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The National Spiritualist Summit



Spiritualism is the science, philosophy, and religion of continuous life

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GOOD VIBES!

BY THE REV. SANDRA PFORTMILLER, NST

"If instead of a gem or even a flower, we could cast the gift of a lovely thought into the heart of a friend, that would be giving as the angels give."
– Macdonald

After the church service one Sunday, I overheard a couple of people talking. "Good vibes this morning!" said one of them. The other person inquired what they meant and said it sounded like something out of the sixties or seventies. The teacher in me wanted to jump into the conversation and teach about the Law of Vibration, but then the first speaker said, "What I mean is the energy and vibrations of the service were great today. I always feel healed and renewed with the energy at church, especially when it is so high. It gives me a lift to help carry me through the week."

"Vibration is a regularly recurring unit of frequency, current or motion in a given time. All life, physical/spiritual, animate/inanimate is in a state of constant vibration, operating at various rates. The vibratory force holds the physical and the spiritual planes together. Humans recognize vibrations between 16 to 38 thousand per second. It is a movement of emotionally charged particles that fill the ethers. Vibrations manifest as emanations, rays, colors, impressions, electromagnetic energy patterns, etc." *Spiritualist Lexicon.*

The creative, loving force of God is life's action through vibration. Vibration is what sets our life, determines our energy level, makes us think, act, speak, see, and is the energy force found within all life. The vibratory rate may be fast or slow, but it is always evident, it is in all things, for without it we would not be. Life has a force which circulates continually.

The Rev. Frances Scher, NST, wrote in her book, *Spiritualism and Mediumship Studies:* "It is our vibration that makes for our contact with the Spirit World. Depending on how much or how high our rate of vibration is determines what grade or Plane of the Spirit World we receive our information from. If our vibratory rate is high, we shall receive from more intelligent sources. But our Vibratory Rate has also some control over our earthly contacts. We cannot be comfortable for long with someone whose vibration is out of our level or degree."



Vibration is everywhere and can be used as a curative power. Color, music, and light all affect an individual through their vibration. Increasing or decreasing vibration brings a variation of heat which affects a change. Pythagoras is credited with this thought: "One Universal Soul permeating all things, which in substance resembles Light." Vibration, Light, Energy are Universal waves traveling through the ethers. The Law of Vibration is the Law of ceaseless change for life, and is in constant operation, bringing to each person that which his or her thoughts have created.

Our thoughts vibrate and become a very real extension of our being. Thought vibrations are like a magnet which attracts to the thinker its own likeness, whether positive or negative. Positive thought currents are constructive and build energy. The vibration of our thoughts create the things of our lives.

Plato said, "Thinking is the talking of the soul with itself." The symbol of the telephone is often used to help understand thought

(Continued on next page.)

waves. A person talks into the transmitter of a telephone. The sound of their voice is transmitted through electrical vibrations. These travel through the ethers until they reach the other instrument that was to be contacted. They are then transformed into sound vibrations in order to be audible to the receiver. Our thoughts vibrate through the ethers until they contact a mind with a similar vibration and then are transformed to produce similar thoughts and images. As human receiving sets, we open ourselves or close ourselves to vibrations and input. Each good thought we send to another, each healing prayer we send out, is a powerful vibrational force, a curative energy.

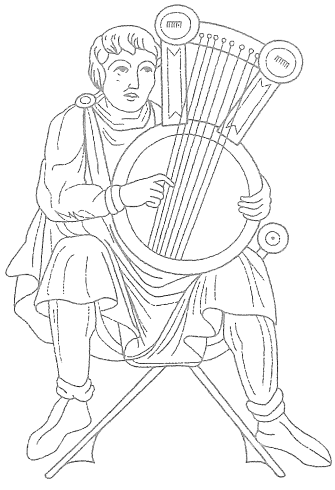
Many of us desire to be healing instruments for spirit. We share healing energy at the worship service through laying-on-of-hands healing. We share healing energy through absent or prayer healing. Each of these forms of healing creates a connection of energy between the two worlds, to transmit the healing force. As long as we keep this channel open, we are responsible to hold good thoughts. A healing medium must act with love and compassion, with kindness and consideration and with a knowing that the healing vibration comes from the Highest Vibration of all, Infinite Intelligence. Prayer requests affirm and direct the higher energy to the desired recipient.

Modern medicine is testing and acknowledging that patients receiving intercessory prayer, improve, and seem to have a special advantage, that others not prayed for, do not receive. This prayer help can come from any distance, from a healer who knows the person in need, or from complete strangers, regardless of spiritual orientation. A prayer for help sends the restorative energy of love, the White Light from a Higher Source. Don Campbell wrote, "Healing is vitality and energy; and it means to be whole—in harmony—balance."

All energy travels in circles, therefore, your thoughts and words that you create go out and then return. You decide what vibration you send out, and you can create healthy energy through affirmations, prayer, visualization, meditation, music, literature, and what you surround yourself with. You create, so you accept the responsibility of your life, your health, your finances, your emotion. You have the right to change anything in your life and you have the power to do so with God. Visualization of a loving White light for yourself or another directs healing energy to benefit in some way. One does not always become well from an illness, but their state of being, their harmony with life may improve. Some people are at a time for their soul to move on, and the healing vibration makes the transition to the next realm a pleasant journey.

Of course, our Earth also vibrates. Each time it naturally shifts through an earthquake or a volcano, or through war, the vibrations of that area also change and become higher or lower. Maybe this is why we live some place for years, and then all of a sudden, it just doesn't feel right any more, and we move on. Prayers and visualizations are beneficial for our planet, with harmony for all of those who reside on the planet. While Nature changes, she also continually restores Herself to balance. Because of this, Nature has a soothing, uplifting, healing energy. The hypnotic sounds of water or the wind can help us regain harmony in our lives. Each time we become still in a scenic spot in Nature, we absorb the balancing vibration of Divine Energy.

Vibrations are evident when we connect with our spirit forces, for we must lift and clear our energy, and the etheric helpers work to slow or lower their energy so we may connect. The constantly moving particles and interlacing minute weblike connections blend the physical dimension into the spiritual dimension and make it possible for mediums to touch into the vibrational connection. The decisive difference between physical and mental types of phenomena or mediumship is one of vibratory force.



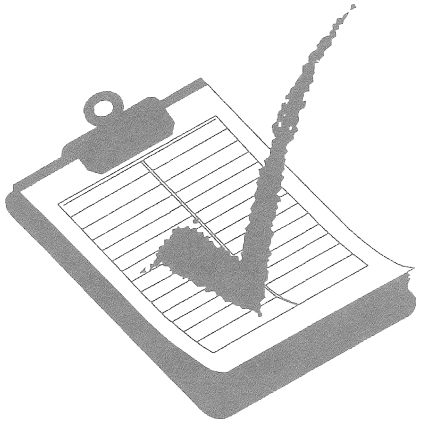
Edgar Cayce stated: "The Spirit is the life, Mind is the builder, the Physical is the result." The Spirit is Divine Vibration, our life is our personal energy that lives eternally. Our mind is part of the One Mind which creates and delivers vibrational frequencies. We create through our thoughts which vibrate into the ethers to return to us according to Divine Law. The physical manifests according to the energy that flows to it and through it, and continues to function in this plane of life as a vehicle for the soul, until the soul decides to move to the next level of life in the Spirit World. The soul will find itself in a similar vibration as it occupied in the physical realm, so this encourages and teaches us to lift our energy and create good "vibes," for the energy you release into the world is deemed your SPIRITUALITY.

* * *

The kindest people and the best of friends, let go of concern for us and affirm that Infinite Intelligence is in charge.

HOW MANY WAYS CAN YOU HEAL?

BY THE REV. CHARLENE KLEINSCHMIDT, New York



As Spiritualists, we often think of healing as pertaining to the wonderful work we see our healers do in our church services. We may repeat the healing prayer, but forget our part in the healing process.

Because I have lived a physically challenged life, I have often been my own worst enemy. In order to think I was somehow "normal," I strived to be what I perceived to be that wonderful goal. It has only been the last year that I have started to come to terms with what is "normal" for me and to accept myself. I share this with you because it was the main obstacle in my healing, and may be yours as well.

Those words "and I will do my part" can often be hard to understand. We may put an undue burden on our Spirit doctors and helpers when we consciously or unconsciously expect them to keep us well, yet our thoughts direct us otherwise. Sometimes we blame spirit because we don't stay as well as we felt when we left a church service! Perhaps we don't take time for meditation, or we go back to a helter-skelter life of constant activity, taking no time for rest and eating on the run.

We need to take a look at what we are doing that may stand in the way of our own healing. Remember the first part of our Healing Prayer is for us. When you say it, see yourself as well, and also concentrate on "I will do my part," asking spirit to guide you to an understanding of what that means.

Turn to the second part of the prayer. Sit quietly in your home and think of ways, besides praying, that you may be able to help those on your healing list. Perhaps they would appreciate a card or a phone call. You don't always need to be physically present to help another. If they live close, you might like to visit with them or take in a special treat. You may even decide to make a care basket of things you know they would enjoy. Knowing that someone cares can often be a marvelous healing.

Think of people you know who may need a lending hand, a kind word or a pat on the back. My mother's roommate in the nursing home has no family in the area. When I go to see Mom, she is always delighted I have come to visit her. It only takes a few minutes, but it is worth it to see her brighten up!

Take some time and count all the many ways you can heal, yourself and others. I guarantee you will feel better. ✱

"The chess-board is the world; the pieces are the phenomena of the universe; the rules of the game are what we call the Laws of Nature."

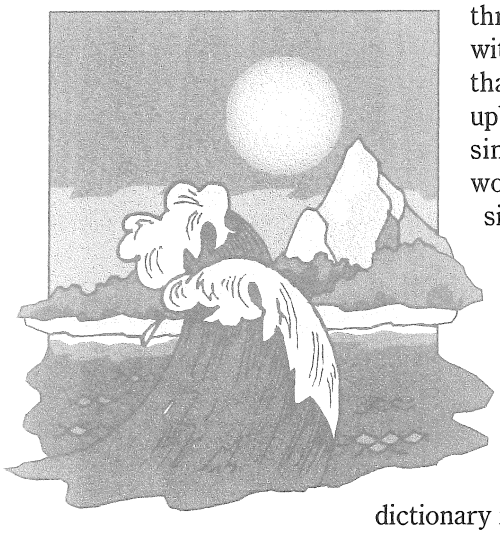
– T. H. Huxley

AFFIRMATIONS AFFIRMATIONS AFFIRMATIONS

BY JUDY MERRILL, DSNU, Canada

There are tools of empowerment that bring the balance of body, mind, spirit connection to ourselves, for ourselves, and produce the growth and progress of our path of life. These tools of empowerment and growth are: visualization, meditation and affirmation.

The reason we begin with Affirmation is that it is the simplest method of self-knowledge. We teach ourselves to love ourselves through filling the mind with the knowledge of self that is positive, loving, upbeat and spiritual. It is simple to affirm, but it works because we are sincere in our purpose—lip service will not get it done. We must believe in ourselves and the affirmation we choose to use for growth and balance.



The definition of Affirmation from the dictionary is: the act of asserting or declaring anything to be true.

How often do we fill our mind with negative thoughts and then wonder why our life manifests negativity. If we fill our life with, and believe it is true, an affirmation of positive growth, then that too is what will manifest in our lives.

Adding Natural Law to affirmation, we know that what we send out will be returned to us. (What goes around, comes around) many times multiplied by life's happenings. Therefore, it is up to us to affirm and make positive that which we want in our lives to have in abundance, prosperity, love, health, spirituality, peace, harmony, etc.

I like to suggest one of my favorites: God is in His heaven and all is right with my world. I like it because it is an old, but positive affirmation of Divine Power in our lives. It is turning our whole scene over to God's love and justice. There will be no miracles, nor for that matter vengeance or hurt, only the Natural Law of justice and love.

Many years ago, Dr. Rev. Norman Vincent Peale, an orthodox minister, wrote the book *The Power of Positive Thinking* in which he suggested many *Bible* verses as affirmations for our lives. If you have a holy book that inspires and uplifts your life, that is an excellent source to find affirmations that work for you in a positive light.

The use of affirmations is very viable and useful in healing and all manner of disease control. It has been used by the medical profession and the metaphysical community is also on this wavelength.

Choose some comforting words of your own, read them from a book, repeat your favorite poetry, whatever will bring comfort to the body, mind, spirit and balance the connection in empowerment and love. This is what saying affirmations is supposed to do for us...how we manage it, we can choose for ourselves.

Once you have chosen your affirmation and feel comfortable with the words, you will be filling your mind to manifest peace, love, harmony. That is the object, the method to accomplish this is repetition to confirm the thought in body, mind, spirit.

Begin each morning on waking with the affirmation you have chosen. During the day, when stresses are high, take five minutes from your schedule and affirm again. Make it the last thought at night before sleep so that your mind can manifest the positive action of your affirmation, even during sleep. This should also help to calm your dreams.

If we practice this as a method of self-empowerment, self-growth, self-improvement, we will manifest peace, harmony and balance in all things.

* * *



Susan M. Robinson
1957-1999

An Illuminated Life

BY LAURA LEE PERKINS, M.Ed., Maine

Although it has been some 2½ years since I had an opportunity to conduct a reading for 42-year-old Susan M. Robinson, her impact remains present every time I look at these photos. Taken just two weeks before her passing, they show the illumination of life in ways that words cannot describe. In the reading, as I listened to the ticking of her morphine pump responding to her thumb pressing request to the medication to ease her brain cancer pain, I kept getting the message that *"all would be improved in two weeks."*

Sue-Sue (as she was affectionately called by her friends and family) interpreted that message as words of hope that the dark mass growing in her brain would begin to disappear. I knew better, but chose my words carefully. She needed hope.

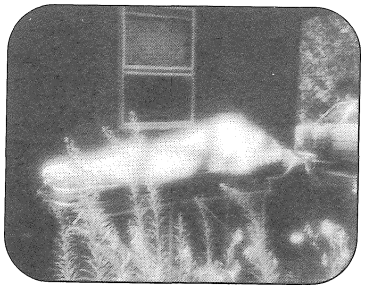


Craig Heavey, Susan's partner.

Indeed, everything for Sue-Sue did improve in two weeks. Her pain disappeared as she passed on to the other side of the veil of life.

The photos that were taken with her ever-present camera that day reveal the beauty of her spirit as she sat beside the chapel at Temple Heights Spiritualist Camp in Northport, Maine. We see the energy present around her feet in the photo that she took of the deck with Craig, her partner, ascending the steps. And, in the third photo, taken after she was legally proclaimed "dead," we can still see the light protecting her wrapped body, waiting to be transported.

Sue-Sue believed in Spiritualism. She believed in being kind and she believed in LIFE on both sides of the veil. She came to me wanting relief; hope was the immediate answer from Spirit. A star has been named for her, *The Lovely Sue-Sue*. It can be found in the Andromeda constellation at the coordinates: RA 01h 34m 5s 42d 12'.



Susan M. Robinson's body, 2 hours after her passing—legally declared dead.

Her partner, Craig, wrote the following beautiful tribute:

The Lovely Sue-Sue

Sue-Sue Oh Sue
An old friend of mine
Her life's near an end
Of the human existence time.
Her spirit still soars
With an energy so kind
As she whittles the days
To the end of her time.
We wheeled her up the road
With the sun on the rise,
The dew was like rainbows,
The birds were so fine.
She spoke about life,
She watched her dog Sierra run,
She took photos of wild flowers
As we awaited the sun.
She never gave in
To her inevitable plight.
She never gave in
To the dark tunnel in sight.
It could be
It's not a dark thing
That is near.
It could be a door
To a world with no fear.
A world that is full
Of wondrous things,
A world where all people
Just dance and sing.
A world with enormous
Goodness and Light,
A world that is true,
A world that is right.
A world where the rules
Are just to be kind.
Sue-Sue's journey
Is nearing the end.
Her spirit still soars
With incredible strength,
Her aura still vibrates
The message from God
That she is going to a place
To wait for us all.

