

THE GOLDEN DAWN

CITY OF THE SUN FOUNDATION.

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OVERCOMING FEAR.

Lady Vancia Speaks from the 6th Ray Consciousness - CP

In these times of outer tumult, let me say that only the person who feels "threatened" grows angry. He may be tired and unable to "cope", or he thinks he's in danger of being harmed or cheated or hampered or at the very least, made to lose his dignity. Those who fear something are the ones who want to quarrel and fight. They are scared inside, and this makes them lose their tempers and lash out at anyone who gets in their way.

Of course, anger is the defense mechanism of the frightened animal, and the unillumined man (or woman) is still ruled by his "animal" or so called "objective mind". This simply means that he has put his ignorant outer self in charge of what takes place in his life. Therefore, he is "judging by appearances", alone, instead of relying on the Power, Wisdom and Love of his Spiritual Source - called by Jesus, His "Father Within."

The lion defends his pride because he's afraid his mate or cubs will be harmed. The wolf and the dog snarl to protect their domains, and even a rabbit or a mouse will bite the hand they think may seize them. We know their ferociousness is inspired by terror, and so is mankind's cruelty. His quickness to "fly off the handle," his irritation during moments of stress - yes, and his inhumanity toward his fellows all over the world - those reactions come about because he's AFRAID. ALL emotional upsets - ALL anger - ALL temper tantrums - ALL animosity - ALL displays of hatred ARE BASED ON FEAR, and there are NO exceptions!

The Earth is discordant and filled with strife today, because the people on it are AFRAID, yet FEAR, ITSELF, simply indicates that LOVE is lacking at that particular point, where the trouble seems to be. Nations look at each other, alarmed at the thought their inhabitants hold concerning such things as "What if...." "What if living conditions or beliefs like that are forced upon US?" "What if these 'foreigners' try to seize OUR government?" "What if that other country gets hold of 'the bomb'?" Such ideas can never promote peace. Thoughts are the patterns from which the conditions we find in our world have taken form, and those who keep their attention focused on war, will have to experience war, while those who concentrate their minds on peace are actually forming peace in their own reality.

The old saying that "thoughts are things", can be rephrased to express one of the most important laws of Life. Jesus said, "Ye are Gods!" Since YOU ALONE, are the sole creator of all your physical experience, the truth is, YOUR THOUGHTS BUILD

THINGS. They are the molds from which you make your body and world what it is today, as far as you're concerned. People do not realize their Godhead. They think of themselves as "an executive", "a working man or woman", "a doctor", "a merchant", "a husband or wife", "a musician", "an artist", etc. They're aware of being almost ANYTHING BUT the creator who is making their outer self - their "Adam" or addition to their inner "I amness" in the perfect image of their real Divine Perfection.

Mankind suffers needlessly, like the disappointed American father who gazes at his adolescent son and groans, "Look at my child. He's my own flesh and blood but he's flip, disrespectful, rebellious. His views on life are so different from mine! I hate to admit they scare me, but what if....." Just like the nations that worry about other nations, this man, too, is afraid. He inwardly thinks, "What if my child refuses to accept the things that I was taught?" - the things I've always stood for, morally and ethically. What if he rejects the things I consider important in life? What if I, as well as my ways and beliefs, are swept aside by the kids growing up today? What if the world goes on without me?"

Then comes that creeping, age-old basic fear - the "what if" that raises its ugly head, because man has forgotten his true immortality. Trembling within, scarcely d daring to voice his dread, even to himself, that father thinks, "What if I grow old and weak and useless, cast aside by those who are young and strong - those who come AFTER ME?" "What if I become senile before I die?" "What if I fade away into NOTHING while they still live and act and enjoy the gift of life?" That man is afraid of his child, though he'd never admit it, and so we have the "generation gap," caused by fear.

Naturally this is just an example, yet all the discord in the world comes from man's lack of knowledge concerning HIMSELF and his own immortal NATURE. It stems from being afraid, and though people rationalize it and push it back into their subconscious souls, FEAR alone, is the root of EVERY quarrel between loved ones, neighbors, relatives, friends and acquaintances. It's behind the "battle of the sexes,", the wars between nations, the unfriendliness of one race where another is concerned and the hidebound biggotry of church against church.

