of Robert's book, *Adventures in ESP*. Many have reported that this book's basic instruction for personal development of intuition, and other extra-sensory faculties, are the clearest and easiest to follow of any text on the subject.

Of the six books which Astara has recently published in the *Library of Mystical Classics* series, three have already required second printings — Earlyne's autobiography, *Remembering*, Parampanthi's *Creative Self-Transformation Through Meditation*, and now *Adventures in ESP*. It is quite probable that others in the series will require second printings during 1976, a testimony to the value of each book in the group.

BELOVED ASTARA

When I was lost in deep despair
And life seemed all in vain
A ray of hope was shown to me —
Astara's letter came.

It came at just the moment when
I needed help the most
As though my plea had favor found
Among the Heavenly Host.

"Have all the Guardians gone away?"
Is what the letter asked —
I felt as though they surely had —
They faced so great a task!

But God does not abandon us
His Host is always near
If we would seek the higher way
All things will be made clear.

God led me from the valley dark
In which I used to roam
And I have learned to seek the Path
Which leads one safely Home.

I'd searched in vain for many years
Then I Astara found
In fear I now no longer walk
Nor am I doctrine bound.

We all must seek in our own way
But let this fact be known —
The pilgrim who Astara guides
Shall never walk alone.

I wish that all mankind could learn
The way of God to see
And know of all the lovely things
Astara taught to me.

I bid my fellowman — "Come — share
Though you be near or far —
This haven of hope — this Place of Light,
The Lotus and the Star."

Joyce Davis
November 25, 1975

FEBRUARY STUDY CIRCLE

THE RELAXATION RESPONSE

Swami Parampanthi presents the Study Circle to explore the wisdom of all ages — mystical, psychic and spiritual in informal sessions, Friday evenings at 7:45 in the Museum Room. Each evening session begins with simple Yoga exercises and ends with a healing meditation conducted by Swami Parampanthi.

In four Friday evening sessions in February, Swami Parampanthi will explore in detail the new scientific discovery of innate psychological and physiological response to stress and tension to overcome anxiety and hypertension, improve physical and emotional health and attain peace and tranquility. The response is known as the RELAXATION RESPONSE. It has been found that one can easily learn the effective use of this technique through a series of exercises.

Swami Parampanthi will explain the nature and danger of stress and hypertension, the mechanism of fight-or-light response and its relation to the involuntary nervous system and the simple and highly effective ways of practicing the relaxation response daily. He will explain the connection between meditation practices and the new discovery.

Feb 6: Stress and Tension: Their psychological and physical signs.

Feb 13: Hypertension: Its nature and manifestation.

Feb 20: The Fight-or-flight Response and involuntary nervous system

Feb 27: The Relaxation Response: How to learn it and use it daily for good health, mental balance and happiness.

These sessions are open to all persons who are interested in self-development and spiritual wisdom. Free-will offering!

POSTAGE INCREASE

By now most United States Astarians are well aware of the postage rate increase instituted by the U.S. Postal Service. The higher rates place an added burden on Astara, for now it costs much more to mail Lessons, the *Voice*, correspondence, books and other material.

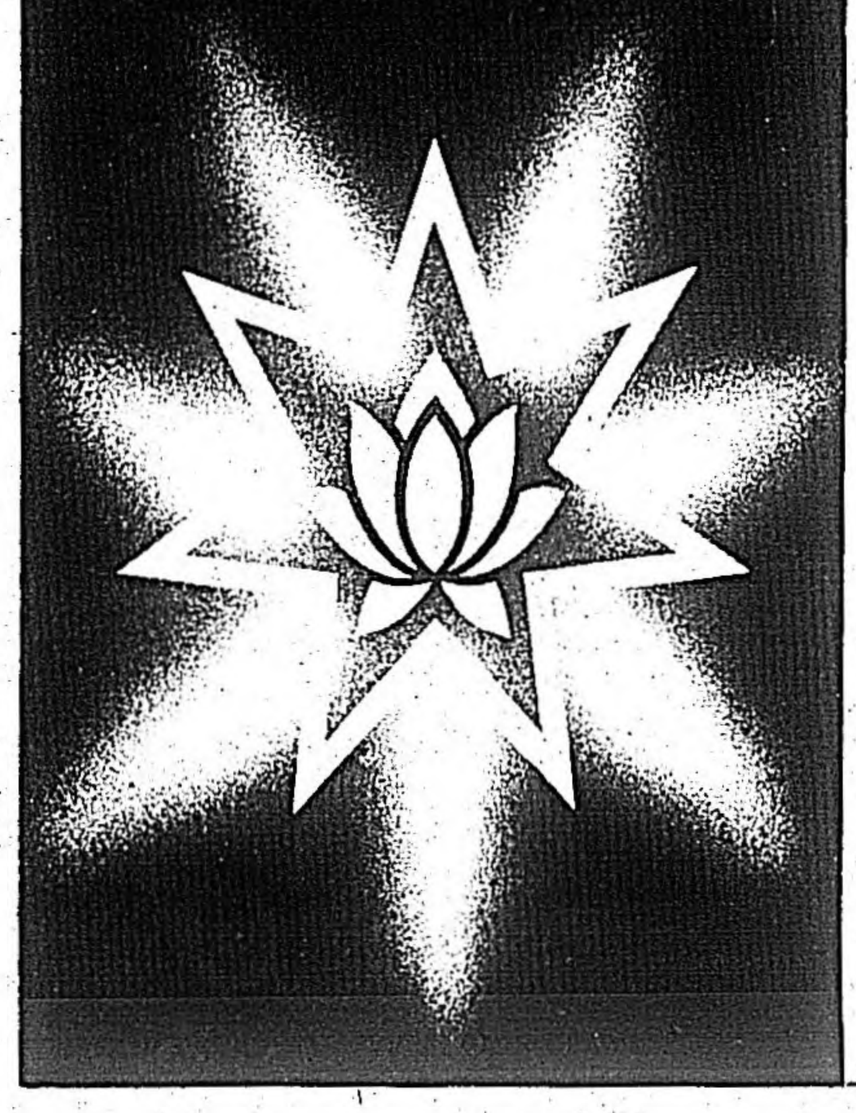
We do not want to increase tuition fees and other costs but we *must* increase the postage requirement for First Class service on Lessons mailed to members in the United States, Canada and Mexico. First Class service is not available elsewhere.

