THE NATIONAL SPIRITUALIST SUMMIT

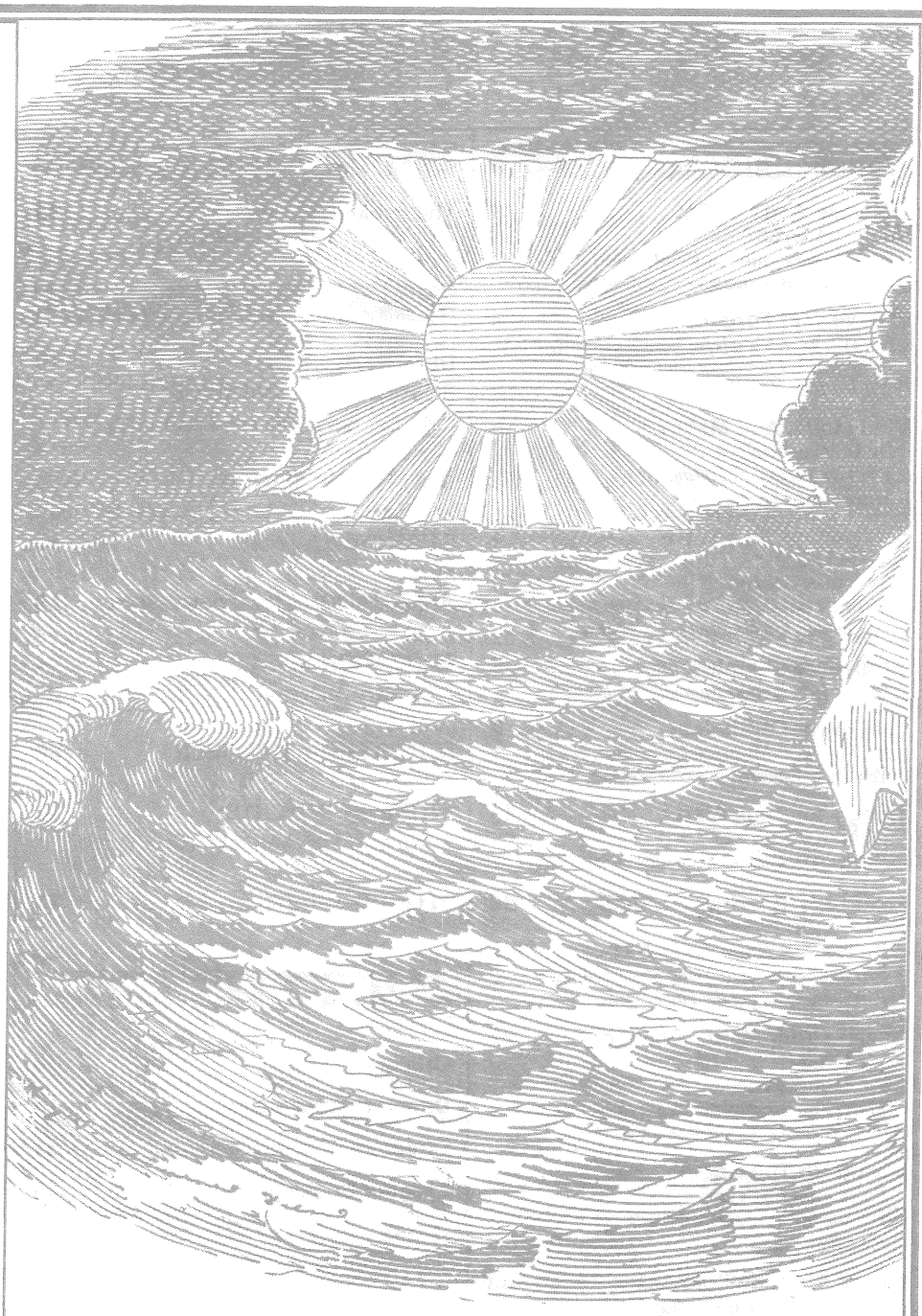
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and the sweet light within you
guide your way on.

– Traditional blessing

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THE NATIONAL SPIRITUALIST - SUMMIT

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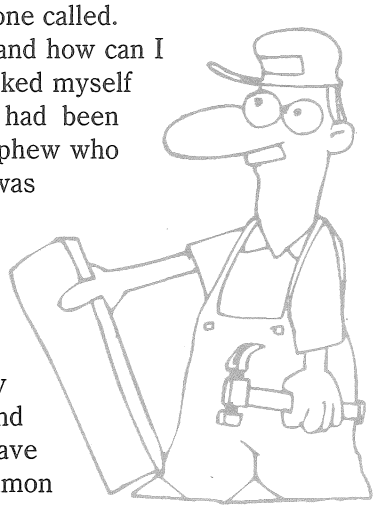
I Release And Let Go! Goodbye Gremlins!

BY THE REV. SANDRA PFORTMILLER, NST

Walt Whitman wrote: "I think I could turn and live with animals, they are so placid and self-contained...they do not lie awake in the dark and weep for their sins."

My contractor didn't show up again today! What began as frustration a couple of weeks ago, has now turned into stress and yes, anger. For over a month now I have lived in a house that is all torn apart, with scattered furniture, ladders, material and construction dust all over the place. In four days a church gathering had been planned, but there is no way the project can possibly be completed as the guy hasn't even been here in two days, let alone called.

Why have I drawn this upset to me and how can I handle it in a Spiritual manner, I have asked myself over and over again. To be honest, I had been warned before the job started, by my nephew who had recommended the man, that the guy was a good worker but not always timely. So, with my time crunch of the party, I was annoyed at myself and annoyed at the worker. Enter a gang of emotional gremlins to churn within me and gain power if I didn't do something fast. My personal attitude needed an adjustment and a release of the stress. Researchers have found that stress is not healthy—my common sense agrees.



Have you ever noticed how tightly we can hold onto things, emotions, angers, and upsets? Boy, even after I decided to talk with the contractor, found another place for the Church party and did some research for a new contractor to finish the job if I didn't get any satisfaction, I was still upset. Let's look at this and how it was affecting me. First, my back started to hurt and my digestive tract got upset. Then I couldn't concentrate and had to check things over to make sure they were correct. My physical being was reacting to my negative emotions. You can not be angry and be balanced or healthy.

I needed to release and let go, I needed to trust in Infinite Intelligence that all was perfect. Maybe if he had been hurried, the new wiring might have been done wrong, or there might have been an accident. All is in right order—let me forgive. Maybe I should look at the feelings I had about a man from my childhood who this man reminded me of—someone that was talented, charming, nice and completely undependable.

Bob Mueller, a Hospice director wrote: "Many people carry on their minds an accumulation of past mistakes, failures and sins. It becomes a burden that no person can bear. It produces terrific mental strain, nervousness, fear and worry." A sense of guilt, anger and unforgiveness can turn a strong person into a weak person with many dysfunctional problems. Mueller further writes: "One can be so overwhelmed with a sense of guilt that one of three things happens. We will be turned into an animal without conscience or hope. Or life will become unbearable. Or one will accept and be loosed by an experience of forgiveness—God's forgiveness and then our own."

We are personally responsible for our thoughts, actions and reactions. Sometimes it seems much easier to look at the "wrongs" than to search for the "rights." We all know that there needs to be experiences that make us uncomfortable so we will move and examine our life. Many philosophies teach that there is only love or fear, and we are healthy when we practice love. Love protects us, heals us and nourishes us, so why don't we constantly practice love? The main reason people hold onto fear and anger and refuse to forgive is that they don't want to. Then after awhile they begin to feel justified by their misery and self-pity. Mueller says: "Forgiveness is our deepest need and highest achievement."

In order to forgive, we must love. Forgiveness and love are the pathway to wholeness. Another requirement for me was trusting Infinite Intelligence. Affirmation, repeat over and over: "I put my trust in the Love and Power of God. With God all things are possible, so I release and let go of all but love." About this time my daughter gave me a box of Louise Hay affirmation cards. The second card in the box affirmed, "I have the perfect living space."

Meditation is a wonderful tool for releasing. Begin with the problem and face it. Then when you leave the silence, keep the positive visualization in front of you as long as you can, trusting the power of your action and intention. Just as

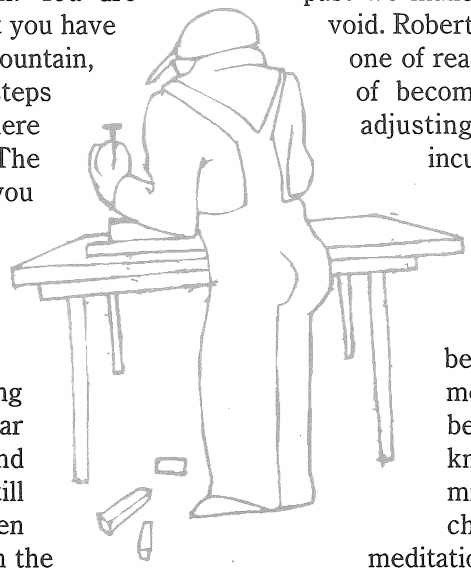
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in dreams, the images you see in your meditations are specific, for you and your imagination can change the inner beliefs as you actively work with the imagery you receive.

Meditation one: Close your eyes, breathe deeply in and out three times, and then see yourself on a path that is cluttered with rocks. As you walk you pick up the rocks or push them to the side to clear your path, letting go of your pain as you move them. The further you walk, the clearer the path becomes. Approaching a small pond, lower yourself into the clear, warm water to wash away any residue and clean your aura of all the past. Become aware of the trees, the birds, a gentle breeze, and feel in balance. As you leave and follow the pathway again, notice that it is now a lovely path and that flowers have grown along the sides and butterflies are fluttering about. Smile as you open your eyes. Keep the image of health and well-being in your heart as you return to daily life.

Meditation two: Close your eyes, breathe deeply in and out three times, and then see yourself on a path that is going up a gentle mountain. You are burdened down with lots of things that you have not released. As you go up the mountain, continue to let go and with each few steps throw something into the wind where they fly away to be harmonized. The journey's length is up to you, but as you get higher and higher, feel yourself getting lighter and lighter as you let go and let God. When you reach the top of the mountain, there is a wonderful rock that serves as a place to sit and you overlook the vistas, seeing peace and beauty. Breathe in the clear air, cleansing yourself within and without. Listen to nature and to the still small voice until you feel healed. When you rise to leave, you see a slide down the mountain. What fun! Slide back into your consciousness with a joyous energy.



Meditation three: Close your eyes, breathe deeply in and out three times, and then see yourself in front of a mirror. Allow your life or a disturbing event to be seen in the mirror. See it, feel it, sense it and then correct it. You can wash it, you can rub it, you can send a spirit helper to correct it, but see any discord dissolving and being blessed. Next, visualize how you want it to be different, how you will be in a week, a month, a year or five years. See a smile of accomplishment on your face as you return and know that with God all things are possible. Keep this feeling with you after you complete the meditation.

It is difficult to quiet discomfort while in the midst of it, and will power to control your emotions will not work. The emotions usually win, but the secret is how we then react to what has happened with our attitudes. "Feeling Follows Action!" Let your attitude be one of trust in Infinite Love. Release your judgement and need to control, knowing that God only wants the best for us. There is a reason for this situation to guide our soul in its development and a reason for everything that happens to us. Look for the blessing. Daily our emotions respond to life in an up and down slide. How we react to the roller-coaster events makes us a victim or a victor. We live in consciousness and have charge of how we proceed. *Be Whole* by Robert Conklin tells of an affirmation that has helped many. "I can't help the way I feel right now, but I can help the way I think and act." When our emotions are in an upheaval and life seems to be out of our control, look beyond the anger and you'll usually find the other person is suffering. Look behind the moment and you will find meaning. It is often telling you it is time for a change.

Sometimes counting to ten, deep breathes or physical exercise can defuse the emotions so you don't act crazy and add guilt to the problem. Forgiving others helps you not take their problems on yourself. When we forgive the past we make space for new positive things to fill the void. Robert Conklin writes: "The very nature of life is one of reaching out, becoming what you are capable of becoming; you are subtly growing, learning, adjusting and creating. Moods provide the incubation for that process. They are as much a part of your emotional growth as the good that nourishes your body. Without moods the evolution of your life would be stifled.

"So let's stop thinking about moods as being ugly and a departure from the nicer, more lovely self." He goes on to teach us to be kind to your mood, whatever it is and to know that there is a purpose, so open your mind and guide the mood with some well chosen visualizations, affirmations and meditations. In this way you are taking control and have the power to change.

Socrates stated: "Study to be what you wish to seem." Study and practice being loving. Love is a harmonizing, constructive, restorative power when it is made active in our minds and in our hearts. It is our choice to practice love and release all else.

Alice Steadman wrote in *Who's The Matter With Me,* "No matter how great the fault of another, your fault of hating is worse. Forgive him—not seven times, but seventy times seven—for your own sake, body, mind and soul." Bless him or her for whatever you bless, blesses you. Steadman also wrote: "Healing is forgiveness, of self and others; relaxation; partnership with God."

An oyster takes an irritation and makes a pearl. Pearls are beautiful. Emmet Fox taught: "There is no difficulty that enough love will not conquer...When you develop a love consciousness toward all, everything else will follow."

★ ★ ★

Forgive And Forget?

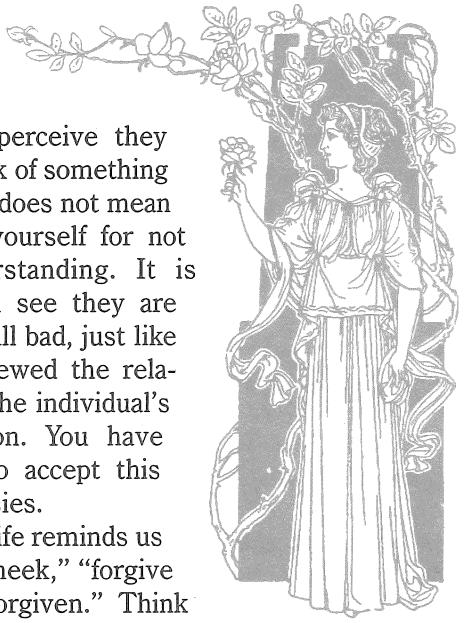
BY THE REV. CHARLENE KLEINSCHMIDT, NST, New York

Have you ever accepted an apology thinking "Yes, I'll forgive you, but don't expect me to forget?" It is easy to say the words. It is much harder to do the work required for true forgiveness.

As long as we continue to hold a grudge somewhere deep inside our consciousness, it will worm its way through our thinking, find a comfortable place to wait, and lift its ugly head the next time this person provokes us. Then we will feel vindicated to believe they are impossible to trust and we have the right to the feeling of victimhood. The unfair treatment we perceive to have taken place allows us to think, "They hurt me before and I forgave them, if this is the thanks I get, watch out for me!" Yet, because you are a civilized person, you say "Of course, I forgive you." Thus the vicious circle continues. They hurt you and in your mind all the past pains come flying forward for recognition. You believe you have forgiven them while speaking the words, but you actually stuffed the true feelings deep within.

There are some we forgive because of familial relationship. A sibling or even a parent may continually betray us, being the "good child," we always say "I forgive you." Inside we mentally add another mark to their failing score. These relationships are often the hardest with which to work. Since they probably won't change, we must make a concerted effort to change our way of dealing with them. As the old saying goes "You can choose your friends, but, you can't choose your relatives." There are those who believe you did choose them. Whatever your belief, try to understand why and what lesson they are here to teach you. Give thanks for having them in your life to help you grow.

The old adage advises forgive and forget. Working on the second part can be a difficult assignment until we realize the futility of forgiving and remembering. I'm not saying you will suddenly feel an expansive delight for your magnanimous behavior nor that you must condone theirs. Nor am I saying you are at fault for feeling the way you do, but when you allow yourself to let go of the pain, and feel at peace, you will be able to work within the relationship better. There will always be people in our lives we love deeply, who simply can not or will not acknowledge they frequently hurt our feelings. They may be so ego driven they only see the result they expect, regardless of what it may do to us. Certainly when you feel placed in the position of always being the "understanding person you are" it's easy to fall into the trap of martyrdom.

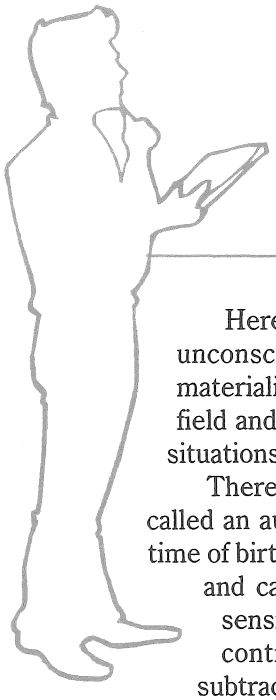


How can we truly forgive and forget? First, for every wrong you perceive they have done, you think of something good they did. This does not mean finding fault with yourself for not being more understanding. It is simply to help you see they are neither all good or all bad, just like you. You have reviewed the relationship and know the individual's pattern of operation. You have made the choice to accept this person's idiosyncrasies.

Over and over, life reminds us to "turn the other cheek," "forgive as you would be forgiven." Think about how you would want this person to treat you if the roles were reversed. Would you know when they said they forgave you if they were doing so just to be nice? Not if you believed they were sincere in the past. Would you want them to be remembering your past mistakes? Would you be thinking defensively if those previous times you felt vindicated in your actions? Guess what, they are feeling that way when your forgiveness comes with a price tag. Frankly, forgiveness without letting go is a hollow gesture at best, a self deluding one at worst. When we continue to hold on to perceived injuries and allow them to infiltrate a relationship, eventually we will pay a price for this behavior. It may manifest in physical or psychological illness. It may color our thinking to such a degree we find it hard to be close to another person to avoid repeating the experience.

We are often encouraged to journal to deal with our feelings. Another avenue is to write a letter detailing your grievances and then symbolically burning or tearing it up. If you dislike writing, allow yourself to take time to specifically think about and release all the pent up anger inside disturbing your balance.

When we let go of the damaging effects of bitterness and allow ourselves to truly forgive, dismissing the charges without prejudice, we will find ourselves more tolerant and joyful. Forgetting isn't easy, but it is worth the discipline to find the reward of peace. ★



Mind Molds And Makes!

BY DOLORES RAY, Arizona

Here is a key to the gift you hold and unconsciously honor. It is the key to materializing and the use of your energy field and how it attracts and repels certain situations.