Most of the time each is saying; "He is DIFFERENT from me! Therefore, I'm afraid of him. After all - what if - ? What if he should be strong enough to push me around - take my place - make me trouble - hurt me or destroy me?" "He's different from me - so how can I know how he feels inside - how can I know what he thinks or what he may do to me. I am afraid, perhaps I'm in danger," and the sense of self defense arises - the active objective - the creeping wish to use force - to subdue - to put down forever, the one who seems so threatening to life, limb, freedom or status.

The blood pressure mounts and the temper explodes. The result may be a war between nations, a murder, a fistfight, yes, even the condoned speaking "for his own good," administered to the talky child. ALL these destructive acts, including the one of supposedly corrective corporal punishment, are simply a result of mankind's inner personal fears. That is why the fulfillment of his need for "peace on Earth" lies WITHIN each soul, individually. It cannot come from without until FEAR is banished by LOVE in one human heart after another. Then when the majority are thinking PEACE, I promise you Peace will come.

When you get still and really begin to "KNOW THYSELF,' as the Ancient Greek Mysteries admonished, you'll discover the Nazarene was right when He said, "Ye are Gods!" Each of you can say, with Moses, "God is the I Am that I Am." but since God is Spirit, "they that worship Him, must do so in Spirit" and in the Truth of what

they are. In other words, they must worship God in the sense of self awareness that they are Spirit, and since God is omnipresent, that they too, are God, focused in the flesh and ensouled by the creative thought-forms they have chosen to express. When man realizes his own Divine Identity, and decides to BE the God he already is, he'll see that he too, is just as immortal and perfect as his Divine Source of Life, which Jesus called His "Father Within." Then he'll find the "Fountain of Youth," the wellspring of Power, Wisdom and Love that rises in his heart-of-hearts, to supply his every need and to take care of him, come what may.

(The conclusion will be in Golden Dawn 63.)
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ON TRANSLATION.

Translation is releasing to God completely - body, mind and soul, house and shelter, food and nurture, clothing and raiment, - spiritual maintenance. It is sheer delight in God's Promises for you, shirking no duty regarding things; shedding Light on your daily problems by releasing the past and re-establishing Love on your altar of God's Holy Light. It is relinquishing your own tenacious hold on your present life, with all of its many physical needs, making Peace-With God your sole aim in life. It is making way for your future of service.

Souls cling to you now out of the past. They also cling tenaciously, and, due to your own will! This is not Divine Order. These too need freedom. Being kind to others involves more than servitude! It demands placing the foundlings - like baby chicks - on God's Altar first, then freeing them, teaching them to feed themselves and then build shelter and nest - provision for supervision outside the home.

To those who climb the Heights - the Pathway to Translation - know that each one of you, as a prerequisite, MUST be willing to release all other human beings into God's care. Also, know that part of your "testing" relates to wholeheartedness for giving up all people, possessions, places, gifts, accomplishments and artifacts. No individual can translate with his or her hand seeking the hand of a child or a married partner. Freedom is an essential because LOVE IS and REMAINS IMPERSONAL, although God Almighty is a Being - PURE SPIRIT - and we belong to Him. This vibration exists in a tempo completely different from human Love.

Freedom is a Major Key to Translation. Translation is a condition one works toward only after he CHOOSES to do so. FREEDOM is a condition chosen because of the WILL to earn Translation. One who chooses Translation will come to realize the blessings that come from freeing one's self from all physical ties. It is these physical ties which bind one to Earth, thus blocking Translation.

Be freed now according to your understanding, your will and your ability to love God!

Source "A"

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SHTAR COMMAND COMMUNIQUE

THE ANNOINTING OF LOVE.

All dedicated disciples of Light should be assured that there goes forth from their being a beam of Love and Brightness that saves the world. When all the many Loving Lights are added one to another there is Light in the world, without which it would perish. It is well to love Us, but We would channel your Love to those beings with whom one must walk and talk each day. For if you can live in Love, and walk in Love, breathing out the Love of God in every smallest irksome situation, then this is true sainthood. The badge of the saint is perfected Love. This then, is the victory which overcometh the world - Faith, yes, but Love added to Faith. For without Love even Faith is dead, for the work of Faith is Love.

