Creative Desire

BY

HARRY J. GARDENER



PRIVATE EDITION

PUBLISHED FOR

STUDENTS ONLY

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A FIRST WORD WITH YOU

In the pursuit of any aim, it is the general practice of aggressive, magnetic people to try to discover the very origin of the subject of their investigation. If it be a business project, the vital people eagerly delve into the rudiments of it. If it be the medical profession, the dynamic pathway begins in books, then laboratories, then hospital service and, at last, the beginnings of a career. This observation is true of all advancing souls -- they are to be found digging at the roots of things before they aspire to look into the tree tops. They ground themselves in the fundamentals and with firm resolve press toward the attainment of a superior level of knowledge.

As DESIRE is the one force or UNSEEN SUBSTANCE which causes all conscious creatures to act, we therefore conclude that DESIRE is a most important phase of human operation. In DESIRE we find the very root of our reflected environments. When once you know how to turn negative, detrimental desires into positive, favorable channels; when you learn how to intensify DESIRE in any chosen direction, you then become MASTER of your DESTINY in the fullest degree. Until you master desire, you are the SLAVE of desire.

You are about to learn, through the pages of this course -- "CREATIVE DESIRE" -- how to master YOUR destiny. The instruction is unique in this respect: It makes every step of the way from where you now are to the heights you will reach by practical applications a most delightful journey. Be ready, therefore, to experience great and wonderful changes in your self, in your environment, and in your affairs.

The Author.

CREATIVE DESIRE

PART ONE

DESIRE AND ITS OPERATION

DESIRE is the fire that keeps our interest in life and in living things aglow. Through its action it can become a flame that creates conditions that warm the hearts and experiences of all beings with whom we have dealings. It can also become a force that destroys our evolving principle and rushes us headlong into depths of negative, disintegrating backwashes of the soul. It is for each of us to choose, with full right of individualism, into which stream of motion our DESIRES shall lead us. Quite naturally, we all wish to become blessings and constructive elements in the great wheel of human progression -- to enjoy more of youth, popularity, intellect, wealth, and spirituality. To that end, we fervently dedicate the pages of this course.

No one need be a slave to DESIRE. Slavery of any kind is a deadly thing, because it turns progress for those under its lash into an inverted quality; all in slavery's harness are like men walking into a blinding sand storm -- thinking they are moving forward, yet in truth being forced back at every step. Life cannot go on when FORWARD motion ceases. All things MUST move, vibrate, and ROTATE to continue alive. So it is with DESIRE.

To trace the origin of DESIRE itself would mean going back to single-celled life that existed when the world was a great mass of chaotic substance. Even in such insignificant forms of life, DESIRE was apparent, as science has discovered to us in telling us how single-celled life acquired a more complicated form with every emergency that had to be met. Creatures of the water took to the land, DESIRED and evolved claws that could, grip; fur and hair coats, as DESIRED, to defeat cold and exposure to air; eyes that could see danger, as well as intuition to sense it; shells into which to crawl, because of DESIRE to escape onslaughts of more predatory animals. DESIRE created in man his powers of voice, speech, writing, distance communication over wires, radio broadcasting and reception, and (soon to be comon), sight and sound combined, emanating from great distances without visible connection between sender and received.

What caused the steps from single-celled life to twentieth century man? What brought sound from grunts and monosyllabic conversation, down through the ages to the advent of commercial television? It has simply been the perpetual inflowing of DESIRE to improve in the consciousness of various individual forms of life until man; with his ultimate development, the eternally pro-

gressing desires of certain men to better the world for humanity and all living things. As in every age, of course, we find laggards who do not choose to exert the small effort required to become an asset to all creation. You who are studying this course used DESIRE to procure the course -- that alone is proof that you are in the progressive and humanitarian ranks; that you are going to test every way in which you can improve SELF so as to become an aid to others in your environment. You are about to learn that the power LIFTING you into whatever condition you crave is DESIRE -- rightly directed. As in all ages, the laggards will be left behind, while you who DESIRE to learn will be borne onward into ever-increasing wonders.

TRANSMUTING DESIRES:

If you are ill, afflicted, or poverty-stricken, it is because you are DESIRING wrongly. You can never DESIRE for yourself alone and expect lasting success. This is because you constantly are under the surveillance of Vibratory Forces which will not allow you to go too far along the wrong pathway and make a kind of progress that would mean your undoing. It is right to desire love; but it is negative to desire satiety of sensual urges along. It is right to desire wealth for the better ability it will give you to do work which assists progress along upward trails; but it is wrong to desire wealth to lord it over your fellowmen, or merely to buy the material pleasures and bodily thrills that would lower you to an animalistic state. It is right to desire a keen mind with which to shatter perplexing problems; but it invites disaster to desire a superior intellect so as to be able to fleece your neighbor, or to gain unearned advantage over weaker-minded individuals.

The ancients were said to have discovered a secret formula which enabled them to transmute base metal, such as lead, into gold. Whether they had such a formula or not, YOU can at once begin to transmute the base metal of old DESIRES which are selfishly motivated into the precious gold of humanitarian DESIRE, flaming with intense fervor and love.

CREATING NEW DESIRES:

DESIRE for anything brings with it a corresponding mental picture. These mental images are the FIRST CAUSE of all the circumstances of our lives. Therefore, it easily can be seen how tremendously important it is that the proper DESIRES are being flashed into mental images.

Part Two of this course is devoted to the advanced method of thrusting DESIRE to all parts of the great cosmic globe called the earth. Now, however, let us study a preliminary method of DESIRE CREATION; for with a foundation which is firm and understandable we can take up advanced gems of wisdom with vitality. FIRST---Be sure the DESIRE is for something you really want and can use, and are ready to receive and project to others.

SECOND---Stand firmly behind your DESIRE with a strong will-force, never allowing doubt, worry, fear, weakness, or any negative element to interfere with the BUILDING exercises you employ in visualizing.

THIRD---Do not flit from one DESIRE to another in the same exercise, for in so doing you split magnetism and cause diverted currents to flow through the UNSEEN SUBSTANCE that, in comparison is like the camera plate on which the projected mental image is imprinted by WILL and DESIRE.

FOURTH---Be very regular in the time for in-building your DESIRE. If at all possible, use a time when you can be absolutely alone; and a room where material interference from sight and sound is at a minimum.

FIFTH---Begin to learn how to smile while visualizing. One fifteen minute period a day is sufficient for this deep, undisturbed nurturing of your DESIRE through visualization. If you can possibly arrange it, make this period fall just prior to your regular sleep -- whether you sleep at night or in the daytime. You thus will give your subconscious mind a very clear conception of what you want, and your subconscious mind will then have all your sleeping hours in which to store-in energy and contact outgoing vibrations which will strike sympathetic chords in the great UNSEEN SUBSTANCE which pervades all space. Smile while falling asleep -- and mean the smile.

