# NAUTILUS

## MAGAZINE OF NEW THOUGHT

1943
APRIL

**Why Should Man Die?** H. E. MIZE

**Christ Demonstrated Life** KATHERINE DISSINGER

**Curing Colds** E. R. WALKER

**Fear, Goodbye!** CONRAD HUNDERT-MARK

**How I Learned to Stand on My Own Feet** ELIZABETH LEWIS

**Christ's Most Remarkable Healing Miracle** BROWN LANDONE, F.R.E.S.

**This Dream Came True** DORTCH CAMPBELL

**God's Opportunity in Your Work** ELIZABETH TOWNE

*Edited by* ELIZABETH TOWNE
WILLIAM E. TOWNE

PRICE 20 CENTS

# *Controlled Convictions*

BY GEORGE C. HUBBS

IT IS PROBABLY TRUE that no great campaign ever was carried on without a burning conviction on the part of its devotees that the cause was indisputably the *right* one. Doubtless the most successful Truth practitioners are similarly influenced.

There can be no just criticism of this attitude provided it does not border on intolerance of other beliefs. Truth teaching is doing a blessedly great work, but the same thing can be said of certain other teachings — and even of many persons who, without instruction of any kind, have worked near miracles.

Recently I read an article which, excellent in other respects, inferred that any delay in healing was due to a lack of sufficient knowledge of our Truth teaching. My prompt reaction was that "More things are wrought by *prayer* than the world dreams of."

I have often said that an understanding and loving God could not care what one believes or how one prays so long as the burdened heart looks to him for its unburdening — or for strength to carry the load. Someone has put it this way: "God lives in our hearts, not in our heads."

In my late reading I have been much impressed by these two statements: "The more there is of 'I' the less there is of God," and this one in Brown Landone's February article, "Christ's method may not be quite in line with our metaphysical thought, but Christ's method is the more complete, more spiritual. And year by year we are coming nearer to his spiritual healing."

Some day Christian healers will ask only Christ's question of the sick: "Wilt thou be made whole?" *I'd like to be living then!*

## What's Cooking FOR NEXT MONTH?

**Don't Forget!** Don't forget that new prize contest announced in February NAUTILUS. You have until April 15th to send us your experience in making your dreams come true. We offer $20 for the best and most helpful experience article on this subject.

**Angela Morgan Returns** This time she has sent us a brief manuscript that just radiates life. It seeks to answer the question, "What is it to be spiritual?" A part of the answer is: "Spirit is fire! Spirit is heat! Spirit is Radiance! And why not tell the truth once for all and declare that spirit is passion — by which I mean creativeness." After one has read this article he feels all his problems consumed in the fire of enthusiasm. But it is an enthusiasm with a real sound basis for action and for attainment. WHAT IS IT TO BE SPIRITUAL? will be a special feature of May NAUTILUS.

**Visualizing** Rev. Irma W. Wells sends us a most interesting contribution which shows how creative and healing power may be released through visualizing. Perhaps I should say through visualizing oneself *in action.* If one has any doubt about the power of such visualizing to release healing energy which reaches to the very depths of a person's being, this article should dispel such doubts. In Canada a young girl lying on a bed in a sanitarium was brought this idea of releasing healing power through visualizing. Her soul caught fire with the conception. The freedom of mind which followed wrote health upon the very cells of her body so that her vision came true. All this and more you will find in VISUALIZING ACTION BROUGHT HEALING to be published in May NAUTILUS.

**George Washington Carver** The recent death of this famous scientist has brought forth many interesting incidents regarding his life. One of our contributors who came in personal contact with Dr. Carver many years ago has written an unusually interesting account of his experiences with this famous man. This writer believes that the secret of Dr. Carver's wonderful life was that he naturally learned to pray with the faith of a little child and that he followed this up by setting free God's love within himself. GEORGE WASHINGTON CARVER — A MAN OF PRAYER will be one of the most attractive features of May NAUTILUS.

**How Tithing Helps** This is the experience of one woman in applying God's law of prosperity. She accepted the challenge contained in Mal. 3: 10 at a time when everything she held most dear seemed to have taken its departure. Her most cherished hopes were blighted. She had no money. Then she recalled that she had been neglecting this law of tithing. What happened when she resumed her regular habit of tithing is related in the article, I TITHE AND BLESSINGS COME TO ME, which will be published in May NAUTILUS.

**Do You Ever Nudge God?** If you do you will be interested in reading the experience of a woman who kept away her own success for quite a long time by

(*Please turn to page 2, col. 2*)

## *Important to Nautilus Subscribers*

If you find an expiration notice attached to this space it means that your subscription expires with this issue UNLESS your renewal has crossed the notice in the mail. IF YOU WILL RETURN THE RENEWAL BLANK WITH YOUR REMITTANCE SO THAT IT REACHES US BY THE 20th OF THE MONTH OF THIS ISSUE WE WILL CREDIT YOU WITH 13 MONTHS FOR $2.00. Extra month for prompt renewal. Or we will send NAUTILUS two years for $3.00. (30c extra per year for Canadian postage; and 60c extra postage per year to foreign lands.)

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*WE AFFIRM that the basic truth of all religions is one. And that this truth — understood and applied — frees, heals and prospers the individual — HERE AND NOW.*

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NAUTILUS takes its name from the following verse from Holmes' poem, *The Chambered Nautilus:*

BUILD thee more stately mansions, oh, my soul,
As the swift seasons roll!
Leave thy low-vaulted past!
Let each new temple nobler than the last,
Shut thee from heaven with a dome more vast,
'Til thou at length art free,
Leaving thine outgrown shell by Life's unresting sea. — *Holmes*

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# *If You Seek* PEACE *Within—*



A student of ELIZABETH TOWNE'S FOUR LESSONS ON HEALTH AND SUCCESS writes: "I never felt so quiet and peaceful." She continues: "I just can't praise this work enough." — M. B., Wis. A man who has completed two Lessons writes: "Have more will power. Have quit smoking. Nerves much better. Have more control over voice and temper." — P. M. G., N. J. Hundreds report that they have been helped to realize their deep desires by practicing these FOUR LESSONS. Read these reports: "Have gained 8 lbs. in weight. Health improved. Finances better." — M. B. S., Calif. "I listed eight things I wished to accomplish, and in the month of my first Lesson, six of these were adjusted." — N. L. A., Pa. "After a serious nervous breakdown, I really feel so much better since applying the instructions." — V. B., Ill. **Price of the Four Lessons and two booklets used with them, $1.60. THE ELIZABETH TOWNE CO., Inc., Holyoke, Mass.**

## *Men Prayed . . .*

In the deep South a group of hard-headed men tried prayer, as a means of helping their loved ones. The way in which they prayed, and the results that followed, make a fascinating record. DORTCH CAMPBELL writes about it in —

### WHAT I HAVE LEARNED ABOUT PRAYER

He makes many startling statements in this book. For instance, that *prayer is a science.* "The novice and the sinner and the wanderer upon the face of the earth can reach God as easily as the religionist," he says.

Some of the chapter titles are: **At 50 a Failure, Then a Success Through Prayer; A Mother's Prayer Remade Her Son; How Prayer Solves Problems; How Prayer Developed Personality; I Was Healed Through Prayer; Three of Us Prayed and Health, Success and Happiness in the Home Followed.**

If you would minister to some loved one through prayer for healing success, happiness or other blessings, this book will show you how others prayed for their loved ones with great satisfaction in the results that followed.

**What I Have Learned About Prayer** is printed from large type, attractively bound in paper covers. **Price 55c**

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***Holyoke, Massachusetts***


*(What's Cooking: Continued from page 1)*

this habit of trying to push on the reins. A man of sixty-three and his wife were suddenly faced with almost complete destitution. By a whole chain of events — some due to human experience and some to acts of nature — they were faced with the need of going out into the world and finding a completely new way of life. How they did this, how they travelled hundreds of miles into a new state and how they found prosperity there — guided throughout by the inspiration and encouragement which they received from one little affirmative verse — is told in, BE STILL, MY HEART, AND SEE! which is to be published in May NAUTILUS.

**Right Habits for Your Child**

"Usually it is the maiden lady, or the childless widow, that knows how children should be raised, and the shack-dwelling carpenter that knows how mansions should be built; but before you grin too broadly, remember that good *did* come out of Nazareth." That is the way Rose Umbreit begins her latest contribution to NAUTILUS which is replete with many a good sensible hint to parents on securing the co-operation of their children and training them in the ways of freedom and right social conduct. Miss Umbreit is well fitted by her profession to help parents through such an article. HOW TO TEACH YOUR CHILD RIGHT HABITS will be printed in May NAUTILUS.

