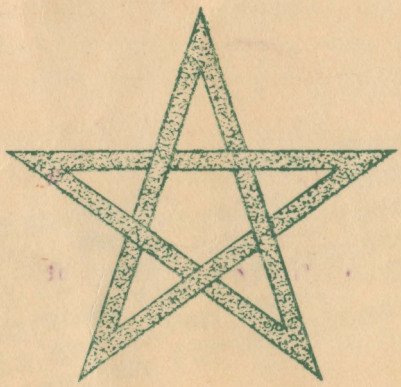
This is Your New Life



BY
FRATER VIII°

THIS IS YOUR NEW LIFE

- by -

Frater VIII°

"THIS IS YOUR NEW LIFE"
Is an Educational and Inspirational
Course of Study, especially written
for Budding Individuals everywhere.

NOTICE: Statements in this Monograph are based on Scientific, Metaphysical and Superphysical Findings and on Prophetic Scripture. No claim is made as to what the information cited may do for any one in any given case. The Publishers assume no obligation for opinions expressed or implied herein.

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FOREWORD

We are living in the time of great changes. Old and familiar conditions are passing away and new and almost frightening conditions are forcing themselves on the whole world.

The tempo has already been greatly stepped up, for there is only so much time left for Destiny to accomplish the many changes that have to be made in humanity before the end of the Last Generation in 1999 A. D. Part of this Last Generation is already history. The world passed out of the old sign of Pisces on February 4th 1962 and into the New Grand Sign of AQUARIUS on the 5th of February that same year.

We have actually been in the cusp of both Grand Signs since the turn of this Century, 1900, and we will be feeling the influences of both of them until about 1999 A.D. The old Sign of Pisces is attempting to rule us in an old-fashioned and very negative way, but the New Sign of AQUARIUS is ruling our times by new methods that are in many instances diametrically opposed to the old miserable double-standard ways of Pisces.

Only those people who are known as Individuals can survive the coming years, to the end of this Century -- 1999. Only they will have the WISDOM to survive. However millions of the masses will learn WISDOM from the Individuals who possess at this time the wonderful life-giving, life-extending secrets. These Revelations will be passed on to the masses who will then become Individuals ... as many of them that care to do so.

> The publishers of THIS IS YOUR NEW LIFE are delighted that you have shown the mystical WISDOM of an Individual to send for and now to actually possess this New-Age Manuscript. Any number of Natural as well as unseen conditions may arise in the not-to-distant future making it impossible for you or any one to get a copy of this Mystical MS.

Now that you have THIS IS YOUR NEW LIFE in your possession, make the best use of the wealth of Information that it contains, and to the extent that if you should have the misfortune to lose it or have it taken away from you, you could instantly continue the practice of it from memory. Put the wealth of WISDOM which the MS contains into practice in every Department of your Life, and thus rapidly become THE NEW YOU.

Congratulations to you for the WISDOM you have displayed in obtaining this, the most Revealing and Individualized Instruction that you could possess. Make it YOURS AT ONCE.

THE AUTHOR

THIS IS YOUR NEW LIFE

by FRATER VIII°

It is wonderful to be actually living in this LAST GENERATION under the youthful New SIGN of AQUARIUS. This hasn't happened for nearly 26,000 years. Just think, the change-over actually took place in our time -- February 4-5, 1962. What did we ever do to have such good fortune heaped upon us? I cannot go into the subject now, because it is quite a vast and intricate proposition, but just be glad, whoever you are, and do not let your age, environment or circumstances bother you for a moment for now at last you can definitely change your fate -- the New AQUARIAN way.

MASTER YOUR FATE MAGICALLY

A long time ago in the far-off 19th Century, the English poet William E. Henley (1849-1903) wrote about "fate" when it was really bad. In his poem "Invictus" he says:

"It matters not how strait the gate,
How charged with punishment the scroll,
I am the master of my fate:
I am the captain of my soul."

Mastering one's fate in Henley's day was a fearful and Herculean task. Not only was fate of that day against poor Henley, but all pious and "God-fearing" people were "religiously" opposed to "tampering with one's fate". Their attitude was, be glad of your fate, no matter how miserable it is -- "it is God-given" (?). In another verse of his "Invictus" he wrote:

"In the fell clutch of circumstance
I have not winced nor cried aloud.
Under the bludeonings of chance
My head is bloody, but unbowed."

Henley's parents, while cultured and refined, were pretty much in the "fell clutch of circumstance" financially to such an extent that they could not send their son away to any one of the many good "boarding schools", but had to sent him to the common "grammar school". In those far-off days such a school in England was a kind of "bludgeon of chance". However young Henley made the most of it and excelled in all classes, so much so that Henley became a life-long friend of the "Headmaster" who took a special interest in him.

At the age of twelve young William contracted tuberculosis but he did not let the affliction interfere with his education; he kept right on with his studies ... he was particularly interested in the "writing of verse".

When he was older the "bludgeonings of chance" struck again and he had to be admitted to a hospital where he languished for a number of months, all the time getting weaker and weaker. Then it

was discovered that one of his legs was afflicted from the tubercular condition. Everything was done to save his leg from amputation, but in those olden days of medicine it was not enough.

Fortunately for young Henley there was a great surgeon to do the amputation, a Doctor Lister who was the first to use an antiseptic solution during surgical operations. With Lister performing the operation, and with the use of copious quantities of his "solution", the amputation was a complete success.

Just the moment Henley was strong enough to hold a lead pencil in his hand, he was back writing verse again flat on his back. Then as it is so often the case, the "clutch of circumstances" relaxed. Henley was still in the hospital, but "chance" was now for him. Some of the members of the hospital medical staff, who know certain influential people among the publishers of verse, arranged to have some of the publishers visit Henley in the hospital. They were so delighted with his verses that they "signed him up" for a position on one of the best Magazines, and paid him a very attractive salary. Henley was soon able to leave the hospital and moved directly to very nice quarters in London. His health greatly improved, he had "mastered his fate" and was no longer in the "fell clutch of circumstances". He lived on and into the new 20th Century until 1903.

Two things I wish to bring out: We are no longer living in the old, dying 19th Century when the old Sign of Pisces held full sway, and only those with unwavering Will could be "conquerors" but at a terrible price. The second thing I wish to bring to your attention is that while a great many people are yet under the old Piscean influence, they do not have to be for a moment. Now that the AQUARIAN VIBRATIONS are exerting their influence, all one has to do is to take a small step upward and one is literally in the Vibrations of AQUARIUS. However as small as this upward step is, it is a reversal step of Negative EMOTION. It is a step toward making all EMOTIONS Positive, and if the Emotions have no Positive side, it does away with them entirely.

Interesting to note, was when Wm. Henley wrote his "Invictus" he was no longer in the "fell clutch of circumstance", but was living in the "lap of luxury" in his well furnished quarters in the City of London. Like so many people of today, Henley "idolized" his miserable past -- clutched it constantly to his Mental "breast". Quite true his "Invictus" made him famous throughout the world, and probably it is the only thing he ever wrote that almost every English-speaking person can quote, at least a few lines from. Nevertheless when a person begins to change from Negative to Positive in his EMOTIONS his personal "Invictus" will begin to fade away, and that could be very quickly due to the fact that since February 4-5, 1962 we have, as you know, been living under the Positive influences of AQUARIUS.

The Sign of AQUARIUS is single in nature. The old Sign of Pisces was of a dual nature -- half negative, half positive. There was no clean-cut dividing line between the two halves of Pisces.

They were so badly mixed together that one could not tell where the good left off and the evil, or negative, began. But not so with AQUARIUS, "his" vibrations are all POSITIVE. In fact "he" is now in the process of assimilating all that was Positive in Pisces. This work of incorporating the Positive that was in Pisces is limited -- before Pisces fades out of existence in 1999. This activity of transfering the Positive, but none of the Negative, is going on at a tremendous rate of speed at this very time.

How does this affect you personally? It makes it tremendously easy for you who are interested to transfer from the "down" elevator (or escalator) to the Positive one, the one that is going UP -- up to AQUARIUS.

The AQUARIAN Vibrations began at the turn of this Century. Every year they have been getting more powerful, and the Negative vibrations of the negative half of Pisces have in a similar manner been growing weaker. If William Henley, who passed out of physical embodiment in 1903, had been apprised of this fact as late in his life as 1900, he could have applied himself and done a complete "about face" as far as the Negatives in his life were concerned, and he could have lived until 1917 when the AQUARIAN Vibrations became very much stronger. Then by EXPANDING his Five Departments of Life he could have been still very much alive on February 4-5, 1962 when AQUARIUS actually took over with all of its POSITIVE VIBRATIONS. Henley could have actually been living today and thriving in a marvelous way.

Quite true, he would have been 113 years old in 1962, but he had an indomitable will -- "I am the master of my fate", and as he was no longer in the "fell clutch of circumstance", and hadn't been for a number of years, he would have been an excellent "candidate" for the AQUARIAN AGE beginning in 1962, and then on to 2,000 A.D., the beginning of the NEW, SEVENTH MILLENNIUM. Did you know that there are more than 10,000 people in the United States (and Canada) that are over 100 years old? Quite a few of them are 113 years old, the age Henley would have been in 1962. Some are older than 113, and are "quick, keen and alert" Mentally and Physically.