SIXTH---Fervently realize that you are a perfect cell in the UNIVERSAL SUBSTANCE; that you are a spark of the Divine; that you are, therefore, entitled to all the UNIVERSAL good available. When you believe you possess a thing, and ardently DESIRE it, it is surely on its way to you. Sit in a chair which will make you keep your spine reasonably straight; open your window to the north (or sit at an east window with your chair facing north); close your eyes; smile inwardly. While inhaling to comfortable capacity imagine your whole being bathed in golden light. Hold your breath at the solar plexus, by protruding the abdomen in the triangular space just below the lower line formed by your ribs, being careful not to hold the breath so that any strain is experienced. While the lungs are filled imagine lightning rays of all colors coming from every possible direction and entering your body at the point of the solar plexus. Then slowly exhale.

SEVENTH---Now face the darker part of the room. With the legs uncrossed, to allow vibratory circulation to come and go freely through your body, and with arms uncrossed, to receive magnetic current, ONCE ONLY say the following affirmation mentally: "The Divine is the ruler and governor of all creation. As a creature of the Divine, through DESIRE, I am projecting myself into ever-increasing demonstration of PERFECT mind, body, soul, personality, and wealth". This is meant to show that you realize you are merely performing a birthright privilege. Then, with all the ease, naturalness, and confidence in the world, form your mental images. Let us say, for example, that it is a home you

DESIRE. Visualize the kind of a home you would like to own or live in. Drive up to the home in an acceptable automobile, get out, go to the door, and enter. Go through the house and upstairs, noting the wonderful furnishings on every hand. Come into a beautiful, large room with open windows facing the north. Outside, visualize fragrant shrubbery and in the distance waving fields of golden grain. Imagine the room as being high enough above the ground so you can look over the tree-tops and see into the far distance without obstruction. Now, visualize the furniture, drapes, and decorations of the room and, over on the east wall, a full-length mirror. In this mirror, see your reflection exactly as you would like to appear. Of course, you must be reasonable: If you are short and squatty and only five feet tall do not try to visualize yourself as slender and six feet tall. Visualize yourself as five feet tall, but much younger, much more handsome or beautiful than you are at present.

If you are a person of sixty, seventy or eighty do not try to see yourself as seventeen or eighteen. Picture yourself as being around forty or forty-five. Later on, when you actually MANIFEST this picture in your own body, you can create a new picture of yourself -- perhaps thirty or thirty-five. In thus visualizing your perfect physical body it is permissable to add sufficient weight (or to sibtract surplus weight) to make yourself appear wholly normal and proportionate. Remember, however, that your bony structure cannot be changed immediately. Therefore, if you are a person with large bones, do not expect too quick results. It takes seven years for the bones to be completely changed, whereas the softer tissues of the body may make a complete alteration in two years or even less.

NEVER ALLOW ANY MENTAL PICTURE TO COME TO A DEAD STOP IN MOTION:

The moment you allow a mental picture to crystallize, that picture ceases being projected out. SEE SOMEONE OR SOMETHING MOVING: a bird flying, a curtain swaying in the breeze; do not allow your picture to become a postacrd. Learn to see all objects in your mentally-pictured world coming toward you. In this way you inform your subconscious mind that you want expansion in the direction of your VISUALIZED DESIRE.

Relax: let your mental images come along without struggling to get them there. Realize there is nothing mysterious or alarming about this phenomenon; the mystery is that you were so long a time in beginning to practice this CREATIVE PRINCIPLE. Do not allow a single day to elapse without your visualizing period, and always stay behind your PROJECTING DESIRE with zeal and fervor. Use your power to express creation. If, for a single moment, you fail fully to believe in your power of CREATING and EXPRESSING, through DESIRE, what you need and want and properly can use, you are almost certain to experience failure. If, on the other hand you are positive and sincerely DESIROUS of things to use for the general good of those about you, it is equally certain that your success will be an astonishing one.

PART TWO

PROJECTING YOUR MENTALITY AND DRAWING MAGNETISM

Let us start with the mechanics of the operation. First, face the north, filling the lungs with fresh air during a period of NINE seconds; now hold the breath while concentrating on the region of the solar plexus (being careful not to strain in so doing) for a period of TEN seconds; then exhale slowly -- using ELEVEN seconds, thus completing the exercise in half a minute. While inhaling, VISUALIZE strength, youth, and DYNAMIC power energetically rushing into you. While holding the breath, FORM your DESIRES and make your mental suggestions and see light rays shooting and whirling out from the solar plexus. While exhaling, PROJECT your DESIRE.

VISUALIZING LIGHT RAYS:

It must first be understood clearly that there are two distinct systems of light rays to use during the following two exercises. The straight rays are your MIND BEING rays, shot out in a whirling motion into all parts of the world to contact elements that will bring to MATERIALIZATION whatever DESIRE has depicted. The curved or winding rays are magnetic; they are actually lanes in space along which those elements necessary to fulfil your DESIRE may travel in a winding path TOWARD you. Nothing ever reaches you along straight lines; that is the reason the magnetic rays which BRING materialization to you are visualized as curved. In a simple way, let us remember the MIND or mental rays coming from the one central point of the solar plexus exactly as do the spokes of a wheel project from its hub. Rhink of all MAGNETIC rays curved as the spring in a watch or clock. They wind in to the center of the solar plexus. At first, just visualize one ray coming in; after this, visualize another and another, each drawing to you that which you desire. Each of these rays is attached to you, in your solar plexus, which acts like a spindle on which the rays wind up.

BUILDING UP THE EGO OR PERSONAL MAGNETISM:

It is of the greatest importance to build up individual power to the point where you will be strong enough to project your DESIRE to all parts of the globe.

Standing erect, hold a clock or watch, in front of you, with its edge against your body ay any convenient level. Notice the direction in which the hands of the clock are revolving -- from left-to-right. In that direction ONLY must all of your rays revolve. In various parts of the body, such as the solar plexus, at the knees, in the abdomen, throat, and head, are a number of individual magnetic centers that constantly spin at tremendous speed. They all spin clockwise. Therefore, give your subconscious mind an everlasting impression of this clockwise motion.

