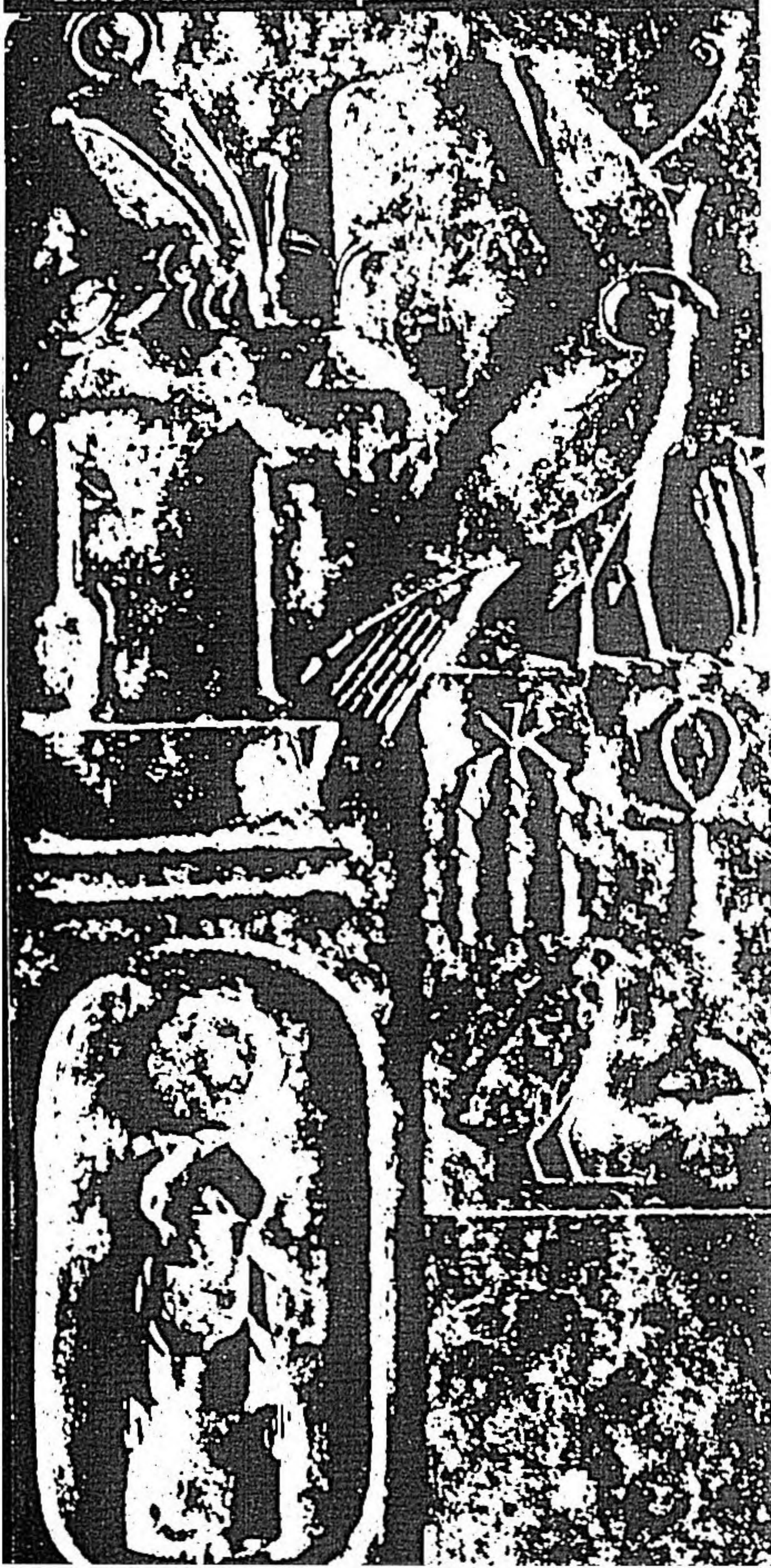
CHURCH OF ALL RELIGIONS
SCHOOL OF THE ANCIENT MYSTERIES
FRATERNITY OF ALL PHILOSOPHIES
INSTITUTE OF PSYCHIC RESEARCH

Voice of Astara

Published monthly by Astara, Inc.
Vol. 23, No. 8 May, 1975
Editor: Swami Parampanthi



Mary Fuller

PERFECTION IS A PLEASURE

by Muriel Noyes Gillchrest

Pleasurable pastimes all through life, from childhood to adulthood, and even later years, are what all desire. Life itself, is like a play on a stage, and while I'm not the first one who thought of that, I often wonder how many persons realize that they are writing the "play" themselves.

Of course, God is really the Author of your Life, and would and could be, the Director, if you'd LET Him. This doesn't necessarily mean that you should give up all effort, and quit trying, but it might suggest to you that the story-line of the Play is your own idea.

Every good play has a problem to be solved, and a "villain" who seemingly is preventing the solution. You are the Hero, (or Heroine) and the supporting cast represents your various beliefs and ideas . . . and the villain or enemy — your weakness.

Your Play can be a tragedy, a comedy, or a dramatic display of courage, wisdom, or romance. In fact, it can be whatsoever you decide to make it. So, what does Prayer and Meditation, and God have to do with it? Well, since God is your Source of strength, and intelligence, as well as your skills and talents, when you turn your attention in that direction, you just might bring forth something quite original; you might become the GOOD Example of what to do and what not to do for others who seek to have a happy and pleasurable life.

Naturally, if you "make your Play" from just what you've already seen, out here on the stage-of-space,

Continued on Page 9

MAY PULPIT GUEST



Pat Flanagan, who speaks at Astara Sunday, May 18, on the subject *The Life Energy Field*, has been researching Bio-Energy phenomena since he was in his early teens. A prolific Scientist-Inventor, he has worked on such far-reaching projects as man-to-computer and man-to-dolphin communications.

One of his latest devices is a Laser Microphone. Doctor Flanagan has successfully isolated the factors behind pyramid phenomena, and has formulated a new nuclear theory destined to have far-reaching effects on our concept of the universe and its relationship to man.

HEALING

Sunday Chapel

Earlyne & Robert Chaney will present another Healing Chapel Sunday, May 18 at 2:30 P.M.

The entire service will be devoted exclusively to healing. The Chaneys will explain how healing takes place and describe methods of self-healing. There will be group attunement for spiritual healing and individual healing ministrations for those who desire them.

THE NATURE OF CREATIVITY

By Swami Parampanthi

Creativity is the transcendence of the routine and mechanical life dictated by sheer necessity. Creativity is full of new and novel experiences, of unexpected revelations and fulfillment. It is a dialogue of giving and receiving. It is an outpouring from the depths of the great surplus in us. Creativity is that indefinable something that adds grace, beauty and elegance to life.

From creative life flow all the positive values of life; through it we receive and enjoy many-sided resources of our being and the multiform universe around us. Creativity is the superb sensitivity to life which suddenly reveals a hidden world of magic and mystery around and within us. Through that sensitivity we enjoy and encounter multiharmonious, multidimensional and multicolored reality.

Creativity is a sense of serenity when we sit quietly and enjoy the ambient silence which fulfills us in a mysterious manner. This is the creative silence — the void of infinite fullness in which our spiritual being expands and grows.

Creativity is ego-transcendence; the return of our being to the Being of God, which is the divine Ground of All Life. Creativity is selfless, self-giving love — a flow of our higher Self in service to all through the spirit of reverence, worship and compassion.

Creativity is the spontaneous utilization of time; it is the unceasing movement of life that perennially fulfils itself in a hundred different ways. It is the appreciation and expression of all human values. Creativity does not mean necessarily artistic talents,

Continued on Page 14

MAY STUDY CIRCLE

THE LAWS OF FULFILLMENT

Swami Parampanthi presents the Study Circle to explore the wisdom of all ages — mystical, psychic and spiritual in informal sessions, Friday evenings at 7:45 p.m. in the Museum Room. The emphasis is on practical methods of self-development and spiritual illumination. Each evening begins with simple Yoga exercises to help the participant relax and ends with a healing meditation.

In four Friday evenings in May, Swami Parampanthi will explore the eternal Laws of Fulfillment, which lead to physical, mental and spiritual well-being and enlightenment. The following areas will be discussed:

THE LAWS OF SELF-ENLIGHTENMENT

THE LAWS OF SOCIAL SUCCESS

THE LAWS OF HUMAN RELATIONSHIP

THE LAWS OF CREATIVITY

Through almost twenty years of study, meditation and teaching, Swami Parampanthi has discovered great and enduring laws which lead toward all around fulfillment in many areas of life. He will explain and discuss these laws and show how any person can apply them for success, prosperity and religious wisdom.

May 2: THE LAWS OF SELF-ENLIGHTENMENT: The discovery of Self's unlimited potentialities and their application.

May 9: THE LAWS OF SOCIAL SUCCESS: The practical methods of social improvement and success.

May 16: THE LAWS OF HUMAN RELATIONSHIP: How to attain meaningful and richer human relationship.

May 23: THE LAWS OF CREATIVITY: How to be creative in daily life and utilize inner resources within each of us.

These laws are effective methods of enriching the total life in modern times. The visions and understanding gained through these eternal laws can transform your life. All are welcome! FREE-WILL OFFERING!

BOOK REVIEW AND RESPONSES

Swami Parampanthi's book, *Creative Self-Transformation Through Meditation*, has been favorably reviewed by the prestigious religious publication, *The Review Of Books and Religion*, in its mid-March, 1975 issue.

