NAUTILUS

MAGAZINE OF NEW THOUGHT

MAY 1945

We Stand At the Threshold — SHELDON SHEPARD

Think! — ZELIA M. WALTERS

He Prayed and the Money Came — GODIN V. GREENE

My Method for Success — EDITHE WEARE

Why You Have Dominion — LOUISE GRAY CASON

Are We Switching Off The Life Force? — ROSE UMBREIT

The Healing Power Is Life — GENEVIEVE BEHREND

All Life Is Growth and All Growth Is One — ELIZABETH TOWNE

Edited by ELIZABETH TOWNE
WILLIAM E. TOWNE

PRICE 20 CENTS

Your Wealth *of* Diamonds

By GEORGE C. HUBBS

LAST MONTH I referred to the Acres of Diamonds we have long had in our mental storehouses even while we have been searching for some new formula or affirmation that would convert our desires into realities. I could refer you to a long list of both single verses and passages in your Bible which are as much a part of your memory as are your early days in school, but let me list just a few:

Psalm 23	Psalm 91	Matthew 14: 30, 31
Psalm 37: 3–5	Nahum 1: 7	John 15: 7–9
Psalm 42: 11	Matthew 6: 36	I Cor. 2: 9
Psalm 46: 10	Matthew 8: 26	I Peter 5: 7

This is just an abbreviated list; you can add many more from memory.

Then think of the precious, uplifting songs you "have always known." Here is the first verse of one of them:

"He leadeth me — oh blessed thought!
Oh words with heavenly comfort fraught!
Whate'er I do, where'er I be,
Still 'tis God's hand that leadeth me!"

Dear friends, there is *no* "ideal affirmation." There is *no* "ideal method" of contacting God. Your God and mine responds to *sincerity*, not to any special combination of words. (I Samuel 16: 7.)

Let me say this very earnestly: we will never develop spiritually as we yearn to *until we take time to capitalize what we already know.*

What's Cooking
FOR NEXT MONTH?

Coincidences or Divine Law? There are many strange coincidences constantly occurring in the lives of all of us. That these are not all just "happen sos" but the product of divine law, is the belief of Roy Temple House who has written an article for NAUTILUS upon this interesting subject. He gives several instances of the kind of coincidences to which he refers — some from his own experience. Mr. House (an instructor in the University of Oklahoma) calls his article "ALL THINGS WORK TOGETHER."

What Can Your Imagination Do For You? You'd be surprised! So says Evelyn Hamilton in her latest NAUTILUS article, which is coming soon. "Few people realize the possibilities of the imagination in demonstrating health," she says. In her forthcoming article she offers many suggestions as to the kind of visualizing one may do to promote health. She maintains that even the appetite for food may be greatly improved by the right kind of visualizing. Her article is entitled IMAGINATION AND HEALTH.

Dream Guidance It is a well-known fact that the Subconscious Mind often reveals greatly needed information through dreams. We have on our desk a very interesting experience telling how directed dreams revealed the location of missing articles. All other means had failed to find the missing items. As a last resort the writer of the experience directed her Subconscious Mind (just before going to sleep) to reveal where the missing articles could be found. In each case the information which she received through her dream proved to be correct. This article will be published next month in NAUTILUS — DREAMS SHOWED ME WHERE TO FIND MISSING ARTICLES. We also have for later publication another interesting short item telling how a dream revealed an event which was to take place three days later and which profoundly influenced the course of the writer's life.

Make Your Fears Work For You Yes, we mean just that! And before you throw aside the idea, just read what Nellie L. Drew has to say about it in a series of two remarkable articles which she has written for NAUTILUS. As a teacher of youth she has had opportunities to prove the truth of the method she gives for making fear helpful in a practical way, and she tells about some of these experiences where fear, properly controlled and redirected, led to fine accomplishments. The first part of HOW YOUR FEARS CAN HELP YOU is coming soon in NAUTILUS.

Important to Nautilus Subscribers

If you find an expiration notice attached to this space it means that your subscription expires with this issue UNLESS your renewal has crossed the notice in the mail. IF YOU WILL RETURN THE RENEWAL BLANK WITH YOUR REMITTANCE SO THAT IT REACHES US BY THE 29th OF THE MONTH OF THIS ISSUE WE WILL CREDIT YOU WITH 13 MONTHS FOR $2.00. Extra month for prompt renewal. Or we will send NAUTILUS two years for $3.00 (30¢ extra per year for Canadian postage; and 60¢ extra postage per year to foreign lands). Do not look for change in credit mark on wrapper of your NAUTILUS before second month after your renewal.

WE AFFIRM that the basic truth of all religions is one. And that this truth — understood and applied — frees, heals and prospers the individual — HERE AND NOW.

NAUTILUS takes its name from the following verse from Holmes' poem, *The Chambered Nautilus:*

BUILD thee more stately mansions, oh, my soul,
As the swift seasons roll!
Leave thy low-vaulted past!
Let each new temple nobler than the last,
Shut thee from heaven with a dome more vast,
'Til thou at length art free,
Leaving thine outgrown shell by Life's unresting sea.

Important! If NAUTILUS is late in reaching you please wait until the 20th of the month before writing us. Our printers are greatly handicapped by the loss of hundreds of workers to the war effort and they cannot deliver NAUTILUS to us as early in the month as in peace time. Please co-operate with us and with our printers and with the government by being patient over the late delivery of your magazines.

Making Decisions Are you one of those individuals who is always asking others for advice? Or do you find yourself being pushed around by other persons, or by circumstances, until you scarcely know which

(*Please turn to page* 2, *col.* 2)

A Woman Finds PEACE Within

"Never felt so quiet and peaceful. Can't praise this work enough." — M. B., Wis. So writes a student of ELIZABETH TOWNE'S FOUR LESSONS ON HEALTH AND SUCCESS. Others write: "Have left off tonic and sometimes walk over two miles a day. Instead of studying ABOUT Truth, or thinking ABOUT Truth, these Lessons make you know that you are LIVING TRUTH." — M. S. B., Ga. "Strength increased. Haven't felt so ALIVE for years." — Mrs. J. H. D., Ind. "Have accomplished every single thing I put on my written list of desires. Please send Lesson II." — G. H. C., Ga. "Was losing weight. Much depressed. Now gaining weight and mental attitude completely changed." — E. E. M., Ill. "Health and appearance improved. Eyes sparkle, complexion better." — G. C. L., Md. "Am thankful for PEACE AND HARMONY IN HOME and small increase in income." — C. E. H., Pa.

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May

(What's Cooking: Continued from page 1)

way to turn? If so, then Edna Tradewell's latest article is for you. Her suggestions are aimed at helping the reader to put an end to being pushed around by others. There is much of interest in her article, MAKE YOUR OWN DECISIONS.

The Most Important Thing In Your Life Do you know what it is? Probably almost every individual would have a different reply to this question. Yet there are certain vital principles which are most essential in the lives of each of us. Genevieve Behrend has chosen to write about this matter in her next article, THE MOST IMPORTANT THING IN YOUR LIFE.

Miracles of Healing There are many fascinating healing experiences recorded in the Bible. And there is one lesson to be learned from these experiences which most of us can apply. Dortch Campbell put a suggestion — based upon the Bible healing experiences — before a man badly in need of physical, mental and spiritual restoration — one whom his physicians said could not live — and he got so interested in carrying out this biblical suggestion that he regained his health. "A miracle," his wife pronounced it. Dortch's account of this experience will be found in his forthcoming article, HOW CHANGE WORKS MIRACLES OF HEALING.

The Prize-Winning Article We hope to be able to publish in our next issue the Telepathy article to which we will award the prize offered in February NAUTILUS. Many interesting experiences are being received.

THEY SIN who tell us Love can die
With life all other passions fly,
All others are but vanity
But Love is indestructible
Its holy flame for ever burneth,
From Heaven it came, to Heaven returneth;
It soweth here with toil and care,
But the harvest time of Love is there.

— *Southey*

A PRAYER in its simplest definition is merely a wish turned heavenward.