– Craig Heavey

* * *

MEDITATION



Each month ***The National Spiritualist*** *will feature the writing from a student who is currently taking the education course from the Morris Pratt Institute. Featured this month is an essay written by* ***Carol I. O'Hare*** *of the First Spiritualist Church of McKeesport, PA.*

Inscribed on the Greek temple at Delphi, "Man, know thyself!," is a truth that has been reiterated throughout history. The earliest recorded meditation, observed "soul discovery," began when busy thoughts regarding the everyday world stopped. Ancient mysteries centered around efforts to enter into self-awareness states. St. Augustine referred passing by oneself, "the crowning wonder." By not knowing our inner self, we learn that we often are our own worst enemy. Our real life's work should be self-discovery and exploration of the true spiritual gold mine within. Self-awareness establishes a connection between finite mind and that divine spark of Infinite Intelligence, and is one of the most purposeful challenges ever encountered.

Initially, continued effort (consistently and concommitently) turns an initial intellectual approach into a deeper, spiritual search for understanding. True insight and searching for divine spirituality begins with self-understanding from within. Knowing entails a healthy relationship of body, mind, and soul. This process includes discipline, hard work—even discouragement; however, intentional, meditational direction to one's inner nature, through courage and strength of convictions, is the key. Releasing past mistakes clears the way for mental progression. Applying talents generates real self-worth, competency, and well-being. Aspiring to search for inner awareness, contemplating progression, liking and applying one's talents are the challenges of self-discovery.

Meditation is **NOT** a way of obtaining a spiritual high, or a way of becoming highly conceptually religious. Meditation provides self-awareness; it is not a problem-solving technique, device, or shortcut. It should not be used as an escape from reality of meeting everyday challenges, nor as a substitute for responsible living.

A main goal of meditation is self-knowledge. Historically, meditation is one reason to reacquaint the indwelling divinity many have lost in modern times. There are various methods of meditation, such as intellectual (structured and unstructured) emotional, physical, action and meditation. The task of reaching total attainment of total human potential is through discipline, insight, and principles of meditation. Serenity, joy of living and an inner grace, is an end result and can be of great value physically, emotionally and intellectually. Self-improvement, growth and self-awareness toward enlightenment are the key goals toward enlightenment and effort is definitely a necessary ingredient for success. Meditation affects body and soul as much as the mind.

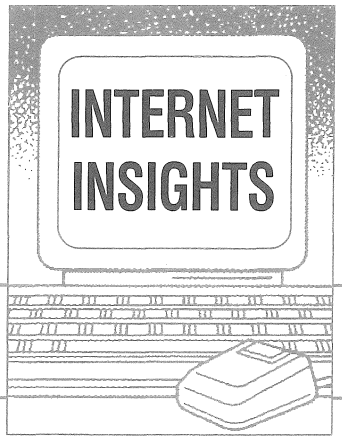
Beginners experience an increased awareness of the sensation of relaxation. Everyday-living tenseness leaves the body and the mind becomes clearer. Awareness becomes acute, evolving into witnessing. Meditation requires continued effort. Boredom, sense of failure, an inability to stick to the task, wandering mind, falling asleep, a false sense of achievement are examples novices experience. Discipline is the key; enlightenment to "know thyself" does not come easily, however, positive thought and meditational rewards minimize discouragement—challenges worth overcoming. One of the supreme rewards of reaching enlightenment is mastering meditational discipline.

Centering and concentration bring equally important success, peace and contentment, while focusing the mind to a given point, holding it to the exclusion of everything else. Meditation techniques are designed to spontaneously experience total effortlessness. When you make efforts, you can never be totally relaxed. In meditative advanced stages, practicing will become a block to reaching the pure-awareness state of one-with-all.

Students are warned to guard against psychic phenomena since it distracts from the real goal—knowing and helping oneself grow. (**NOTE**: Psychic phenomena is not encouraged as basic meditation.) It often stops inner development since the student ceases to work on going deeper in meditation, preferring to concentrate on phenomena. While meditation can assist in everyday challenges, it is not meant as a problem-solving device. True meditation serves a deeper mental-spiritual purpose. The true source of wisdom is that bit of Infinite within—ask and you shall receive, knock and the door will be opened unto you. It only awaits the right moment for expression.

Challenges of meditation force us to expand. Wallis' *Guide to Mediumship* discusses a deliberate intention to "retirement within." **Spirit Continually Tests Us.** Done sincerely, meditation produces a deep state of relaxation, indicating lower metabolic rates with renewed strength and increased energy. With continued spiritual unfoldment, spiritual realms are penetrated and contact takes place. Basically, attitudes change also, becoming nobler and spiritually truer. **Soothe the troubled brow by turning to that inner-awareness sphere toward spiritual enlightenment—the rewards of meditation are great!!!!**

* * *



Miracles

Tess was a precocious eight-year-old when she heard her Mom and Dad talking about her little brother, Andrew. All she knew was that he was very sick and they were completely out of money. They were moving to an apartment complex next month because Daddy didn't have the money for the doctor's bills and our house.

Only a very costly surgery could save him now and it was looking like there was no one to loan them the money. She heard Daddy say to her tearful Mother with whispered desperation, "Only a miracle can save him now."

Tess went to her bedroom and pulled a glass jelly jar from its hiding place in the closet. She poured all the change out on the floor and counted it carefully. Three times, even. The total had to be exactly perfect. No chance here for mistakes. Carefully placing the coins back in the jar and twisting on the cap, she slipped out the back door and made her way six blocks to Rexall's Drug Store with the big red Indian Chief sign above the door.

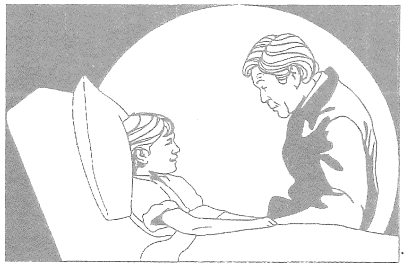
She waited patiently for the pharmacist to give her some attention, but he was too busy at this moment. Tess twisted her feet to make a scuffing noise.

Nothing.

She cleared her throat with the most disgusting sound she could muster.

No good.

Finally, she took a quarter form her jar and banged it on the glass counter. That did it!



"And what do you want?" the pharmacist asked in an annoyed tone of voice. "I'm talking to my brother from Chicago whom I haven't seen in ages," he said without waiting for a reply to his question.

"Well, I want to talk to you about my brother," Tess answered back in the same annoyed tone. "He's really, really sick...and I want to buy a miracle."

"I beg your pardon?" said the pharmacist.

"His name is Andrew and he has something bad growing inside his head and my Daddy says only a miracle can save him now. So how much does a miracle cost?"

"We don't sell miracles here, little girl. I'm sorry, but I can't help you." the pharmacist said, softening a little.

"Listen, I have the money to pay for it. If it isn't enough, I will get the rest. Just tell me how much it costs."

The pharmacist's brother was a well dressed man. He stooped down and asked the little girl, "What kind of a miracle does your brother need?"

"I don't know," Tess replied with her eyes welling up. "I just know he's really sick and Mommy says he needs an operation. But my Daddy can't pay for it, so I want to use my money."

"How much do you have?" asked the man from Chicago.

"One dollar and eleven cents," Tess answered barely audibly. "And it's all the money I have, but I can get some more if I need to.

"Well, what a coincidence," smiled the man. "A dollar and eleven cents is the exact price of a miracle for little brothers."

He took her money in one hand and with the other hand he grasped her mitten and said, "Take me to where you live. I want to see your brother and meet your parents. Let's see if I have the kind of miracle you need."

That well dressed man was Dr. Carlton Armstrong, a surgeon, specializing in neuro-surgery. The operation was completed without charge and it wasn't long until Andrew was home again and doing well. Mom and Dad were happily talking about the chain of events that had led them to this place. "That surgery," her Mom whispered, "was a real miracle. I wonder how much it would have cost?"

Tess smiled. She knew exactly how much a miracle costs...one dollar and eleven cents...plus the faith of a little child.

A miracle is not the suspension of Natural Law, but the operation of a Higher Law...(A TRUE STORY) ✱

Foot Prints In The Sand

BY JERRY LINDBERG, Arizona

A song, *You'll Never Walk Alone*, has been in my mind constantly for the last two weeks. I know that the song is there to let me know, that during troubled times, God will always be with you.

Most people have heard the story, *The Footprints In The Sand*. This story is to teach us about:

- **God's Love** and knowing that spirit is always there,
- **Believing** in what we can't see,
- **Trusting** in a higher power,
- **Healing** and **spiritual growth** in your life,
- **Knowledge** of eternal life.

Wow! That's a lot to get out of one little story. Yet, the story is important and has touched many lives.

Footprints In The Sand

One night a man had a dream. He dreamed he was walking along the beach with the Lord. Across the sky flashed scenes from his life. For each scene, he noticed two sets of footprints in the sand; one belonged to him and the other to the Lord.

When the last scene of his life flashed before him, he looked back at the footprints in the sand. He noticed that many things along the path of his life there was only one set of footprints. He also noticed that it happened at the very lowest and saddest times in his life.

This really bothered him and he questioned the Lord about it. "Lord, you said that once I decided to follow you, you'd walk with me all the way. But I have noticed that during the most troublesome times in my life, there is only one set of footprints, I don't understand why, when I needed you most, you would leave me."

The Lord replied, "My precious child, I love you and I would never leave you. During your times of trial and suffering, when you see only one set of footprints, it was then that I carried you." (Author Unknown)

We need to slow down from our fast paced life, that we live in today, and search within for the meaningfulness in our lives. Nature is perfect. We are always at the right age.

Some of us have a hard time growing up both spiritually and physically. Just know that each age has its own unique experiences. *Youth* is a time for exploring and growth. *Mid-life* is a good time to take a physical, mental, and spiritual self-examination. It is the time that we need to focus on spiritual priorities rather than outward appearances. *Senior* years are a time for reflections and thanksgiving for all the



blessings we have received.

Now is the time to move forward and to find a deeper meaning to our lives. Don't stop what you are doing. Just take a good look at your activities to see if they are what you really want, and if they are helping you to appreciate yourself and the world around you. Our souls don't age. We are now and always will be, the same, real, ageless beings, throughout all time.

When we pass from the material plane, it does not matter what we physically look like, but how much we have grown as a spiritual person. The things that matter are the goodness in our heart, and the love we have given others. You can tell by looking into a person's eyes. The only things you take with you are your memories and the love in your heart for yourself and others you have known.

It is helpful to make a list of all things we want to do in the rest of our lives; such as, learning a foreign language, spending time with your friends or family, volunteering, taking dance lessons, learning how to use the computer, reading a favorite book, or attending Spiritual, Meditation or Mediumship classes. Keep this list and refer to it often. Let it be your guidepost for growth and for spiritual development.

If you do not belong to a spiritual group, you may want to join one, or attend a spiritual retreat, try shutting off the TV, taking a walk; take time to meditate; reach inward to your very soul; seek out solutions and take time to listen to the silence. This is the way to get in touch with your true feelings. Listen to your intuition to evaluate your life and then make the changes that will bring you more peace, contentment, and pleasure.

If people in your life have been less than positive in some way, let them go with love. Try to practice tolerance and forgiveness; to use your creative energies to improve yourself and to contribute to others. You know that the secret to a successful life cannot be found in money or possessions, but only in love for yourself and for others, and by having compassion for all living things.

In order to move forward and to connect to your true self, you will have to change your negative attitudes about life into positive ones of joy and happiness. Here are twelve

(Continued on next page.)

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affirmations to help you gain inspiration and enlightenment in your life:

1. I know that Love never dies.
2. I am more loving every day than I was the day before.
3. Tears are cleansing the hurt and opening my heart to a happier future.
4. Today's losses are tomorrow's gains.
5. I value every moment with the ones I love, and I let them know what's in my heart.
6. Every thought is creating my future. You are what you think.
7. Earth is a schoolroom, and we are the students. We all take different courses and graduate at different times.
8. I can not control the Universe, but I can control myself.
9. Instead of judging myself or someone else, I think loving thoughts.
10. I will give without any expectation in return.
11. I accept love as the healing power in my life.
12. I trust the presence of the Living Spirit in all life's situations.

We are on the verge of a great spiritual awakening which will open our eyes and hearts to the real truth of God's love and eternal life.



WHISPERS

The man whispered, "God speak to me" and a meadowlark song; but, the man did not hear. So the man yelled "God speak to me" and the thunder rolled across the sky; but, the man did not listen. The man looked around and said "God let me see you" and a star shined brightly; but, the man did not see. And, the man shouted again, "God show me a miracle" and a life was born; but, the man did not notice. So, the man cried out in despair, "Touch me God, and let me know you are here," whereupon, God reached down and touched the man; but, the man brushed the butterfly away and walked on. Don't miss out on a blessing just because it isn't packaged the way you expect it.

(Author Unknown)

Grace is God's gift of unconditional love. We don't have to earn God's love by doing good deeds or by always knowing the proper action to take in every circumstance. God's gift of grace is given because God loves us unconditionally.

Our seeming faults are of no lasting importance, because God loves us, just as we are and without any limits. Shortcomings have been erased by a grace that says "I am accepted by my Creator even as I am learning and strengthening my character."

No matter how many years and ways we feel we have failed or not measured up, no matter how many wrong turns we believe we have taken, God still loves us. Have faith in the divine promise that assures you that God's precious gift of love is yours always.

"By grace you have been saved through faith, and this is not your own doing; it is the gift of God." (Ephesians 2:8)

The message is that God (Infinite Intelligence, Lord, Jehovah, Allah, Buddha, or whomever you believe in) is always with you no matter what is happening, at any moment, in your life. God will carry you when your knees are so weak that you can not stand. God is with you when you do wrong and when you make amends. Spirit is also with you when you are doing good, and doing God's work. The Source knows when you love and when you forgive. God is not judgmental and only gives you unconditional love, always and forever. All you have to do is just believe and trust the Universal Power.

Let Us Pray. "Dear God, Infinite Intelligence, we thank you for being with us all through our lives. Thank you for carrying us when we are too tired and too weak to walk. Please send us help through our angels and guides to direct us along our individual paths so that we may accomplish our tasks here on the Earth Plane. We know that there are times that are very difficult, but don't let us forget who we are and that you are always there with us. Teach us to love unconditionally. Send healing to all of us right now. Thank you, God. Bless us with understanding and knowledge to travel on our path. Amen."

Remember to pray to Infinite Intelligence every day, for you are God's beloved child. Spirit knows every thought, every prayer. When you need something, ask and be patient. The Universe will provide for you, in God's time and according to Law. When you are hurting physically, emotionally or spiritually, all you need to do is ask for help to heal you, to take care of you, to bless you, for God is there for you.

Words are like windows to the heart. *Sorrow* only looks back, *Worry* just looks around, but *Faith* looks up. Know that God is always with you and loves you. May GOD bless all of you.

* * *

Science, Philosophy, Religion...

BY JOHN E. ROTHAMEL, JR., LM, NST, Maryland

Spiritualism is more than what you witness on Sundays. Spiritualism is more than what you hear in an Evening Development Class. Spiritualism is more than the ideas exchanged after services or in our last Sunday of the month Open Forum Discussion. Spiritualism is a great deal more than messages.

The definition of Spiritualism as adopted by the National Spiritualist Association of Churches is: "Spiritualism is the Science, Philosophy and Religion of continuous life, based upon the demonstrated fact of communication, by means of mediumship, with those who live in the Spirit World."

What does this mean? Spiritualism is a way of living, a way of thinking, a way of relating to the world—indeed the universes of activity, of life, that incorporates us and surrounds us. This relationship is based upon an understanding of spirituality; spirituality that is based upon Natural Law.

The continuity of life of Spiritualism includes not only life after death, but more importantly, life here and now. We must make sure that we do not get caught up in the misconception that the continuity of life includes only the Spirit World, after all, it is here and now that our minds, our personalities, our consciousness are focused. It is this world, at the present, that we must navigate using as our compass, Natural Law and as our stars, the light of Spirit in our lives.

There are some who stop their voyage of discovery at a primitive level of understanding of Spiritualism. They get "hooked" on messages and go no further. These individuals say "Spiritualists talk to the dead," and honestly believe that to be an all-encompassing understanding.

There are those who call themselves spiritual beings, much less Spiritualists, yet continue to deal in the destructive and damaging activities such as gossip, jealousy, slander, fear and worst of all, ignorance.

True spirituality is willing to look beyond your own wishes, your own desires; knowing that these can taint a truer understanding; and make every effort to not only look for the greater good, but to exemplify that greater good.