Now, as you inhale for nine seconds, start the magnetic, watch spring rays winding from the center of the solar plexus in ever-increasing circles until you stand like the hub of a wheel, in the center of brilliant green flame rays. NEVER LET MOTION STOP. Thus, while inhaling, you are drawing (or winding) to you along the watch spring rays MAGNETISM to build you up in strength and youth, health and vigor. Your solar plexus is the whirling hub of the rays. Hold the breath for ten seconds while forming DESIRE PICTURES expressing perfect health, vigor, youth, and strength. Then, while exhaling for eleven seconds, start the revolving of the white-light rays from the central point of the solar plexus. These white light rays extend straight out to all directions, like spokes of a wheel. Along these white light rays you project your DESIRE DEMANDS into the UNSEEN SUBSTANCE for perfect materialization of vigorous health, strength, youth, or for possessions and prosperity.

To sum-up the above instructions, close your eyes now, and picture two REVOLVING systems of light rays, one green and the other white, both following the motion of the hands of a clock. The solar plexus must be the center of both systems. The green, MAGNETIC rays wind and curve like a watch spring. They come from everywhere, even the opposite side of the globe. The system of STRAIGHT, white rays PROJECTS out from you to all directions as do the spokes of a great, ever-revolving wheel.

If you like you may start out with only two of the white streams of light; after you get them properly whirling, add two more; continue on until there are so many of them that they could not be numbered. These are the out-going rays. They carry your DESIRE to the thing you want and make a connection between the thing DESIRED and the incoming (green) rays. The work of the green rays is to bring to you the thing desired, or bring you to your DESIRE, as the case may be.

If you happen to be of a nervous disposition, or if you are frail, sickly or delicate, you may find some little difficulty in speeding up the whirling light rays. However, after enthusiastic practice for a few weeks you should easily be able to revolve your wheel of light rays and your watch spring rays at great speed. The fact is, the faster you can VISUALIZE these revolutions, the sooner your DESIRE will materialize.

You cannot be cautioned too often with regard to the necessity of these light rays being revolved in clockwise motion. If they move in anti-clockwise direction, your magnetic forced will leave you, robbing you of all charm, ambition, and even your moral sense; along the straight, mental rays, you will pull in all manner of illness, worry, depression, antagonistic thought, and unfortunate circumstance. Be sure to test yourself by using the clock or watch as described above; then see to it that the light rays revolve in clockwise direction always. In any instruction, proceed slowly, get a clear and complete mental picture of what you are to do, then, finally, apply the information.

After practising REVOLVING for several weeks, you will find that at any hour of the day or night, when the thought occurs, the rays will automatically be moving in the correct direction. Never allow the revolving to stop when you have come to the end of a period of visualizing. As your conscious mind goes into another thought-field, the revolving will continue subconsciously.

Do not try to do the work of the subconscious mind. Your part is to set the revolving rays in motion as lanes to and from yourself, along which the subconscious mind can operate. Your conscious mind cannot make distant connections, but your subconscious mind can reach to any point of the globe, INSTANTLY, whenever necessary. While you hold your breath in the breathing exercises always visualize the condition you DESIRE; and at the time make any suggestion you wish of POSITIVE nature. If, for instance, you are picturing a beautiful home, think VIVIDLY to yourself and repeat in your mind -- "My subconscious mind is locating for me exactly the home I desire". You can imagine, if you wish, that these light rays are extensions of your subconscious mind; that they are in perfectly normal contact with all persons, parts, and creations in the world.

To begin with, do not practice these exercises at too great length. Five minutes in the morning and an additional five minutes in the evening are proper limits to set yourself. After a few weeks, to practice either exercise fifteen minutes in the morning anf ten minutes an hour or so before going to bed in the evening is all that is really necessary.

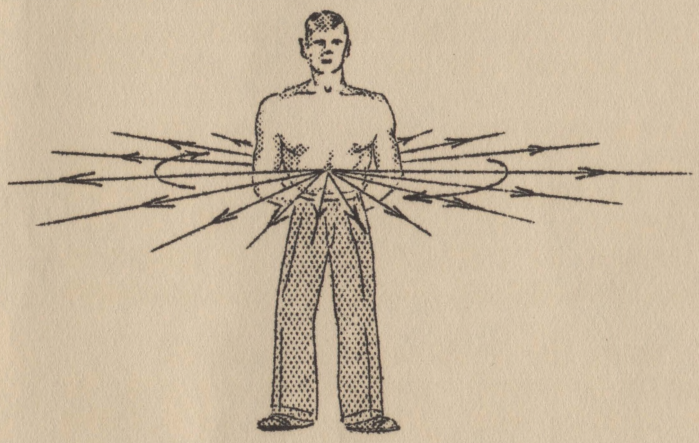
As in all the rest of your VISUALIZING, use as much spirit of joy as possible. You can visualize and practice perfectly for months on end, and yet obtain only small results, if you do not possess true joy. However, if you will employ zeal, enthusiasm , and fervor in the work, you will find that a month should show more advancement than would many months of application of the knowledge uninspired by genuine joy. But, note, the joy must be truly genuine and lasting -- not an actor's smile assumed for the demands of the role you are trying to play.

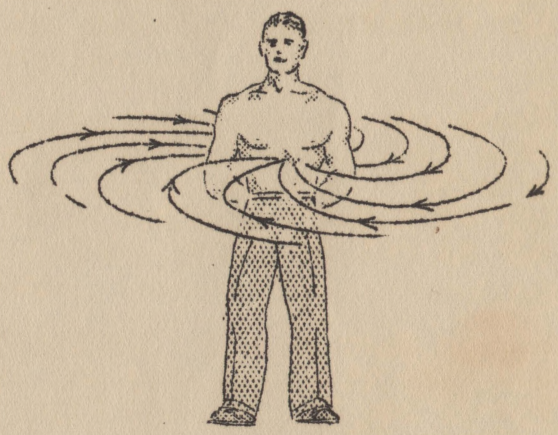
Use these revolving rays to attract and contact greater KNOWLEDGE, SOCIAL POSITION, HEALTH, and UNDERSTANDING, as well as to bring you material benefit only. Always picture the rays spinning at great speed, and always from the center of your solar plexus, as explained above and illustrated in the drawings below.

