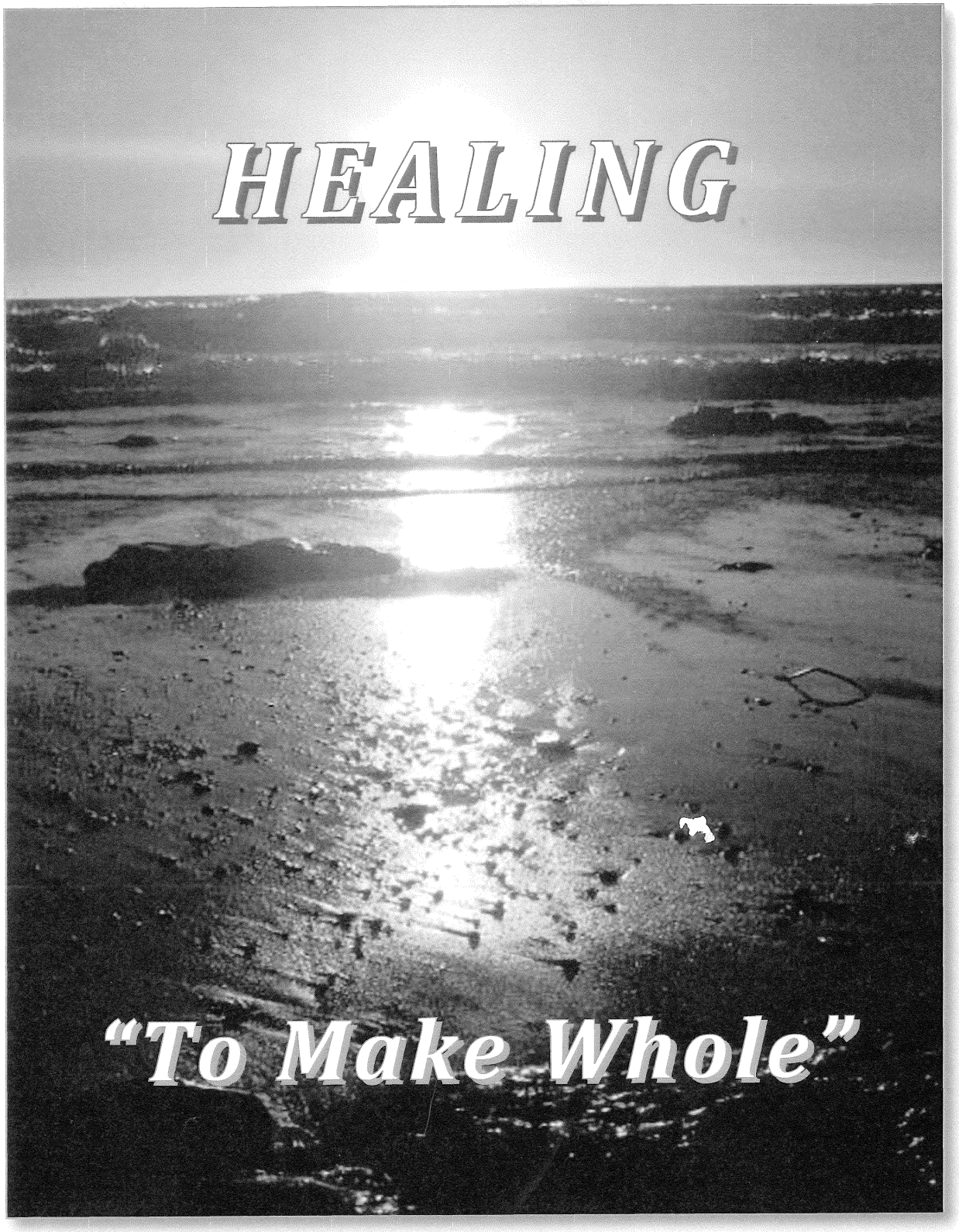
The National Spiritualist-Summit

MARCH/APRIL 2012



Spiritualism is the science, philosophy, and religion of continuous life

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122nd – Long Island, NY

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123rd – Phoenix, AZ

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The National Spiritualist-Summit



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The National Spiritualist-Summit

MARCH/APRIL 2012 • Number 1018

Official Publication of NSAC – USA / Published Since 1919

How Do You Accept Healing? 6-7



Remembering the Titanic 100 Years Later 18-20



Healing Kid 44-45

features

4-5 **The Root of Desire**
Examine your "wants" very carefully.
Laura Lee Perkins, *TNS* Editor

5 **Spiritualism's Revival Around the World**
March 21, 2012! Be ready.
The Rev. Marilyn J. Awtry, NST

6-7 **How Do You Accept Healing?**
Are you ready to receive a complete healing?
The Rev. Frances D. Montgomery, NST

7 **A True Spiritualist**
As defined by Andrew Jackson Davis.
The Rev. Marilyn J. Awtry, NST

8 **Other Healers, Other Times**
Healing has existed throughout time in many locales.
Rosalee Jackson

9 **NSAC Scholarship Recipient's Recent Letter**
An expression of gratitude.
Jennifer Callahan

10-11 **Science and the Phenomena of Spiritualism**
Examing the Friends of Spiritualism.
The Revs. Tom and Lisa Butler, NST

11 **Ham Soup and Some Inspiration**
Test, question, learn and decide.
The Rev. Kimberley Orlowski, NST

14 **You Can Teach an Old Dog New Tricks**
What you think and feel, you can manifest.
Mona Guertin

18-20 **Remembering the Titanic 100 Years Later**
Using this icon to explore the concept of death.
Michael E. Tymn

34/37 **Music, Meditation, and Healing**
Choosing appropriate music for church work.
William Patridge

34-35 **Walking My Talk**
Staying centered in one's own truth.
The Rev. Kay Hawkins

36-37 **The Wonderful Power of Healing**
Always offer thanks for the healing.
The Rev. Sandra Cook, NST

32 **NSAC Service Clubs' Officers**

42-43 **Soul Evolution**
Thoughts to ponder about the continuity of life.
The Rev. Ann Soria, NST

44-45 **Healing Kid**
The gift of watching a horse heal.
Suzy Graf, LM

47 **Healing in Different Ways**
Losses heal in different ways.
Havivah Richards, CM

snippets of wisdom/poetry

37 **The Answer (poem)**
Julia Goodworth Sabol

17/38/39/43 **Thoughts to ponder**

departments

12-13 **MEDIA WATCH**
The Revs. Tom and Lisa Butler

15-17 **READING MATTERS**
Exploring New Opportunities for Learning.

29-32 **NOTES from the FIELD**

38-39 **CALENDAR CORNER**

40-41 **Daily Quotes to Bless Each Day**

46 **Morris Pratt Institute**

46 ***TNS-Summit* Subscription Form**

directory listings

21 Officers

22 Ministers/Mediums/Healers

23-26 Churches

27 Lyceum Books & Information

28 Books

The Root of Desire

LAURA LEE PERKINS, EDITOR



Each of us embraces a different concept about what will make life alive, meaningful and significant. If you made a list of what you want to experience in life, how would that list compare to the risks you are willing to take to make your desires come true? Are you willing to risk pain? Why? Pain is a part of growth. So is joy. Both pain and joy are braided into your life's journey if you want a full life.

Your personal desires are interwoven with your search for truth and that search involves risk. Often the search for truth also involves disappointment and pain, and it takes discipline to overcome pain. Why? As you build your internal roadmap of what you choose to be your personal truth, it must always be more important than your comfort. Sometimes you will be uncomfortable, and that discomfort can serve you well *because* your truth is vital to your self-concept of reality. Discomfort leads us into more internal sifting; we decide what to keep and what to discard. Without any discomfort, you will never grow and your mental health will suffer.

If you are not willing to risk pain and discomfort, then you probably are feeling pretty stagnant. When we want to fill our lives with deep meaning, we must be willing to risk disappointment and failure. As a Spiritualist, you probably have a pretty clear concept of your spiritual reality. You might have taken some risks in choosing Spiritualism and, like many of us, you probably have experienced some profound joys as well. The Spiritualist Principles offer a practical and sustainable format for living a meaningful life.

As a Spiritualist, you *know* that life goes on forever, and communication is always possible.

As a Spiritualist, you *know* that with spirit, spiritual healing is a reality.

As a Spiritualist, you *know* that Nature is an expression of Infinite Intelligence.

As a Spiritualist, you *know* that assuming moral responsibility, based on Natural Law, brings happiness or unhappiness.

When life is not working in ways that bring internal joy, examine the root of your desires. Are your "wants" based upon your reality? Are you willing to go through the process required to transform your desires into your reality? Put one foot in front of the other over and over again, allowing yourself to be gently guided toward your heart's desires.

Make sure that you have finely honed the root of your desire — carefully examine each aspect of what you want and why you want it. Do not allow yourself to be lead astray by instant gratification or short-term cravings. Keep your internal vision clear and your sight focused. Do not be deterred by pain or disappointment when you *know* that your goal is attainable in the future. If you stop walking toward your goal, you can be sure of failing. Keep your hope alive, and have little guideposts along the way to mark steps of progress.

Only one person can fulfill the root of your desire — YOU! No one else can do this for you. Do not chase momentary pleasures or lower your expectations for what you want to achieve. As you begin to make progress, choose to raise the bar even higher, aiming for goals that you never dreamed of when you started this journey. Use your spiritual belief platform to propel you forward. Meditate for clarity, pray for connection, and believe in yourself every day by doing the best you can do — knowing that your best will not be the same each day. Some days flow easier than others.

Remember that synchronicity is *real.* Putting yourself into a state of connected clarity allows you to receive the opportunities that unfold when the root of your desire is based upon trust. Infinite Intelligence is trusting us to express magnificence as we experientially express the joys of truth and love. But we must do our homework, and we must remain committed to the root of our desire. The timing and arrangement of each aspect is what synchronicity is all about.

As a musician, I think of synchronicity as being a collection of events similar to musical notes. When

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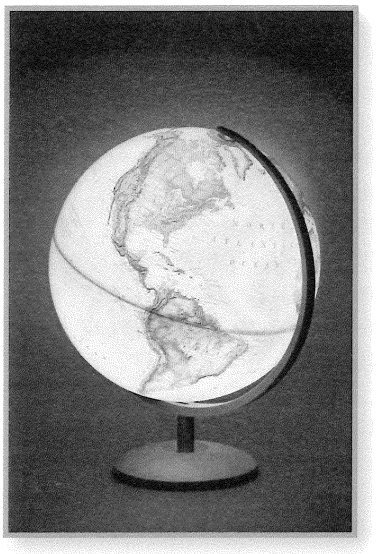
Spiritualism's Revival Around the World March 31, 2012

THE REV. MARILYN J. AWTRTY, NST – Florida

Spiritualism was designated by our pioneers to become "The Light of the World." As Spiritualists, we have an opportunity in this 21st century to make it happen! It is time to review the past that established our foundation and prepare us for the future! Modern American Spiritualism began in the Hamlet of Hydesville, New York on March 31, 1848. It was taken across the ocean to England by Maria B. Hayden in 1852 and from there it touched countries around the world.

On March 31, 2012, the planets will be aligned in the same positioning they were on March 31, 1848—The Birth of Modern American Spiritualism. This alignment of the planets provides an energy of birth or rebirth. We are moving into the age of spirituality and our message is one of Hope, Love and Light that proclaims a continuity of life. We can fulfill the hopes of our Pioneers for Spiritualism to be "The Light of the World!"

It has been suggested that we begin our Revival on Saturday, March 31, 2012 by inviting every society, church, and camp around the world to hold a "Special Revival Service to Commemorate the Rebirth of Modern Spiritualism" with pictures or magazines of our history set up on easels and tables for our friends and guests to review. A hospitality hour, where friends can meet friends and guests, could follow the service. This service is a wonderful opportunity to be advertised by all types of media, inviting all to witness this major event—the rebirth of Modern Spiritualism.



The energy of the Science, Philosophy & Religion of Spiritualism can be activated for a complete span of 24 hours with participation around the world. I am calling all Spiritualists to take part in SPIRITUALISM'S REVIVAL AROUND THE WORLD on March 31, 2012!

• • •

The Root of Desire *Continued...*

randomly scattered, these notes (events) are very inharmonious, resulting in discord. But when carefully arranged into groups of meaningful sounds (experiences), these previously random notes become harmonious chords, like carefully lined-up events in our lives. Once we have everything in place, it is simply a matter of moving through the process — as we learn to sing our own song of truth.

Infinite Intelligence is always communing with us; it is our choice whether to listen or not. Call it intuition or whatever term works for you, but we can only absorb as much meaning in each experience as we have readiness to receive. Otherwise we would feel totally overwhelmed, and our subconscious mind would be overloaded. As synchronicity arrives "at the right moment in time," we are ready to receive and comprehend.

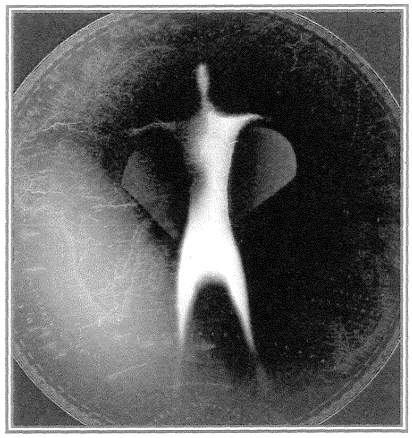
Life is a learning process that involves change; to be open to learning is to be open to life. Use the strong underpinning of Spiritualism to help you plan and navigate both the pain and joy in this earthly existence. There are so many exciting prospects just waiting to pop into your awareness. Never stop desiring, but make sure that the root of your desires is based on sound reasoning combined with your spiritual foundations. God will speak to you when you learn to listen.

In Spirit –

Laura Lee Perkins, Editor

How Do You Accept Healing?

THE REV. FRANCES D. MONTGOMERY, NST – Ohio



Everyone thinks they would like to be healthy. Everyone will tell you they want to be whole, pain free, completely well. Everyone desires healing – for whatever reason.

My question to you is how do you *accept* healing? We know Infinite Intelligence is capable of healing every area in every way. If you have received healing, and know you feel better than you did prior to receiving it, how do you accept it? Do you assess your body energetically, saying "Yes! - Thank you Spirit, I feel ***much*** better?" Or do you say, "Yes, I feel better right now but I can only hope that lasts?" Or, perhaps you might respond, "I feel a little bit better right now, but I don't know if that was a ***complete*** healing. I still have some twinges of pain so it probably didn't ***really*** work."

We know there are some folks who rather enjoy the attention and sympathy illness provides them. They know the doctors say there is no cure for this or that but it can be treated with medication. Illness sometimes becomes a badge of martyrdom and long suffering that can be worn "courageously." I cannot address that – every soul is at a different level of development and understanding and I have no intention of judging anyone. Sometimes illness brings life lessons for those who are ill while sometimes it brings life lessons to the care givers. It can create many adjustments in the attitude and personality of both individuals.

Some of you might recall the year of sciatica I had a while back. I even realized I had brought the situation on myself by ***not listening to my body*** when I knew I should quit working. I only had about 30 inches of distance in my yard work to completely finish the job. Stubbornly I persisted and finished the work.

Sciatica is not life threatening. It is simply horribly painful and frequently surgery is an option. I saw a doctor, was in traction, and accepted physical therapy. Finally, I even paid an acupuncturist to stick needles into my body to help me overcome my problem and my insurance wouldn't cover it. I learned that I will never again pay anyone to stick needles into my body for any reason. It hurt and it did not help, no matter how desperately I wanted it to! After the session, when the acupuncturist forgot to remove two needles from my head, I decided I had enough of that! I also knew in my heart and soul that I was not a candidate for surgery. I would be healed somehow, but not through surgery. I wish I had thought things through at that time and had looked at it in the manner I am writing about. Eventually, my back did heal and the situation totally released. Thankfully, it has never recurred and I pray it never will. Also, I do tend to pay much better attention when my body sends me messages now. I do not work to finish a job simply because there isn't "that much more to do." I quit when my body tells me to quit. The work will wait for another day.

Healing has to do with *BELIEVING* — knowing and accepting without question. Healing has to do with positive thinking – the old Claude M. Bristol "Magic of Believing" principal. If you are able to *accept healing totally*, knowing that you are completely healed and that your body or situation *IS* much improved, you will facilitate the healing. If you can hold that thought and realization until the next healing opportunity, keeping your body and mind in a stage of total acceptance, then the next healing session will continue to improve you again. You didn't get into that condition in one day. When you wake up the next morning, are you able to refrain from assessing your body in a negative manner? Say, "Thank You, Spirit, I am totally healed. I feel much better today than I did yesterday." That type of thinking refreshes and reinforces the healing you have received, and adds strength to it for the coming day.

We know thoughts are (or become) things. Therefore, when we continue in a positive manner, we are working toward positive results. If we do not continue in a positive manner, we will not continue to receive positive results.

An older friend has had several physical problems lately. We understand the body can wear down with age. That is one way the Infinite works to assist us in preparing to leave the physical earth plane. Eventually, we often have enough pain or illness to just want to give up and go to Spirit. We are tired of pain and tired of struggling to overcome it. We submit to the Infinite and make our transition to the spirit side of life.

If, however, our desire is strong enough and our belief is sincere and energetic enough, we can often overcome things to continue on. Many people go to bed and never wake up in the physical body. That is a major blessing. My friend has strong faith and has

Continued...

A True Spiritualist

THE REV. MARILYN J. AWTRY, NST – Florida

Research has revealed many wonderful words of wisdom from our dedicated Spiritualist pioneers. It also opened the flood gates of the teaching of Spiritualism as it aligned with Andrew Jackson Davis' *Harmonial Philosophy*. We might do well to recall his words from his book, *Answers to Questions – Spiritual* defining the "True Spiritualist" on pages 8 & 9.

The True Spiritualist

a. The True Spiritualist (using its term in its largest sense) vouchsafes those immortal principles of Truth which exalt humanity and enrich society.
b. The True Spiritualist reverences the principle of Progression and, at the same time, stands like a mountain of adamant against the regressive waves of superstition.
c. The True Spiritualist sees an unchangeably perfect Fountain of deific principles consisting of equal parts of Love and Wisdom by which the stupendous whole, with its countless families of life, is enlivened and progressively saved.



d. The True Spiritualist involuntarily works for the prevalence of the best thoughts and ideas; the principles of eternal and all-saving Progression areas dear to his heart, as is he spirit of God to the bosom of mother nature.
e. The True Spiritualist must be of necessity an unselfish friend of good political government.
f. The True Spiritualist is a "political reformer."
g. The True Spiritualist has a truth invigorated soul while living and laboring practically amid the din and bustle of the rudimental world and is lifted to a loftier sphere of communion.
h. The True Spiritualist is prepared to stand unmoved and sweet-spirited amid the conflicting elements of sects and parties.
i. The True Spiritualist worketh no fanatical reformatory schemes; no invasion of other's homes and territories; no embarrassments thrown around the rights of neighbors, no submission to palpable injustice done by our neighbor; does right yourself and so helps keep others on the track.

• • •

How Do You Accept Healing? *Continued...*

worked diligently to prevent the macular degeneration in her eye from worsening. She has prayed and believed strongly that her eye would be healed and that the doctor would be amazed at her recovery. On her last doctor's trip, she was so pleased that things had not worsened but had improved so much that she didn't need another shot in her eye. That is the result of healing and positive thinking – knowing and believing that healing had taken place. Trusting that Spirit has done what was promised is very powerful.

She also has had problems with painful spinal arthritis causing difficulty with walking and in moving around. That pain can be consuming. We "know" that doctors have no cure for arthritis. Medications sometimes relieve the pain — when they work. She has concentrated on her eye situation because becoming blind is more frightening than using a walker. Would accepting <u>total</u> healing possibly make any difference? Infinite Intelligence is NOT limited to healing only those diseases or disabilities that the doctors can cure!

No one has all of the answers. Each of us has the same direct hotline to the Infinite. Do you use it? Do you tune in and attempt (to the best of your ability) to work with it? Do you totally accept and cling as tenaciously to the healing Spirit has brought you as you have clung to the pain?

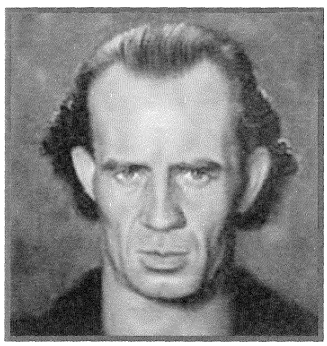
We attempt to work with whatever message Spirit has led us to offer and with the information they use to enlighten us — to the best of their ability to offer and our ability to receive. Our goal is to live life in a better manner and to be able to work with Spirit daily. Our goal is to invoke, ask, invite, the Infinite Intelligence into our lives for this day and every day. We also ask that we receive information from Spirit clearly enough to use it effectively. Do you do this for yourselves?

If you know and accept that healing permeates your entire being — mind, body and soul — you will find the results are more lasting. •

Other Healers, Other Times

ROSALEE JACKSON – Nevada

I was always interested in healing. My interest was perked when I saw an article in a newsletter about a healer in West Germany who was popular in that country in the 1950's. This healer was Bruno Gröening who was born in Gdansk, Poland on May 31, 1906. He was the fourth of seven children. As a small boy, he was already able to have a healing influence on sick people and animals. He moved to West Germany as a refugee after World War II. He only finished fifth grade but was trained as a carpenter. He also worked as a dockworker, a postal worker and an electrician. He became known to the public in 1949 through the healing of a small boy in Hereford, Germany. Diagnosed with Muscular Dystrophy, his doctors had given up on him. Bruno Gröening became an overnight sensation.



BRUNO GRÖENING

There was much controversy about this healer. Some called him a miracle doctor while others called him a charlatan. He was a humble man with no medical training or theological education. He did not study or develop his teachings. They were given to him spiritually. He made his teachings available in talks, which he spoke without notes. That was his way of providing knowledge. Gröening always insisted, "It is not me who heals, it is the divine force that helps and heals. The divine power is free of charge, costs nothing at all and can be used by anybody."

This remarkable healer taught that the human body is constantly embraced by healing vibrations which only need to be absorbed; our bodies require this divine energy. When this divine energy is depleted, the body experiences exhaustion, nervousness, anxieties and eventually illness. According to Gröening, no illness is incurable and this has been confirmed.

After World War II, Bruno Gröening was on everyone's mind because of his spectacular healings. Bruno Gröening said, "God sends and man receives the divine energy, and if you are healed, then thank God for your healing," — not Gröening. When he spoke about faith, Biblical scenes frequently occurred. The blind were able to see again and the lame were able to walk. This is confirmed by a number of publications and eyewitness reports.

His life was not easy. Doctors, church officials, lawyers and his previous fellow workers did their utmost to foil his activities. He was dogged by court cases and healing bans. All efforts to incorporate his work into the existing social structure failed. On one hand, there was resistance from those in authority in various branches of the social order. On the other hand, there was greed for financial profit on the part of his fellow workers.

