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The National Spiritualist Summit

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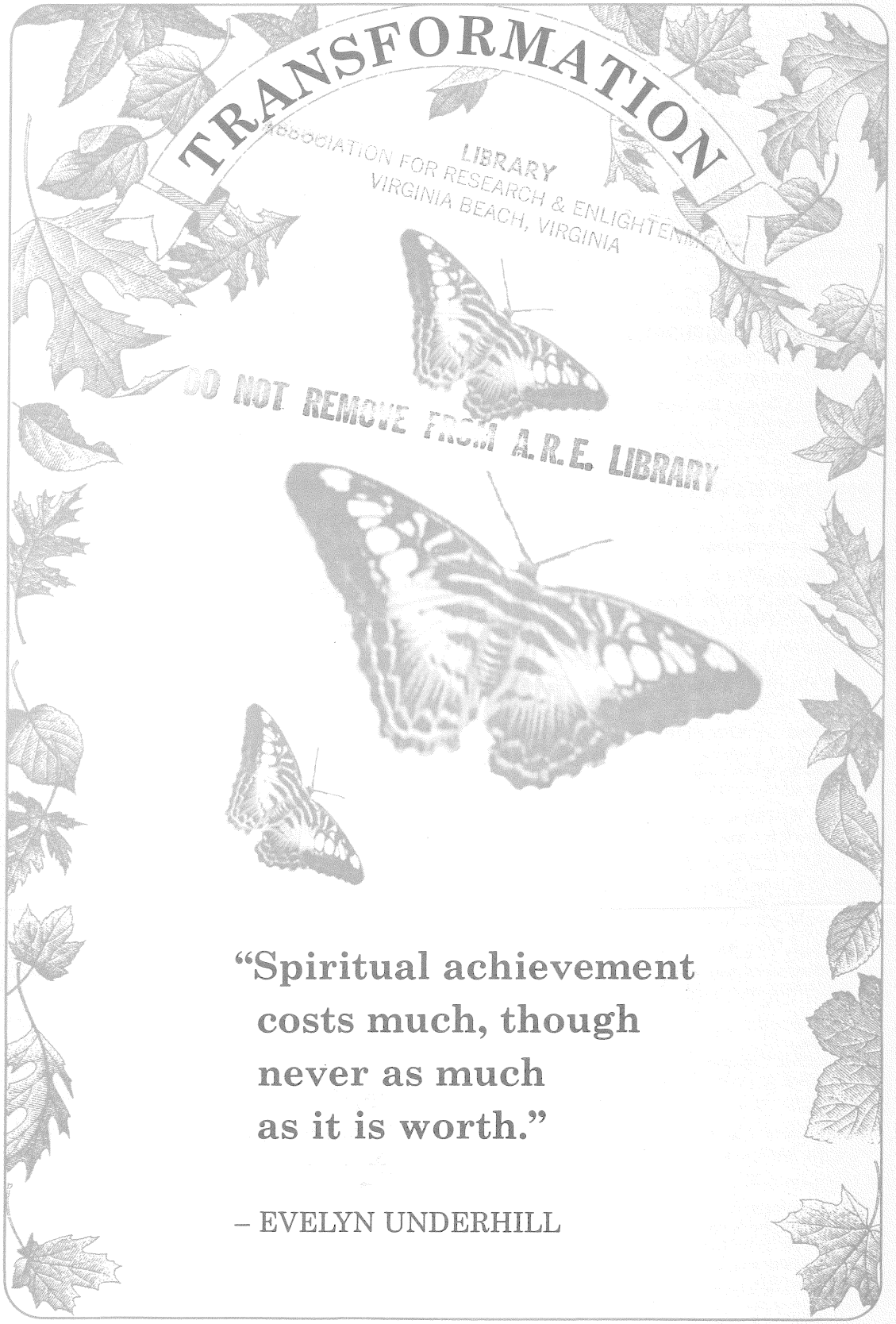
SEPTEMBER
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Spiritualism is the science, philosophy, and religion of continuous life

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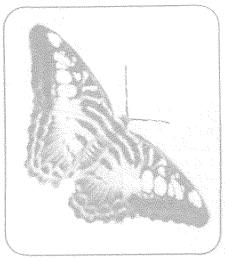
"Spiritual achievement costs much, though never as much as it is worth."

– EVELYN UNDERHILL

THE NATIONAL SPIRITUALIST – SUMMIT

SEPTEMBER 2001 9/2001 NUMBER 913

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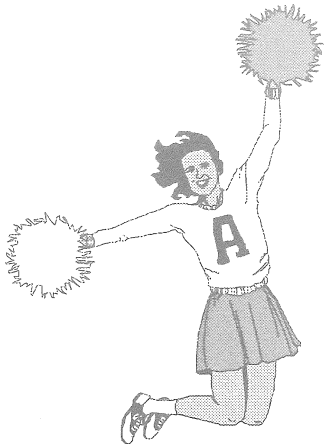
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Be A Cheerleader!

BY THE REV. SANDRA PFORTMILLER, NST



Are you a cheerleader? We all are in some ways, when we believe in something. Who or what do you cheer for? Your children, your religion, your community, your family, God? I guess I am the cheerleader type. My kids and grandchildren used to get embarrassed if I came to one of their sporting events, for I was yelling and cheering. I had a great time applauding or yelling for my family, and for others who did a good job.

September is the time for lots of people of all ages to go back to school. The beginning days of each semester have extra stress to accompany the student as they settle into a routine. Students need our encouragement. Even if it seems like they are tuning you out, continue to show your support and be extra boisterous for what they accomplish and are excited about. "Good for you!" "How clever of you." "I'm proud of you." "Can you teach me that?" "As a reward, you don't have to get dressed on Saturday until noon."

We are all students of life, learning as we go and grow. We require encouragement as we gain understanding of the disciplines necessary for spiritual maturity. Spirit cheers us on with a good inner feeling when we have accomplished an intention set forth.

Spiritualists are stimulated to continue their growth in many ways and also encouraged to learn about our religion. Church leaders give pep talks to excite and lift up those wanting to expand their mediumship and healing abilities; lead meditations to encourage contemplation and attunement with the power within; present classes to urge and help development; suggest the two courses of study for certification; interest their minds with reviews of good reading material. The story of the forerunners and pioneers of Spiritualism is often communicated along with the courage it took to develop mediumship in the 1800's. Each of us should boost others as they succeed and assist them with the setbacks. Let your life project be to grow and to inspire growth.

This is not always done. Several years ago there were two ladies who decided they wanted to become certified and take the MPI course. They went to the pastor of their church to ask about the steps to take. The pastor said there were enough mediums and healers in the church and they were not needed. Of course, the women were crushed and left that church. There are never too many healers or mediums! Let us encourage all who want to develop and offer abundant opportunities for them to do so.

Do you talk about Spiritualism, other than with your church friends? When you believe in something, you must speak out and celebrate your thoughts. Sometimes when you speak out, another is encouraged to share their passion in a new or different way that causes you to think, maybe to change, and change brings growth. The most stimulating conversation is to explore your philosophy, why you believe it, and to hear another's ideas and what rings true for them.

If we are going to encourage someone in life, we cannot be silent—they need to hear our voice. Then when we tell them they did a good job, or they are smart, or they have healing power, or they are attuned and others tell them the same things, it reinforces the message. It is a joyous blessing to help someone begin a course to realize their innate potential.

Cheering another can have quite a message. First, it shows you are confident with yourself. Second, it shows you want others to excel and grow. Third, it connects you with the spirit of the other person in a positive way. Fourth, as one grows spiritually, others benefit. Cheering is very affirmative. "Yes, you can, hurrah!" is the message received. It helps a soul explore beyond the boxes and parameters they have set for themselves. It applauds efforts enthusiastically.

Now, encouragement does not mean lying to pump yourself or another up. We must have the courage to use the truth, to be honest with ourselves and others in a kind way. Life happens, lessons and challenges are on every path, but it is the way we react to life that influences our dreams and actions. If we can hold the thought before us that God created us, loves us and wants only good for us, then life's events have purpose and meaning. We can trust that Spirit is in charge, and this is fundamental in helping ourselves and others see the precious gift every moment in our life offers.

Sometimes animated liveliness is not appropriate, but we can still reassure someone that they are moving forward and we are sending good thoughts. In these cases, we might help our friends by going to the library within to be quiet cheerleaders for others through prayer.

There is a story told by Lady Julian, who lived during the 14th Century when England was in chaos. She resided in a small "cell" attached to the St. Julian's Church in Norwich, and gave counsel and comfort to the burdened and perplexed in this little cell. She wrote these words of encouragement in

(Continued on page 12.)

Guardians, Guides, Teachers

BY JUDY MERRILL, DSNU, CANADA

Since the first human being died and went to spirit, communication with spirit has been humanity's heritage. We have learned that each individual on Earth is guided by someone in the Spirit World, even though many individuals are not aware of this fact. Some people go through life receiving spirit help, but are absolutely unaware of that guidance, or its source.

Spirit guides, guardians and teachers play an important role in Spiritualism. Without them, there would be no communication with those who have passed on before us, and we would know very little of the world we will all be inhabiting when we pass from this Earth.

Guardians attach themselves to us as soon as we are born and stay with us all of our lives, trying to help us over hurdles and trying to impress us with the right sense of direction for our lives.

As we begin to develop in a spiritual way, we attract spirit guides who have been preparing themselves in the Spirit World to be of service to humanity. They come back to the Earth plane vibration to give their messages through mediums.

They usually strive to find instruments who will present their messages in a manner that is in harmony with their own spiritual and mental development. This is the Law of Attraction; like draws to like. It is not logical to believe that Socrates, for example, would choose as his instrument one who knows nothing of philosophy and cannot even speak correctly.

A person who is not honest and truthful will attract to themselves a guide who is not careful of their statements. A medium who does not have a good vocabulary to draw upon, in expressing themselves, will cause spirit manifesting through their vibration to make the same errors. That cannot be helped. The manifestation always takes on some of the individuality of the channel through which it emanates.

Sometimes several different guides try working with a medium until compatibility is found. Spirit guidance is not confined to those seeking to develop as public workers. Many artists, poets, musicians, doctors and scientists are assisted and impressed by spirit souls who wish to be of service in a different way.

These spirit guides and guardians have volunteered to assist human beings in their Earthly lives. The genuine spirit guide can be likened to a missionary who temporarily renounces the advantages of their spirit advancement in order to assist others in their spiritual understanding. Their concern for us is not for our material gain and the best of them show humility, constancy, insight and wisdom.

They have lived on Earth before us and often represent the different cultures and nations of their former habits. Many nuns become spirit guides, probably because they were people who cared for humanity while on the Earth plane.

Sometimes the communicating spirit's vibrations are so strong that their medium will reflect their personality, mannerisms and sometimes the native language they used while in the physical body; this does not mean they have assumed complete control. YOU ARE IN CHARGE!

When spirit entities are trying to communicate through a medium to a loved one, they may communicate the state of the physical body prior to their transition and this will impress itself on the corresponding parts of the medium's body. This can be seen as proof of the communication to the recipient of the communication. If the medium is uncomfortable with these conditions, they can request them to stop. If, for some obscure reason they do not, then your Door Keeper will assume command and draw them away.

Those spirits who live closest to our material world include many who have not cultivated their spiritual natures and are bound to the Earth through ignorance of the Laws and conditions of spirit life. Many of them still hold narrow beliefs and much of what they will say will tend to conflict with the spirits of a higher order and will create confusion and doubt in the minds of the beginner or skeptic.

We must never be afraid to question and analyze for ourselves any knowledge or advice that is communicated to us from the spiritual realms. We must remember that our guides and teachers are not infallible.

They too are still learning and progressing. It is up to us to assess what information is being communicated and if it is good and constructive, then accept and utilize it. If we feel uncomfortable and do not quite understand it, then put it aside until it is made clearer and acceptable to our understanding.

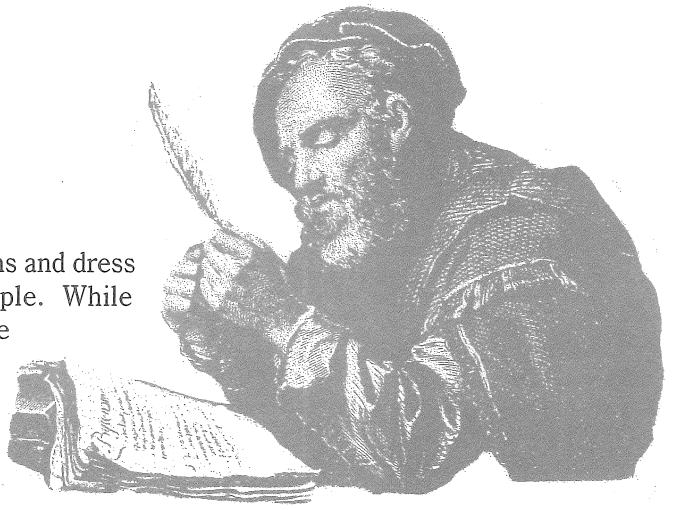
If we follow these simple guidelines, we can have wonderful working relationships with our spirit friends.

The only teacher you really have to know is your Door Keeper (usually your Guardian), all the rest will work with you as needed, each contributing their own knowledge as required.

When a new teacher draws close to the medium, the first thing they

(Continued on next page.)

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will be aware of is a change in their own vibrations. Each spirit individual has their own special vibration or frequency. The student will soon become aware of this as they unfold and become more sensitive to vibrations.

Often the change of vibration will be felt by the student experiencing the reaction on their nervous system in the physical body. It will seem as if every nerve is vibrating, sometimes stronger in some parts of the body than others, and may be accompanied by heart palpitations. These can be controlled by requesting mentally to the teaching influence that they must make penetration of the personal vibrations much slower. Cold and heat are both common symbols of spirit influence.

It must be affirmed here: NO SPIRIT ENTITY CAN ASSUME COMPLETE CONTROL of any individual. The individual will be consciously aware of all that is taking place and assert their own will at any time to stop communication. THE MEDIUM is in command at ALL times and must be a willing partner to communication. They must open their energy field (Aura) and invite spirit to communicate. Loving spirit teachers will respect this privilege and it will not be abused.

Unless permission is given for Trance, the teacher will stay in the outer field of the medium's Aura transmitting mentally to them. If they are passive and receptive, they will be able to absorb the knowledge as a personal communication or a communication for the group.

Indian Guides

There is an amazing frequency of Native Indians as spirit helpers. It has given rise to the habit of mediums copying the mannerisms and dress of these special people. While imitation is said to be the highest form of flattery, in this instance it serves to diminish the special place guides hold in the mediumship of the student. It also serves to bring ridicule on the special gifts of the spirit.

Things of the spirit came very easily and naturally to Native people while they were still in the flesh. One of their chief characteristics was a great love of their land and all it contained. They loved its beauty; they loved their chance to be alive and thought it a blessing from the great power, which they spoke of as "The Great Spirit."

The Native had no temples, shrines, nor sanctuaries; wherever humanity was, God was; the Great Spirit was always near at hand in all things, at all times.

Native Indians studied the ways and habits of every living thing, hour after hour. They studied animals, birds, reptiles, fish and insects until they knew them all, better than any other race of people in history. They were mentally vibrating as close to Mother Nature as it is possible for humanity to bring itself.

They learned by patient search, all about trees, bushes, flowers and most especially about barks, herbs and roots, which drove away sickness. They developed a lore of medicine, and healers were able to make it stronger by their spiritual mediumship along with the cooperation of the healing forces in spirit. There were a great variety of wonderfully developed mediums among the Native people.

The mental phases, like prophecy, were common and amazingly true. The physical phases were powerful and proved how the Great Spirit was in everything.

For the collection of ectoplasmic substance needed for Direct Voice and Materialization, there couldn't be a better "cabinet" than was made by a wigwam, with its narrow slit of an opening.

The Native people could not bear to be confined in once place; they wanted to roam and enjoy the world which "The Great Spirit" had made, and thus they gained a rich spiritual harvest of power and understanding. They scorned death; they had not the least dread of death. They knew its real nature. All they sought was to end this Earth life honorably and above all else, unafraid.

Their faith in the Spirit world knew no bounds. Such is the treasure of ancestral traits upon which the Native Indian spirits are drawing today in our own bands of guides.

As we sit in development circles and ask questions of our guides, we find one thing in common: they do not wish recognition. They prefer anonymity. They seldom show their faces and usually if seen, will appear from a side or back view or without showing their features. Such is their quality of humility (the first gift of the spirit).

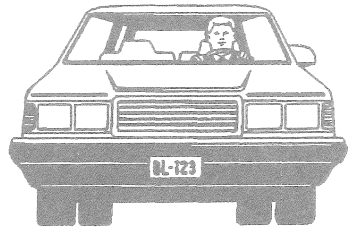
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SPIRIT IN MY LIFE

Spirit In My Life *is a monthly column for each of us to share something that has affected our lives where our spirit friends are involved. We all have a story, let us hear yours.*

You're Better Off To Take The Buick

BY FLORENCE GALASSINI, ILLINOIS



We ordered a new Buick from a dealer in a town in Wisconsin. At that time you could avoid the hefty sales tax in Illinois and Chicago when you bought out-of-town.

However, I found the new style "wrap around" windshield distorted my vision and rejected the car. The dealer offered an almost new Pontiac. As a trial, I drove the Pontiac back to our cabin, 40 miles away, after buying the necessary amount of gasoline. That night when falling asleep I heard, "You're better off to take the Buick."

The next day I returned to the car dealer and, as I liked the almost new Pontiac I really contemplated buying it, despite the verbal warning of the night before.

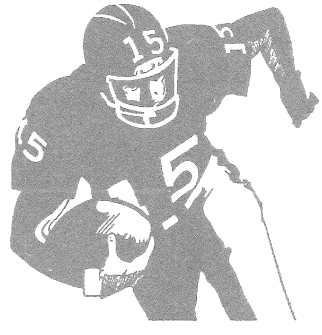
When talking price, I found the dealer wanted more money for the used Pontiac. I remembered the voice of my guide and decided I could get used to the sharply curved and distorted windshield. I concluded the Buick purchase, then stopped to buy gas for the trip back to the woods. The gas station man said, "I thought I saw you driving around in a Pontiac yesterday. What happened?"

I explained the difference in price and the dealer's insistence. Then the attendant said, "It's just as well. The whole front end of that Pontiac is defective. The purchaser returned the car to the dealer and engaged a lawyer to prove his case."

Evidently, everyone in the town knew of the defect and dispute, so the outsider was to be the victim. Yes, I was "better off to take the Buick."

