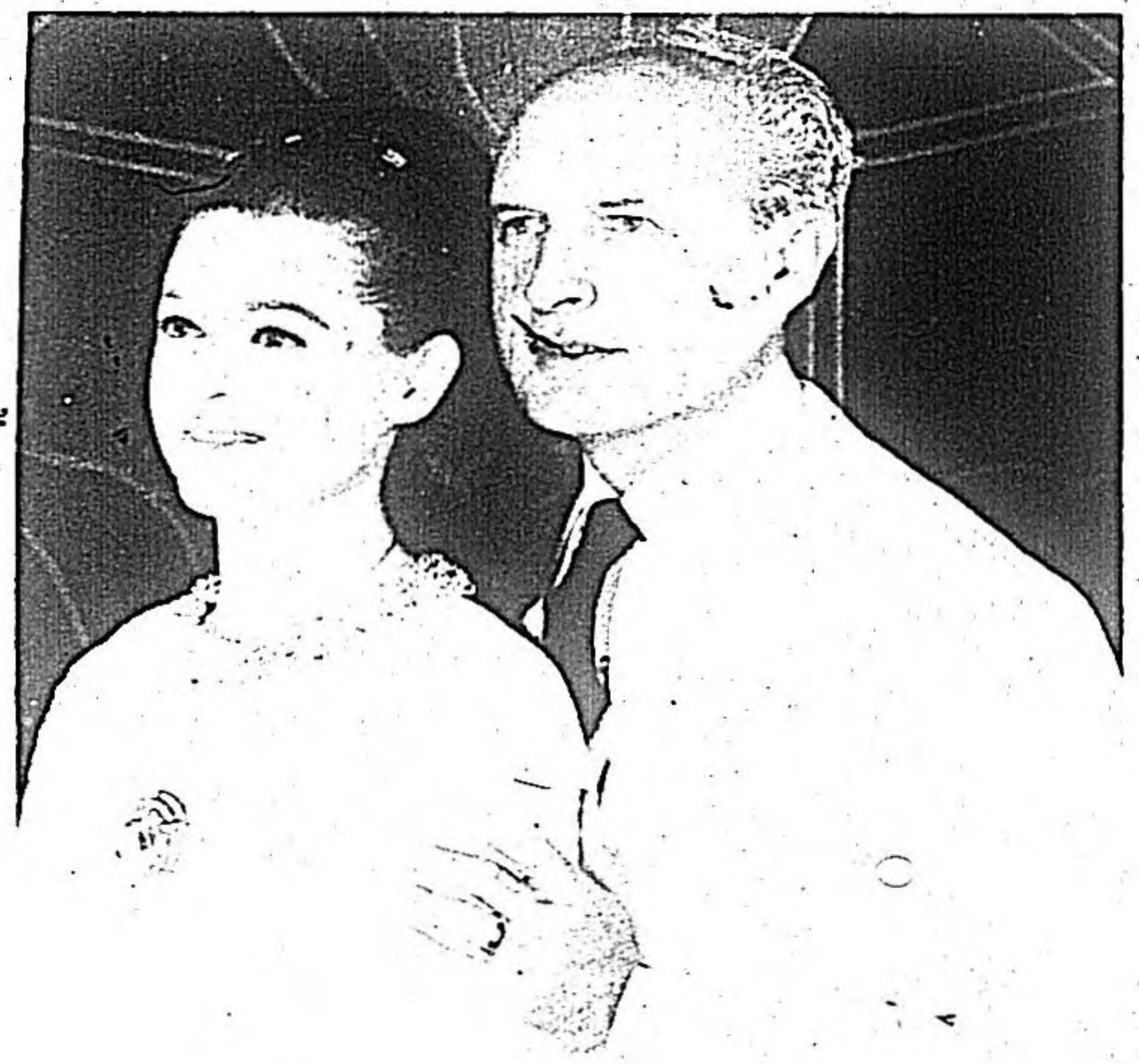
23rd Anniversary

ASTARA CELEBRATES 23 YEARS!



Astara is ready to pass another milestone on its way to a quarter of a century of spiritual activity. Anniversary number 23 will be celebrated Sunday, October 20th.

Dr. Marcus Bach, author of *The Inner Ecstasy* and numerous other books, will speak at the anniversary services on the subject, *Will The Real You Please Stand?*

We sometimes think of an organization's anniversary as being totally separate from our individual lives. Actually, however, each member around the world is part of Astara and Astara is part of each member. Therefore, whether you have been a member for many years or have just recently begun in Astarianry, you are part of the Great Adventure begun by Astara in 1951.

Accomplished In Year

During the last year we have issued eight new Degree Lessons in the Fifth Degree; published a new hard-cover edition of Earlyne's autobiography, *Remembering;* produced a beautiful meditation tape combining the talents of Earlyne and organist Irma Glen; produced a tape of two sermons by Robert; and published his popular ESP development lessons in a new format.

In more material but equally essential activities, we carpeted several offices, acquired a new station wagon, a larger photocopy machine, a copy proofer for the print shop, new draperies in the church, electronic accounting machine, mechanical posting machine, telephone answering system, two electric typewriters, two tape dictation units, and we were given a portable organ for the Astara fun group band.

To all who donated so generously to make the above acquisitions possible, as well as to help produce the lessons and other study material, we are indeed grateful. You have contributed much to Astara's accomplishments in the Great Adventure.

It is our hope that for every Astarian everywhere the Great Adventure is an inner journey of Light and Life which leads to the personal spiritual accomplishment which Astara seeks for everyone.

KABBALAH—THE ESOTERIC PATHWAY

Swami Parampanthi presents the Study Circle to explore the wisdom of all ages—mystical, psychic, and spiritual, in informal sessions, Friday evenings at 7:45 in the MUSEUM ROOM.

The emphasis is on practical techniques for self-development and creativity through spiritual and psychic growth. Each evening program begins with simple Yoga exercises to help participants relax, and ends with a special healing meditation.

On Friday evenings in October, Swami Parampanthi will teach a course on a very unusual scripture called the KABBALAH. It is a great esoteric Book Of Mysteries of the Hebrew tradition. The word, KABBALAH, is a derivation of the Hebrew root KBL, which means "to receive." It clearly describes the ancient tradition of "receiving" the secret doctrine orally.

The KABBALAH is a mystical and theosophical system originally designed to answer eternal questions on the nature of God and the universe, and the ultimate destiny of humankind. As a practical system, it is based on the "numerical correspondences between the various aspects of human life and the universal laws."

KABBALAH—THE ESOTERIC PATHWAY

October 4: WHAT IS KABBALAH? ITS ORIGIN AND MYSTERY!

October 11: KABBALAH AND THE COSMIC EGG

October 18: KABBALAH AND THE BODY OF GOD: THE TREE OF LIFE

October 25: KABBALAH AND THE NATURE OF THE SOUL

Learn the mystery of ancient Kabbalah. Attend these unusual sessions for enlightenment, new revelations and your spiritual growth. FREEWILL OFFERING!

ANNIVERSARY PULPIT GUEST



Philosopher Gerald Heard wrote: "Marcus Bach has probably done more for United States' religion than any theologian and most preachers. His achievements show that we could all make it (universal faith) work with our own exceptional, particular, peculiar selves."

Dr. Bach speaks on *Will The Real You Please Stand?* at Astara's 23rd Anniversary Services October 20th.

National acclaim has come to Dr. Bach through his writing as well as teaching and speaking. His books include *The Inner Ecstasy, The World of Serendipity, The Power of Perception, The Wonderful Magic of Living,* and *They Have Found a Faith.*

Dr. Bach holds a Ph.D from the University of Iowa and four honorary degrees from other universities. *Who's Who in America* has long included his biographical sketch.

Words are things, and a small drop of ink,
Falling like dew upon a thought, produces
That which makes thousands, perhaps millions, think.