Bruno Gröening said, "I am only a simple, nature-loving man. I do not sell divinity." He became ill in 1955 and went to Paris to see a doctor who was a friend of his. This doctor found that he was suffering from an advanced stage of cancer. The doctor wanted to operate immediately but Gröening refused and returned to Germany where he helped create groups of people to absorb the healing stream of energy on their own. So the Bruno Gröening *Circle of Friends* was organized and continued long after his death.

In December 1958, he returned to Paris for cancer surgery. When the doctor started to operate, he discovered that the cancer was worse and no longer operable. He closed the incision immediately. Considering the severity of his condition, the doctor could not understand Bruno's external appearance. His blood pressure was normal, he could breathe normally and his metabolism was normal.

Bruno quickly recovered from the aborted operation and drove back to Germany for the Christmas celebration. On January 21, 1959 he flew back to Paris with a blockage in his intestine which needed to be surgically repaired. In the days following the operation, his temperature, blood pressure and pulse were normal. Twice he got up and sat in an armchair. On January 25, he fell into a coma and died the following day.

The doctor said that the damage to Bruno's body was terrible. It was a total incineration. How he lived so long without suffering terrible pain is a mystery. Bruno Gröening had said years before that if he was prevented from doing his work, that he would burn up inside. Today there are many organizations throughout the world called *The Circle of Friends* which continue his work.

• • •

Scholarship Recipient's Recent Letter of Gratitude



JENNIFER CALLAHAN

To the NSAC Stow Family Memorial Scholarship Committee,

First of all, I just want to thank you from the bottom of my heart for supporting me in my college endeavors for the past three years. I cannot believe I am already a senior at Soka University of America, and I want to express that this was made possible by both your financial and emotional support. Scholarships like this are so beautiful because they encourage young people to pursue their dreams and to have faith in their futures. I had so many aspirations of becoming a lawyer and applying my skills to better the world when I was in high school, but I always questioned whether this could really come to fruition.

Now I am looking back on all of my college achievements and experiences, and I am so proud to be a student of Soka University. From attending this institution, I have been given ample opportunity to grow into the person I have always dreamt of becoming. Soka University's mission is to "foster a steady stream of global citizens committed to living a contributive life." I believe the education here really does a phenomenal job of ensuring that each student digests his/her mission and learns to apply it to his/her own life.

This past year has been an exceptional one. A year ago, I departed for my study abroad experience in Barcelona, Spain, where I resided for five months. I lived with a family who did not understand English, was required to take university level courses in Spanish, and was expected to discover and befriend the people of Barcelona on my own. Although I studied Spanish for four semesters, I still had trouble believing that I would be able to communicate effectively in another country. However, with time and patience, I was able to expand my horizons in Europe. Although my Spanish was not always perfect, I began to actualize my mission as a global citizen outside of our campus quarters. I learned a very important lesson; when we put our heart into everything we do and devote 100% effort into each day, our intentions will allow anything to become possible. Many Spaniards understood my struggle and saw how hard I was trying to both speak the language and to assimilate into the culture. When the five months ended, I was overwhelmed with joy thinking about how I had managed to receive exceptional grades in a society where students simply don't receive many A's. I made a beautiful connection with my host family, and created so many friendships that I know will be life-long regardless of the distance between us. I also feel like I have a better understanding of humankind and how it can feel to be an "outsider." I can now apply that compassion to the way I conduct myself in daily life, remembering that every human being is different and valuable.

Upon returning from study abroad, I had a busy and exciting spring semester. I was president of the self-created club on campus, "The Law School and Justice Society," enrolled in challenging upper-division courses, worked as a Peace Ambassador for my campus, interned in the Superior Court of California, diligently prepped to take the LSAT (law school admissions test) and still made time to enjoy myself in an off-campus softball league. During the summer months, I interned for an advocacy group in New York City, promoting citizens' rights and participation in direct democracy. I am pleased to report that I have received my LSAT score, which ranges in the top 13% of law school applicants, and shall be applying for law school in the next few weeks. I cannot imagine ever being able to do these profound things without the support of people like you.

It is now time for me to take the next step toward achieving my dreams. I will be reporting back to you once again after I have received my law school acceptances. Thank you so much for your continuous support, and please keep inspiring young people to advance their education, for I have found it, truly, to be the foundation for success.

Most Sincerely and Appreciatively,

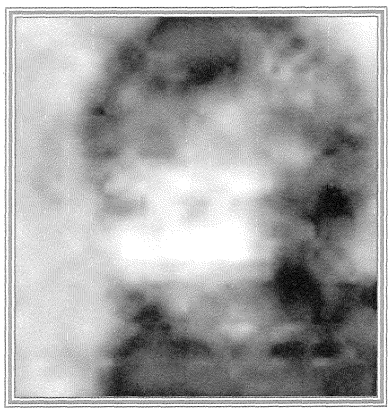
Jennifer Callahan
Soka University of America – Class of 2012 •

Science & The Phenomena of Spiritualism

THE REVS. TOM AND LISA BUTLER, NST – Nevada

Part of the NSAC definition of Spiritualism is that it is a science of continuous life, and that this is true because communication with those who live in the Spirit World has been established as a demonstrated fact by means of mediumship. This was a reasonable statement to make in the early 1900's, but is it reasonable today?

As directors of the *Association TransCommunication*, we have come to understand that literature in our field of study is quickly outdated by changing research methodologies and continuously evolving technology. While a "state of the art" based research older than a few decades is considered with great reservation, certainly century-old research will be considered of little more than historical interest by the scientific community.



Little Girl transcommunication image.

The good news is that many modern-day researchers will undoubtedly be considered pioneers by future Spiritualists. Some are academically trained researchers but most are more like modern-day naturalists and it is important that spiritualists understand the difference.

The line separating "acceptable" subjects for research and that which is sarcastically known as pseudoscience has hardened in recent years so that researchers will sacrifice their mainstream career if they dare study the phenomena of Spiritualism. That is why, by some estimate, there are less than 100 university-trained parapsychologists in the English-speaking world. This leaves survival research mostly in the hands of well-qualified but not necessarily academically trained investigators.

An important consideration is that parapsychology is largely concerned with why people believe in continuous life rather than the fact of survival. A second consideration is that most research conducted about things paranormal concerns psi functioning, which includes telepathy, remote viewing, psychic functioning and energy healing. These phenomena are important to Spiritualism, but they are not directly concerned with survival of personality.

Perhaps a good way to make sense of where the science in Spiritualism fits in is to look at the different types of organizations often identified as "friends of Spiritualism:"

Human Psychology: Usually parapsychology; specifically an academic approach with emphasis on a physical-world perspective; emphasis on research; collaboration but guided by academic community norms.

Emergent Science: Frontier subjects; emphasis on academic approach; open to new ideas including concepts of nonphysical and survived personality *if* they can be explained with standards of mainstream science.

Human Potential: Usually academic; open to nonphysical explanations; focus on personal growth and the human condition; supports research; education by opinion setters.

Social Paranormal: Focus on hauntings phenomena; usually not academically trained but with desire for scientific approach; often individual's first experience in paranormal; strong community; emphasis on nonphysical and survived personality; no formal collaboration; education by emergent cultural norm.

Metaphysical: Study/research of phenomena related to trans-etheric influence; usually not academically trained but with desire for scientific approach; community emphasizing educational and application of principles; specifically open to nonphysical and survived personality.

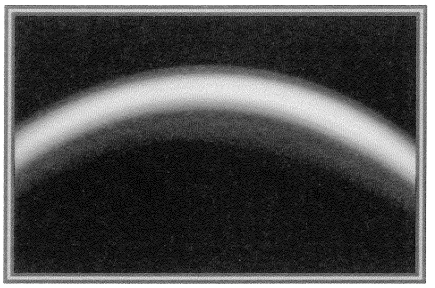
These points of view are described from the perspective of a person who studies the phenomena of Spiritualism and should not be seen as saying anything negative about the other points of view; each has an important role to fill.

Considering the NSAC *Declaration of Principles*, Spiritualists can be expected to have two litmus tests for organizations they trust and support. The first is the consideration of theories proposing the existence of an intelligent first cause. Evolution is clearly a fact, but Spiritualists usually think in terms of an ordering influence from "outside" of the physical. The second test is whether or not the organization considers continuous life which predicts a greater reality and survived personalities able to communicate with still physical people.

The metaphysical point of view is the only one that considers continuous life and existence of an intelligent ordering influence. The essay, "Seeing Both Sides" at atransc.org/theory.htm provides a good discussion of this point. As a community, the first three points of view fail the litmus test. The Social Paranormal group tends to be neutral on the subject

Continued...

Ham Soup & Some Inspiration



THE REV. KIMBERLEY ORLOWSKI, NST – Wisconsin

Today (March 31) is the Anniversary of Modern Spiritualism founded in 1848 and I'm busy making some soup with leftover ham. I really can't stand to see anything go to waste. While I was finishing cutting up the ham and putting it in the pot, I thought about seeking the truth. Funny how the ideas and inspiration come when you are busy doing something else.

A big part of Spiritualism is that we are truth seekers. Truth is the highest form of religion to us. I was considering this as I washed my hands and flashes of ritual came to mind. You know, the "same ole same ole." It was the thought that our habits and ideas can be a ritual. Interesting, how, when we think we are seeking truth, we are really often looking for a way to reinforce what we want, or our beliefs, or our ego. Some of us really hold on tightly, too.

I think of the Fox Sisters and what they went through. How difficult it had to be to get people to understand what their resistance to these new thoughts, ideas, or actions was locking them into. The idea is that by my own thoughts, actions, or ideas (or someone else's), I could be stunting my own growth of *knowing truth* because I insisted on sticking with an outdated system.

Think of this: If I know information, and I'm correct in my information, but someone ignorantly argues with me when I can prove to them what I am saying, they are stunting their growth because they refuse to see the truth. But unfortunately, they may also affect my growth if I allow it, and the ignorance can spread. Often these are the people who talk the loudest and others (truth seekers) will often back down. They lose their confidence, or they just realize the discussion is pointless. The Fox Sisters were one strong example. Did they waver? Sure. But ultimately what they did, how they did it, and the mere fact that they did persevere is *amazing*! So much ignorance and intolerance was aimed toward them, and so much suffering occurred before the truth came out. The girls didn't even live to see the bones of the peddler found. They just had to trust — trust Spirit, and trust what they knew.

Isn't it wonderful that they did this for us? They were willing to go "against the grain" to share their knowledge and experiences. How many of us would have the courage today to do the same? We benefit from their sharing. Yes, you will find those who are less informed who might tell you they were "fakers;" those people have looked into our history and have seen only what they chose to see.

The bones of the peddler were found years after the Fox sisters had passed. That is a piece of our history that many leave out. You can go to Lily Dale, New York and see the peddler's pack that was found. You can look for the article in *The Boston Journal*, from November 23, 1904 which tells about finding of the bones of the peddler. (A copy is in the *Morris Pratt Course on Modern Spiritualism*, Lesson 2.) Skeptics often are choosing to see only what they want, and in doing that, they aren't really seeking the truth, are they? We are encouraged to know this truth and many others. Question! Ask! Seek and Ye shall Find! And always do so with an open mind.

We are a *Science*, Philosophy, and Religion. For me, the science part is the most amazing. With this, we have the opportunity to **test**, to **question**, and to **make up our own minds** about so many things. This process also allows for us to **learn**, and as we find more facts, we can change and so can our beliefs. We are not locked into ignorance or ritual. If we are locked into anything, it is growth — forward thinking and inspirational!

Happy Anniversary Leah, Maggie and Kate, and a sincere *thanks to you* for spreading the truth. •

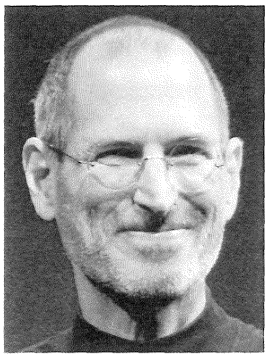
Science & The Phenomena... *Continued...*

while the Metaphysical group studies these phenomena from the Spiritualist perspective.

If you believe the phenomena of Spiritualism needs to be studied from a scientific point of view, then support that work. This is not something that the mainstream community or government will support. It is up to you. In the USA, *Association TransCommunication* is amongst the very few organizations supporting this work. There are over 400 pages on atranc.org from which you can learn a great deal about what is known today and work being done to further understanding of continuous life. If you have questions or suggestions, there is also a "Contact" tool on the website and we are listed in the *TNS-Summit* directory. •

MEDIA WATCH

BY THE REVS. TOM AND LISA BUTLER, NST



Steve Jobs • At a memorial service for her brother, Mona Simpson recalled his love of beauty and his family, and his final moments. Right before his transition, he looked at his sister Patty, then for a long time at his children, then at his life's partner, Laurene, and then over their shoulders past them. Steve's final words were: "OH WOW. OH WOW. OH WOW!"

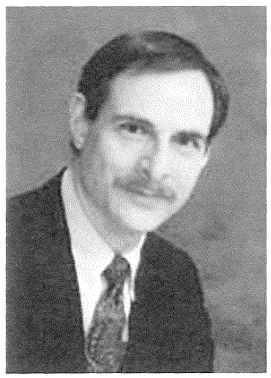
From: *The New York Times*, "A Sister's Eulogy for Steve Jobs" By Mona Simpson, nytimes.com Published: October 30, 2011

Precognition • In early 2011 a study by Daryl Bem of Cornell University titled "Feeling the future: experimental evidence for anomalous retroactive influences on cognition and affect," was published in the *Journal of Personality and Social Psychology.* (In ordinary language the title means experimental evidence for precognition.) Participants saw two curtains side-by-side on the computer screen. They were told that a picture would be behind one of the screens. They were told to click on the screen that had the picture. After they made their selection, the selected curtain opened and revealed a picture or a blank screen. The probability that a participant would correctly select the location of a picture by chance was 50% but the actual positive score was 53.1%

What participants did not know was the computer did not actually select the picture to be shown or determine its left/right position until after they had already made their decision. So this procedure actually tested a participant's ability to anticipate a future event; a test of precognition.

The study, published in a prestigious journal, has caused a real uproar because it is showing that consciousness must exist outside physical clock time. John Poynton writes, "Bem's results are a direct challenge to materialistic authority, and if followed through they suggest that consciousness is primary - in fact, it is simply the most direct feature of experience; all else is inference, including the material world."

From: "Precognition and The Daryl Bem Furore" by John Poynton, *The Paranormal Review,* July 2011. The *Paranormal Review* is a publication of the Society for Psychical Research, spr.ac.uk.



"For True Scientists, the Ultimate Authority is Experience, not Theory" • This wonderful quote comes from Near-Death researcher, Bruce Greyson, who goes on to say, "Some may think that Near-Death Experiencers (NDErs) must be religious to start with, and their experiences could be their imagination." However, there are NDErs who weren't religious before their NDEs, and Greyson has found that one of the aftereffects of NDEs is a lowered religiosity. Interestingly, NDErs also generally have an increased spirituality after their NDEs. Another thing that Greyson has found in his research is that, contrary to what most would expect, NDErs are more inclined to use logical thought after their NDEs than before their NDEs.

Bruce Greyson, M.D. is Professor of Psychiatry at the University of Virginia. He is co-author of *Irreducible Mind* (2007) and co-editor of *The Handbook of Near-Death Experiences* (2009).

From: *The Epoch Times,* Near-Death Experiences 30 Years of-Research Part-2, theepochtimes.com

Near-Death Experience Highlighted on Dr. OZ • Influential American TV doctor, Dr. Mehmet Oz, did several shows on the near-death experience. On one show he spoke with another doctor who had an NDE. Dr. Mary Neal, a surgeon who had been skeptical of NDEs until she herself drowned while on a vacation. She said that the spirits told her that it was not her time to die. They told her that she had work left to do and that she needed to return to her body. Although Dr. Neal said she always had faith, she stated that she now has the personal knowledge to support it.

Dr. Neal's son was skating when struck by a car and instantly killed. Dr. Neal said her near-death experience assured her that her son did not suffer any pain and was joyously greeted. She said that she knew that

Continued...

while she was having her near-death experience she did not want to return, so she knew that her son must have felt the same way. It also allowed her to be the rock of support for those people that were devastated by his death. Dr. Neal said that before her near-death experience she saw herself as a highly skilled engineer who fixed people and that now she sees herself as more of a healer and not just a surgeon.

From: *Dr. OZ Fans,* "Dr. Oz: Dr. Mary Neal's Near Death Experience," drozfans.com, September 29, 2011



Forensic Psychic-Detective Sues Skeptic-Writer and Wins • Forensic psychic Noreen Renier was attacked by a skeptical writer John Merrell who called her a fraud. Renier sued for defamation. She brought in highly qualified witnesses that told the jury that she is really gifted. An FBI Special Agent testified he worked with Noreen Renier and stated under oath that her psychic skills had helped him enormously to close cases. Another witness, FBI Robert K Ressler, a 17-year veteran with the FBI's Behavioral Science Unit, confirming Renier's psychic gift was a significant help to his department. He also confirmed that she had told them a couple of months before President Reagan was shot, that there would be an assassination attempt on him. Noreen won and Merrell was found liable. She was awarded $25,000 and expenses.

From: Victor Zammit Friday Afternoon Report, victorzammit.com/week15abc/

Are Ghosts Discarnate People? • According to a 2009 CBS news poll, 48% of Americans say they believe in ghosts, or that the dead can return in certain places and situations. 78% believe in life after death. This large number of "believers" should be encouraging to Spiritualists, but unfortunately, there is more. A report on the Gallup website indicates that 32% of people surveyed say they believe "ghosts or that spirits of dead people can come back in certain places and situations," [ghosts or after death communication], while only 21% believe "That people can hear from or communicate mentally with someone who has died " [mediumship].

Most polls we have reviewed show that, while people believe in ghosts, many do not make the connection between ghosts and survived personalities. This is even more evident when people's fear of haunting situations is considered. In an apparent haunting situation, a Spiritualist might stop to sense whether or not it is a loved one while the average ghost hunter will reach for the smudging stick to clear the house.

Gallup polls are also showing a distressing trend: while 32% believed in ghosts in 2005 38% were believers in 2001. Similarly, 28% of people believed in mediumship in 2001 compared to 21% in 2005. There is a general trend of growing disbelief in the phenomena of Spiritualism, which seems to indicate that the Skeptical community's campaign to discredit all things paranormal is beginning to work.

As a footnote, 55% of respondents believed "Psychic or spiritual healing or the power of the human mind to heal the body" in 2005, 1% more than in 2001.

From: *CBS News,* "Poll: Majority Believe In Ghosts" by Sean Alfano February 11, 2009, cbsnews.com

And, *Gallup,* "Three in Four Americans Believe in Paranormal" by David W. Moore, June 16, 2005, gallup.com

Amazing Randi's Problems • According to the *Daily Grail,* it seems that the Amazing Randi's partner has been arrested for identity theft. Alvarez was charged with stealing a New York man's date of birth and Social Security number in 1987 to obtain a U.S. passport. A grand jury indicted Alvarez on a charge of passport fraud and aggravated identity theft. When asked by a reporter if he knew about the alleged identity theft, Randi responded by saying his lawyers had told him "not to comment on our knowledge or lack of knowledge." The irony in this arrest (beyond the alleged fraudster being the Amazing Randi's partner) is that Alvarez first came to public notice when he pretended to be a channeler of the spirit, Carlos, in Randi's much-vaunted (not least, by Randi himself) 'sting' for Australian television in 1988.

From: The Daily grail, "Randis Partner Arrested for Identity Theft" by Greg, dailygrail.com, 16 Sep 2011

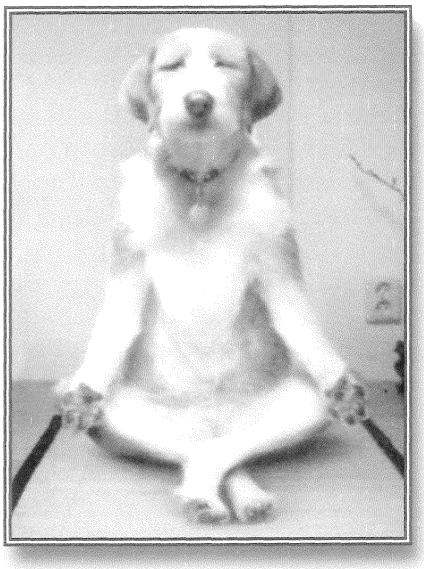
Woman Convicted of 'Sorcery' Executed • Saudi Arabia executed a woman convicted of practicing sorcery and magic in December. Details of her crimes were not given but the London-based al-Hayat daily quoted Abdullah al-Mohsen, chief of the religious police who arrested the woman, as saying she had tricked people into thinking she could treat illnesses, charging them $800 per session. It did not give the woman's name, but said she was in her 60s. The execution brings the total to 76 for the year 2011 in Saudi Arabia, according to an Associated Press count.

From: *Associated Press,* "Saudi Arabia executes woman convicted of 'sorcery,'" news.yahoo.com, Dec. 12, 2011

• • •

You Can Teach an Old Dog New Tricks

MONA GUERTIN – Maine



I'm entitling this subject matter *You Can Teach an Old Dog New Tricks* because I'm an old timer and I love dogs. The drastic change in my life happened in June of 2009 when my partner of 20 years crossed over. I was in search of answers, so a trusted friend recommended a medium for me to see. That was the beginning of my new adventure.

I was told, "Fly baby fly. I'm with you but I want you to live, enjoy life; do the things we were supposed to do but couldn't because of my illness." And the Grand Canyon was specifically mentioned! I was amazed when I heard this particular U.S. National Park because we had talked about going there.

We used to tease each other about heaven, so when I asked if it was the way she expected, she said that it was "even nicer and that the flowers were beautiful and vibrant." She also told me that she had "broken bread and had wine with my sister," who had recently crossed over.

There was a very touching moment during this visit when Anita's mother, Simonne said, "No one could have been better for my daughter. I am very filled with gratitude for the love, the bond, the companionship, the devotion and the joy brought into my daughter's life. My eyes have been opened; how blind I could have been!" *(Anita always wondered if her mother would have understood our relationship.)* I was then asked to be *open*...like maybe some of my beliefs needed revision?

The big break on this new adventure came when someone asked if I knew about the Law of Attraction. "Yes," I said, but I was thinking of "birds of a feather flock together." Then I was asked if I knew about *The Secret.* I had never heard about it, but a friend had this informative movie.

Shortly after starting this new journey, I had a dream. We were both at an open house. (Anita was so knowledgeable about real estate.) I loved the layout, so I asked the name of the contractor. I was told it was *Believe.*

Now the internet became my source of information. *YouTube* brought me to Abraham and Esther Hicks. I discovered that the Law of Attraction or Art of Allowing is the basic law of all that exists. Esther talked about frequencies, vibrations and getting in the vortex. Yes, I understood that if my radio is not tuned to the station that I want, I won't get it. That explains frequencies. But I also know that your radio only plays if it's *on!* As Esther says, you have to be "tuned in, tapped in, turned on!"