We Came In Second

BY F. MERLON COLE, MAINE



Playing on the high school football team was sometimes fun, sometimes disastrous, sometimes educational, shall I say. There is one game that really stands out in my recollection beyond most.

It was during my senior year when our little team played a really large group of boys. They were both physically larger and numerically older. They were the best the reform school could produce—tough guys, smart guys and some, one would not care to encounter alone on a dark night.

I played a runningback toward the right field. The ball was snapped and tossed to me to begin a lively run of more than fifty yards to the opposing goal line. Glancing back, I spied a taller runner who just kept pace with me. He did not fall back nor go ahead of me. He was grinning at me. As I crossed the line and made the winning touchdown he took my hand in his and asked me, "Didn't I do good?"

With no hesitation I replied, "Yes, you did. I'm proud of you." He smiled. Could he have caught me and tackled me? I don't know, but that did not seem to be his intention.

My point is that there are many so-called criminals or outcasts who have never received a kind word from anyone; they are different, have made a mistake and have been labeled rejects from society. I felt Spirit was teaching me a lesson, which I've never forgotten. The lesson is that there is God and good in all people, and that no matter how you live your life, a kind word passed to someone may ease the sorrow of another human being. It also taught me that there is no reason to be hurt by coming in second in any game. Remember him, remember me, we both are needed. During each life, at some time, we come in second.

The Quest—Seeks The Light

BY C. M. HANDY, C.M., MASSACHUSETTS



Each of us has our own individual experiences on our path toward enlightenment. One path cannot be compared to another's, yet, we learn that each must show compassion for what happens to us all. Daily, we grow as we concern ourselves with important parts of life, healthy ways of living, and expanding our minds by reading and meditation.

Truth is asking ourselves hard questions about ourselves, then allowing the answers to reach us from our spirit guides without trying to shift these answers to easier ways from what is our Destiny, our Pattern. Let us each go forth with trust and courage for whatever lies ahead. We must have soul-faith that our spirit helpers will aid us to receive what we need. Each of us is different, yet we are all striving to understand what we are in the physical expression to do. These understandings may be brought to us by seemingly unconnected events or happenings in our lives; by people we meet; by our own reaching and seeking; by our quest to know our own spirit guides/angels, if you will.

We are all in the energy of God. Never are we alone. The very best for each of us as individuals shall be given to us as we **let go** and **allow**. Let us work to have balance between our inner spirit and our outer physical expression.

MONTHLY

FAVORITE SAYINGS TO LIVE BY

Do not wait for others to forgive...to forgive is the highest, most beautiful form of love.
– Robert Muller

The wealth of a nation is derived from the love generated by the people of that nation.
– Ken Carey, *Vision*

Love is a cosmic force whose sweep is irresistible.
– *The Science of Mind.*

We are wiser than we know. If we will not interfere with our thought...
– Ralph Waldo Emerson, *The Over-Soul.*

The great peace of the Kingdom shines in your mind forever, but it must shine outward to make you aware of it.
– *A course of Miracles.*

MONTHLY

Humor to put you in

Good Spirits . . .

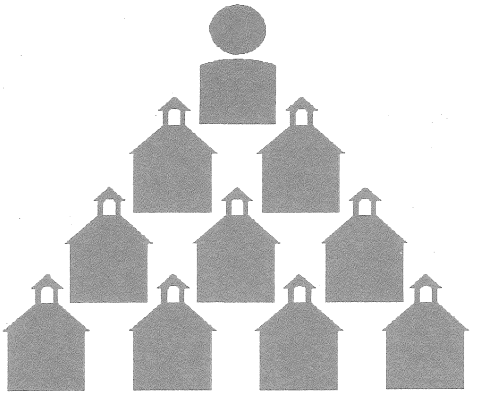
Things You Can Learn From A Dog

1. Be Loyal
2. Take naps and stretch before rising.
3. When loved ones come home, always run to greet them.
4. Run, romp and play daily.
5. Never pass up an opportunity to go for a joy ride.
6. Avoid biting when a simple growl will do.
7. Never pretend to be something you're not.
8. No matter how often you're scolded, don't pout; run right back and make friends.
9. On hot days, drink lots of water and lie under a shady tree.
10. If what you want lies buried, dig until you find it.
11. When you're happy, dance around and wag your entire body.
12. When someone is having a bad day, be silent, sit close by and nuzzle him or her gently.

– *Anonymous*

Will Your Church Be Represented?

BY THE REV. CHARLENE KLEINSCHMIDT, NST, NEW YORK



Next month is the Annual NSAC Convention, in Rochester, New York, and it is on most Spiritualists' minds. Is your church sending a delegate? Why have conventions? Conventions allow the group as a whole to make decisions representing the majority viewpoint. In this manner, churches who have chosen affiliation with the organization, are able to share in keeping the organization on course.

While there is time for fellowship and fun, basically the conventions are about serious business. What a wonderful experience it is to see people from all over the country come together and work out differences, make compromises and decide issues for the good of the organization.

It's surprising when a church in our organization does not feel it needs a delegate to the convention. It always reminds me of the "let George do it" philosophy, followed by finding fault with George for not doing what they would, if they had been there. There is a difference between those churches who just don't encourage delegates to go, and the churches who for economic or other reasons are unable to send delegates. Of course, there is the opportunity to be represented by someone willing to serve as a proxy delegate. Fortunately, there are always people willing to work in this capacity. Their church has used all their credentials and this gives them the opportunity to serve.

It is important to have representation and to encourage willing members to serve as delegates. Then when you receive the report on convention decisions, to abide by the determinations you feel you have participated in making.

Delegates are sincere and giving people, interested in serving the religion to the best of their abilities. Most of them take their vacation time and pay the majority of their own expenses. Some churches give them a nominal amount to help with incidentals and other churches have fund raisers to help offset the cost of travel, room and food.

At the convention, when the delegates receive their credentials, they also are given a packet of papers outlining the various issues to be addressed over the meeting period. There is much to absorb and delegates have to decide, based on what they believe their church would want, even if it is not necessarily their own opinion. Hopefully, the church board will have given some specific opinions of By-law changes or the various issues presented to the churches before the convention. This allows the delegate the security of knowing how the church wishes to be represented. When the discussions begin, there are a variety of opinions and questions. Much of what is said, the delegates may not have thought of in connection with the matter, so the discussion is very helpful. Committees have put in long and sometimes contentious time preparing the material to be presented. It is wonderful to observe how seriously the delegates take their charge.

By the time Thursday afternoon arrives, the delegates usually need a break. Those who wish can go on an organized trip, while others may find relaxation in resting in their rooms, or doing something with friends they only see at convention. This allows them to return refreshed to the convention agenda on Friday morning, when everything must be wound up. Friday afternoon they face the significant decision of who will represent them on the board in the coming year. The selections made must be based on what is best for the organization and the board elections should not be used as a popularity contest.

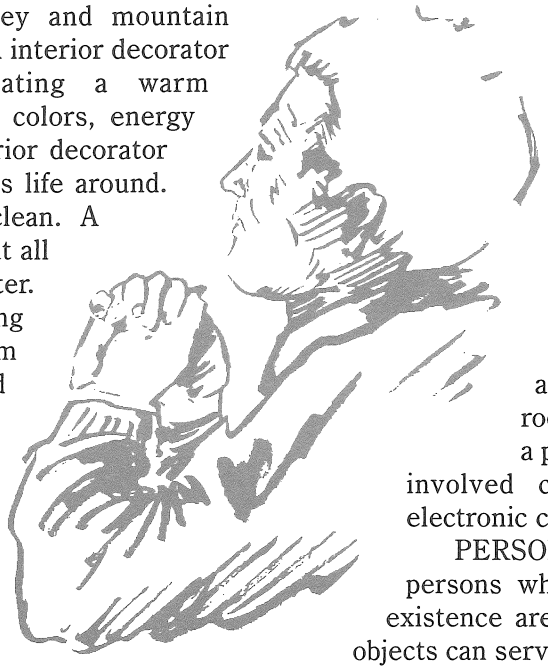
If your church is not represented this year, I hope you will realize how important it is, not only for your individual organization, but for the Association as a whole. Begin now to prepare for next year's convention in Milwaukee, Wisconsin. Set a goal of sending someone to convey your opinions. Another goal, one for the National Spiritualist Association of Churches, might be representation from every church at the next convention. Hope to see you in Rochester!

Going To A Sitting!

BY BILL RIORDAN, UTAH

The purpose of this article is to provide some ideas to insure an optimal session for the mediums and for clients who are planning for a sitting. Some of the methods may be different than you are used to, but learning and success is never achieved by doing things just one way. The house of healing has many windows, each with its own unique view and many doors, for those of a diversity of beliefs to enter! It has been very rewarding to me to have helped over 350 souls in dark moments of their journey on this plane of existence. Over many years these methods have been developed with too many credits from others to list here, but this is my opinion and the way I plan my sessions.

ACTUAL PHYSICAL SETTINGS are important. I purchased a house with the sole intent of using it as a healing center. There are three rooms all set up for different clients, each has an adjoining bathroom, panoramic valley and mountain views. All furniture was selected by an interior decorator who was knowledgeable in creating a warm environment with the proper use of colors, energy flow and furniture position. The interior decorator was a client whose session turned his life around. The windows are large and kept clean. A comfortable temperature is provided at all times and fireplaces help in the winter. One room is at ground level allowing wheelchair clients access; another room my cats are allowed in to assist cat and animal lovers; the third room welcomes more than one to attend, so is larger in size. The setting of the home is in a quiet mountain neighborhood with a nice garden. The mountains offer healing qualities and the panoramic view gives the clients an idea to look down upon their problems and to see/feel the vastness of life and opportunities to heal.



Music can be healing, calming or relaxing, so favorite CD's and tapes are played very softly in the background. They are Classical and "New Age." A television set (plugged in, but off) is in each room, as well as specially placed mirrors to allow spirits to show a physical form and/or a message. Spirits do not use these all the time, but have on a regular basis.

TAPE RECORDERS AND/OR NOTE PADS are encouraged for clients to bring to their session. I sit still, usually facing East, and try not to allow any distraction to cause me to move, thus risking the loss of contact with spirit and a distortion of the message they are bringing. So the sitter must control the tape recorder. Sometimes the tapes come out with my voice; a few occasions the tape has come out with the voice of a loved one from the other side; sometimes it is a voice that is not recognized on the tape, and other times there is just silence. Some mediums are not comfortable with a sitter bringing a tape recorder, which is fine. If you are the sitter, ask the medium first before you go, or if you are the medium, stipulate this at the time of contact.

PERSONAL HYGIENE AND DRESS CODE are important. The great prophets and leaders of past and present were clean and did not fancy outlandish attire. It is not required to wear fancy, formal or business attire, but wear what is comfortable and neat for you (medium and sitter). It may be a distraction for the medium to overcome when men or women wear short shorts or seductive clothing. This is totally inappropriate.

CELL PHONES, WATCHES AND PAGERS are all indicative of a propensity to worldly concerns, and can be a barrier for the other side. When clients come, these items are all left in an off position on the entry hall stand. As a medium, I remove my watch and have no clocks in any of the rooms. In addition, sometimes when a physical healing is done, the energy involved can influence or burn up the electronic components of the watch.

PERSONAL ITEMS OF IMPORTANCE to persons who were/are in an Earth plane of existence are important. The energy from the objects can serve as quite the healing reality check to a client during a sitting. The person on the other side often reveals their importance. Mention to clients that they are welcome to bring whatever they feel is important for their reading or to their loved one. Most of the time information from these objects is received and is beneficial towards healing.

VARIOUS OTHER PREPARATIONS by both the medium and client are important. Plan a good diet, with no drugs, alcohol, etc.; a good nights rest is essential as well as food, exercise and meditation. Being well rested, focused and reasonably well fed in prerequisite for the energy used in a sitting. Fasting is self defeating. Discuss these basic preparations with clients before a session.

MENTAL ATTITUDE can not be over emphasized for all concerned. Books have been written on this subject,

(Continued on page 11.)

VITAL FORCES

BY ELIZABETH HARRIS, DSNU, CANADA

What are these vital forces out of which all life is made? Spiritualists as well as scientists have answers, and we have opinions ranging all the way from religious points of view to modern scientific ones.

The great physicist and Spiritualist, Sir Oliver Lodge, in 1929 said, "I do not venture to describe spirit, save as an animating force (an energy). On a lower grade it might be called soul or mind, and on a still lower grade merely life, which to me is the rudiment of mind." And from a religious point of view, he goes on to say: "This animating force is that thinking, idealizing, aspiring, hoping, loving part of ourselves which I call spirit."

The poet Wordsworth describes it as: "A motion and a spirit that impels all thinking things, all objects of all thought, and rolls through all things."

And, Rudolf Otto, the German Philosopher of Religion, in 1917 wrote: "That spirit which at times sweeps like a gentle tide, pervading the mind with a tranquil mood of deepest worship. It may burst into sudden eruption which leads to the strangest excitements. It may be developed into something beautiful and pure and glorious."

From a scientific view, Lodge tells us that the Spirit energy needs, and will always need something physical to be able to manifest. For, Spirit, itself, is not gross matter. Its real permanent existence is in the freedom of space.

Space has become a fertile field of study in modern times, and Science has made electrifying breakthroughs. These have added to our knowledge of the vital forces which make up the world we know.

For example, scientists now know that light energy is not transmitted by matter, but by space. Matter plays quite a subordinate part. Light travels with the greatest of ease and simplicity through the emptiness of space, and is only interfered with, by matter.

Yet, when energy reaches matter, a transforming of energies takes place. For example, when light energy reaches matter, it is then turned into heat energy.

Because of this, we know that space is transparent, for the radiation which reaches us from the sun and stars, has travelled millions of miles of empty space without the slightest loss of energy.

All that we see on our planet is due to energy which has arrived through empty space. All we see represents a storage of that **energy in visible and tangible forms.** The energy has become **incarnate** in matter. For example: a plant or a tree is an incarnation of solar energy.

The science of bioenergetics studies incarnate energy and tells us: "Living organisms (including humans) need a constant supply of energy—to build up molecules—to organize them—to move around—to maintain body temperatures, and so forth. In other words, energy must be received from the world outside the organism."

It is a characteristic of all life that it can harvest energy from the environment for its needs, and two sources of energy are—**light energy** (from the sun)—and **oxidation**—23% of our atmosphere is oxygen, and we get energy from food (for plants have absorbed light energy).

It is a self-maintaining system, which, from the point of view of its energy exchanges with the environment, conforms to the Natural Laws of Physics. But it is a mystery that living cells always act, react and change as though the purpose or intention of maintaining themselves depended on some basic pattern or design—as if it "were impelled to do so."

One of the most amazing characteristics of organisms is their ability to capture, convert, use and store energy for continual use. This whole study is described as the Natural Law of Thermodynamics which says: "Energy is neither created nor destroyed during any physical or chemical process in the universe, but it may undergo change from one form to another." Spiritualists, too, know there is no death. We simply change form.

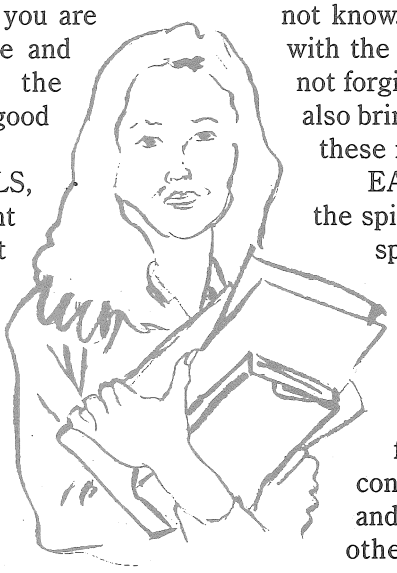
Matter by itself has no initiative. It is inert. It is "lifeless." It is acted on wholly by the influences which reach it from space. Inert matter would never show any sign of activity, nor would it change its motion if left to itself.

And, all matter, every particle, every atom moves as it is impelled to do so. And, the working of atoms is similar to the workings of our physical bodies. They, too, are

(Continued on next page.)

GOING TO A SITTING! *(Continued from page 9.)*

but a few simple ideas should be mentioned. Accept mistakes you have made, release anger and forgive. Constantly use introspection of your motives and strive for inner fulfillment. Knowing you are in your right place at the right time and seeking positive interaction in the Universe will go a long way for a good sitting.



WHEN A CLIENT FIRST CALLS, be sure to explain what is important and answer their questions, but do not let the phone call become their reading. Usually the person on the other side will pass through me an unsuspecting "reality check" item, to let the caller know they are doing the right thing. I have a check list I go over when setting up an appointment, and this changes as new things are learned.

SUICIDE DEATHS by far are the most difficult sittings to deal with as a medium. I simply believe the anger factor of those left behind on Earth blocks effective communication. Sometimes the anger is directed towards the medium from the client because a lot of personal information comes that is private, "I should not know." Other times, persons on Earth are so angry with the person who moved to the next plane, they can not forgive, thus little information flows. The spirit may also bring a healing or closure to the one left behind and these moments are a blessing.

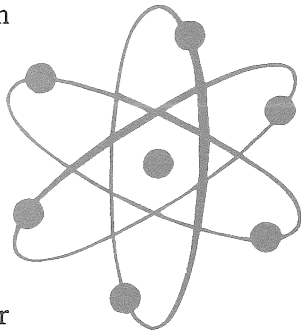
EACH AND EVERY CLIENT is special, likewise the spirit(s) who are assisting and being contacted are special. There never has been one sitting or healing the same. Most mediums recall a few things from the reading, but only for a very short time after the sitting, and should make no effort to recall or remember the items. That would serve the medium's ego, possibly color a future reading, and would therefore detract from contact from highly developed spirits. Mediumship and healing are sacred gifts and talents which help others on their life's journey in the physical expression. Make sure your sitting is conducted in a sacred manner.

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VITAL FORCES *(Continued from previous page.)*

controlled by an Animating Law. Because of this, one might agree with the biophysicist, Andrew Cochran, who claimed, "What nature has been trying to say is that all matter seems to have a rudimentary mind."

Mother Earth is alive and adaptive. She has a subtly tempered body and being. Fossil records show that she has maintained a constant temperature for all her billion years despite the fact she now receives between 1.4 and 3.3 times as much heat and light energy from the waxing sun as she did in her early years.



Most modern physicists know that there is a **real world out there composed of matter and energy**. They consider these two things as different forms of the same thing, for they know that matter can be transformed into energy, and there are other relationships between them as well. It would seem that all phenomena, whether physical, etheric or mental has its own type of energy, but energies can be transformed from one level to another.

This is especially evident in spiritual healing—where healing energies can change the chemical composition of the patient. Dr. Bernard Grad, the biologist who pioneered the research on healing by the laying-on-of-hands, surmised that the healing energies might exist in various frequencies.

