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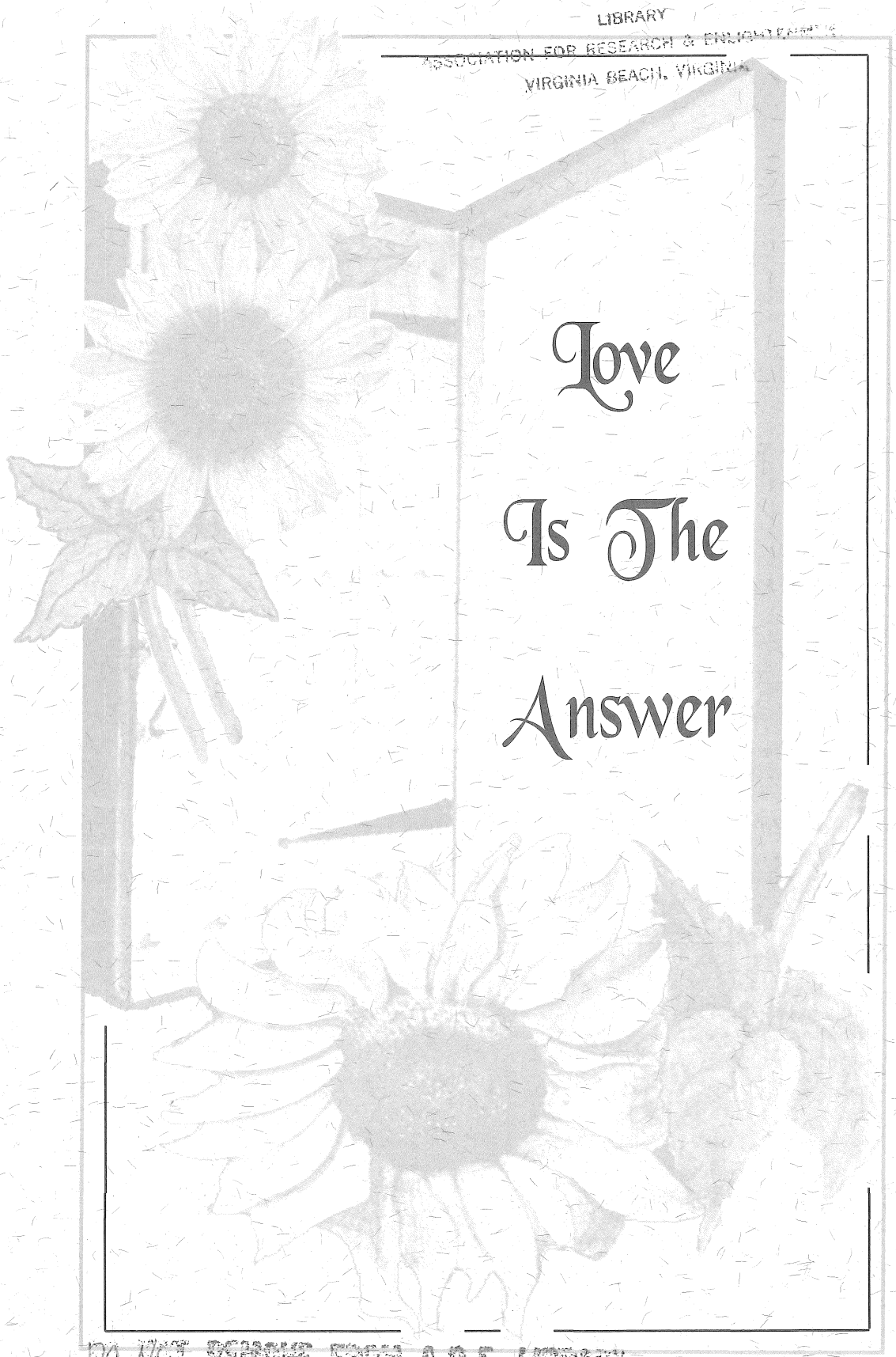
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Loving You, Loving Me, Loving God!

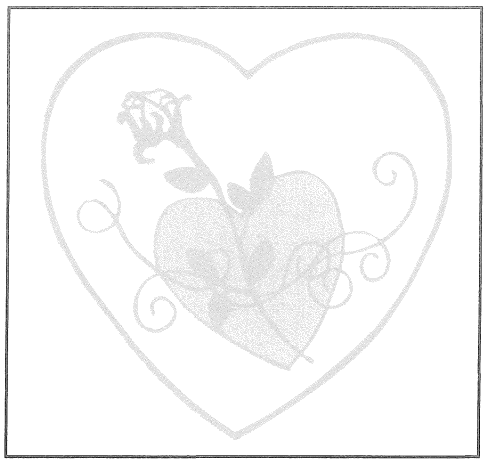
BY THE REV. SANDRA PFORTMILLER, NST

Paul writes in I Corinthians: *If I speak in the tongues of men and of angels, but have not love, I am a noisy gong or a clanging cymbal. And if I have prophetic powers, and understand all mysteries and all knowledge, and if I have all faith, so as to remove mountains, but have not love, I am nothing. If I give away all I have, and if I deliver my body to be burned, but have not love, I gain nothing. Love is patient and kind; love is not jealous or boastful; it is not arrogant or rude. Love does not insist on its own way; it is not irritable or resentful; it does not rejoice at wrong, but rejoices in the right. Love bears all things, believes all things, hopes all things, endures all things.*

Love never ends; as for prophecies, they will pass away; as for tongues, they will cease; as for knowledge, it will pass away. For our knowledge is imperfect and our prophecy is imperfect; but when the perfect comes, the imperfect will pass away. When I was a child, I spoke like a child, I thought like a child, I reasoned like a child; when I became a man, I gave up childish ways. For now we see in a mirror dimly, but then face to face. Now I know in part; then I shall understand fully, even as I have been fully understood. So faith, hope, love abide, these three; but the greatest of these is love. This great love poem gives a wonderful understanding of love.

Henry Drummond in his book, *The Spectrum Of Love*, teaches that love is a compound thing like light. If you pass light through a glass prism it separates it into the colors of the rainbow. He claims that Paul passes love through a magnificent prism of his inspired intellect and the elements become *The Spectrum of Love*: Patience... Kindness... Humility... Courtesy... Unselfishness... Good Temper... Guilelessness... Sincerity...

So the real substance of love is much more than just affection. Love is a soul quality. We can say kind words and do the right things, but without love which is found within, soul deep, they loose much benefit. When we enter into any relationship (friendship, job, marriage family, church) we look at the soul qualities of another. Qualities such as honesty, affection, good judgment, ethical thoughts, helpful to others, sense of humor, creative energy, etc. We look how they act and react in life to others, to life's situations, and to themselves. It is important for one to discern the soul qualities in oneself. Just as we learn to trust others we are in relationships with, we must learn to trust ourselves for it is part of love. Life shows that we are human, often uncomfortably human and we need to remember that mistakes are a part of the human experience. None of us is perfect, and imperfection is okay. Therefore, if we believe that God is love, expressing through each of us, and if we try our best to come from love, to share love with others, then our Spirit is expressing the God-Spirit.



We are all joined together through the Spirit-God, through Love. Anything that brings us together with people in a truthful action will advance our knowing of our connectedness. This results in greater understanding, in more compassion, and of course in an opening of our shell to let love in and love out. Believing there is a union, connection and kinship with others helps bring a closer association. We serve the Great Creator by loving others.

Divine Love is impartially shared with the Universe, flowing joyous energy corresponding to Natural Law. As one embarks on a Spiritual Path they often ask, "How can I grow Spiritually?" Love is the fulfilling of the Law, the expression of the Divine and a means to uplift others. It is something that never dies and is carried with the soul to the next dimension. So if you want to grow, nurture your loving nature.

The inner nature is our consciousness, the place where we experience life, the true self. Absence of love in the consciousness results in fears, illness and stagnation. The opposite is also true for love lifts the soul, heals the body and spirit, and restores balance to the emotions. We heal ourselves and others through love, for love energy is the healing medium.

Okay, so how do we become more loving? Remember the words and attributes Paul mentioned and put them into your life. Practice being patient, kind, humble, courteous, unselfish, even tempered, guileless and sincere. Learn to love God in others and look past the mean or hurtful parts. Try to live from your Heart Spiritual Energy Center.

When someone pushes your buttons, before you react or retaliate,

(Continued on page 13.)

How Do I Love Thee?

BY THE REV. CHARLENE KLEINSCHMIDT, NST, NEW YORK

This is the month when love seems to permeate the air. Everywhere we turn we are encouraged to share our love with others on Valentine's Day. Some think it has become too commercial, that we shouldn't need a special day for remembrance. If we were living in a perfect world that would probably be the case. However, today in our helter-skelter lives we often forget to take the time to let others know we care.

A Jewish proverb states, "When a father helps his son to walk, they both laugh. When a son helps his father to walk, they both cry." This month I would like to suggest we open our eyes and be aware of all those we touch who may be carrying a burden of sorrow we don't usually notice. In our congregations we may know people caring for loved ones slowly being taken from them by Alzheimer's disease. Perhaps their loved one is in a nursing home, and we may think the load is lifted. In both cases the pain is deep.

There may be lonely people in our congregation who would love to feel wanted and valued. We may think because they don't seem to want our attention that we should leave them to their solitary way. Try making conversation and see if you don't see a light shine in their eyes. We speak often of the brotherhood of humanity. We also say we must love one another, and while we give lip service to these wonderful ideals, we need to examine our role in showing that love to those around us. Do we think a polite "how are you?" adequate evidence of thoughtfulness?

This month as you think of family and friends you will cheerfully remember, try to think of someone else who would appreciate a sign of love from you.

If you know a family dealing with devastating illness or personal tragedy, try to find some time to visit. Call ahead and make arrangements, then arrive to listen. Don't offer advice or try to sympathize unless you have walked the path they are on. None of us will ever know how another person feels, even if we have had the same experience. But, we can hear their pain and let them know we are there to do whatever we can to help. Allowing someone to express their feelings, without having to be told what they should feel or do, is the greatest gift we can give. Perhaps you will feel like taking treats and enjoying a little impromptu party. A little laughter and lightness can do wonders in a house filled with sadness. Someone you know may be involved in round the clock care. Take a few hours and let them get away to rest and recuperate. A child in a family dealing with serious financial problems would be delighted to have an afternoon out. A trip to the zoo or a matinee with a stop at a local fast food restaurant could make a big difference in their day. If the family resources and time are taken for a sick sibling, being made to feel special and valued for themselves can do wonders. Just coming to your home to visit and play games can be a welcomed breather. Children with an ill sibling may not understand why there never seems to be enough for them to have what they want. I remember my son, when his sister was going through a terrible ordeal, crying out when I told him we couldn't afford a new bike, "Debbie gets everything. She's got braces, glasses and hearing aids and I can't have anything." It wasn't true, but for him, at that moment it felt like it.

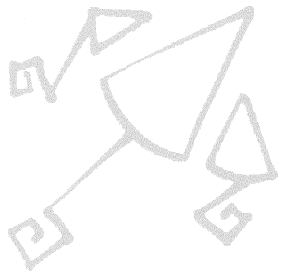
Adults are no different than children in their need to be acknowledged. If you know a shut-in or an adult having emotional problems think what a note, a phone call or a visit would do for their day. It is a nice way to share LOVE.

If we truly subscribe to the belief that by serving others we serve God, then what greater way to serve than to honor the spark of divinity in those whom most need to feel loved. Look about you and you will find ways to express yourself without being commercial and by simply expressing the divinity within you.

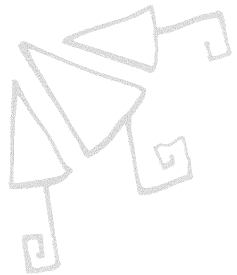
♥ ♥ ♥

CREATIVITY

BY RAY G. KOPMAN, ARIZONA



Creativity is something that sets us apart from the other kingdoms of this Earth Plane. This makes it important to cultivate a creative imagination. The idea is to have fun and to learn to express yourself through positive creative outlets. It has been said, *We don't cease playing because we have grown older—we grow old because we cease playing!* The ultimate defense against growing old is your dreams, your intentions. Nothing is as real as these, for we live in consciousness. Your dreams are the path between the person you are and the person you hope to become. The Higher Power expresses through us as we create.



Everyone is encouraged to have a hobby, a craft, or some creative outlet which adds meaning and worth to their lives. This is especially important in the days of early retirement. Hobbies today, however, not only add interest and meaning to the lives of many older citizens, they also have become a means of additional income. The dictionary describes "hobby" as an avocation, a subject or pursuit of interest during one's leisure time. Creativity acts as a tranquilizer in this fast-changing, often puzzling world.

We all create whether we realize it or not. Some create mischief as an attention getter. Others create something worthwhile that adds to our world and their own self-worth. Most great improvements for humanity, whether in science, in medicine, etc. have come after repeated attempts and failures. Virtually nothing succeeds with the first attempt, so in creation there is no good or bad, there is no failure. *Failures are sign posts on the road to achievements.* Only begin, and the mind grows heated with excitement—only begin, and the task can be completed. To create is our reason for being alive—to stimulate thoughts and to provoke ideas which lead to accomplishment. Albert Einstein wrote, *Imagination is more important than knowledge.*



Do something that really excites you. This can be a sport, coin or stamp collecting, computers, golfing, metaphysics, philosophy, science, wood working, collecting gem rocks, minerals or fossils. See how you can add creative energy to your hobby. My personal favorite is *recycling earth's treasures.* I love to take earth materials and create useful one-of-a-kind items or jewelry. Sometimes we can create something new and beautiful from broken jewelry, china or dishes, or perhaps turn gem rocks and stones into carvings. Be creative—think of some new or original material that appeals to you and redesign according to your own creative instincts.

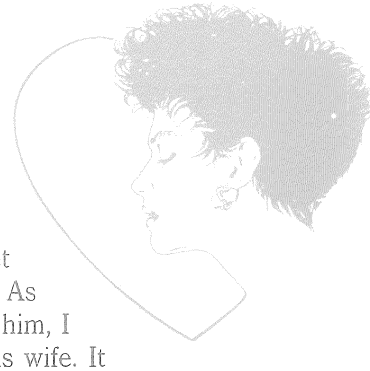
Happy creating—it will enrich your life—it sure has mine! ♥

SPIRIT IN MY LIFE

Spirit In My Life *is a monthly column for each of us to share something that has affected our lives where our spirit friends are involved. We all have a story, let us hear yours.*

I Love To Tell The Story!

BY MARY LOU BAUMHOFF, NEW HAMPSHIRE



My husband, John, and I use "I Love To Tell The Story" as our theme song whenever we serve a church. People have accused us of having a story about everything. This may be true, but our stories are always the absolute truth!

On June 23, 1999, I was diagnosed with cancer. The surgeon who had performed the biopsy told John that I might have a fifty-fifty chance!

John looked at him and said, "She will be all right!" The doctor looked at John and left the room. The doctor, I'm sure, thought that John was in denial. We were told that the cancer was in the throat and had spread to the lymph nodes.

After a short time, I began chemotherapy and radiation treatments. I had one treatment of "chemo" in the doctor's office and then carried a "pack" for four days. The radiation treatments were five days a week for six weeks. We were told that usually after a month some shrinkage is noticed.

After the first week, some shrinkage was noted. We had told the doctors that we are Spiritualists and that we practice healing. When my regular radiation doctor went on vacation, the man covering for him examined me and said, "Mary Lou, whatever you're doing, keep it up, because it is working!"

During this time, I followed my doctor's orders, as well as sitting for healing whenever possible.

I know that spirit was with me through all of this time, even before I was diagnosed. You see, I had chosen a different health insurance and was given a list of doctors from which to choose a PCP. Well, one name jumped out at me. His first name was Sherman, my mother's maiden name. I chose him. This was in January of 1999. It was not until June that I developed a sore throat and went to see him. It was then that I found out that he is an oncologist! When I told him that I practice spiritual healing, he said, "I believe that it is a co-operation between medicine and spirituality!" I knew then that spirit had been with me when I chose him.

Just when I was finishing chemotherapy, we were invited to a fortieth birthday for a dear friend who had been fighting cancer for over a year. It happened to fall on our sixth wedding anniversary, July 24. I sat and talked with Curtis that evening, not realizing that his time was near.

Just one week later, his wife called to tell us that he had been in and out of the hospital all week and he had been sent home to make his transition. When John and I arrived at their home the next morning, Curtis was heavily sedated, but we said hello to him to let him know we were there. As John sat and meditated with him, I sat in the next room with his wife. It was then that I learned that in April, Curtis had dictated instructions for his funeral to his wife and his cousin. He wanted us to conduct his funeral. As I sat there talking with his wife, I looked into the room where Curtis was lying on a couch and I saw a Monk. When I told his wife, she said, "Oh, that is his master teacher." There he stood by Curtis' head waiting to help with his transition. I felt really privileged to witness this!

Curtis had requested that his funeral be held at Lake Pleasant, one of the oldest Spiritualist camps in the country. Because Curtis was of Scottish decent, we engaged a bagpiper to escort the family and visiting dignitaries into the temple. He had also stated that he wanted "A multitude of ministers." There were many Spiritualist ministers in attendance. The temple at Lake Pleasant was filled to capacity, with people standing along the wall and outside the building. Someone asked me if it was difficult for me to do this, but I replied that it was actually a healing. Curtis had done everything he could and finally his time had come. John and I loved Curtis and felt honored that he chose us to do this last service for him.

I recently remarked to a friend that last Summer reminded me of Dickens' line, "It was the best of times and the worst of times." It was devastating to be told that I had cancer, but the healing messages that I received were so heartwarming, I was truly overwhelmed.

I'm writing this story as a heartfelt "Thank You" to all those who remembered me in their prayers. As Spiritualists, we don't just believe in healing, we know it works!

In early December, I had surgery to remove the lymph nodes and a biopsy was done. The result of the biopsy was that the cancer was completely gone! This was two days before Christmas, 1999.

