NAUTILUS

MAGAZINE OF NEW THOUGHT

1945

FEBRUARY

The Strange Way in Which My Subconscious Mind Saved My Life JOHN DAVIS

My "Way to Serenity" DOROTHY M. MEAD

Christ Can Save Business CLARENCE EDWIN FLYNN

Turn That Chore to Creative Results EDITHE WEARE

So You Want to Be a Genius! MARIE WINCHELL WALKER, M.D.

How I Use Autosuggestion for Self-Healing GENE MATTHEWS

Prayer Changes YOU SHELDON SHEPARD

The Truth That Helps One to Healing ELIZABETH TOWNE

Edited by ELIZABETH TOWNE
WILLIAM E. TOWNE

PRICE 20 CENTS

"There Shall Be No Night There"

BY GEORGE C. HUBBS



IN HIS DESCRIPTION of the heavenly Jerusalem, St. John twice tells us "there shall be no night there."

Life, as we too often think of it, is an experience of mixed lights and shadows — rejoicings and sorrows, victories and defeats — a manifest *earthly* conception. Figuratively, it is a daylight and night idea — daylight, a time of rejoicing; night, a time of trial.

I wonder if the implication in this idea is as plain to us as it should be. Could it possibly infer that we are less certain of an everpresent, nightless God during our night of problems than we are in our day of health and peace and gladness?

St. John says "there shall be no night there" *because* "the Lord God giveth them light." Surely Truth students have learned that our Lord God is *never absent!* But there may be times when his light-shedding, healing presence is made less clear by our earthly idea of existence. As proof of this, unless we are constantly on guard we may involuntarily think of life in *physical* terms, as though it were at the mercy of circumstance and without a *spiritual stabilizer*. Sooner or later we must *know* God instead of knowing *about* him.

That we are in process of spiritual development I well know, but we can speed our growth by trying more and more to realize that *there is no night where God is!* (Philippians 4, 4–7.)

What's Cooking
FOR NEXT MONTH?

Music Works Healing Miracles So says William Smallwood in an interesting personal experience which he will relate to our readers. He hopes thereby to express his own faith in the healing power of music. We feel that our readers will find a special treat in, MUSIC AN AID TO PRAYER.

Don't Put This Off If you are tired, worried, confused — learn to relax — now. There never was a time in our history as a nation when we nervous, high-strung Americans needed the helpful knowledge of physical and mental relaxation as we need it right now. Irma Hegel has sent us an article filled with proofs of the benefits of relaxation and hints as to how best relaxation may be accomplished. RELAX — NOW, will be of much help to many of our readers, we are sure.

Do You Want Your Days to Pass Smoothly? Elizabeth Searle (whose husband is flying over the jungles of South America, whose father is at the front in Germany and whose brother is also in the Army) finds that she needs plenty of mental encouragement to keep herself cheerful and active in her Kansas home. So she has developed six "helps" to make her day go smoothly. She says that when she uses these helps, "the whole day goes along smooth as glass." She finds that the first fifteen minutes after rising tells the story of what your day is going to be like. These helps will aid you to key the whole day in the direction you desire to go. In her article she will tell you just how to use these helps. Watch for, MAKE YOUR DAY EASY WITH THESE SIX HELPS.

$20 for the Best Article on Telepathy Many years ago we offered a prize for the best article on this same subject. The replies were more numerous and interesting than any we ever received in a similar contest. Now NAUTILUS has thousands of new readers, and we think it is time to ask you for more experiences in Telepathy. So send in your manuscripts telling of your personal experiences with Telepathy. All manuscripts should be typewritten — double spaced — and not exceed one thousand words in length. Twenty dollars will be paid for the best and most interesting of these experiences. The prize-winning manuscript to become the property of the Elizabeth Towne Co., Inc. Enclose stamps if you wish your manuscript returned. Contest will end April 15, 1945. Address, Contest Editor, c/o The Elizabeth Towne Co., Inc., Holyoke, Mass.

The Healing Silence You can get "something strong with power from the silence" — strong with the power of healing. In the silence you can find the power that brings peace — peace which is your most precious possession. Once there was a woman who declared: "My relatives hate me; I have not got any friends; my health is wretched; I am about to lose my job, my husband and my home." Surely here was not one but a whole series of difficult personal problems. What could "The Silence" do for *her*? Well, it would take quite a little time to list *all* the benefits which she reported that she had received from the silence, when she once began using it for comfort and health. But you can read all about it in the NAUTILUS article, HOW SILENCE HEALS AND RESTORES.

(*Please turn to page* 2, *col.* 2)

Important to Nautilus Subscribers

If you find an expiration notice attached to this space it means that your subscription expires with this issue UNLESS your renewal has crossed the notice in the mail. IF YOU WILL RETURN THE RENEWAL BLANK WITH YOUR REMITTANCE SO THAT IT REACHES US BY THE 29th OF THE MONTH OF THIS ISSUE WE WILL CREDIT YOU WITH 13 MONTHS FOR $2.00. Extra month for prompt renewal. Or we will send NAUTILUS two years for $3.00 (30c extra per year for Canadian postage; and 60c extra postage per year to foreign lands). Do not look for change in credit mark on wrapper of your NAUTILUS before second month after your renewal.

WE AFFIRM that the basic truth of all religions is one. And that this truth — understood and applied — frees, heals and prospers the individual — HERE AND NOW.

NAUTILUS takes its name from the following verse from Holmes' poem, *The Chambered Nautilus:*

BUILD thee more stately mansions, oh, my soul,
As the swift seasons roll!
Leave thy low-vaulted past!
Let each new temple nobler than the last,
Shut thee from heaven with a dome more vast,
'Til thou at length art free,
Leaving thine outgrown shell by Life's unresting sea.

A Woman Finds PEACE Within

"Never felt so quiet and peaceful. Can't praise this work enough." — M. B., Wis. So writes a student of ELIZABETH TOWNE'S FOUR LESSONS ON HEALTH AND SUCCESS. Others write: "Have left off tonic and sometimes walk over two miles a day. Instead of studying ABOUT Truth, or thinking ABOUT Truth, these Lessons make you know that you are LIVING TRUTH." — M. S. B., Ga. "Strength increased. Haven't felt so ALIVE for years." — Mrs. J. H. D., Ind. "Have accomplished every single thing I put on my written list of desires. Please send Lesson II." — G. H. C., Ga. "Was losing weight. Much depressed. Now gaining weight and mental attitude completely changed." — E. E. M., Ill. "Health and appearance improved. Eyes sparkle, complexion better." — G. C. L., Md. "Am thankful for PEACE AND HARMONY IN HOME and small increase in income." — C. E. H., Pa.

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The Elizabeth Towne Co., Inc.
Holyoke, Massachusetts

I surely want to read all the special features coming in NAUTILUS. Here is $1.50 for NAUTILUS one year and **Emerson's Concept of Truth,** in accordance with your special offer to new subscribers.

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Feb.

How Visualizing Can Help To Bring Success Visualizing can be made to produce a real dollars and cents return on your effort if rightly used. Genevieve Behrend has learned much and experimented much with visualizing and she has written an article for our readers upon this subject that gives one of the most interesting and helpful instances that ever came to our attention, where visualizing was used successfully. It tells how a jobless man, with only $25 capital, was able to establish a paying business of his own. We feel sure you will want to read, HOW VISUALIZING BROUGHT A PROFITABLE BUSINESS TO A JOBLESS MAN.

That Law of Increase If you are a regular reader of New Thought literature, you have often noticed references to "the Law of Increase." You may have read articles and booklets upon the subject. But how much do you *know* about this supposed law, and how to apply it to your own problems? John Davis has written an article that will throw light on this subject. He gives the clearest explanation of the Law of Increase we have ever read. Don't miss, THIS IS THE LAW OF INCREASE.

A Strange Headache Cure She was a victim of self-pity. And when her feelings were hurt she frequently had a nerve storm and went to bed with a headache. But something happened. She suddenly realized that her friends were getting sick of the eternal chip on her shoulder. So she went to work to change her mental attitude. And what was the result? She told the story of her experience to a friend and the friend is going to tell it to you — the readers of NAUTILUS. There is help in this experience for all whose feelings are easily hurt — who are over-sensitive. If you want to develop immunity to "hurts," here is how to do it.