I had taken Reiki 1 and I remembered that all the chakras need to be open and functioning in balance with each other. They are the center of the spiritual power in the body. I started to mediate and I concentrated on energizing my chakras.

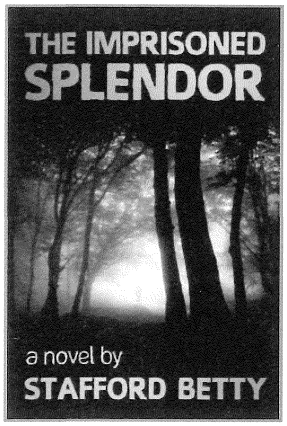
My beliefs did not come out of thin air. They came from my upbringing and my surroundings. When I saw something happen, I considered it to be real. So this was my habit of thought. Now, I'm being told not to just face reality, but to be a visionary. I need to get a vibrational match. If there is something in my life that *I don't want,* I need to vibrate differently. And if there is something that *I do want,* I need to get that vibration.

Is this a fairy tale? Can we truly manifest something by thinking it and feeling it? I now truly believe a visionary can thrive in all times because what you think and feel, you can manifest. Once you experience a manifestation, you know it can happen, but always patience is so important.

The happy feeling must remain, but sometimes a slow, patient process is also necessary. Esther explained how the locks at the Panama Canal work; so too must we ease our *vessel* through the obstacles we confront. Our confidence in God's wisdom, our spirit guides and angels, and our departed loved ones are ever with us. In April, a medium told me that I was adjusting to being alone. (I live with my dog and bird.)

I would like to finish with one very important change in my life, and that was to eliminate judging others. Two years ago, when I told a medium that my sister was married to a *jerk,* I was tactfully told that if I want to raise my vibrations, labeling *others* only lowers them. If your goal is to be spiritual, then think, act and feel from a place of spirit. It's basically the remembrance of our divinity. Yes, we are divine beings. It would be nice to get in the habit of asking ourselves, "What would Jesus do or say?" •

Book Reviews



The Imprisoned Splendor

Stafford Betty. Guilford, UK: White Crow Press. 2011. 140 pages. $15.95.

The Imprisoned Splendor is a riveting, action-filled novel set in the afterlife. The author, Stafford Betty, is a university professor and an expert in afterlife studies. The setting he has chosen is based on paranormal sources that document and describe life after death—a fact that Betty discloses at the start. A vivid story that opens explosively with the death of Kiran Kulkarni, an atheistic philosopher of great promise, who perishes at the prime of his life in a plane crash. In this character, Betty distills the rich background of Kiran's Indian birth, his early conversion to Catholicism, and the American-university philosophical training that ruthlessly wiped out the religious convictions of his Hindu upbringing.

Betty's character, while a gifted philosopher with praiseworthy scholarly habits, is a morally shabby narcissist. He needs as much help as Shalini, the woman who killed herself when he rejected her many years ago when they were graduate students. And the means of his remaking? He must rescue Shalini from her self-made hellish prison. His paternal grandparents are his guides and will help him along with an intriguing English ex-detective named Nigel and a more famous suicide, Sylvia Plath. But in helping Shalini, Kiran must struggle against the ingrained habits of a profoundly selfish life, habits that no amount of help can fully erase. Further complicating his struggle is the fact that it takes place in a world he long dismissed with jeering contempt.

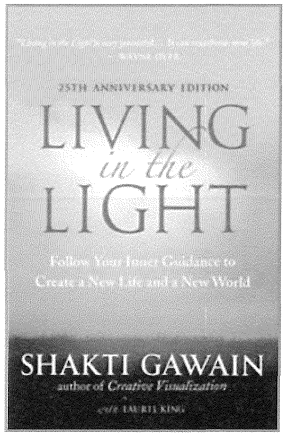
The Imprisoned Splendor explores reincarnation as a possible choice. We are asked to consider what might happen if they choose to be reborn; for reincarnation is a popular, if frightening, option for the morally or intellectually undeveloped being. Both Kiran and Shalini must weigh this option carefully before moving ahead into a higher, less densely physical, more evolved sphere. Are they ready for such a move? What will be their relation to each other, whichever way they go? Will they stay together? And under what circumstances? A notable accomplishment of the novel is the plot's unpredictability and surprise ending.

Betty has worked hard creating the various layers of the novel. It can be challenging for the reader to distinguish among them because the characters transition psychologically between their present astral environment and vivid earth dreams—fragments of memory—that seduce them into forgetting where they are and losing themselves in earth-like pleasures. When they awake, they find themselves back in the astral world, though in sectors as different as light from dark. These transitions are clearly marked, but if skimmed over can be puzzling.

Betty's astral world—the world he researched extensively and thinks we will all enter when we die—is an intense and vivid version of earth—not at all some bizarre or vague vision of infinity. A special pleasure for the reader is that in Betty's world literary figures and philosophers interact with the characters and teach them relevant lessons. So imbued in literary reference is this novel that its title comes from Robert Browning's long poem *Paracelsus.*

A Hollywood movie producer would have a field-day with Betty's elaborately developed afterlife world. Special effects technology could render the visually arresting landscapes into a spellbinding show.

Mónica G. Ayuso, Professor of English California State University, Bakersfield



25th Anniversary Edition of Shakti Gawain's LIVING IN THE LIGHT

Pub: Nataraj Publishing
Price: $14.95

Are you searching for deeper meaning and purpose in your life? Do you sense that you have an inner wisdom that can be a guiding force for you, yet wonder how to connect with that intuitive self? How do you know which inner voices to listen to?

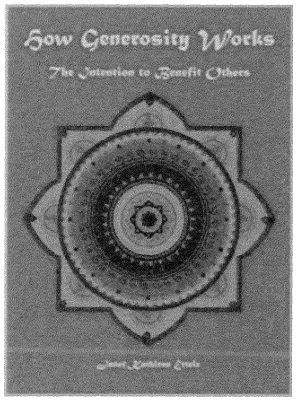
For over thirty years, Shakti Gawain has helped readers address these questions. *Living in the Light* has

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given literally millions of people clear and gentle guidance to create a new way of life — one in which we listen to our intuition and rely on it as a guiding force. The key lies in bringing the light of our awareness to every aspect of ourselves, including our disowned energies — our *shadow side*.

With great insight and clarity, Shakti shows us the transformative power of bringing awareness to every part of ourselves. Simple yet powerful exercises on subjects including creativity, relationships, parenting, health, money, and transforming the world help us put these teachings to practical use in our daily lives.

Shakti writes in the book's new introduction, "With the global shifts taking place now, ***Living in the Light*** is more timely and relevant than ever, and our time to do our own inner work, more critical. I see this anniversary edition as an opportunity to remind original readers of what is possible and to connect with new readers in empowering them to ignite their path. Over the years since I first wrote this book, my understanding has developed and (hopefully) deepened, so I felt there were many things I would say somewhat differently now, and that perhaps it would be valuable to my readers to hear more of my ongoing story, as well as some of my 'older and wiser' perspective."



HOW GENEROSITY WORKS

The Intention to Benefit Others

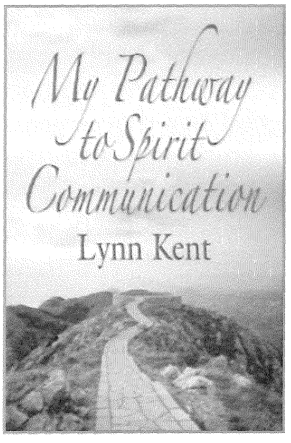
by Janet Kathleen Ettele

This intention to benefit all beings,
Which does not arise in others
even for their own sake,
Is an extraordinary jewel of the mind,
And its birth is an unprecedented wonder.

The first of six in the *How Life Works* series, ***How Generosity Works*** (Diamond Cutter Press, $16.00) follows, through contemporary fable, how one can create a happier life. The teachings draw from 8th Century Buddhist monk Master Shantideva's *A Guide to the Bodhisattva's Way of Life* but are accessible to anyone looking for inspiration, regardless of background or belief. Never preachy, ***How Generosity Works*** demonstrates how to transform pain and anger into a profound experience of love.

The fable centers on Troy, a young man grieving the death of his friend, and Grace, a middle-aged Buddhist practitioner. Troy has returned home after failing too many college classes. At his father's house, he endures the unwelcoming scorn from a combative stepmother. Troy and Grace connect through music, which sets the space for deeper teachings of Master Shantideva's verses, interwoven throughout the text. Empowered by the knowledge that Grace imparts, Troy takes control of his own life as he begins the journey out of his pain. The *How Life Works* series is a collection of beautifully packaged, small hardcover books, designed for inspirational giving. The series is based on the six perfections: generosity, ethics, patience, joyous effort, concentration, and wisdom.

Janet Kathleen Ettele is a musician and author who draws from her background as a student of Buddhist dharma to bring its teachings into contemporary practice through her writing and music. She graduated from Berklee College of Music in Boston and worked in the entertainment industry until becoming a mother. She lives in Connecticut.



MY PATHWAY TO SPIRIT COMMUNICATION

A Real-life Beginning to "Proving the Continuity of Life"

by Lynn Kent

Available through the NSAC Booktore.
ISBN 978-1-61434-493-3

Lynn's first communication with Spirit happened about 25 years ago with her departed maternal grandmother. Soon afterwards she confirmed the information she was given with her mother and aunts. From that experience she decided to learn about spirit communication and, with the help of her husband, to bring this information and experience to the public.

Lynn is now an Ordained Minister and Certified Medium with the National Spiritualist Association of Churches and is on the ministerial staff with the First

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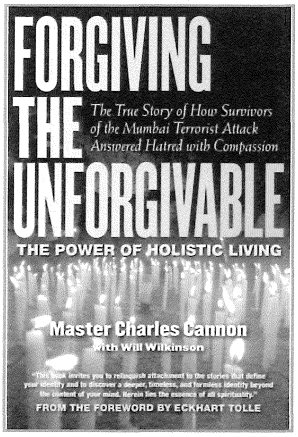
Spiritualist Church of Springfield Massachusetts, NSAC.

Lynn has provided mediumship demonstration at the International Spiritualist Federation fraternal week in Rochester, New York and at the National Spiritualist Association of Churches convention in Portland, Maine where she chaired and taught "Teach the Teachers" mediumship workshop.

She has served Spiritualist churches (as guest medium or seminar presenter) in Maine, New Hampshire, Massachusetts, Connecticut, New York, New Jersey, Virginia, Nevada, California and interviewed by ABC cable shows in Rhode Island and Massachusetts. She has attended the world renowned "Arthur Finley College" in Standsted England for advanced mediumship and trance.

Lynn is a Bristol, Rhode Island native and has attended local Catholic schools and considered a career as a nun. Although she changed her mind about the convent and sisterhood, she still has chosen to work with Spirit helping others in need.

Before doing mediumship on a full time basis, Lynn was a hair stylist for 30 years in Bristol, Rhode Island where her consoling abilities were developed. She is now using those abilities in her many pastoral counseling and spirit communication sessions, especially for children in spirit, at her home/office in Seekonk, Massachusetts.



FORGIVING THE UNFORGIVABLE

The Power of Holistic Living

The True Story of How the Survivors of the Mumbai Terrorist Attack Answered Hatred with Compassion

By Master Charles Cannon with Will Wilkinson
Foreword by Eckhart Tolle
Afterword by Neale Donald Walsch
ISBN: 978-1-59079-218-6

In 2008, terrorists attacked the 5-star Oberoi Hotel in Mumbai, where Master Charles Cannon and 24 of his associates from the Synchronicity Foundation for Modern Spirituality were staying. Four from their group were injured and two, a father and daughter, were killed. Following rescue by SWAT teams, the survivors made surprising statements to the international media using words of forgiveness to express compassion and understanding toward their attackers, rather than anger or hatred. Even the mother who had lost her child and husband forgave the killers. Thousands of messages from inspired people poured in asking, "How were you able to do this?"

Forgiving The Unforgivable by Master Charles Cannon, shows how principles of enlightened living proved themselves imminently practical during a traumatic, life-threatening circumstance. "This book is about forgiveness but, more essentially, it is about how to live in a certain state of consciousness out of which forgiveness arises naturally and effortlessly," writes renowned spiritual teacher Eckhart Tolle in the foreword.

From those who respect forgiveness as the final victory over those who have done them harm to those who seek the inner stillness of a lightened spirit, ***Forgiving The Unforgivable*** presents the spiritual practice that made it possible for the author and his colleagues to weather their ordeal with insight, compassion and unconditional love. Written in user-friendly language that readers can easily translate into their own results, Cannon remains a gentle and thoughtful guide throughout, inviting readers to see each moment as "an experience whose time has come" and to learn how to express the very qualities that may seem to be missing, like love in the face of hatred.

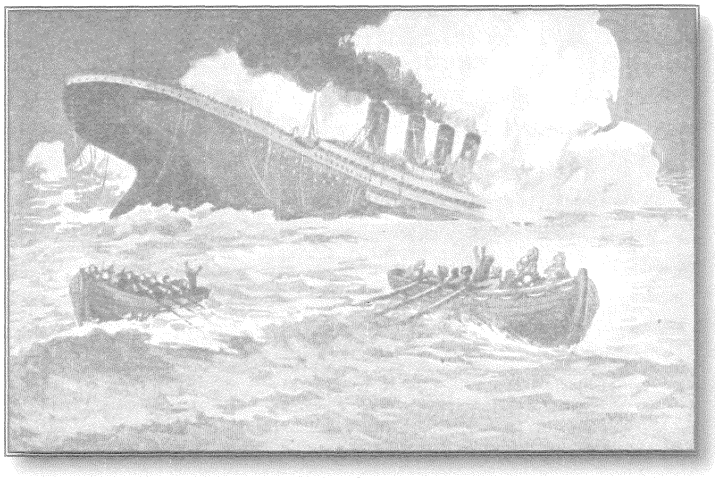
Master Charles Cannon is a modern spiritual teacher and founder of Synchronicity Foundation for Modern Spirituality. Over the past thirty years he has developed the High-Tech Meditation and Holistic Lifestyle experience. His work has helped transform the lives of millions worldwide who regard him as one of the truly innovative spiritual teachers of our time. He has been featured on all major media. •

Anger will never disappear so long as thoughts of resentment are cherished in the mind. Anger will disappear just as soon as thoughts of resentment are forgotten.

– Buddha

Remembering the Titanic 100 Years Later

MICHAEL E. TYMN – Hawaii



As the RMS *Titanic* plunged to the bottom of the Atlantic Ocean, Colonel Archibald Gracie was sucked down with it. However, he somehow managed to surface and survive and soon found himself sprawled out on an overturned life raft, his clothes waterlogged and his teeth chattering from the icy cold. He noticed that the seaman next to him on the raft had a dry cap and asked him if he could borrow it for just a few minutes to warm his head. "And what wad oi do?" was the curt reply. "Ah, never mind," said Gracie, as he thought "it would make no difference a hundred years hence."

Those hundred years are up this year on April 15 and we might assume that it no longer makes any difference to Colonel Gracie, wherever and however he now exists. But understanding Gracie's ordeal and those of the other 2,222 passengers, including the crew, of the *Titanic*, might make a difference now for some people – those interested in learning from the experiences of others while searching for greater meaning in life's suffering and tragedies.

Basically, the *Titanic* story is about dying and death, a subject many people don't like to think about. "Dying is especially difficult in America," writes Kathleen Dowling Singh, Ph.D., an experienced hospice worker, in her 1998 book, *the Grace in Dying*. "Our cultural blinders to the world of Spirit, to the transpersonal realms, have left us bereft of meaning, struggling alone with the chaos of psychic deconstruction and physical dissolution."

In terms of lives lost in maritime disasters, the *Titanic* falls far short of the estimated 4,000 killed when the *Dona Paz*, a passenger ferry, collided with an oil tanker off Mindoro Island, south of Manila, Philippines during 1987. The reason the *Dona Paz* is not as well remembered, at least in the Western world, is likely a result of its location and limited media attention in Western countries.

No doubt the many movies made of the *Titanic* disaster, especially the 1997 epic film, play a big part in our continuing knowledge of and interest in the *Titanic* story, but that only leads to the question of why movie makers find it so much more interesting than other disasters. In fact, there have been at least eight movies about the *Titanic*, eight more in which the *Titanic* has been featured, nine movies inspired by the *Titanic*, and at least seven television documentaries reporting on it.

Clearly, the common denominator of the interest and intrigue in all disasters is death and its before and after concomitants, dying, and surviving in another realm of existence. Who, after attaining the age or reason, has not thought about how he will die or when she will die or if he will continue to exist after he dies? Such thoughts may be only fleeting in our younger years, but they frequently become more frequent and affect the psyche in a much more profound way as we age and approach death's door.

"What we most dread," wrote Belgian Maurice Maeterlinck, the 1911 Nobel Prize winner in literature, "is the awful struggle at the end and especially the last, terrible second of rupture which we shall perhaps see approaching during long hours of helplessness and which suddenly hurls us, naked, disarmed, abandoned by all and stripped of everything, into an unknown that is the home of the only invisible terrors which the soul of man has ever felt." As Maeterlinck saw it, the roots of our fears were placed in our hearts by religions, by then obsolete.

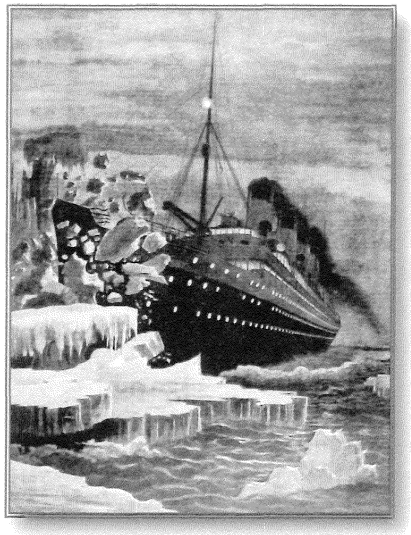
"The idea of death, the fear of it, haunts the human mind like nothing else," wrote anthropologist Ernest Becker in his 1974 Pulitzer prize-winning book, *The Denial of Death*. Becker added that man's deepest need is to be free of the anxiety of death and annihilation, and explained that to free oneself of death anxiety, nearly everyone chooses the path of repression. That is, we bury the anxiety deep in the subconscious while we busy ourselves with our lives and seek a mundane security that we expect to

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continue indefinitely. To put it another way, we escape from our fear of death by becoming Philistines and not thinking about it.

"Although there are undoubtedly special circumstances in which some individuals either welcome their own cessation or are essentially indifferent to it, for almost everybody the heightened probability of death constitutes the most dire threat possible," wrote Edwin S. Shneidman, professor of medical psychology at UCLA and a former chief of the National Institute of Mental Health Center for Studies of Suicide Prevention, in his 1973 book, *Deaths of Man.*

Well before Becker and Shneidman, pioneering psychiatrists Sigmund Freud, Carl Jung, and William James recognized that the "denial of death" or death anxiety is at the core of human behavior. However, while Freud had adopted a materialistic outlook and believed that death meant extinction, both Jung and James remained agnostic on the issue of survival. Freud believed that humans would be better off if they simply opened themselves to death and accepted it as annihilation, but Jung and James believed that life could be lived to the fullest only by embracing the idea of life after death, even if untrue. "Death is indeed a fearful piece of brutality," Jung offered. "There is no sense in pretending otherwise. It is brutal not only as a physical event, but far more so psychically."



Freud, Jung, James, and Becker all recognized a need for humans to deal with death by allowing it to surface from the subconscious to the conscious to some degree, if not completely. But their hopes in this regard have been little realized, except perhaps by Spiritualists and Spiritists. Most humans allow the reality of death to surface only when dealing with unreality – when they escape into the fiction, non-fiction, or semi-fiction of books and movies. "The cinema....like the detective story makes it possible to experience without danger all the excitement, passion, and desirousness which must be repressed in a humanitarian order of life," Jung explained.

Not everyone, however, is able to successfully repress his or her death anxiety. Leo Tolstoy, the brilliant Russian author, was one such person. Although reared in the Greek Orthodox Church, Tolstoy, gradually lost his faith, and by age 50 was in despair at not being able to find any meaning in life. "All my acts, whatever I did, would sooner or later be forgotten, and I myself am nowhere," he penned. "Why, then, busy one's self with anything? How could men see this and live? It is possible to live only as long as life intoxicates us; as soon as we are sober again we see that it is all a delusion, and a stupid one! In this, indeed, there is nothing either ludicrous or amusing; it is only cruel and absurd."

The *Titanic* story offers us the opportunity to examine death in a safe haven with the added bonus that, unlike most stories involving death, the parties actually have time to contemplate their death, some to escape, some to succumb. More than any other modern story, the *Titanic* might be viewed as a microcosm of life, a "community" isolated in the vast reaches of the ocean, one offering wealth and poverty, the opulence of first class and the ordinariness of steerage class, with a middle or second class in between. Every type of emotion, mindset, virtue and vice is represented – love and fear, hope and despair, courage and cowardice, arrogance and humbleness, pomp and shame, selfishness and brotherhood. To accent it all, the iceberg impacted by the leviathan was reported as being a rare black berg looming high over the vessel, as if a giant evil predator. More than anything though, the *Titanic* story represents the struggle between man's inner self and outer self, a struggle which many people are interested in but prefer to avoid except in books or movies.

One must also consider the era in which the tragedy took place. It was a time when science was conquering religion and the educated class had not yet been able to reconcile their former religious beliefs with the truths provided by science. Beginning in 1859, Darwinism accelerated the underlying *Weltschmerz* (despair). More and more educated people began to see life as a march toward an abyss of nothingness, toward extinction, toward obliteration. Biological evolution had, for many, nullified God, and few seemed to be able to grasp an afterlife without God; thus, it was also dismissed. Suddenly, life had no meaning beyond what one could leave behind for his descendants or future generations, but even this worthy goal left the reasoning man wondering to what end the progeny or to which generation full fruition.

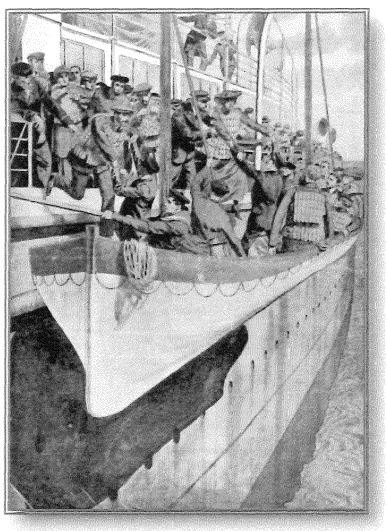
"Never, perhaps, did man's spiritual satisfaction bear a smaller proportion to his needs," wrote Cambridge scholar and poet Frederic W. H. Myers, referring to the 1870s. "The old-world sustenance, however earnestly administered, [was] too unsubstantial for the modern cravings. And thus through our civilized societies two conflicting currents [ran]. On

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the one hand, health, intelligence, morality – all such boons as the steady progress of planetary evolution can win for the man – [were] being achieved in increasing measure. On the other hand this very sanity, this very prosperity, [brought out] in stronger relief the underlying *Weltschmerz*, the decline of any real belief in the dignity, the meaning, the endlessness of life."

