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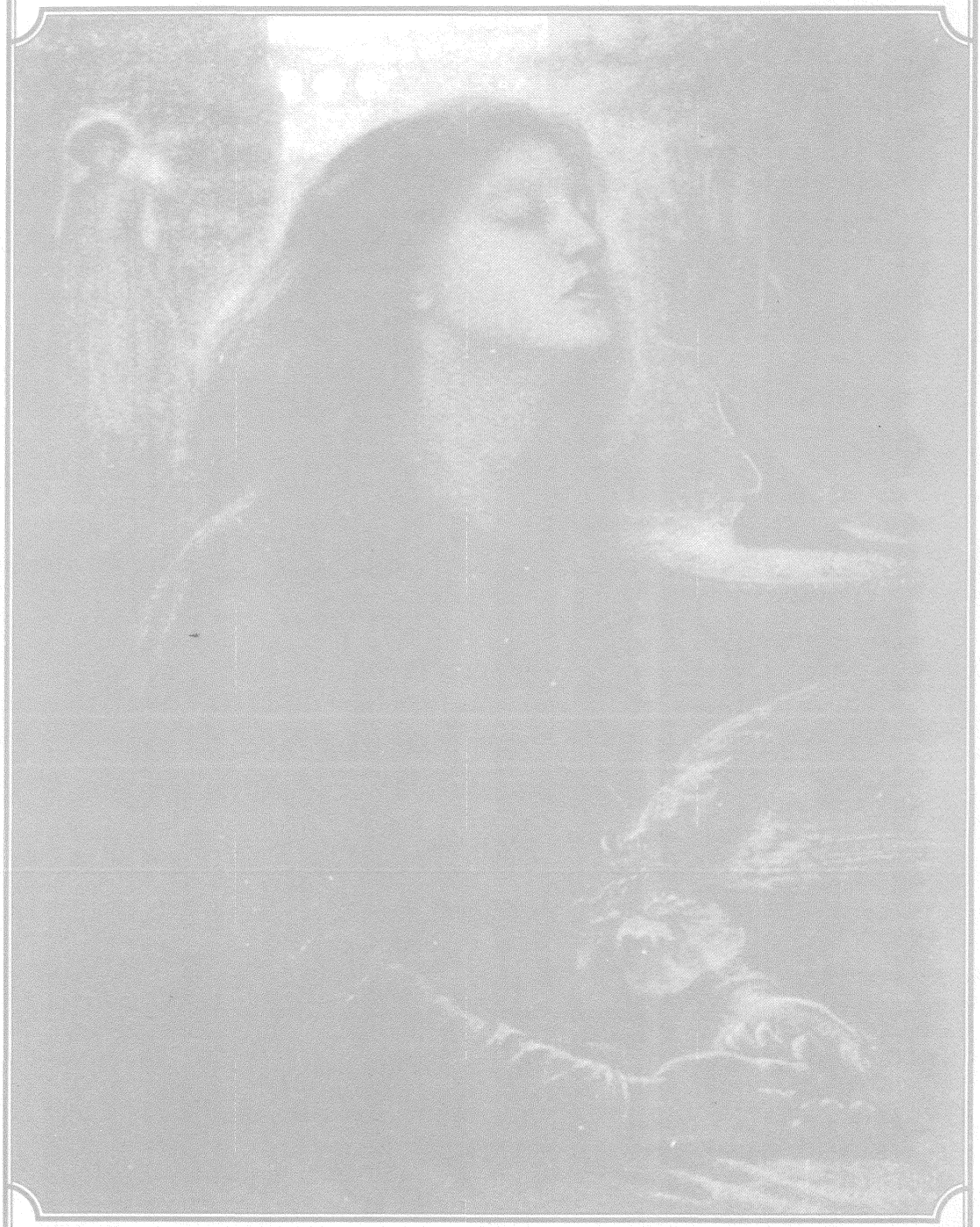
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Healing Prayers



Have Creative Energy

THE NATIONAL SPIRITUALIST - SUMMIT

APRIL 2005 4/2005 NUMBER 956

OFFICIAL PUBLICATION OF NSAC - USA



PUBLISHED SINCE 1919

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EDITORIAL OFFICE

3521 W. Topeka Drive
Glendale, Arizona 85308-2325
(623) 581-6686
Fax: 1-623-581-5544

EDITOR
Rev. Sandra Pfortmiller, NST



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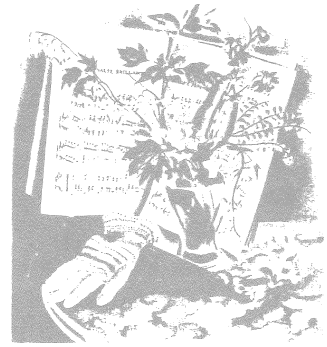
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Healing Vibrations

BY THE REV. SANDRA PFORTMILLER, NST

Science has found that matter is the external manifestation of an invisible immaterial Force or Energy, "which is so ethereal that Eddington coined the word MIND-STUFF to explain it. In short, MIND is behind matter." Quoted from *Spiritualism in the Evolution of Philosophy and Religion* by Ernest Thompson.

Thompson writes: "God is everlastingly Spiritual, Nature is everlastingly material. God is the active or moving principle. *Law* is an outer manifestation of the *modes* of the Infinite Mind." All life is in a state of constant motion or vibration. This motion in everything is the Spirit energy that it contains, thus the variation of vibration in each thing. Because life is constantly in a state of motion it is constantly changing. Thompson explains: "This motion attains its most complex and wonderful form in the spirit of the individual. The World of Spirit, in the Ether of Space, contains the higher frequencies of motion or energy waves. The radiation of the 'thought' waves of all human spirits, and the 'form' waves of all human souls are transmitted by the ether to the super-normal senses of the individual."



The energy around and within us cannot always be seen, so often we feel self contained. However, all things are interdependent and affected by other things. If you throw a pebble into a body of water you can see the ripple of energy moving from it. This is how life is, our actions cause a reaction, which is equal and opposite as one vibration collides with another. Our thoughts are waves of energy sent into the ethers, returning to us, but touching others on their cyclical path back to us.

There is a gigantic scale of vibrations of which humanity appreciates only a small range. The vibrations of the Spirit World are considerably higher and as one progresses through this realm the energy becomes greater and greater.

The greatest vibration is Infinite Intelligence, from which all originates. Divine Mind, shared with each individual, is the image maker of life. Images or ideas that are truth, loving and in accord with Natural Law vibrate at a higher frequency than thoughts of sadness, fear and jealousy. If we want to be closer to God, then we must work to create uplifting thoughts and mind-pictures. The mental-film we project creates our environment, our living space, for no matter what happens to us it is the manner our mind reacts that determines if it is agreeable to us or disagreeable.

Arthur Findlay in *The Rock of Truth* points out that we are evolving towards the higher conditions of spirit life while we are in the physical by developing the power of our mind. "We shall get the forces of nature to work for us under intelligent direction, and with the expenditure of very much less manual labor. Gradually the superiority of mind over matter is asserting itself and becoming increasingly evident, and some day we shall be able to mould physical matter into the shapes and conditions we require by the minimum of exertion, thus bringing our conditions on earth more in line with those prevailing in the Etheric World, where creative thought can make conditions in a way not yet understood on earth." In my opinion, considering the Natural Law of Return, humanity will have to grow morally before this can be accomplished or they will create improperly.

We are already creating our future with our mind-pictures; our future in the physical realm, and in the etheric realm of the next dimension. Spiritualism believes the soul survives the death of the physical body and continues to exist in the etheric body in a sphere of vibration that is comfortable for the soul. As the soul increases their energy it progresses to a greater energy sphere with like-minded spiritual beings. This is an eternal process for energy continually changes and progresses.

This understanding that the whole universe is a state of energy, that life is energy and energy is mind, helps us know that we must take an active part in our lives and in our health. Our evolving consciousness must be fed with spiritual food, with uplifting thoughts, with creative ideas. When we want to bring about a change in the physical, mental or spiritual self, additional energies must be applied. One common example to visualize is water which is one of the simplest molecules. Apply heat energy to water, it boils and becomes steam, but it is still water energy.

Healing a physical weakness or a mental disharmony also requires a transformation of energy. Our mind-stuff is reflected in the atoms of our body; therefore, often a physical weakness can be changed with a mental upliftment, for when vibrations are changed in the spiritual dimension, the counterparts of the physical energies will also change. There is a merging of spirit and physical, for we are interconnected with no rigid dividing line in our state of being. Areas of disease have vibrational problems, which when corrected, are healed.

This is what a spiritual healer contributes to someone in need, the sharing of spiritual energies. Spiritual healers work with spirit doctors to bring the energy necessary for chemical change or to open blocked energy flow, but all energy does come from God. Infinite Intelligence is a great healer.

(Continued on next page.)

HEALING VIBRATIONS

(Continued from previous page.)

Every atom is ordered energy which determines its function. When the order is disrupted problems occur. When the atom order is restored, healing is accomplished—this is the Law of Cause and Effect. We cannot escape the Law, but we can make some changes and use the Law. Every change in the Universe is Law governed and is a change of energy in some way. When we want a change in our lives, we must initiate a change, it is up to us, personal responsibility.

Harry Edwards wrote in *A guide to the understanding and practice of SPIRITUAL HEALING:* "We know that by associating one form of energy with another, so a change in the energy state takes place, and it is this which forms the basis of all physical healing, medical and spirit."

Edwards also taught that "energy (or ether) is the 'clay and stone' of the spirit people. It is suggested they employ their thought forces to manipulate and use structural energies for their purposes in spirit life" and for healing of human beings in the physical life. "All spiritual healing is a thought process."



"It is accepted that the primary causation of the greater percentage of physical diseases lies in some form of mental disharmony, frustration or soul (spirit) sickness. No healing can be effective unless the cause of the sickness has been removed. Thus, when the spirit doctor enters into affinity with the patient, he is able through the patient's spirit-self to observe the emanation of discordant energies which reveal the nature of the symptoms and the cause of the sickness. In order to soothe and pacify any disharmony within the patient's mind, corrective thought energies are directed to the patient, and providing that these can gain access to the patient's conscious mind then a more contented outlook comes to him—the cause of the illness is overcome, and the removal of the symptoms then becomes an easy task."

Everything, all energy, originates in Spirit and is Spirit, not physical, so this is how we are able to heal, to grow, and how we make positive changes. We each have areas in our lives that are in need of change. Add new vibrations in some way and see what happens—you'll be pleasantly surprised. It has occurred over and over and is scientifically documented, that when someone suddenly undergoes a change of belief, their health follows suit. Many people have gained their good health without the aid of the medical world, just by changing their outlook which changes their vibration. As was quoted in the beginning, "MIND is behind matter."

CALENDAR CORNER

What happened in APRIL throughout the years?

APRIL 2005

April is NSAC **Spiritual Healing Month**. Their are many ways we can participate in healing. We can help others by sending healing energy to them, by praying for their highest and best good. We can help our planet by envisioning it surrounded by beautiful white light, restoring harmony to troubled areas. We can pray for peace and fellowship among all people and nations. We can share contact healing when asked. We can do random acts of kindness. We can work to help keep ourselves healthy in body, mind and emotions by exercising, getting plenty of rest, eating whole foods and drinking pure water; by reading uplifting material, continuing our mental growth and education; by forgiving ourselves and others; and by being grateful for all of our many blessings. As spring brings new growth, let us visualize personal renewal and growth. Please try to spend extra time this month in healing prayer.

APRIL 1



April Fool's Day is a time for some fun and laughter and to celebrate **National Humor Month**. It has been scientifically proven that laughter and joy have healing qualities.

APRIL 22

Earth Day is observed to remind us that our beautiful blue planet offers us all that we need for life, for healing, to feed, house and clothe us. Let us think on this day of something we can do to give back to Mother Earth for all the wonderful blessings she shares with us. Some suggestions are to plant a tree or some flowers, pick up trash along the side of the road, send a donation to Habitat for Humanity, recycle, send out prayers for harmony and healing of the Earth. **Arbor Day** is on the 29th to also remind us of the benefits we receive from trees and growing things.

APRIL 23

The Hebrew **Passover** begins at sundown. This commemorates the end of slavery in Egypt for the Jewish people, around 1200 BC.

APRIL 17, 1844

Mrs. R. S. Lillie was born on this date. She and her husband, John, were very active in early Spiritualism. They lived in Lily Dale, New York. Mrs. Lillie was one of the delegates to the organizational National Spiritualist Convention in 1893, in Chicago, Illinois.

APRIL 1916

The **Fox Cottage** was moved to Lily Dale, New York, by Mrs. Benjamin Franklin Bartlett of Cambridge Springs, Pennsylvania. It later burned.

How Healograms Can Help Us

BY CAROLYN HOLLOWAY, California

Healograms are positive, healthy messages we send to ourselves to help us heal old emotional wounds. They guide us to understand the true source of our feelings and to forgive and even thank the messenger in our lives for helping us uncover those buried feelings.

People who arouse strong negative feelings in us hold the key to ancient huts. They make old wounds bleed. They remind us of a person or situation that hurt us in the past. And we blame them for reminding us.

As Eleanor Roosevelt said, "No one can make us feel inferior without our consent." We have to already feel inferior deep inside, but these are our wounds, not theirs. The people who cause us to sizzle are messengers who remind us the wounds are still there. Instead of resenting them, we can look upon them as teachers and ask ourselves, "What is already there inside that they are pointing to?"

The positive, healthy messages we send to ourselves will help us to heal old hurts from the past that keep erupting like a volcano and interfering with our life today. Reflect on each positive message, then silently apply it to your life. Work to become actively involved in the healing process as you write your own Healograms.

- When we decide to let go of old feelings and hurts, we begin to heal our wounds and to attract people into our lives, rather than push them away.
- Once we feel our feelings and know that the past is over and gone, we don't have to keep digging it up, recreating it unless we choose to do so.
- We can never freely say yes, until we can genuinely say no, when we are already overloaded.
- When we discipline our minds by taking charge of our thoughts, they become clearer and more rational and we feel more in charge, more grown-up.
- Once we openly share our feelings with those we trust, the most we can hope for is that they will listen and be supportive, but we can never expect them to solve our problems for us.
- Replacing the fears that we learned in the physical domain with the love that expresses our true nature helps us to walk through scary situations.
- We can recognize and avoid things in our lives that cause stress and maintain a healthy focus through balance.



- We can encourage ourselves by looking at how far we have come, instead of how far we have to go and by spotting unhealthy habits when they try to sneak back into our lives.
- We can choose to stop struggling against life and simply live it as an adventure, a journey, accepting life's challenge with open arms as they come.
- The breaking of just one unhealthy habit at a time, when multiplied, adds up to a total healthy person. The difficult part sometimes is knowing which habits need breaking and which need developing.
- We can begin to develop healthy outlooks by looking at the whole picture of our lives, not just one piece of it and by opening ourselves to change, new people, unfamiliar situations and different ways of living.
- Trusting others begins with trusting ourselves by knowing that we can manage our lives no matter what the situation.
- Recognizing doubtful thoughts for what they are—old tapes playing from the past—gives us the faith that we can overcome them and the power to do so.
- Grieving soothes and heals by cutting our pain in half and allowing us to refill the empty space with joy and hope.
- We can begin to bury the hatchet by taking an inventory of old feelings, releasing the ones we still clutch and setting ourselves free once and for all.

Send yourself a loving healogram today and everyday.

Why I Am A Spiritualist

BY THE LATE REV. BARBARA THURMAN, NST



Editor's Note: The First Spiritualist Association of Wheeling in West Virginia has a very informative and well presented web-site: falconrising@mailaka.net. Fred Anderson, web master, a few years ago requested articles from the subscribers on "Why I Am A Spiritualist." The late Rev. Thurman, NST, shared several articles which Mr. Anderson kindly sent to *The National Spiritualist*.

Spiritualism is not an easy religion if you want to be a good Spiritualist. Practicing what you preach is important to me, and a mentor many years ago, more than once called me to task to practice what I was "preaching" at the time. Do you say you are going to do something, then become distracted by something better. This is a disappointment to those who expected you to keep your word.

Many of us do not realize the power of our spoken word. Several years ago, when a person became a member of the church, she exclaimed, "Spiritualism is so wonderful, I'll be at church every Sunday." What do you think has happened? Well, the wonderful words were not demonstrated and most of us realize, even the most dedicated person could not demonstrate those words. Keep your word, and you will be a special person with abilities seldom seen. Along with that, watch the use of the word "never" in your vocabulary. Numerous times I have seen this word uttered, and sooner or later, the person is doing exactly what the person said they would never do.

In more recent years, I have been advocating—It doesn't matter what happens to you, it's how you react to it and what you make of it. It all goes back to the fact that each and every one of us have experiences in what is called "life." Some persons seemingly have perfect lives, and others have terrible lives. To be truthful, we all have problems and difficulties. We cannot judge what others have for problems and do not have the ability to really know.

The attitude of mind each one of us uses to apply to our life experiences is extremely critical. We all need to learn to control our attitude of mind. If we are depressed we need to learn how to change that feeling to a more positive one. If we are angry, we need to learn how to change that feeling to a more constructive action. Being able to change your attitude of mind is one of the most important things Spiritualism has to teach us. It is healthy, it is beneficial, it is constructive.

When I first became a Spiritualist, I did not understand spiritual healing and what it could do. In recent years I have learned that many more persons can be healers than many believe. Spiritual Healing is one of the most simple actions to practice. Some persons may have more ability than others to channel the energy, but everyone can to some degree.

Personally, I teach that the healer is to stand behind the healing recipient, place hands on the recipient's shoulders, and ask for the energy to be brought to the recipient. One of my students does not even touch the recipient and she produces excellent results. There is no need to wave hands around and do things to the aura—there is no need to place the hands where the energy is required—there is no need to do anything fancy. Also, it is my theory that by taking this position, the healer is allowing one's energy centers to do the healing in conjunction with the energy coming into the healer. By bringing in the energy at the top of their head, transforming that energy within their body, then having it leave through the energy centers to the person in need, the healer is healing.

I believe one could just stand behind the recipient and be quiet. However, placement of the healer's hands on the recipient's shoulders does provide a symbol of this transfer of the energy to the recipient.

As I became older and met the usual list of health issues one may experience, I learned to rely on spiritual healing and to experience the benefits it can bring. Many I have known have received absent healing which has left some medical doctors rather puzzled by the results.

In our Spiritualist churches it is important that we collect testimony about the results of spiritual healing to show others that we do produce results. Since NSAC requires this for healer certification, it is easy to do, for we have a form for it.

