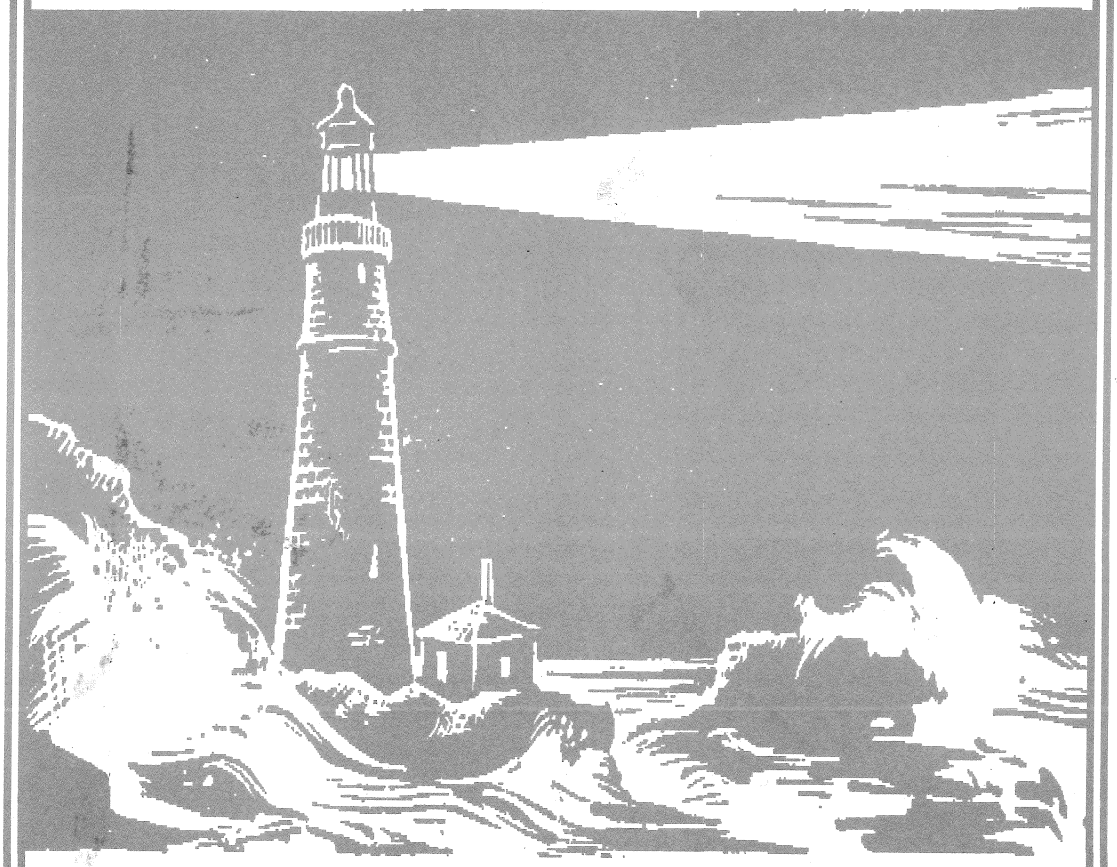
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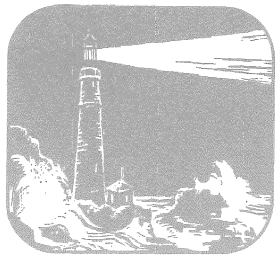
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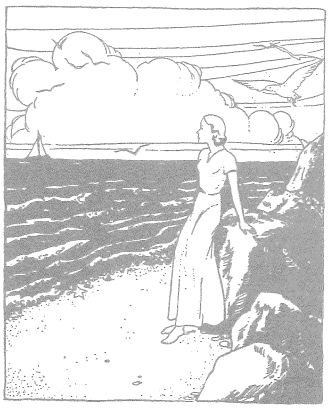
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Clearing Clutter = Making Space for Spirit

LAURA LEE PERKINS, Editor

As a person who enjoys being involved in many different projects, it took me quite a long time to understand that clutter in any form creates even more chaos. One day I was reading, and came across a chapter about cleaning out the internal attic of our minds. The concept grabbed me, and I read and reread the material. The author stressed that when we live surrounded by clutter, the mind's ability to organize thoughts and spiritual growth are both thwarted. The clutter symbolizes the lack of internal organization and functioning abilities in our lives! In addition, if we begin to clean out – to sort and discard – then we are beginning to establish a prioritization of what is really important. It is the very *process* of sorting through our clutter that clears away the cobwebs.



Keep what feels significant and put away – out of sight – what we no longer choose to view (or to trip over) every day; discard that which no longer serves us. As we evolve spiritually, we often discover that material possessions actually weigh us down. It is the ongoing process of discernment, of internal monitoring, that frees us to move closer to Spirit. Keeping our thoughts open to Spirit involves creating space for that Presence to enter as it moves through us.

If you walked into an empty room, what objects would you place there to help you function at optimum level? Try removing everything from one cluttered area in your personal living space and then only put in full-sight that which you want to be reminded of every single day. The rest you can place in boxes, closets, filing cabinets, drawers or wherever you choose – or you can donate them to charity or have a yard sale. You are making room for the new to enter your life. When our lives are already crammed full of activities, material possessions, and things that we believe we "should" attend to, then the freedom to flow in tandem with Spirit is sorely inhibited.

There is a great internal power and strength that rises up during this cleaning and sorting out process. It is almost as if your mind is saying, "Oh, we are no longer going to have disinterest, confusion, and disorganization as our visual landscape everyday. Now we are going to have the semblance of *clarity about what is important* to mold our personal living space." Just like emptying out a room, you can also create a blank canvas in your mind; some of you probably already do this in your daily meditations or prayers, and then you simply observe what arises. In order to receive new information, there must be both a summoning and a place for the information to rest while you examine it.

We all know the feeling of having company and going through the rushed process of hiding our clutter out of sight, dusting and cleaning off the furniture, changing the beds, and sorting through old mail and papers. When we are finished, all looks pretty good! We then wonder why we allowed junk to accumulate. When clutter rules your personal living space, you crowd out spiritual connections. When you organize your space, your time, and monitor your thoughts to only allow that which are positive and productive, you move forward into a much higher realm of functioning in the world. Are you stuck in clutter?

Just imagine if we would clean out our minds in the same ways. We could have fresh spaces to invite new ways of viewing old problems. We could throw out negative emotions or old "hurts" as if they were trash (which they are), and we could begin anew with our internal house clean and ready to receive. Visualizing this process is a beginning; actually digging in, sorting and cleaning out our physical space gives our brain a cleaner slate also. We feel refreshed, cleansed and ready to welcome the "new." We feel that we have lightened our daily load.

Remember the Old Testament verse that admonishes us "to set thine house in order." Order has value; its very definition includes references to a state of being peaceful. Peace certainly invites Spirit. *If clutter creates confusion, does order create peacefulness?* I think so.

Have you moved to a new location recently? Moving certainly requires cleaning out and organizing...and a tremendous amount of effort spread over many weeks. But once the dust has settled and one is firmly planted in a new location, many of the boxes that we thought we *had to bring to the new house* often remain unpacked in the garage, attic or basement for years. We were clinging to the memories of how those material possessions had served us in the past – but maybe they are not relevant to

(Continued on next page.)

our current life? Maybe those books that are two decades old remind you of when Spirit was not a part of your daily routine? Maybe those clothes no longer fit you and someone else could use them?

As an example, before setting the daily mail on the table, sort out the junk mail and put it right in the trash – immediately. Then open the remaining envelopes and throw them away, saving just the important contents. Our mail is just one simple example. If we make an effort to put things away rather than dropping them on a desk or table or floor, then we have a better view of our personal space. Having a clear vista means that we do not block our energy paths; we can feel freer to be lead forward into experiences with deeper and deeper spiritual connections. We also have visual space to perceive a slant of light, a shadow, or a form.

Many of us were raised by Depression-trained parents; therefore we became hoarders of anything that we *might* need – someday. What if we mentally hoarded thoughts and feelings that we might use someday? We all know what that feels like – to hang on desperately to that which no longer serves us. *It is like dancing with ghosts to music that is no longer playing!* Our minds and spirits can become so filled with useless chatter – so cluttered that clear information cannot filter through. We yearn to be an open channel and we can provide wider and more brightly illuminated pathways.

Your personal space is a direct reflection of your internal space. It is also a reflection of how you really want to portray yourself to the world. Do you feel messy inside? If you are living amidst much clutter, you probably are wandering around in an internal mess also. Keeping things organized actually increases your productivity while reducing stress and preventing burnout. Being able to find what you need when you want it is similar to accessing Spirit whenever you feel the need. Being organized allows you to dream bigger dreams and to implement effective strategies for their realization. Remember Robin Steger's famous phrase, "Planning is as natural to the process of success as its absence is to the process of failure."

Less is actually more – did you know that? You can do more if you carry less clutter along on your life journey. I have always believed that a deeply committed spiritual path does not run through rooms filled with clutter. Clutter reflects confusion – a lack of being clear. Do not allow disorder and mayhem to have a place in your home. Each day, spend just a few minutes honoring your spiritual self by orienting your home towards order. Monitoring our thoughts, structuring our beliefs, and honoring the magnificent life force in our human bodies demonstrates our gratitude back to Spirit for the opportunity to live and grow in spiritual truth.

As we move through these warm summer months of breezes blowing curtains and the scent of fresh cut grass filling our nostrils, reflect on how you can have fresh breezes of spiritual connectivity blowing through your mind. It is important that we honor sacred space and time within our homes every single day. How can you see, hear, feel, taste and smell spiritual energy? How can you use the summer sun's rays to turn your face toward the Light, into multifaceted experiences of sheer joy? Infinite Intelligence offers us opportunities to evolve into profoundly resonant ways of *knowing* – but we must clear out the clutter so that we can perceive the Light.

This month's *TNS-Summit* features many submissions that are focused on the process of moving through grief. When we lose a loved one, cleaning out their possessions is one way of being able to be *with them* over and over and over again. While much of this can bring up painful feelings of loss, this process also renews happy memories and allows us the experience of being close. When we leave their clothes in a closet for years, or don't change anything in their bedroom, or refuse to discard any of their possessions, we are locking ourselves into a state of internal clutter by refusing to live in the present. The grief process involves sorting through memories as we move from the past into the present, deciding which ones you want to keep in your heart and which ones you are better off letting go.

Spirit thrives on invitation, on being welcomed and on having a place to roost in your heart. Consider making a list of what is cluttering up your life – both internally and externally – and then move into action. Each step that we take towards an organized life is a step towards closer communion with Spirit. We organize our thoughts into beams- of positive energy and we organize our space into a reflection of who we truly are – magnificent messengers doing the work of Infinite Intelligence right here on earth, every day of our lives. •

"Do all the good you can,
By all the means you can,
In all the ways you can,
In all the places you can,
At all the times you can,
For all the people you can,
As long as ever you can."

The Science of Spiritualism

SHIRLEY WILLIAMS, Texas



Spiritualism is a Science proven through Mediumship. A medium is a psychic but a psychic may not be a medium. Spiritualism has been blessed through the knowledge gained and shared from many wonderful mediums, both past and present. We are taught that each person will develop a certain phase of mediumship and we work to develop those in our classes. These truths guide and sustain us, but are still questioned by the scientific community.

The development of the f(MRI) has added new information regarding why certain phases of mediumship develop in a person, as well as how the medium contacts and receives the message from spirit. There are humans who possess the abilities demonstrated by the f(MRI). One known to this writer is Barbara Brennan. In *Hands of Light*, she demonstrated x-ray clairvoyance. She pictured the frequency in different areas of the brain in relation to the characterological pictures discussed. Rosanne L. Bruyere has worked with neurologists exploring what happens in the brains of children with disabilities such as autism. There is a great similarity between the work of these healers and the knowledge discovered with the development of the f(MRI).

More recently, Dr. Eric Braverman worked with the f(MRI) at MIT. He is a prominent figure in the practice of mind-brain-body medicine. His knowledge contributes much to the study of the neurotransmitters—how they work in our brain to produce physical, emotional, and mental symptoms, and how an imbalance in these neurotransmitters contributes to mental and physical health and to the development of personality. (*The Edge Effect*, Sterling Publishing, 2004) The importance of good physical and mental health has been stressed in the development and maintenance of mediumship skills.

A second MIT student during this time was Pete Sanders. In *You Are Psychic* (Fawcett Columbine, 1989), Mr. Sanders discovered basic principles and training techniques that make psychic abilities available to anyone who wants them. He followed this first book with *Introduction to the Concepts of Being a Free Soul and The Dynamics of Being a Free Soul*. In these he explores how one enters deeper dimensions, based on the statement that you are a soul that has a body. He has developed revolutionary methods for exploring that essence and higher levels of consciousness, and he identifies structures in the brain and auric field known to mystics for centuries.

The psychic senses that lie beyond our physical senses open a window into dimensions beyond our physical senses. His belief is that the Soul and our consciousness actually exist in many of these dimensions. He describes a three-dimensional location for the Soul. To experience the deeper dimensions of the Soul, one shifts up and out. This upward focus shift is what happens when people meditate successfully.

That change can be measured scientifically. As your focus shifts up to the Soul area, the level of alpha-brain-wave activity markedly increases. This is significant because the alpha-brain-wave pattern has consistently been linked with higher forms of consciousness.

Knowing the location of your Soul energy requires learning a pathway and attuning your mind to it. As his process is followed, the practitioner steps into a more expansive part of the self. Peace and heightened awareness become available at this level of awareness.

Whether it is due to increased alpha-brain-wave activity or to the linkup between your spiritual and physical energies, an expanded level of access to a whole new dimension of information and awareness occurs. Sanders conceptualizes it as the gateway for reaching complete oneness with the universe. He does not discuss Natural Law, but his statements reflect the conceptual bases of those Natural Laws that are important in the development of mediumship.

Sanders' work, as well as that of Dr. Braverman, adds significant information to our understanding of brain function, the development of higher levels of consciousness, and the development of the skills associated with mediumship. As the similarities in their work are discovered, the development of the skills of the medium becomes more transparent as well as demonstrating a scientific underpinning.

It is stated in Spiritualist literature that everyone can learn about mediumship and will develop his or her own phase of mediumship. The work of Dr. Eric Braverman and Pete Sanders demonstrates why this occurs, and suggests the means for the development of balanced mediumship skills and abilities, as well as the health of the medium. •

Shirley Williams is a member of First Church of Divine Science, Houston, Texas where Jovita Jessup is the pastor. She has completed the Morris Pratt course and is currently enrolled in the CSS program. Shirley is a psychologist, a naturopath, a homeopath, a teacher of spiritual healing, and a seeker of truth.

Functional magnetic resonance imaging f(MRI) measures the haemodynamic response related to neural activity in the brain or spinal cord of humans or other animals. It is one of the most recently developed forms of neuroimaging.

The NSAC Bureau of Public Relations and the NSAC Board of Directors are pleased to announce the recipient of the
NSAC/STOW FAMILY MEMORIAL FOUNDATION SCHOLARSHIP
for a high school student in Summit, New Jersey.
Part of the application for the NSAC/STOW Scholarship is to write an essay about Spirituality.

What Spirituality Means To Me

JENNIFER HELEN CALLAHAN – Summit, New Jersey

Jennifer Callahan is this year's Summit, New Jersey Stow Scholarship Award recipient. As a student who has assisted her mother through several bouts of cancer, Jennifer matured rapidly in areas of self-determination and responsibility. Earning a 3.98 accum as an honors student, Jennifer also was extremely active in music and sports where she earned many awards while working a part-time job. She has been an active community volunteer, and her special interests include world peace. Jennifer is an outstanding example of the very finest in our American youth today. Her Stowe Scholarship will assist Jennifer when she attends Soka University of America in Aliso Viejo, California this fall.

I have never looked at spirituality as a religious practice or connection with a being outside oneself. Spirituality is the soul inside every individual. It is the drive to live and appreciate every day of one's life. The soul is the ultimate way in which every individual has the ability to connect with others. Spirituality is every human being's ability to express their internal fullest potential through the artistic expressionism called life.

As a representative student of Summit High School's community, I have learned the importance of being a well-rounded, humanistic individual. One of my foremost contributions to the surrounding area has been in the form of community service. These activities include Key Club, Letters To Our Soldiers, Recycling Maintenance for Elderly Neighbors, Car Show Volunteering, Free Babysitting at the Community YMCA, Animal Fostering, Cutting Neighbors' lawns on a continual basis for no charge, peer tutoring, cancer aid, no charge softball coaching, and the Bryant's Pond Clean-Up project. As I had done in the past, I continually reached out to the less fortunate, aiding them in any way possible. My Buddhist mentor, President Ikeda, always says, "Every human life is equally precious." By contributing to the well-being of others, I have felt extremely appreciative that my life has bettered the lives of many.

I have also been an extremely diligent student who has always worked as hard as possible. Not only do I contribute dynamically in classroom discussion, but I always listen and deeply attempt to understand everyone else's points of view. I also aid others in and out of the classroom who have a lesser understanding in a particular subject. By working together with my Summit High peers, we have most definitely been able to achieve new heights in the educational world.



Being an athletic individual, who strives to work as hard as possible, has allowed me to excel in my high school years. As a two-year varsity softball captain, I have learned the true meaning of teamwork and have realized that every player is invaluable. As a member of Summit's softball community, I have always displayed a positive attitude and encouraged my peers. Together with my other softball teammates, I am positive we have been viewed as Summit's best softball team ever with the highest shining spirits (regardless of whether we win or lose).

Lastly, as a very young, faithful individual, I believe I have shared a lot with my fellow high school class. Being a Caucasian Buddhist seems to be a rarity among high school students; however, I am precisely that. As a youth leader of all of the junior high and high school members in New Jersey, I have learned to express my spirituality with others while aiding them in their personal conflicts. By participating in the community life at SHS, I know that I have shed a whole new light on theological and religious thinking.

The reason I have chosen to follow a career path of a lawyer is because I have seen numerous illegal and prejudicial acts conducted by insurance companies. Because of my mother's illness, we have become increasingly involved with many different health insurance companies. Throughout my entire lifetime, I have seen my mother continuously be denied health care coverage due to the fact that she is actually sick. Many times these companies claim they are currently no longer accepting applicants, however, in reality this is never the case. In the future, I want to fight for civilians with any range of illnesses who have been wronged by insurance companies. The governmental system in America was designed to take care of its people. Therefore, the people committing these heinous acts must be punished. We cannot allow people of poor health who often cannot work, to be denied coverage, denied affordable prescriptions, and even denied a treatment altogether. I feel I have the power to positively impact the future of America.