**Health and the Christian Faith**

A famous surgeon said, "Ninety percent of those who come to me for operations could have been cured by right mental attitudes toward life." Mr. W. G. Montgomery has made this the text for an excellent contribution to NAUTILUS. He maintains that, "The right thing is always the healthy thing. The laws of health and the laws of Christian faith run in the same channel." You will enjoy reading what fear did to some rats in a scientific experiment. You will also enjoy reading how a similar experiment (conducted by accident) on a human being turned out. HEALING FOR SICK MINDS is coming in May NAUTILUS.

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WE CANNOT overstate our debt to the Past, but the moment has the supreme claim.

— *Emerson.*

PUBLISHED MONTHLY

# NAUTILUS

$2.00 A YEAR
20c A COPY

*Magazine of New Thought*

Vol. XLV APRIL 1943 No. 6

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EDITORS: Elizabeth Towne and William E. Towne. Chester Holt Struble, Managing Editor. SUBSCRIPTION $2.00 yearly. Two years, $3.00. FOREIGN $2.60 per year by international money order. CANADA $2.30. Foreign currency, stamps and postal notes not accepted. Add 10¢ to personal checks for collection. CHANGES OF ADDRESS must give old as well as new address or change cannot be made. DATE OF EXPIRATION is on the wrapper of your magazine. MANUSCRIPTS must be accompanied by postage if they are to be returned.

**Published by THE ELIZABETH TOWNE CO., Inc., Holyoke, Mass.**

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# THE KEY

BY DORIS R. BECK

Though there be wars
throughout the world,
Keep peace within the heart,
And walk, unmoved, through
fear and strife;
Thus may you do your part.

For peace will never truly
come
Until each man has found
The key within that unlocks
gates
And lets him walk unbound.

# *Editorials*

By ELIZABETH TOWNE

## CHRIST IS RISEN!

THE ANGEL *said unto them, Fear not: for, behold, I bring you good tidings of great joy, which shall be to all people . . . And suddenly there was with the angel a multitude of the heavenly host praising God, and saying, Glory to God in the highest, and on earth peace, good will toward men.*

— Luke 2–10, 13, 14.

*

### *God's Opportunity in Your Work*

YOUR extremity is God's opportunity. Turn the entire responsibility over to God. Know the truth that He is your supply, your wisdom, your power, and that He is the creator and evolver of that business proposition which faces you.

If you know the truth, the truth shall set you free.

To know the truth, is to affirm it over and over, until it sinks down into your subconscious self and becomes your habit thought. Then you "think it in your heart" — your subconscious or habit self, and you find it appearing on the outside also.

Here is the truth which you are to know. You are to repeat it ten times the first thing in the morning, and ten times the last thing at night before you go to sleep; and between times you are to act as nearly as you can, just as if you knew it was all so in the world of appearance; but whenever you happen to catch yourself with fear or doubt in your mind in regard to this business, then you are to take another little period of affirming this truth. Here is the affirmation:

> *God's marvelous abundance flows to everybody connected with this business, and to me, from everywhere. Thank you, God.*

God is your infinite supply. Look to Him and continue to look to Him and to affirm His truth until it is realized in every way.

*

### *Here is a Little Article on LOVE AND PRAYER by Dr. Emmet Fox*

FOR A year or more I have been carrying on my desk a little article from our beloved friend Dr. Emmet Fox, hoping to find space for it in one of my editorials. And at last, I am giving it to you here.

Before the Love and Prayer article I want to ask you if you can do a little favor for our Dr. Fox: he wants some back numbers of that old *New Thought Magazine* which was published by Sydney Flower away back in the early nineteen hundreds. Somewhere about 1905 or a little earlier. Dr. Fox wants to get hold of a few back numbers of that old magazine, in good condition. If you have a few, send them direct to him: Dr. Emmet Fox, Hotel Astor, New York City. Our readers who have grown up along with William and me will remember that I wrote a series of 12 articles for that magazine in those early days, under the general title "Joy Philos-

ophy," at the request of Sydney Flower. This was published serially and later in book form, and the publisher failed. The copyright is now released, and *maybe* I may reprint some of those 12 articles. Some of them were good according to my judgment! And they were very popular in 1905 or so.

Here is LOVE AND PRAYER, by Dr. Emmet Fox:

John, the favorite disciple of Jesus, said in so many words, "God is Love," and "he that dwelleth in love, dwelleth in God and God in him," and Jesus Christ stressed, secondly, the power of prayer. Jesus Christ was never tired of telling us that prayer will move mountains; that there is nothing that prayer will not do; that to seek God and to seek him wholeheartedly, — not sometimes, not with part of your heart, not with 95 percent, but wholeheartedly, to seek God in that way means victory in prayer.

Now, it is true, there is nothing that prayer will not do, if it is wholehearted prayer. There is no difficulty that prayer will not overcome. There is no problem that prayer will not solve. For always there is the solution when you and I say there is no way out of this difficulty. What can that possibly mean except that while you and I cannot see a way divine wisdom *can* see a way. And because man and God are one — not "one and the same" but ONE, the wisdom of God is always close to show us the way out. And God is power and because God and man are one — not one and the same, but one — the power of God is always available, if we seek it wholeheartedly.

Seek to *let* that power work through us — not to make use of that power, so to speak, but to *let* Omnipotent Power — if one may use that expression — have its way through us: that is the power of prayer, and the power of prayer is what it is *because* God is love. For remember, the Bible does not say that God is *loving*. The Bible says that God is *love*. And insofar as our souls are filled with love for all men, not for a few men, not for *people whom we like*, not for people whom we *choose*, but for all men. And that means, you know, that we have gotten rid of all resentment, all hatred, all jealousy, all antagonism; not for *some* people but for *all* people, especially for people whom we do not like. And we do not have to "like" anyone. Likes and dislikes do not remain; they are mere human preferences. But if we love all men in that sense that we wish well to all, that we have forgiven all, that there is not in ourselves a spark of meanness or bitterness or resentment toward anybody, no matter what they may have done, then we are expressing divine love, and divine love is the key to life.

The reason why the New Thought movement has always stressed those points, that is really our lesson to the world — the love of God and the power of prayer — is because love is the creative power. Wherever there is love there is creation. The man who loves his work does creative work. The man who loves nature and seeks her is the scientist, who makes the great discoveries. The man who loves the understanding of human nature and the truth of things is the man who is productive in literature and art.

The man who loves music is the man who produces great music — always love is productive. Love never

dies; other things die but love never dies; divine love goes on.

*

## *Aren't You PROUD OF MRS. CHIANG? I Am!*

WHAT A GLORIOUS woman Mrs. Chiang Kai-shek is. I wish we might all see her with our own eyes and hear her speak. Millions of us heard her over the radio and almost more millions have been hearing her in the great meetings that are arranged for her everywhere. Such an outpouring of American spirit to meet that splendid Chinese spirit! I feel like throwing up my hat and saying glory hallelujah every time I read about her in the daily papers. How wonderfully she appeals for a postwar world in which great and small nations have equal opportunity of development, "with the stronger nations guiding the weaker" towards self-government rather than exploiting them. That is the true American spirit and how glorious to know it is also the Chinese spirit. Bless Mrs. Chiang and may she sit at the table when world peace is made.

I am making this little editorial about her to memorialize her coming to America. If she is not a full example of "the second coming of Christ" then I don't know what that term means. Christ is coming to all the world *through* all of us, by all of us, and for All of Us, through the realizing spirit within every human being. He was the "first born of many" brothers and sisters all coming down out of God's heaven into this earth, that we may build this earth according to the kingdom of heaven, of God's heaven, which he made *and placed in every human soul*, and every human soul IN IT! God in his heaven in All of Us and All of Us in His heaven with Him.

There must be millions of us women who feel the second coming of Christ through All of Us! — just as she does. Not to mention millions of men who also are beginning to realize that Christ is coming NOW in all of us, to show forth his kingdom on earth.

I wish I had space to print in this little magazine everything that Mrs. Chiang has been saying in this country. If you did not hear her splendid speeches before the Houses of Congress, then do the next best thing go to your public library and ask for any one of the big newspapers, which printed in full everything that she said. I have it all preserved in a page saved from the *New York Herald Tribune* of Friday, February 19, 1943. What a red letter day! And what a golden opportunity for all of us to "have that mind" which is in Mrs. Chiang and in Jesus Christ himself.

Millions heard her prepared address to the House of Representatives, so I am selecting from the reported text of her remarks in the Senate to preserve in our magazine. I will give you two little stories she told — because stories stick in the mind better than anything else. That was why

(*Turn to page 28. Thank You!*)

Affirms the UNITED NATIONS of the WORLD

# *Circles of Blessings*

By LYNNE TERRY

If you want to love your neighbor, do something for him. Bake him a cake or send him a year's subscription for a magazine or help him take care of his sick child. It's a queer thing about this, but you can't perform a service for a person without liking him at least a little better than you did before. And that unselfish service for another expands *his* heart a bit too. It is like sunlight shining into a dark room. A warm, glowing feeling it gives a person and he thinks, "I have a friend." Nothing is ever quite so hard to bear after that.

