HIDDEN

SECRETS REVEALED

BY



This book is worth its weight in Diamonds, a thousand times more so.

"It we have not taken what would all the based in "

Read again & again & again now, and as long as you live. Above all, apply what you learn & practise regularly. Prove the Laws Yourself.

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THOE SHALL NOT TAKE THE NAME OF THE LORD IN VAIN

FOREWORD

Dearly Beloved :

In the Name of the Most High, I give you Truths little comprehended heretofore. Listen carefully; let your heart embrace that which it can accept; let all else be set aside until such time it can be accepted.

These Truths shall enlighten all who will. Those who do not comprehend, or accept, shall in no way be left without. No, for there is spiritual food prepared for every stage of development. Each to his own must ever go to find what is for him.

We shall call this book HIDDEN SECRETS REVEALED by the Lord God, through this channel, Ann Herbstreith, who is attuned to the Higher Vibrations where all knowledge exists; where all may be known, accordingly as you are able to "receive", or hear the word.

It is not necessary to question such channels. There are many. This is the Age in which they shall come forth. The time is NOW!

Dear gentle reader: Open your heart, your mind. This is, indeed, the way that shall lead you into a higher concept of what you are; what your God is, and how to find your God within your aura. He does, indeed, dwell within each man, the spiritual man of each, your own counter-part, or psychic body which is the perfect man. The physical man is, indeed, imperfect, but the spiritual man is the pattern with which you shall build the physical, or the "image." If you will behold, or hold this perfect man in your consciousness, you will become that "I AM" that I AM. So be it.

"THOU SHAL1 NOT TAKE THE NAME OF THE LORD IN VAIN"

What does that mean? It means that whatever you ask in the Name of the Lord shall not be in vain. It is law. Since Law is, since it cannot fail, how, then, can you use law in vain? This commandment should read: Thou cannot take the Name of the Lord in vain because the Lord thy God is Law. It always does work for your good, or evil, according to your thoughts, or as you ask or speak the word. If you continually think about something you do give power to that, and you do in that manner ask for it.

Think well on this, and do not take the name of the Law in vain. It does produce that which you name, or ask. For centuries has this been interpreted as meaning — just using the Name wrongly. Oh, so little understanding. How can the "blind lead the blind" other than in the "ditch"?

First get wisdom, and above all, get understanding before you try to lead another. So be it!

GOES, YOUR ENERGY FLOW**ZWAL** this very energy that creates

The laws of the Lord are "just" laws. These laws are being revealed to all in these writings. Many would say, "Oh, I should like to obey God's laws but I do not know the law." So be it! For this purpose shall they be given; that all may know.

Now, to merely read these laws is not enough. No. You must use law, for it IS. It can be proven by all. And, of course, nothing is for you unless you prove it.

All things work by divine law. There could be no order in the universes without such law. How important, then, for everyone to practise law, for truly a life without law and order is a life of trouble, chaos, trial and error, or hit and miss.

When you work with law you know the outcome of every venture because it is law and cannot fail. So be it!

it is indeed right. Man is a law unto himself. This great gift was given him since time began. However, if Man shall now when shall reap wheat. If he shall sow good : CREATION : A MAN him till the end of his days. And likewise the man that sows

Who, and what, created all there is? Behind creation is all Energy, one Mind, one Essence. Man's powerful tool is thought, or visualization. You, then, are creator in human form. You, and you alone, create all you are, your circumstances. Your every mood creates good, or otherwise. You are that which you seek; you do behold that which you are. You call forth in others that which is in you, because if you look at another and see good, or bad, so be it! to you. It is neither good, nor bad, it is merely what you see and call it.

Learn to create in your life that which you want. Therein do so many fail. They see things as they are instead of seeing beyond what seems to be the reality, or perfection, or, as they desire it to be.

You see, it must ever be thus: I desire a thing; To me that becomes my objective. You do not desire the same object that I do; to you this holds no attraction, and so you create your desire, while I will create that which I desire. And so, each man does create according to his thought pattern.

Now, you may say, "But, I do not want this poverty, this illness, this condition." Very well, then take your attention from the things you do not want, and keep your mind's eye on those things you do want. This is Law: WHERE YOUR ATTENTION GOES, YOUR ENERGY FLOWS. It is this very energy that creates your world, your good, your bad. Take your thought, or energy from a given thing, and for you it cannot exist for you will no longer hold it in your consciousness, and nothing can exist for you except in your consciousness.

Learn this leason well. It is Truth. Now, how can anything be truth for you unless you "prove me now"! So be it.

LAW OF KARMA:

This holy day we shall reveal the inner meaning of the Karmic law. It is not the ominous law so many believe; it is merely the law of cause and effect. Since man on earth has been given free will, always, it is his choice, or will to choose the way he shall live. Now then, man can only do that which he believes is right and good. As long as he believes in his own heart he is doing right, it is, indeed, right. Man is a law unto himself. This great gift was given him since time began. However, if Man shall sow wheat, he shall reap wheat. If he shall sow "good", surely good shall follow him "till the end of his days". And, likewise, the man that sows evil must certainly reap what he has sown. This is the great Karmic Law. Now, is there a way to sidestep the effect of such a law? Yes, there is! through the saving grace of Our Lord Jesus Christ, who said, "Come unto me, all you who labor and are heavy laden. I will give you rest!" Now suppose you have done a wrong, must you continually, lifetime after lifetime, pay for this wrong? O, no! The first point is to repent, or stop doing wrong; ask forgiveness, and as you forgive yourself so are you forgiven.