I love to tell this story because it encourages anyone who may be having similar problems, or know of someone who is having difficulties. Healing works! ♥

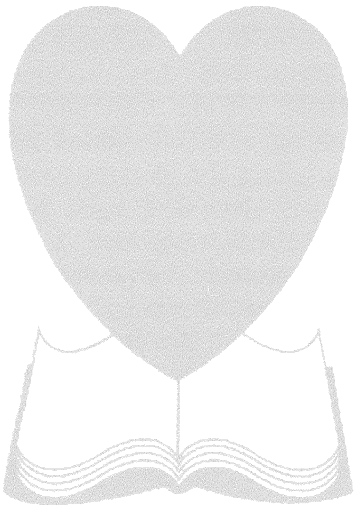
PHILOSOPHY OF PROOF

BY JUDY MERRILL, DSNU, CANADA

Messages of philosophy and encouragement received from spirit must contain evidence and knowledge, not just faith. The ever-progressing nature of Infinite Spirit and Natural Law is proven through Spiritualism.

The Spiritualist philosophy points to a loving God, in deed and truth, with affection for all creation. This is shown through the proofs of Natural Law in which all life must function and progress. Eternal Justice is the co-relative of eternal love. During creation, the Laws necessary for orderly existence were put in place.

Our personal sojourn on the Earth plane is to refine our spirituality through the opportunities and challenges of life and our ability to meet and resolve these challenges in a spiritual manner. Each time we meet an opportunity and deal in good faith with responsibility for the situation, we have gained spiritual growth for our soul. If the opportunities presented are ignored, or otherwise not met in a responsible manner, we withhold the light to our spiritual soul.



Religion's responsibility in humanity's affairs is to be a spiritual guideline, like a blueprint to the soul and the challenges, so they can be met in the most spiritual fashion. If religion is based on faith in a God of vengeance and jealousy, people then emulate this behavior. If religion is based on reason and knowledge, revealing a loving God Creator, then people will know and respond with love.

Religion must search for knowledge and wisdom to guide and free humanity. The more knowledge gained over the centuries, the more is found that confirms Infinite Intelligence and points to God's challenges to each of us.

Through mediumship, Spiritualism is the religion in the middle—one side faces God to receive progressive knowledge, while the other faces humanity to pass the message through. Mediumship is tuning into spirits who have progressed further along the pathway to God, and have knowledge of two worlds, thereby being experienced to further humanity's journey.

Spiritualism is giving a resurrection of Jesus' message of love to all, and Spiritualism is showing the spiritual meaning of life, which men and women have missed. It is bringing back to life the mediumistic gifts of communication with the Spirit World to bring an ongoing revelation of Infinite Intelligence and God's spiritual meaning to all humanity.

Spiritualism must continue to stand up for only those philosophies of proven truth and not include under its banner manmade philosophies which do nothing to enhance spiritual progression. Spirit's simple message of a religion that is a way of life, with moral progress of the spirit in the path of daily duty forward to a higher knowledge, with a goal to strive earnestly in the hope of reaching a higher, more loving position than that which it has attained in the past.

Within each of us is the spark of the Divine. If we look within, and we find our answers and spiritual, emotional and mental growth, then we have found an infinite fount of knowledge. We will be drawing on God's Love, Power, Law and Wisdom. We also will be touching God's love and there is nothing stronger or of more vital importance than Infinite love.

This spark within us is the continual existence of the human soul as a vital spark of humanity with the promise of a Loving Infinite Force within. It has the capacity to answer all of our questions, if we will but listen to inner guidance and practice Natural Law for our existence.

It is the Divine Vital Principle, which gives movement and life to all natural phenomena. It is the Laws of both body and soul which gives shape and vitality, as well as the power to construct and the nutrition wherewith to nourish.

The lessons we must learn as we pass through this life on earth will be continued, if not intensified, in the Spirit Realm. Life's lessons are learned by the service we share. It is through helping and assisting that we grow spiritually to attain our full measure of knowledge and wisdom.

Jesus taught the message of service when he washed the feet of each disciple during the Last Supper. Each time we help others, we learn the meaning of true compassionate giving with no expectation of reward. It is through service that we learn the lessons of true dispassionate love of all human beings and of their endeavors. It is through service that love gains power and direction for the good and peaceful missions of God.

Science has conducted experiments which prove the universe is constructed on vibrational lines, but Science has been unable to either prove or disclaim the power of love in the Universe. Love, motivating all human endeavors, would result in universal peace and understanding to allow all humans to live together on this planet without wars, hunger, strife, or poverty. A concentrated effort by all humanity to envision this state of affairs will bring amazing results.

Let us practice the power of this prayer for peace as our philosophy for life and watch what can be accomplished! ♥



Dearly Beloved

BY ELIZABETH HARRIS, DSNU, CANADA

Each lonely scene
shall thee restore,
For thee the tear
be duly shed;
Beloved, till life
can charm no more,
And mourned 'till
self be dead.

– William Collins (1721-1759)

What is life? What is death? The threads of life and death are so intricately woven together in a most mystical pattern that it is impossible to unravel them. For, they are part and parcel of each other.

When the body becomes aged and the spirit is ready to break forth into the new life of the spirit, a wonderful time of preparation begins in the Spirit World. Those in the higher realms, those who have loved the soul soon to be released from the body, will begin their preparation long before the ripening is completed.

The beloved ones from the Spirit World come quickly when they begin to see the soul breaking forth from the restrictions of the body. They will wait by the bedsides, or stand near by to carry the soul high away into the land of light. For death is both a time of reunion, and a time of joy.

Too, they break through earth conditions to bring to the beloved ones a reassurance and welcome. They will change feelings of apprehension and fear to feelings of expectation and joy.

When the spirit begins to shed the physical body, it will see the smiling faces of those they lost long ago—those who have long waited to welcome them into the newness of spirit.

Spiritualism has accumulated countless records describing death and dying. And all stories are the same, telling of a glorious new realm filled with love and light. Not one story contradicts another.

But, outside Spiritualism, many intuitive sensitive people, too, have had glimpses of the dying process. A touching story was told to me not long ago, which I would like to share with you.

Marjorie Holmes enjoyed her work as a seasoned nurse in the Nursing Home, and night shifts pleased her. She enjoyed the peace and tranquility of nighttime—when residents were sleeping peacefully in their rooms—and the busy day had folded into rest. But the night that Mrs. Flo Fairweather died was a different matter.

Marjorie said she would never forget that night. It had started out as usual. She'd been quietly sitting at her desk with a clear view of the entire floor—dutifully glancing down the four dimly lit pastel painted corridors each with gleaming floors and railings while she prepared her reports and instructions for the morning shift coming in at six o'clock. Then something happened.

She remembered that all had been especially tranquil that night, and except for the faint hum of air hissing through the air-conditioning vents, all was quiet. There was no indication of anything irregular—nothing to alarm her. The residents were all asleep, and it seemed just another peaceful night.

It must have been about midnight, Marjorie said, when a strange uneasiness crept over her, an eerie feeling of unease, and she sensed something uncanny about to happen. Immediately, her well-tuned nurse's sensitivities became alive. She wasn't a novice nurse, nor was she unfamiliar with Nursing Home residents, but she knew, somehow, that the familiar pattern was being altered.

Almost against her will, her attention seemed to be pulled toward the pale blue east corridor. She could see nothing unusual, but a slight chill ran up her spine. Was something wrong in the east corridor? Although she couldn't notice anything amiss, yet a tingling feeling of something not quite right made her senses tingle.

Watchful and waiting, she kept her eyes on the long hallway, and then, almost imperceptibly she began to see an eerie golden glow of light slowly seep out of the open doorway of Mrs. Fairweather's room.

With abated breath, she watched as the light glowed brighter and brighter, until the far end of the corridor in front of Flo Fairweather's room shimmered with a mysterious radiance.

Leaving her desk, Marjorie hurried down to Mrs. Fairweather's room, and at the doorway stood, stock-still, momentarily stunned at what she saw. For the 95 year old lady, who had been bed-ridden for some time, and diagnosed as advanced senile dementia, was sitting up in bed, a smile on her face

(Continued on next page.)

FAVORITE SAYINGS TO LIVE BY

"Love is attention without judgment. In its natural state, attention only appreciates."

– Deepak Chopra

"Sometimes a good feeling from inside is worth much more than a beautician."

– Mother Teresa

"Forgiveness is the fragrance the violet sheds on the heel that has crushed it."

– Mark Twain

"Sharing is sometimes more demanding than giving."

– Mary Catherine Bateson

"Behind the veil of each night there is a smiling dawn."

– Kahil Gibran

"The simplification of life is one of the steps to inner peace."

– Peace Pilgrim

DEARLY BELOVED

(Continued from previous page.)

and eyes aglow, bathed in a strange glow, her arms held up, as if she was reaching for someone, and Marjorie heard her whisper, "Oh Robert. Oh Robert. You've come for me at last. I've waited so long."

In a flash of insight, Marjorie glimpsed a shining figure of a tall man, standing beside the bed, holding Mrs. Fairweather's hands, smiling down at her. He was a handsome man in a dark blue uniform of the Second World War, with pilot's wings insignia on the jacket. The vision flashed and was gone.

Marjorie stood in awe at the wonderment of the vision. She wasn't hallucinating, she knew. But was she really seeing what she saw?

But her nurses training quickly took over. She went to Mrs. Fairweather, and gently eased her back down onto the bed, but she knew that death had come.

It was later, when Marjorie was arranging Mrs. Fairweather's belongings that she came across the ancient newspaper clipping. It had been carefully and lovingly preserved over the years, and it was a picture and write-up of the handsome man in the Air Force uniform. It read: 'Flight-Lieutenant Robert Fairweather, killed in action over France, 1944.' And in Mrs. Fairweather's effects there was, too, an aged yellowed photo of the same young man, and on the back of the photo it read, 'To Flo, with all my love, forever. Robert.'

Robert had waited for his beloved Flo for 55 years, and they were together at last.



We know that those who have died are finally free from physical limitations. In the next life expression, they will never again suffer the pain and disabilities of earthly existence. And there is nothing in the physical world, nor in the Spirit World, that can part those to whom love has united. For love, like life, is stronger than death. Love, like life, is of the spirit, and is indestructible.

In his beautiful poem, *Footsteps of Angels,* the beloved poet, Henry Wadsworth Longfellow, who also understood love in the Spirit World, writes:

When the hours of day
are numbered
And the voices of the night
Wake the better soul
that slumbered
To a holy, calm delight.

Then the forms of the departed
Enter at the open door;
The beloved ones,
the true hearted,
Come to visit me once more.

With a slow and
noiseless footstep
Comes the messenger divine,
Takes the vacant chair beside me,
Lays his gentle hand in mine.

And he sits and gazes at me
With those deep and tender eyes,
Like the stars, so
still and saint-like
Looking downward
from the skies.

♥ ♥ ♥

SPIRITUAL HEALING REQUEST

(PLEASE PRINT OR TYPE)

Healing Prayers are requested for:

_____

requested by:

_____

because of the following conditions:

_____

_____

_____

Please send a "One A Day" packet to:

_____

_____

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_____

I will pray with NSAC Prayer Groups:

DAY_____ NIGHT_____

If you should wish to make a **Love Donation** to help offset the NSAC Healing Center expenses, please send to:

NSAC HEALING CENTER
c/o Rev. Gene Pfortmiller, NST
3521 W. Topeka Drive
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To request information on "How to Form a Spiritual Healing Prayer Group,"

CHECK HERE ☐

The first week of each month the names received are compiled and sent to the NSAC Office for inclusion in the NSAC monthly mailing to all churches. Also many healers around the country receive the list. Because of the length of the lists an individual's name will usually be kept on the healing prayer list for one month unless we hear from you that more healing is required. We also request prayer groups to keep in touch with the National Healing Center throughout the year.

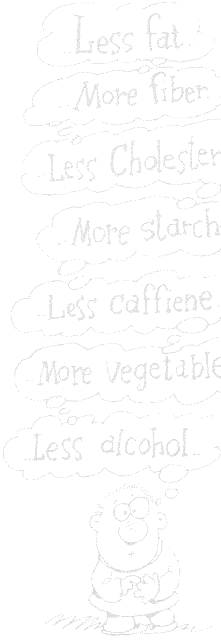
Prayer Healing is a wonderful way to practice Absent Healing, to help others, to share a prayer, and is something EVERYONE can participate in.

– Prayer for Spiritual Healing –

I ask the great Unseen Healing Force to remove all obstructions from my mind and body and to restore me to perfect health.
I ask this in all sincerity and honesty and I will do my part.
I ask this great Unseen Healing Force to help both present and absent ones who are in need of help and to restore them to perfect health.
I put my trust in the love and power of God.

February Is Heart Month

BY THE NSAC HEALING CENTER



Valentines are given this month to those we care about, and in so doing, we consciously call into our awareness the love energy. Each of us is a radiating center of Divine Love, the power that joins and binds everything in the Universe. It is the harmonizing principle, but love also brings us back to balance, or brings healing energy.

Because the heart is the symbol of February and of love, February has been set aside as "Healthy Heart Month." In the past ten years people have gained an understanding of the risk factors to their heart and adopted healthier lifestyles. This has attributed to a decline in mortality due to heart problems—a drop of 26%.

We are each responsible for our lifestyle habits, so a brief review of some healthy heart lifestyles may remind us of how to avoid some of the causes of heart problems.

Have regular checkups with your health care provider. Two risk factors of heart conditions that may be controlled are high blood pressure and high blood cholesterol. These have no symptoms in their early stages, so regular checkups, can help you evaluate any risk factors. If one does turn up, you can work to control it.

Some other changes in your lifestyle that might help assure a healthy heart: Research shows that smoking puts the heart at risk, so work to stop smoking. Extra weight also raises your chances of having high cholesterol, high triglycerides, high blood pressure, low HDL and diabetes, so work to reach your best weight and stay there. Eat foods low in saturated fat and cholesterol. Limit the amount of alcohol intake. Engage in regular physical activity. Monitor the amount of stress in your life and try to find ways to reduce the stress level.

There is a lot you can do to prevent a heart attack, so if you or a family member is at risk remember these steps you can do to help maintain a healthy heart. There are many books and pamphlets available to assist you adopt a heart-healthy lifestyle. Give yourself a Valentine this year by working toward a more healthy lifestyle. ♥

THE MANY FACES OF SPIRITUALISM



BY THE REV. RUPERT SIGURDSSON, NST, MAINE

Spiritualism is a Religion of many gifts. Healing, for some, is the most important with the realization that if one feels well, the world can be a beautiful place to live in with endless possibilities.

To others, the greeting from Spirit is the incentive that gives them the motivation to do their best in life. This is especially true after losing a loved one in the family, or a close friend.

Then there are those that find the philosophy is just what is needed in their life to give them the guidance required to make them feel that their path in life is of real value and a gift from Infinite Intelligence.

We must not forget those that need to research everything in life. Spiritualism makes it clear that we are to take nothing for granted, nor take something as fact just because we are told it is. It is up to us to prove the accuracy of the messages we receive, to experience feeling better after a healing, or to notice the improvement in our general well being and lifestyle by following and using the Declaration of Principles as a guide in our daily life.

Is being a Medium a gift? I feel to a degree it is. There are some that feel everyone can be a Medium of some description: a Healing Medium, a Message Medium, or a Physical Medium, to name just a few phases of Mediumship. It is also true that everyone could play a piano that has hands, but it takes incentive, practice, desire and a real dedication to be a skilled pianist. When I state that "Mediumship is a gift," it appears in some a natural desire to serve people in that manner. It was probably agreed on before coming to this earth life, but even then, to be a skilled Medium it takes a very similar effort to those desiring to be a skilled pianist—desire, dedication, and practice. It is definitely not a push button affair that so many expect everything to be today.

It is true that some are born with the ability to heal, give messages or another spiritual ability. If they are not suppressed by parents that feel it is the work of the Devil or some other ridiculous idea, they may develop into natural mediums. Here again, they still need the desire to use their gift for the benefit of humanity; training, study and dedication are still necessary to be prepared to work with the general public. Being a Medium is a very special calling, and often a very difficult life. Not everyone is equipped mentally for that special position.

We do not need to be Mediums to enjoy a life as a Spiritualist. Those that are Mediums have a wonderful gift and ability, but there are many things in this wonderful world that are equally important, no matter what our vocation is in life. Spiritualism teaches us to do our very best with it, whether it be a dishwasher or a president, all are equally important in the eyes of Spirit. If our Declaration of Principles are applied to our daily existence, we will find each day has a new challenge for spiritual progress. As our Seventh Principle states so well, "We affirm the moral responsibility of the individuals and that we make our own happiness or unhappiness as we obey or disobey Nature's physical and spiritual laws."

Spiritualism is a complete guide to life. There are those that run after every new idea, fad or current self help book. They switch back and forth between new age philosophies, healing practices and so forth, then after many years they are more confused about what is real in life and what is the truth. While on this merry go round of ideas, philosophies and various practices, they are missing the opportunity to settle back and accept the truth that Spiritualism presents. Most Spiritualists grow to enjoy a healthy productive life that realizes that we are all on a path of progress at our own speed, and that life is a continuous path through eternity.

♥ ♥ ♥

A portion of the Ordination address given by the Rev. Gail Tierney Griffith, NST

DOORS AND THRESHOLDS

On the top of one of her bookshelves, the Reverend Edna Claussen had an unframed picture of a cluster of sunflowers in the upper left corner, and on the opposite side of a black expanse, an open barn-like door with a sunflower just at the threshold. I liked the picture so much that when her apartment was broken up shortly after her move to an assisted care facility, I asked for it. The picture, which I thought was a print, is actually a placemat which I have now framed.