Demonstrations The subject of how to make your mental demonstrations successful, never loses interest. If you are one of those who have tried and tried and failed — then this article, by a new contributor from Louisiana, is for you: THAT DEMONSTRATION — JUST HOW TO MAKE IT.

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Before I'm Eighty

BY LOUISE COMES REEVE

I want to see this strange world's common places
Filled with the usual, the quiet, the small graces.

I want to hear the sudden sounds of every ordered season
When life is calm, selective, patient, based on reason.

I want to smell the pleasantness of all the paths of peace
With pity, know the pain of things will lessen, then will cease.

I want to taste the salty tang and know the tart of truth
So I may take instruction and relish sound reproof.

I want to know humility and love and joy, be wise
And comprehend completely that courage never dies.

Editorials

By ELIZABETH TOWNE

WHAT IS THE REAL GOOD?

"What is the real good?"
I asked, in musing mood:
"Order," said the law-court;
"Knowledge," said the school;
"Truth," said the wise man;
"Pleasure," said the fool;
"Love," said the maiden;
"Beauty," said the page;
"Freedom," said the dreamer;
"Home," said the sage;
"Fame," said the soldier;
"Equity," — the seer.

Spake my heart full sadly, —
"The answer is not here."

Then within my bosom
Softly this I heard, —
"Each heart holds the secret.
Kindness is the word!"

— *John Boyle O'Reilly*

*

Understanding

Webster says that understanding is: "to be an intelligent being; to have or receive knowledge; discernment; comprehension; interpretation; informed." I say to you that to understand anything is to see through it as God sees through it; to understand each thing in its relation to the whole of life, inner and outer. "The universe is one stupendous whole, whose body nature is, and God the soul," said Alexander Pope. Never was a truer statement. To understand any question of life one must know it in its relation to the whole of life, the inner and the outer. Apply that statement to the world like this: This world is one stupendous whole, whose body nature is (including the two billion of human beings) and God is the soul. A single individual or a single question or problem in life can never be understood except in its relation to the whole of life. God is in every human being and he is the rewarder of them that diligently seek to know him, the life of the whole, as the moving spirit in and through every individual and thing and problem and question that comes up before the bar of human comprehension. "Nothing evil is, or low; each thing in its place is best."

For instance, there is nothing about a gold coin that can possibly be evil except the thought that the beholder imputes to it and God's eyes in the human being are purer than to behold evil in his gold! After God had created the world and all that it contained, he pronounced it very good. "Have faith in God." Jesus said that over and over, and so have all the prophets and the apostles and the disciples. Have faith in God.

And who is God and where? God is the life, the power, the wisdom, the love, the intelligence of everything that lives. Have faith in God and his kingdom of heaven coming on earth, at hand, through your hand and my hand working together for all of us. Ideas come from God. What the individual thinks about the various ideas that come into his mind prove to his world whether or not he believes in and serves God or mammon, the God of personal greed. We are now living in what is perhaps the

most interesting age in the world. The people of the world can so think and act *now* that the whole world may go forward into something better than we have ever before known. We can go forward into something that will more fully express the kingdom of heaven as it has been from the foundation of the world within all of us. We can do this through all of us understanding the truth and working together for its manifestation.

*

Life

ONCE ON A TIME the Israelites worshipped the golden calf. The children of Israel made gold their standard. And then came Moses, who went up into the mountain to pray and came down with four tablets of stone on which were written the Ten Commandments. Moses in the silence had received from the spirit of God a statement of the things the Israelites *should* do, instead of worshipping gold. His people should *not* be worshipping false gods, taking men's wives away from them, nor exploiting their maid servants and men servants and oxen by working them too long hours and giving them no day of rest. Israel was made up in those days of exploiters and exploited.

And Moses, after communing with God, came down from the mount and said to them *thou shalt not* worship any but the God of mercy and justice, and thou shalt not exploit thy neighbors and thy workers for the sake of piling up gold with which to make "graven images to worship."

And they tried to follow Moses and his Ten Commandments. But they backslid. And then they tried again. And again they backslid. They slipped deeper and deeper into bondage to the gold standard of values.

Then Moses led them out of their bondage, through the Red Sea, into the wilderness. They were on the way to the promised land of Canaan. But in their hearts most of them still clung to their old gold standard of values, and in their luggage were many of the little graven images which they worshipped and believed in in secret. Moses knew this, and perhaps it sapped his own faith in his ability, and in the ability of the Israelites to make their way into the new promised land of Canaan, as Moses had been promised.

Moses tried his best to *follow the spirit* of God. And the Israelites tried hard to follow Moses. And thus they came at last into the land of Canaan flowing with milk and honey, and growing wild grapes and olives enough for everybody.

But the old gold standard was still in their hearts and in no time the strong had enslaved the weak and made them work to produce graven images, golden calves and things for the few, instead of plenty and well-being for all.

Generations came, and disappeared. And new generations took their place. And always their tribulations accumulating made them turn again to *the spirit of God*.

And always there were prophets with them, one here and one there, and they kept reminding them to love God, the Spirit, who is the Life of All, and to love their neighbors as themselves. And generation after generation it became a little clearer to those Israelites that *God is the spirit of Life and Grace and Truth*, and not a golden calf to be bowed down to and sacrificed to.

The last of these prophets of Israel whose writings appear in the Old Testament part of the Bible was one of the greatest, Zechariah, who was called to the prophetic office in the second year of King Darius, 520 years before Christ. He and his people had been restored to their native land after the extended exile in Babylon. He rebuilt the temple and reorganized the religious order, he and Haggai, and Zechariah is ranked above all the other prophets.

And this is the high light in his statement of the "grace and truth" which were to come by Jesus Christ: "*Not by might, nor by power, but by* MY SPIRIT, saith the Lord of Hosts" — by God's Spirit which is the Life of All of Us.

There was a period of about 400 years between the Old Testament prophets and the first New Testament prophets, and you will find their books in the Old Testament Apocrypha. These books were discarded when the New Testament books were accepted as a part of the Christian Bible.

The books of the Old Testament Apocrypha reveal a period of some 400 years of development when there was a multiplying of prophets; a spreading of truth through individuals instead of concentrating the following of the people on one authoritative prophet at a time, as before the "reign" of Zechariah over all the people. During these 400 years the gospel of Zechariah multiplied and spread very much as the Gospel of Jesus Christ, after his passing, spread over the earth by multiplication of leaders and groups, all agreeing upon the essentials of the fatherhood of God and the brotherhood of man, but each one placing emphasis on a special part of the Gospel. In other words, in that 400 years or so the Old Testament Gospel became diffused instead of remaining centralized. The truth became democracized, so that everybody began to set up himself for just what he was, and what everybody on earth is, *a prophet of God on his own account*. Democracizing the Old Testament religion was the natural result of everybody's beginning to realize that God, the One Life, is just as much *his life* and guide and supply, as God is the life and guide and supply of anybody else on earth.

So, the most devoted of them began to question the judgment and the application of it to life, which prophets had been teaching. In other words, they began to express from within themselves, and the farther they stepped out on that faith in God within themselves, the more independent they became of the old leaders, called prophets. They began to follow the Light from within, instead of closing their own judgments and following the Light which had been shining through Zechariah and other prophets gone before.

And then came Jesus Christ into the world. And what did he come for?

(*Turn to page 29. Thank you!*)

Affirms the UNITED NATIONS *of the* WORLD

Prayer Changes YOU

By SHELDON SHEPARD

YOU DO NOT influence God one way or the other. The Infinite never changes toward you; he is not angry one time and loving another; nor does he heed you one time and refuse you at another time.

Prayer is not for the purpose of influencing the Infinite, but it is to change you.

Bountiful love and blessing always go out from the Universal to you. Your seeking is a making ready of yourself to receive.

Affirmations are not used for the purpose of changing circumstances or conditions; they are used to change your own heart. That which directs all the course of Universal Power *for you*, which determines your destiny, is your own heart, the set of that deepest intelligence within you.

Prayer, meditation, affirmation, all ritual and worship, have their ultimate good in changing your own heart. You need changing, not God. To believe you already have that for which you pray is the ultimate aim of prayer. But the faith which makes deepest connection with the Universal Creative Power is of the heart; the inner expectancy from which comes your response to all events. It is your heart which makes you fear or hope when you hear that news is coming, or when you think of any event. It is your heart which causes you to expect illness or health when any symptoms appear; your heart which causes you to look for failure or success.