— *Phillips Brooks*

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There Will Be Houses

BY LON WOODRUM

THIS IS no time to build upon the broken rock,
No time to build upon the quisling sand.
The storm is great that wracks the world, the shock
Is far too fierce for common shacks to stand.
Dig deep beyond the slush of skeptic years,
Dig down beyond the mud of cynic lore,
Beyond the silt of sentiment and tears . . .
Go down until you strike the granite floor.

There were some houses that the ages knew
That stood when flood and wind were wild and high,
There will be houses when this storm is through
Still looming solidly upon the sky.
Let faith, let love be underneath the wall —
Your house will stand though kingdoms crack and fall.

Editorials

By ELIZABETH TOWNE

OPPORTUNITY

THEY DO ME WRONG who say I come no more
When once I knock and fail to find you in;
For every day I stand outside your door
And bid you wake, and rise to fight and win.

Weep not for precious chances passed away!
Weep not for golden ages on the wane!
Each night I burn the records of the day
At sunrise every soul is born again.

— *Walter Malone*

*

Everybody Prays

PRAYER IS the heart's sincere desire, uttered or unexpressed: so said a poet long ago. In times of trouble the prayer comes up from the heart and says itself out loud.

In the Holyoke Transcript-Telegram the other night I found an interesting little editorial on prayer, which you will enjoy with me. Let's memorize Patton's prayer and use it every day for and with all the United Nations' soldiers and all the world —

PATTON'S PRAYER

Much has been said and written since the fall of Bataan about the MacArthur resort to prayer. Even some in the vicinity of Washington have made light of, or perhaps it is in admiration that they remark that "General MacArthur prays himself into whatever support he wants." Surely he has been exceedingly patient about his prayerful attitude in his war making and he has gone a great ways with, until lately, a minimum of force with which to work.

So many generals down through our own wars have turned to prayer when things were hard and again when things were going right. George Washington's recourse to prayer for strength to carry on through that Valley Forge winter is historic. Stonewall Jackson's prayers were a source of great strength to his men as well as to himself. Abraham Lincoln's trust in prayer was one of his great characteristics. In the last world war General Foch was wont to go by himself to a tiny chapel for early morning mass while the guns sounded around him.

But somehow we haven't thought of the tremendous power of General Patton as including prayer other than his own self-communion and his own religious practices. He is a dynamo of action, a man of might, a swearing fighting man whose men trust him all the way. It will comfort many a father and mother, whose boy is with Patton's army, ready to do and die if he must at Patton's call, that for Christmas, when things were terribly black in Belgium with the Germans pouring through, sustained and supported by protecting rain, General Patton sent a card to his friends for which he had written this prayer:

"Almighty and most merciful Father, we humbly beseech Thee, of Thy great goodness, to restrain these immoderate rains with which we have had to contend. Grant us fair weather for battle. Graciously hearken to us as soldiers who call

upon Thee that, armed with Thy power, we may advance from victory to victory, crush the oppression and wickedness of our enemies and establish Thy justice among men and nations. Amen."

History will long be telling that the rains and fogs under which von Rundstedt's men almost got to Liege, lifted and the eyes and guns of the Allied air force saved the day for General Patton's army and gave it the power to throw the Germans back in their drive for the re-conquest of Antwerp and the armadas that had come to port with supplies of everything an army fights with. Von Rundstedt's long range weather reports promised ten more days of fogs and rains. They failed. General Patton's prayer was answered.

*

MRS. ROOSEVELT Asserts That Peace Hinges On Jobs! We Believe It.

FROM THE *New York Herald Tribune* I am clipping the following report of what Mrs. Roosevelt said in her talk, because it is the very best statement I have seen on the Cause and Cure of War Everywhere and Anywhere. Eleanor Roosevelt gives the essentials without which the world will not be able to realize peace, international or national. (Or local, for the matter of that.)

Dear NAUTILUS reader, please read this statement and then join All of Us in praying and working for world peace. Assured by jobs for All of Us.

"UNLESS ALL people have an opportunity to earn a decent living in the post-war period, 'there will never be an assured peace in the world,' Mrs. Franklin D. Roosevelt said yesterday. She spoke on 'Our Hope for the Political Future of Mankind' before 350 persons at the second session of the National Democratic Forum Series at the National Democratic Club, 233 Madison Avenue.

"In this country, full employment 'may mean 60,000,000 jobs, and that may mean co-operation along many lines that haven't been thought of in the past,' Mrs. Roosevelt said.

"'Eight to ten million young men are coming back from our battlefronts who must receive training and education which will fit them to do the jobs which are to be provided by the employers of our country,' she continued.

"Because this country is a democracy, Mrs. Roosevelt said, it is natural that its people hope mankind's political future will lie along lines that give each individual the 'greatest freedom of participation in his own government.' She stressed, however, that such participation will not 'insure' good government to a nation.

"In the case of countries which, 'because of lack of opportunity in the past,' have not developed sufficiently to govern themselves, Mrs. Roosevelt said she hoped strong governments would feel obligated to aid the weaker countries in developing themselves to a point where self-government would be possible for them.

"The big nations will wield much power, she pointed out, and 'it will be important that they keep in close contact with each other, that they discuss situations as they arise, and that their decisions and actions receive the greatest possible publicity.'

"'The value of an international organization which calls upon each sovereign state to give up some small part of its sovereignty lies in the fact that the public opinion of the world

can be focused on the actions of each and every one of the members of that organization,' Mrs. Roosevelt declared.

"She added that establishment of such international machinery must not be thwarted as it was after the last war 'because a few die-hard Republicans decided not to fight the idea of international co-operation or of a League of Nations, but to try to make it such a perfect instrument by constant amendments that it would finally be killed.'

"Achievement of 'a peaceful world in which our own little lives may move around undisturbed,' depends, in Mrs. Roosevelt's opinion, upon acknowledgment that 'this can only be achieved for ourselves if we are willing to try to achieve it for others.' Therefore all people must study the decisions of Dumbarton Oaks and the forthcoming San Francisco Conference with 'the critical eyes of men who know what the objectives are,' she said."

*

All Life Is Growth and All Growth Is One

ALL HUMAN BEINGS, and all sub-human beings "GROW in wisdom and in knowledge," just as far as their experiences pose new problems for them and they dig the answers out of themselves. Their SELVES are the ONE LIFE-MIND of God moving to expression through them.

Knowledge comes from studying the problems of the outer world from outside and wisdom is the divine mind which is ourselves, and with which we study and answer those problems. The same must be true of everything that has life and experience. Don't you think so?

Sickness, pain and death, sufferings of all kinds, are *not* blessings given to us by God. They are problems posed by our own experiences in the outer world, and the solution of those problems lies in the One-Life-Divine-Mind within us.

Ignorance of ourselves as One Life and One Divine Mind is what separates us from the truth of God and ourselves, and such thinking cuts our physical bodies off from the free flow of the Loving Life through us into the expression of health, happiness and prosperity.

Sufferings of all kind are due to split consciousness. A consciousness split up into little warring factions of ideas is full of suffering, dis-ease, sickness, pain, and it ends in death.

The whole problem of the overcoming of every unpleasant sensation and feeling and experience in this life is to KNOW THE TRUTH of the One Life, the One Mind in all of us, through all of us, to all of us forever.

To know this ONE TRUTH in all the relations of your life and in all the thinkings of your mind, clear down to the bottom of your "heart,"

(*Turn to page 29. Thank you!*)

Affirms the UNITED NATIONS *of the* WORLD

Think!

By ZELIA M. WALTERS

A GROUP OF US waited in the railroad terminal of a great city. We noticed the woman passing. She stood out in that dizzying crowd. One said, "She looks as though she held a pleasant thought." She did indeed. She was not smiling. You wouldn't think of cheerful as a description. She looked serene, sure, and graciousness was about her like a garment. Among all that hurried, worried, petulant crowd she moved like one from another sphere. Perhaps her train was late as ours was. Perhaps the people she expected failed to meet her. Perhaps she hadn't had time for lunch. But none of these things moved her. She lived above the destructive little crosscurrents of everyday life.

