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THAT'S A GOOD QUESTION

THAT IS A GOOD ANSWER

OUR STUDIO ACTIVITIES

DINSHAH IMPARTIAL

THAT MUCH DISCUSSED M. B. LETTER

WONDERFUL MEDICAL PREDICTION

OUR STUDIO DIRECTORY

OPEN DECLARATION FROM THE EDITOR

Our Aim HAPPINESS IN EVERY HOME	DINSHAH P. GHADIALI Editor	SERVICE OF MANKIND

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THAT'S A GOOD QUESTION

Under the above caption, Medical Doctor William Bolton, as the Editor of the said department in "today's health", a monthly publication of the American Medical Association, wrote in its March 1953 issue an answer to an inquiry about:—

"COLOR THERAPY

Question — A friend tells me that a method called color therapy is now being developed by which various illnesses may be treated successfully. Do you have any information about this?

Answer — From time to time, theories are advanced that color may have value as a treatment adjunct in medicine, but we do not know of any evidence that a specific disease ever has been cured through the use of color alone. Various colors may have some value so far as mental attitudes of many patients are concerned, and this idea has been utilized in some hospitals. For example, walls and ceilings of hospital wards or rooms may be painted a light blue or green because such tints are believed to have a soothing effect. In general, colors probably should be considered for their secondary effect in helping a patient to overcome excitement or worry about an operation or illness."

This publication is an answer to the stated view, as in our service to our Members, their own convictions by their personal investigations, researches and experiments will give them the accurate view of the Truth behind the Visible Spectrum. Let the reader judge for self.

VISIBLE SPECTRUM RESEARCHER

A Monthly Magazine
Devoted To The Service Of Mankind.

Editor
DINSHAH P. GHADIALI

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For the views expressed in signed articles, the writers are responsible; for the opinions in articles bearing no identification, the Editor shoulders the sole responsibility.

THAT IS A GOOD ANSWER
By:-INDIVIDUAL EXPERIMENTERS

DIABETES, BLINDNESS, ULCER, HEART ATTACK

REPORT BY G. C.

I am writing about my husband, M. C. He has his Projector 3½ years. He was in a very bad condition with Diabetes, lost one Leg and the other was badly infected. Was told about the Projector, so when I heard I went to Detroit to get it. He had taken 900 Chloromycin Capsules, which cost 80 cents each. I was desperate. The Doctor told me that M. was going to die. The day I came home with the most wonderful thing in the World, he had taken the last Pill. He was also Blind; had a Hole in his Heel as large as a dime. I used the Green Light for the first Tonation and the second one. I put it right on the place; you could see the Pus coming up. It healed in a short time; no Sores and thank God his Sight is back! I feel like shouting from the house top! I had two Heart Attacks; used Magenta; feel fine now. Would not take a million for it. God bless you and may you live many more years. We never fail to use it every day.

* * *

BREATHING, SWELLING REPORT BY E. C.

Followed your instructions by irradiating myself with my Color Projector and had wonderful results. Yellow on Areas 6, 7, 8, 9, 10 and Magenta on Area 4 and within 3 days, had no more trouble with my Breathing; the Swelling from my Legs is gone also. I am able to go to work again and so it shows again in my case, that the Visible Spectrum Of Light And Color has Therapeutic Effects and lots of Healing and Curative Value!

* * *

PAIN EYES REPORT BY H. C.

I suffered for a long period of time with Pain throughout the Body; could not seem to find anything to help relieve it. I attended one of your free lectures, purchased a Color Projector and started using it. My Pain all disappeared and I have had no recurrence of that condition. I am now 81. The Color Projector assists me so much to carry on. It helps my Eyes and helps me in general every day to such an extent that I rely on it implicitly and feel so remarkably well, taking into consideration that I already reached a good age. I am ever grateful to Dinshah and his wonderful Color Projector.

OUR STUDIO ACTIVITIES

EXPERIMENTER FINDINGS AND QUERIES

MEETINGS OF THURSDAY, AUGUST 4, 1955

First Allentown Pennsylvania Studio

J. F. — I had Pain in Area 8; seemed like Heartburn. Used Orange 6, 7, 8, 9, 10.

N. S. — My daughter had severe Nose Bleed. Used Indigo Local to stop it. Next day used Green on Soles of the Feet.

B. W. — I report on my little girl. More Yellow Back Systemic, Magenta on 4 for 30 days. I saw a difference in her Heart Beat.

M. P. — Where do I get information about the Visible Spectrum, such as the purchase of Equipments et cetera?

B. W. — Why don't you tell us your report? Maybe we could benefit by it. (Laughter).

J. A. — I am under the care of Dinshah, so I shall not report yet.

N. S. — M. P. and B. W. are under the care of Dinshah also and they reported their cases.

(Several By-Laws were read by the Chairman and discussion followed about Wheat Flour, Recipes and also how to purchase foods.)

EDITORIAL REMARKS

I fail to comprehend the reason for the Green on the Soles of the Feet. All inquiries about purchase of Color Projectors and repairs should be addressed to the Institute. We have no Agents, Dealers or Distributors. I strongly suggest that each Member should get the Dinshah Cook Book and follow the Recipes given therein. Its price is only $2.00, which includes postage and insurance.

* * *

First Cleveland Ohio Studio

The Chairman read a letter from M. B. of Milwaukee, Wisconsin, about the creation of a Universal Restoration Institute. Discussion ensued and the Members present thought it a splendid idea, but felt that unless we have better show of attendance, it would be fool-hardy to go further, unless we could contact former Members, if such move be permissible. Please, mail us the list with names and addresses.

A. M. — I had my Eyes examined for new Glasses. The Doctor told me my Eyes were stronger than they were two years ago at a prior examination. I attribute it to the Tonations. I shall read several Sections of our By-Laws.

EDITORIAL REMARKS

That letter of M. B. is printed in this issue and will be discussed in the Second Annual Convention. The Council Of Trustees refuses to permit any new or subsidiary Organization to mingle with our efforts for reorganization of our activities. You will study the reasons from that report. At the proper time, we shall do **all** the required work ourselves. About the List, read our By-Law 80. No List will be supplied. If the Members can not remember the First Thursday of each month as the Meeting day, their interest is either self-centered or lukewarm. You are having a small attendance, because of reasons well known to the Institute. Just have a good heart and continue.