When you do something for someone else, a little gate opens for you into his world, and you share for a few moments his joys and his sorrows, his hopes and his disappointments. Your own world is a bigger, better world to live in after that. After many, many gates have opened, and you have passed freely back and forth, you no longer condemn your fellow man, for you have eaten at his table; you have feasted with him and you have shared his hunger and his thirst; you have exulted with him and you have gone hand in hand with him through the "Valley of the shadow of death."

Serve thy neighbor and serve him well. It is your passport to heaven. Service brings understanding and when you have understanding you will know the meaning of love.

A mother and her little daughter lived next door to an irate old lady who seemed to feel that the whole world was against her. This old lady resented having a child near her and often spoke sharply to the little girl, and the little girl one day said to her mother, "I hate that old woman. I believe she's a bad old witch." But the mother was a thoughtful person and she quickly said, "Oh, no dear, you couldn't hate her because she needs you so much." And then she sent the little girl next door with a plate of chocolate cookies.

A few days later the little girl was helping the old lady down the steps into the garden. They were laughing together. And that night the little girl said to her mother:

"Mrs. Fleming is the nicest person, Mummy. She tells me stories, and she never had a little girl of her own to tell stories to 'cause her little girl died when she was a baby. I'm going to pick the strawberries for her tomorrow 'cause it hurts her to stoop."

This mother, you see, had gone through many little gates herself, and she knew how to teach her child to love. No moral platitudes would have done this, but one act of service opened a new world for two people — a heartsick old woman and a carefree little girl.

If you find yourself disliking, or even hating, anyone, do some little kindness for him. He will respond. He can't help himself, for there is magic in an act of kindness. It travels in a great circle and then comes back to the one who started it on it's way.

Serve thy neighbor and God will smile on you and say, "Well done, thou good and faithful servant."

# *Christ Demonstrated Life*

By KATHERINE DISSINGER

EACH YEAR, as we face a new Easter season, the promise and hope of mankind are renewed in the glory of the Risen Christ as he stands before the broken tomb. "I have come that ye might have life and that ye might have it more abundantly."

It is the most pleading, most challenging cry of the ages. Down the changing vistas of history that cry rings out. Men of different centuries have heard it, and the glory of their experiences is a vindication of its truth. His cry is true, eternally true.

Jesus constantly taught and demonstrated that all men might know and apply the principles he taught and demonstrated. But it remained for him to demonstrate before the broken tomb the final and ultimate proof of the superiority of the spiritual over the physical.

It was the day that validates every teaching that came from the lips of Christ. This was the proof that Christ was endowed with the eternal spirit of God himself, that the spirit of Christ was too firm and precious to die. "Now is Christ risen from the dead," Paul could write.

As we turn to this Easter story, we are privileged to touch its beauty, grasp its significance, feel its poignant meaning and its breathless wonder that we, too, may be uplifted, filled with hope and faith, the life-giving power of God.

When we see all about us the collapse of the pattern of life which we have come to expect as natural and normal, some of us face this Easter season disillusioned, confused, and fearful. But in this act of Christ centuries ago our faith is renewed, our confusion swept aside, our fear obliterated forevermore, and glorious assurance flames in our hearts. Now we can doubt and be afraid no longer. Life abundant becomes ours in the joy and glory of the Risen Christ through the realization of the same Christ spirit within ourselves.

Jesus showed and proved that there was no door that could not be opened, no obstacle, even death, that could not be overcome. Jesus was able to accomplish these apparent miracles, not because he was set apart from, or was in any way different from other men except that his understanding of his oneness with God was so complete, his faith so perfect that he could know and demonstrate that all things are possible in God.

But Christ nature does not belong to Jesus alone. Christhood is a part of every one who knows the truth of his spiritual nature. In Gal. 4: 19 we read: "Christ be formed in you."

This same spirit that was in Christ is in us, in every one of us. We have only to cultivate the same victorious faith that God is the eternal power in the world, realize that now and forever we live in the eternity of that spirit, create the understanding that was Christ's in our own lives. Through the presence of the same God-spirit that was in Christ, we too have access to God's wisdom, his knowledge, his love.

In Ephesians 4: 6 we are assured of this oneness with God: "One God and Father of all, who is above all,

and through all, and in you all." Think of it! God is in you, working through you. He is within you and you are one with God. Everything you do and are comes from God. You are God himself in expression.

The passage continues: "But unto every one of us is given grace according to the measure of the gift of Christ." That is, God's attributes — which are life, love, joy, health, happiness, peace, prosperity — become ours in proportion to the fullness with which we realize and call upon this oneness in God, recognizing God as the source of all supply and good. Christ, of course, realized this truth to the fullest, understood it perfectly. That was why he was able to accomplish so much.

When men realize within themselves that awareness of their oneness with God which Jesus possessed, the Christ is formed in them. By "in Christ" is meant the realization and quickening of the same spirit that dwelt in Christ within ourselves. "Have the mind in you which was also in Christ Jesus." (Phil. 2: 5.)

This Christ-mind is a channel through which God expresses his love and wisdom. Every person has access to this great power within himself, and by contacting it can open the way to health and joy and plenty. "I can do all things through Christ which strengtheneth me." (Phil. 4: 13.)

Turn your body, mind, and affairs over to God. Let God's will act through you and in you, making you strong, healthy, prosperous, successful, instilling new life into your mind, body, and affairs, quickening in you a new consciousness of his eternal and all-satisfying good. He is there, the Supreme Being, supplying us, guiding and directing us, inspiring us with his wisdom, pouring out the knowledge and information we need in handling the problems at hand. In God is all health and strength and goodness. These become ours through the recognition of the truth that God is all-powerful and nothing is impossible to him.

There are no limitations to God's kingdom, no restrictions. To a man in Christ ability to have and accomplish is limitless. "It is the Father's good pleasure to give you the kingdom." Then we have the life abundant which Christ promised, proved and made possible at the broken tomb.

In Christ we shall be enabled to build and organize a new world on a new pattern. The realization of the shining presence of God within our being is the only true way to eliminate war, pestilence, sickness, failure, poverty, unhappiness. Out of the old inadequacies of the past will come a new world, a whole world seeking and knowing the one, the true, the eternal God, a whole world living in peace and truth and harmony. This is not a vague dream, an idle wish, but is definitely possible as promised by Christ himself: "I saw a new heaven and a new earth. Behold, I make all things new."

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In other words, in a certain segment of my life God is not cause but Mr. X is cause. Here where I am is not heaven. Over there, after Mr. X has done so and so, or after I have acquired so and so, is heaven. My happiness, my good, and the cause of my good, then, lies outside of me, in Mr. X's hands. And it is obvious, as John Seaman Garns says, that "so long as I believe that the external world can have final power to rule my life, I shall never attain absolute peace and power."

Either the teaching of the omnipotence and omnipresence of God is false or else it is true, and if it is true, there is a power within us superior to external forces, and there is a way in which I do have control. And if I am not using this control I am missing the greatest thing in the world. For it is obvious that we cannot directly control a lot of things — the government, the war, the weather, the changing times. But that does not mean that we cannot control these things inasmuch as they basically affect us.

How?

By going back within ourselves to First Cause. By thinking from the basis of fulfillment and perfection instead of from the basis of longing and of lack.

"You mean," someone asks, "that by thinking that Mr. X is perfect (when he obviously isn't) that he'll act more favorably toward me?"

Perhaps, or perhaps not, for you cannot control Mr. X. He is a free agent and you cannot think for him. But you can think for yourself. You can go back within yourself to First Cause and know, deep in your heart, that God is here present, now, in this moment, right in the very spot in your life where evil or injustice or lack seems to be. You can deny hurts and past failures and discouragements and all secondary causations and steep yourself in God's fullness and fulfillment, and hold yourself steadily there until everything within you responds to that inner reality. Then, and only then, can you go forth freely. And if, for a time, you still remain under Mr. X's thumb, that time is always short. Either Mr. X changes, and we wonder how it was that we never really understood him before, or else your good comes from some other source, some other secondary cause.

How this happens we do not know, but it does happen. God has a thousand channels through which our good flows. And when we turn away from acceptance of only the one channel, or acceptance of anything outside of ourselves as cause and center of First Cause, we have released the power of the Infinite, beside which all lesser forces are as nothing, and to which, if one channel lies closed, hundreds of others are opened.