Due to the delightful NEW CONDITIONS which are developing as AQUARIUS increases its influence, and knowing how to eliminate Negative Emotions, and acquire the Positive AQUARIAN EMOTIONS we can now accomplish what was impossible only a very few decades ago. Let me hasten to explain the "impossible". If one is ignorant of the great changes that have come upon the earth, he can't possibly take advantage of the AQUARIAN Age of activities. It was only in the middle 30's, just a few years ago, that the FIVE-FOLD PHILOSOPHY OF LIFE was first given out to advanced Students. Since that time tens of thousands have not only been acquainted with the FIVE-FOLD PHILOSOPHY but have been practicing it "morning, noon and night" and have been teaching it to seekers and novices everywhere.

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Information from Exoteric and Esoteric Sources Regarding the Purpose and Value of the Equal, Symmetrical, and Constant Development and Expansion of the Five Departments of Man's Life, which are known as SPIRITUAL, MENTAL, PHYSICAL, SOCIAL, AND FINANCIAL

Arranged and Written Down by
FRATER XII°

Ages ago, Destiny populated this earth with a race of mortals and placed before them a path upon which they were induced to travel. This path, leading constantly upward, would eventually bring them to a place called Immortality and then, if they chose, they could be one with the Immortals.

However, the path from "a clod to a God" which Destiny had provided for them was a long and exceedingly arduous one; and often Destiny had to apply the lash to keep mortals moving onward and upward. Then the day arrived when they began to comprehend that there was a purpose in all this; that farther along, the path became easier to tread. As this comprehension came to them, coercion was no longer necessary; they willingly hurried on their way.

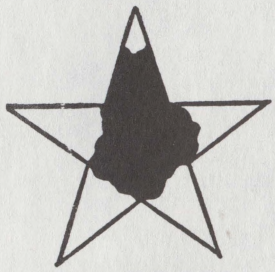
Now man has come a long way since his beginning, those long ages ago. He is about to reap a vast reward for all the pain, sorrow, and anguish the journey has caused him.

* * * *

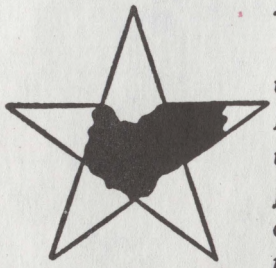
Throughout the lifetime of man upon this earth his actions and thoughts fall into five separate and distinct divisions or departments. His success in living depends entirely upon how well he has developed and used these Five Departments of Life. A star ably represents them; each point indicating a particular department. The uppermost point represents the Spiritual; the upper right one, the Mental; the upper left, the Physical; the lower right one is the Social; and the lower left, the Financial. These five divisions completely cover every phase of an individual's life, regardless of what diverse names they bear. They remain unalterable and ineradicable; constant, immovable, and resistantly fixed.



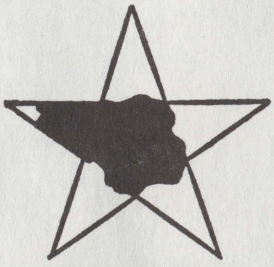
Life holds but one purpose. A purpose which is inexorably decreed by Destiny; that each one, starting from the center of his individual star, must fill out the departments of life represented by the points, evenly and symmetrically, taking care that one point be not greatly developed beyond the others, but rather that they all be expanded alike.



OVER-DEVELOPED SPIRITUALLY



OVER-DEVELOPED MENTALLY



OVER-DEVELOPED PHYSICALLY



OVER-DEVELOPED SOCIALLY



OVER-DEVELOPED FINANCIALLY

Herewith are five stars. Each one shows a particular department of life over-developed at the expense of the other four. This is what occurs when one does not have clearly in mind the fact that there are Five Departments of Life. Lacking that knowledge, it is impossible for him to develop, enlarge, and expand all FIVE evenly and symmetrically; one is always bound to be eccentric and abnormal. It is any wonder, then, that the average person experiences so much sorrow, ill-health, fear, and poverty?

The first star of the series shows a person who is over-developed Spiritually or religiously. He is "all heart and no head." Except along very narrow and bigoted lines, reason, will, and judgment are warped and stunted. Although called a spiritual or religious type, very often this person's beliefs are so narrow and intolerant that he really isn't spiritual at all, merely fanatical. His friends are of like character, and because he imagines them to be more religious than himself, he becomes jealous of their activities; thus he is usually anti-social. Physically, this person is only a fraction of what he should be. He is inclined to dyspepsia, anemia, and nervous disorders. He possesses little of this world's goods. Not that he wouldn't accept what was offered with the fervor of a miser, but because he is in such an appalling mental state and is so strait-laced and unyielding in his religious practices, he drives everything of an abundant and opulent nature from him.

The second star represents a person who is over-developed in the Mental Department of Life. He lacks Spirituality; reasoning that if God cannot be found between the covers of a book or in a test tube then most certainly there is no God. Like the Spiritually over-developed, he is narrow, bigoted, and intolerant of those who do not share his opinions. Caring little for physical exertion, his health is usually in a deplorable state; while socially, he confines himself to associates of the same mental turn as himself. Living constantly in theory, he is highly impractical, and only by the greatest effort can he manage to support himself comfortably.

The physically over-developed is shown by the third star. Strong and robust, he is the typical male animal, noisy and domineering. The Spiritual side of his nature has never developed; but this much can be said to his credit; he seldom denies the existence of that which he doesn't understand or in which he has little interest. He is below average Mentally, running more to muscle than to mind. Socially, he is popular with that class of people who see beauty in the movements of bulging muscles. He is usually in modest Financial circumstances due to the fact that through physical effort he is capable of earning enough money to satisfy the wants of his physical nature; so he does not concern himself about accumulating wealth until his earning capacity begins to fail him.

The fourth star typifies the individual who is over-developed in the Social Department of Life. He is of the hail-fellow-well-met variety. An innocuous hand-shaker who, due to his affable nature, comes by many free meals and alcoholic drinks. Spiritually, Mentally, Physically, and Financially he is in pretty poor shape; having neglected them all in favor of being sociable. Occasionally he falls into a remunerative political job, or is retained as a professional greeter, but as a rule he leads a hand-to-mouth existence.

The Financial Department of Life is shown over-developed by the fifth star. This type of person might very reasonably have been an all-around, evenly-developed individual before the mania for money struck him. He has the ability to fill out the other four points of his star, but once having succumbed to the craving for wealth he rapidly becomes stunted and dwarfed in everything else. He goes to his grave with an insatiable desire for more and still more wealth, and fears and abhors death because it deprives him of his material gain. Usually he is devoid of friends, and has sacrificed his spiritual heritage in his lust for money. His wealth is rarely good because of neglect, and his mentality is limited in scope to schemes for more wealth and power.

These five stars show the extremes in over-development of one particular Department of Life, but it is seldom that any one is of such an exceptionally eccentric type. Usually it is a variation or combination of these types. Often two points are emphasized; in some three, and less often four are well-developed. However, there is always one point which is woefully neglected, and which retards progress in the other four. Destiny dare not permit an individual to become too highly developed in four Departments of Life without developing the fifth. Such a being would become a colossal menace to society, especially if the Spiritual Department was the dwarfed point of his star.



Now we come to the star which indicates an even, equal, steady development in all Five Departments of Life. This person gives little promise at first of being in any way excep-

tional. But as he fills out his star he becomes powerful and power-filled. He starts accomplishing things, and his accomplishments are real and lasting, for he has built on a symmetrical foundation which is solid and strong. Results are noticeable to everyone when this individual has even half filled in all points; from then on he will completely fill in the entire star in a very short time and become a competent, all-around super individual. He is in harmony with all that is constructive in both the visible and unseen worlds. Forces which would frighten the ordinary eccentrically developed person into convulsions, are his friends and allies. They race to do his bidding.