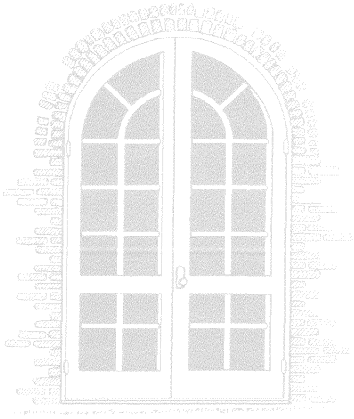
I have been focused on doors and thresholds lately. Choosing a door is an important decision. There are so many to choose from. There are french doors, sliding doors, storm doors, Dutch doors, doors with panels and doors with windows. There was even a television game show called The Price is Right where the lucky contestant had to choose from among Door #1, Door #2 and Door #3 in hopes of winning a much coveted and valuable prize.

Physical doors matter. They not only hold us in and others out, they also open to an expanse that stretches beyond the horizon. They open to untold opportunities.

There have been several doors that played significant roles in my being here today. There is the door to a social studies classroom on the second floor of Connetquot High School where an already retired Florence Hymes stood chatting with a former colleague. At that doorway, Florence handed me a batch of brochures about Spiritualism and the name and address of this church. There is the door to this building. When I walked through that particular entrance, my life changed forever.

Then, there was the door to Edna's apartment and her unfoldment classes. These were some of the physical doors I walked through.

But, there are other doors, too. The doorway of opportunity swung open, and I signed up for the Morris Pratt Course on Modern Spiritualism. Enter the Reverend Catherine Snell and the Reverend Janet Travis, who helped me locate rare and out-of-date materials, bolstered my confidence and kept me on track. And, Ann Collins, Licentiate Minister, who held those evening meetings to help work out some of the lessons, especially the dreaded third! Of course, many friends and family helped to prop that door open with kind words of encouragement.



Door has many meanings and as many purposes. Their thresholds can be points of departure, a brink, a verge, an overture, a prelude, a premiere. David Applebaum, the editor of *Parabola*, described thresholds as "identifying signs that confirm the integrity of a search for meaning." The native peoples regard them as "crossing over places." Others have called them "points of departure," and "transitional places." The present moment is a threshold. As painter and author William Segal, a student of traditional ways of being, has said "Each moment is a prelude to a new beginning... Humankind is on the threshold of a new age. There is a realization that something is being asked of us: to come into contact with a subtle vibration of consciousness." This subtle change in the vibration of consciousness has been predicted by the Trends Research Institute, a well-respected think tank, in Rhinebeck, New York. It recently stated that a new world religion would emerge that was not based on specific creeds, but loosely defined as "spirituality." If Trends is as accurate in this prediction as it was in predicting the 1987 stock market crash, then we will see what is known to the world at large as religion being redefined and refocused. Spiritualism should be poised and ready to be an integral part of it. It should be a driving force. And, I want to be part of it!

There are different kinds of thresholds. "In fact," Segal said, "any calling, any work done honestly and with attention can open us to the possibility of stopping a moment, which in itself brings about more favorable conditions for passing from one condition to another..." For us this honest work comes with participating actively, whether you set up chairs and lay out hymnals, make the coffee or vacuum afterwards, conduct classes, or attend them regularly. For us this honest work also comes with the certifications of Medium and Healer, National Spiritualist Teacher and Licentiate Minister, and that of Ordained

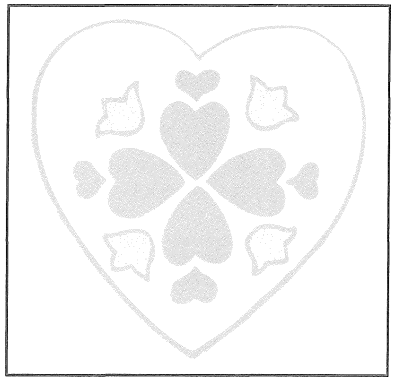
(Continued on next page.)

LOVING YOU, LOVING ME, LOVING GOD!

(Continued from page 3.)

stop, **BE STILL. PRAY**—ask your spirit friends and God to reveal to you the right course of action. **MEDITATE**—take a minute to go to your sacred place within you for a moment and allow God to reveal to you the blessing in this situation. **BE GRATEFUL**—give thanks for an answer. **FORGIVE**—know that you cannot ever know the entire story, and that the other person is doing the best they can, given all the things in their life. Open your heart center, forgive and release the energy. Remember and recognize that God is there, and this person is there for your highest good—YOUR HIGHEST GOOD! **LET GO AND LET GOD**—give the adversary to Divine Mind and leave it there. Don't dwell on it, or check on it, or give it any kind of energy. **GO FORWARD AND KNOW**—put your trust in the love and power of God and resolve that only love comes to you and only love goes from you.

Catherine Ponder says: "If you analyze this thing called love, you will discover that life is a process of giving and receiving of love in its many phases...it is those individuals who are not living in the stream of love that feel its lack as a difficulty in mind, body or affairs. Through the deliberate development of love, you can get into the stream of life's goodness, as well as help others to experience it." Love and life are experienced at the feeling level. A thought has no meaning until we attach a feeling to it. Love, felt at the heart center, brings us balance.



Remember how it feels to fall in love with someone? You want to be with them all the time, and just the thought of them makes you smile and your heart center open? You might write them little notes or call them just to say hello. It is a strong, wonderful feeling. Can you honestly say that you have this same powerful feeling and close relationship to God?

Most of us have moments of this love energy with our Creator, and they feel so good, but then we get involved with the material world around us and hope that the joy of Spirit will come again soon. This joy and this love are around us at all times, blessing us and available when we open ourselves, when we quiet ourselves to receive the power of God. God is Love, and love does not force energy onto another. Therefore, as we are receptive to Light and Love of Infinite Good, so will we receive as much as we will accept. Spirit can not come to us because Spirit never left us. We are spirit. Alfred Lord Tennyson wrote, *Closer is He than breathing, and nearer than hands and feet*. Our relationship with the Infinite is up to us, it's our responsibility and a most important one. I wish you all much love.

♥ ♥ ♥

DOORS AND THRESHOLDS

(Continued from previous page.)

Minister. These are the thresholds of Modern Spiritualism.

What we do with them and what we make of them determines how much this religion will pass from its current condition to a more dramatic one. We are standing on the brink of a new millennium for the world and the second century for Modern Spiritualism. We are stopping a moment here, to evaluate and determine our direction. For Spiritualism and its adherents must move across the dark expanse of Edna's picture and through the rustic doorway.

There has never been a time when conditions were more optimistic for Spiritualism, and its adherents to step out of their private parlors and into the world community, than right now. If we view our lives as "consisting of a series of thresholds" that "instill a creative attitude into the process of living," we will realize the infinite possibilities of our existence. Segal tells us to "tune into the stillness of a true threshold and treat it seriously. (Doesn't that sound like the silence of meditation that a Medium begins his or her work with before opening the doorway to spirit communication!) The whole idea of a threshold is neither looking forward or back. It is being here now." The doorways of our physical lives evolve into the intangible thresholds of our mental, emotional and spiritual lives. We carry them in our hearts and heads. We stand at them and survey the horizons laying before us. At the same time we walk through them, we are them. We make the choice to step over the threshold of what the artist Heather Williams, calls "the door to the Promised Land of seeing without judgement; of seeing what is..."

Graham Greene wrote in *The Power and the Glory*: "There is always one moment in childhood when the door opens and lets the future in." In the scheme of things, perhaps we are in the childhood of our spiritual development. There is a door open now for me in this new role of Ordained Minister, and for all of us as Modern Spiritualists. Together, we *Stand upon the threshold of the new*. [Edmund Waller] Here, take my hand. Let us cross it together. ♥

Positive Statements To Help Create a Positive Day.

Affirmations . . . FEBRUARY 2001

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Each moment, we must allow Spirit to lead.	2 "Peace comes from perfect honesty." S. Kacvinsky	3 Laughter, a wonderful gift, a good medicine for healing.
4 Happiness is sought within the self.	5 God provides my needs, my life, my possibilities.	6 I release all fear-based thoughts and accept only light and love.	7 There is a wealth of Spirit within, unlimited possibilities.	8 Growth and understanding are desires of my heart.	9 Every self-judgement is a form of lying, of shutting out God.	10 Our capacity to be joyous is developed—chosen by ourselves.
11 The Divine Urge expresses through each of us individually.	12 I give the gift of sacred listening to all those who come to me.	13 Relationships are transformed with gentle attention.	14 Fill your consciousness with love—a radiant feeling of life.	15 Spirit reveals the healing truth I need to know.	16 I choose my thinking to align with love and joy at all times.	17 The birth of a baby is God's affirmation that life should continue.
18 Race thoughts stem from the belief in separation, rather than in One.	19 I share a smile and happiness wherever I go, spreading love.	20 Spirit's Light is at the center of my being and all is well.	21 I identify with the good in me, focusing on peace and love.	22 "Lo, I am with you always, even unto the end of the world." Mark 28:20	23 Today I am more aware of my spirit helpers and their guidance.	24 As I give my best to all I do, success follows.
25 I trustfully surrender and God supplies all my needs.	26 All things in life sing to me when I am still and listen.	27 We cannot undo the past, but we can forgive it.	28 The future is now, live this moment, enjoy the process.			



Love and forgiveness is the answer!



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• MAINE •

AUGUSTA

TRACY, Rev. Margaret M., Certified Medium, Comm. Healer, 27 North St., 04330-5007 - (207) 623-7264.

WALLACE, Earl L, Licentiate Minister, Certified Medium, Comm. Healer, 124 Spring St., Gardiner, 04345 - (207) 582-6745; e-mail: Godfreed@AOL.Com.

BELFAST

PARRY, Rev. Nancy Marshall, NST, Certified Medium, Healer; private readings, public lectures, classes, workshops, retreats; 28 Merriam Rd. #201, 04915 - (207) 338-4690; e-mail: clown@mint.net.

CANTON

SIGURDSSON, Rev. Rupert, NST, Comm. Healer, Rt. 1, Box 91, 04221 - (207) 597-2600, rupert@megalink.net.

GORHAM

HALDANE, Thomas B., Licentiate & Certified Medium, 32 Cumberland Lane Unit 5, 04038-1329 - (207) 839-4878.

SOUTH PARIS

NYE, Rev. Gloria J., NST, Certified Medium, 400 Mt. Mica Rd., 04281 - (207) 744-0046.

• MARYLAND •

TAKOMA PARK

MEERSCHAERT, Rev. John, Certified Medium and Comm. Healer, private consultations by appointment, 8716 Bradford Rd., Apt. 5, 20901 - (301) 585-0261, e-mail: seesspirit@aol.com.

• MASSACHUSETTS •

LOWELL

WINGOOD, Rev. Kenneth, 300 Douglas Rd., 01852 - (978) 454-4163.

WORTHINGTON

SULLIVAN, Rev. John F., Pastor of First Spiritualist Church of Springfield, Certified Medium, Comm. Healer, classes, counseling, private consultations, public lectures, 26 Witt Hill Rd., P.O. Box 392, 01098 - (413) 238-4495; e-mail: jsulli1942@aol.com.

• MINNESOTA •

ROCHESTER

YOUNG, Rev. Joyce E., NST, Certified Medium, Comm. Healer, 4814 115 Ave. NW, Byron, 55920 - (507) 775-6358.

YOUNG, Rev. John E., NST, Certified Medium, Comm. Healer, 4814 115 Ave. NW, Byron, 55920 - (507) 775-6358.

• NEBRASKA •

BELLEVUE

CLARK, Rev. Wm. L., NST, Comm. Healer, Teacher; Private classes and consultations by appointment; P.O. Box 183, 68005-0183 - (402) 292-3197.

OMAHA

FANSLAU, Alace J., Licentiate Minister & Medium, consultations by appt., classes at Spiritual Science & Philosophy Church, NSAC, 321 Hascall Street (on So. 4), 68108-2121 - (402) 345-0101.

• NEVADA •

MINDEN

POTTER, Rev. Louis, Ordained Minister, Certified Medium; Pastor, Spiritualist Chapel of the Pines, Auburn, CA; P.O. Box 1657, 89423 - (775) 782-3108.

• NEW HAMPSHIRE •

SALEM

BAUMHOFF, Mary Lou, Certified Medium, P.O. Box 2223, 03079-1152 - (603) 898-8854, Fax (603) 893-3603.

• NEW YORK •

BELLMORE

RIVERA, Rev. Milagros G., Medium, Healer; Readings and Classes, 1830 #21 Bellmore Ave., 11710 - (516) 781-9773.

CLIFTON PARK

KRAMER, Rev. Hillary, NST, Certified Medium, 15 Huntwood Dr., 12065 - (518) 371-8975.

EAST AURORA

KLEINSCHMIDT, Rev. Charlene, NST, Certified Medium, 1071 Wish Circle, 14052-9656 - (716) 652-4972.

KLEINSCHMIDT, Albert C., Certified Medium, Comm. Healer, 1071 Wish Circle, 14052-9656 - (716) 652-4972.

FARMINGVILLE

LLOYD, Rev. Nancy A., NST, Certified Medium and Counselor (call or write for appointment); Mail: P.O. Box 7, 11738-0007 - (631) 736-1058.

HOLBROOK

BERG, Rev. Virginia, Pastor, A Sanctuary of Infinite Spirit, NSAC, 1280 Claas Ave., 11741-3902 - (631) 588-3150.

LILY DALE

BURDICK-CAREY, Rev. Beverly, Certified Medium, 13 3rd St.,P.O. Box 1087, 14752 - (716) 595-2205.

LONG ISLAND

SNELL, Rev. Catherine, NST, Certified Medium, by appt. only, 17 Ann Court, Kings Park, 11754-2001 - (623) 724-8025; csnell@hoflink.com .

TRAVIS, Rev. Janet, NST, 17 Ann Court, Kings Park, 11754-2001 - (623) 724-8025, jtravis@hoflink.com.

SCOTTSVILLE

FEATHERSONG, Elsie, Certified Medium, private readings by appt., public lectures and workshops, 220-3 Robert Quigley Dr., 14546-1011 - (716) 889-4434, e-mail: Efeathersong@usa.net.

• NORTH CAROLINA •

HENDERSON

GRIFFITH, Rev. Gail, NST, 200 Crestview Dr., 28791 - (828) 891-1312, gailgriffith@juno.com.

• RHODE ISLAND •

State Wide

KENT, Lynn, Certified Medium, private consultation from my web site www.spiritmedium.com or leave message on my 24 hour toll FREE line (877) 376-3445 for call back. E-mail address lynnkent@spiritmedium.com.

• OHIO •

FAIRBORN

MOSCHKE, Rev. Raymond J., Comm. Healer, 1468 Ironwood Dr., 45324 - (937) 878-1165.

• TEXAS •

AUSTIN

BROWN, Mrs. Frances Cervin, Licentiate Minister and Certified Medium, 2723 S. Congress, Apt. 2309, 78704 - (512) 447-2188.

HAMNER, Rev. Dr. Jean, NST, Certified Medium, Comm. Healer, Pastor Angel of Light, P.O. Box 4001, 78765 - (512) 836-8829; Lectures, classes, circles, readings, workshops.

EDINBURG

MUSE, Rev. Evelyn, Minister, Certified Medium, NST, 1104 Susan Dr., 78539 - (512) 383-2510.

DALLAS

HANSON, Arthur E., Licentiate Minister and Healer, Rosie Lee, Licentiate Minister, 4653 Cedar Tone Dr., 75211-7723.

• UTAH •

ST. GEORGE

SAVAGE, Virginia, Licentiate Minister, Certified Medium, 1444 Basswood Way, 84790, (801) 634-9467. Summers: Box 1064, Lily Dale, NY 14752 - (716) 595-3046. Phone reading available.

• VIRGINIA •

ALEXANDRIA

KRITHADES, Rev. Christine, NST, 8725 Stockton Pkwy., 22308 - (703) 799-4774.

ARLINGTON

BATES, Virginia E., Licentiate Minister, 2716 N. Lexington St., 22207 - (703) 538-5164.

NORFOLK

CUTLER, Rev. Lelia E., NST, 7310 Midfield St., 23505-4126 - (757) 480-3799.

SPRINGFIELD

GEHMAN, Rev. B. Anne, Certified Medium, Comm. Healer, 5409 Backlick Woods Court, 22151 - (703) 354-5767.

VIENNA

STRANAHAN, Rev. Patricia, NST, 1717 Besley Rd., 22182 - (703) 242-8823.

• WASHINGTON •

BREMERTON

HICKS, Anne, Licentiate Minister of Church of Spiritual Unity, P.O. Box 4126 S. Colby, 98384 - (360) 876-9701.

SHAW, Maureen, Licentiate Minister of Church of Spiritual Unity, P.O. Box 4126 S. Colby, 98384 - (360) 876-9701.

SEATTLE

JOHANSON, Rev. Lillian, 4524 - 2nd Ave. N.E., 98105 - (206) 633-3438.

PEMBERTON, Rev. LaVerne, Ordained Minister of Church of Spiritual Unity, 3827 S. Mead, 98118 - (206) 722-2348.

TACOMA

WILLIAMS, Nicholas, Certified Medium, Comm. Healer, 2315 - 58th Ave. N.E., 98422 - (253) 927-8903.

• WEST VIRGINIA •

GREAT CACAPON

STARR, Rev. Barbara, NST, Comm. Healer, HCR 62, Box 148B, 25422 - (304) 258-4861.

WHEELING

GASBER, Rev. Velma, 104 N. Broadway St., 26003, Pastor of Way Memorial Temple - (304) 232-5795.

• CANADA •

MONTREAL, QUEBEC

ROSSNER, Rev. Dr. Marilyn, Ph.D., Pres./Pastor, Spiritual Science Fellowship, 1974 de Maisonneuve W., H3H 1K5 - (514) 937-8359.

DIRECTORY OF NSAC CHARTERED CHURCHES & AUXILIARIES

• ARIZONA •

PHOENIX - Chapel of the Sunflower, NSAC
Renate I. Baker, Secy., (480) 802-2768; Mailing address: 9142 E. Emerald Dr., Sun Lakes, 85248-0817; Sun. Serv. 2:00 p.m.; Development Classes Thurs. 7:00 p.m.; e-mail: revbaker@ix.netcom.com.