True spirituality understands the Natural Laws and that ignorance cannot survive long when placed into the scheme of the universe. Ignorance of the Law is no excuse. Natural Law cannot and will not be ignored; only your understanding of the events that occur in your life will be limited by living in ignorance.

True spirituality, Spiritualism, understands the constant effort that is required on the path from a life of ignorance toward a path of understanding.

Spiritualism is a trilogy of understanding and of spiritual balance; it is a Science, Philosophy, and Religion.

Spiritualism is a Science because it investigates, analyzes and classifies facts and manifestations demonstrated from the spirit side of life. The Science of Spiritualism makes every effort to impartially investigate the phenomenon of Spirit. The phenomenon of Spirit includes not only spirit manifestation, but the manifestations of our own Spirit natures. It studies the realms of the psychic and medium; the events of supposed Supernatural events; and the unfoldment of understanding as to how Spirit events are possible.

Spiritualism is a Philosophy because it studies the Laws of Nature, both on the seen and unseen sides of life, and bases its conclusions upon present observed facts. It accepts statements of observed facts of past ages and conclusions drawn there from, when sustained by reason and by results of observed facts of the present day.

Spiritualism frees the mind and senses of humanity from the limitations of dogma and creed. It uses that newfound freedom of thought to cast light upon and to explore ideas that were previously held as sacred and unquestionable truths. It frees our minds to theorize in thought and to explore in fact while utilizing the totality of human endeavor. The

(Continued on next page.)



FAVORITE SAYINGS TO LIVE BY



"Healing takes place not by resisting an evil, but by revealing a truth."

– Walter Starcke

"There is a perfect pattern of life within and healing is the revealing of that pattern.

– Rev. Dr. Mary Tumpkin

"Life does the healing. Life seems to somehow know what to do. It is when I interfere with that process and I think I know what to do that I complicate things."

– Mitchell May

"The first step to wisdom is silence; the second is listening."

– Anonymous

"If you have Joy in your heart, it will be known by the look on your face.

– From a Calendar

SCIENCE, PHILOSOPHY, RELIGION...

(Continued from previous page.)

Philosophy of Spiritualism is that no idea or long held belief is beyond investigation and re-examination.

The Philosophy of Spiritualism removes the veil of ignorant mysticism, and human made attempts to control, that has shrouded the knowledge of spirit manifestations and true spirituality. It places before us an understanding of our true spiritual nature, of Natural Law, and of the continuity of life untethered by doctrine, scripture and ignorance.

Spiritualism is a Religion because it strives to understand and to comply with the Physical, Mental and Spiritual Laws of Nature, which are the Laws of God. Spiritualism combines the science of understanding and the freedom of philosophical thought together into that form which humanity calls religion. Spiritualism refers to religion as living in accord with Natural Law.

Interestingly enough, there are many who have lived in the past, are living now, and who will live in the future who may have never heard of the word Spiritualism, yet live the same life of voyage toward a harmony of spiritual thought and expression.

The Religion of Spiritualism is the way in which the freedoms of expression, thought, and understanding of the Science and the Philosophy of Spiritualism are packaged into a form of which humankind can relate.

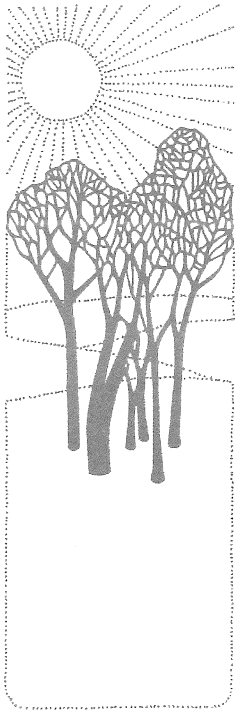
Through the Religion of Spiritualism, we can make contact with the vastness of the knowledge and understanding of its Science. Through the Religion of Spiritualism, we can make contact with the freedom of thought and expression of its Philosophy. Through the Religion of Spiritualism, we can truly express our own spiritual nature.

It is the continual endeavor toward a harmonial balance of understanding between these three aspects that defines a true seeker, true spirituality, a true Spiritualist. Science, Philosophy, Religion, a small portion of each is presented at our services, events and yes, even in our messages; but there is so much more to Spiritualism and to being a Spiritualist.

There is a lifetime of discovery, an eternity of harmonious existence within Natural Law, and an Infinite expanse in which to express your own spiritual nature.

Obtain your potential through exploring Spiritualism and yourself.

* * *



Positive Statements To Help Create a Positive Day.

Affirmations . . . APRIL 2002

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 A Spiritual Life is to: Love God, love self, love others.	**2** Sweet music lightens my spirit and restores harmony.	**3** Life creates Life. Love creates Love.	**4** "When left to herself, nature is in no particular hurry." – Van Loon	**5** Life depends on the quality of your will and your desire.	**6** I know my life is Divinely Guided.
7 "If you want to gain much you must lose much." – De La Vega	**8** I pray for others, others pray for me.	**9** "A shared joy is a double joy." – John Ray	**10** Create a harmonious space for harmony in your life.	**11** Thank you, Spirit, for my health and all my blessings.	**12** "I like life. It's something to do." – Sam Levinson	**13** Celebrate your family and friends.
14 God Bless our goals, our desires and our projects.	**15** "Diligence is the mother of good fortune." – Cervantes	**16** "The movement of life has its rest in its own music." – R. Tagore	**17** Whatever you do, give it your best effort.	**18** I try to live and love according to Divine Law.	**19** As I listen within, Spirit inspires me.	**20** Life is a magical journey of growing experiences.
21 There is wonder in each moment.	**22** "Love. That is the only good thing there is in life." – Virgil	**23** Silence between friends can say much.	**24** "Any man is only as good as what he loves." – Saul Bellow	**25** I expand my boundaries and try new things.	**26** "The measurement of a person is found in the heart." – Latin Proverb	**27** "If you don't have what you like, you must like what you have." – Anon
28 Prayer helps my dreams become reality.	**29** Each day I am touched by Spirit and guided.	**30** "The history of the world is the biography of all human things." – Carlyle				



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KLEINSCHMIDT, Albert C., Certified Medium, Comm. Healer, 1071 Wish Circle, 14052-9656 - (716) 652-4972.

FARMINGVILLE

LLOYD, Rev. Nancy A., NST, Certified Medium and Counselor (call or write for appointment); Mail: P.O. Box 7, 11738-0007 - (631) 736-1058.

HOLBROOK

BERG, Rev. Virginia, Pastor, A Sanctuary of Infinite Spirit, NSAC, 1280 Claas Ave., 11741-3902 - (631) 588-3150.

LILY DALE

BURDICK-CAREY, Rev. Beverly, Certified Medium, 13 3rd St.,P.O. Box 1087, 14752 - (716) 595-2205.

• NORTH CAROLINA •

HENDERSONVILLE

GRIFFITH, Rev. Gail, NST, 200 Crestview Dr., 28791 - (828) 891-1312, gailgriffith@juno.com.

• RHODE ISLAND •

State Wide

KENT, Lynn, Licentiate Minister, Certified Medium, table-tipping physical phenomena workshops, private consultations and home gatherings, public lectures/seminars, website: www.spiritmedium.com, email: lynnkent@spiritmedium.com - (401) 245-8307.

KENT, Brian, Licentiate Minister, Commissioned Spiritualist Healer, specializing in Spiritual healings, website; www.spiritualist.net, email: briankent@spiritmedium.com; 28 Third Street, Warren, 02885 - (401) 245-8307.

• OHIO •

FAIRBORN

MOSCHKE, Rev. Raymond J., Comm. Healer, 1468 Ironwood Dr., 45324 - (937) 878-1165.

• PENNSYLVANIA •

ALLENTOWN

ZERNICEK, Rev. Ludwig, NST, Pastor of Getter Memorial Church; mail: 323 N. 8 St., Apt. #3, 18102, email: rev_lance@entermail.net; (610) 770-7560.

• TEXAS •

AUSTIN

BROWN, Mrs. Frances Cervin, Licentiate Minister and Certified Medium, 2723 S. Congress, Apt. 2309, 78704 - (512) 447-2188.

HAMNER, Rev. Dr. Jean, NST, Certified Medium, Commissioned Healer, Angels of Light Pastor, P.O. Box 4001, TX 78765-4001 - (512) 836-8829. Private consultations by appointment, public lectures, classes and workshops.

BELLAIRE

JESSUP, Rev. Jovita V., NST, Comm. Healer, Certified Medium, 5213 Chestnut Lane, 77401 - (713) 664-0737.

EDINBURG

MUSE, Rev. Evelyn, Minister, Certified Medium, NST, 1104 Susan Dr., 78539 - (512) 383-2510.

DALLAS

HANSON, Arthur E., Licentiate Minister and Healer, Rosie Lee, Licentiate Minister, 4653 Cedar Tone Dr., 75211-7723.

• UTAH •

ST. GEORGE

SAVAGE, Virginia, Licentiate Minister, Certified Medium, 1444 Basswood Way, 84790, (801) 634-9467. Summers: Box 1064, Lily Dale, NY 14752 - (716) 595-3046. Phone reading available.

• VIRGINIA •

ALEXANDRIA

KRITHADES, Rev. Christine, NST, 8725 Stockton Pkwy., 22308 - (703) 799-4774.

ARLINGTON

BATES, Virginia E., Licentiate Minister, 2716 N. Lexington St., 22207 - (703) 538-5164.

NORFOLK

CUTLER, Rev. Lelia E., NST, 7310 Midfield St., 23505-4126 - (757) 480-3799.

SPRINGFIELD

GEHMAN, Rev. B. Anne, NST, Certified Medium, Comm. Healer, 5409 Backlick Woods Court, 22151 - (703) 354-5767.

VIENNA

STRANAHAN, Rev. Patricia, NST, 1717 Besley Rd., 22182 - (703) 242-8823.

• WASHINGTON •

BREMERTON

HICKS, Anne, Licentiate Minister of Church of Spiritual Unity, P.O. Box 4126 S. Colby, 98384 - (360) 876-9701.

SHAW, Maureen, Licentiate Minister of Church of Spiritual Unity, P.O. Box 4126 S. Colby, 98384 - (360) 876-9701.

SEATTLE

PEMBERTON, Rev. LaVerne, Ordained Minister of Church of Spiritual Unity, 3827 S. Mead, 98118 - (206) 722-2348.

• WEST VIRGINIA •

GREAT CACAPON

STARR, Rev. Barbara, NST, Comm. Healer, 4245 Woodmont Rd., 25422 - (304) 258-4861.

WHEELING

GASBER, Rev. Velma, 104 N. Broadway St., 26003, Pastor of Way Memorial Temple - (304) 232-5795.

• CANADA •

MONTREAL, QUEBEC

ROSSNER, Rev. Dr. Marilyn, Ph.D., Pres./Pastor, Spiritual Science Fellowship, 1974 de Maisonneuve W., H3H 1K5 - (514) 937-8359.

DIRECTORY OF NSAC CHARTERED CHURCHES & AUXILIARIES

• ARIZONA •

PHOENIX - Church of the Living Spirit, NSAC
Meeting place: LaQuinta Inn, 2510 W. Greenway Rd., 85023; Mailing address: 3521 W. Topeka, Glendale, 85308-2325; Co-Pastors, Rev. Gene & Rev. Sandra Pfortmiller, NST, (623) 581-5544; Sun. Serv. 10:30 a.m.; Tuesday Classes 7:30 p.m., call about location.

PHOENIX - Harmony Chapel, NSAC
1522 W. Encanto Blvd., 85007-1203.

• CALIFORNIA •

CALIFORNIA STATE SPIRITUALISTS' ASSOCIATION
Pres., Rev. Sandra Cook, (805) 965-4474; Secy., Evadell Sordelet, 5537 Whitney Ave., Carmichael, 95608, (916) 481-8729.

AUBURN - Spiritualist Chapel of the Pines
457 Grass Valley Hwy. #7; Mailing address: 461 Grass Valley Hwy., #19, 95603; Sun. Serv. 10:00 a.m.; Fri. All Message Serv. 7:00 p.m., except last Fri. of month; Pastor, Rev. Louis Potter; Pres., Pauline Conrad; Secy., Evadell Sordelet, (916) 481-8729.

MONROVIA - The Spiritualist Church of Revelation
200 W. Colorado Blvd., 91016; Sun. Services 10:30 a.m.; Pastor, Martin Pina; Pres., Mary Munerlyn; Secy., Rev. Toni Ervin; Church phone (626) 256-3403; E-Mail: Greenry@earthlink.net.

REDWOOD CITY - Redwood Church of Spiritual Science, NSAC
149 Clinton St., 94062-1515.

SACRAMENTO - Central Spiritualist Church, NSAC
2500 Marconi Ave., Suite 209, 95821-4855. Mailing Address: 4800 Auburn Folsom Rd., #63, Loomis, 95650-9328; Sun. Serv. 10:00 am.; Classes - first Tues. of the month 7:00 p.m., last Tues. of month Healing and All Message Serv. 7:00 p.m.; Pres., Denise E. Bell; Pastor and Secy., Rev. Sandra G. Dawson, NST., (916) 652-4568; e-mail: rdawson@jps.net.

SAN BERNARDINO - Temple of Spiritual Truth, NSAC
732 N. Sierra Way, 92402. Sun. Serv. & Healing 11:00 a.m.; Secy., Richard Patteson, 10939 Hole Ave., Riverside, 92505.

SAN FRANCISCO - The First Spiritual Temple, NSAC
672 South Van Ness Ave., 94110-1306 (between 17th & 18th); Sun. Serv., 2:00 p.m.; No weekday evening classes at this time; all correspondence to: Rev. Donald McFarland, Secy., 405 Sixth Ave. #3, 94118-3027.

SAN FRANCISCO - Golden Gate Spiritualist Church
1901 Franklin St. (Corner of Clay) 94109; Sunday, Lyceum 9:30 a.m., Sept. thru May; Healing 10:30 a.m., Devotional Serv. 11:00 a.m.; Wed. Healing 7:30 p.m., Serv. 8:00 p.m., (415) 885-9976; Pastor, Rev. Donald Haddick, NST; Pres., Sonny B. Gee; Secy., Engeltie Lauderback.

SAN FRANCISCO - San Francisco Spiritualist Society
1832 Buchanan (between Bush & Sutter); Church phone, (415) 927-2139; Sun. Serv., 6:00 p.m.; Pastor Rev. Barbara Thurman, (415) 924-1106; e-mail: sfspiritualist@yahoo.com; All mail to Secy., Rev. B. Thurman, 200 Marina Vista, Larkspur, 94939-2144.

SAN JOSE - The Spiritual Science of Life Church, NSAC
"The Friendly Church," 729 Morse Street, (Corner of Morse St. & Naglee), 95126; email: tssole@hotmail.com; Sun. Serv. 6:30 p.m., 2nd & 4th Sunday; Pastor Rev. Louise Peruch, NST; 5409 N. Staple Way, 95236, (209) 887-2043.

SAN LEANDRO - Spiritualist Church of Two Worlds
1550 San Leandro Blvd., (Deaf Comm. Center) 94577; Sun. Serv. Healing 10:30 a.m., Reg. Serv. 10:45 to 12:00; Co-Pastors, Rev.'s Betty and Don Nauratil, (925) 283-1449; Pres., Jean McFarlane, 816 Cary Dr., 94577, (510) 483-5630; All mail to Secy., Rev. Betty Nauratil, 1048 Via Roble, Lafayette, 94549-2925.

SANTA BARBARA - Summerland Spiritualist Church of The Comforter
1028 Garden St., 93101; (805) 965-4474; Pastor, Rev. Sandi Cook, NST, e-mail: guide01@gte.net; Sun. Healing Serv. 10:30 a.m., Devotional Serv. 11:00 a.m., Wed. Message Serv. 6:30 p.m., Unfoldment Classes Sunday, Monday 1:30 p.m., Thursday 7:30 p.m.; Call for information on the Rev. Foard Memorial Library.

• COLORADO •

LITTLETON - Chapel of Spiritual Awareness
Forte Music Academy of Music, The Market Place at Ken Caryl, 10143 W. Chatfield Ave., Suite 15, (303) 797-7227; Sun. Healing & Meditation Serv. 9:30 to 10:15; Worship Serv. 10:30 to 11:30; Spirit Greetings 11:30 to 12:00; Beginning Spiritual Awareness and Advanced Unfoldment Classes are offered; Licentiate Minister, Dorothy M. Haskins; Pastor, Patricia J. Haskins-Schott, (303) 973-9993; **All mail** to: 6457 S. Xenon St., 80127; Internet site: Go to www.spiritual-awareness.org.