Hereafter the postage and handling fee for First Class service is 50¢ per Lesson, two Lessons at $1.00, four Lessons at $2.00, and so on. Please use this schedule in place of the one printed on Continuation Request forms and envelopes. They were printed in large quantities before the rate increase and we must use them for a while. Thank you.

ECKMAN CLASSES

Jaci Eckman is taking a leave of absence from her Wednesday classes for an undetermined period during which she will be visiting Peru, Brazil, Bolivia and Argentina to engage in research and additional spiritual studies. Her classes will resume when she returns to the Los Angeles area.

astarian healing petition



1. Fill in the Petition.
2. Concentrate a moment upon the Astarian Symbol.
3. Hold it between your hands with a prayer . . . then send it to us.
4. Each day sit in meditation for a few moments, visualizing yourself in an aura of White Light.

Please direct your prayers and spiritual healing energies to:

Name _____

Address _____

_____

_____

for the following difficulty: _____

_____

_____

_____

NOTE: When requesting healing for someone else, write your own name and address on the back of this Petition. This is *IMPORTANT*.

Astara 261 South Mariposa Avenue Los Angeles, California 90004

THE ASTARIAN AFFIRMATION

I am surrounded by the Pure White Light of the Christ . . .
Nothing but good can come to me . . .
Nothing but good shall go from me . . .
I give thanks!

Dear Astarian -

Give me a message,
& I'll deliver it to
Astara's Headquarters
for you.

As your Messenger
Envelope I'm ready to
carry your Healing or
Comic Help Petition,
request for Lessons,
donation, or any letter
you wish to send.

Just slip me out of
the Voice. For you, I'm
ready to serve any
time.

Sincerely,
Your Messenger Envelope

FELLOW SEEKERS
AT ASTARA:

I wish to be active in Astara in as many ways as possible. Therefore, I am sending with this Messenger Envelope a monetary gift which represents that action on my part.

Just as Astara is part of me through its Lessons, letters, healing and other services, so do I feel myself to be part of Astara by contributing the enclosed. As I see Voice articles telling me of each objective gained in 1974; I will know that I have helped make them possible.

The amount I have enclosed is $_____

(please print)

Name _____

Street _____

City _____

State _____ Zip _____

(U.S. residents may deduct contributions from U.S. income tax.)

TO SEND A DONATION TO ASTARA, DETACH THIS PANEL AND ENCLOSE IN THE ACCOMPANYING MESSENGER ENVELOPE

ASTARA's Book List



Robert Chaney whose love, haunting her dreams of a long-ago life, guided her way into a new light





Anyone who reads *Reincarnation and Karma* will be able to better understand the ways through which the Infinite Power works."

Judith Dever, author of *Vegetarian Recipes* and *Foods for Young, Fancy and Healthy*