Spiritualism is a wonderful religion. This Religion of Spiritualism will be whatever you want to make of it. It has many opportunities for the manifestation of your abilities, but you need to become educated in what Spiritualism really is, to try things and not hesitate because you have not done it before, and help in whatever way you can with your assistance with the practice of the religion. In other words, manifest the Infinite within you. The rewards are many, and they are available for each and every one.

May the Blessings of the Angel World Ever Be With You.

(Continued on next page.)

WHY I AM A SPIRITUALIST

(Continued from previous page.)

Then in the April 2000 Presidents letter she wrote:

NSAC Healing Month

With April being the NSAC Healing Month, it is important to share some thoughts about absent healing and some healer ethics.

Absent healing is an important aspect of spiritual healing. This healing of a person who is at a distance is a complete contrast to the laying on of hands. There is no contact with the recipient of the healing and the distance involved, even if great distance, is of no significance according to several sources.

Absent Healing may be established in more than one way. The recipient may request the healing from a healer, or a third party may ask for help for someone. Because there is no physical contact between the healer and the recipient, the healing process often seems to be non-existent, and subject to question. However, absent healing has been practiced for centuries in the form of prayers being said for the person in need, and has been demonstrated as effective as contact healing.



Larry Dossey in his book, *Recovering the Soul,* reported on the Spindrift Experiments in Salem, Oregon. Experiments carried on for more than a decade indicated that there were two types of prayer—directed and nondirected. Directed has an outcome in mind and nondirected has no specific outcome indicated. Although both types of prayer work, the nondirected technique was much more effective.

With respect to absent healing, this indicates that the healer does not need to pray for specific results, but pray: "Whatever is best for the recipient."

Also, whether absent or contact type of spiritual healing, the healer should remember these points:

1. Whatever the condition of the healing recipient, any information provided should be considered confidential. Information about the condition is not necessary for a healing to take place. The privacy of the recipient should be of the utmost concern and for that reason any distribution of information on the recipient's condition should not be shared.

2. Spiritual healers have little need to give advice to the healing recipient. For example, spiritual healers do not diagnose, prescribe, or suggest changes in diet or medications of the healing recipient. The medical practice legal code, or state laws of the various states carefully protect the rights of the medical profession to do the diagnosing and prescribing. Diagnosing or prescribing for a person during a healing, as well as a spirit message, may be considered a violation of state law.

◉◉◉

FEATURE

Spirit Teachers

BY THE REV. LENA BARNES JEFTS

EDITOR'S NOTE: *The National Spiritualist* ran a series of articles in 1953 by the Rev. Lena Barnes Jefts that are very informative. These articles were from her class work and contain the basics which are always good to review.



The Spirit People tell us that each and every one of us are guided by spirit from the time of our birth—as we progress these Helpers change and we attract more advanced spirits who are capable of helping us in our material and spiritual evolution.

Various titles are applied to these spirit helpers—Doctors, Spirit Teachers, Masters, Guides, Guardian Angels, etc. Regardless of the title applied to them they are all our Spirit Helpers. They come into our lives through the law of attraction—there is something in our lives, our characters, or abilities that corresponds with the characteristics or desires of the Spirit Teachers that we attract.

One of the greatest errors in our movement is the indiscriminate giving of Spirit guides by undeveloped psychics—important and high sounding names are given to those who would not have known how to talk to these people had they met them in the flesh. It is not logical to believe that a Socrates or a Plato would be attracted to an instrument of earth who knew nothing of Philosophy and could not even express themselves properly in their own native language. We attract to ourselves that which we ourselves are—if we desire to attract advanced souls from spirit then we must make some effort to develop our own potentialities that we may be capable of giving their message to the world in a logical and intelligent manner.

I have met those who claim that Jesus of Nazareth is their Spirit Teacher—when anyone tells me this I am like the old Indian— "I no talk but I think heaps." It is my personal opinion that there is no one living in a physical body that is capable of raising his or her vibrations to the point where they can contact those of the Nazarene in his exalted state of Spiritual development.

Let us be logical about our development of mediumship. The Spirit Teacher cannot do it all—mediumship means absolute cooperation between the human instrument and the Spirit Teacher—we, as the instruments of Spirit, must do our share to perfect ourselves that we may be a perfect channel for communication between "The Seen and the Unseen." ◉

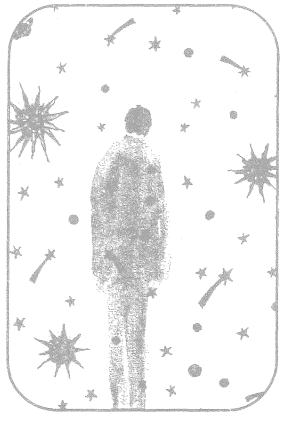
Suggested Supplementary Reading—
PSYCHIC FACTS—By Lena Barnes Jefts
HOW TO BE A MEDIUM—by W. H. Evans

Universal Harmony, Peace And Prosperity

BY CARL BOND, Florida

My chosen topic for today is the Universe, universal peace and harmony. No, let's make that universal harmony and peace, for harmony will have to come before we can have peace.

For now let's consider the Earth or what we call the world or the third rock from the sun, which we know a little more about than the rest of the Universe. We have not had total harmony and peace on earth for many, many years, too many years. We've had civil wars, wars about religion, World Wars I and II and many other wars with leaders from different countries wanting to rule the world—but no real harmony and peace.



Just let someone have a different opinion on anything. We'll throw a war on it in a heartbeat. I'm as patriotic as the next person is and I know if our country is attacked, we have to defend it, but there has to be an end to war sometime. Now we have what I think is the most difficult war of all the wars—conflict engaged in with terrorists. We are not going to eliminate all terrorists with bombs and bullets. The only way to rid the world of terrorists is with education, care and love to the point that they don't want or need to terrorize anymore. I don't think the people of the world can do that alone. We need the help of Infinite Intelligence.

Now we know that Spirit is not going to help anyone with his or her wars. But if we put enough desire, positive thought and prayer into it, I do believe Spirit would help us with our universal harmony and peace.

Let me tell you a little personal story. I deliver Meals on Wheels for the Seniors First program and have been doing this for about three years. Shortly after I started, I noticed twenty or so seniors, mostly women, sitting in the room next to where I pick up my meals. They were playing Bingo or doing arts and crafts and things like that. I thought to myself, I wonder if anyone played music for them, so Spirit said, "Go on in and ask your question," so I did. They were sitting around the room, four or five at a table. I went to the first table and asked if anyone played music for them. They said no. I told them I played a little on the fiddle and would they like for me to come in and play for them occasionally. The answer was "Yes."

Playing for them once a week, I noticed they liked the gospel songs the best so I would play seven or eight bluegrass or just old fiddle tunes and then fifteen or so of the Gospel songs. I would play three or four songs and then they would like to talk for awhile. They asked questions like who I wanted to be the next president or what did I think about the war with the terrorists. I didn't want to get in the middle of any disagreements with the ladies, so I said very little about those topics and went on to my next song.

One day not too long ago, one of the ladies asked what I would do to stop the war with the terrorists. I went on playing a few more songs but as I was leaving, she asked me the question again. I turned around and said, "You know we ask many times in church, we put it on signs on the back of our cars, even our president at the end of each speech asks God to bless America. I don't think that's going to get the job done. I think we have to ask God to bless the Universe." If we would ask at the end of each prayer for God to bless the Universe with harmony, peace and prosperity, that is the way we will be successful with this matter.

The last time I played for the ladies, as I was leaving, one of them said, "God bless you." I said, "God bless you and the Universe with harmony, peace and prosperity." A few of them laughed and said that's right, "God bless the Universe." The moral of this story is that we have to spread the word among other people and let it become a rolling snowball.

As a Spiritualist, we all know that if we desire something, put enough positive thought and prayer on it, we will receive it. We do have the ability to change things. Just think of all the young people of the world that would not die young if we had that universal harmony, peace and prosperity. Would that not be enough by itself for all of our effort?

Back in the Air Force days, we would say, "Let's throw a test hop on it and see if it works." Well, I think it's time to throw a test hop on this. I know it will work if we desire it and use a lot of positive thought and prayer on the subject.

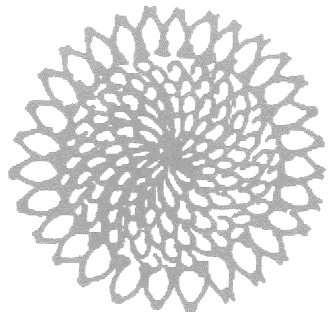
We cannot even imagine how much we could accomplish and the manpower and money we could save. Everyone world wide would have the very best of health care, there would be no more starvation. Everyone could be educated to the best of their ability. If everyone would ask in all sincerity and honesty for Infinite Intelligence to bless the Universe with harmony, peace and prosperity, there is no end to what we could accomplish in every aspect of life.

There is no doubt for this to be successful, we need all nations and all religions to participate fully in this effort. Then and only then will we, with the help of Infinite Intelligence, be able to eliminate all wars and have the Universe the way it was meant to be.

(Continued on next page.)

The Greatest Gift

BY THE REV. RUPERT SIGURDSSON, NST, Maine



You have just received a joke that someone sent you on the internet that made you laugh, that is healing. You received a comment on the telephone from one of the family that made you feel life was worth living, that is healing. You just had a visit from an old friend that has a very bright personality and it made you feel good, that is healing. There are many forms of healing that brighten your day. Some are permanent, others just give you a lift to help you through the day, but they are all healing.

To me, healing is the greatest gift. It may be a word, a healing medium in church, a medical doctor or some other form of healing, but if it works for you, and you feel better, then it is the right one for you.

Healing is very precious. If you feel good, a vibrant healthy feeling, you can handle anything in day to day living. Since the earliest of times, humanity has sought some means to cure earthly problems. Not only health, but the every day little and big problems of living, that, if not taken care of, can reflect in poor physical health and can result in death of the physical body.

As a Spiritual Healer, it should not be our purpose to only heal the physical body, but also the root causes of the problem. As I have stated many times before in articles and at our church services, we live in a Hurry, Hurry world, everything must be done faster, everything smaller or more efficient, a world where there is very little time left to even have a family meal at least once a day. Not too long ago, all meals were family meals, at least breakfast and supper, where the family could relax and talk about the days events and unwind from the problems of the day. That privilege has gone for the majority of people today, so they find themselves going to a psychiatrist to unload their problems.

Spiritual Healing is a very special form of healing, in that we can trust that our healing guides, doctors and chemists know what form of healing is needed. They know the person's needs and bring those spirit helpers to assist in those areas needing the greatest assistance; they are not limited by professional boundaries as our material healing professions are on this earth.

A Spiritual Healer, when attuned to the healing vibrations, is a clear channel to conduct that help to the individual seeking that healing. It is not the healers job to analyze the problem; that is up to spirit. The healer is like a funnel or transformer that is the link between spirit and the one receiving the healing. The healer only needs to accept the healing process, but should never attempt to diagnose the problem, or at any time, prescribe a treatment. That is not their job and in many places would be unlawful.

Prevention is the easiest form of healing. I have heard people comment that a person's hobby is a form of healing. That a day fishing on a quiet lake is a form of healing. A walk in the woods with your dog, or sometimes alone, to enjoy the peace is also very healing. That time spent in a Spiritualist church service can be a great healing, if that person will leave their problems and stresses outside the church doors and just let the peace and spiritual vibrations flow through them.

Just take a little time for yourself in this Hurry, Hurry world we live in. Take time to live. We were never put on this wonderful earth to work or worry ourselves to a quick departure. We are here to enjoy the Universe that Infinite Intelligence has created for us, to have the opportunity to learn, experience and enjoy. ⊙

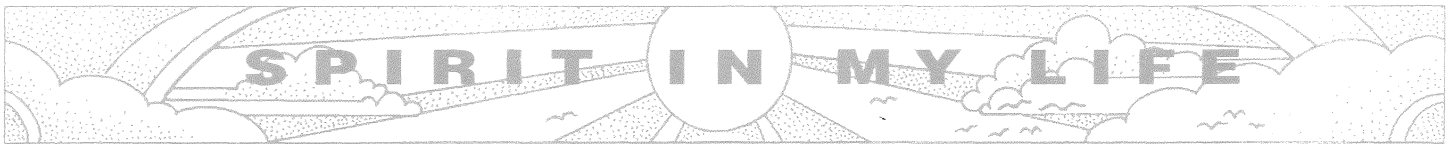
UNIVERSAL HARMONY, PEACE... *(Continued from previous page.)*

I have been using the word "Universe" all through this article and talking about our planet. I believe the Universe has many more intelligent beings than just the ones here on earth. So let's open our eyes and look at the big picture and include them in our mission to achieve universal harmony, peace and prosperity.

If I were to try to put this in a nutshell, I would say we have to learn how to "agree to disagree." You show me two friends, a brother and a sister, a husband and wife or two nations that agree on everything and I will show you one side of that team that is forced to yield in some fashion to the other side. That is not the right way to settle any dispute. So we have to learn how to "agree to disagree." That is called harmony. Harmony creates peace and peace creates prosperity. Do you see how simple that is?

I would like for everyone to give this very serious consideration before you think I have fallen off the deep end; believe me I have not. If we desire to make this a success, it will be successful. So, if everyone that reads this or hears about it will participate in the effort, we will all benefit tremendously.

⊙⊙⊙



Spirit In My Life *is a monthly column for each of us to share something that has affected our lives where our spirit friends are involved. We all have a story, let us hear yours.*

Love Leads To Wholeness

BY JUNE JOHNSON, California

Love, at one with light and truth, emanates continuously from Infinite Intelligence in a limitless stream of nourishing energy and fresh insight.

I hope my love story will demonstrate four points:

1. We attune to the vibration of love by focusing attention on what we love.
2. Loving relationships offer opportunities for growth and healing.
3. Apply *rhythm, interpretation* and *application* to solve problems.
4. Love leads to wholeness.

Parental love nurtures all the aspects of our being, combining physical care and sustenance, emotional bonding and encouragement, mental stimulus and discipline, and glimpses of the ideal and the transcendent spiritual.



Through our lives, loving connections continue to encompass more than physicality, or emotion, or intellect alone.

As a child, happily exploring the undeveloped hillside around my Los Angeles home, the toyon berry shrubs, blue-eyed grass and the trap-door spider became dearly beloved elements of the landscape.

By age five I'd fallen in love with books as I had fallen in love with my hillside, and when starting school, came to love both Michael and Vidella, a boy and a girl who joined me in the long uphill walk to our classrooms. From these memories, I associate love with mutual regard and a sense of safety.

By high school, in a trendy Southern California beach community, I'd forgotten what it was like to feel connected to the natural world. My intent then was on discovering my peer group's way of seeing—who is popular, who is attractive to the popular, what are the social rules, what is "normal" and what is "in." I prided myself on knowing how to "play it cool" by masking—even from myself—honest expression of sensuality or deep feelings, and often ignored my own reality, judging instead by imagining what others would think. Failing to make any real connection on a date, my thoughts turned to finding a better hair stylist. I didn't know how lost I was. A false note was present in every relationship.

Entering university provided new opportunities to discover likes and dislikes and explore my strengths. Time and again my ego would be built up, then dashed by seemingly arbitrary circumstances, including widely prevalent and blatant discrimination against women.

During this process of discovery, I enjoyed dating a highly intelligent and principled man who matched the ideal my mother held out to me. My efforts to impress him, by taking a lead role in a variety of service projects, however beneficial, did not make a heart connection.

Love pervades the universe, yet when the kind of knowing we're familiar with is incapable of perceiving it, it can seem impossible to find. How then do we find love?

WE ATTUNE TO THE VIBRATION OF LOVE BY FOCUSING OUR ATTENTION ON WHAT WE LOVE.

Just into the spring semester of my junior year, dissatisfied with my art studies, I told my roommate, "What I really want to do is go to Europe to look at paintings first hand." She replied, "Why...don't you?" Her question stunned me, sparking an invigorating new train of thought and quick action.

Traveling alone in Northern Europe, daily viewing hundreds of art masterpieces in museum after museum, refined my appreciation for art. I also met many other young travelers at hostel after hostel, in an environment which encouraged soul searching and heartfelt honesty. During these months, I discovered, or recovered, use of an inner guidance system, like radar, that could scan a room full of people and unerringly select a person who would prove to be admirable and trustworthy. You can imagine my delight and gratitude.

The practice of continuous focus on what we love serves to restore our intuitive guidance system for a direct recognition of the beloved.

(Continued on next page.)

SPIRIT IN MY LIFE: LOVE LEADS TO WHOLENESS *(Continued from previous page.)*

Continuing my journey across Germany by motor scooter, a robbery, and a rainstorm, running out of gas and a lost purse in the then Communist East Zone stranded me for a month in West Berlin at a beautiful hostel—with no money, no identification, no change of clothes, and no makeup.

Travelers arriving from all parts of the world taught me a way of being that did not rely on surface appearance. By "coincidence," near the end of this stay, finally getting all the paper work in order, my inner "radar" led me to notice a blond man with prominent blue eyes. Curious about my misadventures, he invited me into the sunlit garden for conversation after lunch.



His name was Carlton, he said with a beautiful bass voice. We talked on through the afternoon amid rose blooms and floating butterflies. I'd just come from Oslo, Norway and he was a Norwegian-American heading that way. He took my mother's address so he could replace three or four postcards of artist Advard Munch's work which had been lost with my stolen luggage.

As Carlton turned to leave, I experienced an astonishing burst of energy exploding like a bonfire at the base of my spine. This gentle engaging man certainly created an extraordinary effect in me!

Reason cannot explain why a particular person, place or event elicits a seemingly magical response in us. Love encompasses so much more than the mind can conceive, its effect on us seems totally illogical.

Carlton stayed on my mind. When he wrote, I felt free to write back—in complete honesty—whatever was on my mind, for I never expected to see him again. Through my senior year, Carlton's poetically descriptive travel letters lifted my spirits and opened my heart. He wrote from the island of Crete, with plans to rent a house on a quiet beach. He asked me to marry him.

Two months after graduation, I took a ship to Athens, eager to leave behind everything I found to be false in Los Angeles and determined to remain open to all that is truthful and honest.

LOVING RELATIONSHIPS BRING OPPORTUNITIES FOR GROWTH AND HEALING.

Consider love as a center to center connection. Whatever nourishment you need flows in, and the nourishment you have to offer flows out to your loved one.

With Carlton's encouragement, I abandoned myself to exploring the delights of the physical body: loving, swimming in the clear sea, eating the freshest of food, sharing stories with our new neighbors with lots of "body language," hiking in the hills, singing, and, the next year, birthing and nursing our first child.

Raised for most of my life within the confines of a mental view of reality, my years in Crete truly opened me to the discovery of a new world, a fulfilling awakening to time-honored, natural, and deeply satisfying human connections.