A mighty baptism of Love will never leave one who has received it. It is an annointing. Some disciples expect that some great momentous or miraculous event will take place in their works. Understand this, that the mightiest thing in all the universe is Love. With Love the Creator spoke the Word, and energy flowed into matter. So understand, that all words spoken in Love go forth in great power, for no malicious spirit, nor ignorant spirit, nor evil work can stand against Love. Love will dissolve the sharpest barb, and Love will render null and void all viciousness, for where is its sting if Love stands ready to lead it to the Father. The Father Loveth all, and His Love is not dependent on Love returned, nor Love deserved, only on Love unconditionally given to all.

So every soul is worthy of Love. Every situation may be bathed in Love, and every aggravation is dissolved in Love. Every evil intent is overcome with Love and loses its power. So Love is the great balm that makes the wounded whole. Go forth as His physician bearing this healing balm and shed it forth. As you stand in your situations and speak the word of Love know that Divine Love is poured forth by Us upon the head of that one thus addressed, or that one thus referred to. Become sensitive to the action of the tongue, the direction of the thought, and the intent of the deed. Be quickened to discern the nature of the spirit and the will of the one who accosts you, or addresses you. Realize the sensitiveness within you to become aware of the wordless voice within. It speaks through Spirit with a mighty clarity to the love filled soul.

Love is a discernment. Love is a telescope of Divine Wisdom which only Love can earn, and only Love can receive. Child of Love, go forth into the highways and the byways and into the very cities with the AROMA OF LOVE TO LIFT THE ATMOSPHERE OF SPIRIT BY YOUR VERY PRESENCE. Oh, yes the darkness will know. The darkness will discern, but the darkness will be helpless against the annointed of God, for they have no guile, they seek no earthly treasure, they pursue no glory. There is nothing with which they can be swayed from their purpose, so they can but be left alone. They can be badgered, but only to become more patient. They can be harassed, but only to become more prayerful. They can be hounded and spat upon, but only to become cleaner of heart and purer of thought, so that all things whatsoever that toucheth them of their Heavenly Father is the blessing of God - and the darkness knoweth this.

The ministry of Love goes forth not as a mighty thunder, but as the stillness of the sunlight, as the brightness of a star, in the heavenly power of the bluest sky. Oh so silently the trumpet blows. It is the whisper of Love, and it will draw souls

unto Him. Bear your banner of Love in dignity that is only visible to Us, but felt by the world. We join our praises with those of the angels for all the loving saints of God. How bravely they stand. How beautifully they shine. Are they not brighter than the firmanent and more glorious than the sun in the Father's Kingdom?

I have spoken in His Name and by His Command, to quicken the spirit and encourage the soul. Walk His Path. Fight His fight of Faith, and Know His day draweth nigh. God's blessings and Love be poured upon all who serve Him.

I AM COMMANDER ATHENA.



WE SEE THE FULFILLMENT OF PEACE.
By the Goddess of Mercy - Kwan Yin.

We see the great tides of Love and Mercy and Forgiveness and Light now flowing over all areas of Life upon this planet, in the physical world and in the spiritual worlds. We are happy and pleased. We are delighted that all things are working together for Good.

By the Decrees of the Highest Realms of Light, there is a cessation to all practices of the misqualification of Divine Energies by using these in creative purpose to create negativity. This will reach the apex of accomplishment near the middle of the New Age. Lower spiritual realms, filled with darkness and effluvia, where lost spirits abide, are now being completely cleared of effluvia, and all lost ones brought into higher levels of life where rehabilitation is available. Many have already been rescued, and all shall find their way into the Light.

The decrees of the Hierarchy have resulted in the placing in the hands of individual disciples, the Great Power of the Rays, giving Power to all those who work to accomplish the Plans of the Light for individual growth or transmutation of misqualified energies in the physical world of this planet, power to use in their work, to transform situations positively, and to gain the reward of gaining ascension toward which so many have struggled through long wearying ages of time.

The Light now in this New Day is brighter in the physical world, and is qualified with the Power of That Light Which Never Fails! The Light shining across the physical world, and the spiritual dimensions is more powerful, stronger, and more available now than in any past age.