CREATIVE SELF-TRANSFORMATION THROUGH MEDITATION

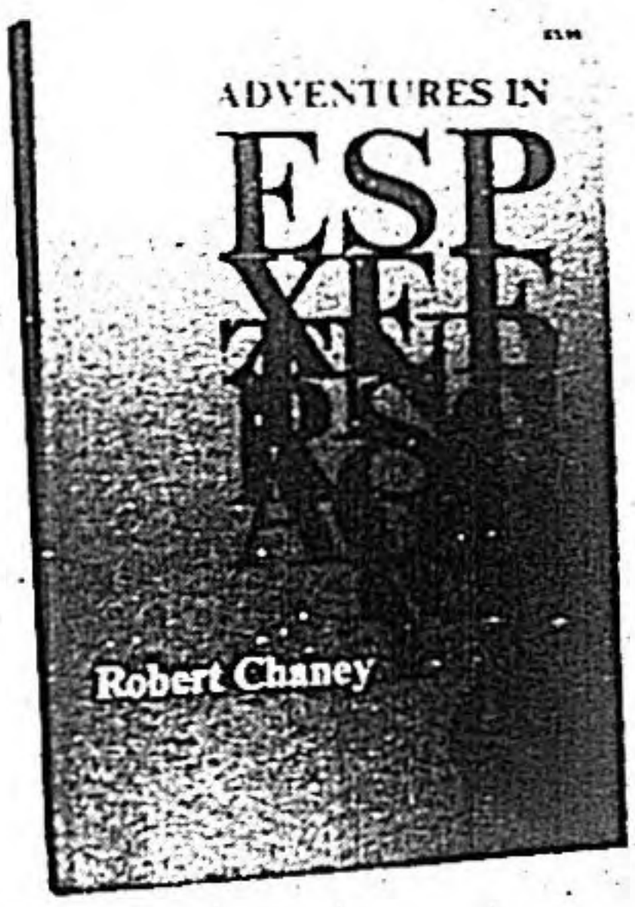
By Swami Parampanthi

A SIX WEEK COURSE

. . . Change yourself in a creative way, bring forth your inner potentials, go directly to the source of your highest inspiration creativity . . . your own inner being.

Swami Parampanthi helps you discover you've actually been meditating all your life — and by the application of a few simple self-disciplines you begin to utilize your own natural powers in a self-creative way, integrating your normal consciousness with its higher counterpart. To gain spiritual insight, or to become more creative, competent or capable, or to achieve scores of personal benefits, **Creative Self-Transformation** offers you the path towards greater success, self-realization and fulfillment.

If you want to be your real self, use the order coupon for **Creative Self-Transformation,** a treasury of instruction on the world's oldest and most helpful personal science.



ADVENTURES IN ESP

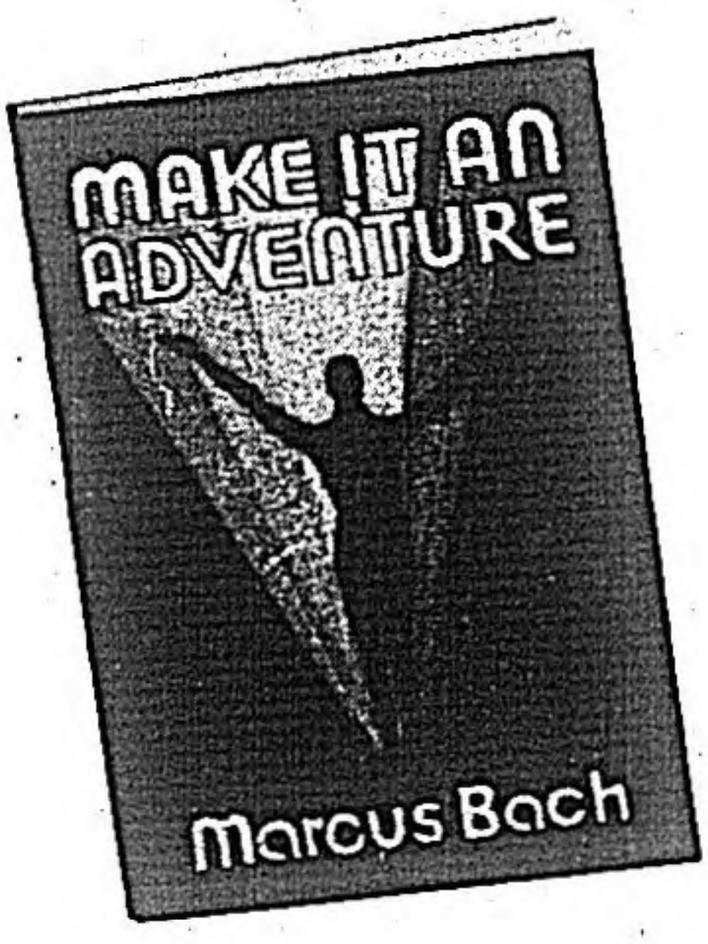
By Robert Chaney

Could you use a time-tested formula to improve your intuition? Would you like to focus your inner sight on visions of other dimensions, or on scenes a thousand miles away? Or know the history of an object, simply by touching it?

Adventures in ESP is a fascinating guide to unexplored areas of your inner being . . . areas that become revealed to the Aquarian Age person.

Here is a book of New Age ideas, lessons and development exercises to help you use Extrasensory Perception, ESP, in your daily life . . . to help you solve problems, be more creative, harmonize your relationships with others, improve your business or profession, and experience a deeper and more enriching inner life.

Adventures in ESP is a concise, compact instruction manual to help you develop, use and apply ESP in your everyday affairs.