Crete is an ancient land which long honored the Goddess aspect of deity. Even today, Cretan girls are assumed to be strong and boys are treated as if they're more delicate. The women of Crete hold a unique position of strength and power—making the perfect environment for Carlton and I to establish our life together in full and equal partnership.

With a second child on the way, our long honeymoon came to an end. Carlton took a teaching job in the Sierra foothills. We practiced the simple life style we'd learned to appreciate in Crete before moving our children into suburban life in the central valley. Raising our two alert healthy children was a shared joy. Basking in the love of my family and grateful for all we'd achieved, I became consciously aware of spirit working in my life.

Before our children reached High School I lived in daily interaction with my spirit band and recognized that spirit had picked Carlton out and strongly influenced the circumstances of our meeting and of our life together.

It also became clear, at a subtle level, something was now amiss.

Although I'd always thought of Carlton as a "diamond in the rough," he didn't seem to be working on the polishing.

With a growing sense of alarm, I wondered if work with my invisible collaborators was leading me away from the relationship I held so dear.

One day, Carlton boldly announced he had no intention of supporting "an old lady" for the rest of his life and I'd better plan to support myself. I felt hurt and defensive. From my ordinary point of view, Carlton's starkly honest words seemed a betrayal and a disaster.

Our ordinary way of seeing makes it easy to dwell on conflict. We need to remember to seek resolution by going in our imagination to the source of truth and harmony, the Center of All Being.

As interfaith Minister Alan Seale, author of *Intuitive Living: A Sacred Path,* reminds us:

> *The soul is busy taking a journey and having experiences from which it will learn. It knows nothing of success and failure. The soul only knows truth, honesty, and integrity. As long as we live our lives from a place of truth and integrity, allowing Love to flow through our being, we are following a pathway toward healing.*

So, when confronting a challenge, remember to seek truth, honesty, and integrity. Pray that your way may be

(Continued on next page.)

SPIRIT IN MY LIFE: LOVE LEADS TO WHOLENESS *(Continued from previous page.)*

made plain to your understanding.

APPLY *RHYTHM, INTERPRETATION* AND *APPLICATION* TO SOLVE PROBLEMS.

This is the Reverend Florence Becker's 7th Faculty of Being: **Rhythm, Interpretation and Application.**



Her teachings tell us this Spiritual Faculty allows you to define, unfold, solve, and unravel all problems—for the employment of this faculty places you in tune with the rhythm and harmony of the universe.

Enter your sitting with an attitude of acceptance of truth rather than expectancy. Your opening affirmation could include: "The spirit of Infinite Intelligence operates within and through me." When ready, pointedly focus on the specific **Rhythm**, or vibration, of your relationship until you reach a point of concentration, and hold. Then let go concentration and surrender to Infinite Intelligence. Open to understanding the highest and best **Interpretation** of this vibration under present circumstances. Get impressions. As you come to clarity, allow the **Interpretation** from higher levels of awareness to guide your **Application** in the physical world.

As I tuned to Higher Source for understanding, I found the interior view was radically different from my expectations. Calmly and lovingly, and with great dignity, the idea was presented to me that Carlton and I had completed our original commitment to one another; it was time to look at who we had become with fresh eyes; and, it was time for me to "accept the gift" of freedom from the stereotypical obligations of a wife.

Gradually, I came to recognize that my commitment to Carlton was more truly to the God *within* rather than to his personality. From that time on, my loyalty has been directed to Infinite Source. This proved profoundly empowering.

Through prayers, dreams and visions, I became aware of a well of anger in myself which went far deeper than any anger against Carlton, as if I'd tapped into a universal seeking of vindication for all women who had ever fought injustice and prejudice simply because they were not men.

I envisioned myself as a volcano about to explode. The love of spirit taught me to transform this enormous store of energy into a regulated flow. Carefully exploring this depth of emotion in my sittings, I found jewels of truth and a new landscape, launching the most highly creative and productive period in my life.

LOVE LEADS TO WHOLENESS.

Infinite Loving Intelligence calls on us to use all our abilities in an atmosphere of love and healing. Spirit guided me to further my education, establish a business, make solid investments, and, when my children were grown, move to a new home and employment in San Francisco to better enable me to serve. True love teaches as much about how and when to let go as it does about holding close.

Rather than losing ourselves in love, with the help of spirit, loving relationships offer us endless opportunities to find opportunities.

Carlton chose to rejoin me and help. Twenty years later, we remain partners. From the outside, we look like, and are, an ordinary couple. From within, I am still discovering why spirit guided me to choose Carlton to be my life partner.

- *We attune to the vibration of love by focusing our attention on what we love.*
- *Loving relationships offer opportunities for growth and healing.*
- *Apply* **rhythm, interpretation** *and* **application** *to solve problems.*
- *Love leads to wholeness.*

Take time each week to reflect on the loves in your life, and what you learn from each.

◉◉◉

MONTHLY

Humor to put you in Good Spirits . . .

TAX ADVICE FROM JAY LENO

"Worried about an IRS audit? Avoid what's called a red flag. That's something the IRS always looks for. For example, say you have some money left in your bank account after paying taxes. That's a red flag."

– Jay Leno

"Except during the nine months before he draws his first breath, no man manages his affairs as well as a tree does." – *George Bernard Shaw*

"A discussion is an exchange of knowledge; an argument is an exchange of ignorance."

– *Robert Quillen*

Thoughts On The Tsunami

BY THE REV. DR. JEAN HAMNER, NST, Texas



As soon as I heard the news of the 2004 tsunami, thoughts began to flow. My first thought was, "Isn't it interesting that so many people chose to leave the planet together at this time?" Then came other thoughts: I wonder how many were fully aware that, on some higher level, they had chosen this path? What are the lessons for those of us left behind? How will that change us individually and as a group? I hope the animals are okay and cared for. What can we do and what Natural Laws are in effect?

First came the Laws of Thought, Prayer and Love. Pray for the water, air, mud, sand and sea animals and plants, birds and bugs, the survivors, those who perished and their helpers on both sides of the veil.

The Laws of Green Energy, Cause and Effect, and Karma were at play in thought that we should send money through organizations whose efficacy, love, compassion, morals, ethics and business methods and standards are above reproach, such as the Salvation Army and the Red Cross—bless the money before it is sent.

A desire to live in accordance with the Law of Harmony would cause us to become more in touch with Mother Earth, encourage others to become more in touch and in tune with the Earth and for us all to admit that we must be out of touch because so many of us perished while the land animals survived. We are Earth land animals, so why did only the humans not know and not survive?

When we are not living in accord with the Law of Balance, the Earth is distressed and will throw off the stresses by whatever means possible. That is God's law of Balance.

The Law of Responsibility requires us to do our part. We must encourage our governments, corporations, businesses of all sizes, schools, churches, groups, families, and individuals to put the Laws of Love and Compassion FIRST in all we think, say, and do. This is more important that any amount of profit or disposable income, something most of us have forgotten.

We have to get back to what is real. God jolted the consciousness of the entire world to get our attention! We must radically change. Spirit is there to help us do it. With their help and lots of our own determination, we can become different, committed to love all people, places and things as our primary motivation in life. We are to allow these changes to happen NOW.

It is time for us to change, to evolve. These large "catastrophic" events can help us do just that. Ask Infinite Intelligence, which some call God, your spirit guides and teachers, the angels, your own spirit band, as well as all your friends and loved ones in spirit to help you make giant leaps of spiritual growth and progress while all this releasing energy is with us. Just let go of the old sorrows, sufferings and old ways. Make room for the new dispensation of love and compassion.

Do not moan and groan about this. Do not ask "Why?" Do not bother others with your ego's fight against spiritual progress. Look within. Take personal responsibility for yourself. Do not brag about your recent progress. If you have made progress, people will see that. If you have not made progress or are not making the rapid progress you desire, do not talk a lot about that. Do not give energy to your negative thoughts about yourself or others. Just start acting like you have made progress, because you have. Have patience with yourself and others as the truth of the Laws of Love and Compassion at work begin to shine through you.

This is a great opportunity for the world to take this medicine and let it work on us. Let it change the focus of our intention, attention, and energy away from the wars, conflicts and material worries towards working together with Love, Compassion and all available resources to help others. Let that be done without the motives of material or political gain. Just let the love energy flow and let the mind be filled with our thought and prayer energy in a powerful, positive manner.

This tsunami could be the catalyst needed to bring about world peace, health, and harmony, to bring the world back into the light and love of the Divine. This tsunami is God's gift to us, an antidote to fear and war. ◉

***The Reverend Dr. Jean I. Hamner, NST, is an NSAC Ordained Minister, Certified Medium, Commissioned Healer and a Missionary. She is Pastor of the Angels of Light Spiritualist Church in Southeastern Caldwell County, in Texas.*

Positive Statements To Help Create a Positive Day.

Affirmations . . .

APRIL 2005

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 We are individualized centers of the all-creative Light.	**2** Healing begins in the heart and ends in the heart.
3 "A friend is one before whom I may think aloud." – *Emerson*	**4** Create your intention for the day before you get out of bed.	**5** "Friendship takes fear from the heart." – *The Mahabharata*	**6** God is the Divine healing power, and we are one with God.	**7** Life is made new, changes and continues in the perfection of God.	**8** "Perpetual optimism is a force multiplier." – *Colin Powell*	**9** "Old friends, like old wines, don't lose their flavor." – *Proverb*
10 "Friends are the family we choose for ourselves." – *E. Buchanan*	**11** Wherever you are is holy ground, whoever you are with is holy.	**12** I project love into all of my affairs, to all of my acquaintances.	**13** Thinking of others first helps you learn to live for others.	**14** I know my words and thoughts have power—I fill them with love.	**15** "You miss 100% of the shots you never take." – *Wayne Gretzky*	**16** There is no power apart from Divine power—accept it everyday.
17 Prayer is a gift from God with transforming abilities.	**18** "Life is either a daring adventure or nothing." – *Helen Keller*	**19** "We use the power of One Mind, which creates for us." – *E. Holmes*	**20** "A friend may well be reckoned the masterpiece of nature." – *Emerson*	**21** "I am a cosmic being of living light." – *Glen Hayden*	**22** "Our mind is ours to train into positive trends." – *Norah Boyd*	**23** Consciousness is eternal. Love is eternal. Life is eternal.
24 Flexibility is a key to working with our Divine Purpose.	**25** "Hold a true friend with both your hands." – *Nigerian proverb*	**26** We live in a world of consciousness, not in a world of form.	**27** When a problem arises I ask, "Where is God in this?"	**28** Today, as I sit in the silence, I look for the inner light.	**29** "Every person is surrounded by a thought atmosphere." – *SOM*	**30** I respect and love myself and others.

Love and prayer promote healing!





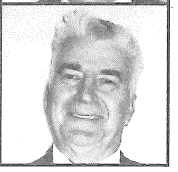

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DECKINGER, Rev. Sandi, Certified Medium, 649 - 16th Ave., 94118 - (415) 751-1384; e-mail: sjaudust@earthlink.net.

• CONNECTICUT •

LEBANON

ROTTINO, Rev. Kathleen L., NST, Certified Medium, Comm. Healer, private consultation by appt. only, classes, lectures, seminars, wedding ceremonies, 74 Scenic Dr., 06249 - (860) 642-7976, e-mail: k.rottino@snet.net.

• FLORIDA •

CASSELBERRY

LERCH, Rev. Jeannie Kerr, NST, Certified Medium, Comm. Healer, classes, seminars, private consultations, 335 Piney Ridge Rd., 32707-3805 - (407) 834-5378, e-mail: spiritknowledge@aol.com.

DAYTONA BEACH

SIKORA, Rev. Arlene, NST, Certified Medium, Comm. Healer, private consultations, 2800 N. Atlantic Ave. #516, 32118 - (386) 228-3864.

OCALA

HAGER, Rev. Elaine S., NST, Certified Medium, Comm. Healer, classes, seminars, private consultations, 9 Wood Ridge Dr., 34482-6683 - (352) 873-1951, e-mail: revelaine@cfl.rr.com.

WATSON, Rev. Sharon, NST, Certified Medium, Comm. Healer, classes, seminars, private consultations, 9 Wood Ridge Dr., 34482-6683 - (352) 873-1951, e-mail: sawatson@cfl.rr.com.

ORLANDO

OTZELBERGER, Rev. E. Ann, NST, Certified Medium, Comm. Healer, seminars, private consultations, 4332 Woodlynne Lane, 32812 - (407) 826-0807, Fax (407) 826-0469, e-mail: revann@bellsouth.net.

SANFORD

AWTRY-SMITH, Rev. Marilyn, NST, Certified Medium, avail.for Speaking Engagements, Public Demonstrations and Private Consultations, 118 Wax Myrtle Dr., 32773 - (407) 322-7585, e-mail: awtry7smith7@aol.com.

• ILLINOIS •

CHICAGO

BOESEN, Rev. Marian, NST, Certified Medium; Consultations by appt.; P.O. Box 826, Rock Falls, 61071, (815) 626-5788.

COVERSON, Rev. Marrice, NST, Certified Medium; Private consultations by appt. only, seminars, 5341 S. Cornell, 60615 - (773) 493-1967; e-mail: spiritspks@aol.com.

HEYWARD, Rev. Florence, Comm. Healer, Certified Medium; Pastor, Spiritualist Church of Truth, 6343 W. Cuyler, (708) 452-8754.

WILLIAMS, Rev. Arsenia J. Williams, NST, Certified Medium; Classes, seminars, workshops, private consultations, 10913 S. Parnell Ave., 60628 - (773) 995-1911, Fax (773) 995-9325; e-mail: arsenia9325@hotmail.com.

• INDIANA •

GARY

JAMES, Rev. Jesse Jr., Medium, by appt. only, 1301 Pennsylvania St., 46407- (219) 885-0091.

INDIANAPOLIS

BIANCHI, Rev. Robert, NST, Certified Medium, Comm. Healer, 9004 Woodmoss Lane, Apt. 1B, 46250 - (317) 570-0094; e-mail: reverendbob@direct2spirit.com.

• IOWA •

CLINTON

HORSTMAN, Rev. Bonnie & Harvey, NST, Certified Mediums, 1958 Glendale Rd., 52732 - (563) 242-8460.

DAVENPORT

BUCHHOLZ, Rev. William E., Medium and Comm. Healer, 806 E. Thirteenth St., 52803-4240 - (563) 326-3201.

• MAINE •

AUGUSTA

WALLACE, Rev. Earl L, Certified Medium, Comm. Healer, 124 Spring St., Gardiner, 04345 - (207) 582-6745; e-mail: godfreed@aol.com.

HARTFORD

NORRIS, Virginia, Licentiate Minister, Comm. Healer, 25 Camp Rd., 04220-5207 - (207) 597-2600.

SIGURDSSON, Rev. Rupert, NST, Comm. Healer, 25 Camp Rd., 04220-5207 - (207) 597-2600; e-mail: rupert@megalink.net.

LEWISTON

NYE, Rev. Gloria, NST, Certified Medium, 191 Dyer Rd., 04240 - (207) 786-4401; e-mail: spiritspeaks2u@adelphia.net.

LITCHFIELD

PARRY, Rev. Nancy Marshall, NST, Certified Medium, P.O. Box 146, 04350, (207) 582-3123; e-mail: nancyparry@hotmail.com.

• MARYLAND •

CHEVY CHASE

MEERSCHAERT, Rev. John, Certified Medium & Comm. Healer, private consultations by appointment, 3603 Faircastle Dr., 20815 - (260) 305-7233, e-mail: seespirit1@aol.com.

GLEN BURNIE / BALTIMORE

ROTHAMEL, Rev. John Edward Jr., NST, Certified Medium, Classes, Lectures, Seminars, Consultations, (410) 590-9187; e-mail: JRothamel@cablespeed.com.

• MASSACHUSETTS •

LOWELL

WINGOOD, Rev. Kenneth, 300 Douglas Rd., 01852 - (978) 454-4163.

WORTHINGTON

SULLIVAN, Rev. John F., Pastor of First Spiritualist Church of Springfield, Certified Medium, Comm. Healer, classes, counseling, private consultations, public lectures, 480 Huntington Rd., P.O. Box 392, 01098 - (413) 238-5344; e-mail: jsulli1942@aol.com.

• MINNESOTA •

ROCHESTER

YOUNG, Rev. Joyce E., NST, Certified Medium, Comm. Healer, 4814 115 Ave. NW, Byron, 55920 - (507) 775-6358; e-mail: jeyoung@rconnect.com.

YOUNG, Rev. John E., NST, Certified Medium, Comm. Healer, 4814 115 Ave. NW, Byron, 55920 - (507) 775-6358; e-mail: jeyoung@rconnect.com.

• NEVADA •

CARSON CITY

HOBLITT, Emma, Certified Medium, Comm. Healer; 893 Vista Park Dr., 89705 - (775) 267-9988.

PANACA

SAVAGE, Virginia, Licentiate Minister, Certified Medium, phone readings available, (775) 728-4776.

RENO

BUTLER, Rev's Tom and Lisa, NST, Directors NSAC Dept. Phenomenal Evidence, Comm. Healers, Certified Mediums, Directors American Assoc. of Electronic Voice Phenomena, P.O. Box 13111, 89507, e-mail: phenomena@nsac.org, web sites; http://nsacphenomena.com & http://aaevp.com.

• NEW HAMPSHIRE •

SALEM

BAUMHOFF, Mary Lou, Certified Medium, P.O. Box 2223, 03079-1152 - (603) 898-8854.

WINDHAM

SNELL, Rev. Catherine, NST, Certified Medium, by appt. only, 23 Pleasant St., 03087-1775 - (603) 880-3599; e-mail: csnell45@adelphia.net.

TRAVIS, Rev. Janet, NST, 23 Pleasant St., 03087-1775 - (603) 880-3599; e-mail: jtravis24@adelphia.net.

• NEW YORK •

BELLMORE

RIVERA, Rev. Milagros G., Medium and Spiritual Counselor, Healer; Readings and Classes, 1830 #21 Bellmore Ave., 11710-5567 - (516) 781-9773.

CLIFTON PARK

KRAMER, Rev. Hillary, NST, Certified Medium, 15 Huntwood Dr., 12065 - (518) 371-8975.

EAST AURORA

KLEINSCHMIDT, Rev. Charlene, NST, Certified Medium; Albert C., Certified Medium, Comm. Healer, 1071 Wish Circle, 14052-9656 - (716) 652-4972.

HOLBROOK

BERG, Rev. Virginia, Pastor, A Sanctuary of Infinite Spirit, NSAC, 1280 Claas Ave., 11741-3902 - (631) 588-3150; e-mail: VBergLI@optonline net.