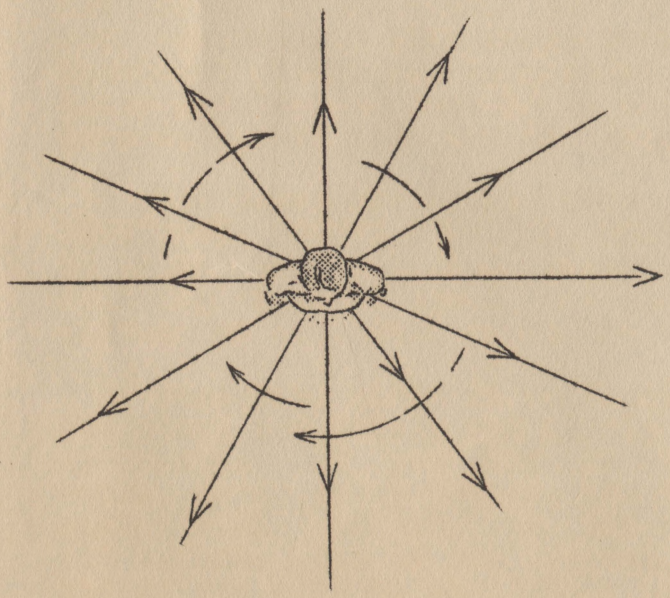
Remember, there is no limit to your possibilities provided you start out calmly and slowly and expand in a smooth and orderly manner. If you try on the first day, or in the first few weeks, to do great things, you will be so discouraged and disgusted with yourself at the end of a month that you will cease all effort. But if you proceed slowly, building constructively, and if you will be absolutely enthusiastic all the time, naturally remaining within the field of your own capabilities, you may rest assured that before long you will be experiencing very mar-

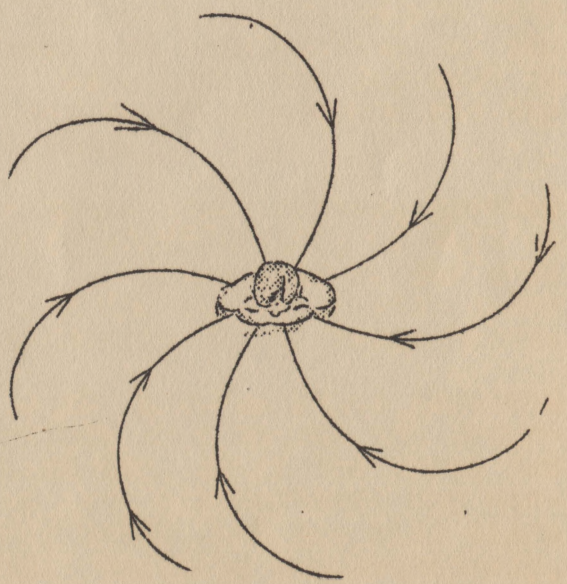
velous events. Once the subconscious realm of mind begins to lay treasures at your feet, it is a sure and certain sign that you are conducting DESIRE CREATION properly, and from that time, on, by continuing faithfully along the same lines, you cannot but make tremendous strides toward success.

The illustrations below show you exactly how the two systems of light rays must revolve from your solar plexus. Remember, the curved rays are GREEN, and bring in to you the forces of the UNSEEN SUBSTANCE by which you are surrounded. The straight rays,- WHITE, send out your DESIRE PROJECTIONS to prepare your materializations of the things DESIRED by you.









PART THREE

MENTAL EXPANSION THROUGH DESIRE

In the process of DESIRE PROJECTION, a keen mind is of tremendous value. The keener the mind, the more steadily you can hold any certain image. As a result, quicker results come to people with keener minds. For a moment, let us think of the mind as a door. You open the door just a tiny crack and peer through it, over a valley. Through the crack you see a thin strip of countryside. Now, you open the door wider, slowly; then wider and wider, all the while noticing how the boundaries of your vision grow beyond any comparison to the thin limits of your first view of the valley through the thin crack. Finally, the door is fully open, and you step over the threshhold to survey the beautiful valley. Then you see that if you could only reach the top of the highest mountain bounding the valley, through the tiniest crack in the door of a house on that peak you undoubtedly could view more than you now can see in the open valley. So it is with the mind. The keener it becomes, the more opportunity DESIRE has to do its work swiftly. The more you learn, the more you realize you can learn. In the human properties, MIND is the only fellow of the soul that goes onward forever. There is no limit to the possible development of either, save the limits self-imposed by unwilling, lazy individuals.

So much to which we turn our minds is unworthy the attention given. When you read, choose a few paragraphs that contain real, meaty knowledge. Almost every newspaper carries a weekly review of the better current writings. There are condensed magazines that contain the sap of information given in larger periodicals and which make it unnecessary for you to struggle through verbose undergrowth to reach the tree of knowledge and tap it.

DESIRE for keen mentality will instill in you a feeling of mental bouyancy that cannot adequately be described; you must experience it to know how wonderful it is. Colors in nature take on brighter hues; people seem more beautiful; your heart becomes an ocean surging with high tides of mental progression and projection. Original ideas come to you from every direction. You are particularly noticed in gatherings, and other people study you, trying to discover what it is you have that is so fascinating. By DESIRING mental improvement, you CREATE a magnetic energy in the very seat of DESIRE FUNCTIONS -- the MIND. People no longer will try to get things from you for nothing. They look upon you with respect and reverence, because they see that you are becoming more magnetic every day.

In all this you must remain humble, not pretending to be a god. You must never forget that the pleasure you derive from this development must be had in knowing yourself as a part of the UNIVERSAL, UNSEEN SUBSTANCE, in harmony with CREATIVE DESIRE. And with this incentive, DESIRE CREATION will show forth the marvel-

ous results that always are attained by practicing the UNIVERSAL PRINCIPLE in and through and by your SELF.

If you find difficulty in visualizing what you want to picture, get a material likeness of the desire as nearly as you can find and study that until you have impressed it upon your subconscious mind strongly enough to allow it to appear during your visualizing periods. It then becomes a simple matter to add to your picture or take away from it when strength is added to the mind through exercise. Any practice that is lazy is detrimental to mind shaping. Never visualize while lying down, if you can possibly sit erect. Picturing while lying down has a tendency to cause you to remain awake while sleep ought to be freshening you. Use a comfortable chair that will allow the spine to be reasonably straight while visualizing.

EXPANSION is the keyword. All life must begin by process of expansion. Where growth is maximum, deterioration begins if DESIRE is absent. Here is the great secret: you need only DESIRE further growth to keep the cells of body, mind and spirit alive; active, youthful energies will defeat all decay and deterioration. Through a constant inflowing of new supply, life because of DESIRE to live and learn becomes more brilliant than ever it was before.

You see, it is ZEAL, together with ENTHUSIASM and FERVOR, that energizes the mind to the point of perpetual expansion. Do not forget for a moment that all DESIRE must be kept aglow by surges of real enthusiasm, zeal, and fervor to be establishable in your environment as material demonstration.

A young man who had a great desire that had not materialized came to a philosopher to seek the reason for his failure. He asked what must be done to attain his desire. The philosopher made no answer until the young man visited him for the third time in as many days. Then they walked to a river and the old man invited the younger into the water. Without warning, the philosopher plunged the youth's head under water and held it there for some time. When he released the young man, the older asked:

"What did you most desire while under the water?"