She looked as though she held a pleasant thought. "Held" is the needed word. No one achieves that inner peace and strength by hasty, evanescent thoughts or wishes. These leave us almost untouched. We are molded by the thoughts we hold, day after day, on the heights or in the dark valleys, amid triumph and failure. These thoughts mold mind and spirit. We are willing to grant that without argument. Yes, but they mold our bodies and environment too. For several generations the homely philosophers have been reminding us of the truism. "If you are not lovely to look at when you are sixteen, that is too bad, but you can't help it; but if you are not beautiful at sixty that is your own fault." But it goes further than that; our circumstances and environment are made by the thoughts we've held. Our friends are ours by the working of this law. If our friendships seem rather shoddy, look to the thought within. If they are a joy and enrichment, look back again to the thoughts we hold. Sickness and health, poverty and lack, effective lives or futility follow the law of the habitual thought.

St. Paul understood and applied the law of thought. That was why he could sing when he was in prison — and see his chains drop off. Writing to the beloved Philippians he bids them use their minds constructively. It is the last part of his charge to them, as if this were the important thing they were to remember.

"So shall God's peace that surpasses all our dreams keep guard over your hearts and minds in Christ Jesus. Finally, brothers, keep in mind whatever is true, whatever is worthy, whatever is just, whatever is pure, . . . all excellence, all merit. . . . So shall the God of peace be with you." (Moffatt version.)

Notice that Paul tells them the thought must be "held." "Keep in mind," he says. And this thought held steadfastly will transform their lives.

We are sometimes repelled by the admonition to "Keep smiling." There are times when we'd better not smile. There are days in this time of crisis when we cannot be cheerful, and gaiety or pleasure-seeking would be

desecration. But there is no time when we cannot hold the good thought, the molding thought of serenity, sureness of our spiritual heritage, and kindness to all that we touch.

We Stand at the Threshold

By SHELDON SHEPARD

WE PEOPLE of this Western World have brought ourselves to the threshold of a material paradise of prosperity and peace. We have solved the prime economic problem of the race — how to procure the things we need for easy and gracious living. We stand on the borderline of the land of plenty. We have learned how to master most of our difficulties, and have discovered a thousand new blessings. The potential future is a land flowing with milk and honey.

Yet we are puzzled, uncertain, insecure, miserable, restricted, at war. We are suffering because we do not know how to make use of available opportunities. At the moment of our greatest capacity for material blessedness, we are thus experiencing the dread of insecurity, are floundering in ditches of gloom, wading in rivers of blood and perplexedly looking into a threatening future. We stand on Mt. Nebo but we have not entered into the promised land.

An acquaintance of mine, in a conversation covering the possibilities of peace and prosperity and the prospects of strife and want, suddenly gasped: "Surely we Americans aren't as dumb as we look!" What he meant was that a free people, in whom lodge the responsibilities for the operation of their country, should be able to provide for themselves those blessings whose blueprints and materials and processes are in their hands.

What is the reason for our pausing so long at the threshold of our opportunities? What is it that we are missing? Having come thus far, why can't we go on? "What lack we yet?" There must be something — perhaps one element of our lives — which, coupled with that which has produced our nearness to abundance and happiness, could carry us over the threshold, through the door and into the palace!

We are familiar with the conviction of Steinmetz, greatest electrical engineer of our generation, that the truly creative forces are spiritual. It was his belief that some day these vast powers will become the first object of research, and that then the world will advance far more rapidly than it does under the revelations of material science. He understood that faith, hope, harmony and good will are dynamic, transforming, creative powers ready to be turned to the tasks of God and men.

Steinmetz sensed something beyond the atom and the electron. Perhaps he saw then the early gleams of the dawning scientific conviction that the essence of all things is spiritual. The eyes of science, peering into the heart of substance, find all

things in essence the same. Stone, flesh, air, leaves, and grass, when their atomical construction is disclosed by the rays of the laboratory, reveal the same essential dynamic nature. All are composed of motion and energy. Paul was not wrong when he declared that the things that are seen are not made of visible things.

By various methods scientists have changed one chemical element into another. Tin, put under heavy sliding pressure, has been transformed into a good lubricant, and, by a bombardment of rays, one metal has been metamorphosed into another. Dr. George Crile held that all phenomena are uniform in nature — a stone and a thought, a waterfall and a prayer. The sublime unity of existence is being revealed now through many channels. It offers the key to our better future — the "one God and Father of all, who is over all, and in all." Modern knowledge invites and compels the intelligent seeker to the conclusions of the prophets and the saints.

From many sources we hear confirmations of the underlying creativeness of spiritual forces. The physiologist examines brain, nerve, and muscle, coming to the conclusion that human organisms are made for the uses of faith, love, and peace. These are to the body creative, upbuilding processes which turn weakness to strength, sickness to health, inefficiency to effectiveness. They are to the mind dynamic powers, bringing creative capacity, inspiration, and vision. They are to the spirit of man guides to the influence of Universal Mind with its healing, strength, and peace.

Economists, studying the strange mixture of poverty and plenty, of love of peace and practice of war, which comprises our modern life, begin to see that technological development is forcing the race to a practice of good will. Society cannot exist much longer on the basis of cutthroat competition.

In "Man the Unknown" Dr. Alexis Carrel of the Rockefeller Institute declared that there is unquestionable proof of the efficacy of prayer in the cure of all diseases. Corroborated by evidence which cannot be doubted, he says, the story can be told of the cure of tuberculosis, cancer, and other stubborn diseases by its use.

Are not these new voices merely confirmation of the old? Can we not see now the tremendous unity of life? All things are one, created and sustained by a power of which we are a part, and which we wield.

We stand at the edge of a new world. Always the race has hovered on its border, but would not cross the line. Perhaps the scientific discoveries of this century will give us courage to enter. Maybe the disasters of our foolishness will urge us on. We can see now how it may be true that to those who seek first the kingdom of God all things shall come, for surely those who do not so search destroy even that which they have. We understand that actually, literally, it is according to one's faith that one is strengthened or blessed. And in shame we admit that the world's ugly tragedy is an outpicturing of the world's heart.

Think of the staggering words of Scripture which we repeat, often without a thought of their real meaning: "If ye have faith, and doubt not . . . if he shall say unto this mountain, Be thou taken up and cast into the sea, it shall be done." What if it

is true! What if thought and faith are the same as the force that keeps mountains in their places! "All things work together for good to them that love God." What if love is the power that makes things work together!

We live by virtue of our oneness with the Universal Good. "In Him we live, and move, and have our being." God's sustaining presence is no unnatural phenomenon. It is all that we know. To release through the personality more of that presence is to experience what the world calls miracles — to demonstrate health, wisdom, happiness, effectiveness.

Science, philosophy, religion, and common sense now unite their voices to call all men everywhere to a realization of the power of the inner kingdom wherein they are the masters. Thought is a creator, the force by which God swings the worlds on their courses. Faith is a power as real as electricity, reaching out to perform its tasks. Love is an integrator of life, mixing the ingredients of experience to make a good and useful product. These are indeed the magic keys to blessedness!

When men unite in the intelligent use of the spiritual resources of life — the powerful forces of thought, faith, harmony, love — and give them true expression in balanced, beautiful living, then indeed will this generation and all generations to come dwell in the kingdom of God. We are at the threshold; voices of wisdom and necessities of experience bid us enter.

LOVE BROUGHT SUCCESS

A STAR SALESMAN working for a large publishing house once confessed that in his early days he was almost a complete failure. Asked what brought about the change, he said, "In starting out I disliked people and feared them. One Sunday I heard a sermon and the subject was, 'Love is the fulfilling of the law.' During the course of the sermon the minister stated that all success in whatever line of endeavor is always the result of love, while all failure is the result of hatred or the withholding of love. So (said he) I decided the next day that I would make my calls for the sheer purpose of getting acquainted with people and of trying to like them regardless of whether or not I sold a thing. And from that day to this I have been a success." — *R. C. Harris.*

Why You Have Dominion

By LOUISE GRAY CASON

NO MATTER what is wrong in your life you can straighten it out. Because in the beginning when God created you he gave you the gift of dominion. It is a gift you have always had, have always used, and no one can take it from you.