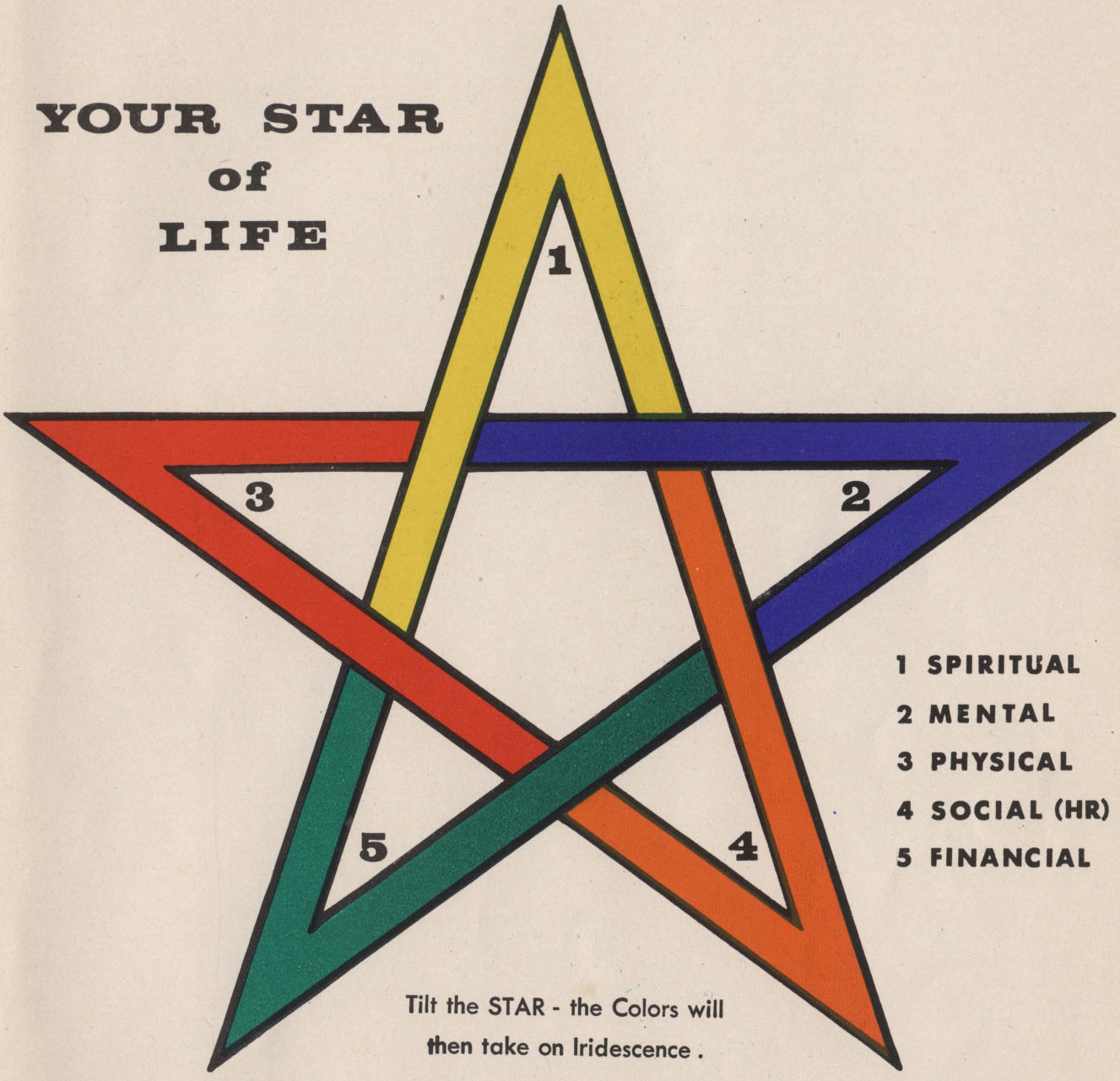


But this is not the end. There is no end. Once a star has been completely filled in there are still greater things to strive for. These star points are capable of unlimited extension and can continually be pushed out into added achievements in all Five Departments of Life. This process of extension is shown by the last star with the elongated points. There is no limit to the length of these points. Long points become longer ones as the individual marches onward in his conquests. And when one has tasted the joy and gladness of realizing he has improved in all five departments of life, there is no turning back. From then on its a search for "more worlds to conquer."



To him who by this humble discourse and its still more humble illustrations manages to "catch fire" in his quest for personal development in the Five Departments of Life, there are no limits; no sorrows, no darkness. All is thrilling and radiant, bright and beautiful.

YOUR STAR of LIFE



YOUR STAR OF LIFE is interlaced; This means that you can start with Point 1, SPIRITUAL DEPARTMENT, and go in a straight line to Point 4, Social Department; then up to Point 3, Physical Department; across Your STAR to Point 2; Mental Department; then down to the left in a straight line to Point 5, Financial Department; and up to Point 1, SPIRITUAL DEPARTMENT, and from Point 1 do the whole Exercise over again four or five times. Always start with Point 1 and end at Point 1.

Proceed slowly enough to visualize the change of colors in your mind with each "crossover" to another color. (Disregard the small patch of color between lines when making the "crossover".) This changing of colors is marvelous for the entire Mind when you can do it from memory either with your eyes open or closed.

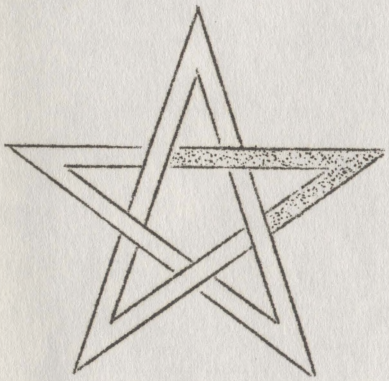
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SUPER-CHARGED MENTAL MAGIC

Chapter Three

As you know, we have been under the mighty Vibrations of AQUARIUS ever since February 4-5, 1962. Each year since that date the AQUARIAN Vibrations have grown much stronger, but if we do not use them in our lives we certainly cannot expect to benefit from them no matter how intense the VIBRATION.

All joyous and happy thoughts are very definitely of the new, high Vibrations of AQUARIUS. When we definitely employ enthusiasm, fervor and zeal in anything we do this is in perfect harmony and accord with those Higher Vibrations, in fact they are the Higher Vibrations of AQUARIUS as well as those of the old and withering Sign of Pisces.



Positive Vibrations do not die with the death of a sign, instead they join themselves with the incoming Grand Sign, in this case it is with the Grand Sign of AQUARIUS as we have indicated before. The Sign of AQUARIUS is not the most powerful Sign in the Zodiac, but when you realize that "he" is all positive, hasn't a single negative trait, that makes "him" the most POWERFUL Force or Vibration that old mother earth has experienced since the last time "he" was here which was some 26,000 years ago.

Zodiacal Vibrations influence human beings either adversely or in a good and positive way. Yes, there are very Negative Emotions in the world today, but they are due to the Negative half of Pisces. The Positive Emotions have, as we explained, been appropriated by the powerful AQUARIUS and there will not be a single Negative Piscean Emotion remaining at the end of this century -- Dec. 31st, 1999.

There are well over 35 Negative Emotions that poor old Pisces has left with us, but we do not have to hold on to them, or clutch them to our breasts. We are no longer in "the fell clutch of circumstance", as was William E. Henley in his day. We can now, by a simple act of our Three-Fold Mind, begin to transmute as if by magic -- and it is MAGIC -- those miserable old Negatives, that were so popular in Henley's day, into pure GOLD. All of this is done simply by changing your mind from Negative to Positive.

If you were born before February 4, 1962 (and I am sure you were), if you were born at any time in the forepart of this century, or as far back as the 19th century you are literally teeming with Negative Piscean Emotions.

I am one for getting the Mind put in good order, and this is not hard to do, for the simple reason that the Mind is so flexible,

even in a "centenarian", that if the person DESIRES to make a Positive change in the Mind, before DESIRE becomes "hot" the change is made, and before the DESIRE becomes "super hot" the Positive change is made permanently.

The average person uses but 5% of his Mind (a scientist uses up to 10% of his Mind). In the case of the average person there is 95% of good usable Mind to work with. The Mind is so flexible that anyone can change his 5% almost over night, but it is that 5% that gives the average person trouble. This small part of the Mind should be cleaned out before attempting to do anything with the 95% of the Mind that is peacefully sleeping.

Your Mind is a wonder worker, and now that you have all those positive AQUARIAN Vibrations on your side you will not have any trouble in thinking Positively at all times once you set your wonderful Three-Fold Mind -- Conscious, Sub-Conscious, Super-Conscious -- to the task of switching over from Negative thinking to POSITIVE THINKING.

Most of the Negative thoughts have a beginning in the Conscious Realm of Mind, then the Sub-Conscious Realm of Mind picks them up, plays with them like a cat does a mouse. But, unlike a cat, the Sub-Conscious stores them safely away, to add more Negative thoughts of a similar nature to its collection, and then one day when the Sub-Conscious Realm "feels" that it has enough to cause you to have a Physical affliction it activates these Negatives and...there you are! -- rheumatism, liver trouble, headaches, heart affliction, dyspepsia or any of the other more than 400 physical afflictions.

Negative thoughts and thinking not only afflict the Physical Department of Life, but the Social (Human Relations), the Financial, the Spiritual and the Mental as well. The Sub-Conscious is a feeling Mind, it practically feels all of your Physical and Mental pains with a great sense of enjoyment. "Is there any way of stopping the Sub-Conscious from doing this to me?" you ask. Of course there is, and we will explain it to you a little furthur on.

There is a simple way of influencing the Sub-Conscious to stop "playing with mice" and work with you, first in cleaning up your Mental Department of Life and then to work with you in cleaning up afflictions in the other Four Departments of Life.

The moment you begin to think Positively about the affairs of your Life, and choose some very small undertaking that you can really get interested in, your Sub-Conscious will cease "playing with mice" and will be at once attracted to what you are doing, the thing that you are greatly interested in. Only your INTEREST will swerve the Sub-Conscious from "playing with mice" that is, causing you Mental and Physical afflictions, and work with you on your small undertaking.

A small undertaking may seem small to you and your Conscious Realm of Mind, but to your Sub-Conscious, which has no sense of size -- a mouse is as large as a lion. You can attract its attention to

assist you in the little undertaking that you are very happy about. Later on when your Sub-Conscious has developed the "little hobby" of yours into something of greater importance your SUPER-CONSCIOUSNESS will show you how the once little hobby can become a money-making proposition. But making money at the start of your little undertaking will so divide your Sub-Conscious Mind between your undertaking and the money it will make for you so as to render it absolutely sterile. Your Sub-Conscious will go back to "playing with its mice" -- Mental and Physical afflictions.