Lord Byron



An Astarian in Need Never Walks Alone

He healeth the broken in heart, and bindeth up their wounds. (Ps. 147:3)

THE TUMOR MUST HAVE SHRUNK AWAY

Dear Robert and Earlyne:

Just a little note to let you know of my healing. I sent in healing petitions regarding a growing tumor in my uterus. My doctor said eventually it would have to be removed and I dreaded the thought of an operation. It took quite awhile, but during my last check-up which was in August my doctor said the tumor must have shrunk away--he couldn't find it and he was very happy for me.

Thank you so very much. Words alone cannot express just how I feel. I know you both understand. I am very grateful and may God continue to bless you in your work. I'm really enjoying my Fourth Degree studies.

C.C.M., Springfield, Ohio

LITTLE BOY'S EYE HEALED

Dear Astara:

I'm writing you to let you know I asked for healing and cosmic help for a little boy who got his eye cut and the doctors didn't have any hope of saving his eye.

His mother called last week to let me know that the doctors took off the eye patch they had on his eye and he can see real good. Curt said he could see as good as he could before he got his eye cut.

I have thanked Christ for healing

Curt. Now I want to thank you Astara, for your prayers that asked Christ to heal this little boy.

M. A., Redmond, Oregon

MIRACULOUS HEALING

Dear Fellow Astarians:

I want to try and thank you for the way Astara is helping me to grow. I don't know how to put it in words. I thank God all the time for Astara being here on Earth and the way I am learning and growing and loving and understanding my fellow man more. I have at long last found "home" in Astara.

I am so happy to report that after sending two healing petitions in for Mr. C. H.P. for cancer, this morning he had X-rays taken and his doctor came back into his room after studying them and told him it was miraculous the way he is healing and said she could hardly believe what the X-rays showed. My mother saw Master Zoser standing behind Mr. P. with his hands ready to touch him, and when she told me this I knew he would be healed. All I can do is say Thank you, Thank you.

I'll take this time to give thanks also, to the Circle of the Secret Seven for the wonderful way I've been helped several times and I know without their help I couldn't have graduated from commercial art. Now maybe with their continued help I'll find a job, get on my feet, and be more help to Astara, my little son and my mother.

Astara is so wonderful and I'm praying to become more useful and a better person every minute of the day and night.

My heart is bubbling over with gratitude and love for all.

E.M.C., Arlington, Va.



THE MYSTERY OF TIME

Time is the very essence of life and creation. It is vibrant and palpable like the heart-beat and concrete and visible like the mountain. It is dark and mysterious like an unseen presence and insubstantial like the shadows. Often we pass through time as in a dream. Oftener than not, time strikes us with a sudden fury to remind us of age and the passing away of things. It is omnipresent.

Each passing moment, each creeping shadow, each tick of a clock, each gesture, each rhythm of love and laughter, each act of separation and sadness reminds us irrevocably of evanescent time. It is impersonal as the cosmos; it is as personal as our heart-beats. Time is imminent and transcendent. It is the dance of long ago, the upsurge of NOW, and the prodigal womb of the future which is yet unborn.

Therefore, the seamless garment of time in one gigantic sweep covers the past, the present and the future. Its immense reach enfolds billions of light years which stagger human imagination. Time has seen the rise and fall of the entire universe many a time. It has witnessed the evolution of Life. It is, on the one hand, the Mother of all creation; on the other, it is the cosmic womb to which all creation endlessly returns.

Yet, time evokes the pervading presence of Timeless Infinity. Time culminates in Infinity. It reaches its dramatic consummation and triumph in Timelessness. Thus, beyond and behind the vast panorama of time is the ecstatic vibrancy of Eternity where time vanishes in the depth of God.

Man is the only being on earth who is conscious of time. Man touches simultaneously the process of time and the silence of Eternity. His inevitable consciousness of time binds him to the rolling wheel of change and finitude; his awareness of infinity where there is no throb of time, leads him to the threshold of God and his divine soul. Thus, like a veritable colossus, tiny man rides upon the restless ocean of time and rests in an infinity beyond.

Man's spiritual destiny must take him upon a long and arduous journey toward enlightenment and the timelessness of God. Meanwhile, man faces the mystery of time. How can one successfully cope with the change of time, with its transitoriness and abiding mystery?

There is a way. Let us look upon time as a benevolent friend. Let us accept the gifts of time with a grateful heart: the youth, the fulfillments of mature years, the golden periods of enlightenment, the spring and summer of joy, the fall and winter of contemplation. And let us not mourn for the past, but cherish its rich heritage with a joyous heart. Let us not long for the future and reject the precious, bliss-lit, heaven-sent present. Let the glorious present flow into the unborn future like the river flowing to the shining sea.

Let us relish each moment—not with a miserly heart, but with an expansive spirit. Let us flow with time into the Infinity of God without regret.

NEW LESSONS READY SOON

5th Degree Lessons 12 and 13 will be ready for mailing by October 10. If you are eligible to receive them use the Continuation Form attached to the Book List in this issue of the Voice to request your copies.

Lesson 12, *The "How" of Automatic Writing*, discusses both the benefits and the risks of using this controversial method of psychic attunement. It explains what everyone should know about automatic writing, whether one personally intends to practice it or not, including the seven major rules for both judging and using it.

Lesson 13, *Developing Clairaudience and Clairvoyance*, describes inner changes essential to one who would experience these psychic occurrences. The Lesson gives effective methods, including specific exercises which lead to the proper development of the psychic faculties so important in this Aquarian Age.

The Continuation Form for requesting Degree Lessons may be used at any point in your Degree studies. Simply enter your name and address, indicate the amount of tuition enclosed, and mail to headquarters.

Seeds Of Contemplation

We forfeit the chief source of dignity and sweetness in life . . . if we do not seek converse with the greater minds that have left their vestiges on the world.

James Martineau

The images of men's wits and knowledge remain in books . . . They generate still, and cast their seeds in the minds of others, provoking and causing infinite actions and opinions in succeeding ages.

Francis Bacon

YOGA CLASSES



Jaci Eckman presents a yoga class Wednesday evenings in October and November at 7:45 in the Museum Room.

She received her training from Nattie Valle, a student of Swami Satchitananda. Jaci taught in Northern California for two years. She will lead you in chanting, hatha yoga, and then into deep relaxation, ending with a short meditation.

The class is open to everyone, with or without experience in yoga. Please eat a light meal and come in comfortable, loose-fitting clothing.

Attendance is by free-will offering.