HUNTINGTON

SCHOELLER, Rev. Richard P., NST, Certified Medium, Comm. Healer, by appt. only, 75 Prospect St., Ste. 3, 11743 - (631) 271-2985; e-mail: RPSchoeller@netzero.net.

LAKE RONKONKOMA

DUFFIELD, Rev. Patricia Anne, NST, Certified Medium, Comm. Healer, 10 Ackerly Lane, 11779 - (631) 588-5869; e-mail: kenpatduff@hotmail.com.

LILY DALE

BURDICK-CAREY, Rev. Beverly, Certified Medium, 13 3rd St.,P.O. Box 1087, 14752 - (716) 595-2205.

KINCAID, Rev. Sylvia W., NST, 5 Fourth St., P.O. Box 261, 14752-0261 - (716) 595-8717; e-mail: Sylkin@netsync.net.

WEST BABYLON

LLOYD, Rev. Nancy A., NST, Certified Medium and Counselor (call or write for appointment); Mail: 10 Muncy Ave., Apt. 301, 11704 - (631) 669-3226; e-mail: nlloyd@suffolk.lib.ny.us.

• NORTH CAROLINA •

HENDERSONVILLE

GRIFFITH, Rev. Gail, NST, 175 Crestview Dr., 28791 - (828) 891-1312; e-mail: gailgriffith@juno.com.

• RHODE ISLAND •

State Wide

KENT, Revs Lynn and Brian, Certified Medium and Commissioned Healer; specialize in physical phenomena table-tipping workshops, public readings for charity and death grief counseling. (401) 864-8307; e-mail: lynn@lynnkent.com; website: www.lynnkent.com.

• OHIO •

FAIRBORN

MOSCHKE, Rev. Raymond J., Comm. Healer, 1468 Ironwood Dr., 45324 - (937) 878-1165.

• PENNSYLVANIA •

McKEESPORT

BRYNER, Ella, Medium, Comm. Healer, 401 Pirl St., Apt. 4H, 15132 - (412) 673-7880.

PITTSBURGH

O'HARE, Carol, Licentiate Minister, P.O. Box 1981, 15230-1981 - (412) 461-7002.

PORT VUE

KRALL, Frances, Medium, 582 Upston St., 15133 - (412) 678-2091.

• TEXAS •

AUSTIN

BROWN, Mrs. Frances Cervin, Licentiate Minister and Certified Medium, 2721 S. Congress, Apt. 2111, 78704 - (512) 447-2188.

HOUSTON

JESSUP, Rev. Jovita V., NST, Comm. Healer, Certified Medium, 5655 Meadow Creek Ln., 77017 - (713) 947-6586.

LOCKHART

HAMNER, Rev. Dr. Jean I., NST, Pastor, Angels of Light; Lectures, workshops, circles, private readings; Mail c/o Angels of Light 2714 FM 713, 78644-4163 - (512) 376-5310; e-mail: Angelsoflighttx@aol.com. Please put "TNS" in subject line.

LINCOLNVILLE

CROES, Rev. Lois, 2707 Polk St., Killeen, TX 76543.

• VIRGINIA •

ALEXANDRIA

KRITHADES, Rev. Christine, NST, 5904 Mt. Eagle Dr., Unit 318, 22303-2500 - (703) 317-1707.

HAMPTON

BROWN, Rev. Carol A., NST, 712 Big Bethel Rd., 23666-2802 - (757) 826-9652; e-mail: CLBrown1@mindspring.com.

NORFOLK

CUTLER, Rev. Lelia E., NST, 7310 Midfield St., 23505-4126 - (757) 480-3799.

SPRINGFIELD

GEHMAN, Rev. B. Anne, NST, Certified Medium, Comm. Healer, 5409 Backlick Woods Court, 22151 - (703) 354-5767.

VIENNA

STRANAHAN, Rev. Patricia A., NST, Certified Medium, 1717 Besley Rd., 22182 - (703) 938-2512.

VIRGINIA BEACH

CRIBB, Rev. Kathleen, 900 Park Landing Ct., 23456 - (757) 471-2414, cell (757) 573-6704, e-mail: BubbaCribb@cox.net.

• WASHINGTON •

SEATTLE

PEMBERTON, Rev. LaVerne, Ordained Minister of Church of Spiritual Unity, 3827 S. Mead, 98118 - (206) 722-2348.

• WEST VIRGINIA •

GREAT CACAPON

STARR, Rev. Barbara, NST, Comm. Healer, 4245 Woodmont Rd., 25422 - (304) 258-4861.

• CANADA •

MONTREAL, QUEBEC

ROSSNER, Rev. Dr. Marilyn, Ph.D., Pres./Pastor, Spiritual Science Fellowship, 1974 de Maisonneuve W., H3H 1K5 - (514) 937-8359.

DIRECTORY OF NSAC CHARTERED CHURCHES & AUXILIARIES

• ARIZONA •

PHOENIX - Church of the Living Spirit, NSAC
Meeting place: LaQuinta Inn, 2510 W. Greenway Rd., 85023; Mailing address: 3521 W. Topeka, Glendale, 85308-2325; Pastor, Rev. Sandra Pfortmiller, NST, (623) 581-5544; Sun. Serv. 10:30 a.m.; Healing and All Message Service, 2nd Wed. of the month at 7:30 p.m. Tues. Classes 7:00 p.m., call about location; website: www.churchofthelivingspirit.org.

• CALIFORNIA •

CALIFORNIA STATE SPIRITUALISTS' ASSOCIATION
Pres., Janice Foote, (408) 244-1379; Secy., Melissa J. Haddick, 640 The Alameda, Berkeley, 94707-1602, (510) 524-0910, ext. 2, Fax (510) 524-1027; e-mail: cssa@mjaustin.com.

AUBURN - Spiritualist Chapel of the Pines
457 Grass Valley Hwy. #7, 95603; Sun. Serv. 10:00 a.m.; All Message Serv. 7:00 p.m. the first and third Fri; Pastor, Rev. George Brenner; Pres., Edward Killmer; Secy., Evie Sordelet (916) 481-8729; Tel. (530) 823-1816, Fax (916) 663-4691.

MONROVIA - The Spiritualist Church of Revelation
200 W. Colorado Blvd., 91016; Sun. Services 10:30 a.m.; Pastor, Martin Pina; Pres., Mary Munerlyn; Secy., Barbara Williams; Church phone (626) 256-3403; e-mail: Greenry@earthlink.net.

SACRAMENTO - Central Spiritualist Church, NSAC
2500 Marconi Ave., Suite 209, 95821-4855. Mailing Address: 4800 Auburn Folsom Rd., #63, Loomis, 95650-9328; Sun. Serv. 10:00 am.; Classes - (see Pastor) Healing and All Message Serv. 7:00 p.m.; Pres., Denise E. Bell; Pastor and Secy., Rev. Sandra G. Dawson, NST., 4800 Auburn Folsom Rd., #63, Loomis, 95650, (916) 652-4568; e-mail: rdawson@wizwire.com.

SAN BERNARDINO - Temple of Spiritual Truth, NSAC
732 N. Sierra Way, 92402. Sun. Serv. & Healing 11:00 a.m.; Secy., Richard Patteson, P.O. Box 7006, Riverside, 92513.

SAN FRANCISCO - The First Spiritual Temple, NSAC
No weekday evening classes at this time; all correspondence and inquiries to Ms. Elsie Ann Soria, Secy., 460 Dellbrook Ave., So. San Francisco, 94080, (650) 583-2739..

SAN FRANCISCO - Golden Gate Spiritualist Church
1901 Franklin St. (Corner of Clay) 94109; Sunday, Lyceum 9:30 a.m., Sept. thru May; Healing 10:30 a.m., Devotional Serv. 11:00 a.m.; Wed. Healing 7:30 p.m., Serv. 8:00 p.m., (415) 885-9976; Pastor, Rev. David Burr, NST; Pres., Sonny B. Gee; Secy., Engeltie Lauderback; website: www.GGSC.org.

SAN JOSE - The Spiritual Science of Life Church, NSAC
"The Friendly Church," 729 Morse Street, (Corner of Morse St. & Naglee), 95126; email: tssolc@hotmail.com; Sun. Serv. 6:30 p.m., 2nd & 4th Sunday; Pastor Rev. Louise Peruch, NST; 5409 N. Staple Way, 95236, (209) 887-2043.

SAN LEANDRO - Spiritualist Church of Two Worlds
1550 San Leandro Blvd., (Deaf Comm. Center) 94577; Sun. Serv. Healing 10:30 a.m., Reg. Serv. 10:45 to 12:00; Co-Pastors, Rev.'s Betty and Don Nauratil, (925) 283-1449; Pres., Rev. Sandi Deckinger, 649 16th Ave., San Francisco, 94118, (415) 751-1384; All mail to Secy., Rev. Betty Nauratil, 1048 Via Roble, Lafayette, 94549-2925.

SANTA BARBARA - Summerland Spiritualist Church of The Comforter
1028 Garden St., 93101; (805) 965-4474; Pastor, Rev. Sandi Cook, NST, e-mail: churchofthecomforter@msn.com; Sun. Healing Serv. 10:30 a.m., Devotional Serv. 11:00 a.m., Wed. Message Serv. 6:30 p.m., Unfoldment Classes Sunday, Monday 1:30 p.m., Thursday 7:15 p.m.; Call for information on the Rev. Foard Memorial Library.

• COLORADO •

LITTLETON - Chapel of Spiritual Awareness
Pastor, Patricia J. Haskins-Schott, (303) 973-9993; **All mail** to: 6457 S. Xenon St., 80127; e-mail: chapelspiritawar.com.

• CONNECTICUT •

CONNECTICUT STATE SPIRITUALIST ASSOCIATION
Pres., Lynn Gaffin, 70 Dell Ave., B5, New London, 06320-3346; Secy., Chris Bellamy, 29 Park St., Norwich, 06360.

NEW LONDON - New London Spiritualist Church
2 Moore Court, 06320; (860) 440-3150; Sun. Serv. 10:30 a.m., Thurs. All Message Service 7:30 p.m.; Pres., Rev. Lynn Gaffin, 70 Dell Ave., #B5, 06320; Secy., Rev. Lynn Gaffin; e-mail: slynnh@aol.com; website: www.nlspiritualist.com.

NEWINGTON - The Church of The Infinite Spirit
Masonic Temple, 80 Walsh Ave., 06111; Sun. Serv. 10:30 – 12:00 the second and fourth Sundays during Sept., Oct., Nov., Jan., Feb., April, May and June. Open the first, third and fifth Sundays in Dec., and the first, second and fourth Sundays in March. Closed July & Aug.; Pastor, Allen Noddin, 174 Daley St., Forestville, 06010; Pres., Michael David Taylor, 42 Randall Ave., West Hatford, 06110, e-mail: shaktiflex@aol.com; Secy., Rosemary Wolff, 1229 Winsted Rd. #93, Torrington 06790, e-mail: lsage@snet.net. Contact Mary Ann Noddin at (860) 582-7385 for further information.

NIANTIC - Ladies Aid Society Camp at Pine Grove
June 16 - Sept. 11. Services, Sundays at 2:30, Tue., Thur., Sat. 7:30. For a program listing all Summer activities write to: Acting Secy., Susan Ferency, 12 Butlertown Rd., Waterford, 06385.

NORWICH - National Spiritualist Church of Norwich, Inc.
29 Park St. (off Main St.), 06360, (860) 886-8522; Secy., Sandra Morse.

OLD GREENWICH - Albertson Memorial Church Of Spiritualism
293 Sound Beach Ave., 06870; (203) 637-4615; Sun. Serv. 11:00 a.m., all welcome.

WILLIMANTIC - The First Spiritualist Church of Willimantic
268 High St., 06226, (860) 423-5774; Sun. Serv. 10:30 a.m. Sept. thru May; service twice a month June thru August. For more information, please call the church; Pastor, Joyce Orcutt, 133 Wales Rd., Andover, 06232, (860) 742-7846; Licentiate Minister, Clinton Cady, P.O. Box 67, 06226; President, Bruce Crowell, 71 Hickory Dr., Hebren, 06248; Secy., Aristia Partiss, 161 Bear Swamp Rd., E. Hampton, 06424; Treas., Elizabeth Quick, 197 Ohio Ave., W. Springfield, MA 01089.

• DISTRICT OF COLUMBIA •

WASHINGTON - The Church of Two Worlds, NSAC
Phone (202) 333-5114; Sun., Healing 2:00 p.m., Serv. 2:30 p.m.; Unfoldment & Abundance Class Wed. 7:30 p.m.; Pres., Michael Gallion, LM; Secy., Rev. John Meerschaert, (240) 305-7233.

• FLORIDA •

ORLANDO - Spiritualist Church of Awareness, NSAC
3210 N. Chickasaw Trail (P.O. Box 571043, 32857-1043), (407) 678-3688 Please leave message; Sun. Serv. 10:30; Wed. Serv. 7:30 p.m.; Healing, Lecture, Messages at all services; Sun. Children Lyceum; Pastors, Rev. Jean Kerr Lerch, NST, (407) 834-5378, and Rev. E. Ann Otzelberger, NST, (407) 826-0807; Pres., Rev. Jean Kerr Lerch; Secy., Stacy K. Davis, (407) 658-7624; Spiritualistchurchofawareness.org.

• ILLINOIS •

ILLINOIS STATE SPIRITUALIST ASSOCIATION OF CHURCHES
Secy., Stanley L. Pierce, 6458 So. Maryland, Chicago, 60637, (773) 324-1065.

BURNHAM - Puritan Spiritualist Church, NSAC
13906 Greenbay Ave., 60633-1614; Sun. Serv. 2:30 p.m.; Pastor, Anna Gross, 10930 Ave. "M", Chicago, 60617-6929; Secy., Sandy Kilemek, 531 Pottawatomie Trail, Porter, IN 46304.

CHERRY VALLEY - Cherry Valley Spiritualist Camp, Inc.
8002 Service Rd., 61016, (815) 332-5359; Camp Season: June 1 thru Sept. 30; Serv., 10:30 to 11:00 Healing Meditation, 11:00 to 12:30 Church Service, Pot Luck follows; Pres., Ken Boesen (815) 626-5716; Secy, George Kittnar (815) 633-9150.

CHERRY VALLEY - Christabelle Spiritualist Church
8002 Service Rd., 61016. (815) 332-5359; Healing Serv. 10:30 a.m., Worship Service 11:00 a.m. every Sunday, Oct. thru May at Cherry Valley Spiritualist Camp; Pastor, Rev. Marian Boesen, (815) 626-5716; Pres. Kenneth Boesen, (815) 626-5716; Secy., Martha Witt, 1204 Game Farm Rd., Yorkville, 60560, (630) 553-2517.

CHICAGO - First Spiritualist Church of Harmony, Unity & Truth
Located in Tucker Smith Washington Spiritualist Temple, 6146 S. Ashland Ave., 60628; Worship Services 3:30 p.m. until 5:30 p.m. the 1st, 3rd, 5th Sundays of the month and on some common religious holiday Sundays. Secy., Antoinette Preston; Pastor, Rev. Arsenia Williams, 10913 S. Parnell Ave., 60628.

CHICAGO - The Church of The Spirit
2651 N. Central Park Ave., 60647-1101, (773) 489-5422; Chicago's Oldest Spiritualist Church; Sunday Family Worship - Healing 10:00 a.m., Worship Serv., 10:30 a.m.; Worship/Message Serv., Wed. 7:00 p.m., Development Class 8:00 p.m.; Pastor, Rev. Marrice Coverson; Secy., Dr. Alan Tenczar.

CHICAGO - Spiritualist Church of Truth
6343 West Cuyler (1/2 block north of Irving Pk.) 60634; Serv. 2:45 p.m., Healing, Lecture, Messages every Sunday, Lyceum Class every other Sunday at 2:00; Pastor & Pres., Rev. Florence Heyward; Secy., Judith Galar, 4050 N. Oriole Ave., Norridge, 60706-1117, (708) 452-8754.

CHICAGO - Tucker Smith Washington Spiritualist Temple
6146 S. Ashland Ave., 60636, (312) 436-0366.

LE ROY - J. T. & E. J. Crumbaugh Spiritualist Church
102 S. Pearl St., P.O. Box 174, 61752-0174); (309) 962-9076; Sundays-Adult Lyceum 11:00 a.m., Service 12:00 p.m.; Pastor, Rev. Bob Bianchi, NST; Pres., Joseph Meyer; Secy., Sharon Bianchi, (317) 570-0094. website: www.crumbaughchurch.org; e-mail: reverendbob@direct2spirit.com.

• INDIANA •

INDIANA STATE ASSOCIATION OF SPIRITUAL SCIENCE, NSAC
Secy., Bonnie J. Darby, 7274 Lakeside Woods Dr., Indianapolis, 46278, (317) 329-1217, Fax (317) 329-1218, e-mail: bdarby02@sbcglobal.net; Pres., Rev. Mildred Schlagel, (317) 291-0799.

GARY - First Spiritualist Church, Inc., NSAC
2430 W. 11th Ave.; Serv. Sun. 3:00 p.m.; Pastor & Pres., Rev. Jesse James, Jr., 1301 Pennsylvania St., 46407; Secy., Angeletta Banks; Unfoldment Classes 1st & 2nd Sat. of each month, 1:00 to 4:00 p.m., Lyceum Sun. 3:00 p.m., Jacqueline Crooms and Donna Emery.

INDIANAPOLIS - New Dawn Spirit of Light Church, Inc., NSAC
3737 W. 10th St., 46222-3376; Sun. Serv: 10 a.m. Healing - 11:30 a.m. Worship and Message Serv. - Kids Time 11:00 - 11:30 a.m.; Wed. 7:00 p.m. Development Class and Meditation; Every 5th Sunday All Message Service, covered dish dinner; Adult Lyceum 10:00 a.m.-10:55 a.m. every 4th Sunday; Church phone, (317) 917-0427; Secy., Marilyn Smith, (317) 291-9550; Pres. & Pastor, Rev. Mildred Schlagel, (317) 291-0799.

MICHIGAN CITY - Spiritual Science Church, NSAC, Inc.
314 W. Coolspring Ave., 46360; Sun. Serv. 10:30 a.m.; Pastor, John Kampf, (574) 298-5080; Secy., Karen Ketchum, (219) 362-1878; Treas., Regina Schultz, (219) 229-0544; All corresp., Spiritual Science Church, 1506 Farrand, LaPorte, 46350.

• IOWA •

CLINTON - First Spiritualist Church
5416 - 6th Ave. So., P.O. Box 123, 52732-0123, (319) 243-3233.