The great spiritual healer, Harry Edwards, wrote: "To bring about a change in the existing state of matter, additional energies have to be applied, for example we apply heat energy to boil water. Under spiritual healing when we see arthritic deposits dispersed, it must follow that some other energies have had to be applied to them to induce a chemical change in their structure, and so bring about their disposal. In medical science this is the basis of clinical treatment, of which deep ray therapy is an example."

Our physical bodies are matter—visible and tangible forms of energy—called "energy incarnate." The spirit needs matter to manifest, and all matter must be animated.

We can conclude, then, that all living creatures—big and small—all incarnate as well as discarnate beings—all species—all organisms throughout this vast universe, are moved and changed by, are able to make use of, as well as equipped to share, in countless amazing ways, a vital, animating, energizing force. **It is the stuff out of which the whole world is made.** It rolls through all things. We call this grandeur, Infinite Intelligence.

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Questions & Answers

Q **Why is it that Spiritualists grieve when a loved one leaves the physical if they believe that life is continuous and that we can contact the departed?**

A Spiritualists have knowledge of continuous life through messages received from those living in the Spirit World. Understanding that we do not die, rather change form, helps when somebody close to us graduates from the physical expression. Yet it does not insulate us from feelings of grief and bereavement. We are spirit in a human form, and as physical beings, we miss the physical presence of our loved one. These feelings and emotions are natural, a part of the healing and letting go process required before we can move forward and continue our lives. The more we love and forgive, the more we can carry the precious memories of our spirit family in our hearts.

Q **Why do those in the Spirit Realm communicate in thought images rather than words?**

A Words are the translation of thought images. Thought images are Universal and flow through every language without as much confusion as words do. A word in one language or country may have many meanings and interpretations. Whereas, thought images have a vibration that suggests the quality of the imagery. It is true that a certain animal (as an example) might be a source of fear for one medium and a source of joy for another, however, the communicating spirit will consider this in choosing the symbol to inspire the medium or individual. Symbols are also received during meditation. These images are then interpreted to receive the higher message. ☙

BE A CHEERLEADER! *(Continued from page 3.)*

her writings called *Revelations of Divine Love.*

"I saw full clearly that ere God made us He loved us; which love was never slacked, nor ever shall be. And in this Love our life is everlasting."

"He showed me more a little thing, the size of a hazelnut, on the palm of my hand round like a ball. I looked at it thoughtfully and wondered, 'What is this?' And the answer came, 'It is all that is made.' I marveled that it continued to exist and did not suddenly disintegrate; it was so small. And again my mind supplied the answer, 'It exists, both now and forever, because God loves it.' In short, everything owes its existence to the love of God."

The vision of the hazelnut in her hand could be likened to the Earth as observed by the astronauts who travel beyond the planet. Our world looks so small against the cosmos, but as Julian's conviction demonstrates, it is held together by the power of God's love. Love encourages every inspiration, large or small, and animates us within so we may complete our desires.

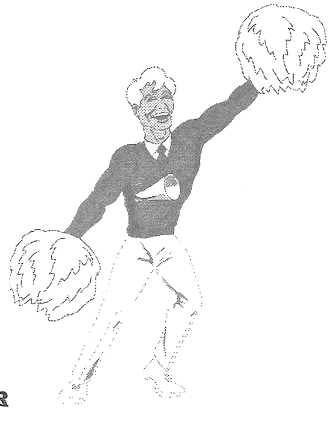
What better encouragement when we are unsure than to know that we are guided and loved by a Greater Power, by a Greater Love. If God loves us and others, accepts us without judgment, then we also are advised to forgive, accept and love ourselves and others, remembering we are all part of Divine Creation.

We have no idea of our full spiritual potential. There is a part of DNA that demands we keep on going and stirs our divine discontent to push us onward for creative expression. We are the seeds of Infinite Intelligence, our Creator and sustainer. Like the seed, we are complete in every detail and have all that is necessary for growth into our potential. Accept God and good in yourself and in others. Encourage your Light to shine, your heart to sing and your voice to cheer.

If I could be a cheerleader for God, I might cheer:

God's so Great,
All my troubles take.
Heals my soul,
Is in control,
God's so Great.

God loves me,
Is in all life to see.
Gives me health,
And gives me wealth,
God loves me.

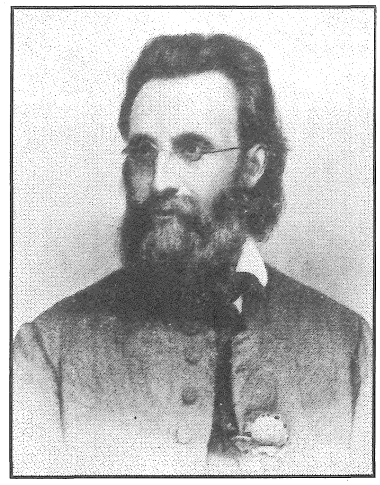


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Meditation & The "Magic Staff"

BY MARY A. ANDERSON, CALIFORNIA

Andrew Jackson Davis received this advice from Spirit: "Behold here is thy Magic Staff. Under all circumstances, keep an even mind; take it, try it, walk with it, talk with it, lean on it. Believe on it forever."



ANDREW JACKSON DAVIS
A forerunner of Spiritualism.

When Spirit gave Andrew Jackson Davis the "Magic Staff" it was symbolic of transformation that can and does take place when you accept it. The "Magic Staff" is representative of a place in consciousness that goes deep into the realms of your mind to connect with the superconsciousness of Spirit. It is the "mystical experience" that appears "magical." The staff can be representative of support, a rod, a crutch or stability. Meditation is that same supportive practice that develops into an awareness which creates evenness of mind that allows for the internal insights to be manifested into the external world.

"Under all circumstances, keep an even mind" is a development which emanates from one who has practiced meditation and has gone through the various states of unfoldment that many enlightened individuals have revealed. Even though the even mind may not happen immediately, the continued message to Davis from Spirit, "take it, try it" is the encouragement to accept the practice of meditation and not give up. "Walk with it" is a way to take meditation into all activities of your life like the Buddhists refer to "meditation in action." Once you have developed this nourishment with daily meditation, the inner self gives one guidance to a way of life.

"Talk with it" allows self-analysis to be revealed when one-pointed concentration is internalized. These insights develop into an intuitiveness that connects with Universal Intelligence. The communication that takes place in the inner self allows our daily life and its challenges to reflect that inner peace and harmony.

"Lean on it" is the dependability that is achieved from one who meditates regularly. It is a space that one can return to at anytime to feel that connection with strength, guidance and clarity of thought. It's the "Staff" that allows for one to become stable under circumstances that appear to be out of our conscious control.

"Believe on it forever" is a reminder that God is changeless, because It is "First Cause." It's the Power greater than we are that gives us the faith and confidence that "God and I are a majority." There is never any need to believe that we are alone, because separateness only develops from our disconnection from the One Source.

A. J. Davis was a man who had much spiritual insight. His connection with spirit gave him the tools to open the doors of his mind that penetrated a deeper understanding of life, both here and the hereafter.

Through the practice of meditation, anyone can achieve higher states of consciousness. Meditation is no respector of persons. It's available to anyone who will "take it and try it." It's a matter of accepting and letting go of the ego self by placing and leaving all the collected "baggage" stuffed within, outside the door of the mind. Experiencing silence in meditation is really never total silence. The awareness of the Oneness of the Universal Mind reveals what is to be revealed and a knowingness that feels right comes with a still small voice. Meditation opens doors to resolve inner conflicts. Answers are revealed before the questions are even asked as you surrender to the "so called" silence and listen to its emptiness.

Even though many of the mystics describe "psychic abilities" that have developed as a result of meditating, that in itself was not their goal. The goal of Oneness with Universal Spirit opens the door for intuitiveness which allows the mediumship to develop.

It is my opinion, from the exposure I have had with Spiritualism, that this is what must have transpired in the course of the life of A. J. Davis. Devotion to the practice of meditation was instrumental in his mental development, and spiritual insights led him to acceptance of spirit communication.

As a meditator for many years, I can relate to the message of spirit that was given to A. J. Davis, and to "Believe on it forever" is a principle that is part of who I am that has honored me in the "test of time."

Positive Statements To Help Create a Positive Day.

Affirmations . . . SEPTEMBER 2001

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 I affirm healing, prosperity and wisdom are mine.
2 Each positive view returns positive energy to me.	**3** God's design and creativity are at work in all life.	**4** Praying for others is my channel for the love of Spirit.	**5** With God I can do better, I can move forward.	**6** A compassionate or kind deed is a blessing to all.	**7** My life is filled with infinite adventure, infinite possibilities.	**8** Forgiveness of myself and others brings greater health.
9 Breathing, smiling and loving are life's main chores today.	**10** I delight in each inspiration received from Spirit.	**11** It's comforting to know the soul lives on and continues to love.	**12** Energy never ceases, it continues to create in another form.	**13** "We are wiser than we know." *–Ralph Waldo Emerson*	**14** "The character of each man is the arbitrator of his own fortune." *–Syrus*	**15** "Love is space and time made directly perceptible to the heart." *–Proust*
16 "Where thou art, that is Home." *–Emily Dickenson*	**17** Spirituality is the practice of love and God in your life and in your heart.	**18** This moment is where the real life, the real essence exists and is experienced.	**19** "Each situation has its own language." *–Ibn Hisam al-Lami*	**20** There is One Source that is constant, loving, unchanging, and everlasting.	**21** My life is the life of God, my love is the love of God.	**22** I was born for a reason, to express my gifts and share my love.
23 All I could ever need or want I find in Infinite Spirit.	**24** I am grateful for my family and the lessons we share together.	**25** "There are so many things that I do not want." *–Socrates*	**26** Enjoy life! Each experience brings a lesson and a spiritual gift.	**27** "Come see the works of God; He is awesome in His doing." *–Psalm 66:5*	**28** I honor myself and my sacred journey.	**29** I am open to receive the good manifesting in my life. I am grateful to God.
30 "If the only prayer you say is 'Thank you,' that would suffice." *–M. Eckhart*		**Open your eyes, ears, and heart to Spirit!**				

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TOUSANA, Mable, Certified Medium , by appt. only, 1421 Pennsylvania, 46407 - (219) 883-1635.

• IOWA •

CLINTON

HORSTMAN, Rev. Bonnie, NST, Medium, 1958 Glendale Rd., 52732 - (319) 242-8460.

HORSTMAN, Rev. Harvey, NST, Comm. Healer, Medium, 1958 Glendale Rd., 52732 - (319) 242-8460.

DAVENPORT

BUCHHOLZ, Anita J., Licentiate & Medium, 1502 W. 7th St., 52802-1212 - (319) 326-3453.

BUCHHOLZ, Rev. William E., Medium and Comm. Healer, 806 E. Thirteenth St., 52803-4240 - (319) 326-3201.

• MAINE •

AUGUSTA

TRACY, Rev. Margaret M., Certified Medium, Comm. Healer, 27 North St., 04330-5007 - (207) 623-7264.

WALLACE, Earl L, Licentiate Minister, Certified Medium, Comm. Healer, 124 Spring St., Gardiner, 04345 - (207) 582-6745; e-mail: Godfreed@AOL.Com.

BELFAST

PARRY, Rev. Nancy Marshall, NST, Certified Medium, Healer; private readings, public lectures, classes, workshops, retreats; 28 Merriam Rd. #201, 04915 - (207) 338-4690; e-mail: clown@mint.net.

CANTON

SIGURDSSON, Rev. Rupert, NST, Comm. Healer, Rt. 1, Box 91, 04221 - (207) 597-2600, rupert@megalink.net.

GORHAM

HALDANE, Thomas B., Licentiate & Certified Medium, 32 Cumberland Lane Unit 5, 04038-1329 - (207) 839-4878.

SOUTH PARIS

NYE, Rev. Gloria J., NST, Certified Medium, 400 Mt. Mica Rd., 04281 - (207) 744-0046.

• MARYLAND •

TAKOMA PARK

MEERSCHAERT, Rev. John, Certified Medium and Comm. Healer, private consultations by appointment, 8716 Bradford Rd., Apt. 5, 20901 - (301) 585-0261, e-mail: seesspirit@aol.com.

• MASSACHUSETTS •

LOWELL

WINGOOD, Rev. Kenneth, 300 Douglas Rd., 01852 - (978) 454-4163.

WORTHINGTON

SULLIVAN, Rev. John F., Pastor of First Spiritualist Church of Springfield, Certified Medium, Comm. Healer, classes, counseling, private consultations, public lectures, 26 Witt Hill Rd., P.O. Box 392, 01098 - (413) 238-4495; e-mail: jsulli1942@aol.com.

• MINNESOTA •

ROCHESTER

YOUNG, Rev. Joyce E., NST, Certified Medium, Comm. Healer, 4814 115 Ave. NW, Byron, 55920 - (507) 775-6358.

YOUNG, Rev. John E., NST, Certified Medium, Comm. Healer, 4814 115 Ave. NW, Byron, 55920 - (507) 775-6358.

• NEBRASKA •

BELLEVUE

CLARK, Rev. Wm. L., NST, Comm. Healer, Teacher; Private classes and consultations by appointment; P.O. Box 183, 68005-0183 - (402) 292-3197.

OMAHA

FANSLAU, Alace J., Licentiate Minister & Medium, consultations by appt., classes at Spiritual Science & Philosophy Church, NSAC, 321 Hascall Street (on So. 4), 68108-2121 - (402) 345-0101.

• NEVADA •

MINDEN

POTTER, Rev. Louis, Ordained Minister, Certified Medium; Pastor, Spiritualist Chapel of the Pines, Auburn, CA; P.O. Box 1657, 89423 - (775) 782-3108.

• NEW HAMPSHIRE •

SALEM

BAUMHOFF, Mary Lou, Certified Medium, P.O. Box 2223, 03079-1152 - (603) 898-8854, Fax (603) 893-3603.

WINDHAM

SNELL, Rev. Catherine, NST, Certified Medium, by appt. only, 23 Pleasant St., 03087 - (603) 880-3599; csnell@hoflink.com.

TRAVIS, Rev. Janet, NST, 23 Pleasant St., 03087 - (603) 880-3599, jtravis@hoflink.com.

• NEW YORK •

BELLMORE

RIVERA, Rev. Milagros G., Medium, Healer; Readings and Classes, 1830 #21 Bellmore Ave., 11710 - (516) 781-9773.

CLIFTON PARK

KRAMER, Rev. Hillary, NST, Certified Medium, 15 Huntwood Dr., 12065 - (518) 371-8975.

EAST AURORA

KLEINSCHMIDT, Rev. Charlene, NST, Certified Medium, 1071 Wish Circle, 14052-9656 - (716) 652-4972.

KLEINSCHMIDT, Albert C., Certified Medium, Comm. Healer, 1071 Wish Circle, 14052-9656 - (716) 652-4972.

FARMINGVILLE

LLOYD, Rev. Nancy A., NST, Certified Medium and Counselor (call or write for appointment); Mail: P.O. Box 7, 11738-0007 - (631) 736-1058.

HOLBROOK

BERG, Rev. Virginia, Pastor, A Sanctuary of Infinite Spirit, NSAC, 1280 Claas Ave., 11741-3902 - (631) 588-3150.

LILY DALE

BURDICK-CAREY, Rev. Beverly, Certified Medium, 13 3rd St.,P.O. Box 1087, 14752 - (716) 595-2205.

• NORTH CAROLINA •

HENDERSONVILLE

GRIFFITH, Rev. Gail, NST, 200 Crestview Dr., 28791 - (828) 891-1312, gailgriffith@juno.com.

• RHODE ISLAND •

State Wide

KENT, Lynn, Licentiate Minister, Certified Medium, table-tipping physical phenomena workshops, private consultations and home gatherings, public lectures/seminars, website: www.spiritmedium.com, email: lynnkent@spiritmedium.com - (401) 245-8307.

KENT, Brian, Licentiate Minister, Commissioned Spiritualist Healer, specializing in Spiritual healings, website; www.spiritualist.net, email: briankent@spiritmedium.com; 28 Third Street, Warren, 02885 - (401) 245-8307.

• OHIO •

FAIRBORN

MOSCHKE, Rev. Raymond J., Comm. Healer, 1468 Ironwood Dr., 45324 - (937) 878-1165.

• TEXAS •

AUSTIN

BROWN, Mrs. Frances Cervin, Licentiate Minister and Certified Medium, 2723 S. Congress, Apt. 2309, 78704 - (512) 447-2188.

HAMNER, Rev. Dr. Jean, NST, Certified Medium, Commissioned Healer, Angels of Light Pastor, P.O. Box 4001, TX 78765-4001 - (512) 836-8829. Private consultations by appointment, public lectures, classes and workshops.

BELLAIRE

JESSUP, Rev. Jovita V., NST, Comm. Healer, Certified Medium, 5213 Chestnut Lane, 77401 - (713) 664-0737.

EDINBURG

MUSE, Rev. Evelyn, Minister, Certified Medium, NST, 1104 Susan Dr., 78539 - (512) 383-2510.

DALLAS

HANSON, Arthur E., Licentiate Minister and Healer, Rosie Lee, Licentiate Minister, 4653 Cedar Tone Dr., 75211-7723.

• UTAH •

ST. GEORGE

SAVAGE, Virginia, Licentiate Minister, Certified Medium, 1444 Basswood Way, 84790, (801) 634-9467. Summers: Box 1064, Lily Dale, NY 14752 - (716) 595-3046. Phone reading available.

• VIRGINIA •

ALEXANDRIA

KRITHADES, Rev. Christine, NST, 8725 Stockton Pkwy., 22308 - (703) 799-4774.

ARLINGTON

BATES, Virginia E., Licentiate Minister, 2716 N. Lexington St., 22207 - (703) 538-5164.

NORFOLK

CUTLER, Rev. Lelia E., NST, 7310 Midfield St., 23505-4126 - (757) 480-3799.

SPRINGFIELD

GEHMAN, Rev. B. Anne, Certified Medium, Comm. Healer, 5409 Backlick Woods Court, 22151 - (703) 354-5767.

VIENNA

STRANAHAN, Rev. Patricia, NST, 1717 Besley Rd., 22182 - (703) 242-8823.

• WASHINGTON •

BREMERTON

HICKS, Anne, Licentiate Minister of Church of Spiritual Unity, P.O. Box 4126 S. Colby, 98384 - (360) 876-9701.

SHAW, Maureen, Licentiate Minister of Church of Spiritual Unity, P.O. Box 4126 S. Colby, 98384 - (360) 876-9701.

