THIS IS YOUR NEW DAY

—by—

Harry J. Gardener



THIS IS YOUR NEW DAY

- by -

HARRY J. GARDENER

"THIS IS YOUR NEW DAY"

Is an educational and inspirational Course of Study especially written for Budding Individuals everywhere.

NOTICE: Statements in this Course of Study are based on Scientific, Metaphysical and Superphysical findings. No claim is made as to what the information may do for any given case. The Publisher assumes no obligation for opinions expressed or implied herein.

Harry J. Gardener, Publisher
Box 5607, Metropolitan Station
Los Angeles, California 90055

Single Copies $2.00 each, Postpaid.

Copyright © 1965 by
Harry J. Gardener

All Rights Strictly Reserved
Printed in the U. S. A.

FOREWORD

Early this year I wrote a new Monograph entitled "YOUR NEXT LIFE IS NOW". I had intended writing it before this, but my DESIRE and also my GENIUS didn't give me the "go ahead signal" and so I waited for these worthy ASSISTANTS to make up their collective "MIND". Then out of a "clear-blue sky" both DESIRE and GENIUS made a demand on me to write "YOUR NEXT LIFE IS NOW". I had been making mental and other notes on the subject for a considerable time and so I had no trouble in getting the material down on paper for you and my other Students.

Even with a long-established writer, where everything he writes will sell, there is always present a state of "expectancy" as to how well a writing or a Monograph will be received by the readers. How well developed is the Student's DESIRE-GENIUS? Most of my Students know what they DESIRE, but if it is not the right thing in the way of a Monograph or manuscript there is very definitely a "no sale" action (or is it a re-action?) that takes place. And so there is a state of "expectancy" on the author's part from the time the announcements go out until the orders start coming in. If it turns out to be a GENEROUS FLOW of orders the author knows that the Student's DESIRE-GENIUS is working with them and for them, and that is most gratifying. There was a wonderful FLOW on "YOUR NEXT LIFE IS NOW".

This new Monograph -- "THIS IS YOUR NEW DAY" -- is complete in itself and yet it does expand on some of the ideas in the previous Monograph -- "Your Next Life is NOW" -- making it possible for the Student, regardless of his age, environment or circumstances to bring into manifestation the Work, Activity or Undertaking that has been his secret DESIRE these many years, even if all the while, he probably did not know what his Sub-Conscious DESIRE was in the field of activity and SUCCESS.

"THIS IS YOUR NEW DAY" is intended to show you by several means or methods what your Positive DESIRE really is, and to get you started on your Positive DESIRE weeks or months before your Circle of DESIRE would get hot enough to express itself and make its DESIRE known to you, thus saving you much valuable time that you should and could be devoting to your Secret Work, Activity or Undertaking for SUCCESS.

Much quick and positive success to you.

THE AUTHOR

THIS IS YOUR NEW DAY

- by -

Harry J. Gardener

In the previous Monograph we spoke of your Positive DESIRE, how it could lead you into mental activity, health and wealth that you could not believe was possible at the time when you read "YOUR NEXT LIFE IS NOW".

Since then, or probably by now, you have been meditating on your secret and Positive DESIRE to the extent that your thin gray Circle of Positive DESIRE has taken on a few degrees of heat. Just to meditate on this gray Circle will cause it to take on a certain amount of warmth, maybe not very much, but as time passes and you practice the ideas presented in this new Monograph -- "THIS IS YOUR NEW DAY" -- you will begin to make much progress into your NEW FUTURE; it is intended as a time saver.

Yes. This Monograph is intended for a time saver. Even before you actually know what your Positive DESIRE wishes you to take up as a Life's Work you can be preparing yourself for it. You can now live in a state of EXPECTANCY and as soon as you become EXPECTANT, even though you are not on your Life's Work as yet, you will, instead of becoming older, begin to slow down that aging process, and when on some bright day, not too far in the future, your Positive Circle of DESIRE actually informs you just what it DESIRES YOU TO DO for the remainder of your life the old-aging processes will cease entirely and the "years that the locusts have eaten" will become just a memory. Soon thereafter you will even erase this unpleasant memory.

DISCOVER YOUR SECRET DESIRE QUICKLY

As we said the information as found in this Monograph is intended to lead you as quickly as possible into your wonderful NEW Life's Work or Activity. Neither you nor I know what this Great and Thrilling Activity is at the present time. I will never know, but YOU WILL, and it could be shortly. I will never know because you will never tell me or any other person, because your Positive DESIRE and you are the only ones which will ever know.

Positive DESIRE is always Positive and it will never for a moment suggest a thing that is Negative in any way, shape or form. Your Positive DESIRE will eventually contact your GENIUS, and GENIUS will show you how to "cash-in" on what your DESIRE has shown you -- to follow as a Life's career ... at any age.

On page 7 of your copy of "YOUR NEXT LIFE IS NOW" there is a line drawing of "Your Full Circle of POSITIVE DESIRE". You will note that the Circle of Positive DESIRE comes in direct contact with all of the Twelve Sub-Faculties of the SUPER-CONSCIOUS, Sub-Conscious and Conscious Realms of your MIND. The Circle of Positive DESIRE is a complete circle -- no beginning, no ending.

On the same page just beneath the Positive Circle of DESIRE we have "The Half-Circle of NEGATIVE EMOTIONAL DESIRE". This damnable Half Circle contacts the three Sub-Faculties of our Conscious Realm of Mind; five out of the six Sub-Faculties in our Sub-Conscious Realm of Mind (it never touches AFFECTION); and it doesn't come near the three Super-Faculties in the SUPER-CONSCIOUSNESS. In other words, these three Super-Faculties -- Intuition, Inspiration and GENIUS -- are highly normal, in fact they are more than "normal", they are Super Normal -- PERFECT. That is why in our imperfect realms of mind we can't contact them, we can't until we heat up our Circle of Positive DESIRE by engaging in some activity or action that we are most thrilled about, and then our Positive Circle of DESIRE grows warm, then expands and as it expands -- grows hotter -- it can then contact the three Super-Faculties in our SUPER-CONSCIOUS Realm of Mind.

Now turn to page 22 in "YOUR NEXT LIFE IS NOW", and you will notice that the thin "gray line" that was your former Circle of DESIRE has expanded a number of times and contacts all of your 12 Sub-Faculties. It is now RED HOT and you can employ it in any good and positive way which you DESIRE. Let me explain that GENIUS in your SUPER-CONSCIOUSNESS is always awake and alert, but as we have said in "Your Next Life is Now", GENIUS works in FLASHES, and whenever you actually need your GENIUS "he" will be right at hand to give you the right message. Quite often GENIUS in one single flash will give you sufficient information to cause you to have the KNOW-HOW of what you are doing enough to last you three months or even longer. Before you require another FLASH from GENIUS "he" will be right there, flashing additional information.

Intuition and Inspiration are also in our SUPER-CONSCIOUSNESS but they are not "turned on" all of the time. Whenever you need either of then though they "are there instantly". I know of a very remarkable poetess and whenever she wishes to write a poem regarding any subject (of her own choosing) Inspiration is right there. Sometimes in a single flash, Inspiration gives her the entire poem.

There are many more female poets than there are male and so we might suppose that Inspiration is a female characteristic; it is not so. We often hear a great deal about "feminine intuition" -- that this Faculty of Intuition is also a female characteristic. This also is not so. While we are in the process of changing from Introverts to AMBIVERTS or in the process of making the change from Extrovert to AMBIVERT it could be a "female" or a "male" characteristic, as the case may be, but after having reached the delightful state of the AMBIVERT these two Sub-Faculties are no more masculine or feminine than is GENIUS. We think of GENIUS as "he", but actually GENIUS like Intuition and Inspiration are "neuter", at least they are to the AMBIVERTS.

Another important thing that I wish to speak to you about and that "one" thing is regarding the 36 Negative EMOTIONS that you will find listed on page 10 of your copy of "YOUR NEXT LIFE IS NOW". Have you checked the Negative EMOTIONS that are yours? I realize that

this is a very personal and private matter -- don't tell anybody about "your Negative EMOTIONS", that is, which ones that you feel or believe are definitely yours.

Don't write down any of the Negative EMOTIONS until you are certain that you are afflicted with any of them. If you are not sure, don't list them. Of course if you have ever had any Negative EMOTIONS that you feel you have now conquered, be sure to list them. They may be "conquered" but are still anxious to express themselves and are just waiting for an opportunity to express themselves in the wildest way imaginable. Just because you have become so civilized that a Negative EMOTION no longer bothers you is no reason to believe that it has been completely conquered or annihilated.

It is these dormant Negative EMOTIONS that cause a great deal of harm Physically as we grow older. Mentally we have them quite under control, but physically they cause us a great deal of unnecessary pain, particularly the Negative EMOTIONS that we have not expressed for years.