The perseverance in my life, through struggles and numerous complications, is exactly what could be defined perfectly as spirituality. The inert passion for a better society and life for all, is what drives the soul day by day. I love my life and regard it as my most precious gem. I would fight through thick and thin to breathe the beautiful, tasteful air that kisses my lips every morning. I, Jennifer Callahan, am a free spirit. •

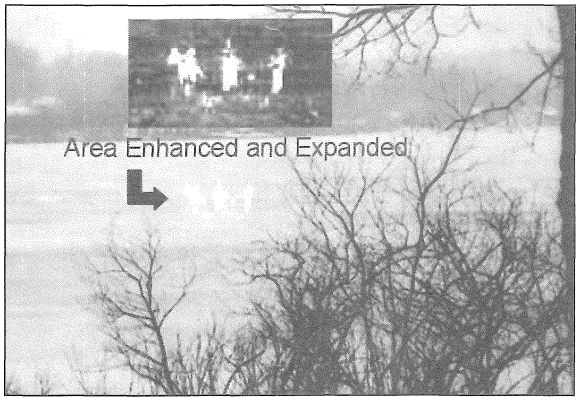
The National Spiritualist Association Of Churches
Department of Phenomenal Evidence

August 2008 Department of Phenomenal Evidence Report

THE REVS. BRIAN AND LYNN KENT

Three Entities on the Lake Lily Dale, New York. Or Are They?

Katie Caton sent in this photo, along with the story, of Lily Dale Lake which she had taken in the winter of 2004.



The week between Christmas and New Years of 2004, I was here visiting the "Dale" by myself at my home on Erie Street and decided to take a walk around with my camera, which is not digital, but uses film. I took many snow-filled photographs of various sites and I took a few shots of the lake, right at the end of Marion Street. Much to my surprise, when I had the pictures developed I found an image of three entities on the lake. I had taken two pictures that day in the same place, seconds apart; one photo shows nothing while the second photo has the apparitions on the lake.

I showed this picture to Peter and Rev. Ginny Berg (the minister of my then congregation on Long Island) and Peter expanded the picture so the images could be seen clearer. I shared it with my Long Island church family and then a year later, I gave a copy to our President Ron Robertson, for the Lily Dale Historical Society.

A year or two later, I met a Buffalo News/API photographer who came to the Dale for a visit. He went over the photograph with his equipment, trying to prove beyond a shadow of a doubt (he was a skeptic and a first time visitor to the Dale) that this was not any "phenomena." After his lengthy analysis, he could not give me any logical reason, in his professional opinion, how this image came about. He checked my camera, the pictures and the negatives. He had no answer for me and quite honestly, he was dumbfounded.

As DPE has written before, we try to look at everything with a scientific eye as well as a spiritual one. Our photography consultant has had experience in spirit photography and what may look like spirit photography. We have also sent this photo to a KODAK certified dealer to examine.

DPE is the scientific part of NSAC; we inform the public about what the possibilities might be and we make NO definite decision about whether a photo is spirit or not. This photo could have picked up many things. We do notice that the day is overcast. Not that it has a bearing upon what looks like entities on the lake, but because it is on a lake that appears frozen, it could be a type of condensation which is normal in cold weather patterns in lake areas – especially on overcast days. This photo might have many logical reasons as to why the photo looks like "three spirits fishing on a frozen lake." DPE, with outside professional help, has not been able to determine what else it could be. •

SNIPPETS OF WISDOM

TRUE INSIGHT

Robin Quiroz

It's all in one's hands to make their life
positive or negative.
If you do everything with love it will be positive.
Everything is an extension of love or it's not.
If not, it's negative, and consequently that just brings
more negativity and turmoil to one's life.
Choices are very important.
Therefore it is all in our own hands...to love or not.
We control our fate.

Grief's Journey



The Agony of Grief

Stephanie Ericsson, in *Companion through the Darkness*

Grief is a tidal wave that overtakes you, smashes down upon you with unimaginable force, sweeps you up into its darkness, where you tumble and crash against unidentifiable surfaces, only to be thrown out on an unknown beach, bruised, reshaped. Grief means not being able to read more than two sentences at a time. It is walking into rooms with intention that suddenly vanished. Grief is three o'clock in the morning sweats that won't stop. It is dreadful Sundays; Mondays that are no better. It makes you look for a face in the crowd, knowing full well the face we want cannot be found in that crowd. Grief is utter aloneness that razes the rational mind and makes for the phantasmagoria. It makes you suddenly get up and leave in the middle of a meeting, without saying a word. Grief makes what others think of you moot. It shears away the masks of normal life and forces brutal honesty out of your mouth before propriety can stop you. It shoves away friends, scares away so-called friends, and rewrites address books for you. Grief makes you laugh at people who cry over spilled milk, right to their faces. It tells the world that you are untouchable at the very moment when touch is the only contact that might reach you. It makes lepers out of upstanding citizens. Grief discriminates against no one. It kills. Maims. And cripples. It is the ashes from which the phoenix rises, and the mettle of rebirth. It returns life to the living dead. It teaches that there is nothing absolutely true or untrue. It assures the living that we know nothing for certain. It humbles. It shrouds. It blackens. It enlightens. Grief will make a new person out of you, if it doesn't kill you in the making. •

Creating Personal Grief Rituals

©2005 by Marty Tousley, APRN, BC, CT
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Sometimes, for fear of "letting go," we may find ourselves "holding on" to our pain as a way of remembering those we love. Letting go of what used to be is not an act of disloyalty, and it does not mean forgetting our loved ones who have died. Letting go means leaving behind the sorrow and pain of grief and choosing to go on, taking with us only those memories and experiences that enhance our ability to grow and expand our capacity for happiness.

If our memories are painful and unpleasant, they can be hurtful and destructive. If they create longing and hold us to the past, they can interfere with our willingness to move forward in our grief journey. But it doesn't have to be that way. We can choose which parts of life we shared that we wish to keep and which parts we wish to leave behind. We can soothe our pain by thinking of happy as well as sad memories. The happiness we experienced with our loved ones belongs to us forever.

We can build "memory time" into a particular day, or we can pack an entire day with meaning. *It's much easier to cope with memories we've chosen than to have them take us by surprise.* Whether we are facing Mother's Day, Father's Day, Memorial, an anniversary or birthday, or any other special day, we can immerse ourselves in the healing power of remembrance. We can go to a special place, read aloud, or listen to a favorite song. We can celebrate what once was. *Personal Grief Rituals* are those loving activities that help us remember our loved ones, and give us a sense of connectedness, healing and peace. Creating and practicing personal grief rituals can also help us release painful situations and unpleasant memories, freeing us to make our memories a positive influence in our lives.

What follows are just a few examples of personal grief rituals. The ideas are as unique and as varied as the people who invented them. Think of ways that you can adapt them and make them your own. You are limited only by your own imagination.

- If you're a writer, *write* – it could be an article, an anecdote, a story, a poem, a song, a letter, an obituary or a eulogy. If you don't want to write for someone else, keep a private journal and write about your feelings as you journey through your grief.
- Buy a very special candle, decorate it and light it in honor of your loved one.
- Purchase a book – perhaps a children's book – on coping with the loss of a loved one, and donate it to your local library or school. Ask the librarian to place a label inside the front cover inscribed "In memory of (your loved one's name)."
- Plant a tree, bush, shrub, garden or flower bed as a permanent growing memorial to your beloved. Mark the site with a memorial plaque, marker, bench or statue.
- Memorialize your beloved in cyberspace by lighting a virtual candle at Light a Candle Online.
- Write a special note, letter, poem, wish or prayer to your beloved, go outside, attach the paper to a balloon and let it go – or place it in a vessel and burn it, and watch the smoke rise heavenward.

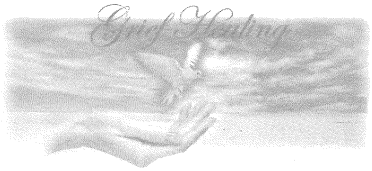
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- If you are harboring negative feelings or regrets, gather symbols to represent those hurtful or painful situations, events, or feelings from your past, place them in a container and hold a private burial or burning ceremony, saying goodbye and releasing them as you do so.
- Ask relatives, friends, co-workers and neighbors to gather their contributions, and put together a scrapbook or box of memories containing mementoes, letters and photographs of your loved one.
- Celebrate the life of your loved one by continuing favorite traditions or eating favorite foods.
- Give yourself a gift from your loved one that you always wished he or she would have given you, and think of your beloved whenever you use it or wear it.

www.griefhealing.com



Marty Tousley has created a beautiful and supportive website for those who want to embody the process of grief while transforming it into deeper spiritual understanding and growth. Her words speak her mission:



About Grief Healing
Marty Tousley

If you are anticipating or coping with a significant loss in your life and wish to better understand the grief that accompanies such loss, this site has been created to offer you the information, comfort and support that you need. As you proceed along your grief journey, what you'll find on these pages is meant to acknowledge and honor you as a person in mourning, to help you make some sense out of what you may be feeling, to prepare you for what to expect in grief, and to help you find meaning, growth, and healing along the way.

As both a bereaved parent and child myself, I have found my own way through grief many times. As one who's always wanted and needed animals in my life, over the years I've loved, lost and mourned a number of cherished companion animals as well.

In my work as a hospice bereavement counselor, I help individuals and families understand and cope with their grief in the first year following the death of their loved ones. As a volunteer in my community, I also help adults and children who are mourning the loss of their cherished animal companions.

My years of bereavement counseling have taught me that grief is indifferent to the species of the loved one who was lost. I believe that anyone who loves greatly in life and grieves deeply in loss is deserving of whatever respect, caring and support I can offer.

Wishing you peace and healing. •

Hospice of the Valley Bereavement Literature

There are steps that one needs to conquer during grief. These tasks of mourning include:

1. Accept the reality of the loss.
2. Feel and work through the pain of grief while caring for the self (physically, emotionally, socially and spiritually).
3. Adjust to the environment in which the deceased is missing: internally, externally and spiritually.
4. Convert the relationship with the deceased from one of physical presence to one of accurate memory.
5. Emotionally relocate the deceased, invest in a new life without the deceased, and move on (without forgetting the old).
6. Rebuild challenged faith (or philosophy of life) and find meaning in the loss.

Perhaps this following example of a personal daily healing ritual might serve as a point of inspiration for creating your own.

The following exercise is to help establish a purposeful, daily routine in being with your loved one. Some bereaved individuals have found that lighting a candle and sitting quietly with a photo or just the light of the candle, promotes an atmosphere of closeness where comforting verbal or non-verbal communication can take place.

The following verse may provide a helpful beginning to your "candle talk" time.

Verse:

As I light this candle, I experience the warmth of the flame.
And I remember the warmth of your love.

As I light this candle, I remember the light you brought to my life.
And I remember the light of your love.

As I light this candle, I remember the energy of your being.
And I remember the energy of your love.

These love memories are mine to remember always, as I light this candle.

– Dee Unks, LPC, Arizona

(Continued on next page.)

Have We Really Lost?

Robin Quiroz, California



When we lose a loved one, it's so very hard to deal with all of the emotions, the emptiness and unanswered questions. And worst of all is the guilt we often place upon ourselves, for whatever reasons.

Unfortunately, society and organized religion do not teach us the absolute truth about life and death. We are not given the correct information vital to understanding why we are here, how we got here and what's to come of us after we leave here.

Our so-called "advanced" society views death as a sad, grim, heart-wrenching event. The majority of us have been misled in our views and beliefs. Other societies celebrate the transition we label death. In reality it is a new life—just in a higher dimension. Many of us are so filled with emotion, despair and ignorance of the truth that we can't understand the process we all must face one day.

Like with most significant issues, knowledge is our best friend. The more information we have, the better our lives become. We can obtain that knowledge straight from God, the Source of all creation in the Universe. We are all connected to that Source. Therefore, with knowledge (some call it enlightenment), we all have the ability to tap into that energy.

It's a pity so many fall prey to the manipulative jargon, a "brain-washing" technique to explain away events in our lives, numbing our innate abilities to question and seek out the truth. Society limits itself in understanding the True God Source of each individual. This understanding is not only a religion, it is a science and a philosophy...not a conversion. This is modern-day Spiritualism. It brings us to a much deeper understanding of self and the universe.

God supplied us with a mind. Our mind is immutably connected to our spirit and our spirit is our life force, connected again, to God. Thus, what we are is a full-circle generated by God's energy.

Our corporal parents are our mothers and fathers. Our mothers represent our subjective energies (our emotions) while our fathers represent objective energy. Our mothers are often depicted as all-loving; our fathers are often depicted as the authoritarians. We, as humans, need the balance of both parents. This is why we have a physical mother and a physical father while we exist in the physical on earth.

We age and our bodies break down. After years of being misled by society, self-abuse, lack of healthy habits, stress, Western medicine, toxic medications, drugs, alcohol, cigarettes and whatever bad choices we have made due to ignorance, our spirits leave our bodies and our exhausted, neglected bodies die. Death does not kill our spirit. We are a spirit at birth and a spirit at death. Our bodies are "learning vessels" and this circle of life is continuous. We cannot see our spiritual being. If we do not recognize our spiritual essence, then, when we die, we have wasted (through ignorance) the joy and limitless power of the spirit. Our loved ones are all around us in spirit. Heaven, if you will, is all around us, just as hell is all around us. These "places" are not specific destinations we go to. We create our heaven and/or hell by the choices we make and the things we believe.

The more we seek and understand the spiritual world, the smoother and more joyous our physical lives on earth are. If we exist on a higher, spiritual level, the closer we are to God...on God's level. This is what we must do to prepare ourselves for all that is to come and how to deal with it. There is no end to life, it's just how we view it. The mind "is a terrible thing to waste." God Bless! •

The Invitation

Eve Evidon, Minnesota/Arizona

There is a secret garden beyond the door
A portal to my soul
This door didn't fling itself wide open
It opened slowly
Little slivers of light over time

The miracle is that it began at all
And I endured
And now I can enter this amazing place
Not out there
But within



Although it seems to be a cosmic irony, I believe that Spirit reaches out to us while we are in the depths of tragedy and offers a gift, an invitation from God to dance life at a deeper level. Grief can present us with the opportunity to see our lives through a different lens, as though we have twisted a kaleidoscope and new colors and shapes appear. Will the ache ever completely go away and will this experience insure that the rest of our life will be pain free? Probably not, innocence lost is innocence lost. But understanding mined from our grief experience presents us with the miracle that there is also a blessing in the midst of the darkness.

When I was deep into grief over the deaths of my two infant sons, it felt as though my very soul had been torn open; wrenched away from anything connected to God. I felt so alone—alone in the most dramatic, painful, angry, hopeless, punishing, and desperate way. If it was not for the fact that I had two daughters to care for, I might have committed suicide.

While in the depths of my sorrow I never, for one second, imagined that I would someday look back at this

(Continued on next page.)

wrenching awful time and find something holy in the experience. I now believe that the only way, at least my only way, through life's most shattering moments, is to continually rewrite – make meaning – out of those experiences.

It is tempting to stay with the original story in all its pain and awfulness. All the feelings and all the suffering are genuine, important, real and necessary. Be there, do it and do it as long as you need to. "I miss you, why did this happen – to me, to you? I don't want to go on. I feel dead inside. This is so unfair." Be angry, cry, sleep, talk to friends and family about your pain, tell it and tell it and write it and write it. Eventually, when the time feels appropriate, ask yourself the question, "Now what?"

Grief work is an awful, necessary, legitimate process one is ultimately faced with. But there is a reason for the rather irritating and trivial saying, "there is a light at the end of the tunnel." IT'S TRUE! Unfortunately, slogging through this long dark tunnel is one tough job, and you are the only one who can get yourself through it. The action required to get you moving towards the light is driven by interior work. Family, books, teachers, parents, friends, workshops, preachers, mystics, rabbi's, and prayer are all possible choices to help. They are sparks of light to guide you along the path, but you are the "Little Engine That Could."

It, the invitation, comes in many forms – like noticing a bird singing outside. Maybe the taste of food returns, or you notice the smile of a friend. Maybe you laugh at something and there is a tiny break in the cloud surrounding you and thrust through the fog of grief is an invitation, an invitation to another rite of passage. This step in the grief process is still about you. Now that the pain of your loss is not as sharp, you can begin to reframe the story, to make new meaning from the experience.

I realize that each of us is unique and that everyone's experience and reality is different. I know that my experience does not immunize me against the terror and pain when and if something with such enormous growth potential happens in the future. The information that I now have (that I didn't have when my boys transitioned) is that I am strong and I will survive. Hard painful experiences have the potential for enormous self-growth and learning; a time can come when the trauma will be perceived as a blessing. God never leaves us, but is waiting inside for us to be still long enough to hear Him.

Oh the sun
What a glorious morning
And I am grateful to be alive in it

I hear a bird sing
And life calls
Creating joy and wonder in me
Through me

Dance child in me
Smell the morning air
Dance on the breezes
Twirl through grass and falling leaves
Sing to the morning
Together we will love and live
For the rest of our days
Amen

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(Continued on next page.)

DO YOU LIKE TO ENTER CONTESTS?

Contests are always interesting; someone *has* to win! Would you be interested in winning a one-year subscription to *The National Spiritualist-Summit?*

All you have to do is complete the following statement in 50 words or less by September 15:

Spiritualism works for me because _____

_____

You can *email* your answer to *tnssummit@q.com* or *mail* your entry to
TNS-Summit / P.O. Box 6089, Sun City West, AZ 85374

The 3 top winners will be announced at the convention and their entries will be published in the magazine.



Preplanning Your Burial Instructions

The Rev. Elizabeth Carter, Maine

When we take the membership in our church seriously, our major concerns in life – from birth to death – are focused on the teachings of Spiritualism. We also turn to the church for the final rites of our life. Many people make a trust or a will, provide for their dependents, and obtain a cemetery lot. But how many also finalize the important arrangements for their preferences about their personal obituary, the type of service desired, whether or not to use cremation, kinds of flowers, the style of music, and other details?

It is true that the remains do belong to the family once a person passes to spirit. It is also true that legally they may use any service type they wish. I know about a woman who was a Catholic for her entire adult life, but she was given a Baptist funeral by a niece. My attorney told me that our wishes need to be stated with our will and a copy of those wishes need to be given to our minister, to our estate's executor/executrix, and to a key family member. It is most difficult for a family to change our wishes and/or to refuse a Spiritualist service when the pastor can show a form that was filled out and signed by the deceased stating their specific wishes. The laws vary from state to state, so each parishioner should go over this form with their own personal attorney. Many remaining spouses, in the midst of grief, buckle under to the demands of non-Spiritualist family members.

It is true that the service is for those left behind; but it is my belief that this is the family's opportunity to truly honor their loved ones by respecting the religious philosophy of the deceased.

Following is a copy of Burial Instruction which can be used.