SEATTLE

JOHANSON, Rev. Lillian, 4524 - 2nd Ave. N.E., 98105 - (206) 633-3438.

PEMBERTON, Rev. LaVerne, Ordained Minister of Church of Spiritual Unity, 3827 S. Mead, 98118 - (206) 722-2348.

TACOMA

WILLIAMS, Nicholas, Certified Medium, Comm. Healer, 2315 - 58th Ave. N.E., 98422 - (253) 927-8903.

• WEST VIRGINIA •

GREAT CACAPON

STARR, Rev. Barbara, NST, Comm. Healer, HCR 62, Box 148B, 25422 - (304) 258-4861.

WHEELING

GASBER, Rev. Velma, 104 N. Broadway St., 26003, Pastor of Way Memorial Temple - (304) 232-5795.

• CANADA •

MONTREAL, QUEBEC

ROSSNER, Rev. Dr. Marilyn, Ph.D., Pres./Pastor, Spiritual Science Fellowship, 1974 de Maisonneuve W., H3H 1K5 - (514) 937-8359.

DIRECTORY OF NSAC CHARTERED CHURCHES & AUXILIARIES

• ARIZONA •

PHOENIX - Chapel of the Sunflower, NSAC
Renate I. Baker, Secy., (480) 802-2768; Mailing address: 9142 E. Emerald Dr., Sun Lakes, 85248-0817; Sun. Serv. 2:00 p.m.; Development Classes Thurs. 7:00 p.m.; e-mail: revbaker@ix.netcom.com.

PHOENIX - Church of the Living Spirit, NSAC
Meeting place, LaQuinta Inn, 2510 W. Greenway Rd., Phoenix, 85023; Mailing address: 3521 W. Topeka, Glendale, 85308-2325; Co-Pastors, Rev. Gene & Rev. Sandra Pfortmiller, NST, (623) 581-5544; Sun. Serv. 10:30 a.m.; Tuesday Classes 7:30 p.m., call about location; Pres., Rev. Gene Pfortmiller.

PHOENIX - Harmony Chapel, NSAC
1522 W. Encanto Blvd., 85007-1203.

• CALIFORNIA •

CALIFORNIA STATE SPIRITUALISTS' ASSOCIATION
Pres., Rev. Sandra Cook, (805) 965-4474; Secy., Evadell Sordelet, 5537 Whitney Ave., Carmichael, 95608, (916) 481-8729.

AUBURN - Spiritualist Chapel of the Pines
457 Grass Valley Hwy. #7; Mailing address: 461 Grass Valley Hwy., #19, 95603; Sun. Serv. 10:00 a.m.; Fri. All Message Serv. 7:00 p.m., except last Fri. of month; Pastor, Rev. Louis Potter; Pres., Pauline Conrad; Secy., JoAnna Gallo, (530) 823-1816; .

MONROVIA - The Spiritualist Church of Revelation
200 W. Colorado Blvd., 91016; Sun. Services 10:30 a.m.; Pastor, Martin Pina; Pres., Anne Rafferty; Secy., Rev. Toni Ervin; Church phone (626) 256-3403; E-Mail: Greenry@earthlink.net.

REDWOOD CITY - Redwood Church of Spiritual Science, NSAC
149 Clinton St., 94062-1515; Sun. Serv. 11:00 a.m.

SACRAMENTO - Central Spiritualist Church, NSAC
2500 Marconi Ave., Suite 210, 95821-4855. Mailing Address: 4800 Auburn Folsom Rd., #63, Loomis, 95650-9328; Sun. Serv. 10:00 am.; Classes - first Tues. of the month 7:00 p.m., last Tues. of month Healing and All Message Serv. 7:00 p.m.; Pres., Denise E. Bell; Pastor and Secy., Rev. Sandra G. Dawson, NST., (916) 652-4568; e-mail: rdawson@jps.net.

SAN BERNARDINO - Temple of Spiritual Truth, NSAC
732 N. Sierra Way, 92402. Sun. Serv. & Healing 11:00 a.m.; Secy., Richard Patteson, 10939 Hole Ave., Riverside, 92505.

SAN FRANCISCO - The First Spiritual Temple, NSAC
672 South Van Ness Ave., 94110-1306 (between 17th & 18th); Sun. Serv., 2:00 p.m.; No weekday evening classes at this time; all correspondence to: Rev. Donald McFarland, Secy., 405 Sixth Ave. #3, 94118-3027.

SAN FRANCISCO - Golden Gate Spiritualist Church
1901 Franklin St. (Corner of Clay) 94109; Sunday, Lyceum 9:30 a.m., Sept. thru May; Healing 10:30 a.m., Devotional Serv. 11:00 a.m.; Wed. Healing 7:30 p.m., Serv. 8:00 p.m., (415) 885-9976; Pastor, Rev. Donald Haddick, NST; Pres., Sonny B. Gee; Secy., Engeltie Lauderback; All mail to: P.O. Box 642416, 94164.

SAN FRANCISCO - San Francisco Spiritualist Society
1832 Buchanan (between Bush & Sutter); Church phone, (415) 927-2139; Sun. Serv., 6:00 p.m.; Pastor Rev. Barbara Thurman, (415) 924-1106; e-mail: sfspiritualist@yahoo.com; All mail to Secy., Rev. B. Thurman, 200 Marina Vista, Larkspur, 94939-2144.

SAN JOSE - The Spiritual Science of Life Church, NSAC
"The Friendly Church," 729 Morse Street, (Corner of Morse St. & Naglee), 95126; Sun. Serv. 6:30 p.m., 2nd & 4th Sunday; Pastor Rev. Louise Peruch, NST; 4504 Independence Rd., P.O. Box 310, Glencoe, 95232-0310, (209) 293-4795.

SAN LEANDRO - Spiritualist Church of Two Worlds
1550 San Leandro Blvd., (Deaf Comm. Center) 94577; Sun. Serv. Healing 10:30 a.m., Reg. Serv. 10:45 to 12:00; Co-Pastors, Rev.'s Betty and Don Nauratil, (925) 283-1449; Pres., Jean McFarlane, 816 Cary Dr., 94577, (510) 483-5630; All mail to Secy., Rev. Betty Nauratil, 1048 Via Roble, Lafayette, 94549-2925.

SANTA BARBARA - Summerland Spiritualist Church of The Comforter
1028 Garden St., 93101; (805) 965-4474; Pastor, Rev. Sandi Cook, NST, e-mail: guide01@gte.net; Sun. Healing Serv. 10:30 a.m., Devotional Serv. 11:00 a.m., Wed. Message Serv. 6:30 p.m., Unfoldment Classes Sunday, Monday 1:30 p.m., Thursday 7:30 p.m.; Call for information on the Rev. Foard Memorial Library.

• COLORADO •

LITTLETON - Chapel of Spiritual Awareness
Forte Music Academy of Music, The Market Place at Ken Caryl, 10143 W. Chatfield Ave., Suite 15, (303) 797-7227; Sun. Healing & Meditation Serv. 9:30 to 10:15; Worship Serv. 10:30 to 11:30; Spirit Greetings 11:30 to 12:00; Beginning Spiritual Awareness and Advanced Unfoldment Classes are offered; Licentiate Minister, Dorothy M. Haskins; Pastor, Patricia J. Haskins-Schott, (303) 973-9993; **All mail** to: 6457 S. Xenon St., 80127; Internet site: Go to www.spiritual-awareness.org.

• CONNECTICUT •

CONNECTICUT STATE SPIRITUALIST ASSOCIATION
Pres., Lynn Gaffin, 70 Dell Ave., B5, New London, 06320-3346; Secy., Verline Eldridge, 34 Starr St., Norwich, 06360.

NEW LONDON - New London Spiritualist Church
2 Moore Court, 06320; (860) 440-3150; Sun. Serv. 10:30 a.m., Thurs. All Message Service 7:30 p.m.; Pres., Rev. Susan Ferency, 12 Butlertown Rd., Waterford, 06385; Secy., Lynn Gaffin, 70 Dell Ave., #B5, 06320; E-Mail: slynnh@aol.com.

NEWINGTON - The Church of The Infinite Spirit
Masonic Temple, 80 Walsh Ave., 06111; Sun. Serv. 10:30 – 12:00 on Sept. 10 & 24, Oct. 15 & 29, Nov. 12 & 26, Dec. 3 & 17; Year 2001, Jan. 14 & 28, Feb. 11 & 25, Mar. 11 & 18, Apr. 15 & 29, May 6 & 20, June 10 & 24; Closed July & August; Pastor, Allen Noddin, 174 Daley St., Forestville, 06010, (860) 582-7385; Pres., Mary Ann Noddin, 174 Daley St., Forestville, 06010, (860) 582-7385; Secy., Joan Wooster, 101 Leffingwell Ave., Waterbury, 06710, (203) 574-2017.

NIANTIC - Ladies Aid Society Camp at Pine Grove
June 10 - Sept. 9. Services, Sundays at 2:30, Tue., Thur., Sat. 7:30. For a program listing all Summer activities write to: Secy. Lynn Gaffin, 70 Dell Ave. #B5, New London, 06320-3346; E-Mail: slynnh@aol.com.

NORWICH - National Spiritualist Church of Norwich, Inc.
29 Park St. (off Main St.), 06360, (860) 886-8522; Secy., Sandra Morse.

OLD GREENWICH - Albertson Memorial Church Of Spiritualism
293 Sound Beach Ave., 06870; (203) 637-4615; Sun. Serv. 11:00 a.m., all welcome; Pastor, Rev. Melvin O. Smith.

WILLIMANTIC - The First Spiritualist Church of Willimantic
268 High St., 06226, (860) 423-5774; Sun. Serv. 10:30 a.m. Sept. thru May; service twice a month June, July, August. For more information, please call the church; Healing Service Thursdays at 7:30 p.m. Sept. thru May; in Summer a Healing Service is held on the Thursday after there has been a Sunday Service; Pastor, Joyce Orcutt, 133 Wales Rd., Andover, 06232, (860) 742-7846; Licentiate Minister, Clinton Cady, P.O. Box 67, 06226; Secy., Cynthia M. Snyder, 145-N Cemetery Rd., Plainfield, 06374, (860) 564-5976.

• DISTRICT OF COLUMBIA •

WASHINGTON - The Church of Two Worlds
3038 "Q" St., N.W., 20007; Sun. Healing 2:00 p.m., Serv. 2:30 p.m., (202) 333-5114; Pres., John Rothamel, Jr., (410) 590-9187; Secy., Robin Kitto Rothamel (410) 590-9187.

• FLORIDA •

ORLANDO - Spiritualist Church of Awareness, NSAC
3210 N. Chickasaw Trail (P.O. Box 571043, 32857-1043), (407) 678-3688 Please leave message; Sun. Adult Lyceum 10:00 a.m., Sun. Serv. 10:30; Wed. Serv. 7:30 p.m.; Healing, Lecture, Messages at all services; Co-Pastor and Pres., Rev. Jean Kerr Lerch, NST, 335 Piney Ridge Rd., Casselberry, 32707-3805, (407) 834-5378; Co-Pastor and Treas., Rev. E. Ann Otzelberger, NST, (407) 826-0807; Secy., Stacy K. Davis, 10509 Jepson St., 32825-6606, (407) 658-7624.

• ILLINOIS •

ILLINOIS STATE SPIRITUALIST ASSOCIATION OF CHURCHES
Secy., Rik Kristinat, 920 N. Franklin St., Ste. 205, Chicago, 60610.

AURORA - Christabelle Spiritualist Church
Secy., Martha L. Witt, 1204 Game Farm Rd., Yorkville, 60560-1141, (630) 553-2517.

BURNHAM - Puritan Spiritualist Church, NSAC
13906 Greenbay Ave., 60633-1614; Sun. Serv. 2:30 p.m.; Pastor, Anna Gross, 10930 Ave. "M", Chicago, 60617-6929; Secy., Rozanne Langreder, 3344 E. 186th St., Lansing, 60438, (708) 418-5157.

CHERRY VALLEY - Cherry Valley Spiritualist Camp, Inc.
8002 Service Rd., 61016 Rd., 61016, (815) 332-5359; Camp Season: June thru Sept., Nov. thru May; Serv.: First Sun. of each month at 1:00 p.m.; Pres., Arsenia Williams; Secy., Richard Taylor.

CHICAGO - The Church of The Spirit
2651 N. Central Park Ave., 60647-1101, (773) 489-5422; Chicago's Oldest Spiritualist Church; Sunday Family Worship - Healing 10:00 a.m., Worship Serv., 10:30 a.m.; Worship/Message Serv., Wed. 7:00 p.m., Development Class 8:00 p.m.; Pastor, Ms. Marrice Coverson; Secy., Dr. Alan Tenczar.

CHICAGO - Spiritualist Church of Truth
6343 West Cuyler (1/2 block north of Irving Pk.) 60634; Serv. 2:45 p.m., Healing, Lecture, Messages every Sunday; Pastor & Pres., Rev. Florence Heyward; Secy., Judith Galar, 4050 N. Oriole Ave., Norridge, 60706-1117, (708) 452-8754.

CHICAGO - Tucker Smith Washington Spiritualist Temple
6146 S. Ashland Ave., 60636, (312) 436-0366.

LE ROY - J. T. & E. J. Crumbaugh Spiritualist Church
102 S. Pearl St., 61752-0174, (309) 962-9076 (leave message); Lyceum 1:00 p.m., Healing/Meditation 2:00 p.m., Devotional/messages 2:30 every Sunday; Pres., Chuck Johnson, (309) 888-9393.

• INDIANA •

INDIANA STATE ASSOCIATION OF SPIRITUAL SCIENCE, NSAC
Secy., Hertha Comstock, 1221 E. California Rd. #217, Fort Wayne, 46825-6106, (219) 373-2843; Pres., Rev. Jessie James, (219) 885-0091.

GARY - First Spiritualist Church, Inc., NSAC
2430 W. 11th Ave.; Serv. Sun. 3:00 p.m., Wed. 8:00 p.m.; Pastor & Pres., Rev. Jesse James, Jr., 1301 Pennsylvania St., 46407; Secy., Verillia Shaffer, P.O. Box 4278, 46404; Unfoldment Classes Sat. 1:00 to 4:00 p.m., Lyceum Sun. 3:00 p.m.; Jacqueline Crooms, 853 Grant St., 46403.

INDIANAPOLIS - New Dawn Spirit of Light Church, Inc., NSAC
3637 W. 10th St., 46222-3376; Sun. Serv: 10:30 a.m. Healing - 11:00 a.m. Worship and Message Serv. - Kids Time 10:30-11:30 a.m.; Wed. 7:00 p.m. Development class; Every 5th Sunday All Message Service, covered dish dinner; Secy., Wanda Whetsel, (317) 267-0888; Pres. & Lic. Minister, Mildred Schlagel, (317) 291-0799.

MICHIGAN CITY - Spiritual Science Church, NSAC, Inc.
314 W. Coolspring Ave., 46360, (219) 874-6002; Sun. Serv. 11:00 a.m.; Pastor & Pres., Rev. Ruth Novak, (219) 872-6621; Asst. Pastor, R. Bianchi, L.M., (219) 426-5797; All corresp. to: R. Bianchi, 609 Center St., Valparaiso, 46385.

• IOWA •

CLINTON - First Spiritualist Church
5416 - 6th Ave. So., P.O. Box 123, 52732-0123, (319) 243-3233.

CLINTON - Mississippi Valley Spiritualist Assoc. Camp
P.O. Box 75, 52733-0075; 1999 Camp Season, July 10 thru August 21; Rev. Bonnie Horstman, Secy., NST, (319) 242-8460.

CLINTON - Sunflower Spiritualist Church
10 Mt. Pleasant Park; Mail to: P.O. Box 6, 52733-0006; Sun. Serv. at 10:30 a.m.; Co-Pastors, Rev. Harvey and Rev. Bonnie Horstman, NST; Secy., Mary Ellen Horstman.

DAVENPORT - Spiritualist Harmony Church
1429 W. Seventh St., 52802-1212, (319) 324-9659; Sun. Healing Serv. 1:30 p.m.; Worship & Message Serv. 2:00 p.m.; Lyceum Classes available; (Closed during July and August.); Pastor, Rev. William E. Buchholz, 806 E. 13th St., 52803-4240, (319) 326-3201; Secy., Pat Peck.

• MAINE •

MAINE STATE SPIRITUALIST ASSOCIATION OF CHURCHES
Pres., Graham Connolly, 25 Fessenden St., Portland, 04103, (207) 879-0424; Secy., Betty Simpson, R.R. #2 Box 5055, Carmel, 04419-9802, (207) 848-2273; Treas., Barbara Eckhardt, 41 S. Chestnut St., Apt. B, Augusta, 04330, (207) 626-9931.

AUGUSTA - Augusta Spiritualist Church
P.O. Box 2492, 04338; Pastor, Earl L. Wallace; Secy., Patricia A. Wallace, 124 Spring St., Gardiner, 04345, (207) 582-6745; Sun. Serv. 10:30 a.m.; Thurs. Awareness Class 7:00 p.m.

BANGOR - The Harrison D. Barrett Memorial Church, NSAC
114-118 Harlow St., (under Lamb's Bookstore); Sun. Serv. 10:00 a.m.; Secy., Betty Simpson, R.R. #2 Box 5055, Carmel, 04419-9802, (207) 848-2273, e-mail address is simponb@hermon.net. Please visit our web site at www.nsac.org, and go to churches and camps, choose state, ME, and click on Bangor. Church services may be canceled for the summer months or inclement weather. Please call the secy. for more information.

HARTFORD - Pinpoint of Light Spiritualist Camp
Mail address: R1, Box 91, Canton, 04221; Open July and August - Service, Seminars and Classes; Secy. Virginia Norris CH; Pastor, Rev. Rupert Sigurdsson, NST. For information, Phone and Fax (207) 597-2600; E-Mail: rupert@megalink.net.

HARTFORD - Pinpoint of Light Spiritualist Center
Mail address: R1, Box 91, Canton, 04221; Sun. Serv. 11:00 a.m.-12:30 p.m., followed by a potluck lunch; Classes Wed. and Fri. evenings 7:00-9:00 p.m.; Secy., Virginia Norris; Pastor, Rev. Rupert Sigurdsson, NST; For information, phone (207) 597-2600, E-Mail - rupert@megalink.net.

MADISON - Madison Spiritualist Camp
Located at Lakewood Village, Rt. 201, six miles north of Skowhegan, ME. We meet July 10th through August 11. Schedule to be announced. For information, contact President John Davidson, 74 Central Ave., Waterville, 04901, phone (207) 877-2204; e-mail jdavidson@panax.com. There are no accommodations for the general public for rooms, camping, or meals. There are plenty of locations in the surrounding area.