You have been told: "Tho your sins be as scarlet, they shall be as snow". So they shall be as you work out your salvation or your way through the wilderness of your own making. For, like the prodigal son, it is you who must first turn about and start back to the Father. He will, indeed, meet you more than halfway, with great rejoicing. He will not say that because of karmic law you must continue to wallow in the mire. No, because you have paid the karmic debt through your suffering in the "mire". You may now invoke the Law of Forgiveness! Amen.

LAW OF FORGIVENESS :

Let us, this day of Our Lord, speak of this great Law of Forgiveness. Invoke this great law in the Name of the Lord, or Law, to forgive all transgressions against you; real and imaginary. This is the essence of the law of forgiveness. No one can be forgiven unless he is also willing to forgive. None are perfect. No, not one. Each is merely striving for that perfection, and in the striving, mistakes are made. It is well, for in that manner do all learn. But, having learned the lesson therein, do you go forth and "sin no more", or do you repeatedly make the same mistakes over and over again. If you do, you have not learned the lesson and must experience the effect of such a mistake.

When the Great Master Jesus said, "Go and sin no more" it was the same as saying, "You are healed!" because it is this "sinning", or making the mistake that causes dis-ease in the body. Why? because there are certain laws governing the universe, the body of man, and when man obeys these laws he will live in harmony, and harmony is health.

There can be no perfect health as long as man harbors unforgiveness, which is merely the negative feelings of hate, intolerance, criticism, for if you truly forgive your fellowman you cannot harbor such emotions, and you are forgiven because you have first forgiven. Learn this law; obey it always. It brings true happiness, or heaven on earth. So be it!

LAW OF ABUNDANCE :

This day of Our Lord we shall reveal the hidden meaning of the law of abundance. Oh, yes, there is such a law. This abundance dwells within each man. Each man has within himself all things that shall make his life on earth a paradise, a place of beauty. For God does, indeed, want all "good" for you. If you, as a son of God, are heir to "all that the Father has"......if heir, then how, or why should you lack anything for which you have need?

It is only in your consciousness where you can lack anything, for man lives in his consciousness. This being true, then what are you conscious of? Well, look around you, in your environment. What do you see? Is it poverty, illness, dissension? Whatever you hold in your consciousness must express in your life. "As within, so without". What does that mean? It means what you think, or visualize, **must** come into manifestation. This is law!

Now: "as you think!" What are you thinking? Do you think you are a child of "dust" — that you must eke out some form of existance by the "sweat of the brow?" If so, that is exactly what you must do, because herein is another law: AS A MAN THINKETH IN HIS HEART, SO IS HE.

Now suppose that you realize that you are a child of Spirit; a spiritual being, and at no time are you separated from the Great Spirit, or the Father, would you not begin to expect your divine heritage as the son of ALL GOOD?

This law of abundance does indeed supply every possible need. You have but to look around you and see the abundance of Nature. The earth does give forth of her abundance. It is you who must accept this abundance.

LAW OF PRAISE :

In the Name of the Most High, we give you the Law of Praise! "Praise the Lord, O my soul," sang the psalmist. Why? Why should the soul praise the Lord? Because praise is an essence that flows from the one praising. It is a blessing breathed on all things you praise. It lifts the heart to great heights where the laws of man do not function, but the Higher Laws exist and transcend the law of man.

O, praise all things, for they are, indeed, good! Good for

the particular soul who does experience the thing that comes upon him. Praise the good! Praise the bad, for in that manner you praise the bad into the good. It is law. Whatever you praise must turn into good. Man is law unto himself. He has within him the power of praise that shall shape his very life into a heaven on earth.

LAW OF THANKSGIVING :

This is the day we give thanks; a day of thanksgiving. Let each day be a day of thanksgiving. O, children of earth, if you knew the power of thanksgiving. Give thanks for all things. All things great and small, good, bad, for all things are for a purpose. If you are faced with a problem, give thanks, for there are no problems; there is an answer. Just ask the Father within. If some seeming disaster comes upon you, give thanks. When it is past you will be stronger, well equipped to help another through a similer experience.

Know this: no one comes to earth alone. You have your guardian angel by your side always. Be aware of this. Do not rush headlong into a situation; calmly reason it out, then go ahead if it seems right to you. This does not mean it shall always be right, but if you did take a wrong turn, what matters, start again.

O blessed children of earth, you have so much to learn through experience. If you do not experience the "thing" you cannot truly know it. The greatest of all teachers is the one who has experienced the thing he speaks of, for he speaks from the heart.

Give thanks for all that was, is, and shall ever be. Yes, it is law: As you give thanks so shall you always receive of the gifts of the Father. So, bless it, this law of thanksgiving. It does multiply that which you give thanks for. Amen.

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What is this law? It is a spiritual law. You are a spiritual being and as such you are not subject to the laws of man. Of course, you may say, "But, what of the laws of man, do I have to obey them?" Yes, the mortal man must obey the laws of earth, but the spiritual being is governed by spiritual laws. Now, what are these laws:

- 1. The "word" of you is law.
- 2. The "word" of you creates.
- 3. The "word" of you molds the physical body into either health or dis-ease.
- 4. As a man thinketh in his heart, so is he. O yes, it is law.
- 5. You live in your consciousness; there is nowhere else you can live.
- 6. You make your heaven, or hell. Your thinking makes it so.