Myers said that there were many who readily accepted the limitations of the new view and who were willing to let earthly activities gradually dissipate and obscure the larger hope, but others could not be satisfied. "They rather resemble children who are growing too old for their games – whose amusement sinks into indifference and discontent for which the fitting remedy is an initiation into the serious work of men."

William James called it "soul sickness" and admitted that he, too, suffered from it, even considering suicide around the time he received his M.D. degree from Harvard University. While this soul sickness seems to have peaked around 1875, little progress had been made in overcoming the affliction by 1912, when the *Titanic* dove to its watery grave. Materialism had become the new philosophy and when carried too far it came to be hedonism, the motto for which is "Eat, drink, and be merry, for tomorrow we die," an attitude seemingly depicted in the *Titanic*, at least among the first class passengers.



Writing in the March 1912 issue of the Journal of the American Society for Psychical Research, the month before the *Titanic* went down, psychologist James H. Hyslop, a former professor of logic and ethics at Columbia University, discussed the continuing decline in man's belief in life after death. "The belief in immortality had been so bound up with a large number of dogmas that had to succumb to the revival of science that it too was carried away with them," Hyslop observed. "Christianity had cut the Gordian knot of materialism by denying the eternity of matter and making it an ephemeral product of divine creation. But the indestructibility of matter and the conservation of force played havoc with this belief and personality became, not the initiating cause of things, but their phenomenon or function."

Whether entirely fiction or not is unclear, but in a 1986 book titled *The Secret Conan Doyle Correspondence*, author Leslie Vernet Harper quotes her father Samuel Harper, supposedly a *Titanic* survivor though not listed on the passenger manifest, as seeing the *Titanic* as a symbol of the times and its fate as a foreboding cosmic message: "Words are inadequate to convey the awesome impact of that enormous floating palace – the epitome in every respect of the biggest and most lavish the Western world had to offer in material luxury. In an era idolatrously committed to the proposition that science unquestionably could overcome every obstacle standing between mankind and Utopia, the *Titanic* was living, dynamic proof of this utopian ideal."

As Harper further viewed it, the disaster changed the world in unfathomably deep ways. "The death of the *Titanic* tipped the scales in favor of those who, like historian Oswald Spengler, looked for the 'going under of the West.' And it fatally shook the confidence of the optimists, those who thought it possible to resolve mankind's dilemma through science without any moral improvement in man himself...Now, the sinking of the 'unsinkable' *Titanic* having demonstrated the inadequacy of the science alternative, there remained only what a majority viewed as unworkable – the need for mankind to live the Christian ideal."

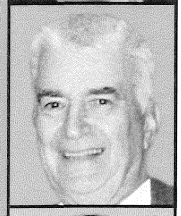
But there was hardly time to fully integrate the lessons of the *Titanic* into our psyches before the outbreak of a much greater tragedy in terms of loss of life, World War I. This horrible event made man search even more deeply for his lost soul, and while many were successful in their search, peace time brought about renewed materialism and hedonism and the newfound soul was again lost.

And so it has continued until today – a great tragedy, such as that of September 11, 2001, brings a temporary search for the soul, but it is quickly forgotten in man's quest for comfort through technical and scientific advancement.

"We have measured the earth, the stars, and the depths of the seas; we have discovered riverbeds and mountains on the moon," wrote Tolstoy. "We have built clever machines, and every day we discover something new...But something, some most important thing, is missing, and we do not know exactly what. We feel bad because we know lots of unnecessary things but do not know the most important — ourselves."

Thus viewed, the *Titanic* story may represent a search for ourselves. •

Michael Tymn's latest book, ***Transcending the Titanic****, published by White Crow Books, should be available at Amazon.com by February 15. Much of the book is about William T. Stead, the famous Spiritualist of the era, who was a victim of the Titanic. The book discusses premonitions, out-of-body experiences, and after-death communication, all directly or indirectly related to the Titanic.*



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SULLIVAN, Rev. John F., NST, Pastor of First Spiritualist Church of Springfield, Certified Medium, Comm. Healer, classes, counseling, private consultations, public lectures, 480 Huntington Rd., P.O. Box 392, 01098 - (413)238-5344; sully1942@verizon.net; www.beyondlife.net

• MICHIGAN •

HAZEL PARK

GUTT, Rev. Marguerite, NST; counseling, private counseling, public lectures. Pastor of the First Spiritual Temple of Royal Oak, 813 E. Evelyn, 48030 - (248)548-2240; pegprp@aol.com

WHITE LAKE

ALLEN, Rev. Sandra, NST, Certified Medium; counseling, development circles, public lectures, private readings, private parties; 54 Granada Dr., 48386 - (248)698-9017; sandiallen10@msn.com

• MINNESOTA •

ROCHESTER

YOUNG, Rev. Joyce E., NST, Cert. Medium, Comm. Healer, 4814 115 Ave. NW, Byron, 55920 - (507)775-6358; jeyoung2@frontier.com

YOUNG, Rev. John E., NST, Cert. Medium, Comm. Healer, 4814 115 Ave. NW, Byron, 55920 - (507)775-6358; jeyoung2@frontier.com

• NEVADA •

RENO

BUTLER, Rev's Tom and Lisa, NST, Certified Mediums, Comm. Healers, Directors Association TransCommunication (ATransC), P.O. Box 13111, 89507, atranscom@aol.com; atransc.org

• NEW HAMPSHIRE •

LONDONDERRY

SNELL, Rev. Catherine, NST, Certified Medium, Readings by appt., 31 Sugarplum Lane, 03053 - (603)434-5381, Fax: (603)434-5339; csnell31@myfairpoint.net

TRAVIS, Rev. Janet, NST, 31 Sugarplum Lane, 03053 - (603)434-5381, Fax: (603)434-5339

• NEW YORK •

FOREST HILLS

RUIZ, Rev. Hugo, Pastor, TMS, NST, Certified Medium; 95-06 72nd Ave., 11375 - (718)793-8434; hruiz@nyc.rr.com

HUNTINGTON

SCHOELLER, Rev. Richard P., NST, Certified Medium, Comm. Healer, by appt. only, The Huntington Atrium, 775 Park Ave., Ste. 255-17, 11743 - (631)470-0221; RPSchoeller@optonline.net

LAKE RONKONKOMA

DUFFIELD, Rev. Patricia Anne, NST, Certified Medium, Comm. Healer, 10 Ackerly Lane, 11779 - (631)588-5869; kenpatduff@hotmail.com

LILY DALE

BARLOW, Rev. Joyce C., NST, Certified Medium; 5 Cleveland Ave., Box 142, 14752; (716)595-2755; joyce-barlow@sbcglobal.net

CLARK, Gretchen, Certified Medium; info@gretchenclark.com; P.O. Box 120, 14752 - (716)595-3380

FORGET, Rev. T. Lynne, Ordained Minister, P.O. Box 1157, 14752; (716)595-2194; lynneforget@yahoo.com

KINCAID, Rev. George, 5 Fourth St., P.O. Box 261, 14752-0261 - (716)595-8717

ROLNICK, Rev. Alexis Sharon, NST, Certified Medium; 4 Cleveland Ave. (mail to: PO Box 92) 14752 / (716)384-2004 / cell: (240)447-8912; asrolnick@aol.com

• OHIO •

DAYTON

MONTGOMERY, Rev. Frances D., 742 Watervliet Ave., 45420; (937)252-3299; fdm742@sbcglobal.net

• PENNSYLVANIA •

MYNHALL

O'HARE, Rev. Carol, NST, 3703 Wayne Rd., 15120-3068 - (412)398-7303; carolthenst@verizon.net

• TEXAS •

PFLUGERVILLE

BERG, Rev. Virginia, 20916 Bellerive Dr., 78660 - (512)670-3408; VBergTX@aol.com

• VIRGINIA •

ALEXANDRIA

KRITHADES, Rev. Christine, J.D., NST, P.O. Box 7071, 22307 - (703)317-1707; ckckck@cox.net

HAMPTON

BROWN, Rev. Carol A., NST, 712 Big Bethel Rd., 23666-2802 - (757)826-9652; CLBrown1@gmail.com

NORFOLK

CUTLER, Rev. Lelia E., NST, 7310 Midfield St., 23505-4126 - (757)480-3799

SPRINGFIELD

GEHMAN, Rev. B. Anne, NST, Certified Medium, Comm. Healer, 5409 Backlick Woods Court, 22151 - (703)354-5767

VIENNA

STRANAHAN, Rev. Patricia A., NST, Certified Medium, 1717 Besley Rd., 22182 - (703)938-2512

VIRGINIA BEACH

CRIBB, Rev. Kathleen, 900 Park Landing Ct., 23456 - (757)471-2414, cell (757)573-6704, BubbaCribb@cox.net

• WASHINGTON •

AUBURN

PEMBERTON, Rev. LaVerne, Ordained Minister of Church of Spiritual Unity, 35008 Military Rd. S., 98001 - (253)833-9279

• WEST VIRGINIA •

GREAT CACAPON

STARR, Rev. Barbara, NST, Comm. Healer, 4245 Woodmont Rd., 25422 - (304)258-4861

• WISCONSIN •

MADISON

HAAK, Rev. Annette L., NST, Pastor of Summerland's Lakeview Spiritualist Church, Certified Medium, Comm. Healer; Classes private consultations 2932 Waubesa Ave., 53711 - (608)354-2694; Revannettehaak@SLSCMadison.org; SLSCMADISON.ORG

WAUKESHA

ORLOWSKI, Rev. Kimberley, NST, Certified Medium; Classes, services, private readings by appt. - (262)442-053, 1212 Beechwood Ave., Waukesha 53186; korev@1beaconoflight.com / www.BeconofLightCentre.org and www.1BeaconofLight.com

DIRECTORY OF NSAC CHARTERED CHURCHES & AUXILIARIES

• ARIZONA •

GLENDALE - Church of the Living Spirit, NSAC • 3736 W. Wahalla Lane, Glendale, AZ 85308; Mailing address: 9106 W. Willow Haven Court, Sun City, 85351; Pastor Rev. Janet Tisdale, NST, (623)972-3916; Sun. Service 10:30 a.m.; www.churchofthelivingspirit.com

• CALIFORNIA •

CALIFORNIA STATE SPIRITUALIST ASSOCIATION • Pres. Edward Killmer, (916)783-3546; Sec. Pamela Bollinger, Mail to: 5750 Via Real, Unit 308, Carpinteria 93013; (650)773-6743; cssasecretary@yahoo.com

AUBURN - Circle of Love Spiritualist Community • 884 Lincoln Way #30, 95603; Sun. Service 10 a.m.; Thu All Message Serice 7:00 p.m.; Classes – contact Pastor Rev. June E. Killmer, NST (916)783-3546 / JuneKillmer@surewest.net; Pres. Pauline Conrad; Sec. Katrina Thompson.

AUBURN - The Spiritualist Chapel of the Pines • 457 Grass Valley Hwy. #7, 95603; Sun. Service 10:00 a.m.; All Message Service Fri. 7:00 p.m.; Pastor Rev. Vickie Gay, NST; Pastor Emeritus Rev. George Brenner; (530)823-1816, Fax (916)663-4691; spiritualistchapelofthepines.com

MANTECA - First Temple of Spiritualism, NSAC • 874 Woodward Rd. #33, 95337; Contact Joan McDaniel – (209)825-3940.

MONROVIA - The Spiritualist Church of Revelation • 200 W. Colorado Blvd., 91016; Sun. Service 11:00 a.m.; Pastor/Pres. Martin Pina; Sec. Elizabeth Johnson; Church Phone (626)256-3403, Pastor@revelation.nsac-churches.org; call for class info.

SACRAMENTO - Central Spiritualist Church, NSAC • 2500 Marconi Ave., Suite 209, 95821-4855. Sun. Service 10:00 am.; Classes (see Pastor); Healing All Message Service, last Sun. of the month at 10:00 am; FMI www.centralspiritualistchurch.com or www.meetup.com / Central Spiritualist Church; Pres. csc.prez@gmail.com; Sec. csc.secty@gmail.com; Pastor Rev. Sandra Dawson, NST; (916)652-4568; rev.d@wavecable.com

SAN FRANCISCO - Celebrate Life Spiritualist Community – Joyous Spiritualism to a modern world • 4530 18th St., 94114; The Celebration Service each Wed. & Sun., weekly classes, Modesto, CA classes; Rev. Drew Vogt, Pastor (415)568-7571; celebratelifesc@gmail.com / www.ourcelebration.org

SAN FRANCISCO - The First Spiritual Temple, NSAC • "The Teaching Church" Pastoral Committee: Pastor Emeritus, Rev. Alfred A. Conner, NST; Sec. Elsie Ann Soria, NST; Hillel House, 2nd & 4th Sundays of month, 33 Banbury Dr. (near SF State Univ.), 94132; Mail to: 1101 National Avenue, #1328, San Bruno, 94066, (650)583-2739.

SAN FRANCISCO - Golden Gate Spiritualist Church • 1901 Franklin St. at Clay 94109; (415)885-9976 / www.ggsc.org / Sun Lyceum 9:30 a.m. Sep-May; Healing 10:30 a.m., Devotional Service 11:00 a.m.; Wed - Healing 7:30 P.M. Devotional Service 8:00 P.M. Classes Available - Contact the Church. Pastor Rev. Del Lauderback; Pres. Sonny B. Gee / Sec. Engeltie Lauderback.

SAN JOSE - The Spiritual Science of Life Church, NSAC • "The Friendly Church" 729 Morse Street, (Corner of Morse St. & Naglee), 95126; Sun. Service 6:00 p.m., 2nd & 4th Sunday; Pastor Rev. Louise Peruch, NST; 1327 W. Hedding St., 95126; (408)615-0214; PeruchLise@aol.com

SAN LEANDRO - Spiritualist Church of Two Worlds • 1550 San Leandro Blvd., (Deaf Comm. Center) 94577; Sun. Service Healing 10:30 a.m., Reg. Service 10:45 – 12:00; Co-Pastors, Rev.'s Betty and Don Nauratil, (925)283-1449; Pres. Rev. Sandi Deckinger; All mail to Sec. Rev. Betty Nauratil, 1048 Via Roble, Lafayette, 94549-2925.

SANTA BARBARA - Summerland Spiritualist Church of The Comforter • 1028 Garden St., 93101; (805)965-4474; Pastor Rev. Judy Campbell-Clark, NST; pastorjudycc@verizon.net; Sun. Healing Service 10:30 a.m., Regular Service 11:00 a.m., Wed. Message Service 6:30 p.m., Sun. Unfoldment Class 1–3 p.m.

• COLORADO •

LITTLETON - Chapel of Spiritual Awareness • Pastor Patricia J. Haskins-Schott, (303)973-9993; All mail to: 6457 S. Xenon St., 80127; chapelspiritawar@aol.com

• CONNECTICUT •

CONNECTICUT STATE SPIRITUALIST ASSOCIATION • Pres. Verline Eldridge; Sec. Rev. Jackie Randall, cincyada@aol.com

NEWINGTON - The Church of the Infinite Spirit • C/O Celeste Lamarre-Vernale, 509 Mill St., Southington, 06489; Pastor Allen Noddin; www.newingtonspiritualistchurch.org; Church Sec. Celeste Lamarre-Vernale, 80 Walsh Ave., 06111. All Welcome.

NIANTIC - Ladies Aid Society Camp at Pine Grove • (The only NSAC Summer Spiritualist Camp in CT) For summer activities, check www.pinegrovespiritualistcamp.net or contact Pres Rev. Robin T. Dubord, 230 Hartford Turnpike, Vernon 06066; RobinThomasDubord@comcast.net; Sec. Barbara Thomas.

NIANTIC - New London Spiritualist Church • For new location please see our website: www.nlspiritualist.com; Mail. Addr: 1568 Route 80, Guilford, CT 06437 / info@nlspiritualist.com; Sun. Service 10:30 a.m. – 12 noon, coffee & fellowship following; Mediums' Day readings on last Sat. of month, 1–4 p.m. See website re: class schedules, workshops, events.

NORWICH - National Spiritualist Church of Norwich, Inc. • 29 Park St. (off Main St.), 06360, (860)886-8522; Sun. Service 10:30 a.m.–12:00 noon, coffee & fellowship following; Mediums Day readings last Sat. of month, 1–4 p.m.; See website re: class schedules workshops, events.

OLD GREENWICH - Albertson Memorial Church Of Spiritualism • 293 Sound Beach Ave., 06870; (203)637-4615; mailing address - P.O. Box 143, 06870; Sun. Service 11:00 a.m., all welcome.

WILLIMANTIC - The First Spiritualist Church of Willimantic • 268 High St., 06226, (860)423-5774; Sun. Service 10:30 a.m. Sept. thru May; service twice a month June – August. For information, call the church Pastor Joyce Orcutt, 14 Harbourt Dr., Winchester, NH 03740, (603)239-7268.

• DISTRICT OF COLUMBIA •

WASHINGTON - The Church of Two Worlds, NSAC • 3038 Q St., NW, 20007-3080; (202)333-5114; Sun. Healing 2:00 p.m., Service 2:30 p.m.; Message and Meditation clases available; Pres. Michael Gallion, LM, (202)237-7659; Sec. Maria J. Wolf; Treas. James A. Longmore (301)739-8227.

• FLORIDA •

ORLANDO - New Vision Spiritualist Center, NSAC, Inc. • www.spiritualistchurchorlando.com, meets at 709 Edgewater Dr.; Sun. 1:30; Mailing address: 10509 Jepson St., 32825; Pastor Rev. E. Ann Otzelberger (407)826-0807; reveao@yahoo.com; Pres. William Partridge; Sec. Stacy K. Davis; Honey Comb Lyceum, Director Fionnula Davis Patton.

ORLANDO - Spiritualist Church of Awareness, NSAC • 3210 N. Chickasaw Trail (mail to P.O. Box 4010, Winter Park, FL 32792), (407)678-3688; Sun. Service 10:30 a.m.; Wed. Service 7:30 p.m.; Healing, Sermon, Messages at all services; Sun. Children Lyceum; Pastor Rev. Leslie Chaillou, NST (407)756-7331; Pres. Marsha Hall (407)920-1105; Sec. Kerri Hartman (407)384-8662; MySCOA.org

• ILLINOIS •

BURNHAM - Puritan Spiritualist Church • 13906 Greenbay Ave., 60633-1614; (219)926-6884.

CHERRY VALLEY - Cherry Valley Spiritualist Camp, Inc. • 8002 Service Rd., 61016, (815)332-5359; Camp Season: June 1 – Sept. 30; Lyceum 9:00-10:45 a.m.; Service, 10:30 – 11:00 Healing Meditation, 11:00 – 12:30 Church Service, Pot Luck follows; Pres. Ken Boesen (815)626-5716; Sec. Marian Boesen, NST; cherryvalleysc@verizon.net

CHERRY VALLEY - Christabelle Spiritualist Church • 8002 Service Rd., 61016, (815)332-5359; Healing Service 10:30 a.m., Worship Service 11:00 a.m. Lyceum 9:00-10:45 a.m. every Sun., Oct. – May at Cherry Valley Spiritualist Camp; Pastor Rev. Marian Boesen, (815)626-5716; Pres. Kenneth Boesen, (815)626-5716; Sec. Pat Peck (815)332-5359; www.christabellesc.org

CHICAGO - 1st Spiritualist Church of Harmony, Unity & Truth • 6146 S. Ashland Ave., 60636.

CHICAGO - Illinois State Spiritualist Association of Churches • Pres. Marian Boesen, NST (815)332-5359; Treas. Pat Peck (309)787-3386; Sec. Peggy Bunch Cowley (708)633-0196; peggybunch@comcast.net

CHICAGO - The Church of The Spirit • 2651 N. Central Park Ave., 60647-1101, (773)489-5422; Chicago's Oldest Spiritualist Church; Sun. Family Worship: Healing, 10:00 a.m., Worship Service, 10:30 a.m.; All Message Service, 1st Wed., 7:00 p.m.; Call for current Development and Educational class schedule; Pastor Rev. Marrice Coverson; Sec. Dr. Alan Tenczar.

CHICAGO - Spiritualist Church of Truth • 6343 West Cuyler (1/2 block north of Irving Pk.)60634; Service 2:45 p.m., Healing, Lecture, Messages every Sun.; Pastor & Pres. Rev. Florence Heyward; Sec. Judith Galar, 4050 N. Oriole Ave., Norridge, 60706-1117, (708)452-8754.

CHICAGO - Tucker Smith Washington Spiritualist Temple • 6146 S. Ashland Ave., 60636, (773)436-5076; Sun. Healing 11:00-11:20 a.m., Worship 11:30-1:00; Pastor Joseph Guice, LM; Asst. Pastor Rev. Arsenia Williams, NST; Messages @ all services; Private messages rev.arsenia@yahoo.com, (773)436-5076.

LE ROY - J. T. & E. J. Crumbaugh Spiritualist Church • 102 S. Pearl St., P.O. Box 174, 61752-0174; (309)962-9076; Sundays-Adult Lyceum 11:00 a.m., Service 12:00 p.m.; Pastor Rev. Bob Bianchi, NST; Pres. Butch Tull; Sec. Sharon Bianchi (317)945-8437; www.crumbaughchurch.org; reverendbob@direct2spirit.com

Continued...

• INDIANA •

GARY - First Spiritualist Church, Inc., NSAC • 2430 W. 11th Ave.; Service Sun. 3:00 p.m.; Pastor & Pres. Rev. Jesse James, Jr., 1301 Pennsylvania St., 46407.

INDIANAPOLIS - The Spiritualist Church of Indianapolis • Sun. Healing, Devotional & Message Services 6:30–8:00 p.m.: 3020 S. Meridian St., Ste. F, 46217-3221. FMI call Pastor Bonnie J. Darby (317)893-5443 or www.thespiritualistchurchofindianapolis.com

INDIANAPOLIS - New Dawn Spirit of Light Church, Inc., NSAC • 3637 W. 10th St., 46222; Mailing addr. 6707 Heritage Hill Dr., 46237; Sun. Serv: Healing 11:00 a.m., Devotional and Message Service 11:30 a.m. Wed. Development Class 6:00 p.m. Every 5th Sunday, All Message Service, covered dish dinner, 1st Sat. each month Reading Day 12:00–4:00 p.m.; Pastor/Pres. Rev. Mildred Schlagel, (317)291-0799.

MICHIGAN CITY - Spiritual Science of Life Church, NSAC • 314 W. Cool Spring Ave., 46360; Service Sun. 10:30 am; Pastor John Kamph (574)298-5080; Sec. Joy Marsh (219)879-0292.

• IOWA •

CLINTON - First Spiritualist Church • 5416 6th Avenue South, 52732.