PHOENIX - Church of the Living Spirit, NSAC
2641 W. Union Hills Dr. (at the Wyndham Garden Hotel); Mailing address: 3521 W. Topeka, Glendale, 85308-2325; Co-Pastors, Rev. Gene & Rev. Sandra Pfortmiller, NST, (623) 581-5544; Sun. Serv. 10:30 a.m.; Tuesday Classes 7:30 p.m., call about location; Pres., Rev. Gene Pfortmiller.

PHOENIX - Harmony Chapel, NSAC
1522 W. Encanto Blvd., 85007-1203; Rev. Frank Staats, (602) 340-1939; Sun. Serv. 7:30 p.m.; Wed. Serv 7:30 p.m.; Thurs. Classes 7:30 p.m.; Sat. All Message Serv. 7:30 p.m.

• CALIFORNIA •

CALIFORNIA STATE SPIRITUALISTS' ASSOCIATION
Pres., Rev. Sandra Cook, (805) 965-4474; Secy., Evadell Sordelet, 5537 Whitney Ave., Carmichael, 95608, (916) 481-8729.

AUBURN - Spiritualist Chapel of the Pines
457 Grass Valley Hwy. #7; Mailing address: 461 Grass Valley Hwy., #19, 95603; Sun. Serv. 10:00 a.m.; Fri. All Message Serv. 7:00 p.m., except last Fri. of month; Pastor, Rev. Louis Potter; Pres., Pauline Conrad; Secy., JoAnna Gallo, (530) 823-1816; .

MONROVIA - The Spiritualist Church of Revelation
200 W. Colorado Blvd., 91016; Sun. Services 10:30 a.m.; Thur. night Healing Service 7:00 p.m. to 7:30 p.m., Message Serv. 7:30 p.m.; Pastor, Martin Pina; Pres., Anne Rafferty; Secy., Rev. Toni Ervin; Church phone (626) 256-3403; Fax E-Mail: Greenry@Earthlink.Net.

REDWOOD CITY - Redwood Church of Spiritual Science, NSAC
149 Clinton St., 94062-1515; Sun. Serv. 11:00 a.m.; Pres., Jo Hodson, (650) 593-9696.

SACRAMENTO - Central Spiritualist Church, NSAC
2500 Marconi Ave., Suite 210, 95821-4855. Mailing Address: 4800 Auburn Folsom Rd., #63, Loomis, 95650-9328; Sun. Serv. 10:00 am.; Classes - first Tues. of the month 7:00 p.m., last Tues. of month Healing and All Message Serv. 7:00 p.m.; Pres., Denise E. Bell; Pastor and Secy., Rev. Sandra G. Dawson, NST., (916) 652-4568; e-mail: rdawson@jps.net.

SAN BERNARDINO - Temple of Spiritual Truth, NSAC
732 N. Sierra Way, 92402. Sun. Serv. & Healing 11:00 a.m.; Secy., Richard Patteson, 10939 Hole Ave., Riverside, 92505.

SAN FRANCISCO - The First Spiritual Temple, NSAC
672 South Van Ness Ave., 94110-1306 (between 17th & 18th); Sun. Serv., 2:00 p.m.; No weekday evening classes at this time; all correspondence to: Rev. Donald McFarland, Secy., 405 Sixth Ave. #3, 94118-3027.

SAN FRANCISCO - Golden Gate Spiritualist Church
1901 Franklin St. (Corner of Clay) 94109; Sunday, Lyceum 9:30 a.m., Sept. thru May; Healing 10:30 a.m., Devotional Serv. 11:00 a.m.; Student Service, Healing 6:00 p.m., Devotional Serv. 6:30 p.m.; Wed. Healing 7:30 p.m., Serv. 8:00 p.m., (415) 885-9976; Pastor, Rev. Donald Haddick, NST; Pres., Sonny B. Gee; Secy., Frances Richardson.

SAN FRANCISCO - San Francisco Spiritualist Society
1832 Buchanan (between Bush & Sutter); Church phone, (415) 927-2139; Sun. Serv., 6:00 p.m.; Pastor Rev. Barbara Thurman, (415) 924-1106; e-mail: sfspiritualist@yahoo.com; All mail to Secy., Rev. B. Thurman, 200 Marina Vista, Larkspur, 94939-2144.

SAN JOSE - The Spiritual Science of Life Church, NSAC
"The Friendly Church," 729 Morse Street, (Corner of Morse St. & Naglee), 95126; Sun. Serv. 6:30 p.m., 2nd & 4th Sunday; Pastor Rev. Louise Peruch, NST; 4504 Independence Rd., P.O. Box 310, Glencoe, 95232-0310, (209) 293-4795.

SAN LEANDRO - Spiritualist Church of Two Worlds
1550 San Leandro Blvd., (Deaf Comm. Center) 94577; Sun. Serv. Healing 10:30 a.m., Reg. Serv. 10:45 to 12:00; Co-Pastors, Rev.'s Betty and Don Nauratil, (925) 283-1449; Pres., Jean McFarlane, 816 Cary Dr., 94577, (510) 483-5630; All mail to Secy., Rev. Betty Nauratil, 1048 Via Roble, Lafayette, 94549-2925.

SANTA BARBARA - Summerland Spiritualist Church of The Comforter
1028 Garden St., 93101; (805) 965-4474; Pastor, Rev. Sandi Cook, NST, e-mail: guide01@gte.net; Sun. Healing Serv. 10:30 a.m., Devotional Serv. 11:00 a.m., Wed. Message Serv. 6:30 p.m., Unfoldment Classes Sunday, Monday 1:30 p.m., Thursday 7:30 p.m.; Call for information on the Rev. Foard Memorial Library.

• COLORADO •

LITTLETON - Chapel of Spiritual Awareness
Forte Music Academy of Music, The Market Place at Ken Caryl, 10143 W. Chatfield Ave., Suite 15, (303) 797-7227; Sun. Healing & Meditation Serv. 9:30 to 10:15; Worship Serv. 10:30 to 11:30; Spirit Greetings 11:30 to 12:00; Beginning Spiritual Awareness and Advanced Unfoldment Classes are offered; Licentiate Minister, Dorothy M. Haskins; Pastor, Patricia J. Haskins-Schott, (303) 973-9993; **All mail** to: 6457 S. Xenon St., 80127; Internet site: Go to www.spiritual-awareness.org.

• CONNECTICUT •

CONNECTICUT STATE SPIRITUALIST ASSOCIATION
Pres., Lynn Gaffin, 70 Dell Ave., B5, New London, 06320-3346; Secy., Verline Eldridge, 34 Starr St., Norwich, 06360.

NEW LONDON - New London Spiritualist Church
2 Moore Court, 06320; (860) 440-3150; Sun. Serv. 10:30 a.m., Thurs. All Message Service 7:30 p.m.; Pres., Rev. Susan Ferency, 12 Butlertown Rd., Waterford, 06385; Secy., Lynn Gaffin, 70 Dell Ave., #B5, 06320; E-Mail: slynnh@aol.com.

NEWINGTON - The Church of The Infinite Spirit
Masonic Temple, 80 Walsh Ave., 06111; Sun. Serv. 10:30 – 12:00 on Sept. 10 & 24, Oct. 15 & 29, Nov. 12 & 26, Dec. 3 & 17; Year 2001, Jan. 14 & 28, Feb. 11 & 25, Mar. 11 & 18, Apr. 15 & 29, May 6 & 20, June 10 & 24; Closed July & August; Pastor, Allen Noddin, 174 Daley St., Forestville, 06010, (860) 582-7385; Pres., Mary Ann Noddin, 174 Daley St., Forestville, 06010, (860) 582-7385; Secy., Joan Wooster, 101 Leffingwell Ave., Waterbury, 06710, (203) 574-2017.

NIANTIC - Ladies Aid Society Camp at Pine Grove
June 10 - Sept. 9. Services, Sundays at 2:30, Tue., Thur., Sat. 7:30. For a program listing all Summer activities write to: Secy. Lynn Gaffin, 70 Dell Ave. #B5, New London, 06320-3346; E-Mail: slynnh@aol.com.

NORWICH - National Spiritualist Church of Norwich, Inc.
29 Park St. (off Main St.), 06360, (860) 886-8522; Secy., Sandra Morse.

OLD GREENWICH - Albertson Memorial Church Of Spiritualism
293 Sound Beach Ave., 06870; (203) 637-4615; Sun. Serv. 11:00 a.m., all welcome; Pastor, Rev. Melvin O. Smith.

WILLIMANTIC - The First Spiritualist Church of Willimantic
268 High St., 06226, (860) 423-5774; Sun. Serv. 10:30 a.m. Sept. thru May; service twice a month June, July, August. For more information, please call the church; Healing Service Thursdays at 7:30 p.m. Sept. thru May; in Summer a Healing Service is held on the Thursday after there has been a Sunday Service; Pastor, Joyce Orcutt, 133 Wales Rd., Andover, 06232, (860) 742-7846; Licentiate Minister, Clinton Cady, P.O. Box 67, 06226; Secy., Cynthia M. Snyder, 145-N Cemetery Rd., Plainfield, 06374, (860) 564-5976.

• DISTRICT OF COLUMBIA •

WASHINGTON - The Church of Two Worlds
3038 "Q" St., N.W., 20007; Sun. Healing 2:00 p.m., Serv. 2:30 p.m., (202) 333-5114; Pres., John Rothamel, Jr., (410) 590-9187; Secy., Robin Kitto Rothamel (410) 590-9187.

• FLORIDA •

ORLANDO - Spiritualist Church of Awareness, NSAC
3210 N. Chickasaw Trail (P.O. Box 571043, 32857-1043), (407) 678-3688 Please leave message; Sun. Adult Lyceum 10:00 a.m., Sun. Serv. 10:30; Wed. Serv. 7:30 p.m.; Healing, Lecture, Messages at all services; Co-Pastor and Pres., Rev. Jean Kerr Lerch, NST, 335 Piney Ridge Rd., Casselberry, 32707-3805, (407) 834-5378; Co-Pastor and Treas., Rev. E. Ann Otzelberger, NST, (407) 826-0807; Secy., Stacy K. Davis, 10509 Jepson St., 32825-6606, (407) 658-7624.

• ILLINOIS •

ILLINOIS STATE SPIRITUALIST ASSOCIATION OF CHURCHES
Secy., Rik Kristinat, 920 N. Franklin St., Ste. 205, Chicago, 60610.

AURORA - Christabelle Spiritualist Church
Secy., Martha L. Witt, 1204 Game Farm Rd., Yorkville, 60560-1141, (630) 553-2517.

BURNHAM - Puritan Spiritualist Church, NSAC
13906 Greenbay Ave., 60633-1614; Sun. Serv. 2:30 p.m.; Pastor, Anna Gross, 10930 Ave. "M", Chicago, 60617-6929; Secy., Rozanne Langreder, 3344 E. 186th St., Lansing, 60438, (708) 418-5157.

CHERRY VALLEY - Cherry Valley Spiritualist Camp, Inc.
8002 Service Rd., 61016 Rd., 61016, (815) 332-5359; Camp Season: June thru Sept., Nov. thru May; Serv.: First Sun. of each month at 1:00 p.m.; Pres., Arsenia Williams; Secy., Richard Taylor.

CHICAGO - The Church of The Spirit
2651 N. Central Park Ave., 60647-1101, (773) 489-5422; Chicago's Oldest Spiritualist Church; Sunday Family Worship - Healing 10:00 a.m., Worship Serv., 10:30 a.m.; Worship/Message Serv., Wed. 7:00 p.m., Development Class 8:00 p.m.; Pastor, Ms. Marrice Coverson; Secy., Dr. Alan Tenczar.

CHICAGO - Spiritualist Church of Truth
6343 West Cuyler (1/2 block north of Irving Pk.) 60634; Serv. 2:45 p.m., Healing, Lecture, Messages every Sunday; Pastor & Pres., Rev. Florence Heyward; Secy., Judith Galar, 4050 N. Oriole Ave., Norridge, 60706-1117, (708) 452-8754.

CHICAGO - Tucker Smith Washington Spiritualist Temple
6146 S. Ashland Ave., 60636, (312) 436-0366.

LE ROY - J. T. & E. J. Crumbaugh Spiritualist Church
102 S. Pearl St., 61752-0174, (309) 962-9076 (leave message); Lyceum 1:00 p.m., Healing/Meditation 2:00 p.m., Devotional/messages 2:30 every Sunday; Pres., Chuck Johnson, (309) 888-9393.

• INDIANA •

INDIANA STATE ASSOCIATION OF SPIRITUAL SCIENCE, NSAC
Secy., Hertha Comstock, 1221 E. California Rd. #217, Fort Wayne, 46825-6106, (219) 373-2848; Pres., Rev. Jessie James, (219) 885-0091.

GARY - First Spiritualist Church, Inc., NSAC
2430 W. 11th Ave.; Serv. Sun. 3:00 p.m., Wed. 8:00 p.m.; Pastor & Pres., Rev. Jesse James, Jr., 1301 Pennsylvania St., 46407; Secy., Verillia Shaffer, P.O. Box 4278, 46404; Unfoldment Classes Sat. 1:00 to 4:00 p.m., Lyceum Sun. 3:00 p.m.; Jacqueline Crooms, 853 Grant St., 46403.

INDIANAPOLIS - New Dawn Spirit of Light Church, Inc., NSAC
3637 W. 10th St., 46222-3376; Sun. Serv: 10:30 a.m. Healing - 11:00 a.m. Worship and Message Serv. - Kids Time 10:30-11:30 a.m.; Wed. 7:00 p.m. Development class; Every 5th Sunday All Message Service, covered dish dinner; Secy., Wanda Whetsel, (317) 267-0888; Pres. & Lic. Minister, Mildred Schlagel, (317) 291-0799.

MICHIGAN CITY - Spiritual Science Church, NSAC, Inc.
314 W. Coolspring Ave., 46360, (219) 874-6002; Sun. Serv. 11:00 a.m.; Pastor & Pres., Rev. Ruth Novak, (219) 872-6621; Asst. Pastor, R. Bianchi, L.M., (219) 426-5797; All corresp. to: R. Bianchi, 609 Center St., Valparaiso, 46385.

• IOWA •

CLINTON - First Spiritualist Church
5416 - 6th Ave. So., P.O. Box 123, 52732-0123, (319) 243-3233.

CLINTON - Mississippi Valley Spiritualist Assoc. Camp
P.O. Box 75, 52733-0075; 1999 Camp Season, July 10 thru August 21; Rev. Bonnie Horstman, Secy., NST, (319) 242-8460.

CLINTON - Sunflower Spiritualist Church
10 Mt. Pleasant Park; Mail to: P.O. Box 6, 52733-0006; Sun. Serv. at 10:30 a.m.; Co-Pastors, Rev. Harvey and Rev. Bonnie Horstman, NST; Secy., Mary Ellen Horstman.

DAVENPORT - Spiritualist Harmony Church
1429 W. Seventh St., 52802-1212, (319) 324-9659; Sun. Healing Serv. 1:30 p.m.; Worship & Message Serv. 2:00 p.m.; Lyceum Classes available; (Closed during July and August.); Pastor, Rev. William E. Buchholz, 806 E. 13th St., 52803-4240, (319) 326-3201; Secy., Pat Peck.

• MAINE •

MAINE STATE SPIRITUALIST ASSOCIATION OF CHURCHES
Pres., Graham Connolly, 25 Fessenden St., Portland, 04103, (207) 879-0424; Secy., Betty Simpson, R.R. #2 Box 5055, Carmel, 04419-9802, (207) 848-2273; Treas., Barbara Eckhardt, 41 S. Chestnut St., Apt. B, Augusta, 04330, (207) 626-9931.

AUGUSTA - Augusta Spiritualist Church
P.O. Box 2492, 04338; Pastor, Earl L. Wallace; Secy., Patricia A. Wallace, 124 Spring St., Gardiner, 04345, (207) 582-6745; Sun. Serv. 10:30 a.m.; Thurs. Awareness Class 7:00 p.m.

BANGOR - The Harrison D. Barrett Memorial Church, NSAC
114-118 Harlow St., (under Lamb's Bookstore); Sun. Serv. 10:00 a.m.; Secy., Betty Simpson, R.R. #2 Box 5055, Carmel, 04419-9802, (207) 848-2273, e-mail address is simponb@hermon.net. Please visit our web site at www.nsac.org, and go to churches and camps, choose state, ME, and click on Bangor. Church services may be canceled for the summer months or inclement weather. Please call the secy. for more information.

HARTFORD - Pinpoint of Light Spiritualist Camp
Mail address: R1, Box 91, Canton, 04221; Open July and August - Service, Seminars and Classes; Secy. Virginia Norris CH; Pastor, Rev. Rupert Sigurdsson, NST. For information, Phone and Fax (207) 597-2600; E-Mail: rupert@megalink.net.

HARTFORD - Pinpoint of Light Spiritualist Center
Mail address: R1, Box 91, Canton, 04221; Sun. Serv. 11:00 a.m.-12:30 p.m., followed by a potluck lunch; Classes Wed. and Fri. evenings 7:00-9:00 p.m.; Secy., Virginia Norris; Pastor, Rev. Rupert Sigurdsson, NST; For information, phone (207) 597-2600, E-Mail - rupert@megalink.net.

MADISON - Madison Spiritualist Camp
Located at Lakewood Village on Lake Wesserunsett, 6 miles north of Skowhegan on Rt. 201; mid July-mid Aug. - schedule to be announced. No accommodations for rooms, camping or meals - all available nearby. For information: Pres., John Davidson, 74 Central Ave., Waterville, 04901, (207) 877-2204 or Secy., Dorothy Dee, 34 Burns St., Fairfield, 04937; e-mail jdavidson@wtvl.net.