"Air! Air!" gasped the young man. The philosopher smiled.

"When you can reach out for your desire with as great intensity as you desired air while under the water, your desire is then approaching fulfillment," he said.

It is certain that the youth could not fail if truly he had caught the dynamic meaning of the old philosopher's wisdom. Let the same intense emotion stir your DESIRE to develop keener mentality, and all other things DESIRED by your body and soul. Learn to think from the bottom of things up. Do not scatter thought -- keep it firm on the seeking-out of reasons WHY.

PART FOUR

HOLDING OR REGAINING HEALTH THROUGH DESIRE

As long as humanity has to remain in fleshly bodies, and that will undoubtedly be as long as there is any humanity, perhaps the prime factor that points to eventual success is the possession of a strong, healthy, body. Now by limitations of birth and heredity, and the onslaughts of various ailments, not all of us have been fortunate enough to own and keep strong bodies. However, there is a way in which all, without exception, can enjoy the thrill of health on the highway to expansion in the upward motion of progress. DESIRE health with all your being, then live the kind of life that assists the fulfillment of your DESIRE, and you will surely be amazed at the results. To DESIRE radiant health while living a life that absolutely prohibits the desire from being demonstrated, of course, is like pulling against a guide who is trying to lead you to an open chest of treasure.

Health rules are so simple. Other studies have gone deeply and fully into the matter of diet. Eat what agrees with you -- in moderation. Dress sensibly for each season of the year. Have regular periods for recreation. Insist upon giving yourself plenty of sleep -- at night, if possible. And accept nothing but youth-recognizing thought and you certainly will enjoy glowing personal magnetism.

This course does not pretend to tell you that all ailments can be cured at once merely by the assumption of a new attitude of mind. That is not the case at all. In all nature, certain causes are bound to produce certain known results. If you rob yourself of sleep, for example, you know that your punishment will be daytime fatigue. If you waste your strength in satisfying ravenous sensual appetites, you will break down your resistance to colds, infections, and functional disorders. All the affirming and visualizing in the world is not going to do you one whit of good unless you are reflecting constantly in your everyday living the fact that you, yourself, realize the part you must play in being the originator of causes that set favorable, real, CREATIVE DESIRE in process.

Always bear in mind that the UNIVERSAL, like all Its elements, expresses Itself through polar fields. It acts from the pole of spiritual manifestation through the opposite pole of matter -- which is the very stuff of your physical being. In your mind, DESIRE is the working of the UNIVERSAL'S spirit, and when reflected with fervor, zeal, and enthusiasm on the UNSEEN SUBSTANCE pervading all space, DESIRE through visualization sets in motion circumstances created by the DESIRE PICTURES sensitized in the UNSEEN SUBSTANCE. You, in brief, become exactly what you think you are. And the more you cleave to any certain thought about yourself, the more clearly you become the extension of that

thought in everyday life. Thus, it easily can be seen that to deny the fact of MATTER is like robbing the UNIVERSAL of its polar opposite -- like removing the sensitized plate from your camera and expecting to obtain a photograph without it. It just cannot be done. Recognize, and be thankful for the existence of matter, but see to it that at the same time your DESIRES and your THOUGHT PICTURES form in that SUBSTANCE the impressions of conditions and things you need and can use to your own benefit and to assist the progression of humanity.

The UNIVERSAL SUBSTANCE stands ever-willing to assist all who care to seek out the truth. CREATIVE DESIRE can build you a new material body. Individually, you know what afflictions are delaying you. As you enter your periods for DESIRE PROJECTION through VISUALIZING, in-build mental images of that afflicted part as being beautifully normal and in absolute health. Remember to keep motion in all mental pictures. And do not try, say for a week, and then stop and accuse spirit of not reflecting into matter -- of denying your DESIRE for health and a return to normality. The ailment did not come to you in a day, although it may possibly have appeared to do so. It was many days or months, or even years in arriving. Motion toward perfect health will begin when you stand behind your desire with joyful firmness and a true faith in the UNIVERSAL MANIFESTING POWER through your DESIRE and it alone. Keep your mental motors rotating by always refueling with new DESIRE before the tank can empty. Momentum in DESIRE is like that in any other activity: the more it increases, the less work it requires of the motor behind it. As you go forward in DESIRE CREATION, you will learn that you look forward with real pleasure to the period for visualizing. And when you reach the day of development when you DESIRE to DESIRE, you will know that all things are possible for you.

TRANSMUTING SEX DESIRE:

Nearly everyone known that sex function was made part of the human power for the primary reason and purpose of procreating and perpetuating the race. It is unlikely that so much distress, weakness, crime, and disease would be rampant in our society had sex function remained solely in this intended channel. However, in the life-pattern of people who waste everything instead of fostering progress, knowledge has encouraged desire to misuse to an alarming degree the beautiful act of procreation.

This course is not advocating that you be an abstainer. Normality is a primary principle in setting in motion the DESIRE created by projection of mental pictures; never forget to be normal in all you do. Therefore, the suggested plan is to conserve by being normal; to avoid waste in being sensual. While sex function is the origin of human life-creation, at the same time it cannot be indulged in without physical loss. To realize this, yet to give part of yourself in order to create a human form for an incoming soul is most certainly a high purpose. If this be the thought at conception, blessed are the parents and child.

The injury arising from sex function is found in over-indulgence. No appetite can descend to the trough of gluttony and be conducive to health. DESIRE to have all available new sex energy transmuted to mental, physical, and spiritual forces. To effect this, you need not wear a poverty-complexed robe and go about tearing your hair, wailing and heaping ashes upon your head. All that is necessary is to show your subconscious mind that you will not live for fleshly thrills alone, and that you have higher purposes than the satiety of sensual cravings; that you wish to transmute most of your energies into active power plants -- now into sewers.

Let DESIRE create for you a love of the other person's good deeds instead of countenancing a craving for physical touch constantly. Let this love develop and grow into an expanding, new creation of human well-wishing. Visualize the other person as manifesting all that you wish to know him as actually being.

You see, in so doing, you will be turning primary energy out of physical usage into the channels of DESIRE CREATION wherein the strength you have conserved by transmuting sex desire will be used to clarify VISUALIZATION. And to clarify mental pictures means faster return of the reflected circumstance to your very doorstep. Would you like to have a list of the uses to which transmuted sex energy may be directed?

Body Building

Blood Rejuvenation

Brain Building

Mind Electrification

Youth Restoration

Youth Prolongation

Generation of Physical Magnetism

Generation of Mental Magnetism

It is clear at once that with possibilities of increased power in the above-listed centers of the body, none but the most grossly stupid would care to continue wanton dissipation of the marvelous energies that well-up within us. Brilliance can be yours by simply teaching your subconscious mind through DESIRE that you want to reabsorb sexual energy to be utilized in the high purposes of the UNIVERSAL SUBSTANCE.