1. Name (full) _____
   Address _____
2. I want___ do not want___ my burial service at the _____ Church.
3. Scripture, readings, poetry that I would like included _____ .
4. Hymns/music _____ .
5. I would___ would not___ prefer a memorial service (ashes or body not present).
6. I do___ do not___ want cremation. This should take place immediately___ or after___# of days ___or after the funeral. (Please check state laws which vary.)
7. Organ donations will___ will not___ be made. If made will be with _____ .
8. My remains are to be interred at _____ .
9. I request the casket to be of inexpensive wood___ other _____ .
10. I do___ do not___ wish to have "calling hours" at a funeral home.
11. I do___ do not___ wish my body to be embalmed for showing.
12. I would___ would not___ like my body brought to the Church before the funeral to lie in state, until the service, with casket closed. (servicemen)
13. I would like the casket to be closed at all times___ .
14. I would___ would not___ like the church to provide a reception after the service.
15. In lieu of flowers, I desire that my donations be made to _____ .
16. I would suggest the following to be pall bearers _____ .
17. If not already done, the following should be on my grave marker, if possible _____ .
18. Persons to notify upon my death (with addresses)_____ .
19. Clergy to perform or assist in the funeral service _____ .
20. Biological information that might be included in an obituary _____ .
21. Other instructions _____ .

Date_____ Signature_____

Date_____ Witness_____

From PARADE Magazine on 10/14/2007:

Many states will not automatically honor your last wishes – even if in writing in your will. They allow the next of kin to make that decision.

MISSOURI – next of kin can control what happens to your remains, but the state allows you to select ANYONE you want to ACT as next of kin.

MICHIGAN – Even if you give a burial preference in a will, your next of kin can override it.

ARKANSAS – You can be assured you'll be cremated only if you've signed a form and had it witnessed by two people. If not, your next of kin can contest your decision.

MASSACHUSETTS, IDAHO & WEST VIRGINIA – The only way to be sure your burial wishes will be carried out is if you make a prepaid arrangement with a funeral director.

To avoid future conflicts, the Funeral Consumers Alliance suggests that you check your state's laws and put your request in a notarized statement. •

■ Morris Pratt Institute Association ■



The National Spiritualist-Summit often features writings from students who are currently taking courses from the Morris Pratt Institute. Featured this month is an essay written by ***Marden Pride*** *of* ***Maine.***

Transition Observation

Passing to the other side has not changed in years. We all get that to look forward to. So what happens while you're there? One of the things we do is observe—to look back here through the looking glass, the veil. And so, I ask you, "What do you see? What do you want to feel, and see? With the things you had, with how you are remembered by the ones still there? How did you treat others? What were your deeds?" Hopefully, you are thinking about this. Maybe you can make the time to evaluate what you are doing now and how it affects things and folks when you are done and get to look back. That's right, look back. Once you have gone, there is no changing, just looking.

That's it; that was your life. Did you do the things you wanted to? Did you have fun? Did you help others and share your knowledge and experience? Did you provide learning opportunities for others, including strangers, friends and family?

The learning, growing experiences that arise are the greatest gift you can do for a soul while here. It grows you to do the love for others. Remember, you cannot take the things you have with you. Even the Egyptians tried. But there is one thing you do take—your soul's growth.

When the chance arises to help another, consider it. You might have to make a quick decision to assist, yes or no, so I speak about it in advance to you. It helps you and them. Maybe a person has been around and around about something and needs to be shown a new way, a new suggestion of how to do, or better yet, to think in a new manner. Only the Universal Laws work, no matter how or how long a person tries with something else. Planting that seed of different thought is a great thing. You don't know how really super it feels unless you reach out and try it. How would it feel—looking back through the veil to find that another soul, maybe finally, has taken your suggestion and is beginning a new path. You were a part of that. Step up a step on the growth ladder. There is no gold worth that, and no diamonds that could replace that white light you generated.

Put things for yourself in perspective; you will one day be the observer. Now you are the doer. Get your life set up, in all ways, so that when you do the looking back, it is the way you want it to be for your things, your family and friends, your happiness, your memories, and the ones around you. Enjoy your stay here but, remember the *I wish I had.* "Had" is past. There is no time like now. When the student is ready, the teacher appears. Be there for someone. The return light is beyond what you expect, and the good feelings that come from it are immeasureable, so go towards the light of giving.

Isn't this what Spirit wants for you? Isn't this what the Creator wishes for?

The military has a style of parade, they do. It is called pass and review. Their heads are turned in observation, looking back at the crowd. They look so proud, and so should we! •

A Spiritual Flight

Robin Quirez, California

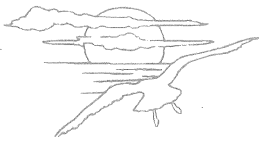
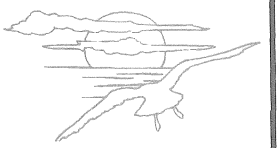
Spread your heavenly wings.
Take a spiritual flight,
Listen to the angels sing,
Do what you think is right.
See what good intentions bring,
Open the mind to clear sight.
Spirit will make your ears ring,
confirming you see the Light.



Remember thoughts are things.
Have no fear – they won't bite.
With thanks, shed happy tears,
and love with all your might.
Be a positive through the years,
There will be nothing to fear at night.
Negativity shouldn't enter your sphere –
If so, tell it to go fly a kite!

Positive Statements To Help Create a Positive Day.

Affirmations . . . AUGUST 2008

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
This month's affirmations were written by Nancy Ashworth of Missouri.						**1** Doing good is never bad.
2 Food for the brain can be scripture for the heart.	**3** Rely on Infinite Intelligence.	**4** When you are down, reach up.	**5** Be a survivor – not a victim.	**6** Create your world filled with joy and harmony.	**7** Reach out and touch your loved ones.	**8** Hurting another results in sadness for self.
9 Today is the day you were waiting for!	**10** Be still and Listen.	**11** Helping others too much defeats the purpose.	**12** God is always with us – now and forever.	**13** Help the helpless and feel the reward!	**14** Be inspired by a vision.	**15** Dream the impossible and then act!
16 Associate with kindred spirits.	**17** Be hopeful in thought – always.	**18** Feel Spirit in your life every day.	**19** All things are possible with Spirit.	**20** Try – and try again.	**21** You are a priceless treasure; never forget.	**22** The best place to be is right where you are.
23 Make the most of every day.	**24** Loan your hands to a good cause.	**25** Compose your life with grace & love.	**26** Each day is a new beginning.	**27** Be a sibling to all you meet.	**28** Let the "small things" inspire you.	**29** Your heart is your badge of honor.
30 Faith, Love and Charity ARE ME!	**31** Friends far and near are ever dear.		**CARRY YOUR HEART INYOUR HELPING HANDS** *– Nancy Ashworth*			






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SIKORA, Rev. Arlene, NST, Certified Medium, Comm. Healer, private consultations, P.O. BOX 45, 32706 - (386) 228-3864.

DEBARY

CHAILLOU, Rev. Leslie, NST, Certified Medium, classes, seminars, weddings, funerals, readings, private consultations, and animal healings; 2861 Enterprise Rd., 32713 - (386) 753-0900; e-mail: LC1806bellsouth.net.

OCALA

HAGER, Rev. Elaine S., NST, Certified Medium, Comm. Healer, classes, seminars, private consultations, 9 Wood Ridge Dr., 34482-6683 - (352) 873-1951, e-mail: revelaine@cfl.rr.com.

WATSON, Rev. Sharon A., NST, Certified Medium, Comm. Healer, classes, seminars, private consultations, 9 Wood Ridge Dr., 34482-6683 - (352) 873-1951, e-mail: sawatson@cfl.rr.com.

ORLANDO

ANDERSON, Rev. Tammi Jo, NST, Certified Medium, Comm. Healer, workshops, private consultations, in person or by phone - (321) 946-0932; e-mail: spiritualmail@mindspring.com.

OTZELBERGER, Rev. E. Ann, NST, Certified Medium, Comm. Healer, seminars, private consultations, 4332 Woodlynne Lane, 32812 - (407) 826-0807, Fax (407) 826-0469, e-mail: revann@bellsouth.net.

SANFORD

AWTRY, Rev. Marilyn J., NST, Certified Medium, Ministerial Services: Grief Counseling, Seminars, Classes, Oratory, Private Consultation. Location - 118 Wax Myrtle Dr, 32733. Email: SpiritRaps@aol.com - Ph: (407) 687-6207.

• ILLINOIS •

CHICAGO

BOESEN, Rev. Marian, NST, Certified Medium; Private consultations, seminars, workshops; P.O. Box 826, Rock Falls, 61071, (815) 626-5788; e-mail: cherryvalleysc@verizon.net.

COVERSON, Rev. Marrice, NST, Certified Medium; Private consultations by appt. only, seminars, 5341 S. Cornell, 60615 - (773) 493-1967; e-mail: spiritspks@aol.com.

HEYWARD, Rev. Florence, Comm. Healer, Certified Medium; Pastor, Spiritualist Church of Truth, 6343 W. Cuyler, (708) 452-8754.

WILLIAMS, Rev. Arsenia J. Williams, NST, Certified Medium; Classes, seminars, workshops, private consultations, 10913 S. Parnell Ave., 60628 - (773) 995-1911, Fax (773) 995-9325; e-mail: arsenia9325@yahoo.com.

• INDIANA •

GARY

JAMES, Rev. Jesse Jr., Medium, by appt. only, 1301 Pennsylvania St., 46407- (219) 885-0091.

CARMEL

BIANCHI, Rev. Robert, NST, Certified Medium, Comm. Healer, 1119 Mohawk Hills Dr., 46032 - (317) 428-8740; e-mail: reverendbob@direct2spirit.com.

BIANCHI, Rev. Sharon, NST, Cert. Med., 1119 Mohawk Hills Dr., 46032 - (317) 945-8437; e-mail: sharonbianchi2002@yahoo.com.

• IOWA •

DAVENPORT

BUCHHOLZ, Rev. William E., Certified Medium, 806 E. Thirteenth St., 52803-4240 - (563) 326-3201.

• MAINE •

AUGUSTA

WALLACE, Rev. Earl L, Certified Medium, Comm. Healer, 124 Spring St., Gardiner, 04345 - (207) 582-6745; e-mail: godfreed@aol.com.

HARTFORD

HAWKINS, Rev. Kathleen, NST, Certified Medium, Comm. Healer, 1498 Main St., 04220-5115 - (207) 388-3140; e-mail: khawkins@megalink.net.

NORRIS SIGURDSSON, Virginia, Licentiate Minister, Comm. Healer, 25 Camp Rd., 04220-5207 - (207) 597-2600.

SIGURDSSON, Rev. Rupert, NST, Comm. Healer, 25 Camp Rd., 04220-5207 - (207) 597-2600; e-mail: rupert@megalink.net.

LEWISTON

NYE, Rev. Gloria J. NST, Certified Medium, SRT, 4 Galina Lane, 04240; email: spiritspeaks2u2@roadrunner.com.

PORTLAND

CARTER, Rev. Elizabeth, Certified Medium, Comm. Healer, 15 Regan Lane, 04103-2047, (207) 797-2039; e-mail: 2007spiritualist@peoplepc.com.

RAYMOND

CONNOLLY, Rev. Graham LS, Certified Medium, NST, 66 Martin Heights, 04071 - (207) 655-6673; e-mail: gconnol1@maine.rr.com.

• MARYLAND •

CHEVY CHASE

MEERSCHAERT, Rev. John, Certified Medium & Comm. Healer, Classes, Seminars & Private Consultations by appointment, 8855 Garland Ave., #301, Silver Springs, 20901 - (240) 305-7233, e-mail: seespirit1@aol.com.

GLEN BURNIE / BALTIMORE

ROTHAMEL, Rev. John Edward Jr., NST, Certified Medium, Classes, Lectures, Seminars, Consultations, (410) 590-9187; e-mail: JRothamel@cablespeed.com.

• MASSACHUSETTS •

LOWELL

WINGOOD, Rev. Kenneth, 300 Douglas Rd., 01852 - (978) 454-4163.

WORTHINGTON

SULLIVAN, Rev. John F., NST, Pastor of First Spiritualist Church of Springfield, Certified Medium, Comm. Healer, classes, counseling, private consultations, public lectures, 480 Huntington Rd., P.O. Box 392, 01098 - (413) 238-5344; e-mail: sully1942@hughes.net.

• MINNESOTA •

ROCHESTER

YOUNG, Rev. Joyce E., NST, Cert. Medium, Comm. Healer, 4814 115 Ave. NW, Byron, 55920 - (507) 775-6358; e-mail: jeyoung@rconnect.com.

YOUNG, Rev. John E., NST, Cert. Medium, Comm. Healer, 4814 115 Ave. NW, Byron, 55920 - (507) 775-6358; e-mail: jeyoung@rconnect.com.

• MONTANA •

KALISPELL

KLEINSCHMIDT, Rev. Charlene, NST, Cert. Medium; Albert C., Cert. Medium, Comm. Healer, 172 Wilson Heights Rd. 59901-7568 - (406) 257-4668.

• NEVADA •

CARSON CITY

HOBLITT, Emma, Certified Medium, Comm. Healer - (775) 267-9988.

PANACA

SAVAGE, Virginia, Licentiate Minister, Certified Medium, phone readings available, (775) 728-4776.

RENO

BUTLER, Rev's Tom and Lisa, NST, Comm. Healers, Directors American Assoc. of Electronic Voice Phenomena, P.O. Box 13111, 89507, e-mail: aaevp@aol.com; website: http://aaevp.com.

• NEW HAMPSHIRE •

LONDONDERRY

SNELL, Rev. Catherine, Certified Medium, Readings by appt., 31 Sugarplum Lane, 03053 - (603) 434-5381, Fax: (603) 434-5339.

TRAVIS, Rev. Janet, NST, 31 Sugarplum Lane, 03053 - (603) 434-5381, Fax: (603) 434-5339.

• NEW YORK •

BELLMORE

RIVERA, Rev. Milagros G., Medium and Spiritual Counselor, Healer; Readings and Classes, 1830 #21 Bellmore Ave., 11710-5567 - (516) 781-9773.

CLIFTON PARK

KRAMER, Rev. Hillary, NST, Certified Medium, 15 Huntwood Dr., 12065 - (518) 371-8975.

CORINTH

STRANTZ, Rev. Audrey, NST - (518) 654-2720.

FOREST HILLS

RUIZ, Rev. Hugo, Pastor, TMS, NST, Certified Medium; 95-06 72nd Ave., 11375 - (718) 793-8434; e-mail: hruiz@nyc.rr.

HUNTINGTON

SCHOELLER, Rev. Richard P., NST, Certified Medium, Comm. Healer, by appt. only, 75 Prospect St., Ste. 3, 11743 - (631) 470-0221; e-mail: RPSchoeller@optonline.net.

LAKE RONKONKOMA

DUFFIELD, Rev. Patricia Anne, NST, Certified Medium, Comm. Healer, 10 Ackerly Lane, 11779 - (631) 588-5869; e-mail: kenpatduff@hotmail.com.

LILY DALE

BURDICK-CAREY, Rev. Beverly, Certified Medium, 13 3rd St.,P.O. Box 1087, 14752 - (716) 595-2205.

CATON, Katie, Certified Medium, P.O. Box 241, 14752 - (716) 595-2992; e-mail; Choralkate@aol.com.

CLARK, Gretchen, Certified Medium, e-mail:info@gretchenclark.com; (716) 595-3380.

KINCAID, Rev. George, 5 Fourth St., P.O. Box 261, 14752-0261 - (716) 595-8717.

WEST BABYLON

LLOYD, Rev. Nancy A., NST, Certified Medium and Counselor (call or write for appointment); Mail: 10 Muncy Ave., Apt. 301, 11704 - (631) 669-3226; e-mail: nlloyd@suffolk.lib.ny.us.

• NORTH CAROLINA •

HENDERSONVILLE

GRIFFITH, Rev. Gail, NST, 175 Crestview Dr., 28791 - (828) 891-1312; e-mail: gailgriffith@juno.com.

• RHODE ISLAND •

State Wide

KENT, Revs. Lynn and Brian, Certified Medium and Comm. Healer; specialize in physical phenomena table-tipping workshops, public readings for charity and grief counseling. (401) 864-8307; e-mail: lynn@lynnkent.com; website: www.lynnkent.com.

• OHIO •

BLOOMINGDALE

ANDERSON, Fred, Comm. Healer, 2624 Twp. Rd. 199, P.O. Box 79, 43910 - (740) 944-1102; e-mail: falconrising@windstream.net.

• PENNSYLVANIA •

McKEESPORT

BRYNER, Ella, Medium, Comm. Healer, 401 Pirl St., Apt. 4H, 15132 - (412) 673-7880.

PHILADELPHIA

HUTT, Rev. Betty, Certified Medium by appointment, P.O. Box 433, Glenolden, 19036 - (610) 583-3268.

PITTSBURGH

O'HARE, Carol, Licentiate Minister, P.O. Box 1981, 15230-1981 - (412) 398-7303.

PORT VUE

KRALL, Frances, Medium, 582 Upston St., 15133 - (412) 678-2091.

• TEXAS •

HOUSTON

JESSUP, Rev. Jovita V., NST, Comm. Healer, Certified Medium, 5655 Meadow Creek Ln., 77017 - (713) 947-6586; e-mail: JessupJovita@aol.com.

KILLEEN

CROES, Rev. Lois, 2707 Polk St., Killeen, TX 76543 - (254) 699-1543; Medium, Healer, Reiki Master.

PFLUGERVILLE

BERG, Rev. Virginia, 20916 Bellerive Dr., 78660 - (512) 670-3408; e-mail: V.BergTX@aol.com.

• VIRGINIA •

ALEXANDRIA

KRITHADES, Rev. Christine, J.D., NST, 7508 Park Terrace Dr., 22307-2041 - (703) 317-1707; e-mail: ckckck@starpower.net.

HAMPTON

BROWN, Rev. Carol A., NST, 712 Big Bethel Rd., 23666-2802 - (757) 826-9652; e-mail: CLBrown1@gmail.com.

ROBINSON, Rev. Linda M., NST, 3 Redman Ct., 23669 - (757) 851-4735.

NORFOLK

CUTLER, Rev. Lelia E., NST, 7310 Midfield St., 23505-4126 - (757) 480-3799.

SPRINGFIELD

GEHMAN, Rev. B. Anne, Certified Medium, Comm. Healer, 5409 Backlick Woods Court, 22151 - (703) 354-5767.

VIENNA

STRANAHAN, Rev. Patricia A., NST, Certified Medium, 1717 Besley Rd., 22182 - (703) 938-2512.

VIRGINIA BEACH

CRIBB, Rev. Kathleen, 900 Park Landing Ct., 23456 - (757) 471-2414, cell (757) 573-6704, e-mail: BubbaCribb@cox.net.

• WASHINGTON •

AUBURN

PEMBERTON, Rev. LaVerne, Ordained Minister of Church of Spiritual Unity, 35008 Military Rd. S., 98001 - (253) 833-9279.