• CONNECTICUT •

CONNECTICUT STATE SPIRITUALIST ASSOCIATION
Pres., Lynn Gaffin, 70 Dell Ave., B5, New London, 06320-3346; Secy., Verline Eldridge, 34 Starr St., Norwich, 06360.

NEW LONDON - New London Spiritualist Church
2 Moore Court, 06320; (860) 440-3150; Sun. Serv. 10:30 a.m., Thurs. All Message Service 7:30 p.m.; Pres., Rev. Lynn Gaffin, 70 Dell Ave., #B5, 06320; Secy., Constance A. White, 51 Riverview Ave., 06320; email: cwa@pocketmail.com.

NEWINGTON - The Church of The Infinite Spirit
Masonic Temple, 80 Walsh Ave., 06111; Sun. Serv. 10:30 – 12:00 on Sept. 9 & 23, Oct. 14 & 28, Nov. 11 & 25, Dec. 2, 16 & 30; Year 2002, Jan. 13 & 27, Feb. 10 & 24, Mar. 10, 24 & 31, Apr. 14 & 28, May 12 & 26, June 9 & 23; Closed July & August; Pastor, Allen Noddin, 174 Daley St., Forestville, 06010, (860) 582-7385; Licentiate Minister, Joyce Barlow, 183 Loomis Drive, Unit 101, West Hartford, 06107, (860) 561-1489; Pres., Mary Ann Noddin, 174 Daley St., Forestville, 06010, (860) 582-7385; Secy., Joan Wooster, 101 Leffingwell Ave., Waterbury, 06710, (203) 574-2017.

NIANTIC - Ladies Aid Society Camp at Pine Grove
June 16 - Sept. 11. Services, Sundays at 2:30, Tue., Thur., Sat. 7:30. For a program listing all Summer activities write to: Acting Secy. Susan Ferency, 12 Butlertown Rd., Waterford, 06385.

NORWICH - National Spiritualist Church of Norwich, Inc.
29 Park St. (off Main St.), 06360, (860) 886-8522; Secy., Sandra Morse.

OLD GREENWICH - Albertson Memorial Church Of Spiritualism
293 Sound Beach Ave., 06870; (203) 637-4615; Sun. Serv. 11:00 a.m., all welcome; Pastor, Rev. Melvin O. Smith.

WILLIMANTIC - The First Spiritualist Church of Willimantic
268 High St., 06226, (860) 423-5774; Sun. Serv. 10:30 a.m. Sept. thru May; service twice a month June, July, August. For more information, please call the church; Healing Service Thursdays at 7:30 p.m. Sept. thru May; in Summer a Healing Service is held on the Thursday after there has been a Sunday Service; Pastor, Joyce Orcutt, 133 Wales Rd., Andover, 06232, (860) 742-7846; Licentiate Minister, Clinton Cady, P.O. Box 67, 06226; Pres. & Secy., Renee Provost, P.O. Box 370190, W. Hartford, 06137.

• DISTRICT OF COLUMBIA •

WASHINGTON - The Church of Two Worlds
3038 "Q" St., N.W., 20007-3080, Phone (202) 333-5114; Web: TwoWorlds.Org; email: Info@TwoWorlds.Org; Sun., Healing 2:00 p.m., Serv. 2:30 p.m.; 3rd Wed.: Healing 7;30 p.m., Message Serv. 8:00 p.m.; Fri.: Unfoldment Class 7:30 p.m.; Pres., John E. Rothamel, Jr., LM, NST; Secy., Robyn A. K. Rothamel (410) 590-9187.

• FLORIDA •

ORLANDO - Spiritualist Church of Awareness, NSAC
3210 N. Chickasaw Trail (P.O. Box 571043, 32857-1043), (407) 678-3688 Please leave message; Sun. Adult Lyceum 10:00 a.m., Sun. Serv. 10:30; Wed. Serv. 7:30 p.m.; Healing, Lecture, Messages at all services; Co-Pastor and Pres., Rev. Jean Kerr Lerch, NST, 335 Piney Ridge Rd., Casselberry, 32707-3805, (407) 834-5378; Co-Pastor and Treas., Rev. E. Ann Otzelberger, NST, (407) 826-0807; Secy., Stacy K. Davis, 10509 Jepson St., 32825-6606, (407) 658-7624.

• ILLINOIS •

ILLINOIS STATE SPIRITUALIST ASSOCIATION OF CHURCHES
Secy., Rik Kristinat, 920 N. Franklin St., Ste. 205, Chicago, 60610.

BURNHAM - Puritan Spiritualist Church, NSAC
13906 Greenbay Ave., 60633-1614; Sun. Serv. 2:30 p.m.; Pastor, Anna Gross, 10930 Ave. "M", Chicago, 60617-6929; Secy., Rozanne Langreder, 3344 E. 186th St., Lansing, 60438, (708) 418-5157.

CHERRY VALLEY - Cherry Valley Spiritualist Camp, Inc.
8002 Service Rd., 61016, (815) 332-5359; Camp Season: June thru Sept., Nov. thru May; Serv.: First Sun. of each month at 1:00 p.m.; Pres., Arsenia Williams; Secy., Richard Taylor.

CHERRY VALLEY - Christabelle Spiritualist Church
8002 Service Rd., 61016; Healing Serv. each Sun. 10:30 a.m. followed by Worship Service at 11:00 a.m. at Cherry Valley Spiritualist Church. Serv. every Sun., Mid-October thru May; Pres. Kenneth Boesen, (815) 626-5716; Secy., Martha Witt, 1204 Game Farm Rd., Yorkville, 60560-1141, (630) 553-2517.

CHICAGO - The Church of The Spirit
2651 N. Central Park Ave., 60647-1101, (773) 489-5422; Chicago's Oldest Spiritualist Church; Sunday Family Worship - Healing 10:00 a.m., Worship Serv., 10:30 a.m.; Worship/Message Serv., Wed. 7:00 p.m., Development Class 8:00 p.m.; Pastor, Ms. Marrice Coverson; Secy., Dr. Alan Tenczar.

CHICAGO - Spiritualist Church of Truth
6343 West Cuyler (1/2 block north of Irving Pk.) 60634; Serv. 2:45 p.m., Healing, Lecture, Messages every Sunday; Pastor & Pres., Rev. Florence Heyward; Secy., Judith Galar, 4050 N. Oriole Ave., Norridge, 60706-1117, (708) 452-8754.

CHICAGO - Tucker Smith Washington Spiritualist Temple
6146 S. Ashland Ave., 60636, (312) 436-0366.

LE ROY - J. T. & E. J. Crumbaugh Spiritualist Church
102 S. Pearl St., 61752-0174, (309) 962-9076 (leave message); Lyceum 1:00 p.m., Healing/Meditation 2:00 p.m., Devotional/messages 2:30 every Sunday; Pres., Michelle Meadows, (309) 663-5576; website: www.crumbaughchurch.org.

• INDIANA •

INDIANA STATE ASSOCIATION OF SPIRITUAL SCIENCE, NSAC
Secy., Hertha Comstock, 1221 E. California Rd. #214, Fort Wayne, 46825-6106, (260) 373-2843; Pres., Rev. Jessie James, (219) 885-0091.

GARY - First Spiritualist Church, Inc., NSAC
2430 W. 11th Ave.; Serv. Sun. 3:00 p.m.; Pastor & Pres., Rev. Jesse James, Jr., 1301 Pennsylvania St., 46407; Secy., Angeletta Banks; Unfoldment Classes 1st & 2nd Sat. of each month, 1:00 to 4:00 p.m., Lyceum Sun. 3:00 p.m., Jacqueline Crooms and Donna Emery.

INDIANAPOLIS - New Dawn Spirit of Light Church, Inc., NSAC
3637 W. 10th St., 46222-3376; Sun. Serv: 11:00 a.m. Healing - 11:30 a.m. Worship and Message Serv. - Kids Time 11:00-11:30 a.m.; Wed. 7:00 p.m. Development class; Every 5th Sunday All Message Service, covered dish dinner; Secy., Marilyn Smith, (317) 291-9550; Pres. & Lic. Minister, Mildred Schlagel, (317) 291-0799.

MICHIGAN CITY - Spiritual Science Church, NSAC, Inc.
314 W. Coolspring Ave., 46360, (219) 874-6002; Sun. Serv. 11:00 a.m.; Pastor & Pres., Rev. Ruth Novak, (219) 872-6621; Asst. Pastor, R. Bianchi, L.M.; All corresp. to Rev. Ruth Novak, 7008 W. U.S. 20W #7, 46360; Secy., Victoria Coar, (708) 889-1678.

• IOWA •

CLINTON - First Spiritualist Church
5416 - 6th Ave. So., P.O. Box 123, 52732-0123, (319) 243-3233.

CLINTON - Mississippi Valley Spiritualist Assoc. Camp
P.O. Box 75, 52733-0075; 2002 Camp Season, 7-6-02 thru 8-18-02; Rev. Bonnie Horstman, Secy., NST, (563) 242-8460.

CLINTON - Sunflower Spiritualist Church
10 Mt. Pleasant Park; Mail to: P.O. Box 6, 52733-0006; Sun. Serv. at 10:00 a.m.; Co-Pastors, Rev. Harvey and Rev. Bonnie Horstman, NST; Secy., Rev. Bonnie Horstman.

DAVENPORT - Spiritualist Harmony Church
1429 W. Seventh St., 52802-1212, (319) 324-9659; Sun. Healing Serv. 1:30 p.m.; Worship & Message Serv. 2:00 p.m.; Lyceum Classes available; (Closed during July and August.); Pastor, Rev. William E. Buchholz, 806 E. 13th St., 52803-4240, (319) 326-3201; Secy., Pat Peck.

• MAINE •

MAINE STATE SPIRITUALIST ASSOCIATION OF CHURCHES
Pres., Graham Connolly, 66 Martin Heights, Raymond, 04071, (207) 655-6673; Secy., Betty Simpson, 715 Newburgh Rd., Hermon, 04401, (207) 848-2273; Treas., Jeanne Bower, 159 Northport Ave., Belfast, 04915, (207) 338-1355.

AUGUSTA - Augusta Spiritualist Church
P.O. Box 2492, 04338; Pastor, Earl L. Wallace; Secy., Patricia A. Wallace, 124 Spring St., Gardiner, 04345, (207) 582-6745; Sun. Serv. 10:30 a.m.; Thurs. Awareness Class 7:00 p.m.

BANGOR - The Harrison D. Barrett Memorial Church, NSAC
114-118 Harlow St., (under Tesoro Restaurant); Sun. Serv. 10:00 a.m.; Secy., Betty Simpson, 715 Newburgh Rd., Hermon, 04401, (207) 848-2273, e-mail address is simpsonb@hermon.net. Church services may be canceled for the summer months or inclement weather. Please call the secy. for more information.

HARTFORD - Pinpoint of Light Spiritualist Camp
Mail address: R1, Box 91, Canton, 04221; Open July and August - Service, Seminars and Classes; Secy. Virginia Norris, LM, CH; Pastor, Rev. Rupert Sigurdsson, NST. For information, Phone and Fax (207) 597-2600; E-Mail: rupert@megalink.net.

HARTFORD - Pinpoint of Light Spiritualist Center
Mail address: R1, Box 91, Canton, 04221; Sun. Serv. 11:00 a.m.-12:30 p.m., followed by a potluck lunch; Classes Wed. 7:00-9:00 p.m.; Secy., Virginia Norris, LM, CH; Pastor, Rev. Rupert Sigurdsson, NST; For information, phone (207) 597-2600, E-Mail - rupert@megalink.net.

MADISON - Madison Spiritualist Camp
Located at Lakewood Village, Rt. 201, six miles north of Skowhegan, ME. We meet July 10th through August 11. Schedule to be announced. For information, contact President John Davidson, 74 Central Ave., Waterville, 04901, phone (207) 877-2204; e-mail jdavidson@panax.com. There are no accommodations for the general public for rooms, camping, or meals. There are plenty of locations in the surrounding area.

NORTHPORT - Temple Heights Spiritual Camp Assoc.
Shore Road, Northport on Penobscot Bay; Camp session is from mid-June through the Sunday after Labor Day. A different featured medium each week. Church services at 2:30 p.m. and 7:30 p.m. Tues., Thurs. and Fri.; Sun. Pot Luck 5:00 p.m.; class Mon. at 7:30 p.m.; Message Circles Wed and Sat. at 7:30 p.m.; Workshops/seminars Saturday. Accommodations with kitchen privileges available; for a program or information, call (207) 338-3029 (Apr.-Oct.) then (207) 338-4690, or P.O. Box 311, Lincolnville, 04849-0031; Pres., Pam Strickland, P.O. Box 93, Owl's Head, 04854, (207) 594-9038, e-mail: pstone48@aol.com; Secy., Patricia Wallace, 124 Spring St., Gardiner, 04345, e-mail: PMICH619@aol.com.

NORTHPORT - Temple Heights Spiritualist Church
Shore Road, Northport; Services 2:30 p.m. Sundays at Temple Heights Spiritual Camp from May to October and at Excelsior Lodge on the Shore Road, Saturday Cove, Northport from Nov. to April; (207) 338-3029; Pres, Jean E. Bower, 159 Northport Ave., Belfast, 04915, (207) 338-1355; Secy., Carol A. Fricke.

PORTLAND AREA - Portland Spiritualist Church
719 Main St., (Unitarian Universalist Church), Westbrook; Mailing Address: P.O. Box 6551 PTS, 04102; Sun. Serv. 6:30 p.m.; Fri. Class 7:30 p.m.; Pres., Graham Connolly, (207) 655-6673.

• MASSACHUSETTS •

MEDFORD - Medford Spiritualist Church, NSAC, Chapel of Peace
Sunday Services held at the Unitarian Universalist Church, 147 High St.; Services at 5:00 p.m., Healing Lecture and Messages; Summer Services run from June to end of August: Held on Tues. Evenings at 7:30 p.m.; For Info. call Acting Pastor/Treas., Sandra Millen, 103 Columbus Ave., Salem, 01970, (978) 744-0546.

ONSET - On-I-Set Wigwam Co-Workers Spiritualist Camp
Season opens June 9th till Labor Day weekend; Camp phone (860) 439-1395; Sun. Serv. 2:30 p.m.; Wed. Open Class 6 p.m. & Service 7:30 p.m.; Mediums Day's - Message Circles - Workshops/Seminars scheduled; Secy., Rev. Susan Ferency, 12 Butlertown Rd., Waterford, CT 06320, (860) 439-1395. Prior to season call or write for a full program.

SALEM - First Spiritualist Church of Salem
34 Warren St., 01970; Sun. Early Serv. 5:30-6:00 p.m.; Lunch break 6:00-6:30 p.m., Healing & Evening Serv. 6:30-8:00 p.m.; Telephone for weather cancellations, (978) 745-2098; Church season is Sun. after Labor Day - June; Pres., Bradley Gosselin, 147 Sylvan St., Danvers, 01923 - (978) 774-1571, e-mail: BGoss92409@aol.com; Secy., Nancy L. Karolides, 144 Boston St., Middleton, 01949, (978) 774-4048.

REHOBOTH - First Spiritualist Church of Brockton, Inc., NSAC
Services held at Agawam Grange Hall, Junction of Routes 44 & 118, (12 min. from Providence, RI); All mail: Linda Kent, Secy., P.O. Box 206, Swansea, 02777-0206; Healing—Devotional Service—Spirit Messages; Services Sun. 10:30 a.m.; Unfoldment Classes Sept. through May; Mediums', Special Classes, and Seminars. Please consult the Web at www.fscbrockton.homestead.com; e-mail: lynnkent@spiritmedium.com, or Toll Free: 877-568-7315.

SPRINGFIELD - The First Spiritualist Church of Springfield, Inc.
33-37 Bliss St., 01105, (413) 732-1234; Worship Serv., 2nd Sun. after Labor Day until last Sun. in June at 10:30 a.m.; Development classes Wed. at 7:00 p.m.; Pastor, Rev. John F. Sullivan, P.O. Box 392, Worthington, 01098 - (413) 238-4495, e-mail: jsulli1942@aol.com; Pres., Tom Ruelke; e-mail: bigrock@adam.cheshire.net; Church web-site can be found at www.masslive.com at the community link.