NORTHPORT - Temple Heights Spiritual Camp Assoc.
Shore Road, Northport on Penobscot Bay; Camp session is from mid-June through the Sunday after Labor Day. A different featured medium each week. Services at 2:30 p.m. Sun. and 7:30 p.m. Tues., Thurs. and Fri.; Sun. Pot Luck 5:00 p.m. and Concert or other activity at 6:30 p.m.; Class Mon. at 7:30 p.m.; Message Circles Wed. and Sat. at 7:30 p.m.; Workshops/seminars Saturday morn. and/or afternoon; Accommodations with kitchen privileges available; for a program or information, call (207) 338-3029 (Apr.-Oct.) then (207) 338-4690, or P.O. Box 311, Lincolnville, 04849-0031; Pres., Pam Strickland, P.O. Box 93, Owl's Head, 04854, (207) 594-9038, e-mail: pstone48@aol.com; Secy., Rev. Nancy Marshall Parry, NST, 28 Merriam Rd. #201, Belfast, 04915, e-mail: clown@mint.net.

NORTHPORT - Temple Heights Spiritualist Church
Shore Road, Northport; Services 2:30 p.m. Sundays at Temple Heights Spiritual Camp from May to October and at Excelsior Lodge on the Shore Road, Saturday Cove, Northport from Nov. to April; (207) 338-3029; Pres, Jean E. Bower, 159 Northport Ave., Belfast, 04915, (207) 338-1355; Secy., Carol A. Fricke.

PORTLAND AREA - Portland Spiritualist Church
719 Main St., (Unitarian Universalist Church), Westbrook; Mailing Address: P.O. Box 6551 PTS, 04102; Sun. Serv. 6:30 p.m.; Fri. Class 7:30 p.m.; Pres., Michael Carter, (207) 797-2039.

• MASSACHUSETTS •

MEDFORD - Medford Spiritualist Church, NSAC, Chapel of Peace
Sunday Services held at the Unitarian Universalist Church, 147 High St., 02155; Services at 5:00 p.m., Healing Lecture and Messages; Summer Services run from June to end of August: Held on Tues. Evenings at 7:30 p.m.; For Info. call Acting Pastor/Treas., Sandra Millen, 103 Columbus Ave., Salem, 01970, (978) 744-0546, or Carol Wendell, (781) 396-0900.

ONSET - On-I-Set Wigwam Co-Workers Spiritualist Camp
Season opens June 4th till Labor Day; Camp phone (508) 291-0073; Sun. Serv. 2 p.m.; Wed. Open Class 6 p.m. & Service 7:30 p.m.; Mediums Day's - Message Circles - Workshops/Seminars scheduled; Secy., Rev. Susan Ferency, 2 Moore Ct., New London, CT 06320, (860) 439-1395. Prior to season call or write for a full program.

SALEM - First Spiritualist Church of Salem
34 Warren St., 01970; Sun. Early Serv. 5:30-6:00 p.m.; Lunch break 6:00-6:30 p.m., Healing & Evening Serv. 6:30-8:00 p.m.; Telephone for weather cancellations, (978) 745-2098; Church season is Sun. after Labor Day - last Sun. in June; Pres., Dorothy Thurlow, 169 Bachelor St., W. Newbury, 01985, (978) 363-2009; Secy., Nancy L. Karolides, 144 Boston St., Middleton, 01949, (978) 774-4048.

REHOBOTH - First Spiritualist Church of Brockton, Inc., NSAC
Services held at Agawam Grange Hall, Junction of Routes 44 & 118, (12 min. from Providence, RI); All mail: Linda Kent, Secy., P.O. Box 206, Swansea, 02777-0206; Healing—Devotional Service—Spirit Messages; Services Sun. 10:30 a.m.; Unfoldment Classes Sept. through May; Mediums', Special Classes, and Seminars. Please consult the Web at www.fscbrockton.homestead.com; e-mail: lynnkent@spiritmedium.com, or Toll Free: 877-568-7315.

SPRINGFIELD - The First Spiritualist Church of Springfield, Inc.
33-37 Bliss St., 01105, (413) 732-1234; Worship Serv., 2nd Sun. after Labor Day until last Sun. in June at 10:30 a.m.; Development classes Thurs. at 7:30 p.m.; Pastor, Rev. John F. Sullivan, 26 Witt Hill Rd., P.O. Box 392, Worthington, 01098 - (413) 238-4495, e-mail: jsullivan1942@aol.com; Pres., Paul D'Angelo, 87 Paderewski St., Chicopee 01013, (413) 592-5659, e-mail: D'Angelo@universalplastics.com; Secy., Denise St. Pierre, P.O. Box 392, Worthington, 01098, (413) 238-4495, e-mail: Denise1957@aol.com; church website: www.community.masslive.com/cc/Spiritualist.

DIRECTORY OF CHURCHES, *(Continued from previous page.)*

• MICHIGAN •

MICHIGAN STATE SPIRITUALIST ASSOC. OF CHURCHES
Pres., Marcia Hyatt, 4161 Buckingham, Detroit, 48224-3538; Secy., Marjorie Elaine Weichner, 8022 W. Chain Lake Rd., P.O. Box 89, South Branch, 48761-0089, (517) 257-4133.

CHARLEVOIX - The Golden Rule Spiritualist Church
07444 Old US 31 North, 49720-9422, (231) 347-9601 or (231) 347-7916; Sun. Serv. 10:00 a.m., mid-April thru June, and Sept. thru Nov. (No "church" services in July and Aug. because "camp" services are held at the same location.) Services may start sooner in the year or run later in the yera depending upon the weather. Located halfway between Petoskey and Charlevoix. Turn on Murray Rd. and then immediately turn right on Old 31, drive .8 (tenths) of a mile, on your left; Pastor, Rev. Cosie Allen, NST.

CHARLEVOIX - Northern Lake Michigan Spiritualist Camp
(Bayshore) 07444 US Old 31 N, 49720-9422, (616) 347-3899.

DETROIT - First Spiritualist Temple of Detroit
4161 Buckingham, 48224-3538.

LESLIE - Flower Memorial Spiritualist Church
West Bellevue at High St.; Sun. Lyceum 11:00 a.m., Church Serv. 10:45 a.m.; Pres., Timothy Weichner; Secy., Mary Ellen Weichner, 149 Vicary Rd., 49251-9746, (517) 589-9861.

OXFORD - Spirit of Harmony Chapel, NSAC
340 North Lapeer Rd., 48371; (810) 814-9172.

ROYAL OAK - First Spiritual Temple
3224 Greenfield Rd. (1 1/2 blocks So. of 13 Mile), 48073-6534; Sun. Serv. 10:00 a.m. & 7:00 p.m.; Pastor, Rev. Stanley Gutt, (248) 548-2240.

SOUTH BRANCH - Chain Lake Spiritualist Camp Association
8000 W. Chain Lake Rd., 48761-0089; Sun. Serv. 11:00 a.m., June 17, 2000 through Sept. 2, 2000; Annual Retreat July 8-13, 2001; Lyceum Dir., Dawn Hyatt; Pres., Donald Weichner, 8022 W. Chain Lake Rd., P.O. Box 89, 48761-0089; Secy., M. Elaine Weichner, 8022 W. Chain Lake Rd., P.O. Box 89, 48761-0089, (517) 257-4133.

• MINNESOTA •

MINNEAPOLIS - Second Spiritualist Church
2230 Lyndale Ave. N.; Sun. Serv. 10:30 a.m.; Secy's., Chrissy & Melanie; Pres., Beth, P.O. Box 6115, 55406, (612) 529-0781.

MINNEAPOLIS - Spirit of Life Spiritualist Church
Services at Lake Harriet Comm. Church at 4401 Upton Ave. S., 55410.

ROCHESTER - Third Spirit of Life Spiritualist Church
Services Mon., 7:00 p.m., in the Unity Church building, 911 11th Ave. NW; Pastors, Rev. Joyce E. Young, NST, and Rev. John E. Young, NST; Secy., (507) 775-6358; Mailing address, P.O. Box 7312, 55903.

ST. PAUL - Spiritual Science Church
411 Main St., 55102; Sun. Serv. 10:00 a.m.; Pres., Joan LeDuc, 2169 Scheffer Ave., 55116, (612) 255-4609 (church) or (612) 699-4858 (home); Secy., Maureen Florés, c/o 2169 Scheffer Ave., 55116-1255.

• MISSOURI •

ST. LOUIS - Fifth Spiritualist Church
6026 S. Kingshighway Blvd., 63109-3558; Sun. Serv. 10:30 a.m.; Healing, Meditation & All Message Service, 1st Wed. of the month at 7:00 p.m.; Student Minister/Pastor, Toye E. Stinson, 566 Old Highway 100, Villa Ridge, 63089, (636) 451-2838; Secy., Rev. Brenda Wittich, 3903 Connecticut St., 63116-3905, (314) 773-0106.

• NEBRASKA •

OMAHA - Spiritual Science & Philosophy Church, NSAC
321 Hascall St., 68108-2121; Sun. Serv. 11:00 a.m.; Sunday Philosophy Class Noon when scheduled; Pastor & Secy., Alace Jayne Fanslau, 321 Hascall St., 68108-2121, (402) 345-0101.

• NEVADA •

LAS VEGAS - Spiritualist Desert Church, NSAC
953 E. Sahara Ave., Commercial Arts Bldg. #D-12, 89104; Mailing address: Box 82134, 89180-2134; Tel. or Fax (702) 257-7506; Sunday Serv. 11:00 a.m. & 7:00 p.m.; Healing & Meditation Serv. Wed. 7:00 p.m.; Classes available; Pastor, Rev. Catherine Stewart, NST; Secy., Marcia Forkas.

• NEW HAMPSHIRE •

SALEM - The Church of Spiritual Life, Inc.
Masonic Hall, 109 Main St., Rt. 97; Mailing address: P.O. Box 414, Nutting Lake, 01865; Year Round Services; Regular Sunday Service 10:30 a.m.; Wed. classes p.m. call; Pastor, Rev. Kenneth Wingood, (978) 454-4163; Secy., Stephanie Frobese, (978) 851-6592.

• NEW JERSEY •

MERCHANTVILLE - Stow Memorial Foundation
Robert Egby, P.O. Box 339, Westville, 08093.

WESTVILLE - Church of Eternal Life
243 W. Olive & Folsom Sts., 08093; Sun. Healing Serv. 11:00 a.m.; Worship & Message Service 11:30 a.m.; Telephone for weather cancellations (856) 456-2196; Pastor, Lillian Joyce, 405 Binker Ave., Berlin, 08009, (856) 767-1651; pastorlil-1@juno.com; Pres., Joyce Smith, 209 W. Madison Ave., Magnolia, 08049, (856) 627-6977; Secy., Kathleen Pollack, 1762 Crown Pt. Rd. #537-A, Thorofare, 08086, (856) 848-7053.

• NEW YORK •

ALBANY - Capital District Spiritualist Center
c/o Robinson, 106 Lorraine Ave., Schenectady, 12304.

BINGHAMTON - First National Spiritualist Church
97 Riverside Dr., 13905.

CLIFTON PARK - Spiritualist Open Center
Pastor, Rev. Hillary Kramer, NST, 15 Huntwood Dr., 12065, (518) 371-8975.

EAST AURORA - First Spiritualist Temple
29 Temple Pl., 14052, (716) 652-5018; Sun. Healing Service 10:30 a.m.; Lecture and Message Service 11:00 a.m.; Social Hour 12:15 p.m.; Dinner Day 3rd Sun. of month followed by Circles or All Message Service; Secy., Donna Azzarelli, (716) 691-3406.

LILY DALE - Lily Dale Assembly
5 Melrose Park, 14752, (716) 595-8721, Fax (716) 595-2442; Office Hours, Sept.-June, M-F, 10 a.m.-2 p.m; June-Aug, M-F, 9 a.m.-4p.m., Sat. 9 a.m.-12 Noon, closed Sunday; Camp Season: Last Friday in June to day before Labor Day; contact Lillian F. Farnham, Secretary.

LILY DALE - Lily Dale Spiritualist Church
Sun. Serv. 10:30 a.m.; Healing & Message Serv. each Wed. 7:30 p.m.; Pres., Betty C. Schultz, (716) 595-3304; Secy., Sueanna Vollmar.

LONG ISLAND - A Sanctuary of Infinite Spirit, Inc., NSAC
Healing & Worship Service, Sun. 11:00 a.m. at the Smithtown Masonic Temple, 34 River Road, Smithtown, NY; Pastor, Rev. Virginia Berg, (631) 588-3150; Asst. Pastor, Rev. Nancy Lloyd, (631) 736-1058; Mailing address: 1280 Claas Ave., Holbrook, 11741-3902.

LONG ISLAND - New Horizon Spiritualist Church, Inc.
261 Elmont Rd., Elmont, 11003, (516) 354-1395; Services every other Sunday at 2:00 p.m.; Development Classes, Wed 8:00 p.m.; Pastor, Rev. Milagros G. Rivera; Pres., Dorothy Chusid.

LONG ISLAND - Temple of Metaphysical Science, NSAC
15 Oak St., Patchogue, 11772; Sun. Serv.: Healing and Worship 11:00 a.m.; Pastor, Rev. Catherine Snell, NST; Asst. Pastor, Rev. Janet Travis, NST, (631) 366-2422; Mailing address, Mr. Edward Freidlein, Corresponding Secy., P.O. Box 1150, West Babylon, 11704, e-mail: TMS@hoflink.com; http://www.TMS-Li.org.

ROCHESTER - Plymouth Spiritualist Church
Meets at Days Inn, 384 East Ave., (716) 234-2362; Sun. Serv. 10:30 a.m.; Pres., Robin Salerno, (716) 265-1573; Pastor, Cheryl Miner, (315) 524-0082. Mailing address: P.O. Box 180, Ontario Center, 14520-0154.

• OHIO •

OHIO STATE SPIRITUALIST ASSOCIATION
P.O. Box 5, Ashley, 43003.

ASHLEY - Ashley Spiritualist Camp Association
Wooley Park Drive, P.O. Box 277, 43003; Secy., Nikki DeWitt, (740) 747-3825, e-mail: www.members.Tripod.com/ashleycamp..

ASHTABULA - First Spiritualist Church
4230 Main Ave.; Sun Serv., 2:00 p.m., Healing & Clairvoyance; **TELEPHONE FOR WEATHER CANCELLATIONS** (440) 293-7056; Pres., Charles J. Benes, 8513 Creek Rd., Williamsfield, 44093, Secy.-Treas., Dorothy A. Benes; Services are held starting with the 2nd Sunday in September and continue through the last Sunday in May. The Church Book Shop is open every Sunday. Church is not in session during June, July, and August.

COLUMBUS - First Spiritualist Church of Linden
1751 Aberdeen Ave., 43211; Pastor, Rev. Neil C. Griffen; Secy., Carl Duffey, (614) 263-1631; Services, Sun. Morn. - Lyceum 9:30 a.m., Lecture Serv. 10:30 a.m.

COLUMBUS - Spiritualist Church of Spirit Revelation
1081 E. Weber Rd., 43211.

DAYTON - Spiritual Life Center, NSAC
611 Watervliet Ave., 45420, (937) 878-1165.

MARION - Memorial Spiritualist Church
667 Henry St., 43302-6137; (614) 387-8887.

• OKLAHOMA •

OKLAHOMA CITY - Central Spiritualist Church
2348 N.W. 36th St., Sun. Serv. 2:30 p.m.; Lyceum Sun. 1:00 p.m.; Pastor, Juanita Oyer; Pres., Charlotte Griffin, 1306 S.W. 38; Secy., Juanita R. Oyer, 6216 S.E. 10th St., 73110, (405) 732-7975.

DIRECTORY OF CHURCHES, *(Continued from previous page.)*

• PENNSYLVANIA •

ALLENTOWN - Getter Memorial, NSAC
1123 Oak St., 18102; (610) 434-3454.

McKEESPORT - First Spiritualist Church
809 Locust St., 15132, (412) 672-1272; Sun. Serv. 1:00 p.m., Healing, Lecture and Messages; Pres., Carol Perella, P.O. Box 1981, Pittsburgh, 15230-1981, (412) 461-7002; Vice Pres., Jim Rocky, (412) 381-7584, Ella Bryner, (412) 673-7880, Secy. Colleen Bambling, 125 Tuscola St., Pittsburgh, 15211, (412) 431-1838.

PHILADELPHIA - Second Spiritualist Church
423 S. Broad St., 19147, (215) 735-9630; Lyceum Sun. 4:30 p.m.; Healing and Worship Service 5:30 p.m.; Wed. all message, 7:45 p.m.; Pastor, John E. Faison, Sr.; Co-Pastor, Betty Hutt; Secy., Gladys M. Faison, 2118 N. Natrona St., 19121, (215) 232-9219.

• TEXAS •

TEXAS SPIRITUALIST ASSOCIATION
Executive Offices: 5213 Chestnut Lane, Bellaire, 77401.

AUSTIN - Angels of Light Spiritualist Church
9704 Chukar Circle, chapel walkway to the right; Devotional, Healing & Message Serv. Sundays 2:00 p.m.; Adult Lyceum Sundays 3:30 p.m.; Pastor/Secy., Rev. Jean Hamner, P.O. Box 4001, 78765, (512) 836-8829.

AUSTIN - First Spiritualist Church
4200 Ave. "D", 78751, (512) 458-3987; Devotional, healing & message service every Sunday at 10:00 a.m.; Pres., Tom Denney; Corr. Secy., Beth P. Fitzherbert.

CAMERON - First Spiritualist Church
802 S. College Ave., P.O. Box 1152, 76520; Sun. Serv. 10:30 a.m.; Lunch 12:00; Second Service 1:00 p.m.; Third Sun. of each month; Pastors, Mrs. Frances Brown, Licentiate & Medium, 2723 S. Congress, Apt. #2311, Austin 78704, (512) 447-2188, and Rev. Evelyn Muse, NST, 1104 Susan Dr., Edinburg, 78539, (512) 383-2510; Secy.-Treas., Verna Hentz, 406 E. 7th St., (254) 697-3912.