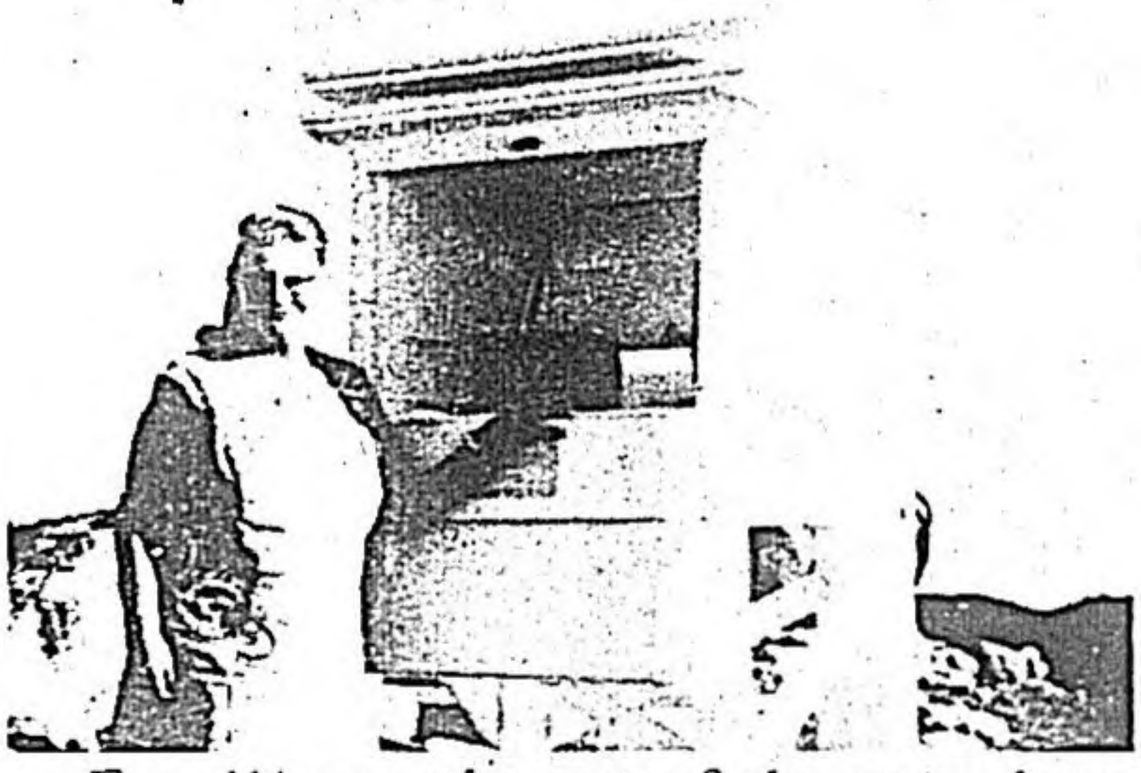
DEBT GETS SMALLER

To save money and make Astara's finances go as far as possible, we pay cash for nearly all our purchases except those in which the amount is unusually large. This is reflected in the following brief financial statement.

Mortgage on land and buildings
at 261 S. Mariposa only $4093.00

The above is all we owe and we expect to have it paid off before Astara's next anniversary.

WHAT ASTARIANS DO



For 4½ months out of the year, how would you like to live alone, 50 miles from civilization, in a single room atop a tower, with no electricity nor indoor plumbing? Trudy Walter does. She's a fire lookout tower operator in the wooded mountains of northern California.

She works a 10-hour day from June 1 to the first full wetting storm in fall around the middle of October. During this time she is not allowed to leave the tower without permission. When fire danger is low she makes a complete scan every 15 minutes. When the hazard is high, she is on constant scanning duty. She reports all smoke, except for known emanations from mills, etc. In the center of the room is what is called a *firefinder*, by way of which she can accurately determine where the fire is. If the smoke is seen only over a ridge, she checks with other towers, and their cross-readings pinpoint the blaze. Her tower is also a weather station, so Trudy computes the sendings and reports them once a day . . . twice during extreme fire hazard periods.

She calls her lookout "Skyview Penthouse." This watch station is 15x15 feet with windows on all four sides. In it are a bed, propane gas range, cold storage unit, tabletop over a food cupboard, a small sink with an old-fashioned pump to draw water from the tank below, a wood stove for heat and gas lamps for light. Utility water and groceries are brought in weekly by the Forest Service.

She rises at sunup and takes a long hike before reporting in at 9:30. Her only contact with the outside world is through the Forest Service radio. "It's not as dull as one would think," she says, "for you hear both sad and funny things. We help in communications with helicopters in searching for lost people and rescuing the sick and injured."

Her husband usually comes along to deliver her mail and bring books and the local newspaper. She fetches her drinking water from a spring 4 miles away. Bathroom facilities are 100 feet down from the knob of the hill upon which her tower perches.

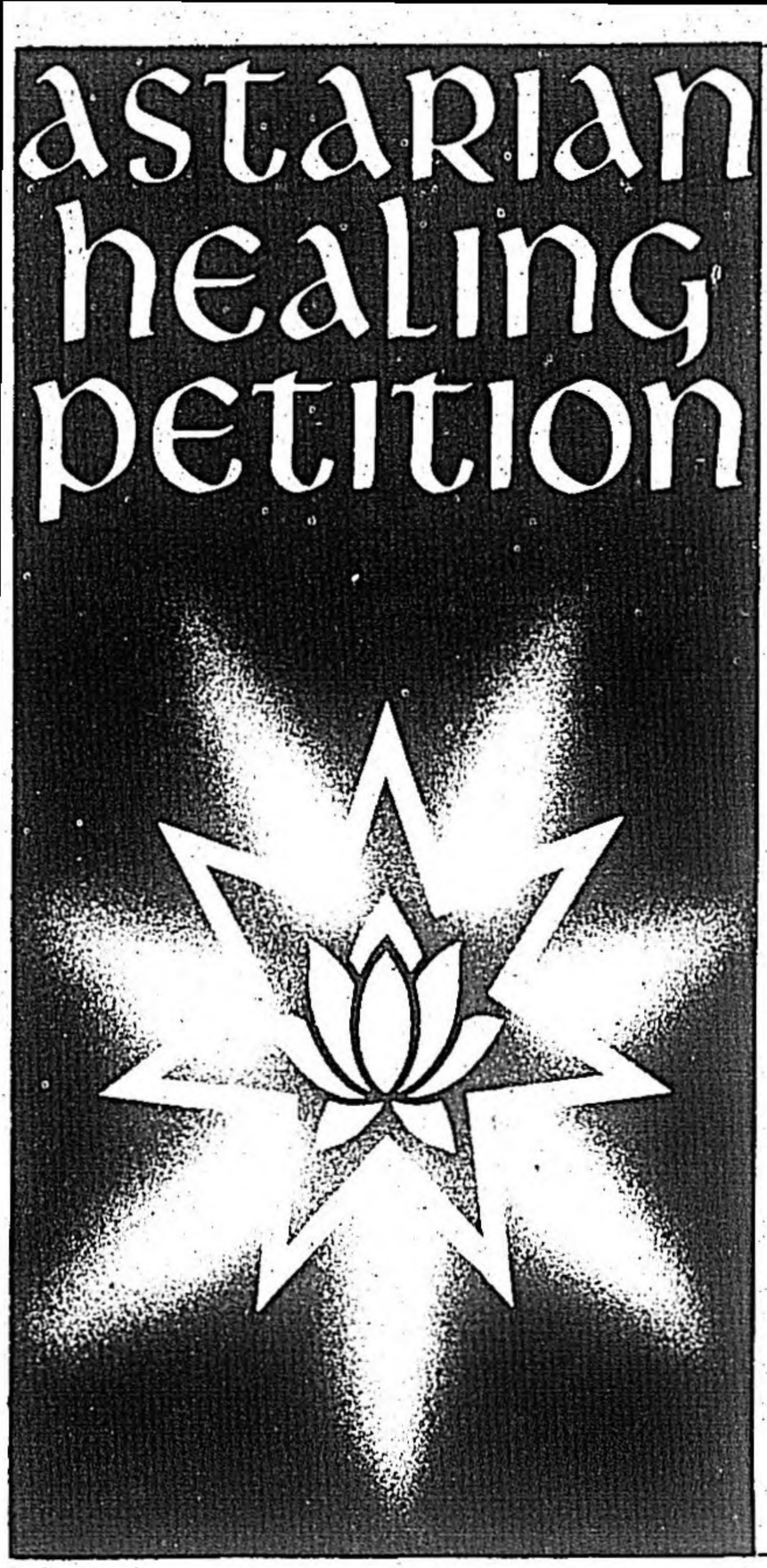
Trudy's background in religion and metaphysics goes back a long time before this or her membership in Astara. When she was 14 she sang before thousands at the Billy Sunday Evangelistic services in Rock Island, Ill. For more than a decade she soloed for practically all church denominations until an illness caused her to give up her musical career. She married and gave birth to twins. She opened a book shop in Redlands, Calif. which became a worldwide outlet for metaphysical books via mail. Later she and her husband moved their base of operation to Mt. Shasta. Eventually she sold out, to seriously begin spiritual studies and preparation for the ministry.

Nine years ago she became a summertime tower operator. Trudy spends the winter months in continuing study and her ministry of teaching and healing. She also sandwiches in lectures on THE HUMOR AND TRAGEDIES OF A FIRE LOOKOUT TOWER OPERATOR. "For this job one must be rugged, a backwoodsman, and capable of living alone with oneself."

No doubt about that, Trudy. No doubt at all! See you at Astara this fall when you plan to visit after leaving your Skyview Penthouse until next June.