• MICHIGAN •

MICHIGAN STATE SPIRITUALIST ASSOC. OF CHURCHES
Pres., Marcia Hyatt, 4161 Buckingham, Detroit, 48224-3538; Secy., Marjorie Elaine Weichner, 8022 W. Chain Lake Rd., P.O. Box 89, South Branch, 48761-0089, (989) 257-4133.

CHARLEVOIX - The Golden Rule Spiritualist Church
07444 Old US 31 North, 49720-9422, (231) 347-9601 or (231) 347-7916; Sun. Serv. 10:00 a.m., April thru June, and Sept. thru Nov. - we may have services in the colder months, but please call ahead to confirm. (No "church" services during July and August because our "camp" operates in the same location.) Located halfway between Petroskey and Charlevoix. Turn on Murray Road and immediately turn right on Old 31 N - go 8 tenths of a mile on the left; Pastor, Rev. Cosie Allen, NST; Website: www.churchseek.net/church/goldenrule.

CHARLEVOIX - Northern Lake Michigan Spiritualist Camp
Please see Golden Rule Spiritualist Church listing for contact information,

driving directions, and website address: Open July and August for Sunday services at 10:00 a.m. and Wednesday services at 7:30 p.m.; Potluck follows Sunday service and bonfire with snacks follows Wednesday service; Classes, circles and readings/private consultations available. Pastor, Rev. Cosie Allen, NST.

FERNDALE - First Spiritualist Temple of Detroit
2724 Goodrich, 48220; Sun. Serv. 8:00 a.m.; Secy., Diane Smith.

LESLIE - Flower Memorial Spiritualist Church
West Bellevue at High St.; Sun. Lyceum 11:00 a.m., Church Serv. 10:45 a.m.; Pres., Dennis Goddard; Secy., Coleen Goddard, 6818 Kingdon, Halt, 48842-2108, (517) 694-8107.

OXFORD - Spirit of Harmony Chapel, NSAC
340 North Lapeer Rd., 48371; (810) 814-9172.

ROYAL OAK - First Spiritual Temple
3224 Greenfield Rd. (1 1/2 blocks So. of 13 Mile), 48073-6534; Sun. Serv. 10:00 a.m. & 7:00 p.m.; Pastor, Rev. Marguerite Gutt, NST, (248) 548-2240.

SOUTH BRANCH - Chain Lake Spiritualist Camp Association
8000 W. Chain Lake Rd., 48761-0089; Sun. Serv. 11:00 a.m., June 4, 2002 through Sept. 1, 2002; Annual Retreat July 7-12, 2002; Lyceum Dir., Dawn Hyatt; Pres., Donald Weichner, 8022 W. Chain Lake Rd., P.O. Box 89, 48761-0089; Secy., M. Elaine Weichner, 8022 W. Chain Lake Rd., P.O. Box 89, 48761-0089, (989) 257-4133.

• MINNESOTA •

MINNEAPOLIS - Second Spiritualist Church
2230 Lyndale Ave. N.; Sun. Serv. 10:30 a.m.; Secy's., Chrissy & Melanie; Pres., Beth, P.O. Box 6115, 55406, (612) 529-0781.

MINNEAPOLIS - Spirit of Life Spiritualist Church
Services at Lake Harriet Comm. Church at 4401 Upton Ave. S., 55410.

ROCHESTER - Third Spirit of Life Spiritualist Church
Services Mon., 7:00 p.m., 21st Century Building, 2130 S. Broadway, Ste. 170; Pastors, Rev. Joyce E. Young, NST, and Rev. John E. Young, NST; Secy., (507) 775-6358; Mailing address, P.O. Box 7312, 55903.

ST. PAUL - Spiritual Science Church
411 Main St., 55102; Sun. Serv. 10:00 a.m.; Pres., Joan LeDuc, 2169 Scheffer Ave., 55116, (612) 255-4609 (church) or (612) 699-4858 (home); Secy., Maureen Florés, c/o 2169 Scheffer Ave., 55116-1255.

• MISSOURI •

ST. LOUIS - Fifth Spiritualist Church
6026 S. Kingshighway Blvd., 63109-3558; Sun. Serv. 10:30 a.m.; Healing, Meditation & All Message Service, 1st Wed. of the month at 7:00 p.m.; Student Minister/Pastor, Toye E. Stinson, 566 Old Highway 100, Villa Ridge, 63089, (636) 451-2838; Secy., Lisbeth Tintera, 6025 S. Kings Highway Blvd., 63109-3558, Home Phone (314) 845-3492.

• NEBRASKA •

OMAHA - Spiritual Science & Philosophy Church, NSAC
321 Hascall St., 68108-2121; Sun. Serv. 11:00 a.m.; Sunday Philosophy Class Noon when scheduled; Pastor & Secy., Alace Jayne Fanslau, 321 Hascall St., 68108-2121, (402) 345-0101.

• NEVADA •

LAS VEGAS - Spiritualist Desert Church, NSAC
953 E. Sahara Ave., Commercial Arts Bldg. #D-12, 89104; Mailing address: Box 82134, 89180-2134; Tel. or Fax (702) 257-7506; Sunday Serv. 11:00 a.m. & 7:00 p.m.; Healing & Meditation Serv. Wed. 7:00 p.m.; Classes available; Pastor, Rev. Catherine Stewart, NST; Secy., Marcia Forkas.

• NEW HAMPSHIRE •

SALEM - The Church of Spiritual Life, Inc.
Masonic Hall, 109 Main St., Rt. 97; Mailing address: P.O. Box 144, 03079; Year Round Services; Regular Sunday Service 10:30 a.m.; Wed. classes p.m.; Call Pastor, Rev. Kenneth Wingood, (978) 454-4163; Secy., Mary Lou Baumhoff, (603) 898-8854; http://www.NHSpiritualist.homestead.com.

• NEW JERSEY •

MERCHANTVILLE - Stow Memorial Foundation
Robert Egby, P.O. Box 339, Westville, 08093.

WESTVILLE - Church of Eternal Life
243 W. Olive & Folsom Sts., 08093; Sun. Healing Serv. 11:00 a.m.; Worship & Message Service 11:30 a.m.; Telephone for weather cancellations (856) 456-2196; Pastor, Lillian Joyce, 400 McCort St., RR #4, Berlin, 08009, (856) 767-1651, e-mail lil@netzero.net; Pres., Edith Pedrick, 123 E. Oakland Ave., Oaklyn, 08107, (856) 854-4317; Secy., Kathleen M. Pollack, 1762 Crown Pt. Rd. #537-A, Thorofare, 08086, (856) 848-7053.

• NEW YORK •

ALBANY - Capital District Spiritualist Center
c/o Robinson, 106 Lorraine Ave., Schenectady, 12304.

CLIFTON PARK - Spiritualist Open Center
Pastor, Rev. Hillary Kramer, NST, 15 Huntwood Dr., 12065, (518) 371-8975.

EAST AURORA - First Spiritualist Temple
29 Temple Pl., 14052, (716) 652-5018; Sun. Healing Service 10:30 a.m.; Lecture and Message Service 11:00 a.m.; Social Hour 12:15 p.m.; Dinner Day 3rd Sun. of month followed by Circles or All Message Service; Secy., Donna Azzarelli, (716) 691-3406.

LILY DALE - Lily Dale Assembly
5 Melrose Park, 14752, (716) 595-8721, Fax (716) 595-2442; Office Hours, Sept.-June, M-F, 10 a.m.-2 p.m; June-Aug, M-F, 9 a.m.-4p.m., Sat. 9 a.m.-12 Noon, closed Sunday; Camp Season: Last Friday in June to day before Labor Day; contact Lillian F. Farnham, Secretary.

LILY DALE - Lily Dale Spiritualist Church
Sun. Serv. 10:30 a.m.; Healing & Message Serv. each Wed. 7:30 p.m.; Pres., Betty C. Schultz, (716) 595-3304; Secy., Sueanna Vollmar.

LONG ISLAND - A Sanctuary of Infinite Spirit, Inc., NSAC
Healing & Worship Service, Sun. 11:00 a.m. at the Smithtown Masonic Temple, 34 River Road, Smithtown, NY; Pastor, Rev. Virginia Berg, (631) 588-3150; Asst. Pastor, Rev. Nancy Lloyd, (631) 736-1058; Mailing address: 1280 Claas Ave., Holbrook, 11741-3902.

LONG ISLAND - Temple of Metaphysical Science, NSAC
15 Oak St., Patchogue, 11772; Sun. Serv.: Healing and Worship 11:00 a.m.; Pastor, Rev. Catherine Snell, NST; Asst. Pastor, Rev. Janet Travis, NST; Mailing address, Mr. Edward Freidlein, Corresponding Secy., P.O. Box 1150, West Babylon, 11704, e-mail: TMS@hoflink.com; http://www.TMS-Li.org.

ROCHESTER - Plymouth Spiritualist Church
Meets at Days Inn, 384 East Ave., Sun. Serv. 10:30 a.m.; Pres., Joanne Antinore; Pastor, Robin Higgins, (716) 227-6291; Mailing address: Secy., Kathy Manikowski, 1415 Creek Pointe, Farmington, 14425.

• OHIO •

OHIO STATE SPIRITUALIST ASSOCIATION
P.O. Box 5, Ashley, 43003.

ASHLEY - Ashley Spiritualist Camp Association
Wooley Park Drive, P.O. Box 277, 43003; Secy., Nikki DeWitt, (740) 747-3825, e-mail: www.members.Tripod.com/AshleyCamp.

ASHTABULA - First Spiritualist Church
4230 Main Ave.; Sun Serv., 2:00 p.m., Healing & Clairvoyance; **TELEPHONE FOR WEATHER CANCELLATIONS.** For information contact: Charles & Dorothy Benes, 8513 Creek Rd., Williamsfield, Ohio 44093; Phone: (440) 293-7056; or Sandra Cutlip, 4709 Fern Ave., Astabula, Ohio 44004; Phone: (440) 992-6085; Services are held starting with the 2nd Sunday in September and continue through the last Sunday in May. Church is not in session during June, July and August.

COLUMBUS - First Spiritualist Church of Linden
1751 Aberdeen Ave., 43211, (614) 263-1631; Pastor, Natalie Smith Blakeslee; website: http:www.loveandlight.com; e-mail: NATALIE@LOVEANDLIGHT.COM; e-mail or call for church program and list of classes and development circles.

COLUMBUS - Spiritualist Church of Spirit Revelation
1081 E. Weber Rd., 43211.

DAYTON - Spiritual Life Center, NSAC
611 Watervliet Ave., 45420, (937) 878-1165.

MARION - Memorial Spiritualist Church
667 Henry St., 43302-6137; (614) 387-8887.

• OKLAHOMA •

OKLAHOMA CITY - Central Spiritualist Church
2348 N.W. 36th St., Sun. Serv. 2:30 p.m.; Lyceum Sun. 1:00 p.m.; Pastor, Juanita Oyer; Pres., Charlotte Griffin, 1306 S.W. 38; Secy., Juanita R. Oyer, 6216 S.E. 10th St., 73110, (405) 732-7975.

• PENNSYLVANIA •

ALLENTOWN - Getter Memorial Church, NSAC
1123 Oak, 18102; e-mail: getter@entermail.net; Lyceum 9:30 a.m. with Sun. Service to follow at 10:00 a.m. including healing and message work; Pastor, Rev. Ludwig Zernicek, NST; e-mail: rev_lance@entermail.net, phone (610) 770-7560; Pres., Sharon George-Politz, C.M., (610) 434-3454; Secy., Susan Zernicek, e-mail: getter_sec@entermail.net. or phone (610) 770-7560.

McKEESPORT - First Spiritualist Church
809 Locust St., 15132, (412) 672-1272; Sun. Serv. 1:00 p.m., Healing, Lecture and Messages; Pres., Carol Perella, P.O. Box 1981, Pittsburgh, 15230-1981, (412) 461-7002; Vice Pres., Jim Rocky, (412) 381-7584, Ella Bryner, (412) 673-7880, Secy. Colleen Bambling, 125 Tuscola St., Pittsburgh, 15211, (412) 431-1838.

PHILADELPHIA - Second Spiritualist Church
423 S. Broad St., 19147, (215) 735-9630; Lyceum Sun. 4:30 p.m.; Healing and Worship Service 5:30 p.m.; Wed. all message, 7:45 p.m.; Pastor, John E. Faison, Sr.; Co-Pastor, Betty Hutt; Secy., Gladys M. Faison, 2118 N. Natrona St., 19121, (215) 232-9219.

• TEXAS •

AUSTIN - Angels of Light Spiritualist Church
9704 1/2 Chukar Circle, chapel walkway to the right. Devotional, healing & message service followed by adult lyceum 2nd and 4th Sundays at 2PM; Rev. Dr. Jean Hamner, Pastor, P.O. Box 4001, Austin, TX 78765-4001; (512) 836-8829.

AUSTIN - First Spiritualist Church
4200 Ave. "D", 78751, (512) 458-3987; Devotional, healing & message service every Sunday at 10:00 a.m.; Pres., Tom Denney; Corr. Secy., Beth P. Fitzherbert.

CAMERON - First Spiritualist Church
802 S. College Ave., P.O. Box 1152, 76520; Sun. Serv. 10:30 a.m.; Lunch 12:00; Second Service 1:00 p.m.; Third Sun. of each month; Pastors, Mrs. Frances Brown, Licentiate & Medium, 2723 S. Congress, Apt. #2311, Austin 78704, (512) 447-2188, and Rev. Evelyn Muse, NST, 1104 Susan Dr., Edinburg, 78539, (512) 383-2510; Secy.-Treas., Verna Hentz, 406 E. 7th St., (254) 697-3912.

DALLAS - Second Spiritualist Church, NSAC
13610 Midway Rd., Suite 212; Devotional, Healing and Message Serv., 2nd and fourth Sundays each month at 2:00 p.m.; Class/Circle following service at 4:00 p.m.; Pres., Ann Council, (972) 218-7220; Secy./Student Pastor, Robert Croteau, (972) 675-9080; Mail: 1318 Guildford St., Garland, 75040; e-mail: SSC@SSCNSAC.ORG; http://SSCNSAC.org.

HOUSTON - First Church Of Divine Science, NSAC
2115 Turner Dr., 77093; Mailing Addr.: P.O. Box 11088, 77293-1088; Pres., Rev. Jovita Garcia-Jessup; Rev. Marie W. Smith; Secy., Norma L. Freshour, 2280 Des Jardines, 77023-5118; Sun. Serv. 2:30 p.m.; Wed. open healing and meditation 7:30 p.m.; Messages from Spirit 8:00 p.m.; Fri. Spiritual Development 7:30 p.m., (713) 695-2550; e-mail: ITZNOWOO@aol.com.

HOUSTON - Church Of Divine Spirit
8010 Wier, #1, 77093-6138.

SAN ANTONIO - Louise Scholtz Memorial Chapel, NSAC
1627 Pan Am Express Way No.; Sun. Serv. 10:30 a.m. to 11:30 a.m.; Pastor, Garrett H. Scholtz; Treas., Elizabeth Dolyak, 19211 Sandyglen, 78240, (210) 641-6589.

TAYLOR - First Church of Psychic Science, NSAC
1300 W. 4th & Ferguson, P.O. Box 1113, 76574; (512) 251-5425.

• VIRGINIA •

FALLS CHURCH - Center for Spiritual Enlightenment, NSAC
222 No. Washington St., 22046 (at the Woman's Club), (703) 645-8060; Healing Service each Sunday 10:00 a.m., followed by Worship Service at 10:30 a.m., September through June; Pastor, Rev. B. Anne Gehman; Pres., Wayne Knoll; Secy., Rita O'Connor, 8334 Idylwood Rd., Vienna, 22182, (703) 204-2821; e-mail: finder@cais.com.

NORFOLK - The Memorial Spiritualist Church, NSAC
307 W. 37th St., 23508, (757) 622-5070; Service held on Sundays at 11:00 a.m. and 7:30 p.m.; Wed. at 7:30 p.m.; Healing available at 7:00 p.m. Sun. and Wed.; Pres., Fred H. Brown; Secy., Rev. Lelia E. Cutler, NST; Lyceum Director, Beth Yates.