The whole thing, then, lies within ourselves. No matter what our particular problem is, objectively, our solution is to rid ourselves of the belief that any person, place, or thing is the deciding factor, meting out our good. My good is meted out to me by my own acceptance of it, regardless of conditions, pro or con, regardless of persons in immediate power.

When we fling ourselves off into First Cause we unleash the forces of the universe and nothing on earth can say them nay.

# *Views and Reviews*

By WILLIAM E. TOWNE

## *Did You Have It Cold, Too?*

THE FIRST DAY wasn't so bad. Not so very bad, at least. But I did get a bit of a shock when, at 5 A.M. I switched on the light and looked at the thermometer on the upstairs porch — 15 below zero! And the thermometer is in a protected place. The Managing Editor said it was 22 below at his house. Others said 25 below. Anyhow, we knew it was winter.

Well, sir, the first thing I did was to throw on an overcoat over my pajamas and hotfoot it for the garage. Would the car start? That was the burning question on this cold morning. Would the radiator be frozen? I had never had it tested since the last quart of alcohol was put in. Carefully I pressed my foot on the starting pedal. Once, twice and away she went. What a grand and glorious feeling. I was too relieved to recall the story of the old lady who said she always felt bad when she felt good because she knew she was going to feel worse later on. And yet she had something! I found it out next day.

Well, it became a sort of game to see how many — and who — would show up for work in the office. One by one the faithful and the near-at-hand ones trickled in. But how about those who lived across the river and were dependent upon the bus? On a cold morning the buses probably would be late. And they were. The bookkeeper, New England born and a Hardy Soul, walked a mile and a quarter to get her bus and came in only a little late. But two of the army widows (who are not really widows but the wives of army officers who came from the sunny Southland to our bleak New England shores) sent word they would not be in until the next day. The handy man, who works a few hours daily for us, is Scotch and did not seem to feel the cold when there was money to be earned. He shovelled away cheerfully (more or less) at the snow covered walks with only very occasional visits to the furnace to keep his ears from freezing.

The next morning the thermometer was a bit lower than it was the first day. But I was full of misplaced confidence as far as my car was concerned. It went through the first night and started right merrily. No need to go out at five in the morning to warm it up today. I waited until about nine-thirty and then, with a few inward misgivings, went to the garage. I pressed on the starting pedal — harder and harder. Nothing happened except a slight murmur as the engine stirred uneasily in its sleep but did not — and would not — come to life.

I telephoned John at the service garage. Nothing doing. He had frozen cars to the right of him and left of him. Call later, was his advice. An hour later I did so. Still nothing hopeful — just call at eleven. We go downtown to lunch every day at eleven-thirty, so that did not sound any too hopeful. However, there was

# *How I Learned to Stand On My Own Feet*

By ELIZABETH LEWIS

"LOOK UNTO ME, and be ye saved, all the ends of the earth." In this admonition is summed up all the wisdom needed for living a happy, free, and prosperous life. Yet, how many, like me, look unto some human personality, and, as a result, suffer all kinds of disappointments, deprivations, and maladjustments.

Apparently I was born timid. My older sister was a strong-willed, dominating type. My earliest recollections are of sneaking and evading issues to escape the fury of her wrath when I had dared to do or say what I wanted to or believed in. Her disapproval made me cringe and draw fearfully within myself until I became a definite introvert.

But the two of us were so different that I couldn't be happy even trying to live according to her pattern. So, in an effort to escape from an unhappy home, I accepted the first man that asked me to marry him. Of course, marriage is not a panacea for all ills, and my sister's ridicule and criticism of my home and my husband soon dashed our matrimonial ship to pieces.

About this time my mother's death left me completely without a rudder. My sister's nagging and my resentment made me welcome a job that took me three thousand miles away.

But again I was dodging the issue instead of meeting it. The habit of being dominated was so strong that I now allowed my sister to dictate, by letter, the nature of my thoughts and actions and my choice of companions. So when this work was finished I cut all ties and went from place to place and from job to job in a vain search for peace and contentment.

And then at long last, in direct sales activities, I met the man who brought into my life all the love and appreciation and joy that I had yearned for always. A friend was taken into our confidence and agreed to redirect my mail so that my sister need not be told of, and thus given a chance to wreck, my new-found happiness. We did not even share with her the thrill of anticipating the little one that was to make our home and happiness complete. That was the only cloud over our home when our red-haired, fair-skinned daughter arrived.

Then, while I was still aglow with joy over the perfection of our child, Fate dealt me a crushing blow. My companion was the victim of an accident and I was left to face the task of providing for myself and my infant daughter. I had no financial or moral backing, and the shock seemed to paralyze my powers of thought.

At this crisis some friends of my sister came West and, at her request, went to my old address to look me up. They learned there of my marriage, the baby, and my sudden widowhood. This news they sent back home and my sister wired them to locate the baby and me and bring us

home with them. In my stunned condition I forgot the misery that had always held me when near my sister. I welcomed the chance to have someone help in the care and rearing of the child that I had so yearned for all my life. So we went.

For a time life moved along fairly peacefully and harmoniously. My sister, herself childless, was so delighted with the beautiful child that had come to me that she took us into her home and cared for the baby while I worked. When she had again begun to shove me into the background and try to claim all of my daughter's thought and affection, the need for a sudden surgical operation sent her to the hospital and temporarily freed my child and me from her domination.

We found a home in which the two of us could board and room and the little girl be cared for during my hours away from her. But, a year later, illness in the family again meant neglect of my child. It seemed I would never learn my lesson and so, once more, we returned to my sister. My daughter was now almost four years old, a beautiful child, radiant with the joy of living. In her aunt's home my little one was taken away from me entirely. She was scolded for even wanting to be with me, and it cut me to the quick to hear her uncle tell her, "You are not supposed to think. We will do your thinking for you."

In one way I did gain from this experience — the efforts to dominate my child's life showed me the picture of my own childhood and the conditions that had made me lie and evade. I determined to overcome these habits in some manner, although at the time there appeared no escape from the unhappiness we were in.

A friend sent me this statement of Truth: "The spirit of Good, which is I, turns all things to beautiful results. The spirit of Good, which is I, turns *this* thing to beautiful results. Be still, my heart, and see." It was a challenge I vowed to accept. Using that and the statement, "With the help of God, I can and will, and, so help me God, I will," I began planning to leave my sister's house, whatever the cost might be.

I told my sister we were leaving, and the rooms we were using were advertised for rent, and my sister ordered us out without further delay. I went to work with a sense of panic clutching my heart, but all day I repeated, "So help me, God, I will." That very evening I learned that a highly desirable room had been vacated that morning. It was within walking distance of the neighborhood nursery school, and had good transportation facilities. The landlady was an excellent cook and was willing to care for my little daughter during my absence. Though the room was small, we were granted the privileges of the entire home, and a *real home* it was.

Our moving meant a definite break in family relations. For six weeks I did not see or talk with my sister, though we were living only a short distance apart. Then she called me at the office and said some mail was at her place for us. It took courage for me to face the prospect of going back, after the cruel statements that had been made regarding me. But I told myself over and over: "There is in reality no such personality as hers appears to be. In Truth, there is only God, and all individuals are meant to be expressions of Divine Love."

Gradually the family learned to respect me for my independence. Friendly relations were re-established, and all of us are far happier than when I permitted myself to be under the control of one who, unconsciously I now know, was a selfish dictator.

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# *Why Should Man Die?*

By H. E. MIZE

You don't suppose, do you, that God forgot or overlooked something when he created man? Do you believe that man's temple or body is a less significant fact that the principle of mathematics or the laws of gravitation? Did God overlook something when he made it?

"But," you say, "man *dies*." That proves nothing except that he has not learned nearly so much about the laws of his own being as he has about the laws of nature under which he grows his crops, builds his machines, and applies himself to every art and science which can serve his utilitarian purposes or aesthetic ends. There was a time when he knew little or nothing about these latter laws. But nobody believes that his former ignorance of them affected their validity in the least.

If man is not an eternal spiritual being it does not matter at all whether he lives or dies; it would have been just as well, and perhaps very much better, if he had never existed. But if he is endowed with this spiritual nature, it necessarily follows that he has the inherent and potential power to translate that fact into terms of adequate expression on the plane where he lives and works. That he has not yet done so proves no defect in the law, but only a defective understanding and application of it.

When we fail to follow the rules of arithmetic we get an incorrect, a false, answer. Violating the laws of life, we likewise get an incorrect or false answer — the phenomenon known as death. No one has ever suggested that the universe should have been so built that not even a child could ignorantly or carelessly mishandle Roman numerals. Every law, including that of life, presents its exigent demands which must be met if the results are not to be false and hurtful. We must work and earn our right to the enjoyment of every good thing. It is not so much that God insists on selling us these benefits at a high price; it is that, in paying the price, we develop the character without which true enjoyment is impossible.

