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Two Worlds

THE MONTHLY MAGAZINE FOR SPIRITUALISTS

Fame and personalities from the past
Medium locates murdered girl
What's in stars' store for 2004?
'Saints of old shall come back'



'Two Worlds' is based at: A3 Riverside, Metropolitan Wharf,
Wapping Wall, London E1W 3SS Tel: 020-7481 4332 Fax: 020-7231 1751
Web site http://www.twoworlds.fsnet.co.uk E-mail tortzen@globalnet.co.uk

Two Worlds

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Two Worlds Are One

BY TONY ORTZEN



LOOKING out of the window on a miserable, grey, early December day, it's a touch hard to get enthusiastic about the New Year and the as yet unwritten pages of 2004 when Christmas has yet to come and go.

Truth to tell, I have yet to buy, write and send a single card because, rather like time and tide, advance press deadlines wait for no man.

But just for a change, to end this year, I decided to share some really lovely quotations I came across over the last few weeks. Most of them originally appeared in an American Spiritualist publication. Here goes:

■ Everything we say and do is a show and tell of what we are.

■ A person's sense of worth comes from how we value them.

■ One cannot commit an act without creating a consequence.

■ Forgiveness is the balm after the harm.

■ I give thanks for every challenge and every opportunity in my life.

■ The doorway into greater awareness is within my own being.

■ Love and law return to me in perfect measure according to my thoughts.

■ As I co-operate with life, I know that all life is interconnected.

■ I strive to be loving, tender, kind and tolerant of myself and others.

■ Be careful what you wish for because thoughts and wishes return to you.

■ We are inseparably one with Infinite Intelligence.

■ Our lives are mirrors of our innermost thoughts and desires.

■ Today, I refocus my vision and direction always to look to the Light.

■ Life presents me with wonderful opportunities to serve and to grow.

■ Everyone is needed in God's plan with his or her personal talents and abilities.

■ Truth is always available when we are open and willing to receive it.

■ I forgive myself and others, allowing peace to return to my soul.

■ I am trustworthy, efficient and practise integrity in all I do.

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Edited by Tony Ortzen

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■ Successful living is like playing a violin; it must be practised daily.

■ Trying to understand people is a loving gesture. Loving them without understanding is a grand gesture.

Well, there you have them: Tony's top twenty quotations. And if I – along with most others – manage to live up to just a few of them, 2004 should be healthy, happy, positive and fulfilling...

■ ■ ■

ONCE our bus comes along and we take our final breath on earth, the physical body really is of no consequence whatsoever. Hopefully, it has served us well, but its job is done. It has no further purpose whatsoever.

Bodies come in all shapes, sizes and colours. As both sceptic and believer shall discover, the moment the silver cord is cut, we automatically start to function through a lighter, brighter, more perfect spirit body.

However, I bet there will still be a humdinger of a row over plans that could see the "dead" buried in double-decker or even triple-decker graves under proposals to be announced by the government.

It seems that vacant burial sites are running out, especially in large cities, with around 600,000 deaths annually adding to the problem. Even cremated remains are taking up more space, with some crematoriums reporting that 40 per cent of ashes are now given a formal burial.

"Cemeteries that have been full for some time become neglected and expensive to maintain as visitors to relatives' graves are replaced by vagrants and vandals," said Sam Weller, of the Association of Burial Authorities.

Local authorities will probably be given powers to deepen existing graves so that at least one extra coffin can be stacked on top. It seems that in Berlin, graves are reused after 20 years whilst some cemeteries in Paris sell plots for a mere seven years.

If more people had a true understanding of what follows physical death, they would then appreciate that having ashes scattered somewhere beautiful is not only a fitting end for one's physical frame, but saves on land and resources too.

■ ■ ■

MANY Spiritualists will have been deeply disappointed by the fact that the Queen's speech did not contain the promise of a bill to outlaw the disgraceful "sport" of foxhunting.

An opinion poll a few weeks ago found that 76 per cent of people in the UK want hunting banned. Though the House of Commons voted for a ban, the Lords rejected it. However, one possibility is that the government may back a private member's bill.

The fox population may – or may not – need controlling. But to turn the kill into a social occasion demeans both hunters and spectators.

Fox hunting is as cruel and outdated as lions ripping Christians apart in ancient Rome. In any civilised society, it would have been outlawed decades ago.

Readers write

"Two Worlds" welcomes letters on all aspects of Spiritualism and the supernormal. Please write clearly, and supply your name and full address. Letters can be sent by post, fax or e-mail. See details on front cover. Letters should be kept to within 500 words.

An energetic argument

I READ with great interest Tony Ortzen's editorial on the subject of bullfighting and amusement arcades (November), and agree that they are very low energy pastimes.

However, I do not agree with his suggestion that they should be banned. History has proved that banning activities drives them underground (prohibition in the US, abortion, hard drugs, dog and cock fighting, etc), but never stops them.

Anyway, do we want to stop them? Because we cannot see the whole picture, how can we say what is right and what is wrong?

Many things, that seemed at first glance to be negative, set off a reaction that ended up being positive and vice versa.

If we wish to be spiritual people, surely our job is to raise our own energies, thus raising those of the planet. This way, little by little, many more individuals will raise their energies, make other choices and see low energy for what it is.

There is, of course, an element of personal responsibility in this as well as we cannot make decisions for other people just as they cannot make decisions for us – *Jili Hamilton, rue de Lyon, Geneva, Switzerland.*

To ban bullfights

READING November's editorial, I was pleased to see that the editor brought up the subject of bullfighting in Spain.

This is a matter that has troubled me greatly for many years. In fact, I make sure I never go to Spain because of that country's dreadful treatment of animals. The average Spaniard seems to regard them as playthings just put there for his own amusement.

As for bullfighting, I think the whole thing is obscene and a disgrace. I cannot understand why the European Union, so keen to interfere in all aspects of our lives, has not banned it. Those responsible should certainly do so – *Jane Gosling, Bournemouth Park Road, Southend, Essex.*

'It is disgusting'

IT must have been very difficult for the editor to watch a dreadful bullfight on Spanish TV. I imagine it will haunt him for many a day.

I find it hard to believe that people consider it entertaining to watch a

helpless animal being slowly tortured and stabbed to death, the crowd no doubt going wild with cheers and encouragement.

I wept on reading the editor's description of the ordeal. I could not get the picture of that poor bull out of my mind. If only it could be banned, but it is part of Spain's custom as a country.

I find bullfighting disgusting and shameful, and feel great anger about it – *Betty Foster, Bromsberrow Heath, Near Ledbury, Herefordshire.*

'Bullrings may close'

I COULD not agree more with the editor about bullfighting. In my book "Judaism and Ecology," I indicate how opposed Judaism is to any sport involving injury to animals.

That obviously includes bullfighting, stag hunting, and the murderous attacks on migrating birds in Malta, France, Italy, etc.

The editor will be pleased to learn that Barcelona is considering banning bullfighting and closing the remaining bullrings – *Aubrey Rose, CBE, Hadley Wood, Herts.*

Part in plan

WHAT a fascinating letter from Mel Stockdale (December). Just to recap, he listed some of the less pleasant aspects of nature, ending with the words, "Although I believe in a Designer, I intensely dislike much of the design... and therefore find it difficult to trust the Designer."

Years ago, TV programmes on nature never showed gory scenes. However, they do so today.

It is not uncommon to see, for example, all manner of beasts being devoured by another species as they roam across some part of Africa or another continent. Often this makes for uncomfortable viewing, as it is usually young, elderly or sick animals that are devoured.

I apologise if this sounds simplistic, but it comes down to one very simple expression, "Nature is red in tooth and claw."

However, again to cite TV features, I have lost count of the number of programmes I've watched in which it is made abundantly clear how all species inter-relate and have their place in the Divine plan.

With a very limited human mind, we can only see a tiny part of the overall plan of creation, but it has a natural rhythm and pulse which was obviously created by an intelligence rather than being a random and unplanned act – *Michael Magnus, by e-mail.*

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'The power of the spirit'

WISDOM FROM THE WORLD BEYOND

"Can we have more?" was the request from several readers last month after we printed some superb trance teachings from Silver Birch. Happy to oblige, now you can read what the spirit sage said when famous healer Harry Edwards was a visitor to the guide's circle.

"All exists within the orbit or frame of natural law," the guide told him. "Everything must operate within that provision. There are no miracles. There is no suspension or alteration or abrogation of natural law."

WHEN Harry Edwards, the famous healer, visited Hannen Swaffer's home circle he said he was "not concerned so much with what we can do, but rather with the things we have been unable to do.

"How can we give greater service and become more in tune with those on your side?"

The spirit guide replied: "We are all co-operating in a great and mighty purpose whose object is to render the greatest possible service to the unfortunate ones, the weak, the suffering, the drifters, those whose heads are bowed with sorrow and whose hearts are filled with grief.

"The power of the spirit seeks to flood through instruments to bring its healing touch where it can find the opportunity, knowing that as instruments offer themselves for the fullest measure of co-operation, so there will come through them that force, that radiance, that will enable your world to realise what can be done when there is harmony.

"The power of the spirit is the power of life. The reason why there is life is because spirit is there.

"The power that fashioned the whole universe, majestic though it is and stupendously vast, is the same power which enables you to exist here and hereafter for all time.

"The power that enables you to love, to think, to care, to judge, to reflect, to decide, to weigh, to ponder, to be inspired, to reach the heights and depths of the whole gamut of human feelings: that power is the power of the spirit.

"The whole problem associated with every phase of mediumship is to regulate that flow of spirit power through instruments.

"As to how much and what kind of power can express itself depends entirely on the conditions that are available.

"It depends upon the qualities possessed by the human instrument and his willingness to develop along those



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lines which will make his co-operation greater and more effective.

"Always there is experimentation at work as new forces, new rays, new potencies, are gradually introduced."

The guide continued: "All these are conditioned by the fitness, physical, mental and spiritual, of the instrument.

"If he provides a greater vehicle, then a greater part is manifest through him; if he provides a poorer vehicle, then a smaller amount of power is manifest through him.

"The point I wish to make is this: that many good people, religious people, think that the acme of spirit power was reached in days gone by, in the times described by the Bible, but that is not true.

"There has been progress made, and the spirit power that streams through some instruments today is far greater than has ever been known before on earth.

"The best, the most that an old soul like myself can say is this: that for many years your earthly life has been guided to bring you to this culminating point. You are now achieving what was foreseen many years ago.

"This is the height of your attainment and you should rejoice in the fact that you are able to give the service that is available through your co-operation. Does that help?"

"Yes," said Harry Edwards, "though it raises two points in my mind. The first is whether you can help us to make ourselves more fitting instruments.

"For example, here is a child with two deformed feet. One foot responds but not the other. Where lies the weakness? It must be the weakness with the instrument, because if one foot can be healed, so can the other."

"It is not always possible to achieve the results that you would like to achieve or those who are working through you would like to achieve at the time," was Silver Birch's reply.

"The greatest amount of good has to be done with the minimum amount of power.

"If the whole of the power is to be utilised for one case, then you would get spontaneous healing, but you would be exhausted for a long time to come.

"It is, as I tried to explain, experimental. Not even those who work with you can guarantee beforehand what will take place.

"They do not know the extent to which the results will be beneficial except to know that they will be beneficial. There are factors which are not known beforehand.

"There are conditions which impose restrictions on what can be done. It is a matter of great rejoicing that so much can be done where before it was not possible.

"That is the contribution that you have made through your willingness to go the whole way and say to those who use you: 'Here I am, take me. I trust you and I will follow.'

"Nothing would be more pleasurable than that every sufferer who presented himself for treatment should be instantaneously cured, and that all disease and

deformity and sickness should fall away as if by magic. But that is not possible.

"There are problems. This is, comparatively, pioneering work.

"Those who are associated with you are busily engaged in knowing the reactions of each manifestation and bringing other elements to bear so as to improve the technique and the efficiency of what is done.

"I think I can say that you have observed the improvement that takes place on almost every occasion."

"Yes, that is so," agreed the healer.

"The closer the co-operation, the more spirit power can be transmitted. There is also another great question involved and that concerns one of the limits.

"Here I realise that I tread on very controversial ground, but honesty compels me to express this viewpoint.

"One limit imposed, and always imposed, is what I would call the karmic debt of the patient, the relationship between mind and body determined by that individual's spiritual growth and attainment...

"The important part of your work is not healing bodies, but touching souls.