You may question that you have always used your gift of dominion. You may say that if you had you would never have permitted poverty, lack of love, sickness and unhappiness to spring up in your life and yet they are all there.

Well, you do have dominion and you have always used it. Whether you have been conscious of it or not you have decreed and brought forth these unwanted situations. But instead of terrifying you, this thought should bring you comfort. For if you have applied your gift of dominion in the wrong way and demonstrated negatively, now by this same power you can use your gift in the right way and remake your world.

Have you ever really known where your dominion is? There is only one place where you are undisputed monarch and that is within yourself, over your own thoughts and words. Nobody can think a thought for you or change your mind about a matter. You have to do these things for yourself. It is here God made you an absolute ruler. And it is through the thoughts and words you used yesterday that you brought forth your appearance life of today. Each unwanted condition or situation in your life today had its beginning somewhere along the line in the thoughts you have sown. They produced them. Now right this minute, stop giving those conditions any of your thoughts. You don't want them in your life yet they are kept alive and nourished by your thinking. Turn your back on them and begin to send forth thoughts of Good. That will bring into your life the happiness, health, right companions, prosperity and love you so desire.

You may begin to reason about it and say, "If the thoughts I sowed yesterday brought unwanted things into my life, how can I be sure the words and thoughts I am sowing today will bring me the things I desire tomorrow and not another crop of wild oats?"

There is only one way you can be sure you are decreeing Good — seek within yourself your point of contact with God, ask his guidance as you send forth your thoughts and words and they will not return to you void but filled with all those deep inner things you've desired and longed for through the years but which some way have been just beyond your grasp.

If you honestly try exercising your dominion in this way you'll be surprised at the results and will know, with an inner knowing, that the promise is true to "Seek ye first the kingdom of God and his righteousness (right use of thought) and all these things shall be added unto you."

Your Divine Self-Expression

By EDNA TRADEWELL

YOUR SELF-EXPRESSION is what you as an individual give out to the universe.

Your self-expression is your profession, your vocation, your job whether you are a lawyer, a salesman or a housewife.

Besides your regular job, however, your self-expression is every thought, every word, every kindness — everything that you express. It is your character; it is you in action. And what flows back to you in supply corresponds to the richness of your self-expression.

Have you discovered your divine self-expression? That is, your particular talent or work that outwardly in its expression corresponds perfectly to your inner pattern. If you have, you are on the divine business beam. For when you live outwardly according to the pattern within, there is no conflict. There is no discord. There is perfect and complete harmony.

If you have not discovered as yet your particular talent, search diligently for the divine blueprint within your own soul, and set to work to make possible its fulfillment in your individual self-expression.

Yes, listen for your talent, that desire within you that wants to express you and you only. Be wise in that expression. The result is your success and abundant supply.

During this war period, men and women have explored new fields of expression. They have expressed more of themselves than they ever dreamed they could. They have experienced an expansion of consciousness and have thereby grown in consciousness. They have tapped the fathomless well of possibilities within themselves.

Some women have earned money in war effort for the first time in their lives and know the keen thrill of financial independence. With their very own God-given energy they have rendered a service to the world and the world has recompensed them therefor. They have discovered themselves to be creative gods, if you please, sparks shot out from the great central fire of God, each individual spark filled and thrilled with untold, divine possibilities which desire is bringing into expression.

To find one's true self-expression is not difficult. There is nothing complex or mysterious about it. True self-expression is simply acting on the answer to this straightforward question: "What do I really and truly and honestly want to do and be more than anything else in all the whole wide world?"

Suppose you are in a line that you do not like. You work and apparently do all right; you get your weekly or monthly check, but somehow you know in your heart that you are not being true to yourself.

After you have answered the question, "What do I really and truly and honestly want to do more than anything else in all the whole wide world?" then start doing it, perhaps as an avocation, but start. It may be something that requires preparation

— study. Start studying. Start! Start! Start! Look toward the right direction and start progressing in that direction. It will be so much fun doing what you want to do that you will pursue your divine business fervently.

The world does not want half-baked expression. It demands that the expressor prepare himself physically, mentally and spiritually to get himself well expressed.

It is necessary to keep the body well and strong at all times. To keep the mind alert, well-balanced and poised and to direct this great fund of mentality with the integrity of the leading of the spirit.

Open yourself to God's infinite supply of ideas. They are always present, awaiting your appropriation. Express those ideas. Expressed in terms of world needs, they bring to you your supply.

Be your "Divine Self" and you cannot want for any good thing; for by being your divine self you are linked with God and God is all-good. Be your divine, original, individual, unique self, and you will get your life lived and lived bigly.

You are an exclusive model of self-expression. There is no one in all the whole wide universe, never has been, never will be, who can duplicate you. Think of it. You are absolutely unique in your divine uniqueness. God is not a duplicator. He is so adept at creation that every manifestation of his is a distinctive model. There never has been one like you before and furthermore there will never be another one like you. Quite a distinction, isn't it?

God is a creator of individuals. That's what gives divine romance to this pageantry we call life. Every flower, every tree, every shrub, every animal, every bird, every person is an exclusive model — individual coloring, size, shape, with a distinctive self-expression.

So listen, watch, look attentively to the Within to catch your pattern. When your motive is good and good only for all humanity, magnificent forces of light will help you to unfold yourself. Express your talent with masterful strokes so that the world will gladly lavish abundance upon you in gratitude for what you have given it.

Desire passionately to give out your particular self-expression to the universe. When you have succeeded in doing this, the universe will give you money in exchange for your service. And then you won't think of money as a distant quantity that you had hoped for, but as a substantial certainty right in the palm of your hand.

Express your Real Self and you will be abundantly rewarded. Give your very best to the world and the world will give its very best to you.

We have to exert outer efforts. We have to study and practice and discipline ourselves. Then we have to express ourselves.

But when we are traveling on the divine self-expression beam, we have God-cooperation. God supplies us with the desire for ideas, with the ideas themselves, with the expression of these ideas, and even with the pay for such expression. For God is the source of all our good.

Have you found your true self-expression — your divine self-expression? If not, search for it. When you *have* found it, express it royally.

The best of myself for the world
And the best of the world for myself.

He Prayed and Money Came When Needed

By GODIN V. GREENE

WE SHOULD like to present an experience in materializing a certain sum of money — at a certain time — through prayer. And I believe that you will agree that the circumstances leave very, very little chance that this demonstration could have been a coincidence. I would say the chances are one in thousands.

The man who made this demonstration is well known to me, as are all of the factors in connection with the case, and I can vouch for the accuracy of every detail.

Let us call this man Mr. N. On the 5th of July 1944, Mr. N. asked his insurance agent to fill out a cash surrender form on a small life insurance policy. Mr. N. was at the time unemployed, had just ten dollars in his pocket with which to cover food and cost of transportation in his search for employment. On the 12th of July a payment of $31.68 was due on his home. Mr. N. was worried to the point that he could not sleep at night because the firm from whom he bought the property was noted for their strictness in connection with prompt payments.

The insurance agent informed Mr. N. that his policy had lapsed but that if he would pay two months premiums, it would be brought up to date and he would then be eligible to turn the policy into cash. So Mr. N. gave the agent four of his ten dollars and the agent promised the money within a week.

The check still had not arrived on the 11th, however, and Mr. N. was becoming desperate. There was just one person who might be in a position to loan it to him. He requested a loan of thirty dollars as he still had enough cash in his pocket to make up the remaining $1.68.

Conditions happened to be such that the friend could not make a loan of any amount, and there was no one else to whom Mr. N. could turn.

On the night of the 11th, he turned to God in sheer desperation. "I prayed as I had never prayed before in my life," he said. "To me, at that time, the thirty dollars I was asking for seemed like a thousand. I got less than an hour's sleep that night. I spent all of the rest of the night in prayer. As I prayed, I realized that I would have to discontinue holding anxious thoughts, so I gave thanks to the Infinite Father that my need for thirty dollars was NOW being met.