* * *

First Detroit Michigan Studio

C. R. — I believe congratulations are in order for you people coming to the Meeting in such heat.

P. S. — Like most folks during these hot days, I have been using a fan and the other night I woke with a very sore Back. The Ratio was 79 to 19. Tonated twice with Orange and once with Magenta and was much better. My daughter sprained a Wrist at work and came home with it bandaged. Two Tonations of Orange cleared it.

C. R. — Stay away from fans; it is not good to have the air blowing directly on the Body.

A. G. — I have no report tonight. Whatever was wrong with me last month is all cleared thanks to the Visible Spectrum. The ordeal is over.

L. G. — I have been living in the country for several weeks and we had much company. Whatever happened I do not know, but, I came down with a dose of Pin Worms. The Itching was terrible. I came back to town and tonated with Yellow Back and Front, followed by Magenta. That cleared it in record time.

C. R. — Stay with the Yellow for some time, until you are sure that condition is completely cleaned out. Pin Worms can make life very uncomfortable. My father had them and he certainly suffered. I did not know a thing about the Visible Spectrum at that time; had I known, believe me, he would not have gone through what he did. Another matter; that report of L. G. emphasizes the importance of using the Natural Squatting Posture when performing that function **even in your own home.**

L. G. — Yes, I see that now. Most likely, some of our friends using our bath room, might be the cause of it. Well, the Yellow certainly worked fast!

C. R. — Do you see what happens when you know your Colors? The Yellow was the right Color to use for the Pin Worms. You know just what

to do and look at the result! It rid the Body in a very short time. I now present to you a new Member, R. G. I recommend her to use the Visible Spectrum constantly. Attendance at the monthly Meetings would benefit her and her whole family. Do you Members remember last month I told you about my Sideache? I kept taking Turquoise, but, the Pain was never fully relieved. Finally, it came back so much that I began to wonder if it possibly could be a Hernia. Last Sunday, we were out in the car and I had to pull off the road; I was in such Pain. When we arrived home, my wife suggested that I should itisise myself, something that had not occurred to me. (Laughter). Well, I did that and the Color to use was shown — Red! You could have bowled me over with a feather; I tonated with the Red and have had no more trouble since.

A. G. — What did the Ratio show?

C. R. — This is bad, I know; I did not take it. (Laughter).

L. G. — Physician, heal thyself. (Laughter).

E. R. — I guess we are all human at that. I remember one time I had a severe Pain in my right side,quite low in my Body. For some reason, I was convinced it was a Gas Pocket and if I used the Orange, it would be all right. So, I tonated with the Orange and got temporary relief, but, gradually it came back worse than ever. At times, I simply could not stand up. One night, my husband came home from work and insisted I get an Itisation, which I did. The answer was — Turquoise. Why I did not think of the Affinity Wave, I shall never know. If I had gone over to the Turquoise, after taking a few Orange, I should have been all right. Experience surely is an excellent teacher.

G. W. — I remember one time having a very severe Pain in my Side. I talked it over with my husband and he suggested the Scarlet. One Tonation and the Pain never came back. Just recently, my daughter was swimming and slipped and fell on the slippery embankment. She cut her Head about an inch long and quite deep. Of course, someone wanted to get the Doctor, but, I said we should wait until her father came home. He suggested Turquoise and Green. That was a week ago yesterday; tonight it is almost gone, almost healed. There was no Bleeding.

C. R. — Everyone should have a Visible Spectrum Color Projector, particularly in homes where there are growing children. It surely is a blessing.

V. W. — What shall I use for a Running Ear?

C. R. — We do not have enough information about the case; off hand, I suggest the Orange; something is wrong for such a condition. All the five Senses of the Body come from the Infra-Green side of the Spectrum.

V. W. — My son is 24 years old. When he was younger, I could make him use the Projector, but, now he does not want to take the time. His condition is pothering him; he is healthy enough.

C. R. — That is where you are wrong. He is not "healthy enough" or that Ear would not pother him. There is something wrong and Nature is

calling his attention to it. I suggest he should be busy and take care of it. Today we are surrounded by so many outside interests, that we have very little time for ourselves, but, we forget that we are all becoming older and the finest gift we can take into our old age is Health. Without it, we have nothing.

J. B. — My third child, a little girl, was born on July the first. When I went to the Hospital, on July sixth, I was informed that complications had set in and the baby could not be released. We saw her before we left the Hospital and she was blue and breathing with great difficulty. You can imagine how we both felt. She was given Digitalis at first and slowly eased off it. She was in the Hospital for several days and my wife and I could see no improvement, so we decided to take her home. The Doctors did everything to stop us, but, we were in perfect agreement that the child should be brought home. They stated they did not know just what was wrong. There was talk of an Operation, but, we decided to take the baby home. Her Ratio was Kardoscil 140, Spiroscil 90! I realized it was a rough case. With a Ratio like that, what would you have used?

C. R. and A. G. — Magenta.

J. B. — I used Indigo and Magenta. While the baby was in the Hospital, I wrote to Dinshah, explaining what had happened and that I was going to bring her home. After she was home with us, I called him and he said: "No Indigo, please, but, rather Orange and Magenta." He also said: "Within 4 days, you will know which way to go. She must get Unpasteurized Milk." So, I went out one night at 10:30 P. M. looking for a farm where I could get Raw Milk. She eats well and never spat out a drop of milk. Her Ratio has not changed much still and is between 120-140 to 80-90. She sleeps 6 hours straight always when sleeping, the Ratio is 120-60 or 64. That 2 to 1 seems to haunt me. In 14 days, she gained 8 ounces in weight. The blueness is practically all gone, except when she cries or fusses; then, she seems to become blue around the Mouth. I must say here, that my wife and I can never thank Dinshah enough for all he did for us. To know that he was there and that we could lean on him, was a tremendous help for us both. You all know that my oldest child just got over a case of Double Mastoiditis; we could never have pulled through without his help and now — this baby; we have had to call him again! Believe me, we really know what it means to call him in our hour of need. I most certainly recommend such a move if such occasion arises in your home. My wife and I are deeply grateful to him for all his help and encouragement. The baby is not "out of the woods" yet, but, there is a big difference in her and we know we are doing the right thing.