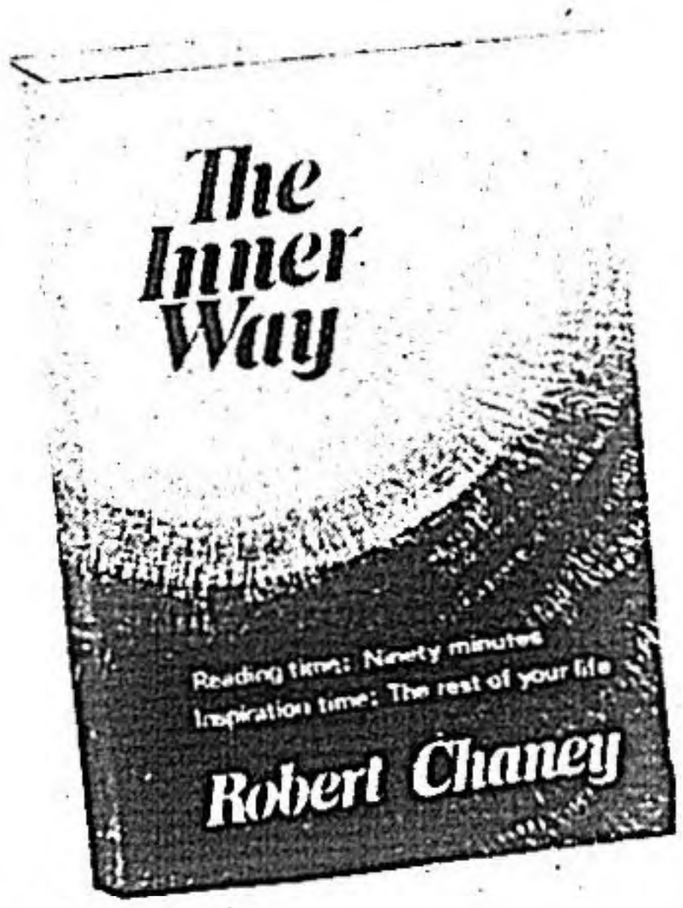
MAKE IT AN ADVENTURE

By Marcus Bach

Whatever is happening to you — good or bad, expected or unexpected, wanted or not — is part of a venturesome enterprise so great it nearly boggles the mind. Most people are unhappy, afraid, failing at the enterprise of life because they don't know the simple way to turn it around and make it an adventure.

But every once in a while one comes upon an "alchemical idea" that transforms life wondrously. Just such an idea was used by Dr. Bach to overcome dreaded malaria. He found that others used the same idea — whatever the land or language, or the purpose — with equally incredible results.

Learn to shape your desires and your abilities, grow in mind and spirit, rid yourself of daily irritations, discover your potential talents, and gain new vistas of satisfying achievements. Start a new way of life today with **Make It an Adventure.**



THE INNER WAY

By Robert Chaney

If your life is crammed with many things to do, problems to meet, little time for leisurely contemplation — then you are the person Robert Chaney had in mind when he wrote ***The Inner Way.***

He deliberately wrote much of the book in the waiting room of American Airlines at the Los Angeles airport, for there he could make actual contact with persons "hurrying to or from life's important matters."

He visited with them at random and learned that business, illness, life and death, intimate personal situations, dreams and aspirations, were constantly thrusting problems into their lives, as into yours. He also learned that while "outer" solutions weren't effective, the "inner way" produced results in meeting the problems. Send for your copy of ***The Inner Way*** now — it's a book you can really use every day of your life.

Degree Lessons Continuation Request

Postal delivery requires three to four weeks in the U.S.
For your convenience and saving, you may wish to send advance tuition for more than one month's Lessons. Check your preference in the squares below.

Astara 261 South Mariposa Avenue • Los Angeles, Calif. 90004

I have checked below the tuition payment I prefer. Please send the Degree Lessons to me accordingly.

- ☐ I enclose $4. Send next two Lessons.
- ☐ I enclose $7.80 for four Lessons. Send 2 each month. (saves 20¢)
- ☐ I enclose $11.40 for six Lessons. Send 2 each month. (saves 60¢)
- ☐ I enclose $14.80 for eight Lessons. Send 2 each month. (saves $1.20)
- ☐ I enclose $18 for ten Lessons. Send 2 each month. (saves $2.00)
- ☐ I enclose $25 for fourteen Lessons. Send 2 each month. (saves $3.00)
- ☐ I enclose $38 for twenty-two Lessons. Send 2 each month. (saves $6.00)

When requesting more than two Degree Lessons, they are mailed to you two at a time on the first of each month.

Lessons are usually sent via Third Class mail requiring up to four weeks for delivery in the continental United States unless you request First Class mail.

- ☐ Please send the Lessons I have requested via First Class mail. I enclose an extra 50¢ for each two Lessons (50¢ for 2; $1 for 4; $1.50 for 6, etc.)

Name (please print) _____

Street & No. _____

City _____

State _____ Zip _____

- ☐ Check here if new address since your last order.

Cut along dotted line.