Desire right thinking; desire clear thinking; desire accurate thinking. Feel every fibre in your body energized by this desire for a keener mind and cleaner body. You will be swept upward to a plane of exultation of your whole being.

PART FIVE

HOW TO ACCELERATE WEALTH

There is a side to the desire for wealth and possessions that is very beautiful indeed. Without wealth we can none of us do the things our better nature would hasten to do, were we financially able. Look about you; observe all the vast riches and resources of the world. You know from your reading and conversation that there is untold wealth in the world which has not been seen or touched by man. All this tremendous, undiscovered treasure in its varied forms is waiting for the natural, DYNAMIC force of DESIRE CREATION to bring it into use.

It is so very simple, when once learned -- this way of acquiring more material substance. The first great key is to know what you best are able to do; then in-build that ability deeply within every single mental picture you thrust by CREATIVE DESIRE into the fields of waiting thought-forming SUBSTANCE. If you are a tradesman, well enough. Actually see yourself, with a calm, steady clearness, as the best in your particular field. See your business increasing and thriving. See people seeking you out to give you more opportunity to earn money. See your estate growing -- houses, lands, vehicles, bank accounts. When you have mastered the art of holding one DESIRE at a time in unwavering firmness it will amaze you to see what wonderful scenes pass before you -- instructing your subconscious mind to create for you whatever you visualize. No matter how you stand now in the ranks of life, no matter what your profession may be, no matter how much money you already have, there are hundreds of uses of a constructive nature to which you can put additional funds.

A PRICELESS SECRET:

While you are visualizing your white-hot DESIRE CREATIONS, certain foreign, malicious, negative, destructive, even lewd pictures may flash into prominence. When they appear, stop immediately; clap your hands once only; then, standing with palms out-stretched, fingers spread, force your arms out straight and upward, while you say with all the finality in the world:

DISMISS: FOR YOU ARE NO CREATURE OF MINE.

You will find that the repetition of this command only a few times will make it possible for you to continue your DESIRE CREATION undisturbed, when you have learned to dismiss the antagonistic spirit with sufficient force of will-power.

In a short time, you will have control that will assure one beautiful, connected visualization of your DESIRE without a single interference from the malign forces about you.

GOLD GROWTH:

When you have decided upon the direction in which you want

CREATIVE DESIRE to operate, having chosen the field of service wherein you best fit toward which to direct this supreme force, during your imaging periods see yourself standing triumphantly in the center of the place in which you earn your living. See young giants with wheelbarrows approaching -- a symbol of humanity's willingness to assist you. See these barrows as they approach full of gold pieces, brilliantly glittering. See the men dumping these gold pieces at your feet, and as the pile of wealth mounts higher and higher, stand on top of it. Now, watch yourself in the mental picture, creating through DYNAMIC DESIRE within the picture itself more possessions and wealth in the forms of mental images. You will thus be watching yourself in a mental picture creating other mental pictures, and will more than triple the speed of realization and materialization. This secret cannot be found in print in any other part of the world. The writer cannot repeat too frequently the necessity of being absolutely regular in visualizing. Then, and only then, will you attain to the high place you can reach in the world's affairs. A plane you are as sure to reach as the sun regularly appears in the heavens, if you never cheat in the process of DESIRE CREATING.

You cannot possibly be too matter-of-fact and detailed in your visualization. When you reach a development whereat you can look through visualized microscopes and see highly magnified wonders; when you can catch in brilliant reality all the varied items of your DESIRE; when you can read pieces of writing in visualized books, then you surely will hasten the coming to you of the pictured circumstances of your DESIRE.

DO NOT BECOME EXCITED: DO NOT TALK OF YOUR DESIRE CREATIONS:

Speech is an external quality; thought in its inception is entirely internal. Speech causes loss, although the loss to the speaker may prove of great value to the listener. Thought causes whatever the thought depicts to start gathering into a reality that will demonstrate in your exterior environment or in your body tissues. When wonders begin to show in your life, tell no one. DESIRE CREATION will not work for you if you tell the world of its action. Above all, -- although it will certainly prove difficult at first, remain calm when works of the most surprising, and marvelous nature begin to show in your daily affairs. Merely go after your DESIRE iwht greater fervor than before, being full of thanksgiving to your UNIVERSAL PRINCIPLE, and showing how much you appreciate your newly found gift by using it daily as regularly as you must use material food. If you go into excited raptures over the beginnings of success in any of your building processes, it will indicate that you consider the working of the Law as magical, which most certainly it is not. It is as normal as any function of the human scope with which you have been thoroughly acquainted since childhood. The mysterious and magical seeming thing is that most of us have wasted so many years in getting into the business of recognizing and using CREATIVE DESIRE.

Here is a motto for you: DO - DARE - KEEP SILENT!

THE CIRCLE OF NINE:

You will almost be able to sense your subconscious mind leaping to work for you when you have learned and applied this secret: In beginning to visualize, see yourself in a room in which stand nine husky, young athletes, in a circle. Walk up to the nearest of these athletes; he will hand you a dollar bill. This bill you give to the second who in turn hands you a two dollar bill; give it tc the third athlete, who passes a five dollar bill to you; giving the five dollar bill to the fourth, you receive a ten dollar note. Continuing around the Circle, you give each member of it, in order, the bill just received from the preceeding one just contacted by you. After the ten dollar bill comes the twenty, then fifty, then one hundred, then five hundred, then the thousand dollar note. As you receive the one thousand dollar note from the ninth person in the Circle, put it in your billfold. Go through this Circle as many times as you wish, always pocketing the thousand dollar bill as you receive it. This heretofore unpublished money-builder, if applied properly, is alone worth more than ten thousand times the cost of the course.

You will notice that this exercise instructs the subconscious mind that you are not a money-hog. You recall that you always give to the succeeding person the bank note received from the prior person in the Circle of Nine. At the same time, you demonstrate to the subconscious mind that you are after growth and expansion of wealth; for you always have at least twice what you had before after each stop in the Circle. Search the world over, and you will not find a surer way to attract money to yourself through visualization. See the bank notes very clearly. See the actual printed denomination of each bill. After the twenty dollar notes, you must be certain to look carefully at each larger a bill, to ascertain its definite value. See them vividly, expecially their color, and see every characteristic of each bank note in a perfectly normal attitude. Let your DESIRE CREATION be spinning at white-heat, while your physical self remains absolutely placid and quiescent.