"Where you succeed in awakening the soul, in enabling it to have a greater mastery over the body, in enabling it to realise its true purpose and to begin to express itself in the fashion that it should, that is the greatest contribution that you can make.

"That is more important than healing the body: that is the eternal part of your labours. Every individual is a combination of mind, body and soul.

"There are interrelated factors; you cannot dismiss the influence of any one from the other.

"Disease is, in a large number of cases, primarily due to wrongful alignment of mind, body and spirit.

"Where you have perfect attunement between these triune aspects of man and there is complete unity, there you have perfect health, stability, pose and awareness. But you do not meet that in your world except on very rare occasions.

"Every individual whom you see, who comes for treatment, is at a certain stage of growth.

"He has reached one particular rung in the ladder of his life, and that determines the amount of healing that can be transmitted to the individual.

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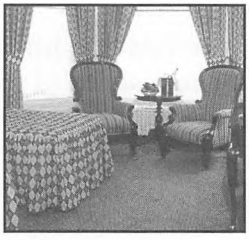
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That is what I mean by the karmic debt.

"There are some whom you will be powerless to touch. The debt that has been incurred can be repaid only by discarding the physical body.

"There are others who have earned a second chance. You can bring them complete cures.

"But there are others whose minds you are powerless to reach. You may improve their bodies for a time, but the condition will return in some other form."

Here the healer asked, "By that I assume that the karmic debt is superior to the healing forces that can be exercised?"

"Yes, I must insist on that," the guide told him, "because that is the individual's own contribution, his own life story, and there is no power to alter the natural law.

"You remember that I began by saying that all exists within the orbit or framework of natural law. Everything must operate with that provision. There are no miracles, as you know.

"There is no suspension or alteration or abrogation of natural law. It is all cause and effect. There is the limitation.

"It would be contrary to divine justice if any individual had the power to cancel the operation of cause and effect. What you can do is to free the soul, liberate the mind and then the body reaps the result."

"Is not that the way to help people to pay their karmic debts?" Harry Edwards asked.

"That is so. That is why I say that if you succeed in touching the soul, and awakening it so that the individual is conscious of what he has to do, it is the important aspect of the work."

Later, Harry Edwards returned to the question of karmic debt by asking, "I would like to make it quite clear that through healing it is possible so to touch the soul of individuals that you can help them to pay their karmic debts."

This brought from Silver Birch a declaration on the purpose of Spiritualism:

"The whole aim of this mission, of which your work and mine and all who are engaged in it are parts, is to awaken mankind, so that the largest possible number of individuals may be aware of themselves, to realise what they are, who they are, so they can bring into being, as part of their normal, daily activity, all the qualities and attributes of the spirit.

"By so doing, they will transform the whole of earthly life, changing it from a wilderness choked with the weeds of selfishness into a paradise filled with the flowers of idealism. That is what we are doing, or trying to do, with occasional success.

"Each soul who sees the light, who finds himself, who wakens out of the sleep, the materialistic sleep, is a soul who finds the road and begins to tread it with certainty and with knowledge."

The wise old guide added: "I do not mean that we are indifferent to human suffering, that we do not care about

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the misery, pain and joylessness of those who are afflicted by the many diseases that are the result of wrongful living.

"But if we reach the causes of all these troubles, then we can end all this maladjustment between mind, body and spirit. Then we can fill the world with a radiance that it so much needs.

"The children of the Great Spirit will then derive from earth that which they were intended to derive, the nobility, the grandeur, the richness, the dignity, the lustre and the beauty.

"Then, when death comes, they would pass through that door with ease, without pain, shedding the old body which had served its purpose for the next stage in their glorious existence...

"It is a joy to me to welcome any instrument. Those who labour to serve humanity are those I love. It is not always easy.

"No pathway of service can be easy, for if it was easy to serve, the soul would not grow.

"That which is worth attaining is difficult. The prize to be earned is a prize that can be given not to the many but to the few.

"Strive to achieve your highest ideals – the secret dreams and prayers which are your great hopes and aspirations. Continue to be loyal to that light which you follow.

"Do not in any measure betray the trust that is reposed in you by those who love you. Hold aloft that torch of truth and let its radiance bring light to many who are in darkness."

The Wendy Stokes column



Recently, I saw a TV programme on the subject of healing. After working with the chakras, the healer engaged in conversation with the patient, speaking to him about his present and past personal problems. Is this necessary or advisable in your opinion? – Cherry Friere, Herts.

Spiritual (sometimes called psychic) healing generally does not call upon conversation with the person seeking healing. Usually, all that is required of a spiritual healer is the giving of quiet, caring attention to the seeker.

Many patients do not wish to discuss their personal circumstances. Why should they when the spirit world knows exactly what is required and provides it?

Some healers practise a form of divination that highlights problems within the diet, lifestyle or circumstances.

There are healers who believe that advice is necessary, especially if they sense that the patient is accidentally causing, increasing or prolonging their illness.

However, healers should never diagnose, suggest remedies or advise patients to stop taking medication prescribed by their GP.

That said, these days, many healers are qualified counsellors. Therefore, some include counselling support within a healing session, especially if the seeker shows little response to silent healing.

I am of the opinion that each seeker or patient is an individual and requires individually tailored attention.

I am a trained and experienced Spiritualist church healer, but in recent times, I have dreaded the weekly healing service. Put simply, I feel drained and depressed as the evening approaches – Name and address supplied.

You may need to rest for a while. Most healers cannot go on year in, year out, without some decline in their ability or their desire to channel healing spirit energies.

However, as with trance mediumship, for example, healing should not leave the healer drained. If it does, you ought to seek advice from the leader of the healing team at your church.

The fact that you find healing makes you tired suggests you are giving of your own energies rather than allowing subtle spirit forces to flow through you.

A new, fashionable expression has entered our vocabulary. It is said now that healing is an "art form," and for many it is just this.

Modern teachers of this "art form" tell us that healers should be pure channels for Universal Spirit energies, and that we

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will only feel drained if doing something wrong, such as not surrounding and protecting ourselves with sufficient white light.

However, in reality, no one is a perfect vessel. The demands of several very ill patients may deplete our own reserves, especially if we are tired, unwell or receive no thanks or support from co-workers.

When we open ourselves to provide healing to another, we offer unconditional caring, concern and concentration. This, and the time and effort required, can be fairly draining.

When I trained many, many years ago, healing was referred to as "a service." That is still how many see it – as a form of self-sacrifice.

Techniques are available to help healers retain and replenish their lost energy levels after a healing session. Also keep in mind that some training approaches to healing are less strenuous than others are.

Why not ask another healer to spend ten minutes with you at the end of the evening, removing any impurities or distress you may have accumulated?

If this is not sufficient, retrain using a non-hands-on technique, such as healing with crystals.

Please end an argument. Is it possible to be a Buddhist and a Christian Spiritualist? – Craig Thomas, Herts.

Everyone is entitled to be whatever they please and should be welcome at Christian Spiritualist meetings, providing they have ethics and a caring code of conduct, of course.

A percentage of those at any Spiritualist

meeting are likely to be non-believers in survival, might be searching for information or looking a path to follow.

Buddhism is one of the most ancient philosophical systems. Buddhists believe in four noble truths.

These are that life involves natural suffering; that constant striving causes more suffering; that we can relieve suffering by detaching from desire, and that enlightenment is based on eight principles.

These principles are the need to look at life in an objective way; to purify our heart and mind; to speak the truth with kindness, and to avoid causing hurt.

Then come to avoid egotism and self-interest; to subdue anger and resentment; to be aware of all thoughts and actions, and to focus on self-discipline and higher ideals.

Practitioners of Buddhism are often good role models. If they are comfortable in Christian Spiritualist churches, with Christian iconography and prayer, we should feel equally comfortable with them.

Is there anything in so-called pyramid power? Is it worth using a pyramid for healing? – Jaykay Morris, London.

The Great Pyramid of Giza is aligned with magnetic north and may be able to attract electromagnetic forces that are known to play a part in psychic manifestations, such as healing.

Whether there is any effective evidence is debatable, but some say that if placed in a pyramid-shaped container that coffee loses its bitterness, wine becomes more mellow, fruit juice less acidic and milk keeps fresher for longer.

Evidently, knives and razors are said to sharpen miraculously if aligned with the magnetic north within a pyramid whilst plants grow faster and germinate quicker.

I have not had the opportunity to put pyramid power to the test. If you have any positive experiences, please write and let us know.

Here's another tip. There is an excellent Internet search engine at www.alltheweb.com Why not investigate further here?

I would like to include music in my treatment room. Can you tell me about the healing power of music? – George Kilmartin, Scotland.

The Judeo-Christian Bible describes the universe as created with the sound of the "word." The Vedas describe this sound as "Aum."

Music, songs and chants have been an essential part of healing since time immemorial. David soothed the troubled mind of King Saul with harp music, but Aristotle preferred the flute to calm his nerves.

Meanwhile, Pythagoras coined the term "music of the spheres" and numbered each musical note. Centuries later, in the 1930s, a Swiss researcher named Hans Jenny discovered that when he chanted with certain words, designs appeared on a sand tray. He called his new science cymantics.

The French ENT specialist Dr Alfred Tomatis was once called to a monastery to treat monks living there for unexplained

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17 See Special Events
24 See Special Events
31 Marion Denny, CSNU

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January 11 David Manclark
18 Anthony Geddes
25 Patrick Murray

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28 Stephen J Wakling

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illnesses.

After some discussion, it was discovered that the monastery had discontinued singing plain chant during the monks' regular prayer time. Since then, Dr Tomatis has had success treating autistic and hyperactive children with Gregorian Chant.

Harmonies increase relaxation whereas discordance increases stress. Musical rhythm affects the body's pace, heart beat, brain wave patterns and biorhythms, so needs to be carefully chosen for treatment rooms.

These days many so-called New Age CDs and tapes are available. Some incorporate the sounds of nature, such as birds, waterfalls and the plaintive, haunting noises that whales use to communicate, sometimes across hundreds of miles.

It might be worth taking a look at your local reference library since it is possible to borrow CDs at some of these.

Charity shops can also be an excellent source of second-hand CDs whilst some remainder book-stores also sell cut-price CDs so it won't necessarily involve a great financial outlay to form your own collection. Some classical music is also very soothing so may also prove appropriate.

I am told that the psychiatric profession is researching and working with people possessed by demonic entities. Do you have any information? – M. Harding by e-mail.

Yes, I am pleased to say that there are revolutionary new developments within psychiatry that take spirituality into account when assessing and treating people with what used to be described as "mental illness."

To my knowledge, there are two consultant psychiatrists who have a special interest in spirituality – and the lack of it – and how it affects behaviour.

Both concentrate their therapy on the relief of symptoms, such as addictions, obsessions, depression, multiple personality and related illnesses.

Dr Alan Sanderson is a consultant psychiatrist who founded the Spirit Release Foundation. He has successfully treated many hundreds of people in the past ten years. You can visit his website on www.spiritrelease.com

Meanwhile, Dr Andrew Powell holds posts as consultant psychiatrist and psychotherapist at the Maudsley Hospital, and has worked academically in London and Oxford.

Dr Powell is also the Chair of the Spirituality and Psychiatry Special Interest Group of the Royal College of Psychiatrists.

You can find further information on Dr Powell's website. Please go to www.rcpsych.ac.uk/college/sig/spirit

■ ***Need a helping hand concerning a problem with a Spiritualist or psychic theme?***

If you would like some advice, you can contact Wendy Stokes by post, fax or e-mail. Our details appear on the front cover. Please note that Wendy cannot enter into personal correspondence.

You can visit Wendy Stokes' website at www.wendystokes.co.uk

Medium locates murdered girl

THE most astounding single feat in modern psychic crime detection occurred when a mediumistic headmaster located the mutilated body of 18-year-old Myrna Joy Aken after an intensive, unsuccessful eight-day search of the surrounding countryside by South African police.

The medium was London-born 65-year-old Nelson G. Palmer, of Pinetown, Durban, South Africa. He was a headmaster for ten years, then retired, and began teaching again.

Mr Palmer – he has now passed – called the police to the exact spot after a seance which indicated where the body would be found in a culvert on a road nearly 60 miles from Durban.

Mr Palmer led a search party to the culvert where the girl's body had been dragged ten feet under a busy highway, in densely wooded country. The medium had never been there before.

When they were about a mile and a quarter away from the spot, said Mr Palmer, "I picked up the vibrations and knew we were on the right track.