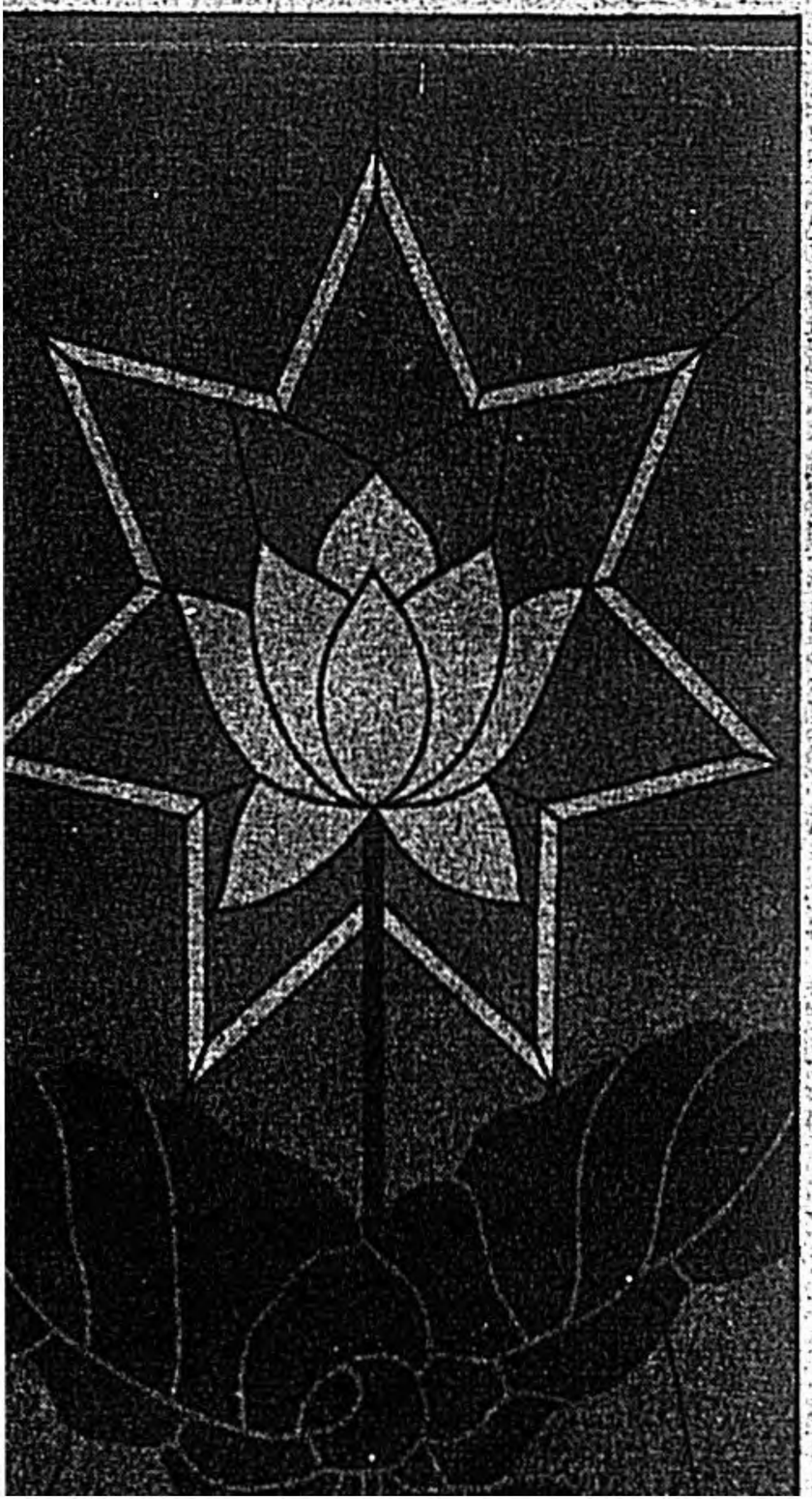


THIS MESSENGER IS DIRECTED TO ASTARA FROM

NAME_____

ADDRESS_____

CITY_____ STATE_____ ZIP_____



Stamp

Astara

261 South Mariposa Ave.
Los Angeles, California 90004

REQUEST FOR COSMIC HELP



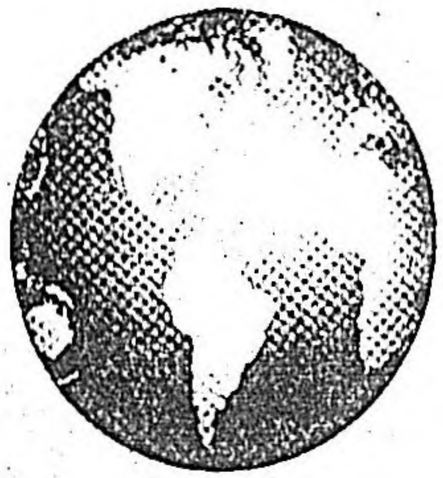
CIRCLE OF THE SECRET SEVEN

On this petition write clearly and briefly the nature of your need, then sign below.
Meditate with it a few moments before sending it to Astara.

Name _____ Address _____

All communications on this sheet are held in the strictest confidence.

Astara 261 South Mariposa Avenue Los Angeles, California 90004



Give us, O God, the vision which can see Thy love in the world in spite of human failure.
Give us the faith to trust Thy goodness in spite of our ignorance and weakness.
Give us the knowledge that we may continue to pray with understanding hearts, and show us what each one of us can do to set forward the coming of the day of universal peace. Amen.

Astronaut Frank Borman's Prayer for Mankind, Beamed 230,000 Miles from Moon to Earth, December 25, 1968



A VISIT WITH ROBERT

February, 1976
Astara's 25th Year

Dear Fellow Astarian --

One month into 1976 has been an indication that this calendar year will be one of the most important ever for Astarians. Here at headquarters we're already feeling a concentration of energies and the heightened vibratory effects they create.

(1) For your continuing spiritual studies we're going to produce some exciting books...Lessons, really, containing advanced teachings you can study along with the Degrees, or entirely on their own. The first announcements will be made, we hope, in two or three months.

(2) Seminars and retreats on a wider scale than the present once a month schedule. We'll try to arrange them as far in advance as possible so Astarians living at a distance can plan vacation timing to in-

clude some of these memorable, in person meetings with prominent teachers. There is also a possibility of a few seminars in other cities, but we cannot be definite about it at this time.