We are also receiving scores of letters from persons who have greatly benefited in their meditation practices from this book. Here are a few excerpts:

"Your book *Creative Self-Transformation Through Meditation* is fabulous. We, Henry and I, have enjoyed it thoroughly. Now we practice it. Thank you for sharing with all of us this book. As long as books of this great distinction come to us we shall never have the need to search for good reading."

L.C.

"Nora and I have just finished reading your new book *Creative Self-Transformation Through Meditation* and we find it excellent, particularly for the beginning meditator."

L.B.

"Your CST method of Meditation has opened new doors of my consciousness. I am grateful to Astara for sending me a copy of your wonderful book. Thank you."

B.P.



An Astarian in Need Never Walks Alone

He healeth the broken heart, and bindeth up their wounds. (Ps. 147:3)

NO OPERATION NEEDED

Dear Earlyne:

My sister-in-law, Kaethe, lives near Mannheim, W. Germany. Kaethe has been sick and frail most of her 40 years. In January, 1975, she wrote us that she was very ill and would have to go to a hospital and have an operation on her throat due to a gland disorder. At the same time, she was to have another operation removing a tumor or cyst from her female organs. It was feared she might have cancer.

In January, I sent you a healing petition and included one of her envelopes with it, and in February we received a letter saying the doctors had decided her throat operation was unnecessary since the trouble had diminished. The doctors at this time still said she had to have the other operation.

However, today we have received a letter from Germany stating that the doctors have said the tumor has become so small an operation is not needed, and she will be treated by medication only.

At no time has Kaethe been aware of the efforts you have put forth on her behalf.

Thank you Earlyne.

Sincerely,
R.G., Lynch Stn., Va.

MY SKIN IS HEALED

Dear Astara:

Sometime in February, I sent in a Healing Petition to Dr. Earlyne. I was plagued by dry skin, painful scabs, itching, etc. Work was becoming quite impossible and the doctors had no real idea what it was. My wife and I don't possess too much money, so I couldn't afford a skin test.

I want to thank Mrs. Chaney from the bottom of my heart. My skin is healed. There are no scabs and except for a little itching now and then, which I think is due to dry air, everything is fine.

I send my prayers and meditations daily to Dr. Earlyne, Zoser, and Astara for helping me. Thank you!

Sincerely,
T.C., Lake View, Ia.

THE HEALINGS WERE WONDERFUL

Dear Earlyne:

When I was at the Lodestar Seminar in February, I made cassette recordings of all the speakers.

The healings at the end of that service were wonderful. I had a fungus like athlete's foot on my ankle for nearly a year, and had tried all kinds of medications but it did not clear.

Robert gave me a wonderful healing! When I got home I found that the fungus was completely gone and <u>it has not returned</u>. I am thankful for the wonderful healing. The vibrations in that room were tremendous. We hope that you will do it for the next Lodestar seminar.

Sincerely,
HENRY F. WINCHESTER
Buena Park, CA



A Day with Earlyne Chaney

On May 17 Dr. Earlyne will devote the entire day to an in-depth approach to the ancient Mysteries, offering specific teachings that apply to you and your search for Self-realization. Tuition for the day is $10. Second person in same family, $5. RESERVATIONS ARE REQUIRED. 10 a.m. to 4 p.m.

She will demonstrate yogic postures and breathing techniques to improve health, stimulate glands and chakras, and integrate your entire being. She will share step-by-step meditation techniques which lead to clairvoyance, intuition and possible illumination.

Because the question, "How Does It Feel to Die?" is so often asked, Dr. Earlyne will explain the death process in detail. She will describe Initiation in the Clear Light which awaits the initiate; and the Bardo and Judgment which await those whose awareness is not yet focused on the Light.

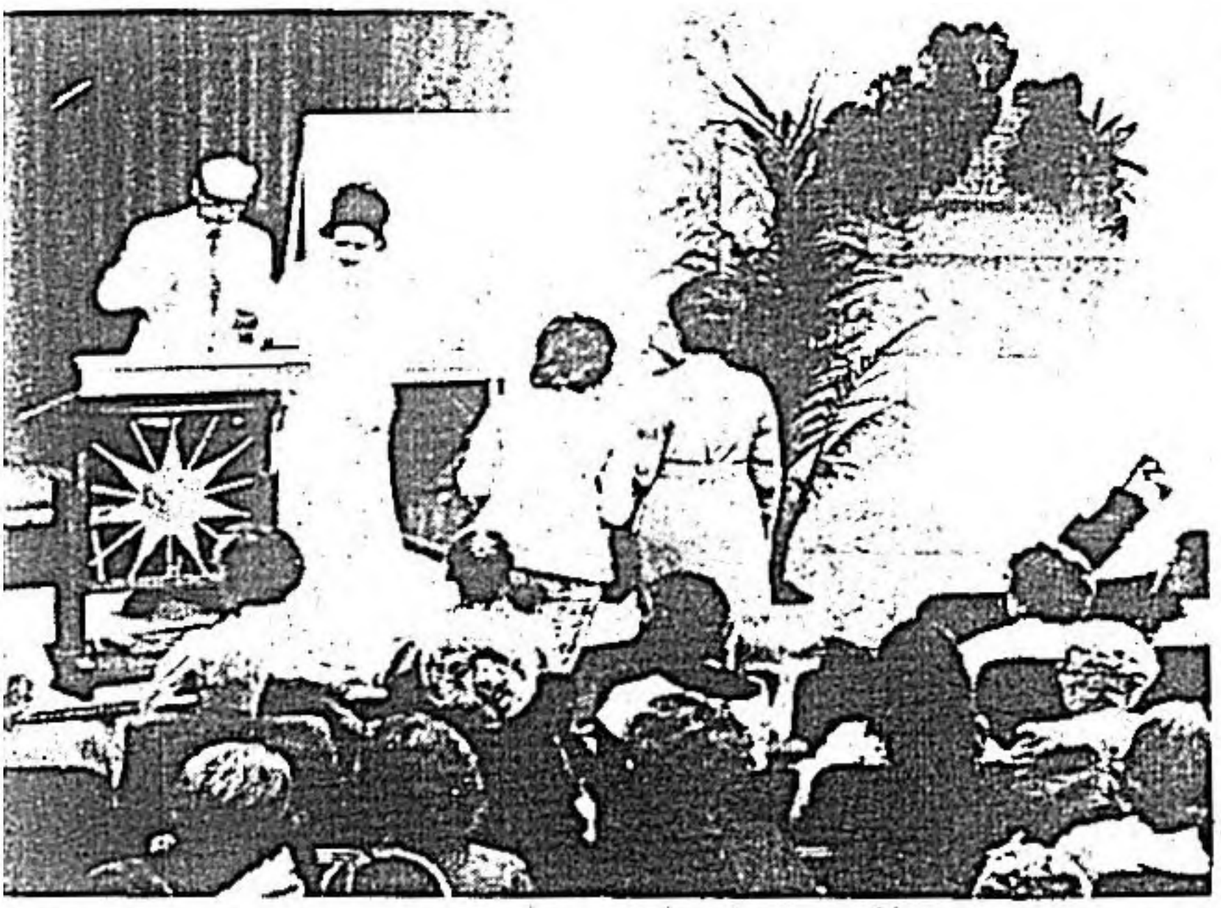
Bring your questions concerning the subtle anatomy of man. Dr. Earlyne will answer with charts portraying the ida, pingala and sushumna and their relationship to awakening the sleeping serpent power of Kundalini.

Bring also your questions concerning reincarnation, karma, life after death, communication, psychic development, spiritual illumination and all related subjects. The day will be devoted to *you* and answering your questions.

Earlyne and Robert have arranged for electronic engineers to set up specially prepared tape recorders to experiment with recording voices from those now living in higher dimensions. This will be a most exciting experiment. The day will end with a special healing service.

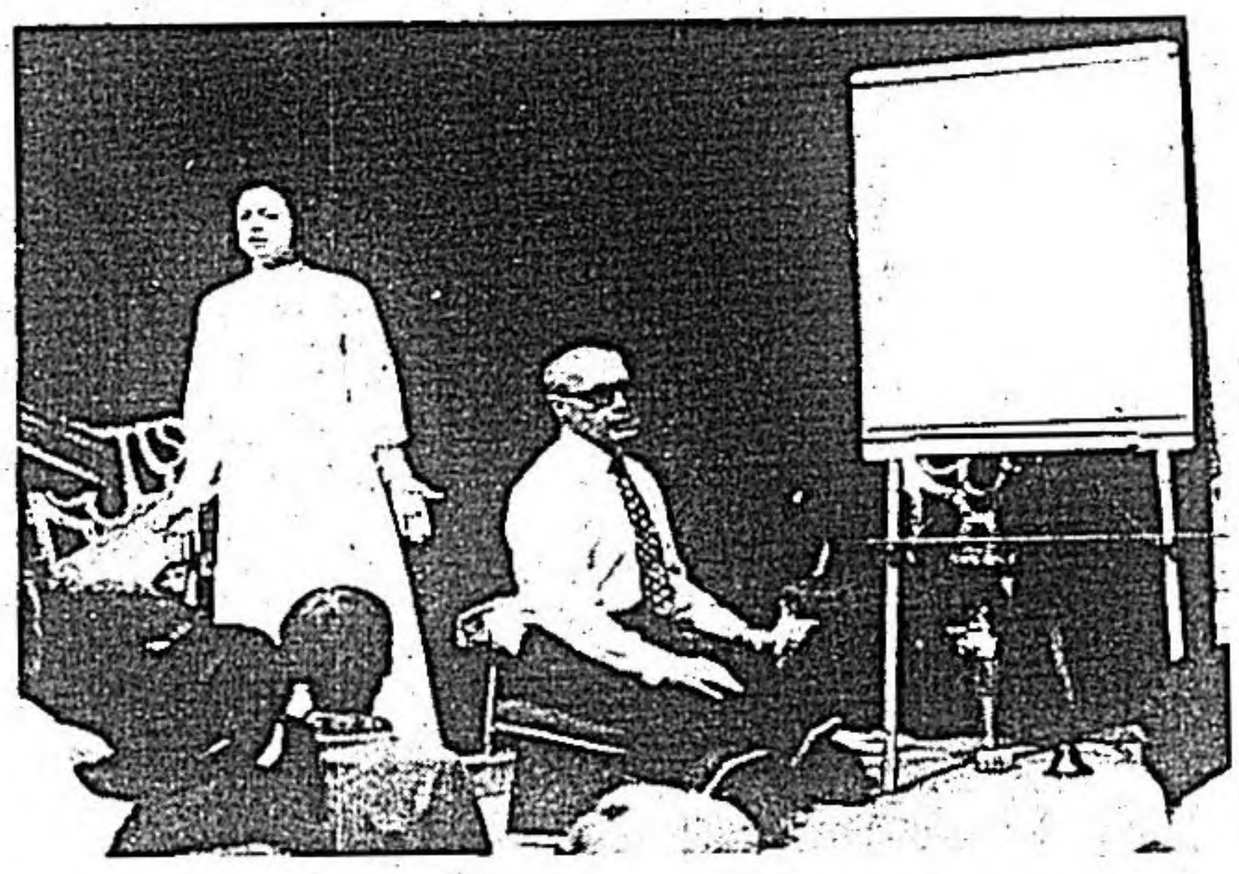
Share the day with old friends and meet new friends. A delicious lunch will be served. Call Dr. Silva, Registrar, at 387-7187 to reserve your place.