—Heidi Olsen

astarian healing petition



1. Fill in the Petition.
2. Concentrate a moment upon the Astarian Symbol.
3. Hold it between your hands with a prayer . . . then send it to us.
4. Each day sit in meditation for a few moments, visualizing yourself in an aura of White Light.

Please direct your prayers and spiritual healing energies to:

Name _____

Address _____

_____

for the following difficulty: _____

_____

_____

_____

NOTE: When requesting healing for someone else, write your own name and address on the back of this Petition. This is *IMPORTANT*.

Astara 261 South Mariposa Avenue Los Angeles, California 90004

THE ASTARIAN AFFIRMATION

I am surrounded by the Pure White Light of the Christ . . .
Nothing but good can come to me . . .
Nothing but good shall go from me . . .
I give thanks!

Here Am I...

Let me help in Astara's

23rd Anniversary Celebration . . .

I know that each year Astara's milestone date is a mark of spiritual accomplishment in the lives of myself and all other members.

And I also know that on this anniversary Astara will try to take a major step toward preparations for the following year of service.

I realize there is a tremendous amount of scheduling, planning, budgeting, equipment purchasing, staff additions, space expansion and research to be done–and, not being in the offices or printing plant, I cannot participate in these activities as I would like.

So I *am* taking part via this donation envelope. As Isaiah said, "Here am I. Send me," so do I say "Here am I. Let me help in Astara's 23rd Anniversary Celebration."

The enclosed donation carries with it my prayers and good wishes for Astara. It is literally an extension of my Self directly into the midst of all the important activity of Astara. In truth it is all reflected back to me, magnified by the help of my fellow members and the efforts of the headquarters staff.

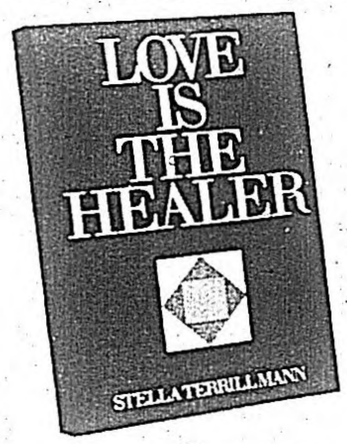
"He that believeth on me, the works that I do shall he do also; and greater works than these shall he do."
Jesus in John 14:12

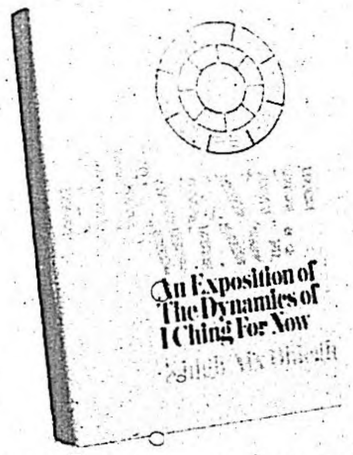
ASTARA's Book List

September-October 1974 *Compiled by Irma Mills*

( ) LOVE IS THE HEALER.....(c)..$5.65

Stella Terrill Mann, author of several books, including "Change Your Life Through Prayer," has drawn from her more than 30 years of counseling for "stories from life" to illustrate that love is a word too often used and a principle too seldom applied in our lives. Mrs. Mann says, "It is not a question of whether love will ever be used as a universal way of life, but only of how soon enough people will get together and build a better world through love put to work." "Love Is A Healer" is a practical, inspiring book, a way toward knowing the joys of Self-fulfillment.





( ) THE ELEVENTH WING...$8.50

by Khigh Alx Dhiegh. (c)

An Exposition of The Dynamics of I Ching For Now. Presents updated principles of the I Ching beyond the classical Ten Wings (Commentaries) used for centuries to interpret this ancient text. Correlates the philosophical and psychological aspects with modern scientific research and explanations of phenomena in the world today. A consultation of the I Ching is an approach to attaining an altered state of consciousness, of changing from time-space boundaries to non-ordinary reality. "The Eleventh Wing" adds an important dimension to a deeper comprehension of "changes" in our lives.



( ) BIBLE & THE TAROT (C)..$5.65

by Corinne Heline. In three parts: Basic Principles; Hebrew Alphabet (a series of Cosmic Glyphs); a comparative study of the Bible and Tarot.

( ) Paperback edition.....$4.25

Astara 261 South Mariposa Avenue
Los Angeles, California 90004

Each price on this order form reflects the 5% discount allowed on each title. All sales are final. No refunds or exchanges.

Please allow at least three weeks for delivery in the United States.

* * * * * * * * * *

___Number of books ordered. Amount $_____

California residents add 6% tax.... _____

Total amount of this order.....$_____

* * * * * * * * * *

SEND TO:

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Name (please print)

_____

Name and number of street

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City State Zip

Cut along dotted line

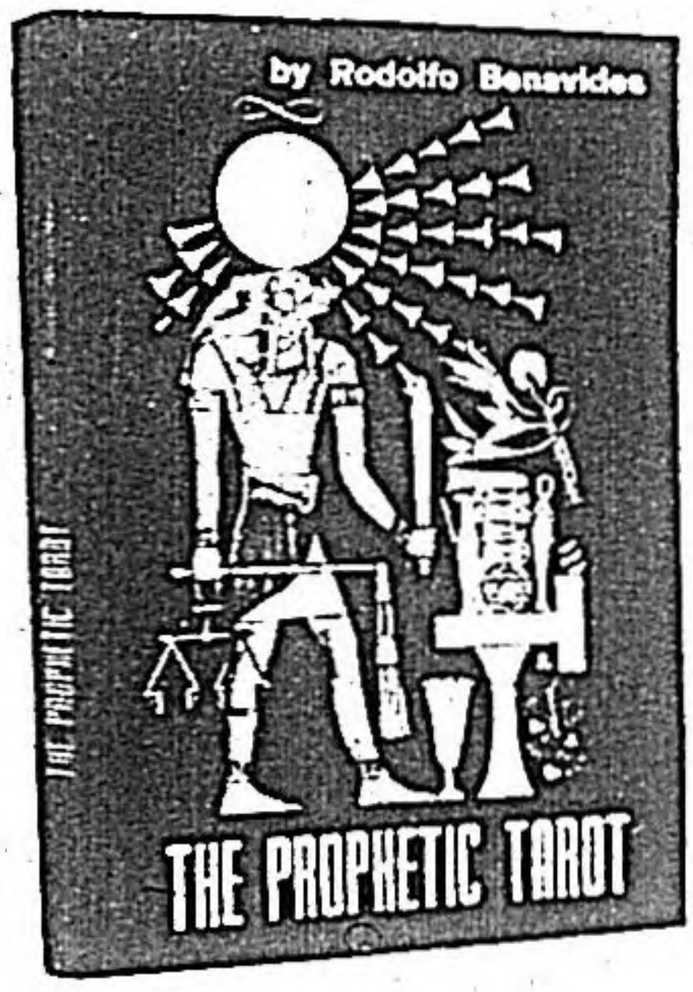
Four titles by Eva Bell Werber (paper)

( ) IN HIS PRESENCE.....$1.70

( ) JOURNEY WITH THE MASTER.....1.70

( ) QUIET TALKS WITH THE MASTER.....1.70

( ) VOICE OF THE MASTER.....1.70



( ) THE PROPHETIC TAROT.....(p)...$4.75

by Rodolfo Benavides.

Presents a different viewpoint on the origin of the Tarot, and suggests that it was a sacred book of the ancient Egyptians. The prophecies are related to numbers, the Great Pyramid and the Book of Revelations.

( ) TAROT CARDS.....$5.70

Grand Etteilla, Egyptian Tarot Deck; in color, with instructions.

( ) CLAIRVOYANCE - C. W. Leadbeater(c).$2.40

( ) INVISIBLE HELPERS - Leadbeater (c)..2.85

( ) TELEPATHY - Alice Bailey.....(p)..1.70

( ) ETHICAL ESP - Ann Ree Colton...(c)..8.50

( ) WATCH YOUR DREAMS - Colton....(c)..9.50

( ) A TREASURY OF KAHLIL GIBRAN....(p)..4.70

( ) SECOND TREASURY OF GIBRAN.....(p)..4.70

( ) FLOWERING TREE - Gladys Jones (c)..5.65

Mystical interpretation of reincarnation.