(3) The conversion of all our record keeping -- recording your progress in the Degree studies -- to the new electronic system is a tremendous undertaking. There are thousands of records to be transferred. BUT...the improved service we will offer in the way of speedier, more accurate fulfillment of Lesson requests, book orders, etc., should be more than worth while. Give us two or three months to get the system working properly.

(4) Then we are rapidly moving toward Astara's 25th Anniversary, in October...a time for celebrating the meaningful place Astara has occupied in the hearts and minds of members -- no one knows exactly how many thousands -- throughout the world during a quarter of a century. We truly believe that each Astarian, even though living many miles away, will feel something special in his or her life at that time.

Along with you, we've all been planting Astarian seeds. And a wonderful harvest is about to come. But we're not resting. We'll keep right on planting. And we'll be sending you our very best always, and always --

Sincerely,

Robert

Continued from Page 1

one of the most courageous of birds.

The mood of the play is that of a bird, the activity of which is strictly timeless and omniscient. It is as if the author destroys the time sequence entirely, wheels off into the air, then comes down to the earth again to pick up the threads! Thus he creates a progressive sense of illusion which he propels around a curious spiral rhythm. With his marvellous sense of dramaturgy Maeterlinck unerringly draws a picture of the magic harmony existing between the mundane life surrounding the sleeping children and the enchanting impression of it upon their subconscious minds through dream distortion.

The quest for the bird that is blue begins in the first of the children's adventures, which is in the Land of Memory where they find that the dead have not died. They greet their grandparents in whose utterances Maeterlinck imposes some of his more profound philosophy. In sum they say that if memory was given to us so we can have roses in December, it is equally true that the late-flowering of memories depends on having planted the stuff of memories in the Spring of life. We know essentially that in Maeterlinck's Land of Memory no one can ever die until they are forgotten.

From here the children pass into the Palace of Night, guided by the Fairy Berylune. "It is the most unexpected of gardens, unreal, infinite, and ineffable, a dreamlike place bathed in nocturnal light," explains the author in his stage notes. Blue Birds, at first blush seeming to be black, hover perpetually and harmoniously to the confines of the horizon. One or two come within reach and Tyltyl picks up one in his

Continued on Page 12

PULPIT GUESTS IN FEBRUARY



Two guests speak from Astara's pulpit at February services. On Feb. 15 Geoffrey Barborka will be speaking about *Divine Love — The Message of the Christ.* Personal data about Mr. Barborka is in the article describing his Lodestar Seminar at Astara Feb. 14.

The second guest is Leland Stewart, founder and Executive Director of the *International Cooperation Council.* He speaks Feb. 22 on the subject, *Universal Consciousness and Our Need for Interdependence.*

Rev. Stewart earned degrees in both Mechanical Engineering and Mathematics at the University of Michigan and a degree in Religion and Theology at Harvard Divinity School. He holds a Life Credential in Secondary Education with the State of California.

The *International Cooperation Council* is a group of more than 200 organizations in the fields of education, science, religion and culture. Astara is a member of the Council.

Continued from Page 11

hands, only to cry with horror. . . . it dies immediately. Myltil does the same and finds the blue bird dies as soon as it is handled. The dénoument of the play climbs from climax to climax, from suspense to more suspense, and from delightful surprise to even more unpredictable surprise, the greatest thrill of which is in the Cemetery Scene. "From the gaping tombs," writes Maeterlinck, "there rises gradually the first rays of dawn." Each child examines a few graves and finds them empty. With an air of innocence which only a child can muster, Tyltil cries out the most moving line of the entire play: "There are no dead!" Here is the triumph of Life over Death!

Since I am hoping all of you will go to see the new film production of this moving story, it would be a mistake to tell it all. Suffice it to say that for students of the esoteric there are overtones of preexistence and reincarnation. Especially fascinating are the examples of clairvoyance and telepathy.

The first production of the Blue Bird was staged in the Moscow Art Theater on September 30th, 1908 and was directed by the Russian genius, Constantin Stanislavsky, now famous for his method of acting which is widely used throughout the world of theater. In his autobiography he speaks of his debt to Maeterlinck with whom he conferred about his concept for this production. He says he found the Belgian author very knowledgeable with the inner technique of acting and for ideas in which the children should quite naturally express wisdom beyond their years by the childish use of body and voice.

This great teacher, director, and actor ends with the following words which say better than I can myself what Maeterlinck was after with his complicated ideas about happiness, which he suggests always must come from over our shoulder as a by-product. "If man were always to love, to understand, and delight in Nature! If he contemplated more often, if he reflected on the mysteries of the world and took thought of the eternal! Then perhaps Maeterlinck's Blue Bird would be flying more freely amongst us."

In short: If we bring happiness to the lives of others, we cannot keep it from ourselves. This is the way to find the Blue Bird!

Patrick Mahony is the author of one of the ten biographies of Maurice Maeterlinck, THE MAGIC OF MAETERLINCK. His latest book contains a chapter on the great Belgian playwright and is mainly an exposition on the psychic theme, which he calls ESCAPE INTO THE PSYCHIC KINGDOM.