"On the 12th, I watched for the mailman. He passed with just a 'hello.' For a moment my heart seemed to sink, a moment of that feeling of extreme desperation. Then I caught myself, remembered that I was to hold no anxious thoughts. I began to pray again. The real estate firm's agent did not appear that day. This was the first time in the two and a half years I had owned the

property that he had not arrived for the money on the 12th. Nor did he come on the 13th. Neither did the money. He did call on the 14th. Just five minutes before he arrived, however, I received a registered letter from a man I had never heard of before in my life. In this envelope was two bills — a twenty and a ten. You can well imagine the feeling of gratefulness that swept through my being, the prayers of thanks that I gave throughout the remainder of the day. Needless to say, I slept well that night. The insurance money did not come until weeks later.

"The thirty dollars was payment in advance for work to be done; a man for whom I had done some of this same work told the sender of the letter about my ability to do the job."

Our contention that coincidence stood practically no chance in this case is based upon the following seven reasons: (1) The money came on the exact day of the crisis nd five minutes ahead of the collector. (2) It was the exact amount asked for, not a penny more nor less. (3) It came in cash, not a check nor money-order, and therefore Mr. N. had all of the payment ready in cash. (4) Although it came from someone he did not know, the sender had been told of Mr. N. and his ability to do this particular work by a third party. (5) Payment for the work was made in advance instead of upon completion as is usual. (6) In all of his life, Mr. N. had never previously received a sum of that amount on a job that was not even started. (7) For the first time in the thirty months that Mr. N. owned the property, the collector came two days later than usual.

BE STILL AND KNOW

Be still and know . . . a Voice within is saying:
Though dark the way and fearful be the night;
Love guards the path where wandering feet are straying,
And leads them ever upward into Light.

Be still and know . . . it is the Master speaking:
Quail not, my child, beneath the chastening rod;
Lift up thine eyes, a new dawn will be breaking:
Only be still and know that I am God!

— *Jan Hendryks*

To live in the presence of great truths and eternal laws, that is what keeps a man patient when the world ignores him and calm and unspoiled when the world praises him.

— *Balzac*

Are We Switching Off the Life Force?

How Mental Strain Brings Old Age; Relaxation Prolongs Youth

By ROSE UMBREIT

RECENTLY a simple fact has come home to me with tremendous power. Here it is: we bring all our woes upon ourselves by some form of strain. Strain is tenseness resulting from various forms of fear, repression, etc. We hurry, and consequently tense every nerve and muscle and thereby shut out the life force. We worry, and the same thing happens. We grieve, fret, criticise, condemn, etc., through a never-ending list. All of these reactions show lack of adjustment, ending in strain. Strain switches off the life current. Yes, the explanation of our pains, diseases, and woes is as simple as that.

Self-consciousness — inability to adjust socially— causes those thus afflicted to suffer terribly. I have an acquaintance, nearing seventy, who has lived a life of torture from this cause. Even yet she cannot walk or sit naturally in the presence of others. If sitting, she rests tensely on a stingy fraction of the chair and folds her arms stiffly and tightly across her breast, keeping her back and legs in an awkward, strained position. The consequent shutting off of the life forces has surely allowed grim Strain to take his toll. She looks and acts far older than her years. She constantly stoops, her hair is lifeless and gray, her cheeks hollow, her skin ashen. The constant tension in her lower limbs has wrought special havoc. She suffers from stiffness, and from itching inflamed feet. She walks with a stiff, limping tramp. The effect on her hands is even worse, resulting in impaired circulation and numbness. All the life forces have gradually slowed down until it appears that a slow paralysis is creeping over her entire body.

Poor posture seems also to be one of the results of strain and the cause of further strain, and this continues not only during the entire day, but often all night as well, causing sleeplessness and nervous tension.

The effect of continual strain on the head and spine is perhaps the most detrimental of all, since in these organs are the nerve centers of the whole organism. We often find the backs of our heads, necks, and even whole shoulders aching from being kept tense and strained. Such tension, if long continued, may bring such results as crows' feet in the far corners of the eyes, blurred and dimmed vision, a drawn ashen visage, etc., etc. Now why all this grief?

Scientists have disapproved the theory that all these things are the natural consequence of getting old and must be endured. They find that the life of the human cell kept outside the body can be prolonged indefinitely. In short, cells kept free from strain will continue to live. Let us now refresh our minds with the reasons for these facts. "Acquaint now thyself with him and be at peace. Thereby good will come unto thee."

God is not a man but a force — the Life Force. God is the Creative Energy that made us and the universe in the first place, and while we live it continues to revitalize and sustain us. This great Force is everywhere and we are one with it. We are points of energy on a sea of energy. We and the Father are one, but we must recognize and use this fact if it is to do us any good. Each one can have as much of this magic Force as he can learn to appropriate. The supply is limitless.

Since our ills result from shutting out the Life Force, the remedy suggests itself. Turn on the Life Power "full blast."

Do you get to thinking this is a remedy only for the person who is really well and doesn't know it, or won't admit it? Remind yourself that God's power is all the power there is. God is a dynamo generating all power. In us is a spark of the power thus generated, but only as we become receptive, opening our lives to its influence, does it express freely through us. "Draw nigh unto God, and He will draw nigh unto you," is not the comforting statement of a flimsy illusion. It is the exact statement of an unalterable, workable natural law.

Consider the planets — the God-made heavenly bodies of which our earth is one, how they have gone whirling through space for countless centuries with a speed and precision of movement that makes their exact position predictable for years ahead. Stand under the majestic stars and with the psalmist exclaim, "The heavens declare the glory of God, and the firmament showeth his handiwork." And as, in fancy, you hear the Voice that foretold the birth of a son to the aged and incredulous Sarah, declaring, "I am the Lord, the God of all flesh, is there anything too hard for me?" the idea of regaining normal digestion, restoring sight or hearing, etc., or the general renewing and rejuvenating of the human body does not seem so far fetched.

To bring about truly miraculous results we have but to obey the command, "Stir up the spirit of God that is in you." In fact it is really simpler than that. Just avoid switching off the Power and let it express through you naturally. We can learn gradually to turn on the power more completely. We can learn constantly to affirm, "God is my help in every need" — *and believe it.* We come by degrees to live in His presence and find strength and peace.

"I touch the hem of His garment,
And feel His life flow free,
Through every cell of my being,
Renewing me."

WHATEVER I have tried to do in my life, I have tried with all my heart to do well. What I have devoted myself to, I have devoted myself to completely. Never to put one hand to anything on which I could not throw my whole self, and never to affect depreciation of my work, whatever it was, I find now to have been golden rules.

— *Charles Dickens*

The Second Mile—My Method for Success in Business

By EDITHE WEARE

I KNOW of nothing that brings such happy returns as going the second mile. Going the first mile may be hard, but once one has gone the second mile everything gets easy. I am amazed that more people don't avail themselves of this wondrous privilege. People come to me with all sorts of difficulties and I try to tell them that if they would only go the "second mile" all their troubles would melt away. But this idea seems to be difficult to put across. People are afraid someone will tread on their toes, so they go through life standing up for their rights, keeping their elbows akimbo and telling people off. Is it any wonder that there is so much friction in the world, for, when everyone is standing up for his rights, there can't help being clashes that cause friction.

The fear of being imposed upon seems to be especially ingrained in landlords. You constantly hear people say, "I am going to move; I have been here a year and the landlord hasn't given me a thing I have asked for." When I started in the renting business I made up my mind that I wasn't going to be that kind of a landlord, and I haven't been. I can't recall a single instance in which a tenant has asked for something that it hasn't been granted. Why? Because once the tenant knows that he can have anything he wants it is surprising how few his wants are and, likewise, that what he does want is never unreasonable. When a tenant knows that the landlord is going all out for his welfare and comfort, it is a most unusual person who doesn't appreciate the landlord's attitude and co-operate with it. During the shortage of oil it was really touching to see how my tenants did everything they could to conserve fuel. And I believe that because of their co-operation we were more comfortable than any other place of its kind in town. Likewise, I tell all my people that if they ever want more heat to feel at liberty at any time to turn up the thermostat. Has anyone ever taken undue advantage of this blanket offer? Far from it. I go away for weeks at a time and leave the tenants to run the heat themselves, and when the bill comes at the end of the month it is always less than when I am at home.