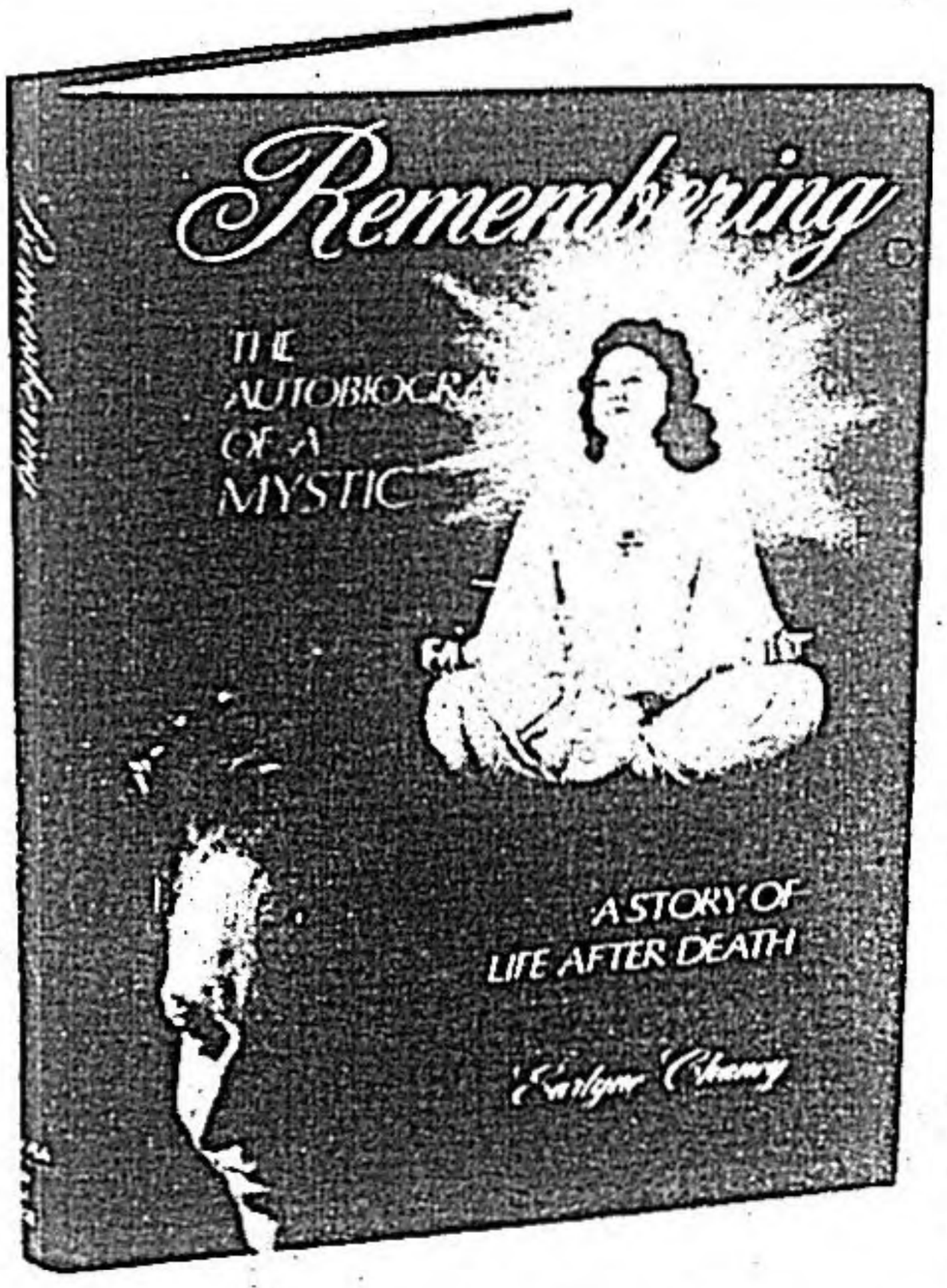
( ) VEGETARIAN COOKERY.....(p)..$4.75

By Pietro Rotondi, D.C.

Excellent recipes, information on vitamins; classifications of foods; substitutions; and inspirational ideas -- make up this "new age" cook book.

Indexed for easy reference.

TOTALLY REVISED...
NEW HARD COVER EDITION.....$8.50 ( )



Remembering

The Autobiography Of a Mystic by Earlyne Chaney

Do you believe in Guardian Angels? In Life After Death? Do you believe you have lived before?

This is a true, wonderful story of a girl's search for a love from the past...of a Great Being who guided her life from a humble beginning to eminence as a teacher whose mystical writings are sought by other seekers the world over.

From its first chapter, *"Once Upon a Lifetime,"* to the ending, *"Beat the Drum Slowly,"* your own laughter and tears will mingle as you read of Earlyne's struggles to acquire philosophical maturity...to comprehend her visions and dreams...to overcome the conflict between fame and philosophy.

How this remarkable book, *"Remembering,"* parallels your own life, your own hopes and trials, your own seeking, only you can measure the understanding and inner strength you receive from it. This story could be your story. It could change your life.

Dr. Marcus Bach, author of "The Power Of Perception," comments in his foreword to REMEMBERING, "It is the kind of book that everyone would like to write, for every life is a story...it follows a line of expanding consciousness which spins a unique scenaric plot."

CREATION NEVER ENDS

As a mystical scientist you know that creation did not end with the formation of cosmic energies into the millions of planetary systems. You know that you are a creator in the truest sense, re-forming personal galaxies day by day.

The cosmic substance with which you constantly create pervades every area of your life, waiting for you to mold it into meaningful patterns of attainment. You are the personal representative of the Great Creator. Your life is the universe over which you are the director.

The materials which you are molding into a personal universe come to you through everyday experience one by one. But in much greater quantity, and much more rapidly, they come to you through such sources as Astara's Degree Lessons. Use the Continuation Form on the reverse side of this page for additional Astarian lessons.

Degree Lessons Continuation Request

Postal delivery requires three to four weeks in the U.S.
For your convenience and saving, you may wish to send advance tuition for more than one month's Lessons. Check your preference in the squares below.

Astara 261 South Mariposa Avenue ● Los Angeles, Calif. 90004

I have checked below the tuition payment I prefer. Please send the Degree Lessons to me accordingly.

- ☐ I enclose $4. Send next two Lessons.
- ☐ I enclose $7.80 for four Lessons. Send 2 each month. (saves 20¢)
- ☐ I enclose $11.40 for six Lessons. Send 2 each month. (saves 60¢)
- ☐ I enclose $14.80 for eight Lessons. Send 2 each month. (saves $1.20)
- ☐ I enclose $18 for ten Lessons. Send 2 each month. (saves $2.00)
- ☐ I enclose $25 for fourteen Lessons. Send 2 each month. (saves $3.00)
- ☐ I enclose $38 for twenty-two Lessons. Send 2 each month. (saves $6.00)

When requesting more than two Degree Lessons, they are mailed to you two at a time on the first of each month.

Lessons are usually sent via Third Class mail requiring up to four weeks for delivery in the continental United States unless you request First Class mail.

☐ Please send the Lessons I have requested via First Class mail. I enclose an extra 50¢ for each two Lessons (50¢ for 2; $1 for 4; $1.50 for 6, etc.)

Name (please print)_____

Street & No._____

City_____

State_____ Zip_____

☐ Check here if new address since your last order.