No tape recorders, please.









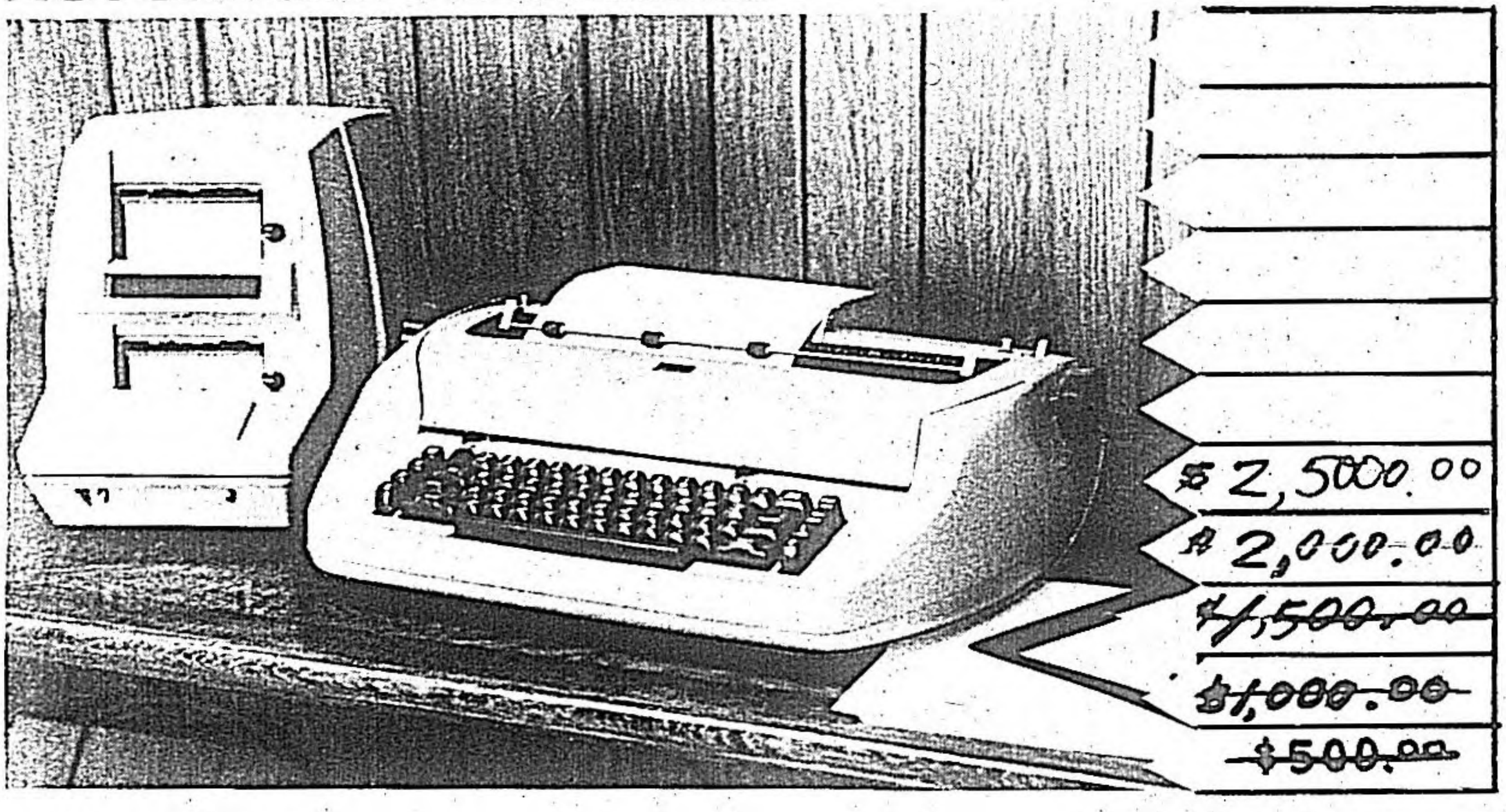


LODESTAR SEMINARS
June and July

On June 21 we present "A Day with Swami Parampanthi," who will discuss and explain the following subjects: The Metaphysics of Eastern Religions, The Meaning of Reincarnation and State After Death in Hinduism and Buddhism, The Art of Relaxation and Methods of Meditation for Self-transformation. He will also outline specific steps to successful meditation and answer questions in detail.

On July 19, "A Day with Robert Chaney" will present esoteric teachings in Hermetic Wisdom, specific steps and ideas about development of ESP, healing and an interesting psychic experiment.

AUTOMATIC TYPEWRITER



We are happy to report that donations toward the new high-speed typewriter now total $2,676.00 to date.

This is over one-third the original purchase price of $6,372.00 and we certainly wish to express our gratitude at your response. The special features of this typewriter help the staff at Astara to operate more speedily and with greater efficiency, which in turn enables us to serve you better.

If you would like to donate toward the purchase of this typewriter, please just write the word "typewriter" on your offering envelope in this month's *Voice*.

Thanks for your help.

NEW HOURS FOR BOOK SHOP

Astara's public book shop at 3811 West 3rd will be open Fridays later than originally scheduled to accommodate the interest expressed by working people on their way home.

The new book store hours are Monday thru Thursday from 10:00 to 5:30 and Friday and Saturday from 10:00 to 6:00.

If you have used books that you would like to donate to the public book shop, we will be happy indeed to receive them. The knowledge they contain will thus be passed on to others and additional revenue will be provided for Astara. Thanks for your help.



Phil Crandall Busily fills pre-publication orders of ADVENTURES IN ESP while Robert looks on.

Continued from Page 1

and all that you've bothered to give attention to, is "what's wrong", I doubt if your Play will be much of a HIT. You won't even like it yourself.

Let's say that you've decided not to be picky, or demanding, and intend in all ways to Perfect yourself, by overcoming your own faults. You might say, "I don't know what they are." Or, you might think, "I'm perfect already; it is those others who aren't." It might be wise to ask yourself, "Why do I see their faults? Why not their Perfection?"

Prayer and meditation allows for a better look at yourself. A flow of energy in motion assists your perceptive abilities. You begin to notice what your most dominant thoughts are, and what actions come from them. Right here is where you can change your story-line, for the better . . . by having better dominant thoughts.

Now, if you can see that the "villain" is any adverse belief, and you know that the villain's role is to attempt to prevent the hero's success, it is quite possible that you might become aware of what weakness of yours has been preventing your upward climb. Is it a fear, or a long-held, familiar habit that seems to be a part of your personality? Might it be just laziness, and a lack of willingness to keep trying? Could it be self-pity, or, going the other direction, too much self pride? By that, I mean a false sense of pride, unearned, not having done anything particularly noble, or worthwhile.

With some, a great weakness is a lack of patience. Not knowing that this comes from a sense of greed, the kind who want their "rights" and "their good" to appear instantly, these are unable to perceive that were they to be more giving, doing a bit of sharing their good with others, they might have that instantaneous blessing.

Others will complain, "If I had it I would share it, but how can I when I have nothing?" There is always something one might share. A sincere compliment is always enjoyed. Of course, a great complainer seldom sees anything to compliment in another, for all he sees is a reflection of himself . . . and what he thinks.

In your Play of Life, write up the qualities you know the Lead must express, in thought and action. Make him, (or her) a joyful soul, expressing the strength of Divine Love, (not the self-interested human kind) and feel the pleasure that moves through you as you cause delight in another . . . with praise for work well done, for skills that are growing, for understanding you see developing. Your recognition of the Perfect showing forth, and praising IT, gives both you and the other more pleasure. The things you think you want and need do appear, abundantly, as your Soul is restored (supplied) with the Living Substance of All Good. Seeing Perfection is a great pleasure, no one wants to be without. The Rod of Authority and the Staff of Guidance are always at hand.

All the Scriptures proclaim that the Absolute (God) is Satchitananda (existence-consciousness-bliss). This world, originating from the Absolute, is no other than It. The divisions such as "I", "you", and "this" are all counters in Its game. The Supreme Lord is unity in diversity, and diversity in unity. This is the Truth.