"I saw the culvert and said that was where we would find her."

A packed session at Durban's Supreme Court listened spellbound when Mr Palmer gave evidence on the fifth day of the trial of Clarence Gordon van Buuren, aged 33, on a charge of murdering Miss Aken on October 2. Said Mr Palmer:

"I have known the Aken family for some time. I live a little short of a mile from them. I knew Joy Aken as a child and met her once or twice just lately.

"On October 10, I was a member of a search partly looking for Joy Aken.

"I proceeded from Pinetown to the Umtwalumi area, where the party split up. After a search, I found the body in a culvert.

"Colin Aken was with me at the time – a brother of the 'dead' girl.

"When I saw the body, I told him to get in his car and report the matter while I stood at the culvert.

"The police eventually arrived and took over."

Asked by S.J. Henning (defending van Buuren) how he came to take part in the search that day, Mr Palmer said:

"Colin Aken came to my house with my son and asked if I could possibly help by means of spiritual trance work.

"We held a sitting there. Exactly what was told to them I cannot inform you, as I was in a trance at the time. As a result

of what they told me later, I offered to go down with them.

"We held a seance. There was myself, my wife, my son and his wife, and Colin Aken – five of us."

Mr Palmer continued: "I went into trance not more than ten minutes after the arrival of Colin Aken and my son.

"I remained in a trance for not more than five minutes, then it was all over. I was told what I had said.

"The directions were given as regards the South Coast between 50 and 60 miles away, as well as the condition of the road; going over two hills near a river. A culvert was also mentioned.

"It was mentioned that the body would be near water. I went personally because to my mind the directions were not quite explicit.

"I thought that with the sensitive development I have, I might be able to help."

Questioned about his "sensitive development," Mr Palmer said: "For many years I have done this trance work and a certain sensitivity is developed to vibrationary feelings."

Mr Palmer said he got his information while in trance. It was extremely difficult to explain where it came from.

"My belief is that it is an outside intelligence, a gift from Almighty God," said Mr Palmer. "I have worked regularly over a period of nearly thirty years."

Before October 10 (the day the body was found), he did not consider where it might be discovered. Mr Palmer did not apply his mind to the matter to any extent until he was specifically asked.

Now imagine this scene in the packed, hushed court room.

Mr Henning: "Did you discuss the disappearance of Joy Aken with your son Jack at the time?"

"He said that his friend Colin was very upset," Mr Palmer replied.

"Other than that, he had nothing to say. He said nothing about the details of the disappearance or the progress of the police search."

"He was well aware of your psychic powers?" – "Yes. It was he who was first consulted by Colin Aken about a seance."

Cross-examined, Colin Aken said that Mr Palmer's son Jack was living next door to him in the previous year. They were very good friends.

"From Jack's attitude, did you gather that he was quite confident that his father would be able to help?" – "Yes, he seemed very confident."

"Did you think it strange?" – "No, I did not think it strange at all."

"When you went to Mr Palmer, senior, did you discuss any details about your sister?" – "No."

"Did he ask you anything?" – "No."

"You heard what he said while he was in trance?" – "Yes, I remember more or less what he said.

"He said the body would be about 60 miles away. He said we must go up a hill and down a hill, up a hill and there we would find Joy, in or near a culvert – I am not sure which.

"She would be in about three to four feet of water. Stagnant water was

mentioned, I think."

"When you went down the coast, did you search any culverts apart from the one where the body was found?"

"Well, we were looking for stagnant water," Colin Aken replied. "We got down to the river, but the river was flowing, so it could not be that.

"We worked back from the river to the bottom of the hill. The first water we found was at the culvert. There was a slight trickle there."

Newspapers throughout South Africa headlined Mr Palmer's psychic feat.

"One of the most remarkable murder stories of the century" and "One of the most fantastic stories in the annals of world crime" said the "Natal Mercury."

Another leading newspaper called the murder "one of the most fiendish crimes in South Africa," adding, "Hardened detectives were shocked by the extent of the mutilations on the girl's body."

Mr Palmer told the "Natal Mercury" how, after the seance, he drove to the exact spot 60 miles away where the girl's body lay in a culvert into which it had been dragged ten feet under the busy highway in densely wooded country.

Near the body lay a bloodstained visiting card with a man's name printed on it.

"I knew nothing of what was said and was told afterwards that I had described exactly the place where we later found Joy," said Mr Palmer.

"I began following the actions of the man and his movements in trying to dispose of the body.

"In fact, I later stopped on the road to Umtwalumi where someone had tried to burn some of the girl's clothing. We could see the marks of the fire.

"Then a clear voice spoke through me saying that the place we were seeking was 60 miles away. The voice said there was water, lots of water, and hills and bush."

Mr Palmer's wife took up the story, telling how they heard a voice describe the road. It said:

"Then you go up a very steep hill, down into the valley and up the other side. You go down again.

"Then you will see a culvert. That is where you will find what you are looking for. There is a lot of water – pools of water."

At this point Mr Palmer came out of trance. The medium, his son, Miss Aken's two brothers and a friend set off in two cars for Umtwalumi.

The spot he had so accurately described in trance was about one-and-a-quarter miles north of the village.

"We arrived there soon after 2 pm," said the medium. "When we came near, I felt that we were close. I picked up the vibrations and knew we were on the right track.

"I saw the culvert and said that was where we would find her. We clambered down. In a gully, I found a piece of bloodstained petticoat.

"In the culvert, I saw a pair of legs. The body had been pushed in head first. Her feet were only about 12 inches from the edge of the hole."

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Mr Palmer continued: "The main south coast road passed over the culvert and is crossed every day by hundreds of cars. During the time the body lay there thousands of people must have passed within a few feet.

"After we made the discovery at about 2.30 pm, we reported our find to the police, and they took over. I drove back home."

"This was obviously a planned crime," he told another newspaper, "and was therefore accompanied by a great deal of thought force.

"We believe it is possible to pick up thought waves in the same way as a radio picks up wireless waves."

The medium added that the earthly contact was the "dead" girl's brother.

Sceptics who dismissed this theory and attributed Mr Palmer's finding of the murdered girl's body to chance and luck were confounded when, four months later, he located the body of a doctor after an unsuccessful search by police for eleven days.

The doctor, John William Glenmore Phillips, of Pinetown, where Mr Palmer lived, had been missing since December 21.

Dr Phillips was last seen walking out of his house about noon. His body was found, as Mr Palmer said it would be, about 500 yards from the doctor's home in dense bush.

The doctor was remanded on bail of £2,000 on December 13 on a charge of abortion.

A condition was that he report daily to the police. On December 22, he failed

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to do so. Two days later, a warrant was issued for his arrest.

Mr Palmer was approached by a friend of Mrs Phillips, who asked him to try to discover whether the doctor was still alive.

"I went into trance and learnt that Dr Phillips was dead, but I made no further inquiries at the time," said the medium.

On the Monday morning, Mr Palmer was again approached and agreed to go to the home of Dr Phillips to try to locate the body.

"We went into the doctor's study, accompanied by Mrs Phillips, and I began meditating," he said.

"Holding a tie the doctor had worn shortly before his disappearance, I went into trance and was told that his body would be found about 500 yards from the house in a north-westerly direction.

"At first, it only indicated that his body would be found near water, but moments later this was enlarged upon.

"I was told that he would be found near the confluence of two streams in dense bush."

As it was then about 4.15 pm, Mr Palmer, a doctor friend of his and several friends of Mrs Phillips searched the area the medium had indicated. Because of failing light and the dense bush, the search was abandoned for the day.

On the Tuesday morning, guided by the medium, four brothers from a local monastery, W.T. Robson, a traffic and licensing officer at Pinetown, and five workers from the monastery farm continued the search.

The party had been combing the bush for about four hours when, around 11.30 am, Brother Richard and Brother Willibrod found Dr Phillips' decomposed body in a seated position beneath a tree.

He was only two or three feet from one of the two streams mentioned by Mr Palmer and about 25 yards from their confluence.

Mrs Phillips was immediately notified. The body was removed to Durban Mortuary by the police.

Four policemen and two detectives had been searching the area for eleven days, but because of the dense bush and large area to be covered had been unsuccessful.

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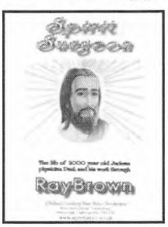
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The saints of old shall come back

Below are teachings from Zodiac, the guide of medium Winifred Moyes. It was as a result of their two-world partnership that the Greater World Association, which promotes Christian Spiritualism, was founded.

■ Through the aura, you receive impressions, you gain your inspiration.

Through the aura comes the power to put into action that which you have received.

Through the aura comes healing power, comes the exercise of the gift of intuition.

Through the aura comes the ability to paint, the flow of beautiful music, the words which cheer or uplift.

■ There are many who do not realise that psychic gifts must be spiritual otherwise they were better not in use at all.

There are others, too, who realise that the gifts of the spirit rightly used have brought more comfort, more illumination, more understanding than anything else that the world has held.

■ In giving out the fact that communing with the spirit world is possible, you are saying to those who perchance are ignorant, "The door is open and you can pass in."

But you must stipulate regarding that door; you must have full confidence yourselves whether it is the right door, or whether it is the door that has been erected by the enemies of light and love.

■ If a man goes through the earthly life without much strain, with plenty in every sense of the word, with no test of anxiety, no test of patience, what has the earth life produced for him? Nothing of worth!

■ We know that through spirit communication, the disciples, the saints of old, the humble men and women who sought to do their best, shall come back and in time find instruments, instruments keyed to their own vibrations of spirituality. Then we shall see something of the world's redemption!

I appeal to you to do your part, to pray your way through the days, to ask that you may be as a cleansed vessel.

■ Let us think of what is meant by the spirit world... God is spirit. Therefore, because God is author of all things good and the promoter of life, there must be something of spirit and the spirit world in every condition.

■ Even though the clouds of the

physical life have shut off the sunshine from you, the sun has been shining beyond those clouds.

■ You may be tired of work and the drudgery of the day may still be before you. You are blind to the fact that there are bright and glorious ones in your own conditions seeking to cheer you, and not with words alone.

They bring the sweet flowers of the spirit and those celestial herbs that can restore some of the vitality of the body... The sick, the old, the weary, the broken-hearted and the disappointed: they are never alone.

■ Would to God that all your churches were full, that men and women, beset by many cares, could go into them and question the teachers and the preachers and receive from them a reply that appealed to their commonsense and closed the wounds in their hearts and minds.

■ The time has come for the challenge to go out to man! What is the challenge?

To get back to the teaching of the Christ, to push aside the tangled thought of this same age, all the hypnotism exercised by materialism, and to get back to truth, truth in the inward parts. Thus man can be saved. Thus only can man be saved.

■ All are told in the Holy Book that they who seek shall find. Yet some are held back by fear, some are held back by authority.

But still the call comes from the spirit world, "Seek and you shall find." But the seekers must be prepared for sacrifices, prepared for discipline, as the explorers upon the physical plane. For great things gained, great things must be demanded.

■ It was never the Father's will that when you lost your dear ones you should be separated from them.

Through the gift of sight and through the gift of hearing, if man had not fallen away from the path of duty, man could have watched those dear ones in the spirit world just as you can when sleep holds the body.

■ Shepherds of the flock be of great courage. Know that the seeds sown in this material world shall bloom in God's fair land.



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Fame and personalities from the past...

BY GREG ANTÃO

In this specially written article, hypnotherapist Greg Antão looks at the subject of rebirth, answering why more than one person may claim to be a famous personality from the past.

Greg recently took part in Living TV's "Jane Goldman Investigates" when the programme investigated previous lives.

THE idea of having lived in previous times is now beginning to be quite widely accepted in many quarters of mainstream Western thinking.

Reincarnation – the concept of a soul having many existences in place and time – appears to be a common theme in various global cultures, particularly in the East.

Of late, some more progressive members of the medical and psychological fraternities have used past life regression (PLR) therapy to treat conditions and ailments with varying degrees of success.

In a previous article, I mentioned how Dr Brian Weiss successfully treated a patient named Betty, who had a severe respiratory condition, by using PLR therapy.

Dr Weiss is a psychiatrist and a graduate of Columbia University and Yale Medical School, and a former Chairman of Psychiatry at the Mount Sinai Medical Center in Miami, Florida.

He took Betty back in place and time to the Middle Ages, where she was burned at the stake. She had choked on the smoke.

