Issue 84

Ability

A Report on
H.G.C. CLEAR PROCEDURE

by Mary Sue Hubbard

Scientology Clear Procedure is fast and effective. When you consider the trillions of years the individual has been the self-same individual with the same aberrations and has through those trillions of years done nothing more than added further locks upon those same aberrations, you can with an enormous relieving sigh realize the import of those symbols fast and effective.

There are only four requirements to anyone's becoming clear: existence in the MEST universe at this time, a space to be audited in, time to be audited, and foremost, an auditor who knows his business. An Auditor does not have to be a clear; he merely has to be an auditor. Please note that no mention has been made of willingness to be audited or willingness to be clear. Unwillingness has no importance in clearing an individual except in making the length of time longer to clear.

As to Clear Procedure, it is basically simple. The most important auditor's tool is CCH-0, representing Communication, Control and Havingness, with the process designation zero. This consists entirely of getting your preclear into session. Surely, thousands of hours of auditing have been wasted by auditing a preclear who was there only by presence of a body, making various sounds, and scowling at the auditor, but more probably covertly looking pleased about the fact that he wasn't there at all.

In CCH-0 you basically establish the room, the preclear, and the auditor and you really establish them. It is more than "Do you have a room?" "Are you a preclear?", and "Is there an auditor?" Next, goals are set up. Real goals that the pre-

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clear knows he can accomplish with some work. At this point the auditor himself looks at his goals for the preclear and establishes what goals he as an auditor has for the session.

Next the auditor should check for a present-time problem. A present-time problem is one which exists now, right now in present time. It's a "how to" or "whether to" proposition involving two terminals counter opposed one to the other. "My wife" as a problem would be no problem. "How to keep my wife from running away with the chauffeur" is a problem. Don't overlook succumb problems. If the problem is "How can I knock off the body", run it. Otherwise, you won't ever clear anyone. The individual who knows and recognizes that he has succumb problems is in a lot better shape than the one dramatizing survival or sweetness and light.

Also a part of CCH-0 is Help. A two-way bracket on help, "How could I help you" and "How could you help me" makes the preclear more willing to have you as an auditor and creates better ARC. Sometimes it is necessary to run help brackets on an auditor, a preclear, and a Scientologist. This is almost mandatory in old-time Scientologists who have run into a no-help situation in Scientology due to squirrel auditing, self-auditing and other wrongnesses committed upon them and by them.

Know that CCH-0 is done always at the beginning of a session and as many times during the session as required to get the preclear into session.

The next part of Clear Procedure is the one most frequently overlooked by auditors and that is getting the preclear's body more under his control. This also establishes the auditor more as cause point. This is done with SCS and is run as long as necessary for the preclear to realize his body is under his control and for the auditor to know he can control the preclear's body. In cases of extreme nervousness and low participation CCH-3 (Hand Space Mimicry) and CCH-4 (Book Mimicry) may have to be run before SCS.

At this juncture, havingness should be run. The best havingness process is connectedness, but the auditor must be very sure that the command on this is thoroughly cleared and the preclear is running it properly. Connectedness is run throughout Clear Procedure to remedy havingness.

Absolutely necessary to straighten up in Clear Procedure are certain buttons which if not handled make the difference in blowing the rock and not blowing the rock. These buttons are Enemy, Problem, Change, Help, Responsibility, Create, and Please, all of which involve why the individual has the rock and why he is the way he is because of the rock.

The next most important part to CCH-0 in Clear Procedure is Help, run in a 13-way bracket on locks on the rock and the

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rock itself. Remember old basic-basic in Dianetics? Well, the rock is that basic-basic. It is a mass, not an idea or a consideration. The rock IS. It is that mass which the individual first used to go into ARC with others. It failed and he's been stuck with it ever since. Here is where you have to know your E-meter and know it well. You look for a stuck needle on a terminal which you can add to and subtract from and which after adding to and subtracting from will stick the needle again. You run the 13-way help bracket on these stuck items. Most times it is necessary to run locks off, before the rock is located. When the needle is free on the item which stuck the needle, you then scout further for other items which stick the needle and run them. You'll know the rock when you locate it; that's certain.

Don't get the idea that everyone's rock is the same. That's an A = A = A computation which is as bad as saying a cow is an air conditioner. Every case is different. General help is run when all locks and the rock is off the case.