Swami Muktananda

A Word To You About

Astara's Library of Mystical Classics

Astara has entered the field of book publishing for two reasons, and as a member you may wish to know what they are and whether or not the desired results are being achieved.

The first reason: books enable Astara to place many types of teachings not included in the Degree Lessons in the hands of members such as yourself. Earlyne's personal psychic experiences as told in *Remembering* is an example. Also, specific subjects included in the Lessons can be expanded through books (for example, Parampanthi's book on meditation) in ways which would be too lengthy or otherwise unsuitable for treatment in the Lessons.

Book publishing therefore becomes complementary to printed Lessons and recordings and adds another dimension to Astara's program of religious education.

The second reason pertains to the way we find seekers interested in Astara's teachings. A non-member, reading a book in the Mystical Classics series, may very well discover an awakening spark of interest to which Astara can respond. That is one of the reasons we have asked members to assist us in placing the books in libraries.

Excellent Results

In the area of teaching, the testimonials which come to us are truly overwhelming. Readers describe their receiving inspiration, strength, healing and spiritual motivation — and their praise has been glowing. We are doubly pleased that testimonials have come from non-members as well as members.

Many new members have also affiliated with Astara as a result of reading our books. Requests for information about Astara's teachings bring additional seekers to the Astarian Way daily. Sometimes they have read books loaned or given to them by members, or copies borrowed from libraries, or they have purchased their own from book stores or through our space and mail advertisements. There is an increasing number of requests from book stores asking for books to resell.

What's Next?

There are now three titles in the Library of Mystical Classics series: *REMEMBERING, CREATIVE SELF-TRANSFORMATION*, and *ADVENTURES IN ESP*. Soon we will publish a book about vegetarian cookery — the reasons for it, how to do it, the healthy way to become a vegetarian, and many recipes and menus.

Earlyne is at work on a second book dealing with many facets of the healthy physical and spiritual life. Robert is writing a comprehensive book about mysticism. They plan to collaborate on a book about healing, and we will reprint a book Robert wrote several years ago called *The Inner Way*. There have been many requests for it.

As an Astarian you can be proud of your Library of Mystical Classics. They are good books, well made, and worthy representatives of Astara, its teachings, and of you as a member.

Dear Astarian -

Give me a message,
& I'll deliver it to
Astara's Headquarters
for you.

As your Messenger
Envelope I'm ready to
carry your Healing or
Cosmic Help Petition,
request for Lessons,
donation, or any letter
you wish to send.

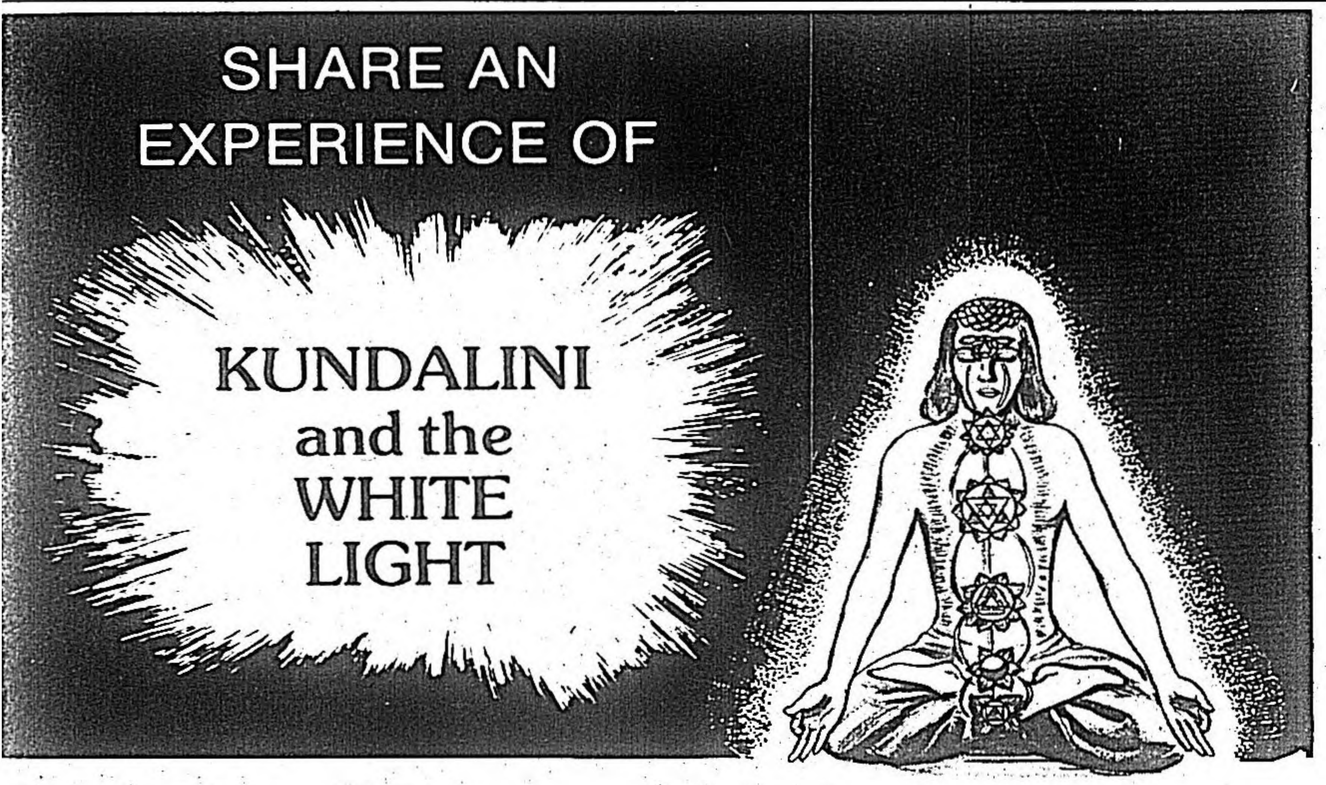
Just slip me out of
the Voice. For you, I'm
ready to serve any
time.

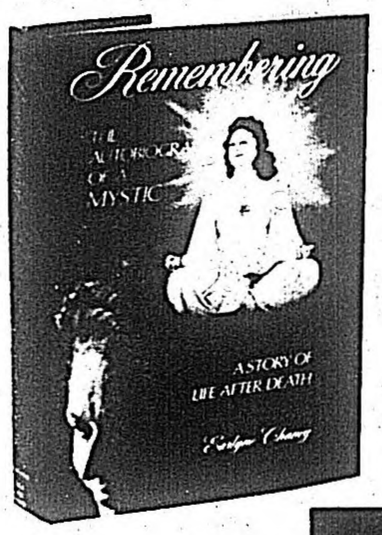
Sincerely,
Your Messenger Envelope

ASTARA'S Book List

Compiled by
Irma Mills

May—
June 1975





HAVE *YOU* EXPERIENCED AN EXPLOSION OF HIGHER CONSCIOUSNESS?

Share such an awakening with Earlyne Chaney as you read her remarkable account in *"Remembering — The Autobiography of a Mystic"*. She relates her face-to-face encounter with a Great Being from the Otherside, through whose guidance she experienced the awakening of Kundalini, the mysterious Serpent Power.

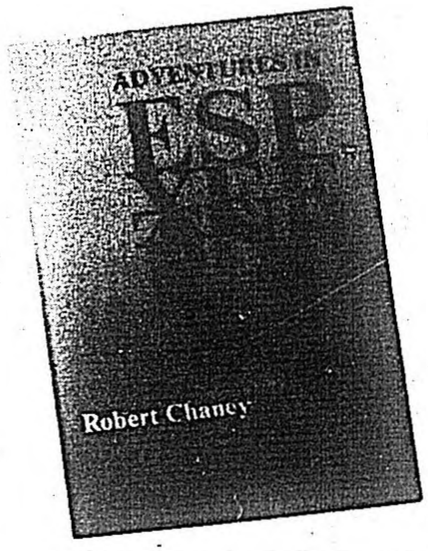
Psychic awareness, astral projection, the ability to heal — all became a part of natural functioning after her contacts with the Infinite White Light. She describes her search for the answers to life after death, her intense drive to attain Cosmic Consciousness through the practice of Lhama Yoga and Cosmo-Meditation, the techniques given her by her Master. And she describes how she was led to find one she had known, loved and remembered from a previous life.

Share her journey of mystical experiences in *"Remembering — The Autobiography of a Mystic"*, destined to become one of the most important spiritual writings of our time.



"... a philosophically guided tour past the treasured milestones of memory in the romantically inspiring life of the modern mystic, Earlyne Chaney."
—Harold Sherman, author of *How to Make ESP Work for You* and *You Live After Death*

Hard Cover $8.50



ADVENTURES IN ESP

By Robert Chaney

Would you like to focus your inner sight on visions of other dimensions, or on scenes a thousand miles away? Or know the history of an object, or its owner, simply by touching it? Could you use a time-tested formula to improve your intuition?

Adventures in ESP is a guide to fascinating inner areas of your Self . . . areas that hold all the promise of the Aquarian Age person.

You'll find it a clear, compact study of ways to develop the three psychic faculties most frequently used in the waking state — *Clairvoyance, Psychometry, Intuition* — plus additional chapters on *The Art of ESP* and *The Aquarian Age Consciousness.*

Here is a book of new age ideas, lessons and development exercises to help you use Extrasensory Perception, ESP, in your daily life . . . to help you solve problems, be more creative, harmonize your relationships with others, improve your business or profession, and experience a deeper and more enriching inner life.