There is an energy field, sometimes called an aura, surrounding each of us at the time of birth. It is felt when we pick up a baby and can also be seen in color by some sensitive people. This energy field is continually changing. We add and subtract from it by the way we think and feel. The emotions are very real and forceful in adjusting this protective shield we constantly wear. This energy field is the Karmic thought record we carry around with us every day and is the cause and effect of our thoughts, emotions and actions. This poem, written by James Allen, helps explain how we create in our lives and add to our energy field.

Mind is the power that molds and makes
Man is mind and evermore he takes
The tool of thought and shaping what he wills
Brings forth a thousand joys, a thousand ills
What we think in secret comes to pass
Environment is but a looking glass.

Here is one method of materializing in your life that which your heart desires. Be aware that creating has pitfalls, warnings and dangers. There is an old, old saying: "Beware lest you get what you desire and with it hell fire."

Here are some things to consider:

1. DO NOT DO TO OTHERS THAT WHICH YOU DO NOT WANT OTHERS TO DO TO YOU.
2. Do not attempt to use this energy on another person. That is using your will to manipulate their birthright and an attempt to take away the freewill of another.
3. We can hold others in the universal light. It will allow those persons' higher self to take over.
4. We can send Universal Love.

The following is one method of creating in your life your hearts desire.

Take a paper and write:
BY DIVINE RIGHT ACTION
WITH NO HURT NOR HARM TO ANYONE
I INVITE INTO MY LIFE THE FOLLOWING:

1. List the items or conditions you desire.
2. List each item or condition in a positive manner as though it currently exists in your life.
3. Put your list away. By putting the list away you release the energy so it can go forth.

When writing the list, an emotional energy is being created. Putting the list away, the dreams and desires are sent forth into the universe to be created in physical substance. After several months have passed, you may wish to review the list. Be prepared to give thanks for all the creations that are now present in your life in a recognizable form.

We can also create conditions and physical items around us by thought. Generally we build the power by becoming very still within. This state is often achieved through meditation.

It is the same substance the native people of Australia use, only they believe they dream things into existence. There are other cultures that feel they create by singing things into existence. We are all using the same energy with different methods.

Most likely, you are aware of experiences you have created and attracted through wishing and thinking. The experience can be simple and dramatic as an experience I was fortunate to recognize recently. I had been thinking I would like flowers in the practically empty flower bed of the house I recently acquired. The flower bed gave every indication that it needed a great deal of work to soften the hard ground. I hired a young man to dig the flower bed and add much needed fertilizer, soil, and gypsum. Before the week was over, I found a beautiful yellow snapdragon blooming between a small shrub and the bordering cement brick. The source of the seed for the flower is unknown. It may have been in the ground all along from a previous planting. It could have been carried in by the wind. A bird may have deposited the seed complete with fertilizer. How the seed arrived and grew into the beautiful plant is a mystery. However, it is known that the flower was an answer to a silent request or prayer put forth to beautify the area. ★

Forgiveness Moves Us To The Light

BY LAURA HOSANO, New York

The essence of forgiveness is not for conceptual understanding. It is merely a matter and passion of the heart. What our heart knows deeply within, our minds tend to ignore and place unto disillusionment and misery. Within all levels of human and spiritual consciousness, we are here for the extraordinary purpose of loving completely. In affirming our love and making claim as worthy children of God, we are taking part in the knowledge, understanding and practice of *forgiveness.* When we were borne unto our own being, we were blessed with the Spirit of God and given the same rite of passage as was given Jesus. We were made manifest as a soul united, and as separate individuals. We perceived a separation from the light into both the light and the darkness. And in this separation, we lost the understanding as human beings of the quality of Divine Spirit that resides within to give us the mercy and compassion to know ourselves. Not only to know ourselves as God knows us, but to know ourselves in both the shadows of disillusionment and in the resurrection to the light.



When love touches upon the human heart, it opens up to the undeniable grief of not only having separated from the Creator, but also having separated from *our inner selves.* It becomes a spiritual dilemma as we try to search relentlessly for just cause for our humanness in our understanding. It also becomes a human dilemma as we search to justify our connection.

How can we exemplify the spiritual teaching of forgiveness towards others and offer that same grace towards ourselves? It is indeed a hard act to follow because we would have to embrace ourselves in truth before God. We would have to stand in the Light and seek the grace of forgiveness in our personal light and darkness. We would have to face the inherent fear of the perceived separation from Infinite Spirit, and we would have to embrace our realities that we are made up of both polarities. We would then have to take responsibility of whom we truly are. Once we do that, we know in our hearts that we can never turn back. The process of understanding at that point has begun to take hold, and we begin a journey of rediscovering who we are in relationship to God.

As we begin this journey, we acknowledge the loss of oneself to illusion. We also acknowledge that each of us is bestowed the wisdom to obtain our heart's truest desires as willed by God. Our heart's truest desire changes over time as we grow and develop in unison with God's will for us. As we seek to know true love and splendor in our human and spiritual realities, we will manifest a behavior of vain glory and righteousness that is a normal part of our development. The road to spiritual maturity and enlightenment will be at the time when we can move beyond our human understanding of righteousness and embrace a more merciful approach beyond our current understanding.

When we seek to know God, ourselves, or another, if we do so with our interpretations of the God within, then we are standing as the co-creators of continued disillusionment. By making presumptions about the light or the darkness, we indeed take away the essence of forgiveness.

As we come to experience and embody these truths, it is important to remain in humility and center our learning as it applies to our own personal development. There is an important reason for this. The ability to stay focused in our own spiritual space allows for the Light of God to be made known through us more effectively. It allows for inner forgiveness to be made manifest through us as we come into the presence of the Light, without our interference or interpretation, and without our projections onto other people's spiritual paths. We can then indeed embody true humility and the path to forgiveness continues to become clearer as the road to growth.

Through practice and sacrifice, we can begin to cherish the meaning of our lives as we have lived them, and as we will live them from then on. As we sacrifice our current truths around forgiveness to something greater, love and mercy will redeem itself of its holiest of virtues. Sacrifice at the human level is often misunderstood in matters of the heart. True sacrifice yields a greater love and a greater desire for forgiveness to work through us in the way that God intends it.

The moment we are released through forgiveness is the moment we are open for all the love God has for us. We will no longer seek to interpret our light or our darkness, nor will we seek to interpret our human and spiritual suffering. The desires we have created to be fulfilled by the truths surrounding God will be replaced by the *being and stillness of God.* Forgiveness will move beyond a process and into a state of grace, glorified by the compassion and love of Infinite Spirit. ★

FORGIVENESS QUOTES

Gerald Jampolsky interview: "Do people come into our lives for a purpose?" he was asked. He replied, "Yes, I believe they come to teach us forgiveness, patience and open-mindedness. The guy on the road that is going too slow ahead of us may be there to teach us patience. The ego thinks you have to change that person to be nicer, and to tell people what to do, but all you have to do is change your attitude. We are not here to write scripts for other people...if we hold onto unforgiving thoughts, what happens is we repeat the negativity and like a boomerang, it comes back to us because it is a projection of something inside of us. So in forgiving another person, we start to forgive ourselves."

Gerald Jampolsky writes in *Love Is Letting Go Of Fear:* "Forgiveness is our single function, and the way to achieve our goal of peace of mind." Forgiveness is: the key to happiness; the vehicle for changing our perceptions, or a correcting of perceptions; a process of letting go; changing a confused, afraid and fearful mind; releasing judgement and anger. "Our state of mind is our responsibility. Whether we experience peace or conflict is determined by the choice we make in how we see people and situations, whether we see them as worthy of Love or as justifying our fear."

A Course in Miracles teaches people to "remove the blocks to the awareness of Love's presence, which is your natural inheritance."

Bob Mueller, *Learning To Forgive:* "There are many people who are living a condemned life because they never learned to accept the forgiveness of God, that is, to forgive themselves. Many people carry on their minds an accumulation of past mistakes, failures and sins. It becomes a burden that no person can bear. It produces terrific mental strain, nervousness, fear and worry."

From *Forgive for Good* by Frederic Luskin: Luskin writes that the belief that forgiving an offense means that you condone it is a confusion for many people. Actually we can only forgive that which we believe to be wrong. He teaches there are nine steps to the freedom of forgiveness.

1. Examine how you feel about what happened and be able to put into words what was not okay about the situation. Share this with a couple of trusted friends.
2. Commit to yourself to do what you have to do to feel better. Remember, forgiveness is for you and not for anyone else.
3. "Understand your goal. Forgiveness does not necessarily mean reconciliation with the person who upset you, nor does it mean condoning the person's behavior. What you are after is to find peace even though aspects of your life were not what you hoped."
4. Examine where your primary distress is coming from: Hurt feelings, physical upset, thoughts and suffering—what is happening now, how are you suffering now—and not two minutes ago or ten years ago.
5. When you get upset, immediately begin to practice stress management techniques. This helps the flight or fight response.
6. Release expecting things from others or from life.
7. Search out ways to get your positive goals met instead of mentally replaying your hurt, seek new ways apart from the experience to get what you want.
8. When you focus on your wounded feelings, you give the person who caused you pain power over you, so instead, focus on love, beauty, and kindness around you.
9. "Amend your grievance story to remind you of the heroic choice to forgive, with a focus on what you have learned about yourself and life."

Arnold M. Patent writes in *You Can Have It All:* "Our rational society has taught us to judge, analyze or evaluate virtually everything we experience. So ingrained is this training, that we feel incomplete when we haven't processed each experience in this way. Yet judging, evaluating or analyzing anybody inhibits our ability to respond to the real self of that person. People are not their thoughts and actions. People are their essences which are always perfect...The Universal Principle involved is that there is no such thing as right or wrong, good or bad. Everything that occurs in the Universe is just another event. By judging something, it becomes the way we judge it. The only way to experience the inherent perfection of anything is to see and feel that perfection." Patent teaches that as soon as you find yourself judging anyone, begin the practice of forgiveness for the person and for yourself. then feel unconditional love for the person and yourself. Continue this until it becomes easy and comfortable to just feel love.

(Continued on next page.)

FORGIVENESS QUOTES

(Continued from previous page.)

Gary Renard, author of *The Disappearance of the Universe:* "While true spirituality isn't about the successful attainment of false idols, it doesn't leave us out in the cold either. Indeed, there are ways for us to receive the fringe benefit of being guided as to what we should do while we are here. The difference is that we resign from the job of being our own boss. We did not create ourselves. Rather, we have made ourselves into something we are not: individuals. Individuality is merely a symptom of duality or separation, but separation is not of God. The only way to be guided in the world and return to God at the same time is by joining with Him and living in a resulting state of inspiration, or in spirit."

Marianne Williamson writes in *Illuminata:* The vision of God's spirit is the vision of innocence. It is not our job to forgive whom God has not condemned, but rather to remember that God condemns no one...There is no peace without forgiveness. Attack thoughts toward others are on ourselves. The first step in forgiveness is the willingness to forgive. If you can state, despite your resistance, your willingness to see the spiritual innocence, the light in the soul of one who has harmed you, you have begun the journey to a deep and unshakable peace."

Louise L. Hay teaches in *Power Thought Cards:* Forgiveness of myself and others releases me from the past. Forgiveness is the answer to almost every problem. Forgiveness is a gift to myself. I forgive and I set myself free. ★

Look within.
Within is the fountain of good,
and it will ever bubble up,
if thou wilt ever dig.
– *Marcus Aurelius Antonius*
(121-180 A.D.)

FEATURE

The Power Of Choice

BY THE REV. MAURICE COVERSON, NST, Illinois



Allow me to ask you a question; Do you want to change your life? Do you know that you can make changes because you have the power to do so? You are empowered!

Many times we go through life saying that someone else is responsible for our life's happenings when we have the choice to make things happen in our lives. Think about the choices you are about to make in your life and the importance of those choices. You are in charge of your life and the choices you make determine your world. The choices you make today will determine your future world. We're the sum total of all of our experiences and that means that we are the sum total of all of our choices.

There's no point in dwelling on the past and the poor choices we've made. That doesn't mean we shouldn't reflect on those choices so that we don't repeat them. We need to think about our choices and where we've been.

Even though we all live in this big world, we each have our own personal world which is filled with the drama we create for ourselves.

There may be similarities in worlds, but there are also vast differences because we're all individuals and we experience things differently.

Remember that you have the greatest power, the power of choice. You determine what you do in life. You determine what your day is going to be when you wake up in the morning. The choice is yours. You alone decide "It's going to be fun!" You put it out in the air and you have created that day. You create what you want through your thoughts. You have made the choice. Your thoughts make choices. Through your thoughts, you can make a bad day or you can make a good day; a difficult life or a satisfied life. You have the power to choose.

MAY YOU CHOOSE TO BE PROSPEROUS AND HAPPY AND SPIRITUAL!

★ ★ ★

THE NATIONAL SPIRITUALIST ASSOCIATION OF CHURCHES
DEPARTMENT OF PHENOMENAL EVIDENCE

August 2004 Department of Phenomenal Evidence Report

BY THE REVS. TOM AND LISA BUTLER, NST

Near Death Experience. Dr. Michael Sabom describes an experiment on a patient having brain surgery in his book, *Light and Death*, (ISBN: 0310219922). The patient's blood was circulated through an external heart-lung machine. All blood was drained from the patient's brain. The patient's eyes were taped shut and transducers were placed in ear plugs to provide stimulus sounds to check the responsiveness of the brain. It was noted that there was no electrical activity in the brain. After the operation the patient reported a Near Death Experience (NDE) and described events that happened during the surgery. Remember the patient was unable to see or hear and there was no brain activity. Skeptics of the NDE phenomena claim that the NDE is a result of electrical activity in the brain.

From: Victor Zammit's Friday Report April 9 www.victorzammit.com/index.html

The Power of the Paranormal. In the "Trying to find honest reporting about Spiritualist concepts" department, we have this: The *New Scientist* Magazine ran three special reports on psi in their March 13th, 2004 edition. Sadly, two of the articles were obviously aimed at raising doubt regarding the validity of psi. "On the Edge of the Known World" was published without the author even being named. Victor Zammit noted that, "In the first two sentences of this article, I detected four egregious fundamental errors of fact and interpretation."

One of the misleading claims that are often made by writers who have not bothered to investigate current psi research is repeated in the same article: "...skeptics and believers have been struggling for more than 100 years to show whether or not psychic power exists." In fact, from current research to the research of our pioneers, it has been repeatedly shown under increasingly stringent scientific control that psi phenomena exists as a fact of our reality that must be acknowledged and should be developed for Humankind.

Thanks to Victor Zammit www.victorzammit.com

Spirituality in College. A study was conducted by the Higher Education Research Institute at University California, Los Angeles, as an initial part of a project called "Spirituality in Higher Education: A National Study of College Student's Search for Meaning and Purpose." 3,680 students from 46 colleges and universities completed their survey. Three in four students said that they prayed, that religion was personally helpful to them, and that they discussed religion and spirituality with friends. The study found that 71% of those surveyed said that they gained strength by trusting in a higher power. Even though 76% of the students reported they were "searching for meaning and purpose in life" more than half said that their professors did not provide opportunities to discuss the meaning and purpose of life. Two-thirds of those surveyed said professors never encouraged discussions of religious or spiritual matters. Only 55% were satisfied with how their college experience had provided "opportunities for religious/spiritual reflection."

From: http://spirituality.ucla.edu/news/2003-11-21.html

Article on Electronic Voice Phenomena (EVP). The March 2004 issue of *FATE* Magazine ran an article about Electronic Voice Phenomena (EVP) that we submitted. The article covered over seven pages and could not have been better presented by the editors of the magazine. The article that immediately followed was written by a man who had tried recording EVP for the first time. It ends with his saying that he had proven to himself that EVP was a reality. The increased interest in EVP shown by *FATE*, such as this article and the review of our book, *There is No Death and There are No Dead*, is greatly appreciated as we work to "get the word out" about life after physical death.

Movie on EVP. Watch for the release of a movie called *White Noise*, due out in November. It stars Michael Keaton who receives communication from his murdered wife through EVP. Despite the fact that *White Noise* is a thriller, many more people will learn about EVP through the movie. Paul Brooks, the Producer of the movie has told us that the movie will help make EVP a "household word," while the marketing department of Universal Studio, which will

(Continued on next page.)

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distribute the movie, warned us that the first thing they did after reviewing the movie was to "Google" EVP.

The Georgia Wonder. At the age of fourteen, Lulu Hurst exhibited a mysterious force that enthralled audiences and confounded the scientific community in the early 1880s. Lulu's power allowed her to lift three men in a chair several inches off the floor with only the palms of her hands touching the back rest. There were many other exhibitions of her power. In the "umbrella test" a volunteer would grasp an umbrella with both hands. Lulu would simply place her open palms against the middle of the staff and soon the volunteer and umbrella would begin to jerk and dart about the stage until collapsing on the floor. Her appearances around the country were often preceded by private showings to respected men of universities and medical organizations. There was much discussion over whether Lulu's power was due to animal magnetism, psychic force, electrical power or spiritualistic manifestations. Tests proved the force was not a result of muscular exertion as she would be unfazed after a performance while her opponents, those who tried to prevent her from moving things, were completely exhausted.

From: March 2004 Fate *"Lulu Hurst The Georgia Wonder"* by Dorothy Hampton Pope.

ITC Conference Highlights. We recently spoke at the First International Conference on the Scientific Investigation of Survival of Physical Death with Special Reference to Instrumental Transcommunication in Vigo, Spain. The conference was sponsored by the *ITC Journal*, published by Dr. Anabela Cardoso and Dr. David Fontana, vice president and past president of the British Society for Psychical Research.

For us, highlights of the conference were presentations by members of the Interdisciplinary Laboratory For Biopsychocybernetics Research in Italy (www.laboratorio.too.it/). For instance, Daniele Gullà described three technologies that promise to be most useful in future research. The first was forensic voice analysis techniques that permit analysis of voice formants that provides what amounts to a voice print that can be used to compare living and "dead" voice samples of the same person. Gullà also showed how the lab has determined that voice box frequencies are missing in EVP samples.

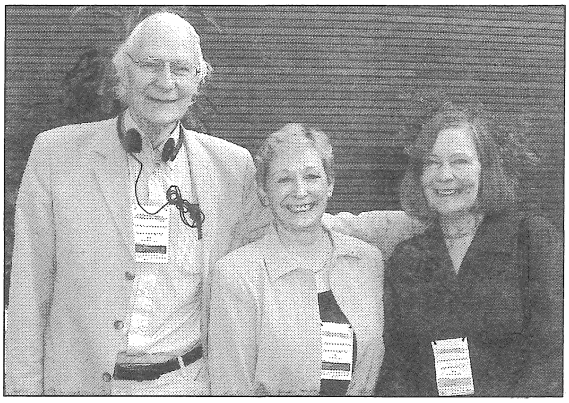


Gullà next described the forensic face recognition software that permits a more definitive identification of partially visible faces. This software may help us conclusively identify faces found in Video ITC.