Now there are Negative EMOTIONS peculiar to Introverts and other Negative EMOTIONS that Extroverts possess. One way to determine whether we are Introverts or Extroverts is by our Negative EMOTIONS. An AMBIVERT -- a perfect human being -- has completely rid himself of all Negative EMOTIONS. An AMBIVERT has a great many EMOTIONS but they are all POSITIVE, none are Negative, that is why he is an AMBIVERT. He was of course, once upon a time, an Introvert or an Extrovert, but he rid himself of all his Negative EMOTIONS and now, as we indicated, he has only POSITIVE EMOTIONS.

It isn't necessary at all to rid yourself of all Negative EMOTIONS before you start the expansion of your "thin, gray Circle of POSITIVE DESIRE", into a "Hot Circle of POSITIVE DESIRE". In fact the good work goes much faster in every way during the period that you are searching about for your NEW LIFE'S WORK, especially when you are practicing some of the ideas that are found in this very course. No matter whether you are an Introvert or an Extrovert, both the "Intros" and the "Extros" have an equal opportunity for quick advancement into their thrilling Life's Work. Probably the Introverts have just a little better opportunity to determine their NEGATIVES than the Extroverts, because an Introvert lives "inside" himself pretty much of the time and is much more sensitive to his Negatives than is the Extrovert who lives pretty much "outside" of himself. The Extrovert is interested in what is going on in the outer world, and how he can "cash in on it", but when he gets very old, he begins to think of what life is all about and how life affects him. Then, at that time when he has enough failures to make him quite unsure of himself, he will awaken to the fact that he is an Extrovert (an ex-Extrovert) and then he is ready to listen, listen to things he never knew existed before.

oooOOOooo

ATTAIN REALIZATION IN THREE SHORT STEPS

Chapter Two

This chapter and the other chapters that follow are all devoted to the SECRET WORK of attaining your Positive DESIRE quickly. Just to know that you have a complete Circle of Positive DESIRE gives recognition to the Circle, and this recognition warms up your Positive DESIRE to a certain extent. Without this "warming up" it would be a long, long time (perhaps never) before you could discover your LIFE'S WORK that your Positive DESIRE has "in mind" for you. The knowledge that you possess this Circle of DESIRE eliminates this lenghty period and reduces the matter, in many cases, to weeks or even to days.

Let me say again that your Positive DESIRE is not limited by your age (no matter how great it may be), nor is it limited by your environment no matter how confining it seems to be. In fact, your Positive DESIRE is not limited to anything, except perhaps by your half-hearted interest in the matter -- "half-hearted" to the extent that you would choose to do nothing about it.

I give you here in these chapters some ideas that can increase your Positive DESIRE to become more active. That is very good, for when your Circle of DESIRE becomes active enough, through these METHODS, you will find that your Positive DESIRE will definitely reveal what it desires you to do as a Life's Work. Then your GENIUS will take a hand in your affairs (GENIUS and Positive DESIRE are very, very close) and give you a "Flash" on how to cause your Life's Work to move just a little to one side or the other into the Financial Department of Life. The Finances are always secondary to your MAIN DESIRE, but if you have started out on your beloved DESIRE or Activity small enough, you will have no trouble getting your GENIUS and your Circle of DESIRE to cooperate in a great way -- DESIRE telling you what it wants you to do, and GENIUS assisting and revealing how you can obtain Financial Remuneration out of your Activity, whatever it is.

Even though you are receiving much money from the activity that you are now engaged in, that is no indication that you are expanding your Circle of Positive DESIRE. If you are filled with Negative EMOTIONS, if you are growing older by the year, if you are not building in POSITIVE EMOTIONS as you get rid of the Negative EMOTIONS regardless of how much money you have or are receiving, you are a victim of vicious Negative EMOTIONS.

The acquiring of money should be a sideline to your MAINLINE -- your Positive DESIRE. If it is not, no matter how much you receive monthly or annually you are a dying man (or woman), you are "not long for this world" even though you may reach eighty or ninety years.

However, don't despise the income you are now receiving. You can do a great deal of good with it later on when you get into and onto the Art, Avocation, Undertaking or Activity that you Positive DESIRE has in store for you. With the help of your GENIUS, you can

not only make your Undertaking or Activity pay-off for you, but you will then have the GENIUS to make your present activity, which is causing you to get older by the hour, actually to cease its damnable aging actions. Your GENIUS will then show you how you can make it even more productive, by taking all the Negativeness out of it, which is now activating one or more of your Negative EMOTIONS such as Worry, Frustration or any other of the list of the 36 Negatives.

However, let me warn you, if you have considerable in the way of finances do not use a great amount of it for your new Undertaking or Activity -- actually HOBBY -- at this stage. Your Activity (we will call it a Hobby) is for your enjoyment only and the smaller the Hobby, the less money you will have to put into it. The idea is to have a happy Hobby, one that will increase your Circle of Positive DESIRE. You are dealing with the Sub-Conscious Realm of Mind, not with the Conscious Realm of Mind. Your Sub-Conscious can easily comprehend small things, because they are not complicated; but you haven't at this time, the ability to convey complicated matters to your Sub-Conscious. If you start your Hobby so small that you can convey a good strong mental picture to your Sub-Conscious, you pass from the stage of Imagination to VISUALIZATION quickly.

Imagination and VISUALIZATION are "twin brothers" but not identical twins. Imagination is the weaker of the two "brothers", while VISUALIZATION is the stronger. The quicker you can pass from Imagination (which can be terribly negative) to its "twin", VISUALIZATION (which can and will be very Positive), the quicker you will get to REALIZATION. Probably Imagination, VISUALIZATION and REALIZATION should be called "TRIPLETS", for each one while partaking of the nature of its "brother" is considerably more advanced in power and understanding than the "lesser brother".

If your Hobby is small you can VISUALIZE every part of it. When you can do that you have REALIZED it. It is at that time you should add another part to your Hobby. Your Circle of Positive DESIRE will inform you of the part that it wants added. The information will be in the form of a Strong PositiveDESIRE. If the DESIRE is weak it could be that your Negative Desire is "shining through" and coloring your decision, but a strong Positive DESIRE can be relied upon, and you are to proceed with the addition to your Hobby. Your Positive DESIRE knows what it is doing and therefore do not let Reason and/or Judgment in your Conscious Realm of Mind interfere with it in any way. The only time you are to use Reason and Judgment is to determine whether Negative Desire is seeping through and coloring your Positive DESIRE with Negatives. Strong DESIRE is of the POSITIVE, weak desire is of the Negative.

Imagination will always play a part in your Circle of Positive DESIRE, but when you have actually gotten onto your Hobby, VISUALIZATION and then REALIZATION will take over. Until you have actually started working on your Hobby you are still in the field of Imagination and VISUALIZATION. The moment you engage in your Hobby you are then in REALIZATION. You could have spent less than a dollar to engage in your Hobby, but the moment you have your Hobby, the one

that Positive DESIRE has indicated you to follow, you are actually in the first stage of REALIZATION. Of course this is not the end, it is only the beginning. Imagine, VISUALIZE and then your Circle of DESIRE will inform you the next part to add; when you have added it, you have then REALIZED it -- and then on to greater REALIZATIONS.

When you can proceed from Imagination to VISUALIZATION and then on to REALIZATION you are actually on your way to a new life, to a new future, to things far beyond your present fondest dreams. Don't worry for a moment how you are going to "cash-in" on your Hobby. Your Circle of Positive DESIRE is barely "luke warm". Not until it gets "red hot" can it expand sufficiently to contact your GENIUS, and GENIUS is the only "intelligence" in you that can inform you how you can "slant" your Hobby into the Stream of Finance. Your Hobby then becomes a BUSINESS, and then it goes on to a GREAT BUSINESS, but all the time to you it is forever your Hobby even should it reward you Financially up in the "millions".

Your Hobby has become BUSINESS, as it gets larger it will be classified as BIG BUSINESS, but no matter what the banks and bankers call it, it is YOUR HOBBY, and if you keep it that way IN YOUR MIND you will find that it is automatically expanding all Five of Your Departments of Life -- Mental, Physical, Social, Financial and Spiritual. You are actually becoming an AMBIVERT and this regardless of whether you started out as an Introvert or an Extrovert.

You start very small with your Circle of Positive DESIRE on the thing that you -- DESIRE -- like best, and as your Hobby grows you grow with it, and when your Circle of Positive DESIRE becomes hot enough to contact your GENIUS, GENIUS in one Flash will show you how to make your Hobby pay off. GENIUS can show you many things in ALL Five Departments of Life.