CLINTON - Mississippi Valley Spiritualist Assoc. Camp
P.O. Box 2019, Michigan City, IN 46360-2019; 2005 Camp Season, 7-9-05 thru 8-19; Stella LaTour, Secy., (219) 871-0686.

CLINTON - Sunflower Spiritualist Church
10 Mt. Pleasant Park; Mail to: P.O. Box 6, 52733-0006; Sun. Serv. at 10:00 a.m.; Co-Pastors, Rev. Harvey and Rev. Bonnie Horstman, NST; Secy., Rev. Bonnie Horstman.

DAVENPORT - Spiritualist Harmony Church
1429 W. Seventh St., 52802-1212, (563) 324-9659; Sun. Healing Serv. 1:30 p.m.; Worship & Message Serv. 2:00 p.m.; Pres., Shirley Long, (563) 332-4111; Secy./Treas., Joy Strasser, (563) 445-1144.

• MAINE •

MAINE STATE SPIRITUALIST ASSOCIATION OF CHURCHES
Pres., Graham Connolly, 66 Martin Heights, Raymond, 04071, (207) 655-6673; Secy., Betty Simpson, 715 Newburgh Rd., Hermon, 04401, (207) 848-2273; Treas., Jeanne Bower, 159 Northport Ave., Belfast, 04915, (207) 338-1355.

AUGUSTA - Augusta Spiritualist Church
Corner of Perham & Court Sts.; P.O. Box 2492, 04338; (207) 622-8980; Sun. Serv. 10:30 a.m.; Thurs. Awareness Class 7:00 p.m.; Pastor, Rev. Vaikko P. Allen, Sr., NST, (207) 622-2799, e-mail: vallen@adelphia.net.

BANGOR - The Harrison D. Barrett Memorial Church, NSAC
114-118 Harlow St., (under Tesoro Restaurant); Sun. Serv. 10:00 a.m.; Secy., Betty Simpson, 715 Newburgh Rd., Hermon, 04401, (207) 848-2273, e-mail: simpsonb@hermon.net. Church services may be canceled due to inclement weather; church services will be canceled for the summer from July 1, 2005 until the 4th Sun. in Sept. 2005. Gallery Readings are held the second Friday of every month at 7:00 p.m. Please call the secy. for more information; other contact number for the church is Sandy Scott, Pres. (207) 223-5004.

HARTFORD - Pinpoint of Light Spiritualist Camp
Mail address: 25 Camp Rd., 04220-5207; Open July and August - Service, Seminars and Classes; Co-Pastor & Secy. Virginia Norris, LM, CH; Pastor, Rev. Rupert Sigurdsson, NST. For information, Phone (207) 597-2600; e-mail: rupert@megalink.net.

HARTFORD - Pinpoint of Light Spiritualist Center
Mail address: 25 Camp Rd., 04220-5207; Sun. Serv. 11:00 a.m.-12:30 p.m., followed by a potluck lunch; Classes Wed. 7:00-9:00 p.m.; Co-Pastor & Secy., Virginia Norris, LM, CH; Pastor, Rev. Rupert Sigurdsson, NST; For information, phone (207) 597-2600, e-mail: rupert@megalink.net.

MADISON - Madison Spiritualist Camp
Located at Historic Lakewood Village, Rt. 201, six miles north of Skowhegan, ME. We meet July 10th through August 21st. Schedule to be announced. For information, contact President John Davidson, 74 Central Ave., Waterville, 04901, phone (207) 877-2204; e-mail: jdavidson@gwi.net; or Debi Ludden, (207) 474-0007. We have no accommodations for the general public for rooms, camping, or meals. There are plenty of locations in the surrounding area.

NORTHPORT - Temple Heights Spiritual Camp Assoc.
Shore Road, Northport on Penobscot Bay; Camp session is from mid-June through Labor Day. A different featured medium each week. Church services Sun. at 2:30 p.m.; Tues. & Thurs. at 7:30 p.m.; Message Circles Wed. & Sat. at 7:30 p.m.; Workshops/seminars on Sat.; Accommodations available; June-Sept. call (207) 338-3029; Off season contact Pres., Earl Wallace at (207) 582-6745 or 124 Spring St., Gardiner, 04345; e-mail; godfreed@aol.com or Secy., Sue Jalbert, 66 Martin Heights, Raymond, 04071; e-mail: cats2@maine.rr.com; website: www.templeheightscamp.org .

NORTHPORT - Temple Heights Spiritualist Church
Shore Road, Northport; Services 2:30 p.m. Sundays at Temple Heights Spiritual Camp from May to October and at Excelsior Lodge on the Shore Road, Saturday Cove, Northport from Nov. to April; (207) 338-3029; Pres, Jean E. Bower, 159 Northport Ave., Belfast, 04915-6003, (207) 338-1355; Secy., Aloha Foley, Belfast, 04915-6003.

PORTLAND AREA - Portland Spiritualist Church
719 Main St., (Unitarian Universalist Church), Westbrook; Mailing Address: P.O. Box 6551 PTS, 04102; Sun. Serv. 6:30 p.m.; Fri. Class 7:30 p.m.; Pres., Graham Connolly, (207) 655-6673; e-mail: pschurch@maine.rr.com; website: www.portlandspiritualistchurch.org.

PORTLAND - Inner Light Spiritualist Church
32 Thomas St. (Williston-West Church), 04102; Mailing Address: P.O. Box 2484, So. Portland, 04116; Sun. Serv. 6:00 p.m.; Gallery Readings - 3rd Friday; Rev. Gloria J. Nye, NST, (207) 786-4401; e-mail: spiritspeaks2u@adelphia.net; Pres., Mary Bruce, (207) 289-0498.

• MARYLAND •

GLEN BURNIE/BALTIMORE - The Light Center Spiritualist Church
HELD AT: 13 1st Avenue SW, Glen Burnie, 21061. OFFICE: 7851 Foxfarm Lane, Glen Burnie, 21061-6324; (410) 590-9167, Fax (443) 628-2428, Info@LightCenter.org, www.LightCenter.org. SERVICES: Sunday Devotional Serv. - 11:00 a.m.; 5th Fri. – Healing/Message Serv. – 7:30 p.m. CLASSES: 1st Friday: Meditation – 7:30 p.m.; 2nd/3rd/4th Friday: Devotional/Unfoldment – 7:30 p.m. EVENTS: Workshops, Guest Speakers/Mediums, Picnics, Field Trips, Seances, Circles, Dinners, Community Awareness/Aid Programs, Gallery Readings.

• MASSACHUSETTS •

ONSET - On-I-Set Wigwam Co-Workers Spiritualist Camp
Season opens June 9th till Labor Day weekend; Camp phone (860) 439-1395; Sun. Serv. 2:30 p.m.; Wed. Open Class 6 p.m. & Service 7:30 p.m.; Mediums Day's - Message Circles - Workshops/Seminars scheduled; Secy., Rev. Susan Ferency, 12 Butlertown Rd., Waterford, CT 06320, (860) 439-1395. Prior to season call or write for a full program.

REHOBOTH - First Spiritualist Church of Brockton, Inc., NSAC
Services held at 10:30 a.m. every Sunday at the Anawan Grange Bldg., junction Rts. 44 & 118; Mailing address: P.O. Box 145, 02769, e-mail: firstspiritualistchurch.com. For more information contact Secretary Jodi Sheffer at (401) 885-3838.

SALEM - First Spiritualist Church of Salem
34 Warren St., 01970; Sun. Early Serv. 5:30-6:00 p.m.; Lunch break 6:00-6:30 p.m., Healing & Evening Serv. 6:30-8:00 p.m.; Telephone for weather cancellations, (978) 745-2098; Church season is Sun. after Labor Day - June; Pres., Bradley Gosselin, 147 Sylvan St., Danvers, 01923 - (978) 774-1571, e-mail: BGoss92409@aol.com; Secy., Nancy L. Karolides, 144 Boston St., Middleton, 01949, (978) 774-4048.

SPRINGFIELD - The First Spiritualist Church of Springfield, Inc.
33-37 Bliss St., 01105, (413) 732-1234; Worship Serv., 2nd Sun. after Labor Day until last Sun. in June at 10:30 a.m.; Development classes with sign-up; Pastor, Rev. John F. Sullivan, P.O. Box 392, Worthington, 01098 - (413) 238-5344, e-mail: jsulli1942@aol.com; Pres., Tom Ruelke, 86 Orchard Hill Rd., Littleton, NH 03561, e-mail: bigrock@verizon.net; Secy., Denise St. Pierre, e-mail: Denise1957@aol.com.

• MICHIGAN •

MICHIGAN STATE SPIRITUALIST ASSOC. OF CHURCHES
Pres., Marcia Hyatt, 4161 Buckingham, Detroit, 48224-3538; Secy., Rev.

Marguerite I. Gutt, NST, 813 E. Evelyn, Hazel Park, 48030-3106, (248) 548-2240.

CHARLEVOIX - The Golden Rule Spiritualist Church
07444 Old US 31 North, 49720-9422, (231) 347-3899; Sun. Serv. 10:30 a.m., except during July and August because our "camp" operates in the same location. (During cold weather months it is advisable to call our Secretary just in case. We held services for the winter of 2001/2002, but weather is beyond our control.) Located halfway between Petroskey and Charlevoix. Turn on Murray Road and immediately turn right on Old 31 N - go 8 tenths of a mile on the left; Pastor, Rev. Cosie Allen, NST and Certified Medium; website: www.churchseek.net/church/goldenrule; Contact Person: Jinki Boyer-Goodwin, Secy., 9546 Ingleside Rd., Levering, 49755, home phone 231-537-2938.

CHARLEVOIX - Northern Lake Michigan Spiritualist Camp
Please see Golden Rule Spiritualist Church listing for contact information, driving directions, or website www.nlmsc.org: Open July and August for Sunday services at 10:30 a.m. and Wednesday services at 7:30 p.m.; Potluck follows Sunday service and bonfire with snacks follows Wednesday service; Classes, circles and readings/private consultations available. Pastor, Rev. Cosie Allen, NST and Certified Medium.

FERNDALE - First Spiritualist Temple of Detroit
2724 Goodrich, 48220; Sun. Serv. 8:00 a.m.; Secy., Diane Smith.

LESLIE - Flower Memorial Spiritualist Church
Jackie North, e-mail: J91943@AOL.com, (517) 589-9259.

ROYAL OAK - First Spiritual Temple
3224 Greenfield Rd. (1 1/2 blocks So. of 13 Mile), 48073-6534; Sun. Serv. 10:00 a.m. & 7:00 p.m.; Pastor, Rev. Marguerite Gutt, NST, (248) 548-2240.

SOUTH BRANCH - Chain Lake Spiritualist Camp Association
8000 W. Chain Lake Rd., 48761-0089; Sun. Serv. 11:00 a.m., June 1, 2005 through Sept. 1, 2005; Annual Retreat July 10-15, 2005; Lyceum Dir., Dawn Hyatt; Pres., Donald Weichner, 8022 W. Chain Lake Rd., P.O. Box 89, 48761-0089.

• MINNESOTA •

MINNEAPOLIS - Spirit of Life Spiritualist Church
Services at Lake Harriet Comm. Church at 4401 Upton Ave. S., 55410.

ROCHESTER - Third Spirit of Life Spiritualist Church
Meeting place: 1500 First Ave. NE, Ste. 112; Services Mon. 7:00 p.m.; Pastors, Rev. Joyce E. Young, NST, and Rev. John E. Young, NST; Secy., (507) 775-6358; Mailing address, P.O. Box 7312, 55903.

ST. PAUL - Spiritual Science Church
411 Main St., 55102; Sun. Serv. 10:00 a.m.; Pres., Joan LeDuc, 2169 Scheffer Ave., 55116, (612) 225-4609 (church) or (612) 699-4858 (home); Secy., Gerold Kemling, c/o 2169 Scheffer Ave., 55116-1255.

• MISSOURI •

ST. LOUIS - Fifth Spiritualist Church of St. Louis
6026 S. Kingshighway Blvd., 63109-3558; Sun. Serv. 10:30 a.m.; Healing, Meditation & All Message Service, 1st Wed. of the month at 7:00 p.m.; Pastor, Toye E. Stinson, 214 Nadine, Cahokia, IL 63114; Pres., Mike Homan, 3297 Hawthorne, Alton, IL 62002, (618) 463-0357.

• NEBRASKA •

OMAHA - Spiritual Science & Philosophy Church, NSAC
321 Hascall St., 68108-2121; Sun. Serv. 11:00 a.m.; Sunday Philosophy Class Noon when scheduled; Pastor & Secy., Alace Jayne Fanslau, 321 Hascall St., 68108-2121, (402) 345-0101.

• NEVADA •

LAS VEGAS - Spiritualist Desert Church
3355 W. Spring Mountain Rd., #19, 89102, (702) 876-8783; Service times: Sun. 11:00 a.m., Tues. 6:30 p.m., Thurs. :30 p.m., Healing Meditation, with a Spiritualist development class following the service, every welcome. Vicky Homann, Pres., (702) 369-9449, e-mail: VickyVJean@aol.com.

• NEW HAMPSHIRE •

SALEM - The Church of Spiritual Life, Inc.
Masonic Hall on Main St., Rte. 97; Mailing address: P.O. Box 144, 03079; Sunday Service 10:30 a.m.; Wed. classes 7:15 p.m.; Call Pastor, Rev. Kenneth Wingood, (978) 454-4163; website: http:www.nhspiritualist.com.

• NEW JERSEY •

WESTVILLE - Church of Eternal Life
243 W. Olive & Folsom Sts., 08093; Sun. Healing, Worship & Message Serv. 11:00 a.m., (856) 456-2196 for cancellations; Pastor, Lillian Joyce, 300 McCourt Ave., Berlin, (856) 767-1651, e-mail: spiritone@snip.net; Pres., Russell E. Joyce, 300 McCourt Ave., Berlin, (856) 767-1651; Secy., Kathleen M. Padlock, 4305 Broadway, Gloucester City, 08030, (856) 456-3401; website: http://users.snip.net/~spiritone.

WENONAH - Stow Memorial Foundation
Muriel De Young, 305 Carnegie Ave., Wenonah.

• NEW YORK •

EAST AURORA - First Spiritualist Temple
29 Temple Pl., P.O. Box 465, 14052, (716) 652-5018, www.fst-east-aurora.org; Sun. Healing Service 10:30 a.m.; Lecture and Message Service 11:00 a.m.; Social Hour 12:15 p.m.; Dinner Day 3rd Sun. of month followed by mini-readings; Secy., Rae Cogar-Shelton, (716) 648-3881.

LILY DALE - Lily Dale Assembly
5 Melrose Park, 14752, (716) 595-8721, Fax (716) 595-2442; Office Hours, Sept.-June, M-F, 10 a.m.-2 p.m; June-Aug, M-F, 9 a.m.-4p.m., Sat. 9 a.m.-12 Noon, closed Sunday; Camp Season: Last Friday in June to day before Labor Day; contact Mary Ockuly, Secretary.

LILY DALE - Lily Dale Spiritualist Church
Sun. Serv. 10:30 a.m.; Healing & Message Serv. each Wed. 7:30 p.m.; Pres., Michael Pillsbury, e-mail: pillsbury@madbbs.com; Secy., Sueanna Vollmar.

LONG ISLAND - A Sanctuary of Infinite Spirit, Inc., NSAC
Healing & Worship Service, Sun. 11:00 a.m. at the Smithtown Masonic Temple, 34 River Rd. (Nisequogue River Rd.), Smithtown; Pastor, Rev. Virginia Berg; Asst. Minister, Rev. Patricia Anne Duffield, NST, (631) 588-3150; Mailing address: 1280 Claas Ave., Holbrook, 11741-3902; e-mail: asisli@optonline.net.

LONG ISLAND - New Horizons Spiritualist Church
Meeting: at 10:00 a.m., 1130 N. Broadway, Massapequa; Classes available; Mail to: Frances Werbeck, Secy., 43 Grand St., Lynbrook, 11563, (516) 593-7213; Pastor, Rev. N. A. Lloyd, NST, 10 Muncy Ave., Apt. 301, W. Babylon, 11704, (631) 669-3226, e-mail: nlloyd@suffolk.lib.ny.us.

LONG ISLAND - Summerland Church of Light, NSAC
Healing and Worship Service: Sunday 10:00 a.m. service held at 225 Wireless Blvd., Hauppauge; Church Mailing Address: P.O. Box 5209, Hauppauge, 11788-5209, (631) 732-0421; Pastor, Rev. Richard Schoeller, NST, (631) 470-0221.

LONG ISLAND - Temple of Metaphysical Science, NSAC
So. Ocean Ave. & Baker St., Patchogue, 11772; Sun. Serv.: Healing and Worship 11:00 a.m.; Pastor, Rev. Hugo Ruiz, NST; Mailing address: P.O. Box 3400, Patchogue, 11772, 800-316-1231; website: http://www.TMS-Li.org.

ROCHESTER - Plymouth Spiritualist Church
29 Vick Park A, 14607; (585) 271-1470; Voicemail (585) 234-2362; Sun. Serv. 10:30 a.m.; Wed. Night Serv. 7:00 p.m.; Third Wed. All Message Serv. 7:00 p.m.; Children's Lyceum third Sun. 10:30 a.m.; Plymouthspiritualistchurch.org; Pastor, Robin Higgins; Pres., Joanne Antinore.

• OHIO •

ASHLEY - Ashley Spiritualist Camp Association
Wooley Park Drive, P.O. Box 277, 43003; Secy., Nikki DeWitt, (740) 747-3825.

ASHTABULA - First Spiritualist Church
4230 Main Ave.; Sun. Serv., 2:00 p.m., Healing & Clairvoyance; **TELEPHONE FOR WEATHER CANCELLATIONS.** Pres., Dorothy A. Benes, 8513 Creek Rd., Williamsfield, 44093; Phone: (440) 293-7056; For information contact: Charles J. Benes, 8513 Creek Rd., Williamsfield, 44093; Phone: (440) 293-7056. **LET PHONE RING.** Services are held starting with the 2nd Sun. in Sept. and continue through the last Sun. in May. Church is not in session during June, July, and Aug.

COLUMBUS - First Spiritualist Church of Linden
1751 Aberdeen Ave., 43211, (614) 263-1631; Pastor, Natalie Smith Blakeslee.

COLUMBUS - Spiritualist Church of Spirit Revelation
1081 E. Weber Rd., 43211.

DAYTON - Spiritual Life Center, NSAC
611 Watervliet Ave., 45420, (937) 878-1165.

• OKLAHOMA •

OKLAHOMA CITY - Central Spiritualist Church
2348 N.W. 36th St., Sun. Serv. 2:30 p.m.; Lyceum Sun. 1:00 p.m.; Pastor, Juanita Oyer; Pres., Charlotte Griffin, 1306 S.W. 38; Secy., Juanita R. Oyer, 6216 S.E. 10th St., 73110, (405) 732-7975.