Finally, Gullà showed an image made with a Raytheon thermal imaging camera which actually displays the heat in the air. You can see the air! Gullà showed one slide in which the air in an area of a haunted room appeared as a different temperature, and there was a form shaped like a person. It looked a little like a gray Dough Boy standing there. Think of it, a thermal image of a ghost! Temperature sensors are used to detect drops in temperature thought to represent strong psi activity or the presence of an etheric entity. With the thermal camera, it is possible to photograph the boundaries of such a cool area.

The president of the Laboratory has asked us to become members and offered to support research in specific cases of voice and face recognition. In turn, we have agreed to proofread the English translations of their reports—promising a rich source of research reports for this DPE monthly report and the AA-EVP *NewsJournal*.

The final speaker was Dr. Peter Fenwick, one of the top three authorities on near death experience in the world. He talked about, *The Possible Significance of the Near Death and Approaching Death Experiences*. Dr. Fenwick is currently Consultant Neuropsychiatrist at the Maudsley Hospital, the leading psychiatric teaching hospital in Britain, and at the John Radcliffe Hospital in Oxford. He described some of the research projects that have been designed to verify what cardiac arrest patients report about near-death experiences in the hospital. We thoroughly enjoyed our meeting with the Fenwicks and feel this new friendship will be an avenue for future reports on research in the United Kingdom.



Lisa Butler with Peter and Elizabeth Fenwick.

We wish to thank Dr. Cardoso and Dr. Fontana for their efforts to open an international forum for the exchange and discussion of survival related research. Also note that our attendance at this conference was entirely funded out of our own pocket. If you value the work we are doing in behalf of Spiritualism, your contributions to this department will help make future efforts possible.

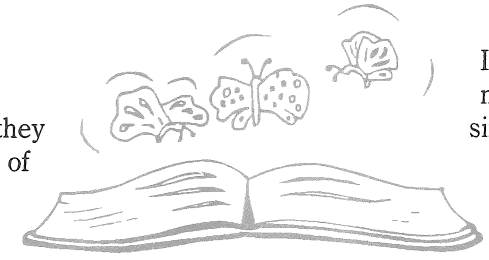
Please send information about phenomena in your church, life or community to the DPE, Tom and Lisa Butler, PO Box 13111, Reno, Nevada 89507, or via email to phenomena@nsac.org. Your donations to the DPE, same address, are tax exempt and will help fund our work in the department.

★ ★ ★

Things To Think About

BY MERRY BROWNE

FORGIVENESS



To understand that people do what they do because of their developed degree of goodness and intelligence goes a long way toward aiding us to not have negative thoughts and feelings concerning them—but it also helps to understand that medical science, even, now teaches that the contents of our minds manifest upon our bodies—and that un-spiritual thoughts such as unforgiveness manifest illness upon our bodies. In this case, a little knowledge is a wonderful thing. Ref: *Mind as Healer—Mind as Slayer* and *Sound Mind—Sound Body,* Kenneth Pelletier, M.D. – Stanford University Research.

From the beginning
Unto the end
The best thing to have
And be is a friend.

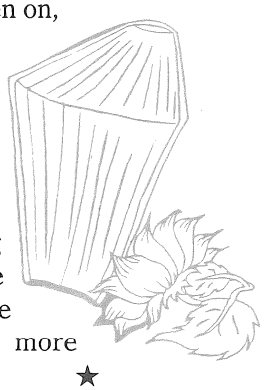
There are no exceptions to the Golden Rule.

PSYCHOTHERAPY

Since our experiences are caused by what we think and feel and express as our behavior—what we say and do—we have no choice but to realize we have caused what we are experiencing by past and present mind-set and expression. It therefore behooves us to be ever mindful of what we are saying and doing since it reveals what we're thinking and feeling. This mindfulness aids in our changing our behavior which is the process of "Psychotherapy." Some of our thoughts and feelings are deeply buried in our subconscious mind which psychologists call "the shadow self."

It is a self we do not like to admit, even to ourselves, but for successful therapy one must admit one's defects in order to change them to virtues. Just as important, it is necessary to make amends to anyone we have harmed in thought or feeling, word or deed. Being sorry and apologizing mentally is easy, but it is necessary to carry it out in word and deed to purge it.

Once we admit our negativity in mind and mend it outwardly, we are purging the shadow self to be free of its influence in our lives. This is the first step in therapeutic improvement. From then on, we daily strive to be what we must be for good life experiences. In what some name "centered prayer" and others call "meditation," if the intent to purge the subconscious is pure, we will find the hidden shadow self being revealed to us. It may not be pleasant, but it gives us what we must work with to become a more spiritual, healthy human being. ★



Attention Genealogy Buffs

The Statue of Liberty/Ellis Island Foundation has launched a web site that will allow searches of the old passenger manifests from the ships that brought immigrants through the New York Harbor. The site, **www.ellisislandrecords.org**, allows you to view electronic images of the actual documents dated 1892 to 1924.

What happened in AUGUST throughout the years?

AUGUST 11, 1826

Andrew Jackson Davis was born on this date. He was a physician, philosopher, author (30 volumes), medium, spirit trance seer, teacher and the founder of the Children's Lyceum. Davis foretold the coming of Modern Spiritualism, promoted the Harmonial Philosophy and gave us the guideline: Under All Circumstances Keep an Even Mind. He was one of the greatest forerunners and contributors to the Science, Philosophy and Religion of Spiritualism.

AUGUST 11

The Rev. Cosie Allen, NST, an NSAC Trustee, puts on a happy face to celebrate her birthday. Maybe she was born in August because it is also "Clown Month" and Cosie does like to have fun. Enjoy your day and everyday!



AUGUST 16, 1895

The Rev. Converse E. Nickerson came into the physical on this date in Canada. He did some writing, lecturing throughout the United States and Canada, and was an authority on the *Bible* and its metaphysical meaning. Converse's psychic messages were received inspirationally, while blindfolded and while playing the piano. He represented Spiritualism at the NY World's Fair in 1939-40.

AUGUST 18, 1774

The explorer, **Meriwether Lewis,** was appointed by his friend and neighbor, Thomas Jefferson, to explore the America's and the newly acquired Louisiana Territory. Lewis and his friend, William Clark, made their historic 1804-1806 trek across America becoming instant heroes.

AUGUST 18, 1920

The **19th Amendment to the Constitution** was ratified, giving the women of America the right to vote. Spiritualists worked diligently on the **Woman's Suffrage movement. Women's Equality Day** is honored on August 26th of each year.

AUGUST 19

The NSAC treasurer, **Peter Berg,** celebrates his birthday on this date. Many blessings on him and best wishes for the year ahead.

AUGUST 27, 1883

Parliament of the World's Religions held a meeting in Chicago, Illinois, with all of the religions represented. Spiritualism was not invited because it did not have a national organization. This was one of the ingredients that encouraged the organizing of the NSA, which held their organizational convention on September 27-29, 1893 in Chicago. Cora L. V. Richmond did present a paper on the Science, Philosophy and Religion of Spiritualism to the Convention Committee. One hundred years later another Parliament was held and this time NSAC Spiritualism was represented by the Rev. Brenda Wittich and the Rev. Sandra Pfortmiller. In 2004, a Parliament is being held in Barcelona featuring "Pathways to Peace."

★ ★ ★



FAVORITE SAYINGS TO LIVE BY



We all experience "soul moments" in life—when we see a magnificent sunrise, hear the call of a loon, see the wrinkles in our mother's hands, or smell the sweetness of a bay. During these moments, our body, as well as our brain, resonates as we experience the glory of being a human being.
– *Marion Woodman*

"Ancient Egyptians regarded the heart as the center of intelligence and emotion. They believed the brain to be totally insignificant, and during mummification, the brain was removed...thinking it would not be needed on the 'other side.'"

Positive Statements To Help Create a Positive Day.

Affirmations . . . AUGUST 2004

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 "Misfortune shows those who are not really friends." – *Aristotle*	**2** "Better be a nettle in the side of your friend than his echo." – *Emerson*	**3** "Nature teaches beasts to know their friends." – *Shakespeare*	**4** "Judge not thy friend until thou standest in his place." – *Rabbi Hillel*	**5** "Be a friend to thyself and others will befriend thee." – *Saying*	**6** "Be of one mind, having compassion for one another…" *1 Peter 3:8*	**7** "Have but few friends though many acquaintances." – *Saying*
8 "Make yourself necessary to someone." – *Emerson*	**9** "Friendship needs a certain parallelism of life…" – *Henry Brooks Adams*	**10** "You want a friend for life, get a dog." – *Harry S. Truman*	**11** "Life without friends; death without a witness." – *George Herbert*	**12** "The most I can do for my friend is simply to be his friend." – *Thoreau*	**13** "He who is filled with love is filled with God." – *St. Augustine of Hippo*	**14** "If you would be loved, love and be loveable." – *Benjamin Franklin*
15 "Be slow to fall into friendship; but when thou are in continue constant." – *Socrates*	**16** "Short accounts make long friends." – *Balzac*	**17** "What is a friend? a single soul in two bodies." – *Aristotle*	**18** "A real friend is one who walks in when others walk out." – *W. Winchell*	**19** "Happy is the house that shelters a friend." – *Emerson*	**20** "Friend: A person on the same side in a struggle." – *Webster's Dictionary*	**21** "The best mirror is an old friend." – *George Herbert*
22 "Fate chooses our relatives, we choose our friends." – *Jacques Delille*	**23** "True friendship requires vulnerability." – *Anonymous*	**24** "Intimacy creates the best of human connections—a soul relationship." – *Anonymous*	**25** "A friend is the first person you call with news of any importance." – *Hubbard*	**26** " A friend may well be the masterpiece of Nature." – *Emerson*	**27** "Who seeks a friend without a fault remains without one." – *Turkish Proverb*	**28** "Friends are born, not made." – *Henry Brooks Adams*
29 "A friend is, as it were, a second self." – *Cicero*	**30** "If you lend a friend five dollars and never see him again, it's worth it." – *Anonymous*	**31** Friendship "will last through a whole lifetime, if not asked to lend money." – *Mark Twain*	This months quotes and affirmations were taken from a charming book, *Forever Friends*, Thomas Nelson Publishers, Nashville			

Let forgiveness be your sword.





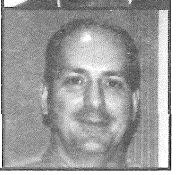

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AWTRY-SMITH, Rev. Marilyn, NST, Certified Medium, avail.for Speaking Engagements, Public Demonstrations and Private Consultations, 118 Wax Myrtle Dr., 32773 - (407) 322-7585, e-mail: awtry7smith7@aol.com.

• ILLINOIS •

CHICAGO

BOESEN, Rev. Marian, Certified Medium; Consultations by appt.; P.O. Box 826, Rock Falls, 61071, (815) 626-5788.

COVERSON, Rev. Marrice, NST, Certified Medium; Private consultations by appt. only, seminars, 5341 S. Cornell, 60615 - (773) 493-1967; e-mail: spiritspks@aol.com.

HEYWARD, Rev. Florence, Comm. Healer, Certified Medium; Pastor, Spiritualist Church of Truth, 6343 W. Cuyler, (708) 452-8754.

WILLIAMS, Rev. Arsenia J. Williams, NST, Certified Medium; Classes, seminars, workshops, private consultations, 10913 S. Parnell Ave., 60628 - (773) 995-1911, Fax (773) 995-9325; e-mail: arsenia9325@hotmail.com.

• INDIANA •

GARY

JAMES, Rev. Jesse Jr., Medium, by appt. only, 1301 Pennsylvania St., 46407- (219) 885-0091.

INDIANAPOLIS

BIANCHI, Rev. Robert, NST, Certified Medium, Comm. Healer, 9004 Woodmoss Lane, Apt. 1B, 46250 - (317) 570-0094; e-mail: reverendbob@direct2spirit.com.

• IOWA •

CLINTON

HORSTMAN, Rev. Bonnie & Harvey, NST, Certified Mediums, 1958 Glendale Rd., 52732 - (563) 242-8460.

DAVENPORT

BUCHHOLZ, Rev. William E., Medium and Comm. Healer, 806 E. Thirteenth St., 52803-4240 - (319) 326-3201.

• MAINE •

AUGUSTA

TRACY, Rev. Margaret M., Certified Medium, Comm. Healer, 27 North St., 04330-5007 - (207) 623-7264.

WALLACE, Earl L, Licentiate Minister, Certified Medium, Comm. Healer, 124 Spring St., Gardiner, 04345 - (207) 582-6745; e-mail: Godfreed@AOL.Com.

BELFAST

PARRY, Rev. Nancy Marshall, NST, Certified Medium, Healer; private readings, public lectures, classes, workshops, retreats; 28 Merriam Rd. #201, 04915 - (207) 338-4690; e-mail: clown@mint.net.

HARTFORD

NORRIS, Virginia, Licentiate Minister, Comm. Healer, 25 Camp Rd., 04220-5207 - (207) 597-2600.

SIGURDSSON, Rev. Rupert, NST, Comm. Healer, 25 Camp Rd., 04220-5207 - (207) 597-2600; e-mail: rupert@megalink.net.

LEWISTON

NYE, Rev. Gloria, NST, Certified Medium, 191 Dyer Rd., 04240 - (207) 786-4401; e-mail: glorygirl@midmaine.com.

LINCOLNVILLE

CROES, Rev. Lois, 2574 Atlantic Hwy., 04849.

• MARYLAND •

GLEN BURNIE / BALTIMORE

ROTHAMEL, Rev. John Edward Jr., NST, Certified Medium, Classes, Lectures, Seminars, Consultations, (410) 590-9187; e-mail: JRothamel@cablespeed.com.

TAKOMA PARK

MEERSCHAERT, Rev. John, Certified Medium and Comm. Healer, private consultations by appointment, 8716 Bradford Rd., Apt. 5, 20901 - (301) 585-0261, e-mail: seesspirit@aol.com.

• MASSACHUSETTS •

LOWELL

WINGOOD, Rev. Kenneth, 300 Douglas Rd., 01852 - (978) 454-4163.

WORTHINGTON

SULLIVAN, Rev. John F., Pastor of First Spiritualist Church of Springfield, Certified Medium, Comm. Healer, classes, counseling, private consultations, public lectures, 480 Huntington Rd., P.O. Box 392, 01098 - (413) 238-5344; e-mail: jsulli1942@aol.com.

• MINNESOTA •

ROCHESTER

YOUNG, Rev. Joyce E., NST, Certified Medium, Comm. Healer, 4814 115 Ave. NW, Byron, 55920 - (507) 775-6358; e-mail: jeyoung@rconnect.com.

YOUNG, Rev. John E., NST, Certified Medium, Comm. Healer, 4814 115 Ave. NW, Byron, 55920 - (507) 775-6358; e-mail: jeyoung@rconnect.com.

• NEVADA •

CARSON CITY

HOBLITT, Emma, Certified Medium, Comm. Healer; 893 Vista Park Dr., 89705 - (775) 267-9988.

RENO

BUTLER, Rev's Tom and Lisa, NST, Directors NSAC Dept. Phenomenal Evidence, Comm. Healers, Certified Mediums, Directors American Assoc. of Electronic Voice Phenomena, P.O. Box 13111, 89507, e-mail: phenomena@nsac.org, web sites; http://nsacphenomena.com & http://aaevp.com.

• NEW HAMPSHIRE •

SALEM

BAUMHOFF, Mary Lou, Certified Medium, P.O. Box 2223, 03079-1152 - (603) 898-8854, Fax (603) 893-3603.

WINDHAM

SNELL, Rev. Catherine, NST, Certified Medium, by appt. only, 23 Pleasant St., 03087-1775 - (603) 880-3599; e-mail: csnell45@adelphia.net.

TRAVIS, Rev. Janet, NST, 23 Pleasant St., 03087-1775 - (603) 880-3599; e-mail: jtravis24@adelphia.net.

• NEW YORK •

BELLMORE

RIVERA, Rev. Milagros G., Medium and Spiritual Counselor, Healer; Readings and Classes, 1830 #21 Bellmore Ave., 11710-5567 - (516) 781-9773.

CLIFTON PARK

KRAMER, Rev. Hillary, NST, Certified Medium, 15 Huntwood Dr., 12065 - (518) 371-8975.

DEER PARK

LLOYD, Rev. Nancy A., NST, Certified Medium and Counselor (call or write for appointment); Mail: 80 Jefferson Ave., 11729-2004 - (631) 243-2935; e-mail: nlloyd@suffolk.lib.ny.us.

EAST AURORA

KLEINSCHMIDT, Rev. Charlene, NST, Certified Medium, 1071 Wish Circle, 14052-9656 - (716) 652-4972.

KLEINSCHMIDT, Albert C., Certified Medium, Comm. Healer, 1071 Wish Circle, 14052-9656 - (716) 652-4972.

HOLBROOK

BERG, Rev. Virginia, Pastor, A Sanctuary of Infinite Spirit, NSAC, 1280 Claas Ave., 11741-3902 - (631) 588-3150; e-mail: VBergLI@optonline.net.

HUNTINGTON

SCHOELLER, Rev. Richard P., NST, Certified Medium, by appt. only, 26 Sabbath Day Path, 11743-2752 - (631) 271-2985; e-mail: RPSchoeller@netzero.net.

LAKE RONKONKOMA

DUFFIELD, Rev. Patricia Anne, NST, Certified Medium, Comm. Healer, 10 Ackerly Lane, 11779 - (631) 588-5869; e-mail: kenpatduff@hotmail.com.

LILY DALE

BURDICK-CAREY, Rev. Beverly, Certified Medium, 13 3rd St.,P.O. Box 1087, 14752 - (716) 595-2205.

KINCAID, Rev. Sylvia W., NST, 5 Fourth St., P.O. Box 261, 14752-0261 - (716) 595-8280; e-mail: Sylkin@netsync.net.

• NORTH CAROLINA •

HENDERSONVILLE

GRIFFITH, Rev. Gail, NST, 175 Crestview Dr., 28791 - (828) 891-1312; e-mail: gailgriffith@juno.com.

• RHODE ISLAND •

State Wide

KENT, Revs Lynn and Brian, Certified Medium and Commissioned Healer; Private consultations by appt., home gatherings, specialize in physical phenomena table-tipping workshops, public readings for charity; (401) 245-8307; e-mail: lynnkent@spiritmedium.com; website: www.spiritmedium.com.

• OHIO •

FAIRBORN

MOSCHKE, Rev. Raymond J., Comm. Healer, 1468 Ironwood Dr., 45324 - (937) 878-1165.