• WEST VIRGINIA •

CHARLES TOWN

ROLNICK, Rev. Alexis Sharon, Certified Medium, 128 Burnlea Rd., 25414 - (304) 725-3763, (240) 447-8912; e-mail: asrolnick@aol.com; website: www.churchofjoyousliving.com; classes, circles, readings.

GREAT CACAPON

STARR, Rev. Barbara, NST, Comm. Healer, 4245 Woodmont Rd., 25422 - (304) 258-4861.

• CANADA •

MONTREAL, QUEBEC

ROSSNER, Rev. Dr. Marilyn, Ph.D., Pres./Pastor, Spiritual Science Fellowship, 1974 de Maisonneuve W., H3H 1K5 - (514) 937-8359; website: www.iiihs.org; e-mail: mrossner@111hs.org.

DIRECTORY OF NSAC CHARTERED CHURCHES & AUXILIARIES

• ARIZONA •

GLENDALE - Church of the Living Spirit, NSAC • Church Location - 3736 W. Wahalla Lane, Glendale, AZ 85308; Mailing address: 9106 W. Willow Haven Court, Sun City, 85351; Co-Pastor, Rev. Janet Tisdale, NST, (623) 972-3916; Sun. Serv. 10:30 a.m.; website: www.churchofthelivingspirit.org.

• CALIFORNIA •

CALIFORNIA STATE SPIRITUALIST ASSOCIATION • Pres., Janice Foote, (360) 627-7198; Secy., June Johnson, 41 Dearborn St., San Francisco 94110-1123, (415) 552-4022, Fax call first (415) 552-4022; e-mail: cssasecretary@msn.com.

AUBURN - Spiritualist Chapel of the Pines • 457 Grass Valley Hwy. #7, 95603; Sun. Serv. 10:00 a.m.; All Message Serv. Fri. 7:00 p.m.; Pastor, Rev. George Brenner; Pres., Edward Killmer; Secy., June E. Killmer (916) 783-3546; Tel. (530) 823-1816, Fax (916) 663-4691.

MONROVIA - The Spiritualist Church of Revelation • 200 W. Colorado Blvd., 91016; Sun. Service 10:30 a.m.; Pastor Martin Pina. Pres., Martin Pina, Sec. Ranidee Merrick Edwards; Church phone (626) 256-3403; e-mail: greenery@earthlink.net.

SACRAMENTO - Central Spiritualist Church, NSAC • 2500 Marconi Ave., Suite 209, 95821-4855. Mailing Address: 4800 Auburn Folsom Rd., #63, Loomis, 95650-9328; Sun. Serv. 10:00 am.; Classes (see Pastor); Healing All Message Serv. 7:00 p.m., last Tues. of the month; Pres., Denise E. Bell; Pastor, Rev. Sandra G. Dawson, NST, (916) 652-4568; e-mail: rdawson@wizwire.com; Secy., Deborah Ann Kinney, 2512 Morley Way, 95864, (916) 482-6614.

SAN BERNARDINO - Temple of Spiritual Truth, NSAC • 732 N. Sierra Way (between Waterman Ave. and Arrowhead Ave.), 92402. Sun. Healing and Devotional Services 11:00 a.m.; Pastor, Rev. Sara Estes (Sally) NST, (909) 886-9242; e-mail: revsal60@aol.com; Secy., Richard Patteson, P.O. Box 7006, Riverside, 92513. Church meets at the American Legion Hall.

SAN FRANCISCO - Celebrate Life Spiritualist Community – Joyous Spiritualism to a modern world • The Celebration service each Wed, weekly classes, Modesto, CA classes, weekend services - see website or call. Rev Drew Vogt, Pastor (415) 568-7571 - P.O. Box 640216, San Francisco, CA 94164. Email revdrew77@ yahoo.com Website: ourcelebration.org.

SAN FRANCISCO - The First Spiritual Temple, NSAC • "The Teaching Church." Pres., Rev. Donald McFarland, NST; Pastor Emeritus, Rev. Alfred A. Conner, NST; Secy., Elsie Ann Soria, NST; Class 2nd Sun. by arrangement; Service 4th Sun., 33 Banbury Dr., 94132; Mail: 1101 National Avenue, #1328, San Bruno, 94066, (650) 583-2739.

SAN FRANCISCO - Golden Gate Spiritualist Church • 1901 Franklin St. at Clay 94109; (415) 885-9976 / website: www.ggsc.org Sun Lyceum 9:30 a.m. Sep-May; Healing 10:30 a.m., Devotional Service 11:00 a.m.; Wed - Healing 7:30 P.M. Devotional Service 8:00 P.M. Classes Available - Contact the Church. Pastor, Rev. David Burr, NST; Pres. Sonny B. Gee / Sec. Engeltie Lauderback.

SAN JOSE - The Spiritual Science of Life Church, NSAC • "The Friendly Church," 729 Morse Street, (Corner of Morse St. & Naglee), 95126; Sun. Serv. 6:30 p.m., 2nd & 4th Sunday; Pastor Rev. Louise Peruch, NST; 1327 W. Hedding St., 95126; (408) 615-0214; e-mail: PeruchLise@aol.com.

SAN LEANDRO - Spiritualist Church of Two Worlds • 1550 San Leandro Blvd., (Deaf Comm. Center) 94577; Sun. Serv. Healing 10:30 a.m., Reg. Serv. 10:45 to 12:00; Co-Pastors, Rev.'s Betty and Don Nauratil, (925) 283-1449; Pres., Phyllis Macdonald, 1956 Kirby Way, San Jose, 95124; All mail to Secy., Rev. Betty Nauratil, 1048 Via Roble, Lafayette, 94549-2925.

SANTA BARBARA - Summerland Spiritualist Church of The Comforter • 1028 Garden St., 93101; (805) 965-4474; Pastor, Rev. Sandra Cook, D.D., e-mail: revsandic@msn.com; Sun. Healing Serv. 10:30 a.m., Devotional Serv. 11:00 a.m., Unfoldment Class 1:00 p.m., Wed. Message Serv. 6:30 p.m.

• COLORADO •

LITTLETON - Chapel of Spiritual Awareness • Pastor, Patricia J. Haskins-Schott, (303) 973-9993; **All mail** to: 6457 S. Xenon St., 80127; e-mail: chapelspiritawar@aol.com.

• CONNECTICUT •

CONNECTICUT STATE SPIRITUALIST ASSOCIATION • Pres., Rev. Lynn Gaffin, 70 Dell Ave., B5, New London, 06320-3346; Rev. Lynn Gaffin; e-mail: slynn@aol.com.

NEW LONDON - New London Spiritualist Church • 11 Freedom Way, Unit D6, Niantic, CT; (860) 701-1355; e-mail: nlspiritualist@ sbcglobal.net; website: nlspiritualist.net; Mailing Address: Pres. Lynn Gaffin, 70 Dell Ave. #B5, New London, CT 06320; Sun. Serv. 10:30 a.m., Medium's Days last Sat. of month, 1-4 p.m.; Pres., Rev. Lynn Gaffin, 70 Dell Ave., #B5, 06320; e-mail: slynnh@aol.com; Secy., Suzanne Foulkes, 14 Birch St., Waterford, 06385; e-mail: srfoulkes@softhome.net; website: www.nlspiritualist.com.

NEWINGTON - The Church of The Infinite Spirit • Masonic Temple, 80 Walsh Ave., 06111; Sun. Serv. 10:30 – 12:00 the second and fourth Sundays during Sept., Oct., Nov., Jan., Feb., March and June. Open the first and third Sundays in Dec., and the second, third and fourth Sundays in April, and the second and fourth Sundays in May. Closed July & Aug.; Pastor, Allen Noddin, 174 Daley St., Forestville, 06010; Pres., Michael David Taylor, 42 Randal Ave., West Hatford, 06110, (860) 561-1236; e-mail: SHAKTIFKEX@aol.com; Contact Michael David Taylor at (860) 561-1236 for further information.

NIANTIC - Ladies Aid Society Camp at Pine Grove • June 16 - Sept. 11. Services, Sundays at 2:30, Tue., Thur., Sat. 7:30. For a program listing all Summer activities write to: Acting Secy., Susan Ferency, 12 Butlertown Rd., Waterford, 06385.

NORWICH - National Spiritualist Church of Norwich, Inc. • 29 Park St. (off Main St.), 06360, (860) 886-8522; Sunday Serv. 10:30 a.m.; Pres., Rev. Jacquelyn W. Randall, (860) 887-0068; Secy., Tiffany-Michelle White; e-mail: NSCNORWICH@yahoo.com; website: www.NSCNORWICH.com.

OLD GREENWICH - Albertson Memorial Church Of Spiritualism • 293 Sound Beach Ave., 06870; (203) 637-4615; Sun. Serv. 11:00 a.m., all welcome.

WILLIMANTIC - The First Spiritualist Church of Willimantic • 268 High St., 06226, (860) 423-5774; Sun. Serv. 10:30 a.m. Sept. thru May; service twice a month June thru August. For more information, please call the church; Pastor, Joyce Orcutt, 14 Harbourt Dr., Winchester, NH 03740, (860) 742-7846.

• DISTRICT OF COLUMBIA •

WASHINGTON - The Church of Two Worlds, NSAC • 3038 Q St., NW, 20007-3080; Phone (202) 333-5114; Sun., Healing 2:00 p.m., Serv. 2:30 p.m.; Unfoldment & Abundance Class Wed. 7:30 p.m.; Pres., Michael Gallion, LM, (202) 237-7659; Sec/Treas James A. Longmore (301) 739-8227.

• FLORIDA •

ORLANDO - Spiritualist Church of Awareness, NSAC • 3210 N. Chickasaw Trail (mail to P.O. Box 4010, Winter Park, FL 32792), (407) 678-3688; Sun. Serv. 10:30 a.m.; Wed. Serv. 7:30 p.m.; Healing, Sermon, Messages at all services; Sun. Children Lyceum; Pastors, Rev. E. Ann Otzelberger, NST, (407) 826-0807 and Rev. Jean Kerr Lerch, NST, (407) 719-9790; Pres./Asst. Pastor, Rev. Elaine Hager, NST; Secy., Stacy K. Davis, (407) 658-7624; Spiritualistchurchofawareness.org.

• ILLINOIS •

ILLINOIS STATE SPIRITUALIST ASSOCIATION OF CHURCHES • Peggy Bunch Cawley, 16450 Patricia Ave., Tinley Park, 60477, (708) 633-0196; e-mail peggybunch@comcast.net.

BURNHAM - Puritan Spiritualist Church, NSAC • 13906 Greenbay Ave., 60633-1614, (708) 868-6080; Sun. Serv. 2:30 p.m.; Asst. Pastor, Ruby Brya (815) 304-5162; Secy., Sandy Kilmek, 531 Pottawattonie Trail, Porter, IN 46304-1837, (219) 926-6884.

CHERRY VALLEY - Cherry Valley Spiritualist Camp, Inc. • 8002 Service Rd., 61016, (815) 332-5359; Camp Season: June 1 thru Sept. 30; Serv., 10:30 to 11:00 Healing Meditation, 11:00 to 12:30 Church Service, Pot Luck follows; Pres., Ken Boesen (815) 626-5716; Secy., Marian Boesen, NST; e-mail: cherryvalleysc@verizon.net.

CHERRY VALLEY - Christabelle Spiritualist Church • 8002 Service Rd., 61016, (815) 332-5359; Healing Serv. 10:30 a.m., Worship Service 11:00 a.m. every Sunday, Oct. thru May at Cherry Valley Spiritualist Camp; Pastor, Rev. Marian Boesen, (815) 626-5716; Pres. Kenneth Boesen, (815) 626-5716; Secy., Martha Witt, 1204 Game Farm Rd., Yorkville, 60560, (630) 553-2517.

CHICAGO - The Church of The Spirit • 2651 N. Central Park Ave., 60647-1101, (773) 489-5422; Chicago's Oldest Spiritualist Church; Sunday Family Worship: Healing, 10:00 a.m., Worship Serv., 10:30 a.m.; All Message Serv., 1st Wed., 7:00 p.m.; Call for current Development and Educational class schedule.; Pastor, Rev. Marrice Coverson; Secy., Dr. Alan Tenczar.

CHICAGO - Spiritualist Church of Truth • 6343 West Cuyler (1/2 block north of Irving Pk.) 60634; Serv. 2:45 p.m., Healing, Lecture, Messages every Sun.; Pastor & Pres., Rev. Florence Heyward; Sec., Judith Galar, 4050 N. Oriole Ave., Norridge, 60706-1117, (708) 452-8754.

CHICAGO - Tucker Smith Washington Spiritualist Temple • 6146 S. Ashland Ave., 60636, (312) 436-0366.

LE ROY - J. T. & E. J. Crumbaugh Spiritualist Church • 102 S. Pearl St., P.O. Box 174, 61752-0174); (309) 962-9076; Sundays-Adult Lyceum 11:00 a.m., Service 12:00 p.m.; Pastor, Rev. Bob Bianchi, NST; Pres., Charles Williams; Secy., Sharon Bianchi, (317) 945-8437. website: www.crumbaughchurch.org; e-mail: reverendbob@direct2spirit.com.

• INDIANA •

GARY - First Spiritualist Church, Inc., NSAC • 2430 W. 11th Ave.; Serv. Sun. 3:00 p.m.; Pastor & Pres., Rev. Jesse James, Jr., 1301 Pennsylvania St., 46407; Secy., Erma Russell, 2233 Vermont St., 46407; Unfoldment Classes 1st & 2nd Sat. of each month, 1:00 to 4:00 p.m., Lyceum Sun. 3:00 p.m.

INDIANA STATE ASSOCIATION OF SPIRITUAL SCIENCE
Pres., Rev. John Kampf, 4322 N. 500 E., Rolling Prarie, IN 46371; (219) 778-8332; kampf4322@comcast.net. Secy., Joy Marsh, 7122 National Blvd., Michigan City, IN (219) 879-0292. Treas., Lynne Haman, P.O. Box 154, Harbert, MI 49115-0154; (269) 469-0791; lynhaman@comcast.net.

INDIANAPOLIS - The Spiritualist Church of Indianapolis • Sun. Serv. 6:30–8:00 p.m. Services are being held at: All My Relations, 1008 Main St., Speedway, Indiana 46224. Reading Day is First Saturday of the Month from 1–4:00. Call Pastor Bonnie J. Darby, phone 317-373-1746, for more information. Mail all correspondence to: P.O. Box 39419, 46236.

INDIANAPOLIS - New Dawn Spirit of Light Church, Inc., NSAC • 3637 W. 10th St., 46222; Sun. Serv: Healing 11:00 a.m., Worship and Message

Serv. 11:30 a.m.; 5th Sunday Month, All Message Service, carry-in dinner; Wed. Meditation and Development Class 7 p.m.; Spirit Readings 1st Sat. Month 12:30 & 4:30; Pastor, Rev. Mildred Schlagel, (317) 291-0799; Secy., Marilyn Smith (317) 291-9550; Church phone (317) 937-6292; website: www.newdawnchurch.org.

MICHIGAN CITY - Spiritual Science Church, NSAC, Inc. • 314 W. Coolspring Ave., 46360; Sun. Serv. 10:30 a.m.; Pastor, John Kampf, (574) 298-5080; All corresp., Spiritual Science Church, 1506 Farrand, LaPorte, 46350.

• IOWA •

CLINTON - Mississippi Valley Spiritualist Assoc. Camp • 2140 Jersey Ridge Rd., Davenport, 52803; Secy., Holly K. Chase, (563) 650-1188; 2007 Camp Season 7-7-07 thru 8-17-07.

CLINTON - Sunflower Spiritualist Church • 10 Mt. Pleasant Park; Mail to: P.O. Box 6, 52733-0006; Sun. Serv. at 10:00 a.m.

DAVENPORT - Spiritualist Harmony Church • 1429 W. Seventh St., 52802-1212, (563) 324-9659; Sun. Healing Serv. 1:30 p.m.; Worship & Message Serv. 2:00 p.m.; Secy./Treas., Rev. William Buchholz, (563) 326-3201.

• MAINE •

MAINE STATE SPIRITUALIST ASSOCIATION OF CHURCHES • Pres., Graham Connolly, 66 Martin Heights, Raymond, 04071, (207) 655-6673; Secy., Betty Simpson, 715 Newburgh Rd., Hermon, 04401, (207) 848-2273; Treas., Janice Nelson, 46 Homestead Rd., Washington, 04574-3620, (207) 845-2885. Please visit our website, http://www.mainespiritualism.org.

AUGUSTA - Augusta Spiritualist Church • Corner of Perham & Court Sts.; P.O. Box 2492, 04338; (207) 622-8980; Sun. Serv. 10:30 a.m.; Thurs. Awareness Class 7:00 p.m.; Pres., Earl L. Wallace; Co-Pastors, Rev. Earl L. Wallace and Rev. Kay Hawkins; Secy., Rev. Pat Wallace; Pres., Richard Woodworth, (207) 783-1188, 8 Sheldon Place, Lewiston 04240.

BANGOR - The Harrison D. Barrett Memorial Church • 514 Broadway, beside Coldwell Banker Realty, Sun. Serv. 10:00 a.m.; Secy., Betty Simpson, 715 Newburgh Rd., Hermon, 04401, (207) 848-2273, email address betty.simpson@maine.gov; Gallery Readings are held the second Friday of every month at 7:00 p.m., Medium's Day is held the second Saturday of every month. Please call the secy. for more information, other contact number for the church is Kathy Goodness, VP, at 989-7266. Please visit our website, http://www.hdbspiritualistchurch.org.

CANTON - Pinpoint of Light Spiritualist Camp • Mail address: PO Box 69, Paris ME 04271; President Laurie Xanthos (207) 562-7555.

CANTON - Pinpoint of Light Spiritualist Center • Mail Address: PO Box 69, Paris ME 04271; Sun. Serv. 11:00 a.m. - 12:30 p.m., followed by a potluck lunch; Classes Thursday 7:30 - 9:00 p.m; Pres., Laurie Xanthos; For more information, call (207) 562-7555.

MADISON - Madison Spiritualist Camp • Located at Historic Lakewood Village, Rt. 201, six miles north of Skowhegan. Camp season runs July & August; Camp (207) 474-0124. Off season, contact Pres., Sue Jalbert, CH at (207) 655-6673 or Secy., Betty Simpson at (207) 848-2273; For program information and events, visit our website at www.madisoncamp.org.