The worst thing that you could possibly do is to "save up" a sum of money in order to go into a line of activity that you thought you liked. Thinking that you like such a thing or activity eliminates your Circle of DESIRE from the activity entirely, and also eliminates the possibility of a single "Flash" from your GENIUS. Yes, starting "big" is almost the surest way to fail, but by starting small on your Circle of DESIRE you will be so thrilled with your Hobby that your DESIRE will quickly contact GENIUS, and only GENIUS can tell you how to "slant" your Hobby sufficiently to actually make it "pay off".

Remember: Finances are to be but a sideline -- your Hobby is your MAINLINE. If you keep it this way you will avoid "money madness" and have a great abundance of MONEY as a sideline. In this way you can EXPAND all FIVE DEPARTMENTS OF LIFE simultaneously, and then you will be well on your way to the delightful Life of the perfect human being -- the AMBIVERT.

oooOOOooo

SPEEDY WAYS TO ATTAIN MENTAL MAGIC

Chapter Three

Some of "your" 36 Negative EMOTIONS have left their mark. The best way to start getting rid of Negatives is to stop having them, as we have mentioned several times in the past. However, the Negative EMOTIONS of an Introvert are so insidious that an Introvert can't get rid of them by just "changing his mind" or by "quickly thinking of something else".

"Changing your mind" about Anxiety, Apprehension, Disappointment, Despondency, Fear, Frustration, Inefficiency, Timidity, Worry or Sloth doesn't do a bit of good. You just can't "change your mind" about any one of these; however, you can use a bit of ANGER when any one of these rather stupid Negatives makes an appearance. How, though, are you going to get ANGRY at any one of them? That is a good question and it is very answerable.

Work up enough ANGER to blot out any one of these 10 Negatives. The Introvert is afflicted with Timidity, but you certainly can do something about this Negative -- Timidity. ANGER is more powerful than Timidity "ever thought of being". A little ANGER at the psycological moment can make Timidity, or any of the other Negatives vanish as though they had never existed.

These 10 Negatives are so "mild mannered" that it does not require a great deal of ANGER to blast any one of them into "kingdom come" in a few moments. However, too much ANGER will have a detrimental effect on you. It will require a little testing to determine just the right amount of ANGER to use on any of the Negatives.

Biting the edge of the tongue just hard enough to make you ANGRY will do the trick. Due to the fact that you do not have to create great ANGER to cause any one of these Negatives to vanish (as if by magic) you just bite the tongue sufficiently to create a small enough amount of ANGER to make your Negative vanish. Any more would leave you writhing with pain and that would cause you to be unduly ANGRY, and as ANGER itself is one of the 36 Negatives, you can see that you would be replacing one Negative with another and perhaps stronger one.

After you practice this little method on your Negatives, the ones that afflict you at the moment, you will be amazed at how small a "bite" you will have to inflict on your tongue to cause your particular Negatives to vanish. You are not afflicted with all of them all the time, but when any one of your Negatives (no matter what it is) rears its stupid head just "bite it away". When you get more and more proficient with this practice, the moment you feel a Negative coming on you will not have to actually bite your tongue; all that will be necessary is to put your tongue into "biting position" and the Negative will disappear like a scared jack-rabbit.

If you do not use ANGER for anything else but to "crush" Nega-

tives you will find in the end that you are no longer in need of the Emotion of ANGER. You are by this time speeding along on the High Road to becoming an AMBIVERT. You cannot imagine at this time how delightful the life of an AMBIVERT really is. However, when you take yourself in hand and begin to eliminate Negatives (those that are actually YOURS) you are on your way to becoming an AMBIVERT, and a long time before you actually reach that delightful STATE OF BEING you will be so thrilled with your EVER-EXPANDING LIFE that you will wonder how you ever stayed all of these miserable years in the "low lands" of miserable Negatives.

To the average Extrovert this business of getting a little ANGRY and biting the tongue sufficiently to overcome a Negative EMOTION like Anxiety, Disappointment, Despondency, Timidity, Worry, etc. is on the "silly side". The Extrovert's Negatives are different and include such ones as Disdane, Envy, Frustration, Jealousy, Vanity, Selfishness (Self-centeredness), etc., and he has no desire to get rid of these with the possible exception of Frustration. This particular Negative -- Frustration -- has "hounded" the Extrovert almost all of his life. Now that he is getting older Frustration -- damnable, insidious, ever-present Frustration -- is "gnawing at his vitals" unrelentingly.

There are ways of getting rid of all 36 Negatives, Frustration included. Of course the first way is to really DESIRE to overcome your own personal Negative EMOTIONS, and if you DESIRE to do this the remainder of the "WORK" will not be "child's play" but you can and will accomplish the task, but only if you DESIRE Positively to do it and work at it.

Just by changing your mind and always looking on the bright side will accomplish a lot; the "tongue biting technique" will then accomplish more; but the day will come when you realize that while your Negatives do not actually bother you any more Mentally, for they are "dormant", you will have to completely rid yourself of every one of them before you can fully regain your Physical Health. Oh yes, the "tongue biting exercise" has caused them to quickly shrink into the "twilight zone", but they are still active in your deep Sub-Consciousness. While you are feeling better Physically than at any time in the past twenty years or longer and you are looking much younger, there are those Negatives in your Sub-Consciousness that will let you "get so far and no farther" as far as your Physical Health is concerned -- they will have to be eliminated "lock, stock and barrel" before you can "climb to the higher heights" toward the thrilling Life of the AMBIVERT.

There are three ways to accomplish this, use any ONE of the three but never more than one at a time. If you feel that you should change to another of the Three Ways, wait a week -- do nothing for that week -- and then make the change. Here are the THREE METHODS:

THE TALKING-OUT EXERCISE. Thirty years ago there were "Professional Listeners". Their duty was to listen to you talk out your Negatives (sometimes called complexes). They charged $5.00 for

listing to you -- for one hour. They would remain emotionless at anything you said. Their duty was to LISTEN, and to call you back to your subject if you wandered away from it. There were several things wrong with this TALKING-OUT TECHNIQUE. In the first place, who could afford $5.00 for an hour six days of the week back in the "thirties"? Another thing, could a person be absolutely certain that the Professional Listener wouldn't "blab" to others some very personal things about your particular Negative or "complex"?

THE TAPING-OUT EXERCISE. The Taping-Out Technique has none of the hazards of the Talking-Out Exercise if you have sound-proof walls. Simply procure a Tape Recorder, turn it on and talk into the microphone. You can call your Negative all the horrible names it is, and a few more, knowing full well that anything you say will not go any further, that is if you are careful to ERASE the tape each time. You do not have a "listener" to put you back on the track whenever you wander off, but you can write on a big card that which you wish to tape-out and by glancing at the card occasionally can keep to the subject.

THE WRITING-OUT EXERCISE. This Exercise has a number of good qualities. For one thing it is quiet, nothing is heard but your fountain or ball-point pen gliding over the surface of the paper you are writing on. The length of time you perform this exercise is only 15 minutes, not one hour as required by the others.

In all three exercises you can start out by "a nip on the end of your tongue". This will generate just enough ANGER to go into any of the three quickly, especially the WRITING-OUT EXERCISE. This particular exercise should be gone into quickly, then write "furiously" on your Negative EMOTION, and at the end of 15 minutes -- positively no longer -- stop, gather up the sheets of paper you have flung to the floor, and without reading any of them, burn them in the fireplace or incinerator. Or you can grind them up in a garbage disposal. If none of these means are available, tear them up into small pieces, crumple them up in your hands and flush them down the toilet. The WRITING-OUT is very important, but how you dispose of the sheets of paper is equally important.

In the old days often one would have to spend practically the whole fifteen minutes in working up enough Negative "steam" to practice the Exercise. With the advent of the "tongue-biting" technique one can work up sufficient ANGER (but no more) to be really "stirred up" over any one of the Negatives.

Writing the same thing over and over again about ONE Negative will get marvelous results. In a few weeks when you feel that you have "flattened out" that ONE Negative quite well, go on to another.

Just one more thing: Build up a POSITIVE EMOTION -- directly opposite to the one you are writing-out. If you are writing-out Timidity, assert your BOLDNESS at every opportunity; this gives your Sub-Conscious a good idea of what you are attempting to accomplish.

oooOOOooo

THE MAGIC OF A TWO-WAY ARGUMENT (WITH YOURSELF)

Chapter Four

This is not a "writing-out exercise", it is more of a "writing down" technique. It should be practiced for fifteen minutes (or twenty would be better) every other day or three days per week. You will not finish up this exercise in fifteen or twenty minutes, even if you write it down three days of the week, for weeks. Take your time -- have the "argument" go on and on.