• PENNSYLVANIA •

McKEESPORT

BRYNER, Ella, Medium, Comm. Healer, 401 Pirl St., Apt. 4H, 15132 - (412) 673-7880.

PORT VUE

KRALL, Frances, Medium, 582 Upston St., 15133 - (412) 678-2091.

• TEXAS •

AUSTIN

BROWN, Mrs. Frances Cervin, Licentiate Minister and Certified Medium, 2721 S. Congress, Apt. 2111, 78704 - (512) 447-2188.

EDINBURG

MUSE, Rev. Evelyn, NST, Minister, Certified Medium, 1104 Susan Dr., 78539 - (956) 383-2510.

HOUSTON

JESSUP, Rev. Jovita V., NST, Comm. Healer, Certified Medium, 5655 Meadow Creek Ln., 77017 - (713) 947-6586.

LOCKHART

HAMNER, Rev. Dr. Jean I., NST, Certified Medium, Commissioned Healer, Angels of Light Pastor, 2714 FM 713, 78644-4163; Private spiritual consultations by appointment, public lectures, classes and workshops - (512) 376-5310; e-mail: ALSCNSAC@AOL.COM.

• UTAH •

ST. GEORGE

SAVAGE, Virginia, Licentiate Minister, Certified Medium, 1444 Basswood Way, 84790, (801) 634-9467. Summers: Box 1064, Lily Dale, NY 14752 - (716) 595-3046. Phone reading available.

• VIRGINIA •

ALEXANDRIA

KRITHADES, Rev. Christine, NST, 5904 Mt. Eagle Dr., Unit 318, 22303-2500 - (703) 317-1707.

HAMPTON

BROWN, Rev. Carol A., NST, 712 Big Bethel Rd., 23666-2802 - (757) 826-9652.

NORFOLK

CUTLER, Rev. Lelia E., NST, 7310 Midfield St., 23505-4126 - (757) 480-3799.

SPRINGFIELD

GEHMAN, Rev. B. Anne, NST, Certified Medium, Comm. Healer, 5409 Backlick Woods Court, 22151 - (703) 354-5767.

VIENNA

STRANAHAN, Rev. Patricia A., NST, Certified Medium, 1717 Besley Rd., 22182 - (703) 938-2512.

VIRGINIA BEACH

CRIBB, Rev. Kathleen, 900 Park Landing Ct., 23456 - (757) 471-2414.

• WASHINGTON •

SEATTLE

PEMBERTON, Rev. LaVerne, Ordained Minister of Church of Spiritual Unity, 3827 S. Mead, 98118 - (206) 722-2348.

• WEST VIRGINIA •

GREAT CACAPON

STARR, Rev. Barbara, NST, Comm. Healer, 4245 Woodmont Rd., 25422 - (304) 258-4861.

• CANADA •

MONTREAL, QUEBEC

ROSSNER, Rev. Dr. Marilyn, Ph.D., Pres./Pastor, Spiritual Science Fellowship, 1974 de Maisonneuve W., H3H 1K5 - (514) 937-8359.

DIRECTORY OF NSAC CHARTERED CHURCHES & AUXILIARIES

• ARIZONA •

PHOENIX - Church of the Living Spirit, NSAC
Meeting place: LaQuinta Inn, 2510 W. Greenway Rd., 85023; Mailing address: 3521 W. Topeka, Glendale, 85308-2325; Pastor, Rev. Sandra Pfortmiller, NST, (623) 581-5544; Sun. Serv. 10:30 a.m.; Healing and All Message Service, 2nd Wed. of the month at 7:30 p.m. Tues. Classes 7:00 p.m., call about location; website: www.churchofthelivingspirit.org.

• CALIFORNIA •

CALIFORNIA STATE SPIRITUALISTS' ASSOCIATION
Pres., Rev. Sandra Cook, (805) 965-4474; Secy., Melissa J. Haddick, 640 The Alameda, Berkeley, 94707-1602, (510) 524-0910, ext. 2, Fax (510) 524-1027; e-mail: cssa@mjaustin.com.

AUBURN - Spiritualist Chapel of the Pines
457 Grass Valley Hwy. #7, 95603; Sun. Serv. 10:00 a.m.; All Message Serv. the first Fri. of month, 7 p.m.; Pastor, Rev. George Brenner; Pres., Pauline Conrad; Secy., Viretta Fiero, (530) 823-1816, Fax (916) 663-4691.

MONROVIA - The Spiritualist Church of Revelation
200 W. Colorado Blvd., 91016; Sun. Services 10:30 a.m.; Pastor, Martin Pina; Pres., Mary Munerlyn; Secy., Rev. Toni Ervin; Church phone (626) 256-3403; e-mail: Greenry@earthlink.net.

SACRAMENTO - Central Spiritualist Church, NSAC
2500 Marconi Ave., Suite 209, 95821-4855. Mailing Address: 4800 Auburn Folsom Rd., #63, Loomis, 95650-9328; Sun. Serv. 10:00 am.; Classes - second Tues. of the month 7:00 p.m., last Tues. of month Healing and All Message Serv. 7:00 p.m.; Pres., Denise E. Bell; Pastor and Secy., Rev. Sandra G. Dawson, NST., 4800 Auburn Folsom Rd., #63, Loomis, 95650, (916) 652-4568; e-mail: rdawson@wizwire.com.

SAN BERNARDINO - Temple of Spiritual Truth, NSAC
732 N. Sierra Way, 92402. Sun. Serv. & Healing 11:00 a.m.; Secy., Richard Patteson, P.O. Box 7006, Riverside, 92513.

SAN FRANCISCO - The First Spiritual Temple, NSAC
No weekday evening classes at this time; all correspondence and inquiries to the Rev. Alfred A. Conner, NST, Secy./Treas., 69 Idora Ave., San Francisco, CA 94127-1057, Tel. (415) 564-2260.

SAN FRANCISCO - Golden Gate Spiritualist Church
1901 Franklin St. (Corner of Clay) 94109; Sunday, Lyceum 9:30 a.m., Sept. thru May; Healing 10:30 a.m., Devotional Serv. 11:00 a.m.; Wed. Healing 7:30 p.m., Serv. 8:00 p.m., (415) 885-9976; Pastor, Rev. David Burr, NST; Pres., Sonny B. Gee; Secy., Engeltie Lauderback; website: www.GGSC.org.

SAN FRANCISCO - San Francisco Spiritualist Society
1031 Franklin St. (Urban Life Center, Fireside Room); Church phone, (415) 927-2139; Sun. Serv., 6:00 p.m.; Pastor Rev. Barbara Thurman, (415) 924-1106; website: www.sfspiritualist.org; All mail to Secy., Rev. B. Thurman, 200 Marina Vista, Larkspur, 94939-2144.

SAN JOSE - The Spiritual Science of Life Church, NSAC
"The Friendly Church," 729 Morse Street, (Corner of Morse St. & Naglee), 95126; email: tssolc@hotmail.com; Sun. Serv. 6:30 p.m., 2nd & 4th Sunday; Pastor Rev. Louise Peruch, NST; 5409 N. Staple Way, 95236, (209) 887-2043.

SAN LEANDRO - Spiritualist Church of Two Worlds
1550 San Leandro Blvd., (Deaf Comm. Center) 94577; Sun. Serv. Healing 10:30 a.m., Reg. Serv. 10:45 to 12:00; Co-Pastors, Rev.'s Betty and Don Nauratil, (925) 283-1449; Pres., Rev. Sandi Deckinger, 649 16th Ave., San Francisco, 94118, (415) 751-1384; All mail to Secy., Rev. Betty Nauratil, 1048 Via Roble, Lafayette, 94549-2925.

SANTA BARBARA - Summerland Spiritualist Church of The Comforter
1028 Garden St., 93101; (805) 965-4474; Pastor, Rev. Sandi Cook, NST, e-mail: churchofthecomforter@earthlink.net; Sun. Healing Serv. 10:30 a.m., Devotional Serv. 11:00 a.m., Wed. Message Serv. 6:30 p.m., Unfoldment Classes Sunday, Monday 1:30 p.m., Thursday 7:00 p.m.; Call for information on the Rev. Foard Memorial Library.

• COLORADO •

LITTLETON - Chapel of Spiritual Awareness
Pastor, Patricia J. Haskins-Schott, (303) 973-9993; **All mail** to: 6457 S. Xenon St., 80127; website: Go to www.spiritual-awareness.org; Call for information.

• CONNECTICUT •

CONNECTICUT STATE SPIRITUALIST ASSOCIATION
Pres., Lynn Gaffin, 70 Dell Ave., B5, New London, 06320-3346; Secy., Verline Eldridge, 34 Starr St., Norwich, 06360.

NEW LONDON - New London Spiritualist Church
2 Moore Court, 06320; (860) 440-3150; Sun. Serv. 10:30 a.m., Thurs. All Message Service 7:30 p.m.; Pres., Rev. Lynn Gaffin, 70 Dell Ave., #B5, 06320; Secy., Rev. Lynn Gaffin; e-mail: slynnh@aol.com; website: www.nlspiritualist.com.

NEWINGTON - The Church of The Infinite Spirit
Masonic Temple, 80 Walsh Ave., 06111; Sun. Serv. 10:30 – 12:00 the second and fourth Sundays during Sept., Oct., Nov., Jan., Feb., April, May and June. Open the first, third and fifth Sundays in Dec., and the first, second and fourth Sundays in March. Closed July & Aug.; Pastor, Allen Noddin, 174 Daley St., Forestville, 06010; Pres., Michael David Taylor, 42 Randall Ave., West Hatford, 06110; e-mail: lsage@snet.net; Contact Mary Ann Noddin at (860) 582-7385 for further information.

NIANTIC - Ladies Aid Society Camp at Pine Grove
June 16 - Sept. 11. Services, Sundays at 2:30, Tue., Thur., Sat. 7:30. For a program listing all Summer activities write to: Acting Secy. Susan Ferency, 12 Butlertown Rd., Waterford, 06385.

NORWICH - National Spiritualist Church of Norwich, Inc.
29 Park St. (off Main St.), 06360, (860) 886-8522; Secy., Sandra Morse.

OLD GREENWICH - Albertson Memorial Church Of Spiritualism
293 Sound Beach Ave., 06870; (203) 637-4615; Sun. Serv. 11:00 a.m., all welcome.

WILLIMANTIC - The First Spiritualist Church of Willimantic
268 High St., 06226, (860) 423-5774; Sun. Serv. 10:30 a.m. Sept. thru May; service twice a month June thru August. For more information, please call the church; Pastor, Joyce Orcutt, 133 Wales Rd., Andover, 06232, (860) 742-7846; Licentiate Minister, Clinton Cady, P.O. Box 67, 06226; President, Renee Provost, P.O. Box 370190, W. Hartford, 06137; Secy., Marie Kuper, 106 Old Andover Rd., Hebron, 06248, (860) 228-0762.

• DISTRICT OF COLUMBIA •

WASHINGTON - The Church of Two Worlds
3038 "Q" St., N.W., 20007-3080, Phone (202) 333-5114; Web: TwoWorlds.Org; email: Info@TwoWorlds.Org; Sun., Healing 2:00 p.m., Serv. 2:30 p.m.; 3rd Wed.: Healing 7;30 p.m., Message Serv. 8:00 p.m.; Fri.: Unfoldment Class 7:30 p.m.; Pres., Michael Gallion, (202) 237-7659; Secy., Rev. John Meerschaert, (301) 585-0261.

• FLORIDA •

ORLANDO - Spiritualist Church of Awareness, NSAC
3210 N. Chickasaw Trail (P.O. Box 571043, 32857-1043), (407) 678-3688 Please leave message; Sun. Adult Lyceum 10:00 a.m., Sun. Serv. 10:30; Wed. Serv. 7:30 p.m.; Healing, Lecture, Messages at all services; Co-Pastor and Pres., Rev. Jean Kerr Lerch, NST, 335 Piney Ridge Rd., Casselberry, 32707-3805, (407) 834-5378; Co-Pastor and Treas., Rev. E. Ann Otzelberger, NST, (407) 826-0807; Secy., Stacy K. Davis, 10509 Jepson St., 32825-6606, (407) 658-7624.

• ILLINOIS •

ILLINOIS STATE SPIRITUALIST ASSOCIATION OF CHURCHES
Secy., Stanley L. Pierce, 6458 So. Maryland, Chicago, 60637, (773) 324-1065.

BURNHAM - Puritan Spiritualist Church, NSAC
13906 Greenbay Ave., 60633-1614; Sun. Serv. 2:30 p.m.; Pastor, Anna Gross, 10930 Ave. "M", Chicago, 60617-6929; Secy., Sandy Kilemek, 531 Pottawatomie Trail, Porter, IN 46304.

CHERRY VALLEY - Cherry Valley Spiritualist Camp, Inc.
8002 Service Rd., 61016, (815) 332-5359; Camp Season: June 1 thru Sept. 30; Serv., 10:30 to 11:00 Healing Meditation, 11:00 to 12:30 Church Service, Pot Luck follows; Pres., Ken Boesen (815) 626-5716; Secy, George Kittnar (815) 633-9150.

CHERRY VALLEY - Christabelle Spiritualist Church
8002 Service Rd., 61016. (815) 332-5359; Healing Serv. 10:30 a.m., Worship Service 11:00 a.m. every Sunday, Oct. thru May at Cherry Valley Spiritualist Camp; Pastor, Rev. Marian Boesen, (815) 626-5716; Pres. Kenneth Boesen, (815) 626-5716; Treas., Martha Witt, 1204 Game Farm Rd., Yorkville, 60560, (815) 553-2517.

CHICAGO - First Spiritualist Church of Harmony, Unity & Truth
Located in Tucker Smith Washington Spiritualist Temple, 6146 S. Ashland Ave., 60628; Worship Services 3:30 p.m. until 5:30 p.m. the 1st, 3rd, 5th Sundays of the month and on some common religious holiday Sundays. Secy., Antoinette Preston; Pastor, Rev. Arsenia Williams, 10913 S. Parnell Ave., 60628.

CHICAGO - The Church of The Spirit
2651 N. Central Park Ave., 60647-1101, (773) 489-5422; Chicago's Oldest Spiritualist Church; Sunday Family Worship - Healing 10:00 a.m., Worship Serv., 10:30 a.m.; Worship/Message Serv., Wed. 7:00 p.m., Development Class 8:00 p.m.; Pastor, Rev. Marrice Coverson; Secy., Dr. Alan Tenczar.

CHICAGO - Spiritualist Church of Truth
6343 West Cuyler (1/2 block north of Irving Pk.) 60634; Serv. 2:45 p.m., Healing, Lecture, Messages every Sunday; Pastor & Pres., Rev. Florence Heyward; Secy., Judith Galar, 4050 N. Oriole Ave., Norridge, 60706-1117, (708) 452-8754.

CHICAGO - Tucker Smith Washington Spiritualist Temple
6146 S. Ashland Ave., 60636, (312) 436-0366.

LE ROY - J. T. & E. J. Crumbaugh Spiritualist Church
102 S. Pearl St., P.O. Box 174, 61752-0174); (309) 962-9076; Sundays-Adult Lyceum 11:00 a.m., Service 12:00 p.m.; Pastor, Rev. Bob Bianchi, NST; Pres., Joseph Meyer; Secy., Sharon Bianchi, (317) 570-0094. website: www.crumbaughchurch.org; e-mail: reverendbob@direct2spirit.com.

• INDIANA •

INDIANA STATE ASSOCIATION OF SPIRITUAL SCIENCE, NSAC
Secy., Bonnie J. Darby, 7274 Lakeside Woods Dr., Indianapolis, 46278, (317) 329-1217, Fax (317) 329-1218, e-mail: BDarby02@aol.com; Pres., Rev. Jessie James, (219) 885-0091.

GARY - First Spiritualist Church, Inc., NSAC
2430 W. 11th Ave.; Serv. Sun. 3:00 p.m.; Pastor & Pres., Rev. Jesse James, Jr., 1301 Pennsylvania St., 46407; Secy., Angeletta Banks; Unfoldment Classes 1st & 2nd Sat. of each month, 1:00 to 4:00 p.m., Lyceum Sun. 3:00 p.m., Jacqueline Crooms and Donna Emery.

INDIANAPOLIS - New Dawn Spirit of Light Church, Inc., NSAC
New Dawn Spirit of Light Church is hosting the Indiana State Association of Spiritual Science 100th Annual Convention on June 4th, 5th and 6th, 2004. Join Indiana in celebrating 100 years of Spiritualism. Anyone interested in attending our Convention, for more information please contact Rev. Mildred Schlagel, (317) 291-0799, e-mail: webmaster@newdawnchurch.org, or Bonnie Darby, (317) 329-1217, Fax (317) 329-1218, e-mail: BDarby02@aol.com.

MICHIGAN CITY - Spiritual Science Church, NSAC, Inc.
314 W. Coolspring Ave., 46360, (219) 874-6002; Sun. Serv. 12:00 Noon; Pastor & Pres., Rev. Ruth Novak, (219) 872-6621; All corresp. to Rev. Ruth Novak, 7008 W. U.S. 20W #77, 46360; Secy., Victoria Coar, (708) 889-1678.

• IOWA •

CLINTON - First Spiritualist Church
5416 - 6th Ave. So., P.O. Box 123, 52732-0123, (319) 243-3233.

CLINTON - Mississippi Valley Spiritualist Assoc. Camp
P.O. Box 75, 52733-0075; 2004 Camp Season, 7-10-04 thru 8-20; Stella LaTour, Secy., (219) 871-0686.

CLINTON - Sunflower Spiritualist Church
10 Mt. Pleasant Park; Mail to: P.O. Box 6, 52733-0006; Sun. Serv. at 10:00 a.m.; Co-Pastors, Rev. Harvey and Rev. Bonnie Horstman, NST; Secy., Rev. Bonnie Horstman.

DAVENPORT - Spiritualist Harmony Church
1429 W. Seventh St., 52802-1212, (563) 324-9659; Sun. Healing Serv. 1:30 p.m.; Worship & Message Serv. 2:00 p.m.; Pastor, Rev. William E. Buchholz, 806 E. 13th St., 52803-4240, (563) 326-3201; Vice Pres., Joy Strasser, (563) 445-1144.

• MAINE •

MAINE STATE SPIRITUALIST ASSOCIATION OF CHURCHES
Pres., Graham Connolly, 66 Martin Heights, Raymond, 04071, (207) 655-6673; Secy., Betty Simpson, 715 Newburgh Rd., Hermon, 04401, (207) 848-2273; Treas., Jeanne Bower, 159 Northport Ave., Belfast, 04915, (207) 338-1355.