DIRECTORY OF CHURCHES, *(Continued from previous page.)*

• PENNSYLVANIA •

ALLENTOWN - Getter Memorial Church, NSAC
1123 Oak, 18102; e-mail: getter@entermail.net; Lyceum 9:30 a.m. with Sun. Service to follow at 10:00 a.m. including healing and message work; Pastor, Rev. Ludwig Zernicek, NST; e-mail: rev_lance@entermail.net, phone (610) 770-7560; Pres., Sharon George-Politz, C.M., (610) 434-3454; Secy., Susan Zernicek, e-mail: getter_sec@entermail.net. or phone (610) 770-7560.

McKEESPORT - First Spiritualist Church
809 Locust St., 15132, (412) 672-1272; Sun. Serv. 1:30 p.m., Healing, Lecture and Messages; Pres., Carol Perella, P.O. Box 1981, Pittsburgh, 15230-1981, (412) 461-7002; Secy., Dianne English, 830 Stanton Ave., Pittsburgh, 15209.

PHILADELPHIA - Second Spiritualist Church
423 S. Broad St., 19147, (215) 735-9630; Lyceum Sun. 4:30 p.m.; Healing and Worship Service 5:30 p.m.; Wed. all message, 7:45 p.m.; Pastor, John E. Faison, Sr.; Co-Pastor, Betty Hutt; Secy., Gladys M. Faison, 2118 N. Natrona St., 19121, (215) 232-9219.

• TEXAS •

AUSTIN - First Spiritualist Church
4200 Ave. "D", 78751, (512) 458-3987; Devotional, healing & message service every Sunday at 10:00 a.m.; Pres., Wanda Garcia; Corr. Secy., Wanda Garcia.

CAMERON - First Spiritualist Church of Cameron
Pres., Pearlie Kreneck, P.O. Box 1152, 76520-1152, Fax: (254) 697-2275.

DALLAS - Second Spiritualist Church, NSAC
4905 Inwood Dr., Rowlett, 75088; Devotional, Healing and Message Serv., 2nd and 4th Sunday's each month at 2:30 p.m. until 4:30 p.m.; Class/Circle following service at 4:30 p.m.; Pres., Julie de Araujo, (972) 276-8232; Mail: P.O. Box 464, China Spring, 76633; e-mail: SSC@SSCNSAC.ORG; website: http://SSCNSAC.org.

HOUSTON - First Church Of Divine Science, NSAC
2115 Turner Dr., 77093; Mailing Addr.: P.O. Box 11088, 77293-1088; Pres., Rev. Jovita Jessup; Rev. Marie W. Smith; Secy., Liana V. Liles; Sun. Serv. 2:30 p.m.; Wed. Service: 7:30 p.m. Open healing, meditation, & messages from Spirit; Fri. Spiritual Development 8:00 p.m.; Sat. Spiritual Development 10:00 a.m.; (713) 695-2550.

McMAHAN - Angels of Light Spiritualist Church, NSAC
2714 FM 713, Lockhart, 78644-4163; Devotional, healing and message serv. followed by class/circle, 2nd and 4th Sundays at 2 p.m.; Pastor and Secy., Rev. Dr. Jean I. Hamner, NST, (512) 376-5310; e-mail: Angelsoflighttx@aol.com.

SAN ANTONIO - Louise Scholtz Memorial Chapel, NSAC
1627 PanAm Expwy. North, 78208-1143, (210) 225-2354; Sun. Serv. 10:30 a.m. to 11:30 a.m.; Co-Pastors, Hector Caldera and Alex Sifuentes.

TAYLOR - First Church of Psychic Science, NSAC
1300 W. 4th & Ferguson, P.O. Box 1113, 76574; (512) 251-5425.

• VIRGINIA •

FALLS CHURCH - Center for Spiritual Enlightenment, NSAC
222 N. Washington Street; Mailing Addr. CSE (NSAC), P.O. Box 6535, 22040-6535; (703) 645-8060; website: www.TheCSE.org; e-mail: thecse@TheCSE.org; Year-round Serv.; Healing Serv. each Sun. 10:00 a.m., followed by Devotional Serv. at 10:30 a.m.; Children's Lyceum 10:00 a.m., Sept. through June; Judy Griesse, Debbie Shoop, Lyceum Co-Directors; Pastor, Rev. B. Anne Gehman; Asst. Pastor, Rev. Patricia A. Stranahan; Pres., Larry Leonard; Secy., Missy Leban, 1813 S. Pollard St., Arlington, 22314, (703) 271-4035; e-mail: missyleban@santeon.com.

NORFOLK - The Memorial Spiritualist Church, NSAC
307 W. 37th St., 23508, (757) 622-5070; Service held on Sundays at 11:00 a.m. and 7:30 p.m.; Wed. at 7:30 p.m.; Healing available at 7:00 p.m. Sun. and Wed.; Pres., Fred H. Brown; Secy., Ann Marie Croteau; Lyceum Director, Beth Yates.

• WASHINGTON •

KENT - Church of Divine Grace, NSAC
Services held on Sunday at 11:00 a.m. at The Spiritual World, 216 First Ave. So.; All Correspondence to: Allers, 11113 S.E. 323 St., Auburn, 98092, (206) 824-7454; e-mail: Info@divinegrace.org.; Pres., Bernie Allers; Secy., Lezlie Deuchress; website: www.DivineGrace.org.

MILTON - Camp Edgewood, NSAC Assoc.
1228 - 26th Ave. Ct., 98354; Tel. (253) 927-2050, Fax (253) 927-7531; Pres., Colleen Mohler, (253) 927-2365; Secy., Cynthia Frye, e-mail: cynthia92969@comcast.net.

MILTON - Church of Spiritual Unity, NSAC
Camp Edgewood - Church Serv. Sundays, 2:00 p.m.; Pastor, LaVerne Pemberton, (206) 722-2348; Pres., Colleen Mohler, 1210 - 26th Ave. Ct., 98354, (253) 927-2365; Secy., Catherine Cesaro, (206) 782-3779; e-mail: csunsac@yahoo.com.

TACOMA - Church of Spiritual Truth, NSAC
Sun. Serv. 11:00 a.m.; Pastor, Rev. Lillian Johanson; Pres., David R. Chapman, Sr.; Secy., Denice (Dee) L. Chapman, P.O. Box 1856, Milton, WA 98354.

• WEST VIRGINIA •

WHEELING - First Spiritualist Association of Wheeling
(Way Memorial Temple) N. Broadway & Maryland Sts., (304) 233-5065; Sun. Lyceum at 9:30 a.m.; Healing and Worship Serv. 10:45 a.m.;Wed. Healing 6:30 p.m., Message Serv. 7:30 p.m.; Lyceum Conductor, Beverly Goff, Asst. Conductor, Josetta Ludwig; Secy., Fred Anderson, (740) 944-1557; e-mail: falconrising@mailaka.net; Pres., Sue Beth Warren, (304) 242-6032, e-mail: suebethwarren@comcast.net; Church website, http://users.1st.net/pastorray; Church e-mail: waymemorialtemple@1st.net.

• WISCONSIN •

WEST ALLIS - First Spiritualist Church of West Allis
6228 W. Washington St., 53214; Sun. Healing & Worship Serv. 10:30 a.m.; Pastor, Rev. Pamla Ashlay, (414) 545-7650; Pres., Manila Kochanski, W1371 Hwy. O, Oconomowoc, 53066, (920) 474-7332; website: www.fscwa.org.

WONEWOC - West Wisconsin Spiritualist Camp Association
304 Hill St., 53968, 1-800-974-7035 or (608) 464-7770; Open mid-June to mid-September.

• CANADA •

BRITTEN MEMORIAL CHURCH OF CANADA
657 Lansdowne Ave., Toronto, Ontario, M6H 3Y2.

THE FIRST SPIRITUAL CHURCH OF MONTREAL
2186 St. Catherine St. West, Montreal, Quebec, H3H 1M7; English Serv. - Sun. 2:00 p.m. & Wed. 7:30 p.m.; French Serv. - Sun. 4:30 pm., 2nd & 4th Wed. 7:30 p.m; Rev. Mary Amato, Minister, (514) 365-0661.

THE FIRST SPIRITUALIST CHURCH OF GALT
72 Grand Avenue North, Cambridge, Ontario, N1S 2K9; Sun. Serv.: Healing 2:30 p.m., Devotional 3:00 p.m.; Summer (June, July, Aug.): Healing 6:30 p.m., Devotional 7:00 p.m.; Meditation, healing and message circle, Wed. 7:00 p.m.; Development & Healing Classes available; Pastor, Rev. Ed Kenning (semi-retired); Pastor, Rev. Karen Charles (519) 622-7177; website: http://members.rogers.com/fscg; e-mail: fscg@rogers.com.

SPIRITUAL SCIENCE FELLOWSHIP
Office: 1974 de Maisonneuve W., Montreal, QC H3H 1K5, (514) 937-8359, Fax (514) 937-5380; Location: Days Inn, 1005 Guy St., Montreal; Sun. Serv. 7:30 p.m.; Mid-Week Serv. Thurs. 7:30 p.m.; Classes, Workshops, Teas, Meditation, Conferences, Discussion Groups, Spiritual Healing, Message Circles, Visiting Mediums; Pres./Pastor, Rev. Dr. Marilyn Rossner.

SPIRITUALIST CHURCH OF CANADA
83 Ottawa Street North, Hamilton, Ontario, L8H 3Y9; Pres., Rev. James Kinnear, (905) 545-7050; website: www.spiritualistchurchofcanada.com.

SPRINGDALE CHURCH, TORONTO
30 Merritt Rd., Toronto, Ontario M4B 3K5; Sun. Serv. 3:00 p.m. Spiritual Healing & Messages, 7:00 p.m. Address and Spirit Messages; Thurs. 7:00 p.m. Spiritual Healing, Messages and Open Development Circle; Development Classes; Pastor, Rev. Doreen Bauld, (416) 759-3958

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Each month ***The National Spiritualist*** *will feature the writing from a student who is currently taking the education course from the Morris Pratt Institute. Featured this month is an essay written by* ***David Hammer.***

HEALING

Attunement on the part of the healer is a very important factor in both contact and absent healing. This generally refers to the process of establishing a state of affinity with spirit guides just prior to, and during, the act of healing. In my view, attunement is a long-term process that should begin long before a healer actually does any healing. The general type of attuning that I am referring to means surrendering one's will to Infinite Love/Intelligence (IT). This involves tuning in to instructions from what I have come to think of as the Heavenly Host—the guides and teachers who are already more attuned to IT. These Spirit World guides make themselves available to us Earth-bound spirits to help us recover from spiritual amnesia and overcome the conditioning and cruelty of this dense realm.

Possibly the best way to achieve this generalized attunement is to work through one's obstacles to spiritual growth one at a time. If it isn't immediately clear which obstacle to work on first, one's spiritual guide will let you know if one is patient and receptive. Then it is a matter of working on the obstacle oneself to whatever extent that is possible, and allowing guides and teachers to work on it as well. It is my experience that most of this life work, like the work of mediumship and of healing, is accomplished by Spirit. But again, as the prayer says, "I will do my part."

One thing that concerns me about spiritual healing today, as reflected in the NSAC Prayer for Healing, is the idea of "perfect health." I think that we choose the type of body and life we are going to have before we enter this world and those who are born into a social or cultural minority, or with disabilities, have done so because they need the lessons that situation will provide. In other words, poor health can be a spiritual choice which is hidden by "spiritual amnesia."

It has been questioned if a healer can incur harm by attempting to heal in such cases. A gifted psychic healer of our time, Dean Kraft, author of *A Touch of Hope,* had to quit healing years before he wanted to because his own health failed him. I wonder if that might be because he exercised his powers when he should not have. He was not spirit-oriented at all: he makes no mention of the Spirit World, and in fact did not have much respect for those who called themselves spiritual healers. So it may be that it was simply hubris that caught up with him.

The spiritual healing that is done in Spiritualist churches is non-directive, and I think that is excellent because it avoids attempts to enforce the will of the healer or sitter, and allows more advanced individuals—healing guides—to make the determination of where to direct the healing energies.

MPI lessons suggest that the "higher goal" of spiritual healing is to reveal the true significance of our spiritual nature. In my opinion this is definitely true. Great healers have been responsible for drawing many people to such a realization I believe. If it wasn't for the healing gifts of the apostles, particularly Peter, I don't think Christianity would ever have become anything more than a minor cult. ◉

"Don't be afraid to give your best to what seemingly are small jobs. Every time you conquer one it makes you that much stronger. If you do the little jobs well, the big ones will tend to take care of themselves."
– Dale Carnegie

THE NATIONAL SPIRITUALIST ASSOCIATION OF CHURCHES
DEPARTMENT OF PHENOMENAL EVIDENCE

April 2005 Department of Phenomenal Evidence Report

BY THE REVS. TOM AND LISA BUTLER, NST

Death is an Illusion: During an interview for the BBC documentary, *The Day I Died*, Pam Reynolds says she knows that "Death is an illusion." Pam had a near-death experience in 1991 after doctors found an aneurysm lodged at the base of her brain. The NDE happened when doctors at the Barrow Neurological Institute in Phoenix performed a radical surgical procedure in which her heart was stopped and her brain was shut down.

Her doctors were mystified, after her recovery, when she accurately described her surgery: "the saw used to carve up her head, the box of saw bits held in reserve, the urgent conversations between doctors and nurses. Yet such recollections were impossible not only because her eyes were taped shut, her face shrouded and her ears plugged, but because her brain had ceased functioning."

From: *High on Death* by Mark Stuertz dallasobserver.com

Does the Brain work like a Television Receiver: We have reported about the work of Dr. Pim van Lommel in past DPE Reports. Dr. van Lommel has carried out research and surveys of patients who have had near-death experiences. He has documented NDE when there has been no apparent brain function. He has suggested in papers in the highly respected international journal of medical science and practice, *The Lancet*, that consciousness does not arise from the brain but that the brain acts similarly to a television receiver, processing the consciousness which comes from beyond the brain.

From:"Letters" and a letter from Sandra Dashwood in the *Paranormal Review, Issue 32*.

Communication from Montague Keen: In the October 2004 DPE report we told you about the transition of long time researcher for the Society for Psychical Research, Montague Keen. At a tribute held for him in June in England, his wife, Veronica, presented an audio tape recorded at a David Thomson séance. On it was "direct voice" communication from Monty. Other members of the audience also reported receiving messages from Monty in séances and Dr. Gary Schwartz showed a photograph of a "drop-in" sculpture, bearing some resemblance to Monty, produced by a medium with no prior knowledge of him. Julie Beischel said that a medium in their research project described an error on Monty's death certificate which Veronica had later verified; she had not noticed it before.

From: "Mediumship, Survival and Psychical Research: A Tribute to Montague Keen," by Nicola J. Holt, *Paranormal Review*, October 2004, Issue 32.

Communication with the Spirit World: From the International Survivalist Society comes this: "International polls agree, it's not uncommon to be in touch with the spirit world. One UK study found more than one in three people felt that someone who had died had communicated with them—often more than once. Another American study says that, of widowed spouses, about sixty-six per cent have experienced signs of their loved one's presence."

From: www.survivalafterdeath.org/news.htm

Psychics Solve Cases: The Nordisk Film TV Denmark has created a hit in its series, *Sensing Murder*. The TV show has been licensed to Broadcasters in over seven countries and has been optioned to producers in over ten other countries making it an export success. *Sensing Murder* is a forty minute entertainment format that follows clairvoyants as they investigate unsolved murder cases together with the police. It has been reported that an unsolved murder case was finally closed through the clairvoyants working on the show in Romania. When the show debuted on Australian TV, viewers were amazed that the psychics, working independently, got twenty-five direct hits even though they knew nothing about the case, stunning orthodox science and even the hardened skeptics. They identified that the victim was female and that her name was Sarah. They reported that her body was still missing and that she had been dead for around thirteen years (it had been fifteen years). They told investigators that she had been coming home from tennis and was attacked by a group of people getting into her little red car. They correctly identified the location of the abduction and even the specific place that the murder took place.

Rebecca Gibney, host of the new crime series said, "...the stuff they came up with (on the show) was just mind-boggling. There were details that were never made public." The show has been a big success with audiences and we can only hope that the United States will finally have it on as well.

Sixth Sense: A completely blind British man has been shown to possess an apparent sixth sense which lets him recognize emotions on people's faces. The man has suffered two strokes which damaged the areas of the brain that process visual signals, leaving him blind. However, his eyes and optic nerves are intact, and brain scans showed that he appeared to somehow use a part of the brain not usually used for sight to

(Continued on next page.)

FEATURE

Things To Think About

BY MERRY BROWNE

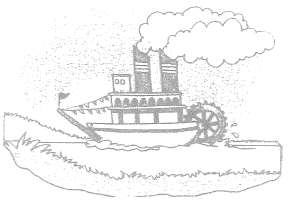
Charles Townes

The Nobel Prize-winning scientist, Charles Townes believes there is little difference between divine revelation and scientific discovery. He was pondering on a park bench in Washington, D.C., located across the street from the former laboratory of Alexander Graham Bell, when an illumination came that led to the creation of the laser, an idea so far ahead of its time that it's still high tech today a half century later. Townes remarked the coincidence may have been the inspiring source of it. There is something very mystical about it, Townes said.

Mark Twain

Mark Twain was a gifted psychic who could telepathically converse with people. He was a lifelong friend of Helen Keller who conversed with people via reading their minds, so theirs was a close and unique friendship. Twain proposed the theory that thoughts were conveyed by a subtle form of electricity.

The fact is, mind, Itself, is high velocity energy that causes its thoughts to automatically travel to other minds, which is why we must keep a constant mindset of honest, truthfulness, faithfulness and loving-kindness, so as to not be "influenced" by any thoughts to the contrary that may enter our minds.



Carl Jung

The late, great Swiss psychologist, Carl Jung, had a spirit guide he called "Philemon" who, I feel sure, had a lot to do with the advanced understanding Jung left as legacy to this world. Along with Einstein, Jung believed life to be a providential plan of unfoldment, a journey into wholeness. He insisted that male and female traits must become balanced in each individual and that we then unify with others. He called this love. I do not believe anyone can improve upon this definition of life as it is evolving toward perfection. ◉

DEPT. OF PHENOMENAL EVIDENCE REPORT

(Continued from previous page.)

process visual signals linked to some emotions.