NORTHPORT - Temple Heights Spiritual Camp Assoc.
Shore Road, Northport on Penobscot Bay; Camp session is from mid-June through the Sunday after Labor Day. A different featured medium each week. Services at 2:30 p.m. Sun. and 7:30 p.m. Tues., Thurs. and Fri.; Sun. Pot Luck 5:00 p.m. and Concert or other activity at 6:30 p.m.; Class Mon. at 7:30 p.m.; Message Circles Wed. and Sat. at 7:30 p.m.; Workshops/seminars Saturday morn. and/or afternoon; Accommodations with kitchen privileges available; for a program or information, call (207) 338-3029 (Apr.-Oct.) then (207) 338-4690, or P.O. Box 311, Lincolnville, 04849-0031; Pres., Pam Strickland, P.O. Box 93, Owl's Head, 04854, (207) 594-9038, e-mail: pstone48@aol.com; Secy., Rev. Nancy Marshall Parry, NST, 28 Merriam Rd. #201, Belfast, 04915, e-mail: clown@mint.net.

NORTHPORT - Temple Heights Spiritualist Church
Shore Road, Northport; Services 2:30 p.m. Sundays at Temple Heights Spiritual Camp from May to October and at Excelsior Lodge on the Shore Road, Saturday Cove, Northport from Nov. to April; (207) 338-3029; Pres, Jean E. Bower, 159 Northport Ave., Belfast, 04915, (207) 338-1355; Secy., Carol A. Fricke.

PORTLAND AREA - Portland Spiritualist Church
719 Main St., (Unitarian Universalist Church), Westbrook; Mailing Address: P.O. Box 6551 PTS, 04102; Sun. Serv. 6:30 p.m.; Fri. Class 7:30 p.m.; Pres., Michael Carter, (207) 797-2039.

• MASSACHUSETTS •

MEDFORD - Medford Spiritualist Church, NSAC, Chapel of Peace
Sunday Services held at the Unitarian Universalist Church, 147 High St., 02155; Services at 5:00 p.m., Healing Lecture and Messages; Summer Services run from June to end of August: Held on Tues. Evenings at 7:30 p.m.; For Info. call Acting Pastor/Treas., Sandra Millen, 103 Columbus Ave., Salem, 01970, (978) 744-0546, or Carol Wendell, (781) 396-0900.

ONSET - On-I-Set Wigwam Co-Workers Spiritualist Camp
Season opens June 4th till Labor Day; Camp phone (508) 291-0073; Sun. Serv. 2 p.m.; Wed. Open Class 6 p.m. & Service 7:30 p.m.; Mediums Day's - Message Circles - Workshops/Seminars scheduled; Secy., Rev. Susan Ferency, 2 Moore Ct., New London, CT 06320, (860) 439-1395. Prior to season call or write for a full program.

SALEM - First Spiritualist Church of Salem
34 Warren St., 01970; Sun. Early Serv. 5:30-6:00 p.m.; Lunch break 6:00-6:30 p.m., Healing & Evening Serv. 6:30-8:00 p.m.; Telephone for weather cancellations, (978) 745-2098; Church season is Sun. after Labor Day - last Sun. in June; Pres., Dorothy Thurlow, 169 Bachelor St., W. Newbury, 01985, (978) 363-2009; Secy., Nancy L. Karolides, 144 Boston St., Middleton, 01949, (978) 774-4048.

REHOBOTH - First Spiritualist Church of Brockton, Inc., NSAC
Services held at Agawam Grange Hall, Junction of Routes 44 & 118, (12 min. from Providence, RI); All mail: Linda Kent, Secy., P.O. Box 206, Swansea, 02777-0206; Healing—Devotional Service—Spirit Messages; Services Sun. 10:30 a.m.; Unfoldment Classes Sept. through May; Mediums', Special Classes, and Seminars. Please consult the Web at www.fscbrockton.homestead.com; e-mail: lynnkent@spiritmedium.com, or Toll Free: 877-568-7315.

SPRINGFIELD - The First Spiritualist Church of Springfield, Inc.
33-37 Bliss St., 01105, (413) 732-1234; Worship Serv., 2nd Sun. after Labor Day until last Sun. in June at 10:30 a.m.; Development classes Thurs. at 7:30 p.m.; Pastor, Rev. John F. Sullivan, 26 Witt Hill Rd., P.O. Box 392, Worthington, 01098 - (413) 238-4495, e-mail: jsulli1942@aol.com; Pres., Paul D'Angelo, 87 Paderewski St., Chicopee 01013, (413) 592-5659, e-mail: D'Angelo@universalplastics.com; Secy., Denise St. Pierre, P.O. Box 392, Worthington, 01098, (413) 238-4495, e-mail: Denise1957@aol.com; church website: www.community.masslive.com/cc/Spiritualist.

DIRECTORY OF CHURCHES, *(Continued from previous page.)*

• MICHIGAN •

MICHIGAN STATE SPIRITUALIST ASSOC. OF CHURCHES
Pres., Marcia Hyatt, 4161 Buckingham, Detroit, 48224-3538; Secy., Marjorie Elaine Weichner, 8022 W. Chain Lake Rd., P.O. Box 89, South Branch, 48761-0089, (517) 257-4133.

CHARLEVOIX - The Golden Rule Spiritualist Church
07444 Old US 31 North, 49720-9422, (231) 347-9601 or (231) 347-7916; Sun. Serv. 10:00 a.m., mid-April thru June, and Sept. thru Nov. (No "church" services in July and Aug. because "camp" services are held at the same location.) Services may start sooner in the year or run later in the yera depending upon the weather. Located halfway between Petoskey and Charlevoix. Turn on Murray Rd. and then immediately turn right on Old 31, drive .8 (tenths) of a mile, on your left; Pastor, Rev. Cosie Allen, NST.

CHARLEVOIX - Northern Lake Michigan Spiritualist Camp
(Bayshore) 07444 US Old 31 N, 49720-9422, (616) 347-3899.

DETROIT - First Spiritualist Temple of Detroit
4161 Buckingham, 48224-3538.

LESLIE - Flower Memorial Spiritualist Church
West Bellevue at High St.; Sun. Lyceum 11:00 a.m., Church Serv. 10:45 a.m.; Pres., Timothy Weichner; Secy., Mary Ellen Weichner, 149 Vicary Rd., 49251-9746, (517) 589-9861.

OXFORD - Spirit of Harmony Chapel, NSAC
340 North Lapeer Rd., 48371; (810) 814-9172.

ROYAL OAK - First Spiritual Temple
3224 Greenfield Rd. (1 1/2 blocks So. of 13 Mile), 48073-6534; Sun. Serv. 10:00 a.m. & 7:00 p.m.; Pastor, Rev. Stanley Gutt, (248) 548-2240.

SOUTH BRANCH - Chain Lake Spiritualist Camp Association
8000 W. Chain Lake Rd., 48761-0089; Sun. Serv. 11:00 a.m., June 17, 2000 through Sept. 2, 2000; Annual Retreat July 8-13, 2001; Lyceum Dir., Dawn Hyatt; Pres., Donald Weichner, 8022 W. Chain Lake Rd., P.O. Box 89, 48761-0089; Secy., M. Elaine Weichner, 8022 W. Chain Lake Rd., P.O. Box 89, 48761-0089, (517) 257-4133.

• MINNESOTA •

MINNEAPOLIS - Second Spiritualist Church
2230 Lyndale Ave. N.; Sun. Serv. 10:30 a.m.; Secy's., Chrissy & Melanie; Pres., Beth, P.O. Box 6115, 55406, (612) 529-0781.

MINNEAPOLIS - Spirit of Life Spiritualist Church
Services at Lake Harriet Comm. Church at 4401 Upton Ave. S., 55410.

ROCHESTER - Third Spirit of Life Spiritualist Church
Services Mon., 7:00 p.m., in the Unity Church building, 911 11th Ave. NW; Pastors, Rev. Joyce E. Young, NST, and Rev. John E. Young, NST; Secy., (507) 775-6358; Mailing address, P.O. Box 7312, 55903.

ST. PAUL - Spiritual Science Church
411 Main St., 55102; Sun. Serv. 10:00 a.m.; Pres., Joan LeDuc, 2169 Scheffer Ave., 55116, (612) 255-4609 (church) or (612) 699-4858 (home); Secy., Maureen Florés, c/o 2169 Scheffer Ave., 55116-1255.

• MISSOURI •

ST. LOUIS - Fifth Spiritualist Church
6026 S. Kingshighway Blvd., 63109-3558; Sun. Serv. 10:30 a.m.; Healing, Meditation & All Message Service, 1st Wed. of the month at 7:00 p.m.; Student Minister/Pastor, Toye E. Stinson, 566 Old Highway 100, Villa Ridge, 63089, (636) 451-2838; Secy., Rev. Brenda Wittich, 3903 Connecticut St., 63116-3905, (314) 773-0106.

• NEBRASKA •

OMAHA - Spiritual Science & Philosophy Church, NSAC
321 Hascall St., 68108-2121; Sun. Serv. 11:00 a.m.; Sunday Philosophy Class Noon when scheduled; Pastor & Secy., Alace Jayne Fanslau, 321 Hascall St., 68108-2121, (402) 345-0101.

• NEVADA •

LAS VEGAS - Spiritualist Desert Church, NSAC
953 E. Sahara Ave., Commercial Arts Bldg. #D-12, 89104; Mailing address: Box 82134, 89180-2134; Tel. or Fax (702) 257-7506; Sunday Serv. 11:00 a.m. & 7:00 p.m.; Healing & Meditation Serv. Wed. 7:00 p.m.; Classes available; Pastor, Rev. Catherine Stewart, NST; Secy., Marcia Forkas.

• NEW HAMPSHIRE •

SALEM - The Church of Spiritual Life, Inc.
Masonic Hall, 109 Main St., Rt. 97; Mailing address: P.O. Box 414, Nutting Lake, 01865; Year Round Services; Regular Sunday Service 10:30 a.m.; Wed. classes p.m. call; Pastor, Rev. Kenneth Wingood, (978) 454-4163; Secy., Stephanie Frobese, (978) 851-6592.

• NEW JERSEY •

MERCHANTVILLE - Stow Memorial Foundation
Robert Egby, P.O. Box 339, Westville, 08093.

WESTVILLE - Church of Eternal Life
243 W. Olive & Folsom Sts., 08093; Sun. Healing Serv. 11:00 a.m.; Worship & Message Service 11:30 a.m.; Telephone for weather cancellations (856) 456-2196; Pastor, Lillian Joyce, 405 Binker Ave., Berlin, 08009, (856) 767-1651; pastorlil-1@juno.com; Pres., Joyce Smith, 209 W. Madison Ave., Magnolia, 08049, (856) 627-6977; Secy., Kathleen Pollack, 1762 Crown Pt. Rd. #537-A, Thorofare, 08086, (856) 848-7053.

• NEW YORK •

ALBANY - Capital District Spiritualist Center
c/o Robinson, 106 Lorraine Ave., Schenectady, 12304.

CLIFTON PARK - Spiritualist Open Center
Pastor, Rev. Hillary Kramer, NST, 15 Huntwood Dr., 12065, (518) 371-8975.

EAST AURORA - First Spiritualist Temple
29 Temple Pl., 14052, (716) 652-5018; Sun. Healing Service 10:30 a.m.; Lecture and Message Service 11:00 a.m.; Social Hour 12:15 p.m.; Dinner Day 3rd Sun. of month followed by Circles or All Message Service; Secy., Donna Azzarelli, (716) 691-3406.

LILY DALE - Lily Dale Assembly
5 Melrose Park, 14752, (716) 595-8721, Fax (716) 595-2442; Office Hours, Sept.-June, M-F, 10 a.m.-2 p.m; June-Aug, M-F, 9 a.m.-4p.m., Sat. 9 a.m.-12 Noon, closed Sunday; Camp Season: Last Friday in June to day before Labor Day; contact Lillian F. Farnham, Secretary.

LILY DALE - Lily Dale Spiritualist Church
Sun. Serv. 10:30 a.m.; Healing & Message Serv. each Wed. 7:30 p.m.; Pres., Betty C. Schultz, (716) 595-3304; Secy., Sueanna Vollmar.

LONG ISLAND - A Sanctuary of Infinite Spirit, Inc., NSAC
Healing & Worship Service, Sun. 11:00 a.m. at the Smithtown Masonic Temple, 34 River Road, Smithtown, NY; Pastor, Rev. Virginia Berg, (631) 588-3150; Asst. Pastor, Rev. Nancy Lloyd, (631) 736-1058; Mailing address: 1280 Claas Ave., Holbrook, 11741-3902.

LONG ISLAND - New Horizon Spiritualist Church, Inc.
261 Elmont Rd., Elmont, 11003, (516) 354-1395; Services every other Sunday at 2:00 p.m.; Development Classes, Wed 8:00 p.m.; Pastor, Rev. Milagros G. Rivera; Pres., Dorothy Chusid.

LONG ISLAND - Temple of Metaphysical Science, NSAC
15 Oak St., Patchogue, 11772; Sun. Serv.: Healing and Worship 11:00 a.m.; Pastor, Rev. Catherine Snell, NST; Asst. Pastor, Rev. Janet Travis, NST; Mailing address, Mr. Edward Freidlein, Corresponding Secy., P.O. Box 1150, West Babylon, 11704, e-mail: TMS@hoflink.com; http://www.TMS-Li.org.

ROCHESTER - Plymouth Spiritualist Church
Meets at Days Inn, 384 East Ave., Sun. Serv. 10:30 a.m.; Pres., Joanne Antinore; Pastor, Robin Higgins, (716) 227-6291; Mailing address: 201 Springfield Ave., 14609.

• OHIO •

OHIO STATE SPIRITUALIST ASSOCIATION
P.O. Box 5, Ashley, 43003.

ASHLEY - Ashley Spiritualist Camp Association
Wooley Park Drive, P.O. Box 277, 43003; Secy., Nikki DeWitt, (740) 747-3825, e-mail: www.members.Tripod.com/ashleycamp..

ASHTABULA - First Spiritualist Church
4230 Main Ave.; Sun Serv., 2:00 p.m., Healing & Clairvoyance; **TELEPHONE FOR WEATHER CANCELLATIONS** (440) 293-7056; Pres., Charles J. Benes, 8513 Creek Rd., Williamsfield, 44093, Secy.-Treas., Dorothy A. Benes; Services are held starting with the 2nd Sunday in September and continue through the last Sunday in May. The Church Book Shop is open every Sunday. Church is not in session during June, July, and August.

COLUMBUS - First Spiritualist Church of Linden
1751 Aberdeen Ave., 43211; Pastor, Natalie Smith Blakeslee; website: NATALIE@LOVEANDLIGHT.COM ; Secy., Steven Duffey, (614) 263-1631; Services, Sun. Morn. - Lyceum 9:30 a.m., Lecture Serv. 10:30 a.m.

COLUMBUS - Spiritualist Church of Spirit Revelation
1081 E. Weber Rd., 43211.

DAYTON - Spiritual Life Center, NSAC
611 Watervliet Ave., 45420, (937) 878-1165.

MARION - Memorial Spiritualist Church
667 Henry St., 43302-6137; (614) 387-8887.

• OKLAHOMA •

OKLAHOMA CITY - Central Spiritualist Church
2348 N.W. 36th St., Sun. Serv. 2:30 p.m.; Lyceum Sun. 1:00 p.m.; Pastor, Juanita Oyer; Pres., Charlotte Griffin, 1306 S.W. 38; Secy., Juanita R. Oyer, 6216 S.E. 10th St., 73110, (405) 732-7975.

DIRECTORY OF CHURCHES, *(Continued from previous page.)*

• PENNSYLVANIA •

ALLENTOWN - Getter Memorial, NSAC
1123 Oak St., 18102; (610) 434-3454.

McKEESPORT - First Spiritualist Church
809 Locust St., 15132, (412) 672-1272; Sun. Serv. 1:00 p.m., Healing, Lecture and Messages; Pres., Carol Perella, P.O. Box 1981, Pittsburgh, 15230-1981, (412) 461-7002; Vice Pres., Jim Rocky, (412) 381-7584, Ella Bryner, (412) 673-7880, Secy. Colleen Bambling, 125 Tuscola St., Pittsburgh, 15211, (412) 431-1838.

PHILADELPHIA - Second Spiritualist Church
423 S. Broad St., 19147, (215) 735-9630; Lyceum Sun. 4:30 p.m.; Healing and Worship Service 5:30 p.m.; Wed. all message, 7:45 p.m.; Pastor, John E. Faison, Sr.; Co-Pastor, Betty Hutt; Secy., Gladys M. Faison, 2118 N. Natrona St., 19121, (215) 232-9219.

• TEXAS •

AUSTIN - Angels of Light Spiritualist Church
9704 1/2 Chukar Circle, chapel walkway to the right. Devotional, healing & message service followed by adult lyceum 2nd and 4th Sundays at 2PM; Rev. Dr. Jean Hamner, Pastor, P.O. Box 4001, Austin, TX 78765-4001; (512) 836-8829.

AUSTIN - First Spiritualist Church
4200 Ave. "D", 78751, (512) 458-3987; Devotional, healing & message service every Sunday at 10:00 a.m.; Pres., Tom Denney; Corr. Secy., Beth P. Fitzherbert.

CAMERON - First Spiritualist Church
802 S. College Ave., P.O. Box 1152, 76520; Sun. Serv. 10:30 a.m.; Lunch 12:00; Second Service 1:00 p.m.; Third Sun. of each month; Pastors, Mrs. Frances Brown, Licentiate & Medium, 2723 S. Congress, Apt. #2311, Austin 78704, (512) 447-2188, and Rev. Evelyn Muse, NST, 1104 Susan Dr., Edinburg, 78539, (512) 383-2510; Secy.-Treas., Verna Hentz, 406 E. 7th St., (254) 697-3912.

DALLAS - Second Spiritualist Church, NSAC
13610 Midway Rd., Suite 212; Devotional, Healing and Message Serv., 2nd and fourth Sundays each month at 2:00 p.m.; Class/Circle following service at 4:00 p.m.; Pres., Ann Council, (972) 218-7220; Secy./Student Pastor, Robert Croteau, (972) 675-9080; Mail: 1318 Guildford St., Garland, 75040; e-mail: SSC@SSCNSAC.ORG; http://SSCNSAC.org.