The whole question of whether life in the body should, in principle, be immortal, revolves around that other question as to whether the body is meant to be an instrument or a prison. If a prison, then why this incarceration in a jail-house of flesh? If an instrument, then why should not the order of the day be a continual perfecting of this instrumentality of action on this plane? It is not on record — has never been empirically or logically proven — that a soul is

the better for having lost the means by which it acts and expresses. If a man, through ignorance or carelessness, loses his body, I think he must and will make haste to acquire another, so that he may go on with his work of education and unfoldment.

You see, we have not adequately explored our world. The resources of the universe are inexhaustible. God is here — is that not heaven enough? Why go elsewhere looking for Him? Why should we be thrust into this school for a moment, and then be as rudely expelled, before we have mastered an infinitesimal fraction of the course?

Build any machine you please. If it runs now, I guarantee that it will run forever if you will always replace the worn parts with perfectly good new parts. Something like that happens in the human body, except for this vital difference: our ignorance, our daily violation of one or another of the laws of our being, our proneness to false thinking and hurtful emotions react on us and on our workmanship. The new cells which replace the old ones are not so good as they ought to be; they are an inferior product, impregnated with the poor quality of our thought and understanding, mauled and lacerated by ignorance or wilful conflict with the very laws which would otherwise have their perfect issue in us.

For the rest, the same Power which builds the body is able to sustain and preserve it. Outlasting all the aeons of time, God does not grow old. There is no diminution of God's power, virtue or efficiency. He is as able as he ever was to animate my body and yours with the newness and freshness of spiritual life — *if* our minds are big enough to co-operate in that great purpose and express that great fact. Or if our small minds and smaller thoughts do not get in the way. For man will somehow express his own conception of himself.

In both mind and body we are so made and equipped as to be able to unfold knowledge and acquire great strengths, skills and graces by the right use of our capacities. Here nature speaks plainly, and not in parables. If right use is the secret of increased power, why should the law ever work in reverse order, ultimating in deterioration, old age, decay and death? It does not. We fall down on the job somewhere, by failing to apply the principle of right use in our thought and action.

But there are always new opportunities for a fresh beginning. In this eternal universe there is ample time in which to apply ourselves with all diligence to our task, to learn the laws, and to prove that in this, our life, as in all other things, God has foreseen and provided for every need — has overlooked nothing that is proper to man, made in His own image and likeness.

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TROUBLE SHOOTERS

I took my troubles to the stars —
"How small!" was all they had to say.
I took my troubles to the wind —
"Oh, phfft!" said he and blew them all away.

— *Gene Moore*

# *Christ's Most Remarkable Healing Miracle*

By BROWN LANDONE, F.R.E.S.

***Article III of the Series on "Christ's Methods of Healing"***

YEAR BY YEAR, I am increasingly amazed by the simple and direct means which Christ used in effecting the miracles he wrought in healing.

The background of the healing of which I now write is significant; the leper came to Jesus immediately after Christ came down from the mountain where he had given the Sermon on the Mount. Christ himself was evidently lifted up by the inspiration that had come to him. He had taught as one having "authority," and the word translated authority is elsewhere translated the *liberty-power*. That is, Christ taught as one having freedom of liberating power within himself.

This seems to have been the first time that Christ actually spoke as a god — recognizing the power within himself — to teach without depending at all upon the actual "words" of the Scriptures.

It was at this hour that the leper came to be healed. Leprosy was the terrible disease of that day — incurable, and so contagious that lepers were forced to live apart by themselves.

Yet this incurable disease *was* healed, and healed instantly!

What actually took place?

First, there was the *deep affection* of the leper for Jesus. He addressed him not as a god but as a friend, and "worshipped" him.

The English word worship does not give us the true picture, for the word as the original text means "*to kiss the hand to.*" That is, the leper greeted Jesus just as we might part from a dear friend, by kissing the tips of our fingers and blowing a kiss to the friend.

The second step was their *mutual desire.*

The leper states, "If Thou wilt, thou canst make me clean." And Jesus answered, "*I will.*"

BUT the word translated "wilt" and "will" — means more than decision or an act of will. It means *deep desire*, even desire as from God. It is significant that the root of "*theo*" is found in this word, and *theo* means *God.*

So the leper really said, "If you deeply desire — in your soul — to heal me, you can make me clean." And Christ replied, "*I do desire to do it.*"

Then, third, *before* the healing took place Christ did something else, and its full significance may amaze you. The English translation says that Christ put forth his hand and touched the leper.

But the word translated hand also means *arms;* the word translated "put forth," means extended; and the word translated "touched" is *not* the word usually translated touched but a different word which means *held him*, or *embraced him.*

Christ not only desired with all the

love of God to heal the leper, but *his love was fearless.*

There was no fear of contracting the disease; no standing apart; no mere reaching out and "touching" the leper with the tips of his fingers to heal him, but actually taking the man in his arms and loving him.

Fourth, it was then that Christ said, "Be thou clean," and the terrible incurable disease, of which all the race was afraid, was healed immediately.

The word translated "clean" and "cleansed" in these verses is *katharizo* — a purifying flow of spirit. (We get our word "cathartic" from the same root.)

The flow of spirit that healed instantly came as a result of the affection of the leper, of deep desire in the heart of each, and of the fearless love of Christ — love so great that he embraced the leper.

There then follows Christ's advice about the healing — asking the leper to tell no one about it but to show himself as an example to the holy men for a record of the healing.

The word translated "show" does mean, *as an example;* and the word translated "testimony" does mean, *for a record.*

This is another indication of the greater awakening of Christ's consciousness of his own power, for previously he had not asked those whom he healed to show themselves as examples.

Let's apply Christ's advice to our own demonstrations. Every year perhaps a thousand people write me of lack of harmony in their homes, because other members of the family do not accept Truth as they do. And we ourselves go to meetings and *tell* of our demonstrations.

This is exactly what Christ tells us *not* to do. He tells us not to talk about our demonstrations but to let others see the change in us that we may be examples of the power which effects the marvelous changes.

Scores of cases of inharmony in families have disappeared as soon as the person who knows Truth, stops talking about it and lives so that his life is an example of new joy and power.

This most remarkable healing of Christ — the instantaneous healing of an incurable disease — was affected by four steps: (1) the affection of the man who wanted to be healed; (2) the deep, god-like desire of the man and of Christ; (3) the fearlessness of the Christ in manifesting his love for the man; and, consequently, (4) the instantaneous flow of spirit which worked the transformation.

How simple compared to some of our own efforts in healing. Affectionate sympathy, mutual desire to heal and be healed, fearless love expressed, and the miracle of transformation is wrought.

EDITOR'S NOTE: *Next month Mr. Landone will present Christ's method used in healing the man with the withered hand.*

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## FINDING GOD

WE HEAR MEN often speak of seeing God in the stars and the flowers; but they will never be truly religious till they learn to know Him in each other also, where He is most easily, yet most rarely, discovered.

*— James Russell Lowell.*

# *Fear, Goodbye!*

By CONRAD HUNDERT-MARK

WHAT IS your pet fear? What is that indescribable something that gets into your hair and makes you roll and toss on your mattress all night, facing the new day haggard and hollow-eyed, without energy and pep, and unable to look the coming events squarely in the eye?

Let us analyze this devastating symptom that is responsible for more human misery than any other form of disaster known. Let us take it into our laboratory and put it in a test tube, to see what we can do about it.

First of all, what is fear? Generally, when we are exposed to fear, we imagine some impending disaster, a disaster that threatens to undermine our security in one shape or another. This security may be financial or physical. That payment on the mortgage, which we cannot meet, may threaten financial insecurity. Or that little pain in the neck may threaten some unknown ailment with dire consequences. At any rate, it is generally the loss of some security which inspires the fear in the first place.

Fear always originates in our mind. We become aware of some approaching crisis which we are apparently unable to divert. It is like standing on a railroad track, with an express train rushing toward us, and our feet being unable to carry us to the safety of the roadbed along the tracks. With every succeeding second, our fear mounts, and its effect on our nerves and mind becomes more paralyzing.

There is the story of a man with a toothache. It started as a very minor pain, but as he kept thinking about it, it became more and more unbearable until, finally, after a sleepless night or two, he went to the dentist to have the annoying tooth extracted. While awaiting his turn in the dentist's office, he became engrossed in some ancient magazine and, when the dentist finally put him in the chair and asked which tooth was aching, he could not tell. The pain had left him.

We come across stories of this kind almost daily. We give them a good laugh and forget them. But they all contain a moral. They show plainly that the fear existed only in our mind, and the moral is that our mind can overcome it.