We pause here to give our blessings to all those whose realization has now gained the concept of these new opportunities now available for accomplishment. We rejoice that the rewards for which you have struggled are so near unto your grasp. For Us, this is a day of Great Rejoicing! We see the fulfillment of Peace! We see the acceptance and fulfillment of Hope! We see the blessings of Faith now fulfilled! All these emerge now as full-blown flowers, beautiful - flowers of great energies, of the total transmutation and the redemption of all misqualified energies of the past of this planet.

All We work for in the use of Energies for the safety of the planet and the

growth and development of all those who struggle toward ascension, is being brought into manifestation. Opportunities for overcoming and Ascension are greater today for the individual. Goals shall be reached. Me of the Inner Planes have given of our energies and Our love to this greater availability of the opportunities for Ascension. All the transformation, transfiguration and changes in vibratory nature are now taking place in all the dimensions of this planet, and all Beings are now experiencing the changes in their life-patterns of accomplishment.

So shall all opportunities blossom with accomplishment. Accept your divinity now, Beloved Disciples. Accept and use your abilities for growth now! Grasp the Power available! Recognize your abilities to create truly, and use these abilities wisely!

I AM KUAN YIN

Channel: Sarah Gran. Taken from March 1981 issue of "The Oasis", P. O. Box 109, Lakemont, Georgia 30552.

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THE CALL FOR WORKERS TO PRAY FOR PROTECTION OF THE PLANET (Last part of ELIHU'S discourse, page 16, March 1981 issue "The Oasis" - mentioned above.)

"All channels are needed. All services of Love are needed, in every dimension of Life. Decreeing and direction of the Cosmic Fires for the protection of the planet to meet the needs of the planet's safe journey through this area of time, and the healing, the teaching, the service, all contribute to the firm establishment of Peace on Earth, and the enlargement of Universal Good Will among men.

"Innumerable host of Angels have given their assistance and attention to anchor the Light on this planet, and to assist men and women whose minds are open, whose consciousness is expanding, to accomplish their ministries in this world.

"Let there be Peace on Earth". Let the Cosmic Fires and their ability to cleanse and purify, transmute and transform, be your concern to direct and to hold in place with the assistance of the Angels of Light. Oh, Disciples who seek the upward pathways of Service in this world: Accept then this challenge; accept this ministry. Let yours be the efforts to launch this new Era of Time into a great Era of accomplishment of Peace, and a truly Golden Age upon this planet.

"In your work it is time now to lend your attention, your concern, and your energies to the use of the Cosmic Fires, through decrees and visualization, to help the great efforts made now to protect the planet and bring many who have not found the Way into the pathways of Light.

"The planet is in the process of being lifted unto a higher vibratory level of the finer frequencies of Light. This will change many things now in the processes of transmutation. Disciples, eager to assist, are in the right place at the right times. Working together in cooperative efforts, they are giving invaluable assistance to the Ascended Masters and the Hierarchy, and the Great Archangels in this overall effort now to establish peace and harmony and safety. The growth they are winning for themselves has been foretold as "They shall shine as stars of the morning!"

I AM ELIHU.

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Have you remembered The City of the Sun in your Will?

BEHOLD THE CHRIST.

Haven't we all at one time or another been encouraged to try and "behold The Christ in everyone we meet." Yet the way we look at the world seems to make this impossible - for how could any of these imperfect beings we are so ready to judge, be critical of and find fault with be our Teacher, our Savior, The Christ whose love we so desire and perfection we so seek to know? We are also encouraged to "seek The Christ within," yet when we look here all we find is fault finding, criticism and judgment of our own imperfections. So how could it be possible for us to "behold The Christ" under such circumstances?

Each of us is like a tuning fork. Our being sounds a note, sends forth a vibration of our essence, which radiates out through our aura as a shining light that touches all in the world. In the same way, our misqualified energies, our thoughts and feelings of anything less than perfection, also sound a vibration which radiates out from us. Whatever our vibration, as it flows forth into the world it causes energies of a similar wavelength to resonate with it - just like two tuning forks of the same pitch - and this resonation will induce these similar vibrational energies to be drawn to us, or us to them. This also means that the note sounded by another person will find its sympathetic resonance with any similar vibration within us, and the intensification of this energy within our own being will draw it forth into our consciousness.