NORTHPORT - Temple Heights Spiritual Camp Assoc. • Shore Road with Penobscot Bay view. Pres. Ernie Van Den Bossche. Camp runs mid-May-Labor Day w/different medium each week offering private readings by appt. Church services Sun. @ 2:30 & Thur. @ 7:30 PM. Message Circles @ 7:30 PM Wed & Sat. Workshop Sat. morning, Seance Tues. @ 7:30 PM, Social Enlightenment Fri. @ 7:30 PM, "How Do Mediums Do That" class Sun. @ 12:30 PM. Lodging available. During Camp Season Ph: (207) 338-3029 / Off-season contact Sec. Tamara Jetton, 21 Old Windsor Rd., South China, ME 04358 or Email thsc@mainespiritualism.org Website: www.templeheightscamp.org.

NORTHPORT - Temple Heights Spiritualist Church • Shore Road, Northport; Services 2:30 p.m. Sundays at Temple Heights Spiritual Camp from May to October and at Excelsior Lodge on the corner of Shore Rd. and Cove Rd. Northport, from Nov. 1 to April 30; Pres, Janice Nelson (207) 845-2885; Sec/Treas., Jean Bower, 159 Northport Ave., Belfast 04915-6003 - (207) 338-1355.

PORTLAND AREA - Portland Spiritualist Church • 719 Main St., (Unitarian Universalist Church), Westbrook; Mailing Address: P.O. Box 6551 PTS, 04102; Sun. Serv. 6:30 p.m.; Fri. Class 7:30 p.m.; Pres., Rev. Graham Connolly, (207) 655-6673; e-mail: pschurch@maine.rr.com; website: www.portlandspiritualistchurch.org.

SCARBOROUGH - Inner Light Spiritualist Church • Gov. King Masonic Lodge, Rt. 1; Sun. Healing 10:00 a.m.; Service 10:30 a.m. to 12:00; Rev. Gloria Nye, (207) 786-4401; http://www.innerlight-church.org.

• MASSACHUSETTS •

ONSET - On-I-Set Wigwam Co-Workers Spiritualist Camp • Season opens June 9th till Labor Day weekend; Camp phone (860) 439-1395; Sun. Serv. 10:30 a.m. - 12:00 p.m., followed by fellowship; Spiritual Unfoldment Classes Tues. even. 6:00 p.m.-8:00 p.m.; Wed. Open Class 6 p.m. & Serv. 7:30 p.m.; Mediums Day's - Message Circles - Workshops/ Seminars scheduled; Prior to season call or write for a full program: P.O. Box 1556, 02558.

REHOBOTH - First Spiritualist Church of Brockton, Inc., NSAC • Services held at 10:00 a.m. every Sunday at the Anawan Grange Bldg., junction Rts. 44 & 118; Mailing address: P.O. Box 145, 02769, e-mail: firstspiritualistchurch.com. For more information contact Secretary, Sally Kubitschek, (508) 226-6580.

SALEM - First Spiritualist Church of Salem • 34 Warren St., 01970; Sun. Early Serv. 5:30-6:00 p.m.; Lunch break 6:00-6:30 p.m., Healing & Evening Serv. 6:30-8:00 p.m.; Telephone for weather cancellations, (978) 745-2098; Church season is Sun. after Labor Day - June; Pres., Bradley Gosselin, 147 Sylvan St., Danvers, 01923 - (978) 774-1571, e-mail: BGoss92409@aol.com; Secy., Nancy L. Karolides, 144 Boston St., Middleton, 01949, (978) 774-4048.

SPRINGFIELD - The First Spiritualist Church of Springfield, Inc. • 33-37 Bliss St., 01105, (413) 732-1234; Worship Serv., Sun. after Labor Day until last Sun. in June at 10:30 a.m.; Development classes upon sign-up; Info on web site: springfield.spiritualistchurch.net; Pastor, Rev. John Sullivan, Box 392, Worthington, 01098 - (413) 238-5344, e-mail: sully1942@hughes.net; Sec. Denise St Pierre, e-mail: denise1957@hughes.net.

• MICHIGAN •

MICHIGAN STATE SPIRITUALIST ASSOC. OF CHURCHES • Pres., Marcia Hyatt, 4161 Buckingham, Detroit, 48224-3538; Secy., Rev. Marguerite I. Gutt, NST, 813 E. Evelyn, Hazel Park, 48030-3106, (248) 548-2240.

CHARLEVOIX - The Golden Rule Spiritualist Church • 07444 Old US 31 North, 49720-9422; Sun. Serv. 10:30 a.m., except during July and August because our "camp" operates in the same location. Located halfway between Petroskey and Charlevoix. Turn on Murray Road and immediately turn right on Old 31 N - go 8 tenths of a mile on the left; website: www.nlmsc.org; Contact Person: Susan Hoshield, Secy., 8688 Cedar Creek, Petroskey, 49770, (231) 247-9417; e-mail: shosh@youraccordion.com.

CHARLEVOIX - Northern Lake Michigan Spiritualist Camp • Please see Golden Rule Spiritualist Church listing for contact information, driving directions, or website www.nlmsc.org: Open July and August for Sunday services at 10:30 a.m. and Wednesday services at 7:30 p.m.; Potluck follows Sunday service and bonfire with snacks follows Wednesday service; Classes, circles and readings/private consultations available.

FERNDALE - First Spiritualist Temple of Detroit • 2724 Goodrich, 48220; Sat. Serv. 7:00 p.m.; Secy., Dianne Smith.

LESLIE - Flower Memorial Spiritualist Church • 430 Bellevue St., 49251; Serv. 10:45 a.m. Sundays; Contact Jackie North, e-mail J91943@ALLDIAL.NET or (517) 796-2858.

ROYAL OAK - First Spiritual Temple • 3224 Greenfield Rd. (1 1/2 blocks So. of 13 Mile), 48073-6534; Sun. Serv. 10:00 a.m. & 7:00 p.m.; Pastor, Rev. Marguerite Gutt, NST, (248) 548-2240.

SOUTH BRANCH - Chain Lake Spiritualist Camp Association • 8000 W. Chain Lake Rd., 48761-0089; Sun. Serv. 11:00 a.m., June, July, August; Annual Retreat July; Lyceum Dir., Dawn Hyatt; Pres., Wendall Weichner, 8004 W. Chain Lake Rd., 48761; Mailing Address: Dianne Smith, 631 Spencer, Ferndale, 48220.

• MINNESOTA •

ROCHESTER - Third Spirit of Life Spiritualist Church • Meeting place: 1500 First Ave. NE, Ste. 112; Services Mon. 7:00 p.m.; Pastors, Rev. Joyce E. Young, NST, and Rev. John E. Young, NST; Secy., (507) 775-6358; Mailing address, P.O. Box 7312, 55903.

ST. PAUL - Spiritual Science Spiritualist Church • Conference Rm. - 411 Main St., Labor Union Hall; Sun. Morning Serv. only, 10:00 a.m.; Pres./Speaker, Joan LeDuc, 2169 Scheffer Ave., 55116-1255, (651) 699-4858; Secy., Gerald Kemling; Church phone (651) 225-4609.

• MISSOURI •

ST. LOUIS - Fifth Spiritualist Church of St. Louis • 6026 S. Kingshighway Blvd., 63109-3558; Sun. Serv. 10:30 a.m.; Healing, Meditation & All Message Service, 1st Wed. of the month at 7:00 p.m.; Pastor, Paula Homan, 3297 Hawthorne Blvd., Alton, IL 62002 - cell: (618) 799-8866; Pres., Carl Davis, 4451 Catherine Place, 63115 - (314) 383-5954.

• NEBRASKA •

OMAHA - Spiritual Science & Philosophy Church, NSAC • 321 Hascall St., 68108-2121; Sun. Serv. 11:00 a.m.; Sunday Philosophy Class Noon when scheduled; Pastor & Secy., Alace Jayne Fanslau, 321 Hascall St., 68108-2121, (402) 345-0101.

• NEVADA •

LAS VEGAS - Spiritualist Desert Church • 3355 W. Spring Mountain Rd., #19, 89102, (702) 876-8783, website: http://communitylink.reviewjournal.com/lvrj/sdclv; Service times: Sun. 11:00 a.m., Sunday evening 6:30 p.m., Thurs. 6:30 p.m., Healing Meditation, with a Spiritualist development class following the service, every one welcome. Vicky Homann, Pastor, e-mail: spiritualistdesertchurch@yahoo.com.

RENO - Spiritualist High Desert Church • Meeting place: Larry D. Johnson Community Center, 1200 12th St., Sparks, 89431. Sunday 11:00 a.m. Healing, Meditation and Message Service. Pres., Dena Collins, (775) 323-1114, e-mail: denacinlv@yahoo.com; website: www.spiritualisthighdesertchurchreno.com; Mailing address: Secy. Rev. Lisa Butler, 3415 Socrates Dr., Reno, NV 89512.

• NEW HAMPSHIRE •

SALEM - The Church of Spiritual Life, Inc. • Masonic Hall on Main St., Rte. 97; Mailing address: P.O. Box 144, 03079; Sunday Service 10:30 a.m.; Wed. classes 7:15 p.m.; Call Dwight Broadstone, (609) 783-4456; website:

http:www.nhspiritualist.com.

• NEW JERSEY •

WESTVILLE - Church of Eternal Life • 243 W. Olive & Folsom Sts., 08093; Sun Healing, Worship & Message Service 11:00 a.m. Call (856) 456-2196 for cancellations. Pres Rev Dr John Bassett Jr., PhD, 320 Savannah Rd, Essex, MD 21221 (410) 391-3656. Sec Kathleen M. Pallack 430 S. Broadway, Gloucester, MD 08030 (856) 456-3401. Website: NJCOEL.org.

WENONAH - Stow Memorial Foundation • Muriel De Young, 305 Carnegie Ave., Wenonah.

• NEW YORK •

EAST AURORA - First Spiritualist Temple • 29 Temple Pl., P.O. Box 465, 14052, (716) 652-5018, www.eastauroraspiritualism.com; Sun. Healing Service 10:30 a.m.; Lecture and Message Service 11:00 a.m.; Social Hour 12:15 p.m.; Dinner Day 3rd Sun. of month; Secy., Jeanne Phoenix Laurel, (716) 286-8628 or (716) 876-4805.

LILY DALE - Lily Dale Assembly • 5 Melrose Park, 14752, (716) 595-8721, Fax (716) 595-2442; Office Hours, Sept.-June, M-F, 10 a.m.-2 p.m; June-Aug, M-F, 9 a.m.-4p.m., Sat. 9 a.m.-12 Noon, closed Sunday; Camp Season: Last Friday in June to day before Labor Day; contact Lynne Forget, Secretary; website: www.lilydaleassembly.com; e-mail: lilydale@netsync.net.

LILY DALE - Lily Dale Spiritualist Church • East St. P.O. Box 1128, 14752-1128, (716) 595-3971; Sun. Serv. 10:00 a.m.; Healing & Message Serv. each Wed. 7:30 p.m.; Pres., Rev. Sharon Snowman; Sec. Darleen Storm (716) 595-2083; website: http://www.lilydalespiritualistchurch.com

LONG ISLAND - A Sanctuary of Infinite Spirit, Inc., NSAC • Healing & Worship Service, Sun. 11:00 a.m. at the Smithtown Masonic Lodge, 34 River Rd. (Nisequogue River Rd.), Smithtown; Pastor, Rev. Patricia Anne Duffield, NST, (631) 588-5869; Mailing address: 10 Ackerly Lane, Lake Ronkonkoma, 11779; e-mail: kenpatduff@hotmail.com.

LONG ISLAND - New Horizons Spiritualist Church, NSAC • Sun. Service 10:00 a.m., 1585 Round Swamp Rd (Homewood Suites), Plainview, NY. F. Werbeck, Sec. 43 Grand Ave, Lynbrook, NY 11563 (516) 593-7213. Rev. N Lloyd, NST - Pastor, 10 Muncy Ave Apt #301, West Babylon, NY 11704 (631) 669-3226. Email Nlloyd@suffolk.lib.ny.us.

LONG ISLAND - Summerland Church of Light, NSAC • Healing and Worship Service: Sunday 10:00 a.m. Service held at 120 Plant Ave., Hauppauge; Mailing Address: P.O. Box 5209, Hauppauge, 11788-5209, (631) 476-2076; Pastor, Rev. Richard P. Schoeller, NST, (631) 470-0221; website: www.SummerlandChurchofLight.com.

LONG ISLAND - Temple of Metaphysical Science, NSAC • So. Ocean Ave. & Baker St., Patchogue, 11772; Sun. Serv.: Healing and Worship 11:00 a.m.; Pastor, Rev. Hugo Ruiz, NST; Mailing address: P.O. Box 3400, Patchogue, 11772, 800-316-1231; website: http://www.TMS-Li.org.

ROCHESTER - Plymouth Spiritualist Church • 29 Vick Park A, 14607; (585) 271-1470; Voicemail (585) 234-2362; Sunday Devotional Services: 10:30 a.m. - 12 noon; Third Wednesdays All Message Service with Spiritual Healing 7-9 p.m.; e-mail & website: Plymouthspiritualistchurch.org (check our website for up-to-date circle and development class information; Pastor, Robin Higgins; President, Joanne Antinore; Secretary, Valerie Grosche, Valerie.Grosche@xerox.com.

• OHIO •

ASHLEY - Ashley Spiritualist Camp Association • 6 Wooley Park Drive, 43003; Mail to: Selina Duffey, Secy., P.O. Box 277, 43003-0277; For additional information contact: Steven Duffey, (740) 747-2212.

ASHLEY - First Spiritualist Church of Linden • 6 Wooley Park Drive, 43003; Mail to: Chrys Rice, Secy., P.O. Box 648, 43003-0648; Sun. Serv. 7:00 p.m.; For additional information, please contact: Treas., Steven Duffey, (740) 747-2212.

ASHLEY - Spiritualist Church of Spirit Revelation • Mail to: P.O. Box 253, 43003-0253; Wed. Serv., 7:00 p.m.; For additional information, please contact: Secy., Judy A. Pearsell, (740) 747-2688, e-mail: JJPearsell@hotmail.com.

DAYTON - Spiritual Life Center, NSAC • 611 Watervliet Ave., 45420-2544, (937) 878-1165; Pastor, Rev. Raymond Moschke, e-mail: RMoschke@aol.com.

• OKLAHOMA •

OKLAHOMA CITY - Central Spiritualist Church • 2348 N.W. 36th St., Sun. Serv. 2:30 p.m.; Lyceum Sun. 1:00 p.m.; Pastor, Juanita Oyer; Pres., Charlotte Griffin, 1331 Lafayette; Secy., Juanita R. Oyer, 6216 S.E. 10th St., 73110, (405) 732-7975.

• PENNSYLVANIA •

ALLENTOWN - Getter Memorial Church, NSAC • 1123 Oak, 18102; e-mail: getter@entermail.net; Lyceum 9:30 a.m. with Sun. Service to follow at 10:00 a.m. including healing and message work; Pastor, Rev. Ludwig Zernicek, NST; e-mail: rev_lance@entermail.net, phone (610) 770-7560; Pres., Sharon George-Politz, C.M., (610) 434-3454; Secy., Susan Zernicek, e-mail: getter_sec@entermail.net. or phone (610) 770-7560.

McKEESPORT - First Spiritualist Church • 809 Locust St., 15132, (412) 672-1272; Sun. Serv. 10:30 a.m. Healing/Meditation, 11:00 a.m. Lecture and Messages; Tues. Mediumship Dev. Class; Church Social 2nd Friday each month; Minister, Carol O. Perella, L.M.; Pres., Gary Miller, (412) 901-3320, e-mail: gmsprt@comcast.net; Secy./Treas., Jeanne Turchek, (412) 414-7812; e-mail: angelgide@juno.com; website www.firstspiritualist.org.

PHILADELPHIA - Second Spiritualist Church • 423 S. Broad St., 19147, (215) 735-9630; Lyceum Sun. 4:30 p.m.; Healing and Worship Service 5:30 p.m.; Wed. all message, 7:45 p.m.; Pastor, John E. Faison, Sr.; Co-Pastor, Betty Hutt; Secy., Gladys M. Faison, 2118 N. Natrona St., 19121, (215) 232-9219.

• TEXAS •

AUSTIN - First Spiritualist Church of Austin • 4200 Ave "D" - Austin, TX 78751, (512) 458-3987; Devotional, healing & message service every Sunday at 10:00 a.m.; Pres., Wanda Garcia; Corr. Secy., Wanda Garcia.

HOUSTON - First Church Of Divine Science, NSAC • 2115 Turner Dr., 77093; Mailing Addr.: P.O. Box 11088, 77293-1088; Pres., Rev. Jovita Jessup; Rev. Marie W. Smith; Secy., Liana V. Liles; Sun. Serv. 10:30 a.m.; Wed. Service: 7:30 p.m. Open healing, meditation, & messages from Spirit; Fri. Spiritual Development 8:00 p.m.; Sat. Spiritual Development 10:00 a.m.; Private Spiritualist readings by appt., (713) 695-2550; e-mail: lileshouston@aol.com; website: www.houstonspiritualists.org.

SAN ANTONIO - Louise Scholtz Memorial Chapel, NSAC • 1627 PanAm Expwy. North, 78208-1143, (210) 225-2354; Sun. Serv. 10:30 a.m. to 11:30 a.m.; Co-Pastors, Hector Caldera and Alex Sifuentes.

• VIRGINIA •

FALLS CHURCH - Center for Spiritual Enlightenment, NSAC • 222 N. Washington Street; Mailing Address: CSE (NSAC), P.O. Box 6535, 22040-6535; (703) 645-8060; website: www.TheCSE.org; e-mail: thecse@TheCSE.org; Year-round Serv.; Healing Serv. each Sun. 10:00 a.m., followed by Devotional Serv. at 10:30 a.m.; Children's Lyceum 10:00 a.m., Sept. through June; Shelly Wooldridge, Lyceum Director; Judy Griesse, Debbie Shoop, Lyceum Co-Directors; Pastor, Rev. B. Anne Gehman; Asst. Pastor, Rev. Patricia A. Stranahan; Pres., Rita O'Connor; Secy., Awilda Abaza, 2301 N. Street NW #606, Washington, DC 20037 / (202) 775-1907, e-mail: agabaza@earthlink.net; Exec. Coordinator, Sherry Truhlar, 1670 Fitzgerald Lane, Alexandria, 22302, (703) 577-7807.

NORFOLK - The Memorial Spiritualist Church, NSAC • 307 W. 37th St., 23508-3207, (757) 622-5070; website http://www.memorialspiritualistchurch.com; Service held on Sundays at 11:00 a.m. and 7:30 p.m.; Wed. at 7:30 p.m.; Healing available at 7:00 p.m. Sun. and Wed.; Pres., Jim Watson; Secy., Ann Marie Croteau; Lyceum Director, Rev. Kathleen Cribb.

• WASHINGTON •

MILTON - Edgewood - Church of Divine Grace, NSAC • Services held Sun @ 2:30 P.M., Unity Church of Christianity, 2908 Meridian E #101, Edgewood, WA 98371. Student minister Atira Hatton, Pres Bernie Allers (253) 833-4250 11113 SE 323rd St, Auburn, WA 98092. Sec Robin Maylor (253) 565-4190. Email DivinegraceNSAC@comcast.com to Karen Wennerlind.