The chief purpose of prayer is to change this inner, subconscious conviction, so that it expects all things right.

Remember that the heart knows nothing of events, only its own conviction and expectancy. What the heart believes is always real in your experience; believe in the heart that thou hast and thou wilt find that thou dost have.

Look not to see what change prayer and affirmation make in events or circumstances; see rather what change they make in *you*. As you attain higher development, God appears more and more in his loveliness and the world takes better shape in your sight.

This, then, is the aim of all your study and work and prayer, that the expectancy, the calm, the peace, the love of the heart increase; all else is of secondary importance to you, to your affairs, to God.

A PRESCRIPTION

WHEN YOUR value is down to less than par
And you think you are worse than you really are
Try singing a song, try praying a prayer
And watch your troubles dissolve in thin air!

— *Yula Lee*

My "Way to Serenity"

By DOROTHY M. MEAD

SINCE I HAVE LEARNED the truth of my being, of my oneness with God and of the kingdom of heaven *within myself* — not far, far away — I have also learned to pray without ceasing; and I have found it to be one of the easiest things I ever did. Because of this, I have found great joy and definite results in working out and following in the silence what I call "body" or "mind" drills or exercises. Whenever I feel a definite need, I like to work out an explicit exercise to follow while with God in the silence of my being — a "service" to hold in the temple of God within me. I find that by following such a procedure faithfully, one soon attains to one's desires and often the results are far greater than one ever dared hope for in the beginning. Yet why shouldn't they be when one knows so very well that "with God all things are possible."

So when it came to an inner serenity of which I seemed to feel a need, I did not seem to be troubled by anything outside of myself, but I did wish to attain that inner serenity which, to me, was one of the jewels of the kingdom of God. So I worked out an exercise to follow in the silence which I called my "way to serenity." At night upon retiring, in the morning before rising, and any time during the day when I could, I followed my "way." Before long an inner serenity was built up which not only worked its spiritual transformations, but soon became visible on the outer plane, for "the body . . . is partaker of the soul's estate." It became a source of both spiritual growth and bodily poise.

Whenever I turned to the silence within the temple of my own being, I would say quietly several times:

Relax, my body. Peace, be quiet!

I would remember that my body and all its parts were servants to my true divine self, and that it often had to be taught to respond to the gentle commands of its divine counterpart. So, for several moments longer I would silently repeat these words until I felt definitely relaxed. Then I would commence the real exercise.

Starting at the extremity of my being, my toes, I would affirm words of blessing:

My toes, I bless you. You are free, unlimited Spirit, immortal and eternal.

This I would say, concentrating first on the toes of one foot, then the other, then following on up — soles, heels, ankles, limbs, knees, thighs, hips, abdomen, spine, heart, lungs; then fingers, hands, wrists, arms, elbows, upper arms, shoulders, throat, mouth and teeth, nose, ears, eyes, using the same blessing for each, and ending with the brain:

My brain, I bless you. You are free, unlimited Spirit, immortal and eternal.

After I had reached the top of the head, I would remain silent for a few moments, listening for the voice of God, being cleansed by him, learning the clearer and better way. Then very calmly I would begin to meditate

upon the words:

"Be still and know that I am God."

Presently I would turn my attention once again to my toes and, following the same procedure as with the first blessing, I would say:

My toes, be thou perfect as God hath commanded thee.

From the toes on up to the brain I would repeat these words in gentle command. As before I ended with the brain, saying:

My brain, be thou perfect as God hath commanded thee.

By this time I was completely relaxed and at peace, my whole being tingling with pleasant warmth. I seemed unhampered by even the feeling of body or the consciousness of material surroundings.

With this complete feeling of oneness with God Universal, I turned my attention once more to the center of my being and repeated over and over:

I am calm, quiet, placid, peaceful, serene.

Again and again I would repeat this until I was filled with a calm and serenity beyond any human description. Even my breathing was a deep, inner, effortless breathing which seemed to have nothing whatever to do with the outer, physical breath. Furthermore, my whole being was flooded with the white light of Spirit, so pure and dazzling that even words would fail me in any attempted description.

So I rested calmly in the Light, ceasing all words, my whole being bathed in the white light of Spirit, absorbing its strength, power and purity. After a few moments I would repeat again slowly:

I am calm, quiet, placid, peaceful, serene.

Also I would say once more:

"Be still, and know that I am God."

Then I would gently close my "way" with these words of thanksgiving:

Father, I thank thee that thou hearest me, and I know thou hearest me always. I know that all things whatsoever thou hast are mine and I rest serene.

When the drill, or exercise, for my "way to serenity" was over, I returned slowly and quietly to my outer, physical world relaxed, strengthened and serene. No description could do justice to the happiness and joy I felt from following such a drill faithfully each day. And the serenity which it built up was like a pearl of great price for which I had given up moments of small and fleeting things that it might be attained.

BE STILL, sad heart, and cease repining;
Behind the clouds is the sun still shining.
— *Longfellow*

IT IS NOT by his faults, but by his excellences, that we must measure a great man.
— *G. H. Lewes*

Christ Can Save Business

By CLARENCE EDWIN FLYNN

WORLD DEPRESSION, plus vast increases in public debts, plus pyramiding war costs, plus confusion and division among economic theories, must have brought us to the place where most people realize that business has a crisis ahead.

So let us not merely say that the only hope for business now is the application of Christian principles. That has always been true, and the present emergency, though perhaps more extreme, is nothing new. Let us say rather that the present situation is so challenging that surely we can no longer temporize about seizing upon what has always been our one real hope.

In a wholly realistic spirit and from an entirely practical point of view, I make the claim that the adoption of the Christian viewpoint in business would save it and would restore prosperity on a really permanent basis. I believe that any open-minded economist or business man who gives the matter fair consideration will agree.

Naturally there would be a great deal of prejudice to overcome, even to get started. The public mind has pretty thoroughly hypnotized itself with the old notion that business and religion do not mix. We must reverse that assumption immediately, completely, and once for all.

The question naturally arises, what *are* Christian principles of business? About that we must be very definite. Naturally we cannot cover the question exhaustively here, but we can sketch a few broad outlines that will suggest enough of the details at least to make a beginning.

One of the first business principles Jesus laid down was that material gain is not a primary consideration, but a secondary one, and that it works out better when one keeps it so.

It was in the Sermon on the Mount, the great charter of the kingdom life, that the Master had something to say about how God clothes the lilies and cares for the sparrows, which never worry about the matter but simply go ahead living, working, and trusting. Then he clinched the whole matter with the advice to seek the kingdom and its rightness first and let material considerations be added to them.

The first readjustment in business, then, is to get rid of the notion of material gain as a primary consideration and for its own sake, likewise of the notion that the sources of prosperity are material at all.

I know gold comes from mines, and money from the mint, and credit from the favor of the bank, but there is more to it than that. The ability to earn money honestly, invest it wisely, and use it effectively and unselfishly, does not come from any of these sources. It comes from the fountainhead of truth, from right adjustment to the Source of all good.

What good are vast stores of supply if one cannot reach them, or if he gets them and fails to do any good with them, or if he has them and finds they

do not satisfy him? Something else is necessary before money is even worth having. It is the kingdom and its rightness.

A second Christian principle of business is that the secret of increase is neither luck in producing nor shrewdness in trading, but an attitude of grateful and acknowledging faith.

Many assume that plenty comes from the yielding mine, or the fertile field, or the busy store, or the roaring factory, because these are what they see. Jesus overturned that notion the day he adjusted a small supply to a great need and fed thousands of people with a few loaves and fishes. He did it by joining forces with Universal Supply, using so simple a means as a little prayer. As the story goes, after all needs were met more supplies remained than they had started with. The miraculous is inadmissible, you say? Then you will have to rule out even the mines and fields, for they too are miracles!

Life is full of situations in which there is not in sight enough material supply to meet the need, but there is always available a power to make it meet the need. What you or I have today may not be enough, but there is a power that can make it enough. Whether it does it by multiplication, addition, or substitution, does not matter, so long as supply and need are made to balance.