Our mind is in tune with the great Universal Mind, or Spirit, with God himself. I like to compare our mind with an individual radio receiving set, such as we find in almost any modern living room. On our radio we tune in on some pleasant program, but at times, when there is a great deal of static or other interference on our favorite station, we twist the dial and tune out the unpleasant noise and receive the kind of program we desire to hear.

God, the Universal Spirit, is omnipresent. All we have to do is to tune in on the proper wave length. Yes, it is as simple as all that. To find the proper wave length, we merely tune out the static and other interference.

It is like the man in the dentist's chair. He tuned out the wave length of pain unknowingly when he picked up the magazine in the waiting room.

Now, how about a threatened financial disaster?

It is the same thing in practice. As long as we entertain the fear of this disaster and are trying to picture the results, as long as we see in our mind's eye the express train rushing toward us with ever increasing speed, we cannot tune in on any other wave length. We shut our mind to the more pleasant vibrations which might bring us help and escape. We cannot move our feet to the safety of the roadbed along the tracks.

When we realize the fact that our fears are only in our minds, when we become deeply impressed with the fact that it is up to our mind, in conjunction with the Universal Mind, to find a solution to our problem, we can take the necessary steps to remedy the fault.

The easiest way to do this is to banish the fear from our mind. Whenever we feel a certain disaster approaching, let us not dwell upon the unpleasant results, let us not entertain for one single moment the thought of what would happen to us, should it strike, but let us decide to have our mind find the solution. There is a solution to all our problems in the Universal Mind. God can do all things. So let us resolve that the proper solution will "pop up" in our mind when the right time for action approaches. Let us, if you wish, ask in our prayers for the proper solution, knowing that it will arrive on time, and then let us forget about the problem.

After a good night's rest we will face the coming day bright and full of energy. We will then be able to see new angles to the problem, which we could not see while we were preoccupied with the entertainment of our fears.

When we once realize in a logical way that there is no foundation to our fears, that the great Universal Spirit, of which our spirit is a part, has the solution to all our problems, we can turn to our religious teachings and see them in a new and stronger light. The Bible admonishes us time and time again with these words: "Fear not"; and the great teachers of religion reiterate these commands. When our own logic tells us that these teachings are correct, does that not make our belief so much easier?

So, once and for all, let us throw fear overboard and face the coming days unafraid. Let us say, for the last and final time: "Fear, goodbye!"

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BE NOT AFRAID, though men parade
The desolations war hath made,
Beneath, unknown, good seed is sown;
Deserts shall be as gardens grown,
Merciful streams in drought shall flow
For the seed the Sower went forth to sow.

— *W. P. M.*

# *Curing Colds*

By E. R. WALKER

IT USED to be that every year from November to June I would contract one cold after another, either in my head, my throat or my bowels. Although I had been studying Truth for a long time I had never bothered to try to apply Truth to my colds. After all it is not so important how well-versed we are in Truth as it is that we put into practice what we do know about it. So I decided to apply Truth in this matter.

One of the first things I did in my efforts to apply and use Truth when a cold came was to refuse to listen to radio announcements of cure-alls for colds or to read such advertisements in the newspapers.

Now at the very first sign of a cold, or what might develop into a cold, I hold my peace. "*Be still and know that I am God.*" I fix the realization of this Truth within myself. I realize that the cold and the stillness of God could not possibly be present at the same time. So I hold my peace and in the stillness and quietness of spirit I give myself a mental examination. To use a slang expression, I give myself the once over. I ask myself these questions:

1. Have I been speaking ill of anyone — silently or otherwise?
2. Have I been selfish in my desires?
3. Have I been unjust or coveted in any way?
4. Have I been honest in all my dealings with others?
5. Have I been jealous or fearful?
6. Do I expect colds every year?

When I have answered these questions I sit silently, no matter how much my head may ache, my nose water, or my throat feel sore. I remember that Jesus quieted the waves when he said, "Be still! And there was a great calm." So I say to this cold: "Cease, be still!" I repeat this over and over adding, "And there was a great calm." By this time I find that my nose is no longer watery, my head is clear, my throat no longer sore and the cough which had been troubling me has disappeared. Out of the silence I hear the words, "Let this mind be in you which also was in Christ Jesus."

Now I bless every living soul and I rejoice in the good of others till every fiber of my being rejoices. I fix within my mind's eye the word "selflessness." I affirm, "I am selfless and free."

I further affirm that all my desires, be they for happiness or anything else, must be shared with others. For when we become a law only to ourselves we stand alone. "He who scattereth good increases still more; but he who withholdeth only for himself surely cometh to want."

Then as I sit in the silence I meditate in this fashion: "The mind that was in Christ Jesus now fills me with the spirit of selflessness. This selflessness gives me the wisdom to be just. Since all that the Father hath is mine to use, I know I need not be guilty of covetousness. I know that the realization of this Christ mind will aid me to be honest and upright. From this day forth I live only in the expectancy of perfect health through application of Truth principles in my daily living."

# *This Dream Came True*

By DORTCH CAMPBELL

OF WHAT stuff are dreams made? Prophetic dreams may come now and then to those who are psychically sensitive and there are those who assert that they are helpful in character beyond coincidence, but personally I have not discovered in any of them the gift of prophecy, though I knew a man whose whole life was changed by a dream which was later fulfilled to the last detail.

Nathan Nelson, reporter for the Daily Star, walked into our newspaper office one bright morning about the time of the opening of World War I in Nineteen Fourteen and said that he intended to gain fame and fortune.

I said, "How come?" not looking up from my typewriter with which I was doing an editorial chore about the war. I thought to myself that it would not be possible for that lad to do anything well, and perhaps not even to gain his daily bread, for he was a fat and slouchy fellow who looked dirty even when he was clean, and he was easygoing and whiny and not very good at writing. Nathan had a wife and several children, and you wondered how he kept their souls and bodies together on the salary he got.

Nathan said, "I dreamed last night I was destined to go places and see things." He did not seem so very enthusiastic about the dream, but that was his way.

For a time I forgot him because of the masterpiece I was trying to write; besides, I looked on what he said as some sort of fancy, and I thought with Shakespeare that of such stuff dreams are made.

"I dreamed last night," he went on complacently, "that I got a job in Washington, that after awhile I went to London and after that things began to happen in my life, and I wrote something big about the war, and then I went all around the world writing."

At that statement I looked up, startled; for it came to me all of a sudden that I had dreamed in all essential details that this was going to be Nathan's future. I told him what I had dreamed the night before.

After that, we got our heads together, dissecting our dreams. Both dreams were that he was going into the writing game in a rather big way.

And everything happened just like we dreamed; for within a few weeks he got an offer of a job in Washington and accepted it; not long after that, by a juncture of strange circumstances, he was sent to London on a mission that had nothing to do with writing. After awhile he wrote something about the war that went over big. That article gained him entree into powerful circles. He went to some of the allied world capitals; it was not long after that before he was writing war articles and making a name for himself as he moved from war zone to war zone.

I do not know how all this came about and it may just have happened that way. But it is certain that some persons possess an ability to dream true, though I have not for myself found in dreams, psychoanalyzed or

otherwise, direction and guidance about people and events I often would like to obtain. Still, I know that there are many persons who claim that some of their dreams come true and there is plenty of literature that gives right convincing proof that pictures can come to us in sleep that can help us along.

Perhaps the soul of the individual goes on a hunt for that which we have great need of, or greatly desire, when the conscious mind is in abeyance in sleep. Doctor Alexis Carrel, the great scientist, apparently holds to this view. In his great book, "Man, the Unknown," he asserts that "in certain individuals there is a psychical element capable of evolving outside the limits of our bodies which travels in time" and we "perceive not only events spacially remote but also past and future events."

Nathan's ego apparently accomplished that little chore of looking ahead. But what about the vision that came to me? What was my part in his stride to fame and fortune? Why should I by dreaming have helped him along?

To this day I do not know the answers to those questions, though since then my mind has wandered not in sleep but in waking hours around the world in search of spiritual phenomena. About all I have obtained in those journeys is the belief that genius has some sort of faculty for dipping into space and time in a mental or spiritual world. I have learned, too, that there is no time nor space for those who pray. If there was such a thing as time and space, prayers would not be answered. Rich, poor, high and low, can reach into eternity, tap the infinity. In spirit and in prayer everything is the eternal now.

Doctor Carrel asserts that the subconscious is released in sleep and dreams, stripped of their emotional content, make direct contact with higher realms of thought. The soul is said to often take flight in sleep to those loved who are in danger or distressed. In dreams many have vividly experienced the horrors of battle. A Belgian woman told a friend of mine that she not only witnessed in a dream a battle, but actually heard the roar of guns. She related that afterwards in her dream her soul seemed to take flight again along a strange poplar-lined highway on which she perceived the body of a loved woman; and her dream was subsequently officially verified in complete detail.