CLINTON - New Sunflower Spiritualist Church, MVSA • Mount Pleasant Park, 52732; Holly/Dana Chase; chasehealing@yahoo.com; (563)570-2768.

CLINTON - Mississippi Valley Spiritualist Association Camp • Mt. Pleasant Park, 52732; admin@mvsa.info; (563)570-2768 (Sep-May); (563)242-0116 (Jun-Aug); Holly Chase, mail to: 2140 Jersey Ridge Rd., Davenport, 52803.

• MAINE •

MAINE STATE SPIRITUALIST ASSOCIATION OF CHURCHES • Pres. Graham Connolly, NST, 66 Martin Heights, Raymond, 04071 (207)655-6673; Sec. Betty Simpson, 715 Newburgh Rd., Hermon, 04401 (207)848-2273; Treas. Janice Nelson, 46 Homestead Rd., Washington, 04574-3620 (207)845-2885; mssac@mainespiritualism.org / www.mainespiritualism.org

AUGUSTA - Augusta Spiritualist Church • Corner of Perham & Court Sts.; P.O. Box 2492, 04338; (207)622-8980; Sun. Service 10:30 a.m.; Thur. Spiritual Awareness Class 7:00 p.m.; Pastor Rev. Earl L. Wallace, (207)582-6745; Pres. Theresa Clifford, (207)405-1088

BANGOR - The Harrison D. Barrett Spiritualist Church • 15 State St., Sun. Service 10:30 a.m.; Sec. Rev. Betty Simpson, 715 Newburgh Rd., Hermon, 04401 (207)848-2273; betty.simpson@maine.gov; Church services may be canceled due to inclement weather. www.hdbspiritualistchurch.org will be updated in case of changes. FMI call the Sec. or Kathy Goodness VP, (207)989-7266

HARTFORD - Pinpoint of Light Spiritualist Center & Camp – Mailing address: 546 Town Farm Rd., 04220; Meetings Sun. 10:30 a.m., 1190 Main St., Hartford, ME; Pres. Robert Foster, pinpointoflight@live.com / pinpointoflight.org; Sec. Rev. Stephanie Frobese, penf@megalink.net, (207)388-3436.

LEWISTON - Spiritualist Church of Eternal Life • Entrance on the 4th level in the Centerville Garage, on Canal St. in Lewiston; Pres. Catherine Sabine (207)784-6129; crsabine@gmail.com; 28 Champlain Ave., 04240; Sec. Linda Bragg (207)713-2130

MADISON - Madison Spiritualist Camp • Located at historic Lakewood Theater Village off Beach Rd., Rt. 201, 6 miles N. of Skowhegan. Camp season May–Sept.; Camp (207)474-0124; Pres. Rev. Beth Carter (207)582-6745; Sec. Mike Carter (207)797-2039; For program information and events, visit www.madisoncamp.org or email madison@mainespiritualism.org

NORTHPORT - Temple Heights Spiritual Camp Assoc. • Shore Road on Penobscot Bay. Pres. Ernie Van Den Bossche; thsc@mainespiritualism.org / www.templeheightscamp.org

NORTHPORT - Temple Heights Spiritualist Church • Shore Road, Northport; Services 2:30 p.m. Sun. at Temple Heights Spiritual Camp May to Oct. and at Excelsior Lodge on the corner of Shore Rd. and Cove Rd. Northport, Nov. to April; Pres. Janice Nelson (207)845-2885; Sec. Marguerite Walker, 21 Old Windsor Rd., S. China 04358.

PORTLAND AREA - Portland Spiritualist Church • Mailing address: P.O. Box 6551 PTS, 04102; Sun. Service 6:30 p.m.; Fri. Class 7:30 p.m.; Pres. Rev. Graham Connolly, (207)655-6673; pschurch@maine.rr.com; www.portlandspiritualistchurch.org

• MASSACHUSETTS •

METHUEN - The Church of Spiritual Life, Inc. • 126 Merrimack St.; Sun. Service 10:30 a.m.; Mail to: P.O. Box 115, 01844; Contact Pres. Dwight Broadstone (603)783-4456 / www.nhspiritualist.com

ONSET - On-I-Set Wigwam Spiritualist Camp • P.O. Box 1556, 02558; Summer schedule www.onisetwigwam.com / info@onisetwigwam.com

REHOBOTH - First Spiritualist Church of Brockton, Inc., NSAC • Services held at 10:00 a.m. every Sun. at the Anawan Grange Bldg., junction Rts. 44 & 118; Mailing address: P.O. Box 145, 02769, firstspiritualistchurch.com

SALEM - First Spiritualist Church of Salem • 34 Warren St., 01970; Sun. Early Service 5:30-6:00 p.m.; Lunch break 6:00-6:30 p.m., Healing & Evening Service 6:30-8:00 p.m.; Telephone for weather cancellations, (978)745-2098; Church season is Sun. after Labor Day - June; Pres. Pat Cizewski, (617)745-9840; Sec. Janice Kaplan, 21 Buttonwood Lane, Peabody, 01960 - (978)532-2044; www.firstspiritualistsalem.org

SPRINGFIELD - The First Spiritualist Church of Springfield, Inc. • 33-37 Bliss St., 01105, (413)732-1234; Worship Service, Sun. after Labor Day until last Sun. in June at 10:30 a.m.; Development classes upon sign-up; www.springfieldspiritualistchurch.com; Pastor Rev. John F. Sullivan, Box 392, Worthington, 01098 - (413)238-5344, sully1942@verizon.net; Sec. Denise St Pierre, dstpierre7@verizon.net

• MICHIGAN •

CHARLEVOIX - The Golden Rule Spiritualist Church • 07444 Old US 31N, 49720-9422 (Bayshore); (231)347-9417.

FERNDALE - First Spiritualist Temple of Detroit • 2724 Goodrich, 48220; Auxiliaries Mailing Address: 321 Spencer, Ferndale, 48220-3544; Sat. Service & Lyceum 6:30 p.m.; Contact Sec. Dianne L. Smith, (248)545-5680.

JACKSON - Michigan State Spiritualist Association of Churches • 2540 Norwood Rd, 49203; Sec. Rebecca Strauss.

LESLIE - Flower Memorial Spiritualist Church • 430 Bellevue St., 49251; Sun. Service 10:45 a.m.; Contact Co-Pastor Jinki Boyer (517)512-2091 / jboyergoodwin@yahoo.com

ROYAL OAK - First Spiritual Temple • 3224 Greenfield Rd. (1 1/2 blocks S. of 13 Mile), 48073-6534; Sun. Service 10:00 a.m. & 7:00 p.m.; Pastor Rev. Marguerite Gutt, NST, (248)548-2240.

• MINNESOTA •

DULUTH - First Spiritualist Church • 1414 E. Ninth St., 55805-1611; (218)724-6554.

ROCHESTER - Third Spirit of Life Spiritualist Church • Meeting place: 1500 First Ave. NE, Ste. 112; Service Mon. 7:00 p.m.; Pastors, Rev. Joyce E. Young, NST, and Rev. John E. Young, NST, Sec. (507)775-6358; Mailing address, 1500 NE First Ave., Ste. 112, Rochester, MN 55906.

ST. PAUL - Spiritual Science Spiritualist Church • Conference Rm. - 411 Main St., Labor Union Hall; Sun. Service, 10:00 a.m.; Pres./Speaker, Joan LeDuc, 2169 Scheffer Ave., 55116-1255, (651)699-4858; Sec. Gerald Kemling; Church phone (651)225-4609.

• MISSOURI •

ST. LOUIS - Fifth Spiritualist Church of St. Louis • 6026 S. Kingshighway Blvd., 63109-3558; Sun. Service 10:30 a.m.; Healing, Meditation & Message, 1st Wed. of the month at 7:00 p.m.; Assoc. Pastor Marilyn Kalna, (314)707-3934; Pres. Lisbeth Tintera (314)353-4779; www.5thspiritstl.com

• NEBRASKA •

OMAHA - Spiritual Science & Philosophy Church, NSAC • 321 Hascall St., 68108-2121; Sun. Service 11:00 a.m. and Philosophy Class – Noon when scheduled; Pastor/Sec. Alace Jayne Fanslau, 321 Hascall St., 68108-2121, (402)345-0101.

• NEVADA •

LAS VEGAS - Spiritualist Desert Church, NSAC • 3305 Spring Mountain Rd., Suite 51, 89102, (702)876-8783 (message line only), www.spiritualistdesertchurch.com; spiritualistdesertchurch@yahoo.com; Service Sun. 11:00 a.m. & 6:30 p.m., Thur. 6:30 p.m. for Healing and Meditation Service, followed by a Development Circle. Vicky Homann, Pastor (702)234-1147.

RENO/Sparks - Spiritualist High Desert Church • Meeting place: Larry D. Johnson Community Center, 1200 12th St., Sparks, 89431, (775)323-1114. Healing, Meditation and Message Service: Sun. 11:00 a.m. Pres. Mary Beth LoVecchio; renospiritualistchurch.org; Mailing address: Sec. Rev. Lisa Butler, 3415 Socrates Dr., Reno, NV 89512, tomalisa2@aol.com

• NEW JERSEY •

WESTVILLE - Church of Eternal Life • 243 W. Olive & Folsom Sts., 08093; Sun Healing, Worship & Message Service 11:00 a.m.; Pres. David Brown, (215)455-0446; Call re: inclement weather or FMI; Sec. Kathleen M. Pollack, (856)456-3401.

WENONAH - Stow Memorial Foundation • Muriel De Young, 305 Carnegie Ave., Wenonah.

Continued...



Sunday – March 25, 2012
GRATITUDE DAY

NSAC Bylaws, Article XVI, Section 4:

The Fourth Sunday in March in each year shall be known as Gratitude Day on which all auxiliaries and churches chartered by them shall hold a special service in honor of the founding of Modern Spiritualism and of the workers who have devoted their lives to the cause, and shall take up a special love offering for the ***Spiritualist Benevolent Society.***

In an effort to help these individuals, the NSAC delegates passed the above Bylaw many years ago. This request for donations for the *Spiritualist Benevolent Society* sustains and builds a designated fund which provides a monthly stipend to those members and/or workers of long standing who have been brought to our attention as being in need of assistance.

Because there are people who are in need of support, we ask for your financial generosity for this very worthwhile project. On Gratitude Day, as you celebrate the founding of Modern Spiritualism, please remember those in our organization who have given so much of themselves with their time and effort. Help us to give them a loving thank you for all of their efforts to sustain Spiritualism.

Donations to the *Spiritualist Benevolent Society* may be sent to:

THE NATIONAL SPIRITUALIST
ASSOCIATION OF CHURCHES
Spiritualist Benevolent Society
P.O. Box 217
Lily Dale, NY 14752-0217

It is also possible to pay by credit card.
Call 716-595-2000
to make your electronic contribution.

• NEW YORK •

EAST AURORA - First Spiritualist Temple • 29 Temple Pl., P.O. Box 465, 14052, (716)652-5018, www.firstspiritualisttemple.com; Sun. Healing Service 10:30 a.m.; Lecture and Message Service 11:00 a.m.; Social Hour 12:15 p.m.; Dinner Day 3rd Sun. of month; Sec. Jeanne Phoenix Laurel, (716)286-8628 or (716)876-4805.

LILY DALE - Lily Dale Assembly • 5 Melrose Park, 14752, (716)595-8721, Fax (716)595-2442; Office Hrs., Sept.-June, M-F, 10 a.m.-2 p.m.; June-Aug., M-F, 9 a.m.-4p.m., Sat. 9 a.m.-12 Noon, closed Sun.; Camp Season: Last Friday in June to day before Labor Day; contact Martha (Martie) Hughes, Sec.; www.lilydaleassembly.com / lilydaleassembly@netsync.net

LILY DALE - Lily Dale Spiritualist Church • East St. Healing Temple, P.O. Box 1128, 14752-1128, (716)595-3971; Sun. Service 10:30 a.m.; Healing 11:00 a.m. Worship, Healing & Message Service each Wed. 7:30 p.m. Sept. – June; www.lilydalespiritualistchurch.org; Sec. Bobbie Caswell.

LONG ISLAND - A Sanctuary of Infinite Spirit, Inc., NSAC • Sun. Services – Healing 6:05-6:20 p.m.; Worship, 6:30-7:30 p.m.; Classes - Unfoldment/Mediumship Development 6:30-8:30 p.m. Mondays; Natural Law 11:00 a.m. – 1:00 p.m. Thursdays; 10 Ackerly Lane, Lake Ronkonkoma, 11779; Pastor Rev. Patricia Anne Duffield, NST, (631)588-5869; Mailing address: 10 Ackerly Lane, Lake Ronkonkoma, 11779; kenpatduff@hotmail.com / www.asanctuaryofinfinitespirit_NSAC.com

LONG ISLAND - New Horizon Spiritualist Church, NSAC • Sun. Healing & Worship Service 10:00 a.m.; 1580 Round Swamp Rd., Plainview, (Homewood Suites Hotel); Contact: Frances Warbeck, (516)593-7213.

LONG ISLAND - Summerland Church of Light, NSAC • Healing and Worship Service, Sun. 10:00 a.m. at 120 Plant Ave., Hauppauge; Mailing Address: P.O. Box 5209, Hauppauge, 11788-5209, (631)467-2076; Pastor Rev. Richard P. Schoeller, NST, (631)470-0221; www.SummerlandChurchofLight.com

LONG ISLAND - Temple of Metaphysical Science, NSAC • So. Ocean Ave. & Baker St., Patchogue, 11772; Sun. Service Healing and Worship 11:00 a.m.; Pastor Rev. Hugo Ruiz, NST; Mailing address: P.O. Box 3400, Patchogue, 11772, 800-316-1231; www.TMS-Li.org

ROCHESTER - Plymouth Spiritualist Church • 29 Vick Park A, 14607; (585)271-1470; Voicemail (585)234-2362; Sun. Services 10:30 a.m.; Plymouthspiritualistchurch.org; Pastor Robin Higgins.

• OHIO •

ASHLEY - Ashley Spiritualist Camp Association • 6 Wooley Park Drive, 43003; Mail to Sec. Selina Duffey, P.O. Box 277, 43003-0277; FMI contact: Steven Duffey, (740)747-2212.

ASHLEY - First Spiritualist Church of Linden • 6 Wooley Park Drive, 43003; Mail to: Chrys Rice, Sec. P.O. Box 648, 43003-0648; Sun. Service 7:00 p.m.; FMI contact: Treas. Steven Duffey (740)747-2212.

ASHLEY - Spiritualist Church of Spirit Revelation • P.O. Box 253, 43003-0253; (740)747-2688.

DAYTON - Spiritual Life Center, NSAC • 609 Watervliet Ave., 45420-2544, (937)878-1165; Co-Pastor Rev. Raymond Moschke, Moschke@att.net; and Co-Pastor Rev. Frances D. Montgomery, (937)252-3299; www.sunflowerchapel.org

• OKLAHOMA •

OKLAHOMA CITY - Central Spiritualist Church • 2348 N.W. 36th St., Sun. Service 2:30 p.m.; Lyceum Sun. 1:00 p.m.; Pastor Juanita Oyer; Pres. Charlotte Griffin, 1331 Lafayette; Sec. Juanita R. Oyer, 6216 S.E. 10th St. 73110 (405)732-7975.

• PENNSYLVANIA •

McKEESPORT/PITTSBURGH - First Spiritualist Church of McKeesport • 809 Locust St., McKeesport 15132, (412)672-1272; Sun. Service 10:30 a.m. Healing/Meditation, 11:00 a.m. Lecture / Messages; "Medium Sunday" on the first Sunday of each month with Lunch/Readings Noon-2:30 p.m.; Mediumship Development Class Tues. 7-9 p.m.; Pres. Lisa Naylor; receivingspirit@1stspiritualistchurch.org; www.1stspiritualistchurch.org.

PHILADELPHIA - The Celestial Spiritualists Church • Sun. Service 12:00 (noon); celestial.07@mail.com; Rev. Betty J. Hutt, NST.

PHILADELPHIA - Second Spiritualist Association • 421 N. Preston St; Sec. Gladys Faison, 2118 N. Natrona, 19104.

• TEXAS •

AUSTIN - First Spiritualist Church of Austin • 4200 Ave "D" - Austin, TX 78751-3719, (512)458-3987; Devotional, Healing & Message service Sunday 10:00 a.m.; Pres. Peter Berg; Sec. Don Patterson.

HOUSTON - First Spiritualist Church of Houston, NSAC • 2115 Turner Dr., 77093; Pres. Liana V. Liles; Sec. Kristi Hallmark; Sun. Service 10:30 a.m.; Wed. Service 7:30 p.m.; Mon./Tues. Spiritual Development 8:00 p.m.; Priv. Spiritualist readings by appt., (713)695-2550; lileshouston@aol.com; kristihallmark@hotmail.com; www.houstonspiritualists.org

HOUSTON - Spirit Lights NSAC • 12655 Woodforest Blvd., Ste. 530, 77015; Wed. Service @ 7:30 p.m., Healing, Lesson, Messages. Please join us in seeking the Truth of Spirit and deeper spiritual relationships. Platform Committee: Shirley Williams, Catherine Carter, Doyle Ward. President: David Karraker, (713)451-4476 / (713)816-0357; We are on Facebook!+ www.spiritlight.ehost.com; Contact Shirley Williams, Sec., 13115 Labelle Lane, 77015.

SAN ANTONIO - Louise Scholtz Chapel • 1627 N. PanAm Exp. Hwy. 78208; Devotional, Healing and Message service, Sun. 11:30 a.m. - 12:30 p.m.; Pastor Hector Caldera; procaldera@aol.com

• VIRGINIA •

FALLS CHURCH - Center for Spiritual Enlightenment, NSAC • 222 N. Washington Street; Mailing Address: CSE (NSAC), P.O. Box 6535, 22040-6535; (703)354-5767; www.TheCSE.org; thecse@TheCSE.org; Year-round Sunday Services: 10:00 a.m. Healing Service/Devotional & Message Service 10:30 a.m.; Pastor & Pres. Rev. B. Anne Gehman; Asst. Pastor Rev. Patricia A. Stranahan; Sec. Beth Watson.

NORFOLK - Memorial Spiritualist Church, NSAC • 307 W. 37th St., 23508-3207, (757)622-5070; www.memorialspiritualistchurch.com; Services held Sunday 11:00 a.m. and 7:30 p.m.; Wed. 7:30 p.m.; Healing available at 10:30 a.m. Sun. and 7:00 p.m. Wed.; Adult Lyceum Sun. 9:30 a.m.; Children's Sun. Lyceum 11:00 a.m.; Ministers: Rev. Lelia E. Cutler, NST, (757)480-3799; Rev. Carol A. Brown, NST, (757)826-9652; Pres. Eugene Turner; Sec. Ann Marie Croteau; Lyceum Director Charlotte Miller.

• WASHINGTON •

EDGEWOOD - Church of Divine Grace, NSAC • Sun. Service 2:30 P.M., Unity Church of Christianity, 2908 Meridian E. #102, 98371, (Mail to 11113 SE 323rd St., Auburn, 98092); Student Minister Atira Hatton; Pres. Bernie Allers (253)833-4250; Sec. Robin Maylor; churchofdivinegrace@gmail.com

MILTON - Camp Edgewood, NSAC • 1228 26th Ave Ct, Milton, WA 98354 Ph. (253)927-2050 / Fax (253)927-7531. Pres. David Chapman, Sec. Denice Chapman; campedgewood@qwestoffice.net. FMI re: year-round Development and Educational Classes; campedgewood.nsac-churches.org

MILTON - Church of Spiritual Unity, NSAC • Held @ Camp Edgewood, NSAC - 1228 26th Ave Ct. Church Service Sun @ 2:00 PM Sep-May. Mailing address c/o Pres. Colleen Mohler, 1210 26th Ave Ct 98354, (253)927-2365. Pastor Rev. LaVerne Pemberton Ph: (253)833-9279. Sec. Jill Mohler, 1015 Emerald St., 98334; (213)568-0333; j.m.mohler@hotmail.com

MILTON - Church of Spiritual Truth, NSAC • Sun. Service 11:00 a.m. at 1228 26th Ave. Ct., Milton, WA Center. Student Pastor Denice (Dee) L. Chapman; Mailing address PO Box 1856 Milton, WA 98354.

• WEST VIRGINIA •

WHEELING - First Spiritualist Association of Wheeling • Way Memorial Temple, 27 Maryland St., 26003; (304)233-5065 (church); Sun. Lyceum 9:30 a.m.; Service 10:45 a.m.

• WISCONSIN •

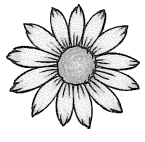
MADISON - Summerland's Lakeview Spiritualist Church • 2932 Waubesa Ave., 53711; Rev. Annette L. Haak, (608)354-2694; Twice a month services on Thu., 7:00 p.m.; SLSCMADISON.ORG

WEST ALLIS - First Spiritualist Church of West Allis • 6228 W. Washington St., 53214, Phone (414)778-0088; Sun. Service & Healing 10:30 a.m.; Pres. Julie Cuellar, 164 S. 65th St., Milwaukee, 53214, (414)476-7044; www.fscwa.org

WONEWOC - Western Wisconsin Camp Association, Inc. NSAC, (Wonewoc Spiritualist Camp) • P.O. Box 187, 53868, (608)464-7770; Open June-August; www.campwonewoc.com

• CANADA •

Spiritualist Church of Canada • 3027 New Street, Burlington, Ontario L7R 1K3; Pres. Rev. James Kinnear; www.spiritualistchurchof canada.com





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ANNUAL FEES DUE SEPTEMBER 1 EACH YEAR.

DIRECTORY LISTING UPDATES ARE DUE OCTOBER 1.



SPIRITUAL HEALING

The NSAC Healing Center

serving as a Beacon of Light to bring illumination to those in need.

REV. KATHLEEN L. ROTTINO, NST

Spiritual Healing, recognized in many ancient religions, has always been a part of Spiritualism. Today, evidence is growing in the medical community about the importance of spiritual healing. It is now accepted that the whole person needs treatment, not just the illness.

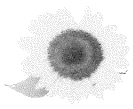
It is easy to send a request for healing prayers for yourself or another. You can send your request through the NSAC site at www.nsac.org by clicking on *Healing* and filling out a form. You can e-mail k.rottino@snet.net, or call 860-642-7976 or write to me at 109 Capitol Drive, Willimantic, CT. 06226 with the name of the person you want healing prayers for.

The NSAC Healing Center has a brochure that includes the Power of Prayer, How Spiritual Healing Works, How to Get Started and the NSAC Healing Prayer. If you are interested in forming a Healing Prayer Group, please contact me and I will forward information to you on how to get started. While there is no charge for this booklet, any donation that is received will help off-set the printing expenses and postage.

You can make a donation to the Healing Center in memory of someone and a letter can be sent to their family, acknowledging your donation.

We all know the power of prayer. Each day, when saying your prayers, please include the names on the NSAC healing list.