Poverty and squalor have no place in God's economic program. The fact that a surplus remained after the five thousand were fed reminds one of an Old Testament assurance that if a man deals honestly with God his own returns shall be full, pressed down, and running over. Divine providence is not niggardly; it is bountiful.

What happened when the Master prayed is a mystery, which is always true of what happens when we attempt to follow the pattern he set. Let it be a mystery. We do not need to understand in order to benefit. It is enough that when a soul finds its adjustment to the Infinite Source the available supply is sufficient with some to spare. And do not forget that Jesus "gave thanks," not after the miracle but before.

A third Christian principle of business is that the prosperity of the masses requires not acquisition and hoarding of the world's goods, but constant and complete distribution of supplies and circulation of money.

Jesus and his disciples met all honest obligations as they went along, but there was no miserliness or hoarding. Repeatedly he used opportunities to break up accumulations of wealth lying idle and doing no one any good.

If we propose to cling to the old idea of getting and keeping enough money to meet all needs for the present and future, we may as well give up, for we shall fail. In simpler days that plan partially succeeded, but in the complex present and future it will not even partially succeed.

It is inadequate, for there is not enough money to endow every individual and every family. It is unsocial, for it enourages the clever, the powerful, and the fortunate to take advantage of those who are not so. It is cruel, because it turns money-getting into a ruthless battle in which it is assumed that all is fair. It is unsafe, because the economic system that depends upon it will collapse.

Business in the future will depend on distribution and circulation. There is enough comfort for all, if we will see that it is brought within reach of

all. There is enough money for the needs of all, if we will keep all of it moving and working all the time. The stream of buying power must touch each individual just as the blood supply in the body must reach every cell.

The financial kings may not like this idea at first, or think they do not; but when the economic machine is really set going once — it never has been — it would not be surprising if they were among the most enthusiastic of all. They must know that they never have been very secure on their feudal thrones. When goods and money circulate at the maximum all will be secure, including those who alone have had comfort before.

Thoughtful people of this time cannot afford lightly to pass these propositions by. Those in both politics and business who will be charged with the rebuilding of the world life after the war will find in them more food for thought than anywhere else. Yet they come straight from the pages of the New Testament, abundantly demonstrated and supported by human experience.

It is time we abandoned our divisions into armed camps of political influence and economic opinion, and stopped putting our dependence in shibboleths and movements. The feeding, clothing, and sheltering of the human race is too important a matter for irresponsible experiment. They need to be rested on eternal foundations. The Christian way involves no destruction, no costly reconversion, and no loss of time or material. It merely involves putting right motives and methods into production and distribution.

The kingdom Jesus talked about was a world order — the setting up of right conditions here. His idea seemed to be that the way to heaven would be easier with the kingdom of heaven extended into the everyday life, work, and conditions of earth.

Read again the record of Jesus' life and teachings. See how practical and down to earth his ideas are. Reflect what they would do toward establishing security for human beings. You will never again say he did not have an economic program. Surely he who is the Saviour of the world can save the business by means of which the world must live.

SUNRISE

By Sheldon Shepard

I have seen the sun rise.
No matter where — its light is in my eyes.
Over the mountain,
Across a river — through a fountain,
On a lake; in the trees —
After a baby's tears,
In a mother's heart where hopelessness was
night;
In eyes of peoples bowed down.
So I know
That somewhere is One
Who can make the sun rise.
What more need I know?

Turn That Chore to Creative Results

By EDITHE WEARE

I WAS visiting in a home where there was no mailman and it became my duty to walk a mile every day for the mail. I don't like to walk and the task soon became a chore. Every morning I would put off starting as long as possible; once started, I would hope for a ride and when I didn't get one I would be impatient to have the walk finished and the chore done. This went on for several mornings and then I bethought myself that this was no way for a Truth student to act and, immediately, it came to me to turn this thing to beautiful results.

For a long time I had wanted to try out an experiment I had read about. The experiment was to repeat affirmations to the rhythm of walking. As I almost never walked, I had never been able to try the experiment. Here was my chance. I tried it and found it exhilarating. I kept the practice up for several days, always enjoying it. Then, one day, I fell to singing my affirmations (it was a lonely stretch of highway and I had the road to myself). This, too, was inspiring. Then, a Truth-writer friend had once said that she thought that affirmations spoken out in the open always seemed to be more powerful; so I spoke my affirmations aloud and could fairly feel them vibrate through the ether.

This sort of program went on for two weeks and grew more exhilarating all the time; but at the beginning of the third week I was deep in the process of writing articles, so I devoted my morning walk to thinking out topics for the articles. How ideas flowed in! Thoughts came in such hordes that, in the two weeks I kept up the experiment, I had material enough for a dozen manuscripts. And when I sat down to my typewriter the articles seemed to write themselves. Incidentally, all of them sold on their first trip out.

Well, at the end of four weeks my visit was up; my chore was finished; my walks were no more. I went home and went about my usual routine but something was lacking; something was missing in my life. It was quite some time before I could figure out just what this poignant lack could be. And then one day it came to me. It was my morning walks that I missed — my rhythm meditations. Having located the lack, I did not at first know what to do about it; but after awhile the thought came to me, "Why not institute a daily walk here at home?"

This I did and it has been of untold value to me. I now have many busy household duties, so do not walk in the morning, but in the evening. And what evenings I have had! Beautiful results that words cannot express. And all because of a onetime chore.

Blessed be chores!

Buy War Bonds

So You Want To Be a Genius!

By MARIE WINCHELL WALKER, M.D.

Some of the Mental Laws That Bring Success

BE NOT AFRAID OF GREATNESS. Some are born great, some achieve greatness and some have greatness thrust upon 'em." If Shakespeare were with us today he would undoubtedly agree with psychologists who say that all normal people are potentially great, and that most of us use only about one-twentieth of our mental power. Those who do not achieve worthwhile things have never awakened the genius within themselves. Sometimes it is a teacher, a friend, or a loved one who awakens that genius within an individual. As an illustration of this we think of Lincoln whose youthful sweetheart saw unrevealed power within the future President of the United States. Mary Todd also saw the power, and nagged her husband into making her the First Lady of the Land.

There was another President whose wife, Eliza, taught him to perfect his reading and writing, and awakened within him his power-consciousness. I refer to our 17th President, Andrew Johnson. Eliza's faith in her husband's undeveloped ability stimulated him to study, and use his knowledge in debates with college students, although he was not one of them. In course of time Andy, the tailor, became Andrew Johnson, Governor of Tennessee, and later President of the United States. And if we wanted to go into the field of literature we could relate a success story about James Fenimore Cooper whose wife challenged him to write a novel. Because he *tried* he found that he could write stories that became popular. But I had in mind an up-to-date story on this same subject of achievement due to another's faith in one.

Our modern story is about a lovely blonde — pretty and young enough to become a motion picture star. She had no ambition for that, nor had she any idea of becoming a career woman. She had a job in a large business concern, — one large enough to maintain branch houses in London, Liverpool, and in many cities in this country. We shall call our blonde El. She decided to keep her office job while her husband was in the War service. After the War she planned to have a home and a family. "Quite an ordinary girl," you say. You are right if you refer to El's plans for her career as a wife and mother. However, her husband was proving to be quite a problem. Divorce seemed to be the only solution, and that is the way El's marriage is ending. She has naturally been more or less upset over this, but fortunately El's mother has always been an ardent reader of magazines and books on New Thought and practical psychology, and El could not fail to get a working knowledge of a few of the great mental laws that sustain one in a time of stress. Two psychological laws were drilled into our heroine. These laws will be given at the close of this article. First we must tell the success story.

Two men from the main office in New York came to Los Angeles.

They proved to be the Big Bosses of all of the branch houses of the thriving business where El worked as an assistant to an executive here. The New York men fired El's boss and offered her the job. She had not sought such a responsible position, and at first hesitated to accept it. One of the New York men asked El if she knew all that was required to fill her boss's place. "No, I don't," was her prompt reply. "But we *know that you can do the work*," the man insisted. He kept telling El this over and over again until she said, "I will try. I will do the best I can." She had been over-conscientious about her work, and this new place presented gigantic responsibilities. El soon found that big responsibilities bring out innate power in an individual. El's conquest principle was awakened. When her office force threatened to resign because their boss had been fired, El called them together and gave them a talk. It must have been the kind that makes friends and influences people, for the office force remained. This was almost a year ago, and harmony still prevails. El's ability has been unfolding until she is able to fill the place of an executive successfully. Her accounts have been audited recently and everything found to be in perfect order. Of course El has been rewarded financially for her faithful service. An individual who is progressive, and concentrates on his work, and does it well, has no need to worry about money.