This was considered to be the origin of her respiratory condition. After returning to the present time, Betty spontaneously recovered from the condition. This process of catharsis is a recognised psychological phenomenon in cases of this type.

Previously, I also touched on the subject of how past life traumas can result in current life difficulties, and that some present-day birthmarks could have their origins in past life wounds and scars.

The groundbreaking research in this area was done by Dr Ian Stevenson, Carlson Professor of Psychiatry and Director of the Division of Personality Studies at the University of Virginia's Health Sciences Center.

These two academic heavyweights have contributed very significantly to

the acceptance of the plausibility and possibility of reincarnation. This has led to an upsurge in the numbers of therapists and counsellors offering past life regression to clients.

Like myself, some of the more mainstream therapists in this field use hypnosis-based techniques.

These seem to offer the most scope for exploration and investigation, and are highly effective if employed by well-trained, competent therapists.

A frequent point for discussion in media events I have participated in is: "Why do so many regressed clients seem to have been someone famous in a past incarnation? What if more than one person claims to be the same celebrity? How can this be?"

These two popular lines of inquiry seem almost designed to question the entire validity of the concept of past lives. On the face of it, they appear to be very valid lines of reasoning.

Indeed, I believe they are, but feel I can explain why these things sometimes occur. I shall do so by using my spiritual beliefs as a basis.

First, I must mention that from the many regressions I have conducted, I've never yet encountered anyone who claimed to be someone of significant historical importance.

My clients seemed to have been cursed or "unblessed" by having had fairly pedestrian past lives! I have never yet met a previous Mary, Queen of Scots, or even a Richard the Lionheart.

I have, though, met one of his

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horsemen. This occurred when I recently regressed a fairly well known northern medium. It may well be that I do not charge my clients enough to give them the scope for past life celebrity status!

My set of spiritual beliefs is based on the premise that there is a Supreme Being, an Infinite One or a God.

This being, I believe, is omniscient, omnipresent and omnipotent. Being omnipresent means that He is everywhere and part of everything – every particle, atom and molecule in every universe, past, present or in the future.

Omniscient, He knows everything because He is part of every thing in every universe in creation.

The Being is omnipotent, meaning He is all-powerful as a consequence of being omnipresent and omniscient.

Many in the Spiritualist movement say, "There is no time in the spirit world." In other words, we exist in the eternal now, with past, present and future co-existing. These are the bedrock to my set of beliefs.

On TV and radio programmes, I usually describe "Reincarnation Balls" that were held near San Francisco during the 1970s and 80s. People went dressed up as the person they thought they were in a previous incarnation.

Sixteen Cleopatras and five Mark Antonys would all turn up at the same time, and start squabbling, saying, "I am the real Cleopatra, not you!"

The presenter usually smiles sympathetically, sometimes quizzically, as I explain: "We were all Cleopatra. You, I and everything in the universe were Cleopatra as well as Mark Antony."

This really puts the cat in among the pigeons. "How can this be?" presenters ask.

"Well," I say, "we are One. We are all part of the One. We are everything that ever has been and ever will be in the Eternal Now."

I give them an example, and explain that we all have an individual viewpoint, a unique perspective, like a facet of a common house fly's compound eye or one of the facets of a diamond, each of which reflects or projects a unique view.

The fly's compound eye is indeed a miracle of creation, a testament to the creative power of the Infinite One. The eye is made up of hundreds of separate identical units called ommatidia.

Individually, each of these units has a separate, unique perspective or world view. They are separate, but connected by the brain of the fly, which combines all of the hundreds of perspectives into one – just as you, I and every other being in the universe has an individual unique perspective or experience of life.

Just like the fly's ommatidia, we are connected by and into the One. This connection is not limited by time. Therefore, we can be connected in both place and time.

This may be quite hard to get one's

head around, so let's take it in stages.

First, let us presuppose that you believe in the concept of past lives. This implies you accept the premise that you have been other personalities before your current incarnation.

This also means you can accept that you have been more than one unique individual personality, albeit in different time frames.

You have probably reconciled this by thinking that your "soul" has occupied more than one body in time and travelled from one body to another.

Secondly, let us accept that "There is no time in the spirit world." This implies that the past, present and future can coexist just like a video tape or film reel.

The past, present and future coexist as "images and sounds" on the tape or film. They only "come to life" when the tape is set to a time base and played on a video player or projector.

It is the same in a video game when all the characters, options and operating sequences are stored in the electronic memory chip at the same time. Again, only when the machine is switched on do they come to life and operate in time to a given time base.

Now for the third stage – bringing the two previous steps together. This means that we can be more than one person in time. As "There is no time in the spirit world," we are more than one person, indeed several persons, in the Eternal Now.

This implies that we can be more than one person at the very same instant. In other words, we can occupy several personalities simultaneously.

As all are part of the Infinite, we are all interconnected. Therefore, all of our respective multiple personalities are interconnected.

Imagine lots of users on a computer network, each accessing the same server or processor at seemingly the same time. They all appear to do so simultaneously, almost believing that they are the only person interacting with it.

This is because the server or processor can communicate so very fast that it splits time into very tiny intervals, giving the impression that it is communicating with everyone simultaneously.

We can therefore draw on and undergo every given experience that exists in space and time. Some have called this "a repository of experience" or the Collective Unconscious. Like me, others term this God.

This might explain why some people can draw on the experiences of historical celebrities or why many who have been regressed tune in to the same given personality like Cleopatra, for instance. It may indeed all come down to personal affinities.

We are all part of this Being, some of us travelling quite different paths from others yet still remaining a part of the same Being.

Take the cells of the human body. An eye cell may be quite different from a lung cell, but will still be a part

of the whole human organism. Eye cells want to join up with other eye cells, and therefore have an affinity to other eye cells. See it more clearly now?

You may ask, "But why does this Divine Being want to experience everything?" Picture this: here you have this "mass of perfection," that some may call God, existing eternally.

To experience this perfection, the Being must also know the opposite polarity, in this case, imperfection. To feel hot, you must also understand what cold feels like. To feel good, you must undergo the not so good.

Everything is relative. If you exist on champagne and caviar every day (assuming you really enjoy them), then a plate of baked beans would seem almost sublime, wouldn't it?

For the Divine Being to experience the innate perfection that it is, it is also necessary to experience states of relative imperfection.

This is where we come in. Perhaps the God Being is an entity that needs to experience differing states of existence for self-definition or realisation.

Well, I hope that this goes some way towards reconciling the conundrum of the sixteen Cleopatras and five Mark Antonys...

■ ***For more information, call Greg Antão on 01932 232370, visit his website at www.hypnosNLP.com or e-mail Hypnos@innovatus.net***

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Reg. Charity No. 261885

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Sixty Plus Hall
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Third Tuesday each month

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Balgores Crescent, Gidea Park, Essex
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Yateley
The Yateley Industries Disabled Hall
Mill Lane, Yateley, Hampshire
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What's in stars' store for 2004?

BY PETER WEST

A regular columnist in "Prediction" magazine for many years and an occasional contributor to "Two Worlds," Peter West has written around twenty books on such subjects as astrology, biorhythms, graphology and palmistry.

Here, he looks to the heavens and suggests major occurrences in readers' lives for the year 2004.

THE coming twelve months will be an eye-opener for quite a few people as although there is only one major planetary sign change when Jupiter enters Libra in September, the remainder of the planets are not standing idly by doing nothing.

There will be a few earth-shaking moments as some countries considered relatively harmless, make decisions or take actions – voluntarily or involuntarily – that take onlookers and observers by surprise. Among these are China, Morocco, Russia, Saudi Arabia and Vatican City.

The one good thing for most of us will be a fairly settled year in the UK financially – always assuming that the big money houses and insurance companies decide not to get too greedy!

Politically, there will be shakers and movers, but from sources that may well hold back even more surprises for later. Thus, for 2004 this is what each of the Sun-sign subjects may expect.

Aries

Be prepared for a few fireworks in the domestic environment in the first three months or so. Life is not going to all go your way by any means. Changes will be hard for some, but welcome for others.

Complementary medicine disciplines could attract, especially if orthodox medical practice has been unhelpful.

Throughout the period, pay off what you owe before incurring fresh debt. After September, changes in close relationships may occur and marriage is likely. For some, such an action may be a second or even a third try!

Taurus

Much of the first few weeks or so will have many Taureans trying to decide to move or stay where they are and make the changes they feel necessary, but cheaper in the long run.

This might have something to do with a career change or where many folk may have to start to work from home.

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Friday 9th Jan	DEMONSTRATION: MARTIN WEST. Workshop with Martin West
Friday 23rd Jan	DEMONSTRATION: IAIN DOCHERTY. 9.00 pm Special Healing Service
Friday 30th Jan	DEMONSTRATION: JOHN ALEXANDER. Meditation with John Alexander
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Financially, there should few problems, for the coming year marks a time of payouts from investments and other insurances. Any health weaknesses might be associated with weight and/or dietary matters.

Gemini

A lively and active period that should encourage those interested in the entertainment fields, including working in the background in theatres, studios and elsewhere.

The temptation to gamble in the summer months should be avoided. Saturn is in Cancer all year and stirs up monetary matters quite a bit.

Gemini people destined to become parents for the first time this year should not worry too much – all is well and will go their way.

In early June, an exceptional incident should occur to their eventual benefit, although it could take some months to come to fruition.

Cancer

Saturn in Cancer is unhelpful to these free spirits. None of them likes to be tied down, so quite a few might feel free to take up new interests, full or part-time. Some may well go back to previous studies with a view to reawakening old desires to learn.

They must be careful and watch their health, for few know when to stop before they overdo it and stress and strain will occur.

When Jupiter enters Libra in late September, home life and all its connotations will improve quite considerably.

Leo

Plan important financial issues to reach fruition before the end of September. Everything is in your favour – and by then you should have what you want!

Domestic and local matters will need to be carefully handled. Unless anything goes drastically wrong, what does happen should be water off a duck's back.

Conditions at work may undergo changes that you do not agree with, but if you go out on a limb or try to lead a rebellion, you could find yourself at an impasse. Be careful: good jobs are not that easy to obtain...

Virgo

Virgo folk know when they are on a "high." They also know how to take advantage, but must be prepared for subtle changes as Jupiter moves into Libra in late September.

The year opens wonderfully well, but little things will start to happen that you may have originally taken for granted. Don't! Be careful: watch money, health and physical fitness generally.

Some of the more strenuous outdoor activities might lead to small accidents and incidents that curtail your normal efforts. "Keep an eye open" would the best advice.

Libra

People will have to work for what they want. By the year end, there will be a

profit, but perhaps at the cost of some close friendships.

Those who embark on relationships that ought not to be pursued will incur much more than just anger from people with influence.

New folk who come into your circle in July will be more than supportive in August, for by the end of October, some will be very good friends indeed!

Communications will attract. This may be a new field of endeavour for some Librans.

Scorpio

Listen to your sixth sense because as the months pass, you may feel wary with what is going on. This could culminate in April when career and work matters come to a head.

You will experience better things, or a total change of direction altogether is likely. Additionally, you will be fairly sound financially throughout the whole year.

In November, life should speed up quite a bit and there may be problems in trying to keep abreast of it all. Three planets in your money house in December will make life very promising indeed.

Sagittarius

The older you are, the more exciting the year promises to be! In the first six months or so, make sure you work with facts and not hunches because mistakes have been made before.

Any stress, strain or health problems will be at a peak between mid-May until

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the end of June, after which your social life, career affairs and financial security are better than they have been for some time.

At the year end, a new romance could take off, possibly with someone you have known for some time.

Capricorn

People with recurring health troubles may easily turn to complementary disciplines largely due to an active Chiron in Capricorn all year.

Uranus now safely ensconced in your house of acquisition and possession for the next seven years heralds changes – some good and others very good – but these are very little to worry about.

Those seeking to change their address may have to lower their sights a little. Many properties will be viewed, but little will really attract.

Family life perks up in mid-year. Young people will be very important to many.

Aquarius

The last couple of months of 2003 seem to have set the stage career-wise. This trend will continue for the whole year.

Nevertheless, do pay attention to health and diet, with no rushed meals or working long hours unnecessarily. It might not hurt to have a physical check-up during early July.

Major home improvements should be finalised by October. If not, see to it as soon as possible, for you cannot afford that sort of delay. There is too much happening elsewhere and you need to concentrate on these matters much more.