Thank you and Healing Blessings,
Rev. Kathleen L. Rottino, NST



– Prayer for Spiritual Healing –

I ask the great Unseen Healing Force to remove all obstructions from my mind and body and to restore me to perfect health.
I ask this in all sincerity and honesty and I will do my part.
I ask this great Unseen Healing Force to help both present and absent ones who are in need of help and to restore them to perfect health.
I put my trust in the love and power of God.

SPIRITUAL HEALING REQUEST

(PLEASE PRINT)

Healing Need For _____

***Please send Healing Brochure to:**

Name_____

Address_____

City/State/Zip_____

***Please send information on "How to form a Spiritual Healing Prayer Group" to:**

Name_____

Address_____

City/State/Zip_____

***Please make Love Donation out to the NSAC Healing Center:**

NSAC Healing Center
c/o Rev. Kathleen L. Rottino, NST
7288 Blackbird Avenue
Weeki Wachee, FL 34613

LYCEUM

SPIRITUAL HEALING IN OUR LYCEUMS

Lyceum Services for children and adults include the Healing Prayer and meditation. In Children's Lyceum, the Children's Healing Prayer (see below) may be used. Children learn the value of prayer to help themselves and others. Our understanding and belief in healing is explained in a manner they can comprehend.

All healing comes from one source—God. Spiritualist healers help bring healing to people in need through the laying-on of hands. The healers have attuned or connected to the God power and they help transfer the healing energies to the one in need. Spirit healing guides assist in this process.

Healing can be fort physical or mental illnesses. The desire to return to perfect health is an essential requirement of the one receiving the healing. The healing medium is a caring and compassionate person demonstrating their love and desire to help all of God's children.

When children or adults are sick, they usually are at home or in a hospital where they receive medical help. Lyceumists learn that healing can be sent to them to aid in their recovery. They also learn that it is important to thank God for the healing that is received and is being sent to others.



CHILDREN'S HEALING PRAYER

I ask God's Healing Power to make me whole and well.
I know that I work with God, through my thoughts and actions
to make this healing happen.
I ask God's Healing Power to heal other people near and far away.
I trust that God will answer this healing prayer.

The NSAC Department of Lyceums
The Rev. June Killmer, NST, Director
1635 Old Hart Ranch Rd. • Roseville, CA 95661-5849 • (916) 783-3546 / junekillmer@surewest.net

– The Lyceum Spotlight –

Calling Kids of All Ages

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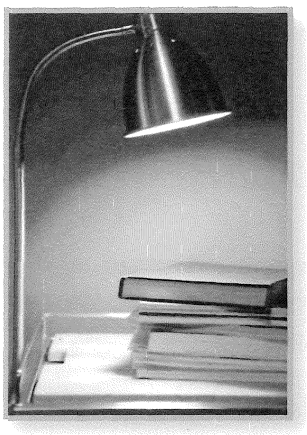
Mail to:
THE LYCEUM SPOTLIGHT
Rev. Cosie Allen, NST, Editor
P.O. Box 93252, Las Vegas, NV 89193
(616) 292-6559

– NSAC BOOKSTORE –

The NSAC Bookstore has available many titles specifically written and published for Lyceum use. Visit the Bookstore pages at *www.nsac.org*, where titles can be ordered on line, or contact NSAC *(postal and email address below).*

NSAC Bookstore
13 Cottage Row
PO Box 217
Lily Dale, NY 14752, USA
716-595-2000

bookstore@nsac.org



BOOKS

- Spiritual and Related Subjects -

A Wonderful Way To Grow...

– LITERATURE & SUPPLIES FOR MODERN SPIRITUALISTS –

A Complete Book List is available FREE from NSAC.

NSAC SUPPLIES

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Andrew Jackson Davis Post Cards ..... .15
Centennial Book - 100 Years - Thurman 1.00
NSAC Bylaws, 8 1/2 x 11 ..... 7.00
Index of Names and Calendar Dates Associated with Spiritualism 10.00
Ministers Service Book 4.50
Spirit Healing (booklet) 1.00
Spiritualist Manual (black) 20.00
Lyceum Manual 15.00
Spiritualist Hymnal (hardcover) 17.00
(HC Spiral Bound/Musicians copy) 15.00
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Year Book - Church listings
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By Rev. S. L. Snowman 10.00
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NSAC Book List ..... N/C
Slates - 6"x8" Set 11.50
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Professional 42" 30.00
Illuminated Bands 4.95

Available to NSAC Churches

Application for Charter ..... no charge
Application for Membership ..... no charge
Certificate of Marriage (each) 3.00
Certificate of Consecration (each) 3.00
Certificate of Church Membership (each) 3.00
Membership Cards (100) 3.00

- Literature & Supplies -

A complete book list is available free from
National Spiritualist Association of Churches
P.O. Box 217 • 13 Cottage Row • Lily Dale, New York 14752
Phone: (716)595-2000 Fax: (716)595-2020 E-Mail: bookstore@NSAC.org

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ARIZONA

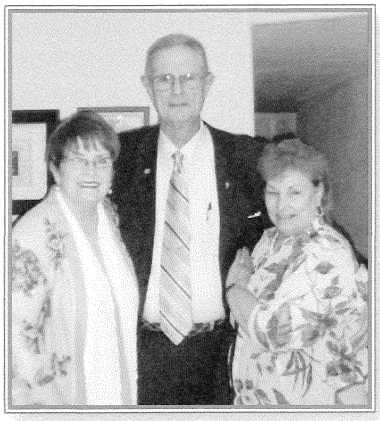
GLENDALE



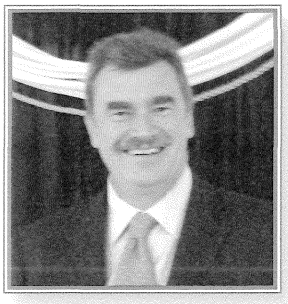
Saloma Cassens

Saloma Cassens is Ordained

On Nov. 20, 2011, to the strains of "Holy, Holy, Holy," Saloma Cassens processed through the Church of the Living Spirit to begin the ceremony of ordination as minister of the National Spiritualist Association of Churches. With friends and members of the community supporting her, Saloma responded to the promises read by Pastor Rev. Janet Tisdale and promised to uphold the principles of the NSAC religion and to serve those who come for help and counsel. The church community looked on with pride and joy as they congratulated Saloma on her ordination.



The Rev. Saloma Cassens with Tommy Mayfield and The Rev. Janet Tisdale.



David Darnbrough of Spain offered a class in mediumship and served The Church of the Living Spirit in Glendale, Arizona.

PHOENIX



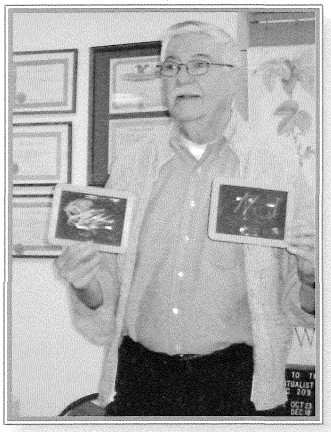
Maggie Simpson, member of Church of the Living Spirit, took this photo of her dog in Phoenix.

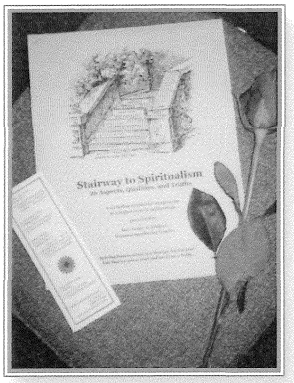
CALIFORNIA

SACRAMENTO



Candle Lighting service held at Central Spiritualist Church in Sacramento, California.





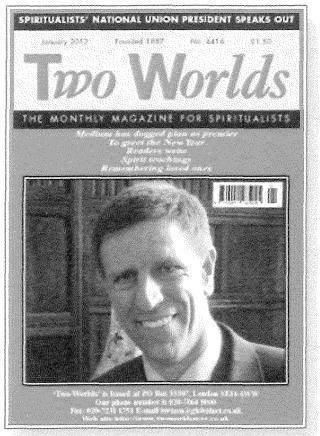
Stairway to Spiritualism, a two-hour workshop including 26 Aspects, Qualities, and Truths for stepping up to a higher level of Spiritualism, was presented by The Rev. James S. Ehrhart, NST on Nov. 5, 2011 at the Central Spiritualist Church in Sacramento, California.

ENGLAND

News from London

Though based in London, Great Britain, the independent Spiritualist monthly magazine *Two Worlds* has a connection with the USA. It was founded in 1887 by famous Victorian medium Emma Hardinge Britten, who spent some years living in the USA, where she travelled extensively giving trance addresses. In Emma's day, it was a weekly paper, but became a magazine many years ago. It currently runs to 76 pages. In an exciting new development, *Two Worlds* is available online for £18.00 ($28.00) a year for 12 issues.

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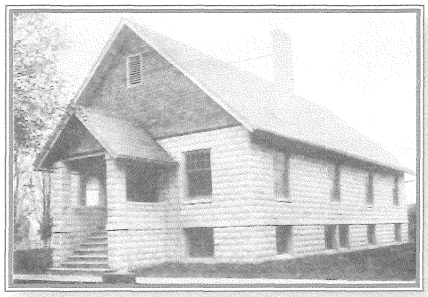


"One of our greatest problems," said editor Tony Ortzen last week, "is that until now, readers overseas have had to pay airmail postage rates, which don't come cheap. Now they can read *Two Worlds* on their own computers without postage being popped on top." Tony, who has spent 40 years as a Spiritualist journalist, added: "We would love to welcome our American counterparts to our new website. Arranging a digital or printed copy could not be easier. All anyone has to do is to pop in their name, address and credit card details via our secure site...and leave the rest to us!" For further details, please go to www.twoworldsmag.co.uk/ where you can view two free copies in the Subscribe section.

NEW YORK

EAST AURORA

First Spiritualist Temple of East Aurora, NY Celebrates Centennial Anniversary with Three Months of Events



The First Spiritualist Temple of East Aurora, NY celebrated its 100th Anniversary in 2011 as one of the few Spiritualist churches in the United States ***"Built by Spiritualists for Spiritualists"*** with three months of events starting in September. The church building officially opened on Nov. 11, 1911, thanks to the dedicated efforts of our first President, H.W. Richardson (a Vice-President of the NSA of the USA and a President of the New York State Association of Spiritualists), Vice-President Hiram Savage, and numerous other dedicated Spiritualists throughout the years. Earlier this summer, commemorative stones were placed in our founder's honor in the Temple's memorial garden.



While the actual anniversary falls in November, many years ago the Temple adopted the tradition of observing our anniversary with a special guest speaker and Thanksgiving turkey dinner the third Sunday of September. On Sep. 18th we welcomed The Rev. Marilyn J. Awtry, NST as guest orator and clairvoyant who delighted and inspired us with a thought provoking oratory, "Spiritualism: The Light of the World." More than 70 members and guests were in attendance.



Rev. Marilyn J. Awtry, NST

It was also our pleasure on this special day to extend the right hand of fellowship to three new members: Dan Hess, Sue Hess, and Louis Fioretti in a ceremony led by President Gladys Kellerman. After the service, the celebration continued with our traditional Thanksgiving Dinner with all the trimmings. As always, the highlight of the meal was Gladys' "special recipe" homemade dressing. The day was completed with a book-signing event with The Rev. Marilyn Awtry.



Fellowship Ceremony

In October, the Temple continued its 100 year celebration by hosting the 119th Annual NSAC convention at the Millennium Hotel in Cheektowaga, NY, covered in a previous issue of *TNS*. It was our pleasure to meet the NSAC Board and incoming delegates to the convention, and it is our hope that we will see many of you again here in the Buffalo area in the future!

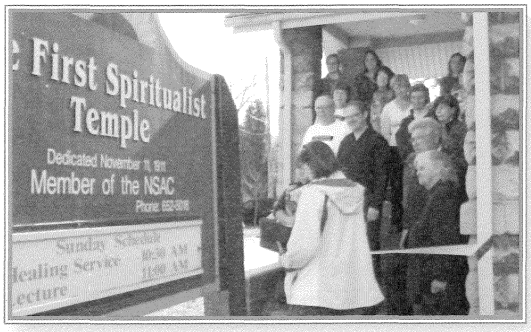
Our final event celebrating our 100 year Anniversary was a ***three day weekend celebration*** held Friday, Nov. 11- Sunday Nov. 13. In the weeks prior, a banner was hung prominently in the town of East

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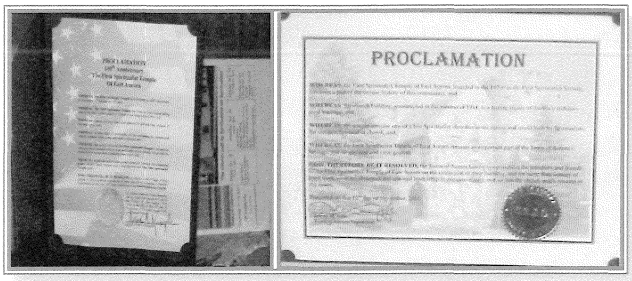
Aurora to announce our centennial and to welcome the community to join us. The Temple presented commemorative 100-year-anniversary key chains to all members and friends in attendance, and keepsake T-shirts with the Temple's photo were available for purchase. A Chinese Auction was also held with winners selected after our Sunday service – many prizes were generously donated by local businesses and sports teams. FST's members endeavor to be as active as possible in our community.

On Friday, Nov. 11, the same date the first service was held at the Temple in 1911, a special Open House was held from 5-9 pm with refreshments, tours of the building, photos and audio-video displays of the Temple's history.

Saturday, Nov. 12, the doors opened at 10 am with an all-day open house. Local dignitaries and the general public were invited. Tours of the building were again offered, historic photos and videos were displayed, and a special re-dedication and ribbon cutting ceremony was held with the East Aurora Mayor and Town Supervisor officiating. The church was presented with an official Proclamation from the town honoring our centennial. The open house continued with a luncheon served until 2 pm.



Ribbon cutting and re-dedication with East Aurora Mayor and Town Supervisor officiating.



Proclamations presented by the Town.

The proclamation reads:

"Whereas The First Spiritualist Temple of East Aurora, founded in the 1870's as the First Spiritualist Society, has been a part of the unique history of this community, and

Whereas The church building constructed in the autumn of 1911 is a lasting legacy of Aurora's architectural heritage, and

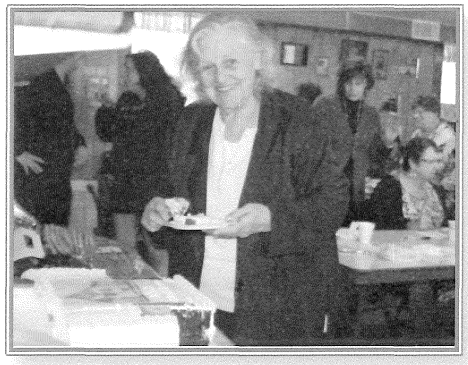
Whereas the Temple remains one of a few Spiritualist churches in the nation built by Spiritualists for Spiritualists for use as a Spiritual church, and

Whereas The First Spiritualist Temple of East Aurora remains an important part of the Town of Aurora's heritage and its spiritual and civic growth,

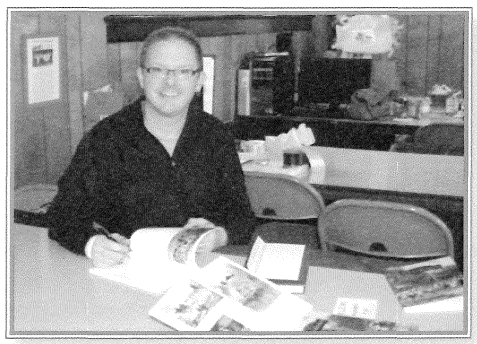
NOW THEREFORE BE IT RESOLVED the Town of Aurora hereby congratulates the members and friends of the First Spiritualist Temple of East Aurora on the centennial of their building, and for more than a century of hard work, civic involvement and spiritual leadership in our community and wishes the church much success in the future."



Cake to commemorate our anniversary.



Pres. Gladys Kellerman takes the cake.



Rob Goller signs copies of his book "Aurora Revisited".

Continued...

At 5 pm, a full Anniversary Dinner was held, featuring Vice-President JoAnn Santonocito's famous barbecue pulled pork and secret sauce. A commemorative cake, honoring our founders, was also served. The evening was completed with a special healing and message service at 6:30 pm.

Sunday Nov. 13 wrapped up our Centennial Celebration with a special worship service with Robert Lowell Goller as our special speaker. Jennifer Neumann was presented her National Spiritualist Teacher credential (which arrived just in time for anniversary weekend) by President Gladys Kellerman during the Sunday Anniversary Service.



Jennifer Neumann is presented with the NST Credential.

The Board and members of the Temple are excited to carry on the efforts of our founders and pioneers in continuing to spread the light of the truth of Spiritualism for another 100 years in East Aurora, NY. Please visit our website for more information regarding our ongoing activities http://firstspiritualisttemple.com or visit our facebook page, which is updated almost daily. We welcome all to join us for classes or services!



2011 Board of the First Spiritualist Temple of East Aurora NY (left to right starting in front).

Vice President Joanne Santonocito, ***President*** Gladys Kellerman, ***Trustee*** Robert Lowell Goller, ***Secretary*** Jeanne Phoenix Laurel, ***Trustee*** Beverly Burke, ***Trustee*** June Ralicki, Comm. Healer, ***Trustee*** Judith Murnan, ***Financial Secretary*** Jennifer Neumann, NST, and ***Treasurer*** Leo Ehrmann.

NSAC NEWS

Recently elected Service Clubs' Officers:

Ministerial Association

Pres. Rev. Elaine Hager
V.P. Rev. Marian Boesen
Sec/Treas. Rev. Sharon Watson
Trustee Rev. Arsenia Williams
Trustee Rev. Joyce Young

Healers' League

Pres. Rev. John Young
V.P. Rev. Patricia Duffield
Sec/Treas Rev. Sharon Watson
Trustee Rev. Elaine Hager
Trustee Rev. Bradley Gosselin

Licentiate Ministers and Certified Mediums Society

Pres. Rev. Sharon Watson
V.P. Rev.Elaine Hager
Sec/Treas Rev. Mildred Schlagel
Trustee Rev. Janet Tisdale
Trustee Rev. Pat Duffield

National Spiritualist Teachers Club

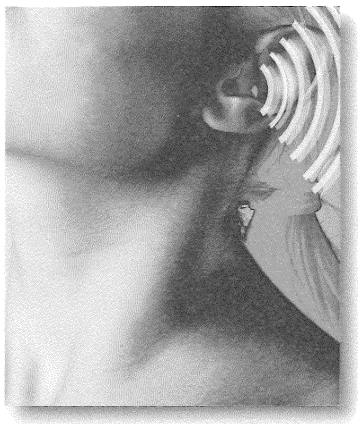
Pres. Rev. E Ann Otzelberger
V.P. Rev. John Young
Sec/Treas Rev. Elaine Hager
Trustee Rev. Christine Krithades
Trustee Rev. Louise Peruch

Music, Meditation, and Healing

WILLIAM PATRIDGE – Florida

The purpose of this article is to assist you in selecting appropriate music for your church's healing services, meditation sessions, and unfoldment circles. Whether you are a pastor or a platform chairman, you probably have had the experience of having the best intentions in choosing music, only to find that the results were a little less than you had expected. This can result from wrong choices in music and the great limitations of what is available in the marketplace.

Many times you might find yourself at the local music or bookstore looking at the meager selection in the "New Age" section, wondering what to do next. Some stores will allow you to preview samples, but most won't. At this point you're stuck with believing advertising or making your best guess.



We use music for healing and meditation for calming the mind, relaxing the body and preparing ourselves and the congregation for communion with Spirit. With these starting points, here are some ideas I have found to work over the years. First, I don't recommend "classical" music in these situations. Orchestral music is rhythmically and melodically based. This type of music will not calm or relax the mind. Much orchestral music is "program" music. Typically, this style of music will have an emotional agenda set forth by the composer to cast mental pictures during the listening experience. Your congregation will be listening to music, not using it as a tool for meditation or healing. I would also avoid vocal or choral music for the same reasons. The vibrations of the voices and the lyrics might not be what you are looking for. "Classical" piano and harp music also falls within these guidelines. These instruments may seem soothing to you at first, but it will not calm the mind during these situations.

As far as New Age music is concerned, please avoid any music that will have running water, ocean waves, or the sounds of nature mixed into it. Don't be surprised if you look up from the lectern and find that your congregation has headed to the restroom during meditation. Sounds of running water may cause you to obey natural law. Crickets and birds generally will not help you to prepare for meditation.

When selecting appropriate meditation music, try these resources. Develop a working relationship with a music dealer; often they can get in-store demos that will allow you to preview the entire CD rather than just a small sample. Listening to just a portion will not alert you to any inappropriate surprises that might lay in wait for you. Editing music from a CD can be done, but it is often more trouble than it is worth. If you live in a larger community, find a metaphysical store. More often they will specialize in the type of music that you are looking for and can help guide you. Obtain a copy of the *New Age Retailer* magazine or other metaphysical magazines. They will regularly carry reviews of new music. Try the internet; there are a great number of musicians' websites marketing their music. Amazon.com will allow you to preview more and longer samples from any CD and can be a big help in choosing the right material. Ask a massage therapist or a yoga instructor; they also might have some music resources for you. The *Hearts of Space* and *Echoes* programs from National Pubic Radio (NPR) are a great resource.

As you are trying to create the proper mood and atmosphere for healing and meditation, here are some simple, but overlooked points, to consider: the volume control of the stereo or PA system can be your best friend. It helps greatly to gently ease into and out of a musical selection. The sudden jolts of loud beginnings or sudden endings and shut-offs can instantly tear down everything that you have tried to accomplish. Speaker placement within the sanctuary or room is of great importance. If you can, space the speakers as far apart as possible and away from the microphones. You want to avoid "feedback" at all costs. Setting the speakers off the floor and slightly tilted up (10–15 degrees) will allow for more room filling and spacious sound, rather than a direct blast into the congregation.

Set the atmosphere of the sanctuary or meeting room with music in order to clear and raise the vibration of the room before the service or meeting. Find some type of perambulation music to play during the taking of offerings, or changing of ceremonies, to help avoid periods of silence that might allow the congregation to mentally wander. Recessional, or exit music, might also be helpful.

Continued on page 37...

Walking My Talk

THE REV. KAY HAWKINS – Maine

I will walk my talk, through the guidance of Spiritualism as I understand it today, with the knowledge that my spirit will live forever. With this statement I have a huge responsibility to myself and to those who cross my path as my walk continues throughout my life.

Why do I qualify understanding as "today" only? Andrew Jackson Davis, one of our great pioneers, said many years ago that this is the knowledge I know for today, but as I take in more knowledge, that knowledge can change as new and more updated information comes to the surface of my awareness. These are not his exact words, but how I understand his beliefs.