MILTON - Camp Edgewood, NSAC • 1228 26th Ave Ct, Milton, WA 98354 Ph: (253) 927-2050 / Fax (253) 927-7531. Pres. David Chapman, Sec. Denice Chapman - Email: campedgewood@qwestoffice.net. Please visit our website for information on year-round Development and Educational Classes. http://campedgewood.nsac-churches.org.

MILTON - Church of Spiritual Unity, NSAC • Held @ Camp Edgewood NSAC - 1228 26th Ave Ct. Church Service Sun @ 2:00 PM Sep-May. Mailing address c/o Pres. Colleen Mohler, 1210 26th Ave Ct 98354, Ph: (253) 927-2365. Pastor Rev. LaVerne Pemberton Ph: (253) 833-9279. Sec. Jennifer Currier (253) 927-7081, Email cynthia92969@yahoo.com.

MILTON - Church of Spiritual Truth, NSAC • Sun. Serv. 11:00 a.m. at 1228 26th Ave. Ct., Milton, WA Center. Student Pastor Denice (Dee) L. Chapman; Mailing address PO Box 1856 Milton, WA 98354.

• WEST VIRGINIA •

CHARLES TOWN - Church of Joyous Living, NSAC • 128 Burnlea Rd., 25414; Services Sun. 12:30 p.m.; Tues. Circle at Noon. Office (304) 725-3763, Area Cell (240) 447-8912. Pastor, Rev. Alexis Sharon Rolnick; e-mail: asrolnick@zol.com; website: www.churchofjoyousliving.com.

WHEELING - First Spiritualist Association of Wheeling • (Way Memorial Temple) N. Broadway & Maryland Sts., (304) 233-5065; Sun. Lyceum at 9:30 a.m.; Sun. Healing and Worship Serv. 10:45 a.m.; Tues. Development Circle 7:00 p.m. with Alan Zerla; Wed. Healing 6:30 p.m., Wed. Message Serv. 7:30 p.m. with Pam Baker Shaw; Secy., Don Scott (740) 695-9940; e-mail: spirit time@webtv.net; Pres., Sue-Beth Warren (304) 242-6032; e-mail: suebeth warren@comcast.net; Church website: http://www.waymemorialtemple.org.

• WISCONSIN •

WEST ALLIS - First Spiritualist Church of West Allis • 6228 W. Washington St., 53214, (414) 778-0088; Sun. Serv. & Healing at 10:30 a.m.; Pres., Heather Michaels; website: www.myspace.com\fscwa.

WONEWOC - Western Wisconsin Camp Association, Inc. NSAC, (Wonewoc Spiritualist Camp) • 304 Hill St., 53968-0187, (608) 464-7770; Open June-August; Camp website: http://www.campwonewoc.com.

• CANADA •

Britten Memorial Church of Canada • 657 Lansdowne Ave., Toronto, Ontario, M6H 3Y2.

The First Spiritual Church of Montreal • 2186 St. Catherine St. West, Montreal, Quebec, H3H 1M7; English Serv. - Sun. 2:00 p.m. & Wed. 7:30

DIRECTORY OF CHURCHES, *(Continued from previous page.)*

p.m.; French Serv. - Sun. 4:30 pm., 2nd & 4th Wed. 7:30 p.m; Rev. Mary Amato, Minister, (514) 365-0661.

The First Spiritualist Church of Galt • 72 Grand Ave. North, Cambridge, Ontario, N1S 2K9, (519) 622-7177; Pastor, Rev. Karen Charles; Pastor, Rev. Ed Kenning (retired); Sun. Serv. 11:00 a.m. (includes Healing and Scheduled Mediums). Meditation, healing, education and Message circle, 1st & 3rd Wed. 7:00 p.m. Development & Healing Classes available. Call (519) 622-7177 for updates.

Spiritual Science Fellowship • Office: 1974 de Maisonneuve W., Montreal, QC H3H 1K5, (514) 937-8359, Fax (514) 937-5380; Location: Days Inn, 1005 Guy St., Montreal; Sun. Serv. 7:30 p.m.; Mid-Week Serv. Thurs. 7:30 p.m.; Classes, Workshops, Teas, Meditation, Conferences, Discussion Groups, Spiritual Healing, Message Circles, Visiting Mediums; Pres./Pastor, Rev. Dr. Marilyn Rossner; web site www.iiihs.org; e-mail mrossner@111hs.org.

Spiritualist Church of Canada • 83 Ottawa Street North, Hamilton, Ontario, L8H 3Y9; Pres., Rev. James Kinnear; website: www.spiritualistchurchofcanada.com.

Springdale Church, Toronto • 30 Merritt Rd., Toronto, Ontario M4B 3K5; Sun. Serv. 3:00 p.m. Spiritual Healing & Messages, 7:00 p.m. Address and Spirit Messages; Thurs. 7:00 p.m. Spiritual Healing, Messages and Open Development Circle; Development Classes; Pastor, Rev. Doreen Bauld, (416) 759-3958.

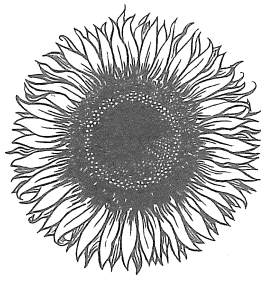
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SPIRITUAL HEALING

– Prayer for Spiritual Healing –

I ask the great Unseen Healing Force to remove all obstructions from my mind and body and to restore me to perfect health.
I ask this in all sincerity and honesty and I will do my part.
I ask this great Unseen Healing Force to help both present and absent ones who are in need of help and to restore them to perfect health.
I put my trust in the love and power of God.

The NSAC Healing Center

serving as a Beacon of Light to bring illumination to those in need.

REV. KATHLEEN L. ROTTINO, NST

Spiritual Healing, recognized in many ancient religions, has always been a part of Spiritualism. Today, evidence is growing in the medical community about the importance of spiritual healing. It is now accepted that the whole person needs treatment, not just the illness.

It is easy to send a request for healing prayers for yourself or another. You can send your request through the NSAC site at www.nsac.org by clicking on *Healing* and filling out a form. You can e-mail k.rottino@snet.net, or call 860-642-7976 or write to me at 109 Capitol Drive, Willimantic, CT. 06226 with the name of the person you want healing prayers for.

The NSAC Healing Center has a Healing Booklet that includes the NSAC Healing Prayer explanation and 87 affirmations to guide an individual into uplifting thoughts (which we know are helpful to the healing process). The Healing Booklet is also a wonderful tool to use when teaching a class about spiritual healing. If you are interested in forming a Healing Prayer Group, please contact me and I will forward information to you on how to get started. While there is no charge for this booklet, any donation that is received will help off-set the printing expenses and postage.

You can make a donation to the Healing Center in memory of someone and a letter can be sent to their family, acknowledging your donation.

We all know the power of prayer. Each day, when saying your prayers, please include the names on the NSAC healing list.

Thank you and Healing Blessings,
Rev. Kathleen L. Rottino, NST

SPIRITUAL HEALING REQUEST

(PLEASE PRINT)

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***Please send Healing Booklet to:**

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Address_____

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***Please send information on "How to form a Spiritual Healing Prayer Group" to:**

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***Please make Love Donation out to the NSAC Healing Center:**

NSAC Healing Center
c/o Rev. Kathleen L. Rottino, NST
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Physician Heal Thyself

THE REV. MARILYN J. AWTRY, Florida



Healing is something that every individual seeks at one time or another during their lifetime. The physical body is subject to many outside agents that are conducive to creating disease. Uncontrolled use of foods and stimulants entering the body can also create disease of the physical as well as the mental well-being of the individual.

Healing has been considered in various religions in various ways. It has also been considered outside of religion and science. Some simply feel prayer is the answer. Others feel it necessary for a specific kind of treatment such as mind over matter, suggestion, or laying on of hands.

Healing has always been a part of the philosophy of Spiritualism. However, it was not until the Rochester Convention in 1909, that definitive statements regarding healing were documented by the National Spiritualist Association. At that time, it was considered *"as a 'gift' exercised by and through the direction and influence of spirit beings for the relief, cure, and healing of both mental and physical diseases of humankind...."* It was understood that these spirit influences worked through the body of the medium (healer). The result would be curative, stimulating and vitalizing fluids, with energy being moved into the diseased parts of the body. It was also understood that the spirit entity may illuminate the brain of the healer, thereby increasing the perception of the cause of the disease. All of this was extended to not only be effective to those present, but could also be transmitted to those at a distance. This became known as *absent healing.*

Once the organization took this position, it became necessary for the NSAC to issue a document of recognition to the healer. Thus, the Spiritual Healer's Commission was enacted. In order to obtain the Commission, the National Spiritualist Association of Churches requires one to complete a course of study, pass a test, and produce a required number of affidavits from those who have been healed through the effort of the particular Healer.

So just how do you define a Healer? The NSAC defines a healer as: "One who, either through one's own inherent powers or through mediumship, is able to impart vital, curative force to pathological conditions." Understanding of terminology becomes a necessity. Inherent power suggests that which is deep-seated within an individual. Pathological means an altered state, a diseased condition. Thus, the healer may assist in revitalizing a diseased part of the body or mind, thus assisting the body to heal itself.

In today's world, more emphasis is placed upon various modalities exercising the use of energy in creating a curative condition. This, in no way, should be looked upon by Spiritualists as competitive methods of healing. All healing comes from the same source, although understood differently by different people and projected in various ways. We readily teach that we should not cast a deaf ear to allopathic (western) medicine. So, why not be open to the awareness of all teachings of the healing of body, mind, and spirit today? We all know that Spirit is the activating force of our being. Spirit is energy. Why not use all that is offered?

What are some of the methods of healing being practiced in our world of today? One prominent method is **Qigong**. The word itself is Chinese and means *life energy*. It is believed that **Qi (chi)** is the animating power that flows through all living things. Could Qi be synonymous with the word Spirit? **Gong** means working with the life energy, or learning how to control the flow and distribution of Qi to improve health and harmony of the body and mind. Simple exercises practiced daily can keep all the various organs of the mind and body in balance.

There are numerous modalities for healing. A sampling of healing modalities are:

- **Reiki** is a clearing of the emotional body.
- **Kinesiology** is accessing the physical, mental and emotional body and locating trapped energy.
- **Shiatsu** is the releasing of pressure to remove blocked energy.
- **Reflexology** is placing pressure on specific places on the hands or feet (aligns with acupuncture meridians) resulting in curative measures.
- **Acupuncture** is a method of balancing the chi, or energy flow of the body; releasing blockages.
- **Yijinjing** focuses on muscle and tendons of the body using body movements as well as color and sound.
- **Matrix Energetics** is a science and art of transformation by subtle energy changes—a focused thought and a gentle touch.

Modalities that are directed, more particularly, to the emotional aspects of humanity include:

- **Emotional Freedom Technique** (EFT) where a series of tapping is done on various areas of the body resulting in healing of the emotions, and in some cases the physical body.
- **Tapas Acupressure Technique** (TAT) works with ending stress and creating a vibrant health and a happy life.

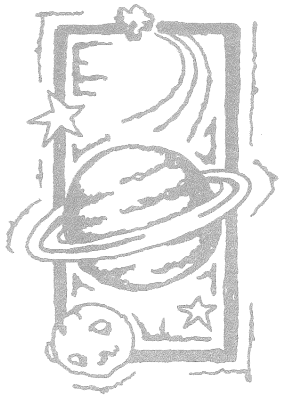
Remember, the practitioner/healer, by whatever name used, is merely a conduit. All healing comes from the source of all energy, term it The Source, Infinite Intelligence or God. •

Cosmonaut Andrew Jackson Davis

THE REV. STEPHANIE FROBESE, NST

The Merriam-Webster dictionary defines a cosmonaut (in Russian kosmonavt) as an astronaut of the Soviet or Russian space program. "Cosmonaut" is an anglification of the Russian word kosmonavt, which in turn derives from the Greek words kosmos, meaning "universe" and nautes, meaning "sailor." In 1929, Merriam-Webster dictionary defined an astronaut as "a person who travels beyond the earth's atmosphere; or a trainee for space flight."

Today folks would say, "Davis couldn't be a cosmonaut. Space travel didn't exist when he lived in the 19th century." In his time many would think, "Perhaps there is life on other planets." During the 20th century it became clear that there was no human life on the other planets. Now science is on a quest to determine if there could have been, or could life be established on another planet. The scientists of the 18th and 19th centuries would be astounded to learn about the knowledge we have today of the composition of the planets in our solar system, and the many possibilities where we still seek to establish life if life could exist.



I, personally, love to keep current on space exploration and what we continue to discover about the vast universe we live in. One of the main quests of science in space is to find other carbon-based life out there in our solar system, our galaxy and/or the universe. John DeSalvo's book, *Andrew Jackson Davis, The First American Prophet and Clairvoyant* (available through the NSAC Book Store) addresses some of the scientific observations that later verified Davis' commentaries. For the purposes of this writing, we are going to explore what life might be like in the spirit worlds of these other planets, for that, I believe, is what Andrew Jackson Davis was observing.

While Davis was the first to so explicitly explore life on the planets in our solar system, he was not the first to develop relationships with entities on these planets. Before the earthly appearance of Davis (1826–1910), Emanuel Swedenborg's (1688–1772) *Spiritual Diary*, written from 1747 to 1765 and translated by George Bush, John H. Smithson and James F. Buss in 1889, describes encounters with entities from other planets. More recently, the noted medium and healer of the 20th century, Edgar Cayce (1877–1945), frequently mentions "sojourns" on other planets and how they have affected the spiritual development of the individuals for whom he read. In the 14,306 readings given by Edgar Cayce, the spirituality and progression of individuals and groups, and their relationship with the greater whole of the Universe, or God, is a constant element.

Swedenborg, Davis and Cayce sailed through the etheric worlds of spirit where they interacted with, viewed or referred to spirit life on other planets. As sailors in space, outside of the atmosphere of the Earth, they sailed in different dimensions than today's scientists accept as containing life. That should give us all something to think about. As Spiritualists we have pretty much accepted the reality of our physical world and the Summerland where we shall continue to learn and grow. The evidence of these three great mediums and teachers would indicate that in the realms of spirit, we, too, can explore our solar system.

The first other dimension in the worlds of spirit Davis told us about was what life is like in the spirit world associated with our planet Earth. (Again, reference is made to Dr. DeSalvo's book, which explores this dimension in detail.) But he also provided much information about life on other planets in our solar system, at a time when science was just beginning to scratch the surface of potential life in these places. In November 1845, Davis began to dictate his great work, *The Principles of Nature, Her Divine Revelations, and a Voice to Mankind.* It took 15 months to compile the entire work which was finally published in 1847. In *The Principles of Nature,* he takes us on an exploration of Saturn, Jupiter, Mars, Venus and Mercury. Although Davis' description of the creation of our solar system is that the planets evolved from the outmost planet to the inner planets, we shall begin our exploration with the closest planet to our Earth, which science is now exploring for "signs of life" and a potential future home for mankind, the planet Mars.

The following excerpt from the Cayce readings explains best the influence of our previous life experiences on our current life. The Cayce readings state that some individuals had many incarnations on Earth as well as on other planets. These are the many stepping stones we must sail upon in our spiritual progression. He also refers to both astrological influences in the present life and astrological influences in past lives on other planets. The difference is qualified as "material influences" in the present life, and as "mental influences" in past sojourns. I have placed "notes" in the context of the reading for clarification.

TEXT OF READING 553-1 M 33
(Life Reading for a Spiritualist May, 1934)

8. So the soul in its activity, if it is known from that environ it has received its training – as in mental impulses

(Continued on next page.)

{NOTE: refers to sojourns on other planets} – or what are the environs through its earthly sojourns, it may be seen or known as to what may be the necessary influences to make for better preparations in the present.

9. That the systems in the earth's environ or earth's orbit are places or conditions or spheres of abode for those particular classified environs of a soul, is not only reasonable but a practical thing – if properly considered.
10. Hence we find some variation as to what has been considered a source of information respecting influences in the affairs of human endeavor.
11. That the soul may have sojourned in an experience in Mercury, Jupiter, Saturn, Uranus, and any of those sister planets of the Sun in this particular environ, makes for a nature in the mental capacities and abilities of a soul. {NOTE: All of our history in any spiritual sphere or other dimension play a part in who we are now.}
12. So that when there is (as has been proclaimed) a bombardment, as it were, of the planetary influence upon any other realm by its proximity of the relative position {NOTE: astrological influences from our birth chart} – or by the influence in the realm of etheronic energies that affect the activity {NOTE: influences and experiences from other sojourns}, these influence the soul-mind much in the manner as an earthly training in any particular division of human or commercial endeavor trains a mind, a body, to meet emergencies in the experience of the body-associations with conditions in the human experience.
13. Hence, we find these as the mental influences in the experience of thine self.
14. By the sojourn in Mercury, there is the influence of a keenness of perception in mental things; adaptable easily to some forms of mathematical problems, and for order or symmetrical activity in association with those in the activities of self; prompt in keeping the appointments to self, to others; slothful in forgiving those who would in any manner WILLFULLY attempt to deceive; especially interested in the minds of the young in their response to the association of things or numbers, as to their development.
15. The associations in Venus make for an affability in its associations in self as related to friendships and the social side of the self; and as at the home in every environ, provided there is not a fuss or turmoil in or among those who are present; hence the home life for the reason of its affability of self, as well as the necessary congenial life by associations of individuals and their minds' reaction.
16. Thy sojourns in Uranus, my brother, make for the mental interest in things that are hidden; and an extremist at times in all of the other influences, so that – though there may be periods of extreme motion from association – the desire for self and to be alone comes as the periods of experience or expression in the mental self; also the interest in occult or mystic influence. And the spiritual life is in the yardstick or standard of the mental self, no matter to what EXTREMES the associates or others may go.
17. THESE, my friend, my brother, are the MENTAL impressions thou has to deal with in this material experience, as well as the record thou hast made. Not that these have been the ONLY environs, but the influence from these is the greater – or thou, in thy will, hast APPLIED self in these directions. For, first the will – and this separates the soul from its Maker. What wilt thou do ABOUT the separation? Make in thine mental self a pattern that thou may return, or wilt thou (as many) build thine own little self into an augmenting of the divine in the gift to the self from the Maker? •

CALENDAR CORNER

What happened in AUGUST throughout the years?

AUGUST 1

NY Courier Paper announces **Judge Edmonds'** first published psychic experience in 1853. The *TNS-Summit* has recently featured interviews with Judge Edmonds.

AUGUST 10

The *Spirit Messenger* was first published in 1850.