This class of dreams are so commonly reported that one should not be in haste to deny their authenticity, but to give an explanation is another matter. They are perhaps of mental or spiritual origin; certainly they deserve conscientious study of scientists who possess that rare attribute called an open mind.

Undoubtedly the ether about us — not the air — is a mobile thing, a most delicate mental medium of vibrating currents — a sort of tenuous mental jelly that registers deep emotions and powerful thoughts. The ether if thoughts and emotions are strong enough may carry these impulses and impress them on the minds of others in dreams. But desire on the part of both sender and receiver may be a specific part of the process.

But there were no thoughts and emotions, so far as I know, involved in Nathan's dream; nevertheless he must have terrifically desired to evolve out of a newspaper slattern.

His craving may have made a tremendous impact upon his mind, which was released in a dream, but the tough problem is to explain how I got that dream, unless we wish to ascribe it to telepathy, which is a scapegoat we use to explain away happenings of mysterious spiritual origin.

If desire is in reality the key to prophetic dreams — and I am inclined to believe that this sort of impetus is very much involved in dreams — then it should not prove so difficult to get guidance during nocturnal hours. If we intend to experiment along that line it might be advisable to select one major problem among the many that afflict us before we go to sleep and put all our heart's desire for an answer to come in our dreams. No lethargic wish, in my opinion, would do; we ought to crave an answer for an hour or more. If we would do this patiently and systematically, who can say as to what dreams might come to point the way? But after that we would probably have to engage in the very laborious business of interpreting those subtle pictures etched for us in our slumbers.

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# *God Has a Thousand Channels*

By HAZEL DEANE

I WONDER if we are not all faced with much the same basic problem, a problem that can be met, did we but realize it, very easily, very simply, and with dynamic effect. Oh, our immediate needs may be different. One may seek health and another wealth, or love, or happiness, or some evident ability to do or to have or to be. But in the end, I wonder if it does not resolve itself into the same basic need, one, at that, that can be met right here in our own minds, in our own habitual thinking and feeling levels within ourselves?

Let us look at it together, and see if it cannot be handled once and for all; for I believe it goes back to First Cause, and what we *actually believe* that First Cause to be.

Now, if anyone who is a student of metaphysics were asked as to First Cause he would say glibly, "God is First Cause," and he would affirm God as all-powerful and everywhere present, including God as present within himself, right here and now.

Yet, actually, in his daily experience there is more or less lack. There is, in other words, a wide discrepancy between the thing he experiences and this beautiful theory of God as all and the cause of all. And if we will look closely at our own thinking we may find, perhaps, a similar discrepancy between that which we think as theory, and believe as theory and that which we think and believe. (Period!) Deep down within us something is saying, "Yes, I believe that God is all-powerful and that to God nothing is impossible. I believe that God is everywhere present, that God is First Cause; but I also believe that if Mr. X would not be so mean, my life would be happier."

nothing to do but be patient. Shortly after eleven I called John for the third time and received the reassuring answer that he would "be right down." He arrived in a wheezy contraption of the vintage of 1932 or thereabouts, and applied a "jumper" to reinforce the sickly efforts of the battery in my car. Nothing happened beyond a few weak sputters — then cold silence again. Nothing to do but tow it, said John. But that wasn't so easy as it sounded. My car would have to come out of the garage backward and turn in a sharp semi-circle to avoid the building only a few feet away on the opposite side of the alley. However, Wheezer was backed up, my car was pushed out onto the concrete platform by man power, a frayed rope connected the rears of both cars and by great skill John dragged my car a few feet in the right direction, while I steered it. But then it was against a wall of ice. Wheezer was backed up. We cramped the front wheels of my car and rolled it ahead a few feet. This time one of Wheezer's chains came off. John lay on his back in the snow for many minutes and got it back on. More movements ahead for a few feet, stop, back up, cramp the front wheels of my car in the opposite direction, push it forward, then Wheezer backed up for action once more. But this time the old boy lost his breath completely and refused to start. A little reinforcement from the "jumper" and the engine spun again. And then, joy of joys, my car was in line for the alley and we went sailing out to the street.

Once on the street, we tried to start my car by coasting. Nothing doing. It was literally dead with cold. So Wheezer was disconnected and brought around to the front of my car. The frayed rope was once more used as a tow line and we started gaily off down Cabot Street, my car careening dizzily from side to side when it struck hidden ice beneath the soft snow. After a mile or more of this rapid towing the engine on my car burst forth with a cheerful buzzing and a cloud of smoke rolled out of the exhaust into the icy air. Must keep her running until thoroughly warmed up, was John's prescription. But here a difficulty appeared. I had very little gas in the tank. I raced for a gasoline station and then rode about in circles for ten minutes. By then the car was warm and I was late for luncheon. However, I had learned a useful lesson, never to take the starting of a car for granted on the *second* successive cold day.

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## THE HILLTOP

By CARLOTTA M. OSBORNE

When anxious thoughts oppress me, and my heart
Grows heavy, and my spirits somewhat low;
When I am weary and my courage fails,
And doubts assail me, then I like to go
Out upon the hilltop where I sit
And watch the sunset and the evening glow.

I gaze into the valley, where the brook
Winds in and out among the willows green,
And on its quiet surface oft reflects
The beauty and the grandeur of the scene.
I gaze into the sky — my soul receives
New courage and my spirit grows serene.

But best of all, just at the twilight hour,
With one or two close friends I like to go
Out upon the hilltop, where we sit
And watch the sunset and the evening glow.
A closer friendship and a peace we find,
Which only those who love the hilltop, know.

# Success In Prayer

*Edited by W. E. T. and E. T.*

## I PRAYED AND PRAISED AND MY NEEDS WERE MET

SIX MONTHS ago my son-in-law brought my daughter and two children to my house, a distance of almost 200 miles. My daughter was in a dying condition and the children were both sick. He just put them out and drove away, after telling me that he was going to hunt work and would send money to pay their board.

I am a widow with no income except what I make on a little rocky, mountain farm. I was sick at the time and had to go to the hospital myself and needed all the money I had, and more, to pay my own hospitalization.

Weeks lengthened into months and no word came from my son-in-law. I heard he had taken another woman and left. I asked a neighbor to board the children and I took my daughter with me to the hospital, and the doctor said she must be operated on at once — a very serious operation. When we returned home we began thanking God and praising him for every blessing. The more we praised the more we had to be thankful for. People began sending money from the four corners of the earth. I have paid every bill and we have had an abundance of things to eat and to wear. My shelves that were bare are now running over with good things. We are drawing to us the very things we need. One Friday the children came home from school and said, "We told the teacher we would not be back for we knew you did not have anything for our lunch." On Saturday a lady came almost 100 miles and brought two large boxes of food, clothing and shoes. They went back to school on Monday with a lovely lunch and nice new clothes. They have learned to say the Prayer of Faith:

"God is my help in every need.
He does my every hunger feed.
He walks beside me guides the way.
Through every moment of the day.

"I now am wise, I now am true,
Patient, kind and loving too.
All things I am, can do and be,
Through Christ the Truth that is in me.

"God is my health, I can't be sick.
God is my strength unfailing quick.
God is my all, I know no fear
Since God and Love and Truth are here."

So many blessings have been poured out upon us that we do not worry any more. We just know we will be provided for and that help will come. My daughter and I have not been able to work for over six months, but we have never been hungry. A way opens before us every day for us to get the medicine, food and clothing, and I have also been able to pay on some old debts.

Some people in another state have invited us to go with them on their vacation, a trip we have always wanted to take.

I am so glad that I just turned everything over to God, for he has worked everything out so much better than I could have done. He always knows a way. It has not only strengthened my faith and that of my daughter but it has taught the children a lesson they will never forget and one that will be a help to them through life. God will never forsake those

who put their trust in him. I have proved it every day for the past six months. — M. B. V., Ky.

### *The Practice of the Presence of God*

IN ORDER to practice the presence of God we must first realize that there is but One Power and One Substance and that we are one with that Power and Substance. We must turn from the deceptive testimony of the senses and realize that the power for everything we do comes from the same Source and that everything we have is a part of the same Substance.

All of man's troubles come from a belief in two powers, good and evil, and from a sense of separation from his Source. For ages man has considered sin, sickness and evil to be realities, thus breaking the commandment, "Thou shalt have no other gods before me." Most people would be shocked if they were told they worshiped idols, and yet they make idols of fear, disease and many other things.

If there is but One Power, what then is evil? Evil is a warped idea of good; a misuse of power. Power is impersonal. It may be used for good or ill; but if we use it in the wrong way we pay the price. What is sin if it is not a reality? Sin is only a missing of the mark. It is due to wrong thinking or wrong consciousness.