Now, as pure Being, pure Spirit, you are perfect; the image of God. Surely you can comprehend this. If you are in the image of God, or pure Spirit, behold only this perfect "image" as you must express in the outer that which you visualize in the inner. For this is truly another great law: WHERE YOUR ATTENTION GOES, YOUR ENERGY FLOWS, and it is this energy that shall build that which you image. Amen!

LAW OF REALIZATION :

To know something does not mean realization. To read something gives, perhaps, a knowledge of something. That is not realization. Realization is a flooding of the consciousness with a flash of understanding. You will then say, "O yes, I see." Or, "It is all clear to me now."

You are a child of God. Ah well, many know this to be true. But, were you to realize this, it would bring complete illumination the instant you realized this stupendeous truth. And so it is with all truths.

Man babbles, or repeats certain affirmations, such as, "I am a child of God!" Very well, then, realize this and act as though you really are a child of the Most High. God is not mocked. If you profess to be His child you must, of necessity, have all of the attributes of God and will be able to act as a child of God.

Now, affirmations are very good since they help convey to the subconscious mind, truth. This mind will act upon whatever you tell it to act upon **IF** you believe what you are affirming.

How to come to a realization of a certain Truth: Meditate on a Truth, daily, thus: For five minutes each day, sit quietly and let nothing enter your mind but this one Truth. If you have to affirm it a hundred times over, let **nothing** else enter but this one Truth. It shall soon bring a realization of itself. Every cell in your body will fairly be on fire with the truth of it. It will no longer be something you believe; you will **know**. Amen.

LAW OF JUSTICE :

In the Name of the Almighty Jehovah is this law revealed. To understand this law of justice we must first come back, back, back to where man asked to come back to earth to carry out the divine pattern of his destiny. He brought with him his heritage. All things are within man for the perfect working out of the pattern of his life on earth.

The greatest of all gifts of the Father was free will. Yes, man has this great power of choice to do that which he wills to do. As can be readily seen, man does not always use his will for good, and therefore, the law of justice. God does not punish man, but since the law of justice is a "just" law, man is punished by this law for his wrongdoing. If he knowingly does wrong, he already knows the outcome, for within man is the "knowing one", which we call our conscience, which tells us right from wrong. If you work with this conscience you shall not be able to wrong your fellowman, because when you harm your fellowman you do harm yourself. There is but the ONE WHOLE consisting of many parts. And so, the Law of Justice does ever deal justice to all alike.

There can be no injustice, for, indeed, you cannot reap where you have not sown, and likewise, as you sow, so shall you reap. Yes, a great law, this Law of justice. Amen.

LAW OF COMMUNION :

O children of earth, you did indeed come of the Father, from heaven, only to learn your many lessons through experience, and then slowly work your way back to your Godself.

Now, when you came to earth you were, and are at no time separated from your God. Your Silver Cord is the connecting rod, or string that makes you one with your God. This being so, then this cosmic string, or cord, is your communicating link with your God. The One in heaven and you, the one on earth, are forever one. You cannot ever be separated.

This, then, is your first and greatest awakening. First the realization that you are one with your God, and second, to establish this oneness, or at-one-ment through communication. How to do this: Sit quietly, feet touching floor, hands loosely on knees. See, or imagine yourself sitting in a great golden sea of Light. Then visualize this cosmic cord, or string rising from the top of your head, up, up, up into all Light. There in the stillness your God shall speak to you. Listen carefully, you may even hear the Heavenly Host sing. "Halleluja", another earth man has found his God in communion. Praise God! Praise God, Truth IS. Amen.

LAW OF APPROBATION :

"Freely ye have received, freely give out," said the great Master Jesus. Yes, it is law. And again we are told, "To whom much is given, much is required." And so, as you receive, first approbate, then give out, or use what you receive; apply it in your own life; prove it out, for how can you know it is truth unless you first prove the principles. This is law; the law of approbation. Apply it then in your own life and then give it out to all mankind, for it is, indeed, truth.

All things are within man for the perfect working out of the pattern

LAW OF REVELATION :

In the Name of the mighty Jehovah is this law revealed, the law of revelation, when, as the Bible tells us "nothing shall remain hidden; all shall be revealed." Revealed by whom? Revealed by Spirit. The Spirit within man. Spirit bearing witness to spirit.

Now, the Bible tells us, "if any man lack wisdom let him ask of God." Suppose you would know the truth of something; its true meaning, how would you go about it? You may start by thinking about it. Yes, but suppose the meaning still eludes you. Try meditating thus: Sit quietly, alone. Ask for a revelation of that which you wish to know, and as you ask **know** that the answer shall be forthcoming. It is law: "Ask and you shall receive." You may not receive the answer the first time you try this, but be certain that it shall be revealed to you.

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And so, My children of earth, this is the great law of revelation: All must be revealed to all who ask. So be it.

LAW OF DISCRIMINATION :

In the Name of the Holy of Holies shall this law be given, i.e. : the law of discrimination. Within each man is the All Knowing One, your heart center, where you feel, rather than know the truth of a thing. You need never ask of anyone, "What do you think?" It does not matter what he thinks. What do you think? that is the all-important thing.