So if another being comes to us with feelings and thoughts of love, these energies will draw forth similar feelings and thoughts of love in us. We feel the intensification of this vibration, and as the other person has catalyzed this feeling of love within us, we tend to feel that we are in love with them, and thus may think that the love is coming from them. But in reality the love vibration that has been stimulated is flowing forth from within us, and is our very own. So once the flow is begun, we can thank that person for revealing this fountain of love within us, and, by acknowledging with humble gratitude the Source of this blessed love focus, which is flowing forth from our own God Self within, we can continue to feel this wonderful vibration pouring out from us, whether the one who has facilitated this flow is now present or not. Thus we can udunderstand that they have become our Teacher, our Savior who has revealed to us who we really are - and we "behold The Christ!"

The other situation is more difficult. If another comes to us with feelings of hatred, anger, jealously, doubt, anxiety, feelings of loss, pain, limitation, death, or any other such manifestation of FEAR and SEPARATION, the misqualified vibration from this other person will magnetize any similar discords that yet lie within our own subconscious or conscious being. The resultant intensification draws these vibrations forth into our awareness. Because the other person has stimulated these energies, this may make us feel that all this negativity is coming from them. But in reality it is flowing forth from within us. When we realize this, it can be very deflating for our ego that may have thought it was doing so well and being so pure and good. So, now the ego adds on feelings of guilt and self-hatred to further confuse and confound the situation - for we recognize that if these negative vibrations were not within us, we would not be seeing these qualities in the other person but would be feeling only love and compassion. But this individual indulgence of self-flagellation need not be continued. For when the Tube of White Light and the Pillar of Violet Flame are affirmed in action, all that we need to do is to surrender these negative vibrations that have been drawn forth, and demand they go into The Flame. As each misqualified energy comes into our awareness, we visualize and feel the Violet Flame immediately transmuting it into Pure White Light - and we are freed of this

burden we were previously carrying and were not even aware of. And so the person who appeared to be so negative can now in reality be thanked for being instrumental in drawing forth from us these misqualifications so that we can let them go. Thus we can realize they have been our Teacher and our Savior who has revealed to us that which we are not, and set us free - and so again we "behold The Christ!"

Now if we can see The Christ working within all the people we meet, whether they seem to be positive or negative, if we can acknowledge their effect as a loving service which seeks to reveal the Truth that lies within ourself, and if we can use this blessing to work on ourself to free the Love Light that desires to pour forth from our being to bless the world, we can also see that, whatever our own vibration, we can also be The Christ for everyone else we meet! The more we are purified, the less will we resonate with and notice the negativity within others and the more will our positive loving energies resonate and draw forth those vibrations within others to reveal to them the Truth of who they and we are. And so, one day, we shall all behold The Christ! Let that day begin NOW!

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WHERE IS "HIS" KINGDOM?

Years I've sought His Kingdom,
Traveled many miles,
Visited sacred edifices,
Come through many a trial.

Fitfully I've searched
Worshipping in well-worn pews;
Asking many confused questions
Of sainted men, gurus.

His Kingdom is not in a building,
Or any material form.
At last I'm seeing inward.
This seems the place It's born!

"I and the Father are one",
His Presence eagerly awaits.
Come, My Being, 'be quiet",
So I may open "the gate".

The Sound and Light Its action;
An overwhelming Presence -
Awareness, realization,
Subtle divine essence!

May I seek no further
But cultivate what I've found -
His Kingdom within me -
Where "All of All" abounds!

mjs

THE CALM IN THE STORM.

We are in the times of tribulation! But, what would the Master have said to that statement? - "What is that to Thee? - Come thou to Me. This fact is in the very heart of Truth. The walls of Jericho may be crashing down around you, the storm of Life at its height, the negation, the hatred, the selfishness, the divisions, so leave these things to those who indulge in them. They are not of Me. The world around you may be chaotic but do not give it credence. Be centered, be balanced, be the calm within the storm. See things from that higher viewpoint of your Self and know all is PERFECT within you. Keep your attention fixedly on being still and then let it radiate your inner peace wherever you tread.