When researchers from the University of Wales showed the man images of shapes such as circles and squares, he could only guess what they were, and had a similar lack of success determining the gender of emotionless male and female faces. But when presented with angry or happy human faces, his accuracy improved to 59%, significantly better than what would be expected by random chance, with similar results for distinguishing between sad and happy or fearful and happy faces.

The findings, published in the journal, *Nature Neuroscience*, suggested the man was able to process information gathered by his eyes in a different part of the brain from the visual center.

From: www.survivalafterdeath.org/news.htm

Yoga and Psychic Ability: the Parapsychological Association has made a grant from the Gertrude Schmeidler endowment to support the research of Suneetha Kandi, Ph.D., from the Institute for Human Science and Service, Visakhapatnam, India. She will explore the effectiveness of various yoga practices in developing psychic abilities. Few studies have been conducted on yoga in parapsychology. Subjects will be given training in four different yoga techniques. Data will be collected in forced-choice and free-response ESP tests and personality tests will be used for broader perspective.

From: Parapsychological Association website at www.parapsych.org/pare grant 2004.html

Doubt Cast on Theory that Magnetic Fields Spark Religious Feelings: Studies showing that magnetic stimulation of the brain induces spiritual experiences are being questioned by researchers who cannot reproduce key results. We have reported in the past that in a study by Michael Persinger 80% of participants who wore helmets that targeted their temporal lobes with weak magnetic fields, of roughly the same strength as those generated by a computer monitor, felt an unexplained presence in the room. Persinger suggested that magnetism causes bursts of electrical activity in the temporal lobes of the brain, and he linked this to the spiritual experiences.

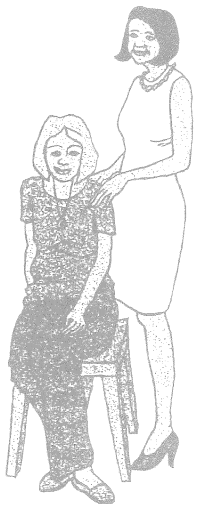
Now a group of Swedish researchers have repeated his work, with one crucial difference. They ensured that neither the participants nor the experimenters interacting with them had any idea who was being exposed to the magnetic fields, a "double-blind" protocol. In contrast to the results from Persinger and others, the team found that the magnetism had no discernable effects.

From: nature.com "Electrical brainstorms busted as source of ghosts"by Roxanne Khamsi http://origin.www.nature.com/news/2004/ 041206/full/041206-10.html ◉

Please send information about phenomena in your church, life or community to the DPE, Tom and Lisa Butler, PO Box 13111, Reno, Nevada 89507, or via email to phenomena@nsac.org. Your donations to the DPE, same address, are tax exempt and will help fund our work in the department.

Healing Always Helps

BY THE REV. CHARLENE KLEINSCHMIDT, NST, New York



Do you sit for healing, and sometimes go back to your seat, wondering why you came forward? Do you think there is only one healer that can help you? While the healer is working, is your mind off in a dozen directions? What do you bring to your healing?

When we sit for healing, we have much to do with what benefit we derive. Sometimes you may not feel the effects of a healing immediately. If you sit quietly, listen to and feel your body, you will notice you are calmer and the pain is less. During the healing, you may feel a condition you didn't know was there, until the healing began, you may be questioning why the healing isn't touching where you think the problem lies. Surprise, often pain is referred and the actual site is not where you think.

I must admit I am guilty of having one healer in particular I prefer to sit with, over the years we have built a bond. When I sit with her, even before she touches my shoulders, I begin to feel buoyed up and the healings always leave me feeling extra good. I sit with my husband Albert every night at home. I know if it weren't for this, I would probably be trying to influence another writer from the other side, and certainly not doing as well as I am. When I am able to go to church and sit with my friend, it is a totally different experience. However, I know if she is not available, I will benefit from sitting with any of the other healers. One time, a dear friend, had a particularly severe cold. She usually sat in Albert's healing chair, but that day she sat with another healer. Curious, I asked her why and she replied, "I never go to Al when I have a cold. He's great for everything else, but for some reason, he always makes my cold worse. My nose starts running and I start coughing. I go where I know I'll get relief, but I won't have to leave the church because of the results!" One could argue the healing helpers probably knew what she needed. There is nothing wrong with preferring to sit with a particular healer as long as we realize the healing comes from spirit. Every healer is simply an instrument for spirit. Don't limit your thinking to feeling only one person can help you. If you sit with the intention of receiving help, you will find you did, maybe differently than you expect, but help nonetheless.

Speaking of intention. If your mind is going a thousand directions instead of allowing yourself to relax and feel the healing energy around you, do you think you will receive the same benefit from healing you would with a peaceful attitude? In my personal opinion, and from years of experience, I can tell you the answer is "no." If you are sitting for healing, at the same time letting your mind wander to all the things you need to be doing, or even to an argument you are deciding to continue, you will not reap the same results. Feel the healing energy, absorb the peace and harmony, let go of worldly concerns and you will leave feeling much better.

What can you bring to your healing? Remember the important phrase, "I will do my part" in the healing Prayer? Practice the old truism, proper diet, personal hygiene, exercise and rest, all contribute to good health.

At church sit, knowing healing is available for you. You will return to your church chair uplifted, and in whatever need you have, spirit will be there to help. It is wonderful what spirit can do when we allow ourselves to experience all that spiritual healing has to offer.

⊙⊙⊙

The Gift

By Kathleen Dahill



On this besieged but blessed planet
There is something we're born to do.
It isn't channel surfing
Or watching pay-per-view.
It's to touch the lives around us
With our talent and tender care.
Our light destroys the darkness.
Our compassion dispels despair.
"I can't give anymore," you cry,
Perhaps you believe it's true.
But that's because the giving
Wasn't from Spirit inside of you.
There's a wellspring deep within us
Filled with radiance, peace and love.
When we give from that place of abundance,
There is nothing we'll tire of.
A hundred years from this moment
When we have gone beyond,
Our gift of love shall touch the world
As ripples on a pond...

⊙⊙⊙

Healing Quotes

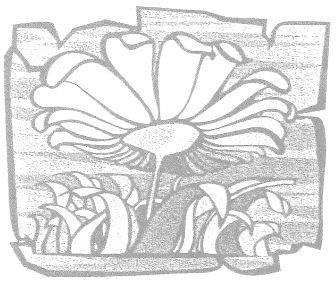
Mediumship And Its Laws
by Hudson Tuttle

From immemorial time, spiritual healing has been believed to be a miraculous interference of some god in mortal behalf, and the healer as endowed with a special gift. The evidences of religion—even Christianity, are drawn from the so-called miracles of curing the sick and restoring the so-called dead. There was a complete union of the offices of the physician and the priest.

As disease was considered by savage man to be inflicted by the wrath of God, or by evil spirits, there was little use of attempting a cure, except by appeasing the vengeful deities. Hence medicine in the earliest times fell into the hands of the priests—the most artful and cunning of their tribe or clan, and consisted almost entirely of exorcism, beseeching prayers and sacrifices.

Spiritual Gifts
excerpt from an article by Olga Worrall

Many words have been coined to identify an individual who practices magic, healing, and/or mediumship; who acts as a go-between, linking the spiritual and physical worlds. Among these words are *shaman, medicine man, sorcerer, witch doctor, obeah man, magician, wizard, diviner, miracle worker, saint, wonder worker, dowser, incantator, charmer, oracle, sage, prophet, mahatma, mentor, Druid, seer, soothsayer, elder,* and *sibyl.*



Such an individual has had to demonstrate to his people all his psychic talents—healing, interpretation of dreams and omens, clairvoyance, clairaudience, psychometry, materialization, such physical phenomena as telekinesis and apports, and, most valuable of all, the ability to discover through psychic means, the plans of enemies about to attack.

"Lo, I Am With You Always"
(St. Matthew 28:20), by Lena Barnes Jefts

The majority of people have failed to recognize the fact that it is much easier to learn how to keep the body well than it is to cure it once it has become diseased. When we recognize the fact that the mind controls the body, we realize the importance of our own thoughts in regard to bodily health. Fear and hatred, whether they be conscious or unconscious, create poison in the blood stream and impede the action of the digestive organs...

If you think of illness constantly, and make it the general topic of your conversation, you cannot hope to become well. Think health—and think that health so strongly that you will force your body to comply with your thought...

It is my personal opinion, based upon experience, that all healing, regardless of the method, is brought about through the manifestation of Spiritual Power. In all physical healing the medium becomes a battery for the transmission of Spiritual Energy into the body of the patient, the Spirit Operators sending this revivifying current to the diseased organ. The healer does not have to touch the body of the patient with his hands unless he desires. Pictures have been taken of the current of electrical energy slowed down to visibility by the coating of ectoplasm flowing into into the body of the patient when the hands of the healer were six to eight inches away from the patient.

Psychic Phenomena and Healing
by Paul D. Wilson

Expect some people to be very responsible and cooperative (to spiritual Healing). Expect some to respond slowly, and some will not respond at all because of their nature and present existing conditions. Some people receive healing by just being near a healer and without his (or her) knowing it. In these cases, there is no preparation. The Healing Force comes direct to the ones who need it...

While the Force is recognized as flowing into the body, there is a phase of it that is not generally known and is possible only to a few Healers. It is done by the Force drawing out of the body the cause of trouble. Sometimes inflammation and over acid conditions respond, and much can be removed.

The method is as follows: While laying on the hands, suddenly a great drawing is felt. The palm of the hand will move away, leaving contact only by the fingers. The force can be so strong that the hands will ache from the drawing sensation. This position of the hands may be called pulling or cupping actions. It is very effective when the Force chooses to draw out instead of flowing in.

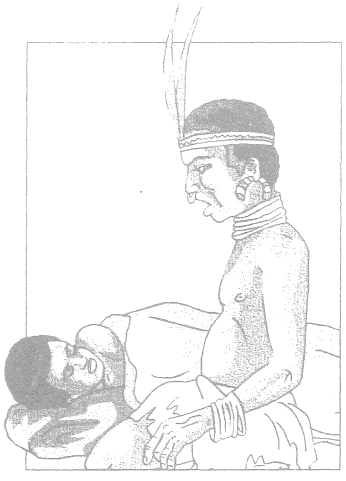
The Chemistry of Thought
by Peggy Barnes

Mental Healing is accomplished through the power of prayer. Thoughts of health are sent out and the recuperative mentation is assisted by Spirit Power. In personal contact, the healer is used as an instrument for the Higher Forces and vibrations of Spiritual Energy or Vital Forces are transmitted from the body of the healer to that of the patient. The healer can always assist by sending strong

(Continued on page 29.)

SHAMANISM

BY THE LATE ELIZABETH HARRIS, DSNU



> Many people believe there can be contact with the dead through mediums. This phenomena is a feature of Shamanism.
>
> – *Ninian Smart*

Today we are seeing a blaze of interest in para-normal and psychic phenomena. We have only to notice the burgeoning TV programs devoting time and space to the subject, and new books constantly appearing on bookseller's shelves. Even mainstream scholars are now delving into this fascinating study—physicists, biologists, psychiatrists, philosophers, medical doctors, historians and even main-stream religious leaders have now entered the arena—fields which have always been allied to Spiritualism.

So, Spiritualists aren't surprised to see other specialists entering the non-scientific field now. The newest additions to jump on the bandwagon are the anthropologists—those who study the customs and evolution of mankind.

Naturally, anthropologists find Shaminism fascinating, for Shamanism, an ancient profession found in the religions and cultures of primitive societies all over the world, is based on para-normal and psychic phenomena.

Spiritualists have always been aware of the similarities between Shamanism and Spiritualism—believing in spirit communication, training for mediumship, a High God, treating illnesses and coping with the environment.

What is now being discovered is that these so-called primitive religions contain some of the highest forms of spiritual teaching ever conceived. Their belief in "the feminine principle" in nature, in human consciousness, and in the being of the Creator God, coupled with its insistence on the sacredness of the natural world, reveals that it possesses immortal truths.

Scholars now show us that the myths, rituals and beliefs of so-called primitive people are exceedingly complex and show a great deal of "sophistication"—for example, an insistence on the concept of a Supreme Being that surpasses more developed cultures, and the rich view of the cosmos and of the relationship between humans, nature and the supernatural.

A beautiful Ojibwa (Northern Ontario Indian) prayer says;

> Grandfather,
> Sacred One,
> Teach us love, compassion, and honor
> That we may heal the earth
> And heal each other.

Anthropologists are now explaining how in these primitive groups it is normal and natural for persons to communicate with spirits to get information, and for a healer to diagnose a disease by going into a trance and consulting the spirits for a remedy.

We are told also that the reasons these people hold their beliefs generation after generation is because they have received proof that the methods do work. The anthropologist E. F. Torrey says,

> "Tribal healers are as effective in treating mental disorders as Western psychiatrists."

Shamans hold a special place in primitive cultures. They are healers, diviners, act as intermediaries between spirits and the living, and perform as a general purpose psychic. In Africa, according to anthropologists, the Shaman is an important member of society, and even in modern South Africa, Shamans are as active in the cities and towns as they are in the bush.

Among the African Shamans there have been instances of prophesy which compares in certain ways to early prophesy in the Christian *Bible*. African medicine men are considered practitioners of a sort of traditional and psychological medicine, when a member of the society is suspected of being possessed by an evil spirit, a medicine man can free the sufferer.

Interesting accounts of African Shamanism have been reported by Adrien Boshier, an Englishman employed by the Museum of Man and Science in Johannesburg, who spent many years living in the remote areas of South Africa.

According to Boshier's reports, the African Shaman is called a "witch doctor." This person may have undergone some vision in early life, and is capable thereafter of inducing trance. This can be a man or a woman who has had extensive training for six months to several years. He/She becomes a diagnostician, healer, a gatherer of information from a distance, a finder of lost objects—in fact whatever the spirits will allow.

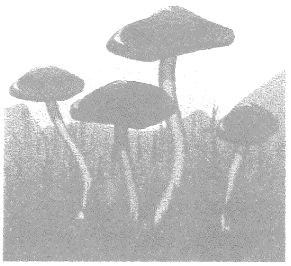
The training of the Shaman involves various prescribed courses of physical exercise and diet together with instruction by a teacher. It is not uncommon for novices to undergo long months of training in cult-houses, secluded from the world. Exercises are designed to develop psychic ability. The teacher may hide objects and ask the pupil to go

(Continued on next page.)

HEALING QUOTES *(Continued from page 27.)*

waves of constructive thought into the subconscious mind of the patient. In fact, every healer should make a study of Mental Science so that he (or she) may be able to help patients to assert themselves and to keep well once they are healed. No healer can guarantee that a person will remain in health if he continues to break the Laws that first created the disharmony within the physical body.

There is no special mystery or miracle about Spiritual Healing when one learns to understand nature's processes. When the recuperative Forces are aroused and negative thinking has been overcome, nature proceeds to send an increased nerve current to the affected parts. This work is done along subconscious lines over the great nerve centers and sympathetic nervous system. This current is like a current of electricity being sent to the parts from that great dynamo, the brain. This electricity or vital force vitalizes the diseased organ and also sends an increased circulation of blood to it. Nature builds up bodies by means of the blood which flowing through the arteries, carries liquid nourishment to every part of the body, building, nourishing and restoring. The blood on its return journey to the heart, through the veins, carries with it the poison and waste produce and it is burned up and destroyed by the oxygen in the lungs to which the blood is exposed. No part of the body can be properly nourished and stimulated unless it has a normal nerve current and a proper supply of blood. When we cease to break Nature's Laws by overworking and abusing our bodies, when we learn to control our minds and to think constructively, then normal conditions of the body will result and we shall be well and strong.



The 12 Stages of Healing
by Donald M. Epstein, D.C.

(First paragraph in the book) In my work as developer of Network Chiropractic, I discovered that the healing process is made up of a sequence of twelve basic rhythms, or stages, of consciousness we pass through between "hell" and "heaven" in this lifetime. After observing thousands of people over a ten-year period, I discovered that each stage helps us reunite with aspects of ourselves that have been injured, betrayed, alienated, forgotten, abused, shamed, traumatized, ignored, or not forgiven.

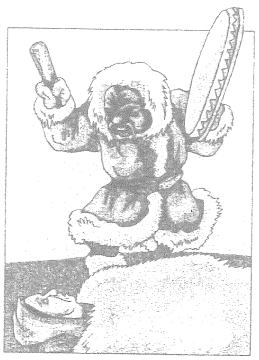
(Second to the last paragraph in the book) I encourage everyone reading these pages to consider healing as a responsibility, a gift, and a birthright. If you need to step off the healing path from time to time to gain more comfort, relief, or necessary treatment, do it proudly. Ask for help from within yourself, from others, and from your spiritual source, in whatever form or model works for you at the time. Strive to devote at least as much attention to removing interference to the expression of your innate rhythms and intelligence as you have to the effects that these blockages have had on your life and its movement. (The 220 pages in between offer numerous personal and spiritual insights for healing the body, mind and spirit.) ⦿

"Meditate on knowing and not knowing, existing and not existing.
Then put them aside so you can be."
– Shiva Samhita

SHAMANISM *(Continued from previous page.)*

out and find them. Eventually the teacher gives all instructions telepathically.

When the teacher believes the training to be finished, an elaborate coming-out ceremony is performed and the newly qualified Shaman can begin to practice. These new Shamans will have emerged as personalities transformed, bearing new names, and imbued with authority to speak of the Spirit World from which they have, as it were, returned.



If at some later time the new Shaman decides her/his powers are waning or that the spirits are getting out of hand and she/he can't control them, the Shaman will enter a second training period by a more qualified teacher.

There are twelve training periods available and very few Shamans reach the highest level.

Spiritualists may be amused, jaded, suspicious, incredulous or have a variety of other emotions when they realize the para-normal world and psychic phenomena is now being investigated by such a wide variety of scholars all over the world. Yet, we must be pleased too, to realize Spiritualism is in the vanguard of an intriguing, fascinating pursuit. There is little psychic or para-normal phenomena we have not studied, practiced and understood, and with confidence, we now consider ourselves remarkably well informed.

⦿⦿⦿

SPIRITUAL HEALING REQUEST

(PLEASE PRINT OR TYPE)

Healing Prayers are requested for:

_____

requested by:

_____

because of the following conditions:

_____

_____

_____

Please send a "One A Day" packet to:

_____

_____

_____

_____

I will pray with NSAC Prayer Groups:

DAY_____ NIGHT_____

If you should wish to make a **Love Donation** to help offset the NSAC Healing Center expenses, please send to:

NSAC HEALING CENTER
c/o Rev. Kathleen Rottino, NST
74 Scenic Drive
Lebanon, CT 06249

To request information on "How to Form a Spiritual Healing Prayer Group,"

CHECK HERE ☐

The first week of each month the names received are compiled and sent to the NSAC Office for inclusion in the NSAC monthly mailing to all churches. Also many healers around the country receive the list. Because of the length of the lists an individual's name will usually be kept on the healing prayer list for one month unless we hear from you that more healing is required. We also request prayer groups to keep in touch with the National Healing Center throughout the year.