AUGUST 11

HAPPY BIRTHDAY to one of our NSAC Trustees, **The Rev. Cosie Allen** who often brings a smile to others' faces with her fun antics.



AUGUST 15

The original cottage at **Hydesville** was built in 1815.

AUGUST 19

HAPPY BIRTHDAY to our NSAC Treasurer, **Peter Berg** who keeps our financial ball rolling!

AUGUST 29

Henry Wright, who became a great orator for the cause of Spiritualism in its earliest days, was born in 1797. •

MEDIA WATCH

BY THE REVS. TOM AND LISA BUTLER, NST

Near-Death Experience Causes Change • The NDE does seem to produce profound and positive personality changes. This is backed up by a thirteen-year study into NDEs led by Dutchman Pim van Lommel and published in the medical journal, *The Lancet.* In their research, the team noted significant differences after the event between people who reported NDEs and those who didn't. "NDErs had become much more empathic and accepting of others since their NDE, than had the non-NDErs. And NDErs had become both more appreciative of the ordinary things of life and much less afraid of death than the non-NDErs."
From: *Herald Sun,* "Crash landing," by Milissa Deitz, www.news.com.au/heraldsun/story/0,21985,23592269-5006012,00.html



Elizabeth Taylor and Mike Todd
Photograph from theoscarsite.com

Elizabeth Taylor's NDE • Actress Elizabeth Taylor has talked about her near-death experience (NDE), and how she has used the experience to help those suffering from AIDS. Interviewed on *Larry King Live*, she said, "I was pronounced dead once and actually saw the light. I find it very hard to talk about because it sounds so corny. It happened in the late 1950s, and I saw Mike (Mike Todd, Taylor's third husband, who was killed in a plane crash.) I'd been gone for about five minutes—they had given me up for dead and put my death notice on the wall."

"I shared this with the people that were in the room next to me. Then after that I told another group of friends, and I thought, 'Wow, this sounds really screwy. I think I'd better keep quiet about this.' For a long time I didn't talk about it, and it's still hard for me to talk about. But I have shared it with people with AIDS because if the moment occurs and you're really sharing, it's real. I am not afraid of death, because I have been there."
From: *Herald Sun,* "Crash landing," by Milissa Deitz, www.news.com.au/heraldsun/story/0,21985,23592269-5006012,00.html

NDE and Mystical Enlightenment • Protestant theologian Judith Cressy points out that, unlike mystics, those who have had near-death experiences are suddenly thrust into spiritual consciousness without any training or preparation and then are returned into a community that does not value their experience. Paul Badham, another theologian, points out that the NDE "shares many of the characteristics of the deepest religious experiences known to humanity" and brings attention to the fact that modern resuscitation techniques have made available to ordinary people mystical enlightenment that formerly was available to people only on rare occasions.
From: *Shift* No 17, "The Mystical Impact of Near-Death Experiences," by Bruce Greyson

Sydney Archbishop Says the Occult is Dangerous • In his Easter message the Anglican Archbishop of Sydney, Dr. Peter Jensen, warned of the occult and expressed particular concerned about people using the supernatural to contact deceased loved ones. "From the biblical and Christian point of view, this universe has within it spiritual forces, many of which are evil or occult and which will be quite keen to open us up... If we're prepared to dabble in occult things, then we will open ourselves up to these evil forces... But there is also something there that is true and spooky and a person who dabbles in that area is doing something very dangerous; dangerous to their own stability and health I think, and dangerous spiritually."
From: *ABC News,* Sydney Archbishop warns against occult forces, by Barney Porter, www.abc.net.au/news/stories/2008/03/22/2196687.htm

Stop Shopping and Prepare for the Afterlife • Dr. Rowan Williams, the archbishop of Canterbury, told worshippers at Canterbury Cathedral in his Easter service to let go of "selfish, controlling, greedy habits" and instead prepare for the afterlife. Telling parishioners that the "comforts and luxuries" being taken for granted could not be sustained forever, and that we live in a culture where thoughts of death are "too painful to manage." The Archbishop went on to say, "Individuals live in anxious and acquisitive ways, seizing what they can to provide a security that is bound to dissolve, because they are going to die... Societies or nations do the same. Whether it is the individual grabbing the things of this world in just the repetitive, frustrating sameness that we have seen to be already in fact the mark of an inner deadness."
From: Inthenews.co.uk, "Archbishop of Canterbury warns against greed for power," www.inthenews.co.uk/news/archbishop-canterbury-warns-against-greed-power-$1214787.htm

(Continued on next page.)

Lack of Religious Belief • A recent survey by the Pew Forum on Religion and Public Life showed that about sixteen percent of American adults have no particular religious belief, including about four percent who identify themselves as atheists or agnostics. A 2007 Pew survey showed twenty percent of adult's ages eighteen to twenty-five have no religious affiliation, almost double the percentage of that in 1986.

From: *The Ledger.* "Despite 'New Atheists,' 82% in U.S. Think There's An Afterlife," by Cary McMullen, www.theledger.com/article/20080323/NEWS/803230424/0/FRONTPAGE

Many Scientists Believe in God • After interviewing 1,646 faculty members at elite research universities and asking thirty-six questions about belief, sociologist Elaine Howard Ecklund of Rice University, found that two-thirds of the scientists questioned believed in God. Thirty-eight percent of natural scientists, those in disciplines like physics, chemistry and biology did not believe in God, while only twenty-one percent of those in the social sciences said they did not.

From: *Canada Free Press,* "Scientists and God; not so incompatible as first thought," By Joshua Hill
http://canadafreepress.com/index.php/article/1853

God Grant • Researchers at the University of Oxford have received £1.9 million grant to investigate why people believe in God. They will try to find out whether belief in a deity is a matter of nature or nurture. They will not attempt to solve the question of whether God exists but will try to find out whether belief in God gave mankind an evolutionary advantage. They will also consider the possibility that faith developed as a byproduct of other human characteristics, such as sociability.

The research will look into other areas, like the conflicts that have been associated with religion and whether they are the result of human nature. The project will also examine whether belief in the afterlife is something that needs to be taught or is a product of natural selection.

From: *Timesonline,* "Why do we believe in God? £2m study prays for answer," by Ruth Gledhill
www.timesonline.co.uk/tol/comment/faith/article3393198.ece

Digital Farewells • A few in the traditional funeral industry are now starting to use the latest technology and internet tools to help the dead and those who grieve their passing. Some funeral mourners who are unable to attend the actual service can now watch it as a streaming video online and visit a tribute page produced by the funeral home. The video also allows family members to later watch a replay of the ceremony giving them a chance to remember things that they may have been numb to on the day of the service.

Poignant memorial videos are increasingly common on sites such as YouTube and MySpace. A new site called Otrib was started last year. Its creator calls it a "Trip Advisor for the afterlife" that helps people create a tribute page for their loved one, plan the logistics of a funeral and connect with others who share their grief.

Another trend that you may hear more about in the future is the idea of a "Green Funeral." These services don't include cremation which produces greenhouse gases, embalming fluids which are toxic pollutants or metal coffins which don't biodegrade. Instead caskets are made from cardboard, wood, recycled newspaper, papier-mâché, wicker and bamboo.

From: *Herald Tribune,* "The funeral industry increasingly goes digital," by Carolyn Johnson and the Baltimoresun.com, "Green if life green afterlife."

Graveyard Inflation • Facing the fastest inflation in eleven years, Chinese consumers are finding that the rising cost of living has reached into the afterlife as well. Buying a graveyard plot has become more expensive than the cost of an apartment. Five of Beijing's major cemeteries charge as much as 30,000 yuan ($4,273) per square meter for a standard plot, compared with an average of 20,000 yuan per square meter for an apartment in the city center.

From: Bloomberg.com, "Cemetery Plot Prices in Beijing Overtake Apartments," by Dune Lawrence, www.bloomberg.com/apps/news?pid=20601080&sid=ahSgBMY_YR9M&refer=asia •

MORRIS PRATT INSTITUTE INFORMATION

The Morris Pratt Institute has added another session for this year.

The added session will be in **Fairfax, Virginia, September 26-29** and **October 24-27, 2008.** The instructor is The Rev. Barbara Starr, NST.

The **Milwaukee, Wisconsin** split-session (2008/2009), taught by The Rev. Cosie Allen, NST, is scheduled for **October 25-31, 2008** with the second half running **April 4-10, 2009** (subject to change).

For further information, please call the MPI office 414-774-2994, or fax 414-774-2964, or email mpratt@execpc.com, **Morris Pratt Institute, 11811 Watertown Plank Road, Milwaukee, WI 53226-3342.** •

Working with the Ego for Transformation

THE REV. AUDREY A. STRANTZ, NST, New York

Most of us believe, at times, we're victims of circumstance, pushed around by fate and forces over which we don't have control. Then, at some point, when we're finally able to convince ourselves that we can exercise control, our ego, now magnified, leads us to believe that we are better than or greater than others.

I am not referring to "ego" as a personality trait, like conceit, but as a myriad of thought forms that have the power to change us spiritually from moment to moment. They are illusions that give us power for awhile. But then, sadly, these give way to other illusions that take over our spirits and cause an involution where we fall into darkness and find ourselves tossed between hopelessness and despair. Fortunately, there is a way out of the darkness and into the light—a way to become masters of ourselves and our circumstances, by the process of shedding our egos and identifying ourselves with God.



Needless to say, this is no easy task because our egos are Legion. They're composed of many different characters who constantly chatter and operate our person. They're called the "I's," and they rule us, many times without our knowledge, because we don't pay attention. We're not thinking about which "I" is doing the talking and the thinking. Letting go of these personal selves or "I's" is difficult because it involves a certain kind of death, the death of the ego. What it comes down to is letting go of the "I's" that hold back our personal progression. The characters that say "I am all important. I am better than you. Your way of life is wrong. My way is better than yours." I think you get the idea. What we have to do is learn to view ourselves with a kind of detachment, and learn to view others in the same way, not condoning or condemning, but merely observing. When we get to this state of consciousness we'll be able to love our neighbor as ourselves not because of an increased love for him, but through a detached regard for ourselves. This is the way to gaining a greater consciousness and a greater intelligence. Little by little, as we work on knowing ourselves and observing our own faults, we will begin to see who we really are and outgrow the illusions that trap us in a lower vibration.

We say there is progress through technology. Yet here we are in the 21st century—a century that, with all its technology, is no better than all the centuries before. When we look at the history of the world we can see that morally there has been no progress. Man is still cruel to his fellow man but on a greater and grander scale. He still commits dreadful atrocities, wages war for his own profit and turns a blind eye to rampant starvation and plague. There can and will be no peace until each of us recognizes and takes the responsibility for the choices he/she makes and the ideas he/she projects. Since we are part of the masses, in order to change the masses we have to change ourselves. Otherwise, it becomes an impossible feat. It's true, there are many good and concerned people in this world, but their numbers are diminished by the majority.

There is no question that different social levels exist. There are clergy, landowners, gangsters, the rich and the poor, the learned and the ignorant. There are also different levels of our being, or spirit—what we are internally. When our actions are magnanimous or pretty, generous or tight, violent or peaceful, we attract the same kind of energy into our lives. It's called the Law of Attraction. On the positive side goodness attracts goodness. Higher vibrations attract higher vibrations. But on the negative side there is attraction too. Lower vibrations attract lower vibrations. The lustful person attracts drama and tragedy. An alcoholic attracts other alcoholics and a criminal, other criminals. Along with the attractions come problems and their consequences. What's important is that many of us would like to change but do not know how. The cycles of our lives are repeated and our mistakes are repeated. We find ourselves inwardly and outwardly living with the same errors that separate us from God. We've all heard about the seven deadly sins. We've named them anger, greed, lust, envy, etc. and we've all experienced them at one time or another. I recently experienced "road rage" when I wanted to get out of my car and confront someone who was blowing their horn at me. To do *what*? I stopped myself in time to question which part of me was telling me to act, *doing the talking,* if you will. I had to remind myself that we have to be constantly on guard, lest we follow some negative suggestion of ego. I also had to remind myself that the tools of introspection and meditation are always available to us when we find ourselves in such a crisis.

We can think of life as a long ladder which we are either climbing or descending, depending on the state of our inner being at the time. We are on separate rungs with the level of our being changing from day to day, hour to hour, and minute to minute. The ladder has many rungs, extending vertically from a higher to a lower vibration, representing spirit descending into matter. Our physical or outer world is represented by a horizontal line. It is the line we travel from birth to death and includes all the phases in-between: growth, education, marriage, and reproduction. Where the two lines meet, they form a cross, the cross that connects us to our soul's purpose. The vertical and horizontal lines

(Continued on next page.)

Getting Down on Our Knees in Prayer

THE REV. WILLIAM E. BUCHHOLZ, Iowa

Actual Prayer is the backbone of true spiritual growth, both here and hereafter. It's easy to take the short-cut on the way to a destination, whether walking, driving, or taking your bicycle, as I enjoy doing. Whatever your choice, the importance of our trips are where we are bound. Spiritualists hold mental, physical, and spiritual growth as proper actions to serve the needs of seekers of truth of eternal life. The one who seeks our help is often illumined so greatly that a smile appears upon a face formerly filled with gloom. Tears flowing from their eyes help wash away their feelings of misery. As their helpers, we often feel vibrations of spiritual energy flowing through us, as well. We're not alone in our task. Spiritual helpers have lent a hand. But we must not forget to thank the life force we call Infinite Intelligence for making all of this possible, by allowing us to help transmit it from the beginning through to the end. I get down upon my knees in prayer.



I was a Methodist until age 11, when the spiritual healing of a rare illness brought light and realization of spirit communication and healing to my parents, as well as myself. After the five-month stay at State University Hospitals in Iowa City, Iowa, I was home again with crutches, braces, and medication in hopeful control of my seizures. Dad went back to Grace Methodist Church, and found a young adult men's class had been taken over by another. Sitting in an adult class, the teacher said that wonderful miracles happened in the Bible, and they didn't do so today. Father broke in to say that five doctors at different times had given me up for hopeless, and one night the people who performed autopsies took over the watch, since they were told I wouldn't live until morning. A vision and message to me in my hospital bed stated emphatically that I was to be healed, be God's messenger (remember...we ALL fit into that category), and I was to be well. After the teacher repeated once more that 'miracles' were only found in the Bible, my father walked out and never returned.

Let me mention in haste that it wasn't until entering Spiritualism that I found and accepted the fact that seeming 'miracles' are but Natural Law performing its wonders in ways we'll never be able to completely comprehend.

However, let's get back to kneeling as we pray. We may kneel only in our minds if we're riding a bus, driving a car, or walking down the street. But let us turn to Infinite Intelligence directly as we enter a need for assistance. Spiritual messages are beautiful and inspiring...especially if they give unblemished truths which lead us to true recognition of the spirit helping to serve the task. But I am getting a growing ambition to kneel before I say a deep prayer within my residence, or the church when I am working alone. Try it.

Realize and remember that spirit helpers and loved ones are able to be seemingly priceless in helping us face seeming turmoil or decision-making. But what makes them 'priceless' is that they are helping to align our minds and faith with spurts of knowledge and opinions when the world seems to throw us a curve ball. Yet, it is Infinite Intelligence that we must ask to aid us in directing our lives in the proper ways.

I look forward to travel onward in life to face circumstances that must be properly dealt with to change my viewpoints for the better. I pray that I will see more dust upon the knees of my pants from kneeling in prayer to Infinite Intelligence, and less furrows upon my brow. "Give and ye shall receive. Knock, and the door may be opened unto you. Seek and ye shall find."

We'll all be turned to times when the Natural Law of "Like-attracts-like" brings forth blessings of the proper directions of life. Share them, and shower them with a prayer of thanks. •

WORKING WITH THE EGO... *(Continued from previous page.)*

always affect each other. There is no question but that we have to travel the horizontal path and deal the hand that is given to us. But where we are on the vertical is a matter of choice and how we play the hand. When we succeed in eliminating our negative emotions and stop identifying with our problems, we can identify with our Inner Being and reach the Place where God dwells. This is the way to peace.

What makes a newborn baby beautiful is his essence, also known as his spirit or being. By whatever name, it is a divine gift. We all feel it, an intangible thing that makes the child special. But sadly, it only continues to grow and be felt until the end of babyhood when it becomes trapped in the ego. The trapped essence can only escape when the child becomes aware of what he must do to eliminate the undesirable elements in his nature. Then his essence will grow in beauty and grace, freeing him to live his life in the enjoyment of happiness, true love and possession of all the extraordinary powers that God intended. We all have the ability to return to that newborn state merely by asking for God's help and working on ourselves. NAMASTE. •

West Virginia Report

When Inspiration Strikes

Josetta Ludwig, West Virginia

We were having a special guest speaker for Sunday Service at Way Memorial Temple here in Wheeling, West Virginia. And this one was just so very special; her mother and grandmother had been mediums at our church; it was wonderful to have her at the platform where they had served.

I remember how her mother loved poetry and she would read a poem just before delivering messages from Spirit. I decided I needed a poem to honor our remembrance of her. I looked and looked, searched and searched, but I couldn't find one that felt just right. Well, I still needed a poem, so I thought, I guess I will have to just sit myself down and write one. The following poem, written for Dava Moore in honor of her mother, Elizabeth Moore, was the result of this endeavor.

THERE IS NO DEATH

There is no death rang loud and clear,
As the voice of the Divine sounded in my ear.

The doorway to Heaven has been unveiled,
The Divine has spoken and Truth has prevailed.

For we know that at Earth's journey's end,
We meet with loved ones, family and friend.

We continue life's journey in a world unseen,
And our labors of Love, that's what we glean.

Earth bodies are left, but we are not gone,
We know life is endless and so we go on.

We go on to a world that is just by our side,
A Heaven on Earth, where our loved ones abide.

Elizabeth Porter Moor passed to
Higher Life August 1, 2000.

News from Maine

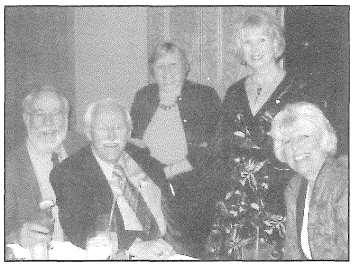
Maine State Spiritualists Are Thriving!

The Maine State Spiritualists' Annual Convention was held in Bangor, Maine, May 31 – June 2, 2008 with The Rev. Lelia Cutler attending as Keynote Speaker. She kicked off the Friday evening opening session with a lively and spirited talk presented to 30 attendees, *Is Spirit Living in Your Life*? Saturday was filled with state business meetings, followed by a delightful four-hour evening of fun-filled wonderful comradery, good food and lively music provided by the five-piece LATE EDITION Band. Laughter could be heard ringing through the Bangor, Maine Holiday Inn!