"God's tranquility is your tranquility. Tune into this PERFECT STATE. It is there waiting to be used. And PRACTICE, PRACTICE, PRACTICE this state of inner relaxation. Try remembering it whenever possible during your daily activities, travelling in the rush hour or when you feel harassed. Just bring it back to your conscious self and keep at it all the time.

"And when you are being tested, come thou to Me. Here the test ends because by being calm there is your gentle acceptance of a situation, and when calm you see a difficulty more objectively and become ye not involved. The test is over; karma repaid, and you are strengthened. In these times of tribulation ALL is being cleansed, all your faults are coming up to be transmuted into perfection; your blocks must be erased. ALL are being tested - tested as the steel blade of the sword is tempered in the FIRE. Do not be afraid. Come thou to Me. And when you are successfully through these tests and purged by the Fire, you will emerge purified, clear and beautiful. In the centre of every storm there is unutterable peace. Stand ye in it as your right to do so. Trust Me for I AM beside you through all your travails. Stand ye in the core of My Being and con-centre your whole thoughts here, and nothing then can disturb you.

My Love enfolds and caresses you. Come thou to Me. Shanti, shanti, shanti."

The Silver Lodge, England.

GOSSIP

My children, it matters not in the sight of God whether this or that one maligns your acts, first having falsified your motives. He who sees through to the naked soul knoweth you as none other can know you. YOU ARE WHAT YOU ARE! If within the very center of your being, where dwelleth your share of the Omnipresent God you do hear His voice commending your acts - and of a surety you will so hear if your words and deeds have been worthy of such commendation - what mattereth it who else may condemn, or indeed, who else may commend. Go thy way in peace.

Selah

From The Teacher Orion.

BE OF GOOD CHEER, FOR THE DESTINIES OF THIS WORLD ARE GUARDED BY THOSE WHO DO NOT SLEEP. NO MAN OR GROUP OF MEN CAN STAY GOD'S HAND.

L. H. ZIMBABWE

PERSONAL VIEWPOINT OF A CITY OF THE SUN RESIDENT.

Recently an inquiring relative asked why I had chosen to come and live in this New Age community of the City of the Sun. I was prepared to say that it so happens that I believe in what this community stands for in its present form, and future possibilities, and that I prefer, above all others, the living conditions, the life styles and the type of relations that exist in a New Age Community.

Later a number of other reasons occurred to me. To begin with, I must admit that I have found satisfaction in using, in cooperation with others, whatever modest abilities I may have had in the actual construction of the physical side of the community. Like most Light Seekers, I believe I have learned to live according to the Ten Commandments, The Golden Rule, and that which makes one a good neighbor. These ancient ideas were presented to mankind thousands of years ago. They are basic and may now be taken for granted.

While the requirements of the New Age go several steps beyond the ancient codes of conduct and spiritual concepts which shall lift mankind to new heights of awareness, and which group consciousness opens before the earnest Seeker. These must be superceded by attitudes of universal consciousness that includes the whole of the universe. I believe that during the time between two Ages these qualities may be more readily acquired in a New Age Community than elsewhere.

I believe that New Age communities are pilot projects where experience in creative living is found, and which in centuries to come will be adopted by the larger part of humanity. To some extent, a New Age Community may be regarded as being a fortress maintaining and holding a guardian action. Also it is a radiant center of energies and information, all of which are needed by other Light Seekers worldwide.

It is indeed a privilege to live and associate with others who are also on The Path, and who are consciously striving to achieve spiritual goals, and to unfold and manifest the divine nature. Associates expect, and often even demand, that one live up to high standards which does make for spiritual progress although not necessarily always with ease, nor of much personal happiness. I believe that anyone who remains in a New Age community for any length of time will change, and change for the better. It is a privilege to live with others who also accept as fact the brotherhood of all mankind, the fatherhood of God, and the reality and presence of extra-terrestrial Beings. It is assuring to associate with others who regard the whole universe as being a benevolent conspiracy operating for the benefit and ultimate glory of each and every being.