Select a subject that you are both "pro and con" about. A subject that you are quite interested in but not deadly in earnest about. If you are "sold" on any subject it does not have two sides as far as you are concerned and this kind of a subject would not be a good one for the purpose we wish to put it to. Of course the subject that you select should be one that you are just a little biased over, otherwise it wouldn't be an argument.

You have lived for so many years thinking about the same subjects in the same way that you do not realize that most subjects have another side. Select one that you know has two definite sides and argue with yourself on that subject. For the first half of the 15 or 20 minutes be very dogmatic about the subject, state in no uncertain terms just what you believe to be correct and write it down. Write legibly so that you can read it back to yourself; then change your thinking about the subject, take the "other side" of the argument and refute the statements you have just put down on paper. Be very sincere. Remember you are now "your other self", and the "other you" has quite a fund of knowledge on the subject that the "two yous" are arguing over.

Then the next time you write you will attempt to refute the statements that the "other you" made. Be fair if you have taken up the whole fifteen or twenty minutes with your argument and give "equal time" to the other "you", in which case the two halves of the argument may continue for thirty or forty minutes. If you, the present you, are very clever, the "debate" could run on for several weeks at fifteen to twenty minutes every other day, and not exhaust the subject.

Playing the part of two yous can be very exhilerating and in some cases the facts that either you or your "other you" come up with could be quite REVEALING and most enlightening. You are a much greater person than you have ever given yourself credit for being.

Always write very legibly both sides of the "debate" between you and your "other you". In this way you can go over what you said and what the other "you" gave in "rebuttal".

Perform this "Exercise" when you have fifteen or twenty minutes of undisturbed time, even if you have to get up fifteen or twenty minutes earlier it is well worth it. That other "you" is nobody's fool, and what he says in answer to your statements may be very

revealing, so revealing in fact that you will find quite often that you wish to adopt some of "his ideas". If you wish, write for ten minutes on your favorite argument, then move around to a chair on the other side of the table and write your "other you" argument. Making this change, to the other side of the table, and actually "being" your "other you" lets your Sub-Conscious know that you have made a change-over and you sincerely desire to be for ten or twenty minutes your "other you". The Sub-Conscious will go along with the fun of changing over and present thoughts that you did not know were there in your Sub-Conscious Realm of Mind.

Carry on this "two-way argument" for two or three months, three days per week, finally bringing it to a close -- to a friendly close with your other "you". You will find that in most cases "he" was right about fifty percent of the time and that you were right the other fifty percent. Actually, after the first two or three weeks you were dealing pretty much with your Sub-Consciousness, and by tapering your differences down at the end of your two or three months of "debate" to where you pretty much saw things "eye to eye", indicates that you have ended the debate in a peaceful atmosphere of "togetherness". Then take up another subject if you care to.

When you can get together with your Sub-Conscious "he" will and can speed you on your way from Imagination to Visualization and then to reality -- REALIZATION. Of course this exercise that we have just given is not absolutely necessary, but it will greatly diminish your "traveling time" (traveling from where and what you are) to your GREATER SELF often by as much as several years. That is not bad for only two or three months of "debate" with your "other self" -- your Sub-Conscious.

I believe that this is the most practical way for you to actually contact your Sub-Conscious, and "he" is not such a bad sort of "fellow". You see, "he" is already partly over in the Inner Circle of Positive EMOTION, and as quickly as you can dispense with your eight or nine Negative Emotions you will certainly be well on your way to becoming an AMBIVERT.

Of course neither you nor I can know how far you are on the Path to becoming an AMBIVERT, it really doesn't matter how far, if you are actually on your way. If you are not on your way, and are what the Mystics call "Path bound", then you are not making any progress at all. But when you start doing something about the situation like clearing out your Negative Emotions, one at a time, and when you do the Writing-Out Exercise (page 11), and carry on this "Two-Way Argument" -- changing seats with your Sub-Conscious in "debate" -- then all of these things help to free you from the Path bound condition that you are in to speed you on your thrilling way up the Sun-Lit PATH to "higher heights", to the place of AMBIVERT.

Of course the AMBIVERT is not Path bound -- there are "higher heights" for him to travel too, but it would be a waste of time at this stage of GROWTH to describe his "higher heights". He apparently has EVERYTHING now ... his Star of Life has all five points

filled out to the very tips. Yes he has EVERYTHING that this world can offer -- Health, Wealth, Spiritual Achievement, Sociability and a Mentality that is "out of this world", so to speak.

The sad part of all this, not sad of the AMBIVERT though, is that many an AMBIVERT started out on his EXPANSION long after you or many students like you knew about the PATH, the Five Departments of Life, and how to Expand Positive Desire to where it contacts GENIUS.

I am not blaming you at all for the position that you hold on the Path; for some reason or other you were not interested to the extent that you would do something about it. However, I am confident that you will be on your way very shortly, regardless of how old you are or what the conditions are that surround you. When you realize that you made the conditions that are now binding you to the Path -- Path bound -- you too will stride forward, and become another one of the Blissful TRAVELERS up the Sun-Lit PATH.

Once again, let me say that this "Two-Way Argument Technique" is not a "writing-out" as explained in the previous chapter. It is not an exercise at all, it is a TECHNIQUE to get you and your Sub-Conscious -- the Positive Part -- to know each other and finally to work together, so much so that you become inseparable.

"Becoming one with" your Sub-Conscious on the Positive -- Inner -- Side of the Circle of DESIRE will lift you up and out of your present condition like nothing else can. As your Positive Circle of DESIRE heats up, gets "red hot", and increases in thickness you will automatically pull into your Positive Circle of DESIRE Reason, Will and Judgment in your Conscious Mind, and all six of your Sub-Conscious Faculties -- Memory, Imagination, Belief, Affection, Conscience and EMOTION.

You can help all this activity by Memorizing something new and valuable each day, not more than a few lines of verse at the beginning, or by re-remembering something that you have forgotten that is positive and dynamic.

I have spoken of Imagination, how you are to convert it into VISUALIZATION, and to bring it into life through REALIZATION.

Belief is nothing more than a very weak FAITH, but as you proceed into your Circle of Positive DESIRE, especially when the Circle is "hot", Belief is changed over to energetic FAITH.

Affection is not touched by Negative Desire or Emotion, and so you can develop it -- AFFECTION -- quickly.

Conscience on the outside of the Circle of Positive DESIRE is a miserable thing, but as soon as you begin to invite Conscience into the Circle it becomes a power that you can use daily.

EMOTION on the outside of the Circle of Positive DESIRE is the "home" for the 36 catagories of the worst kind of Negativism, but when you no longer use any of these Negatives, and substitute POSITIVES in their place you begin to TRAVEL fast up the Sun-Lit PATH.

oooOOOooo

DON'T BE YOUR OLD-TIME SELF

Chapter Five

I wrote a "thesis" one time on the subject of "Don't be Yourself", and you should have heard the "howl" that went up from many people saying that I was "dead" wrong. Some accused me of "hypocrisy", or the advocating thereof. Well, I found from very personal experience that I wasn't getting anywhere by being myself, and so I changed gradually to the person that I wanted to be. The change was gradual, so gradual that even the persons that knew me in daily life did not know that I was doing something with myself -- making constructive changes. However friends that hadn't seen me for so short a time as six months, after I had begun not to be my old-time self noticed a change in me; they couldn't tell for the life of them what the change was, but there was a definite change -- a "nice" one.

Before I started on the program of "don't be myself" I had a rather "sharp tongue" which I used quite often and not too wisely. I found that if a "sharp tongue" was necessary, to use it with a smile. It is quite hard to smile and speak with the "tongue of a viper", somehow the two don't go well together, and so I began to see the amusing side of everything that was not quite to my liking. This simple little thing resulted in much more pleasant relations in the Social Department of Life. Of course the new attitude of not being my old-time self didn't prevent me from "speaking out" in a very definite way when that form of speech was required.

It is amazing how one Positive change in your life leads to another. I found that my speech wasn't clear and decisive enough, and so, without telling a soul, I decided to do something about it. I didn't start to study the Dictionary, I didn't need a whole lot of new words, but I did start to use the words that I knew with mindfulness -- probably you would call it "think before you speak". This I did. True it slowed down my speech for the time being, but that wasn't much of a handicap. People that I conversed with just thought that I was "pondering" over the answer that I was to give them. Well, in a short time I could make a quick answer to a question, but I was no longer "trigger happy"; by that I mean I could keep the other fellow waiting for my reply, even though the small wait "nettled" him to no end. Now, when an Instant reply is required and is necessary I can give one.