Select anything as a hobby that you and your Sub-Conscious wish to "play at", and build it up ever so gradually so as to keep your Sub-Conscious continually interested. In this way it will not play any longer with its "mice". If you are interested enough with your hobby so as not to create any more Negatives -- "mice" -- you will find that life is beginning to make a grand change for you -- that you are being greatly relieved from the old Piscean existence "under the bludgeons of chance".

One CAUTION I must warn you of: Never tell a single soul of what you are doing regarding your hobby or small undertaking. This is a Great Secret between you and your Sub-Conscious and you are not to tell any one, not even to a very dear loved one. Your Sub-Conscious is very particular on this point. If you tell anyone your secret, your Sub-Conscious will lose all interest in your hobby or undertaking and go back to playing with its "mice", and you will experience a let-down like you have never experienced before.

You have a Three-Fold Mind as you know, Conscious, Sub-Conscious and SUPER-CONSCIOUS. It is very important to get this marvelous Mind of yours to work for you, and the older you are the more the urgency. Let me add, the older you are the easier it is to get RESULTS, that is if you are at all interested, and I know that you are. You have shown a Sub-Conscious INTEREST, that you didn't know about. Your Sub-Consciousness, along with your SUPER-CONSCIOUSNESS and just a little help from your Consciousness is truly a wonder-working Mind that laughs at "the impossible".

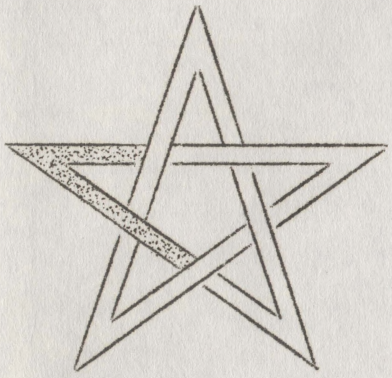
Now that we are definitely in the AQUARIAN Administration you can reverse the Negative processes of your Sub-Consciousness, and in a short time you will be experiencing your IDEALS beginning to become manifest.

You have Five Departments of Life and there is one Department that can either "make you or break you". That is the Mental Department -- it is the "key" Department. You can either use your Mind negatively and wreck all of your other Four Departments, or you can use your Five Departments POSITIVELY and build up each and every one of them. But your Mind will have to do this wonderful work, and it most certainly will if you handle this marvelous opportunity with the assistance of your Three-Fold Mind. Never before in the history of civilized man has there been so marvelous an opportunity to make all of your IDEALS REAL.

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Chapter Four

Your Physical body is in such close contact with your Mind that whatever affects the Mind also is reflected into the Body. Take for instance an embarrassing moment, if the embarressment is quite deep your face turns red. Or on the other hand your face may turn ghastly white upon hearing bad news. Practically all the 35 plus Negative EMOTIONS experienced by the Sub-Consciousness are automatically reflected into the Physical body to afflict the Body. Due to the fact that the average person's Emotions are almost always Negative he or she is constantly, by the way of the Sub-Conscious, afflicting the Physical Body.



The shaded point of your STAR OF LIFE at the left will give you some idea how closely the Mind is connected with the Physical. In fact, both are directly connected, on the same level, with each other. Your Physical body is afflicted with the Negative Emotions you hold in both your Sub-Conscious and Conscious Realms of Mind. As we indicated, the Sub-Conscious Realm of Mind cannot experience pain as pain, it only experiences pain as a kind of delightful sensation, the worse you feel pain consciously the greater is the delightful sensation of the Sub-Conscious.

Turn back to page 10 to YOUR STAR OF LIFE and note how the Red Physical Point of your Star actually is on a direct line with the Orange of your Social (Human Relations) Department of Life. Actually they are connected together under the Green of your Financial Point. What ever Negative Emotion you allow in your Mental Department, is directly afflicting all of your Physical Point, and it in turn is afflicting also your Social or Human Relations Point to the extent that "people can't understand you", or worse still, you "can't understand people" -- you are intolerant of them.

Getting back to the subject of the Mental afflicting the Physical through your Negative Emotions let me say that practically every Negative Emotion you experience afflicts the Physical, and of course, every POSITIVE EMOTION you generate does the Physical Department of Life G-O-O-D, "like a powerful medicine". What are the Positive EMOTIONS? Joy and Happiness are two of them. Don't confuse these with "fun" or "pleasure" which in the end are very Negative. Both Joy and Happiness are Positive. How long has it been since the average man or woman has sustained Joy and Happiness? They may have had "fun" and/or "pleasure" up to a certain point. At least the boredom and tensions of life are released momentarily, but after they have reached their own particular "threshold" the "fun" or the "pleasure" begins to vanish and the "hangover" begins to set in, which is, you can be sure, neither "fun" nor "pleasure". Practically all activities or actions that are engaged in for the

sheer purpose of avoiding boredom produce the same results as the use of alcohol.

As was mentioned before, we are actually living in the NEW, AQUARIAN AGE and that which was permissible in the old Piscean Age passed away early in 1962. No matter how much one yearns for the "good old days" (?) they are not coming back any more. The only way we can partake of them is by living in the past, in the negative vibrations of the old and dying Pisces.

The shorter (horizontal) bar on the STAR OF LIFE (see page 10) represents what your unbridled Mind has done to your Body (Physical Department of Life), and the bar slanting downwards to the Human Relations (Social) Department of Life represents how you act as a result of what your Mind (Negative Emotions) has done to your Physical man. The indulgence in alcoholic beverages, smoking, over eating or anything that is detrimental to the Body (Physical Department) is an outward sign or manifestation that we have certain damnable Negatives that we are harboring in our Mind.

Anger is one of the worst ones, Apprehension is another, Conflict, Criticism, Contempt and/or Cynicism are four more. They can generate (be the cause of) biliousness, dyspepsia, kidney ailments, rheumatism, urinary trouble and a whole host of other afflictions too numerous to mention. In the advanced stages of any of these afflictions they can be from very uncomfortable to downright painful and it is at this time that the Negative portion of the Sub-Conscious is in "really high spirits". As said before, the Sub-Conscious does not feel our pain but it feels it as a very pleasant sensation, and so, whenever you feel any kind of pain know that "your someone" -- Sub-Conscious -- is really enjoying it in a very low, Negative way.

Disappointment, Despondency, Fear, Pessimism, Worry, Suspicion, Frustration, etc., etc. are very bad for the Physical man. If one is in the "fell clutch" of Disappointment, Despondency, Fear and Worry he is a sick man. Any number of Physical afflictions can be caused by these miserable Negatives. If one is afflicted by Frustration he can be sure that sooner or later he will have ULCERS, and when they become painful the Sub-Conscious -- Negative section -- is so delighted with the painful affliction, which it feels not as pain but as a delightful sensation, it will attempt to prolong the Negative Emotion (the Frustration) that causes the pain to the time when the ulcers could become cancerous. Then the Sub-Consciousness will have reached its supreme goal of pleasure. It is not a "reasoning mind", it does not know that when the stage of cancer is reached you will not be around any more to give it supreme thrills, you will have "gone to be with your noble ancestors".

No matter how well you have unknowingly developed the Negative Emotions of your Sub-Conscious, there is a very definite part of your Sub-Conscious that always remains POSITIVE, but you haven't employed it for so long that you do not realize that you possess such a VALUABLE PIECE OF MENTAL EQUIPMENT. But you do, and it is

the only thing that stands between you and an early, painful death. The Positive part of your Sub-Conscious Realm of Mind makes that line of Henley's poem -- "I am the master of my fate" -- teem with Life, Reality and Possibility. All you have to do is to become Identified with the Positive Half of your Sub-Conscious, and that, now, since early February in 1962 is easier to do than ever before because the powerful young Sign of AQUARIUS is saturating the entire world with its powerful healing Vibrations and Radiations. As we said earlier, all one has to do is an "about face" to be free of the miserable old two-faced Piscean vibrations. "How charged with punishments the scroll" does not apply any more for people, of any age, who sincerely desire to make a change from that which was old and Negative to the POSITIVE things of Life, and of course it is then just a short step up to the AQUARIAN VIBRATIONS.

Please understand that you do not have all of the Negative Vibrations of old and dying Pisces. There are about 35 or 40 of the Negative Vibrations or Emotions. You probably do not have more than 10, and these are scattered all through your Five Departments of Life. That could average only two to each Department; which is not bad at all if you begin doing something about these miserable Negatives. The thing to do is reverse from Negative to POSITIVE. Remember, by so doing, you are taking steps forward and upward in each of the Five Departments of Life away from your former Negatives. In Henley's day it was with tremendous concentration, determination and Will Power that this could be done. Everything and almost everybody was against poor Henley taking "such liberties with his fate", but today it is the popular thing to do -- printing presses are working overtime in order to acquaint people with their wonderful opportunities. These books are good, but they fail to tell you about the simple remedial action of doing an "about face" with your Negatives.

In this Chapter about the Physical Department of Life I should say something about DIET. Many people today are attempting to lose weight, and that is very good if you are overweight -- that certainly seems to be the order of the day for men and women when they reach their 40th anniversary. Frustration, Apprehension, Irritability, Worry may be the cause of your overeating -- putting on pounds of extra weight. Well, you are going to eliminate these life-shorteners just as quickly as possible. In the meantime go right ahead with your "special diet", but add just one thing to it -- masticate your food to a liquid before swallowing, or if you are pretty much on a liquid diet already be sure not to "gulp" it down, "masticate" it also. In other words, mix great quantities of saliva with your liquid food, and then to be on the safe side, chew a piece of gum and swallow more saliva after each meal.