MENTAL LAWS THAT BRING SUCCESS: There are two great laws of mind that will bring you success if you operate them. They are closely related, and usually when you use one of them constructively you are sure to obey the other law.

Law one: This is the Law of Outward Expression. It says that all thoughts tend toward outward expression. Thoughts try to act themselves out in one's life and affairs. William James and other famous psychologists taught this law.

Law two: This is the Law of Autosuggestion. It may be stated thus: Images of the conscious mind are passed on to the subconscious, which tries to objectify them. The strongest mental image is likely to bring about conditions — good or bad — in your life. You should learn to guide your imagination. It is the creative power in your health and affairs. Many people who do not understand this law give themselves harmful suggestions. They make themselves ill, and limited in supply, whereas if they had used the law in a constructive way they would have demonstrated health and abundance. All thought is creative, and the strongest mental impressions rule conditions in your life and affairs.

"Men's natures wrangle with inferior things, though great ones are their object," wrote Shakespeare. You can learn to have dominion over inferior things. Try to operate mental laws constructively.

AS WE advance through life, it is more and more brought home to us that nothing takes place that is not in accord with some curious, preconceived design.

— *Maurice Maeterlinck*

The Strange Way in Which My Subconscious Mind Saved My Life

By JOHN DAVIS

I COULD, PERHAPS, relate subconscious experiences more mysterious, more difficult to link with our commonly accepted "scheme of things," but there is no question about which subconscious experience helped me most. *It was the time my subconscious saved my life!*

I had driven from my home town to the city to spend a few days with relatives. Between my home and the city a new highway was under construction. It did not conform to the old roadbed all the way, but frequently cut across long curves of the old highway in order to shorten the distance. In one such place the old road made a long gooseneck curve, almost in the shape of a hairpin with the prongs slightly pulled apart. The new road cut across the bottom of this hairpin and shortened the distance by about a mile.

At the time I left home to drive to the city this new stretch of road was not open to the public, but it was necessary for me to drive over the old familiar hairpin route. There was a river at the point where this hairpin stretch of old road rejoined the new road. A new bridge, parallel to, and about fifty feet south of, the old bridge was being built to fit in with the new roadbed.

During my three days' stay in the city I didn't get much sleep, what with parties every night and travelling about 150 miles to another city to see a football game.

It was necessary for me to be back home on Sunday morning. On Saturday night I attended another party which didn't break up until the wee hours of the morning, and I then proceeded to drive the thirty miles to my home town. Three days with practically no sleep and the unaccustomed excitement that I had experienced left me in a state of extreme fatigue. After driving a few miles I began to feel sleepy; more sleepy than I had ever been in my life. Realizing that I must stay awake, I sang, talked to myself, whistled, and lowered the car windows to allow the cool night air to blow in my face.

All this time I was thinking of how nice it would be to get home, undress, and crawl into bed. This desire to be at home in bed was so intense that I could picture myself arriving home, going in the house, undressing, etc. At that time I knew nothing of "visualizing," "impressing the subconscious," "autosuggestion," etc., but I can see now that I was that night impressing my subconscious in the best possible manner with the suggestion that I must get home and to bed. And unconsciously I was following the advice of one who understood the subconscious as no man has before or since — I asked believing that I had already received, i.e. in my imagination I was already at home.

When or where I will never know, but somewhere on that road I did

finally fall asleep — or at least my conscious mind fell asleep. My subconscious was awake, as indeed it never sleeps. Ordinarily this fact alone would have profited me nothing, as the subconscious itself has no directive power, no will to do anything outside its own sphere, but depends entirely upon suggestions that it receives from the conscious mind concerning what its task shall be. Once given a task to perform, however, it will fill in the details and will exert powers and draw from wells of knowledge that are unknown to the conscious mind. By "visualizing" my arrival home and by my *intense desire* to get home, I had given my subconscious the cue.

When I awakened I was startled at first to discover that I was driving a car. My surprise turned to sudden fright as I realized that I had fallen asleep at the wheel and had driven some distance while still asleep. To compose myself and get my bearings I stopped the car and looked around me. The scenery was unfamiliar. I was on a road that I did not recognize and I could not imagine where I was. After some deliberation, I decided to turn around and reverse my course until I came upon familiar territory. After travelling about three-quarters of a mile I came upon the junction of the new highway and the old road at the river. Somehow I had gotten on the stretch of new road. But how? The new bridge, so I thought, was barricaded against traffic. As I approached nearer to the bridge I saw that the barricades were down. Since I had left home the new bridge had been opened. I could not remember crossing the bridge. I had been asleep when I crossed it. And then my gaze happened to turn northward. The old bridge was gone! The old roadbed still led up to the river's brink on a fill some twenty feet high, but the old bridge had been taken down the day the new one was opened.

Cold sweat broke out on my forehead as I realized what had happened. I had driven my car at least two miles while sleeping soundly, and driven it better than if I had been awake! I had turned to the left at the river and crossed on the new bridge instead of following the natural contour of the road that led to the right — and possible death. Long habit would have caused me to turn to the right had my conscious mind been in the driver's seat. There were no signs, flares, railings, barricades or anything else to keep a car from following the old road bed and plunging into the river. Add to this the fact that I had absolutely no objective knowledge of the fact that the new bridge had been opened and the old one torn down in my absence, and I believe that you can understand why I am deeply grateful to my subconscious mind for being such a good chauffeur that night.

EVEN THERE shall thy hand lead me, and thy right hand shall hold me.

— *Ps. cxxxix. 10*

REMEMBER there is no exigency in which the work of life should cease.

— *C. A. Barto*

A Spiritual Remedy That Healed Me

By DORTCH CAMPBELL

THE MOST corroding weakness to which erring human nature is heir is self-pity, according to psychologists. Self-pity is lodged in the consciousness of nearly every person who wrestles with afflictions or earth frets. Probably self-pity, sired by fear, is the basis for all human misery; for it is a pestilence that radiates sorrow and the shadow of death. It is a kind of tuberculosis of the soul.

Nearly everybody with an ailing psychological pleura says the World or Nature or God has dealt unjustly and cruelly with him. They are very much aggrieved and injured persons. But do not believe a word they say — there are compensations to even up and level down all their lamentations. "For everything you have missed, you have gained something else," observes Emerson; "and for everything you gain, you lose something. . . . There is always some leveling circumstance that puts down the overbearing, the strong, the rich, the fortunate substantially on the same ground with all others."

Even the aged and the shut-ins, to whom our hearts go out, possess compensatory circumstances that somewhat make amends. Such persons are protected; they are waited upon; they do not have to battle the world. Besides, these unfortunates on whom we look with pity, adding to their own self-pity, are in reality storing up psychical power for some new life-adventure that will compensate for the enforced rest. Even human fields must at times lie fallow for renewed strength and spiritual vigor. No person shut in from the desires of life at any point need be through. There is a horizon of a Great Tomorrow for everyone.

The law of compensation is a law of mechanics, operating with mathematical precision, always seeking equilibrium and justice. If you will let it alone and not be afraid of it, it will swing back to you and bring something just as good or better than has been taken away. Persons and events, as Emerson says, may stand for a time between you and justice, but it will be only a postponement. There are no favorites in Nature, and every defect is proof of some great gift, for we all stand equal before the law. "You long for great achievement, but the President pays dear for the White House," says Emerson, as if speaking for today, or for tomorrow, or for the times of Lincoln or any other time. "The law of Nature is, Do the thing and you shall have the power," and everywhere and always the law is sublime, but remember there is an absolute balance of Give and Take.

What is the meaning of all this? The meaning is that by the sublime law of compensation that which I lack is to be received if I give and if I do the thing I long for I shall have the power. I am equal in privileges to all and all are equal to me, none greater in rights and privileges, nor any more fortunate. I may lose what others possess but I shall receive that which they have failed to get. I belong to

the great, the strong, the beautiful and so do you. So why fear? Why worry? Why pity yourself? Why not find peace and strength in this law of compensation working for us quite as diligently as against us?