Years ago I purchased a little, paper-back Webster's Dictionary, and every word of which I was not sure of the spelling or the meaning I looked up. I made a pencil or pen mark in the margin just opposite the word, and occasionally after I had collected quite a few words I would go over the list. The meaning of the words were quite simple, but the spelling was quite difficult for me until I learned that the difficulty lay in just one syllable nine times out of ten. Take the word "syllable", there is a double "l" and once I knew that I never again mispelled "syllable". However to impress on my memory I would go over all of my difficult words and note the syllables that I had trouble with.

Now about the use of words let me give you this rule: Never use a long word when four or five small words will convey your meaning just as well, probably better unless you are so egotistic that you shun short words and wish to display your vast knowledge (?) by speaking in "six-bit" words. However if you are sincere and wish to convey a message of importance to your listener or listeners use small words. I have never known a person yet that was offended when I addressed him in simple but interesting smaller-word speech, and I have spoken to audiences that were known to be extremely well educated. The nice part of the use of smaller words, people of any degree of education do not feel that you are insincere or that you are "talking down to them".

One student of mine, a young minister, could never get it through his "educated skull" that short words could convey a message better than the multi-syllable words. Every time he tried out as a prospective minister for a new church congregation, they respectfully listened, gave him a generous donation for his learned sermon, and that would be the last he ever heard from them. He's been trying to "get a pulpit" regularly for five years, but no offer ever comes. Yes, I know that he knows the meaning of all those "six syllable" words, but the congregation doesn't.

And so now, even at your age, you are going to speak your way into the Millennium, and shortly you will be so interested in your MESSAGE to YOUR Public that you can't wait until speaking time.

The Rev. Dr. Russell Conwell was a well educated man but no one could accuse him of using "big" words either in his writing or his speaking. This was the days before radio and television. He wanted his sermons to go further than the four walls and ceiling of his church so he started publishing a little magazine in which he gave some of his sermons. The magazine was a mild sort of a success until he began to write "Acres of Diamonds", then the subscribers began to increase in number. Finally after a considerable period of time his serialized story, "Acres of Diamonds", came to an end as all good stories should. He was looking about for another story, when out of a clear blue sky he received several offers for him to give his "Acres of Diamonds" verbally in various churches.

If he accepted their offer he would have to make considerable changes in his "Acres of Diamonds". He knew that while his "Acres" went over well in print in a great way, putting it into a form of a sermon or lecture there would have to be certain changes made. For one thing it would have to be greatly shortened, for another, much of what sounded good in print might not sound so good in a speech or sermon. Finally after all the necessary changes that would make his "Acres of Diamonds" presentable to the public in a lecture or sermon were made he accepted his first assignment. Then came a second and a third and it was then he knew that all of his activity up until that time was just "build up" for his Life's Work -- the giving in sermon form his "Acres of Diamonds" everywhere.

He traveled from town to town, city to city giving his "Acres

of Diamonds" sermon some times seven evenings of the week. He had found his Life's Work, the Work that his Circle of Positive DESIRE had planned out for him, his GENIUS came to his aid and in a flash (probably many flashes) guided him in the way that he could do the most good with his one sermon -- "ACRES OF DIAMONDS". It is estimated that he gave that one talk or sermon 50,000 times, in the course of quite a long life, until he was too old to travel about any more. It was quite a sad day for Dr. Conwell when his doctor told him "no more traveling, no lecturing". It was not too much of a chore to stay home and live happily ever after. As a side-line, the venture wasn't unprofitable; when he retired he was amazed that his "Acres" lectures had amassed him well over $4,000,000. He would have done it all over again for "free", if his health had permitted it.

And so, regardless of your age as soon as you get on to your GREAT WORK, it will actually cause you to grow younger and younger by the year.

That is why I would like to see you get onto your GREAT WORK that your Circle of Positive DESIRE has intended for you. Of course you do not know what it is as yet, but learn to "speak" (even if you have been a Public Speaker in the past) and you will choose a subject, in all probability several subjects, one of which will lead you right into your Life's Work. Learning to express yourself will assist your Circle of Positive DESIRE to contact your GENIUS and then you will know what your Circle of Positive DESIRE wishes you to do.

GENIUS knows how to "slant" your DESIRED Work just sufficiently so that you will be in the Stream of Finance. You will never have to worry about Finances when you are going around the Circle that DESIRE has planned out for you. Your GENIUS is glad to play the part of the "FIRST NATIONAL BANK" when you get onto your Circle of Positive DESIRE.

It was fortunate that Dr. Conwell did not choose to be his "old time self". Certain circumstances -- his Circle of Positive DESIRE working hand in hand with his GENIUS opened the way for him to give his beloved sermon-subject -- ACRES OF DIAMONDS -- many thousands of times, but if his Positive DESIRE and his GENIUS had not moved him out of his church, he would probably have written a "sequel" to his popular "Acres of Diamonds" and just gone right on with the publishing of his small magazine, the preaching of two sermons each Sunday and giving a "talk" to the Wednesday evening group at the church.

If this would have been the case, "ACRES OF DIAMONDS", with its wonderful message probably would never have been published in book form.

oooOOOooo

We do not have "Acres of Diamonds" but you can probably get a copy through your local religious book store.

ELIMINATE OLD AGE BY NEW-AGE SPEECH

Chapter Six

It is an art to give the same speech 50,000 times as Dr. Russell Conwell did with his "Acres of Diamonds". One of my old time teachers gave his speech 8,000 times the last time I heard of him, but is probably well over the 10,000 mark by this time. A wonderful woman -- Elsie Lincoln Benedict -- felt that she had a message for the world, but at the beginning, she didn't know exactly what it consisted of. But she formed her thoughts into logical sequence, and gave her talk (it wasn't a speech or a sermon) to a few local people who were, as far as I am able to determine, not too impressed with Mrs. Benedict's effort. But she did not let that disturb her, for she was not too well impressed with the talk herself. However, she worked on it, rearranged, cut out some material and added some other. The next time she gave it it was much better.

She worked on that one speech, and gave it a number of times before her Circle of Positive DESIRE warmed up sufficiently to exert itself. Positive DESIRE definitely wanted her to speak but her Circle of DESIRE was so cold that only after a considerable time could it convey to her just what it wanted her to say -- to talk about. This accomplished, her Circle warmed up greatly, so much so that when she asked "how shall I make my speaking engagements pay off" her GENIUS instantly came to her aid and showed her in a flash how she definitely could pay her way from place to place and give her speech. She became a national figure, then an international figure. In Australia she "went over" like a prairie fire.

Her speech, talk or lecture was filled with so much good-will and Inspiration that it gave the people of Australia a very great "lift". So much so that people began to put her ideas into practice, to lead much happier lives, become more sociable, all of which was very conducive to the acquiring much more money than they ever dreamed possible. I do not know how long Mrs. Benedict was in Australia, but she had a wonderful and profitable time while there -- it is said that when she came back to the United States she was nearly $3,000,000 better off than when she had gone to Australia.

Of course you do not have to know anything about the "mechanism" that takes place in your Sub-Conscious to do what all successful people have done to follow your True Positive DESIRE Circle, but if you know something of what goes on in your Sub-Conscious, and better still how to cause it to go on, you can save a great deal of time, eliminate much of your old age, cause wealth to accumulate (as a sideline) and all because of your "art of speech".

Where many Students have made a mistake is that they <u>talked out</u> their DESIRE to do something POSITIVE by telling people what they DESIRE to do. Well, telling about it is the same as doing it, as far as the Sub-Conscious is concerned, and that exhausts your DESIRE for doing it. Your Sub-Conscious "thinks" you want to talk about your DESIRE and it will keep you going until you have lost all of

your DESIRE, Zeal and Fervor for the wonderful project. That leaves you with a great big fat zero, as far as doing the thing you wish to do, and the eliminating of old age.

Eliminating of old age is very important at this time especially for older people. You see there is less than 35 years of this century left until we will actually enter into the NEW MILLENNIUM. Actually the Vibrations of the SEVENTH MILLENNIUM can be experienced right now by all those who have reached the place on the PATH known as the AMBIVERT. You may not have reached this point yet but you are TRAVELING toward being an AMBIVERT and you are therefore on your way to entering the NEW MILLENNIUM. Perhaps you are a Junior AMBIVERT, or perhaps you haven't traveled too far on the PATH and you may be a Junior-Junior AMBIVERT, or perhaps you are a little further back on the PATH, and that would make you a Junior-Junior-Junior AMBIVERT. That is OK though, for with the information that you find in this particular Monograph -- "THIS IS YOUR NEW DAY" -- and the previous Monograph -- "Your Next Life is NOW" -- you have more information on Health, Wealth and Prosperity than Dr. Conwell or Mrs. Benedict ever had.

