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Scientology: The Technology of How To Change Conditions

by l. ron hubbard

A condition is any problem or difficulty encountered in life. It can also be any state of existence under which the individual is surviving.

The conditions which one desires to change are those conditions considered by the individual to be hindering his survival and the conditions which one desires to continue are those conditions which are considered by the individual to be enhancing or increasing his survival.

It is the non-survival or non-optimum conditions of life which Scientology addresses, either by assisting the individual to know more about himself and life through the study of Scientology or by assisting the individual to handle his problems and difficulties through counselling, which is called processing in Scientology.

Any person with problems or difficulties has two solutions for these:

1. To become more aware of existence in order to handle life
2. To become less aware of existence in order to handle life

It is obvious that the latter solution will result in a lessened ability to function in life. A person can become less and less aware of his problems and difficulties to the point where these become so overwhelming that he is completely immersed with a lessened ability to enjoy life. A lowered awareness will result, too, in an inability to perceive and enjoy those things in life which the individual desires and finds pleasurable. The most unaware individual is one who can experience nothing any longer because he is dead.

Therefore, the only solution to problems or difficulties is to become more aware - more aware of yourself, others, and existence - so that you can handle problems and difficulties easily and with confidence and so that you can continue to find pleasure in your hobbies, work, family, interests and life.

Scientology offers the individual the opportunity to become more aware, to change undesirable conditions, and to improve one's enjoyment of life.

Remember - to enjoy a beautiful day means first that one has to be aware that there IS a beautiful day!

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