If there is but One Power how can we be ill? Because of our belief in a power apart from God. We cannot be sick if we know, in our hearts, that there is but One Power, complete and perfect, and that we are one with it. We will partake of the perfection of that Power the instant that we consciously realize this. Universal Power makes no exceptions, plays no favorites, and acts neither through caprice nor wrath.

Truth is absolute but we must grow in the awareness of Truth. Man has the power to surround himself with illusion until the Truth, for him, is obscured. But he may scatter the mist of illusion and let the sun of Truth blaze forth. — *Willia Wight.*

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NAUTILUS takes its name from the following verse from Holmes' poem, *The Chambered Nautilus:*

BUILD thee more stately mansions, oh, my soul,
As the swift seasons roll!
Leave thy low-vaulted past!
Let each new temple nobler than the last,
Shut thee from heaven with a dome more vast,
'Til thou at length art free,
Leaving thine outgrown shell by Life's unresting sea.

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## *Was It Telepathic Influence?*

A writer on TELEPATHY tells of a man who felt an unexplainable urge to go to a relative and offer help. He did not know WHY he went but *she* felt that she knew why he came. It was the result of telepathy, thought transference, or whatever you choose to call it, she believed, which she had consciously tried to use to win his help.

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## Elizabeth's Editorials

(*Continued from page 7*)

Jesus illustrated every truth principle with a story.

These are MRS. CHIANG'S STORIES before the Senate:

The traditional friendship between your country and mine has a history of 160 years. I feel — and I believe that I am not the only one who feels this way — that there are a great many similarities between your people and mine, and that these similarities are the basis of our friendship.

I should like to tell you a little story which will illustrate this belief. When General Doolittle and his men went to bomb Tokio, on their return some of your boys had to bail out in the interior of China. One of them later told me that he had to bail out of his ship, and that when he landed on Chinese soil and saw the populace running towards him, he just waved his arm and shouted the only Chinese word he knew "Mei-kuo, Mei-kuo" which means "America." Literally translated from the Chinese it means beautiful country.

This boy said that our people laughed and almost hugged him, and greeted him like a long-lost brother. He further told me that he thought that he had come home when he saw our people; and that was the first time he had ever been to China.

I came to your country as a little girl. I know your people. I have lived with them. I spent the formative years of my life amongst your people. I speak your language, not only the language of your hearts, but also your tongue. So coming here today I feel that I am also coming home.

I believe, however, that it is not only I who am coming home. I feel that if the Chinese people could speak to you in your tongue, or if you could understand our tongue, they would tell you that basically and fundamentally we are fighting for the same cause; that we have identity of ideals; that the Four Freedoms which your President proclaimed to the world resound throughout our vast land as the gong of freedom of the United Nations, and the death knell of the aggressors. . . .

How are we going to realize these ideals? I think I shall tell you a little story which just came to my mind. You know, China is a very old nation. We have a history of five thousand years. When we were obliged to evacuate Hankow and go into the hinterland to carry on and continue our resistance against aggression, the Generalissimo and I passed one of our fronts, the Changsha front.

One day we went into the Heng-Yang mountains, where there are traces of a famous pavilion called "rub-the-mirror" pavilion, which was built over 2,000 years ago. It will perhaps interest you to hear the story of that pavilion.

Two thousand years ago near that spot was an old Buddhist temple. One of the young monks went there, and all day long he sat cross-legged with his hands clasped before him in an attitude of prayer, and murmured, "Amita-Buddha! Amita-Buddha! Amita-Buddha!" He murmured and chanted day after day, because he hoped that he would acquire grace.

The father prior of that temple took a piece of brick and rubbed it against a stone, hour after hour, day after day, and week after week.

This little acolyte, being very young, sometimes cast his eyes around to see what the old father prior was doing. The old father prior just kept on his work of rubbing the brick against the stone. So one day the young acolyte said to him, "Father prior, what are you doing day after day rubbing this brick on the stone?" The father prior replied, "I am trying to make a mirror out of this brick." The young acolyte said, "but it is impossible to make a mirror out of a brick, father prior."

"Yes," said the father prior, "it is just as impossible for you to acquire grace by doing nothing except murmur "amita-Buddha" all day long day in and day out."

So, my friends, I feel that it is necessary for us not only to have ideals and to proclaim that we have them, it is necessary that we act to implement them. And so to you, gentlemen of the Senate, and to you ladies and gentlemen in the galleries, I say that without the active help of all of us our leaders cannot implement these ideals. It is up to you and to me to take to heart the lesson of "rub the mirror" pavilion.

*

### *A Message to All of Us From the Archbishop of Canterbury*

FROM the British Council of Churches comes this unifying call to the world — may we all live it, the whole world round. It was written by the Archbishop of Canterbury, head of the Church of England and is

here reprinted from the bulletin of the British Council of Churches. I found it on the front cover of our Federal Council Bulletin, of the Federal Council of Churches of Christ in America; which is constituted by 24 national communions of our country.

So, with the spirit and prayers of All of Us I give you this call, to meditate and affirm to the world:

In days when Christianity itself in its fundamental principles is unchallenged, it may seem natural to lay most emphasis on the points which distinguish one communion from another. But in days like these when the basic principles of Christianity are widely challenged and in many quarters expressly repudiated, the primary need is for clear and united testimony to Christianity itself. . . . Our differences remain; we shall not pretend that they are already resolved into unity. But we take our stand on the common faith of Christendom, faith in God, Creator, Redeemer and Sanctifier; and so standing together we invite men to share that faith and call on all to conform their lives to the principles derived from it. . . . We owe united witness as a duty to our nation and to the hope of Christian civilization. But we owe it still more to our Lord Himself. While we show ourselves to the world only as divided, we alienate men from Him. Only as we unite to present Him to men as the one Lord of life, our life and theirs, can we be true witnesses to Him.

*

## *Our Plan to Make the World Safe for Democracy*

OUR PLAN proposes that our Government underwrite our Constitution giving to every man, woman and child his BASIC RIGHT to share equally in a minimum income. Read this plan carefully, repeatedly, and ask the Spirit of God to enlighten you — here it is again:

DEMOCRACY'S DIVIDENDS

1. NATIONALIZE BANK CREDIT. Reduce still further the metal bases of money and use Power, or Work-Power, Consuming Power, or National Property Wealth — or all of them or either — as base for further issues of non-interest-bearing Legal Tender paper. Issue ENOUGH legal tender money based on the CONSUMING power, WORK POWER and CREDIT of the U. S. — which is better and greater and sounder, than *all the gold and silver in the world.*

2. PAY DIVIDENDS ON WHAT? Pay them on wealth piled up by the *collective working-and-consuming power of all American citizens.*

3. WITH NON-INTEREST-BEARING NEW CURRENCY (or federal checks) *pay $5 Weekly National Dividends to EVERY citizen;* man, woman and minor from birth to death — rich or poor, unemployed or employed.

4. BEGIN WITH THE UNEMPLOYED: "unemployables" first, with all members of every family group, from aged parents down to infant grandchildren *et al,* each receiving $5 Dividend Each Week.

5. PUT EVERY SOUL AND EVERY FAMILY ON ITS OWN FEET, independent, *self-*directing, FREE to be and to buy what THEY desire — not what special privileged processors want to make profits on.

6. NO PAUPER'S OATH, no taking away from anyone the extra overcoat, or the little business, or the old automobile or other tools of service or trade, or the little home (or farm) mortgaged or not mortgaged, which he or she or they have been able to hang on to up to the present time.

7. BEGIN THE PLAN ON THIS BASIS, $5 Cash Dividends per week to *every member of every* family group, and to every lone individual who is now without adequate income beginning with all persons and families on relief or with incomes too small to report for income tax; then include families of small reported incomes, and finally *ALL citizens. From richest to poorest, from the day of birth to day of death.*

8. THE ONLY CLASSES EXEMPTED: (1) aliens, (2) persons imprisoned or hospitalized at public expense, voluntarily or involuntarily. Dividends to be reinstated immediately upon release. Remember that $5 a week for each and every one of us will *enable every American family to live FREE, self-respecting, healthy,* expressing genius and service each after his own FREE spirit; also *every family will be adding its consumers' power to the WELL-BEING OF ALL INDUSTRY AND BUSINESS:* an inexhaustible WELL of prosperity bubbling up *from the bottom* forever. — *Elizabeth Towne.*

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IN CHRIST there is no East nor West,
In him no South nor North;
But one great fellowship of love
Throughout the whole wide earth.
—*John Oxenham*

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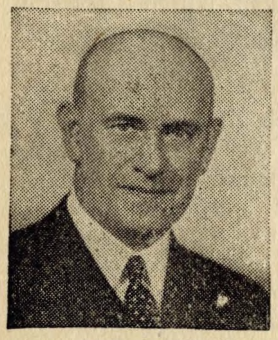
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