C. R. — There are many persons who have a 2 to 1 Ratio and are still with us; so, you follow Dinshah and forget what others say. Look at what Color has done in your family! First your wife and then your little girl; it brought them around, did it not? So, what better care for this baby? I said it before and am saying it again that when your family begins to pay

your bills and keep you, then, they have the right to say what you should do with your Body and your family. There are too many people today, who think all they have to do is to go to the Doctor when they do not feel well and he will fix them. He is no magician and he would be the first to say that, but, nevertheless to many people he can do no wrong. Look what happened in our shop recently. A workman's father died suddenly — Heart Attack. Because of the sudden death of the father, he decided to have a medical check-up. He made an appointment during working hours. He came to work and left later to keep the appointment. During the check-up, he was given a Shot of something and within 10 minutes he was dead! That man had been working every day, he had not been ill, yet he died within 10 minutes. Surely, the Doctors had all kinds of answers, but, the man is dead. You and your wife are to be commended for staying with the Color the way you did. It took courage to do what you did and more power to you. You certainly had severe tests this year. When the baby is older, it will be interesting to hear what the Doctor will have to say about her.

A. G. — He will merely comment that it was Nature who brought her through. You will never get any satisfaction from them. Last month, I told you, my sister-in-law would pass away and she did. Uremic Poisoning. She never would consider Color; as far as she was concerned it had no value. It was her choice; I could do nothing otherwise.

J. B. — My baby is now 5 weeks old and we were wondering if it is all right to hold her during the Tonation. She will not lie still. She tries to lie on the Stomach.

(Discussion followed about sleeping on the Stomach. All agreed that one could not tonate in that position, but, what about sleeping that way? Several Members admitted sleeping that way.)

C. R. — Let us ask Dinshah for a comment on that question. That happens to be one of my favorite positions. Before we close the Meeting, I have a letter sent registered from Milwaukee and its writer, M. B., came to see me here at her own expense. She seemed a very fine person and sincere. We went over the By-Laws word for word and I could not see where any violation would occur. However, as you all know, Dinshah is our head and the final decision will be up to him. We shall anxiously await hearing what he has to say about it.

EDITORIAL REMARKS

Fanning the Body, evaporates the Perspiration and produces coolness, which is equivalent to the Ultra-Green effect, hence, during Infra-Green Tonation such action should be avoided. However, at other times, there is no adverse effect. The best way is to cool the air around the Body.

I am glad A. G. is well. I saw him with his wife and grandson and was happy to meet a loyal Member. Worms are the products of fermentation in the Digestive Tract. Squatting at Back Elimination, opens the Inner and Outer Spincter Muscles and allows due evacuation. The Occidental Method of sitting on the toilet pot is senseless, causing Constipation. As soon as our reorganization permits, I shall manufacture the portable Itisometer, for home use, together with the Sympathometer. Those who used them in the past, know their value. The time of having a Color Projector in every home, **will come** in the future. Had I any doubt about it, I should not have stayed in this activity, wherein I have been hounded beyond human endurance. Let V. W. permit her son to have his own way. He is old enough to choose his own path in life. Some day, he will see for himself. J. B. certainly deserves great credit for his faith and persistence. He should not worry about that Ratio of 2 to 1. It indicates serious condition, but, the results indicate Nature's Laws are assisting. In the State of Michigan, one can not sell Unpasteurized Milk; it is banned by the Department Of Hell — I mean Health. Thanks for the kind expressions of J. B.; he should thank the Creator of the Universe, as I am only His humble servant, using the Powers of His Creation. I perform my Duty — Din, the first syllable of my name means Duty; Shah in Persian means King. Holding a baby during a Tonation is permissible if the child's Head be oriented to the North. Sleeping on the Stomach is done by persons with somewhat weak Digestion. It is **not** advocated. Tonate properly and break that habit. M. B. means well, but, is not cognizant of the troubles ahead by acting on her views. Refer to the next issue — the Convention Number. Her letter is in this issue.

* * *

First Merrill Wisconsin Studio

A letter from M. B. of Milwaukee, Wisconsin was read by D. N. and the general opinion of the Members was "It is a wonderful idea," "That is just what we need," "The idea is born," "The Merrill Studio will go along with the other Affiliates in what they wish to do and can do."

M. S. — I had Gall Bladder trouble and a bad Heart; Female Organs were removed; had a Tumor and the Blood was very bad; I had Anaemia. My niece spoke about the Visible Spectrum and I got one from the Institute. Used Yellow Systemic, Green Systemic, Magenta on Area 4 for 4 months and before the end of the 4 months I was like a new person. Nobody could buy my Equipment from me for a thousand dollars! I know of another Member who passed a Tumor, the size of an egg, after the fourth or fifth Tonation.

A. I. — A cow stepped on my Toe. I used Orange and the Pain subsided. I was normal the next day.

G. V. H. — I take Magenta when tired.

E. K. — I lost 20 pounds. I work in a stone quarry. I used Turquoise during the Heat and feel much better.

D. N. — I shall tell you how I came to use the Visible Spectrum in the beginning. I had a Painful Ear Disorder, which never returned since I used the Spectrum; otherwise, I had it every Winter.

(Warning was given against ice cold drinks. Members were advised to drink Lemonade and to adhere to the Rational Food Of Man system. The attendance was small because of the intense heat.)

EDITORIAL REMARKS

That letter should be filed for future reference. Its contents will be discussed at the Second Annual Convention. Take no action, for reasons you will learn. I do not comprehend the case of that egg-sized Tumor passing. Did it drop out of Area 11 or just disappeared? Please, be more accurate in reporting your case to the Studio and avoid confusion. The heat gave trouble in most Studio locations, but, I give credit to those who were present.

* * *

First Milwaukee Wisconsin Studio

K. B. — As a reminder, when you introduce a new Purchaser of a Color Projector, they will have to have read the Family Health Protector, before joining.

F. K. — I think the letter from the Institute about it should be read also at the next Meeting, because, some of our Members are not present tonight.

K. B. — I have a letter here from M. B. about certain separate Organizations.

(The letter was read and discussed by the Members with M. B. who was present.)