DALLAS - Second Spiritualist Church, NSAC
13610 Midway Rd., Suite 212; Devotional, Healing and Message Serv., 2nd and fourth Sundays each month at 2:00 p.m.; Class/Circle following service at 4:00 p.m.; Pres., Ann Council, (972) 218-7220; Secy./Student Pastor, Robert Croteau, (972) 675-9080; Mail: 1318 Guildford St., Garland, 75040; e-mail: SSC@SSCNSAC.ORG; http://SSCNSAC.org.

GALVESTON - Science Of Serenity Church, NSAC
2323 Avenue "N", 77551; Pastor, Martha L. Garrett; Secy., Douglas Smith.

HOUSTON - First Church Of Divine Science, NSAC
2115 Turner Dr., 77093; Mailing Addr.: P.O. Box 11088, 77293-1088; Pres., Rev. Jovita Garcia-Jessup; Rev. Marie W. Smith; Secy., Norma L. Freshour, 2280 Des Jardines, 77023-5118; Sun. Serv. 2:30 p.m.; Wed. open healing and meditation 7:30 p.m.; Messages from Spirit 8:00 p.m.; Fri. Spiritual Development 7:30 p.m., (713) 695-2550; e-mail: ITZNOWOO@aol.com.

HOUSTON - Church Of Divine Spirit
8010 Wier, #1, 77093-6138.

SAN ANTONIO - Louise Scholtz Memorial Chapel, NSAC
1627 Pan Am Express Way No.; Sun. Serv. 10:30 a.m. to 11:30 a.m.; Pastor, Garrett H. Scholtz; Secy., Mardi Gallaway, 1615 Pan Am Express Way, Apt. #3, 78208-1143, (210) 226-9545; Treas., Elizabeth Dolyak, 19211 Sandyglen, 78240, (210) 641-6589.

TAYLOR - First Church of Psychic Science, NSAC
1300 W. 4th & Ferguson, P.O. Box 1113, 76574; (512) 251-5425.

• VIRGINIA •

FALLS CHURCH - Center for Spiritual Enlightenment, NSAC
222 No. Washington St., 22046 (at the Women's Club), (703) 242-8823; Healing Service each Sunday 10:00 a.m., followed by Worship Service at 10:30 a.m., September through June; Pastor, Rev. B. Anne Gehman; Pres., Wayne Knoll; Secy., Rita O'Connor, 8334 Idylwood Rd., Vienna, 22182, (703) 204-2821; e-mail: finder@cais.com.

NORFOLK - The Memorial Spiritualist Church, NSAC
307 W. 37th St., 23508, (757) 622-5070; Service held on Sundays at 11:00 a.m. and 7:30 p.m.; Wed. at 7:30 p.m.; Healing available at 7:00 p.m. Sun. and Wed.; Pres., Carol A. Brown; Secy., Rev. Lelia E. Cutler, NST; Lyceum Director, Beth Yates.

• WASHINGTON •

DES MOINES - Church of Divine Grace, NSAC (www.DivineGrace.org)
Services held on Sunday at 6:00 p.m. at Des Moines Masonic Temple, 2208 S. 223rd St.; All Correspondence to: 22246 24th Ave. S., #M97, 98198, (206) 824-7454; e-mail: Info@divinegrace.org.; Pres., Bernie Allers; Secy., Lezlie Deuchress.

MILTON - Camp Edgewood, NSAC Assoc.
1228 - 26th Ave. Ct., 98354; Tel. (253) 927-2050, Fax (253) 927-7531; Pres., Anne Larson, (253) 474-8052; Secy., Patricia Fulton.

MILTON - Church of Spiritual Truth, NSAC
Camp Edgewood - Sun. Serv. 11:00 a.m.; Pastor, Rev. Lillian Johanson; Pres., David Chapman, Sr.; Secy, Denice Chapman, P.O. Box 646, Milton, 98354.

MILTON - Church of Spiritual Unity, NSAC
Camp Edgewood - Church Serv. Sundays, 2:00 p.m.; Pastor, Rev. LaVerne Pemberton, (206) 722-2348; Pres., Colleen Mohler, 1210 - 26th Ave. Ct., 98354, (253) 927-2365; Secy., Judi Johnson, (253) 535-2448.

• WEST VIRGINIA •

WHEELING - First Spiritualist Association of Wheeling WV.
(Way Memorial Temple) N. Broadway & Maryland Sts., (304) 233-5065; Sun. Lyceum at 9:30 a.m.; Healing and Worship Serv. 10:45 a.m.; Wed. Healing 6:30 p.m., Message Serv. 7:00 p.m.; Lyceum Conductor Beverly Goff, Asst. Conductor Melvina Taylor; Pastor, Raymond Jones, 104 N. Broadway St., 26003, (304) 232-5795; e-mail: rayjones@prodigy.net; Web-site: www.waymemorial.org/; Open Circle Tues.. 7:30; Pastor, Ray Jones; Temple open Sept. thru June.

• WISCONSIN •

WEST ALLIS - First Spiritualist Church of West Allis
6228 W. Washington St., 53214; Sun. Healing & Worship Serv. 10:30 a.m.; Pastor, Rev. Pamla Ashlay, (414) 545-7650; Pres., Manila Kochanski, W1371 Hwy. O, Oconomowoc, 53066, (920) 474-7332.

WONEWOC - West Wisconsin Spiritualist Camp Association
304 Hill St., 53968, (608) 464-7770; Open July and Aug., Weekends in September; Pres., Roland K. Berger, (608) 274-8845.

• CANADA •

BRITTEN MEMORIAL CHURCH OF CANADA
657 Lansdome Ave., Toronto, Ontario, M6H 3Y2.

THE CHURCH OF UNIVERSAL LOVE
118 Finch Ave. West, Willowdale, On., M2M 2H9 - (416) 730-8988; DIVINE SERVICE Sun. 10:30 a.m., Tues. Open Development Circle 7:00 p.m., Wed. Healing & Messages 8:00 p.m., Fri. Open Meditation Circle 7:30 p.m.; Pastor, Marilyn Gaitskell.

THE FELLOWSHIP OF SPIRITUALISTS CHURCH
81 Gladstone Avenue, Valleyview Community Centre, Oshawa, Ontario L1J 4E4; Sun. Evening Serv. 7:00 p.m.; Meditation after 1st Sunday of the month evening Service; Spiritual Healing after all other Sunday Services; Pastor, Rev. Alva Folkes, (905) 725-3737.

THE FIRST SPIRITUAL CHURCH OF MONTREAL
2186 St. Catherine St. West, Montreal, Quebec, H3H 1M7; English Serv. - Sun. 2:00 p.m. & Wed. 7:30 p.m.; French Serv. - Sun. 4:30 pm., 2nd & 4th Wed. 7:30 p.m; Rev. Mary Amato, Minister, (514) 365-0661.

THE FIRST SPIRITUALIST CHURCH OF GALT
72 Grand Avenue North, Cambridge, Ontario, N1S 2K9, (519) 622-7177; Pastor, Rev. Ed Kenning; Asst. Pastor, Rev. Karen Charles; Sun. Serv.: Healing 2:30 p.m., Devotional 3:00 p.m.; Summer (June, July, August): Healing 6:30 p.m., Devotional 7:00 p.m.; Meditation, healing and message circle, Wed. 7:00 p.m.; Development & Healing Classes available.

SPIRITUAL SCIENCE FELLOWSHIP
Office: 1974 de Maisonneuve W., Montreal, QC H3H 1K5, (514) 937-8359, *Fax (514) 937-5380; Location: Days Inn, 1005 Guy St., Montreal; Sun.* Serv. 7:30 p.m.; Mid-Week Serv. Thurs. 7:30 p.m.; Classes, Workshops, Teas, Meditation, Conferences, Discussion Groups, Spiritual Healing, Message Circles, Visiting Mediums; Pres./Pastor, Rev. Dr. Marilyn Rossner.

SPRINGDALE CHURCH, TORONTO
30 Merritt Rd., Toronto, Ontario M4B 3K5; Sun. Serv. 3:00 p.m. Spiritual Healing & Messages, 7:00 p.m. Address and Spirit Messages; Tues., 7:00 p.m. Spiritual Healing & Messages; Thurs. 7:00 p.m. Spiritual Healing, Messages and Open Development Circle; Development Classes; Pastor, Rev. Doreen Bauld, (416) 759-3958.

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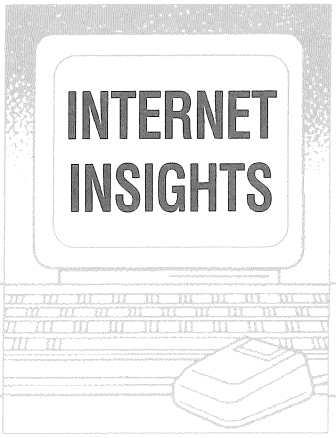
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A Valentine Thought

Yesterday I met a stranger...today this stranger is my friend. Had I not taken the time to say hello, to return a smile, to shake a hand, or to listen, I would not have known this person. Yesterday would have turned into today and our chance meeting would have gone.

Yesterday I hugged someone very dear to me. Today they are gone...and tomorrow will not bring them back. Wouldn't it be nice if we all knew tomorrow would not be here? But this is to be, so take the time TODAY...to give a hug, a smile, an "I Love You."

JUST FOR TODAY...smile at a stranger, listen to someone's heart, drop a coin where a child can find it, learn something new, then teach it to someone, tell someone you're thinking of them, hug a loved one, don't hold a grudge, don't be afraid to say "I'm sorry", look a child in the eye and tell them how great they are.

Don't kill that spider in the house, he's just lost, so show him the way out. Look beyond the face of a person into their heart; make a promise and keep it; call someone, if for no other reason than just to say "HELLO"; show kindness to animals; stand up for what you believe in; smell the rain, feel the breeze, listen to the wind, use all of your senses to their fullest; cherish all of your TODAYS!

Open your heart, and Love!

How Much Does Prayer Weigh?

Louise Redden was a poorly dressed lady with a look of defeat on her face. She approached the owner of the store in a most humble manner and asked if he would let her charge a few groceries. She softly explained that her husband was very ill and unable to work, they had seven children and they needed food.

John Longhouse, the grocer, scoffed at her and requested that she leave his store. Visualizing the family needs, she said, "Please, sir! I will bring you the money just as soon as I can."

John told her he could not give her credit, as she did not have a charge account at his store. Standing beside the counter was a customer who overheard the conversation between the two. The customer walked forward and told the groceryman that he would stand good for whatever she needed for her family. The groceryman said in a very reluctant voice, "Do you have a grocery list?"

Louise replied, "Yes sir."

"O.K." he said, "put your grocery list on the scales and whatever your grocery list weighs, I will give you that amount in groceries."

Louise hesitated a moment with a bowed head, then she reached into her purse and took out a piece of paper and scribbled something on it. She then laid the piece of paper on the scale carefully with her head still bowed.

The eyes of the groceryman and the customer showed amazement when the scales went down and stayed down. The groceryman, staring at the scales, turned slowly to the customer and said begrudgingly, "I can't believe it."

The customer smiled and the groceryman started putting the groceries on the other side of the scales. The scale did not balance, so he continued to put groceries on the scale.

The groceryman stood there in utter disgust. Finally, he grabbed the piece of paper from the scales and looked at it with greater amazement. It was not a grocery list, it was a prayer which said, "Dear Lord, you know my needs and I am leaving this in your hands."

The groceryman gave her the groceries that he had gathered and placed on the scales, and stood in stunned silence.

Louise thanked him and left the store.

The customer handed a fifty-dollar bill to John as he said, "It was worth every penny of it." It was sometime later that John Longhouse discovered the scales were broken; therefore, only God knows how much a prayer weighs.

♥ ♥ ♥

To Love or Not to Love is Not the Question

by Merry Browne

It is not difficult to love,
to walk side by side
with our fellow beings.
To laugh with their joy,
weep with their pain.
It is difficult not to love,
to be loveless, to walk alone
With only our own weeping sorrow
to companion us.



Golden Goodness

by Merry Browne

At the core
of every being
lies a golden goodness
gleaming
like a night-light
on the darkness of the world.

Hope lies within the promise
that this hidden sun
will surface
to obliterate forever
every distance put between us,
indifference and unkindness
that has gone before.

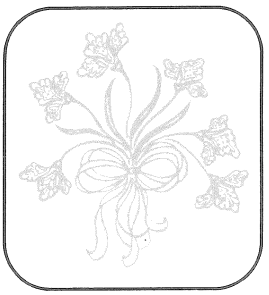
Welcome To The Real World

by Merry Browne

Tis said the world of reality
is harsh—but it's not true.
It is the world of illusion
they are alluding to—

The real world's made of gentleness
whose sole existing plan
is the daily dosage of
man's humanity to man.

Mediumship



*Each month **The National Spiritualist** will feature the writing from a student who is currently taking the education course from the Morris Pratt Institute. Featured this month is an essay written by **the Rev. Gloria J. Nye, NST** of the Portland Spiritualist Church in Westbrook, Maine.*

A knife gripped in the hands of a child can be harmful, if not dangerous to both the child and whoever is around him. But held by a surgeon it can be an instrument of healing, opening up and removing that which is harmful to the body.

Mediumship is just such an instrument. It is one of the most rewarding yet difficult aspects of Spiritualism. In the hands of a spiritually advanced medium, it can remove fears; put to rest old terrors; cut away old useless and harmful beliefs; and it can set souls free from the shackles of darkness tying people down to a belief of an eternity of damnation.

Mediumship is a sacred office which puts the responsibility for their own words and acts on the medium's shoulders. Because of this, it is very easy for the medium to occasionally have a sense of weight or oppression, a sense of being "put out" by all the effort being extended by the medium. This is especially so during times when the medium may receive unjust criticism, or receive a prejudiced evaluation. Mediumship is not something to be taken on frivolously, or for the sake of ego-gratification. There are many difficulties to be faced, many hurdles to overcome, and much hard work ahead in order to obtain satisfying results.

It is not enough that a would-be medium possess all the natural ability and talent of a psychic. He or she must be totally prepared and committed to the task of becoming a medium in order to secure the best possible results.

What do mediums have to gain for all this work? When we are discouraged and unhappy, we are sustained by the strength received from the inner joy and upliftment by just one hour's communion with the so-called-dead. We are made aware that we can triumph over our self-limitations as our rewards, from a life through mediumship.

It is important that a medium continue to study because mediumship is a life-long learning process. Not only must the body be kept in a state of good health, but the mind too must be kept vigorous and pliable by constant study, patience, and focus on the work. E.W. and M.H. Wallis suggest: "The man who is in earnest not only brings the full powers of his own mind and soul to bear upon his project, but he draws about him the influences of invisible intelligences who come to the aid of the deserving. Whatever your aim is at this moment, be in earnest." It is within the power of mediums to attract a class of guides who will protect them from low spirits.

The two safeguards for a medium are self-realization and self-possession. Two big stumbling blocks for the medium are ego-gratification and self-conceit. If a medium has self-realization with a purpose for spiritual advancement for both him/herself and the sitter, then mediumship can "begin to attain its own highest goals".

We are all born with psychic ability. It is virtually impossible to exceed one's own natural talents and capabilities. When a medium has self-realization he or she is able to realistically see what he or she is qualified to do in the area of psychic phenomena. In this manner he or she can develop their own special talent to the highest degree that it can be developed. It is the responsibility of mediums to acquire sufficient knowledge and self-mastery to use their will to maintain control over the psychic self. The medium must understand the art of self-possession before attempting to open up to mediumship.

It is important that the medium keep a level-head and not entertain the idea that they are so sensitive that they are justified in being rude or peculiar. A medium does not have to stand out in a crowd to blare out to others "See, by my dress, by my actions, I am different than you." All these traits bring nothing but contempt to the office of mediumship. Sensitives can avoid many pitfalls through the cultivation of their psychic nature which includes the knowledge of resisting all those negative influences that can sap their strength.

A medium has certain rules and regulations that should be followed. The first and foremost of these is honesty. If mediums are not totally honest with themselves and the sitter, it can lead to what should be most avoided—spiritual retrogression. Mediumship should accomplish spiritual progression. If honesty is lacking, it lowers the vibration and it creates a kind of tainted impression as to the character or flavor of the communication. "The psychic message may be there—the quality and genuineness of it will be lacking if truthfulness on the part of the medium is equally lacking." The lack of truthfulness can be a conscious dishonesty or an unconscious dishonesty. What this means is that the medium unconsciously colors or influences a message in the way it is worded and given. This happens when the medium is trying too hard to please the sitter, or the medium hears what they want to hear, or the medium assumes more authority than he or she has a right to assume.

The true purpose of mediumship is to assist others. This does not excuse the sitter from accepting responsibility for the quality of a reading. When a sitter goes into a

(Continued on page 34.)

Ordination in New York



Five of the six ministers ordained through The Temple of Metaphysical Science, NSAC, and mentored by the Rev. Edna C. Claussen: Rev. Virginia Berg, NST; Rev. Catherine M. Snell, NST; Rev. Gail Tierney Griffith, NST; Rev. Janet E. Travis, NST; Rev. Nancy Lloyd.

The Temple of Metaphysical Science, NSAC, in Patchogue, New York, celebrated the ordination of Gail Tierney Griffith on Sunday, October 15, 2000. This was the sixth ordination held by this church since its founding by the late Rev. Edna C. Claussen. The Rev. Catherine M. Snell, NST, pastor of the church and trustee to the NSAC Board, officiated. The Rev. Janet E. Travis, NST, assistant pastor, presided.

The program began with musical selections played by Edward Freidlein, organist. After singing "Take My Life and Let It Be," the congregation was introduced to the candidate by her mother, Mildred Tierney, and her husband, Hoyt Griffith.

After introductory remarks, the announcement of ordination was given by Janet Travis, Catherine Snell delivered the "Address to the Candidate" and the "Charge to the Candidate," which was followed by the "Declaration of Ordination" and the "Presentation of Certificate".



Offering felicitations and greetings: Mildred Tierney, Violet McNally, Florence Hymes (front row); Hoyt Griffith, Gail, Richard Schoeller, CM, Julie Ireland, Linda Zilz, the Reverend Virginia Berg, NST (not shown: Marie Korom, CM, and Vincent Gugliemo, CM).