For the answer, search your heart. It shall always give you the answer, the re-action to a given action. How does your heart react? You have heard a great speaker. Well, did you **feel** the truth of his words? Did what he said touch your heart? Did your heart re-act in oneness, in acceptance? or did you begin to question, "How can that be?" "I do not accept this!" "I do not believe this!"

You will answer your own questions if you will listen to your heart. It is your only true guide; it will not err, for you will be true to your own being, or your God, Jehovah, within.

LAW OF ACTION :

You may pray much. You may sit in contemplation also. You may dream of these things you want to do. Very well, your world is made up of these things you dream of. But, unless you put these things in action, you pray "amiss"; you dream for naught. And why contemplate and not do? Action is the only thing that shall accomplish anything. Without action you have static, or abortive ideas. O yes, any idea you may get, unless acted upon, is abortive.

God does, indeed, answer your prayers. But it is He who gives you the idea, or blessing! Now, what good is this blessing unless you carry out the idea? God and you are one. God in heaven, you on earth are forever one. He directs, you "do" that which He directs, and so, that is working with God.

"All things are possible with God!" and so they are, but what does it really mean? Everyone knows that God can do all things, and with Him you can do all things, but — you are still the one who must do. Then, and only then are you working with God, and all things are then possible for you. You will not be the one doing, it will be the Father within who "doeth the works." Know this: Nothing is accomplished without action. It is law.

LAW OF CONFIRMATION :

All is law. If it were not so there would be nothing but chaos, or confusion. What about this law of confirmation, or "prove me now," as your Bible states? You may read, study, learn and apply what you learn, and if you glean a truth, how do you know it is Truth? Did you prove it? If all is run by law it must prove itself. If what you believe cannot be proven, how can it be truth to you? Now, of course, that does not mean it is not truth, but for you it cannot be truth unless you prove it.

What is sin? It is a transgression of the Law of Being; your being, for you and your God are ONE. Do you love "thyself?" Do you know thy Self? If you do, then you do, indeed, love thyself because "thyself" and the Self are one Self, and when you condemn, criticize, belittle the little self you are sinning against your own God.

The sins of the Spirit are anger, hatred, criticism, jealousy, and when you know that you are in the "likeness" of God, you will love all people, things, conditions. You will know that all is God; that all is Good! It does not matter whether or not it seems good to you. It is good for someone, something. So, bless all, and know that all is God.

LAW OF MATERIALIZATION :

That which you image must materialize in the outer. Do you see that man is creator in human form? Man creates all there is. It was ever thus: All that is made in the beginning stage, an idea! Nothing can be created, or manifest in the outer except it first was conceived in the inner, or mind of man. And so is this truth explained, AS WITHIN, SO WITHOUT.

When you consistantly image, you do create. And can a "fig tree produce anything but figs?" If you image certain things

they must become real to you because you are praying for whatever you think about, or of.

Suppose you want something; or want to accomplish a specific thing. First, there must be a perfect mental concept of the thing, in its conception. Then, know that whatever you can conceive, you can achieve. Amen.

LAW OF SIXTH SENSE :

It is a law of Being, your being. It is your intuition, your guide, your direction, your "light on your path", the "lamp unto your feet." Each man came to earth equipped with this sixth sense. Why not consciously use it? Of course, it works whether you know of, or are aware of it or not. But when you know that you can call it into action at any time, it is one of the "pearls beyond price" the Bible speaks of.

It warns you of danger; it gives the "hunch"—it says, "Yes," to this; "No", to that. It is your guardian angel. You are never alone whether you know this or not, but what a comfort to really know this; to know that "closer than breathing, nearer than hands and feet" is THIS within man. There is nothing you cannot do because this great Power does the "works" through you. You only have to "let".....no struggling, striving, just let. This is the heritage of man; your divine birthright, and you can do all things through THIS!

LAW OF COLOR :

Color is one of the greatest of all healing agents. It is a vibration vibrating at different speeds, for each color has its own vibration. Now, white is the color containing all colors. It is well when sending healing to visualize the great White Light surrounding the one to be healed.

If you would heal the heart, it radiates to blue. The liver to green, the brain to yellow, the solar plexus to purple, which is the spiritual color needed to awaken the giant of wisdom resident in the solar plexus.

Learn to use color, ask for it. Visualize the bright cherry red for quick energy. The great golden Light surrounding you is your protection against all di-ease, harm, all negation. Keep yourself well surrounded in Light. With practice it becomes a literal wall of protection. Nothing can penetrate this in its essence, God's great gift to man! Why not use it?

Every good has its compensation. Yes, every act. Since man is a law unto himself, he is the giver and the receiver. He gives of all that he has; and all comes back to him. He gives love, compassion, money, or himself, his time. energy, wisdom, joy, laughter. Yes, wonderful, wonderful man. He, indeed, has all things within him.

Man need never beg the Creator for any good thing, for all that the Father has, is his. The Father is Love; man is love also. The Father is substance; well, there is only one substance, out of which all things are made. If there is only one substance, how can man differ in any way from the Father? The Father is pure Spirit. Man is also a spiritual being.

Now, all this is absolute Truth. Then, how about this Truth? Do you believe it? Can you accept it? Man is a divine being, made in the image and perfection. Think on this perfection that you are, and as you keep this picture before you, you will be that I AM THAT I AM. Amen.