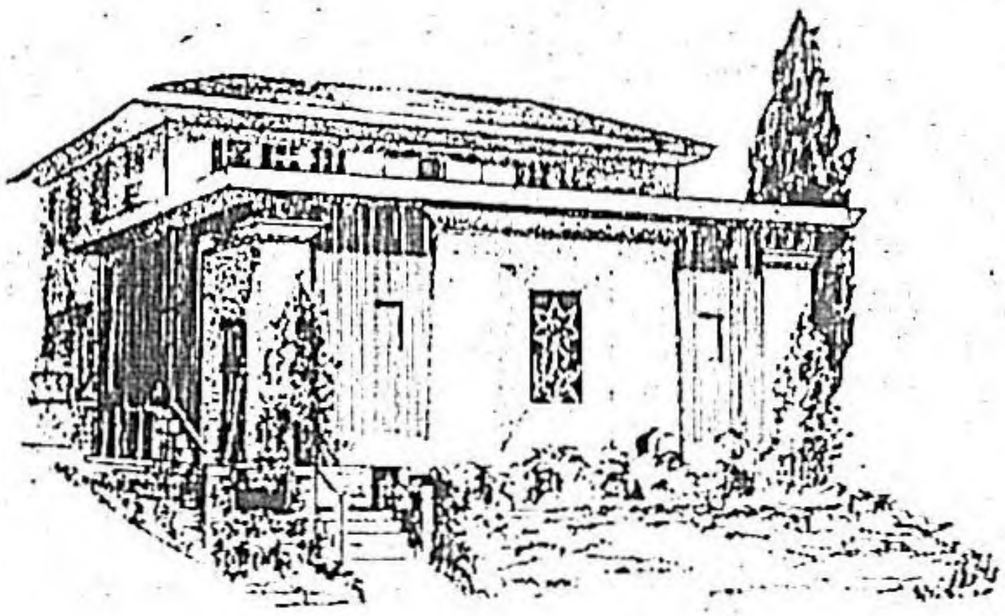
Degree Lessons Continuation Request



NAME_____

ADDRESS_____

CITY_____ STATE_____ ZIP_____



Stamp

Astara

261 South Mariposa Ave.
Los Angeles, California 90004

Starmist

A recording specially created
for your meditations

Includes mystical musings spoken by
EARLYNE CHANEY

And enchanting melodies played by
IRMA GLEN

Two gifted people have created a spiritual mating of poetry and music on this recording—a beautiful ecstasy of inspiration and creativity.

If you will relax, close your eyes, and breath slowly as you listen, the troubled pool of your consciousness will be stilled, and its placid surface will reflect starmist. You will know the Presence in your own heart.

Starmist *offers you the true way of the Self that leads to the Reality of Spirit.*

Available on 33-1/3 LP records or cassette tapes

SEE REVERSE SIDE FOR ORDER FORM

IRMA GLEN . . .



. . . is one in whom the worlds of music and religion coexist and express simultaneously.

At the age of fourteen she was a concert pianist. At fifteen, she toured Europe and South America as the world's youngest professional orchestra leader. For many years, she was staff organist for NBC in Chicago and Hollywood. Across theater footlights and over the air waves, she thrilled countless thousands with her ability to present every musical form, Classic or Popular.

Then, to her doctorate in Music, she added another in Religion, was ordained, and has combined the two professions in pulpits and at organs around the world. The Spirit speaks in her original compositions.



EARLYNE CHANEY . . .

. . . traveled a long, fascinating journey on the way to her place as an outstanding writer and teacher of the mystical and esoteric.

The path of her life led through a career in drama (movies and stage) before the tragic loss of a loved one turned her toward the worlds whose dimensions are beyond the physical. She describes the journey in her book, *Remembering, The Autobiography of a Mystic.*

She is one of the founders of Astara, and the original creator of Astara's published Lessons, which reach members in scores of countries. The prose and poetry on this recording are her compositions.

ASTARA **261 S. Mariposa Ave., Los Angeles, CA 90004**

Available on a donation basis. $3.95 covers the cost of production, handling and mailing.

Please send a Starmist *recording as checked below.*

- ☐ 33-1/3 LP record for phonograph
- ☐ Cassette tape for cassette player

*I enclose a donation of $*_____

Name (please print)_____

Street and number_____

City_____

State_____ Zip_____

A VISIT WITH ROBERT



October, 1974

Dear Fellow Astarian,

This letter, first of all, is to say "Thank you," for your membership in and support of Astara. Along with your fellow Astarians, your being with us in the spirit of all that Astara teaches and means is one of the great and heartwarming experiences of my life.

Actually, in one way of thinking about it, Astara's celebrating an anniversary is a kind of paradox. On the one hand we are celebrating a point in time. On the other, all Astara's teachings really direct us to a state of timelessness.

Time and timelessness--the momentary domain and the eternity domain--we live in both. One part of our being is oriented to the ticking clock of today, the other to the cosmic undulation of forever. And though we may think of eternity as something to enter at a later date, the fact

(OVER)

is that we are in it now, which I'm sure is nothing new to you.

We commemorate Astara's 23rd year of existence--yet more than simple existence: dispensing truth, inspiration, strength and other qualities, bringing light to those who seek it. As I sit in my office writing this to you, I cannot help but pause a moment to reflect on the fact that literally thousands of lives have been changed during the last 23 years because of Astara, yours and mine included.

The accomplishments of those years, and the contributions (in many forms) of those lives, continue to multiply; movement is ever forward. This last year will mark one of the most important ever, due to the establishment of the book publishing arm of Astara's activities. Earlyne's autobiography, Remembering, has already been widely distributed, and Swami Parampanthi's six-week meditation course in book form, Creative Self-Transformation, is soon to be announced.

In the final analysis, it is only by noting some of the accomplishments in a time span that we have something with which to compare timelessness outside that span. In sending you this greeting on Astara's 23rd anniversary, I must also say that together we are beyond time and--

In The One Light,

Happy Anniversary! Robert

PEOPLE AT ASTARA



Joe Lemaire

Rince Etienne Lemaire was born on the island of Java in Indonesia. His life took many exotic, exciting and sometimes unpleasant turns before he emigrated to the United States in 1960 . . . to become a citizen in 1965.

Joe, as he likes to be called, has been an Astarian for 10 years; a member of the staff since last May. He supervises the Mailing Department and is responsible for all mailings including correspondence, Degree and general lessons. Figuring postage rates to countries all over the world is no mean task, but he is more than equal to it. He was educated in Indonesia, Holland and the USA, and holds degrees not only in management, but aeronautical and manufacturing engineering as well.

Joe's lovely wife Vera is also Dutch-Indonesian. They have two charming daughters. Peggy was born on the island of Sumatra and Daphne in Holland. Peggy, recently married (Dr. Robert performed the ceremony), is a part-time member of Astara's staff. Daphne is a college student.

Joe served in the Royal Dutch Military Air Force for 17 years. He was taken prisoner of war by the Japanese in 1942, and put to work on the infamous Burma Road, later in a coal mine. Vera was in a prison camp too. Since no communication was allowed neither knew what had happened to the other. They weren't married then, but their love persisted. After they were liberated in 1945 each wrote to the Red Cross and this fine agency reunited them.

The family left Indonesia in 1953 because of the revolutionary political situation. Joe's work brought him to America and eventually to the Los Angeles area. Subsequently his company transferred him to Hong Kong *(Fragrant Harbor* is what it means, he told me), where they lived from 1969 to 1973 in an apartment atop a hill overlooking both the harbor and the dancing lights of the airport.

When this assignment ended the family returned home, and Joe became our VIP in the Mailing Department. Astara's lifeline is through the mails, and he keeps it surging. --Heidi Olsen

INVITATION TO INDIA

Robert and Earlyne Chaney have been invited to address the Universal Yoga and Peace Conference to be held in Bombay, India in the month of December, 1974. The Conference is sponsored by Yoga Shakti Mission of India. Here is the letter of invitation:

Blessed Dr. Robert Chaney:

I am happy to inform you that the Universal Yoga and Peace Conference will be held from December 25th to December 29th in 1974 in Bombay. We expect a large number of delegates from foreign countries to participate in the Conference. We, therefore, cordially invite you and Earlyne to address the Conference. We also request you to publish kindly the news in your monthly journal. Other materials on the Conference are being sent separately.

Thanking you,

Yours in Divine Service
Yogamaya
Secretary, Yoga Shakti Mission

AN ANSWER

The August issue of the *Voice* contained an "Open Letter To God" which was intended to be a humorous offering of reasons for not attending Sunday morning services.