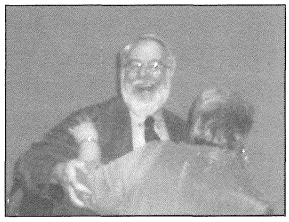
Some of the attending Maine State Spiritualists and The Rev. Lelia Cutler.

Sunday morning's service featured Lelia Cutler as speaker and medium for an over-flow attendance at the Harrison D. Barrett Spiritualist Church on Broadway Ave. in Bangor. The White Owl Duo performed Native American flute and drum music both before the service and during the Healing, which was led by The Rev. Graham Connolly. Following the service, The Rev. Elizabeth Carter honored nine loved ones who have passed to spirit in the past year through a memorable Flower Service Ceremony.



Banquet Fun

Attendance/membership in the Maine Spiritualist Churches and summer camps is growing. During this most festive annual gathering of Maine Spiritualists there was a very noticeable awareness of this positive movement and expansion.



Graham Connolly is really enjoying himself with Pat Wallace!



***TNS-Summit* Editor Laura Lee Perkins with husband Ken Green.**



Patti Palmer received her Licentiate Ministers Certificate from The Rev. Lelia Cutler.



The Rev. Elizabeth Carter held an annual Memorial Service for those who have transitioned during the past year.

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Ordination in Maine

A large group welcomed The Rev. Lelia Cutler, NSAC President, to the Augusta, Maine Spiritualist Church on Sunday, June 1, 2008 at 5:00 PM for an ordination ceremony. The Rev. Stephanie Frobese's ordination celebration includeda reading of poems written by Stephanie's mother Anne Frobese and read by The Rev. Kenneth Wingood. Meditative Native American music was played by the WHITE OWL DUO (Laura Lee Perkins and Ken Green), and several people honored Stephanie with speeches and gifts to celebrate her ordination. More than 40 people from several states attended and they enjoyed a banquet in the church's fellowship hall. •



The Rev. Lelia Cutler and the newly ordained The Rev. Stephanie (Penny) Frobese.



NSAC Ministers present at the ordination: (from L) The Rev. Rupert Sigurdsson, The Rev. Pat Wallace, Virginia Sigurdsson, L.M., The Rev. Lelia Cutler, The Rev. Kay Hawkins, The Rev. Earl Wallace, The Rev. Stephanie Frobese, and The Rev. Kenneth Wingood.

MONTHLY

In some locations, cucumbers become abundant in August, and here are new ideas/refreshing ways to prepare these crunchy treats during hot weather.



Soul Food

Recipes to feed our spiritual, emotional and physical hungers.

Cucumber and Mint Salad

This carries well to a picnic or pot-luck; wait until the last minute to stir in the mint, oil and vinegar for a fresher taste!

- 1 cucumber, sliced
- 1 cup sliced celery
- 1 15-ounce can garbanzo beans, drained
- 3 carrots, peeled and shredded
- 1/4 cup raisins
- 1 cup chopped fresh mint
- 2 tablespoons olive oil
- 3 tablespoons red wine vinegar

Place the cucumber, celery, garbanzo beans, carrots, raisins, and mint in a large bowl, and toss with the olive oil and red wine vinegar to coat. Serve immediately.

Cucumber Punch

Using white grape juice, lemonade and cucumbers, this can be made in a few minutes. Folks always want the recipe for this cool and unusual summer thirst-quencher!

- 3 quarts water
- 3 quarts ice cubes
- 1 14-ounce package sugar free instant lemonade powder
- 1 12-fluid ounce can white grape juice concentrate
- 1 lemon, sliced
- 1/2 medium cucumber, thinly sliced

In a punch bowl, stir together the water, ice, lemonade powder and grape juice concentrate. Float slices of lemon and cucumber on top and serve! •

The Spiritual Walk

WALTER R. LONG, Arizona

You can bring healing using your hands. You can see auras around people. You can receive messages from spirit. You're intuitive.

You know when things are going to happen before they do. You know who's calling when the phone rings. You can sense when there's something wrong with a friend or a family member...when they're miles away from you. You're *spiritual.*

But is that enough? What does it mean to be "spiritual?" It is all these things I have mentioned. Healing, using your hands. Clairvoyant, in seeing auras and the many different kinds of energy. Mediumistic, in sensing and receiving messages from spirit loved ones. Psychic, in knowing what happens before it does. Empathic, in knowing what another is feeling. Being spiritual is all these spiritual things. But are they enough? Is there more to being spiritual than having spiritual abilities?

Is it enough to be psychic? Is it enough to be mediumistic? Or a healer? Or an empath? Each of things is a spiritual *skill.* Reading someone's mind is a spiritual skill. And being able to see someone's spirit guides would certainly prompt most people to call you spiritual! But it is possible, for example, to be a great medium, and not have your own personal life in order! There is another side to being spiritual, and it is what I call the spiritual *walk.*

Someone who can heal using their hands has a spiritual gift. Someone who knows when to use it, is walking the spiritual walk.

Someone who senses their friend is in pain, has a spiritual gift. Someone who gets on a plane and flies to be with them, is walking the spiritual walk.

Someone who walks by a homeless person and can *feel* that person's torment and sorrow, has a spiritual gift. Someone who accepts that person into their home, gives them food and a shower and good company, is walking the spiritual walk.

Do you see the difference, between a skill, and a path?

Learning to develop your spiritual skills is *hard.* Walking your spiritual path is *harder. Much, much harder.* It is an emotional journey. It can shake you to your very core. When spiritual gifts no longer seem to help; when you are out of answers; when you are drowning in grief; when you are angry; when you are hurting; what do you do? How do you respond? Your answer to that question is the beginning of your spiritual walk. And it is very, very human.

Welcome, to why you're really here. Welcome, to what you're actually doing. Welcome, to the hardest, best, worst, and most rewarding thing you've ever done: being yourself. Notice I didn't say channeling Jesus or seeing 7 different chakras! I said *being yourself.* All by yourself.

That's hard. That's tough. It requires a lot from you. It requires you to *let go*! Let go of what? Let go of *everything*! There is nothing you can have.

And this is the first sign that you are on a spiritual walk: *you know you don't have anything.* There is nothing for you to have, because it is not possible for you to own anything! The concepts of possession and ownership were taught to you by your society, and are illusions. Perhaps some of the hardest to break, especially in our society, where we are raised to value ourselves by how much stuff we have. Smile to yourself right now if you have a lot of *stuff.* The one with the most toys wins, right?! Wins *what*? You know better, because your soul cannot be owned, nor would it own another. The lack of ownership, or possession, is the first sign that you are on a spiritual path.

The second sign that you are on a spiritual walk is that you see everything as *love.* Even the bad things. It takes a highly aware soul to see the love in everything. But it is there. In every nook and cranny of life, there it is, *love,* in its purest form. *You just have to look deep enough!* Past the surface, past your teaching, past your thoughts to the very depth of what makes something...*something.* It is love. And when you are on your spiritual path, you will walk every waking moment knowing this.

Another sign that you are on the spiritual path, is you will show wisdom. Knowledge is knowing the answer to a question, wisdom is doing the answer. Wisdom, is acting on your *soul's* knowledge, the knowledge experience has brought you, and not just the knowledge in your mind. Knowledge is being able to recite historical facts. Wisdom, is seeing how else our fathers and mothers could have acted. Knowledge is knowing the difference in every world religion, and being able to argue effectively for yours. Wisdom, is accepting everyone on their path, no matter who they are and what God

(Continued on next page.)

they believe in. Knowledge is knowing the correct homeopathic treatment for a specific disease. Wisdom is making someone laugh so hard that they cure themselves!

Which brings me to the next sign that you are walking your spiritual walk. You will know *joy*. And for the sake of this conversation, *happiness* is not the same as *joy*. Happiness is what we feel when we get what we want. A new car! A new job! That goal we reached in our spiritual development! Happiness comes from the thought that we have gotten what we want, and from the judgement that it is *good*. Joy comes from wanting nothing. And knowing that it is all good. Which is the same as saying that nothing is good *at all*, but that everything simply *is*.Which brings me to the next sign: thou shall not judge. Not because you were *told* not to, but because you *know* not to! (Remember wisdom?) Thou shall not judge, because you *know* that a judgement is simply a decision made up in your mind about the value of something. And since no one thing can be any more valuable than any other thing, the entire concept of judgement must be deemed irrelevant and useless on your spiritual walk. And so, when walking a spiritual walk, *thou shall not judge*.

The next sign that shows you are on a spiritual walk is *peace*. Not peace through war. Not peace through conflict. Not peace through arms or strength or intimidation or tactical maneuvering. Just *peace. Being peaceful.* The fastest way to *peace, is just being peaceful.* It does not require you to *do* anything. You have nowhere to go, to find peace! It is within you, so that you can live a life in peace, rather than as they say, in pieces.

When you are walking your spiritual path, you will have no need. For there is nothing you need, and you are free! Free to enjoy things rather than cling to them in need. You are put on this Earth to be free, not to collect *things*. You will not be in need of anything, but instead will be in joy with everything.

When you are on your spiritual path, you will know, speak, and think, only the *truth*. Not every truth, but *your* truth. The truth you know. You will speak it humbly, you will speak it succinctly, and you will speak it often. Because once you find your truth, it will set you free, and there has rarely been a spirit that has chosen chains after it has remembered it has wings.

When you are walking your spiritual path, you will forgive – everyone for everything. And then you will laugh and forgive *yourself*! For holding grudges against your fellow spirits and having to forgive everyone! Forgiveness can only stem from wrongdoing, and on the spiritual walk, no wrong can become you, therefore there is nothing to forgive.

When you are on your spiritual path, all of your relationships will be healthy.

When you are on your spiritual path, you will do what you love, and love what you do.

When you are on your spiritual path, you will be grateful. For everything.

On your spiritual path, you will not blame anyone for anything, but instead take personal responsibility for *everything*.

When you are on your spiritual path, you will live in the present, not in the future, and not in the past.

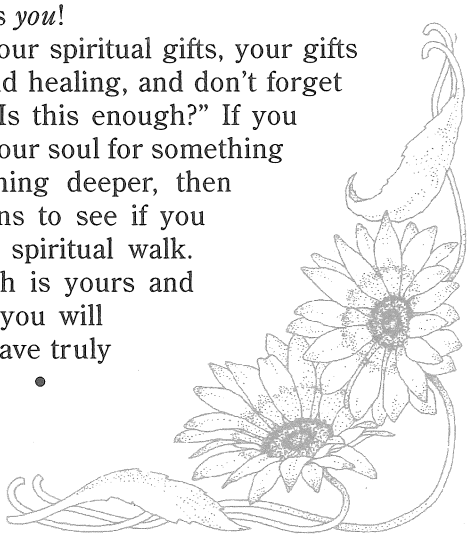
And finally, when you are on your spiritual path, you will learn to love yourself, especially in those times when you are not on your spiritual path! Yet how could it be that you are not on a spiritual path, when you are loving yourself for being perfectly imperfect *you*? These signs, and many, many more will tell you that you are truly walking a spiritual walk, and you will find a new meaning in the word "spiritual."

It is entirely possible to have many wonderful spiritual gifts, and also be on a spiritual path. As you move about your spiritual journey, you may find your spiritual gifts opening up! You may also find, that your spiritual gifts, such as mediumship, are helping you along your spiritual path. It is also possible that you may walk a very spiritual walk, and not have a single spiritual gift. And if you are on your spiritual path, you may decide to be very okay with that.

The best news is it is possible to be *both*, both spiritually gifted *and* walking the very human, spiritual walk. Each of us knows someone who has incredible spiritual gifts with the compassion and wisdom to know how to use them. There are many in our churches who deliver healing and spirit messages, because they feel inclined to, and not because they wish to retire off of us.

And there are many more who walk the spiritual path. You have only to open your eyes and your soul to see those who carry the light, who remind you to carry your light without snuffing it out or insisting that they carry it for you. Those who shine most brightly around you may be those who are walking their spiritual path. And remember, to some extent, this means *you*!

So embrace your spiritual gifts, your gifts of mediumship and healing, and don't forget to ask yourself, "Is this enough?" If you feel a longing in your soul for something more, for something deeper, then look to these signs to see if you are walking your spiritual walk. Your spiritual path is yours and yours only. Only you will know when you have truly stepped upon it. •

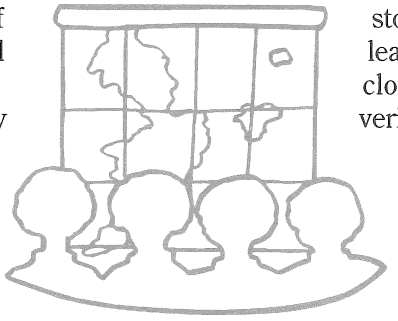


Maybe Not Such A Big Bang?

THE REV. RUPERT SIGURDSSON, NST, Maine

The beginning of the Universe we live in has always been a mystery to most of us. Some accept a theory as fact, either religious or scientific, but what is the real truth? I am sure that many, like me, will never stop questioning. One of the theories that I have always felt is close to the truth is the Big Bang. It made sense to me. Another theory was given from spirit.

Recently, we sat in a family group with the trance medium Rose Osborn, who sits with us generally once a month to further develop a deeper mediumship. When my wife Mary was ready to retire from her trance mediumship, as it was getting too tiring for her, she devoted her last trance session for Rose and connected her with one of her guides, Fanny, and since then some of Mary's healers have come through Rose and still communicate with us.



At the last meeting with Rose on February 19th, 2008, a very interesting entity came through and spoke on the Big Bang theory as being erroneous. This entity claimed to have come a great distance in time and effort to communicate with us on this subject. In answer as to why he came to us ordinary people, he states that there are no simple people as all come from seeds of the same intelligent mind.

His explanation was that there were many smaller multiple sub-atomic explosions seeded like a cloud in a multiple upon multiples. He likened it to the primitive form of rain making. He stated that at the present, man's mind is not developed enough to capacity, nor large enough to encompass the balance of it all. He further stated that he had come to spread this message to many on the earth.

While this entity was present (his knowledge and power could be physically felt in the room), I asked a question, "What is the central source of all energy?" He said if he told me that I would be the smartest man on this earth. He said he cannot and will not divulge that, that words are not equipped to understand this, but he said, "I am going to give you a visual that may approximate it, but, will be lacking. I will give you a picture. I want you to envision very thin pieces of material. It would be somewhat transparent almost. Within this material there would be many, many, many bits of information—layer upon layer of information that is constantly in motion. See, this is an intelligence. I can only give you a piece of it." (I pictured the layers of information stored in a computer chip.) He was told he could go no further with this information, so he had to stop and "with what you call blessings, I am leaving your presence now." The meeting closed with some personal and most verifiable messages.

Now, we have a theory from spirit and it makes good sense. I realize that we are limited both in our thinking and the ability to understand the workings of the universe we live in, but that is no reason not to keep trying to get a better understanding of it all. This theory makes the most sense to me. I can understand how small pieces of creation and understanding would be released like an explosion because it could be absorbed – and is probably still being absorbed. This would account for the changes that gradually take place on this earth, the universe, and within its population.

I understand that this teacher (as I will call him) plans to come through to many other spiritual groups to spread his message. I would like to hear from any others who have the privilege to hear from him. •

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116th Annual NSAC Convention

Phoenix, Arizona
October 5-10, 2008

Plus, an all day post-conference tour to Sedona, AZ is offered on Sat., Oct. 11 – $40. Please remember to extend your Hotel reservation because this bus returns at 6:00 p.m. You can get that extra night's stay under the NSAC block lower room fee.

Location
The convention and lodging are both at:

Crowne Plaza Phoenix
2532 W. Peoria Avenue
Phoenix, AZ 85029
Reservations: (602) 943-2341
1-800-972-3574 or
www.crowneplaza.com/phx
(http://www.crowneplaza.com/phx

Host
Church of the Living Spirit, NSAC
Glendale, AZ
Chairperson – Janet Tisdale
Jtizzy@aol.com
(623) 972-3916

Hotel Rates
$95.00 per night plus tax.
Up to 4 people per room.
Cut-off date: August 30, 2008

Directions/Transportation


Crowne Plaza is located on the NE corner of I-17 and Peoria Ave. It is about 10 miles from Phoenix's Sky Harbor Airport. Take the blue/yellow SUPER SHUTTLE located just outside of the baggage area across the street. Look for the blue sign and give the Super Shuttle attendant ZIP Code 85029. There will be a charge. For more information, visit www.supershuttle.com or call (602) 225-2225 ext 1 Lauren Wier.

Calendar of Events

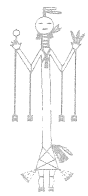
Sunday, October 5
Church Service: 10:30am
at Church of the Living Spirit, NSAC.
Free transportation provided from the hotel.
Reception at the Crowne Plaza: 2:00–5:00pm
Healing: 7:00pm (Meeting room)
Worship Service: 7:30pm

Monday, October 6
Seminar and Workshops: 10:00am–4:00pm
Cost: $20.00
Open to Outsiders. Payment at the door.
Banquet: 6:00pm

Tuesday, October 7
thru Friday, October 10
9am to 5pm – Convention Business
7pm – Healing; 7:30pm – Worship Service
Club Meetings to follow evening worship.
Tuesday – Dr. Gary Schwartz,
Keynote Speaker, 9–11:00am

Thursday, October 9
Tours to Taliesan and Heard Museum
1:00-5:00pm

Convention Registration for Delegates will be $20.



Banquet



Monday,
October 6
6:00pm

Buffet $30.00
per person

DJ – Richard McCarthy

Make check payable to
2008 NSAC Convention Fund
Send to
Pat Crim
9037 W. Adam Avenue
Peoria, AZ 85382

Thursday Tours
$10 Transportation Fee

Taliesin West
$20 Entrance Fee
Architect Frank Lloyd Wright

Heard Museum
$10 Entrance Fee
Native American History/Culture
Entry fees depend
on group size.

Make check payable to
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NSAC 2008 Convention Fund



Hosted by:
Church of the Living Spirit, NSAC in Glendale, AZ

Theme:
"Our Character is Our Only Passport to the Spirit World."



Declaration of Principles

National Spiritualist Association of Churches

1. We believe in Infinite Intelligence.

2. We believe that the phenomena of Nature, both physical and spiritual, are the expression of Infinite Intelligence.

3. We affirm that a correct understanding of such expression and living in accordance therewith, constitute true religion.

4. We affirm that the existence and personal identity of the individual continue after the change called death.

5. We affirm that communication with the so-called dead is a fact, scientifically proven by the phenomena of Spiritualism.

6. We believe that the highest morality is contained in the Golden Rule: "Do unto others as you would have them do unto you."

7. We affirm the moral responsibility of individuals and that we make our own happiness or unhappiness as we obey or disobey Nature's physical and spiritual laws.

8. We affirm that the doorway to reformation is never closed against any soul here or hereafter.

9. We affirm that the precepts of Prophecy and Healing are Divine attributes proven through Mediumship.



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