When I opened Kismet Lodge I decided to "go the second mile" in the matter of contracts and take my fellow man on faith. All my friends told me that I would get into trouble doing business in such a loose way, but Spirit told me that this way was the right way, and so it proved. Once, years ago, before I knew Truth, I did lease a place and received from the tenants-to-be a hard and fast contract drawn up by a notary. Having this contract in my possession I felt very safe, but as it came out I wasn't

safe at all. The people to whom I had rented hadn't much more than moved onto the property than they had a chance to get something cheaper and so went about finding ways and means of breaking the lease. I, still feeling safe with my lawyer-written contract, paid no attention to the talk until they informed me that they had taken steps to sue me and put an injunction on my property. Then I saw a lawyer. My lawyer said that according to the contract I had everything on my side, but, nevertheless, he advised me to settle with the people amiably and to let them go. This I did even though it caused me no end of inconvenience. The experience was a lesson to me never to bind anyone to me in any other way than by the bonds of Spirit.

Not long ago, on the woman's page of a newspaper in the column where people write for advice, I read the letter of a person in the renting business telling anyone going into the business just how to carry on. The upshot of the whole letter was rules. Here at Kismet Lodge we have neither rules nor regulations. When one is doing business according to "the second mile" there is no need of any. The woman of the newspaper laid down hard and fast rules concerning laundry, guests, the roomers' duties and time to be in at night. Here, the roomers do laundry when and where they please, but it is done with such ease that no one is conscious of it. The apartments are small, so any time that the tenants want guests and I have a free room they are welcome to it free of charge. So far as I am concerned, the tenants and roomers have no duties. I know a woman whose tenants move out with alarming regularity because she always insists on their sweeping the stairs, and a quarrel ensues and the tenants leave. Here, because we have no rules to arouse antagonisms, such issues never come up. I was recently in a house that has apartments where they have an elaborate system of signing a bulletin board to determine who will be the last one in and, therefore, the one to lock the door. Here at Kismet Lodge we never lock the door, so tenants and guests go and come with utmost freedom. These may seem like trivial matters, but anyone who knows anything about the rooming business will tell you that it is these little matters and not the big issues that cause all the strife between landlords and tenants. It is not so much what the landlord does or does not do that arouses the tenant's antagonism; it is, rather, the feeling of submitting to rules and regulations that puts the tenant on the defensive and once he begins to defend himself, the landlord also acts in self-defense. By going the "second mile" one does away with the attitude that causes strife and peace and harmony reign.

Since Kismet Lodge is not only a place of business but also my home, it is worth it to me to go the "second mile" just because of the harmony it brings. But besides that it brings also a full measure of business success. My apartments are practically never vacant. My rooms are occupied when no one else in the business has a roomer. My tenants stay long periods of time; they never leave until a change in circumstances necessitates it and then they go regretfully. I do no advertising. One satisfied tenant tells another and the apartments and rooms are filled in that way. I get the cream of the crop so far as people are concerned, and, since I am closely

associated with the ones in the house, it means much to me to be surrounded by fascinating personalities. Then, too, I never have to give the matter of money a thought. In six years I have never had any arguments over bills; I have never lost a cent in rent; and I have received maximum prices for my rooms and apartments. A friend once said to me, "This is an altruistic enterprise." Perhaps it is. Perhaps "going the second mile" is being altruistic. But if it is I am for it, for it has brought me the most happiness and the greatest success I have ever achieved.

The Healing Power Is Life

By GENEVIEVE BEHREND

OBVIOUSLY all healing power, in whatever form it manifests, has its origin and entire activity in the Life Principle which lives within that form which it made. Proof of this fact is found in the realization that healing can never occur in any form from which the appearance of Life has been withdrawn. Where Life is, healing is, and always, for healing is inherent in the form.

The healing power of Life manifests eternally in all of nature. In an organism so simple as the tree often one will observe striking evidences of it. A tree, when injured, immediately calls forth the healing elements within its life and concentrates them at the point of injury. At once its miracle of repair begins and continues until the healing is complete. A stone crab may be taken from the sea and have one or both of its front claws wrenched off. Yet if that crab is tossed back into the sea at once, and is left undisturbed there for a few weeks or months, it will, despite the severity of its wounds, proceed to grow a new claw, or set of claws, as perfect as the original ones. Just what power in these children of nature does the healing? It can be only that of the Life Principle within them which originally made them.

If we would live in full harmony with the Life Principle resident within us, we should never want for healing. But with the world in its present benighted spiritual state humans must deliberately acquire a knowledge of the laws of the inner being, notwithstanding the fact that those laws were written upon the heart in the beginning and are to be found there forever. If only we would give to the learning of that wisdom the time, attention, effort, even the money, it requires, and would make of that acquisition the first and most important thing in all of life, and then would consciously use the knowledge in faith and joy and deep gratitude to God, what a free and happy world this would be. Then each could summon at will the power of Life within for whatever healing or rejuvenating energies were desired and the perfect response would be ever-present. All manner of

disease would disappear quickly from the body of humanity.

Troward wrote: "All our faculties work under the influence of something which stimulates them; and the stimulus may come from without or within." Greatest of all the stimulating influences is that found in positive and constructive thought and feeling which contain a power inconceivably mighty when rightly controlled and directed. One does not need to seek that power on the outside, one already has it there within. And it is immeasurably powerful as an agent for good. One needs only to get truly acquainted with it and use it endlessly in complete trust. It will do all the rest!

Consider a severe headache, for example. The perfect remedy is waiting in directed thought. Simply sit down, or lie down, and relax the body completely, even to the tip of each toe and the eyelids. Direct to the area of inharmony all the power of Life through controlled concentration of the whole being upon an affirmation like this (which applies to the head only): "John Jones (or whatever your name is), my capacity to know God is perfect and harmonious now!" Hold that thought, and it only, and continue firmly to know it is true of you and for you even this instant — do this until you can feel every cell in the body responding to that quality of the Life within which is always in absolute harmony in its capacity to know God.

If because of your inexperience in giving mental treatments to the self you feel uncertain of your ability to relieve the headache immediately, it is wise to call upon another for help. Have a friend or relative who knows how to concentrate powerfully upon a meditation, and who will do it gladly, take a standing position at your left side while you sit wholly relaxed in a comfortable chair. Ask that person to place his or her left hand, palm open, horizontally across your forehead, and the right hand, with the palm cupped, at the base of your head. Both hands should be firmly placed but without obvious pressure. Have that person dwell upon the affirmation given above, silently but with all the mental power possible, while you sit wholly relaxed and thinking of nothing, with mind altogether idle. Ordinarily five to ten minutes of this is sufficient.

Within the inner being of each of us God has planted unlimited and unfailing restorative powers. There is little, if indeed any, virtue in merely knowing his spiritual Laws. One simply must use them also if one hopes to develop power with God for good. The wise person will live the inner laws habitually. Otherwise the innate spiritual powers lie dormant and will become weak, or even atrophy, through disuse. Invariably the healing power of Life will follow the course of one's most habitual thought and feeling.

Is life worth living?
Aye, with the best of us
Heights of us, depths of us
Life is the test of us!

— *Corinne Roosevelt Robinson*

HOW I WAS QUICKLY HEALED

By ELIZABETH KENNEBREW

ONE MORNING several years ago I woke up with a pulling and throbbing sensation about my waist. I couldn't imagine what was the matter. I soon discovered that during the night about fifty little boils had appeared, forming almost a complete band around my body. "Shingles!" I was horrified. I had always heard that, when they met, you would die.

I had never met anything like that before, but the voice of Truth said, "This is just like everything else. Trust God to take care of everything, and you will build on all you have done before."

I decided definitely that I would not say anything about it to my family. I knew that they couldn't help and would just add to my worry. And theirs and mine together would be too much for anybody to handle.

Ever since I had begun using Truth I had met every engagement that I had made regardless of appearances or fears.

One of the things I had planned to do on this day was to play tennis. I felt that I just couldn't do it. Every time I raised my arms I suffered excruciating pain.