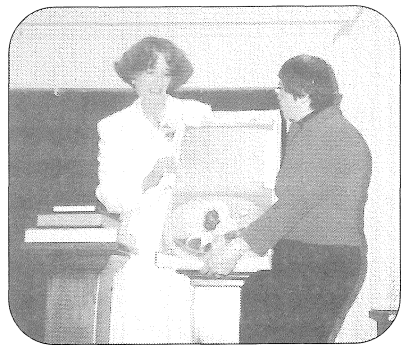
The congregation's blessing on the candidate was delivered by Genevieve Mancini, president of the church board. The musical selection was performed by Barbara Hoffman, who sang "Bridge over Troubled Waters." This was followed by blessings and greetings by several friends and family members. The now Reverend Gail Griffith delivered an address entitled "Doors and Thresholds." Then Barbara Hoffman sang a second musical selection, an old North Carolina hymn, "How Can I Keep from Singing."

On behalf of the congregation, Hector Valle presented Gail with a bouquet of flowers and Janet Travis presented her with the congregation's gift of a garden stone decorated with a stained glass sunflower. Ms. Snell spoke on the significance of the sunflower, its colors, and purpose. The service ended with singing "Under the Guidance of Angels" and a benediction.

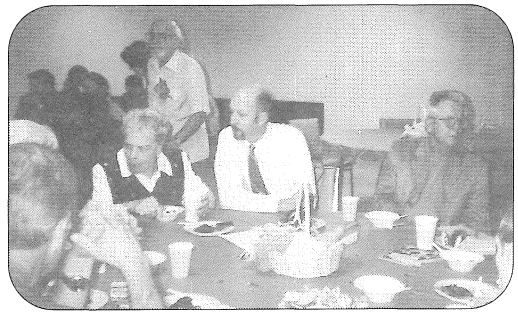


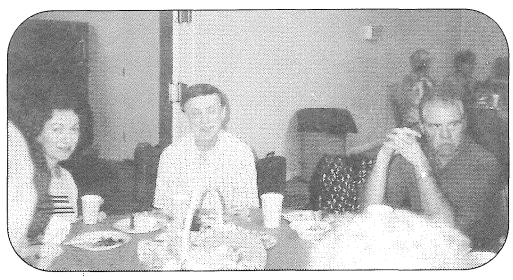


Friends and family relax and enjoy coffee, cake and conversation at the reception that followed.



Presenting the congregation's gift of a garden stone with a stained glass sunflower to Gail is the Reverend Janet E. Travis, NST.





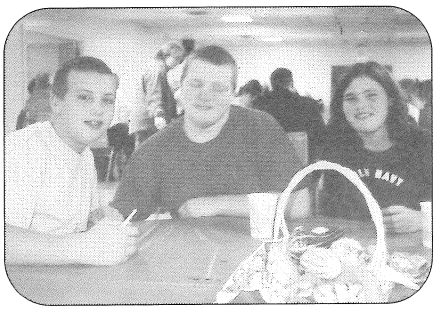
A coffee and desert reception was held in the lower level. There friends and family gathered in a room decorated with an autumn theme. Baskets filled with gourds were the centerpieces on tables with rust table cloths and sunflower napkins. Cookies and fruit and sheet cakes sweetened the occasion.

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Special guests included the Rev. Virginia Berg, NST, pastor, the Rev. Nancy Lloyd, assistant pastor, and Mr. Peter Berg, secretary, from A Sanctuary of Infinite Spirit, NSAC, Smithtown, New York. This service was dedicated to the memory of the Rev. Edna C. Claussen, founding pastor, and the Rev. Hilda White, a Spiritualist minister and Gail's great aunt.





Chris and Danielle, Lyceum members, flank their older brother, Michael. The children of Cathy DiGioia, church treasurer, made a special effort into making this a special event.



Rev. Catherine M. Snell, NST, pastor, (l) and Rev. Janet E. Travis, NST, assistant pastor, (r) congratulate the newly ordained Rev. Gail Tierney Griffith, NST.



Harry Levitt and Hector Valle (Martin Delaney not shown) acted as ushers. Edward Freidlein was the organist.



On behalf of the congregation Hector Valle presented Gail with a bouquet.

Lily Dale Anniversary



The current Church board president, Betty Schultz, and past presidents, Ron Robertson, Sharon Earsing, Bruce Kaus and the Rev. Sharon Snowman, NST.

The Lily Dale Spiritualist Church marked its 84th anniversary with a special luncheon at the Andrew Jackson Lyceum Building on September 10, 1999. The Church was founded in 1916 and has been the Spiritual home for many ever since.

Both the Lily Dale Assembly and the Lily Dale Spiritualist Church were members of the New York State Association, which was NSAC affiliated. In 1932, New York State Association broke away from National. The Church and Assembly became direct chartered.



During the summer the Church serves as the Healing Temple, and Church services are held in the auditorium. While everyone enjoys the summers, the Church members look forward to September when the summer crowds leave and the temple returns to the Lily Dale Church home.

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News From Virginia

The Rev. Lelia Cutler, NST, and Janice Waitsman of the Memorial Spiritualist Church of Norfolk, Virginia, went to the Cathedral of the Pines near Fitzwilliam, New Hampshire and then Lelia gave this report in their newsletter: "This is one of the most beautiful spots I have ever had the pleasure of serving. The day is dedicated to having an ecumenical service dedicated to the Religion of Spiritualism. There were Spiritualists from many different organizations, and they had several events scheduled. Mary Lou Baumhoff was the coordinator for these services.

We started with a forum and workshop presented by Brian Kent of the First Spiritualist Church of Brockton, MA. He presented information on working with web sites for Spiritualism. They shared some valuable information, and the group was gathered in a large tent to one side of the location.

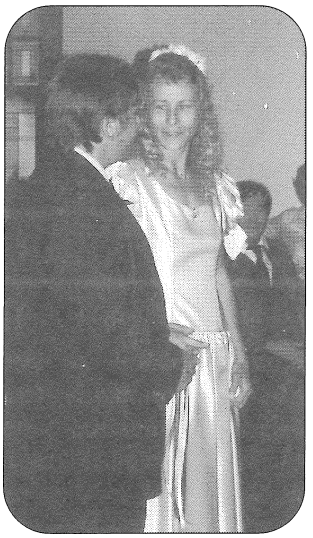
The afternoon service was held in the open air Cathedral of the Pines. The gentleman who owned the property in the early part of the last century had three sons, and he asked each one to pick a spot to build his home. One son was killed in World War II, and the site he picked has been dedicated to the memory of those who have passed during war time. There is a large alter built overlooking the valley below and the mountains in the distance. It sits on top of a mountain, and the view is over-whelming in its beauty. Being up so high, the wind was frosty, and we wished for coats. It was very cold in the middle of August. They have an organ built into the ground and it has a sliding cover to protect it from the weather.

Tracy Spencer and her group, The Silver Chords, presented special music and the Rev. John Sullivan from Springfield, MA, presented the healing service.

It was my privilege to present the lecture for the day, and I talked about *God, Our Infinite Source of All Good.* There were several clairvoyants who shared, and the service drew to a close. We took pictures and really did not want to leave, but it was time to go to the picnic, which was being held in a park close by.

Janice and I were treated royally with a bounty of food, and we thoroughly enjoyed ourselves. I was still cold, and I put on John Baumhoff's poncho—not real flattering, but it was warm. After the picnic, we went back to the Fitzwilliam Inn and decided to get a head start home. We arrived in Norfolk in time to have the development class on Monday night."

Wedding In New York



Mr. and Mrs. Daniel Saar.

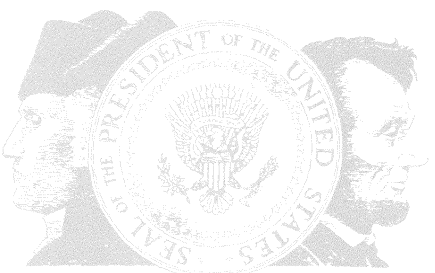
The First Spiritualist Temple, East Aurora, New York, was the setting for the September 23rd wedding of Zaylé Kelly and Daniel Saar. Zaylé's children, Melissa, Lisa, Kellie and Benjamin, and Dan's children, Daniel and Derek, served as the wedding party.

During the service, the children were presented with white roses to symbolize the new family. At the close, the children presented their flowers to Dan's parents, Beverly and Bud Zenner. Zaylé and Dan then tied them with ribbons to symbolize the new family circle.

Zaylé's sister-in-law, Tracey Spencer, sang, accompanied by Jenny Spencer on the violin. The Rev. Charlene Kleinschmidt officiated.

Afterward, a reception was held at the South Wales Community Center where a delicious cake baked by the bride's brother, Leslie Spencer, was served. Zaylé is the youngest daughter of the late Reverend Paul and Peggy Spencer, and sister of the late NSAC board member, Ronald Spencer. ♥

PRESIDENT'S DAY • FEBRUARY 19TH



Platform Decorum And Mediumship

BY THE REV. PAMELA K. WARD, NST

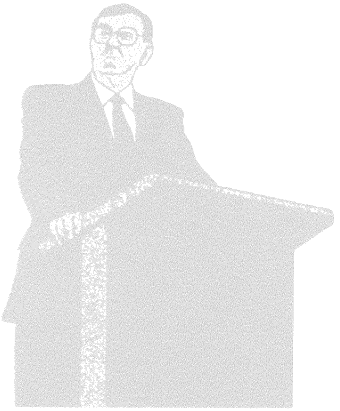
Editor's note: Recently *TNS* has received some questions about platform decorum, and noticed in the Church newsletters received that a couple of churches have had classes about decorum. With this in mind I felt it might be timely to combine and reprint this article written in the September and October 1988 issues of *TNS*, by the Rev. Pamela K. Ward, NST, who is now in the Spirit World.

* * *

In the Spiritualist religion, as with all religions, there are differences in the various churches. This does not apply to the Philosophy but rather to the style of the church and therefore the service. Each church has its own needs and furnishings available. Some of our services are held in private homes while others have large sanctuaries. But we all have one goal in common—to have the best service possible.

In order to accomplish this, you may wish to hold a special class in Platform Decorum, and to make it even more interesting for the students, add Platform Mediumship for the second part of each session. The students get a lot out of the class and enjoy it too.

Plan the classes to study one area of platform work at each session. This gives enough time to cover the subject and have discussion about each one. Then go into the mediumship portion. You may work with psychometry of various objects, photographs and articles that the students bring in. You may want to blindfold one student and let him/her read for another, not knowing who he/she is reading for. Each student should then get a turn at working from the lectern. This will be the first time for many of them to address people from the platform and it is very good experience. It also relieves some of the tension before that first time to work at a service.



The information used is divided into the following sessions. Many of you will have different ideas and some of them will work better for you. Realize that the needs of each church must be considered. Some of this information would be useless to some and inadequate to others. You must keep in mind that flexibility is the key to making this class work for your church.

General Appearance

Usually when people go to church they try to look their best. But we each have a different idea of what looks good for our service workers and time may see our workers trying less and less. Because of this, a dress code is usually suggested for those who are serving in the service.

The general preference is ladies in dresses and gentlemen in a jacket and tie. You will find that some churches with evening services may request long dresses for the ladies. A church with a raised platform may also require long dresses for obvious reasons. Some of our churches request wearing robes for their services.

When your church board sets a dress code, then it is your responsibility to adhere to the rule. It is also the responsibility of a church that requires a special dress code to inform all guest ministers, in advance, as to what is expected of them.

Your appearance is a reflection of your respect and reverence for Spiritualism. If you are serving the platform, you are representing your religion in a public manner.

Your church may have a different dress code for midweek services than for Sundays. Wednesday evening services are considered less formal in our church. While the dress code remains the same, students are given the opportunity to lecture and give spirit greetings. We maintain the same standards because we feel that people who attend a midweek service deserve as much from us as the Sunday guests.

It may be preferable for Ushers and Healers, even though they do not take a seat on the platform, to also follow the code. Our church is in the south and the hot weather makes for very uncomfortable healers. Again, conform to your needs.

No matter what the dress code may be, there are a few things that simply must be followed. Noisy jewelry such as bracelets or earrings have no place on the platform. Chewing gum is another complete "NO-NO". It is also suggested that you avoid slang words or phrases. It helps to not make a habit of using slang at all. It may slip out when you least want it to.

Ladies should wear make-up in good taste. Some of the lighting will completely

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wash out your features. But don't get carried away. Be yourself and use with good taste.

Gentlemen should make sure that their hair is neatly trimmed and combed. Jewelry is a nice touch for men. It gives a look of caring, and effort being made to look your best.

Men and women should wear colors that are pleasing to the eye. All colors are good. If it seems drab, brighten it up with a scarf or tie of a more exciting color. Stay away from a busy print in a large piece of cloth though. Too much excitement is difficult to look at for too long. Busy jackets and dresses should be avoided.

Most of all, stand straight and proud. Know you are there to do service for your church and Infinite Intelligence. Be reverent without being stiff. Complete this with a beautiful, caring "smile" and you have the proper appearance for a good Spiritualist service.

Order Of Service

A guideline for the Order of Service is helpful and a simple form can be typed and then copied for the Platform Chairperson to follow. Other people involved in the service should know exactly what their jobs are, so nothing is left unfinished before the service begins. The following suggestions may be adapted to your service.

Pastor positions himself/herself near the entrance to greet the guests upon arrival.

Organist plays the prelude the last five to ten minutes before the service begins.

Ushers hand out programs and assist any who need help to be seated.

Platform workers enter and take their places on the platform.

Platform Chairperson leads the following:

Open the service with a welcome, and acknowledge any special visitors.

Congregation stands to sing the opening hymn and for the invocation, delivered by the platform chairperson or minister.

All are seated.

Open the Healing portion of the service by asking the congregation to join in the Healing Prayer. They are then lead into a healing meditation while soft music is played either on a recording or musical instrument. Those wanting the laying on of hands are told when to go to the healing area. Ushers help if needed and dim the lights if preferred.

Gently bring the congregation out of meditation and acknowledge those who worked as healing ministers.

Recitation of the Declaration of Principles.

Stand for the Hymn selected as suitable for the subject of the lecture.

Introduction of Speaker, kept short with acknowledgement of credentials.

Speaker: Topic to be inspiring and include guidance, knowledge, love and reverence, kept within the time limit.

Platform Chairperson must watch the time. At the conclusion of the lecture, *very briefly* thank the speaker.

Announce the love offering and have the Ushers come forward. A blessing prayer may be given before or after the offering is taken.

Announcements: keep them short, there are usually many of them. Committee Chairpersons should go to the person in charge (Pastor-Program Chairperson) so the announcements can be prearranged.

All stand for the hymn, selected to build vibrations for the message portion.

Introduce the message minister(s) in order of appearance.

Message Minister: Short spirit greetings for the time allowed.

Platform Chairperson: Congregation to stand for the closing hymn and the benediction (delivered either by the Platform Chairperson or the Pastor, which should be determined prior to coming to platform).

Speaker and Message Minister: may go to the exit door during the closing hymn to greet the congregation as they leave the sanctuary.

Fellowship if offered.

Platform Chairperson

Many times the Platform Chairperson and the Pastor are one in the same. But even if they are not, these are the two people who must arrive early. They are responsible for seeing that many things are taken care of and that the needs of the congregation are met. It is very helpful to have a list of the duties of the Platform Chairperson. Some of the items on this list may include: Flowers, Hymn selections, Announcements, Speaker, Message Ministers, Drinking water for Platform workers, Selection of Ushers, Healing Ministers, and Healing Water and paper towels.

Some of these jobs may be lined up by a special committee. It is always good to make sure that all your workers have remembered to be there and have not had a last minute emergency.

Know your order of service and make small changes if you like. A variety can be a nice change and can work to help raise the vibrations.

The Platform Chairperson sets the pace for the entire service. It is a very important job. Do all you can to keep the vibrations as pleasing as possible with reverence. Flowers and singing always raise the vibrations, but a smile can do more than all the rest together. Don't look like someone made you do this against your wishes. Be honored to be there and show it with your expression.



Watch for special occasions to do something different for the day, i.e. hymns, prayers, announcements, etc. However, announcing personal birthdays and anniversaries, unless it is a

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very special one, should be avoided. Realize that it can go into a lot of time and may be difficult to keep up with. It could cause hurt feelings if someone is forgotten.

The Invocation and Benediction should be kept to a moderate length. We have all witnessed prayers that seemed longer than the lecture. It is always better when prayers are inspirational. Try to include a request for guidance for the service workers.

The introduction to the Healing Meditation should be as smooth and relaxing as possible. It is not the time to stumble over words or try some new idea without thinking it out. Be practical though. You don't want to get so preplanned that Spirit is unable to work with you.

Watch the clock to tell workers if they are going overtime. Some churches record all the sermons given at the services on cassette tapes. It is important that the sermon ends before the tape so the closing remarks are included. Message ministers may be in a deep attunement and need to be told when their time is up. A nice way to do this is to say, "Just time for one more, please."

Realize your responsibility for correcting any conflict of philosophy given by the other workers. Because of this one point, it is good to have the more experienced church workers for the Platform Chairperson's position.

Do all you can to assist the other workers and see to their needs before they are even aware they need them. If you make your co-workers and the congregation feel welcomed and that you are pleased they came, you have done your job well.

In order to have well organized and informative services, we need well trained platform workers. A Platform Decorum and Mediumship class is very helpful. We cannot expect our services to present Spiritualism in the best light without an order to follow.

The first part of the classes will let our workers know what is expected of them. The second part of each class could then be devoted to mediumship with emphasis on public messages delivered from the platform.

Healing Ministers

This class is not intended to teach all about Spiritual Healing. It is impossible to do in only one class. Much more time is required, and a complete course in healing should be offered at another time with encouragement to take the Morris Pratt Course.