THE LAW OF THE IMMACULATE CONCEPTION:

In the Name of the Holy of Holies within each man is this law given. Each man is the immaculate concept of God. That spark of divinity within man is God. Now, there remains much for you to do. Just knowing this is not enough. The immaculate concept is the "babe" in the manger, the Christ Child. Holy, divine, yes, but you must "magnify the Lord" within. Feed it each day. Dwell on the Glorious One until, little by little, it grows stronger and stronger, in faith knowing always you do magnify that which you dwell upon, or meditate on, and little by little you will express in the outer, this Christ you have been nurturing in the inner, and He shall stand revealed for all the world to see — in you, as pure Light!

To this end did you come to walk the earth as man to go back to the Father as the Son — through trials, errors, joys, heartaches, and every experience that will help this Christ Child grow in stature, in wisdom, in understanding. Work on this each day. The reward is great. Amen.

LAW OF INCREASE :

All things increase with use. Use what you have on hand, and it will increase. "What have you in your house?" asked the prophet of old. Well, what do you have? Three drops of oil? (in your consciousness). Watch it grow in your consciousness. Visualize barrels of oil.

Understand this great law. You can have nothing except what you hold in your consciousness. If you have a rich consciousness, it shall, indeed, it must be expressed in your life as wealth.

LAW OF ONE-NESS :

Since there is only the ONE, and besides the ONE there is none else, there can be no separation of the parts. Oh yes, this is law. If you take a whole it must contain all its parts to be a whole. Then try to understand that in all the universes without end, it is always, and forever, just the ONE in Jesus Christ. The Bible refers to this as one Body in Jesus Christ. And so it is. All are members in this one Body, and so as the Bible states, very clearly, "God is no respecter of persons."

How can you say to your body, (your whole body is a whole within a whole) that you love your eyes, but not your feet. You love your heart, but not your liver? And so it is with God, the Almighty Creator of all things. His love does encompass all, and all alike. This, then, is of the greatest importance if you would grow in Christ Consciousness. Indentify yourself, always, with every man. Do not love this one, or that one. Love none because you love all, for you are every man, or one. There can be no separation, ever. This is the way to one-ness with God, one-ness with all men.

LAW OF LIFE :

Trust this law, for it is, indeed, a "just" law. What have you to give to contribute to Life? Think on this, and while you are thinking on giving, you will not be able to think on receiving. But, Life shall always give back to you, in good measure, "pressed down and running over" all the gifts of its Nature, all things. The secret here is: do not just think on what you can get, but rather what can I give to make this world a better place to live in. What can I do to cheer a weary fellowman; lighten his load? What can I do to help my fellowman realize his divinity. How can I help make his life a little happier.

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What does it matter whom you help? O, it matters not, this one, that one, for have I not said, "As ye do it unto the least of these, ye do it unto me," or Life? For Life is, was, and ever shall be the "ME" of whom the Bible speaks of. I AM LIFE! and as you give to life, so does life give back to you. It is law, and by the same token, you cannot get anything unless you first give. Give, then, that your joy might be full, for the law is exact, it cannot fail.

Give, give, to Life, but give impersonally. Not to this one because you like him. Or that one because he has rendered you a service, for then you have your reward. When you give, "let not your left hand know" — another law. In this manner are you truly contributing to life. And does it matter whose life? It is my life, and there is only the ONE! Amen.

LAW OF BELIEVING:

All things are possible if you believe and I might add, and equally important, nothing is possible unless you believe it is possible. Now, study this. Reason it out, and above all, " prove me now."

If you want to do a certain thing, be a certain thing, a writer, a musician, an artist, well, what does hinder you? You are the master of your life, your destiny. You have all the power within you which is "My grace." It shall always be sufficient. Do you believe this? If so, just begin that which you want to do. O, it must be more than a mere wishing; you must will it. Nothing on earth or in heaven can hinder you from doing that which you will to do. Why? Because man was given free will. Man's greatest gift is free will. You may use it for good, or evil. It is your choice.

Now, then, you wish to write. Do you believe you can write? If you do not believe it you need go no farther. But, if you do believe, then begin. Start this thing you will to do. All the forces of the universe stand ready to serve the one who wills to do something and believe he can. It is, indeed, law: ALL THINGS ARE POSSIBLE IF YOU ONLY BELIEVE! So be it.

If you hear the Voice, do you obey? If not, what a waste of time listening for guidance. Your Higher Self knows you better than you know yourself. It strives always to lead you in your own God-pattern, or in the work which you came to earth to do at this time. Why not prove the Spirit? Is it God? How can you tell unless you "do" these things revealed in the "closet" of your heart.

There is no purpose in meditation unless you are willing to follow through, or do the "thing". Long have I waited for this "contact"; so patiently have I pointed to the Way. Now it is you who must do the walking in that way. Then shall I be glorified in you, or awakened to the greater life and works which "I", or you came to do. Together we can do all things through Christ, Our Lord and Master Mind, who guides all in the way he walked, or by His examples set before us.

Obedience is one of the greatest testings. Many things are given you to do only to see if you will to do them. Your testing. Shall you pass these many tests? If so, there is no failure in you, or me; for if you fail, then I also fail, because we are ONE !