I had worked myself into a miserable state of self-pity and fear in the years long gone because of long-drawn-out invalidism. The acid of that emotion had curdled most of the milk of human kindness for me and damaged my body and thwarted my soul. Faithful spiritual counselors told me I ought to rid myself of that state of mind. Well, I knew the advice was good, but the question was how to change my consciousness.

The Christ gave the remedy for this kind of psychological tuberculosis. He said to turn squarely around from the undesirable and you will find the kingdom of heaven at hand. I measured what he said with Emerson's transcendentalism. The Christ said, too, that if you will do the thing you shall have the power. He pointed to the law of compensation. I looked at that law through a new lens; the scales had fallen from my eyes and self-pity fled in shame.

Let us say that I have had a thousand or ten thousand difficulties and burdens and wounds in my life. I look back at them over the long years and I am astonished to find that as a result of the law of compensation every difficulty I have faced, every burden I have borne and every wound I have suffered has paid tremendous dividends of good fortune. I mean precisely what I say; for I have assembled and analyzed the great and the small crosses and I have traced causes to their effects and I find that every lack, pain and sorrow has brought me some sort of golden reward. In some instances a dozen blessings have blossomed from a single sorrow. This is especially true in those instances where I refused to succumb to an evil. I am inclined to think consequently, as Emerson declares, that there is a third silent party to all our bargains. In some instances, of course, I had to wait a long time before I reaped a dividend to which I was entitled by holding up the fag end of the law of compensation. But the rewards were all the finer for having worked and having waited. This to me is but another proof of the greatness of Emerson as a seer because he tells us: "The longer the payment is withholden, the better for you; for compound interest on compound interest is the rate and usage of this exchequer." More than this, and still more wonderful and glorious, this working on the problem of life lifts the soul to a new high level of character. We really remake our lives by our efforts to meet the law of compensation; we change dormant structures of the brain, releasing soul splendor. How then can I pity myself or stay among the ruins of the old?

GIVE US, give us, the man who sings at his work!

— *Thomas Carlyle*

HUNDREDS can talk to one who can think; thousands can think to one who can see.

— *Ruskin*

How I Use Autosuggestion for Self-Healing

By GENE MATTHEWS

SINCE THE third week of June I have had a very stubborn case of swollen feet and ankles. The swelling was worst in the left foot and ankle.

After experiencing a healing of constipation of years standing by using Coué's method of autosuggestion, I decided to try autosuggestion for the swelling of my feet and ankles.

The self-suggestions which effected the cure of constipation were used twice each day, night and morning and are as follows:

"Having digested properly, the function of excretion will be perfectly normal."

"Every morning, on rising, you will feel a desire for an evacuation and without ever requiring medicine or artificial means of any kind you will obtain normal and satisfactory bowel movements."

After using these statements and being healed I very naturally turned to autosuggestion for the swollen feet and ankles. During the hottest weather I could wear only bedroom slippers. I tried ointments, lotions, and even violet rays to relieve this condition, but finally stopped all these and used the daily formula of "Every day in every way I am getting better and better." I used this both morning and evening. Then I also used the Bible verse Hebrews IV, 12:

"For the word of God is quick and powerful, sharper than any two-edged sword, piercing even to the dividing asunder of the soul and spirit and of the joints and marrow and is a discerner of the thoughts and intents of the heart."

Next this treatment by autosuggestion was used, beginning with the toes and up across the arches of the feet, ending with the ankles. A slight massage accompanied the words: "This swelling goes"; or, "This swelling will disappear."

The healing was very gradual, the change being almost imperceptible to the eyes for days. It took a week after the realization of my freedom on September 7, to feel the outside left ankle bone. Twice since then a fear of its return was routed by using autosuggestions. Both times they relieved my mind and kept me free of any swelling.

I also used autosuggestion to make work easy and quick. My old habit of working against time, has been entirely overcome. This is mostly due to the use of this paragraph from Coué:

"So then, when you wish to do something that is natural or when you have a duty to perform, always think that it is an EASY thing to do. . . . Think 'it is EASY! I CAN!' Believing a matter to be easy, it becomes so for you, although it may seem difficult to others. You will do it quickly and well, without fatigue, because you will do it without effort."

I have demonstrated this truth

again and again in the past two years. For example, take a recent Saturday which proved my newly won ability to work speedily without paying the old penalty of becoming sick because I tried to work fast. We arose late, then I had to go down town and shop. On returning, I followed the regular routine of washing and waxing the kitchen floor, washing the cellar steps and back porch and steps, cleaning the bathroom, etc. Then a very necessary small washing had to be done. First it must be boiled and then rinsed and hung on the line. Besides, we had defrosted the icebox and that must be washed with borax water and wiped dry. On top of this, company had been invited for a dinner of baked beans and Boston brown bread.

This work was not started until 4:30 in the afternoon, but everything was done easily, quickly and without fatigue. At 5:50 I was on the second shelf of the icebox when the company arrived. I finished the icebox in the next ten minutes and we had the meal on the table and were eating in the next 30 minutes. Once, not many moons ago, such rapid and easy accomplishment would have been utterly impossible for me.

Since I have practiced making the routines a game to be won all in good fun, the fear of being ill when I have extra duties to do has been completely vanquished.

DISAPPOINTMENTS CAN BECOME ASSETS

By KATHERINE MAURINE HAAFF

EVERYONE reacts to hurts and disappointments, but some react more keenly than do others. There is this difference between the average person and the more sensitive individual. The first, very often, just endures it; the latter may be driven to do something about it.

Very often, it is for this reason that the sensitive person gets busy and makes a success of himself when, otherwise, he would plod aimlessly along. He has probably been hurt so deeply that he feels impelled to seek compensation through driving himself to excel in some work or hobby. There is no person who cannot excel in something. This is the healthful; the constructive way to deal with the hurts and disappointments that life sometimes deals out to us.

That is one of the reasons why it is so important to have a hobby. It keeps the mind busy with something that is really enjoyable; something aside from the everyday routine. It gives one an inner power; an inspiration; a mental reserve: something to turn to within ourselves when things go wrong. It gives us a feeling of accomplishment and inspires us to do better work in all that we undertake. It compensates for the things we are required to do but may not always enjoy doing. In pursuing a hobby, an unknown talent is often discovered. Many a hobby has turned out to be a profitable profession.

So, if you are a so-called "sensitive person" and have been criticized because of it, you may realize that this very weakness, if it *is* a weakness, may have caused you to make the most of yourself and your opportunities. It is nothing of which to be ashamed but rather something that should be welcomed as an aid to better living, especially if you have had the courage to deal with it in a constructive way.

Companionship

By GENEVIEVE BEHREND

REAL COMPANIONSHIP is a divine reciprocity of feeling between two persons, is the touching and blending of an invisible responsiveness in each through which each can the more perfectly tune in with the happiness quality in Life. It is a rich consciousness of kinship or affinity which results in unity of two individual personalities in a common bond. It seems to me it is something most desirable which each person must have in order to live a complete and well-rounded life, one that is filled with contentment, harmony and achievement because the experience of life is thus expanded.

Have you ever been in the company of a person with whom you felt happy and content even though few words were exchanged? If so, that is real companionship because the at-one-ment, or unity of being, is there. Some find the joys of companionship in the things of Nature; some can be alone in the solitudes and yet never be lonely. I know a man who goes to the same little hamlet of five houses in the Colorado Rockies for the summer each year, and who has done so for twenty years. When last I talked to him there a few years ago I asked him why he invariably returned to this place year after year. He said. "Because my many companions and friends here always greet me so gladly and give me such a royal welcome." His use of the word "many," as applied to that village of not more than twenty souls, caused me to wonder. Sensing it, he added: "I mean all these." He waved towards the great trees which were so numerous all around. "Something in those trees is akin to something in me. They know it. So do I. Here with them I am always happy; and during the nine months of each year that I am gone from here I am lonely, and hurry back here each June for reunion." He guided us during several fishing-trips; and to observe him there among the trees was proof that what he had said was very true.