AUGUSTA - Augusta Spiritualist Church
P.O. Box 2492, 04338, (207) 622-8980, corner of Perham & Court Sts.; Sun. Serv. 10:30 a.m.; Thurs. Awareness Class 7:00-9:00 p.m.; Co-Pastor, Earl Wallace, (207) 582-6745, e-mail: godfreed@aol.com; Co-Pastor, Vaikko Allen, (207) 622-2799, e-mail: vallen@adelphia.net; Secy., Phyllis Norton, e-mail: secretaryasc@yahoo.com.

BANGOR - The Harrison D. Barrett Memorial Church, NSAC
114-118 Harlow St., (under Tesoro Restaurant); Sun. Serv. 10:00 a.m.; Secy., Betty Simpson, 715 Newburgh Rd., Hermon, 04401, (207) 848-2273, e-mail: simpsonb@hermon.net. Church services may be canceled due to inclement weather; From July 1 to third Sun. in Sept. the church may hold evening church services or cancel church services for the summer. As of this printing Gallery Readings are held the second Friday evening of every month at 7:00 p.m. Please call the secy. for more information.

HARTFORD - Pinpoint of Light Spiritualist Camp
Mail address: 25 Camp Rd., 04220-5207; Open July and August - Service, Seminars and Classes; Co-Pastor & Secy. Virginia Norris, LM, CH; Pastor, Rev. Rupert Sigurdsson, NST. For information, Phone (207) 597-2600, Fax (207) 597-2295; e-mail: rupert@megalink.net.

HARTFORD - Pinpoint of Light Spiritualist Center
Mail address: 25 Camp Rd., 04220-5207; Sun. Serv. 11:00 a.m.-12:30 p.m., followed by a potluck lunch; Classes Wed. 7:00-9:00 p.m.; Co-Pastor & Secy., Virginia Norris, LM, CH; Pastor, Rev. Rupert Sigurdsson, NST; For information, phone (207) 597-2600, e-mail: rupert@megalink.net.

MADISON - Madison Spiritualist Camp
Located at Lakewood Village, Rt. 201, six miles north of Skowhegan, ME. We meet July 11th through August 15th. Schedule to be announced. For information, contact President John Davidson, 74 Central Ave., Waterville, 04901, phone (207) 877-2204; e-mail: jdavidson@gwi.net; Secy., Debi Ludden. *There are no accommodations for the general public for rooms,* camping, or meals. There are plenty of locations in the surrounding area.

NORTHPORT - Temple Heights Spiritual Camp Assoc.
Shore Road, Northport on Penobscot Bay; Camp session is from mid-June through Labor Day. A different featured medium each week. Church services Sun. at 2:30 p.m.; Tues. & Thurs. at 7:30 p.m.; Gallery Readings at 7:30 p.m. on Mon.; Message Circles Wed. & Sat. at 7:30 p.m.; Workshops/seminars on Sat.; Accommodations available; June-Sept. call (207) 338-3029; Off season contact Pres., Earl Wallace at (207) 582-6745 or 124 Spring St., Gardiner, 04345; e-mail; godfreed@aol.com or Secy., Sue Jalbert, 66 Martin Heights, Raymond, 04071; e-mail; cats2@maine.rr.com.

NORTHPORT - Temple Heights Spiritualist Church
Shore Road, Northport; Services 2:30 p.m. Sundays at Temple Heights Spiritual Camp from May to October and at Excelsior Lodge on the Shore Road, Saturday Cove, Northport from Nov. to April; (207) 338-3029; Pres, Jean E. Bower, 159 Northport Ave., Belfast, 04915-6003, (207) 338-1355; Secy., Aloha Foley, Belfast, 04915-6003.

PORTLAND AREA - Portland Spiritualist Church
719 Main St., (Unitarian Universalist Church), Westbrook; Mailing Address: P.O. Box 6551 PTS, 04102; Sun. Serv. 6:30 p.m.; Fri. Class 7:30 p.m.; Pres., Graham Connolly, (207) 655-6673; e-mail: pschurch@maine.rr.com.

PORTLAND - Inner Light Spiritualist Church
32 Thomas St. (Welliston-West Church), 04102; Secy., Linda Smith, P.O. Box 2484, So. Portland, 04116-2484.

• MARYLAND •

GLEN BURNIE/BALTIMORE - The Light Center Spiritualist Church
HELD AT: 13 1st Avenue SW, Glen Burnie, 21061, (410) 761-7666. OFFICE: 7851 Foxfarm Lane, Glen Burnie, 21061-6324; (410) 590-9167, Fax (801) 730-9109, Info@LightCenter.org, www.LightCenter.org. SERVICES: 1st Sunday: MPI Study Group - 10 a.m., Devotional Serv. - 11 a.m., Thought Exchange - 12:30 p.m.; 3rd Sun: Adult Lyceum - 10 a.m., Devotional Service - 11 a.m., Seminar - 12:30 p.m.; 5th Fri: Healing/Message Serv. - 7:30 p.m. CLASSES: 1st Fri: Meditation - 7:30 p.m.; 2nd/3rd/4th Fri: Development - 7:30 p.m.; EVENTS: Workshops, Guest Speakers/Mediums, Picnics, Field Trips, Seances, Circles, Dinners, Community Awareness/Aid Programs.

• MASSACHUSETTS •

MEDFORD - Medford Spiritualist Church, NSAC, Chapel of Peace
Sunday Serv. held at the Unitarian Universalist Church, 147 High St.; Serv. at 5:00 p.m., Healing Lecture and Messages; For Info. call Acting Pastor/Treas., Sandra Millen, 103 Columbus Ave., Salem, 01970, (978) 744-0546.

ONSET - On-I-Set Wigwam Co-Workers Spiritualist Camp
Season opens June 9th till Labor Day weekend; Camp phone (860) 439-1395; Sun. Serv. 2:30 p.m.; Wed. Open Class 6 p.m. & Service 7:30 p.m.; Mediums Day's - Message Circles - Workshops/Seminars scheduled; Secy., Rev. Susan Ferency, 12 Butlertown Rd., Waterford, CT 06320, (860) 439-1395. Prior to season call or write for a full program.

REHOBOTH - First Spiritualist Church of Brockton, Inc., NSAC
Services held at 10:30 a.m. every Sunday at the Anawan Grange Bldg., junction Rts. 44 & 118; Mailing address: P.O. Box 145, 02769, e-mail: firstspiritualistchurch.com. For more information contact Secretary Jodi Sheffer at (401) 885-3838.

SALEM - First Spiritualist Church of Salem
34 Warren St., 01970; Sun. Early Serv. 5:30-6:00 p.m.; Lunch break 6:00-6:30 p.m., Healing & Evening Serv. 6:30-8:00 p.m.; Telephone for weather cancellations, (978) 745-2098; Church season is Sun. after Labor Day - June; Pres., Bradley Gosselin, 147 Sylvan St., Danvers, 01923 - (978) 774-1571, e-mail: BGoss92409@aol.com; Secy., Nancy L. Karolides, 144 Boston St., Middleton, 01949, (978) 774-4048.

SPRINGFIELD - The First Spiritualist Church of Springfield, Inc.
33-37 Bliss St., 01105, (413) 732-1234; Worship Serv., 2nd Sun. after Labor Day until last Sun. in June at 10:30 a.m.; Development classes with sign-up; Pastor, Rev. John F. Sullivan, P.O. Box 392, Worthington, 01098 - (413) 238-5344, e-mail: jsulli1942@aol.com; Pres., Tom Ruelke, 343 Jordan Rd., Keene, NH 03431, e-mail: bigrock@localnet.com; Secy., Denise St. Pierre, e-mail: Denise1957@aol.com.

• MICHIGAN •

MICHIGAN STATE SPIRITUALIST ASSOC. OF CHURCHES
Pres., Marcia Hyatt, 4161 Buckingham, Detroit, 48224-3538; Secy., Rev. Marguerite I. Gutt, NST, 813 E. Evelyn, Hazel Park, 48030-3106, (248) 548-2240.

CHARLEVOIX - The Golden Rule Spiritualist Church
07444 Old US 31 North, 49720-9422, (231) 347-3899; Sun. Serv. 10:30 a.m., except during July and August because our "camp" operates in the same location. (During cold weather months it is advisable to call our Secretary just in case. We held services for the winter of 2001/2002, but weather is beyond our control.) Located halfway between Petroskey and Charlevoix. Turn on Murray Road and immediately turn right on Old 31 N - go 8 tenths of a mile on the left; Pastor, Rev. Cosie Allen, NST and Certified Medium; website: www.churchseek.net/church/goldenrule; Contact Person: Jinki Boyer-Goodwin, Secy., 9546 Ingleside Rd., Levering, 49755, home phone 231-537-2938.

CHARLEVOIX - Northern Lake Michigan Spiritualist Camp
Please see Golden Rule Spiritualist Church listing for contact information, driving directions, or website www.nlmsc.org: Open July and August for Sunday services at 10:30 a.m. and Wednesday services at 7:30 p.m.; Potluck follows Sunday service and bonfire with snacks follows Wednesday service; Classes, circles and readings/private consultations available. Pastor, Rev. Cosie Allen, NST and Certified Medium.

FERNDALE - First Spiritualist Temple of Detroit
2724 Goodrich, 48220; Sun. Serv. 8:00 a.m.; Secy., Diane Smith.

LESLIE - Flower Memorial Spiritualist Church
Jackie North, e-mail: J91943@AOL.com, (517) 589-9259.

OXFORD - Spirit of Harmony Chapel, NSAC
340 North Lapeer Rd., 48371; (810) 814-9172.

ROYAL OAK - First Spiritual Temple
3224 Greenfield Rd. (1 1/2 blocks So. of 13 Mile), 48073-6534; Sun. Serv. 10:00 a.m. & 7:00 p.m.; Pastor, Rev. Marguerite Gutt, NST, (248) 548-2240.

SOUTH BRANCH - Chain Lake Spiritualist Camp Association
8000 W. Chain Lake Rd., 48761-0089; Sun. Serv. 11:00 a.m., June 1, 2004 through Sept. 1, 2004; Annual Retreat July 11-16, 2004; Lyceum Dir., Dawn Hyatt; Pres., Donald Weichner, 8022 W. Chain Lake Rd., P.O. Box 89, 48761-0089.

• MINNESOTA •

MINNEAPOLIS - Spirit of Life Spiritualist Church
Services at Lake Harriet Comm. Church at 4401 Upton Ave. S., 55410.

ROCHESTER - Third Spirit of Life Spiritualist Church
Services Mon., 7:00 p.m., 21st Century Building, 2130 S. Broadway, Ste. 140; Pastors, Rev. Joyce E. Young, NST, and Rev. John E. Young, NST; Secy., (507) 775-6358; Mailing address, P.O. Box 7312, 55903.

ST. PAUL - Spiritual Science Church
411 Main St., 55102; Sun. Serv. 10:00 a.m.; Pres., Joan LeDuc, 2169 Scheffer Ave., 55116, (612) 225-4609 (church) or (612) 699-4858 (home); Secy., Gerold Kemling, c/o 2169 Scheffer Ave., 55116-1255.

• MISSOURI •

ST. LOUIS - Fifth Spiritualist Church of St. Louis
6026 S. Kingshighway Blvd., 63109-3558; Sun. Serv. 10:30 a.m.; Healing, Meditation & All Message Service, 1st Wed. of the month at 7:00 p.m.; Student Minister/Pastor, Toye E. Stinson, 9540 Miriam, Overland, 63114, (314) 423-3516; Secy., Lisbeth Tintera, 901 Peace Haven Dr., 63125, (314) 845-3492.

• NEBRASKA •

OMAHA - Spiritual Science & Philosophy Church, NSAC
321 Hascall St., 68108-2121; Sun. Serv. 11:00 a.m.; Sunday Philosophy Class Noon when scheduled; Pastor & Secy., Alace Jayne Fanslau, 321 Hascall St., 68108-2121, (402) 345-0101.

• NEVADA •

LAS VEGAS - Spiritualist Desert Church
3355 W. Spring Mountain Rd., Ste. 68, 89102, (702) 876-8783; Service times: Sun. 11:00 a.m., Tues. 6:30 p.m., Thurs. :30 p.m., Healing Meditation, with a Spiritualist development class following the service, every welcome. Vicky Homann, Pres., (702) 369-9449, e-mail: VickyVJean@aol.com.

• NEW HAMPSHIRE •

SALEM - The Church of Spiritual Life, Inc.
Masonic Hall, 109 Main St., Rt. 97; Mailing address: P.O. Box 144, 03079; Year Round Services; Regular Sunday Service 10:30 a.m.; Wed. classes 7:15 p.m.; Call Pastor, Rev. Kenneth Wingood, (978) 454-4163; website: http://www.NHSpiritualist.homestead.com.

• NEW JERSEY •

WESTVILLE - Church of Eternal Life
243 W. Olive & Folsom Sts., 08093; Sun. Healing, Worship & Message Serv. 11:00 a.m., (856) 456-2196 for cancellations; Pastor, Lillian Joyce, 300 McCourt Ave., Berlin, (856) 767-1651, e-mail: spiritone@snip.net; Pres., Russell E. Joyce, 300 McCourt Ave., Berlin, (856) 767-1651; Secy., Kathleen M. Pollack, 1762 Crown Pt. Rd. #537-A, Thorofare, (856) 848-7053; website: http://users.snip.net/~spiritone.

WENONAH - Stow Memorial Foundation
Muriel De Young, 305 Carnegie Ave., Wenonah.

• NEW YORK •

EAST AURORA - First Spiritualist Temple
29 Temple Pl., P.O. Box 465, 14052, (716) 652-5018, www.FST-East-Aurora.org; Sun. Healing Service 10:30 a.m.; Lecture and Message Service 11:00 a.m.; Social Hour 12:15 p.m.; Dinner Day 3rd Sun. of month followed by Circles; Secy., Rae Cogar-Shelton, (716) 648-3881.

LILY DALE - Lily Dale Assembly
5 Melrose Park, 14752, (716) 595-8721, Fax (716) 595-2442; Office Hours, Sept.-June, M-F, 10 a.m.-2 p.m; June-Aug, M-F, 9 a.m.-4p.m., Sat. 9 a.m.-12 Noon, closed Sunday; Camp Season: Last Friday in June to day before Labor Day; contact Donna S. Riegel, Secretary.

LILY DALE - Lily Dale Spiritualist Church
Sun. Serv. 10:30 a.m.; Healing & Message Serv. each Wed. 7:30 p.m.; Pres., Michael Pillsbury, e-mail: pillsbury@madbbs.com; Secy., Sueanna Vollmar.

LONG ISLAND - A Sanctuary of Infinite Spirit, Inc., NSAC
Healing & Worship Service, Sun. 11:00 a.m. at the Smithtown Masonic Temple, 34 River Rd. (Nisequogue River Rd.), Smithtown; Pastor, Rev. Virginia Berg; Asst. Minister, Rev. Patricia Anne Duffield, NST, (631) 588-3150; Mailing address: 1280 Claas Ave., Holbrook, 11741-3902; e-mail: asisli@optonline.net.

LONG ISLAND - New Horizons Spiritualist Church
Meeting: at 10:00 a.m., 1130 N. Broadway, Massapequa; Classes available; Mail to: Frances Werbeck, Secy., 43 Grand St., Lynbrook, 11563, (516) 593-7213; Pastor, Rev. N. A. Lloyd, NST, 80 Jefferson Ave., Deer Park, 11729-2004, (631) 243-2935, e-mail: nlloyd@suffolk.lib.ny.us.

LONG ISLAND - Temple of Metaphysical Science, NSAC
15 Oak St., Patchogue, 11772; Sun. Serv.: Healing and Worship 11:00 a.m.; Pastor, Rev. Hugo Ruiz, NST; Mailing address: P.O. Box 3400, Patchogue, 11772, 800-316-1231; website: http://www.TMS-Li.org.

ROCHESTER - Plymouth Spiritualist Church
29 Vick Park A, Rochester, 14607; (585) 271-1470; Voicemail (585) 234-2362; Sun. Serv. 10:30 a.m.; Third Wednesdays All Message and Healing Services 7-9 p.m.; Plymouthspiritualistchurch.org; Pastor, Robin Higgins; Pres., Joanne Antinore.

• OHIO •

ASHLEY - Ashley Spiritualist Camp Association
Wooley Park Drive, P.O. Box 277, 43003; Secy., Nikki DeWitt, (740) 747-3825, e-mail: www.ashleycamp.com.

ASHTABULA - First Spiritualist Church
4230 Main Ave.; Sun. Serv., 2:00 p.m., Healing & Clairvoyance; **TELEPHONE FOR WEATHER CANCELLATIONS.** Pres., Dorothy A. Benes, 8513 Creek Rd., Williamsfield, 44093; Phone: (440) 293-7056; For information contact: Charles J. Benes, 8513 Creek Rd., Williamsfield, 44093; Phone: (440) 293-7056. **LET PHONE RING.** Services are held starting with the 2nd Sun. in Sept. and continue through the last Sun. in May. Church is not in session during June, July, and Aug.

COLUMBUS - First Spiritualist Church of Linden
1751 Aberdeen Ave., 43211, (614) 263-1631; Pastor, Natalie Smith Blakeslee.

COLUMBUS - Spiritualist Church of Spirit Revelation
1081 E. Weber Rd., 43211.

DAYTON - Spiritual Life Center, NSAC
611 Watervliet Ave., 45420, (937) 878-1165.

• OKLAHOMA •

OKLAHOMA CITY - Central Spiritualist Church
2348 N.W. 36th St., Sun. Serv. 2:30 p.m.; Lyceum Sun. 1:00 p.m.; Pastor, Juanita Oyer; Pres., Charlotte Griffin, 1306 S.W. 38; Secy., Juanita R. Oyer, 6216 S.E. 10th St., 73110, (405) 732-7975.

• PENNSYLVANIA •

ALLENTOWN - Getter Memorial Church, NSAC
1123 Oak, 18102; e-mail: getter@entermail.net; Lyceum 9:30 a.m. with Sun. Service to follow at 10:00 a.m. including healing and message work; Pastor, Rev. Ludwig Zernicek, NST; e-mail: rev_lance@entermail.net, phone (610) 770-7560; Pres., Sharon George-Politz, C.M., (610) 434-3454; Secy., Susan Zernicek, e-mail: getter_sec@entermail.net. or phone (610) 770-7560.