Pisces

The iron fist inside the velvet glove most Pisces normally wear will be very much in evidence as Uranus settles into your sign for the next seven years. Changes are inevitable and will take place whether you engineer them or not.

Home and family life will be more important than ever, but so will wanderlust. These are the possible extremes that can – and will – happen throughout 2004.

An exciting year is ahead... and it will be even more so when Jupiter moves into Libra in late September. You are going to have fun!

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Find the time to make time...

Yet again, this lovely story came from the Internet. Though the author's name remains unknown, perhaps many of us can learn from this telling tale...

IT had been some time since Jack had seen the old man. College, girl friends career and life itself got in the way. In fact, Jack moved right across the country in pursuit of his dreams.

There, in the rush of his busy life, he had little time to think about the past and often no time to spend with his wife and son. Jack was working on his future – and nothing could stop him.

One day, over the phone, his mother told him: "Mr Belser died last night. The funeral is Wednesday."

Memories flashed through Jack's mind like an old newsreel as he sat quietly remembering his childhood days.

"Jack, did you hear me?" asked his mother.

"Oh, sorry," said Jack. "Yes, I heard you. It's been so long since I thought of him. I'm sorry, but I honestly thought he died years ago."

"Well, he didn't forget you," said Jack's mother. "Every time I saw him he would ask how you were doing. He'd reminisce about the many days you spent over 'my side of the fence' as he put it."

"I loved that old house he lived in," Jack said.

His mother added: "You know, Jack, after your father died, Mr Belser stepped in to make sure you had a man's influence in your life."

"He's the one who taught me carpentry," said Jack. "I wouldn't be in this business now if it weren't for him.

"He spent a lot of time teaching me things he thought were important. I'll be there for the funeral."

As busy as he was, Jack kept his word. He caught the next flight to his home town.

Mr Belser's funeral was small and uneventful. He had no children of his own. Most of his relatives had passed on.

The night before he had to return home, Jack and his mother stopped by to visit the old house next door one more time. Standing in the doorway, Jack paused for a moment. It was like crossing over into another dimension, a leap through space and time.

The house was exactly as he remembered. Every step held memories. So did every picture and every piece of furniture. Suddenly, Jack stopped.

"What's wrong?" his mother asked.

"The box is gone," he said.

"What box?" his mum asked.

"There was a small gold box that he

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10.30 am-12 noon–Guided meditation with medium Sheila Appleton–£3.00

SATURDAY, JANUARY 24–10.00 AM-4.00 PM–DEVELOPING AND WORKING WITH TRANCE
Workshop with mediums Stevie Robinson and Haydn Clark. Bring packed lunch. Tea and coffee available. £20.00 members. £25.00 non-members. Ticket only event

kept locked on top of his desk," Jack explained. "I must have asked him a thousand times what was inside. All he would ever tell me was, 'The thing I value most'."

It was gone. Everything about the house was exactly how Jack remembered it, except for the box. He figured someone from the Belser family had taken it.

"Now I'll never know what was so valuable to him," Jack said. "I better get some sleep. I have an early flight home."

It had been about two weeks since Mr Belser died. Returning home from work, one day Jack discovered a note in his mailbox.

"Signature required on a package," it stated. "No one at home. Please stop by the main post office within the next three days."

Early the next day Jack collected the package. The small box was old and looked like it had been mailed 100 years ago. The handwriting was difficult to read, but the return address caught his attention. "Mr Harold Belser" it read.

Jack took the box out to his car and ripped open the package. There inside was the gold box and an envelope.

Jack's hands shook as he read the note inside. It read: "Upon my death, please forward this box and its contents to Jack Bennett. It's the thing I valued most in my life."

A small key was taped to the letter. His heart racing, and with tears filling his eyes, Jack carefully unlocked the box.

There inside he found a beautiful gold pocket watch. Running his fingers slowly over the finely etched casing, he unlatched the cover. Inside he found these words engraved: "Jack, Thanks for your time! Harold Belser."

"The thing he valued most was my time," thought Jack as he held the watch for a few minutes, then called his office and cleared his appointments for the next two days.

"Why?" Janet, his assistant, asked.

"I need some time to spend with my son," said Jack. "Oh, by the way, Janet, thanks for your time!"

The moral is of this story is that life is not measured by the number of breaths we take, but by the moments that take our breath away. Think about this. You may not realise it, but it really is 100 per cent true...

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6. I believe that all forms of life created by God intermingle, are interdependent, and evolve until perfection is attained.
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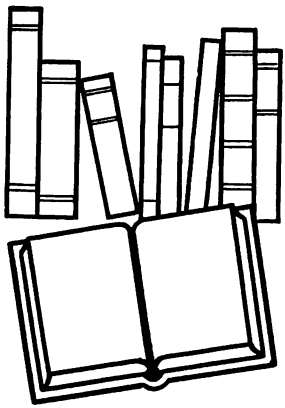
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BOOK REVIEWS

BY GRAHAM JENNINGS

All the books featured below are available direct from "Two Worlds." Please see our address on front cover. Quoted prices include postage and packing. If paying by credit card, please give your number, the type of card and the date on which it expires. Readers outside Europe should submit a Sterling cheque drawn on a London clearing house, adding an extra £2.00 postage and packing per book, or pay by credit card.

"Spirit Surgeon." Ray Brown. Video. 89 minutes. £18.99. Michael Courtney-Hunt.

A SPIRITUAL healer for more than three decades, Ray brown has several times been in need of healing himself.

In 1968, he fell 180 feet from a crane, broke his neck and was told he would never walk again.

Naturally, Ray went to hospital. But the complete healing he received, during an out-of-body experience, came not from doctors, but the spirit world.

A few years later, Ray was involved in a five-car pile up. He was thrown out and dragged 400 yards by the foot. More out-of-body healing occurred... and he was fully restored to health.

Chosen by his healing guide Paul, to be his instrument, Ray's earliest psychic experience was at the age of five. He recovered from tuberculosis, and by his late teens had become a healer and met Harry Edwards.

At 21, his development was sufficient for deep trance. About this time, he met his future wife Gillian. She became his assistant. They still work together.

Ray's entrancement is so complete that afterwards he knows nothing of the patients that have just been healed so wonderfully.

In this video, we meet many handicapped patients whom mainstream medicine or surgery had failed to cure. We see the medium's fingers deftly resetting out of place bones, freeing trapped nerves and restoring movement to stiff joints.

As a guide, Paul is pleasant and jovial, and does everything to put patients at

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Yvette Coppin 020-8300 0870
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ease. His personality is quite different from Ray.

"Typical woman!" he says to Gillian at one point. "Start the next job before you've finished this one!"

Gillian has had to adjust to being in constant company with the two men. "I live with Ray," she says, "and work with Paul."

But who is the guide? "My name is Saul," he tells us through an entranced Ray, "and my Roman name is Paul."

Yes, this is Paul of Tarsus, but not, he tells us, Saint Paul, adding: "We were not saints. At least, I wasn't one!"

In a trance interview, the guide tells what really happened on the Damascus road.

The strain of overwork in his zealous mission to persecute Christians brought on a fever. His horse threw him. As he lay there, he saw his first vision of Jesus, but dismissed it.

Two days later, still in a fever, he again fell. It was the occasion of a second vision – and this time he heeded it. Paul saw the light, but went blind. It was Ananias in Damascus who cured him.

During the last part of the video, we hear him speak of the spirit world and passing, of karma and reincarnation.

This well produced production is up to the high standard of other Michael Courtney-Hunt videos and provides fascinating viewing.

"The Taste of Strawberries." By Linda Muir. Paperback. 138 pages. £6.95. Con-Psy Publications.

TRADITIONALLY, the spiritual pathway is often a solitary affair. What if, however, the aspirant is a wife and mother with all the usual responsibilities and commitments? Is there a parallel path for her?

Yes, there is! In this novel, Linda Muir's heroine, Laura, does not even think of departing from her chosen path in life, but uses it to her advantage.

We meet her just as she has driven 60 miles to Edinburgh to buy a wedding present, only to find there is nowhere to park. Her whole world is ending, the universe denies her any significance and panic is about to overwhelm her.

Then Laura hears a voice saying, "You didn't ask the parking fairy."

"What?" she responds.

"The parking fairy," says the voice. "You didn't ask her to book you a place beforehand."

"Oh, doesn't she do retrospective bookings then?" – "Try it and see."

Laura does – and sure enough a parking space becomes available. The voice is not a fairy, of course, but her spiritual advisor called Sybil.

Over the next few months, Sybil takes Laura through a series of techniques for developing psychic and spiritual awareness. They include meditation and development for mediumship. These, of course, are really for the reader to do.

Linda Muir is a Fellow and minister of the Spiritualists' National Union. She has been a teacher of spiritual development and awareness for over 20 years.

I think this book would be especially suitable for someone in a similar position to Laura.

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20 January – Ann Griggs
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January 4 Barbara Zinzan & Andrew Daniels
11 Stevie Robinson
18 Pauline Porter
25 Ron Westley

Wednesday 7.30 pm Clairvoyance

January 7 Sheila Smith
14 Sheila Thomas
21 John Alexander
28 Sylvia Bryden

EVERY MONDAY 7.30 PM HEALING

ALL WELCOME, INCLUDING PETS

BOURNEMOUTH SPIRITUALIST SNU CHURCH

16 Bath Road, Bournemouth BH1 2PE

Tel at church: 01202 551751. President: 01202 434446

Sunday 10.45 am and 6.30 pm

Service and clairvoyance

January 4 Cathryn Green
11 Len Francis
18 Tricia & James Pugh
25 Brian Hatcher

Monday 7.30 pm.

New style meeting

January 5 Al & Geoff Potts
12 Len Francis
19 Tricia & James Pugh
26 Brian Hatcher

Wednesday at 7.30 pm

January 7 Seekers Group
14 Seekers Group
21 Seekers Group
28 Open platform

Thursday 3.00pm. Service

January 8 Phyllis Rumney
15 Myf Ellis
22 Alfie McGloin
29 Edna Bennett

HEALING. NO APPOINTMENTS NECESSARY. LAST APPOINTMENT IS 15 MINUTES BEFORE END OF HEALING SESSION. MONDAYS. 2.00 PM–4.00 PM. TUESDAYS 10.30 AM–12.30 PM. WEDNESDAYS 10.30 AM–12.30 PM. THURSDAYS 7.00 PM–8.00 PM. FRIDAYS 10.30 AM–12.30 PM AND 2.00 PM–4.00 PM

Church accessible for wheelchairs and has loop system for hearing aid wearers

HILL HOUSE SPIRITUALIST CHURCH

The Portacabin, Bishopsford Road, Morden, Surrey SM4 6BL

President: Tannya Streatfield Mediums' Secretary: John Streatfield

Enquiries 07952 771360

Sunday Evening Service 6.30 pm		**Wednesday Evening Service 7.45 pm**	
January 4	Lorraine Dawkins	January 7	Andy Mulligan
11	Tannya Streatfield	14	Janet Devenport
18	Christine Easton	21	Alan Acton
25	Sheila McCarthy	28	Pat Murrey

HEALING AFTERNOON EVERY TUESDAY 12 NOON TO 2.00 PM

CHRISTCHURCH SNU CHURCH

196B Barrack Road, Christchurch, Dorset BH23 2BQ

Enquiries 01202 463985 or 01202 429625

Sunday–3.30 pm *(Service)*		**Thursday–7.30 pm** *(Service)*	
January 4	Len Francis	January 1	Closed
11	Lucy Woodhouse	8	Julie Gain
18	Roy Squires	15	Marilyn Faye
25	Molly Bryant	22	Jane Reid
		29	Gillian Baggott

Healing: Every Tuesday at 10.30 am and Wednesdays at 7.30 pm

Church accessible for wheelchairs and has loop system for hearing aid wearers

MORDEN SPIRITUALIST CHURCH

214 MORDEN ROAD, MORDEN, LONDON SW19 3BY

Tel: 020-8544 1816

Sunday Evening–6.30 pm Service and Clairvoyance		***Thursday Evening–7.45 pm Clairvoyance. Entrance £1.50***	
January 4	Mary Dixie	January 1	Closed
11	David Harris	8	Norman Nicholas
18	Jackie Brian	15	Jean Morley
25	Mercedes Gardner	22	Barbara Zinzan
		29	Pat Murrey