When studying with Judge Thomas Troward in Cornwall years ago, I told him that notwithstanding the fact I seemed to have many companions among people I was lonely and felt a deep yearning for true companionship. He talked with me about it, dwelling upon the idea of "starting a train of causation directed to *any* individual purpose," as stated in his book, "The Edinburgh Lectures." While explaining that Law of Life, as it pertained to companionship, he said. "Just BE a companion deep within yourself and you will surely attract a corresponding companionship *in form!*" He cautioned me: "Try to realize continually that you are depending solely and wholly upon a Responsive Power which fills all space." I determined to try his methods. My first result, in form, was a collie dog which came to me as a "tramp," but decided to make his home with me, and which soon became a most devoted and interesting companion. Still that was not enough. My desire was for one with whom I

could exchange ideas, aims, ambitions. As I held my daily meditations I made vivid mental pictures of a home with a real companion, and continued to make a companion of Responsive Life within until I *felt* at-one with it, and could hold the feeling as a *fact for me now*. Troward had told me that would bring the answer immediately. It did. I was engaged before I completed my period of study with him and was married shortly after finishing the study, soon after my return to New York.

To become aware of the Inner Companion each of us has within the self, and which has all-power, to have absolute faith in it, to be in tune with it and at-one with it, and to *live* it hourly in all that one does, is to BE it. And as soon as one learns to BE it it is certain that one shall *have* it in abundance — yes, *in form*, in the person of another in whom one finds happy fulfillment and the completion sought. To be aware of Life's companionship as a *present fact*, regardless of what the outer appearances may be, and to wholly, happily trust it, is the solution to the problem. It is not enough to "hope"; and in particular one should carefully avoid that greatest stumbling-block of them all — that of looking upon the blessing sought as something that "will be" a fact at some date in the *future*. As compared to faith, the faith which KNOWS, mere hope is as nothing in spiritual power. In fact hope often is like a mirage, and can be equally as tormenting and cruel as it leads one on and on with the beauty of its *seeming* only to end in disappointment and despair in the end. But by *faith* we know that life holds *all* blessings for us *now!* By faith that is absolute, and held in place with a well-disciplined will, one can have the blessing now — and *will* have it now since it is God's immutable law that guarantees one that perfect results will always reward the perfect faith, and immediately. Spirit is *always responsive* and is certain to always answer *in kind*, never otherwise. If loneliness is the problem, if companionship and the society of a real affinity are desired, the answer is this: BE companionship in the *thought* and *feeling*, be it *now* and *expect* the fulfillment now. Then the inner conviction will become reality now.

REVELATION

When beauty crowns a sunset with pastel shades and gold,
And morning wears a gown of rose with banners gay unfurled,
Or in the quiet night time when in heaven I behold,
A canopy of silver stars above a sleeping world,
Or when I listen to the sea, or to the song of bird,
A precious Presence hovers near and lingers quietly;
And I know that He is with me though He does not speak a word,
For in the glories of the world He is revealed to me.

— *Rose Clevenger*

Views and Reviews

By WILLIAM TOWNE

What Is a Spiritual Prototype?

A CORRESPONDENT asks us this question in connection with a recent article by Genevieve Behrend which we published in NAUTILUS.

The definition of this term given in Webster's Dictionary is as follows. "One of the ideas or patterns in the divine mind after the likeness of which created things are made." Anything that we may bring into existence on the outer plane first exists as a pattern or prototype in the universe. If it were not so we could not create anything. When you form a mental picture of that which you desire to see become reality, you are "simply thinking into God, or First Cause, with the understanding that," as Troward said, "If a thing is true at all, there is a way in which it is true throughout the universe."

The principle by which your thought-pattern becomes reality is very simply expressed in the widely quoted Bible verse: "As a man thinketh in his heart, so is he." This means that man is given the power and ability to bring into his personal environment the things which he desires — provided they do not run counter to divine law or work to the injury of another person.

One necessary factor in making your mental picture become reality is the quality of *feeling*. Not only should you have a clear mental pattern of what you desire, a clearly formed idea of just what you want, but that idea should be animated with feeling. Keep in your consciousness the idea of the joy and satisfaction which will come to you through the realization of your desire. The more happiness for others which is bound up in your mental pattern the easier it should be for you to generate the necessary motive power of feeling.

It is also essential that you should *do* everything in your power to make your desire become reality. In other words, you should co-operate with the Power from whences comes your good. Mrs. Behrend has well and truly said: "For every five minutes given to reading and study of the theories of Mental Science, spend fifteen minutes in the use and application of the knowledge acquired."

All of your efforts should be keyed by the understanding that the things you see already exist in Divine Mind.

As Mrs. Behrend has said: "Universal Power takes its creative direction from the word you give it." This Power can be to you only what you feel and think it to be. Troward expressed this idea in the following words: "If you think your thought is powerful, your thought *is* powerful." So when you have formed your mental pattern of the thing you desire, keep in consciousness the idea that you can give to this pattern the faith and the feeling which will bring the necessary response and aid you to make your pattern become reality.

We may take a very simple and concrete illustration of how this principle works in the experience of an inventor. When Edison set out to develop the electric light bulb, he

was convinced that the possibility of just what he wanted to demonstrate already existed. By endless patient experiments, he brought forth the necessary combination, based upon natural laws, which made the pattern, the prototype, of the thing he desired become a concrete reality in the outer world.

Remember that Jesus said, "All things are possible to him that believeth." He also said, "The things I do you can do."

GOD'S PROMISES ARE KEPT

By LOUISE COMES REEVE

WHEN I FIRST began reading Truth Magazines I thought it would be so wonderful to receive all the good things God had promised to everyone. There were so many things in the Bible one could count on. For instance, "Ye shall ask what ye will and it shall be done unto you"; and "All that the Father hath is mine." And "All these things shall be added unto you."

But then I went further in my study of the Bible promises. So many of the promises that at first sight seemed to be just great privileges granted to anyone, became on deeper study clearly to mean that every promise of reward always had its duty which had to be fulfilled first.

Take for example, "Ye shall ask what ye will and it shall be done unto you." This seems to be a very definite promise but hear what the first part of that sentence is: "If ye abide in me and my words abide in you." Here are definite instructions before the reward "ye shall ask what ye will and it shall be done unto you," is made. Now the whole sentence has a deeper meaning, "If ye abide in me and my words abide in you," *then* "ye shall ask what ye will and it shall be done unto you."

Then again the phrase, "All these things shall be added unto you," a mighty promise indeed, is preceded by the words, "Seek ye first the kingdom of God and his righteousness" — a mighty challenge indeed. Now we see the give and take of the whole quotation, "Seek ye first the kingdom of God and his righteousness, and all these things shall be added unto you."

Or in that famous benediction which seems to grant so much, there is again the duty to be fulfilled before the promise is kept. "Now unto him that is able to do exceeding abundantly above all that you ask or think, according to the power that is in you." There you see is the important phrase, "according to the power that is in you."

So I began to realize that there was always something for *me* to do before I asked God to do his part; and that if I were faithful in keeping up to my part of the bargain then God would carry out his promise.

GOLDEN TREASURE

By CONSTANCE WALKER

OUR GOD renews each day
With magic morning gold
That turns both bright and gay
What seemed so drear and cold.

Awakened by the stream
Of vital liquid song
Refreshing forces teem
And spur us to be strong.

Never, never borrow
To cast a fleeting gloom
Shadows from tomorrow . . . .
But save this golden room!

Success In Prayer

Edited by W. E. T. and E. T.

HOW PRAYER SAVED MY HUSBAND FROM INSANITY

About twenty years ago my husband went to a distant hospital for treatment of a stomach ailment. While there he had written me every week. For three weeks I received no letter. Then a letter arrived in which the last words trailed off meaninglessly into an indistinguishable scrawl. That frightened me. I wrote to the hospital enquiring about my husband's condition and also asking if I could see him and on what days or hours. The reply was short, stating that his condition was very serious and I could come at any time.

I made arrangements about the care of our live stock and left next day. At the main office of the hospital I was sent to the psychopathic building. There the head doctor met me in the reception room and prepared me for what I would see. He also told me that my husband refused to eat, having the hallucination that he was being poisoned; that they were just considering forced feeding; that he had become violent, and had to be confined in a cell; that his mind was gone and he would never be sane again; that he was to be removed to an institution for the mentally ill. Needless to say, I was stunned.