Adventures in ESP is not a book of academic, technical material related to the usual laboratory experiments and group testing of research scientists. Rather it's an instructional manual of individual development for the person who already understands the theory and philosophy of ESP and wants to do something about it in his own life. It's a concise, compact workbook . . . one you will recall daily as your own experiences correspond to the principles and teachings it presents.

ABOUT THE AUTHOR

Robert Chaney left the business world in 1938 to use his psychic talents on behalf of others. He engaged in spiritual healing, demonstrated and taught numerous aspects of psychic phenomena.

Through lectures, classes, demonstrations and writings he has brought knowledge, comfort, peace of mind and personal attainment to thousands. His personal biographical data is found in *Who's Who in the West, Who's Who in California*, and in *Men of Achievement.*



Soft Bound $3.75



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BREAKTHROUGH . . . . . (c) **$9.50**
by Konstantin Raudive, Ph.D.

The accidental discovery in Sweden that voices of "dead" persons were being recorded on tape led to six arduous years of research and documentation of the results by Dr. Raudive and other eminent scientists and theologians who joined with him in an effort to understand what was happening. This breakthrough in communication between this world and the "next" is exciting for those who know, and for those who want to know, that life does continue on another dimension.

ESCAPE INTO THE PSYCHIC KINGDOM by Patrick Mahony . . . . . (p) . **$2.80**

PSYCHIC PERCEPTION by Jos. Murphy . . . . . (p) . **$2.35**

COSMIC POWER WITHIN YOU by Jos. Murphy . . . . . (p) . **$2.35**

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(14-pp Monograph) by G. P. Flanagan **$3.00**

PYRAMID POWER by G. P. Flanagan . . . . . (c) . **$6.95**

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Each price on this order form reflects the 5% discount allowed on each title. All sales are final. No refunds or exchanges.

Please allow at least three weeks for delivery in the United States.

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- ☐ *Breakthrough*
- ☐ *Escape into the Psychic Kingdom*
- ☐ *Psychic Perception*
- ☐ *Cosmic Power Within You*
- ☐ *The Pyramid & Its Relation to Biocosmic Energy*
- ☐ *Pyramid Power*

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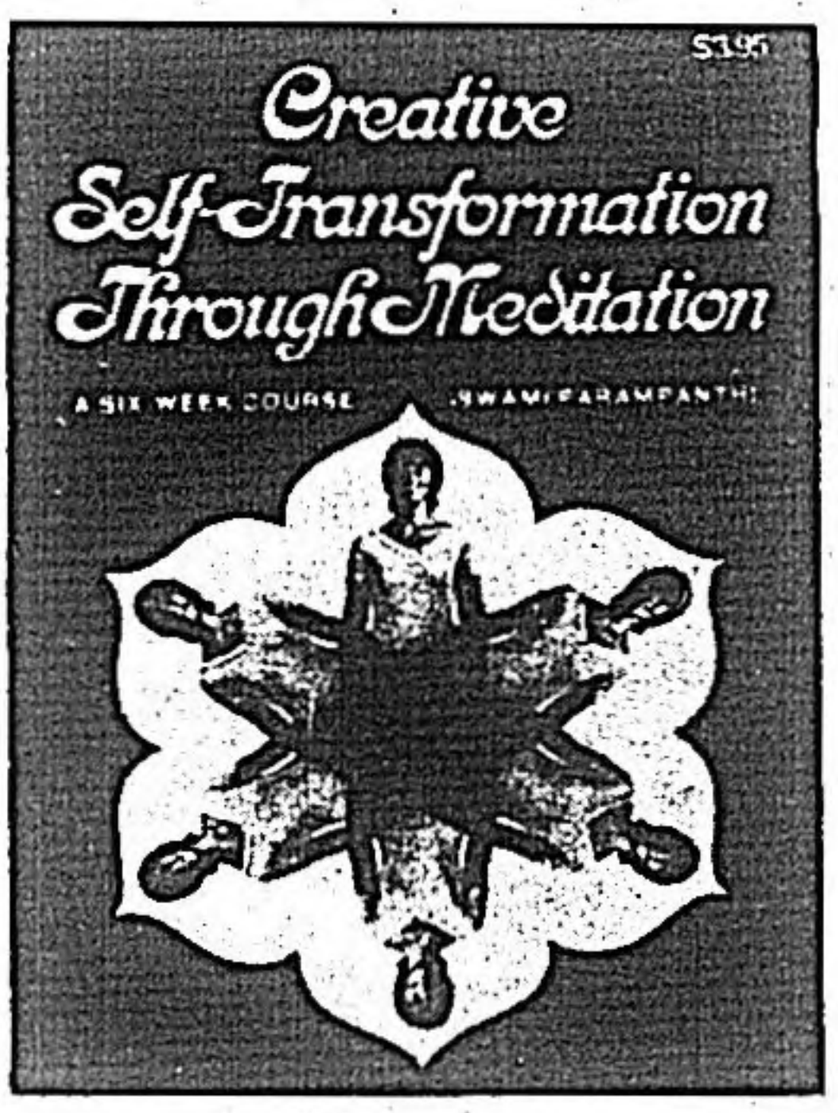
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CREATIVE SELF-TRANSFORMATION THROUGH MEDITATION

A SIX WEEK COURSE

by

Swami Parampanthi

To really change yourself in a creative way, to bring forth your inner potentials, go directly to the source of your highest inspiration and creativity . . . your own inner being.

Many persons are introduced to meditation practices shrouded in so many myths that they never realize the benefits which are available through serene simplicity. *Creative Self-Transformation* shows how you can gain meditation's many benefits without withdrawing from the normal world.

Swami Parampanthi helps you discover that, without realizing it, you have actually been meditating all your life — and that by the application of a few simple self-disciplines you begin to utilize your own natural powers in a self-creative way, integrating your normal consciousness with its higher counterpart. To gain spiritual insight, or to become more creative, competent or capable, or to achieve any of scores of personal benefits, you will find that *Creative Self-Transformation* offers you the path towards greater success, self realization and fulfillment.

Swami Parampanthi realizes that the meditation practice which helps one person may not be best for another. He therefore provides alternatives and suggestions which enable you to originate variations of special benefit to your goals, circumstances and requirements.

In this compact soft cover volume you are given a goal for each week ot instruction. You are then presented ideas, exercises and disciplines which traditionally have led to the realization of those goals, along with suggestions about ways to personalize them for your individual requirements and purposes in your world today.

If you want to be your *real* self, use the order coupon for *Creative Self-Transformation,* a treasury of instruction on the world's oldest and most helpful personal science available in one book.

ABOUT THE AUTHOR
Swami Parampanthi

. . . was born in the shadows of the Himalayas in Assam, India, in 1928. His religious training began at the age of five under His Holiness Swami Muktananda Paramhansa, the family guru. After graduating from Hindu College, he studied six more years at Viraj Religious Institute, then did personal research throughout India and in the Himalayas with many teachers. He has taught and lectured throughout the United States since 1958 at universities, seminars, churches, clubs and is a staff member of Astara in Los Angeles.



THE ATTAINMENT OF ILLUMINATION

. . . is achieved in two ways.

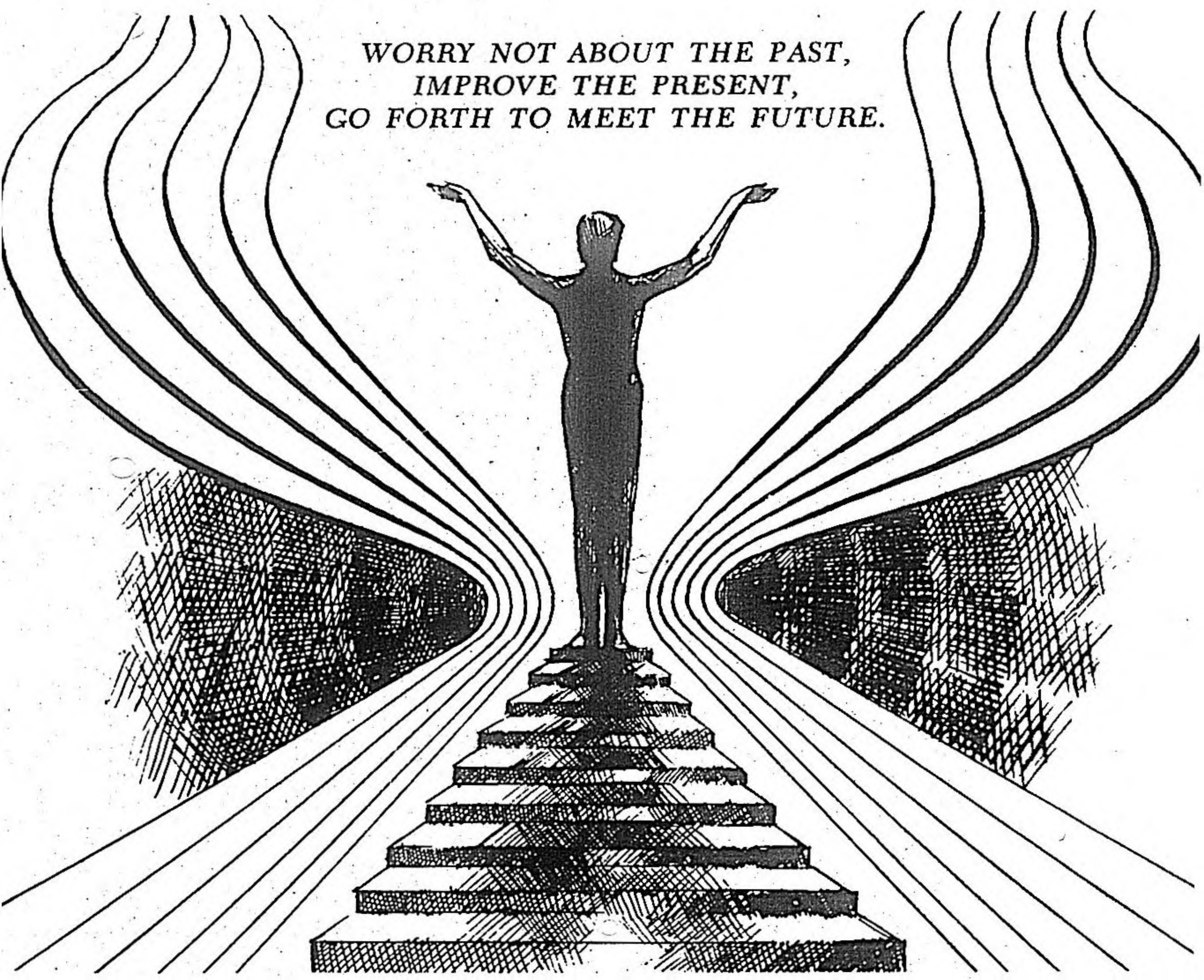
One is through experience and studies — a process by which insight is gained gradually through analysis, comparison, and acquiring knowledge step by step.