BUILDING FUND

Mary N. Nichols
James H. Caldwell
Enis M. Kirby
Blanche Blake
Helen Post
Mrs. Mary A. MacLeod
Loellā Neitzel
Ruth Binz
Connie Veloz
Olga Thesia B. Sollanek
Erwin Meinert
Kenneth & Edna Ruch
Jesse A. Jewell
Irene M. Stevenson
Leone Mattari
Joseph Farkas
Harry & Helen Blusteen
Dan G. Radakovich
Addie Mae Hunter
Charles Elkind

SINGING FEET

As I left the dining room I would have been content to walk alone. I knew very few of the women well enough to enter into silent fellowship with them. Under ordinary circumstances I would have clothed such a moment with small talk, the weather, the beauty of the campus, the history of the school or the good meals we were enjoying. However, this was a RETREAT, a time of silence, spiritual awareness and fellowship.

As I wandered along I found myself walking with two women whom I admired but knew slightly. I felt as though we were separate entities. I wondered how without words we could enter into a fellowship which would make us as one. It helped considerably when having noticed that they were walking arm-in-arm, I slipped my arm under the one next to me.

I fell to wondering about their families, if there were children and where they were. Before I knew it I was praying for these two families as I was praying for my own. I was no longer a lone individual but was joined by an invisible bond to those with whom I was walking.

The three of us were walking in step, left, right, left, right, left. After awhile I became aware that not only were we in step but the whole group ahead and those behind were walking to the same measure. I wanted those steps to mean something, to express the desire which had caused us to come. As I listened words fell in with the steps. They seemed to say:

"Help me to be
In union with Thee,
In union with Thee
Help me to be."

With an inward burst of joy I realized that we were no longer lone individuals bent on a great quest but we were a part of a great company joined together beating out the only rhythm which could unite and save the world.

I was then glad that I had not walked alone but had joined a company of "Singing Feet."

Florence M. Talbott
June 9, 1946
Lake Forest, Illinois
N.C. Jurisdiction School of Missions

IN MEMORIAM

We acknowledge the following memorial gifts — and express our appreciation to those who made them and those whose memory they honor:

Mrs. D. M. Cassagne in memory of Syble Bibb.

Helen Fent in memory of Mrs. Syd Koopman.

Earl Geldmeier in memory of Toby.

Mrs. Calla Haack in memory of Yvonne Ferrari.

Geri Hamilton in memory of parents, Caroline and Fred Seefeld.

Grace Hedgcock, M.D., in memory of her sister, Prudence Hayden.

Julia C. Irwin in memory of Arthur M. Irwin.

Leone Mattari in memory of Voldemar Podder.

Virginia Nadicksbernd in memory of her husband, Harry Nadicksbernd, and sister, Rose Doyle.

Lena Neiman, in memory of Lana Pisarev Adams.

Helen Post in memory of her husband, Dr. Woodruff Law Post.

Fred Ulrich in memory of his wife, Barbara Ulrich.

Elsie G. Zoeller in memory of Theodore Zoeller.

ABOUT *REMEMBERING*

BOND & BACON ASSOCIATES
Box 121 • Cathedral Station • New York, N.Y. 10025

April 2, 1975

Dr. Earlyne C. Chaney
Astara, Inc.
261 S. Mariposa Avenue
Los Angeles, Calif. 90004

Dear Earlyne:

I sat up all night to read your book. It is a true reflection of Cosmic Wisdom and the Masters. You indeed are "chosen" for your great work, and will bring many to the reality of Light, Life and Love.

I am most happy to share this vision from the inner temple of your Heart.

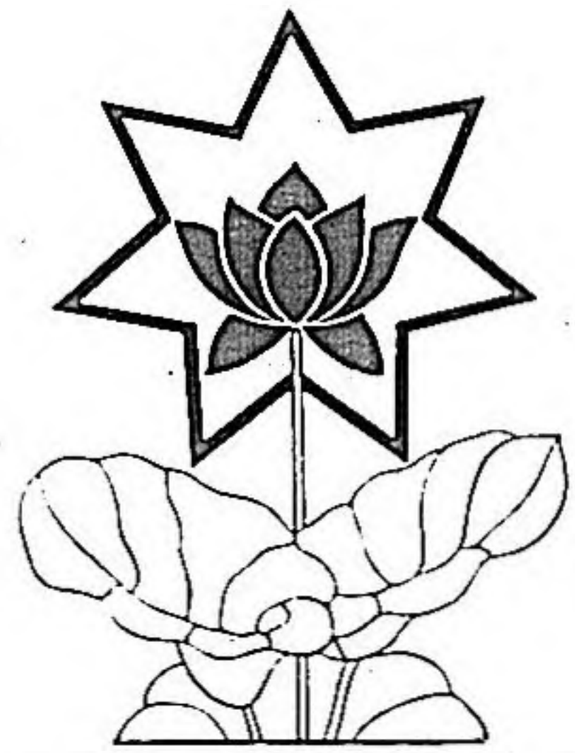


Pensatia

Helen Merrick Bond

Pensatia is the pen name of Helen Merrick Bond whose records of inner journeys with the guidance of her spiritual mentor, the Master H, have opened the doors of wisdom to many. She is the author of The High Mountain and A Journey into the Light.