PRIVATE SITTINGS

Saturday, January 3–2.00 pm–Private readings–Sylvia Rose

Telephone Maria Kovaks on 020-8643 6061 for bookings

Open Circle Mondays at 7.45 pm–Leader Rene Bond–A warm welcome to all

BALHAM SPIRITUALIST CHURCH

Hamilton Hall, 211 Balham High Road, London SW17 7BQ

Sunday Service 11.00 am

January 4	Una Huxtable
11	Jean Morley
18	Joy Bruce
25	Mabel Meadows

Sunday Service 6.00 pm

January 4	Marion Denny, CSNU
11	Sheila McCarthy
18	Pat Murrey
25	Queenie Richards

Wednesday Clairvoyance. 7.30 pm

January 7	Pat Murrey
14	Una Huxtable
January 21	Marion Denny, CSNU
28	Norma & Robert Nicholas

PRIVATE SITTINGS BOOKABLE AT CHURCH

There will be no private sittings during January

Meditation group–Restarts on January 6 and every Tuesday at 7.30 pm

Leader Una Huxtable

Healing is available from Thursday, January 8

We would like to wish a happy New Year to all mediums, fellow Spiritualist churches and mediums

HEALING: THURSDAY 6.00 PM. FRIDAY 5.00 PM. SATURDAY 2.00 PM

LITTLE CHURCH OF ST FRANCIS

Christian Spiritualist Church

Old Brewery Yard, Rear of 15 High Street, Battle, East Sussex TN33 0AP

President Minister Valerie Fraser. Tel: 01424 775324

Sunday Divine Service. 3.00 pm

January 4	Valerie Fraser
11	Reg McLean
January 18	Nichola Harwood
25	Paul Benham

Tuesdays. Spiritual healing is available between 10.00 am-3.00 pm

THE LALEHAM HEALING SANCTUARY

Greater World Association Affiliated

Rest-A-Whyle, 314 Kingston Road, Ashford, Middlesex TW15 3SF
Sydney and Ivy Davis, Greater World Minister. Tel: 01784 241474
Ms S.S.H.A., Greater World Association and B.A.H.A.

Healing Services

Monday 10.30 am to 12.00 noon

Wednesday 7.30 to 9.00 pm

ALL ARE WELCOME

CHICHESTER CHRISTIAN SPIRITUALIST CHURCH

39 Basin Road, Chichester, West Sussex PO19 2PY

(Close to railway and bus stations)

Affiliated to the Great World Association

Services: Sundays at 6.30 pm and Thursdays at 7.30 pm

Healing is available on Thursdays from 2.00 pm-3.00 pm and immediately following Thursday evening service

President: Mr Brian Peacock – 01798 344486. Secretary: Mrs Pat Peacock – 01798 342897

E-mail: brian@pecok.freeserve.co.uk

ALL ARE WELCOME

MAIDSTONE INDEPENDENT CHRISTIAN SPIRITUALIST CHURCH

Next to 100 Tonbridge Road, Maidstone. Enquiries Doreen Jackett 01622 203958

Sunday Divine Service 6.30 pm		**Tuesday Service 2.30 pm**	
January 4	Rex Austin	January 6	Sheila White
11	Kim Cattermole	13	John Brooks
18	Jeanette Witts	20	Sue Motson
25	Peter Watson	27	Trish Ranson

Tuesday Service. Address and demonstration 7.30 pm

January 6	Gay Harrison	January 20	Anora Pearsall
13	Steve Morrell	27	Michael Redwin

Healing before and after services, and Wednesday 4.00 pm-7.00 pm

ELMWOOD SPIRITUAL CENTRE

(Affiliated to Corinthian Church and Healing Association)

Federation House, 17 Elmwood Road, West Croydon, Surrey

President: Robert Witham	***01689 848660***
Vice-President: David Carpenter	***020-8689 5744***
Mediums' Secretary: Sue Witham	***01689 848660***

Sunday 7.00 pm Address and Clairvoyance

January 4	Joy Bruce	January 18	Mabel Meadows
11	No service	25	Joan Ward

Tuesdays healing and private readings 6.45–8.30 pm

BEXLEYHEATH CHRISTIAN SPIRITUALIST CHURCH

85 Lion Road, Bexleyheath, Kent DA6 5NT

President Keith Everest. Tel: 01322 446425

Saturday 6.30 pm Service		**Sunday 6.30 pm (Divine Service)**	
January 3	Pauline Woodhatch	January 4	Janice Perry
10	May Park	11	Jean Evan
17	Judith Freeman	18	Derek Arrowsmith
24	Sheila Smith	24	Peggy Sinclair
31	Tracey Reed		

Tuesday 2.15 pm Afternoon Service

January 6	Eddie Braim	January 20	Jean Blackabee
13	Mildred Davidson	27	Sandra Andrews

Wednesday, January 28–7.30 pm–Evening of clairvoyance–David Brigenshaw–£2.50
Saturday, January 31–10.00 am-noon–Coffee morning, and bring and buy
1.00 pm-3.00 pm–Private readings–£3.00 for 15 minutes

DAVID NASON SPIRITUAL & HEALING CENTRE

In loving memory of Jessie Nason

Venner Community Hall, 1, Venner Road, Sydenham, London SE26

(Venner Road is opposite Sydenham Railway Station. The hall is adjacent to Sydenham High Street). Bus routes: 176–312–75–194–202–405

Enquiries 020-8857 8328 after 7.00 pm

Demonstration of clairvoyance every Wednesday at 8.00 pm

Doors open 7.30 pm

January 7	David Nason	January 21	Pauline Woodhatch
14	Mary Smith	28	Ian Taylor

Healing every week by registered healers from 7.30 pm until 9.00 pm

Visit our website at http://spiritual_centre.members.beeb.net

TOLWORTH SPIRITUALIST CHURCH

British Red Cross Hall, Browns Road, Off Ewell Road, Surbiton, Surrey

President: Tom Bell

Speakers' Secretary

Rosemary Halms 020-8543 0214

Sunday Services 6.30 pm

January 4	Joan Dempsey	January 18	Sandra Henderson
11	Marion & George Mackie	25	Jenny Docherty

THE WELLING SPIRITUALIST CENTRE

(Affiliated to the Spiritualists' National Union)

Community Hall, Wrotham Road, Welling, Kent

(Near Lord Kitchener public house)

President: Stan Moore

Secretary: Mrs Forster 020-8303 9825

Thursday Services 7.30 pm

January 1	No service or healing	January 22	Sheila Smith
15	Gwen Legge	29	Leslie Shugrue

Healing follows at 9.00 pm after services

SPECIAL EVENTS

Friday, January 9–7.00 pm for 7.45 pm–Evening of mediumship Paul McMullen and Hilary Smith–Limited numbers–£2.50–Members £1.50

Saturday, January 17–1.00 pm for 1.30 pm–Workshop with Ian Vale Living the spiritual–Takes you through discussions, exercises and meditation–New possibilities for living–Admission £6.00, including refreshments

Enquiries: 020-8303 9825

WEST CROYDON SPIRITUALIST CENTRE

1A York Road, corner Canterbury Road

(Off London Road. Opposite Mayday Road)

Affiliated to GWCS League

Enquiries: President Mr Frank Morris. Tel: 020-8681 3847

Saturdays: Service, Address and Clairvoyance 7.30 pm

January10	Una Huxtable & Curlah Lawson	January 17	Joan Dempsey
		January 24	Yvonne Brown

January 31–David Harris

Mondays: Healing and Short Private Readings 1.00-3.00 pm

Wednesdays: Healing and Short Private Readings 7.00-9.00 pm

WEST WICKHAM SPIRITUALIST CHURCH

Surrey Road, West Wickham, Kent

President and Mediums' Secretary Helene Pitt. Tel: 020-8777 9375

Sunday Services 6.30 pm

January 4	Peter Payne	January 18	Joan Dempsey
11	Mary Smith	25	Betty Swift & Paul Middleton

Please note there will be no Wednesday evening of clairvoyance during January

The classes listed below will not be held during January

Open platform second Tuesday each month

Speakers' class third Tuesday each month

Awareness class fourth Tuesday each month

Healing: Tuesday at 2.00 pm–Thursday at 7.30 pm

BARNES HEALING CHURCH

Between 77-79 Whitehart Lane, London SW13 OQA

All enquiries Susan Hendy. Tel: 07947 422020

Five-minute walk from Barnes Bridge Tube station



Sunday Services 6.30 pm

January 4	Natalie Foster	January 18	Susan Bulaites
11	Gerrie March	25	Prince Hewitt

Saturday, January 10–10.30 am–6.00 pm–Workshop–Gerrie March
"All kinds of seeing"–£20.00, including refreshments and lunch
Saturday, February 7–10.30 am-3.30 pm–Workshop–Betty Palko
"Getting to know your helpers"–£10.00–Bring light lunch
Saturday, February 7–7.00 pm–Evening of clairvoyance–Betty Palko–£3.00
Private sittings available last Thursday afternoon of every month–1.30 pm-3.00 pm
Healing–Tuesday 10.00 am-12 noon. Tuesday evening–6.30 pm-8.00 pm
Thursday 10.00 am-2.00 pm

BATTERSEA SPIRITUALIST CHURCH

46 Bennerley Road, Northcote Road, London SW11

Enquiries: 020-7622 4900 020-8265 3383

Sunday Service 6.00 pm		**Thursday Service 7.30 pm**	
January 4	Sheila McCarthy	January 1	Closed
11	Mabel Meadows	8	Pauline Porter
18	Queenie Richards	15	Peter Payne
25	Tannya Streatfield	22	Joan Dempsey
February 1	Joy Bruce	29	Una Huxtable

SPECIAL EVENTS

Wednesday, January 7–2.00 pm–Bennerley Friendship Club–Mabel Meadows
Private readings–Saturday, January 17–2.00 pm–Marlene Digby
Saturday, February 28–7.00 pm–Members' social evening
Saturday, March 27–2.30 pm–AGM–Will all members please try and attend

Healing: Mondays 2.00 pm-4.00 pm. Doors open at 1.30 pm for 2.00 pm
Doors close at 3.40 pm. Fridays 6.00-7.00 pm

CAMBERLEY SPIRITUALIST CHURCH

112 Gordon Road, Camberley, Surrey GU12 2TQ

President: Mrs Judith Shepheard 01344 641318

E-mail: peter.shepheard@ntlworld.com *Website www.clivegreen.freeserve.co.uk*

Sunday Service 6.30 pm		Tuesday Clairvoyance 7.30 pm	
Jan 4	Maggie & Richard Allum	Jan 6	Jenny Docherty
11	Jennifer Wheeler	13	Val Triggs
18	Leonie Phipps	20	Sue & Malcolm Nash
25	Sid Privett	27	Paula Farley

Healing every Monday 2.00 pm-3.30 pm (except Bank Holidays)
Open Circle every Monday at 7.45 pm (except Bank Holidays)
Healing every Thursday 7.30 pm until 9.00 pm
Creativity of Spirit first Friday in month at 7.30 pm
Open Platform last Friday in month at 7.30 pm

SPECIAL EVENT
Saturday, January 17–Private readings booked in advance only
Telephone 01344 641318

FULL WHEELCHAIR FACILITIES. SOLEMNISED FOR WEDDINGS, NAMINGS AND FUNERALS

CLAPHAM NATIONAL SPIRITUALIST CHURCH

11a North Street, Old Town, Clapham SW4 0HN

Mediums' Secretary: Jean–Tel: 020-8788 5113

Enquiries and Information: 020-8788 5113 (Between 9.00 am and 9.00 pm)

Sunday Service: 6.00 pm. Address and Clairvoyance: 6.00 pm

January 4	Closed	January 18	Mabel Meadows
11	Marion Denny, CSNU	25	Jackie Brian

Tuesday: 6.00 pm. Private readings and healing

January 6	Mabel Meadows	January 20	Dolly Sullivan
13	Andy Mulligan	27	Janet Devenport

Saturday 7.30 pm. Evening of Clairvoyance

January 3	Closed	January 17	Pauline Woodhatch
10	Joan Dempsey	24	Jean Morley

January 31–Psychic artist Andy Mulligan

Healing every Thursday 6.00 pm-8.00 pm

EVERYONE IS WELCOME

CROYDON SPIRITUALIST CHURCH

CHATSWORTH ROAD, CROYDON CR0 1HE

President–Mollie McManus, OSNU–Contact Number: 020-8651 4395

e-mail: asls21114@blueyonder.co.uk

Sunday Service 11.00 am

January 4	Alan Seymour & Pat Deverell
11	Mollie McManus, OSNU
18	Gwen Legge
25	Christine Easton