These two wonderful people had a great message, and many thousands of people were vastly benefitted by their MESSAGES, but they lived before this Last Generation took place. Actually, they lived in the Lost Generation -- before 1960. You were born in the Lost Generation, but since 1960 you have been living in the LAST GENERATION, the last one before the coming of the NEW, SEVENTH MILLENNIUM. This means that you can take advantage of this marvelous Generation to renew your youth, to begin to have everything that is Good and Positive, things that your Positive DESIRE wishes you to have, and also, by your GENIUS, have more than sufficient in the way of Finances than you can possibly use on your Journey up the PATH to Realization and into the NEW MILLENNIUM. Your age doesn't make a bit of difference, just as soon as you are doing the Positive thing that your DESIRE wishes you to do you are going to "shed" old age.

Practically every highly successful person that you or I know talked his way in some way into SUCCESS. Speech-making may not be your line of Activity, but it is the shortest path to that which your Positive DESIRE wishes you to do. You can save much time by going the TALKING ROUTE, and at your age time is of the utmost importance. And so, start planning your first <u>little</u> talk, and after you have planned it, <u>give it</u> to a small group. "Where do I find a small group?" I hear you ask. The answer is anywhere that you can get two or three (or five or six) people together. Of course your talk will be good, you have worked on it until you feel that it is good, and then, <u>after</u> you have given it, wonderful thoughts will come to you how you could have made it even better. Well, then, rewrite it and put in your improvements and leave out those parts that you did not like. Then, find an opportunity to give it again.

Do that again and again, until you know exactly what you are going to say <u>without notes</u>. When you can speak without notes you are gaining ground rapidly. Of course when your speech becomes

longer, you may feel more sure of yourself if you have your notes written down on a small card, but it is far better to memorize notes in the form of single words, than it is to have them on a card, and of course never more than 10 notes. If you have more than ten you are speaking about too many things and that is not good. Speak on your main subject and amplify it by explaining it in a little different way, but only do this when you feel that your listeners have not gotten the point that you have tried to convey to them.

Of course you can give your speech to the "person in the looking glass", and that will help a great deal -- hearing how you pronounce your words (the words are reflected back to you by the mirror), and seeing your facial expressions. Outside of this business of watching facial expressions, which should always be pleasant, I do not put great emphasis on practicing your speech before a mirror. If you wish to hear how your voice really sounds just cup your hands directly back of your ears, pushing the ears a little forward and start talking, that is the way your audience will hear your voice.

If you are fortunate enough to own a tape recorder, it will reproduce your voice exactly as you speak the words. You can secure a used tape recorder for less than 10 dollars, maybe for less than five. Some one of your friends may have one of them and they would probably loan it to you if you will promise faithfully to return it.

However, it is after you have given your speech a number of times, and improved it a little each time that it is just possible that your Sub-Conscious through your Circle of Positive DESIRE will give you a reason for all this business of speechmaking. It will lead you to the thing that your Circle of Positive DESIRE wishes you to make your Life's Work.

There are ten-thousand things that require the use of speech, and one of these ten-thousand usages may be just the thing that DESIRE wishes you to perform ... as a Life's Work, and with a great deal of money in it as a SIDE LINE.

You may have a vast amount of good ideas, and one of them quite likely may be your DESIRE, but until you do something about it your Circle of Positive DESIRE cannot convey to you the marvelous idea that it has just for you.

Each time you hear a speech or sermon certain ideas in it will especially appeal to you. The reason for this is that your Sub-Conscious is attempting to call your attention to the fact that here is a "key" to what your Circle of Positive DESIRE wishes for your Life's Work. Jot these ideas down and later enlarge upon them by adding your version and work up a speech of your own. Give this speech again and again, each time improving it with the wonderful ideas that will come to you. Then one day, from this very simple beginning, will result MAGIC.

oooOOOooo

THE MAGIC OF YOUR PHYSICAL SENSES

Chapter Seven

Your Five Physical Senses -- Seeing, Hearing, Smelling, Tasting, Touching -- are quite down to earth, even when you are using them Positively, that is, in your Circle of Positive DESIRE. Sight is quite Positive, and we miss it more than any of the other Five Senses when we are deprived of it for any reason. Most people when they get older do not lose their vision, but their sight gets dim due to a number of reasons. They can easily correct that condition by wearing eyeglasses or "Contact lenses". Either one will bring their vision into sharp focus and then they can see as good as when they had "20-20 vision".

Seeing -- sight -- is of the material world, but the average person, even if he is a rank materialist, doesn't see too much of what is going on about him. This is due to the fact that his interests are very limited and restricted to material things that directly concern him. Outside of that, even though he may have "20-20 vision", everything is blurred, and he would rather have it that way for the simple reason he can "concentrate" on what he does for a living, although he probably has no burning Positive DESIRE for what he is doing. A bum on "Main Street" has a Desire which can be very Positive (in a Negative way) if he goes too long between drinks.

As you, the Individual begin to take a renewed interest in Life, searching for the Art, Activity or Hobby that your Positive DESIRE has chosen for you, you will, quite naturally, be alert to everything that is going on and actually SEE with your own eyes the possibilities that lie in everything -- the possibilities that might contain a hint of the Life's Work that Positive DESIRE has in store for you.

Your Hearing, unless there is something organically wrong, will become more alert, for you will eventually realize that just a single word could lead you to the Activity, Art or Hobby that your Circle of DESIRE wishes you to engage in. This is especially true when you speak to small groups of friends or even strangers, you will hear your voice utter words and phrases, and suddenly out of a "clear sky" you have actually said the thing that your Circle of Positive DESIRE wishes you to commence the moment your talk is completed.

This is why when you are out to discover that which your Positive DESIRE desires you to do in the way of an Art, Avocation or Hobby you will be wise not to "search among the stars" but right down on the material plane. That is not saying, of course, that your Life's Work will be "on the ground". Just as soon as you get onto it and are making delightful headway, your GENIUS, Intuition and Inspiration will come in. While your Great Work started on the "ground level" it will, of its own accord, rise to "higher heights"; your GENIUS will tell you how.

The last one listed in our aforementioned Five Senses is the

sense of Touch. I know you can tell the difference between coarse sandpaper and a highly polished surface, but the average person, if he were blindfolded, could not distinguish the differences between many surfaces, even in his own home. This TOUCH sensibility is also called "Tactile Sense". Blind people rely on it to a very great extent; of course they also use hearing and smell quite extensively. This sense is important to you in the future, not that you are going to have to "feel your way around", but it adds very much to your FIVE PHYSICAL SENSES as far as your Sub-Conscious education is concerned, and like everyone else, your Sub-Conscious isn't completely educated as yet.

TOUCH will help you to recognize many surfaces with your eyes closed, and all of this adds to your wealth of your Five Senses FUND. All of this activity with your Five Senses arouses response in your Circle of Positive DESIRE, so much so that you will get onto your Life's Work (always in a small way) days, weeks and months sooner than would otherwise be possible. These days when there is so much of importance taking place, and then in the near future when so many really important things will take place, it is well to be prepared, in your Five Senses. This preparation of the Senses will greatly enlarge your Circle of Positive DESIRE which will in turn cause your DESIRE to contact your GENIUS, and it is a short step from GENIUS to Inspiration and Intuition. So you see, while you are going to start with both feet on the ground of earthly achievement you will "end up" with your feet still on the ground but you will contact your SUPER-CONSCIOUSNESS in which the three SUPER-Departments dwell.

This is a kind of "miracle" performed right in your own Sub-Consciousness. Of course you cannot talk without your Conscious Mind functioning, and also you have to call on your Sub-Conscious for Memory, Imagination, Belief and Positive EMOTION, as well as the several other Sub-departments of the Sub-Consciousness when you attempt to HEAR in a Positive way. The average person uses his ability to See many more times than he uses his Hearing; in fact, deafness in older people is said to be partly self-inflicted, due to the fact that they "close their ears" to that which they do not care to listen to. That may be OK for the average person who is not going anywhere, but you who are TRAVELING on the PATH should HEAR everything, but choose between what is purely garbage and what are PEARLS. In any halfway sincere conversation there are PEARLS and you should "cast out the junk but save the PEARLS". Some of them will undoubtedly be yours.

Your ability to Smell is directly attached to your Sub-Conscious Realm of Mind, and in one whif of fragrance, if you are alert to the Circle of Positive DESIRE, may in some not-so-strange way lead you to the Art, Hobby or Activity that is definitely yours. Wonderful things can happen through your Five Physical Senses when you are interested in the pursuit of your Life's Work. Even a not-so-pleasant odor (smell) could lead you in the direction of your Hobby that Positive DESIRE wishes you to follow.

Taste is in a way a companion to Smell -- they work together.