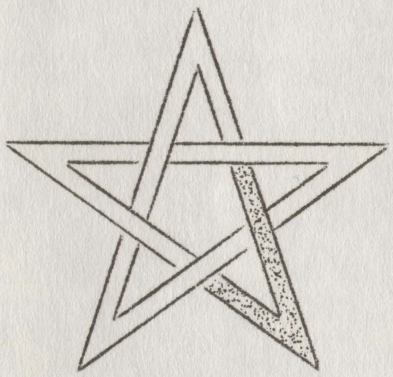
This is all for now regarding the Physical Department of Life. If conditions permit in the uncertain near future we intend to publish a whole Monograph on the Physical Department of Life that will take up the various FOODS that will be compatible with your entrance into the NEW, SEVENTH MILLENNIUM.

HOW TO GET THROUGH TO PEOPLE

Chapter Five

Quite naturally the only way to "get through to people" is by the way of the Human Relations (Social) Department of Life. Turn back to your STAR OF LIFE on Page 10 and note that this Department of Life is the left lower point (to your right) and it is a bright shade of Orange in color. It takes on the bright Red of the lower "shaft" of the Physical Department of Life and then the Golden Yellow of the Spiritual Department. However, in the average person, the average Introvert or the average Extrovert, it is anything but Orange in color.

The color of this point in the average Introvert is pretty much of a "grave-yard" gray, with just a tinge of the orange color indicating that he likes a few people. On the other hand, the Social Point of the Extrovert is a rather lurid reddish hue. He is a "go-getter" by nature and when anything stands in his way he becomes exceedingly angry (anger is a lurid red). Covetousness, Contempt, Cynicism, Disdane, Disgust, ENVY, Frustration, Greed, Hate, Pride, Revenge, Vanity, Selfishness, etc., etc. are all a part of the red Negative Emotion.



The Introvert has Negative Emotions that are of a "grave-yard" gray, in fact the Aura of the Introvert is mostly gray in color. His Negative Emotions are Anxiety, Apprehension, Disappointment, Despondency, Fear, Pessimism, Timidity, Worry, etc., etc.

There are many more Introverts than there are Extroverts, and there are far fewer AMBIVERTS than there are of either of the other variety. As you know, an AMBIVERT is a person that has, to a large extent, thrown off all of the Negative EMOTIONS of either or both the Introverts and Extroverts. All through the ages there have been a few AMBIVERTS -- people who have taken on perfection -- but the number has greatly increased beginning about the first of this present century, and each decade following 1900 has produced more and more until now, or more precisely, when AQUARIUS took over in 1962, there are quite a number of AMBIVERTS. Those miserable old gray Auras that Introverts have clothed themselves with for "lo these many years" are now turning to Orange, and the lurid red of the Extroverts are not quite so "lurid" for they have been brightening up their Auras a bit with the Orange of Fellowship.

All this changing of the Auric colors is done by your Conscious Realm of Mind. The Introvert has been feeding his Sub-Conscious miserable grays for so long that it is hard for him to turnabout instantly, but he does the next best thing and now that he knows, he makes the change-over gradually, or as fast as he possibly

can. It isn't easy at first to do a complete "turn-about", but now that everyting is for making the "great Orange change" into the Social, Human Relations Department of Life, anyone, if he persists, can make the change-over in a remarkably short period of time.

Once you have begun to change you will wonder why you stayed in the "fell clutch of circumstances" all of those years. Remember, the quickest way to make a GREAT CHAGE is by turning from Negative Emotions to the POSITIVE EMOTIONS. In your case it will be turning away from Disappointment and Frustration to JOY and HAPPINESS, and then to Enthusiasm, Zeal and Fervor. These will become manifest just as soon as you will become actively engaged in your small undertaking or "hobby" as explained in Chapter Two. Due to the fact that your activity must be very small to begin with, you can easily keep it a perfect secret -- "tell no man" -- and you will succeed at your very small undertaking, and it will increase.

For years you have been depriving your Sub-Conscious of the Positive EMOTIONS of Joy, Happiness, Enthusiasm, Zeal and Fervor. You know you haven't "shouted for Joy" for years; Happiness has almost become an orphan; and Enthusiasm, Fervor and Zeal have been disowned by you because they can only be activated by doing, or indulging in, something that you like.

All of this is important even in the Human Relations (Social) Department of Life; it will give you a feeling of being important if you keep your undertaking strictly a secret, and the feeling of being important will build up your Social Department as nothing else can. It is only when you have a feeling of being important, that you are important. That is why we recommend a small, thrilling activity to build up your EGO. There is nothing like Enthusiasm, Fervor and Zeal about something that you are accomplishing, little as it may be, to build up EGO.

Introverts are long on education, but they are short on EGO. Extroverts are long on EGO and quite often they are lacking in education, the kind of education that a person requires to get along well with both Introverts and Extroverts. This kind of an education gets through to people of both persuasions -- Intros and Extros -- and of course leads on to the well-developed STAR OF LIFE people, to the AMBIVERTS. It is the AMBIVERTS who will eventually "inherit the earth" -- they will be Masters during the coming NEW SEVENTH MILLENNIUM.

A careful study of YOUR STAR OF LIFE and comprehending how each point of the STAR is related to the other points will give a person, if he is at all interested, the Mystical knowledge to become an AMBIVERT. During the old order of things, the Piscean "misorder", only the Mystic could possibly know right from wrong, but now that the NEW AQUARIAN Order is here even the "Junior" Mystic can know "right from wrong", and by choosing the right -- THE POSITIVE -- he can make great gains in all Five Departments of Life.

One of your great amazements is the understanding of other

people, and due to the fact that it is PEOPLE who will enter the NEW MILLENNIUM, the better you know people the better you can get along with them. The average Introvert doesn't know people at all mostly due to the fact he is thinking about himself so ardently that he hasn't taken time out to know people. The Extrovert has been so busy "using people" for his own selfish ends that all he has learned about people is their weaknesses, which he immediately takes advantage of. Even Extroverts have Negatives that they guard "day and night" from other Extroverts.

My suggestion to you is to build up all the points of your STAR OF LIFE, all FIVE POINTS, but work on those that fall short of the other points. The Social (Human Relations) point in the average Introvert is practically always the "short" one. Knowing this, it is up to you to make this "tender spot" a bit tougher, and then by any means (as long as it is fair) increase the size of this point and cause it to have plenty of the golden Orange color, and you can only do this by each day actually being a little more bold and a little more daring.

I have known Introverts that were so "meek and mousy" that they were afraid to be hypnotized for fear the hypnotist would have them do something under the influence of hypnotism that would "mortify" them for the remainder of their lives. Only when the hypnotist faithfully promised he would in no way embarrass them would they consent to be hypnotized.

One such group of Introverts finally consented to be experimented on with hypnosis. Not a one of them had ever made a speech in his or her life. Now, under hypnosis, each gave a bold speech before an audience, on his favorite subject. When they all had taken their seats the hypnotist proceeded to "bring them back to consciousness". They all thought that they had been sitting there in their seats all the time. They could not believe that they had made good, uninhibited and very commendable speeches.

Only after listening to themselves on a tape recording and by the assurance of relatives and friends that they had actually made a very fine speech, could they believe it. Then the inevitable took place; they became so embarrassed at the thought that they had been up before an audience making a speech that they actually turned red with embarrassment.

You see, if you are an Introvert, even at your age, you have the equivalent of a university education stored away in your Sub-Conscious that you can use if you wish, but you will have to overcome your own timidity, or reticence, to use this knowledge to speak to people. The Introverts mentioned above were benefitted by their hypnotic speech because they then knew that they could become good speakers after they had taken themselves in hand and had gotten through to themselves. Then the next step comes easy -- to "Get Through to Other People".

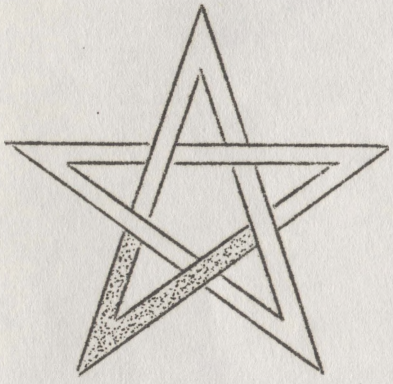
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AT YOUR AGE, OPULENCE -- MONEY

Chapter Six

No matter who you are, what your age is, OPULENCE can be yours. We are using the word OPULENCE to mean MONEY. Now the nice part of it is, money is no respector of persons, unless one is afflicted with a strange phobia, known as Plutophobia -- a hatred or fear of wealth, or a hatred of the wealthy. Fortunately this unusual phobia is not shared by many people. Most people would like to be the recipiants of much money if they only knew the knack of becoming "Gold Minded".

The first thing to do is not to envy the prosperous. Envy is quite a powerful Negative Emotion in the Negative part of the Sub-Conscious, so powerful in fact that when indulged in the Sub-Conscious picks up the Negative vibration of your Envy or Jealousy and will have a great deal of "fun" with these two and other Negatives along the same general, somewhat stupid line. Phobias are born with a person, but Complexes are more or less "generated" by the person himself, although he may be entirely ignorant of the forming of a Complex within his Sub-Conscious (Negative section). For instance, the person may have been born in a family of meager circumstances. His father and mother each blame the other for being on the verge of financial catastrophe. The child will listen-in with his Negative Sub-Conscious and a Poverty Complex is formed ... as simple as that.