As Spiritualists, we must be open to researching, analyzing, and categorizing new information because life is always revolving and changing. The knowledge one has today might not fit tomorrow's walk or talk.

In order for me to grow spiritually and live my talk, I must first attend church each Sunday faithfully. Serving humanity is a requirement for growth in this reality and the next. By attending church, I am serving humanity whether it is working on the platform or sitting in the congregation. I am involved with living and conversing with others in whatever the circumstances dictate that day. Every service is different. There are people trying to do the best they can to be a part of this community of like-minds and there might be new people seeking out answers to their own life's journey. What an opportunity I have each Sunday to share my experiences, strengths and hopes for a better life here on earth and anticipating the ultimate joy of life eternal. I try not to miss church other than for vacations or unforeseen events. This, to me, is my responsibility as a Spiritualist — to always be there as an instrument of God's Love for humanity. By doing this, I receive many unexpected gifts from others through laughter, sadness, knowledge, experiences, tolerance, understanding, and unconditional love. The unconditional love I can only strive for; my humanity gets in the way at times.

I am at this place in life because of three beautiful human beings who came into my life over 11 years ago. They taught me about God's love; two of them have passed to spirit (Mary and Virginia Sigurdsson), but still present in my life is The Rev. Rupert Sigurdsson.

But even before I met these three, there were two mediums who suggested that I should go to the Pinpoint of Light Center in Hartford, Maine, where I live. One appeared in a workshop, *Spirituality and the Social Worker,* I was required to attend for work. The workshop opened with each of us sharing our religious background. I said," I was seeking a life of spirituality that my grandmother had passed on to me. Most of the religions just didn't fit with what my grandmother had taught me as a child growing up." That spirituality was living the Golden Rule in all my life's endeavors. For the next exercise we broke up into groups. What are the odds that out of a group of 22 people, I would be in a group with Vicky Binkley, a medium? Vicky suggested that I try Pinpoint of Light Spiritualist Center, but I did not follow up immediately because I had heard from some town people that the church was "weird."

The second medium was Kelly Danico whom I met at 6:00 am in a local gym. We had just showered and were getting dressed. Both of us were sitting, putting our shoes on when a conversation began about religion. To my shock, she recommended that I check out Pinpoint of Light Spiritualist Center. I said, "You are the second person to recommend that church to me within the last month." Kelly said, "There are no consequences in life. I think spirit is trying to get your attention."

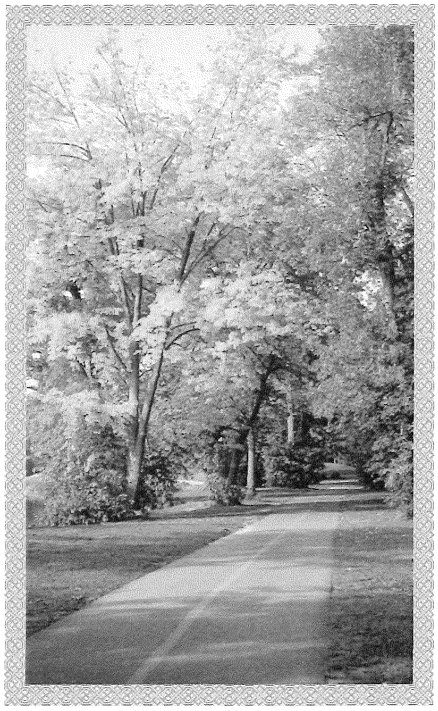
That night I prayed and asked, "God, is this the answer to my overwhelming problems that I am going through right now?" I felt a warmth come over me and decided, " Yes, this is my answer. "

Today I am devoting my whole life to living the highest and best I can to promote, share experiences,

Continued...

teach, and be an example of what Spiritualism is all about. I am nowhere near where I want to be, but I strive each day to be a better person than the day before. I know my shortcomings and hate them, but know that this is a process. Some shortcomings seem very ingrained, and can easily surface when I am physically, mentally, and spiritually tired or feeling down.

Going to church each week and reciting the Declaration of Principles, singing the songs, and being with like-minds lifts my spirit and reminds me of my commitment to be of service to humanity. I deal with the disadvantaged all week long in my job and I enjoy sharing whatever I can with them to lift their spirits. Many tell me that they hope I work for a long time. This is one of the many gifts I get from my job. Other people ask me (all the time) when am I going to retire; I say never. What else could I be doing that is so rewarding and living in the footsteps of my grandmother's philosophy? She loved people and she lived to serve others right up until two months before her death.



I believe that I have to put my whole heart and soul into being the best I can. I try to be the best mother, grandmother, great-grandmother, sister, aunt, coworker, pastor, teacher, medium, and healer. Every one of these roles takes different skills and an awareness of self to do them responsibly. How do I do that in this fast paced society that demands so much of me? I have to make my list of priorities and schedule them as I have placed them on the list. I have to be able to be flexible or I might miss a memory or event that can add to my growth.

I use and think about the meanings of every one of our Principles and use them on my life's journey. When I am down, I think and feel this wonderful Infinite Intelligence energy all around me as I allow it to lift me up. When I am down, I look around me at my beautiful surroundings, the animals, birds, and listen to the sounds of nature, thinking what gifts God has given me to enjoy. By studying the Laws of Nature and living accordingly, I can aspire to my highest aspirations and attributes of my soul, which gives me my true religion.

It is very comforting to believe that life is unbroken and that life is continuous, with our consciousness being a mere change in form upon death. This religion has confirmed to me that spiritual communication is real and that several events in my life were real. My grandmother speaking as she crossed over, "How beautiful it is here and someone is following me." I awoke out of a deep sleep at 2:00 am, feeling my father touch me on my arm as he crossed over. At 4:00 am my brother arrived to say Daddy died at 2 am. At the funeral, another brother shared that daddy came to him to apologize for a "wrong" he had committed. I was going by my favorite aunt's house when I heard her call out the pet name she had always used for me. When I arrived home, a phone call came in, saying my aunt had just passed over at the time I was driving by. These experiences go on and on for me personally. I hear many more family members starting to share this kind of information freely now. They are encouraged because they think I will believe them. Being open helps people to freely share when unexplainable things that are not part of their understanding happen to them.

My grandmother was the perfect example of the Golden Rule and someone I try to emulate. The Golden Rule can be one of the hardest, because sometimes I forget the last part of the rule: *as you would have them do unto you.* Sometimes I will say and do things that might not be so kind, but now I stop myself sooner when this happens. I have made some progress.

I know that we make our own happiness or unhappiness as we obey or disobey Nature's physical and spiritual laws. In studying the Laws of nature, I know that for every action there is a reaction — whether it is bad or good. The laws tell me that whatever I do, I have to make amends (when I have erred) whether I am on this Earth Plane or in the Spirit World. In believing this, I believe that no one is denied access to reformation.

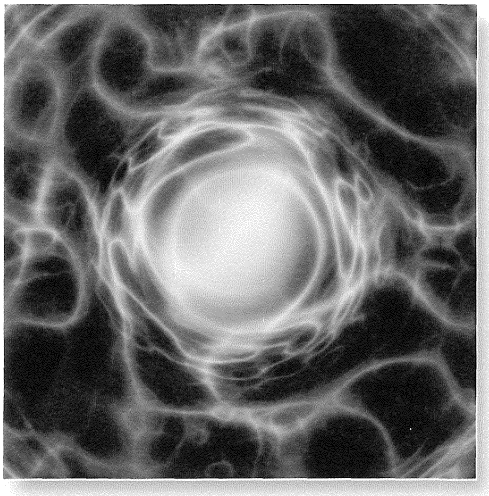
I believe that Prophecy, Mediumship, and Healing are not unique, but are universal, everlasting and have been witnessed and observed in all ages. Almost all religions believe in these concepts.

With all this knowledge from my religion of Spiritualism, my life has become very healthy (physically, mentally and spiritually) over the past 11 years. I take God's gifts into my heart and share them with others. That is "walking my talk" as I go through my journey with all of you for this moment in time. Love and Peace be with you.

• • •

The Wonderful Power of Healing

THE REV. SANDRA COOK, NST – Arizona



As Spiritualists we know that healing is for everyone at anytime. How that healing occurs for each person is different; for one it might be accepting the situation they are in and moving forward, for another it might be a complete healing. Healing can occur on every level needed: physical, mental, financial, relationships, or anything that affects us.

Throughout my lifetime I have experienced healing on many levels. I know that healing works very well in my life, but have often puzzled the medical field with results that they felt were not possible.

I am a cancer survivor. Every once in a while something begins to recur or feels like something isn't quite right. About two years ago I started having severe problems with my left leg. This is the leg where I had bone cancer in the knee area. I had eight operations and finally the healing stopped the process and I went on my way. I would not have an artificial knee until 13 years ago.

When the pain kept increasing and it was difficult to walk, I ended up in the ER, thinking that some way I had broken my arch. The x-rays showed no broken bones but severe inflammation. I was given crutches and told that I needed to keep weight off of the leg. They said I needed to go back to my original orthopedic surgeon. Because of insurance I could not see him, but was able to see a surgeon who is considered to be top notch.

At that time I was working on a tight schedule to change my life and move to another state. As the pain increased and the questions multiplied about what was really going on, my concerns affected me emotionally. Now I was not only asking for healing for my leg but also for my emotional concerns. How would I make the move, could I make the move on time, or would I have to postpone it and figure out something else in the interim?

I was already using hands-on-healing and visualization to work on the problem. When I saw the new surgeon's physician assistant he said that because of my health history, we needed to rule out all possibilities of cancer. We began the process of eliminating what might be going on. Blood work came back clear of cancer, but it did show that something was occurring. X-rays showed no signs of damage or weakening in the area of the knee; but there was abnormal inflammation present in the knee and leg.

I was put on an anti-inflammatory drug, told to stay off of the leg, and set up for a bone scan. I was still working diligently with both hands-on and absent healing. I worked hourly with visualization seeing my leg whole, complete and healthy. (I was becoming very concerned at this point.) The bone scan came back okay and then the surgeon called for an ultra sound because he felt there was fluid masking a tumor or cyst.

The morning arrived to go get the results from all of the tests; they determined a least invasive form of treatment to remove the tumor or cyst. An acquaintance from the church took me to the doctor's. She had seen healing work with me on several other occasions but nothing as serious as this.

As we entered his office I was calm and knew whatever occurred was as it should be. I had been working with the doctor's physician assistant and now would actually see the doctor. As he pulled up the tests results both men were surprised at what was *not* found. The final test was the ultra sound. It showed no sign of fluid but did show that something had been in the knee but was no longer present, just a space.

They both went over all of the tests' results again, both written and visual. Then they started to discuss

Continued...

Music, Meditation, and Healing *Cont'd. from page 33...*

Here is a list of music that might work for you.

Essence by Peter Kater – Earthsea Records (after the first 6:30 minutes)
Muses by Peter Kater – Earthsea Records
Celtic Spa by Carlyle Fraser – Somerset Entertainment, LTD.
The Silent Path by Robert Haig Coxon – R.H.C. Productions, Inc.
Land of Forever by 2002 – Real Music
Gift of the Angels by Steven Halpern – Inner Peace
Ambient by Dr. Jeffery Thompson – The Relaxation Company
Dreamy by Dr. Jeffrey Thompson – The Relaxation Company
Secrets of Love by Donald Walters – Clarity Sound & Light
Ascension Harmonics" by Richard Shulman & Samuel Welsh – RichHeart Music
Sleep (Liquid Mind VIII) by Chuck Wilde – Real Music
Fields of Gold by Mars Lasar – Invisible Sound
Angel's Touch by Aeoliah – Oreade Music
Realms of Grace by Aeoliah – Oreade Music
Angel Love by Aeoliah – Oreade Music
Angel Love II by Aeoliah – Oreade Music
Angel Paradise by Erik Bergland – Hemi Sync
Sacred Space Music by Constance Demby – Hearts of Space

Ambient, Dreamy, Sleep, and *Fields of Gold* are all long play CDs with only one track, generally an hour long. There are no recognizable melodies or driving rhythms. These pieces can be adjusted for time by simply using the volume control to fade out the music.

The rest of this list will have standard instrumentation (including synthesizers). The music is not trapped to standard 8-measure melodies and sounds far more ethereal and spacious.

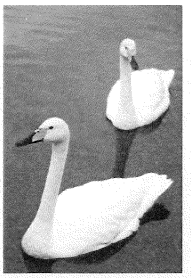
This list is by no means complete, but these suggestions will see you through almost any situation. •

poetry

The Answer

Julia Goodworth Sabol, New York

Seek for the Answer o'er galaxies wide
Seek in the deepest cold sea,
Seek in the churches and temples and halls
Seek wondering where it can be.
Seek for the Answer in words of the wise
Seek in tombs ancient with dust,
Seek in math, science, in books, and in wars
Seek feeling — find it you must.
Seek in the leaders and seek in the arts
Seek in drugs, passions, and gin,
Seek where you will; you shall not find until
Seek you the Answer within.



The Wonderful Power of Healing *Continued...*

what to do about the swelling. The doctor was visibly upset and bewildered. He left the room to get some samples of medicine to help with the swelling. When he came back in the room he was muttering under his breath, "there was something there, there should be something there." At that time he picked up all the results to read them again and I made my standard statement, "Isn't that wonderful that there is nothing there and I can go on with my plans."

My acquaintance was looking at me with very wide eyes and smiling. When she left the office with me she said she knew healing worked but hadn't seen it on this scale and was surprised. We talked about healing and that it does not matter what level is needed — it can and will occur. Sometimes the results are not what we expect and we have to make adjustments.

I gratefully and happily went on with my plans. The move occurred on time and I started my new "leisure" life of retirement. I made sure to offer thanks for the wonderful gift of the healing and the opportunity to go forward with my life.

Through out my life I have asked for and experienced healing. Sometimes the results are not what I expect or want, but they are what should occur. I have dealt with doctors (and others) who are sometimes shocked at the speed of healing or confused by what they feel medically should be there because of the symptoms. I have many medical conditions that should limit what I accomplish in my life, but with the power of healing they do not hinder me.

I will say that I believe when we make agreements with Spirit, we must do what we agreed to or we will have different results or new occurrences. Healing is like anything else in life; it can be about recurring lessons or moving forward to new experiences.

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What happened in MARCH *throughout the years?*

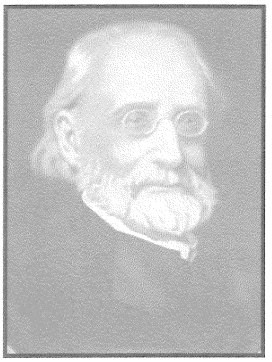
On **March 6, 1959** **Rev. Laura E.J. Holloway**, Pastor of the Central Spiritualist Church in Dayton, Ohio for 37 years, made her transition. Rev. Holloway had also served as President of the Ohio State Spiritualist Association for six years.

On **March 12, 1959** **Rev. S. Catherine Broome** made her transition in Camden, New Jersey. Rev. Broome has pastored the Second Spiritualist Church in Camden for 20 years.

On **March 31,1848** we observe the **Anniversary of Modern Spiritualism**. On this date, tiny raps, manifesting through the mediumship of the Fox Sisters at Hydesville, New York, announced to the world an intelligence personified beyond the grave. This intelligence was accepted as based on Natural Law and not miraculous or supernatural as heretofore had been accepted. This is the fact that distinguishes Modern Spiritualism from Ancient Spiritualism.

The spiritual manifestations of Edward Irving (1830-1833) and the Shakers (1837-1844) paved the way for the Hydesville manifestations. Sir Arthur Conan Doyle wrote in *The History of Spiritualism* about the Shakers and their spirit visitors, "When the spirits left they informed their hosts that they were going, but that presently they would return, and that when they did so they would pervade the world and enter the palace as well as the cottage."

Just four years later, we find the strange happenings in a small frame cottage where Mr. John Fox, his wife Margaret and two young daughters, Margaretta (15) and Kate (11) lived. An elder daughter Leah was living in Rochester, where she was teaching music, and a son David was also away from home. The manifestations occurring at this time are now known throughout the world: 1) the code established between the sisters and the unseen guests, 2) the mystery of the peddler, Charles B. Rosna as revealed through raps, 3) verification by the discovery of the peddler's pack. The skeleton was unearthed on November 22, 1904 when children were playing in the crumbling cottage; the walls caved in revealing the mystery of the murder.



Andrew Jackson Davis

Andrew Jackson Davis, the "Prophet of the New Revelation," the "Poughkeepsie Seer", was born in Blooming Grove, New York, in 1826. His mother was thought to be a seer. As a boy, Davis began to hear disembodied voices that advised him and comforted him. Upon his mother's passing, he saw a beautiful home in the brightness and he knew that was where his mother went. Years later he coined the phrase "Summerland." His potential began to reveal itself and, after attending a traveling show exhibiting the powers of mesmerism, he met a local tailor by the name of Levingston who left his job to help the boy develop his abilities. It began with gatherings for amusement where Davis would read letters with his eyes bandaged. Soon after he began to use his clairvoyance to diagnose disease.

On the evening of **March 6, 1844** he had a trance experience in which he traveled to some mountains some 40 miles away from where he was, where he met two teachers in spirit. Upon awakening, he recalled details which startled the people who were in attendance. On **March 31, 1848**, the date attributed to the beginning of "Modern Spiritualism," Davis wrote in his diary: "about daylight this morning a warm breathing passed over my face and I heard a voice tender and strong say, "Brother the good work has begun, behold a living demonstration is born."

• • •

True wisdom is less presuming than folly. The wise man doubteth often, and changeth his mind; the fool is obstinate, and doubteth not; he knoweth all things but his own ignorance.

– Akhenaton

What happened in APRIL *throughout the years?*

APRIL is the month that honors *HEALING.* If you are inclined to explore healing sites, perhaps this might be of interest:

The Harry Edwards Healing Sanctuary at Burrows Lea was founded in 1946 by the world renowned Spiritualist healer Harry Edwards. The Sanctuary is dedicated to promoting health and well-being through spiritual healing and ensures professional standards of healer training and practice. The Sanctuary offers contact healing for people and animals with trained healers between 10am and 3pm daily, including weekends. If you are unable to attend the Sanctuary you can try distant healing service. Every request receives a reply.

Harry Edwards Healing Sanctuary
Burrows Lea, Shere, Surrey • GU5 9QG UK
Tel: 01483 202054 • info@burrowslea.org.uk



BRIGITTE TRUST FEEL GOOD FESTIVAL

29th April 2012

The Harry Edwards Sanctuary's Healers will be attending this festival in Dorking, England. Perhaps some American Spiritualists might be interested in attending also.

Edna Mae Dittmann made her transition on **April 16, 1963** in Cassadaga, Florida. She was a charter member of the First Spiritualist Church of Cassadaga, a board trustee and president several times for the Southern Cassadaga Spiritualist Camp Meeting Association. In memory of her husband George Dittmann, Edna erected a Memorial Chapel in Freeville, New York where they had always maintained a summer home. This chapel served as the home for Harmony Spiritualist Center nine months of the year, and during the summers it was open to the public as a Healing Center.

Martha Dawson Aman also made her transition on **April 16, 1963** in Warren, Ohio. She had been the pastor of the Spiritualist Church of Truth in Warren since 1918 — a total of 45 years! Martha was widely known throughout the United States for her Spiritualist church work. •



Appreciation of life itself, becoming suddenly aware of the miracle of being alive, on this planet, can turn what we call ordinary life into what seems like a miracle. We come awake to such a realization when we recognize our connection to a spiritual dimension.

– Dan Wakefield

2012 MARCH 2012

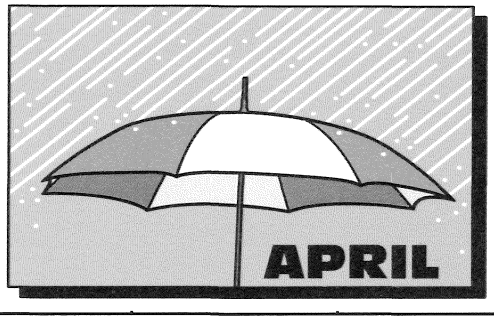
QUOTES TO BLESS EACH DAY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 If you want to make peace with your enemy, you have to work with your enemy. Then he becomes your partner. – *Nelson Mandela*	2 When everything seems to be going against you, remember that the airplane takes off against the wind. – *Henry Ford*	3 Flaming enthusiasm, backed up by horse sense and persistence, is the quality that most frequently makes for success. – *Dale Carnegie*
4 Luck is preparation meeting opportunity. – *Oprah Winfrey*	5 He who would be serene and pure needs but one thing, detachment. – *Meister Eckhart*	6 Anyone who stops learning is old, whether at 20 or 80. – *Henry Ford*	7 Happiness is not a station you arrive at, but a manner of traveling. – *Margaret Lee Runbeck*	8 Learning to live in the present moment is part of the path of joy. – *Sarah Ban Breathnach*	9 Joy is not in things; it is in us. – *Richard Wagner*	10 Work joyfully and peacefully, knowing that right thoughts/efforts will bring about right results. – *James Allen*
11 What if you began to expect the best from any situation? – *Sarah Ban Breathnach*	12 Happiness comes of the capacity to feel deeply, to enjoy simply, to think freely, to risk life, to be needed. – *Jameson*	13 If I have lost confidence in myself, I have the universe against me. – *Ralph Waldo Emerson*	14 Whatever you're thinking about is literally like planning a future event. – *Abraham*	15 The kind of beauty I want is the kind that comes from within—strength, courage, dignity. – *Ruby Dee*	16 When you're worrying, you are planning. When you're appreciating you are planning? – *Abraham*	17 You probably wouldn't worry about what people think of you if you could know how seldom they do. – *Olin Miller*
18 Service is the rent we pay for the privilege of living on this earth. – *N. Eldon Tanner*	19 The bond that links your true family is not one of blood, but of respect and joy in each others life. – *Richard Bach*	20 Trust life, and it will teach you, in joy and sorrow, all you need to know. – *James Baldwin*	21 If you let others dictate how you feel, you're going to be pretty miserable. – *Danny Wuerffel*	22 Insist on yourself; never imitate... Every great person is unique. – *Ralph Waldo Emerson*	23 Put your ear down next to your soul and listen hard. – *Anne Sexton*	24 Faith is an assent of the mind and a consent of the heart, consisting mainly of belief and trust. – *E.T. Hiscox*
25 Don't let anything stop you...you'll be disappointed, but you can't stop. – *Sadie T. M. Alexander*	26 What is life? It is the flash of a firefly in the night. – *Crowfoot*	27 Life is the breath of a buffalo in the wintertime. – *Crowfoot*	28 Life is the little shadow which runs across the grass and loses itself in the sunset. – *Crowfoot*	29 Form the habit of making decisions when your spirit is fresh. – *Charles Horton Cooley*	30 Optimism doesn't wait on facts. It deals with prospects. Pessimism is a waste of time. – *Norma Counsins*	31 The rappings began at the Fox homestead in Hydesville, New York and the birth of Modern Spiritualism had arrived!