• WASHINGTON •

DES MOINES - Church of Divine Grace, NSAC (www.DivineGrace.org)
Services held on Sunday at 6:00 p.m. at Des Moines Masonic Temple, 2208 S. 223rd St.; All Correspondence to: Allers, 1113 S.E. 323 St., Auburn, 98092, (206) 824-7454; e-mail: Info@divinegrace.org.; Pres., Bernie Allers; Secy., Lezlie Deuchress.

MILTON - Camp Edgewood, NSAC Assoc.
1228 - 26th Ave. Ct., 98354; Tel. (253) 927-2050, Fax (253) 927-7531; Pres., Anne Larson, (253) 474-8052; Secy., Karen Wennerlind.

MILTON - Church of Spiritual Truth, NSAC
Camp Edgewood - Sun. Serv. 11:00 a.m.; Pastor, Rev. Lillian Johanson; Pres., David Chapman, Sr.; Secy, Denice Chapman, P.O. Box 646, Milton, 98354.

MILTON - Church of Spiritual Unity, NSAC
Camp Edgewood - Church Serv. Sundays, 2:00 p.m.; Pastor, Rev. LaVerne Pemberton, (206) 722-2348; Pres., Colleen Mohler, 1210 - 26th Ave. Ct., 98354, (253) 927-2365; Secy., Judi Johnson, (253) 927-7445.

• WEST VIRGINIA •

WHEELING - First Spiritualist Association of Wheeling WV.
(Way Memorial Temple) N. Broadway & Maryland Sts., (304) 233-5065; Sun. Lyceum at 9:30 a.m.; Healing and Worship Serv. 10:45 a.m.; Wed. Healing 6:30 p.m., Message Serv. 7:00 p.m.; Lyceum Conductor Beverly Goff, Asst. Conductor Melvina Taylor; Pastor, Raymond Jones, 104 N. Broadway St., 26003, (304) 232-5795; e-mail: rayjones@prodigy.net; Web-site: www.waymemorial.org/; Open Circle Tues.. 7:30; Pastor, Ray Jones; Temple open Sept. thru June.

• WISCONSIN •

WEST ALLIS - First Spiritualist Church of West Allis
6228 W. Washington St., 53214; Sun. Healing & Worship Serv. 10:30 a.m.; Pastor, Rev. Pamla Ashlay, (414) 545-7650; Pres., Manila Kochanski, W1371 Hwy. O, Oconomowoc, 53066, (920) 474-7332.

WONEWOC - West Wisconsin Spiritualist Camp Association
304 Hill St., 53968, (608) 464-7770; Open July and Aug., Weekends in September; Pres., Roland K. Berger, (608) 274-8845.

• CANADA •

BRITTEN MEMORIAL CHURCH OF CANADA
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CHURCH OF SPIRITUAL WISDOM
674 Kennedy Rd., Scarsborough, Ontario M1K 2B5; Sun. Serv. 1:15 p.m. Spiritual Healing, 2:00 p.m. Lecture & Message Serv., Thurs. 7:30 p.m. Delphi Center for Development, Enlightenment, Spiritual Healing; Contact Rev. Judy Merrill (416) 264-6758; e-mail: jmmevolve@yahoo.com.

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118 Finch Ave. West, Willowdale, On., M2M 2H9 - (416) 730-8988; DIVINE SERVICE Sun. 10:30 a.m., Tues. Open Development Circle 7:00 p.m., Wed. Healing & Messages 8:00 p.m., Fri. Open Meditation Circle 7:30 p.m.; Pastor, Marilyn Gaitskell.

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THE FIRST SPIRITUALIST CHURCH OF GALT
72 Grand Avenue North, Cambridge, Ontario, N1S 2K9, (519) 622-7177; Pastor, Rev. Ed Kenning; Asst. Pastor, Rev. Karen Charles; Sun. Serv.: Healing 2:30 p.m., Devotional 3:00 p.m.; Summer (June, July, August): Healing 6:30 p.m., Devotional 7:00 p.m.; Meditation, healing and message circle, Wed. 7:00 p.m.; Development & Healing Classes available.

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What happened in APRIL throughout the years?

April has been designated by the National Spiritualist Association of Churches as **Spiritual Healing Month**. Let us all think about the various ways we can help others by sending the healing energy to those in need, by praying for our world for peace, by sharing contact healing, by doing random acts of kindness and by working to keep ourselves healthy. April is a time of renewal when our planet demonstrates the Law of Cycles and blooms into spring, where **Earth Day** and **Arbor Day** are observed. Our powerful healing prayer asks the Great Unseen Healing Force for help and claims we will do our part. Please make a special effort in April to practice healing, to bless our beautiful blue planet and to work to keep America beautiful. Plant a tree, plant some flowers, recycle, conserve, or pick up some liter—do something.



APRIL 18, 1775

Paul Revere rode to alert the Patriots that the British were coming, and on their way to Concord.

APRIL 12, 1861

The **Civil War** began as Confederates fired on Ft. Sumter in Charleston, SC, capturing it on April 14th. President Lincoln called for 75,000 volunteers on April 15 and imposed a blockade of Southern ports on April 19th, cutting off vital exports and aid. **Abraham Lincoln** was guided by spirit through mediums and dreams throughout the Civil War.

APRIL 18-19, 1906

The date of the **San Francisco earthquake** and fire which left 503 dead and 350 million dollars in damages. This had been predicted by Maude Lord Drake.

APRIL 21

The Rev. Pamla Ashlay, NST, has a birthday on this day. Let's all send lots of happy energy for a fun day and a joyous year.

APRIL 21, 1840

The birth date of **Cora L. V. Scott Richmond**. She was known as the "Silver-tongued Orator" because of her trance mediumship and her wonderful trance lectures. She was mediumistic from childhood and practiced it throughout her life. She wrote articles, poetry, was a minister, teacher, N.S.A. Vice-President, a missionary, and a fine asset to Spiritualism. In 1893, she represented Spiritualism by presenting a spirit inspired paper to the first Congress of World Religions in Chicago, Illinois.

APRIL 27, 1844

The date of birth for a pioneer Spiritualist, **Mrs. R. S. Lillie**. Mrs. Lillie was one of the delegates to the organizational National Spiritualist Convention in Chicago, Illinois in 1893.

* * *

Humor to put you in Good Spirits . . .

He or she who knows everything has a lot to learn!"

– Anonymous

"If you add five new words a month to your vocabulary, in a year your friends won't recognize you."

– Subway Graffiti

"Who you know is not as important as who finds you worth knowing."

– Anonymous

"If you want to be well liked never lie about yourself—and be careful when telling the truth about others."

– Bits & Pieces

"It doesn't help much to forgive if you plan to keep recalling that you forgave."

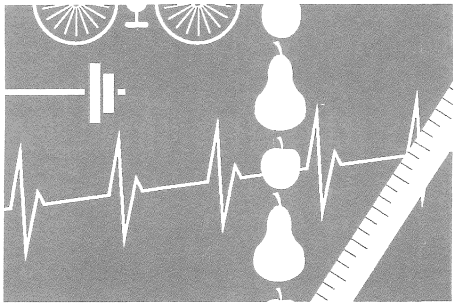
– Anonymous

"Never get so busy with your profession that you forget to 'get a life'."

– Anonymous

"It's easy to be an angel when nobody ruffles your feathers."

– Bits & Pieces



Effects Of Religion On Health

BY ELIZABETH HARRIS, DSNU, Canada

Man without religion is a creature of circumstances.
– Augustus William Hare (1792-1834)

At long last, researchers are now absorbed in studying the effects of religion on health. Why they were so slow to do this, amazes me, for Spiritualists have always been aware of the relationship between religion and healing. For example: Spiritualists know the curing abilities of **spiritual healing**—the laying-on-of-hands and prayers, and place these healing methods in a prominent position in their religion.

In times past, long before doctors, hospitals and pharmacists, healing was part of religious life. Anthropologists tell us that all cultures, tribes and nations of the past have, for untold centuries, made the cure of both the **body and soul** a fundamental, central part of their religion. Whether the studies are of Ancient Egyptians or the inhabitants of the Kalahari Desert, one finds that **healing and religions are bound together.**

There is a strong relationship between certain life events and illness. Studies prove that stressful life events contribute to the onset of disease—not only psychosomatic illness, but infectious diseases and injuries as well. Psychosomatic disorders result from emotions and stress. Mental tensions, frustrations, insecurity and aimlessness are among the most damaging stresses.

Religions help individuals face death, and tell of life hereafter. In this field, Spiritualists are specialists. Spiritualists agree with the surveys which show that **fear of death** is less in religious individuals. For, although loss of loved ones brings disturbances, belief in an after-life, and that there will be a reunion, reduces fears and anxieties.

Religions point out how people can be **spiritual**—how to **connect** with a transcendent (non-material) force, as well as how to connect with non-physical beings. ALL religions believe in some form of "super-natural being," and in beings which are outside normal experience.

Spiritualists know that taking into account one's **connectedness** to life itself, to Infinite Intelligence and not just attention to the physical body, or worse, some particular part of it, is enormously healing. It is **this holistic approach to healing that is the chief reason religions affect healing.**

But let us now go to see what the scientists are saying about the powerful effects that religions have on health. Numerous studies are providing concrete evidence of a decided relationship between the two—including relations between religions and diseases such as cancer, heart-disease, and stroke (Levin, 1994). Effects, however, the survey say, depend on **active religious participation rather than on simple allegiance.** And, another study of English-speaking Americans confirmed that high levels of **active religious practice**, involving **prayers** and **feeling close to God**, contributed to **better health. Conservative** religious affiliations showed poorer health than **liberal** ones.

A report by Frankel and Hewitt in 1994 found in a study of students at University of Western Ontario, that those students who were affiliated with a religious group on campus had better health, and handled stress better than those who had no religious affiliation.

According to surveys done by Comstock and Partridge, any effect of religion on health operates through physiology (functions of the physical body). For, not only external events, but also **private thoughts and beliefs affects the neurochemical and hormonal balance**, which in turn affects the non-physical part of the human being.

As Andrew Jackson Davis said:
The mind affects the body,
and vice-versa.
Perfect health is perfect harmony.
Illness is a state of disharmony
between spirit and body.

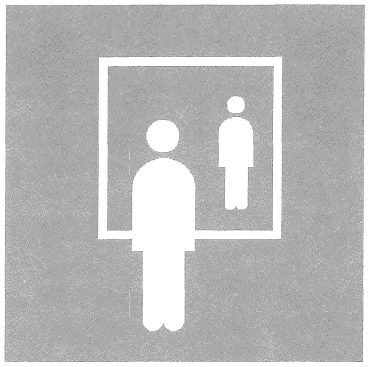
It was found that Transcendental Meditation lowered blood pressure in a three month study of African-Americans, and that meditation and religious observances release endorphins which produce feelings of well-being.

Extensive studies made by Hood (1996), Pargament (1997) and Beit-Hallahmi & Argyle (1997) showed that religions make people feel better. However, **internal** religiosity was

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related to good mental health, and **external** religiosity was associated with poor mental health.

Gartner (1996) found that religions influenced not only physical health but morality, suicide, drug use, alcohol use, delinquency, criminology, divorce, well-being and depression in a positive way, but influenced in a negative way—authoritarianism, dogmatism, suggestibility and dependence.



Loneliness, a common cause of psychosomatic illness, is helped by religious involvement, but **depends on the concept of God.** Surveys found that believing in a wrathful God created loneliness and depression, but a **helpful God** relieved the ravages of loneliness and depression. As well, those who believed in a **benevolent, guiding, stable and powerful God**, a **predictable** God, showed little loneliness and anxiety. However, studies show that there must be **trust** in Infinite loving kindness.

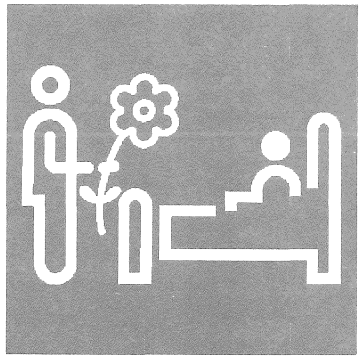
A basic purpose of religions is to provide "Peace of Mind," and many turn to religion for a source of comfort. It is comforting to believe that a powerful entity is on one's side who will assist if appealed to when the going gets rough.

An example of the potency of "Peace of Mind" is the following: *Tibetan refugees living among Hindus—to them an alien culture—with fewer financial and material resources, had, nevertheless, greater life satisfaction than the Hindus. This was due to a difference in* ***outlook.*** *Both groups believed in an after-life—and that a person's actions determine his destiny in the next life—but—while the Tibetans were looking* ***forward,*** *the Hindus were striving to pay off debts occurred by past misdeeds. The high quality of life of the Tibetans is related to their religious beliefs which stress self-****contentment****—enough to wear and eat without worry—good health and the opportunity to sit with friends, eating and talking together.*

Religions provide a coherent view of the world—giving a semblance of **order** which, otherwise, would seem chaotic.

However, studies show that when religion is associated with better health and well-being, it depends on **firm belief rather than on religious practice.** And, an analysis of 2500 American women showed that **certainty of belief** was associated with better mental and physical health. For religions that leave **no room for debate**, tend to be more **stable**, and therefore, more satisfying to the participants.

Surveys showed that men and women experience God differently. Girls and women tend to see God as Love, emphasizing relationship with God, and with the community, while boys and men tend to see God as authoritarian, and emphasize God's power and judgement, and their own spiritual discipline. Women tend to see God as a Father, and men as a Mother.



Religion is not just an individual matter, but a social matter, for it is shared by others. Individuals benefit from a **sense of community**—from the effect of shared beliefs—from positive feedback from the validation by others of otherwise unverifiable beliefs. Surveys in U.K. and U.S.A. showed greater humanitarianism and less prejudice among those who had strong religious commitments.

People need to feel a sense of control. They need a way of coping with life. Pargament (1997) says, *Through* ***prayer,*** *losses may be replaced with new purpose. Through* ***relationships*** *with others in the religious community, or through* ***mystical experiences,*** *new visions may be generated to take the place of shattered dreams. Through religion, anger and resentment can give way to peace and goodwill.*

Religious studies have come far since the days of Karl Marx who, in 1847, described religion as "the sign of the oppressed nature," saying *Die Religion ist das Opium des Volkes* (Religion is the opium of the people), and Nietzsche, who, in 1968, saw religion as a sickness, an expression of envy by the poorly endowed who invented an ideology glorifying weakness and poverty; and Weber who said that religions involving redemption appeal strongly to the under-privileged.

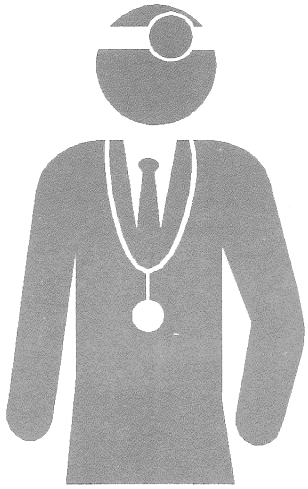
We now have solid surveys showing the vibrant space that religions hold in modern everyday life. These contemporary studies show that religions help people of all classes cope with suffering, loneliness, pain and death. They provide people with a sense of purpose. They furnish comfort—they give meaning to life—they make people feel better—and—because of these, religions have powerful affects on health. Spiritualists have the additional blessing of sharing healing energy, thereby helping on even another level of health.

Look to your health,
and if you have it,
Praise God, and value it.
– Izaak Walton (1593-1683)

* * *

Spiritualist Response To Illness

BY THE REV. KATHLEEN ROTTINO, NST,



Spiritualism is a Science because it investigates, analyzes and classifies facts and manifestation demonstrated from both the physical and the spirit side of life. It allows one to transform the idea of spiritual healing into a tangible force because it can be felt. If it can be felt, then it can be used to impact the health of their body, mind and spirit. The idea that spiritual healing, contact healing, physical touch, laying on of hands, therapeutic touch can heal is an old one. The first written record of healing touch comes from places like China and Egypt some 3000 years ago. Physical touch is more than skin-deep, a simple touch—a hand on the shoulder, a hug can reduce the heart rate and lower the blood pressure. Even people in deep comas have shown improvement in their heart rates when their hands were held.

Spiritualism is a Philosophy because it studies the Laws of Nature both on the seen and unseen sides of life and bases its conclusions on present observed facts. The Law of Thought lets us see that our thoughts create our reality. We can create positive thoughts or negative thoughts. *As a man thinketh, so he is.* So by creating positive or negative thoughts, Spiritualists believe that their health is effected either positively or negatively.