Or the child, at a tender and impressionable age may hear an older person who has a well developed Poverty Complex say with all the force of "pronouncing a fiat", "Money is the root of all evil, the Bible says so". Of course nowhere in the Bible does it say that. What the Bible does say is: "The love of money is the root of all evil" (I Tim. 6:10), but the poverty-stricken (from birth) and the sanctimonious must have something to blame the Poverty Complex on, and if they can quote -- misquote -- from the Bible it makes them feel quite righteous -- self-righteous, of course.

However, as we said, we are now entering the strong Vibrations of AQUARIUS and if there is anything that AQUARIUS abhors it is want, in plain words, lack of money. Actually we will need money even into the NEW MILLENNIUM for at least 100 years after 1999 A.D. Then, by that time, there will be no one with a Poverty Complex or consciousness, and we will not require money any longer, for "Every one will be sitting under his own vine and fig tree".

Another very stupid saying that some one with a huge Poverty Complex thought up is: "The Lord must have loved the poor because He made so many of them". That wasn't even a truth in the old Pis-

cean Age, it was never a truth in any Age, and of course now that we are in the AQUARIAN AGE it is a foolish, stupid prevarication.

In the preceeding chapters of "THIS IS YOUR NEW LIFE" we have made mention of starting something that you sincerely like, a hobby or an undertaking of any kind. It must be very small, so small, in fact, that you can easily keep it a secret from everyone. It does not have to have Financial possibilities; forget how much money you could eventually receive when your hobby or undertaking "grows up". In this way you will not be influenced by thoughts of "remuneration" in any way, you can work on the idea you like most, and due to the fact that you aren't telling anyone about your idea, hobby or undertaking, no one can tell you that it is silly or you are working on a "nutty notion". To tell someone of your secret project, will cause you to lose interest in it as we have stated before. To tell someone of your secret project, and have them then laugh at it, not only hurts the Positive part of your Sub-Conscious but your Conscious Realm of Mind as well. When we hurt both our Conscious and Sub-Conscious Realms of Mind at the same time, even if we are a "brazen" Extrovert we would "crawl back into our shell"; and if we are an Introvert we would be so "mortified" that our face would not lose its red blush for weeks. Under these stupid circumstances we would not feel inclined to undertake another project for months, in fact it might be several years before our Positive Sub-Conscious could take a definite interest in a new project, hobby or undertaking with any amount of zeal.

One good thing about an Extrovert is that he is usually very cautious -- his motto is; "tell no one". But that isn't true with the Introvert. As soon as the Introvert becomes even just a little warm about his undertaking he has a great Negative urge to tell someone; his wife, his mother, his closest friend -- someone. The moment he "spills" his undertaking or hobby to anyone he loses interest, and worst of all, if anyone says to him something like; "it is silly", he has a double hurt -- like a dagger thrust.

After you have built up considerable "heat" for your delightful undertaking or hobby, your IMAGINATION will work with you and then hand over the idea to VISUALIZATION. When this happens you will make several important changes in your undertaking for you will see the undertaking with a much clearer INNER VISION.

There is one more step -- REALIZATION. Just at this time your SUPER-CONSCIOUS (the PERFECT MIND) will show you in a single "flash" how you can make a few small changes in your idea, undertaking or hobby and market it. All this MAGIC is a product of your Positive DESIRE.

When I say "in a single flash" I do not mean to give the idea that the SUPER-CONSCIOUS only "flashes" once in your undertaking -- whatever it is; that is not at all correct. When once your SUPER-CONSCIOUSNESS begins to "flash" it will keep right on "flashing" just the moment you have need for another flash of information. It will also perform that other magnificent activity; it will show you

how to CASH-IN on your undertaking no matter how silly or foolish it may have seemed at the time when you made the little start on it with your Sub-Conscious approval.

You see, when you start working on an undertaking, no matter what it is, if you are highly interested in it, your Sub-Consciousness knows far in advance what you will do with it. Of course your Sub-Conscious can't reason, but it's powers of VISUALIZATION are positively uncanny and it can actually SEE a vast distance into the future when you are working on something Positive that you are red hot about. This Sub-Conscious power and the SUPER-CONSCIOUS Realm of Mind which can SEE, KNOW and UNDERSTAND perfectly can make a GENIUS out of you, but this cannot happen as long as you are giving in to any of the Negative Emotions for the simple reason that it requires the Positives of Joy and Happiness, followed by Enthusiasm, Zeal and Fervor for your MAGNIFICENT UNDERTAKING.

There is one thing about all this "MAGIC" that I do not understand and probably never will, and that is how the Sub-Consciousness arrives at the selecting of an undertaking or hobby that it wishes the individual to do or perform. There is one thing that I do understand though -- always start small. If you start in a large way you confuse your Sub-Consciousness, but if you start in on the "ground floor", in a small way, you will not confuse it, and it will work right along with you. Then when GENIUS "flashes" to you how you can "slant" your delightful undertaking or hobby just a little and make it garner revenue -- money -- you will be so filled with Joy and Happiness that you will want to "shout your success from the roof tops".

Remember though, your hobby or undertaking always comes first, in this way you can make much money without ulcers. Never give up your eagerness for your undertaking or hobby for the accumulation of money. If you do Joy, Happiness, Enthusiasm, Zeal and Fervor will desert you. Even though you will be in the AQUARIAN AGE, if all that you have is money without the thrill of actively engaging in your undertaking or hobby, you will begin to look old Physically, your Mental power that you have built up from "scratch" will begin to wane, and you will rapidly degenerate in all the FIVE DEPARTMENTS OF LIFE, soon to be listed as a "casualty".

"Cash-mindedness" is already a part of your new AQUARIAN MIND, and so whatever may be your age you can "cash-in" on opulence by starting on your undertaking or hobby at once. You will soon be delighted with the results of all this when you begin to feel so much better in Mind, Body and Soul.

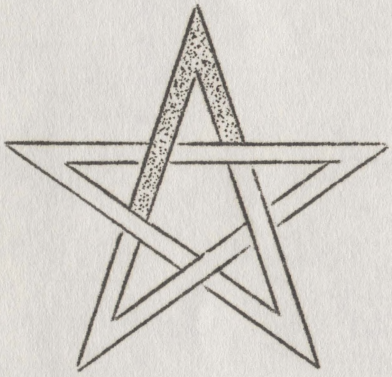
Perhaps this is all rather strange to you, but it will not seem strange no matter what you age, when you are working with Enthusiasm, Zeal and Fervor for these are the POWERS (along with Joy and Happiness) that will make an entirely new and youthful creation out of you -- an AQUARIAN CREATION.

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YOUR UNSEEN SPIRITUAL FORCES

Chapter Seven

Under the old Grand Sign of Pisces everything had two "faces" because the Sign itself was of a dual nature -- part Positive, part Negative. There was never a clean-cut line of demarcation where one of the two halves -- positive or negative -- left off and the other began. In the field of Religion it was very apparent -- each religion or church denomination claimed to be Divinely inspired, and all others not inspired at all or, worse still, Satanically inspired.



The fact of the matter is, the various churches, denominations and religions of the world were a combination of Divine Inspiration and Satanic inspiration. I have studied their beliefs and doctrines quite extensively and find that they are "50-50" when it comes to true Spirituality. Many of them mistook "religion" for Spirituality, and still do. As Scripture says: "Having a form of godliness, but denying the power thereof; from such turn away." (II Tim. 3:5) It was true in the days of St. Paul who made that statement, but it also has been true all during the Church Age, which is now coming to an end. However a "taint" of that Age will be with us until 1999 A. D.

But we can take a bold step upward and be literally in the AGE OF AQUARIUS with all of the Five-Fold Manifestations. There will be manifestation in all of the Departments of Life and this of course includes the Spiritual Department as well. Turn back to page 10 and you will see the Yellow Point of YOUR STAR OF LIFE which is the uppermost point -- the Spiritual. It is Fire Yellow, which means it consumes "as if by fire" all the dross of the other Departments of Life.

Note how the "shaft" of Yellow is directly in a line with the Social Department of Life. Any expansion of the Yellow Fire will most certainly influence the Orange of the Human Relations (Social) Department of Life, and it will be a good and positive influence on all persons with whom you are associated, and probably they with you, for many people are developing the Spiritual Point of their STAR OF LIFE also.

Please note how the Spiritual "shaft" of Yellow Fire goes directly down to the Green Fire of the Financial Department. There is a definite connection of these two marvelous Departments of Life -- "It is more blessed to give than to receive", but first you must receive before you can give. Quite naturally if you follow the tithe system, the more you receive the more you can give to a Spiritual cause. However, be a bit choosy about this business of your tithing. Be sure that it goes into a really Spiritual cause, not

merely a religious one. It is amazing to know how many of the great men of industry are tithers -- how they started tithing out of their first profit. They may not have had any idea that they had a STAR OF LIFE, but this did not prevent them from EXPANDING each of the points. True, they may have been "working in the dark" as far as "points" were concerned, but it seems like their EXPANSION of the Spiritual Point had a marked and beneficial influence on all the other points -- all other of the Five Departments of Life.