Prayer Healing is a wonderful way to practice Absent Healing, to help others, to share a prayer, and is something EVERYONE can participate in.

– Prayer for Spiritual Healing –

I ask the great Unseen Healing Force to remove all obstructions from my mind and body and to restore me to perfect health.
I ask this in all sincerity and honesty and I will do my part.
I ask this great Unseen Healing Force to help both present and absent ones who are in need of help and to restore them to perfect health.
I put my trust in the love and power of God.

A Force For Good!



Prayer healing is a wonderful and frequent practice for most Spiritualists. However, it is not limited to our religion and is growing in many modalities. My favorite story about absent healing is about my grandson who kept having ear infections and was miserable. The doctor checking him also found a clef pallet in his mouth, and surgery was scheduled to repair both problems. Immediately he was put on the Spiritualist healing list, both National and our Church. His other grandmother is part of a very large Baptist group and he was put on their prayer list. Another friend placed his name on the Unity list. Prayer from many sources was directed to him.

The day of the surgery came and he was sedated. The first doctor came out shaking his head—it seems the opening in his pallet was now so small that it did not require surgery. He had turned him over to the ear doctor who was going to put tubes in his ears. Pretty soon that doctor came out and said the ears had healed, or something, and there was no reason for tubes now. Neither doctor could quite understand it, but we could, and were very grateful to everyone of every religion who had sent prayers.

"Distant Healing" is what National Institutes of Health (NIH) labels it, and there are a growing number of hospitals working with non-local healing or prayer energy healing. In the past few years, several major medical journals have published results of major studies of prayer healing which demonstrated positive results. Mayo Clinic in Rochester, Minnesota, had the local churches working in a double-blind prayer experiment. The Third Spirit of Life Spiritualist Church was part of this study which received positive results for those who had been prayed for.

Elisabeth Targ, M.D., is a psychiatrist and director of the Complementary Medicine Research Institute of California Pacific Medical Center in San Francisco. She wrote in an article published in *Spirituality & Health: While many of the formal studies used experienced "healers," some successful ones have included novices as well. Others, such as the famous prayer study by Randolph Byrd, involved people who regularly participate in prayer circles but were not identified as healers...*

Larry Scherwitz, Ph.D., research director of CPMC's Institute for Health and Healing, has a novel approach. Scherwitz and Dean Ornish, M.D., at the Preventative Medicine Research Institute of California, *has designed guided imagery to help cardiac bypass*

(Continued on next page.)

FAVORITE SAYINGS TO LIVE BY

"The chess-board is the world; the pieces are the phenomena of the universe; the rules of the game are what we call the Laws of Nature."

– T. H. Huxley

❖

"Two things fill my mind with ever-increasing wonder and awe: the starry heavens above me and the moral law within me."

– Immanuel Kant

❖

"Be intent upon the perfection of the present day. Or, The man who has no inner life is the slave of his surroundings."

– Henri Federic Amiel

"Who is the wisest man? He who studies. Who is the strongest man? He who has limits. Who is the richest man? He who is content with what he has."

– The Talmud

❖

"The human race would perish from the face of the earth if people would stop helping each other."

– Sir Walter Scott

❖

"Only he who accepts that the essence or meaning of his life is not material but spiritual can be free."

– Anonymous

SPIRITUAL HEALING: A FORCE FOR GOOD!

(Continued from previous page.)

patients control their blood flow and minimize complications during surgery. The patients will practice the technique in the weeks before the surgery. The twist is that the imagery will be taught to their families as well.

On the day of surgery, while the patient is being prepared in the operating room, the family will take a meditative walk on the beautiful labyrinth painted in the hospital courtyard. Then, while the patient is asleep on the operating table, the family will sit with a therapist in the waiting room and practice the guided imagery for the patient. They will visualize the surgery proceeding with minimal bleeding, the heart rate steady, the surgeon's hand deft, and will picture their loved one waking in comfort and clarity. This procedure can be adapted to any kind of surgery.

Results from the studies reminded us not only of the possibilities for using our thought and intentions for better health. They also remind us that we have a responsibility to make our thoughts and wishes carry healing intent.



Natural Law teaches us that our thoughts have creative energy, that energy flows into the ethers to then return to the sender. Our spirit is part of the Creative Spirit and every thought we have had creates without judgement. We each are as great as we think we are, or as limited as we hold in our thoughts. Jesus taught, "As a man thinks in his heart, he is."

With these thoughts in mind, consider how powerful each thought is when we put loving intention behind it. We accept that Infinite Intelligence is Mind and is Love, so when we put our mind to sending love and healing thoughts to another, we have a force for good that we are using.

All healing comes from God and Love. The Light and Love of Infinite Intelligence is always available to all who open themselves to receive it. Attunement with the Greater Power is a requirement for sending absent healing. Try to schedule some time each day to attune to the Great Unseen Healing Power and send out love and energy to those in need.

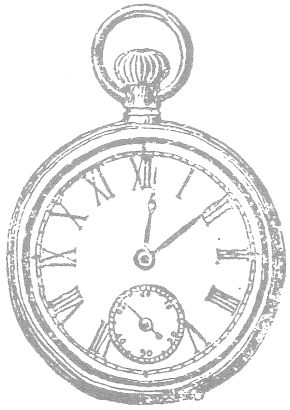
Healing Blessings. Sandy ◉

Reflections On Erikson's Theory Of Development

BY THE REV. JACQUELINE STOUTAMYER, Maine

Erik Erikson's psychosocial theory of development describes human development over the entire life span in terms of eight stages, each marked by a particular crisis (turning point in life, moment of transition characterized by the potential to go forward or backward in development) to be resolved. At these turning points we can achieve successful resolution of conflicts and move ahead, or we can fail to resolve conflicts and regress. To a large extent, our lives are the result of the choices we make at each stage.

These stages are not precise categories that people fall into neatly. There is great variability among individuals within a given stage. Each person reacts uniquely to the challenges of each stage. The important point is that there is continuity in life. Childhood experiences directly impact our approach to adolescence, etc. during our progression we sometimes meet roadblocks and detours, the results of having failed part of an earlier period. By becoming aware of our progression, we can review and revise it. We can shape our destiny rather than be passively shaped by earlier actions. We have free choice.



Erikson stresses integration of biological, psychological, and social aspects of development and suggests viewing human development in a positive light, focusing on health and growth. He emphasizes the rational side of human nature and maintains that the ego is the life force of human development. Where the id seeks immediate gratification, the ego is in contact with the outside world through cognitive processes such as thinking, perceiving, remembering, reasoning, and attending. His focus is on the emergence of self and ways in which self develops through interaction with our social and cultural environment. His eight stages are:

- Stage 1, *infancy,* accompanied by core struggle *trust vs. mistrust;*
- Stage 2, *early childhood,* accompanied by core struggle *self-reliance vs. self-doubt;*
- Stage 3, *preschool,* accompanied by core struggle *initiative vs. guilt;*
- Stage 4, *middle childhood,* accompanied by core struggle *industry vs. inferiority;*
- Stage 5, *adolescence,* accompanied by core struggle *identity vs. role confusion;*
- Stage 6, *early adulthood,* accompanied by core struggle *intimacy vs. isolation;*
- Stage 7, *middle adulthood,* accompanied by core struggle *generativity vs. stagnation;* and
- Stage 8, *late adulthood,* accompanied by core struggle *integrity vs. despair.*

Erikson's developmental stages complement my views in regard to personal growth. I think we are on earth for the purpose of learning everything we can learn, and at a pace we choose. Our ultimate goal is wisdom and harmony. Along the way we face constant challenge regarding our choices. If a choice doesn't work out positively, we have only to pick ourselves up, reflect upon what went wrong, and make another choice. Sometimes the process involves pain, but it's balanced with times of joy and elation. I'm not sure we can accomplish everything in this lifetime or whether we ever will. But the opportunities are there. We are always involved in the process of becoming self-actualized. What a shame we do not learn about these life stages until we become adults. I think our education system should incorporate Erikson's stages at every grade level. Perhaps it would result in more active participation in our own process of self-actualization and growth.

In 1983 I wrote a poem based on some of Erikson's eight life stages. It was just something that came to me in groups of words in the middle of the night. In arranging these words on paper, I found myself challenged to find more words that fit each stage and to make them rhyme. The result was lengthy but made perfect sense to me.

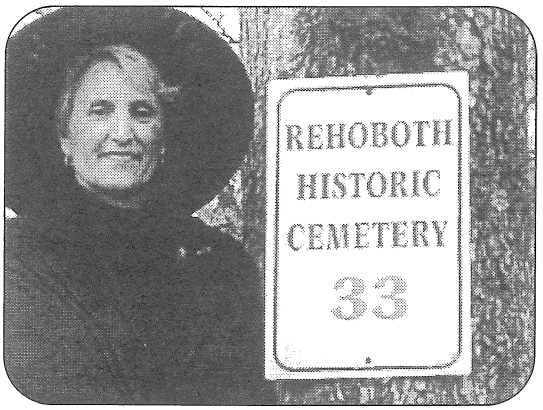
CHOICES

Throughout life we have choices for consideration,
Choices made from creation to termination.
The choices we make have strong implications.
Some lead to damnation, some to salvation.

Infancy generates new realizations:
Fascination, correlation, socialization.
Parents contribute to the formation
Of first choices and later transfiguration.
The unattended infant knows isolation.
If cared for, an infant feels gratification.

(Continued on next page.)

COMMUNITY OUTREACH



Revs. Lynn and Brian Kent, from the First Spiritual Church of Brockton, currently located in Rehoboth, Massachusetts, provided an evening of ghost story telling at the annual Rehoboth Library fundraising event at the local cemetery "Burial Hill" on Halloween night. They were one of six stations set up in an authentic cemetery in town and told stories. Between 100-150 participants, traveling in groups of 20-25, carrying lanterns, completed the evening's event. Community outreach programs like this helps to identify us as part of the community and of course, exposes our church to the local populace. There were many opportunities to explain our Spiritualist church service and what Spiritualism is all about.

• • •

"Man does not live by words alone, despite the fact that sometimes he has to eat them."
– Adlai Stevenson

REFLECTIONS ON ERIKSON'S THEORY...

(Continued from previous page.)

If hurt, it is fearful in new situations.
If safe, the infant tries exploration.
If ignored, it experiences emotional starvation.
If loved, it expresses adoration.
Our choices guide its navigation
Into a childhood of diseased or fertile adaptation.

A child makes choices from observation,
Choices blending imagination and translation.
The child not spoken to selects alienation.
One loved and shared with, chooses communication.
A mind not provoked asks no explanation.
A child's mind challenged shows motivation.
One only criticized experiences humiliation.
A child praised knows self-admiration.

Adolescence is an interval of identification,
Infatuation, confrontation, temptation.
The journey through adolescence is a revelation
About choices made regarding identification.
Choices made from frustration are
Grounded in insubordination and rationalization.
Met needs effect positive estimation
When managing infatuation, confrontation, temptation.

Young adulthood is a period of aspiration,
Of choosing a mate, ideals, vocation.
When needs are unmet, there is no foundation
To lean on in times of consternation,
Fostering prostration, aggravation, degradation.
If needs have been met, healthy expectation
Is the force that fosters determination,
Resulting in innovation, verification, elevation.

Middle age is a manifestation
Of life's journeys and complications.
Life still offers change and tribulation.
How one reacts is a declaration
Of choices influencing characterization.
Unwise choices lead to desperation.
The alternative offers solidification and appreciation.

Old age looms as a finalization.
None are immune to this life's cessation.
Yet time remains for meditation,
Education, examination, evaluation.
Make your own choice in the final summation,
Crowning a lifetime of analysis and participation.
Will your choice be suffocation, demoralization, damnation?
Or will you choose self-actualization, celebration, salvation?

Breathe Your Way To Busting Your Stress!

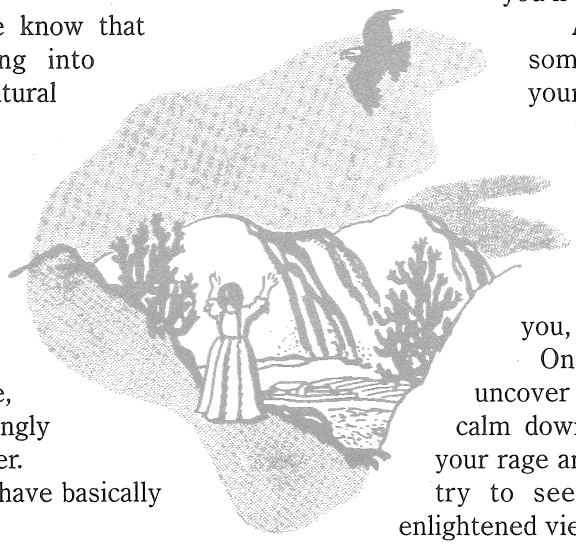
BY DR. GREG MUCHNIJ, Arizona

We all know, without a doubt, that stress, in its many forms, will destroy your health as surely as the worst germ eating away at you!

In fact, we attribute many health conditions to stress. So many people with sore necks and shoulders, for example, have way too much stress in their lives, and/or aren't handling the stress very well.

Remember that you cannot control or avoid all stressful situations. But you CAN control your reaction to these circumstances! Handling stress a little better, helps your overall health!

This is a HUGE point! See, we know that you're always going to be running into situations or circumstances that are natural born stress inducers.



For example, you could come home unexpectedly, and find your teenage kids having a "holiday party" in your house. Or, you could be very late for an appointment, and get stuck in a gigantic traffic jam caused by construction. Or, you could be in a hurry to get somewhere, and find yourself trapped in an annoyingly long line at the bank teller. Or whatever.

When these situations occur, you have basically three choices on how to handle them:

Get really aggravated and all steamed up. You know letting it get to the point where you lose your temper, swear, get argumentative, and generally blow your stack. You could also keep your severe anxiety inside, letting it fester and smolder for a future explosion.

Let it annoy you, but not to the point of losing your cool.

Obviously, we're going to recommend that you learn how to handle your stress with the third method as often as possible! And here's the simplest, most dependable way to help you keep your stress under control:

Breathe! Breathing is one of nature's best kept secrets for reducing stress and aiding in your ability to cope with stressful situations!

For example, let's say you find out your daughter wasn't at the place she said she was going to be, and you go through all kinds of aggravation locating her. Now that you've found her, you want to yell, or otherwise let her have it. If you breathe in very deeply a few times, and let it out slowly, you'll notice that your anxiety level quickly drops. Take a few deep breaths before you begin your reaction, and you'll be amazed at how much lower your stress will be, and how much more in control you'll be!

Another example could be that someone at work has undermined your work, or has taken credit for your ideas and work. Many people let this type of stress boil up inside them, until it gets so bad that it actually causes your physical health to deteriorate. (Retaining stress is really, really bad for you, by the way.)

Once again, deep breathing as you uncover the situation, will allow you to calm down and instead of merely bottling your rage and anger...gives you the clarity to try to see what happened from a more enlightened viewpoint.

You may be able to ask yourself how this happened, what really occurred, and be able to find a way to calmly address the problem with the offender, or possibly your boss. When you talk to people calmly, because you are really calm, you will notice a marked difference in how they react to your reaction! My mom always told me to count to ten before saying or doing something out of anger. Her old school wisdom is right on target for stress reduction as well! When you face stress, instead of letting it make you miserable, just breathe deep and you'll see how easy it is to get control of your emotions!

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PASTORAL SKILLS brings you knowledge of pastoral responsibilities in ninety-six hours of class work. Included are lectures, guest speakers, hands-on pastoral experiences through role playing of life-like situations, of funerals, special services and study into areas of counseling, such as: pre-marital, marriage, suicide, family dynamics, violence, chemical dependency, death and dying, and the grief process. The class is open to any dedicated student, and at this time Pastoral Skills is a required course for the NSAC Licentiate Minister certification.

Class size is limited. Early registration is necessary. A **deposit of $50** is required **sixty (60) days** in advance with full payment required thirty (30) days in advance, if not on the payment plan. **Complete information for the site will be sent upon payment** of a deposit. If eight students are not enrolled for a session thirty days in advance, the session may be canceled.

For further information call the MPI Office at:
414-774-2994 or fax: 414-774-2964,
or email: mpratt@execpc.com

2005 SITES AND DATES

- **LILY DALE, NEW YORK:**
  Lily Dale Spiritualist Camp – Two Week Session
  June 4 – 7:00 p.m., Orientation
  June 5-17, Classes
  Instructor: Rev. Sharon Snowman, NST

- **MILWAUKEE, WISCONSIN:**
  Morris Pratt Institute – **Split Session – Two Years**
  Week One: Oct. 22-28, 2005 – 7:00 p.m., Orientation
  Week Two: April 15-21, 2006
  Instructor: Rev. Pamla Ashlay, NST

- **TEMPLE HEIGHTS SPIRITUAL CAMP:**
  Maine – Two Week Session
  Sept. 10 – 7:00 p.m., Orientation
  Sept. 11-23, Classes
  Instructor: Rev. Pamla Ashlay, NST

CLASSES: Daily - 8 hours, classroom; Sundays - specified church assignments. Materials: List will be provided upon payment of deposit. Required books will be provided. Additional books may be ordered at site.

PASTORAL SKILLS REGISTRATION FORM

Morris Pratt Institute, 11811 Watertown Plank Road, Milwaukee, WI 53226-3342 • 414-774-2994

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Mail to: THE NATIONAL SPIRITUALIST 3521 W. Topeka Drive, Glendale, AZ 85308-2325

Declaration of Principles

National Spiritualist Association of Churches

1. We believe in Infinite Intelligence.

2. We believe that the phenomena of Nature, both physical and spiritual, are the expression of Infinite Intelligence.

3. We affirm that a correct understanding of such expression and living in accordance therewith, constitute true religion.

4. We affirm that the existence and personal identity of the individual continue after the change called death.

5. We affirm that communication with the so-called dead is a fact, scientifically proven by the phenomena of Spiritualism.

6. We believe that the highest morality is contained in the Golden Rule: "Do unto others as you would have them do unto you."

7. We affirm the moral responsibility of individuals and that we make our own happiness or unhappiness as we obey or disobey Nature's physical and spiritual laws.

8. We affirm that the doorway to reformation is never closed against any soul here or hereafter.

9. We affirm that the precepts of Prophecy and Healing are Divine attributes proven through Mediumship.



The National Spiritualist

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