2012 APRIL 2012

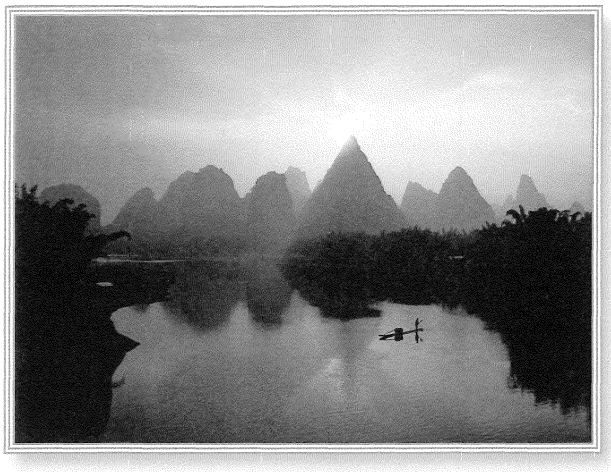
QUOTES TO BLESS EACH DAY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 No life can be barren which hears the wind's whisper or the sea's voice as it breaks upon the shore. – *William Winter*	2 No soul can lack happiness looking up to the midnight stars. – *William Winter*	3 Thou hast only to follow the wall far enough and there will be a door in it. – *Marguerite De Angeli*	4 Material success provides you with the ability to concentrate on being able to make a difference in people's lives. – *Oprah Winfrey*	5 No matter what anybody tells you, words and ideas can change the world. – *Tom Schulman*	6 Use Spiritualism as the foundation of your life.	7 The real test of a man is how well he plays the role that destiny assigned to him. – *Jan Potcka*
8 Obstacles are those frightful things you see when you take your eyes off your goal. – *Henry Ford*	9 Forgiving is not forgetting; it's a second chance for a new beginning. – *Desmond Tutu*	10 The ability for each individual to learn to laugh at himself is important. – *Charles M. Schulz*	11 Relinquish the need to defend your point of view. – *Deepak Chopra*	12 Opportunity is sometimes hard to recognize if you're only looking for a lucky break. – *Monta Crane*	13 When you care about other people, you are more likely to really love to be loved back. – *Laura Shipler Chico*	14 Every change is a challenge to become who we really are. – *Marianne Williamson*
15 Man is made or unmade by himself. – *James Allen*	16 By the right choice man ascends. – *James Allen*	17 As beings of power, intelligence, love, and master of our own thoughts, we hold the key to every situation. – *James Allen*	18 Your need for relationship stems from your need to overcome your earthly sense of separation. – *Caroline Reynolds*	19 Every thought you have travels through your biological system and activates a physiological response.	20 Some thoughts—like fear, are like depth charges, causing a negative reaction throughout your body. – *Carolyn Myss*	21 A loving thought can relax your entire body. – *Carolyn Myss*
22 Self-acceptance comes from meeting life's challenges vigorously. – *J. Donald Walters*	23 Don't numb yourself to your trials and difficulties, nor exclude pain from your life. – *J. Donald Walters*	24 It is not the act but the awareness, the vitality, and the kindness we bring to our work that allows it to become sacred. – *Wayne Muller*	25 Our life is shaped by our mind; we become what we think. – *Anonymous*	26 You will find peace not by trying to escape your problems, but by confronting them. – *J. Donald Walters*	27 You will find peace not in denial, but in victory. – *J. Donald Walters*	28 Joy follows a pure thought like a shadow that never leaves. – *The Dhammapada*
29 The great lesson from the true mystics is that the sacred is in the ordinary. – *Abraham Maslow*	30 Laughter is the sun that drives the winter from the human face. – *Victor Hugo*					



Soul Evolution

THE REV. ANN SORIA, NST – California



Exploring the meaning of life constitutes the exploration of some related philosophical questions: "Why am I here?" "What is my life's lesson?" "What is my KARMA?"

People usually attend a Spiritualist church for a message or for healing, and that is fine. But once you become a Spiritualist, you realize you will not get an in-depth, meaningful message every time you walk in the door. We soon realize there is something more to this Science, Philosophy and Religion of Spiritualism.

THAT "SOMETHING MORE" IS SOUL EVOLVEMENT - We know there is a Spirit World with seven planes. We know that we go to the plane we have earned. We know this information from Spirit communication. People who have survived near-death-experiences (NDE) state that the message they received while in that state was, "Love your fellow man and give service to others." So you see life is really not that complicated.

When you think about this it makes perfect sense because you can't take your material wealth with you. Your home, fancy car, educational achievements, and life's accolades are not what you take with you to the Spirit World.

WHAT IS SOUL EVOLVEMENT? - We know that the Soul is the indestructible part of a person. Spiritualists believe that the soul leaves the physical body at death and continues to function in the Spirit World. The Soul is the spiritual nature of human beings, regarded as immortal, separable from the body at death, and susceptible to both happiness and misery.

Evolving the soul is developing it to a higher spiritual degree, so that we can bypass a lot of misery and move to a higher plane when we return to Spirit. It is important for us to realize we come into this incarnation with a purpose and that we are in complete control of our own life.

HOW DO WE CONTROL OUR LIVES? We do this through meditation, through looking within and getting in touch with our soul-selves. We live our Principles and do as much good as we can for ourselves and for others. We do things that will give meaning to our lives, and to those whom we touch.

The time we spend on the earth plane is but a speck in time, a blink of an eye and should not be wasted. Nothing in this life is coincidence or by chance. We are all here for a reason – we have lessons to learn, goals to accomplish, and karma to deal with. If we do not complete our goal while on the earth plane, we shall have to do so in spirit, which is more difficult.

HOW TO DISCOVER YOUR REASON FOR BEING HERE? Let's back track to before we incarnated. Each person (before coming to the earth plane) makes a detailed plan for their life with the aid of spirit guides. This plan includes the situation into which you are born, the lessons you want to learn. Perhaps there is a karmic debt or lesson that needs to be cleared, or perhaps you will be a guide or mentor to someone on earth. The "proper" situation must be available before you can be born. You choose your parents, your living situation (whether it is rich or poor), you choose your ethnic race, religion, physical state — being healthy or handicapped — to learn your lesson, etc.

REINCARNATION - People have strong feelings regarding reincarnation either positive or negative. I have read many books channeled from Spirit and confess I am a believer.

BY CHANCE - Have you noticed how people incarnate in groups? So many talented musicians incarnated in the 1700s. So many computer wizards are incarnating now in this age of technology. Throughout various centuries people of similar talents have incarnated. Does this happen by chance? I don't think so! Look at how many talented mediums incarnated about the same time to lay the foundation for our religion. This cannot be by chance.

Continued...

Those with whom you live, work and are associated with are not by chance. Again, there are no coincidences. Every part of your life has meaning. You do not remember the fine-tuning that was done in spirit before your birth because it would interfere with your achievement. So you enter this incarnation blinded by the reality of the reason.

Half the pleasure of an activity is looking forward to it. Life is certainly an "activity." Get excited about your life. Examine your life. Get to know yourself. The answers lie within you. Do some self-research by keeping a journal of your likes and dislikes, your emotional reactions to things, events and people. What places are you drawn to. What are your talents? Is there a period in history that interests you more than any other? Where do you feel most comfortable? What gives you the most joy?

Most of us have met someone or worked with someone and had an instant dislike; perhaps they are there for you to clear old karma. What can you do to bring peace to this situation or person? STOP – LOOK – LISTEN with your spiritual faculties. PRAY for them. RELEASE the problem and surround it with white light. MOVE ON and you will have done your job; you have released the karma – you will be free.

YOU can make this incarnation a fulfilling one. Life is too short to shuffle along every day unhappy. Life is too short to not fulfill your life's goal. Life is not meant to be all drudgery. Your spirit people want you to be happy; they take pleasure in your joy.

If you identify with your inner truth you can make progress. The spirit inside you is the only truth.

It is important that when you return to your true home in spirit, you can then look back at your life and say, "It was not a wasted life time."

My challenge to you is a 3-Step Journey:

Step 1 ***Pray:*** Infinite Spirit of the morning and of the evening let your light shine upon us. We ask your blessing as we seek to learn and to grow spiritually during the coming year. Please forgive any shortcomings from the past and clear our path for a new life adventure.



Step 2 ***Review your spiritual journey:***

1. Reflect on the past year, how did you grow spiritually?
2. Have you achieved all you intended to spiritually?
3. When during the past year was your spiritualism tested?
4. When did you feel especially close to spirit?
5. How did you respond?

Step 3 ***Plan for the coming year***

1. Meditate
2. Prayerfully listen to spirit
3. Make a plan for personal spiritual growth for a full year.

"Know thy ideal and live for that. For each soul must give an account for its own self." – *Yoganda*

PRAYER

Life is our classroom and we are here to learn! Please help us as we seek to evolve our souls for the highest and best. May the sacred impressions reaching us from realms supernatural ever guide our footsteps on the journey of life. Amen.

• • •

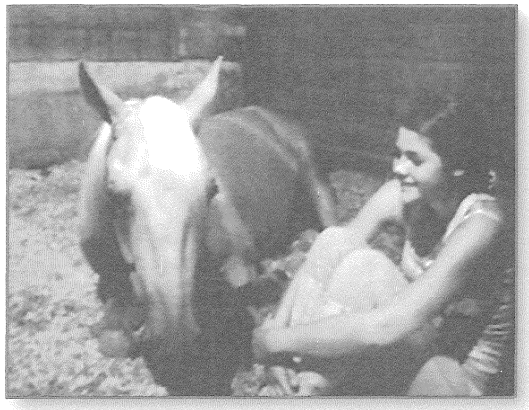
The seed of God is in us. Given an intelligent and hard-working farmer, it will thrive and grow up to God, whose seed it is; and accordingly its fruits will be God-nature. Pear seeds grow into pear trees, nut seeds into nut trees, and God-seeds into God.

– Meister Eckhart

Healing Kid

SUZY GRAF, LM – Norwich, Connecticut

My daughter's show horse, a palomino half-Arabian gelding, was loose! Gleefully "Kid" galloped around our house, tearing up the grass, his white tail folded over his back. Arabians can move with grace and ease, especially while celebrating a psychological victory over their human counterparts, and Kid was no exception. Kid expertly maneuvered himself past the outstretched palm of my daughter and dashed away at an extended trot. He disappeared behind our detached garage building and I was circling around the other side when it happened. The gelding hit the blacktop and slid, scrambled, and eventually fell onto the open ramp of our hitched and waiting horse trailer. Instantly I knew he was hurt…I could feel his pain!



Half crying and half yelling, I alerted my daughter to the tragedy that unfolded before me as Kid limped away in a startled, painful trot…I could tell by the way he wasn't using his hind leg that he had seriously hurt himself! The gelding was now easy to catch. I led him to our wash rack, tied him and hosed cold water over the gashes in his back and front legs in an effort to still the pain and stop the flow of blood. I stood there for moments that seemed like hours, waiting for the vet to return my panicked phone call and replayed the scenario over and over in my mind; if only he hadn't gotten loose while led out of the pasture, if only we had brought him out the gate closer to the trailer, if only the mare in the pasture didn't run off and initiate this play that eventually led to the fall, if only!

Within an hour, our horse vet was at the farm and began the exhausting process of anesthesia, skin blocks and stitches. After a hefty injection of a mind-altering drug, Kid's head dropped, and he drooled while the vet poked, prodded and eventually stitched up the gaps of hanging flesh. The front leg was sewn and our spirits were improving as the vet turned her attention to his back leg; then our hearts sank as the vet announced that a tendon was severed. I peaked past the bent form of my vet, and saw the finger-sized pink noodle suspended in the open wound, and gasped while my daughter burst into tears, and the vet reached for her cell phone to consult Tufts University.

Cell phone in hand, the vet conversed with her invisible colleague while peering into Kid's open leg wound. Diagnosis… the medial end of the tendon had retracted back into the leg joint. To repair the tendon, the hock joint wound have to be opened in a surgical suite and then there was a risk of infection to that joint. With a slim prognosis for surgical repair of the tendon if we did elect to bring him to the large animal hospital, it was decided to finish the field surgery in our back yard and allow nature to heal Kid.

Two hours later Kid sported ten exterior stitches in the back leg and six in the front; the other front leg was missing too much skin to suture, it would have to heal as an open wound. Three of the gelding's legs were bandaged in cotton, covered in brightly colored vet wrap. I was shown how to dress the wounds and how to administer a daily injection of antibiotics. The vet left and my daughter led the palomino into his stall. I went inside the house to cache my newly acquired supply of leg bandages, syringes, antibiotics and "horsey aspirin." Time stood still that night. I was sad, angry, shocked, sympathetic, and most of all, emotionally tired. I've been practicing Reiki and Spiritual Healing for four years, and yet I was too close to the situation to lay my hands on Kid that day…all I could feel was his pain…all I could see was him falling on the horse trailer ramp, over and over again.

That night, while in bed and settling into my usual evening routine of a brief pre-sleep meditation, I decided to send Kid a distant healing. My healing guides were near and I could feel that familiar pulse of sweet magnetic energy. Gone was my emotional exhaustion of the day. I could sense a high-pitched melody accompanying a surge of energy…then I sensed being inside Kid's leg.

I've occasionally experienced alternate perspectives when sending a distance healing before, so I was not surprised. Like a character from an old 1960's "Sci Fi" movie, I was inside the horse's hind leg…I was a teeny person laying my hands on a big broken tendon and shredded hunks of muscle and tissue. Curiously, I was still emotionally detached. Like a psychic doctor, I felt as though I was taking the pain out of the horse's damaged leg, and then I focused on removing the edema and trauma in the tissues. I fell asleep while working on Kid that night and the next morning woke up compelled to resume my distance healing "treatment." Then the healing felt completed and I needed to get out of bed and feed the horses. My clock read 7:15 a.m — UGH!

I walked down to the barn with trepidation, lamenting; "How is Kid going to look?" My mares nickered as

Continued...

I dumped grain into their feed buckets. Tentatively I peeked into Kid's stall, and anxiously waited for my eyes to adjust to the darkened barn. I pushed my way into the stall, past his head buried in the feed bucket. An audible sigh escaped as I saw... his legs weren't swollen!

Encouraged by the morning discovery, I continued sending distance healing treatments for the rest of the week. The gelding's stitches started to heal under the bandages, and his neck hardly swelled from the injections. The following week I became immersed in my own life's drama, and my meditation schedule was disrupted. Consequently I was not consciously "working" on sending Kid healing energy. After changing Kid's bandages eight days after the accident, I noticed the hind leg was slightly swollen with evidence of fluid building up under the stitches. I resumed sending distance healing treatments that night and this time, when I experienced being in the horse's leg, I noticed that the tissues appeared more bleached out, almost a deadly white in color. As the healing progressed, I noticed that the picture of the interior of the leg I was experiencing through my mind changed. The white, dead looking tissues started to show signs of pink, and I could make out little blood vessels. I fell asleep while "treating" Kid's leg.

Having become accustomed to my imagination during healing sessions, I didn't think much about the previous night's experiences. The next morning found me playing "phone tag" with my vet and by late afternoon of the ninth day after Kid's accident, I had a new dressing in hand to try on Kid's apparently worsening leg. I knelt on the stall floor and unwrapped the bright blue vet wrap, mentally preparing myself to peak under the bandage that hid Kid's hind leg injury, and was shocked to see that his suture line appeared much better than the night before! The swelling was gone and the stitches didn't appear to be separating. I hadn't used the new bandage the vet had prescribed. I hadn't given any medications. All I did different was to send healing energy, and during the previous night's healing I had experienced the whitish tissue turning pink! And now Kid's leg appears... better! This was weird!

I know Spiritual Healing and Reiki works, but I get so consumed in my three-dimensional reality that I honestly forget to use it! I've grown up skeptical, and occasionally regress into that state, only to be reminded that there IS MORE. More than what I currently perceive as real, or plausible, or possible!

Per veterinary recommendation, Kid remained stall bound for six weeks, then his leg wraps could remain off. I continued to include Kid's distance healing intentions in my meditation routine. The skin on the horse's legs had healed and peach fuzz fur struggled to replace scabs. The leg with the severed tendon had a golf ball sized bump ensconced under the scar. The horse walked with a slight limp, but the prognosis of losing the length of stride behind, well, Kid's leg had a fairly normal range of motion. I was curious as to how the inside of the leg had healed so I arranged for my vet to ultrasound the lump.

The vet scratched her head as the machine revealed an empty, fluid filled pocket under the affected leg's scar. There was a large gap between the two tendon ends, a space too wide for the tendon to grow together naturally. My vet left that day with a guarded prognosis."Light trail riding, maybe, after a year recuperating out in the pasture. This horse will probably never have a normal gait. His show career is over."

Four years of training, showing, and learning. My daughter was finally "dancing" in the show ring with Kid. And now, at the young age of seven, Kid's show career was over?

I asked for *B.G. The Sundance Kid* to be placed on NSAC's national's healing list that summer. I included Kid in my daily meditations, healings and prayers. Fall turned to winter, then spring, and finally the vet gave permission for Kid to be ridden again. As Kid's winter fur changed to a rich summer gold, I noticed that the golf ball lump was gone, only a long scar remained. Slowly my daughter built up Kid's endurance, each ride a venture towards his tolerance and comfort. Surprisingly, Kid never showed signs of lameness. Walk, jog, lope... within a few months the horse was moving the same as he did before the accident.

Fourteen months after the incident I found myself leaning against a three rail fence, watching my daughter compete with Kid at his first horse show of the season. Our palomino gelding gracefully loped past me. I marveled at how good he looked, even better than two years ago, and a familiar voice disrupted my thoughts.

"Nature does take care of its own. I guess you were lucky with that one," my vet shared. I turned and saw her smiling face.

Looking back into the arena, I shared, "Yeah, not bad for a lame horse."

We both stood in silence and watched as Kid loped by, white mane and tail flying in the wind, legs effortlessly pumping, and breath puffing with ease.

"Yes, you were lucky with that one," the voice beside me reiterated.

Spiritual healing, prayer, desire, or is it luck? Kid has remained sound and continues to be my daughter's companion, bringing home horse show ribbons. I do feel lucky... but I also believe that Spirit assists in what some call "miracles" — they do happen. •

About the author: Suzy Graf began exploring Reiki in 2004 and started teaching in 2006. She became a Spiritualist in 2005 and works part time as an energy worker, animal communicator, yoga instructor and is the author of two books: *The Skeptic Psychic & The Enlightened Psychic,* and can be reached through her website; www.jasmineplane.com

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Healing in Different Ways

HAVIVAH RICHARDS, CM – Arizona

What does one consider when the word "healing" is heard? Do you think physical healing from a medical standpoint? Is healing a mental or emotional occurrence from some tragic event that might have happened to put an individual into distress? There is physical healing that we can accomplish.

I have been involved with Spiritualism all my life and have seen healing work first hand. When I was younger, I went to a horse camp for my 13th birthday. This was to be the perfect birthday for me — riding horses and being with my friends. The second day I was there, I saddled up a horse that was new to the ranch and was only to be ridden by experienced riders. I brushed the horse down, made sure the hooves were clean and in good shape, got the mat and the saddle on the horse. As I was putting on the saddle, a big truck passed by, spooking the horse as I was trying to synch up the belt. The horse bucked and I was in the line of fire for one of his hooves.

I was hit directly in the face, crushing everything on my face except for my chin. I blacked out and went to a wonderful place while trying to figure out what had happened. It was like watching a movie in slow motion. When I awoke I felt okay, but was extremely groggy. I remembered my name and how old I was, and that was about it. I was immediately taken to the closest hospital and my parents arrived. The hospital I was in did not have the facilities to take care of someone in my condition, so I was transferred to a better equipped hospital here in Phoenix, Arizona. Although I was listed in stable condition, everything on my face was crushed: nose, eye orbs, jaw and I had a broken skull. I had lost most of my memory and could not even figure out how to hold a fork or if I was right or left-handed.

The doctors were also not sure how I was still alive and not writhing in pain. I felt no pain and was, what I know today, taken care of by Spirit. My parents did their part to heal me and the doctors did the same. But Spirit was there the entire time, taking me away from the confusion and the pain. I had surgery from a magnificently competent doctor who reconstructed my face without using any plates or screws — which amazed him. He said my face was healing beautifully.

Six surgeries later, I have made a complete recovery and do not have any scars. When a specialist took a scan of my head last year, he could not see any old fractures and could not see where they had made surgical cuts. The face looked perfect, which is medically impossible. I told the doctor it was not impossible with the healing energies of Spirit and people.

There is another example of mental/emotional healing that we have experienced as Spiritualists when my son Andrew was two months old. Andrew was my first and only child, born on December 30, 1998 and passed away on February 28, 1999 from SIDS, which takes most children to spirit when they are really young. My life seemed to be perfect with my child and my fiancé. When Andrew was born, my fiancé and I took him to see my parents in California. Andrew was a fascinating child since he loved to look at things, especially when he went to my mother's church. He would try to see all the spirits in there and would be very upset every time we left the church.

When we got home to Arizona we started our lives with a new child and good jobs. I kept having nightmares of losing Andrew. One night he was put down for the night, and when I went to check on him a few minutes later he was not moving. He had passed on to Spirit, and no matter what I or what the medical staff that came to help me tried, we could not bring him back.

The passing of my son was very hard, but he immediately started showing himself. He played with my stepson, who would talk to him all the time and he would also make the toys (with no batteries!) run down the hallway to make his big brother happy. Andrew also had the tendency to pull down our shower curtains. No matter where we lived, he would pull the shower curtains down. He also liked messing with the ceiling fans. My husband was convinced this was Andrew and stated many times that he could smell him around. This phenomena did not only happen around us, but in my mother's church as well. People in her congregation saw a small child up in the rafters laughing and playing with balloons. If he did not like particular people who were being difficult in her church, he would move the carpet underneath them or slam the doors.

This was the best gift I could have received after losing my son. When you get confirmation that they are on the other side, letting you know that they are okay and growing and learning, that is the best kind of healing there is. Without being involved in Spiritualism, my life could have been extremely different. But I have Spiritualism around me and with me at all times. This is how I know it works, especially when it comes to healing. •

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1. We believe in Infinite Intelligence.
2. We believe that the phenomena of Nature, both physical and spiritual, are the expression of Infinite Intelligence.
3. We affirm that a correct understanding of such expression and living in accordance therewith, constitute true religion.
4. We affirm that the existence and personal identity of the individual continue after the change called death.
5. We affirm that communication with the so-called dead is a fact, scientifically proven by the phenomena of Spiritualism.
6. We believe that the highest morality is contained in the Golden Rule: "Do unto others as you would have them do unto you."
7. We affirm the moral responsibility of individuals and that we make our own happiness or unhappiness as we obey or disobey Nature's physical and spiritual laws.
8. We affirm that the doorway to reformation is never closed against any soul here or hereafter.
9. We affirm that the precepts of Prophecy and Healing are Divine attributes proven through Mediumship.

$5.00 USA **$7.00** CANADA **$11.00** ALL OTHER COUNTRIES