The second is through a sudden burst of perception which may also be the consequence of experience and study, or may be the result of spontaneous intuition.

Astara's Degree Lessons lead to the attainment of illumination by both methods. The Lessons provide the foundation on which illuminative insights are gained . . . they clear the inner channels that lead to sudden and often unexpected intuitive insights.

And illumination leads to initiation — to being accorded the privilege of entering a higher stage of wisdom and being, the opportunity for still greater awareness, graduation to a higher state of Self.

Your next two Lessons lead you through these higher portals of Light. Use the Continuation Form on the reverse side for additional Astarian Lessons.



Degree Lessons Continuation Request

Postal delivery requires three to four weeks in the U.S. For your convenience and saving, you may wish to send advance tuition for more than one month's Lessons. Check your preference in the squares below.

Astara 261 South Mariposa Avenue ● Los Angeles, Calif. 90004

I have checked below the tuition payment I prefer. Please send the Degree Lessons to me accordingly.

- ☐ I enclose $4. Send next two Lessons.
- ☐ I enclose $7.80 for four Lessons. Send 2 each month. (saves 20¢)
- ☐ I enclose $11.40 for six Lessons. Send 2 each month. (saves 60¢)
- ☐ I enclose $14.80 for eight Lessons. Send 2 each month. (saves $1.20)
- ☐ I enclose $18 for ten Lessons. Send 2 each month. (saves $2.00)
- ☐ I enclose $25 for fourteen Lessons. Send 2 each month. (saves $3.00)
- ☐ I enclose $38 for twenty-two Lessons. Send 2 each month. (saves $6.00)

When requesting more than two Degree Lessons, they are mailed to you two at a time on the first of each month.

Lessons are usually sent via Third Class mail requiring up to four weeks for delivery in the continental United States unless you request First Class mail.

☐ Please send the Lessons I have requested via First Class mail. I enclose an extra 50¢ for each two Lessons (50¢ for 2; $1 for 4; $1.50 for 6, etc.)

Name (please print)_____

Street & No._____

City_____

State_____ Zip_____

☐ Check here if new address since your last order.

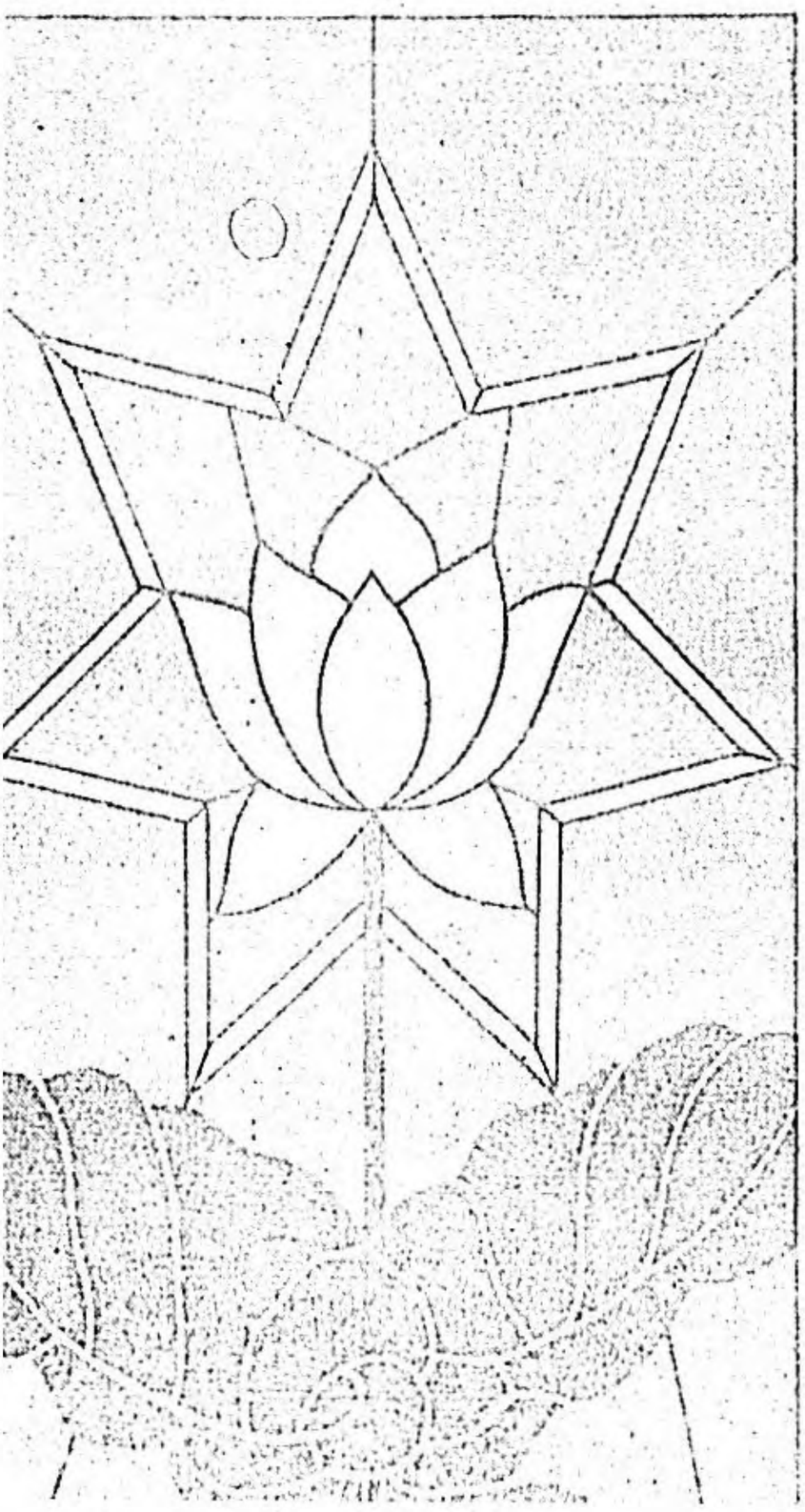
TO SEND A DONATION TO ASTARA, DETACH THIS PANEL AND
ENCLOSE IN THE ACCOMPANYING MESSENGER ENVELOPE

THIS MESSENGER IS DIRECTED TO ASTARA FROM

NAME_____

ADDRESS_____

CITY_____ STATE_____ ZIP_____



Stamp

Astara

261 South Mariposa Ave.
Los Angeles, California 90004

astarian healing petition

1. Fill in the Petition.
2. Concentrate a moment upon the Astarian Symbol.
3. Hold it between your hands with a prayer . . . then send it to us.
4. Each day sit in meditation for a few moments, visualizing yourself in an aura of White Light.

Please direct your prayers and spiritual healing energies to:

Name _____

Address _____

_____

for the following difficulty:

_____

_____

_____

NOTE: When requesting healing for someone else write your own name and address on the back of this Petition. This is *IMPORTANT*.

Astara 261 South Mariposa Avenue Los Angeles, California 90004

THE ASTARIAN AFFIRMATION

I am surrounded by the Pure White Light of the Christ . . .
Nothing but good can come to me . . .
Nothing but good shall go from me . . .
I give thanks!

A VISIT WITH ROBERT



May, 1975

Dear Fellow Astarian,

In Astara's new public book store there's a night light that casts whirling, multi-colored forms on the book displays, walls and ceiling. Though it's a simple little heat lamp, it makes beautiful formations and is fascinating to watch from outside the store.

The bulb in this little lamp can't be drawing more than four or five watts of power, and it's truly amazing that such widespread activity results from such a comparatively small source. I've been thinking that it illustrates an old lesson. The size of something, whether a person or an object, isn't necessarily related to its far-reaching effect.

And you as an individual undoubtedly have much greater influence than you realize. It isn't through <u>outer</u> circumstances alone that what you are, say, think and do alters the course of human events. The <u>inner</u> life carries a message too. On the inner planes, though individuality remains, there is less isolation than on the outer. The common vibratory wave of oneness we all share responds even more sensitively than the old fashioned party telephone line on which one ring brought up every receiver.

Astara is an excellent example. Compared to the number of square feet on the face of the earth, Astara occupies very little of it. Compared to the number of persons, Astara members are a mighty small percent of the total population. Although membership is numbered in the thousands,

(OVER)

Astara's influence has circled the globe in high places and low and literally millions of lives have changed as a result.