LAW OF AFFIRMATION :

"Let the weak say they are strong; let the poor say they are rich." There is a great law involved here: because whatever you affirm for yourself IS the law of your being. Man is a law unto himself. He builds into his consciousness that which he believes of himself, or affirms.

Of course, God is not mocked. If with your lips you say, "I am strong," but act like a weakling, you are indeed weak, because you must know that what you say is Truth, regardless of appearances.

Stand firm in this: even though you appear to be weak, affirm your strength, because all power is resident within you to use, and command. Say, then, "I am strong!" and know it. It shall always be done unto you as you know it.

All things are yours; your heritage. It is for you to claim it. Suppose someone left you a legacy but you did not claim it. How could you receive? You have been told that you are a "joint heir with Christ." Claim your heritage, then it is forever yours. So be it!

THE LAW OF DOMINION :

"For He has given you dominion over the fowls of the air, the fish of the sea—" and "man, made in His image, a little lower than the angels" knows it not.

O man, I AM incarnate in you. "I" came to walk the earth as man, to experience life on earth, to know that it is good, or, whatever I make of it. The very ethers are yours to command, to mold into that which you desire. "Is anything hard to me?" When will you wake up from your deep sleep and distinguish the real from the unreal? Everything manifest must first have the "image" or real, in the form of an "idea" before it can be manifest in the objective.

Now reason this out: If all things are made in the beginning, there is nothing new under the sun. Man, with his great imaging power, sees it in the subjective, and as he clearly sees it, into outer manifestion. Now, know this is Truth, and claim your dominion by proving this.

THE LAW OF POWER, ALMIGHTY POWER:

It is, has always been, shall always be yours to use, whenever you ask. But, asking is not enough; you must know that this Power is available. You must know that it works. You must know that in IT you live and move, and have your being. It is the Life Energy of the Universes. IT is THAT WHICH HOLDS ALL THINGS IN ITS PLACE. It is THAT which is all intelligence, everywhere present, available to all.

All you need to do is to **realize** this stupendous Truth to prove it, to use it. What good is anything unless you use it? What good is it to know that all things are yours unless you possess the things you need, or desire. This is like the "beggar at the gate" who prays, or begs for a crust of bread, when all things are his for the asking, or accepting.

You praise God, but what is God? Is IT not this ALL-MIGHTY POWER you really praise? And why? Do you have reason to praise THIS? Surely it is a mere hypocrite who praises SOMEONE, OR SOMETHING, that does not supply your daily needs. Wake up! Wake up! and use the Power at your command. Use IT.

LAW OF TRANSGRESSION :

Every transgression against your fellowman must be wiped out, righted, paid to the last tittle. It is law. Owe no man anything, whether it be a service, a kindness, money, or a gift. Each man is Everyman, or ME! If one, then, does you a service or kindness, repay him by returning the service, or kindness to another; any other, for in so doing is the first man repaid.

Do you see that if each man shall follow this pattern, all, then are his "brother's keeper" — because in no other way can brotherhood be established on this earth planet. Each must do his utmost to this end. It is law.

Now, transgression: If you have wronged another in any manner, suppose it is not possible for you to right the matter with him. In your heart ask forgiveness. Then do "good" to some other in need of the thing you have omitted to make right with the one wronged. There is no injustice. If you take what belongs to another.....you really cannot, in truth, for some other shall give to him "pressed down and running over."

And so, forgive all transgressions against you, and right all transgressions against your fellowman if you would be whole. Amen.

LAW OF ASSUMPTION :

Whatever you assume is yours. There is a great law involved herein. "Assume a virtue if you have it not," the Bible tells us, and it shall be yours. Your assumption shall make of you that which you assume. Now, of course, law also works in reverse, all laws do — work accordingly as you use them.

Suppose you wish to become a certain thing. You are a law unto your own being. All things are within you to accomplish all things, or wish to become. In the Bible this thing, or, "all things" is called MY GRACE, which is always sufficient to accomplish all things.

No man is required to take upon himself the burdens of another. No. That is not helping the man, because he must carry his own load, or cross. You have yours, and it is often heavy upon your shoulders. Would it be justice, then, for you to carry another man's cross also? No, each has his own responsibility. Each came to earth under the law of assumption, or, each man came knowing fully well what lay ahead of him. But, he knew he could successfully carry through his pattern because he knew he would always have the help from the Higher Ones who promised to do this, to stand by and help him, only as he asked for help.

Now this does not mean that we shirk your responsibility and expect them to do your work for you. Oh no, you must do all in your power. Then, after having done all, (your all shall always be sufficient) God takes over and works with what you have done to bring it to fruition.

Praise God for this Law of Assumption! Assume your heritage; it is yours, but you must know his. Amen

LAW OF GRACE:

Is this truly a law? Yes, it is law, for all things were given man to equip him for his sojourn on earth. "My Grace is sufficient for thee." If this is Truth, or Law, O man, where, then, is your lack? How can you lack anything when I have given all? It is my nature to give. How can I, or Life, withhold anything. IT IS !

In the beginning all was made that was made. And who was it made for? Was it not for the children of God, the sons? The earthly father loves his children and desires only good for them. Is his love greater than that of the heavenly Father, who is Love?

Just look at it in this manner: All things are prepared. ("Thou preparest a table for me.") All you need to do is feast, or accept your good. The earthly parent would say thus: If you leave the table hungry it is your choice. And so it is with your heavenly Father. All things are yours. I cannot withhold, it is my Nature to give!