HOUSTON - First Church Of Divine Science, NSAC
2115 Turner Dr., 77093; Mailing Addr.: P.O. Box 11088, 77293-1088; Pres., Rev. Jovita Garcia-Jessup; Rev. Marie W. Smith; Secy., Norma L. Freshour, 2280 Des Jardines, 77023-5118; Sun. Serv. 2:30 p.m.; Wed. open healing and meditation 7:30 p.m.; Messages from Spirit 8:00 p.m.; Fri. Spiritual Development 7:30 p.m., (713) 695-2550; e-mail: ITZNOWOO@aol.com.

HOUSTON - Church Of Divine Spirit
8010 Wier, #1, 77093-6138.

SAN ANTONIO - Louise Scholtz Memorial Chapel, NSAC
1627 Pan Am Express Way No.; Sun. Serv. 10:30 a.m. to 11:30 a.m.; Pastor, Garrett H. Scholtz; Secy., Mardi Gallaway, 1615 Pan Am Express Way, Apt. #3, 78208-1143, (210) 226-9545; Treas., Elizabeth Dolyak, 19211 Sandyglen, 78240, (210) 641-6589.

TAYLOR - First Church of Psychic Science, NSAC
1300 W. 4th & Ferguson, P.O. Box 1113, 76574; (512) 251-5425.

• VIRGINIA •

FALLS CHURCH - Center for Spiritual Enlightenment, NSAC
222 No. Washington St., 22046 (at the Women's Club), (703) 242-8823; Healing Service each Sunday 10:00 a.m., followed by Worship Service at 10:30 a.m., September through June; Pastor, Rev. B. Anne Gehman; Pres., Wayne Knoll; Secy., Rita O'Connor, 8334 Idylwood Rd., Vienna, 22182, (703) 204-2821; e-mail: finder@cais.com.

NORFOLK - The Memorial Spiritualist Church, NSAC
307 W. 37th St., 23508, (757) 622-5070; Service held on Sundays at 11:00 a.m. and 7:30 p.m.; Wed. at 7:30 p.m.; Healing available at 7:00 p.m. Sun. and Wed.; Pres., Carol A. Brown; Secy., Rev. Lelia E. Cutler, NST; Lyceum Director, Beth Yates.

• WASHINGTON •

DES MOINES - Church of Divine Grace, NSAC (www.DivineGrace.org)
Services held on Sunday at 6:00 p.m. at Des Moines Masonic Temple, 2208 S. 223rd St.; All Correspondence to: 22246 24th Ave. S., #M97, 98198, (206) 824-7454; e-mail: Info@divinegrace.org.; Pres., Bernie Allers; Secy., Lezlie Deuchress.

MILTON - Camp Edgewood, NSAC Assoc.
1228 - 26th Ave. Ct., 98354; Tel. (253) 927-2050, Fax (253) 927-7531; Pres., Anne Larson, (253) 474-8052; Secy., Karen Wennerlind.

MILTON - Church of Spiritual Truth, NSAC
Camp Edgewood - Sun. Serv. 11:00 a.m.; Pastor, Rev. Lillian Johanson; Pres., David Chapman, Sr.; Secy, Denice Chapman, P.O. Box 646, Milton, 98354.

MILTON - Church of Spiritual Unity, NSAC
Camp Edgewood - Church Serv. Sundays, 2:00 p.m.; Pastor, Rev. LaVerne Pemberton, (206) 722-2348; Pres., Colleen Mohler, 1210 - 26th Ave. Ct., 98354, (253) 927-2365; Secy., Judi Johnson, (253) 535-2448.

• WEST VIRGINIA •

WHEELING - First Spiritualist Association of Wheeling WV.
(Way Memorial Temple) N. Broadway & Maryland Sts., (304) 233-5065; Sun. Lyceum at 9:30 a.m.; Healing and Worship Serv. 10:45 a.m.; Wed. Healing 6:30 p.m., Message Serv. 7:00 p.m.; Lyceum Conductor Beverly Goff, Asst. Conductor Melvina Taylor; Pastor, Raymond Jones, 104 N. Broadway St., 26003, (304) 232-5795; e-mail: rayjones@prodigy.net; Web-site: www.waymemorial.org/; Open Circle Tues.. 7:30; Pastor, Ray Jones; Temple open Sept. thru June.

• WISCONSIN •

WEST ALLIS - First Spiritualist Church of West Allis
6228 W. Washington St., 53214; Sun. Healing & Worship Serv. 10:30 a.m.; Pastor, Rev. Pamla Ashlay, (414) 545-7650; Pres., Manila Kochanski, W1371 Hwy. O, Oconomowoc, 53066, (920) 474-7332.

WONEWOC - West Wisconsin Spiritualist Camp Association
304 Hill St., 53968, (608) 464-7770; Open July and Aug., Weekends in September; Pres., Roland K. Berger, (608) 274-8845.

• CANADA •

BRITTEN MEMORIAL CHURCH OF CANADA
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THE CHURCH OF UNIVERSAL LOVE
118 Finch Ave. West, Willowdale, On., M2M 2H9 - (416) 730-8988; DIVINE SERVICE Sun. 10:30 a.m., Tues. Open Development Circle 7:00 p.m., Wed. Healing & Messages 8:00 p.m., Fri. Open Meditation Circle 7:30 p.m.; Pastor, Marilyn Gaitskell.

THE FELLOWSHIP OF SPIRITUALISTS CHURCH
81 Gladstone Avenue, Valleyview Community Centre, Oshawa, Ontario L1J 4E4; Sun. Evening Serv. 7:00 p.m.; Meditation after 1st Sunday of the month evening Service; Spiritual Healing after all other Sunday Services; Pastor, Rev. Alva Folkes, (905) 725-3737.

THE FIRST SPIRITUAL CHURCH OF MONTREAL
2186 St. Catherine St. West, Montreal, Quebec, H3H 1M7; English Serv. - Sun. 2:00 p.m. & Wed. 7:30 p.m.; French Serv. - Sun. 4:30 pm., 2nd & 4th Wed. 7:30 p.m; Rev. Mary Amato, Minister, (514) 365-0661.

THE FIRST SPIRITUALIST CHURCH OF GALT
72 Grand Avenue North, Cambridge, Ontario, N1S 2K9, (519) 622-7177; Pastor, Rev. Ed Kenning; Asst. Pastor, Rev. Karen Charles; Sun. Serv.: Healing 2:30 p.m., Devotional 3:00 p.m.; Summer (June, July, August): Healing 6:30 p.m., Devotional 7:00 p.m.; Meditation, healing and message circle, Wed. 7:00 p.m.; Development & Healing Classes available.

SPIRITUAL SCIENCE FELLOWSHIP
Office: 1974 de Maisonneuve W., Montreal, QC H3H 1K5, (514) 937-8359, Fax (514) 937-5380; Location: Days Inn, 1005 Guy St., Montreal; Sun. Serv. 7:30 p.m.; Mid-Week Serv. Thurs. 7:30 p.m.; Classes, Workshops, Teas, Meditation, Conferences, Discussion Groups, Spiritual Healing, Message Circles, Visiting Mediums; Pres./Pastor, Rev. Dr. Marilyn Rossner.

SPRINGDALE CHURCH, TORONTO
30 Merritt Rd., Toronto, Ontario M4B 3K5; Sun. Serv. 3:00 p.m. Spiritual Healing & Messages, 7:00 p.m. Address and Spirit Messages; Tues., 7:00 p.m. Spiritual Healing & Messages; Thurs. 7:00 p.m. Spiritual Healing, Messages and Open Development Circle; Development Classes; Pastor, Rev. Doreen Bauld, (416) 759-3958.

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INFORMATIONAL LITERATURE

CSS Catalog	N/C
Declaration of Principles (L)	N/C
Foundational Facts Concerning Spiritualism	N/C
Funding Our Future	N/C
Healer's Do's & Don'ts	.30
Healing Basics (L)	N/C
Hints for a Good Reading	N/C
Keep an Even Mind	N/C
Mediums Do's and Don'ts	.30
Raising Your Vibration	N/C
Social Policy Statement	N/C
Spiritualism Pathway of Light	1.00
What Is Spiritual Healing?	N/C

- LITERATURE & SUPPLIES -

A complete book list may be ordered free from

National Spiritualist Association of Churches

P.O. Box 217 • 13 Cottage Row • Lily Dale, New York 14752

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BOOK TITLE	PRICE

Thank you for your order!

The Rose AND Our Path

BY BRADLEY GOSSELIN, MASSACHUSETTS

THE ROSE



It is often very difficult to explain to someone who is not a Spiritualist about how life continues after the physical body dies. One analogy that may help is to use a rose as an example. A rose blooms in its beauty and perfection, but then as the season progresses the petals slowly fall off and the rose bud dies.

So it is with the physical body, which begins alive, full of vigor, and vitality. It gradually ages and the body slowly loses this vibrancy, similar to the rose blossom which loses its petals. The aging continues until the physical body dies, much as the rose has died.

With the rose, a new season begins, a bud appears, a blossom unfolds more beautiful, more fragrant, more perfect than it was in its previous life cycle. The rose stimulates the senses, for the eye can see this beauty, this perfection; the nose can smell its wonderful fragrance, and the hand can feel its silky velvety beauty. A new life cycle has begun.

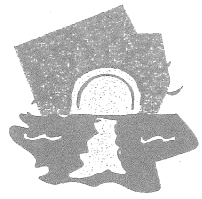
Let us compare this with the spirit body. As the material form passes, the spirit body begins to bud and blossom more beautiful, more vital, more spiritual than it was in the physical body. This all happens in the Spirit World where no time or space as humanity knows it exists.

The Earth life cycle of the rose takes many months as it buds and blossoms and grows, until its growing cycle ends, to rest and then begin again. In comparison, when the physical body passes, the spirit body begins its new life cycle again almost immediately. And while we cannot see this new life begin again in the Spirit World with our physical eyes, we can know it with our heart that they are progressing. This process is nurtured and watched over by the loved ones who have preceded them, by their spirit guides and teachers who have nurtured their growth while they were on the Earth plane. Our friend or loved one begins their new life cycle.

Spirit communication has assured us there truly is no death, there are no dead. Communication with the next realm, besides proving that life is continuous, also teaches us about the next phase of life and how spirit communication is possible. When you see the beauty and perfection of the rose, think of all the beauty of the spirits that are in the next dimension, and know that as you had a place in this world, you have awaiting you a more beautiful and wonderful place in the Spirit World. Each of us in the physical expression have work to do, jobs to finish. Do not rush your departure to the next realm, for in the Spirit World there is no time to worry about, there is only growth, progression and service awaiting you.

As the rose enjoys the sun, the rain, and the visits of the bees, so enjoy all the opportunities to serve on the Earth plane. Share a smile with a stranger, help those in need and send prayers for all life. Enjoy each moment and use it with love.

OUR PATH



As we greet each morning, let us think of a lake, a pond or a little brook. As each new day dawns, the water receives from the sun, the heat and the light that it requires. It doesn't take it all, it reflects back that which it doesn't need. It shares with the birds and other animals, and with the grass, the plants, the flowers and the trees, so that each may share and use only what is necessary.

This is the way we should start each new day, for today is a gift from God. Step into the sunlight, absorb that which you need to warm your body, that which you need to light up your mind with joy and your heart with love. Then for the rest of the day, reflect that warmth, that joy, that love with all; with family, friends, loved ones, strangers, the animals and the plant life. For this is nature's way, this is God's way, and this is the path to peace, happiness and contentment—make it your duty, your way to serve.

SPIRITUAL HEALING REQUEST

(PLEASE PRINT OR TYPE)

Healing Prayers are requested for:

_____

requested by:

_____

because of the following conditions:

_____

_____

_____

Please send a "One A Day" packet to:

_____

_____

_____

_____

I will pray with NSAC Prayer Groups:

DAY_____ NIGHT_____

If you should wish to make a **Love Donation** to help offset the NSAC Healing Center expenses, please send to:

NSAC HEALING CENTER
c/o Rev. Gene Pfortmiller, NST
3521 W. Topeka Drive
Glendale, AZ 85308-2325

To request information on "How to Form a Spiritual Healing Prayer Group,"

CHECK HERE ☐

The first week of each month the names received are compiled and sent to the NSAC Office for inclusion in the NSAC monthly mailing to all churches. Also many healers around the country receive the list. Because of the length of the lists an individual's name will usually be kept on the healing prayer list for one month unless we hear from you that more healing is required. We also request prayer groups to keep in touch with the National Healing Center throughout the year.

Prayer Healing is a wonderful way to practice Absent Healing, to help others, to share a prayer, and is something EVERYONE can participate in.

– Prayer for Spiritual Healing –

I ask the great Unseen Healing Force to remove all obstructions from my mind and body and to restore me to perfect health.
I ask this in all sincerity and honesty and I will do my part.
I ask this great Unseen Healing Force to help both present and absent ones who are in need of help and to restore them to perfect health.
I put my trust in the love and power of God.

Stressed By Technology!?!?

BY THE NSAC SPIRITUAL HEALING CENTER

If you are a "techie," this article is not for you. But then again, you might find our frustration humorous.

We have all heard the myth that technology will make our lives easier. Wrong, it has made our lives more complex, at least for "non-techies." Really, most days I agree that the computer is wonderful, the scanner fantastic, the Internet a tool and source to find most anything. But then, there was yesterday! My view became—give me quill and ink—as I lost a file I had worked very hard on for several hours and I knew it was still on the computer—somewhere.

I think technology is the latest 21st century ailment? It creates stress and confusion for many, that's for sure. Are you overwhelmed, often with deadlines to meet, with no time to learn all the bells and whistles of the latest technology? Where is the training to fully understand technology and optimize its benefits? Where is the time to do the training? Where is my article?

A while back, one of our members came to church on Sunday morning with glassy, red eyes. She said she had been up until two a.m. trying to figure out some new software. She uploaded, downloaded and now was on overload. After all that she said, sometimes it works and sometimes it doesn't. Temperamental technology.

Many of us are overwhelmed by voice-mail, e-mail, pagers, cell phones, digital cameras, printer-copiers, along with our computer every day projects.



We hear of software that will help, install it, but then don't understand how to use it. Some folks check their e-mail, voice-mail, and cell phone every ten minutes, if not sooner. Then, of course, there is the magic adventure of the Internet, oh what you can find.

Some people don't go anywhere without the cell phone on their ear or a lap top on their lap. Others have their video games in hand. Guess what, technology is controlling them.

I remember exclaiming the other day, "That person is dangerous to my health!" The case was a driver ahead of me smoking a cigarette and talking on a cell phone. You can see why some countries have outlawed using a cell phone while driving. With all the benefits of technology, also comes responsibility, and some cell phone users haven't considered there is a time and place for phones. A couple of Sundays ago at Church, during the healing meditation, a cell phone rang. That was not music of the spheres.

Of course, when some of us get really frustrated with technology, we call the "techie" grandkids (on their cell phone) and they come over to help us out. It is always good to see the grandkids.

– SP

Things To Think About

BY MERRY BROWNE



Living In Alphabetical Order

How to live life, from A to Z

Act Accountably.
Be Benign.
Comment Calmly.
Do Dutifully.
End Ego.
Find Forgiveness.
Give Generously.
Hold Hope.
Ignite Idealism.
Jest Joyfully.
Keep Kind.
Live Lovingly.
Mend Mistakes.
Never Nitpick.
Offer Openness.
Proffer Purpose.
Quit Quibbling.
Resist Resentment.
Serve Selflessly.
Talk Truthfulness.
Urge Utopia.
Void Vengeance.
Walk Wisely.
Xamine Xperience.
Yes Youth.
Zoom Zeal.



"Building The Bridge"

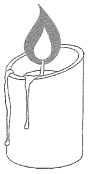
When I was very young, I found a poem in a poetry book titled *The Builder*. It impressed me greatly then, and still does. It was about a very wide river that had no bridge and one had to swim across to reach the other side. Of course, most perished in the attempt. One day a man swam successfully to the other shore, but instead of going on, he stayed to build a bridge back to the shore from which he swam. This was a totally useless act to those who like himself had arrived upon the other side of the river and someone asked him why in the world he was doing it. His answer was that many were behind him who would attempt to swim the river and fail, so for them he was building a bridge.

Is this not what we are attempting to do by the sharing of what we well know for those who have yet to learn it? There has been criticism at times for our repetition from our peers, but I prefer to go on building bridges all the same. We do not berate teachers in our public schools for teaching the same subjects year after year, because we know they get new students each year who need to learn that information, and so it is with us. We have learned it from someone who built us a bridge, and it is only for that we do the same for ones behind us on coming in the evolutionary growth of consciousness. Besides—can we ever know it too well? Recognition plus Repetition equals Realization. The three r's of the study of life.



"One Good Example"

One can teach another
by precept—nothing to it,
except the listening student
seems to see right through it
as though it isn't there unless
they also see you do it.



"The Shining"

Every day morals
and every day love
builds lifetimes of character
this world's needful of,
leaving its contrails
of light that will mark
the way for all others
in the little less dark.

Beautiful Isle Of

BY DAVEDA MALLIN HORN,
TEMPLE OF METAPHYSICAL SCIENCE, NEW YORK

We never know what is going to be unfolding in the next moment, do we? We are all such multifaceted human beings, and if we allow our hidden talents to surface, we will be continually surprising ourselves as to what we are capable of in this adventure called life.

Beautiful Isle of Somewhere is a hymn which, to me, comprises the perfect marriage of music and message. What do the lyrics mean for us? Why do we enjoy this hymn the way we do?

We often find ourselves in life situations, where we wish we could escape to a beautiful island, far removed from all the cares, problems and decisions—major and minor—that we are confronted with on a daily basis.

We envision our beautiful isle of somewhere as a mental, spiritual place and this hymn encourages us to do just that. Curiously, we don't need to be an island unto ourselves. Like the film star of yesteryear, Greta Garbo said, "I want to be alone!" When we escape, we want our friends, family or spiritual family intact. We want to be with like-minded souls.

Many talk of heaven. Heaven is not a place, but a state of mind. Some of us are experiencing our heaven right here on Earth, while others of us are experiencing our hell. Most of us have experienced both heaven and hell, though not usually at the same time. When we leave this Earthly abode, however, we will take with us our heaven or our hell.

In the *Tibetan Book of the Dead*, we are advised to choose wisely and carefully the place that from here we would wish to go, else we may find ourselves in a place that is less than desirable. This complements the Declaration of Principles which, says that: *"we make our own happiness or unhappiness as we obey or disobey Nature's physical and spiritual laws."* What we hold in consciousness becomes our mental attitude; what becomes our mental attitude is translated into our manifest reality, through the Law of Cause and Effect. This, then, becomes our life experience. Therefore, we create our heaven or hell. This is not intended as a "blame the victim" metaphysical perspective. To the contrary, it is an empowering concept. **It is saying that we can create and recreate our life experience, as cocreators with the Infinite. If we are not happy with our current life situation, we can change it.**

By finding our heaven here, in this place, in this present consciousness, we can take it with us when we depart to the next dimension of life. Having found peace here, we are more likely to find ourselves in a place that is complementary to that state of mind in the Spirit Realm. It will be the soil in which to continue to grow spiritually. That is not to say that we would be doomed to eternal despair if we don't taste our heaven here and now. Life is a continuum and what we do not learn here, we will have all of eternity to learn.