The self giving service and self sacrifice which often hasten spiritual growth are among the glorious possibilities of great activity and living, as may be expected whenever a number of Light Seekers live together. In such a community the vibrations may become unusually high. This is especially true if some of them are in contact with the Masters, and with Beings from Outer Space. High vibrations can be stimulating and rewarding to those who are responsive. All of these, I believe, are valid reasons why one should desire to live in a New Age Community.

A Resident.

"He that loves his brothers abides in the light."

AT THE CITY OF THE SUN:

Faun Homman attended the Southwest Regional Convention of Delta Kappa Gamma, a teachers' society, in Albuquerque, New Mexico, August 4-8. Over 700 members from Hawaii, California, Nevada, Utah, Arizona, Colorado, Kansas and Texas were the guests of the chapters in New Mexico. She said, "We have worked two years getting ready for the convention, but it was worth it because we heard only compliments for the events and workshops and speakers." In two years Phoenix, Arizona will be the meeting place.

Olie Mae Hale flew July 16th to San Francisco to attend the wedding of her grandson, Gregory Hale Jones, to Cullyn Kate Anderson. Greg is the son of DeJuana and Charles Jones of Alexandria, Va., and Cully's parents are Robert and Joann Anderson of Minneapolis, Mn. The groom's parents sponsored a Friday evening pre-nuptial dinner at a select restaurant. Saturday's wedding was held in a beautifully landscaped garden with reception and sumptous catered dinner following. Greg recently graduated with college degrees in composition and music.

Gene Hartman from Utah, and other Western points, has been here in his camper for several weeks. It has been nice to become acquainted with him.

On Sunday mornings Maurice Hastings is conducting a class in the Ascended Masters' Teachings.

We were pleased to become acquainted with Mr. and Mrs. Gene Rogers of Arizona. They were here several days. One evening the community and visitors enjoyed a watermelon feed and fellowship.

George, Myrtle and Kathleen Barnes made a quick one day trip from Tucson, Arizona. It was not possible for them to visit each household and share the rare musical talents of Kathleen who sings and plays the guitar.

For us, we have had quite a lot of rain this summer. Sometimes there would be two showers in one day! The highway to Deming - at least in the Columbus area, is bordered with blazing golden flowers. Our high desert terrain would be considered "green".

Ruth and Austin Love enjoyed the visit of her sister and husband, Loretta and Durward Powell of West Palm Beach, Florida. Mr. Powell is a Ballroom Dance Instructor and has played drums through the years in dance groups. While here he took Video Pictures of different homes and projects here, including our wind generator and community buildings, interviewing some of the people, and playing the pictures back in sound and color. Dr. Albert and Edna Johnson were recent visitors of the Loves. Also, Dr. Nancy Wickinstad brought Catherine Winner of Anaheim, California, to visit them.

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ON BLESSING YOUR FOOD: Several correspondents have told of holding their hands at either side of the plate and orally (or silently) express "THE LIGHT FLOWING BETWEEN MY HANDS IS MAKING THIS FOOD PERFECT FOR ME." Some changed the words "MAY THIS FOOD BE BLESSED AND MADE FIT FOR MY BODY, AND GIVE ME STRENGTH." One man who at times found it necessary to partake of food which did not agree with him, tried this prayer (blessing) on such food, and he had no discomfort of any kind.

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KNOWING GOD -

I AM your Love, your Heavenly Father, Shining within you and for you, at this very moment.
I AM the Truth that will make you Free. Increase your consciousness and know Me.
I AM your perfect health, happiness and achievement.
I AM the Living Reality Within your being, ever longing to burst forth into your life as perfect expression.
I need you as a maker, for I AM your Creator, working and expressing life with beauty and form. See Me everywhere.
Be aware of the Reality of My Life Within you. Know I exist in you.
Be simple. Ask for My help, guidance and enlightenment for your needs.
Turn to Me and let Me teach you the Truth of My Divine Promises.
Allow My Divine Love to flood your lives with harmony and joy.
Recognize Me through prayer. Abide in Me.
I AM the Light of the world.
Smile and be happy with My expression, living in you and through all you do.
Take quiet moments. Rest in Me. Follow Me, your Guiding Light.
Love and Peace to everyone.

AMEN

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