McKEESPORT - First Spiritualist Church
809 Locust St., 15132, (412) 672-1272; Sun. Serv. 1:00 p.m., Healing,

Lecture and Messages; Pres., Carol Perella, P.O. Box 1981, Pittsburgh, 15230-1981, (412) 461-7002; Vice Pres., Jim Rocky, (412) 381-7584, Secy., Dianne English, 820 Stanton Ave., Pittsburth, 15209.

PHILADELPHIA - Second Spiritualist Church
423 S. Broad St., 19147, (215) 735-9630; Lyceum Sun. 4:30 p.m.; Healing and Worship Service 5:30 p.m.; Wed. all message, 7:45 p.m.; Pastor, John E. Faison, Sr.; Co-Pastor, Betty Hutt; Secy., Gladys M. Faison, 2118 N. Natrona St., 19121, (215) 232-9219.

• TEXAS •

AUSTIN - First Spiritualist Church
4200 Ave. "D", 78751, (512) 458-3987; Devotional, healing & message service every Sunday at 10:00 a.m.; Pres., Tom Denney; Corr. Secy., Dora Hamburg.

CAMERON - First Spiritualist Church of Cameron
Pres., Pearlie Kreneck, P.O. Box 1152, 76520-1152, Fax: (254) 697-2275.

DALLAS - Second Spiritualist Church, NSAC
4905 Inwood Dr., Rowlett, 75088; Devotional, Healing and Message Serv., 2nd and 4th Sunday's each month at 2:30 p.m. until 4:30 p.m.; Class/Circle following service at 4:30 p.m.; Pres., Julie de Araujo, (972) 276-8232; Student Pastor, Robert Croteau, (972) 675-9080; Mail: P.O. Box 464, China Spring, 76633; e-mail: SSC@SSCNSAC.ORG; website: http://SSCNSAC.org.

HOUSTON - First Church Of Divine Science, NSAC
2115 Turner Dr., 77093; Mailing Addr.: P.O. Box 11088, 77293-1088; Pres., Rev. Jovita Garcia-Jessup; Rev. Marie W. Smith; Secy., Liana Liles, 20214 No. Briar Dr., 77073; e-mail: L_creat@hotmail.com; Sun. Serv. 2:30 p.m.; Wed. open healing and meditation 7:30 p.m.; Messages from Spirit 8:00 p.m.; Fri. Spiritual Development 7:30 p.m., (713) 695-2550; e-mail: ITZNOWOO@aol.com.

McMAHAN - Angels of Light Spiritualist Church, NSAC
2714 FM 713, Lockhart, 78644-4163; Devotional, healing and message serv. followed by class/circle, 2nd and 4th Sundays at 2 p.m.; Pastor and Secy., Rev. Dr. Jean I. Hamner, (512) 376-5310; e-mail: ALSCNSAC@AOL.COM.

SAN ANTONIO - Louise Scholtz Memorial Chapel, NSAC
1627 PanAm Expwy. North, 78208-1143, (210) 225-2354; Sun. Serv. 10:30 a.m. to 11:30 a.m.; Co-Pastors, Hector Caldera and Alex Sifuentes.

TAYLOR - First Church of Psychic Science, NSAC
1300 W. 4th & Ferguson, P.O. Box 1113, 76574; (512) 251-5425.

• VIRGINIA •

FALLS CHURCH - Center for Spiritual Enlightenment, NSAC
222 N. Washington St.; Mailing Addr. CSE (NSAC), P.O. Box 6535, 22040--6535; (703) 645-8060; website: www.TheCSE.org; e-mail: thecse@TheCSE.org; Year-round Serv.; Healing Serv. each Sun. 10:00 a.m., followed by Worship Serv. at 10:30 a.m.; Children's Lyceum 10:00 a.m., Sept. through June; Judy Griesse, Lyceum Dir.; Pastor, Rev. B. Anne Gehman; Pres., Wayne Knoll; Secy., Larry Leonard, 5905 Sherborn Lane, Springfield, VA 22152, (703) 569-1541; e-mail: larry@larryleonard.com.

NORFOLK - The Memorial Spiritualist Church, NSAC
307 W. 37th St., 23508, (757) 622-5070; Service held on Sundays at 11:00 a.m. and 7:30 p.m.; Wed. at 7:30 p.m.; Healing available at 7:00 p.m. Sun. and Wed.; Pres., Fred H. Brown; Secy., Ann Marie Croteau; Lyceum Director, Beth Yates.

• WASHINGTON •

KENT - Church of Divine Grace, NSAC
Services held on Sunday at 11:00 a.m. at The Spiritual World, 216 First Ave. So.; All Correspondence to: Allers, 11113 S.E. 323 St., Auburn, 98092, (206) 824-7454; e-mail: Info@divinegrace.org.; Pres., Bernie Allers; Secy., Lezlie Deuchress; website: www.DivineGrace.org.

MILTON - Camp Edgewood, NSAC Assoc.
1228 - 26th Ave. Ct., 98354; Tel. (253) 927-2050, Fax (253) 927-7531; Pres., Colleen Mohler, (253) 927-2365; Secy., Karen Wennerlind.

MILTON - Church of Spiritual Unity, NSAC
Camp Edgewood - Church Serv. Sundays, 2:00 p.m.; Pastor, LaVerne Pemberton, (206) 722-2348; Pres., Colleen Mohler, 1210 - 26th Ave. Ct., 98354, (253) 927-2365; Secy., Catherine Cesaro, (206) 782-3779; e-mail: csunsac@yahoo.com.

• WEST VIRGINIA •

WHEELING - First Spiritualist Association of Wheeling WV.
(Way Memorial Temple) N. Broadway & Maryland Sts., (304) 233-5065; Sun. Lyceum at 9:30 a.m.; Healing and Worship Serv. 10:45 a.m.; Tues. Development Circle; Wed. Healing 6:30 p.m., Message Serv. 7:30 p.m.; Fri. Open Circle and Discussion. Lyceum Conductor, Beverly Goff, Asst. Conductor, Josetta Ludwig; Pastor, Rev. Raymond Jones, 104 N. Broadway St., 26003, (304) 232-5795; e-mail: pastorray@1st.net; Church website: http://users.1st.net/pastorray; Church e-mail: waymemorialtemple@1st.net. Church open year round.

• WISCONSIN •

WEST ALLIS - First Spiritualist Church of West Allis
6228 W. Washington St., 53214; Sun. Healing & Worship Serv. 10:30 a.m.; Pastor, Rev. Pamla Ashlay, (414) 545-7650; Pres., Manila Kochanski, W1371 Hwy. O, Oconomowoc, 53066, (920) 474-7332; website: fscwa.org.

WONEWOC - West Wisconsin Spiritualist Camp Association
304 Hill St., 53968, 1-800-974-7035 or (608) 464-7770; Open mid-June to mid-September.

• CANADA •

BRITTEN MEMORIAL CHURCH OF CANADA
657 Lansdome Ave., Toronto, Ontario, M6H 3Y2.

CHURCH OF SPIRITUAL WISDOM
674 Kennedy Rd., Scarsborough, Ontario M1K 2B5; Sun. Serv. 2:00 p.m. Spiritual Healing, Lecture & Message Serv., Thurs. 7:30 p.m.
Delphi Center for Development, Enlightenment, Spiritual Healing; Contact Rev. Judy Merrill (416) 264-6758; e-mail: jmmevolve@yahoo.com.

THE FIRST SPIRITUAL CHURCH OF MONTREAL
2186 St. Catherine St. West, Montreal, Quebec, H3H 1M7; English Serv. - Sun. 2:00 p.m. & Wed. 7:30 p.m.; French Serv. - Sun. 4:30 pm., 2nd & 4th Wed. 7:30 p.m; Rev. Mary Amato, Minister, (514) 365-0661.

THE FIRST SPIRITUALIST CHURCH OF GALT
72 Grand Avenue North, Cambridge, Ontario, N1S 2K9; Sun. Serv.: Healing 2:30 p.m., Devotional 3:00 p.m.; Summer (June, July, Aug.): Healing 6:30 p.m., Devotional 7:00 p.m.; Meditation, healing and message circle, Wed. 7:00 p.m.; Development & Healing Classes available; Pastor, Rev. Ed Kenning (semi-retired); Pastor, Rev. Karen Charles (519) 622-7177; website: http://members.rogers.com/fscg; e-mail: fscg@rogers.com.

SPIRITUAL SCIENCE FELLOWSHIP
Office: 1974 de Maisonneuve W., Montreal, QC H3H 1K5, (514) 937-8359, Fax (514) 937-5380; Location: Days Inn, 1005 Guy St., Montreal; Sun. Serv. 7:30 p.m.; Mid-Week Serv. Thurs. 7:30 p.m.; Classes, Workshops, Teas, Meditation, Conferences, Discussion Groups, Spiritual Healing, Message Circles, Visiting Mediums; Pres./Pastor, Rev. Dr. Marilyn Rossner.

SPIRITUALIST CHURCH OF CANADA
83 Ottawa Street North, Hamilton, Ontario, L8H 3Y9; Pres., Rev. Alva Folkes; website: www.spiritualistchurchofcanada.com.

SPRINGDALE CHURCH, TORONTO
30 Merritt Rd., Toronto, Ontario M4B 3K5; Sun. Serv. 3:00 p.m. Spiritual Healing & Messages, 7:00 p.m. Address and Spirit Messages; Tues., 7:00 p.m. Spiritual Healing & Meditation; Thurs. 7:00 p.m. Spiritual Healing, Messages and Open Development Circle; Development Classes; Pastor, Rev. Doreen Bauld, (416) 759-3958.

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Fox Property Project Update, April 2004

Hydesville Memorial Park to break ground May 1, 2004

Fellow Spiritualists:

The National Spiritualist Association of Churches is proud to announce that ground will be broken May 1, 2004 for phase one of Hydesville Memorial Park. The Project is on the Fox Property, the birthplace of Modern American Spiritualism.

The NSAC Board has approved the plan; signed the contract with the designer and contractors; paid the first installment for phase one of the project and now it is time for all Spiritualists to do their part.

There will be pavers placed around the new foundation covering. This covering will preserve the foundation of the original cottage, as well as show the location. The pavers surrounding the building may be purchased by all Spiritualists Worldwide showing their commitment to Spiritualism; as well as their desire to be a part of this most important history.

Benches will be placed on the property at the completion of phase two, as the park turns into a beautiful meditation place, surrounded by gardens. A place open to visits from all Spiritualists who want to walk where the Fox family walked and Spirits gathered to commune. Touch in with Spirit, as you touch the physical birthplace and sit on the benches you provide for the park.

See the order blank below and send your information and payment in US Funds today. Be a part of preserving the past for the future generations of Spiritualism. Let them find your name on the path of truth as they enjoy Hydesville Memorial Park.

All donations welcome, we know it takes all of us to create the future.

Walking always with Spirit, the Rev. Cosie L. Allen, NST, USA. Correspondence and Donations to: Attn: Fox Property Project, National Spiritualist Association of Churches, 13 Cottage Row, P.O. Box 217, Lily Dale, NY 14752.

ADD YOUR LIGHT TO THE PATH OF SPIRITUALISM

The Fox Property Project - Hydesville, New York, U.S.A.

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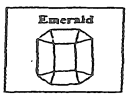
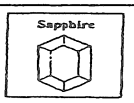
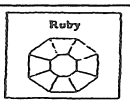
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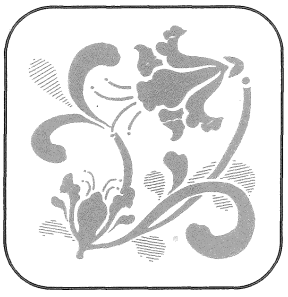
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Each month ***The National Spiritualist*** *features the writing from a student who is currently taking the education course. Featured this month is an essay from The Center for Spiritualist Studies student,* ***Mary Anderson****, from California.*

PSI: Intuition and Consciousness

When the phone rang, you knew it was going to ring. "Oh! It was just a coincidence," you thought. Then of course, it happened more and more, and soon you knew who was calling.

Then if that can happen, you try sending out a thought towards someone and soon you hear from that person. Was this just another coincidence! These examples are on a very small scale of what is called intuition.

The Random House Webster's College Dictionary defines intuition as follows:

1. Direct perception of truth, fact, etc. independent of any reasoning process; immediate apprehension.
2. A fact, truth, etc. perceived in this way.
3. A keen or quick insight.
4. The quality or ability of having such direct perception or quick insight.

The type of intuition parapsychology is interested in "is coming to a decision or making a judgment without knowing why. It is typically contrasted with reason, which implies coming to a decision or judgment by a series of logical and usually identifiable steps." *Parapsychology, The Controversial Science.*

The most common interpretation of intuition is that it either comes from a memory or present time, and through our senses, which lies just below the threshold of conscious awareness. However, the data, if it comes from the subconscious, may be put together in a creative manner, which may not be very logical. In other words, the intuition may be from a "gut feeling!" Can you explain this sensitivity? That seems to be a question that parapsychologists are trying to figure out.

Years ago intuition was something taken for granted, but then it seemed like patterns developed in people who used this inner voice and then there came the idea of luck or even repeated successful events. Was this "something" serendipitous or was it driven by intention? Was there a sixth sense?

"The most liberal view of intuition suggests that it involves, at least in part, ESP." Carl Jung described intuition as a "separate mental function, along with sensation, thinking and feeling, and not reducible to a combination of other functions."

Parapsychologists view ESP as a component of intuition, and intuition being an innate human ability. What then is ESP? It's a coined word from the 1930's by J. B. Rhine meaning extrasensory perception and refers to information perceived by telepathy, clairvoyance, or precognition.

Intuition has many synonyms. It all depends what is being interpreted. If the intuition perceives future events, its name is "precognition." If one senses a future emotion, it's called "presentiment." When ESP involves an interaction with mind and matter, it is referred to as "mind-matter interaction," "psychokinesis (PK)" and an older term known as "telekinesis."

Michael Polanyi, a psychologist, introduced the concept of tacit knowledge to refer to information that cannot be communicated verbally. Some examples are hunches and intuitions of tacit knowledge. They are often things learned from direct experience and training.

These hunches show up in dreams or waking impressions. Oil fields have been founded on hunches or dreams, even by people who have no knowledge of geology.

The use of intuition to enhance decision making is not overlooked in the intensely pragmatic world on Wall Street. Many successful entrepreneurs or investment analysts have confided that precognition and other psi techniques are beginning to play an increasing role in selective stock trading. Predictive mathematical models within computers are not uncommon. All business has "tricks of the trade" and much of it is based on this tacit knowledge.

We could even get simpler and apply this tacit knowledge in everyday life when one is following a recipe, which has never been seen before. The results come from the benefit of being an experienced cook, versus a first time cook, but both are using the same recipe. Once again, the experienced cook's intuit comes into play.

"In science and technology, intuition is widely recognized as an essential course of innovation and discovery." *The Conscious Universe.* It has been said by Buckminister Fuller that the diaries of some of the greatest scientists journalized their insights and discoveries to intuition. Among the creative minds that had their strong impressions were Sir Isaac Newton, Sir William Crookes, Nikola Tesla and others. They were drawn to study psychic phenomena. In more recent times, Earl Bakken, the founder of Medtronic, John Fetzer, a communication pioneer, and John S. MCDonnell,

(Continued on next page.)

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founder of McDonald-Douglas, have all supported psi research because of their personal interest in the phenomena. One of the greatest scientists of this era was Albert Einstein. Many of his discoveries, which included special theory of relativity, general theory of relativity and the constancy of the speed of light were first thought experiments. Bertrand Russell, a philosopher purported that science needed intuition. Logic was to evaluate the intuition.

One of Einstein's theories sets the stage for time-displaced perceptions for pre-knowledge of the future. "Many scientists consider true precognition to be impossible, mainly because it suggests that causation is not as simple as we thought. It raises the perplexing possibility that causation sometimes "flows backwards." This is deeply troubling to some scientists because most scientific models assume that cause and effect "flow" in only one direction." However, after over 50 years of research, some forms of precognition do exist.

In 1989, Honorton and his colleague, Diana Ferrari, turned their attention to one of parapsychology's more baffling phenomena—precognition. Using meta-analysis, precognition in forced-choice testing proved outcomes that were stable and highly significant. What does all this mean? "The present may not be where or when we think it is. Holger Klintman's reaction-time studies and physiological presentiment experiments confirm the results of the forced-choice precognition meta-analysis. They suggest that under certain circumstances, we can consciously or unconsciously respond to events in our future, events that we have no normal way of knowing." *The Conscious Universe.*

The probability of changing events with forced-choice precognition is effecting the outcome of which way atomic particles will go. That translates to shifting the odds of an event occurring. Another way of describing an intuitive event.

Science, with its study of the most fundamental laws of matter in quantum mechanics, is now ready to explore this openness of intuition. This extraordinary ability of one's consciousness must in some way be integrated with energy.

"The role that consciousness plays in quantum physics is one of the burning issues in physics today, and Schmidt's time-displaced PK experiments bring parapsychology face to face with that issue." *Parapsychology, The Controversial Science.* Quantum mechanics' most fundamental pronouncement is that one cannot observe a subatomic event without changing it in the process. The mere observation of observing an experiment by a human incorporates the consciousness within the experiment, and therefore measurements are subject to one's thinking. Therefore, interpretations become controversial.

It is difficult to summon the collective will to make this great transition in consciousness and technology because the forces opposed to it dominate every sector of the global system. One method is to make our conscious awareness a part of our everyday experience. We need to explore ways to use our intuition by integrating matter and spirit.

Thomas Brophy, Ph.D., in is book, *The Mechanism Demands of Mysticism,* explains this integration of spirit and matter, and calls it "Hylozoism." "Hylozoism comes from the Greek roots "hylo" meaning matter, and "zo" meaning life. Hylozoism is the belief that matter is alive, that nonmaterial influences infuse matter (matter which need not necessarily be so infused) making it alive. In the hylozogoic paradigm, life is the interplay of spirit and matter...It is the realization and acceptance that matter functions in a way that is open to the influence of spirit, and that spirit is both quite real and quite nonmaterial. Matter is quarks, electrons, protons, molecules, electromagnetic fields, light and gravity, with everything described by the equations of physics. Spirit is nonmaterial, and spirit can affect matter."

This hylozoic paradigm movement is characterized by:

1. Re-awakening the great spiritual and religious traditions in such a way that it is compatible with science. Why? Because they originate from the same source.
2. The emergence of teachers and teachings that help with this realization.

Let's compare it to the "History Channel" where the past becomes alive, and "Star Trek," where no man has gone before.

The Dalai Lama, in his autobiography, describes his interests in science and technology, as well as his spiritual training and advocates both. The East and West philosophies and movements are joining forces in the understanding of how the world and our lives work together. The one barrier that is present, however, is the resistance to change. Is this an authoritarian power struggle? The great minds of the past like Buddha and Jesus have recognized consciousness, as well as Newton and Einstein.