DO NOT TRY TO VISUALIZE THE METHOD BY WHICH RESULTS WILL COME:

It should make little difference to us how good reaches us so long as it does actually manifest itself in our lives. Do not try to guide your subconscious mind or the UNSEEN SUBSTANCE into any particular manner in which your materialized desire shall reach you. That is the sole business of the SYSTEM that pervades the unseen realms where superhuman energy forms patterns to be materialized. The thing of vital importance is to be ready to grasp every choice opportunity that presents itself to you. Step by step, you will be conducted in your daily life and affairs to the very center of the DESIRE you CREATED -- at that to come time in material form. And having learned in this course how to attract the good and dismiss the negative forces, all travel for you will be upward and immediate as soon as you play fair with dynamic CREATIVE DESIRE and use it regularly and faithfully.

PART SIX

BECOMING A REAL NECESSITY TO SOCIETY

To live dynamically, we all must have an ideal that lifts us constantly higher and still higher in social status. Once again, remember that the best procedure is to analyse your condition exectly as it is now before trying to build new social mansions. The sooner you know what is delaying you, the earlier you will be enabled to do something of constructive correction.

No matter in what condition you find yourself now, start immediately getting a big thrill out of your circumstances. The worse they are, the more you should be thankful for present deplorable conditions. When you can be glad on account of adversity, you are really ready to progress. If there is anything negative conditions detest, it is to be laughed at. As long as you hate your traits and limitations that hold you back socially, these evils will remain with you and grow alarmingly. Get a big laugh out of ill-health, poverty, and all afflictions that weigh you down socially, then watch them vanish. For they, like all negative-spirited forces, when realizing they can no longer worry or tease and annoy you, lose all desire for your company and seek out other people who will pay attention to their miseries. By this action of laughing in the face of all distressing circumstances you will become master of your own fate and, soon, you will find your subconscious mind leading you steadily to higher heights and greater deeds.

Whether or not you know it, other people feel the degree of your personal magnetism. Physical appearance, neatness, dress, habits, speech, and all other phases of cultured breeding, are noticed; yet there is also a certain UNSEEN vibration you carry that other people contact and appraise when in your company. Popularity is a sign that the proper quantity and quality of personal magnetism is highly present in you. DESIRE CREATION will assist you tremendously in generating personal magnetism. In visualizing, always place yourself right in the center of activity. Remember, as in the instruction of Part Two of this course, everything revolves around you -- <u>from</u> you, as the center. As far as you are concerned, you are the center of the Universe. If it is your desire to become a great banker, then you must picture yourself in the center of a great banking institution, and as the center of all its affairs. If you are striving to become a great speaker, you must not only visualize to the point of seeing the color of the eyes in your audience; you must also see yourself as a most charming, magnetic speaker, holding your visualized audience spellbound by your discussion, and the wit, culture, and poise of your delivery of it.

All power comes from within - - from the very center of your being. The primary reason UNIVERSAL ENERGY and UNIVERSAL FORCE, as well as UNIVERSAL MIND, do not work for you is that you have,

the belief that these UNIVERSAL POWERS must be external to yourself. Just the moment you realize that those tremendous forces are near you -- they actually are within you; there will be no further difficulty for you in establishing contact with them. Universal powers are everywhere. You may be symbolized as a vessel, let down into a boundless ocean: The vessel is in the ocean; the ocean is in the vessel.

A young woman was trying to visualize a beautiful home. When I asked her how many rooms were in this house, she was confused as well as somewhat amused. You can imagine her surprise, therefore, when I asked her to describe the furnishings -- the colors of rugs, draperies, the kinds of books she had on the shelves, etc. Yet after she realized the importance of giving a perfect picture to her subconscious mind's realm, she began to understand why none of her mental pictures had materialized. If we do not have the imagination or the initiative to present a complete and fully detailed photographic likeness of what we DESIRE to our subconscious mind, we can hardly expect it to conjure up a materialization from thin air at our behest. After all, the subconscious mind is an integral part of ourselves, even though it is that part of ourselves which is in intimate contact with the UNSEEN. Therefore, it is vitally necessary to our success in visualization, as stated above, to know what we DESIRE in its most intimate detail; and, knowing, to inform our subconscious mind of the exact and precise thing or things it is to procure for us from the UNIVERSAL SUBSTANCE.

Imaging is truly a wonderful power, provided you form clear-cut pictures of the things imaged, and continue to see yourself in the midst of your mental creations. Nothing ever began without a center: Did you ever realize this scientific fact? Therefore, be the nucleus of your VISION, and it will materialize if faithfully and constantly revolved.

Conversational ability is a marvelous advantage in the race for social preference. You know, speech is the principal means of communication between one mind and another -- whether the words be spoken or written or otherwise symbolized. Pictures such as we see in books, advertisements, and those thrown on the screen are of great aid in our daily contacts with society yet you realize that pictures could convey nothing to us unless certain descriptive and explanatory words which we have previously learned come into our minds as we looked at the pictures.

The more interesting you become to people because of the valuable topics you can discuss and explain, the more in demand you will be socially. As long as you do not desire to emerge from your shell of reticence, however, keeping unto yourself what you really know should be shared with other people, you are certainly going to remain a wall-flower, socially.

There are literally hundreds of thousands of people who involuntarily cause almost everyone they approach to like them instantly; they are the people with intensified personal magnetism,

and should there be any in the group approached by the magnetic one who have previously experienced his charm and strong vibration, they quickly will remark (at least to themselves) that a real asset to the group is arriving.

While you are visualizing for popularity of the magnetic vibration, DESIRE that you shall eagerly be awaited wherever you are invited. See the gathered people rushing up to you and greeting you as if you had been a long-absent friend of them all. See them gathering about you in circles while you watch yourself revolving rays out to them -- from the point of your solar plexus to three of their centers: The brain; the heart: and the solar plexus. See that everyone is most attentive. Radiant smiles play across your features, and the people's faces are brilliant with happiness because they deem it a privilege to be near you.

In your picture, do not forget to include a tremendous THOUGHT that all you say and do and feel must be effective because of your DESIRE to uplift humanity and to be uplifted.

A CENTER OF MAGNETIC FORCE:

Here is another great secret: Visualize yourself standing on a crowning hilltop with a valley below full of people, all looking up to you. Then, using the method of Part Two, start the revolving of visualized light rays from the solar plexus in clock wise direction, seeing the rays reach down into the valley and strike the solar plexus region of each person standing there.

One by one, draw these individuals along your revolving rays until they have made contact with your own solar plexus. Absorb them then, and visualizing them passing through your heart and body, up through the brain, watch them emerge from your head as brilliant, white personages.