If "I am in the Father, and the Father is in me," then you are too and we share a common heritage of the inner estate. I don't know how you feel about it, but I think it's really great that we're "tied" together in this vibrational way. It makes me feel closer to you, and I hope you feel closer to me.

I'm delighted to report that we're receiving numerous requests from bookstores regarding Astara's Library of Mystical Classics. It's now quite plain to see that through the years ahead the book publishing arm will not only give helpful teachings to those who need and want them, it will also serve to attract new members. It's another block in the solid foundation of Astara's continuing future.

I'm also happy to tell you that this month we must order second printings of both Remembering and Creative Self-Transformation. The first printing of both books is nearly exhausted. And you'll soon receive advance notice about the vegetarian cookbook to be published. It's a really remarkable book that tells just how to make the transition to vegetarian cookery in which so many are now becoming interested.

What you want in the way of spiritual teaching and aids to your own development are what we want to provide. The party line is ringing, and we're listening. Best wishes--

Sincerely,

Robert

FIFTH DEGREE LESSONS READY

The following Fifth Degree lessons are now available:

Lesson 16 continues the two-part study entitled *How Practically To Practice the Love of God in the World of Men*, begun in Lesson 15 by Burton Bigelow. It describes the three levels of love — human, spiritual and divine, and shows how one may progress from human to spiritual love, and then finally to divine love.

Lesson 17 is entitled *The Wisdom of the Ancients, Part One*. It describes the Schools of the Mysteries. It explains the concepts of the ABSOLUTE GOD-BEING (Brahman) contained in the *Vedas*. It explains particularly the nature of Ananda or Bliss of God, and other fundamental attributes of Divinity.

If you have progressed in your studies through Fifth Degree Lesson 15, you may request the above lessons by using the continuation form in this month's *Voice*.

"REMEMBERING"

Dear Dr. Earlyne:

Your book "REMEMBERING" was indeed a rare treat, the more enjoyable after my cataract operation. It might have had the title "The Evolution of a Soul into The Light!" And what a joyous ending to have found your Soul mate in our beloved Robert! That is "a consummation devoutly to be desired" — as Shakespeare would express it.

When I first saw your inscription to me — The Light flowed from it in loving greeting — and for this I do thank you.

So many blessings have come my way — spiritual perfume; unearthly music as clear as drops of pure water; symbolic dreams; mental urgings (not from my own mind).

The Great Allness of God and His plan for man's final (?) perfection of Soul, is so well expressed on the last page of your book.

This long paragraph is a fine summation of Astara's mission in both present and future.

Thank you again and again for such inspiration to us who are Seekers.

My 93rd birthday on January 25th was a happy occasion — made so by my Astarian studies and by God's merciful blessing in helping me to maintain an understanding mind and a loving heart as well as general good health.

A bright wave of gratitude goes out to you, dear Teacher and Friend, for your part in my spiritual ongoing.

Love and blessings all-ways,
From Janet C. Wilkinson

I'll always remember "REMEMBERING"!

A sister Astarian lent me her copy of "REMEMBERING" and I have just finished reading it. Truly it was magnificent. I couldn't put it down. It was so uplifting and left me with a glowing feeling, and much for me to meditate upon. I enthusiastically endorse it for anyone —

Ada Knox Hickey,
Meiners Oaks, CA

Attainment of a higher level of consciousness implies overstepping the boundaries of the human state. Anyone who claims to have gained transcendental awareness or approach to Divinity must, in some respects, have exceeded the normal limits of the human mind and experience.

Gopi Krishna

PEOPLE AT ASTARA



Jacelyn Eckman

Jaci (pronunced Jackie) has lived a venturesome life. Now, at the ripe old age of 28, she has settled down at Astara as Dr. Robert's personal secretary.

She hails from St. Cloud, MN, but has claimed California as her home on and off for the last ten years, which certainly qualifies her as a native! Jaci first moved to Los Angeles, but after four years, wanderlust claimed her, and she spent a year touring Europe. Upon her return, she settled in Marin County in the beautiful San Francisco Bay area where she worked as a legal secretary.

Again the gypsy in her soul called, and she quit to backpack through Mexico, Central America and into South America for a year or so. She returned to California to pick up her car, and promptly left for another half year of camping across country to visit family and old friends, swinging back through the Canadian Rockies. She returned to her job in the Bay Area for a short time — short because she heard about and joined Astara one year ago. When offered the position with Dr. Robert, she packed her perky little yellow Volkswagen and came south to Los Angeles and Astara.

She's well qualified for her work, not only because of her secretarial skills, but because of her concentrated studies along metaphysical and esoteric lines. She received yogic training from Nattie Valle, a student of Swami Satchitananda, and taught yoga for two years in Northern California. She recently conducted classes at Astara in Hatha Yoga techniques, as well as participating in our seminars.

In Swami Parampanthi's new book, *Creative Self-Transformation*, she demonstrates various yogic stances, and it is also she who graces the cover in its leaf-like design.

It is obvious that Jaci loves nature, so it follows that her hobbies are bicycling and camping and backpacking. She also loves to cook (and eat, she added), sew, embroider and weave. She studied weaving with an Indian woman in Guatemala, and many of her ever-interesting and unique combinations of garb bear this out. When I asked her to sum herself up she said, "I love working with and talking with people — sharing, loving, caring." That's our Jaci!

—Heidi Olsen

REAL WEALTH

Good health
A little common sense
A sense of God
A pleasant and confident attitude
A little love
A little good humor
A little cash

And you will be surprised how comfortable and contented you can be in a world where almost everyone is reaching for the moon.

Alfred A. Montapert

SIGNS OF THE TIMES

Our present civilization is founded upon the different cultures and educational systems of the countries of the world.

Civilization might be defined as the reaction of humanity to the purpose, activities and thinking of a particular world period.

In each age an idea functions and expresses itself in both racial and national idealisms. The idea resulting in the basic trends during the last centuries has been *materialistic.*

The aim has been *physical comforts* and the acquiring of *things,* such as houses, radios, TVs, autos, food of every kind and amusements.

The purpose of education has been to equip the child for competition for comforts and possessions and to be as successful as possible. The child has been trained to regard material values as of greatest importance.

There have been many material epochs in history but none so widespread as the present one.

We have been so engrossed in *getting* that we have failed in the art of *giving* and *sharing.* The time for a change in values is upon us.

Do My Own Thing

The recognition of a change in values is expressed by the youth of today. They insist on doing their own thing. They insist upon self-expression according to their *innate understanding.*

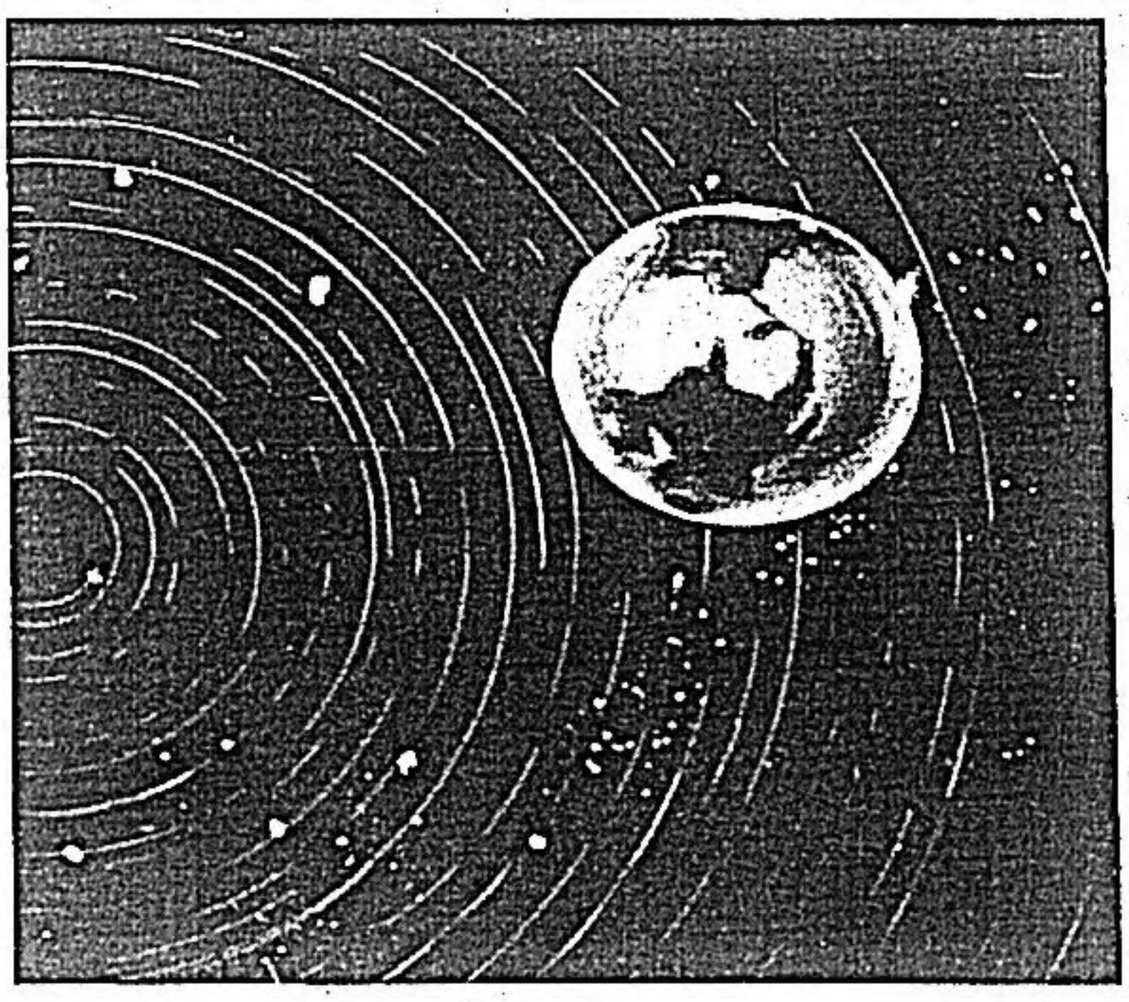
They rebel at conforming to the accepted materialistic standards and are not motivated by material ambitions.

