An Outline of Dianetics

Dianetics is taken from the Greek *dia* = (through), *noos* = mind. Dianetics is a modern way of stating the word.

Dianetics is a precision science on the order of physics or chemistry. It has very definite axioms. Unlike early efforts concerning the mind, it is not a speculative study. It produces specific and predictable results at the will of the practitioner. Dianetics, as a mental therapy, was derived from the basic science of Scientology which means "Knowing how to know answers."

Scientology and Dianetics were evolved and developed by L. Ron Hubbard.

The basics of Dianetics are:

The dynamic principle of existence is Survive.

Survival is accomplished on eight routes which are known as the dynamics.

The First Dynamic is the urge toward survival as self.

The Second Dynamic is the urge toward survival through sex, both the act and the production and raising of children.

The Third Dynamic is the urge toward survival through groups, social, racial, political.

The Fourth Dynamic is the urge toward survival through the species, Mankind.

The Fifth Dynamic is the urge toward survival through animals.

The Sixth Dynamic is the urge toward Survival through the Matter, Energy, Space and Time of the physical universe.

The Seventh Dynamic is the urge toward survival through spirits.

The Eighth Dynamic is the urge toward survival through a Supreme Being.

An individual seeks survival as one or all of these Dynamics and fails when he abandons a Dynamic as a survival route. For instance, one who has

abandoned all routes toward survival except Self, the First Dynamic, is in a desperate state.

The absolute goal *of survival is immortality or infinite survival. This is sought by the individual in terms of himself as an organism, as a spirit or as a name or as his children, as a group of which he is a member or as Mankind and the progeny and symbiotes of others as well as his own.*

The reward of survival activity is ***pleasure.***

The ultimate penalty of destructive activity is death or complete non-survival, and is ***pain.***

Successes *raise the survival potential toward infinite survival.*

Failures *lower the survival potential toward death.*

The human mind *is engaged upon perceiving and retaining data, composing or computing conclusions and posing and resolving problems related to organisms along all four dynamics and the purpose of perception, retention, concluding and resolving problems is to direct its own organism and symbiotes and other organisms and symbiotes along the eight dynamics toward survival.*

Intelligence *is the ability to perceive, pose and resolve problems.*

The dynamic *is the tenacity to life and vigor and persistence in survival.*

Both the dynamic and intelligence *are necessary to persist and accomplish and neither is a constant quantity from individual to individual, group to group.*

The dynamics *are inhibited by engrams, which lie across them and disperse life force.*

Intelligence *is inhibited by engrams which feed false or improperly graded data into the analyzer.*

Happiness *is the overcoming of not unknown obstacles toward a known goal and, transiently, the contemplation of or indulgence in pleasure.*

The analytical mind *is that portion of the mind which perceives and retains experience data to compose and resolve problems and direct the organism along the eight dynamics.* ***It thinks in differences and similarities.***

The reactive mind *is that portion of the mind which files and retains physical pain and painful emotion and seeks to direct the organism solely on a stimulus-response basis.* ***It thinks only in identities.***

The somatic mind *is that mind which, directed by the analytical or reactive mind, places solutions into effect on the physical level.*

A training pattern *is that stimulus-response mechanism resolved by the analytical mind to care for routine activity or emergency activity. It is held in the somatic mind and can be changed at will by the analytical mind.*

Habit *is that stimulus-response reaction dictated by the reactive mind from the content of engrams and put into effect by the somatic mind. It can be changed only by those things which change engrams.*

Aberrations, *under which is included all deranged or irrational behavior, are caused by engrams. They are stimulus-response pro- and contra-survival.*

Psycho-somatic ills *are caused by engrams.*

The engram *is the single source of aberrations and psycho-somatic ills. Moments of "unconsciousness" when the analytical mind is attenuated in greater or lesser degree are the only moments when engrams can be received.*

The engram *is a moment of "unconsciousness" containing physical pain or painful emotion and all perceptions and is not available to the analytical mind as experience.*

Emotion *is three things: engramic response to situations, endocrine metering of the body to meet situations on an analytical level and the inhibition or the furtherance of life force.*

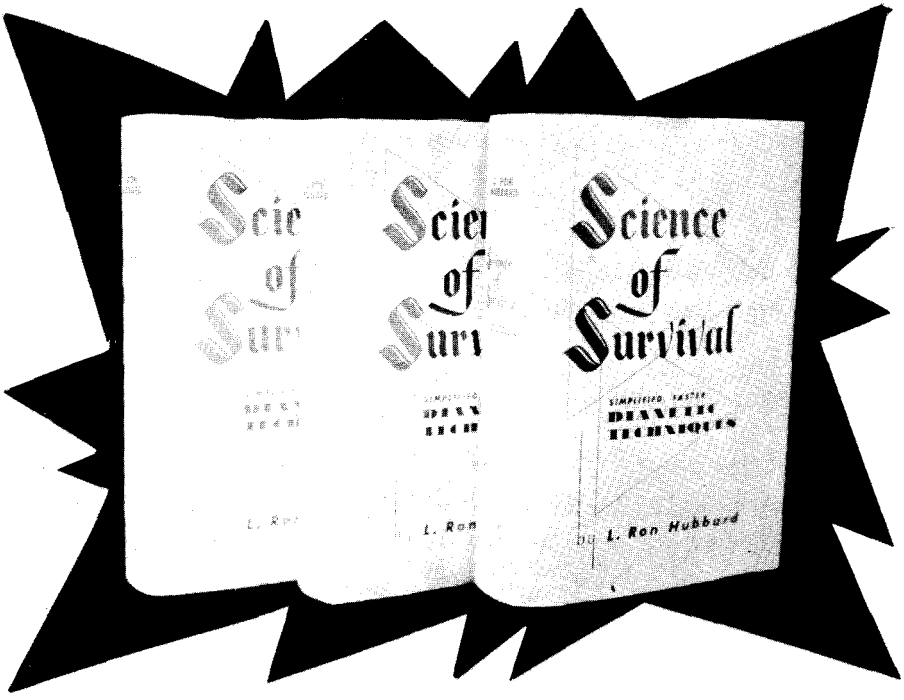
The potential value *of an individual or a group may be expressed by the equation*

$$PV = ID^{x}$$

where I is Intelligence and D is Dynamic.

The worth *of an individual is computed in terms of the alignment, on*

any dynamic, of his potential value with optimum survival along that dynamic. A high PV may, by reversed vector, result in a negative worth as in some severely aberrated persons. A high PV on any dynamic **assures** *a high worth only in the unaberrated person.*



This material is treated at length in DIANETICS: SCIENCE OF SURVIVAL.

If you have read anything about Dianetics you should read SCIENCE OF SURVIVAL, available from the Distribution Center, Inc., Box 242, Silver Spring, Maryland. $7.50 prepaid, postpaid, less membership discounts.

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