F. K. — I think M. B. is sincere and honest. It reminds me many will tread the wide path, but, few will tread the narrow path. Most people have spent their money with other resources. The letter of M. B. is fine; I wish I could write such a good letter.

A. E. — I think she is sincere, but, she does not know what we went through. When I became interested in this Science, the people said: "She did not have a Gall attack — she only had Gall!"

K. B. — M. B. bought a Color Projector when we started with the new Organization. Some of our Members were distrustful.

(Discussion was had on Vegetarian Restaurants and the fate of their promoters.)

F. K. — I think if M. B. would read "One Thousand Years Ahead," she will realize there is a Force there and I think that will rise some day. Here is A. H. who is the man who kept Fluorine out of the water in his city.

N. T. — My son had an Abscess in his Ear. When it pained too much, I put on Blue and as soon as he fell asleep, I put on the Orange again. I did this for 4 days and it opened. It was very painful.

M. B. — The last few days, I went around looking for Members. A friend fell 32 years ago and hurt her Hip. It is dislocated and she has Arthritis. The Doctor could not do a thing for her.

K. B. — Dislocated Hip has to be set first by a Surgeon. We are not against that. I shall now read to you the Chapter 57 from our Text Book Set.

(The Chapter was read and discussed.)

L. S. — I had a painful Sinus Disorder. I used Turquoise and the Pain was gone, but, the next day, I used Turquoise again.

R. S. — A friend of mine started tonating and then would cry. They felt he was becoming worse and had the Projector removed. The Doctor could do no more. About a week ago, I met a man who had a bad case of Eczema since 1940. He is big. I told him to reduce. He said: "That is a big order; I have got to live." I said: "You believe in everything else." He said: "I think I will have to go to the Hospital, they know what to do." I said: "You know everything else, why don't you help yourself?"

I. P. — I have a relative whom I am trying to become interested. She has Asthma and I can not do a thing. They called the Doctor and he gave her a Shot. She has Pain around the Heart, not much Appetite and she is getting thinner. When you are fond of them, it hurts and you want to help them.

K. B. — They have to change their habits. Asthma is a Persistent Disorder.

R. S. — Now, they are trying to encourage the use of Foam Rubber, which is an insulator.

F. K. — Some Members wanted a Cook Book; I have only two left.

EDITORIAL REMARKS

Family Health Protector initiates one in the main principles upon which our Science is founded and the persecutions through which the Originator went. Later, the Purchaser has no come-back, that he (or she) was just pulled in by false and (or) misleading claims. We have no use for quantity Members, what we need is quality. M. B. letter to be read at the Convention, is reported in this issue. Meanwhile, I request all to "Keep Hands Off." Wait till you read it. Vegetarian Restaurants do not have the Rational Food Of Man System. Most people start thinking "Vegetarian" means Vegetables and begin to live on raw vegetables and the like. Its Latin Root is Vegetabilis meaning animating or enlivening. Thus, when we

think of Vegetarian Meals, we mean NOURISHING. Our System, therefore should be properly studied and the Dinshah Cook Book is intended to be used by every Member who desires favorable results from the Color Projector. Its price is only $2.00 which includes postage and insurance. The balance of the volumes of the One Thousand Years Ahead will be written and published as soon as I can do so. A. H. deserves great credit for his fight against the poisoning of drinking water in his city. Do not try to convince one beyond his beliefs. Give him a Family Health Protector and let him make his own decision. I. P. should do the same.

* * *

First New York New York Studio

Letter from M. B. was read. A lively discussion followed. All agreed her idea was wonderful if large funds were available.

F. P. — It would cost at least half a million dollars!

R. D. — If every Member would donate $100, it may be started.

G. Z. — Big companies join together; we could do the same. Join B. M.

R. D. — No; it would never work out; our Healing Science is different and I do not think Dinshah would agree.

F. P. — We do not need a big building first; we can start with a small building. Is it to be a different Organization?

R. D. — The letter says so. I do not agree to that. Our Members do not take enough interest in this Organization even. Shall I write to M. B.?

Members — No. Write to the Institute first.

F. P. — The main object is to get new Members, but, it is the hardest thing to convince anybody. People are not educated enough for it. Even your own friends think you are crazy. I met a friend who looked very thin and pale. I asked him if he were ill and he answered his Doctor told him he has Ulcers and gave him two kinds of Pills to take. I asked him: "Do you feel any better since you take the Pills?" He said: "No." I told him: "Throw the Pills away." He looked at me and said: "You are crazy."

R. D. — That reminds me of L. F. and her friends who thought the same about her and she replied: "You are the ones who are narrowminded; I tried **your** methods without getting results, but, you have not tried **mine.**"

G. Z. — If we could give one or two Tonations so they could see for themselves that our Projector helps, but, we are not allowed to do that.

R. D. — No; it is against our By-Laws.

S. P. — May I call Dinshah on the telephone?

R. D. — Yes, but, do not call him at two o'clock in the morning! When it is necessary, fill out a complete Chart before calling, so it could be read to him.

S. P. — My little girl 8 years old has a High Temperature; it goes one day and comes up the next; she has no appetite and complains of

Stomach Ache and has Chills. She never was a big eater and we always had to coax her to eat. She had 8 Cavities in her Teeth last year. I filled a Chart, but it came back marked "Incomplete."

R. D. — There surely is something wrong when she had 8 Cavities. Do not feel offended if you get a Chart back. Dinshah does not have the time to tell you what is wrong, in so many words. He is all alone. Be sure to answer ALL questions and send it in again.

E. S. — My boy fell down the steps and hurt his Foot. One Tonation of Turquoise and he was all right again. My girl was on the beach; she came home and had a Fever 103° and a Headache. I gave her one Tonation of Yellow, but, the Fever did not go down and she complained her Eyes hurt her when under the Light. At the next Tonation time, I gave her Blue. I called L. F., but, she was not home. The girl's Pulse was 110. I continued with Blue at night and in the morning her Pulse came down to 92, Respiration 22. She feels all well now.

H. M. — She probably got too much Sun on the beach. I believe I had the same trouble. I went berry picking in the country and came home with a Headache, which became worse toward the evening and continued throughout the night. It subsided in the morning. I could not take a Tonation, because, I did not have my Projector with me.