SPEAKERS AT ASTARA FEBRUARY '76





Geoffrey A. Barborka



Leland P. Stewart

Feb. 1: THIS WORLD IS WAKING UP
Robert Chaney

Feb. 8: THE SOUNDLESS VOICE
Rodolfo Silva

Feb. 15: DIVINE LOVE — THE MESSAGE OF THE CHRIST
Geoffrey A. Barborka speaking
Robert Chaney, healing service

Feb. 22: UNIVERSAL CONSCIOUSNESS AND OUR NEED FOR INTERDEPENDENCE
Leland P. Stewart speaking
Robert Chaney, healing service

HEALING CHAPEL, 2:00 p.m.

A special service for group and individual healing conducted by the Chaneys and Master Kim, Korean acupuncturist who will demonstrate acupressure

Feb. 29: THE CHALLENGE OF TODAY
Swami Parampanthi speaking
Rodolfo Silva, healing service

Mar. 7: SCIENTIFIC EVIDENCE FOR THE EFFECTIVENESS OF PRAYER
Robert N. Miller
Details in next month's *Voice*

Sunday Services at 11 A.M.
Telephone: (213) 387-7187
ORGANIST: Rose Diamond



Master Kim



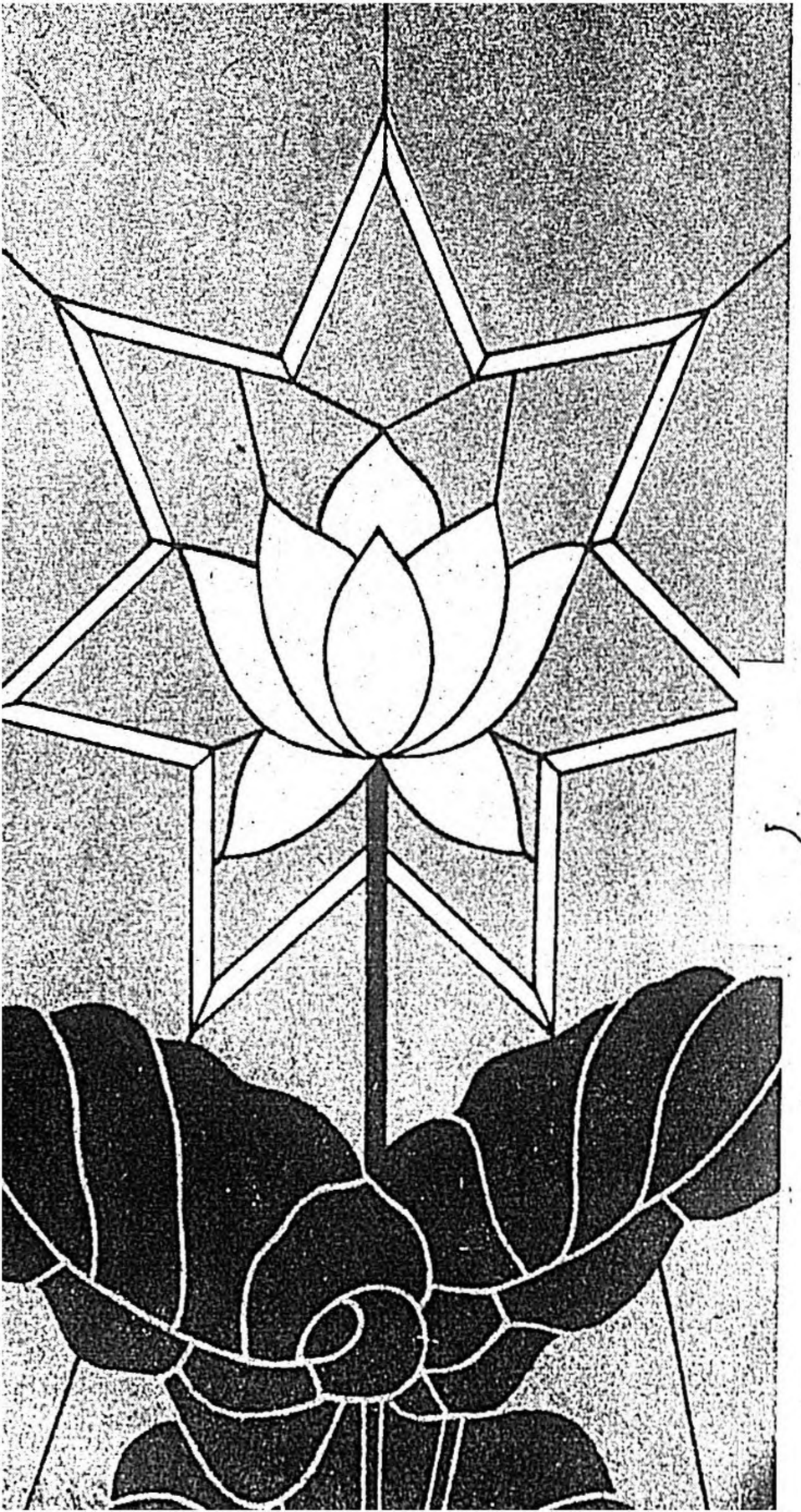
Rodolfo Silva



Swami Parampanthi



Robert Chaney



Astara

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