The *Beautiful Isle of Somewhere* has, in essence, become the Beautiful Isle of Here and Now. This state of mind is represented by the beautiful place where Spiritualists congregate each Sunday, the place where we feel a sense of home, a sense of family in the deepest spiritual sense, where we can be completely ourselves and fully accepted with all of our cherished beliefs. And those beliefs need not necessarily be in accord with everyone else who gathers with us at church. This is what makes us unique, that we need not think exactly alike, **but that we have a common base, that being our Declarations of Principles.**

Going to church, being with other Spiritualists and our Declarations produce a steady intake of our spiritual vitamins which uplift our consciousness in an ongoing manner. Working with our uplifted consciousness is growth, for it becomes not only a change of lifestyle, it becomes a change in mental attitude, a pattern of thinking, which we take with us wherever we go. So then, in essence, we are bringing our beautiful isle of somewhere wherever we go.

As this process of change in lifestyle unfolds, it becomes a change in our mental pattern and attitude that we carry with us. We will find that we are prepared to deal with life situations in a more positive way as we grow. If we see a negative coming out of our own lower level consciousness or externally from somewhere else, we become able to turn it around. We learn to look for the positive and if we cannot find some positive message, we can choose to redefine the thought, redesign it and recreate it into something positive.

Let me share a story from my life so you can see how this process of changing my mental pattern worked for me. My father was very evolved, spiritually, though he kept a lot to himself. This I realized some years after he had passed on. He demonstrated wonderful qualities and lived as he believed. He could be reading a legal textbook, watching a movie on television and listening to a baseball game on radio, simultaneously, and know what was going on in all three.

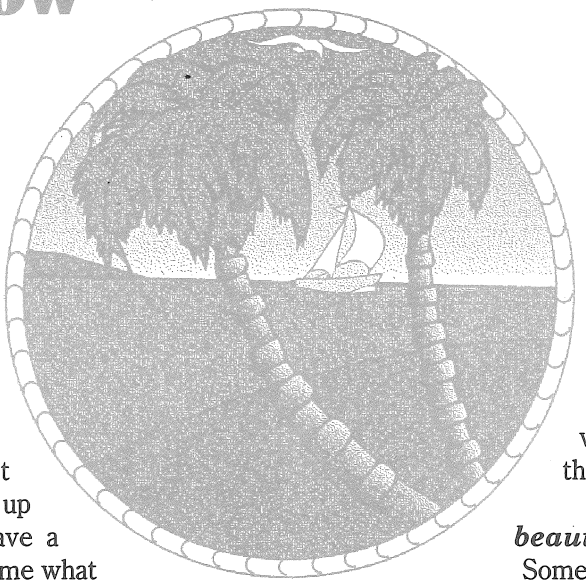
In 1972, I invited my father to attend a lecture on metaphysics, and to my surprise, he told me that many years earlier he had been involved in similar studies. He could discuss the concepts clearly, though I had not heard them expressed by him before.

The day of the lecture we were attending, there was a crew of workers outside. They were drilling up the road. I was getting increasingly agitated by the distraction, and I leaned over to my father and said, "I can't hear a blessed

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Here And Now



thing that is being said with that racket outside. Why isn't something being done about this?"

My father's one sentence response, much like a Buddhist monk mentor: **"What does that have to do with you?"** I sat there perplexed, wondering. Has my Daddy lost his mind?

There's an unbelievable racket going on outside. They are tearing up the road while we are trying to have a lecture here, and my father is asking me what that has to do with me. But then, I knew my father never spoke idle words or words of sarcasm. I couldn't ask him, "What do you mean by that, Daddy," and expect a detailed explanation, because that would have been rude to others while the lecture was in progress. So, I sat there thinking on his words and I have been thinking on them ever since. It was a revelation as I sat there, and it continues to be.

What am I focusing on and what am I giving my attention to? What am I choosing to be my reality in this moment? What can possibly interfere with the Divine right activity of Mind, or Infinite Intelligence communicating with a receptive listener? As I silently posed these questions to myself, I chose in that moment to recreate my reality; to move from the outer disturbance to the peaceful center within, to open myself to the message of the moment. I smiled at my father a knowing smile. He smiled back, a delighted "By George, she's got it smile." I began to relax and lo and behold, I could actually hear the lecture and the outside interference ceased to be important.

More than what I learned from that lecture was what I learned from my father that day, how to be a selective listener in the truest sense. My father passed on a few months later.

Do you think, if learning to be with the moment in a profound way, if in fact, that may open us to the ability of being able to focus, qualitatively, on many things at one time? Sounds like a contradiction and yet, by seeking safe, harmonious haven on this Beautiful Isle of Here and Now and learning to focus, through meditation, we are better able to handle the complexities of life. Our worship services are so helpful.

"Somewhere the sun is shining, somewhere the songbirds dwell."

We know that when we join our voices together, we sound wonderful, and we are uplifted. We know that we have the light of Spirit that shines upon us in our church and that we take this light with us wherever we go.

"Hush then thy sad repining, God lives and all is well."

We know that when we go to church with our burdens, our griefs, our troubles, our perplexities, that when we leave, we feel a lot better than when we entered.

"Somewhere, somewhere, beautiful isle of somewhere."

Somewhere is here and now. We take this here and now with us wherever we go and whenever we go.

"Land of the true where we live anew, beautiful isle of somewhere."

We know that within, each day we are created anew. We know that in this present moment of awareness lies all potentiality and all possibility, all the best that we can create for ourselves.

"Somewhere the day is longer, somewhere the task is done,"

We know that once a week, while we are at church, that we can let go of all the stresses of life. **The task is done. Does the day seem longer when we are at church?** Maybe because we are enjoying the energy. We stay even after the service ends. We want to make it last as long as possible. It becomes a weekly ritual, the spirituality and the social gathering.

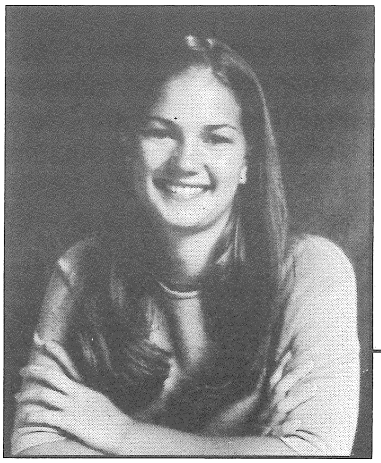
"Somewhere the clouds are rifted, somewhere the angels wait."

Angels: For me, are here and now. Could we hope to find angels more wonderful than the Spiritualist company we keep, locally and nationally? I don't think so. Then, this must be a heaven, here and now.

So then, we are all students of life on this Beautiful Isle of Here and Now. We are each at different places on our pathways of spiritual evolvement, we try to accept each other, wherever we are in any given point in time. For wherever we are, we are moving, progressively Godward. Even while we do, Love surrounds us and we are one.

And like the Buddhist teacher who gives his student one profound thought to contemplate, I will continue to remember my father. Whenever I get perturbed about something I will contemplate, ***"What does that have to do with me?"***

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MARGUERITE GOODSON

The NSAC Bureau of Public Relations and the NSAC Board of Directors are pleased to announce the recipient of the

NSAC/STOW FAMILY MEMORIAL FOUNDATION SCHOLARSHIP

for a high school student in Summit, New Jersey. Part of the application for the NSAC/STOW Scholarship is to write an essay about Spirituality.

TWO LAWS OF LIFE

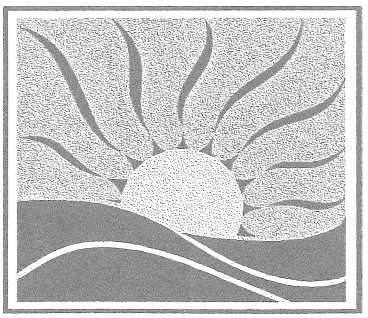
BY MARGUERITE GOODSON, NEW JERSEY

Our society would be greatly enhanced if we all followed the Sixth Principle of the NSAC Declaration of Principles. This Principle is the Golden Rule, which states: *We believe that the highest morality is contained in the Golden Rule: 'Whatsoever ye would that others should do unto you, do ye also unto them.'* Humanity would benefit and all individuals would benefit if they would embrace the seventh Principle of the NSAC Declaration of Principles. This is stated as follows: *We affirm the moral responsibility of individuals and that we make our own happiness or unhappiness as we obey or disobey Nature's physical and spiritual laws.* I am a great believer in these concepts and wish more people followed them and knew more about them. I am pleased there is an Association that has based its beliefs on these ideas.

My parents have taught me the Golden Rule for as long as I can remember. As a young person, I probably got tired of hearing it, but it is good to keep this concept in your head. I think my understanding of the Golden Rule has kept me from getting into trouble, or doing something that I might later have really regretted.

I also remembered a part from a Walt Disney movie that I enjoyed. The movie was *Bambi*, and there was a portion where the Golden Rule was taught. The mother rabbit in the story tells her son, "that if you can't say anything nice, don't say nothing at all." The Golden Rule is stated there a little bit differently, but the main idea is the same. If every mother encouraged and enforced the Golden Rule for their children, all people would have a common foundation. There would be a lot less problems and some that might not have even started. If each person was continually reminded of the Golden Rule, it would constantly be in peoples' minds before they acted foolishly.

If all followed this great principle, there would be no need for so many little rules and laws which break common sense and courtesy down to ridiculous levels. People would have less stress if all were practicing the Golden Rule. Everyone would be doing to others what they wanted done back to them. This would make people think twice before they did some of the stupid things they now do.



Police officers would not have to be as strict, or maybe not even be required, if people practiced this policy because society would be peaceful. If everyone followed the Golden Rule, society would be much closer to a Utopia. Nowadays the world is far from this standard, and people have trouble putting their trust or faith in something this wonderful really working. Just think, no need for jails, for people would be thinking of how they would like to be treated. There would be no need for horrible punishments because there would be the understanding that whatever you did will come back to be done unto you. If people really practiced the Golden Rule, there would be a great incentive to do good things, to share from person to person.

There would be no murder or death penalty for people wouldn't kill because they wouldn't want anyone to kill them. This goes for stealing or harming in any way. It basically follows the Ten Commandments. There would probably be an increase of people having and following a religion. It would not really matter which one, because all religions have the Golden Rule in some form. Many people today do not have a religious faith they follow. Saying that you are Catholic, Protestant, or any other religion doesn't mean you follow any of the beliefs or rules. That would be changed if the focus of life changed.

The Golden Rule ties in with the rule of who is responsible for your happiness or sorrow. If everyone were to take responsibility for their own happiness or unhappiness, and whether or not they chose to obey or disobey Nature's physical and spiritual laws, there would not be as many problems.

If everyone could accept that his or her own actions had a positive or negative

(Continued on next page.)

What happened in SEPTEMBER throughout the years?

SEPTEMBER 3

A day to honor labor in America, **Labor Day** is a day to be thankful for the work of everyone, for each are needed and the talent or contribution of each one helps our country to be great.

SEPTEMBER 9

Grandparents Day. Honor your grandparents by visiting them, by writing or calling them, by sending a gift or by inviting them over for dinner. Make a difference in the life of a senior relative or friend. If your grandparents are not close or are in the Spirit World, "adopt a grandparent."



SEPTEMBER 11

NSAC Treasurer, **the Rev. Lelia Cutler**, celebrates her birthday on this date, and Spiritualists from far and wide wish her a happy day and a blessed year.

SEPTEMBER 14, 2001

Last year, during the seventh annual **World Day of Prayer**, there were over 100,000 people, from all denominations and walks of life, who made the commitment to pray. Let us continue to pray this year to lift humanity's consciousness to experience God's love as it flows throughout the world and blesses all those in need. As we each touch into spiritual energy, it elevates us all to a higher level where love and light abounds.

SEPTEMBER 15, 1971

Greenpeace, the international environmental organization was founded on this date.

SEPTEMBER 15, 1971

Rosh Hashanah, the Jewish New Year beginning ten days of penitence concluded on Yom Kippur, the Day of Atonement.

SEPTEMBER 22, 1903

Italo Marchiony filed a patent application for his invention of the first **Ice Cream Cone**.

SEPTEMBER 24, 1867

John Slater was born in Philadelphia, PA, on this date. At the age of four, he had his first communication with the Spirit World, and that was only the beginning of a life filled with spirit manifestations. His family did not support his convictions, so at 21 he left home and began the work of Spiritualism. He was told he was born to do the work and would always be "spirit protected." Slater was an outstanding sealed billet medium and was noted for his trance lectures. His greetings from spirit people to loved ones in the physical was remarkably accurate.

SEPTEMBER 27, 1893

The first delegate Convention of the National Spiritualist Association of the United States of America convened at 77 Thirty-first Street, Chicago, Illinois.

TWO LAWS OF LIFE

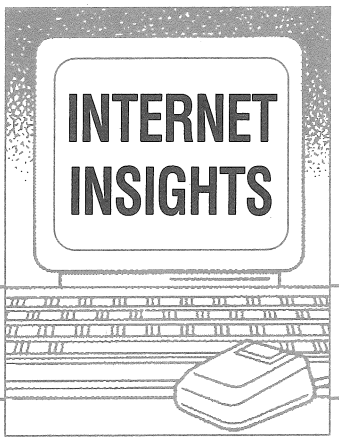
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consequence, then they would learn that the events that come into their life are their own to deal with. Today many people can not face the fact that they messed up and that there is a consequence for them to experience. People look for a way to blame any misfortune on someone else, rather than accept the lesson to be learned. This is a problem that could be reduced if people were aware of the seventh Principle and what its idea is.

Often when someone gets in trouble, others feel bad for them, yet we must remember that the mistake is the person's responsibility, and that there will be a life lesson to be learned by the individual because of it. The next time the situation arises, it will be prevented because they now know.

Some people are willing to take a risk against nature or some spiritual force. They try to outrun wild animals, sunami's, lava, earthquakes, flooding, tornadoes, and many other forms of natural disasters. The results are often another disaster.

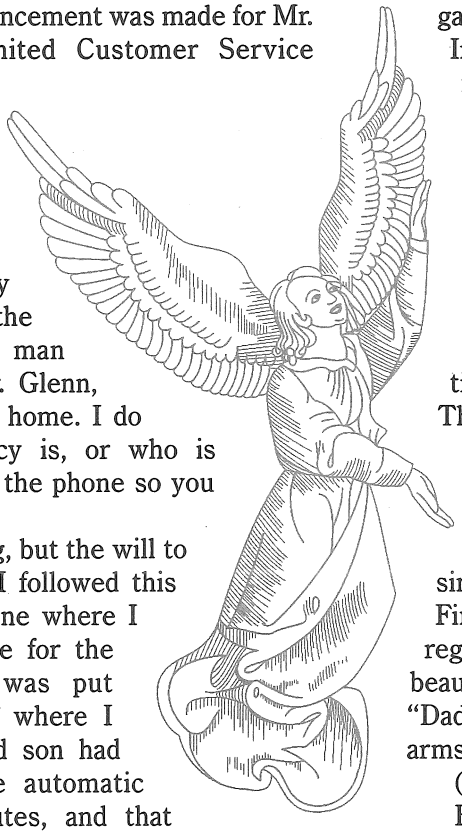
If people in general tried to practice the Sixth and Seventh Principles every day, they would have more common sense and a greater respect for other individuals. This would create greater world peace and friendship being exchanged with all humanity throughout the world.



A Father's Story

By Mr. Lloyd Glenn

On July 22nd, I was enroute to Washington, DC for a business trip. It was all so very ordinary, until we landed in Denver for a plane change. As I collected my belongings from the overhead bin, an announcement was made for Mr. Lloyd Glenn to see the United Customer Service Representative immediately.



I thought nothing of it until I reached the door to leave the plane, and I heard a gentleman asking every male if they were Mr. Glenn. At this point I knew something was wrong, and my heart sank. When I got off the plane a solemn-faced young man came toward me and said, Mr. Glenn, there is an emergency at your home. I do not know what the emergency is, or who is involved, but I will take you to the phone so you can call the hospital."

My heart was now pounding, but the will to be calm took over. Woodenly, I followed this stranger to the distant telephone where I called the number he gave me for the Mission Hospital. My call was put through to the trauma center where I learned that my three-year-old son had been trapped underneath the automatic garage door for several minutes, and that when my wife had found him he was dead.

CPR had been performed by a neighbor, who is a doctor, and the paramedics had continued the treatment as Brian was transported to the hospital. By the time of my call, Brian was revived and they believed he would live, but they did not know how much damage had been done to his brain, nor to his heart. They explained that the door had completely closed on his little sternum right over his heart. He had been severely crushed.

After speaking with the medical staff, my wife sounded worried but not hysterical, and I took comfort in her calmness. The return flight seemed to last forever, but finally I arrived at the hospital six hours after the garage door had come down. When I walked into the Intensive Care Unit, nothing could have prepared me to see my little son laying so still on a great big bed with tubes and monitors everywhere. He was on a respirator. I glanced at my wife who stood and tried to give me a reassuring smile. It all seemed like a terrible dream.

I was filled in with the details and given a guarded prognosis. Brian was going to live, and the preliminary tests indicated that his heart was OK, two miracles in and of themselves. But only time would tell if his brain received any damage. Throughout the seemingly endless hours, my wife was calm. She felt that Brian would eventually be all right. I hung on to her words and faith like a lifeline. All that night and the next day Brian remained unconscious. It seemed like forever since I had left for my business trip the day before. Finally, at two o'clock that afternoon, our son regained consciousness and sat up uttering the most beautiful words I have every heard spoken. He said, "Daddy hold me" and he reached for me with his little arms.

(TEAR BREAK...smile)

By the next day he was pronounced as having no neurological or physical defects, and the story of his miraculous survival spread throughout the hospital. You cannot imagine when we took Brian home, we felt a unique reverence for the life and love of our Heavenly Father that comes to those who brush death so closely.