The case now needs practice in taking over the automaticities left in creating, keeping things from going away, holding things still, and making them more solid, the latter three all being methods by which the thetan keeps, holds and makes more solid his creations. The method by which this is done is called Step 6. You select six objects which are null on the E-meter and which vary in size from the first (the smallest) up to the sixth (the largest). You have him mock up these objects one at a time around the six sides of the body, making him keep them from going away on the first object until null, and then on the next object until it is null and so on until the sixth object is null on keeping it from going away. You do likewise with the same set of six on holding it still, and making it more solid. You run as many sets of six as necessary to place the individual once more at cause point on his creative abilities.

There you have Clear Procedure as used currently in the Hubbard Guidance Center, lacking only various tricks and subterfuge which some preclears make necessary.

If you don't understand it, take the Hubbard Clearing Scientologist Course. Training makes the difference in auditors making clears and auditors not making clears.

Just one other thing, keep ARC at all times repaired between you and the preclear.

Mary Sue Hubbard
Director of Processing
Hubbard Guidance Center

* * * *

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HUBBARD GUIDANCE CENTER
REPORTS ON TWO CLEARS

Report No. 1

Male, age 48, cleared in 4 weeks.

State of case: This fellow's APA already in clear range on almost all columns, but a few weeks ago, before Academy H.A.S. course, it was almost all low in the minus side. Immediate tip-off that although this pc has had quite a rough time with life he can respond rather quickly to help and good 8-C. Also indicates he can follow orders.

He was just a bit cold, a bit distant, very cordial and cooperative. There was a time when we would have called this a No-Effect case. (Doesn't talk enough to have been a classic no-change case.) Somewhat slow (Aptitude 48 1/2). Not faced here with an unhappy, problem-ridden case, though he had his problems. What we had here was mainly a non-participating case. Technically this is an OBSERVER VALENCE case. Pretty happy about being a spectator.

Has been a college instructor. Has come to Washington to train for professional auditor. Goal in intensive was to clear, to get some subjective reality on what auditing can do, to clear up a few minor physical problems.

1st week: Ran low on meter with narrow needle action. Tone arm below 2. "Mock up a person being pleased with your stupidity" (run to remove stupidity from case) on third day, ran with very slow, narrow needle action, slowly rising from 2 toward 3. Until last hour of this was saying "no change". Then said we were getting into something but didn't know (naturally) what. Getting quite interested in the development.

Needle loosened on this in half an hour on the next day. Process flat. Started SCOUTING FOR ROCK, using a 13-way bracket of HELP on "A PEOPLE PLEASER", with a tremendous amount of two-way comm and straight-wire on various items that came up as "people pleasers". Floods and floods of pure unadulterated File Clerk material, incidents flying off track in volume. Getting closer and closer to THE rock. Continual improvement of needle action and tone arm riding closer to 3 (male clear reading).

2nd week: Still scouting. Ran some two-way Help to knock out circuit whereby pc would give the commands to himself (self as "you") instead of getting direct from auditor. Has always been in the habit of talking to himself in this wise. (This is not normal, because less than half of the people do this.) This was related to the Observer Valence situation.

Second day of this week, got rock. Tone arm went to 3 and STUCK. Continuing exactly same process as used in the scouting, the 13-way bracket ("How could a people-pleaser help itself?", etc.) Preclear running this with extreme interest and enormous difficulty. Fast, sudden, slight somatics occurring throughout. Broader and broader Track Lag. Getting File Clerk and himself differentiated. Came off his spectator role with a large thump, overnight. Ran into a totality of wrongness including himself, Scientology, the world, me, the process, and everything -- all bad. Especially himself. Somatics all turned on. Comes in and tells me about this and I ran him through it with 13-way Help bracket on the Rock. Preclear says he really feels involved with life now and no kidding. Says it worked like an alarm system (Bank) going off -- to keep him from confronting the Rock.

Running at 3 and very sticky. Right straight at the rock.

Description of the rock? A simple, straight-sided form made of pure (no-particle) mass. This one happened to be rather long and flat. With another pc it might be rather short and curved or anything.

Participation improving steadily. Pc going through one bad time after another, the roughest experience he has ever had in this lifetime. Pc getting better.

Then it started freeing. Began to run it from viewpoint of the one who created the rock (himself) rather than the people it was a people-pleaser to. Not excited or scared by it any more.