LAW OF INFINITY:

Infinite are the ways of God, or laws. All is run by law. If this were not so, all would be chaos. There are spiritual laws for the spiritual man, but also moral laws for the mortal man. Both must be obeyed, for the spiritual man functions on the spiritual plane, the mortal man on the earth plane.

Now certainly the mortal man must also abide by the laws of the earth plane, else chaos would result. Therefore, "do unto others as you would have them do unto you" is law unto the mortal. It has no spiritual value. It merely brings harmony on the earth plane. There must be harmony on all planes of consciousness, physical, mental, and spiritual. The mental plane also has its law: AS A MAN THINKETH IN HIS HEART, IS HE. What are you thinking? Are you thinking you are a "worm of the dust?" If so, that is your lot. Are you a child of God? If so, claim your inheritance. Are you a spiritual being? Yes, indeed, you are a spiritual being. The spiritual man must obey spiritual laws; the mental body must obey mental laws, the physical must obey the law of man. There must be balance in all three bodies to be whole.

LAW OF MIND:

Man, being a three-fold entity is governed by laws pertaining to the mental, spiritual and physical laws. We shall speak on mental laws, or, law of the mind. Since man dwells in the ONE MIND, this ONE MIND consists of the thoughts of all minds that make up this ONE. You may tune into the Highest Mind, or the lowest, but each man gravitates to that which he attunes to.

Now suppose you wish information of a scholastic nature. Then tune into the "storehouse of knowledge," or Mind, which contains all knowledge. The Bible tells us thus: "If any man lack wisdom, let him ask of God." It is as simple as that. Just ask of God, or tune into the God Mind, and receive that which you are attuned to, or think about, or ask for. You see, thinking of any certain thing is the "asking"—So be it ever so!

THE MENTAL "IMAGE", or IDEA :

Where does it come from? Have you ever wondered? Well, it comes from the "storehouse of ideas" — and though ten thousand get the idea, one shall follow through and act upon it! To that one shall the doors ever open wider to receive of the desires of his heart, for in so doing shall the Father be glorified in the son, in this way proving his heritage. For, what though all the world praises this Father, yet starve at the "gate." O thou that sleepeth, awake! rise! and shine, for thy light has come but ye comprehend it not. You still look outside for all things that are within you. How, then, shall you find?

LAW OF CONTEMPLATION :

This is a mental process. You use the physical brain when you contemplate. Use this law in creating mental images of these things you would create. Since all things are first in the abstract before they are brought forth, it is you who must see them in your own world.

All things that you can visualize are yours — IF you can accept them. Think of it in this way: My Father owns all things. I am His son, therefore His heir. It is His "good pleasure to give me the desires of the heart" —

It is this knowing, or acceptance that brings it to you. You may "see" these things you want, but, if you do not identify yourself with them you do not draw them to you.

Oh yes, they are there, always have been since the beginning of time when "all was made that was made." Accept this mentally. It is law. Amen.

LAW OF EQUILIBRIUM :

It means balance in all things mental, spiritual and physical. It would not benefit a man if he were spiritual but lacked mental balance. Nor could the physical Samson be whole, lacking mental and spiritually developed bodies. So, in all things be moderate. Do not spend too much time on either one, but try to keep your life in balance and order by using your physical body to do the work, or bidding of the spiritual man.

The mental body must keep abreast of the times in which he lives. You must be aware of these things that are happening in your world today. Be alert to the signs of the times.

You have been given laws to live by. Keep law, then, that your joy might be full. Prove me now.

PHYSICAL LAW :

This day we shall speak of the physical, this flesh with which you have embodied yourself. It does, indeed, take "form" accordingly as you "see" thyself. What do you see when you look at thy self? Do you see youth, beauty, joy, a happy countenance? Or, do you see age, weakness, imperfection? You are the builder of your own temple, and accordingly as you visualize — so shall it be unto you. If you have not known this law, then there might well appear the imperfect, but now that you know that your "word" is law unto your being, you may change your appearance.

Each day say: "I, (your name) an pure spirit. This day I embody myself in perfection. I AM strong, whole, young. I AM beautiful, for the Christ Light shines through me and radiates this beauty. I AM health, for this Power, in which I live and move and have my being, constantly keeps me recelled, re-energized, reformed, rejuvenated, and I know that as I strive each day I must express this, whatever I claim for myself, for my word is law unto my being. Amen."

LAW OF THE PHYSICAL BODY:

The flesh, bones, muscles, and blood that go into the perfect functioning of your "wonderfully made" body, this house in which "I" dwell.

Since you live on the earth plane, your body is made up of this type of substance. You are cell-ed quite differently than beings in other world. And would the Great Creator give you a Light body if you still have work to do in the flesh? How could you function as Light on this earth if your tasks on this earth are of a physical nature? You need the physical body to do the work of the physical man that you are.

O, it is all very well to work towards perfection. But what good is your Light body if you still have work to do in the flesh. You have been given the fleshly body because God knows in what "form" you must be to do certain work. Now, when you have finished your work here, you already have your etheric body which shall be what you need to function on the astral plane, and so on.