Healing Ministers should go to the healing room or area before the service. Although it is normally taken care of by the Platform or Healing Chairperson, it is a good idea to check on water and paper towels, healing stools/chairs, music, etc. Vibrations in the healing room or area are important. Keep conversation to a minimum.

Don't forget to wash your hands *before* you begin healing. We all come in contact with a lot of different objects and people before a service. Different odors can collect on our hands and they may be offensive to the sitters.

Everyone who works in the service should be careful not to over perfume themselves, but this is most important to a Healing Minister. Some people are allergic to perfumes and others who have respiratory problems may find it difficult to breathe.

This is a good time to remind our workers of local laws that affect Spiritual Healing. Spiritual Healers do not diagnose or prescribe. It is often suggested that contact not be made with the physical body below the shoulders, except for holding the hands. Be careful not to massage. The hands must be lifted when moving from one position to another where contact is allowed.

Prayers should be silent. Elaborate displays, motions and emotions are discouraged. Take time for proper attunement. Remember, God is the ultimate source of healing, you are the channel. Proper attunement is necessary for good results. Achieve peace and quiet. Ask your healing guides for direction and assistance.

Have confidence that healing will occur. Be positive in your thinking. See the person well and in harmony with Natural Law.

Never let a recipient think that Spiritual Healing should take the place of medical healing. Let them know they work best together.

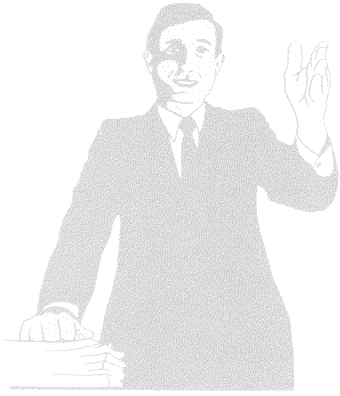
At the close of the healing session, give your sitter some sign that the healing has come to an end. It can be a phrase such as, "God go with you" or "God bless you." It should be short and spoken softly so you do not disturb the other healers. Give a prayer of thanks to Infinite Intelligence and your healing guides.

Leave the healing area clean and neat for the next session. This can be done before you leave the room or area or after the service.

Being a Healing Minister is a very responsible position. Treat it and the sitters with respect. Be reverent in your conduct.

The Sermon

Your appearance and presentation will have a lot to do with the receptivity of the content of your speech. Refer to the section on General Appearance.



Presentation is very important. A good sermon can be lost with poor presentation. It is generally accepted that experienced speakers use few or no notes at all. I must say though, some of the best sermons I have heard were read completely.

Some people receive their best inspiration in writing. If you work best this way, make sure to prepare your material in advance. Then go over it aloud several

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times so you know it well enough to get a nice flow to the words.

A good way to deliver a sermon and not lose continuity of subjects is to write key words or topics on an index card. Then you can go from one idea to the next without stumbling or searching for the next idea. Remember, don't play with the notes.

There are many inspirational speakers in our churches. Some are good, many are not. Be fair to Spirit, the congregation and yourself. Try several each way, then ask a few people who are at liberty to give you their opinion. There is nothing wrong in relying on your own knowledge. This is also of God.

A member of the congregation told me recently that she always shuddered when the speaker began his/her sermon, "While on the way here this morning, I was deciding on the subject for today's service." The Boy Scouts of America have a great motto, "Be Prepared."

Know your subject so you can present it with confidence. Be enthusiastic about it and then show your enthusiasm with hand gestures and volume of speech. A monotonous voice is hard to concentrate on after the first five minutes.

Be aware of the time limit of the sermon you are to deliver. If you use a prepared sermon, go over it, shorten or lengthen it to fit the time given. If you work inspirationally, ask your guides to keep you within the time allowed. But, remember, you are in charge. It is your responsibility to serve in the manner that has been agreed upon.

Select a subject that is educational, uplifting, inspiring and has something to do with Spiritualism and Infinite Intelligence. We have all heard sermons that never mention Spirit, Spiritualism or God. While these sermons were of a self-help nature, the church is a place to also be reminded of the God within us and our brothers and sisters.

At the end of the sermon, give a brief summary of the ideas you would like remembered. These will probably be remembered best.

Message Minister

Many of our guests visit our churches for the first time for a spirit message. It is important then for the message ministers to do a good job in their delivery and to prove that part of our philosophy which pertains to the continuity of life.



Know your time limit and order of working if there is more than one medium to serve at the service. You should know this *before* you enter the sanctuary.

A hymn will usually precede the Spirit Greetings. This is a perfect time for good attunement. You may also want to say a silent prayer. Attunement and prayer are preferably done before you take your place at the lectern.

Realize that you are there for Spirit and be happy to do it. Spirit communication is a beautiful experience and should be reflected in your facial expressions. We have all seen mediums working who look like they do not want to be there. If you didn't want to be a public medium, don't accept the appointment. If you do want it, make it from the heart and enjoy it. Smile, love and be happy.

If you are there for Spirit, then it follows that spirit identification is important. I recently heard a medium who gave spirit identity to one out of eight messages delivered. If the message is from a spirit entity, that entity deserves to be identified to the sitter. Isn't the purpose of spirit communication to prove the continued existence and individuality after the change called death? It is lazy and careless mediumship that does not include spirit identification.

Keep your messages short. Remember, Spirit Greetings are just that, greetings, not readings.

The content of the messages should be, of course, what you receive from Spirit. But deliver the message in a positive way. Nothing sounds and feels worse than one negative message after another. Be careful of your wording, there is always a nice way to say something or a positive side to see. *Don't color the message.*

Be careful with personal information that is delivered in public. Not everything has to be said for the concept to get across.

Some mediums seem to be totally unaware of anything they are doing while giving messages. It seems as though some of the frills that they wear distract or bother them once they are attuned to spirit. This applies to jewelry, pocket change and even shoes! Please discourage student mediums from doing a mini-strip at the lectern.

Speaking of pocket change and jewelry, it should be noted that these items can become a "toy to play with" along with anything else that may be on the lectern. This is very distracting for the congregation and gives a very poor image of our workers. Can you imagine a fine speaker being preoccupied with a paper clip, or even worse, a rubber band?

Try not to point at the person you want to give a greeting to. It is better to identify them by the color they are wearing or the seat or row they occupy.

Lastly, stand straight and proud with respect for the congregation and Spirit. Keep behind or close to the lectern. Speak up nice and loud, even if the message is for someone sitting close to you. If the rest of those present cannot hear you, they will find things to discuss among themselves and this can be most distracting for everyone, especially you.

Many of the first-time visitors come to our services with preconceived ideas that are erroneous. They should leave the service feeling inspired and respectful of Spiritualism.

There are many people involved in a

(Continued on next page.)

Decisions and Balance

BY JUDY MERRILL, DSNU, CANADA

The complete life brings a balance to the individual; a balance of body, mind and spirit manifest in all situations. This is a part of the science of Spiritualism in bringing a scientific principle to bear on a spiritual matter.

To enjoy a complete life, we have recognized our need to earn a material living, to provide a proper home for ourselves and our family, to supply food for the table, and, when unencumbered by too much materialism, a recognition of our need for spiritual enlightenment and growth. As an obvious recognition of our needs, we have identified food and shelter, but when these are pursued without any recognition of spiritual matters, they leave a life flat and uninspired.

Spiritualism teaches as a Religion, Philosophy and Science, balance in all things: body, soul/mind, and spirit. There is a time for work, a time for play, a time for sleep. All cycles in human behavior have a balance.

The balance of the individual is in taking care of the body through proper food and exercise to bring a clear mind and virtue to the soul. Let us recognize that each is an individual, and an over emphasis on a slim, sleek body brings to the mind an imperfect focus, the same as a complete lack of care for the body does. The Source of Life created the tall and the short, the slim and the fat. Therefore, a true recognition of each individual is also necessary. As we strive to be the best we can be, we must also recognize the God part in others.

Filling the mind with all manner of education brings a balance of understanding on many subjects. Keeping an open mind to other's beliefs and ideas is necessary for soul growth. In life, all things must balance, for that is Natural Law.

Spiritualism recognizes that human spiritual growth is a quest, a progressive journey, an evolution and challenge throughout a lifetime. Therefore, no perfection is possible, and therefore, no judgement can be applied. Jesus once said to a mob: "He who is without sin, cast the first stone." Could we do better than to adopt such an open, loving concept to our brothers and sisters in life?

If we are aware of life's possibilities, each waking hour contains the possibilities for growth and understanding, physically, materially, as well as spiritually. Each of us is programmed with the seed of potentiality; we have the capacity to be what we wish to be, through our own effort and will. Let's make each day the first day of the rest of our lives!

Spiritually speaking, we can look for the understanding of spirit and the message for our own soul. We can handle all of life's opportunities, challenges, and responsibilities and yes, even its discouragements, for we understand the Natural Law of Balance.

To know the power of Spirit within, is to know the power of the Spirit of God. We can do that which we wish to do; be all that which we wish to be. The responsibility for this understanding is within ourselves.

To bring balance to our life, we must believe "I can" rather than "I can't"; there is never an "I can't" in balance. It is more a matter of trying to succeed, grow, then we evolve.

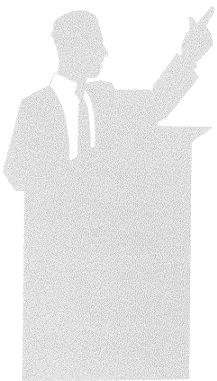
There are really only four choices of decisions we have to make on all aspects and challenges of life: 1. I will, 2. I won't, 3. Maybe, I'll think about it, 4. I change my mind. There is really only a choice of two reasons for your decision. They are "I want to" or "I don't want to." No excuses, no justifications are necessary. It is enough to want to or not want to. You are now making decisions for your own life; you are empowering your own decision-making capabilities.

Let's be sensitive to the needs of the fellow travelers on this path of understanding. Can we help a fellow creature with a kind word or deed and in so doing, help them to understand the meaning of balance? Can we open avenues of growth to all we meet, so their path can be made smooth and their burden lighter?

When we understand Spirit's message to all humanity, we can no longer turn our back on need and suffering. Let's all be born again to spirit understanding!

♥ ♥ ♥

PLATFORM DECORUM AND MEDIUMSHIP *(Continued from previous page.)*



service and each one must do his/her part well. A really good service looks like a well rehearsed ballet where everyone knows the steps and performs them at the proper time.

It is our responsibility, each one of us, to create the image we can be proud of. We want our churches and religion to grow. We want our membership to increase. People will return if they see knowledgeable and loving people enjoying the truth of Spiritualism. ♥

MORRIS PRATT INSTITUTE ASSOCIATION
- Pastoral Skills Course -

PASTORAL SKILLS brings you knowledge of pastoral responsibilities in ninety-six hours of class work. Included are lectures, guest speakers, hands-on pastoral experiences through role playing of life-like situations, of funerals, special services and study into areas of counseling, such as: pre-marital, marriage, suicide, family dynamics, violence, chemical dependency, death and dying, and the grief process. The class is open to any dedicated student, and at this time Pastoral Skills is a required course for the NSAC Licentiate Minister certification.

Class size is limited. Early registration is necessary. A deposit of $50 is required sixty (60) days in advance with full payment required thirty (30) days in advance, if not on the payment plan. Complete information for the site will be sent upon payment of a deposit. If eight students are not enrolled for a session thirty days in advance, the session may be canceled.

For further information call the MPI Office at:
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or email: mpratt@execpc.com

2001 SITES AND DATES:

- **OAKLAND AREA, CALIFORNIA:**
  Two Week Session
  May 12 – 2:00 p.m., Orientation; **May 13 – May 25**, Classes
  Instructors: Rev. Betty Nauratil, NST
  Rev. Donald Nauratil, NST
- **LILY DALE, NEW YORK:**
  Lily Dale Spiritualist Camp – Two Week Session
  June 16 – 7:30 p.m., Orientation; **June 17-30**, Classes
  Instructor: Rev. Sharon Snowman, NST
- **MILWAUKEE, WISCONSIN:**
  Morris Pratt Institute – **Split Session – Two Years**
  Week One: June 16-22, 2001 – 7:00 p.m., Orientation
  Week Two: June 15-21, 2002
  Instructors: Rev. Pamla Ashlay, NST; Rev. Ann Otzelberger, NST

CLASSES: Daily, **8 hours, classroom**; Sunday, **specified church assignments.** Materials: List will be provided upon payment of deposit. Required books will be provided. Additional books may be ordered at site.

PASTORAL SKILLS REGISTRATION FORM

Morris Pratt Institute, 11811 Watertown Plank Road, Milwaukee, WI 53226-3342 • 414-774-2994

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☐ Deposit $50 ☐ Full Payment $350 ☐ Payment Plan (call for details)

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"Age does not protect you from love.
But love, to some extent, protects you from age."
– Jeanne Moreau

EDUCATION SPEAKS *(Continued from page 25.)*

reading either out of curiosity, or expects to get answers to questions they themself do not wish to answer, the results are too often disappointment. If sitters bring along many cares and anxieties and wish to make spirit contact, they are not likely to be as successful. Many, rather than blame themselves, will hold the medium totally at fault.

People go to a medium for all sorts of reasons. They wish to contact or re-establish communication with a loved one or a friend. They have a sincere desire to know more about the life to come after this one. If the reasons for seeing a medium are good and valid reasons, the yearning for closer ties to the Etheric World should create a "soul hunger" in the sitter.

The sitter should not allow anyone (including Spirit) to take over the area of problem solving. This will cause an over-dependency on mediumship. The sitter also has the responsibility of checking carefully the good character of the medium. The sitter should not assume that Spirit is at the beck and call of the medium. Too often, sitters forget the only difference between Spirit and themselves is the sitter inhabits a physical body. Mediumship is a cooperative venture between spirit, medium and sitter.

Mediumship provides spiritual aid and comfort. It offers encouragement to the sad and dejected. It offers relief to the doubter, comfort to be bereaved, and is a supplement to our own spiritual hopes and intuitions.

What great joy there is in the knowledge that there is life after death, and capable men and women are devoting their lives in mediumship to prove it. ♥

What happened in FEBRUARY throughout the years?

FEBRUARY 1

David Saunders, NSAC Board member, celebrates his birthday today. We wish you a happy, healthy, spiritual year, David.

FEBRUARY 8, 1795

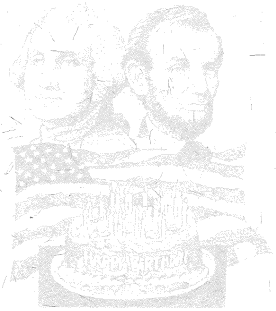
The birthdate of **Nathaniel Potter Tallmadge**. He was the governor of the state of Wisconsin and a confirmed Spiritualist. He gathered and presented to the Congress of the United States a petition of 13,000 signatures for a memorial in behalf of the movement of Spiritualism.

FEBRUARY 11, 1832

Born on this date, **Lyman C. Howe** became a gifted speaker, writer and medium for Spiritualism. He preached that the great truth of Spiritualism is the key to all religion.

FEBRUARY

Includes: (2nd) **Groundhog Day**, which according to legend, if the groundhog sees his shadow, there will be six more weeks of winter weather to come; (3rd) The birthday of the modern **U. S. Income Tax**; (7th) Navy Capt. Bruce McCandless and Army Lt. Colonel Robert Stewart, became the first humans to fly free of a spacecraft when the space shuttle **Challenger** was launched on its fourth trip into space; (14th) **Valentine's Day**—share some love with others; (19th) **President's Day**, a day to honor all the presidents who have helped shape the United States of America. ♥

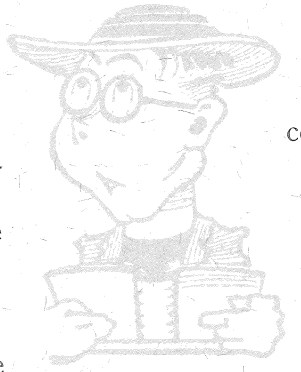


"Love the moment and the energy of that moment will spread beyond all boundaries."
– Corita Kent

Humor to put you in Good Spirits . . .

Fire: what to do?

Submitted to Dear Abbey by Maria Jean Smith, OR. Abbey wrote: "Regardless of denomination, there's something in it for almost everyone."



During a recent ecumenical gathering, a secretary rushed in shouting, "The building is on fire!"

The METHODISTS gathered in the corner and prayed.

The BAPTISTS cried, "Where is the water?"

The QUAKERS quietly praised God for the blessings that fire brings.

The LUTHERANS posted a notice on the door declaring the fire was evil.

The ROMAN CATHOLICS passed the plate to cover the damage.

The JEWS posted symbols on the doors hoping the fire would pass.

The CONGREGATIONALISTS shouted, "Every man for himself!"

The FUNDAMENTALISTS proclaimed, "It's the vengeance of God!"

The EPISCOPALIANS formed a procession and marched out.

The CHRISTIAN SCIENTISTS concluded that there was no fire.

The PRESBYTERIANS appointed a chairperson who was to appoint a committee to look into the matter and submit a written report.

(The SPIRITUALISTS asked their spirit guides to lead them out of the burning building.)

The secretary grabbed the fire extinguisher and put the fire out. ♥

Declaration of Principles

National Spiritualist Association of Churches

1. We believe in Infinite Intelligence.

2. We believe that the phenomena of Nature, both physical and spiritual, are the expression of Infinite Intelligence.

3. We affirm that a correct understanding of such expression and living in accordance therewith, constitute true religion.

4. We affirm that the existence and personal identity of the individual continue after the change called death.

5. We affirm that communication with the so-called dead is a fact, scientifically proven by the phenomena of Spiritualism.

6. We believe that the highest morality is contained in the Golden Rule: "Whatsoever ye would that others should do unto you do ye also unto them."

7. We affirm the moral responsibility of individuals and that we make our own happiness or unhappiness as we obey or disobey Nature's physical and spiritual laws.

8. We affirm that the doorway to reformation is never closed against any human soul here or hereafter.

9. We affirm that the precepts of Prophecy and Healing are Divine attributes proven through Mediumship.



The National Spiritualist

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