Then I was escorted upstairs through corridors with locked, iron-barred doors like a prison. Outside a door I was asked to wait while the doctor and a nurse went inside. From the hall I could see the emaciated form of my almost unrecognizable husband outlined against the iron-grilled window of a cell in which there was no furniture except a mattress on the floor.

The doctor asked my husband if he wanted to see his wife. A surly, curt "No!" was the answer.

That was too much for me. I walked over to where he stood and my agonized cry must have reached his subconscious mind even though there was no recognition in his sunken wild-looking eyes. As soon as I held out my arms to him he put forth his wrists as if to embrace me but he couldn't. His wrists were strapped together because of his violent spells. He sagged into my arms.

Three chairs were brought in and my husband sat between the doctor and me while I tried to talk soothingly to him. The nurse said, "Perhaps he will drink some milk for his wife." With encouraging words I held the glass to his lips and he drank greedily, the first nourishment he had taken in almost two weeks.

All the way home on the bus I prayed, while I tried hard to hold back the tears. That night I knelt down beside my bed, a thing I had not done since childhood, and prayed more fervently than I had ever done for my husband's complete mental and physical recovery. And if he could not recover I asked that God would take him soon, rather than that he endure a living death in an institution. Then I ended by praying, "Thy will be done, O Father!" All the days following as I went about my work I continued to pray. I refused to believe the doctor's verdict of "incurable."

I confided to only one friend about

my husband's real illness, and I asked her not to tell even her sister, whom I loved, nor anyone else. I wrote nothing to any of our relatives. I felt he would get well and I wanted no one to look at him askance when he returned. I wanted no one to hinder his recovery by talking adversely about his condition. Kindly, inquiring neighbors heard only that he was getting along all right.

Three weeks later I went back to the hospital. This time my husband met me in the reception room with his hands free. He knew me and asked me where I had been. Since my first visit my agonized cry had stayed with him and he believed I was being held prisoner in the hospital and was dragged about and tortured. When I said I had just come from home having driven with friends part way, he believed me. After that each time I visited him he showed marked improvement until he was finally dismissed from the hospital three months later. I was so happy! I thanked God with a deeply grateful heart. My husband is now leading an active, useful, perfectly normal life. God had wrought a miracle! — *I. Z., Calif.*

KEEP LOVE IN YOUR PRAYERS

IT MAKES no difference how old or how new a Truth student you may be, the extreme joy of answered prayer is just as exhilarating "Thank God," we cry when we see the demonstration right before us, "our prayer was heard!"

But all too often we hear the opposite, discouraged words: "It doesn't do any good for me to pray. My prayers are never answered." Or, "When I really need help I never get it. And I use faith, decision, persistence and knowledge too."

Paul says, "Though I have the gift of prophecy, and understand all mysteries, and all knowledge; and though I have all faith, so that I could remove mountains, and have not charity, I am nothing." Can these same people who have prayed, and prayed amiss, be in the same predicament as suggested by Paul, not valuing love?

A woman whom I met not so long ago said, "I definitely think that was my failing. When I was a little girl I had a cousin who was an only child. She had the prettiest clothes of anyone I've ever known. She had all the freedom in the world, and above all her mother was constantly telling everyone in my presence what a beautiful child she was. My life was entirely different. It seemed I had none of these good things. My mother dressed me rather plainly, made a nursemaid out of me for my younger sisters, scarcely ever letting me know what real freedom was. Especially that of playing with other children, which I longed to do more than anything else in all the world. And as for a compliment I never had any until I was well into high school. Then I married young and my husband was seemingly as strict as my parents were. So naturally I drew into a shell. Smiling outwardly but bitter inside. Making of myself a wretched, empty soul.

"Finally, through the study of Truth, though it took me many years, I found the underlying cause of my prayers not being answered. I was forgiving them in that old arrogant, holier-than-thou attitude,

(*Please turn to page* 32, *Col.* 2)

Elizabeth's Editorials

(*Continued from page 7*)

To call folks back to the old attitude of following a prophet? No! Jesus said, "I am come that ye might have Life, and have it more abundantly."

Read John 5, 17 to 30 (Lamsa version):

21. For just as the Father raises the dead and gives them Life, even so the Son gives Life to those whom He will;

22. For the Father does not judge any man but He has entrusted all judgment to the Son;

23. So that every man should honor the Son, just as he honors the Father. He who does not honor the Son, does not honor the Father who sent him.

24. Truly, truly, I say to you, He who hears my word, and believes Him who has sent me, *has* everlasting life; and he does not come before the judgment, but he passes from death to LIFE.

And what is our failure here but a triumph's evidence
For the fulness of the days? Have we withered or agonized?
Why else was the praise prolonged but that singing might issue thence?
Why rushed the discord in, but that harmony should be prized?
Sorrow is hard to bear, and doubt is slow to clear,
Each sufferer says his say, his scheme of the weal and woe;
But God has a few of us whom he whispers in the ear;
The rest may reason and welcome; 'tis we musicians know.

— *Browning*

Today is a king in disguise.

— *Emerson*

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5. PUT EVERY SOUL AND EVERY FAMILY ON ITS OWN FEET, independent, *self-directing,* FREE to be and to buy what THEY desire — not what special privileged processors want to make profits on.

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7. BEGIN THE PLAN ON THIS BASIS, $5 Cash Dividends per week to *every member of every* family group, and to every lone individual who is now without adequate income beginning with all persons and families on relief or with incomes too small to report for income tax; then include families of small reported incomes, and finally *ALL citizens. From richest to poorest, from the day of birth to day of death.*

8. THE ONLY CLASSES EXEMPTED: (1) aliens, (2) persons imprisoned or hospitalized at public expense, voluntarily or involuntarily. Dividends to be reinstated immediately upon release. Remember that $5 a week for each and every one of us will *enable every American family to live FREE, self-respecting, healthy,* expressing genius and service each after his own FREE spirit; also *every family will be adding its consumers' power to the WELL-BEING OF ALL INDUSTRY AND BUSINESS:* an inexhaustible WELL of prosperity bubbling up *from the bottom* forever. — *Elizabeth Towne.*

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ALL THE great ages have been ages of belief.
— *Emerson*

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Success In Prayer

(Continued from page 28)

which God abhors, and not with the true love Christ tried so desperately to instill in our minds to hold for each other.

"Father, I prayed at last, take every root of hate, envy, jealously and regret out of my mind. Bless these individuals and fill me with new creative thoughts, love and kindliness for every one. Bless all of their deeds. Bless their freedom. Bless their prosperity. Bless their popularity and their happiness.

In no time at all it seemed that I was freer than I had ever been before in all my life. And now I can thankfully say I feel like a very different new person. I've really begun to live!"

So it is, dear friends, with all of us. Paul says, "Though I be free from all men, yet have I made myself servant unto all." And he doesn't mean for us to be a door mat either, but to hold to that which is the greatest of all Christ's teachings, love for one another. And the minute we start incorporating love into our prayers with faith, decision, persistence and knowledge, there is bound to be more and more joyful exultations of, "Thank God, our prayers were heard." — *J. B., Tex.*

LET US wait in silence: perhaps ere long we shall be conscious of the murmur of the gods.
— *Maurice Maeterlinck*

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MINNEAPOLIS, Minn. — Divine Science Fellowship, John Seaman Garns, Dean, 1 Groveland Ter. (M)
— The Unity New Thought Center. Dr. Amelia A. Randall, 2744 4th Ave., South. (M)

MOBILE, Ala. — Universal Ontological Assn., 903 1st Nat'l Bk. Bldg. Nadie S. Howell, Ph.D., Leader. (M)

NEW YORK CITY. — Church of the Healing Christ (First Church of Divine Science), Hotel Astor. Dr. Emmet Fox, Pastor. (M)
— Church of the Truth. Rev. Ervin Seale, Minister. 9 East 40th St. (M)
— Unity-New York, Room 410, 500 Fifth Ave.
— Unity Universal Church, 137 W. 110 St., Studio 28, New York (2). Nanna B. Sutton, Minister.

OMAHA, Nebraska. — Omaha Unity Center, 423 Electric Bldg., 17th & Harney Sts. Mabel B. Schopf, Leader. (M)

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