F. P. — What is the Color for a Headache?

R. D. — A Headache is not a sickness; it is only a symptom. Take the Kardoscil and Spiroscil, Front and Back Eliminations and go according to that.

E. S. — If we could send out post cards to the Members to remind them of the Meeting, there would be a larger attendance.

O. D. — I think it is just very hot now.

R. D. — In the Summer it is too hot, in the Winter it is too cold, in the Spring it is too wet, in the Autumn it is too dry and at Christmas time everybody goes shopping. If they really wanted to come, they could easily find the time to come once a month.

E. S. — Before, only the Members who came to the Meeting got the magazine.

R. D. — Yes, I know. Even my father-in-law said: "Why should I go to the Meeting? I can read everything in the magazine!"

M. R. — That would not be fair to the Members who are not able to come to the Meetings all the time. I like to read the magazine, but, I am not able to come always.

H. M. — I remember very well how L. F. and M. W. used to carry the magazines back and forth, until finally the Members would come and take them. I offer to carry the magazines for the Members who attend the Meetings, but, not for those who come once in a year.

R. D. — I read an article in the Confidential Magazine, while waiting my turn in a barber shop, about Boric Acid being poisonous and should not be used for washing the Eyes.

J. S. — I read the same article and it warned also against Baby Powders that contained Boric Acid. It also said that if you enter a Hospital and sign, you have absolutely no more right over your own Body.

R. D. — If there be no more reports, I shall read to you from the Family Health Protector, Article 17, "Our Guard And Governor;" also Article 18, "Shifting Gears Of Human Automobile."

EDITORIAL REMARKS

About the letter of M. B. you will read in the Convention Number. At present, stay out of such phantom ideas. We are not ready for such moves. Joining B. M. would mean our ruin. I went to visit his restaurant once; what did I see? Right in the window a dressed cooked chicken was inviting me to eat it! I can not tolerate such hypocrisy. Never mind if they call you "crazy;" I am given the titles of "quack" and "faker;" I should worry!!! Let them worry for me. One or two Tonations may not remove a Chronic Disorder, G. Z. and you will create knockers instead of boosters. Stay away from such Violation; study our By-Laws; their aim solely is protection of the Organization. Members speaking to me on the telephone are frequently inconsiderate. I ask: "In what city are you?" Answer comes: "I am in Springfield." There are 17 Springfield in America; to which file shall I refer? R. D. gave them sound advice. Cavities in the Teeth show want of Calcium and Phosphorus. Wrong food is the cause. Unless one follows Rational Food Of Man System, Color will have little value. The child of S. P. must be given Rational Food. A little of this and a little of that will NOT do. The American habit of going out on the beach in the broiling Sunshine and fooling around on the sand after soaking, is a deleterious habit. They must comprehend that besides the Visible Spectrum, the Sunlight has Infra-Red and Ultra-Violet Rays also; both of those are highly powerful to burn the Skin and through it the Organs below. Most Americans are members of the Hatless Brigade, forgetting that the Brain under the Skull needs protection against temperature changes. If Members can not remember one Thursday of each month to give benefit of their knowledge to others by attending our Meetings, we do not need them. Boric Acid, like all other powerful chemicals, had better stay out of our homes. The finest wash for the Eyes or the Skin is clean water.

* * *

First St. Louis Missouri Studio

P. L. — My husband has Dizzy Spells. Last Saturday, he fell 4 times, but, by Sunday, taking the Light, he fell only once. His Feet are hot and burning. I think that all his Blood is in his Feet and he has no Blood in his

Head! He went to a Chiropractor, who told him he has Hardening of the Arteries and Prostate Gland trouble. He is 78 years old. His Pulse and Breathing are 66 to 18. He eats well, two light meals and one heavy meal. He has at least one Backelim a day and some times two. Of course, he has no control over the Frontelim. I gave him Scarlet Systemic and he felt it helped him. I also gave him Lemon, Orange and Turquoise Systemic, as well as Magenta on Areas 4 and 18. I should like to have suggestions for further Tonations.

(On discussion, all felt the Pulse was low.)

E. F. — I should use Yellow on Areas 6 to 10 to tone the Digestive Tract and aid the function of the Organs. Lemon Front Systemic for the same reason and because the Disorder is of long standing. That will also help the Prostate Gland Disorder. Magenta on 4 and 18 to stimulate the Adrenal Glands to help the Heart action. I should not give Scarlet.

A. K. — I suggest Turquoise Local on Area 19 to shrink the Swelling of the Gland and Lemon Systemic.

A. B. — What about Indigo to shrink the Gland and Scarlet instead of Magenta?

H. H. — I should give Lemon for the Prostate Gland condition, but, no Scarlet.

J. H. — I agree with E. F.

M. N. — Since most of the Blood seems to be in the Feet, it would seem advisable to elevate the Feet whenever the person lies down.

A. K. — What about Orange Systemic to increase the Elimination?

R. B. — I think that if he will stay with Lemon, to get the Body Chemistry in balance, everything will take care of itself. I have been doing this since 1942 and I eat fruit mainly with some vegetables.

C. S. — This seems like a Circulatory Disturbance and certainly Lemon would be very beneficial. It is also good for the Arthritis, which is not a recent, but, rather a chronic disorder. The Prostate Gland Disorder interferes with the natural function and Lemon would be good for Area 11. Magenta on Areas 4 and 18 are also important.

H. H. — Would not Indigo be good on Area 19?

A. W. — I think it would be best with Yellow on Areas 6 to 10.

P. L. — I gave him a great deal of Yellow and Lemon.

(There was a brief recapitulation of P. L.'s husband's condition.)

C. N. — Lemon is good and Yellow on Areas 6 to 10 occasionally. Magenta on Area 4 at least every other day, but, not on Area 18. If he can not control the Frontelim after several days, give him Indigo on Area 19 to shrink the Prostate Gland. Do not give him any Soda.

P. L. — Definitely not; not even Lemonade.

C. N. — There you are making a mistake. Give him plenty of Lemonade that has plenty of Sugar in it. The Lemon is the king of fruits and has so many Chemical Elements that it is very beneficial. To emphasize the

point, I shall read to you from Volume 3 of our Text Book Set, Chapter 90, page 954, figure 143, on "Chemical Analysis Of The Lemon Fruit." I strongly recommend our Limbupani (Lemonade).