Did you ever wonder when you had a bad cold and your ability to breathe freely was impaired that "nothing seemed to taste good". There is a reason for that. You can only "taste" four things -- they are sweet, salt, bitter and sour, but when your ability to SMELL is impaired (as by a bad cold) all the foods that you like seem to "taste terrible". You taste more with your nose than with your mouth. TASTE and SMELL through the Five Senses are directly connected with your Circle of Positive DESIRE in your Sub-Consciousness, and it could be either one of these two, or both of them that would let you know what your Hobby or Life's VOCATION could be ... or give you a generous hint to what it may be.

Negative Desire is "of the earth, earthy", but your Circle of Positive DESIRE while it is not "earthy", is of the earth in a Positive sort of way, and deals in material subjects.

We increase our Circle of Positive DESIRE by increasing our Five Senses -- Seeing, Hearing, Tasting, Touching and Smelling -- this is the quickest way to cause Positive DESIRE to become RED HOT. Even before it reaches the red hot stage it has expanded sufficiently by our engaging in our Art, Activity or Hobby that Positive DESIRE has determined that we follow. Then one day, not too far in the future, we actually contact GENIUS in the SUPER-CONSCIOUSNESS. Even a small contact with our GENIUS, Intuition and Inspiration will cause them to come to our aid and then we can really TRAVEL on the UPWARD PATH.

Dr. Conwell in his "Acres of Diamonds" started out by appealing to one of the Five Senses, probably it was SEEING. Imagine seeing a vast number of acres of glittering diamonds! When he got that idea firmly fixed in the Imagination of his listeners, he went on to the Spiritual in the SUPER-CONSCIOUS REALM OF MIND. Then when he had elevated the listeners attention sufficiently to the VISUALIZATION stage, he could carry quite a number of his hearers into the REALIZATION stage so that they would go out from his lectures and do something POSITIVE about their Spirituality which in turn would increase their FIVE DEPARTMENTS OF LIFE -- Spiritual, Mental, Physical, Social and Financial.

Of course Dr. Conwell didn't know about the Circle of Positive DESIRE; he didn't know about the SUPER-CONSCIOUS REALM OF MIND; he didn't know about the Six Sub-departments of the Sub-Consciousness. It may have been advantageous to him and his hearers that he didn't know that there are THREE separate and distinct Realms of Mind -- Conscious, Sub-Conscious and SUPER-CONSCIOUS, for at the time he was lecturing people weren't as far advanced as you are. They probably could not have understood, for they were quite mass-minded.

But we know about these things and also about the uses of the Five Senses, how through proper application these "of the earth, earthy" senses we can rise from the "ground" and move UPWARD and FORWARD to higher and higher "heights" on the Sun-Lit PATH.

oooOOOooo

YOUR IMMEDIATE, SCINTILLATING FUTURE

Chapter Eight

It wasn't until Christian D. Larson began publishing his writings that the "metaphysical world" really knew that there was a SUPER-CONSCIOUS REALM OF MIND. All the previous authors knew that a person had a Sub-Conscious and a Conscious Realm of Mind, but none of the many hundreds of authors who published books knew that everyone has a SUPER-CONSCIOUSNESS. The discovery of the SUPER-CONSCIOUS REALM OF MIND was made by Christian D. Larson, and he wrote about it and assigned certain CAPACITIES to the SUPER-CONSCIOUSNESS that the other writers, other authors didn't know about.

It was Christian D. Larson that completed the Circle of the TWELVE Sub-Faculties by the addition of Inspiration, Intuition and GENIUS. We are all very grateful to him, and he gave these additional Faculties a very definite dwelling place -- the SUPER-CONSCIOUS.

A few years later in a moment of GENIUS I was shown how to arrange these 12 Sub-Faculties in a Circle -- the Circle of Positive DESIRE passing through each one of them. I also discovered that when one heats up any one of these 12 Sub-Faculties all the others are heated up, and by deliberately eliminating Negative Emotions from our lives as much as possible, we then can appreciate Positive EMOTIONS, such as Joy, Happiness, Enthusiasm, Zeal, Fervor, Visualization and REALIZATION.

A Metaphysical writer by the name of Helen Rhodes away back in 1908 wrote a very wonderful little book (it has for some years been out of print) by the name of "Psychoma". She explains in the first chapter of her book the word "psychoma". She informs us that it comes from the Greek meaning "Soul Sleep". "Psyche" or soul, and "coma" or a stupor.

"Soul Sleep" wasn't just a product of Miss Rhodes day, it is also of our day, perhaps a great deal more than it was in 1908. Actually, people of our present time are in a greater state of Psychoma than was the case in her times. People today know that they have a Conscious, Sub-Conscious and SUPER-CONSCIOUS and yet do not one thing about the matter -- Expanding their Circle of Positive DESIRE. People were desperately interested in a NEW WAY OF LIFE in 1908, but the people of today are in such a state of PSYCHOMA that they do not know that they are in that terrible condition, and millions have gotten to the place where they do not even care. Yes, we are existing today -- right now -- in a very difficult time. The only hope for the world and for your community is to throw off coma -- lethargy -- with all of your might, and rapidly progress in the direction of the AMBIVERT -- the perfected human being.

When you transmute the 36 Negative EMOTIONS (those of the 36 that are definitely "yours") and take on Positive EMOTIONS through your twelve Sub-Departments on the Circle of Positive DESIRE, you are not going to be the same person that you are today, you are then

on your way to being an AMBIVERT. If you are at this time a Junior, Junior, Junior AMBIVERT (and I suspect you are if you have read this far in this Monograph) you are going to transmute all of those "Juniors" into one glorious AMBIVERT.

Miss Rhodes was particularly interested in getting people out of PSYCHOMA -- Soul Sleep. That was her WORK and she did a marvelous job. Of course the Soul has no age and therefore you can start at any age in awakening from Soul Sleep. If you are quite old, so much the better; the world, meaning your family and friends, will not disturb you in your WORK of reclaiming yourself from oblivion, that is if you do it quietly.

Miss Rhodes says: "There is more in life than a cut and dried philosophy adopted as principles behind which small souls retreat with an air of superiority whenever a difficult situation demands vigorous, broad and sympathetic treatment." Of course we agree with Miss Rhodes in all of this, and the way out is to awaken from Psychoma -- Soul Sleep -- but no very definite directions are given regarding the "awakening", although she goes on for another 62 pages explaining "how", and a previous 91 pages working up to the "how". She uses many metaphysical terms such as "rebirth" (actually being born again into the flesh), "karma", "truth", "law", "cosmic life", "transmutation", "meditation", "affirmation".

We do not use the terms or words "rebirth" or "karma" any more, due to the fact that we are so close to the NEW, SEVENTH MILLENNIUM that any one dying now could not possibly get back (be reborn) in time to participate in the NEW MILLENNIUM. And as far as "karma" is concerned we can work it out here in the flesh as we go along towards the NEW MILLENNIUM by replacing our Negatives with POSITIVES on the Circle of Positive DESIRE.

Miss Rhodes goes to considerable length in explaining "truth" and "law". Forty or fifty years ago there existed many "Homes of Truth", all operated by Metaphysically minded persons who, I am afraid, had not attained to the meaning of "truth". Actually "truth" is not a metaphysical or even a Spiritual word. Pontius Pilate asked; "What is truth", no one gave him an answer, and no one since his time has come up with a good and clear answer or a workable definition to "what is truth". Look up the word "truth" in the dictionary and while it gives the word a number of definitions, they are all as static and lifeless as wall paper. We believe in telling the truth in so far as it is in the category of reality ... but not any further. Actually "truth" has no Spiritual significance and therefore we never use the word.

"Law" is another word that we never use, although many Metaphysical people and Miss Rhodes herself use it time and again. The word "law", no matter how you use it has to many people a harsh, unpleasant, "jail-sentence" ring to it.

To be sure "Cosmic Life", is on the Upward PATH and the further you TRAVEL on THE PATH the more aware you will be of COSMIC LIFE.

"Transmutation" is another word that we sometimes use, like the transmuting of the Negative into the Positive, and of course in the process of transmuting a Negative into a Positive there is nothing left of the Negative.

And "Meditation" is only possible when you have changed the flow of Imagination from the Negative into the Positive, and then to Visualization and on to REALIZATION. Anything short of REALIZATION isn't arriving at your destination. However, we have to take our arrival to REALIZATION in three easy steps. First there is Imagination (and you will have to make it Positive), this leads you to Visualization, but you can't stop there you must go on to achievement -- to REALIZATION.

"Affirmation" is another of Miss Rhodes' favorite words. It is very good if you know how to use it. I can't tell you how because somehow I could never use "affirmation", or even "auto-suggestion". It always seemed to me like saying you have something when you knew that you didn't have it. To me it comes too close to bordering on "wishful thinking. There are, however, many wonderful persons who can use "affirmation" and with great success. They are able somehow to transcend any prior conditioning to the contrary of that which they are affirming.