Your Negative Emotions afflict the Spiritual Department of Life just as they do any other Department. Avarice, Contempt, Cynicism and Disdane make it quite impossible for the Spiritual Department of Life to function properly. This is also true of Despondency, Disgust, Envy, Hate, Hypocrisy and Jealousy. These are miserable Negative Emotions that not only undermine ones Physical and Mental health, but they create havoc in the Spiritual Department of Life as well. Pessimism (an Extrovert Negative) Pride, Revenge, Vanity, Superstition and Selfishness cut short life in the body by years.

Superstition and a Guilty Conscience go hand in hand with each other and they blight the Spiritual Department of Life terrifically. Probably the only way to get rid of a Guilt Conscience is to stop doing (once and for all) the things that cause that kind of a Conscience. And as far as the Negative Emotion of Superstition is concerned all I can say about this miserable Negative is that when you at last get out of the miserable Piscean influence or vibration you will never experience it again.

Some may say that we have had our Negative Emotions for such a long time that they are more or less a part of us. That is entirely correct, but now that we know the names and natures of these Negative Emotions we will be able to prevent them from "camping on our Mental door-step". How? By not giving in to them when they present themselves. As soon as you have discovered your activity, hobby or undertaking and have really become interested in it sufficiently so that you will begin to look forward to the time each day when you can work with it (secretly), you will find that your miserable Negative Emotions begin to vanish by themselves -- actually, you haven't the time any more to devote to them.

Oh yes, Irritability or any similar Negative Emotion may "rear its ugly head", but just knowing this will help you to handle the situation in a masterful and Positive way. Then when a day or two comes that you are unable to engage in your activity or undertaking you will know that all during that time your Sub-Consciousness has been working on it for you by collecting wonderful and workable ideas for the project.

Many persons have a strong Superstition Complex. Superstition works hand-in-hand with religion; so closely that you cannot tell where one leaves off and the other begins. Superstition is not Spirituality. Also Religion is not Spirituality any more than a Guilty Conscience is Spirituality, and so get rid of them as soon as possible by not paying attention to them -- do not give substance

to them by thinking of them. The way you can do this is by working diligently on your project, the one that your Sub-Conscious DESIRE has indicated for you.

If you will do this you will begin to toughen up Mentally and show real signs of growth -- EXPANSION -- in the Spiritual Department of Life. This is very necessary in the not too distant future when many mysterious things start happening, not to scare you but to awaken humanity to the fact that there is something more to life than the way they are abusing it.

You can be a great help to the masses of humanity if you are not "thrown for a loop" when strange and unusual things begin to happen in the "sun, moon and stars", when the days will be pitch dark and the nights be illuminated by an eerie glow. The men of science will only add to the confusion by explanations of these phenomenal happenings that do not agree one with another. However, you have been forewarned, and when you become more and more filled with Enthusiasm, Zeal and Fervor, and after you have nullified your worst 10 or 12 Negative Emotions, you can be very calm about the strange phenomena when it comes. You will find that you will not be the only one "with all the answers"; there will be others, and when things begin to happen of a frightening nature to the masses of humanity you fortunate ones who were expecting these things to happen all along, can be of a powerful influence in allaying fears of others. But remember, neither you nor the other Individuals working with you and you with them can allay the fears completely. It is not intended that you should do so to the extent that the masses would be perfectly satisfied and calmed by your explanations. The frightening phenomena are sent to the masses for their awakening, so you will not be permitted to take away the very means that is intended for their awakening -- the stepping out of the dark Piscean days and into the joyous AQUARIAN AGE.

Tens of thousands of people of the masses have received this warning. Yes, they were interested but not interested enough to do anything constructive about it. They still have their Negative Emotions and their various and sundry complexes. They might have given some thought to what they would like to do for an undertaking or a hobby, but they never got far enough into this activity to actually begin to take a deep interest in it. They never experienced Enthusiasm, Zeal and Fervor for a moment. They didn't exchange a single Negative Emotion for one POSITIVE EMOTION. Therefore they are really going to be "staggered" with all of the mysterious happenings. I am afraid much more so than many of the masses who have never heard this warning.

Your Unseen Spiritual Forces can be quite quickly acquired if you will just shed your Negatives and build in POSITIVES. It is not at all hard to do; just let your Sub-Conscious "point out" to you something that you would like to do and act on it in the way that has been outlined here. It is just that simple.

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Chapter Eight

Put all of your Positive Vibrations together, which isn't really hard to do, and you will begin to emerge from the twilight zone, and into the rosy dawn of YOUR NEW DAY. You will begin to experience Self-Realization in a most gratifying way. The moment you turn your back on your Negative Emotions and Vibrations by doing an "about face" from the old Negative Pisces, you will have taken that all important step UPWARD into the marvelous Vibrations of the youthful AQUARIUS. It is then that you will experience Joy and Happiness, and take one more step and begin working on the idea, project, undertaking or hobby that your Positive DESIRE in your Sub-Conscious indicates for you to engage in. When you do this you will have the powerful forces of Enthusiasm, Zeal and Fervor working with you.

You can't possibly have these three marvelous POWERS -- Enthusiasm, Zeal and Fervor -- working for you and with you until you actually begin your activity or hobby in a small way. It stands to reason that you cannot be Enthusiastic about something that is only a thought in your mind, but when you MATERIALIZE the Thought to the extent that you know what it is and are actually working on it, then you can bring not only Enthusiasm into action on your great Positive DESIRE, but the other much stronger forces -- Zeal and Fervor -- to be of greater assistance to you and your ACTIVITY ... the one that your DESIRE has selected for you.

I do not know what your DESIRE has selected for you in the way of an activity, it could be anything that is Positive in nature. Do not judge what your Desire or Sub-Conscious Realm of Mind gives to you as being of no consequence, not worthy of your consideration, or that it is "silly", or worse still, that it hasn't any great financial possibilities. Once you get onto your LIFE'S ACTIVITY, and pursue it for some little distance, your SUPER-CONSCIOUS Realm of Mind will, in a single "FLASH", inform you how to "cash-in" on your activity or undertaking, and in a way that you would never have supposed when you first worked Enthusiastically on your SECRET undertaking with great Joy and Happiness.

At the time when you start working on your DESIRABLE undertaking you will be so filled with Fervor that you may yield to a Negative Sub-Conscious Emotion to over-do your undertaking by working long hours on it. In this way your Negative Sub-Conscious could actually cause you to lose interest in your DESIRED activity. It would be wise to set time limits on your undertaking, and not work on it "all hours of the day and night".

Another Negative thing that the Negative Section of your Sub-Conscious will attempt when you are engaged in the activity that DESIRE has indicated for you is that you may find you have a tendency to eat much to fast, or possibly to eat to little or too much. You can start normalizing this food situation right away, at your

very next meal, today. Eat slowly, masticating your food to a liquid. A great part of what you eat is starch, and starch cannot be digested in the stomach -- starch has to be DIGESTED IN THE MOUTH by the action of the saliva. When you chew your food to a liquid both starches and proteins can easily be digested.

Another thing of great importance to know is this: If you eat slowly, liquidizing all your food, it is the easiest way to lose weight, or to gain weight, whichever the case may be ... it works both ways. Frustration is supposed to be the cause of ulcers, and it could very well be, but if you take yourself in hand and eat correctly and masticate your food to a liquid, this may actually remove both Frustration and ulcers. Anyway, you can start at once, let the other people at the dining table do the talking and you attend to your M-A-S-T-I-C-A-T-I-O-N. Eating yourself out of Frustration, ulcers and other disorders of the digestive system can be a rewarding activity; and besides, you will be growing younger and younger by the year. Think what that could mean in five years.

If you are a bit on the overweight side the following suggestion may be used to good advantage. It is only a suggestion regarding the idea of FASTING -- you can use it or not. If it appeals to you, use it; if it doesn't, just skip it.

On Thursday eat your usual meal at the end of the day. Some call this meal supper, in other sections of the country the evening meal is known as "dinner". Well, either way, eat your evening meal on Thursday making it no larger than usual for any evening meal, then you FAST all day Friday until the evening meal comes around again. At that time eat your regular evening meal, but not any more than you would eat any other day of the week. You will be quite hungry on Friday evening and might be tempted to eat a bit more to make up for the short FAST ... but don't! It will take a small amount of will power to do this, but you will be <u>learning about hunger</u>.

You will be glad that you experienced this small bit of real hunger when things begin to get really chaotic throughout the country and the world ... and locating something to eat becomes difficult. When this happens you will be prepared for it, you will have "tasted" hunger, and you will have found that there is nothing to fear from it even though you do not have food for a week or more. The average person who is a little overweight, or even at just about normal weight can go without food for two weeks, three weeks or up to 40 days without doing irreparable physical damage. Quite true these longer FASTS should be "broken" scientifically -- not any solid foods for the first few days, only liquid food such as fruit and vegetable juices. Milk is alright when "breaking" a FAST, but not too much milk.

People who are addicted to eating great quantities of salt miss their salt when on a FAST of any duration, especially on an enforced FAST. The smart thing to do is start at once to minimize your intake of salt to where you do not crave it ... yes, there are "salt addicts".