R. B. — I want to confirm this statement regarding Limbupani. I have had wonderful experience with it. Sometimes, when I come home at noon, I take two full glasses of this and that is my lunch. Do not forget the Brown Sugar. With it, it creates some Heat, but, it gives Energy and I can work until the evening from the Energy I get from that Sugar.

P. L. — I believe Pineapple has too much Acid.

C. N. — Certain Acids are necessary.

(Some Members claimed that Tomatoes gave a Rash.)

C. N. — There is wrong Chemistry in the Body, which is being thrown out by the Tomato. Be glad you get the Rash, as if it did not come out, it would remain in the Body and illness might result.

R. B. — I had an experience with my son, which proved this. He liked Strawberries, but, every time he ate them, he had a Rash. I tried an experiment. I gave him as many Strawberries as he could eat, for 3 weeks. Then, the Rash cleared and he has had no further trouble. I admit that my wife thought I was crazy, but, I proved my point! He still likes Strawberries and eats them freely.

A. Z. — I had a similar experience.

C. N. — You must remember that a Skin Disorder becomes worse before it becomes better.

H. H. — I like to get some help with the situation of my son. He is 18 and caddies at a golf course. About 3 weeks ago, while at work, he noticed another boy trying to steal his bicycle. He ran after that boy and as he reached him, he had a terrific Headache, began to vomit and became unconscious. The Police took him to the ---------- Hospital. The Doctors diagnosed his condition as Heat Exhaustion. I used ice bags and gave Yellow Systemic and Magenta, but, he was very restless under the Light and moaned. The next morning, he complained of Pains in the Neck and Thighs. His Ratio was 47 to 18. He had no Fever. I thought it was a Cold Stroke, so I used Lemon and Orange, but, still I had no results. The next day, I used Yellow and brought up the Pulse to 62, but, shortly afterwards it returned to 52. I gave Scarlet on Area 4, but, it did not bring it up and the second Yellow did not bring it up. That night he became worse and the Ratio went back to 48 and 18. His Body was ice cold. I called in an Osteopath, who gave him a Shot before I knew it and the boy passed out. After the fourth day, I called in a Medical Doctor, who diagnosed it as Polio. They took him back to the ---------- Hospital and tapped his Spine. They found Blood in the Fluid and diagnosed it as Brain Hemorrhage. They made special Tests by introducing a Dye Solution into the Arteries of the Head and X-Rayed it. As a result of this, they said he has abnormally large Blood Vessels. They should be as fine as a thread, but, his are the size of a lead

pencil! The Brain Specialist said that he was born with that condition. He wanted to operate to take out the Arteries. The Doctor said the boy had a 60 per cent. chance for survival. If he does come through the Operation, he will have a Lameness of the Left Leg and possibly a Speech Impediment. If we do not consent to the Operation, he may have another Hemorrhage in 6 months or 5 years which might be fatal. I do not want to consent to the Operation. I was told at the Hospital, that it would take 10 days for the Blood to be reabsorbed into the Body. His Pulse is now 72. I wrote to Dinshah to learn what to do and if this case came under the category of Constructive Surgery. He advised Orange Systemic and Magenta on Area 18. I do not understand his recommendation.

C. N. — The Headache is an indication of a Disorder in Area 8 and that caused the Vomiting. We have had considerable experience with this and the Itisometer confirmed in every case. The Orange has ¾ Red to work on the Liver and ¼ Green which is the Cleanser Wave.

H. H. — When I used Turquoise, he complained of a tugging and pulling in his Head.

C. N. — The combination of Anger, Heat and the Exertion of running some distance was too much for this boy and resulted in this condition. The Brain needs many times more Blood than the rest of the Body. If the Vessels be larger, do not be alarmed.

H. H. — He was in the Hospital 2 weeks on complete Bed Rest; they gave him no medication.

C. N. — That was very good. Rest is a good remedy.

H. H. — I did not get any assurance from Dinshah that this condition could be normalated.

C. N. — No Medical Doctor will give you such an answer either, on black and white.

H. H. — What if he has another attack?

C. N. — Give him Orange and continue with this. Be sure to give Magenta on Area 18, as it will normalate the Blood Vessels. It is possible that if the Arteries had not expanded, he might have had a Stroke. In young people, the Vessels are more pliable. Older people have Strokes, as the Calcium Deposits in the Vessels do not allow them to expand. I suggest you try to prevent the boy from participating in over-active sports.

H. H. and M. W. (grandmother of the boy) — He is very active and must be doing something all the time. He enjoys working with machines and making things with his hands.

C. N. — It is good for him to be active and hand work is excellent. He has his youth in his favor. If you give the Light a chance and he eats properly, you should have good results. If the Light does not help him, nothing else will. With Drugs, they may at times keep a person alive for some time, but, you will have to pay for introducing the Drugs into the Body.

C. S. — I have a question regarding this boy's Ratio, which was at one time 3 to 1 and at another 2 to 1. How long did this condition last? Why is Magenta on Area 18 better than Magenta on Area 4 or alternating between the two Areas?

C. N. — Area 4 would work all right, if Area 18 works properly and the Blood Circulation is good. In Area 18, there are Glands which put Secretions directly into the Blood Stream, which give better Circulation.

C. S. — The very poor Ratio puzzles me.

C. N. — That was why Orange Systemic was given, plus the greater stimulus of Magenta on Area 18. Do not put ice on the Head if there be a recurrence. By putting the ice bag on the Head to keep it cool, more Blood will rush in and increase the pressure.

C. S. — Was the Head cold and clammy?

H. H. — The whole Body was that way.

C. S. — Then, he definitely had a Cold Stroke.

C. N. — Therefore, he needed the Orange. If the Body had been hot and dry, he would have had a Heat Stroke and would have needed Turquoise. If the boy has Headaches, keep his Feet cool rather than his Head. If the Body is cold and you give Magenta on Area 18, it will take care of the other Organs and when you add to this Orange, you will get good results. Continue as you have been doing.