This will demonstrate to your subconscious mind that you desire to draw people to you because of the spiritual, fraternal, and intellectual benefit you will obtain from and be to them.

Once you see that these people are vividly coming toward you along the revolving rays with smiling faces, you will shortly thereafter be amazed at the increase of your general popularity.

Surely, you must now realize that all these things depend upon your own DESIRE to CREATE them. All the more information in the world can never advance a civilization one step until its people put their knowledge to practical, regular, methodical use. It is, therefore, strictly up to each of you, as individuals, to make proper use of this information. If the writer in instilling within you a burning, thirsty DESIRE to apply these secrets of CREATIVE DESIRE MATERIALIZATION, then he is gratified beyond all, any descriptive powers. Personal experience has given the writer full confidence in the working power of DESIRE PROJECTION when people respect it sufficiently to use it earnestly.

PART SEVEN

A NEW AGE DAWNING

DESIRE would indeed be dead if it were not for SPIRIT. To become dynamic, we must develop our spiritual qualities as far above the average as we can make them. This does not mean being a human holy of holies; nor does it mean going to church one day each week and forgetting about spirituality the remainder of the week. It means reflecting in your daily life and living all that spirituality means; an increased DESIRE to aid others on their soul paths, to teach them a philosophical point of view in face of difficulty, then to teach them how to use dynamic DESIRE to CREATE forces which overcome all depression.

It is one thing to recognize happenings as FATE; it is quite another thing to realize that through DESIRE properly used, we can master OUR fate. All philosophy that teaches oncoming calamity is certainly eligible to be shunted into the trash fire. DESIRE instructs you how to know things in advance because you are MAKING THINGS out of DESIRE MATTER.

HOW TO VISUALIZE THE SOUL:

Image your soul as a sun in your breast. Every morning when you arise, stand before the open window and face the east with arms outstretched and eyes closed. Visualize the sun that you see in your breast coming out and glowing and growing. Let it leave your body and hasten to the sun in the heavens, kissing the parent sun; then DESIRE your breast sun to return to you with a vibration of overflowing ecstasy. If weather conditions prohibit your actually seeing the sun in the heavens, know that it is there nevertheless; never allow any such material interference to interrupt this soul flight. You thus will teach your spiritual centers through the subconscious mind to aspire toward more brilliant spirit-light every day, to become sacredly tempered more and more each day in the terrific heat of the heavenly sun, until all but the blue-steel fibres of your soul have been consumed. Let your spirit go out to the beautiful beings you meet; to the birds, animals, flowers, trees, and elements. Storms and all adverse weather conditions must be seen through and the calm brilliance of ideal climate visualized. Thus, because of the work of your subconscious mind as you will direct it through DESIRE, you gradually will pass the state where you can tolerate even the most insignificant adverse thought.

So much is heard and read about the oncoming Acquarian Age, that a word about it ought to be said. A certain vibratory move-

ment of the North and South Poles of our world causes a backward motion of one degree in about seventy-two years in the point where the sun on every March Twenty-first crosses the Equator. The Earth is now moving backward into the sign of the Zodiac called Aquarius, after which the Aquarian Age is named. We are in about eight degrees of Aquarius at the present time.

Whenever the Earth nears entry into a new sign of the Zodiac the etherial vibrations emanating from that sign of the Zodiac affect the people of the Earth very greatly.

A great, world-wide change in customs, governments, society, and physical appearance and habit, together with radical changes in mind and culture descend with each such passage of the Earth from one sign of the Zodiac to another.

Every year brings the New Age closer, into fuller power; its vibrations more and more dominant over humanity and all living creatures. DESIRE a fuller understanding of the constantly changing currents in SUBSTANCE. Radiate your personal beauty as much as possible across the border into the new lands of fascination, so as to be a guiding light for less energetic souls yet, struggling with their evolution from older habits of mind.

The Aquarian Age will be in effect for more than 2150 years. It will be a POSITIVE age. The present age -- the Piscean Age -- a negative era, filled with tales of self-defense through fear, fortunately is fading out quite rapidly. We who are progressive should let it die out in our lives as quickly as possible.

The old habits of self-pity and self-defense, possible necessary in the past era, will be rendered obsolete by the New Dispensation's beautiful certainties. We will have no more bosses to hold sway over us, for the people under the New Age will DESIRE to do the right thing by themselves and by each other. The centuries-searched-for LAND OF PROMISE appears to be a certainty, with the fast-approaching Aquarian Dispensation.

Remember your motto:

DO: DARE: KEEP SILENT.

Let these simple rules be your guiding principles throughout your practice of CREATIVE DESIRE. You will find the growth and spiritual, as well as physical development astounding and joy-producing in your life.

PREDICTIONS THAT WILL STAND THE TEST OF TIME:

This Acquarian Age will bring us out of emotionalism into realism. It will set up higher ideals that we now fully can appreciate. We are going to supercede our fondest dreams of perfection. MIND will be dominant over all other forms of expression. We will travel by air as safely as we now travel by land or water. Religions will be founded on contacting the UNIVERSAL-PRINCIPIE of DESIRE CREATION through proper visualizing. Sex passion will be transmuted into mental and physical power and activity. In that Age, we will not try to gain the upper hand over our fellowmen. We will not hoarde; nor be miserly. We will be a much taller, more generally beautiful race of physical beings. We will think deeply and tremendously accurately. Family will be universal, in the sense of one great community. We will then be familiar with all that now is termed occultism, and present-day mysteries then will be our common body of knowledge. Incurable, diseases will relinquish their dominance over our present ignorance, and life will be greatly prolonged.

Learn to think from the bottom of your problems onward. You must not scatter thought, but learn to keep it within the boundaries of the New Age. Expansion is the result of strong fundamental building. No matter how simple is the start, if you would have a more completely remarkable right of citizenship in the New Era, you must attack all your problems from their origin to their final conclusion. Since all vexatious problems now beseting us are relicts of the Old Age, we may be assured of their disappearance when finally we decide to lay claim to our new rights of membership in the Aquarian Age. Think your way through in an orderly, mathematical way. Even though it requires a slight delay, wait until you are absolutely certain before you decide anything. Remember, when once you approach CREATIVE DESIRE you must do so with fullest intent to live up to the responsibilities in and of it.

In-build your resolution with white-hot DESIRE, and you see what wonders are done. Then, act and live the part from now on throughout the remainder of your stay on the physical plane.

You now have an abundance of light on the most potent force in this physical world -- DESIRE. DESIRE, therefore, with tremendous fervor, zeal, and enthusiasm, to become a genuine citizen of the New Age. By following through the directions given in this course, you will find to your sudden amazement that you are already well on your way into possession of the powers of the New Dispensation.

FINIS