Astarian Joan Vaughan heard this read on the air in Rhode Island many years ago and wrote an answer to it which was also presented on radio. Herewith we present the answer as though God were speaking and trust that no member of Astara will take exception to it.

Answer To An Open Letter To God

Dear Child of Mine,

Your open letter has received My deepest attention and it grieves Me that you do not enjoy Our weekly visits which I look forward to so eagerly. With such joy do I anticipate Our re-union each Sabbath and your prayers and praises rise to Me sweeter than incense.



Even the angel choirs are hushed when the little ones sing and how the courts of heaven ring when your songs of praise are blended; yours and the angels. Yea, when I see My children all gathered before Me do I say again "it is good."

Dear child, should I remind you that I have given you six days to do all your labor and take care of all your business and have set apart only one for Us. I know, perhaps as you do not, how dry and barren becomes the soul that finds not its filling from Me and how much you need this day of spiritual blessing. As from the beginning this day was made for you as another instance of My love and consideration for your frailty.

And knowing in advance that you will keep this day, why not heed My advice to My wandering children of old and "bake that which ye shall bake today and seethe what ye shall seethe" on the day before thereby having a full meal but without the preparation thereof to worry you.

As you grow closer to Me you will find that the pleasures of Saturday night pale into insignificance when compared to the "pleasures at My right hand forevermore." Certainly do I desire that My children have recreation, for does not "a merry heart doeth good like a medicine," but let your pleasures be temperate and wholesome, thereby conserving thy strength for My service.

If you are weary, take heed to My counsel and lean on me for I will give you rest. You will be surprised to find the extra energy that joyful communication with Me brings, and how shall you find Me except by coming to My house with your brothers and sisters?

You say "I am to busy for Thee, Father," but suppose your soul is required of you this day, how would I know you?

What do you profit if you gain the whole world and lose your soul for "thou art Mine, thou art called by My name." "Behold, I have graven thee upon the palms of My hands". Yea, for all eternity will the marks of My divine love for you remain on the hands of My beloved.

Canst thou not come apart and watch one hour with Me?

Your loving Father

ASTARIAN INTERVIEWED

The Yucca Valley, California, newspaper recently interviewed Astarian Freddie Fitzsimmons regarding his long career as a baseball player, manager and coach in the National League. He played and coached for both the Dodgers and Giants and managed at Philadelphia.

Among the points of interest to baseball fans included in the article were: Freddie was the first knuckleball pitcher in the major leagues; he pitched for 19 years, winning nearly 215 games; he twice led the National League with the best winning percentage; he appeared in three World Series as a pitcher and three more as a coach; he was the eldest pitcher ever to start a World Series game; he was in the major leagues for 35 years.

SOMETHING'S HIDING AT ASTARA

There are all kinds of expenses which are hiding at Astara. And your being present to help, through your 23rd anniversary offering envelope, will reveal their hiding place.

Usually, when we think of Astara we think of lessons, books, recordings, etc. But there are other important items necessary to make the former possible. Insurance, telephones (we have 36 of them!), paperclips, letter stationery and envelopes, pencils, pens, typewriter ribbons, electric light and gas meters, dictation equipment, file folders and literally hundreds of other items are all hidden expenses that are only visible when the bills arrive.

Your 23rd anniversary donation will help pay the hundreds of dollars each month spent on these items. We have received a generous $500 donation toward new automatic typing equipment (one such typewriter costs approximately $5,000!). So your presence will indeed be felt and appreciated this 23rd anniversary. Thanks for your help.

ARE YOU SEEKING THE BEST?

The eternal conflict in the Christian's life is not between good and bad. He is a "new creation." His mind is "set on things above." He has no taste for the low, the base and the sordid. His battle field is on a higher level. It is between GOOD and THE BEST.

Cheap content may be an alluring prospect, but a Christian's inner vision will scourge him on to things beyond. The law of life prepares to bury the person who is content with the present. Neither nature or grace will tolerate a sluggard.

The story of the talents as told by Jesus Christ may be stated in a word: Use the present to make a better future or lose both the present and the future.

The good which we have in the present can only be insured by seeking the best. "Let good enough alone" is the philosophy of a fool. The wise dig and scramble and climb. Restless souls are the world's saviors. By seeking the best they inspire men to seek the good.

Alfred A. Montapert; Author
The Supreme Philosophy of Man

TRY THIS PRAYER

Hallie Beare, an active 94 year-old seeker, often attends meetings at Astara, driving her own car! As a young woman she traveled throughout the world as a leader of an all woman brass band. In the United States she was a headliner on the Orpheum vaudeville circuit.

At Astara recently she said that she awakens each morning with this prayer in her heart: *Thank you for another day. I ask to be divinely guided, guarded, protected and directed, and to make someone happy today.*

Thank you Hallie!

BEYOND LONELINESS

By SARALA

We are truly lonely when we have lost ourselves. Let us regain our creative selves to transcend loneliness.

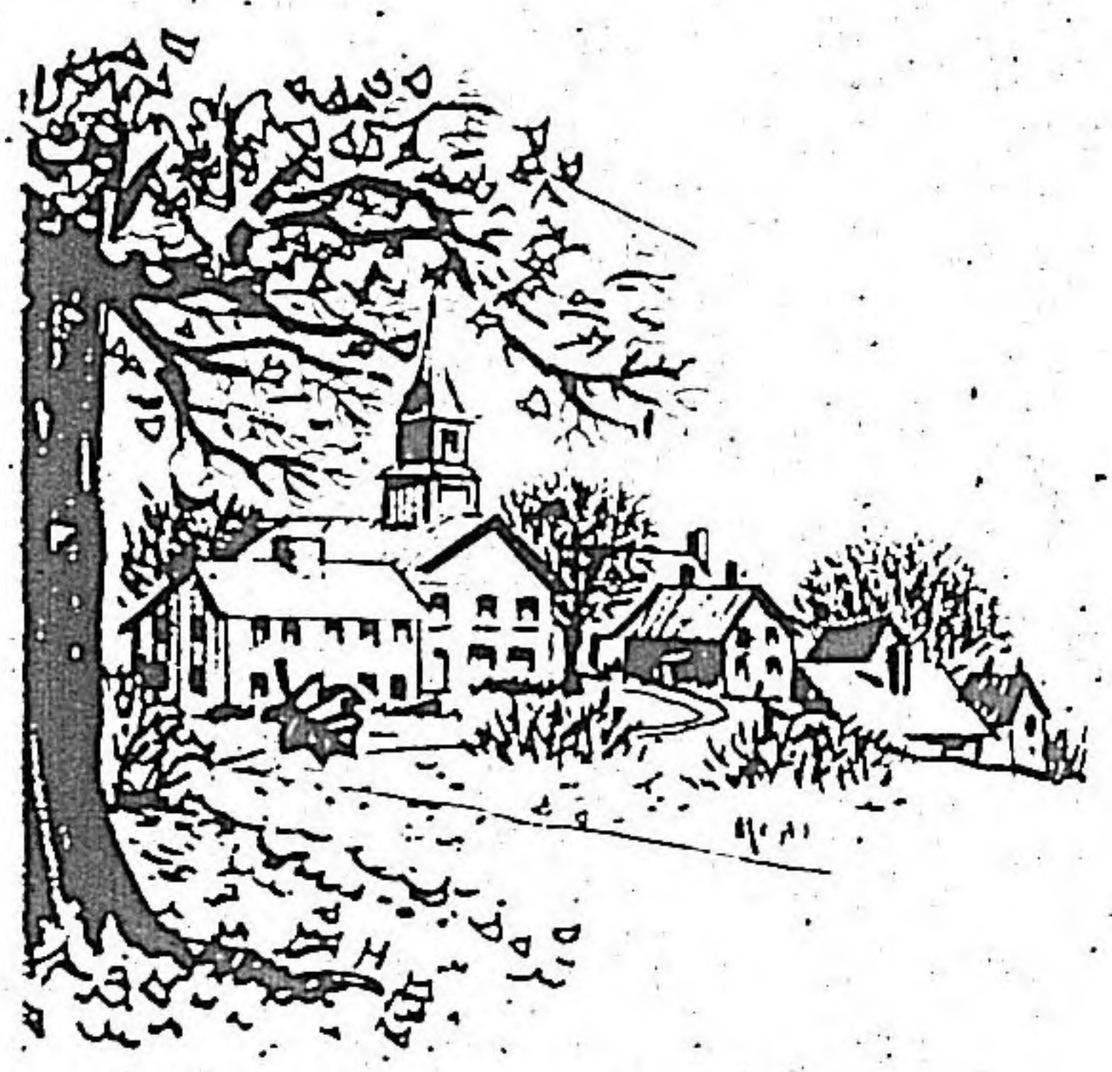
Instead of looking to others to fulfill our needs and expectations, let us turn inward to the perennial fountain of our soul to replenish ourselves.