H. H. and M. W. — The boy is fine now.

EDITORIAL  REMARKS

The son of H. H. suffered from exerting beyond his limit. Exercise is good, but, always avoid its depletion beyond its recuperation. Learn the fractional make-up of our Secondary and Tertiary Colors. You need not "understand" why I say it; follow what I say, until you graduate in the Science. I guarantee nothing. The Suprarenal Glands on the Kidneys motion the Area 4.

DINSHAH IMPARTIAL

(The Universe Through The Eyes Of Dinshah)

THAT MUCH DISCUSSED M. B. LETTER

Recently, there has been in our Studios discussion about a certain letter written by one of our Members M. B. from Milwaukee, Wisconsin, showing certain steps to be taken for the proper promotion of our Science. The original letter was addressed to me, dated December 19, 1954, but, I had to put it aside, because, our By-Laws not being in print and it appeared to me too autocratic to place it before the Members in any form, until I could personally listen to the opinions of the Members in Convention assembled. That being now done, I have pleasure in printing it at this time; the next issue — our Convention Number — will enunciate the views of the Membership. Here is the letter, with some editorial corrections:—

"Realizing how important it is to increase our Membership, it is far more essential than to receive money. What we need is Members, as mentioned by you, at our Convention here in Milwaukee. How to attain this goal, we have not seriously tried to figure out. I should suggest that this should be our first and the most important step to undertake. Upto now, single you have done a marvelous job and from what I saw of you, still carry the biggest load upon your shoulders, which is not fair to you. That we have not gained more in Membership, is entirely the fault of the Members. The trouble with most of us is, that we are lacking in patience, when we go out to interest someone in this Science; if we do not succeed immediately, instead of keeping going, keeping trying, we sit down on the job, thinking to ourselves 'let the next one do it' — and who should be that next one?

"If we don't give this matter proper attention, we may keep going without gaining much headway. As a matter of fact, as the time would go on, we might even grow weaker, once as the main one would drop out of sight. We must think of you, that you can not last for ever. Soon, as we begin to realize that, there is high time for us — the Members — to get busy and put ourselves into action. Our aim is to get more Members and to bring this auspicious Science to the thousands of other Sufferers, to bring them what it brought to us — Health and Happiness. Before we can reach that goal, we must set up a base upon which to build our temple. In our every day life, whenever we pick up a daily newspaper, we see that more and more Corporations are coming into existence. There is a reason for that. They know that such a form of body will grow, expand and keep in existence, long after its old members drop out. It replaces their vacancies with new members — it carries throughout the generations and generations to come.

"When we begin to realize this importance, we too should follow this pattern, if we are going to get ahead. The job will never be done by pushing the matter through individuals. What we need is to form another Organiza-

tion and to incorporate it. This should be done by the groups which are followers of this Science. The purpose of such Organization will be to find ways and means to gain Members. An Organization of this kind would also indirectly reinforce the one we have.

"Our second move should be how we are going to sell more Color Projectors and to increase our Membership. We know that a merchant has no trouble to sell his merchandise. He sells it, without going out to look for his customers. He uses tactics which sell for him — the merchandise which is inferior to what we have to offer to the people. We too must do a little figuring. We must find ways to make contact with those who need the Color Projector. Instead of us going to search for those who need our services, have the people come to look for us. When we have that accomplished, then, there would be nothing more left to worry.

"Here I am bringing something that may be of some help or even solve our entire problem with which we are confronted. Shortly after we had our Convention, I had some friends who I know are suffering from some Disorders. Thinking that I might interest them in this Science, I went to see those people. In spite of the fact that I did not gain the first base, what I brought with me is I think far important to us than if I had gained one Member. My disappointment in those people did not break me down; instead, it put into me greater efforts to dig deeper down into the whole thing and to try to find out where our trouble is. When I came home, I could not help but bury my head into both my hands. I kept thinking and thinking, taking in all the angles of the whole situation. As I kept thinking and thinking, suddenly a word popped into my mind — 'powerhouse.' It was followed by other words, such as 'Stretch out your arms to the right and the left." As I kept my arms stretched, I kept on thinking. Next came an idea; with my body to step forward and in its place in the center, to place the Powerhouse. Whatever this indicated, I said to myself it sounds encouraging. Next, I had to figure out for myself what those two bodies could have meant — one on the right, one on the left of the Powerhouse that stood in the center.

"It came to my mind that one must be the people, the other must be the Color Projector and the third must be the body that made connection between those two.

"That night, when I went to bed, my subconscious mind started to work for me. It brought forth the whole set up which I could not finish. I dreamed of a large modern building, which I still can picture in my mind as I saw it. On the structure, above the main entrance, in large letters were these words:—

UNIVERSAL SALVATION INSTITUTE.

"The institution was erected by the new groups — the Color Projector followers — and conducted by their incorporated Organization. Since this was a private, but, Non-Profit Organization, those who sought entry

to this Restoration Institute, had to have proof of recommendation, by one or another Member of this Organization. The Institute carried the Rule, that no person can sue or hold the Institute, Organization or any of its Members liable. Each person came on own risk. They had to fill out a Chart as to their physical condition for the Institute's record. The Institute operated more on the basis of a 'hotel,' only it extended a better convenience, that with board and room they received free Color Projector Tonation, lecture on Rational Food Of Man and the Science.

"The procedure was so interesting and so true to life, I was so thrilled over the beautiful idea and so excited that it awakened me out of my sleep.

"I sincerely believe that if we could have this sort of Restoration Institute, through it we could sell not only more Color Projectors, but, gain more Members. It would give also an opportunity to a great many people to receive the advantages of this precious Science, that are otherwise deprived of it, because of the lack of privacy and convenience and because of too many interventions.

"Such Institute would bring many of the people on the right track and would teach them how to keep and maintain their Health. It may also be called 'The School Of Learning.'

"I am presenting this letter to you, with all my sincerity, for the sake of my close ones, for the sake of the others and my appreciation to you for your gracious Science, which you endowed on mankind, to which no other on the face of this Earth has comparison. AMEN!!!"