Our own consciousness, when recognized as part of a Higher Consciousness, has been experienced by many of us. We don't have to be a rocket scientist or a founder of any great religious movement to have this experience. It has been experienced by observation of one's thought, somatic experiences, and creative process. It is when collective thought and emotions predominate that it impinges on our awareness.

Brophy writes, "The hylozoic paradigm says that human events, indeed all events, may contain meaning and collectively via subtle nonmaterial realms. The decision as to whether such meaning and connectivity does indeed exist must be made by means other than experimental science—by

(Continued on next page.)

intuition, and methods to develop intuition."

Jeffrey Mishlove, Ph.D., founder of Intuition Network, interviewed Helen Palmer. She is an instructor of psychology at John F. Kennedy University, and a competent intuitive psychic. Here I have summarized her thoughts on cultivating and applying intuition.

Palmer states she relies a great deal on meditative practices and encourages the study of various methods. Focusing or emptying the mind allows one to tap into extraordinary abilities. The availability of this altered state of consciousness comes from confidence and the willingness to practice in order to gain access.

Palmer recommends psychometry, which in her opinion, is a form of intuition. The first thoughts that come into your mind are the ones to go with. It's finding a way to trust this instinct, just like your intuition about music, art, inventions, relationships or business deals, etc.

"Very commonly, people experience a kind of precognition or a kind of empathy in relationship that they realize did not come from their thinking personality part of themselves, and so they become curious as to how to stabilize or get re-entrance into that kind of experience." When one has the experience, the next step would be to unify with it, and see where it takes you. You may find yourself even connecting with a deceased family member or someone who has crossed over.

Another method Palmer suggests is to take an object, e.g., a flower, twig, paper clip, etc., then ask yourself to think of a problem you need to solve. Take the time to identify with the object and allow the inner wisdom that comes forth from the meditative process to enlighten you with your own intuition. You can practice similar techniques by cloud gazing, focusing in on another human and soon there may be a sensing experience come through.

Some of these techniques are no different than those taught by many other development instructors. Intuitive abilities can go a long way with team efforts, e.g. healing, science, business, etc.

The purpose of her motivation is to teach people self-empowerment, and to be able to apply this intuition as a tool for enhancing the quality of ordinary life. When practicing these techniques and methods it slowly becomes integrated into one's personality. Continued practice and confirmation of your intuitive decisions with favorable outcomes helps one to tell the difference and to discriminate between false empathy and false inner visions.

Mishlove questions what this intuition is. It is the thinking self or some higher sense that is different than the thinking self?

Whatever it is, when the ego steps aside, the intuitive rapport is with something transcendent. The effects of what transpires when this reality of intuition comes forth, have far reaching demonstrations. There becomes an awareness of a consciousness filled with an intelligence that creates. Unifying with this consciousness helps one to recognize the creativity it expresses, thereby the co-creative ability inherent within one's self envisions out of this nothingness—matter.

Can we really fully describe what this consciousness is? That is still the ultimate mystery, but we can describe what it does. It has created the galaxies and every living and non-living systems, and once more, every part of everything contains the same elements. They are just bonded and arranged differently.

Fred Alan Wolf, Ph.D., the author of several books, including *Taking the Quantum Leap, Star Wave, The Body Quantum,* and his latest book, *Mind into Matter—Hidden Mysteries,* was also interviewed by Mishlove. Wolf states that "I feel like we're on the verge of a gigantic discovery—maybe the nature of God, maybe the nature of the human spirit."

"Ultimately the great vision is to recognize that everything is one. There's just one basic being, one basic consciousness, of which we're all part in some mysterious way—but not in the simplified way of 'You go your way, I go my way, and I don't care what you do, you don't care what I do, as long as we go our separate ways, everything is hunky-dorey.' It doesn't work that way. If we go our separate ways on a round planet, we're bound to clash as we come around the other side, right? No matter what direction you go off in, you're going to come back together."

In this profound paradoxical statement of simplicity and complexity, Wolf is talking about a quantum interconnectedness. We are all individualized expressions of the same oneness, and this individualization shows up in a global consciousness because of oneness. In some ways, aren't the parapsychologists researching for something comparable to explain the phenomena of intuition and knowingness through ESP?

In the early 1880's, when the Society of Psychical Research was founded, the forefathers were trying to distinguish between telepathy, real-time clairvoyance, precognition, when actually it was just semantics. They were trying to describe phenomena. As time went on, experiments have graduated to mind-matter interaction effects.

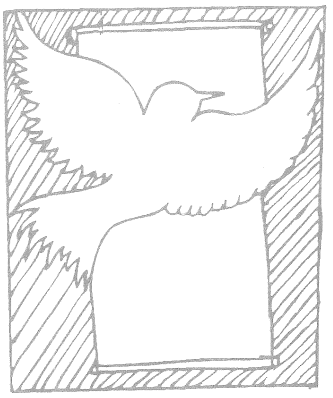
Now, the latest research is Consciousness Studies, which is an offshoot of parapsychology. Understanding quantum mechanics, even healing with prayer, distance healing, laying-on-of-hands, remote viewing, intuition, and micro-PK are the waves of the future. A conference in Palm Springs, California, in 2003, *Awakening of a Global Vision: Collective Wisdom and Spiritual Activism* presented by the Institute of Neotic Sciences (IONS) and Association for Global New Thought (AGNT), drew over 2000 people. It was the meeting of great minds to integrate science and spirit and explore consciousness. Topics

(Continued on page 29.)

Change Your Mind...Change Your Brain

Our Search for Peace

BY RANDY BASTEDO



As one of our nation's top neuroscientists, Dr. Richie Davidson demands rigorous testing before stamping any of his findings as "true." He hoped he was finally on the right track when he strapped a massive 256-lead EEG machine on a man called Oser.

This time Richie wasn't disappointed. There was a sharp spike in Oser's left prefrontal lobe activity—the "happiness center." Oser could control his mind three times better than anyone ever tested before. Oser's happiness is more like peace than an "I just won the lottery" feeling.

But how does he do it? He meditates.

Oser is no amateur. He's a Tibetan monk with extensive training in meditation. He came to the University of Wisconsin as a result of the eighth Mind and Life Conference between several prominent scientists and Tibet's Dalai Lama and his associates in Dharamsala, India, in 2000. Dr. Dan Goleman describes the conference in his book, *Destructive Emotions: How Can We Overcome Them?*

Almost immediately, Richie tested ordinary people after providing them with meditation training. He found similar results—left prefrontal lobe spikes. In this situation there would also be a decrease in negative thought production in the nearby amygdala. And no, you can't just rip out your amygdala.

The implications of Richie's studies are striking. We know we can change brain structure by learning. For example, practicing the tuba for 10 years would enhance your tuba-playing cells immensely. It works the same way with emotions. You can change them and thereby change moods, which changes temperament.

If you're thinking the brain isn't that easy to change—that we have only so many neurons and they slough off like yesterday's dandruff—get this; in 1998, scientists discovered that the body is continually producing *new* neurons, which includes brain cells. Combine these new cells with the effects of learning and you produce—voila!—neural plasticity.

The most effective meditation to generate brain change focuses on compassion. This elevates a feeling of inner strength, decreases fear and creates a feeling of happiness, including faster recovery from setbacks. "The great tranquilizer is compassion," the Dalai Lama said. This doesn't mean you just sit down and think about compassion; rather, you live it throughout the day and creatively apply it in your dealings with everyone, including yourself. Soak your brain in compassion.

Mindfulness is essential. First, be aware of the sounds, sights and objects of your environment in the moment. Second, be aware of your bodily sensations. Focus on breathing or an object to block negative emotions. Third, be aware of your mind. These steps can lead to equanimity—unruffled balance of mind.

Another technique is "staring back" at negative thoughts. Investigate them and they'll melt away. You can achieve mastery over thoughts in this way and actually change your temperament.

What makes this difficult is that a specific event can grip us like a vice. Emotions have to be measured in fractions of a second. Once we're aware of an impulse, we can inject a large dose of *choice* before taking action, provided we can slow down and start thinking. This takes practice.

Even before an impulse, there are awareness centers that size up the situation. Scientists don't even know for sure where this takes place in the brain; however, the advice is to reassess the situation to get a more objective picture of what's happening.

Jon Kabit-Zinn, of the University of Massachusetts Medical Center, helps people become aware of their thinking. His book, *Wherever You Go, There You Are: Mindfulness Meditation in Everyday Life,* helps people reduce pain, suffering and symptoms by developing peace of mind.

Children, especially, benefit from social and emotional learning. Pediatric psychologist Mark Greenberg developed the PATHS program (Promoting Alternative Thinking Strategies) that is being used in schools in several countries. He says it's a good idea to "do turtle."

Teachers tell this story to children ages 3 to 7. It's about a little turtle who "didn't really like to go to school very much." He learned to deal with frustrating companions when a wise old turtle told him: "When you feel very upset or very angry and you can't control yourself, you can go inside your shell." Stop, take a deep breath and tell yourself what the problem is before coming back out, old turtle said. Little turtle tried this and learned to control his emotions better and had a better time in school.

Not bad advice. Sometimes you just have to "do turtle."

★ ★ ★

Giving Up The Ghost

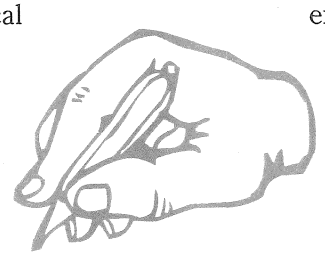
BY MICHAEL E. TYMN, Oregon

In his 1929 book, *A Curious Life*, George Wehner, a trance medium and clairvoyant from Detroit, Michigan, tells of his mediumistic experiences and other paranormal observations, including the passing of his mother. "A misty blue-white form, the counterpart of my mother's, but radiant, like a blue-white diamond's flame, was slowly rising from her body on the bed," he wrote. "This form lifted at an angle, the feet rising higher than the head, which remained attached to the physical head. The form now seemed to try to free itself, and after several tugs, the misty head separated from the body's head, and the freed form righted itself in the air exactly as a log rights itself after it has been dropped into deep water. For a second, I saw several arms and hands materialize in the air and reach downward to welcome the new-born soul. Then, like a shadow, the spirit-form of my beloved mother glided rapidly upward through a corner of the ceiling."

"Letting go" or "giving up the ghost" is apparently difficult for many people, we are informed by a number of clairvoyants, including Gladys Osborne Leonard, one of the great mediums of the first half of the 20th Century.

"A great deal of the apparent difficulty or struggling associated with death is caused by the inability of the etheric to disassociate itself from the physical envelope," explained Leonard in her 1937 book, *The Last Crossing*. She devoted a chapter of the book to ways of helping the dying sever the etheric cord, also referred to as the "silver cord."

According to Leonard, drinking plenty of water strengthens the etheric body and enables it to more easily separate itself from the physical body. On the other hand, food is not necessary. "Even if they will take it, I am convinced that the dying do not need 'nourishment'," Leonard continued. "To 'nourish' the worn-out physical envelope which the soul is trying its best to shake off is only to create and prolong an unnecessary struggle between the two bodies. In many cases it does not even strengthen the physical, because it can no longer make use of solid food, which only clogs the system, and produces more pain and suffering."



The administration of drugs also hinders an easy transition from the physical to the etheric body, Leonard added, again stressing the need to give the dying person water, even if only a few drops at a time by means of a syringe. "Water is the one thing that the etheric body can make use of when trying to free itself from the physical at the approach of death of the latter."

Like many other mediums and mystics, Leonard points out that those who lack a spiritual understanding and fear death are more "fixed" in the physical, and thus there is much more of a struggle in the release. "It is, I think, partly a matter of temperament, and of physical and spiritual understanding," she further explained, "but a consciousness of the existence of the etheric body, and a realization of its powers of disassociation or separate existence would go a long way to producing the phenomenon more easily that is possible under the present conditions in which human beings are only cognizant of one body, i.e., the physical."

In *Letters from Julia*, published in 1909, William T. Stead, the respected British writer of that era, recorded the following via automatic writing from a woman named Julia, who first explained that she had exchanged experiences with many others on her side of the veil. "With me the change was perfectly painless," Julia wrote through Stead's hand. "I wish that it might be so always with all who are appointed to die. Unfortunately, the moment of transition sometimes seems to be very full of pain and dread. With some it lasts a comparatively long time; I mean the time of quitting the body. With some it is momentary. The envelope opens, the letter is released, and it is over."

Julia likens "death birth" to childbirth, tough for some, relatively simple for others. "The tranquil soul that prepares and knows need not feel even a tremor of alarm," she explained. "The preliminaries of decease are often painful; the actual severance, although sometimes accompanied by a sense of wrench, is of small account."

Of her own transition in 1891, Julia recalled not realizing that she had died until she found herself standing next to her corpse. She felt quite naked at first, but then found herself clothed. "I do not remember putting on garments. There is just the sense of need, and the need is supplied."

Keeping the feet warm and a comfortable coolness (not cold or draught) at the head also facilitate, according to Leonard, the withdrawal of the etheric body from the physical.

In helping her husband leave the physical body, Leonard felt drawn by an unseen force to make upward

(Continued on next page.)

EDUCATION SPEAKS

(Continued from page 26.)

included scientific evidence for deep interconnectedness, evolution of human consciousness, convergence into a global awareness of science and spirit, healing methods, shamanism, ancient wisdom studies, cell biology and how to change DNA predisposition and much more.

In closing, a quote from Ernest Holmes author of, *The Science of Mind:* "We look forward to the day when science and religion shall walk hand in hand through the visible to the invisible. Science knows nothing of opinion, but recognizes a government of law whose principles are universal. Yet any scientist who refuses to accept intangible values has not adequate basis for the values which he has already discovered. Revelation must keep faith with reason, and religion with law—while intuition is ever spreading the wings for greater flights—and science must justify faith in the invisible." ★

The cure for the pessimist lies in good deeds.
Who toils for another forgets his own needs.

– Ella Wheeler Wilcox

GIVING UP THE GHOST

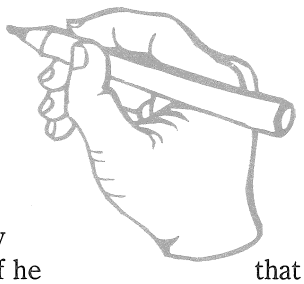
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passes from his feet on past his head with her hands. These passes consisted of placing her hands, palms downwards, a few inches above his feet, moving them steadily and rhythmically over the legs and body, and straight over his head. "At the finish of each pass, I 'flipped' my fingers in a direction away from his body, as if I was throwing off something from my finger-tips," she went on. "Afterwards I learned that these passes were assisting the etheric body to leave the physical body more easily. It withdraws upwards through the head."

Leonard cautioned against whispered conversations with the nurse in the presence of the dying person, explaining that while the conscious mind may not be cognizant, the unconscious or subjective mind is gradually coming to the surface. This unconscious mind will find itself recording flashes of awareness as to what is happening to the physical body and it will both puzzle and disturb him. "At this juncture it is most important that whatever is being done or said, or even thought in the room, should be directed towards the patient to help him."

In *The Tibetan Book of Living and Dying*, Sogyal Rinpoche discusses the Tibetan tradition called *phowa* (pronounced po-wa), meaning the transference of consciousness. Phowa can be performed by the dying person or by anyone attending the dying person. It involves visualization, meditation, and prayer techniques in which the dying person asks or is asked by those attending to surrender his or her soul to God.

"Sit quietly with the dying person, and offer a candle or light in front of a picture or statue of Buddha or Christ or the Virgin Mary," Rinpoche instructs, after detailing three different practices. "Then do the practice for them. You can be doing the practice quietly, and the person need not even know about it; on the other hand, if he or she is open to it, as sometimes dying people are, share the practice and explain how to do it.



According to Rinpoche and Buddhist teaching, there are two things that count at the moment of death: what we have done during our lives, and what state of mind we are in at the moment. When the consciousness leaves the body, it goes through a series of states called *bardos*.

"The problem, however, is that in the bardos, most people go on grasping at a false sense of self," Rinpoche continues, "with its ghostly grasping at physical solidity; and this continuation of that illusion, which has been at the root of all suffering in life, exposes them in death to more suffering, especially in the 'bardo of becoming'."

In *The Challenging Light*, a 1984 publication, Frances Banks, communicating through the hand of Helen Greaves, states that those making the change from material to ethereal do not recall any pain in the process. "If they experience terror, it is because they *expected* it," explained Banks, an Anglican nun in her earthly life. "The lurid pictures impressed upon the soul-mind by mistaken teachings of hell and torturing agonies become real."

Banks further wrote that her own transition was very simple. She seemed to relapse into *nothingness* until she awoke refreshed. "The death of the human body should hold no terrors," Banks offered, "and when this thought is allowed to be taught and understood by the various practicing religions of the world, a big bogey will have been removed in the onward thinking of the races."

★ ★ ★

Mike Tymn is a freelance writer living in Depoe Bay, Oregon. He is editor of the quarterly bulletin published by the Academy of Religion and Psychical Research as well as a Trustee of that organization and its book review editor. He can be contacted at METGAT@aol.com or at (541) 765-3421.

Pastor Ray Moves On

By The Rev. Ray Jones

Comment: This article first appeared in *Psychic World* in the UK and has been reprinted here in part.

Yes, folks, it's time to move on. Come September, both Maureen and I will be moving on to new pastures. Where? Quite honestly at the time of going to press, I do not know (no jokes here please). My term of office according to the United State Immigration laws will be terminated then. **Not by choice, but circumstance.** So it's "Once more into the breach." The past four years of ministering to the West Virginians will soon be over.

Spiritualism, I am pleased to say, will continue as it has done here in the Ohio valley for the past one hundred and twenty-five plus years. The last one hundred and three years in the Way Memorial Temple, of which I am the outgoing Minister and Pastor. A spoke in the wheel of one of the largest Spiritualist churches in the United States of America and in the modified words of our Healing Prayer, "I have done my part." It has been a great honor to have served the people in this two hundred and fifty seater Temple, and the experiences will forever remain in my memory.

Many times there has been great joy and happiness in our work and achievements. There have also been times of sadness and despair, but then again, that's life. Nevertheless, Maureen and I have worked together and are proud of the accomplishments we made. No one ever said that Spiritualism was easy. There is a television program running here called "Everybody Loves Raymond." You may have seen it. Well, I want to change that to "Everybody loves Raymond and Maureen," because that's the feelings we get from the folk here in the United States. We love them too!