Spiritualism is a Religion because it strives to understand and comply with the physical, mental and spiritual Laws of Nature, which are the Laws of God.

When we look at healing throughout history we find that to restore the body, mind and spirit to a healthy state, most of the world's ancestors believed it involved spiritual healing, prescriptions and/or surgery. Early writings support the belief that the combination of spiritual and science were the key to the health of the whole person. Spiritualists believe in treating the whole person. They believe in treating the spiritual, mental sides of themselves, as well as the physical body with emphasis being placed on personal responsibility. Spiritualists use everything spiritual healing has to offer. While they believe that the medical doctors and all their skills and technology are essential for the treatment of physical symptoms, they also believe that the spiritual healer is essential to address the spiritual imbalance that is often the root cause of illness. They also understand that they must take care of their body while they are here on the Earth Plane, and that if they are going to recover from a serious illness or accident, they need to become an active partner in the process of their recovery along with modern medicine and spiritual healing. Sometimes healing happens through modern medicine, sometimes healing happens through spiritual healing, sometimes healing happens because of both.

I talked to several Spiritualists who have faced some serious illnesses. Two were diagnosed with cancer, one with a heart attack, one with multiple respiratory problems, one with lyme disease and one with chronic back problems. Although they used different words to express themselves, their words all had the same meaning. They all refused to accept the outcome that they were given about the illness and at the same time they accepted the fact that they needed to do whatever it took to get their health back.

One of the ladies with cancer remarked that her experience with cancer reminded her of a Dickens' line, "It was the best of times and the worst of times." She said it was devastating to be told that she had cancer, and the doctors told her that at best, she had a fifty-fifty chance. She said she knew from the start she would be healed, and wouldn't listen to any negative talk from anyone. She told the doctors that she was a Spiritualist and practiced spiritual healing. During this time she said she followed her doctor's orders, as well as receiving spiritual healing. When the results started coming back from her test, the doctor

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told her, "Whatever you're doing, keep it up, because it's working." She said she loves to tell the story because it encourages anyone who may be having similar problems.

The other lady with cancer told me that she knew everything was going to be all right. Then the night before she was to be operated on, all of a sudden she felt fear wash over her. Being a long time Spiritualist, she started working through the feelings and realized that the feelings were not hers. It was about this time that three of her students came to visit her. While talking with them, she learned that they had a fear of losing her. She now knew that the fear she felt earlier was their fear, and told them that they had to change their thoughts of fear to thoughts of knowing that she would be healed. She explained to them that this was Natural Law of thought at work. That because they were close to her, she could feel their thoughts of fear and that those thoughts could impact her health. Before they left that night, she had them laughing and making plans for visiting one of the Spiritualists' camps later that summer. She said she now uses her story as an example for teaching the efforts of Natural Law.



The gentleman that had the heart attack told me that his thoughts were: "He didn't order this—didn't want it—and ordered it to go away." The doctors were no where as optimistic as he was, and said that if he was to recover, his recovery would be a long one where he would have to give up a lot of his church work. He was not only home in record time, but was accepting speaking engagements at the different churches around New England. He was working on plans for a series of workshops to help people who are not Spiritualists to better understand Spiritualism as a religion, while he was still in the hospital.

I also asked them about their spirituality, and they all agreed that their spirituality connected them to their deepest values, beliefs and feelings. Their spirituality also gave them meaning and purpose to their lives, and affected the way they dealt with their illnesses. It allowed them to fill up with the simple experiences of nature, the sunrise, the sunset, a bird sitting on a railing, kittens playing, the sound of the wind, the ocean waves and the smell of fresh cut grass. It also allowed them to fill up with relationships, taking a walk, laughing, crying, hugging, smiling, talking, and listening to someone. They said their spirituality made them much more optimistic, and they used it as a movement toward wholeness—waking up to where they were, being connected to others and loving. The next question was about going to church again. They agreed that while going to church made them feel good, it was their own spirituality that got them through their illnesses. One reply was, "If you think going to church will make you well, you probably think sitting in a garage will make you a car. You need to get beyond the church doors to find your spirituality." They all agreed that it was not faith healing, but faith in healing that made them well again.



Spiritual Healing is defined by the National Spiritualist Association of Churches (NSAC): "Spiritual Healing is a talent possessed by certain Spiritualist mediums, and this talent is exercised by and through the direction and influence of excarnate spiritual beings for the relief, cure and healing of both mental and physical diseases of humankind."

Spiritual healing is a union between Infinite Intelligence, that some call God, a spirit guide, the healer and the one in need of healing. For an effective physical change to take place, the healer's vibration must be raised and the spirit guide's vibration must be lowered. As their vibrations meet, healing energy from Infinite Intelligence, God, is sent through the spirit guide and healer to the person in need. Some people are healed instantly, while others may receive spiritual healing over the course of hours, days, weeks, months, years, or even after their transition. Spiritual healing is like lighting another person's candle with one's own, which loses none of its brilliancy by what the other gains.

If you ask a Spiritualist Healer how many people they have healed, they will say none. Spiritualist philosophy teaches that the spiritual healer is a channeler, transferring healing energy through their aura and hands into the one in need. They see the healing energy as coming from Infinite Intelligence, God and not from themselves. A Spiritualist healer will recommend that a person seek medical attention, if they have not already. They will explain that spiritual healing is not meant to replace medical treatment, but rather be a compliment to the medical treatment. A Spiritualist healer does not care if the one asking for healing is a Spiritualist or not, for they believe that, in the end, we are all one.

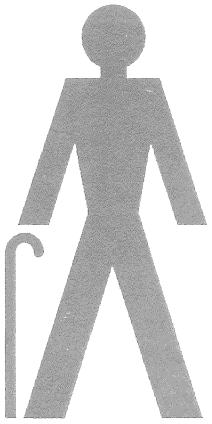
Spiritualists are a knowledge-seeking group. When they become seriously ill or have an accident, they don't become stuck in "the pain" or in the "yes, but," they start asking "now what," or "what can I learn from this," or "what can I do to change the outcome." They don't believe that their prayers are unanswered. They do believe that they may not receive the answer that they were praying for, but what they do receive is what was needed for their own highest good. Along with that, they believe that when one door closes, another opens. Spiritualists feel that they are being challenged to learn and grow to be the best person that they can become. That when they go through a serious illness or accident, they will be able to look back and see why the outcome they have received was for the best and how they grew. Don't misunderstand, Spiritualists do

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not look forward to being ill or having an accident, to grow spiritually. But if a serious illness or an accident happens, they look at it as a challenge to be conquered, rather than being defeated before taking any action. They look for ways to work through, or rise above, the suffering, and look for some meaning in the struggle.

In Proverbs, there is a passage that reads, "Trust in the Lord with all your heart, and on your own intelligence rely not; In all your ways be mindful of him and he will make straight your paths." Spiritualists believe that in order to see the path, one should be looking for it.



Most Spiritualists meditate on a daily basis and would define meditation as a way of getting to know themselves, loving themselves and applying themselves. Getting to know themselves includes the body, spirit/mind and soul. Getting to know themselves physically means that one knows their capabilities and their potential. Mind awareness includes realizing their capabilities and potential, and putting their abilities to work. Soul awareness cannot be complete without a sincere attempt at spiritual self-awareness.

Loving themselves also includes the areas of the body, spirit/mind and soul. Loving themselves physically is the acceptance of themselves as a physical being. Loving themselves mentally is that they realize what a truly nice person they can be. Without a loving that reaches the very soul, the other two are basically in vain. Knowing something is important. Loving something is equally important. But without applying what they know and what they love, the general awareness they have gained becomes basically useless. Applying what they have learned about their general health and well being of their physical body is where the real sense of worth comes from when they are faced with a serious illness or accident.



It is impossible to talk about serious illnesses and/or accidents without talking about dying and physical death. What is Life? What is Death? The threads of life and death are so intricately woven together that it is impossible to unravel them, for they are a part and parcel of each other. Physical death is the final stage of growth, just one of the many experiences we all must pass through during our time on this earth. It is when we embark on the most awesome of all adventures. You close your eyes, the wind blows and you pass to the Spirit World. So what awaits us beyond this life? This is said to be a typical scenario of our fleeting lives on planet Earth: We live a lifetime, and at the end of it we tell loved ones gathered around our deathbed, "Why, I've lived to be 90. Do you know how much I did during my life?" Then we die. Suddenly we wake up and ask, "How long was I gone?" The being of light, who is with us replies, "We hardly noticed you were gone at all. You just sat down and dozed off for a moment, and here you are again. Let's see what sort of dreams you had this time."

Spiritualists realize that they are a spirit encased in a physical body, as a means of expression, while on this Earth Plane. It is this spirit that existed before they were born, and to which they will return. Spiritualism helps people face dying, whether it is their own death or that of a loved one. The world we live in, with all its trappings, no longer has as much meaning as it once did. In dying, one feels that they are returning to the source of their real life, looking within to contact their spirit, to hear its voice and seek its counsel. When one can bypass the conscious, rational aspects of the mind, one can make room for messages from one's intuitive self that could not otherwise get through.

In today's technologically advanced society, medical science provides doctors with some remarkable tools, allowing them to provide critical information about patient's health conditions and to make recommendations about their health status. Yet with all this at their fingertips, some patients do not respond to treatment, or their progress is very slow. Some doctors dismiss spiritual healing as "New Age." But spiritual healing is hardly new, in fact, it is very old and is being rediscovered. Many doctors have opened their eyes to spiritual healing, and while they may not understand how spiritual healing works, they know that remarkable recoveries happen when spiritual healing is added to the treatment of their patients. When modern medicine and spiritual healing are combined, the results are rather astounding.

The way people take care of their health is rapidly changing. The boundaries between the physical and the spiritual realms are shifting, and they are able to access deeper levels of spiritual awareness, knowing and healing. Our spirit is an invisible piece of this power, and is able to exist without the physical body, which is only a means of expression on the physical side of life. People are beginning to rediscover what many ancient cultures had recognized for thousands of years—that the physical body is a part of nature and is constantly under its influence. Healing is not static; it is always changing, growing and evolving. It is a process of learning how to reach spirituality through seeking, learning and living. This process requires self-awareness, commitment to understanding and being in the right relationship with the higher realms of healing power, wisdom and love. Modern science is investigating spiritual healing, researching and studying it, only to prove what Spiritualists have known all along...that spiritual healing is a way to impact the health of a person's body, mind and spirit. ✱

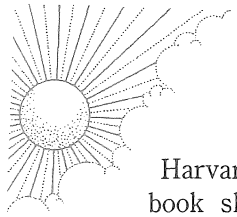
Things To Think About

BY MERRY BROWNE



• "The Secret of Life"

From the morning of my knowing
to the midday of its flowing
to the signs of evening's silent, setting sun,
and on unto the midnight
and another day's faint, first light
my mind has never wavered
as it constantly has savored
the sweet tastes of joyous living
in the lovely gifts of giving
from the heart.



• "The Dream World"

A Harvard graduate taking part in Harvard's sleep lab experiments dreamed of a book she had never heard of and the next morning found it in a book shop.

Due to the extensive testings of parapsychologists, it is no secret that many people have visitations in dreams of loved ones who have crossed over—but it is not yet widely known that the thin line between this world and next allows inhabitants of the next world to impress our minds while we're sleeping and implant messages and impart knowledge to us.

While this may seem an invasion of privacy, it is more a gift of love and is accomplished between people here and hereafter who are closely bonded.

More and more, knowledge of this phenomenon will in time eliminate much of the fear of death. Those of us on Earth who know this and broadcast this fact are serving humanity in one of the most humane ways known to mankind.

Beautiful things are the only
things we never tire of.



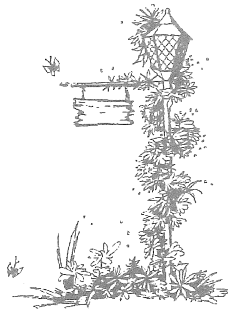
• "The Servant Leader"

One who gives with no thought
of return
may seem like a fool
to those yet to learn
that this is a heart
most worthy of
respect — It's a soul
who has learned how to love.

• "A Sure Thing"

How can I know
This wondrous thing
Of what my future
Is going to bring?
I know I can strive
to be only good
To surely happily see
only good as the future
that will be coming to me.

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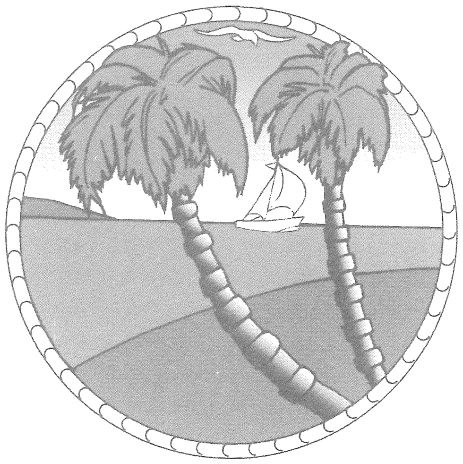
World Religion Day

BY THE REV. MARILYN J. AWTRY-SMITH, NST, Florida

A beautiful idea turned into a beautiful event!

The President of the Light of Spiritualism Church (AFS) queried me a month ago as to serving the morning service at the church as well as discussing an afternoon seminar on "The Future of Modern Spiritualism." With lots of preparation, invites were sent to various Spiritualist Churches in the Central Florida area. The idea was to establish communication, and through this unity, form a comradery of Spiritualists.

In preparation for the afternoon seminar, the discourse for the morning service was entitled "Modern Spiritualism – Where Have We Been." It basically was a compilation of facts from 1848 to the present. Yes, it took us from the cellar in Hydesville to the mountain top of the Movement. A simple, yet educational, synopsis!



January 20, 2002—World Religion Day had arrived. After the morning service, a very tasty lunch was served to all those registered for the Seminar. And, promptly at 1:15, the Rev. Shirley Pihl welcomed all the attendees to "What's in the Future of Modern Spiritualism?" A profound question, indeed! While the largest attendance was from the host church, representatives in attendance came from Cassadaga Spiritualist Camp Meeting Association, The Church of Awakening in Kissimee, Florida; The Harmonial Philosophy Association, Pennsylvania; The Temple of Metaphysical Science Church, Babylon, New York; Way Memorial Temple, West Virginia; and a guest from Massachusetts. Indeed, a fine start for working together for a common cause. And, it is hoped that this effort is just the beginning for Spiritualists in Florida becoming more supportive of each other and their organizations.

The attendees counted off as a method of being assigned to tables. After a brief break, each participant went to his or her assigned table. This was the first step in bringing people from different organizations or groups together. Then, each table selected a spokesperson and a secretary. The facilitator then led the brainstorming session.

The first question was proposed, "What will be in the next cycle of Spiritualism?" Ten minutes was allowed. Each table was given the opportunity to reveal their brainstorming results. Issues expressed were: a change of name; mental phenomena becoming a norm; technology advancements requiring change, main emphasis being on education; organizational changes; broaden our base by bringing others into the movement. The second question was, "What will be our obstacles?" A brief of the interesting synopsis was Christianity, ignorance about Spiritualism, prejudices, desired proof of Spirit, science, and fear of the unknown.

The third question was, "What are the solutions to this situation?" Again, a brief synopsis: our Ministers join local clerical organizations; our Healers go into nursing homes and hospitals; becoming friends with those of other faiths. Once a friendship is created, understanding each others' religion becomes easier; projecting

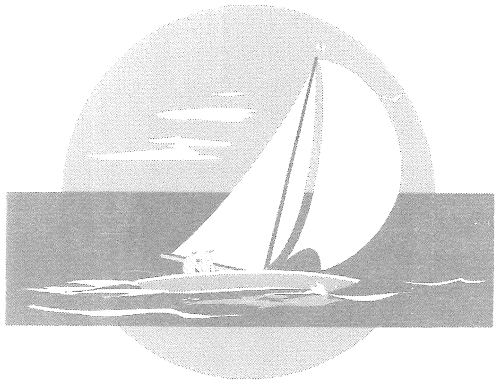
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In Orlando, Florida

more seminars to the public with topics of the moving times woven into our belief system; working for unfoldment of better mediumship to prove the continuity of life; joint advertising campaigns; remove the stigma of Spiritualism by changing the name.