* * *

WONDERFUL MEDICAL PREDICTION

The American Medical Association held its Annual Convention in Atlantic City, New Jersey, during the month of June and the hotels there were crowded by around 25,000 Medical Doctors to learn more of the latest in Medicine. There were around 300 technical exhibits and the most startling event was the forecast for the year 2000 Anno Christi, made by a learned family physician, Dr. L. H. McDaniel, from Tyronza, Arkansas. He predicted that by December 31, 1999, the naughty, common Cold will be just a memory; by proper Hormone Medication, women will stay indefinitely young, shapely and beautiful; Cancer will be rooted out by Vaccines acting on Malignant Cells; Diabetics will have Insulin in tablet form; Infectious Diseases will be cleaned out by Vaccines and Antibiotics; Starvation and Famine will be avoided by the production of Synthetic Foods and Vitamins; the only thing that the sick will have to remember to do, is to call one of the 140,000 of the Member Doctors of the A. M. A., who will cater to the treatment with his sober, investigative mind and kind, understanding heart, by introducing his hand deep into the pocket of the patient. I wish the worthy ones in the field of Healing all success, but, must say that long before 2000 Anno Christi, that result will have been produced by Dr. Visible Spectrum right in the home.

OUR STUDIO DIRECTORY

On the First Thursday of each Month, there is held a Membership Meeting, at 8 P. M., in each of our following Studios, for reporting the results and findings of Personal Experiences in the use of the Visible Spectrum of Light and Color:—

First Allentown Pennsylvania Studio—Hotel Americus, Fifth and Hamilton Streets, Allentown, Pennsylvania. Catherine Knebel, Chairman, 234 E. Hamilton St., Allentown, Pennsylvania. Pearl M. Diehl, Vice-Chairman, 642 N. West Street, Allentown, Pennsylvania. Nellie Etta Spaar, Reporter, Route 4, Box 93, Quakertown, Pennsylvania.

First Cleveland Ohio Studio—The Colonial Hotel, 523 Prospect Avenue, Cleveland, Ohio. Albert J. Martin, Chairman, Sleepy Hollow Lake Road, Brunswick, Ohio. Louis Friedl, Vice-Chairman, 14220 Birchwood Avenue, Cleveland 11, Ohio. Theresa J. Soree, Reporter, 9216 Orchard Avenue, Cleveland 9, Ohio.

First Detroit Michigan Studio—Knights of Columbus Hall, 4740 Woodward Avenue, Detroit 1, Michigan. Charles J. Renn, Chairman, 24225 W. Nine Mile Road, Detroit 19, Michigan. George G. Weiland, Vice-Chairman, 19692 Hanna, Detroit 3, Michigan. Elizabeth Roemming, Reporter, 11693 Terry Avenue, Detroit 27, Michigan.

First Merrill Wisconsin Studio—New Badger Hotel, 310 West Main Street, Merrill, Wisconsin. Walter Briese, Chairman, 707 E. Third Street, Merrill, Wisconsin. Edward Katke, Vice-Chairman, Route 6, Merrill, Wisconsin. Dorothy Nelson, Reporter, 1814 West Main Street, Merrill, Wisconsin.

First Milwaukee Wisconsin Studio—The New Republican Hotel, Guild Hall, corner North Third and West Kilbourn, Milwaukee 3, Wisconsin. Kurt W. Bader, Chairman, 314 E. Burleigh Street, Milwaukee 12, Wisconsin. Fredrick Kneppreth, Vice-Chairman, 1813 South 75th Street, West Allis 14, Wisconsin. Florence Gutsch, Reporter, 3041 North 53rd Street, Milwaukee 10, Wisconsin.

First New York New York Studio—Hotel Diplomat, Governor Room, 108-110 West 43rd Street, New York 18, New York. Ralph W. Diedrichs, Chairman, 423 Jackson Avenue, Mineola, Long Island, New York. Hildegard Muehlfriedel, Vice-Chairman, 817 Lancaster Road, Ridgefield, New Jersey. Margarete B. Wolschendorf, Reporter, 19 Van Buren Avenue, Norwalk, Connecticut.

First St. Louis Missouri Studio—Albrechts Hall, 3549 Arsenal Street, St. Louis 18, Missouri. Clemens M. P. Neumann, Chairman, 4348 Virginia Avenue, St. Louis 11, Missouri. Walter Bloss, Vice-Chairman, 6408 Lansdowne, St. Louis 9, Missouri. Marie J. Parison, Reporter, 7525 Comfort Avenue, Maplewood 17, Missouri.

OPEN DECLARATION FROM THE EDITOR
DINSHAH P. GHADIALI

Since in June 1922, I became the Editor of a similar monthly magazine, controlled by another Corporation (now dissolved), I had complete records of all Case Reports and personal matters in my files. Those were totally destroyed on Tuesday, January 2, 1945, by a disastrous Fire of unknown origin, which burnt my 30 room Main Office Building and Laboratory, causing a loss of over $250,000.00, being without insurance.

A few months later, Law Suits were instituted in the United States District Courts, at the instigation of certain opponents of the new Science of the Visible Spectrum and because of our inability to produce the original documents as proof of various contested matters, verdicts were rendered against me and the controlling Corporation to the effect that our literature was false and misleading under the Federal Food, Drug and Cosmetic Act, as a result of which we received heavy Sentences and Penalties, I being dubbed a "quack" and a "faker." $125,000.00 of printed literature was also destroyed by Court Order.

The American Medical Association and Licensed Medical Doctors and Surgeons strenuously maintain that the Visible Spectrum of Light and Color has no Therapeutic Effect and that it has absolutely NO HEALING or CURATIVE VALUE.

For that reason the VISIBLE SPECTRUM RESEARCH INSTITUTE openly warns the Reader, that the said INSTITUTE issues this Monthly copyrighted in accordance with the Constitution of the United States of America, Article 1, Section 8, Sub-Section 8, protected under Article 1 of the Bill of Rights; the Reader who uses the contents as basis for own investigation, experimentation and (or) research along the lines of the Visible Spectrum, to determine the Powers and Effects of Light and Color upon Living Organisms or otherwise, will do so on own absolute responsibility, taking and assuming ALL RISKS pertaining to such activities.

VISIBLE SPECTRUM RESEARCH INSTITUTE

Non-Stock, Non-Profit, Scientific, Fraternal, Corporation
Chartered Under The Laws Of The State Of New Jersey

Principal Office And Experimental Laboratory
DINSHAH ESTATE
MALAGA, NEW JERSEY
United States Of America
Telephone:— VIneland 9-3530