This is not to say that our friends and loved ones are not important to us. They indeed are, and add much to our lives... However, it is wise to remember that we should not heavily depend on them for those things which we can do for ourselves. Over-dependence on others stops us from developing our inner capabilities.

If we are not self-sustained and to a certain extent complete in ourselves, we can be lonely even in a crowd. If we begin to know in earnest who we are and what we want from life, we can be fulfilled and creative even when we are alone.

This self-dependence does not mean selfishness and alienation from others. Sharing and giving should be a natural activity of people on the path of self-fulfillment for a journey beyond loneliness. For, in giving we truly find what we are and what we are looking for in life itself. In moments of sharing we rise above selfishness and ego-centered life.

It is equally important to remember that we must find and utilize moments of aloneness to expand and develop our creative abilities. Solitude gives us welcome moments for reflection, meditation and prayer. It is also a period of getting in touch with "ourselves," of realizing our divine potentialities, and of calm and resolute planning for the actions we must take in order to grow into totally integrated individuals. This path of creative solitude opens the door to our inner plenitude, and finally takes us beyond loneliness.



PROPERTY ANYONE?

Some of Astara's dreams for the future require space in order to be realized. Even now we are crowded and must soon either rent additional space or remodel existing facilities.

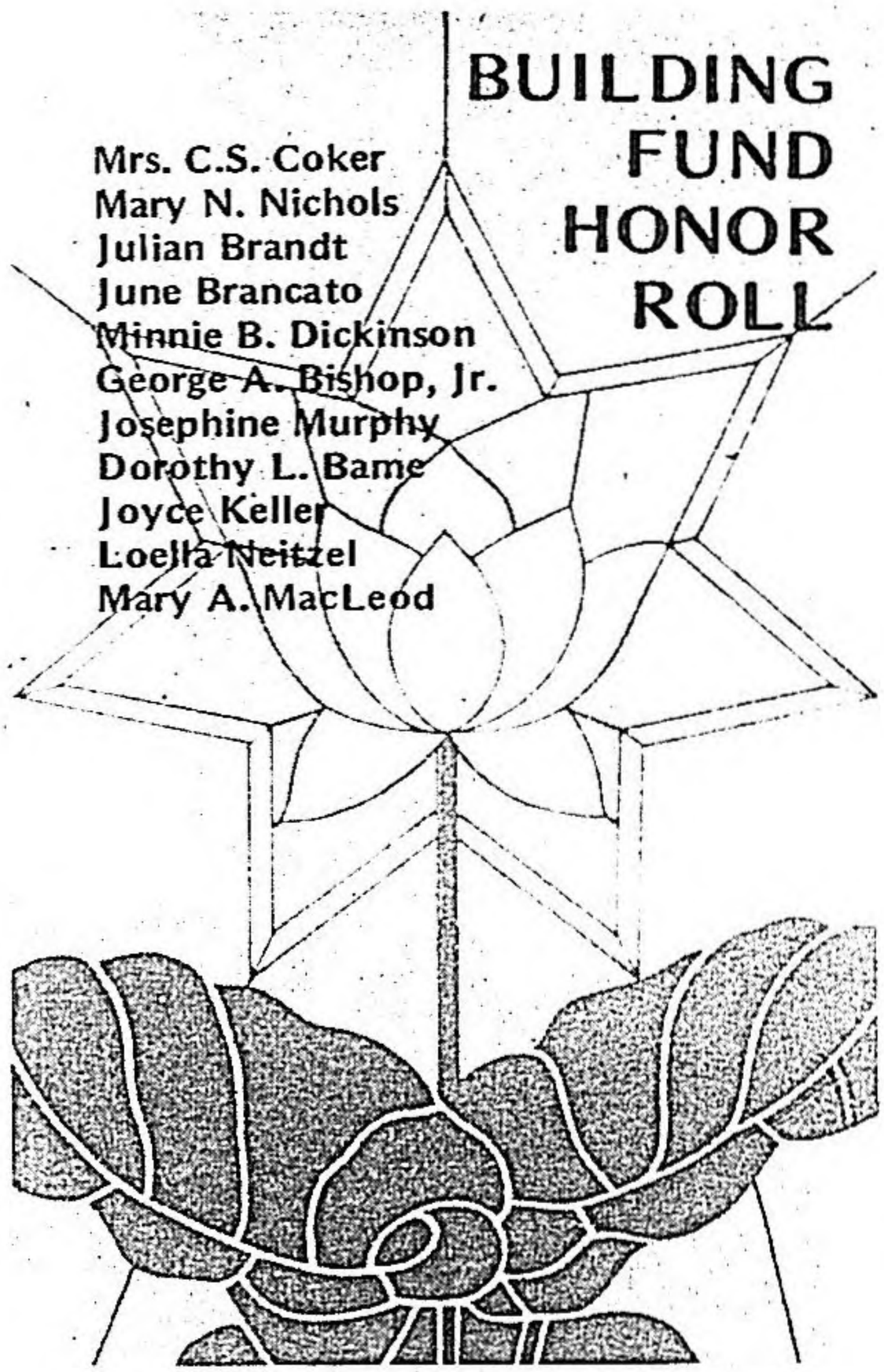
It may be that somewhere an Astarian possesses property not being used at the present which would help Astara attain the dreams which do require space. We could easily use up to ten acres or more.

Additional office and print shop space is not a dream, of course; it's a practical necessity. The library, museum, larger meeting quarters, retreat and seminar area, living quarters for both retired and active members, are all a part of the future which awaits the proper combination of circumstances to be actualized.

If any member owns suitable property that could be used for any or all these purposes, please contact Dr. Robert or his assistant for long-range development, Pamela Sargent. Thank you.

Time is of no account with great thoughts. They are as fresh today as when they first passed through their author's minds, ages ago.

Samuel Smiles



The manner in which one single ray of light, one single precious hint, will clarify and energize the whole mental life of him who receives it, is among the most wonderful and heavenly of intellectual phenomenon.

Arnold Bennett

No man is wise enough by himself.

Plautus

IN MEMORIAM

To the following persons who made memorial gifts to Astara, and to those whose memories they honor, we express our appreciation and love.

Hilda Lentner in memory of her husband, George Lentner.

Ana Maria Viera in memory of Earlyne's mother, Mae Jones.

Lorraine Dupuis in memory of her mother, Marion B. Greene.

Carola Harris in memory of her friend, Eddye Lea Ensor.

David N. Bair in memory of his wife, Janet Bair.



Annie May Turner, housekeeper for the Chaneys for so long she's a member of the family, experiments with a new kitchen gadget.

SPEAKERS AT ASTARA FOR OCTOBER '74

October 6: COURAGE OF YOUR CONVICTIONS
Rodolfo Silva speaking

October 13: IS THE HUMAN BODY FULLY EVOLVED?
Robert Chaney speaking

October 20: WILL THE REAL YOU PLEASE STAND?
Marcus Bach speaking
Earlyne Chaney, Healing Service
23rd ANNIVERSARY SERVICES

October 27: HOW TO CELEBRATE YOUR LIFE
Swami Parampanthi speaking
Rodolfo Silva, Healing Service

November 3: YOUR THREE GREATEST POWERS
Robert Chaney speaking

Organist: Rose Diamond

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