The fourth question was, "What can we, as a group, do in Central Florida?" Many of the suggestions were covered in the solutions. However, suggestions were made for more missionary effort; more participation with other groups; show more respect for others; a renewing or sort of revival.



The session was concluded by the facilitator presenting "The Way I See It! There is a need for change." We are in a technological age; a fast moving pace. Lack of certified workers is due to the fact that our way of life has too many time restraints. But in this fast moving Age of Aquarius, Spirituality will surface to a higher level and the age will move vibrantly along—with or without us, it is our choice.

We have allowed others to get on our bandwagon...and now they are increasing and we are decreasing in numbers. We need change! Many old philosophies are usurping the curious mind of man. Spiritualists are drifting into many areas, some taking an interest in reincarnation; others moving to the Chinese arts of Tai Chi and Chi Gong. And, the softness of the Eastern philosophies are becoming very popular. Humankind has always sorted out the latest item on the market...it is intrigue. We need to change our image...that is, we can't just talk the talk...we have to walk the walk (by their fruits ye shall know them).

We do not need to defend Spiritualism, but we do need to know our Science, Philosophy and Religion so that we can enlighten others when queried. We need to remember, our basic foundation is to prove the continuity of life. This happens by spirit communication. And, that communication provides us with substance to mould our characters into better persons.

We can all start with more education. This can be Sunday services, weekly class gatherings, home circles, reading and searching. The time is at hand, our numbers are dwindling—not just in the USA, but abroad as well. Maybe a change of name could drop the 'ism' which has emphasized the ego = to "I See Me"...removal of an unbalanced ego would create harmony.

The Time has Come! We must Unite. We once again need an umbrella organization, or perhaps one in each state, that would meet in conference a couple of times a year. Spiritualists of all walks of life could come together and brainstorm and refresh. It would be tonic for the soul and the organized Spiritualism. We need to begin to decrease our differences and emphasize our alikeness!

We need change! However, in so doing we must remember the words of our ex-president, Jimmy Carter. He said his schoolteacher told them, "We must adjust to changing times and hold to unchanging principles!" We can do it!

* * *

Lily Dale Fellowship



Left to right: Dan, Bob, Jean Zagora, Duane Clement, Judy Denison, and Irene Brennan.

On January 6, the Lily Dale, New York, Spiritualist Church welcomed six new members. Church Board President, Betty Schultz, assisted by Vice-President, Michael Pillsbury, extended the hand of fellowship to Jeanne, Daniel and Robert Zagora, Irene Brennan, Judy Denison and Duane Clement. An inspiring lecture was given by Dan O'Rourke.

Following the church service a roast beef luncheon was served in the Andrew Jackson Davis Lyceum Building to welcome the new members.

East Aurora Celebrates

The First Spiritualist Temple of East Aurora, New York, celebrated 90 years of continuous service with three days of festivities to mark this milestone.

History of the First Spiritualist Society of East Aurora

The First Spiritualist Society of East Aurora was founded out of the Order of the Good Templers, who existed in this town in 1866 to 1876, and used as their meeting place the Center House on Main Street, which was adjacent to the old school lot.

The First Spiritualist Society of East Aurora, with its present name, but not organized as an incorporation, was known here in 1877.

A captain's chair, of the Old Center House, was presented to the society on August 26, 1902, by J.H. Shearer, a lawyer of this town.

This chair, still used in the church to this day for special occasions, was built by a cabinet maker of East Aurora by the name of Henry Morrow, who built it in 1852.

The land upon which the church of the First Spiritualist Temple stands, was purchased by Mr. H.W. Richardson, then president of the society, with the legal assistance of Wells Parker in 1911.

The church was built during the summer of 1911 and completed in the latter part of December of that year.

It is interesting to note that the total cost of building the church was $3,942.27.

Mr. Richardson contributed $2,700, and Mr. Hiram Savage contributed $630.

According to the records, the church was incorporated in the year 1911 by Mr. H.W. Richardson, with its present name of First Spiritualist Temple.

The town renamed the street upon which the church is located from Cemetery Street to Temple Place in 1912.

The first pastor of the church was the Reverend A. G. Atcheson.

– The Rev. Albert M. DeForest Jr., 1968



OPENING
OF
THE NEW
SPIRITUALIST TEMPLE
EAST AURORA, N. Y.,
will be celebrated with a TWO-DAY MEETING and
Dedication Services
NOVEMBER 11 and 12 1911

Prominent Speakers and Mediums from abroad are to participate in the program among whom are Dr. B. F. Austin of Plymouth Spiritualist Church, Rochester, N. Y, Rev. Alice E. Bradley, Dr. William M. Lockwood, Mrs. A. G. Atchison, Mrs. L. S. Staley and Mrs. Chase of Buffalo, N. Y., Mr. Frank Walker, Editor of the Sunflower, of Hamburg, N. Y., Miss Cottrell, the rapping Medium of Holland, N. Y. and others.

Lunches will be served in the commodious Dining Room of the New Temple and a cordial invitation is extended to Spiritualists and friends of the cause in Western New York to come and participate in the exercises and enjoy the meetings.

On Saturday, September 8, a spaghetti dinner, Chinese Auction and Talent Show were held. Everyone performing was a winner.

Sunday, September 16, was the "official" 90th Anniversary Worship Service. The speaker was Virginia Savage, whose husband's grandfather helped found the church in 1911. The church choir sang, and Robert Goller performed a solo of the Rev. Paul Spencer's "Something More."

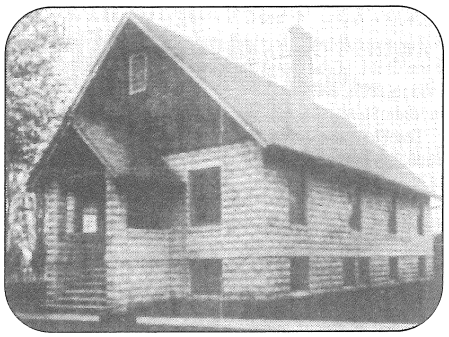
The dining room was a festive delight with bud vases loaned by the Roycroft, and dinner mints tied in little cups with Memory Gems attached. Each place was marked with a pithy saying from Elbert Hubbard and a laminated placemat with a reproduction of the church opening announcement. "A two day meeting with prominent speakers and Mediums...(Dr. B. F. Austin, Rev. Alice E. Bradley, Dr. W. M. Lockwood, Mrs. Atchison, Mrs. Chase, Miss Cottrell, Mr. Frank Walker and others.) Lunches will be served in the commodious Dining Room of the new Temple and a cordial invitation is extended to Spiritualists and friends of the cause in Western New York to come and participate in the exercises and enjoy the meetings." A picture of the original church was on the other side.

Following the dinner, Edythe "Kitty" Turgeon presented a thoughtful lecture on "The East Aurora Spiritualists and Roycroft connection."

On Saturday, September 22, the church and children's choir gave a marvelous concert with several soloists. The Youth Group served desserts and coffee after the concert.

(Continued on next page.)

 (Continued from previous page.)



This picture shows the Temple as it was originally built. Today the porch has been enlarged with steps coming up from the side, making a much easier climb, and a delightful place to sit and visit before and after church.

Five Years Of Progress

The Pinpoint of Light Spiritualist Center will hold it's fifth anniversary celebration on Sunday, April 28, 2002. We have a current membership of 56, quite a change from the day it opened it's doors to the public for the first time on April 12 with an Awareness Class.

The first Sunday service was held on April 27, 1997, with a congregation totaling seven. It was Chartered with fifteen members by the National Spiritualist Association of Churches on July 27, 1997.

During the five years of its existence, the area for the church service has been doubled. A complete kitchen, a bathroom, a computer room and library have been added.

In its brief life, the Center now has three Ordained Ministers, one National Spiritualist Teacher, two Licentiate Ministers, three Commissioned Healers, and two Certified Mediums. One member has completed the Morris Pratt Institute Course, and plans to take her Mediumship exam in the near future, and several are current students. The Morris Pratt Pastoral Skills Course, taught by the Rev. Cosie Allen, NST, was held here in July 2000 with four members of the Center graduating.

The Pinpoint of Light Spiritualist Camp was added, and on August 17, 1999, was chartered by The National Spiritualist Association of Churches. It was the first new Spiritualist Camp in Maine in 111 years, and now has 47 members. An outside Garden Chapel was built so afternoon services could be held in nature during good weather.

During the five years, we had many Mediums and speakers from other countries and various states. We've had many interesting seminars and two Medium's Day Fairs each year that have been very successful.

The current Pastors for the Center and Camp are the Rev. Rupert Sigurdsson, NST, and Virginia Norris, LM, CH. Many events are planned for the coming year for both the Center and Camp. The Camp season this year will start with a picnic on June 30th, and close with a picnic on September 8th.

* * *

POETRY

"2002"

By Merry Browne



Another year,
Another time,
A larger look,
A steeper climb,
Another chance.
Another lease
On life to make
A world of peace.



As we go along our trail
You must know you'll never fail
For there's no such thing as right or wrong
Just different beats to different songs
And when you leave us here tonight
Just have faith that everything's all right
Cuz you'll take a piece of us with you
We'll be the light that gets you through.

– Written by David Harvey

SPIRITUAL HEALING REQUEST

(PLEASE PRINT OR TYPE)

Healing Prayers are requested for:

_____

requested by:

_____

because of the following conditions:

_____

_____

_____

Please send a "One A Day" packet to:

_____

_____

_____

_____

I will pray with NSAC Prayer Groups:

DAY_____ NIGHT_____

If you should wish to make a **Love Donation** to help offset the NSAC Healing Center expenses, please send to:

NSAC HEALING CENTER
c/o Rev. Gene Pfortmiller, NST
3521 W. Topeka Drive
Glendale, AZ 85308-2325

To request information on "How to Form a Spiritual Healing Prayer Group,"

CHECK HERE ☐

The first week of each month the names received are compiled and sent to the NSAC Office for inclusion in the NSAC monthly mailing to all churches. Also many healers around the country receive the list. Because of the length of the lists an individual's name will usually be kept on the healing prayer list for one month unless we hear from you that more healing is required. We also request prayer groups to keep in touch with the National Healing Center throughout the year.

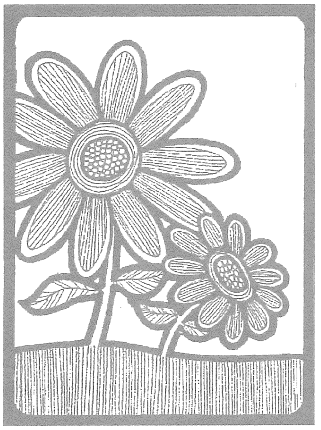
Prayer Healing is a wonderful way to practice Absent Healing, to help others, to share a prayer, and is something EVERYONE can participate in.

– Prayer for Spiritual Healing –

I ask the great Unseen Healing Force to remove all obstructions from my mind and body and to restore me to perfect health.
I ask this in all sincerity and honesty and I will do my part.
I ask this great Unseen Healing Force to help both present and absent ones who are in need of help and to restore them to perfect health.
I put my trust in the love and power of God.

Our Churches Bring Healing!

BY THE NSAC HEALING CENTER



The phone rang the other day and a weak voice responded to my greeting, "I have heard Spiritualist churches do healing during the services. Is this open to everyone?"

This thought has echoed in my mind since that call, like an ah-ha. What a wonderful benefit the contact healing and meditation portion of our srevices gives to those that attend. The healing and meditation time is my favorite part of church. Some weeks it is one of the few times I get to meditate. The combination of soothing music, letting go of physical concerns, several deep breaths all renew the body, soul and spirit. If it is a service I am scheduled to give laying-on-of-hands healing, I enjoy feeling and knowing that Spirits' love and light flow through me to others. What a great way to share.

Each church experiences healing blessings. We have just purchased a notebook and ask people to write about the healing they have received. This way we will have a record. Here are a few of the healing success stories from our church.

One man said he had suffered from a headache for a week. Nothing he did seemed to cut the pain. One of the healers gave him a healing and the pain left, not to return.

A college gal's mom was visiting her from out of town. It was her first time ever at a Spiritualist church, yet she followed her daughter to a healing chair. As the service progressed, we noticed her turning her head to the left with a puzzled look. After the service she told her daughter that she could hear out of her left ear, something that had not been possible for many years.

Another woman came to church with back surgery already scheduled. That was many months ago, and the pain has left, with mobility returning. The healing began at the first service and continued to improve over a period of a few weeks. The doctors were as pleased as she was, and the surgery was cancelled.

The Spiritualist churches and camps provide spiritual energy and help keep us healthy, as well as heal us. What a blessing our churches are to those that attend. ✱

MORRIS PRATT INSTITUTE ASSOCIATION
- Pastoral Skills Course -

PASTORAL SKILLS brings you knowledge of pastoral responsibilities in ninety-six hours of class work. Included are lectures, guest speakers, hands-on pastoral experiences through role playing of life-like situations, of funerals, special services and study into areas of counseling, such as: pre-marital, marriage, suicide, family dynamics, violence, chemical dependency, death and dying, and the grief process. The class is open to any dedicated student, and at this time Pastoral Skills is a required course for the NSAC Licentiate Minister certification.

Class size is limited. Early registration is necessary. A **deposit of $50 is required sixty (60) days** in advance with full payment required thirty (30) days in advance, if not on the payment plan. **Complete information for the site will be sent upon payment** of a deposit. If eight students are not enrolled for a session thirty days in advance, the session may be canceled.

For further information call the MPI Office at:
414-774-2994 or fax: 414-774-2964,
or email: mpratt@execpc.com

2002 SITES AND DATES:

- **LILY DALE, NEW YORK:**
  Lily Dale Spiritualist Camp – Two Week Session
  June 15 – 7:00 p.m., Orientation; **June 16-28**, Classes
  Instructor: Rev. Sharon Snowman, NST
- **TEMPLE HEIGHTS CAMP - MAINE:**
  Two Week Session
  Sept. 7 – 7:00 p.m., Orientation; **Sept. 8 – Sept. 20**, Classes
  Instructor: Rev. Ann Otzelberger, NST
- **MILWAUKEE, WISCONSIN:**
  Morris Pratt Institute – **Split Session – Two Years**
  Week One: Oct. 25 - Nov. 1, 2002 – 7:00 p.m., Orientation
  Week Two: April 12-18, 2003
  Instructor: Rev. Pamla Ashlay, NST

CLASSES: Daily - 8 hours, classroom; Sundays - specified church assignments. Materials: List will be provided upon payment of deposit. Required books will be provided. Additional books may be ordered at site.

PASTORAL SKILLS REGISTRATION FORM
Morris Pratt Institute, 11811 Watertown Plank Road, Milwaukee, WI 53226-3342 • 414-774-2994

PAYMENT METHOD: ☐ Check ☐ Money Order ☐ Credit Card

☐ Deposit $50 ☐ Full Payment $350 ☐ Payment Plan (call for details)

Expiration Date: _____

__/__/__/__/__/__/__/__/__/__/__/__/__/__/__/__/

CREDIT CARD NUMBER

PASTORAL SKILLS SITE: _____

DATES: _____

Name_____

Address_____

State_____ Zip+4_____

Ph:_____ Email:_____ Fax:_____

Signature required for Charge: _____

Hope is the thing with feathers—
That perches in the soul—
And sings the tune without
the words—
And never stops at all—

– Emily Dickenson

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Mail to: THE NATIONAL SPIRITUALIST 3521 W. Topeka Drive, Glendale, AZ 85308-2325

Declaration of Principles

National Spiritualist Association of Churches

1. We believe in Infinite Intelligence.

2. We believe that the phenomena of Nature, both physical and spiritual, are the expression of Infinite Intelligence.

3. We affirm that a correct understanding of such expression and living in accordance therewith, constitute true religion.

4. We affirm that the existence and personal identity of the individual continue after the change called death.

5. We affirm that communication with the so-called dead is a fact, scientifically proven by the phenomena of Spiritualism.

6. We believe that the highest morality is contained in the Golden Rule: "Whatsoever ye would that others should do unto you do ye also unto them."

7. We affirm the moral responsibility of individuals and that we make our own happiness or unhappiness as we obey or disobey Nature's physical and spiritual laws.

8. We affirm that the doorway to reformation is never closed against any soul here or hereafter.

9. We affirm that the precepts of Prophecy and Healing are Divine attributes proven through Mediumship.



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