Rest of Intensive: Spent the rest of the intensive just cleaning up odds and ends, checking and re-checking and hitting the seven main buttons.

In checking over everything that had previously stuck while scouting, I found EVERY one of those items totally free. It is interesting that every one of them WAS closely associated with the rock and came up in one way or another while running the 13-way rock bracket. In almost every instance he ran an incident, and it was something very close to SCANNING a chain of ENGRAMS! We did NOT leave the process being run in order to do this. We continued the process being run -- the Rock Bracket. We did find another item that was sticky and ran it - a perfect sphere.

Ran "Something you might mind looking at" and "wouldn't mind looking at" in last week.

Rather difficult for auditor to determine whether the pc cleared or not in last week. He had the roots of a couple of old teeth raising cain with his meter action. What he was doing was keeping the thing under control enough to continue sessions, but planning to have them removed in the next week.

His I.Q. was up 43 points and well into the Clear range. APA Profile hugging the top line like an O.T. Aptitude up 34 points and fully adequate. Tone Scale test okay. Needle action

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on rock and everything else free as a gazelle, but not consistently reading at 3. So there we were.

The following Monday or Tuesday he got the tooth roots pulled and on Wednesday he came around and got checked out by the Director of Processing. He was OK on all points of the Clear Checkout, and OK with himself.

Preclear says his body is still changing. In the first week and a half of the intensive he gained ten pounds; had been underweight. Stands about an inch or inch and a half taller. Beginning to hear some in one ear that had been completely deaf. Other ear improved to excellent hearing.

All other, mostly minor (though of great interest to him), physical conditions resolving. A major second dynamic situation resolved now completely, except for the fact that he is still getting used to the idea of creating a new life and way of life for himself.

I think this was all very much worth doing. So does he.

Report No. 2

Male, age 44, 5 weeks to clear.

Psychosomatic conditions: Eyesight in one eye extremely poor. A continual cold. Smell shut-off, partially anesthesed sexual organs.

Other conditions: General apathy, felt extreme tension throughout body, poor ability to communicate with others. Had been a member of AA. Occluded case.

- Summary of Intensive -

1st week: First day of intensive spent sorting out goals. A lot of session time during the week using CCH-0, SCS to get body under control, some HELP general and some specific on "child" and "woman", then CCH-0 and Step 6. One rock search to no avail, continued Step 6. Then finished off week with 1 hr. trio -- pc cogniting on havingness and perception.

2nd week: Week consisted of CCH-0, Rock search, and HELP specific. First Help on a "Swimmer" which handled pc's name which was significant. Help on undertaker which got back into Egyptian era, and Help on "Slave" which bit heavily. This was continued until somewhat free and track was opening up. Much apathy, early Roman and Greek facsimiles. Then did search and got into space opera with a "planet". Remainder of week, about 8 hrs. spent on Help on a planet, with CCH-0 starting sessions and establishing goals. Needle freeing but still sticky.

3rd week: CCH-0 and HELP. Pc starting to run somatics on Help on a Planet - much apathy yet and many facsimiles. Catarrh and stiff neck turned on. Finally freeing needle at

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about middle of week. New rock hunt, running "people pleaser". 13-way help bracket. Pc hitting emotions higher than apathy - grief, anger, boredom, etc.

4th week: CCH-0 and HELP. Running help on "people pleaser" - pc loosening up. Electronic incidents coming into view. Established the "ice cube", ran help on it. Pc cognited on source of childhood psychosomatics (running eyes, nose, ear trouble and bed-wetting) as a dramatization of a "thawing ice cube". "Robot Ice-Making Machine" showed up, this was run with 13-way help bracket to a FREE NEEDLE. Last of the preclear's field, so on to Step 6 for two hours and then some connectedness to finish off week. Preclear feeling Clear.

5th week: Beginning of week CCH-0 and Step 6. A small amount of help (general) and connectedness. Then ran "What sort of mind (and Personality) would please people?" to bring up any other considerations. Then more Step 6 with some Trio interspersed. Finally ran "Clear" as a present time problem, also patching up any possible ARC breaks and then some Trio and Connectedness to finish off intensive.

Summary of case progress:

Lost field at 95 hours.
Exteriorized stably at 105 hours.
Cognited on reality of Self as greater than MEST at 115 hrs.
Perception increased steadily to Clear at 125 hours.

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