Fortunately water can usually be had when there might not be food. Drink plenty of water, but of course it cannot take the place of food. If you feel that the water you have to drink may be contaminated, just boil it and that will eliminate the contaminating bacteria. Or you have probably heard of "chemical decontamination" for drinking water. One very simple method is this: Add one drop of tincture of iodine to one pint of water and let it stand for one hour. "Where does one get the iodine when one is forced to flee?" you ask. Simply out of your medicine cabinet which you were wise enough to put there "in advance of chaos". A one ounce bottle of tincture of iodine contains 480 drops, that is enough for 480 pints of water or 60 gallons. That should tide you and your family and even the family next door over for two or three weeks. You do not need to "iodinize" any water you use for bathing. When forced to fast, no matter what the cause may be, there is usually plenty of water along the "escape route", but it may be contaminated ... but you now have the answer for this.

I don't want to seem to be claiming "prophetic vision", but there is every indication that there will be uncertain times ahead when "some will have to flee to the mountains". Making ready for such an eventuality by building up one's health before it is "fleeing time" makes good sense. A small amount of FASTING, correct eating at all times and an ounce of iodine in the medicine cabinet isn't too much of a demand on those who are desirous of changing over from the old vibrations of Pisces and are finding it very pleasant to go along with AQUARIUS whose Vibrations are so thrilling, even at the very start.

I am planning to write a full-size Monograph on Diet and the Care of the Physical Body, but that will be some little time yet. In the mean time you will be engaged in your new, and wonderful NEW AQUARIAN activities where Enthusiasm, Zeal and Fervor will be the ORDER OF YOUR DAY.

While you have 12 or less of Negative Vibrations or Emotions you can easily "do an about-face" on all these and actually become very Positive, just the moment you are working on your hobby, undertaking, or the delightful thing that your Positive DESIRE has selected for you. I can assure you that when you are working on this wonderful activity, as small as it may be, it can bring into your consciousness Joy, Happiness and Enthusiasm and you will be far on your way to being a changed person, the person that you have always wanted to be, and even far better than you ever dared hope.

The NEW MILLENNIUM has actually begun for the AMBIVERTS, the persons who have thrown off all Negative Emotions. Even though you are just beginning this wonderful work, you are making your way to that wonderful condition and situation that every AMBIVERT is right NOW enjoying. You can start right now and begin to shed all of the misery of the Negative Pisces and race along the Path to full-fledged SELF-FULFILLMENT

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CAUSING OTHERS TO SEE IT YOUR WAY

Chapter Nine

"Causing others to see it your way" isn't at all "hard boiled" and it does not make you a "top sergeant"; however, when you are even a short distance out of the old two-faced Sight of Pisces and you are traveling up the Path with young AQUARIUS and into new, positive and delightful VIBRATIONS, you will have many an opportunity to teach others (whatever may be their age). There will be many occasions when you will be able to reveal conditions as they are and as they will be and how your listeners can do a complete "turnabout" and step up into the higher Vibrations of the NEW AQUARIAN AGE.

Yes, this will be the case, but only as soon as you make sufficient changes in the Five Departments of your Life so that they will realize that you are delightfully, magnetically and positively different from the way you used to be, perhaps even not too long ago. AQUARIUS is a fast worker, and when you get into the spirit of making fast POSITIVE changes you will, of course, be a different person in all Five Departments of Life. In Chapter Two, page 8, we showed you how your STAR OF LIFE would appear with all points evenly developed. Quite true, none of the points are greatly developed, but being evenly or equally developed puts you not only "through the veil" but quite a few steps "beyond the veil" -- the separation place between your miserable old-time Piscean self and the delightful New AQUARIAN LIFE.

On page 7 there are Five Stars representing overdevelopment of a single point or Department of Life. These persons with their overdeveloped single point are not nice persons to be around, even the man or woman with their overdeveloped Social or Human Relations Point is often an obnoxious "do gooder", and no matter what you do, they know how to "do it better" insisting that you do it their way.

We could take up the other "overdeveloped in one point" souls but we haven't the space here. You know them, though, you run into them every day. Let me say that ALL of these people with their single point developed and expanded beyond all the other points are still dwelling in the miserable old Piscean Age. Only when you have ALL THE POINTS of your STAR OF LIFE expanded evenly as shown on page 8 of this Monograph are you "through the veil" and definitely in the AQUARIAN Vibrations that are always POSITIVE.

Let me say that Five-Fold Expansion into Life need not be great to put you will within the "veil", or the Influences of the mighty AQUARIUS. "What to do about my point of the STAR OF LIFE that is over expanded?", I hear you ask. The answer is: Be glad that you have an over expanded point, for it will give you more time to devote to the EXPANSION of the other four Points. Most people of maturity have at least three Points of their STAR OF LIFE developed as much as shown on page 8. Therefore they have only two Points that require developing. In a large percentage of people these two may be the Financial and the Physical. Both of these two Points are

directly under the influence of the Mental and if the Mental is afflicting these two points an "about face" in the Mental realm will relieve the situation very much. When you have found your activity, art or hobby that your Positive DESIRE has in store for you, and are actually working on it, your Physical and Financial Points will rapidly expand to look like the Points of the STAR OF LIFE as shown on page 8.

But with all of your teaching of others to "SEE IT YOUR WAY" never for a moment reveal the activity, art or hobby that your Positive DESIRE has chosen for you. When once you step through the "veil" you will be much more keen and alert mentally than you are today. Even if you are overdeveloped mentally, your mentality will take on a very different dimension when once you are working on your greatly DESIRED activity or hobby.

Turn to page 9 in this Course of Instruction and note the Star at the top of the page. You will see that it is a fully EXPANDED STAR -- the STAR that you are AIMING FOR. It is the STAR of the fully developed person -- the AMBIVERT. The AMBIVERT is busy helping others SECRETLY. He has the Spirituality, the Mentality, the Physical stamina, the Sociability and the Finances to do anything for people his POSITIVE DESIRE directs him to do, and besides that, he has plenty of time for himself to do the things that he DESIRES to do for himself.

The full-fledged AMBIVERTS look like ordinary human-beings physically, healthy, well-dressed persons in the prime of life. You have "rubbed elbows" with any number of them if you are living in a city, or a town, even a small town -- they are found everywhere, in private business as well as civic enterprises. Their position in society has greatly improved since they became AMBIVERTS than when they were just emerging through the "veil" into the Vibration of AQUARIUS. At that time they had a marvelous WORK to do among the people, just as you will have shortly after you step through the "veil". Most of this WORK is Teaching, and it can begin just as soon as you develop all the Points of your STAR OF LIFE evenly enough to pass out of the old, Piscean vibrations and into the NEW AQUARIAN VIBRATIONS.

The full-fledged AMBIVERT is mighty glad that he or she looks like an ordinary person, because if the AMBIVERT actually looked as young as he or she felt they would look and act to be in their middle twenties and would be terribly hampered in their ACTIVITIES. You can understand how this might impede the vast WORK of getting as many people as possible acquainted with the idea of THE AQUARIAN AGE and the NEW, ON-RUSHING MILLENNIUM. Quite true, the AMBIVERTS have already entered the NEW MILLENNIUM, New MILLENNIAL Conditions that is, and while none of them right now are spending much time "sitting under his own vine and fig tree", they realize that this time is just a short distance in the future. In fact they are aware that it is closer than the average person believes due to the "shortening of time" spoken of in the Scriptures.

You will note that the lower STAR OF LIFE on page 9 has greatly elongated points. This is the STAR of the AMBIVERT who has special TALENTS or GIFTS which they have used to further EXPANSION of their Five Departments of Life. One of these TALENTS is the GIFT of Psychic Vision -- the opening of Inner Eyesight to view the AURAS of people in and out of the flesh. In this way it can be determined "if the person is as good as he seems" and also to discover just what is holding a person back from crossing over to the other side of the "veil" into the AQUARIAN Vibrations.

Quite often in this day and time, people who have not as yet had their Five Points greatly developed, but are definitely beyond the crossing-over point between Pisces and AQUARIUS are experiencing the GIFT of Psychic Sight that they will use in a great way just a little further in the future for the viewing and determining who is ready to step through the "veil", and just what is holding him or her back. By the use of the GIFT of Psychic Sight it can be easily ascertained just which Negative Emotion or Emotions is preventing this person from being the wonderful person he or she should be.

Long before we cross over into the NEW MILLENNIUM you folks who are taking yourselves in hand and are rooting out Negative Emotions ... at first by not giving in to them and then later by grubbing out the roots (a process which will be explained in further writings) will find it easy to balance your STAR OF LIFE by EXPANDING the points that are short. Make your STAR OF LIFE as well balanced as possible by EXPANDING the short points, not by "beating down" the longer points -- as if such a thing were possible. Every one has one or two short points in his STAR OF LIFE.

It is almost amusing to see so many PHD's, LLD's and most often MD's parade around with "high and mighty airs", and yet be so ignorant in the several Departments of Life other than the one for which they have been so intensively trained. They will find it as hard to break through into REAL LIFE, which the future consists of, as the proverbial camel does in passing through the proverbial eye of a needle. At the same time we see people who have no college degrees, perhaps not even a high school diploma, entering without difficulty into the New and Delightful Future, simply by ridding themselves of their Negatives and at the same time filling out the Points of their STARS OF LIFE with the Positives of the marvelous bright NEW AQUARIAN AGE.

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"It matters not how strait the gate,
How charged with punishments the scroll,
I am the master of my fate;
I am the captain of my soul."

-- from "INVICTUS"
by William Ernest Henley