Sunday Service 6.30 pm

January 4	David Harris
11	Maurice Coward
18	Janet Salter
25	Tom Pirnie

Wednesday Service 7.45 pm

January 7	Pat Kirby
14	Ann Wright
January 21	Mike Hunter
28	Mollie & Peter McManus

ADVANCE SPECIAL EVENT

Saturday, February 14–10.30 am-4.30 pm–Workshop–Geraldine Ford

Mediumship and colour–Tickets £12.00 available from church

No discussion group in January

Discussion group–First Tuesday of month at 8.00 pm–All welcome

Healing every Thursday at 1.30 pm-3.30 pm, and 7.30 pm-8.45 pm

Visit our website: www.croydonspiritualistchurch.org.uk

EALING NATIONAL SPIRITUALIST CHURCH

66-68 UXBRIDGE ROAD, WEST EALING W13 8RA

(Next to Ealing Fire Station. Buses 207, 83, E2, E7, E8)

Telephone: 020-8567 0403

(All services stated subject to cancellations)

Sunday Service 6.30 pm

January 4	David Chapman
11	Lin Marshall
18	George & Marion Mackie
25	Jan Dayton

Thursday Service 7.30 pm

January 1	No service
8	Tracey Hatch
15	John Alexander
22	George Smith & Lorraine Gilbert
29	Winnie Taylor

SPECIAL EVENTS

Saturday, January 24–7.30 pm–An evening of mediumship and spirit art with Andy Mulligan–Tickets at the door £3.00–Ealing church members £2.00

Saturday, March 6–7.30 pm–An evening of mediumship with Glyn Edwards–Tickets bookable in advance at the church–£5.00–Ealing church members £4.00

Healing Wednesday 7.30 pm-9.00 pm

Marriages Solemnised Namings

A warm welcome to all

ELTHAM SPIRITUALIST CHURCH

Affiliated to Spiritualists' National Union

64a Well Hall Road, Eltham, London SE9 6LX

President Dennis Pulham — *Mediums' Secretary: 020-8856 6742*

Sunday Service 6.30 pm

January 4	Tricia Warren
11	David Nason
18	Rita Foy
25	Richard Harrington

Wednesday 2.30 Service

January 7	Closed
14	Gary Stock
21	Julie Sinclair
28	Sheila Smith

Thursdays. 8.00 pm

January 1	Closed	January 15	To be announced
8	Meditation	22	To be announced

January 29–To be announced

SPECIAL EVENT

Friday, January 30–8.00 pm–Demonstration of mediumship
Judith Freeman
For further details, call 020-8856 6742 or 020-8265 7702

Healing every Tuesday at 12.00-2.00 pm and evening from 7.30 pm

Marriages Solemnised *Namings*

FULHAM NATIONAL SPIRITUALIST CHURCH

Kelvedon Road, Fulham, London SW6

(Nearest Underground Station, Parsons Green)
Buses No. 11 and 14
Tel: 020-7736 7248
President: Mr C. Way
Secretary: Mrs J. Knight

Sunday Service 6.30 pm

January 4	Closed
11	Alf Hunt
18	Andy Mulligan
25	Joan Dempsey

Thursday Demonstration 7.30 pm

January 8	Oliver Swann
15	Betty Palko
22	To be arranged
29	Reg Baldwin

HEALING

The Thursday healing clinic has been suspended. From January 13, our healing clinic will run on Tuesdays from 1.00 pm until 4.00 pm

A WARM WELCOME AWAITS ALL

HAMPTON HILL SPIRITUALIST CHURCH

Angel Close,Windmill Road, Hampton, Middx. Tel: 020-8979 2078

Affiliated to the Spiritualists' National Union

President: Sheila Smoothy ***Enquiries: Denise Connolly 020-8979 7571***

Sunday Service 6.30 pm **Thursday: Clairvoyance 7.30 pm**

Address & Clairvoyance ***Admission £1.50 on door***

January 4	Jeff Woodhouse	January 1	Closed
11	Ian Taylor	8	Haydn Clark & Stevie Robinson
18	Peter Temperton	15	Josie Bold
25	Alan Acton	22	Joyce Balcomb
		29	Sheila Thomas

Monday, January 5–7.30 pm–Open platform–Sheila Thomas
Monday, January 12–7.30 pm–Open awareness circle–John Alexander
Monday, January 19–7.30 pm–Open awareness circle–Sheila Thomas
Tuesday, January 20–7.30 pm–Open healing circle–Denise Connolly
Monday, January 26–7.30 pm–Open awareness circle–John Alexander
Friday, January 30–7.30 pm–Evening of trance mediumship Matthew Smith and Sunshine–£5.00
Saturday, January 31–10.30 am-4.30 pm–Trance and physical workshop–Matthew Smith–Bring packed lunch–£15.00

Spiritualist healing every Wednesday from 7.30pm

WEDDINGS–NAMINGS–FUNERALS

HARROW NATIONAL SPIRITUALIST CHURCH

1 VAUGHAN ROAD, HARROW, MIDDX HA1 4DP

"THE LIGHT ON THE HILL"

President: Ken Valentine. Tel: 01923 242156

Vice-President: Mark Hennessy

Sunday Service 7.30 pm **Wednesday Meeting 8.00 pm**

Address and Clairvoyance **Meeting/Clairvoyance**

January 4	To be announced	January 7	John Alexander
11	Patrick Carbury	14	Frances Woolf
18	Sue Cooper	21	Derek Spall
25	Anthony Kesner	28	Sobat Ali Din

ADVANCE SPECIAL EVENT

Saturday, February 21–10.30 am-4.30 pm–Mediumship Training Day Gerrie March, CSNU–£20.00 with lunch

WE EXTEND A WARM WELCOME TO EVERYONE

Healing: Monday 10.30-noon. Thursday 7.30-9.00 pm.

First and third Sunday in the month 4.30 pm-6.00 pm

HOUNSLOW SPIRITUALIST CENTRE

14/15 HANWORTH TERRACE, HOUNSLOW, MIDDX TW3 3TS

President: Ian Middleton. Tel: 07930 362014 Secretary: Brian Miller. Tel: 07940 729790

E-mail: btmiller@talk21.com

Sunday 6.30 pm Service with Clairvoyance		**Wednesday 7.30 pm Clairvoyance**	
January 4	Lorraine Gilbert & George Smith	January 7	Jason Davis
11	Oliver Swann	14	Tracy Hatch
18	Geoff Woodhouse	21	Leonie Phipps
25	Joyce Balcomb	28	Sam Bell

Wednesdays at 2.00 pm. Demonstration of clairvoyance

January 7	Rita Green	January 21	Pauline Porter
14	Shirley Birks	28	Ann McKeever

SPECIAL EVENTS

Friday, January 9–7.30 pm–Open circle and awareness group–Curlah Lawson–£3.00
Thursday, January 15, 22 and 29–Noon-2.00 pm
Open circle and awareness group–Ann McKeever–£3.00
Friday, January 16–7.30 pm–Open circle and awareness group–Brian and Paul–£3.00
Saturday, January 17–7.30 pm–Evening of clairvoyance–Lin Marshall–£3.00
Friday, January 23–7.30 pm–Open circle and awareness group–Ann McKeever–£3.00
Saturday, January 24–7.30 pm–Evening of clairvoyance–Peter Temperton–£3.00
Friday, January 30–7.30 pm–Open platform–Ann McKeever–£2.00
Saturday, January 31–7.30 pm–Evening of clairvoyance–Maureen Bright–£3.00

HEALING. TUESDAYS 11.30 AM-2.30 PM THURSDAYS 5.30 PM–8.30 PM

A TEMPLE OF THE TRINITY LODGE FOR SPIRITUAL HEALING

National Christian Spiritualist Church

Spiritualists' National Union Affiliated–Founded in 1938

95 Green Lanes, Palmers Green, London N13 4TD

(Corner of Melbourne Avenue/Green Lanes–Buses 29, 121, 329, W2 pass the door)

President: Mr M. Bull, CSNU

Sunday Services: 11.00 am–Address only
6.30 pm–Address and Clairvoyance
Spiritual Healing: Every Monday between 2.30 pm and 7.00 pm
Study Groups: Every Wednesday and Friday (Members only)

Forget-Me-Not Sanctuary of Spiritual Friends

Room 1, Shrewsbury House, Bushmoor Crescent, Shooters Hill, London SE18

Chairman Alex Trott. Enquiries to 020 8306 8797 (after 7.30 pm)
Secretary and healer trainer Yvette Coppin

We reopen on January 7 so please do come along and join us for our first meeting of 2004
We meet every Wednesday evening at 7.45 pm

KINGSTON NATIONAL SPIRITUALIST CHURCH

Villiers Road, Kingston-on-Thames KT1 3AR
(Buses K1 and K4 pass the door)

President: Ann Blackmore
Vice-President: Jo Sherwood
Speakers' Secretary: Susan Stevenson–020-8547 1868

Sunday Service 11.00 am **Sunday Service 6.30 pm**
Monday Service 7.30 pm. Followed by healing at 8.30 pm

Other facilities

2.00 pm–4.00pm Healing–Every Wednesday (use side entrance)
7.30 pm–9.45 pm Healing–Every Thursday

We also hold regular mid-week demonstrations of clairvoyance and awareness evenings as advertised

Weddings, Funerals and Naming Ceremonies arranged

ASHFORD CHRISTIAN SPIRITUALIST CHURCH

Affiliated to the Greater World Association
Ashford Youth Club, Kenilworth Road, Ashford, Middlesex
(off Stanwell Road, off the A30)
President: Ivy Davis, Greater World Minister. Phone 01784 241474
Sunday Divine Service: 6.15 pm
Tuesday Afternoon Healing: 2.00-4.00 pm
Thursday Evening 7.30-9.00 pm
Thursday 7.30 pm–Evening of Clairvoyance
Private readings every third Thursday of the month
WEDDINGS, FUNERALS and CHRISTENINGS ARRANGED

THE WHITE ROSE SANCTUARY

G.E.A. Hall, Woodhurst Avenue, Petts Wood, Kent
Enquiries: Chris or Alan 01689 854905
Tuesday Service at 8.00 pm

January 6	See Special Event	January 20	Len Tatt
13	Jean Blackabee	27	Sue Bailey

SPECIAL EVENT
Tuesday, January 6–7.45 pm–Evening of clairvoyance–Janet Birdseye–£3.00
A warm welcome to all
Healing available before each service

RICHMOND NATIONAL SPIRITUALIST CHURCH

(Affiliated to Spiritualists' National Union)

97 Church Road, Richmond, Surrey TW10 6LU

Tel: 020-8940 2897

President: P. D. Richards

Sunday 6.30 pm Church Service

(Address and Clairvoyance)

January 4	Cedric Kelly	January 18	Hazel Betts
11	Paula Farleigh	25	Winnie Taylor

Wednesday Afternoon Meeting 2.30 pm		***Wednesday Evening 7.45 pm Clairvoyance***	
January 7	No meeting	January 7	Stephen Lamont
14	No meeting	14	Joan Dempsey
21	No meeting	21	Natalie Foster
28	No meeting	28	Pauline Porter

There will be no coffee morning with one-to-one readings in January

HEALING FIRST TUESDAY OF EACH MONTH 7.00 PM-8.15 PM–BY APPOINTMENT



PHOENIX CHRISTIAN SPIRITUALIST SANCTUARY

Groveland School (Corner of Terrace Road and Sandy Lane), Walton-on-Thames, Surrey

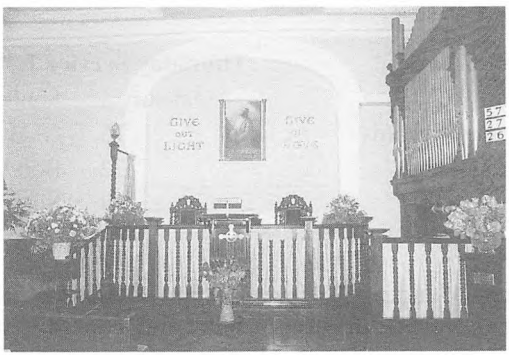
Tel: Margery Hall 01932 341914 or Peter Smith 01932 231140

Sunday Divine Service 6.30 pm		**Wednesday Service and clairvoyance 7.30 pm**	
January 4	Sandra Henderson	January 7	Lesley Whittaker
11	Karen Pyle	14	Mandy Worrall
18	Roy Hucker	21	Ashley Mills
25	To be announced	28	Ron Westley