Their ideal is a world in which right human relations are expressed and human and spiritual values are explored. A return to the simplicity of the spiritual values of beauty, truth and goodness.

There is such a *sincere group* within the many rebellious and sometimes misguided young people of today.

Will this sincere group be the "little child that shall lead us" in the trying times of recession, energy shortage and for some — famine — back to real spiritual values?

By Margaret Doring



IN MEMORIAM

To the following people who have made memorial gifts to Astara, and to those they honor, we give thanks.

Dolores and Edna Espinosa in memory of their grandmother.

Liny Kopp in memory of her husband, Oscar Kopp.

Helen Fent in memory of Flora Von Tobel.

Wilfrie L. Byer in memory of her husband, Herbert L. Byer.

Helen Post in memory of Andrew T. Choy-kee.

Ralph and Voncille Schmedake in memory of Maree Chaney, Mae Jones, Henry N. Leidorff and Lillie Bill Brammer.

Mick and Gillian Manley in memory of their great aunt, Susie Williams and grandmother, Miriam Thiel.

Continued from Page 2

special abilities, and mastery of techniques, though all these are included in all creative endeavors. To us the highest creativity is our own growth, our own development, our movement away from darkness to light, our ability to express the best in us, our ability to evolve spiritually and our abounding vision of and participation in life.

To us, the highest creativity is unifying love, the capacity for total forgiveness, the joy of the simple and the profound, the innocence that is incorruptible, the sincerity that is invincible, the meditation that deepens, expands and spiritualizes our entire life. To us, the highest creativity is our abiding kinship with ALL Life through love.

Creativity unfolds in life in simple and profound ways. The moment we compose a few lines of poetry, we are creative — if there is in us the upsurge of poetry that cries out for expression. The moment you write a beautiful letter, permeated by heart and warm feelings, you become creative. It is the heart that confers grace upon life; it is the heart that bestows grace and charm, aesthetic values and beauty upon life.

The moment one sees the world around him with joy and wonderment, with freshness and insight, he becomes creative. The moment one transmits love and empathy through a smile or a touch or a helping hand, he becomes creative. The moment one listens with delight to music, to songs of nature, the moment one touches life with expectation and a sense of mystery, there is the birth of creativity.

In this sense creativity is pure delight, the profound wonderment, the fruitful sincerity, and the kinship with a vibrant life. Creativity is present in all artistic endeavors, in all human encounters, in all dramatic responses between man and the universe, between man and God. Anything that quickens life, anything that brings bliss and fullness, anything that develops and deepens our existence on earth, is creativity.

Creativity is the combination of feelings, sensations, actions; moods, silences, imaginations, service, self-expressions, adoration and celebration of life within and without. Creativity is the use and sense of all values, all resources, all talents, all growths. It is the experience of meanings in life, the expression of all divine qualities and all richness of life, here and now. In the final analysis, creativity is our continuous union with God within and without, and the life flowing from such divine communication.

ASTARIANS WRITE

Dear Robert Earlyne and all my fellow Brothers:

I have wanted for so long to write and tell you how I feel about Astara. Always, there was something taking my time, but now I have reached my goal.

I can remember as a young child thinking and wondering with all my heart, "Why am I *here, Why* am I *me?" I felt as though I had something to do but did not know what. Astara, my wonderful friends, has given to me the beginning of my search; whereas I did not even realize I had a search before me.*

Most of all, Astara, you have taught me the most important lesson of all:

"Not to think, am I?, *but rather to think:* I AM!"

I send to all of you my love.

D.H., New Orleans, La.



Astara Was Created With One Thought In Mind . . . You And Your Life

Because you have become an Astarian, obviously you know it is never too late to begin a journey toward eternal verities, much as the candidates of old journeyed to the Mystery Schools to receive instruction in illumination. *It is never too late to learn.* It is never too late to begin to really know your Self . . . to "begin life over again."

And that is exactly why Astara was born on this weary but wonderful old planet of ours — TO HELP YOU FIND SOME PART OF HEAVEN WHILE IN THIS LAND OF "LIFE-ON-EARTH."

Two people study piano. One becomes a scintillating genius, while the other plays the same notes with uninspired monotony. Where is the difference to be found?

Inside the person where Self dwells.

Two persons study the same textbook to become physicians. One becomes a bulwark of strength, knowledge and power to his patients. The other finds himself inadequate to serve humanity in any way. Both possess the same book-knowledge.

One has added wisdom.

The training for life cannot be measured by education and environment alone. Impetus from some other source must be added in order to attain any measure of greatness. That source is within the soul.

Astara wants to help you find the power that lies — perhaps not yet completely revealed — within you. To help you reach into the infinite about you and breathe into yourself the God-forces of love, life and light.

Astara wants to help you climb the spiritual stairway to find your place in the sun. To help release the last vestige of any limiting mental shackle and bring to birth the God that IS within. Astara wants to help you make your life what God intended it to be — full of radiance, light, peace, serenity and constant soul progression.

SPEAKERS AT ASTARA FOR MAY '75

May 4: THE SECOND MILE
Rodolfo Silva

May 11: THE INNER ESTATE
Robert Chaney

May 18: THE LIFE ENERGY FIELD
Pat Flanagan, speaking
Earlyne Chaney, healing service

May 25: THE POWER OF SELF-RESTRAINT
Swami Parampanthi, speaking
Rodolfo Silva, healing service

June 1: THE UNCONQUERABLE TRUTH
Robert Chaney

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Los Angeles, California 90004
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Swami Parampanthi



Rodolfo Silva



Earlyne and
Robert Chaney

Sunday Services at 11 A.M.
Telephone: (213) 387-7187
ORGANIST: Rose Diamond

JUNE PULPIT GUESTS



Patrick Mahoney



Anne Francis



Joseph Murphy

Special guests on three consecutive Sundays in June include Patrick Mahoney, Dr. Joseph Murphy and Anne Francis.

Patrick Mahoney speaks Sunday, June 8 on *Exploring the Wonders and Evils of the Psychic World.* Mr. Mahoney, writer, humorist and world traveler, is the author of *Out of the Silence, You Can Find a Way, Magic of Maeterlinck, Unsought Visitors* and *Escape Into the Psychic Kingdom.*

Dr. Joseph Murphy speaks at a special service Sunday afternoon, June 15, at 2:30, on the subject *Psychic Perception.* Dr. Murphy is minister of the Church of Divine Science, is the author of some 30 books and conducts a popular radio ministry in Los Angeles. Two of his latest books are *Psychic Perception* and *Telepsychics: The Magic Power of Perfect Living.*

Anne Francis speaks Sunday, June 22 on the subject *Be Ye Transformed.* Miss Francis is an actress in movies, TV, radio and the theatre. She has worked as a professional since the age of six, and her screen and TV credits include the *Honey West* series, *Bad Day at Black Rock, Blackboard Jungle* and *Forbidden Planet.*

JUNE STUDY CIRCLE

THE PATHS TOWARD EXCELLENCE

Swami Parampanthi presents the Study Circle to explore the wisdom of all ages — mystical, psychic and spiritual in informal sessions, Friday evenings at 7:45 p.m. in the Museum Room. The emphasis is on practical methods of self-development and spiritual knowledge. Each evening begins with simple Yoga exercises to help the student relax and ends with a healing meditation.

In four Friday evenings in June, Swami Parampanthi will explore the meaning, function and application of four fundamental elements which guide the human personality: IDEAS, QUALITY, IDEALS AND VIRTUES. These four elements are the pathways to all-round excellence and enlightenment of man. Swami Parampanthi believes that understanding and practical application of these forces help the seeker to find his or her own excellence, peace of mind and spiritual wisdom.

June 6: THE PATH OF IDEAS: The way to mental excellence.

June 13: THE PATH OF QUALITY: The way to intellectual excellence.

June 20: THE PATH OF IDEALS: The way to nobility.

June 27: THE PATH OF VIRTUES: The way to spiritual bliss.

Swami Parampanthi firmly holds that any person may enrich his or her life beyond expectation mentally, intellectually and spiritually by diligently cultivating ideas, qualities, ideals and virtues which every human being possesses eternally.

All are welcome to attend these interesting sessions.

FREE-WILL OFFERING!

Continued from Page 1

offers the following test for our memory: look at the rows of numbers for three minutes each, and see how well you can remember them — backward and forward — after you look away:

713469
82457319
162038473906

Lorayne says that an average adult should be able to look at a six-digit number for a few minutes and know it forward and backward. A superior adult should be able to do so with an eight-digit number, a genius with a 12-digit number.

In recent years at the State University of New York at Stony Brook, Roger Schvaneveldt, an associate professor of psychology, has been among a number of researchers at the school devoting themselves to various memory projects. The following information has come to light:

Yes! there is such a thing as a photographic memory. It is like looking at something and taking a snapshot of it.

The electrical system theory of memory still holds.

The meaningful association of words helps in the memory process. It has been found that if a word like 'nurse' is preceded by the word 'doctor' it is recognized as a word faster than if it is preceded by an unrelated word like 'bread'.

The theory that memory is represented in the molecular structure holds.

Intelligence and memory go

Continued on Page 7