One of the momentous honors was when I was ordained as a minister by the Reverend Sharon Snowman, NST, the Secretary of the National Spiritualist Association of Churches after a long period of intensive studies. Indeed, it was the highlight of some forty years of Spiritualism. Whatever the future may bring, I will continue to represent the NSAC wherever life's path leads us. I say us because my wife and I are a team. I could not have done this job without her. During the past four years, I have had the honor of serving six of the fifty-one states, each one having its own particular memories in our hearts and adding to the experience. How well I understand the remarks made by one of my teachers, Vera Blunn, MSNU, when one evening during our development class she said, "Whatever you put into Spiritualism, you will get far more out of it." Thanks Vera, I took your advice and you were right.



Currently, we are considering anywhere in Europe or the world for that matter. Anywhere where we may serve our beloved religion of Spiritualism and those who need it. So if you are aware of any opportunities where we can fit in, please let me know, and if nothing turns up, I guess we'll just have to start a place of worship ourselves, we have done that before. Discussing the matter with one of our church ladies the other day, she said, "You have a lot of faith in Spiritualism don't you?" "No," I replied, "No faith, no belief either. I just know." Probably because I accept one of God's laws. The Law of Cause and Effect.

Traveling around the World in the name of Spiritualism and not being ashamed to admit it, has brought its many rewards. Helping in murder enquiries, finding lost people, helping to save the suicidal, living with the rich and the poor—oh, and acting as a link between life and death. Having a gun pushed into my ear was not what I called a joyful experience or driving into a herd of cattle in Africa, but then you have to take the rough with the smooth. Owning a hotel one day, then nothing the next; doing readings for members of the Royal family one day, and the next, sharing rice in a dirty bowl, miles from anywhere in Soweto, has all been part of my spiritual travels. I wouldn't swap it for earth.

At present, the Temple board is accepting resumes for the position of replacing me, and will be considering all applications over the next few months. Ideally, we are looking for a citizen of the United States who has already established themselves in American Spiritualism and though not necessarily a minister, it would be helpful. Being a NSAC church, the applicants will need to be familiar with the standards set out by this fine institute and work closely with their procedures and bylaws. The parsonage and its running costs are all part of the job, but they will need to provide their own personal insurances.

In return, the employed pastor will be expected to conduct all services and undertake our weekly "All Message Service" which can be quite a challenge. If you are just a psychic, forget it! You won't stand the pace. Visiting the sick and practicing "Pastoral Care" is all part of work.

The duties of the pastor are many and varied. His or her time must, of necessity, be both flexible and varied. Challenging, must be accepted as being a part of his or her flexible roll in local society, for the workload cannot be predicted with any great degree of accuracy, 24-7 could, in fact, describe the work pattern. If you are familiar with the computer, then that can be a great asset, as the Temple runs an extensive website. Maintaining the monthly Temple bulletin, from content to print, takes a few hours each month too, with emphasis on the healing list.

The pastor must plan and conduct regular meetings of worship, with particular emphasis on special services such as "Founders Day" or "Church Anniversaries." The roll in the temple will be that of the family leader, nurturing its growth and paying particular attention to its spiritual

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advancement. Serving with strong commitment, yet gentle persuasion, in implementing Spiritualism's direction.

The pastor should be capable of supporting those in need of support, be they the elder members or otherwise. He must accept that others may view him or her with their own ideas and opinions, and accordingly will have to accept their rights. The pastor must be able to rise with, yet above, his membership. Arbitrating, should discord occur, yet provide the essential pastoral confidence, which is so important. This will enable him or her to provide assistance to those working in other positions in the church, and accordingly give confidence to his fellow workers, reflecting in the respect that is essential for the harmonious progress of the team, of which he or she is the leader.

As a pastor, he or she will have the responsibilities of education in Spiritualism. Ensuring that classes and development periods are available to both members and friends of the Church and see that these are run in the correct manner. The pastor has to provide the guidelines and oversee such periods that they are not materially participating in. In other words, be capable of designation so as to enhance the teamwork of the church as a whole. Not an easy job, but very rewarding, that I can assure you.

Memorial to the Potter's

The Potter's Graduate To The Summerland





LOUISE AND LOUIS POTTER

A brief review of a letter sent by the Rev. Louis Potter to *TNS* at the beginning of March.

On December 23, 2003, my wife, Louise and I went to our doctor's office, to check on me for a breathing problem. The doctor decided to send me to Carson Hospital because of congestive heart trouble. Louise's daughter, Lorel, came to the hospital, and it was decided she would take her mother to her house until I got out of the hospital.

That evening of December 23, Louise suffered a massive stroke which paralyzed her whole left side. Louise was unable to swallow or talk very well. The next morning, our doctor told me that Estella (her birth name, Medicare name and her Mother's name—Louise is her middle name) might last a month, a day, or a week, but she would never be able to come home.

The hospital moved Louise into my room, but on December 27th, I was discharged. Louise didn't want me to go, but there was no way I could stay. I promised I'd be back as often as I could, which I did. She was moved to a rehab center, and on January 12, 2004, Louise passed away. She was cremated.

The Rev. Louis Potter passed to the Summerland on April 17, 2004. Louis was born July 18, 1913, in Montavilla, an east suburb of Portland, Oregon. His aunt, Ester Potter, walked four blocks to the end of the Montavilla street car line to meet Louis' dad, who was a motor man on the street cars, and tell him he had a son.

When he grew up, Louis worked for the Conservation Core, commonly known as the "CCC's" in Oregon. He then worked for the railroad and in a shipyard where he learned the carpenter trade. In the early 50's he moved to Alaska and worked as a carpenter.

From there he moved to Southern California where he worked for three different movie studios as a carpenter doing special effects and set building. A couple of the pictures he was involved with were *Planet of the Apes* and *The Poisideon Affair.* He worked for Fox, Paramount and Universal Studios, retiring from Universal Studios.

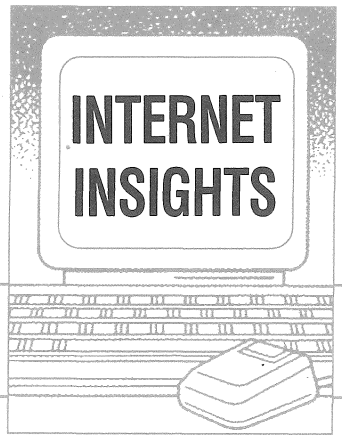
It was while he was in Los Angeles that he met and married Louise. Louis and Louise met at the Cinderella Ballroom on November 11, 1960 on the Pike in Long Beach. They were married on June 19, 1964.

They were Spiritualists, and Louis became a Licentiate Minister on January 16, 1988, a Certified Medium on January 17, 1990, and was ordained as a NSAC Spiritualist Minister on March 30, 1990. This was quite an accomplishment for a man 77 when he passed his mediumship test, and 79 when he passed his ordination test.

He and Louise had 35 grandchildren and 18 great grandchildren. Louis passed very quickly. His daughter took him to the hospital on Saturday morning, April 17, 2004 with a high temperature, which the doctor was successful in lowering, but when the doctor returned to check on Louis in the afternoon, he had gone to spirit.

The Rev. Louis Potter was the pastor of The Spiritualist Chapel of the Pines in Auburn, California. The Potter's lived in Gardnerville, Nevada, which is a four hour drive through the mountains to the Church. What wonderful dedication they had to still serve Spiritualism even in their advanced years. The members of The Spiritualist Chapel of the Pines will miss them coming to the church and serving. They write: "We will always remember his great ability in the telling of his experiences, and we continue to wonder how a man at his age could remember so much detail. He felt very blessed to have been a member and a minister of Spiritualism."

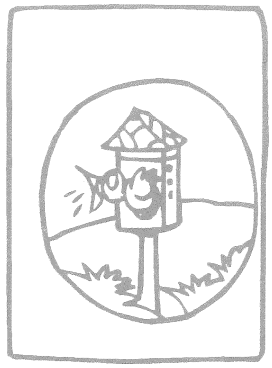
Many Spiritualists will remember Louis and Louise from their attendance at the Annual NSAC Conventions. Louis also wrote many articles for *The National Spiritualist - Summit.* Blessings on this wonderful couple as they continue their work in the next dimension. ★



Forgiving Yourself

By Trivita, The Healthy Living Company

The seventh Essential to Healthy Living is "Be Forgiving." For many people, forgiving others comes naturally; for some, it requires a little extra effort at times, but being forgiving of others is still recognized as an important contributor to your health. But what about forgiving yourself?



Are you your own worst critic? Do you relive events in your past that cause you guilt or lower your self-esteem? No one is perfect, of course. But dragging yourself through the mud over events or circumstances that you feel responsible for will only serve to depress your emotions and in turn, harm your health and lower your energy. Forgiving yourself lifts burdens, literally energizing your life physically, emotionally and spiritually.

Be realistic about your past wrongs.

Everyone makes mistakes, but in the grand scheme of things, how earth-shattering was yours, really? Do spend time in prayer, talking with God about your guilt or fears, and ask Him to help you forgive yourself.

Forgiving yourself can often be more difficult than forgiving someone else. If you are having trouble managing it, visit a religious leader or counselor you trust and ask them to help. Chances are whatever it is you won't forgive yourself for is not as terrible a thing as it may feel. And when you have broken through your own guilt or sadness, your body and emotions will become healthier right away, giving you the vitality you want to greet each and every day!

Negative feelings of any kind depress the body and mind. Staying active is one of the best ways to counteract feelings of sadness, guilt, loneliness, or depression.

You Decide

The 92-year-old, petite, well poised and proud lady, who is fully dressed each morning by eight o'clock, with her hair fashionably coifed and makeup perfectly applied, even though she is legally blind, moved to a nursing home today. Her husband of 70 years recently passed away, making the move necesssary.

After many hours of waiting patiently in the lobby of the nursing home, she smiled sweetly when told her room was ready.

As she maneuvered her walker to the elevator, I provided a visual description of her tiny room, including the eyelet sheers that had been hung on her window.

"I love it," she stated with the enthusiasm of an eight-year-old having just been presented with a new puppy.

"Mrs. Jones, you haven't seen the room...just wait."

"That doesn't have anything to do with it," she replied. "Happiness is something you decide on ahead of time. Whether I like my room or not doesn't depend on how the furniture is arranged— it's how I arrange my mind. I already decided to love it. It's a decision I make every morning when I wake up. I have a choice; I can spend the day in bed recounting the difficulty I have with the parts of my body that no longer work, or get out of bed and be thankful for the ones that do. Each day is a gift, and as long as my eyes open, I'll focus on the new day and all the happy memories I've stored away, just for this time in my life. Old age is like a bank account, you withdraw from what you've put in. So, my advice to you would be to deposit a lot of happiness in the bank account of memories."

★ ★ ★

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- Pastoral Skills Course -

PASTORAL SKILLS brings you knowledge of pastoral responsibilities in ninety-six hours of class work. Included are lectures, guest speakers, hands-on pastoral experiences through role playing of life-like situations, of funerals, special services and study into areas of counseling, such as: pre-marital, marriage, suicide, family dynamics, violence, chemical dependency, death and dying, and the grief process. The class is open to any dedicated student, and at this time Pastoral Skills is a required course for the NSAC Licentiate Minister certification.

Class size is limited. Early registration is necessary. A **deposit of $50** is required **sixty (60) days** in advance with full payment required thirty (30) days in advance, if not on the payment plan. **Complete information for the site will be sent upon payment** of a deposit. If eight students are not enrolled for a session thirty days in advance, the session may be canceled.

For further information call the MPI Office at:
414-774-2994 or fax: 414-774-2964,
or email: mpratt@execpc.com

2004 SITES AND DATES

- **MILWAUKEE, WISCONSIN:**
  Morris Pratt Institute – **Split Session – Two Years**
  Week One: Oct. 23-29, 2004 – 7:00 p.m., Orientation
  Week Two: April 16-22, 2005
  Instructor: Rev. Cosie Allen, NST

CLASSES:
Daily - 8 hours, classroom; Sundays - specified church assignments. Materials: List will be provided upon payment of deposit. Required books will be provided. Additional books may be ordered at site.

PASTORAL SKILLS REGISTRATION FORM
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Humor to put you in Good Spirits . . .

"Before I realized that the best part of my life had arrived, it was gone."
– Asheigh Brilliant

"Remember: it is good for you to bear those who are around you, because they also bear you."
– Samuel Johnson

"Man does not live by words alone, despite the fact that sometimes he has to eat them."
– Adlai Stevenson

"Our bodies are our autobiography."
– Greek Quote

"I know that you believe you understand what you think I said, but I am not sure you realize that what you heard is not what I mean."
– Berry & Homer Inc. (public relations firm)

"A neurotic is the man who builds a castle in the air. A psychotic lives in it. A psychiatrist collects the rent."
– Anonymous

112th Annual NSAC Convention

Ronkonkoma, New York

October 3rd–8th, 2004

Location:

The convention and lodging are both at

Holiday Inn

Veterans Memorial Highway
Ronkonkoma, New York
Hotel Direct:
1-631-585-9500

Reservations:

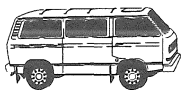
Contact the Holiday Inn direct:
Phone: 1-631-585-9500
Fax: 1-631-585-9564
Eastern Daylight Time

Rooms:

$105.00 per night, (single or double). For this special rate, please be sure to **advise the Hotel that you are attending the NSAC Convention.**

Accommodations:

Handicap accessible accommodations; TV with complimentary premium channels, coffee maker, and other standard Holiday Inn amenities.



Shuttle Service:

24 hour complimentary shuttle service from the airport and the Long Island Railroad.

Location: Adjacent to the Long Island Mac Arthur Airport off the Long Island Expressway.

Calendar of Events

Sunday, October 3rd
10:30 a.m. – Healing and Church Service
2 p.m. to 4 p.m. – Welcome Reception
7 p.m. – Healing
7:30 p.m. – Worship Service

Monday, October 4th
All Day – Seminar and Workshop
Theme: The Best of Phenomena
Hours: 8:30 a.m. to 4 p.m.
Cost: All Day - $18.00; 1/2 Day - $10.00
6 p.m. – Banquet with music and dancing by D. J.

Tuesday, October 5th thru Friday, October 8th
9 a.m. to 5 p.m. – Convention Business Meetings
7 p.m. – Healing
7:30 p.m. – Worship Service
followed by Service Club Meetings
Tues., NST; Wed., Ministers;
Thurs., Healers; Fri., LM/CM

Hosted by:
the
Long Island Churches
Co-Chairpersons:
Pat Duffield
Karen Beebe

Theme:
"Working Together with Spirit"

Banquet:

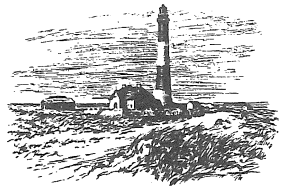


Buffet Dinner – $25.00
Variety of entrees, Vegetables, and Desserts. Cash Bar.

Reservations must be made by September 15th, 2004:

Checks to be made payable to:
A Sanctuary of Infinite Spirit, Inc. NSAC
1280 Claas Ave.
Holbrook, NY 11741-3902

Tours:



Choice of two Thursday afternoon tours:

- Wine Tasting and Lighthouse Tour
- 1906 Historic Mansion and Grounds

Each tour is $25.00 and includes a boxed lunch. Specify if vegetarian desired.

Send reservations and check made payable to:

A Sanctuary of Infinite Spirit, Inc. NSAC
1280 Claas Ave.
Holbrook, NY 11741-3902

Reservations must be made for the banquet and tour by September 15th.

The Rev. Kathy Rottino, NST, sent in this poem. She said…

Comments: I received this poem from my cousin who is stationed in Iraqi. I was really moved by it.

He wrote: I recently sustained a back injury during training in Iraqi and this is how I feel. I've been urged to share it by friends, and hope this can help others who may be experiencing similar difficulty or are persecuting those that are without realizing the impact.

The Broken Soldier

By Sgt. Vincent Scirocco, Jr.
Operation Iraqi Freedom



The sirens have sounded the whistles have blown,
and a sadness approaches that I've never known.
The bullets set rhythm as bombs set the tone.
As my friends rush to battle I sit here alone.

My head's in the battle my heart's in the fight,
but my body's not able to do what I might.
I can't watch them leave, cause I can't bare the sight,
or the thought that I may not see them tonight.

So I constantly think, Did I do all I could?
Did I do the right thing? Did I do what I should?
As they mounted the 5-ton, by my door I just stood.
Knowing in this condition I'd do them no good.

So what brought me to this?, one might often say.
Was I training too hard? Did I train the right way?
With questions unanswered, to God I do pray.
Please give me the reason I sit here today.

The thought that I'm stuck here, it fills me with rage.
Like a lion with no pride that is stuck n a cage.
Or the actor, not needed, always standing backstage.
Only these words are my outlet as I fill this page.

Some say I'll get better in no time at all.
That I'll play in the game and I'll carry the ball.
For these are just words of sentences small.
But they lift up my hope and help me stand tall.

While others they doubt that I'll ever return,
and for them I pray that they never do learn.
The feelings inside me, the way that they burn,
or the torment I go through as for answers I yearn.

So I sit here and ponder what my future brings.
What places lie before me? What people? What things?
Will I lose all hope?, Will they cut all my strings?
Or, will we fly together as I spread out my wings?

Only time will tell as they measure and test.
Will my body perform and fit in with the rest?
Will I earn all the medals that belong on my chest?
Or, will I be airborne on a plane headed west?

No matter the outcome, I can say that I've tried,
and I did all I could to stay on for the ride.
If I must return home, I should do so with pride.
But I'll do so still feeling that my hands have been tied.

★ ★ ★

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Mail to: THE NATIONAL SPIRITUALIST 3521 W. Topeka Drive, Glendale, AZ 85308-2325

Declaration of Principles

National Spiritualist Association of Churches

1. We believe in Infinite Intelligence.

2. We believe that the phenomena of Nature, both physical and spiritual, are the expression of Infinite Intelligence.

3. We affirm that a correct understanding of such expression and living in accordance therewith, constitute true religion.

4. We affirm that the existence and personal identity of the individual continue after the change called death.

5. We affirm that communication with the so-called dead is a fact, scientifically proven by the phenomena of Spiritualism.

6. We believe that the highest morality is contained in the Golden Rule: "Whatsoever ye would that others should do unto you do ye also unto them."

7. We affirm the moral responsibility of individuals and that we make our own happiness or unhappiness as we obey or disobey Nature's physical and spiritual laws.

8. We affirm that the doorway to reformation is never closed against any soul here or hereafter.

9. We affirm that the precepts of Prophecy and Healing are Divine attributes proven through Mediumship.



The National Spiritualist
3521 W. Topeka Drive
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