Spiritual healing is available on Sundays between 6.00 pm-6.30 pm

THE LONDON SPIRITUAL MISSION

13 Pembridge Place, London W2 4XB



Visit the London Spiritual Mission on-line at www.spiritualmission.co.uk
e-mail: ros@spiritualmission.fsnet.co.uk

LAWRENCE TAYLOR: PRESIDENT
ROSALIND CATTANACH: RESIDENT SECRETARY–020-7229 2024
AVA JUNE–SOLOIST *VIVIAN CRAGGS–ORGANIST*

MARRIAGES SOLEMNISED
HEALING: MONDAYS 11.00 am-1.00 pm, 2.00-3.00 pm and 5.15-7.30 pm
THURSDAY 5.00-7.30 pm

Sunday, 11.00 am Morning Service, Address and Clairvoyance

January 4	Don Galloway (Devotional service)
11	Belinda Olin
18	Tuula Jukola
25	Heather MacDonald

Sunday, 6.30 pm Evening Service, Address and Clairvoyance

January 4	Don Galloway
11	Mike Hunter
18	Marie Lang
25	Gerrie March

Wednesday, 7.30 pm Hour of Clairvoyance

January 7	Keith Hudson
14	Eva O'Brien
21	Jean Adams
28	Robert Brown

AN INDUCTION LOOP IS PROVIDED FOR THE BENEFIT OF HEARING AID USERS

WALLINGTON/CARSHALTON C.S. CHURCH

Hackbridge Hall, London Road, Hackbridge, Surrey

(Buses 127 and 151) Hackbridge Station (BR) two minutes

Honorary Life President: Geoff Martin

President: Rev Ray L. Robinson, CGWM ***Secretary: Lesley Knight***

Contact Tel: 020-8241 1378

Sunday Service 6.30 pm		**Thursday Service 7.30 pm**	
January 4	Vivian Woodjet	January 8	Sonia William-Campbell
11	Queenie Richards	15	Gladys Williams
18	Albert George	22	Bob Witham
25	Alan Bowley	29	Mary Franklin

Healing services–Mondays 7.30 pm-9.00 pm (Bank Holidays excepted)
Healing also available after Sunday and Thursday services

Come and join us!
A warm welcome awaits all
Join us in a cup of tea or coffee afterwards

WEMBLEY SPIRITUALIST NATIONAL CHURCH

10-12 ST JOHN'S ROAD, WEMBLEY, MIDDLESEX HA9 7JD

President Betty Gelson. Tel: 020-8578 5235

Sunday Service 6.30 pm		*Wednesday Service 7.30 pm*	
January 4	Closed	January 7	Closed
11	Brian Devanney	14	Sam Bell
18	Ronnie Morgan	21	Gloria Skerritt
25	Audrey Maria	28	Maurice Coward

Healing Mondays 12.00 noon-2.30 pm
Thursdays 7.30 pm
Please be in the church by 8.30 pm

Marriages and Namings

ALL ARE WARMLY WELCOME

WEST NORWOOD SPIRITUALIST CHURCH

Ullswater Road, Norwood Road, SE27 (opposite Fire Station)

(Tulse Hill and West Norwood BR Stations. Buses 2, 2B, 68 and 196)

Mediums' Secretary and enquiries: 020-8670 5745

Saturday Meeting 7.00 pm. £2.00 admission

January 3	Mercedes Gardner
10	Peter Payne
17	David Harris
24	Marion Denny, CSNU
31	Pauline Woodhatch

Sunday Service 6.30 pm

January 4	Pauline Porter
11	Joan Dempsey
18	Pam Moore & Veronica Ellis
25	Mildred Davidson

Wednesday Meeting 2.30 pm (Limit 12)

January 7	Healing only
14	Healing only
21	Healing only
28	Healing only

A happy and peaceful new year to all the mediums who serve our church, and the members and friends who support us. Thank you. God bless you all

Private interviews are available the last Saturday in the month from 2.45 pm–Bookable only at church

Healing Wednesday 9.30 am, and before and after services

MAIDENHEAD SPIRITUALIST CHURCH

YORK ROAD, MAIDENHEAD, BERKSHIRE SL6 ISF

President Mr David Cole Telephone 01753 549005

Sunday Service 6.30 pm

January 4	Frankie Shaw
11	Valerie & Tony Hardware
18	Valerie Triggs
25	Jean Dynan, OSNU

Thursday Service 7.30 pm

January 8	Tara North
15	Jim Barton
22	Ann Burbedge
29	Robert Brown

Fridays. Workshops at 7.30 pm

January 16–Maureen Bright, CSNU–Open platform

January 23–Tara North

Private readings booked in advance only–Telephone 01628 486578 for February 21

Healing clinic every Wednesday 1.30 pm until 3.00 pm, and 7.00 pm until 8.30 pm

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LEWISHAM SPIRITUALIST CHURCH

Boone Street (rear of Woodman public house), off Lee High Road, Lewisham, SE13
e-mail: boone_street@hotmail.com

Buses 321, 122, 261, 278 pass end of road

President: Dot Firth. Tel: 020-8850 5870

Mediums' secretary: Alice French. Tel: 020-8297 3929

Sunday Service 6.30 pm-8.00 pm

January 4 Judith Freeman
11 Teena Garton
18 Jane Henry
25 Jean Way

Thursday Group Readings 7.15 pm

January 8 Lisa Stafford and Andrea Clark
15 Sylvia Payne and Sylvia Cunningham
22 Jill Barker and Tracy Reed
29 Pauline Woodhatch and Barbara Nash

SPECIAL EVENT

Saturday, January 10–7.30 pm–Evening of psychic art and clairvoyance
Andy Mulligan–Tickets £3.00–Members £2.00

Open Circle–Monday (except Bank Holidays) 7.00-8.30 pm–All welcome
Private readings Tuesday 12.30-2.30 pm–Phone 020-8297 3929 to book
Healing–Monday 7.15-8.30 pm, Tuesday 1.00-2.30 pm and Thursday 7.15-8.30 pm

KETTERING SNU SPIRITUALIST CHURCH

St Peter's Avenue, Kettering, Northants NN16 9RD

President Joe Lainchbury. Tel: 01604 402943

Sunday Divine Service 3.00 pm		**Sunday Divine Service 6.00 pm**	
Jan 4	Irene Mills	Jan 4	Irene Mills
11	Gerry & Shirley Cambourne Paynter	11	Gerry & Shirley Cambourne Paynter
18	Janet & Richard Lawrence Jeffries	18	Janet & Richard Lawrence Jeffries
25	Vince Prince	25	Vince Price

SPECIAL EVENT

Saturday, January 17–7.30 pm prompt–Trance evening–Melanie Polley

Healing services Monday at 7.30 pm and Wednesday at 2.00 pm

LOUGHBOROUGH SPIRITUALIST CHURCH

Steeple Row, Loughborough, Leics LE11 1UX

Enquiries–Secretary–Janet Lorimer 01509 237589

Sunday Service 6.30 pm		**Tuesday Service 7.30 pm**	
Jan 4	Pat, Diane & Cyndy	Jan 6	Angela Wells
11	Ivan Litchfield	13	David Moore
18	Helen Sharratt & Glenys Morgan	20	Susan Mock
25	Josie Featherstone, CSNU	27	Anne Milnes-Howard, CSNU

Saturday, January 10 and January 24–7.00 pm–Open circle
Healing Wednesdays at 10.00 am and Thursdays at 7.30 pm

SUTTON NATIONAL SPIRITUALIST CHURCH

ST BARNABAS ROAD, SUTTON, SURREY SM1 4NP

Buses 403, 408, 714, 716, 726, 154, 213 pass end of road

President: Mrs Betty Masters–01372 379489

SUNDAY SERVICE 6.30 pm		THURSDAY SERVICE 7.45 pm	
January 11	Robert Wood	January 8	Jackie Brian
18	Lorraine Dawkins	15	Dorothy Chapman
25	Oliver Swann	22	Alan Acton
		29	Andrew Daniels

SPECIAL EVENT

Saturday, January 24–7.30 pm–Analysing handwriting

A talk and demonstration by Peter West

Open Circle every Tuesday at 7.45 pm for 8.00 pm sharp

All welcome

Healing after every service

READING NATIONAL SPIRITUALIST CHURCH

"York Lodge," 81, Baker Street, Reading RG1 7XY

Telephone: 0118 9507281 (Answerphone)

Web site: http://ms.xoom.com/rdgchurch/

Sunday–6.30 pm (Service)		Thursday–7.45 pm (Clairvoyance)	
January 4	James Brown	January 1	No service
11	Peter & Judith Shepheard	8	Marjorie Jefferies
18	David Cole	15	Roz Campbell
25	Paula Farley	22	Maureen Bright
		29	Denise Shoremi

ADVANCE SPECIAL EVENT

Saturday, February 7–7.30 pm–Evening of clairvoyance

Billy Cook–Members £3.00–Non-members £4.00

At 7.45 pm on the second Friday of every month, we hold a philosophy/speakers' class given by John Lawrence–Entrance £3.00

Open platform at 7.30 pm on third Friday of the month

Healing: Mondays from 1.30 pm (except Bank Holidays) Wednesdays from 7.30 pm

Solemnised for Weddings, Namings and Funerals

WOOD GREEN SPIRITUALIST CHURCH

Corner of Maryland Road & High Road,
Wood Green, London N22 5AR

Enquiries 020-8888 1992 Buses 29, 121, 232 and 329 pass the door

Sunday Service 6.30 pm

January 4 Jason Davis
11 Christina Shoben
18 Valerie Bickerstaff
25 Tony Portman

Wednesday Service 7.30 pm

January 7 John Reilly
14 Jameez
21 Joyce Thompson
28 Margaret Henniker

HEALING: TUESDAYS 7.00-8.30 PM THURSDAYS 2.00-4.30 PM

(Please note there is no healing on January 1)

Do come and visit us!

A warm welcome awaits all

The White Dove Spiritualist Centre



23, Lowell Place, Witney, Oxon

Sunday service 6.15 pm
(Closed first and last Sunday of month)

January 11 – Peter Simoms
January 18 – 5.30 pm-8.00 pm. Teaching about circles and working with Spirit

Wednesday. Evening of Clairvoyance. 7.30 pm

January 14 – Sylvia Thorne & Freda Murphy
January 21 – Angela Hobbs
January 28 – Brenda Manning

SPECIAL EVENTS

Saturday, January 10–3.00 pm–Charity afternoon of clairvoyance for local cancer clinic with medium Phillip Phillips–£4.00

Saturday, January 31–3.00 pm–Afternoon of clairvoyance Alfred Hunt and Dot Wardrop–£3.00

Healing is appointment only on Mondays (phone 01993 705288), after Sunday service and Wednesdays (6.00 pm–6.45 pm)

Further details from the President, Mrs Shirley Olive, on 01993 705288
Web site: http://www.jhardaker.plus.com/wdc/wd-port.html
E-mail: pauline.mccrann@virgin.net

WOODFORD NATIONAL SPIRITUALIST CHURCH

Affiliated to the Spiritualists' National Union

9 Grove Crescent, South Woodford, London E18 2JR

Enquiries: 020-8989 6149 *E-mail jrooney37@hotmail.com*



Sunday Service 6.30 pm		Monday Service 2.00 pm	
January 4	Evelyn Lloyd	January 5	Brenda Hanley
11	Susan Griffiths	12	Reg Golding
18	Mark MacDonagh	19	Stacey Bloom
25	Marion Denny, CSNU	26	To be announced

SPECIAL EVENTS

Saturday, January 10–Noon-3.00 pm–Workshop–Developing spiritual connections–Greg Antao–£5.00 entrance at the door
Saturday, February 14–11.00 am-4.00 pm–Yoga workshop
Saturday, March 6–Noon-3.00 pm–Workshop on pipe ceremony Leslie Fuller–£5.00 entrance at the door
Saturday, March 13–7.30 pm–Open platform–Free admission
Phone 020-8989 6149 to reserve a place on the platform

WORKSHOPS

If you have an idea for a workshop, please contact John on 020-8989 6149

DEVELOPMENT CIRCLES

If you would like to join a circle as a beginner or as an experienced sitter, why not join our waiting list? Please contact John on 020-8989 6149

Healing services: Wednesday 2.00-4.00 pm and again at 7.30-9.00 pm

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NAMINGS AND MARRIAGES SOLEMNISED

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