I sat perfectly still and relaxed for about an hour. Most of the time I was repeating affirmations. I knew just what the cause of my trouble was. Whatever bad feelings I experienced, either physical or mental, I realized were caused by my having been suppressed by the family and rarely ever having expressed my real self. They didn't mean to be unkind but just felt that, as I was the youngest, they knew better about everything than I did and wanted to decide what I should do with my life. So I just accepted this attitude and never thought of going against their advice, because I knew it would hurt them.

These were the affirmations I repeated: "The Father is doing the work." "All the forces of my being are awake to the unfolding Christ ideal in me." "I have all the faith, courage and strength I need," and "Praise the Lord, o my soul, and all that is within me, praise his holy name!" The second and last of these help to wake you up inside and make your blood circulate better, also helping to remove impurities.

I did everything I had planned for the day. I played tennis, but not very well.

For two days and nights there was no change. I hardly slept at all. I couldn't get in a comfortable position. I kept repeating my affirmations almost constantly.

Finally the third night, about twelve o'clock, I felt desperate. I couldn't sleep. I felt that there was no help anywhere. I couldn't have a doctor, nor tell the family, nor anybody else, and I felt I did not know how to get in touch with God. So I just gave way to my feelings and cried as if my heart would break. After that I felt somewhat better, but still far from hopeful. Then I opened the Bible as I generally do for guidance. And can you imagine what I turned to? Nothing could have been more helpful. It was the fifth chapter of James and my eyes happened to rest on the eleventh verse: "We have heard of the patience of Job, and have seen the end of the Lord. The Lord is very pitiful and of tender mercy."

Instantly the burden was lifted and I felt entirely safe and secure. I went

to sleep immediately and the next morning there was no sign of boils. I was reminded again of how infinitely much greater are God's ways than our own ways. All things, indeed, are possible with God.

SCIENTIFIC PRAYER

By EMMET FOX

IN SCIENTIFIC PRAYER we usually work in the present tense. The whole idea of scientific prayer is to adjust one's consciousness, and this must necessarily be done in the present. "Behold now is the accepted time. Behold now is the day of salvation." When a problem concerning your future presents itself to you, as, for example: suppose that you have to sit for an examination in six months' time, or to take a voyage which you dread, perhaps next week — the right thing is to pray about it now, in the present tense. Do not wait until the time comes, but work on it now; that is, work on your own consciousness concerning it, and in the present tense. Do not try, as it were, to throw your treatment forward. This cannot be done successfully. The event may be a future one, but the very fact that you are thinking of it at all means that it is present in consciousness; and as the thought is a present one, it can and must be dealt with in the present tense. In the same way you can treat about past events, and you should do so if they still worry you, by treating about them in the present tense — because the thought of them is present. Treat for past and future events alike as though the incident were going on at the present moment. Remember that God is outside of what we call time, and the beautiful healing action of His Holy Presence is just as applicable to one date as to another.

Always remember that the only thought that you need to concern yourself with is the present one. The thoughts of yesterday or of last year do not matter now, because if you can get the present thought right it will make everything else right here and now. The best way to prepare for tomorrow is to make today's consciousness serene and harmonious. All other good things will follow upon that.

Never go delving into your mind to look for troubles to pray or treat about. Deal faithfully with those that bring themselves to your attention, and hidden things will be taken care of. — *From "The Sermon on the Mount."*

GIFTS

QUICKEN my consciousness, Lord,
That I may know
The truth of thy vast universe,
Above, below.

Grant me perception, Lord,
That I may see,
In all of life's vicissitudes,
The lessons meant for me.

Give me sympathy, Lord,
That I may try
A friend to be to those
Less fortunate than I.

Added to these, one other gift
I pray do thou impart:
Greater than all; Dear Lord, I crave
An understanding heart.

— *Jan Hendryks*

Buy War Bonds

Views and Reviews

By WILLIAM E. TOWNE

Guidance

HERE IS something that George Eliot wrote about guidance which I believe is both beautiful and true. She said: "We see no white-winged angels now. But yet men are led away from threatening destruction — a hand is put into theirs, which leads them forth gently towards a calm and bright land."

There is a school of religious thought which holds that God does not directly intercede in human affairs in an arbitrary manner in answer to prayer. They maintain that some of the seemingly miraculous answers to prayer can be explained by coincidence alone. While I see much truth in this claim, yet I believe we are inclined to limit our faith where the truth would warrant an expansion of it. We ascribe to coincidence much which in truth is the working of divine law, not in an arbitrary way but according to God's eternal Plan.

For instance, there is the case of the soldiers fighting on an island in the Pacific, who were out of water. They were cut off from their source of supplies and were about to perish. Suddenly a shell from one of our own guns struck near them, making a crater so deep that it released hidden springs of fresh water and their needs were met. I do not think this was necessarily coincidence. I think their great desire, their prayers, went out through the ether and perhaps influenced the hands that fired the shell, so that it struck in that particular place. The gunners were not conscious of why they changed the range, but they did so in response to an unseen urge. We little know the extent of such influences and the part they play in the common affairs of life — all according to divine law, not by arbitrary action on God's part, as I believe.

"The power you get in prayer," says Dortch Campbell, "comes from the *effort* to pray, which produces an actual substance similar to chemicals. . . . To learn how to pray, you pray, and I care not how you do it."

And then he goes on to relate (in his book, "Seeing the Way Ahead") how he and two others prayed for a man who was destitute, alone, in great need. And EACH ONE of the three received the same impression, that the man would find employment in a tourist camp. The three persons concerned were hundreds of miles apart at the time; was it mere coincidence that the same idea came to all of them in answer to prayer for aid for this man?

In any event, the guidance was true. The man walked twenty-five miles to find a tourist camp that needed his services, and from there on his success was assured. He soon gravitated to an inn under the same management as the camp, and his subsequent years were happy and prosperous ones.

There are numberless cases on record where lives have been saved by guidance from some power outside

the individual which kept him from danger. Edward B. Warman, in "Psychic Science Made Plain," Vol. II, relates an interesting instance of this sort which occurred in his own life. "Away back in the seventies," he writes, "there occurred what is known and is still remembered as 'the Ashtabula disaster.' Before the train pulled out from Boston I had entered the fatal sleeper with the intention of securing berths for a friend and myself. We had barely taken our seats when I heard — or thought I heard — these words: 'A wreck, a wreck; get out of this car; get out of this car.'" Mr. Warman heeded the inner warning, and in the wreck that followed NOT A PASSENGER ESCAPED ALIVE FROM THAT SLEEPER. Surely here was the working of a divine law of guidance and protection in the life of this individual. Why did it work for him and not for the others? Because he was attuned to RECEIVE the knowledge which the forewarning conveyed, I should say.

In the introduction to his book to which I have already referred, Dortch Campbell says: "Man's destiny is always in the present — in the hour of decision. He is a colossus of spirit and not a midge caught in the web of circumstance. Of course, the past undoubtedly prepares the future's conditions; but the future is not inexorable. It is responsible to entreaty and to decision, by which we break the web of fatalism of our own weaving and thus command the future. This, consequently, is your moment and mine. That which has life, even down to the lowest scale, has charge over its own destiny. Our lives are not bound and gagged and cramped and paralyzed, but are workable to our wills and our desires — and our prayers!"

IN A DREAM I FORESAW WHAT TOOK PLACE THREE NIGHTS LATER

As a lad of sixteen, just out of school and working in a wholesale millinary establishment, I experienced a dream that kept me out of immediate trouble, probably saved my early reputation, and has been a guiding warning in later years.

All goods sold by the various salesmen of this firm were brought to the basement, spread out on long tables, and called off to an entry clerk and billing clerk seated at a sliding desk behind these tables. I happened to be one of these clerks.

Each salesman called his own sale of goods, and this made the basement the gathering place of clerks and salesmen. For a considerable time the most interesting part of the conversation, to a lad who was all ears, was the various stakes made playing craps or roulette the night before at a gambling house about a block away.