I personally believe though, that it is far better to get rid of your Negatives (any of the 36) and then, EXPAND your POSITIVES at the same time. Negatives must be replaced with POSITIVES, otherwise the Negatives will little by little begin to manifest themselves again, and when they get so large as to call your attention to their presence you will have considerable difficulty in "dethroning" them a second time.

"PSYCHOMA" by Helen Rhodes is a good book and it sold well in its time, but the simplicity of the Christian D. Larson writings from that time on with the TWELVE Sub-Departments of Mind greatly superceeded Miss Rhodes' book in practicality. Then in later years I was given the opportunity to introduce the Philosophy of the FIVE DEPARTMENTS OF LIFE, and this has added even more value to Mr. Larson's writings.

And now, to what has been revealed in the past we add the knowledge of the Circle of Positive DESIRE which again greatly simplifies your progress into YOUR SCINTILLATING FUTURE.

Now that time is rapidly running out before the beginning of the NEW, SEVENTH MILLENNIUM, you must use this knowledge and every "short-cut" possible that will keep you on THE PATH that leads to the Perfect Life -- the LIFE of the AMBIVERT. When you actually USE the knowledge you now have, Intuition, Inspiration and GENIUS will begin to work for you in a wonderful way and your thin, gray Circle of Desire will be changed into a warm Circle and then into a RED-HOT Circle of Positive DESIRE.

oooOOOooo

THE SHORTENING OF TIME

Chapter Nine

One hundred and forty nine GENERATIONS of 40 years each have come and gone since the creation of Adam. We are actually living in the 150th Generation. This generation began in 1960, it will end in the year of 2,000 A.D. SIX Millenniums of time will also have elapsed in the year 2,000. At that time there will be no more Generations for time will be reckoned in MILLENNIUMS from that date forward. 2,000 A. D. marks the beginning of the NEW, SEVENTH MILLENNIUM. We are actually living in the last of the 6th Millennium. Nearly five years of this Last Generation, which began, as we mentioned above, in 1960, have already been consumed.

That means that we have less than 35 years unto the coming of the NEW, SEVENTH MILLENNIUM, but due to the shortening of time we haven't nearly that much time left. No one knows just how much time earth people have remaining, but in that short space of time whatever it is -- to 1976 or 1983 -- we have much to accomplish in our PERSONAL EXPANSION. If we do as outlined in a general way in this Monograph and in the previous Monograph -- "Your Next Life is NOW" -- we can be happy with the thought that we will undoubtedly enter into that period known as "the shortening of time" (Matthew 24:22). If we enter Positively that time period we are for all practical purposes in the NEW, SEVENTH MILLENNIUM.

The important thing that I desire to point out here is that when we thoroughly awaken from our terrible state of PSYCHOMA -- Soul Sleep -- we can see the things that the world has to offer ... most of them are very evil or stupid. In 1908 Helen Rhodes had considerable to say how intelligent (?) human beings of her generation acted like "zombies" -- soul sleepers. But they, of her generation, could well be pardoned for the way they acted, because the 12 Sub-Conscious departments of Mind weren't known of as yet, and no one knew about the Circle of Positive DESIRE. In about 1915 Christian D. Larson revealed the 12 Sub-departments of our Mind, and it was considerably later that I had the opportunity of putting them in order, and also the pleasure of presenting the Circle of Positive DESIRE for the first time to my many students. Of course with this information one can develop one's Circle of Positive DESIRE to any degree of "heat", at least hot enough to awaken him from the state of torpor which he is in by the various methods as found in this Monograph. All methods are good, but the quickest method is, I believe, the speaking technique. That is, where one cultivates a Positive DESIRE for SPEAKING, with the idea that he will be so efficient at Public Speaking that there will be a demand for him and to be paid for it.

Remember however, that "big talkers" and many of the best of the paid speakers are actually in a state of Psychoma -- actually "talking in their sleep". If you feel that you do not like to speak in public, that is really a good sign that you are partly awake. You are conscious enough to know that you would rather hear than speak. With this much consciousness regarding your speaking you are defin-

itely in the awakening period of Psychoma. With a little effort you could be awakened still further to the place where you do not mind speaking in public, and then on to the highly desirable awakened condition where you enjoy preparing a talk and giving it ... of course, not one talk, but many. It could very easily be an "Acres of Diamonds" talk, one that would not pass out with the present issues of this present stupid era, that is so highly favored by the "lunatic fringe" -- the vast majority. But take heart ... before 1976 most of the majority's doings will be looked upon as very stupid even by the only partly awakened "zombies".

The period of time for the AWAKENING is now, and before 1970. And again before 1976, and again before 1982. Those who will awaken NOW and press on with their own self-development are not selfish, but will, just a little way in the future, be able to assist those who have been completely disillusioned with "religion", "politics", and the antics of the "mass-minded".

I believe your AWAKENING will come most quickly when you are actually engaged in any form of Positive Speech Making -- the moment that you begin to develop and EXPAND your Positive Circle of DESIRE. However, this development of your ability to speak is a kind of side-line to your Great and Positive DESIRE, the thing which is intended JUST FOR YOU and YOUR SUCCESS. All of the AMBIVERTS have found that the quickest way to your Positive DESIRE is by the avenue of speech, and when you have gotten onto the wonderful Work, Art or Activity that Positive DESIRE has for you, then through your GENIUS you can actually have your DESIRED Activity pay-off, but the paying off is always a side-line. Thomas A. Edison was an inventor, but his GENIUS showed him the best things to invent for the greatest amount of wealth. The same is true with all the other successful people. Their Circle of DESIRE told them very definitely what DESIRE wished them to do, GENIUS didn't interfere with DESIRE in any way, but showed these fortunate people how to cash-in on their Art, Activity or course of Action. But only after they had worked on it for a period of time.

Don't let me frighten you with all of this activity that is probably all very new to you. It isn't at all new to your Circle of Positive DESIRE. Ever since you drew your first breath, and even before, your Positive DESIRE has known what it wished you to do, and until you do it you will not be happy, healthy and completely successful financially.

You ask, "If everything is going to crash down all about us, what sense is there in expanding our Circle of Positive DESIRE, and having our GENIUS for a banker?" The answer is this, you are in the same position that poor old Job was when he lost everything, his wealth, his family and his health, but in an amazingly short time (it seemed long to him) he began to regain his health, his fortune and then a brand new family. Well, we do not promise you will have a "brand new family", but you will be the possessor of NEW HEALTH and a NEW FORTUNE, if you will start developing now your Circle of Positive DESIRE and that will trigger off your GENIUS. GENIUS can

work under any and all circumstances, even those that will overwhelm the mass-minded, the "zombies" and the soul sleepers.

Yes, it is true, there will be a great deal of destructive action and reaction in the near future, but as the 91st Psalm has spoken "it shall not come nigh thee".

Everything is going to be fine in YOUR future providing you do something about your present condition NOW, and you know now exactly what to do. However, only when the year 1960 passed was it revealed what you should do, and now you can do that which is revealed. Revelation, as far as you are concerned, will constantly guide you safely into the NEW, SEVENTH MILLENNIUM. However, if you do not wish to go on, you will certainly not be forced to. You most certainly can remain with the mass-minded and share a like fate with them.

A great many of the mass-minded who are apparently in deep PSYCHOMA aren't really at all. They are in the awakening stages of Soul Sleep. True, they are still in the twilight zone as yet, but give them a little more time and a few more perplexities and they will be entering the broad daylight zone of morning.

Even the AMBIVERTS cannot rightly understand what goes on in a person's mind when he has everything coming his way, then suddenly becomes afraid to leave "the masses" and goes back to them. It is probably the "herd instinct" that causes him to do such a thing. Even the mass-minded aren't pleased with him, he can never fill the place he once occupied before he decided to go for a distance on the UPWARD PATH, and then "backslid". Even among the mass-minded there is no place for a "quitter", they sense that there is something wrong with him.

The thing to do at the present time is not to seek frindship with the mass-minded, or the "soul sleepers", but go a little farther on the UPWARD PATH, and one day you will begin to realize that there are friends all about you in the form of other TRAVELERS, traveling in the same direction as you are and with the same wonderful goal uppermost in their mind.

If you are not sure of certain things just yet, give yourself a little more time, don't judge the situation until you have more light on the subject, but keep on traveling, keep on even if there is a haze or a cloud across the UPWARD PATH. The PATH is still there even though you cannot see but a few yards ahead of you, so to speak.

You now have an abundance of information to TRAVEL. There are a few things that will be added from time to time, but you will not know them until you are ready for them and at the appropriate time and place. Everything, though, that you should know at any time in the future will be revealed to you, if you will start TRAVELING -- now is the ACCEPTED TIME.

oooOOOooo