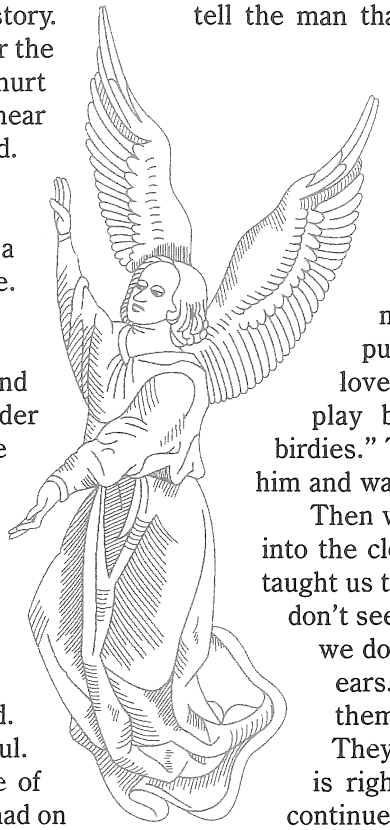
In the days that followed, there was a special spirit

(Continued on next pagre.)

about our home. Our two older children were much closer to their little brother. My wife and I were much closer to each other, and all of us were very close as a whole family. Life took on a less stressful pace. Our perspective seemed to be more focused, and balance much easier to gain and maintain. We felt deeply blessed. Our gratitude was truly profound.

The story is not over (smile)!

Almost a month later to the day of the accident, Brian awoke from his afternoon nap and said, "Sit down Mommy. I have something to tell you." At this time in his life, Brian usually spoke in small phrases, so to say a large sentence surprised my wife. She sat down with him on his bed, and he began his sacred and remarkable story.



"Do you remember when I got stuck under the garage door? Well, it was so heavy and it hurt really bad. I called to you, but you couldn't hear me. I started to cry, but then it hurt too bad. And then the 'birdies' came."

"The birdies?" my wife asked puzzled.

"Yes," he replied. "The birdies made a whooshing sound and flew into the garage. They took care of me."

"They did?"

"Yes," he said. "One of the birdies came and got you. She came to tell you I got stuck under the door." A sweet reverent feeling filled the room. The spirit was so strong and yet lighter than air. My wife realized that a three-year-old had no concept of death and spirits, so he was referring to the beings who came to him from beyond as "birdies" because they were up in the air like birds that fly.

"What did the birdies look like?" she asked.

Brian answered, "They were so beautiful. They were dressed in white, all white. Some of them had green and white. But some of them had on just white."

"Did they say anything?"

"Yes," he answered. "They told me the baby would be all right."

"The baby?" my wife asked, confused.

Brian answered, "The baby laying on the garage floor." He went on, You came out and opened the garage door and ran to the baby. You told the baby to stay and not leave."

My wife nearly collapsed upon hearing this, for she had indeed gone and knelt beside Brian's body and seeing his crushed chest whispered, "Don't leave us Brian, please stay if you can." As she listened to Brian telling her the words she had spoken, she realized that the spirit had left his body and was looking down from above on this little lifeless form. "Then what happened?" she asked.

"We went on a trip." he said, "far, far away." He grew agitated trying to say the things he didn't seem to have the words for. My wife tried to calm and comfort him, and let him know it would be okay. He struggled with wanting to tell something that obviously was very important to him, but finding the words was difficult. "We flew so fast up in the air. They're so pretty Mommy," he added. "And there are lots and lots of birdies." My wife was stunned. Into her mind the sweet comforting spirit enveloped her more soundly, but with an urgency she had never before known.

Brian went on to tell her that the "birdies" had told him that he had to come back and tell everyone about the "birdies." He said they brought him back to the house and that a big fire truck, and an ambulance were there. A man was bringing the baby out on a white bed and he tried to tell the man that the baby would be okay, but the man couldn't hear him. He said the birdies told him he had to go with the ambulance, but they would be near him. He said they were so pretty and so peaceful, and he didn't want to come back. Then the bright light came. He said that the light was so bright and so warm, and he loved the bright light so much. Someone was in the bright light and put their arms around him, and told him, "I love you but you have to go back. You have to play baseball, and tell everyone about the birdies." Then the person in the bright light kissed him and waved bye-bye.

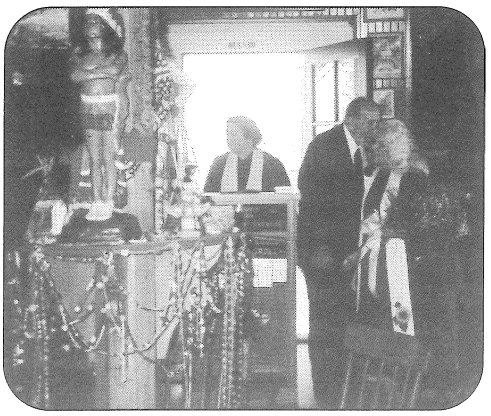
Then woosh, the big sound came and they went into the clouds. The story went on for an hour. He taught us that "birdies" were always with us, but we don't see them because we look with our eyes and we don't hear them because we listen with our ears. But they are always there, you only see them in here (he put his hand over his heart). They whisper the things to help us to do what is right because they love us so much. Brian continued, stating, "I have a plan, Mommy. You have a plan. Daddy has a plan. Everyone has a plan. We must all live our plan and keep our promises. The birdies help us to do that cause they love us so much."

In the weeks that followed, he often came to us and told all, or part of it, again and again. Always the story remained the same. The details were never changed or out of order. A few times he added further bits of information and clarified the message he had already delivered. It never ceased to amaze us how he could tell such detail and speak beyond his ability when he talked about his birdies.

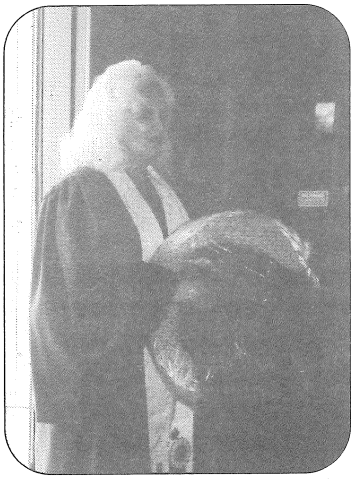
Everywhere he went, he told strangers about the "birdies." Surprisingly, no one ever looked at him strangely when he did this. Rather, they always got a softened look on their face and smiled. Needless to say, we have not been the same ever since that day, and I pray we never will be.

Ordination in Massachusetts

The beginning of the On-I-Set Wigwam Spiritualist Camp, as written in the Secretary's report, was 110 years ago. *"At an impromptu meeting held in Wabum Grove, Onset, MA at four o'clock PM, September 21, 1891 for the purpose of communing with arisen Indian controls and friends, it was suggested that measures be taken looking toward the establishment of a society and building a wigwam which shall be devoted to the use of the Indian guides and their mediums wherein to hold their council meetings and circles. On motion the meetings proceeded to organize and elect officers to carry out the preamble as above affixed.* Since that time, the On-I-Set Wigwam has been holding summer services on Sunday afternoons and Thursday evenings in the building that was erected in the memory of the Redmen. It is in the shape of a Wigwam, 96 feet in circumference, 26 feet high, seating capacity nearly 100 people, octagonal sides, 12 feet high, thence a circular roof to the top. The focal point of the Wigwam is the wooden center pole with a circular shelf that was sensitized as a healing Pole by the Mic-Mac Indians and has been decorated with mementos left by those grateful for receiving Spiritual Healing. Over the front entrance is inscribed: *Erected to the memory of the Redmen 1893, Liberty throughout the world and freedom to all races.* The Wigwam is one of the oldest National Spiritualist Summer Camps in the country.



Roses from Al Ferency to Kathleen.



Rev. Kathleen Rottino presents two handmade Afghans to Wigwam members.

Family and friends gathered at the On-I-Set Wigwam Spiritualist Camp, May 12, 2001, for the ordination of Kathleen L. Rottino, NST. This is the first ordination to be held at the camp since it was built in 1893. The service was opened with a song called *Pilgrim* by Enya, and the welcome address given by Al Ferency, President of the On-I-Set Wigwam. Mr. Ferency presented Mrs. Rottino with a dozen long stemmed roses as his gift to her. The Invocation and the Rite of Ordination Service was conducted by the Rev. Susan J. Ferency, NST. Kathleen's robe was a gift from the members of the New London Spiritualist Church, and was presented to her by Lynn Galovich. Verline Eldridge, Secretary of the Connecticut State Spiritualist Association, presented Mrs. Rottino's stole to her.

The Rev. Kathleen Rottino, NST, presented the members of the Wigwam with a gift of two handmade Afghans to be used as fundraisers. It was her way of thanking the members for allowing her to hold her ordination at this spiritual site. A reception followed the ordination service at the Redman Hall in Wareham with fun, food and fellowship enjoyed by all. The National Spiritualist Association of Churches newest Minister and her husband, Dan, delighted guests with some of their swing, jitterbug and lindy hop moves on the dance floor.

The Rev. Kathleen L. Rottino, NST, is presently a Trustee of the Connecticut State Spiritualist Association, Director of Public Relations for the Connecticut State Spiritualist Association and Treasurer of the On-I-Set Wigwam. Her passion and fresh energy is a great asset to the future of Spiritualism.



Rev. Susan Ferency and Rev. Kathleen Rottino.

Church News from San Jose



New Members - March 25, 2001.

On March 25, 2001, the Spiritual Science of Life Church, NSAC, welcomed six new members: Hester Miller, Lewis Miller, Marlene Konzen, Yvonne Quevedo, Lisa England,

(Continued on next page.)

NOTES FROM THE FIELD

(Continued from previous page.)

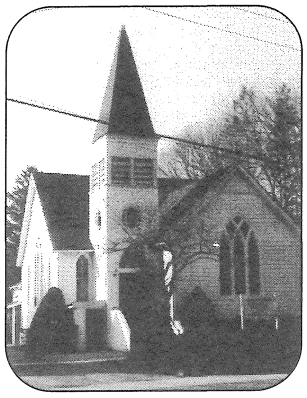


New Board - March 25, 2001.

Brittany England and Yolanda Quevedo. This was a wonderful occasion, with a special service, and we are all so pleased to see our Church growing.

We have also recently elected a new Board of Directors at our Church: President, Sonya Schulz; Treasurer, the Rev. Louise Peruch (pastor); Vice President, Lisa Cox; Secretary, Daniel Schultz; Directors, Claregene Bender, Phyllis Macdonald, Belene Barrera, Margaret Poteet, and Victor Peruch. Our Church is in good hands with this wonderful Board to guide us.

Looking for a Pastor!



Albertson Memorial Church

Spiritualism is on the move, and so is our dear minister, the Reverend Melvin O. Smith, who is retiring after 30 years of service at Albertson Memorial Church of Spiritualism. Our Church membership is a little over 100; Sunday attendance ranges from 20 to 60. We have a typical, New England Church building with a capacity of about 100, stained glass windows, organ and piano. There are soloists every Sunday, and we have a special later afternoon candle-lighting Christmas service.

The Board of Governors is looking for a Spiritualist minister who can offer spirit communications along with an eloquent service. This is a compensated position and an opportunity for growth and responsibility. Low-cost housing is available in the parsonage next to the Church.

Old Greenwich is a peaceful, small town on Long Island Sound. The Church is very near beautiful beaches and parks, shopping, and the railroad station. It is right next to a K-5 public school and the school system in Greenwich is superb.

If you are interested in the position and feel you fit the profile, please contact the Church Board through Ms. Barbara Donino, Putnam Green #4F, Greenwich, CT 06830, phone (203) 531-0207, e-mail larryd777@yahoo.com.

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FEATURE

ATTITUDE

AUTHOR UNKNOWN

ALBERT EINSTEIN: *"We see what we believe."*

CHARLES SWINDOLL: *"The longer I live, the more I realize the impact of attitude on life. Attitude, to me, is more important than facts. It is more important than the past, than education, than money, than circumstances, than failures, than successes, than what other people think or say or do. It is more important than appearance, giftedness or skill. It will make or break a company...a church...a home. The remarkable thing is we have a choice every day regarding the attitude we will embrace for that day. We cannot change our past...we cannot change the fact that people will act in a certain way. We cannot change the inevitable. The only thing we can do is play on the one string we have, and that is attitude...I am convinced that life is 10% what happens to me and 90% how I react to it."* ᘓ

An attitude is a point of view about a situation and has 3 components:

- What you think.
- What you do.
- What you feel.

It is usually easier to change the way you think or behave than to change your emotions.

However, it is our initial tendency to focus on the feeling level and try to change it first.

It is our emotions that we most want to change.

When we feel sad, angry, anxious, lonely, or frustrated we don't like it.

We want the feeling to quickly go away.

So we start trying to change the emotion.

Feelings, thoughts and behaviors are all related.

When we change one of them (for example thinking) the other two (feelings and behavior) will change as well. ᘓ

109th Annual NSAC Convention

Rochester, New York
October 7th–12th, 2001

Location:

The convention and lodging are both at

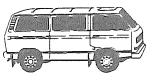
The Four Points Sheraton
120 E. Main Street
Rochester, NY 14604
Phone: (716) 456-6400
(888) 596-6400
Fax: (716) 546-1341
E-mail: fourpointsroch@yahoo.com
Web-site: www.fourpoints.com

Reservations:

Contact The Four Points Sheraton by 5 p.m., Sept. 6th, 2001.

Rooms:

$85.00 (plus tax) per night, (single, double, triple, quad/w/cot; limit 10 persons per room). For this special rate, please be sure to advise the hotel that you are attending the NSAC Convention. Handicap accessible accommodations available upon request. Included: Cable TV, hair dryer, data ports, coffee makers and coffee, phones, iron and ironing board.



Shuttle Service:

Hotel: Shuttle service provided by The Four Points Sheraton with your reservation. From Rochester International Airport, the bus or train station. Please contact the hotel directly for detailed information. Parking is available, but not included.

Downtown: The City of Rochester offers a free entertainment shuttle. For more information call EZ-Rider (716) 426-3520. Brochures will be provided when you arrive.

Calendar of Events

Sunday, October 7th
10:30 am – Morning Service
2pm to 4pm – Hospitality Sunday
7pm – Healing and Worship Service

Monday, October 8th
All Day – Seminar and Workshop
6pm – Banquet

Tuesday, October 9th thru Friday, October 12th
9am to 5pm – Convention Business Meetings
7pm – Healing and Worship Service

Saturday, October 13
All Day – Lily Dale Tour (optional)
by reservation only

Transportation/Directions:

From the West:

I-90 / New York State Thruway Eastbound. Take Exit 47 (Leroy I-490). Take 490 East toward Rochester (20 miles). Follow 490 East to Plymouth Ave. (Exit 13). Turn right at stop light and turn left onto Main Street; Hotel will be on left after crossing Genesee River.

From the East:

I-90 / New York State Thruway Westbound. Take Exit 45 (Rochester I-490). Follow 490 West approximately 15 miles to Exit 16 (Downtown Clinton Avenue). Stay to your left on Clinton Avenue; at the third light, turn left on Broad Street. Follow two blocks and take a right onto Exchange Blvd. At the next block take a right onto Main Street. Hotel is one block on the left.

Hosted by:
Plymouth Spiritualist Church

Theme:
"Together We Are One"

Banquet and Tour Reservations:

Please indicate what reservations you would like to make with your payment. Make check or money order payable to PSC.

Plymouth Spiritualist Church
81 Alcott Road
Rochester, NY 14626

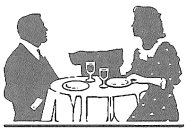
Banquet: Monday, Oct. 8th

Dinner! Music! Dancing!
6 pm – $28.00
by reservation only!



Choice of:
Chicken Françoise
Filet of Sole
Prime Rib of Beef Au Jus
Pasta Primavera w/vegetables

Banquet Reservations:
Must be made by Sept. 21st.



Tour Reservations:

Must be made by Sept. 21st.

History Tour of Spiritualism on Thursday, Oct. 11th, 12pm to 5pm. Tour of **Hydesville property, Spiritualist Obelisk, Rochester Library,** box lunch included. Cost $25.00, *by reservation only*.

Private Tour of Lily Dale Spiritualist Community, Saturday, Oct. 13th – All day. **Spiritualist Obelisk** visit, box lunch included, dining stop on return trip (dinner not included) – $25.00 additional, *by reservation only*.

One night in April, when we here in Maine were heart weary of a long, and as yet, unending winter, a beautiful spirit friend closed our session with the following:



A Blessing



From the trance mediumship of Rose Osborn.

Make your mind as white
as the new fallen snow,
Make your mind a friend
to all whom you would like to know,
Let fall from your lips
only words of highest praise,
For from you shall come
the sun's most warming rays,
Bless all you see with heart and hand
Until you reach the Summerland.

Sometimes change is good!!

Announcing a change in the Thursday Convention Tour

We will now be taking a
History Tour of Spiritualism

The Hydesville Property has been cleared and seeded. The Reverend Cosie Allen was assured the property will be ready by October for a visit from the NSAC delegates.

The tour will include a stop at the Spiritualist Obelisk, the Hydesville (Fox) Property and the Rochester Library. The Library has a room dedicated to Spiritualism and the Fox Family. You may also view micro-film of the newspapers announcing the events at Corinthian Hall.

The tour will be held Thursday Afternoon and include a Box Lunch. The cost will be $25.

The tour to Niagara Falls is being replaced with this tour. Those who have sent reservations for Niagara Falls may request a refund or notify the hosting Church that you would like to transfer your payment to the new tour.

The Lily Dale tour for Saturday, October 13th, will still be held as planned.

PLEASE NOTE:

We are sorry but due to considerable postal increases, Foreign Subscriptions have been increased. Canada - $33.00 a year (U.S. Currency); Canada Multiple - $135.00 a Bundle of 5 (U.S. Currency); Europe and other countries - $54.00 (U.S. Currency). Your next invoice will reflect this change.

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Mail to: THE NATIONAL SPIRITUALIST 3521 W. Topeka Drive, Glendale, AZ 85308-2325

Declaration of Principles

National Spiritualist Association of Churches

1. We believe in Infinite Intelligence.

2. We believe that the phenomena of Nature, both physical and spiritual, are the expression of Infinite Intelligence.

3. We affirm that a correct understanding of such expression and living in accordance therewith, constitute true religion.

4. We affirm that the existence and personal identity of the individual continue after the change called death.

5. We affirm that communication with the so-called dead is a fact, scientifically proven by the phenomena of Spiritualism.

6. We believe that the highest morality is contained in the Golden Rule: "Whatsoever ye would that others should do unto you do ye also unto them."

7. We affirm the moral responsibility of individuals and that we make our own happiness or unhappiness as we obey or disobey Nature's physical and spiritual laws.

8. We affirm that the doorway to reformation is never closed against any human soul here or hereafter.

9. We affirm that the precepts of Prophecy and Healing are Divine attributes proven through Mediumship.



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