It proved too much of a temptation for a lad of tender years and I sneaked in one night, unknown to my parents or close friends. I played the game a few times, sometimes winning but losing more, of course. Each time I went in I became a little more bold at entering and playing, as no one closely connected had seen me, although I was not, probably, without a guilty conscience.

The night after my fifth visit at this place, I had a dream which was so vivid that I have always remembered it to its minutest details. The

(*Please turn to page 30, col. 2*)

Success In Prayer

Edited by W. E. T. and E. T.

PRAYER BROUGHT SUCCESS IN WORK

I SHOULD LIKE to give you an experience of my own in which, through prayer, I acquired a talent that was previously foreign to my natural leanings from the standpoint of educational background, habits, etc. It was soon after Pearl Harbor. Pacific Coast defense plants began increasing in size with great rapidity. Small war plants sprung up where none existed before, and other factories, such as stove works, trunk works, etc., stopped making stoves and trunks and commenced to manufacture aircraft parts.

I felt that the government's request for more and more war workers should be met but this was my problem: I had never been mechanically inclined. I could drive a typewriter but not an overhead crane; run a printing press but not a turret lathe. Even in school this non-mechanical trend was very apparent. My grades in journalism would be good but I would consistently receive unsatisfactory cards in mathematics. Machinery had always been outside of my sphere both mentally and physically.

Now I prayed that I might develop the ability to do mechanical work. I prayed morning and night, and often in between my regular silences or prayer-periods. I asked for divine guidance and help in acquiring new abilities and talents along mechanical lines, especially in such things as would be of benefit to our people in their defense and war efforts. One point I did not overlook — that of giving thanks that this divine guidance was already mine, that I was now one with divine operation and that this realization was even then bringing about the perfect and complete materialization of my deep desire.

Things began to happen. First, from an unexpected source I learned of a nine-week aircraft course that was financed by the government and therefore required no tuition fee. I took this course, specializing in template making. After successfully completing the course, the next step was an application for employment with a large aircraft corporation. I was accepted but this particular firm required a very rigid test which required a full day to go through. The test was extremely thorough, and I prayed that I might successfully pass it, then gave thanks that I was one with divine mind. Each phase of the test was successfully passed and I went to work as a template maker. Had anyone told me two months previous that after a nine-week course I, who had always been so far from being mechanically inclined, would soon be a template maker, I should have doubted that person's sanity.

I then began to pray for advancement, and very soon the advancements began to materialize. During the two years that followed, I worked up, through continuous prayer, from template making to production planning. Even now, through prayer, the various curtailments in aircraft manufacture, the closing of many departments and some entire plants, has had no effect in my work, except to bring about interesting changes. As I write

this I am, again through prayer, connected with the War Department's Army Air Forces as a member of their civilian personnel.

—*G. V. G., Calif.*

PRAYER BRINGS PROTECTION

BEFORE describing an experience that came to me one Tuesday morning in November, 1943, I will give briefly the setting for my story so that the reader may have an understanding of the conditions surrounding the experience which will prove helpful.

My age is quite near to 86 years. My health is nearly perfect. I live in our own home in one of the proudest cities of Minnesota — a home that we bought twenty-five years ago before I was a widow.

About six months ago my youngest daughter, a mature woman, came to share this home with me, and to take upon herself the responsibility of providing desirable comforts and caring for me during the sunset years of my life.

We have a desirable location in a beautiful part of the city and a home (an eight-room house) which affords comfort and convenience. The house is furnished with the best that a moderate income would allow. We also have some antique pieces of value and some treasures that money could not buy and most surely could not replace.

On this morning in question, as I awakened from a wonderful rest and sleep, I thanked God for the rest and for the many comforts surrounding me. I also asked that in the new day before me I might be guided aright and given strength and courage and protection to perform my tasks as well as the peace and poise necessary to make it a perfect day. I call this my sunrise prayer. It is a habit that gives the greatest joy and beauty to the years when I might be expected to magnify the heartaches and disappointments.

I am always up at quite an early hour and, as my daughter and the other member of our household are engaged in work that demands part night service, I am glad to be helpful and able to attend to various matters pertaining to the ordinary home life.

Then at a later hour when the others have had breakfast I again go to the kitchen, smooth away the cluttered table and put things in order for midday use.

On this morning about which I am writing there was a change in our usual program. Our boarder, working part time at night, usually has a light breakfast at about 10 A.M. On that day the big plant where he is employed was idle on account of a bad storm which prevailed the night before. For this reason he was up earlier than usual, wishing to be away for the day and evening.

My daughter looked after the serving of the late breakfast, and I was relieved entirely, giving me an opportunity of having a few good hours in my own room where some neglected tasks were demanding attention. In fact, I was heartily jubilant over the prospect and looked about in my dear, sunny room with eager delight. Shortly thereafter my daughter left on an errand also, and I was alone in all my glory.

Only a brief time elapsed, however, before "something" told me I must go downstairs. I resisted the inclina-

(*Please turn to page* 32, *col.* 2)

Elizabeth's Editorials

(*Continued from page 7*)

shall set you free from sin, sickness, suffering and death itself.

All growth in goodness, in Godness, in wisdom, in TRUTH, is a growth in realization of the oneness and the adequateness of Life to answer ALL our desires.

"Set your mind on THINGS ABOVE" — on God the One Life and Mind. "Be ye renewed (made NEW) by the renewing of your mind" — in the image and likeness of the One Mind, One Life which is infinitely expressing itself in the world and the universe, and infinite universes beyond.

*

ARTHUR STRUBLE Receives The Legion of Merit! God Bless Him!

IN THE AP report under date of February 13 we found this bit of news about another Struble from Portland, Oregon, and Washington, D. C. He is the first cousin of our Managing Editor, Chester H. Struble, and he was Chief of Staff of a task force during the Normandy invasion.

We saw in the *New York Herald Tribune* that he was also at the head of the landing forces on that island west of Luzon. We assume that he was sent from there to France and that he is now back again in the Philippines. This is what the AP report says of his citation:

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(*Please turn to page 30, col. 2*)

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In a Dream

(Continued from page 26)

place was raided and I could see many young men I could call by name, each with a policeman beside him.

The vision was so realistic, giving me such a start, that I did not go back. The place was actually raided three nights after and I was, and still am, thankful to say that I was not there. Games of chance have not interested me since. — *William P. Putnam.*

Arthur Struble

(Continued from page 29)

THE PHILIPPINES, Feb. 13 (Delayed) (AP) — Rear Admiral Arthur D. Struble received the Legion of Merit in a ship ceremony today. He was cited for his work as chief of staff of a task force during the Normandy invasion."

THE poorest way to face life is to face it with a sneer.

— *Theodore Roosevelt*

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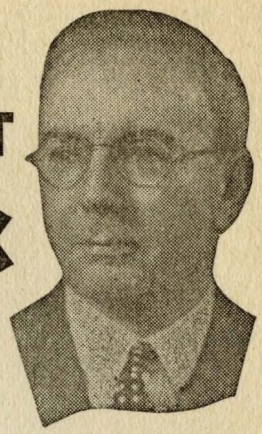
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Success in Prayer

(*Continued from page 28*)

tion, saying to myself, there is absolutely nothing downstairs demanding attention. Why not get this job done first? Yet, I was already halfway down the stairs, going as fast as possible consistent with safety. I passed through the rooms into the kitchen where I immediately caught an odor of burning cloth. I looked for the source and behold, our automatic toaster was just ready to burst into flames! Something had gone wrong with it, evidently. I could barely get my hand to the cord in order to disconnect the toaster. The spread underneath was burning, also the wood in the cabinet on which it stood was ready to burst into flame. Just a few hand-widths away, clothes were hanging such as are likely to be kept around a kitchen — sweaters, head scarfs, aprons, etc. What a fine blaze they would have made! And I all alone in the home. This home that we loved so well, so filled with happy memories and fondest hopes, just built anew from basement to attic. The home that daughter and I had returned to after months of unrest and hardship.

At my sunrise prayer I thanked God for his protecting care, for his guidance.

I was reminded of Isaiah 65–24: "And it shall come to pass that before they call I will answer; and while they are yet speaking I will hear." — *E. O. M., Minn.*

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