Do not dream of other worlds. This is My world; you are My children. Your work is with Me on this earth. Your body is wonderfully made to accomplish your work in this life-time. Each life-time has a new form to start its mission. Be not concerned for that life-time. Today is the day; now is the time. Rejoice in it. You are your Father's child, doing His will at this time, in the present body. Keep it clean, rested, well fed with physical and spiritual food. Feed the mind also, and be in balance, or in God. LAW OF THE SUBCONSCIOUS : that mighty power that obeys without question the command of you. Give it much to do, for there is no limit to what it can, or will do for you. But, you are the captain; you are the one that must direct the course. It is law: whatever you command it to do, that will it do because that is its function.

The conscious mind is the analyzer, or reasoner. You reason things out and if you believe that what you desire can be accomplished, then give the command. It must be obeyed. However, do not outline this work. The subconscious mind knows how, and what to do. You need not know the "how" of it.

The Superconscious Mind of man is the Highest Mind that contacts the God Mind. It supplies, or gives you these "ideas" the conscious mind either accepts, or rejects the "idea." If accepted, then passed to the subconscious to be carried out.

However, do not suppose it shall carry out any idea unless your conscious mind first accepts, or knows it can be accomplished, for the subconscious will not do the works unless you believe in it. Actually, this belief must go even beyond mere believing. It must know that it is already done.

This, then, is the heritage of man. All power was given him to create his own world by the word of him. What would you have, then, to make your life fuller, richer? Speak the word to your subconscious. It shall be done.

THE LAW OF CLEANLINESS : A LAW OF THE PHYSICAL :

It has been said: cleanliness is next to godliness. And so it is. Keep the physical body clean, for in that way only, can it breathe and excrete the poisons. Each cell takes in oxygen and secretes waste. Drink much water; in no other way can you keep it functioning properly, eliminating all waste.

Water, however, has a great spiritual effect also. Keep it running over your body daily for at least five minutes. You shall soon begin to feel the great benefits, for while it cleanses, it leaves the skin with an essence that rejuvenates also.

Keep your tongue clean and clear. It is there that you "taste" life, or feel the goodness of God. This is something you must discover for yourself. Take good care of your physical body that it shall long "do" the works of the Father within. This Father is Light. Then keep a Lighthouse for Him to dwell in.

THE LAW OF ATTRACTION :

If you would attract certain things to you, you must be that thing. If you desire love, be love. If peace, be peace; if harmony, live harmonously. You do attract, or draw to you only the qualities you possess, for like attracts like matter. And so we come to you, the magnet.

You are like a magnetic force, you draw to you what you desire; you repel all other things. Of this you may be sure: nothing will ever come to you unless you draw it to you through a like thing within you.

Now, then, since you are the magnet, what are you going to draw to you? Start with love. These laws revealed are exact, unfailing laws, but you still must prove them. Prove this law of love in this manner: Suppose there is someone whom you do not like. You want to love all, so you should like to love this one also. Very well, each day say silently to this one. "I behold love in you. I want this same love to shine forth to me. I shall radiate this love back to you." It will not be long before this law of attraction will, prove itself. You will draw love to you. And so it does work in all things, for LAW IS!

LAW OF THE PHYSICAL :

The hands and feet; the fingers and toes: Have you ever wondered why man has fingers? toes? Oh yes, there is a purpose for all things that make up the body of man.

Your fingers are magnetized. It is through them that you draw the Life Force of the universe. When Jesus told the man to stretch forth his hand, He did it for a purpose. When you stretch forth your hands horizontally, left palm up to receive, right palm down to give, the Life Force flows through the left palm through the entire body, and out the right palm, carrying with it all things not to your highest good. Now, of course, you must know this, for nothing can hinder this flow except your doubt. You must believe, or it will not work. Now the toes: Ten toes to keep you well grounded; your connections with earth; your contact. Your feet are more than just something to stand on. They are your understanding also. You pick up, through the soles of your feet, earth vibrations; your oneness with earth. You are an earthly being from the waist down; a spiritual being from the waist up. And so, earth to earth, dust to dust. The spiritual part of you reaches upward, always.

You cannot live in the clouds, and so your feet shall always keep you well grounded when you understand their purpose. Therefore, take good care of your feet, for while your fingers reach upward, your feet shall keep you grounded and in balance, for all things work together for the good of man.

LAW OF THE PHYSICAL EYES:

O ye of little understanding. What does hinder Me from seeing through these physical organs? When you look through these eyes what do you see? Do you see the perfection in all things? What makes the eyes dim? Is it not from constantly viewing the negation, or appearances? Have I not said, "Judge not by appearance?" When you look beyond what seems to be to the reality! then shall you only see perfection, because only through perfection can you see perfection.

Now, each day say to your eyes: I behold the perfection of the Christ in all people, things. I look beyond the appearance, the sense appearance, because I know behind this seeming imperfection lies the perfection which the Great Creator has made, and having made, is forever perfect. I bless my eyes, for they see perfectly because it is the Great Spirit of the Christ that is seen through them. They are now **perfect**, and I give thanks for this perfection. Amen.

LAW OF REASONING :

Man has been given Reason to reason with. Without this power man would be a robot — obeying every whim of whoever suggests any given thing.

Now, then, suppose someone suggests a "thing" or asks you do a certain thing. Well, what shall you do? Shall you blindly obey every whim of another, or shall you sit quietly and reason the "thing" out for yourself? If you have been given reasoning power, then use it to reason with. Then do the thing if it seems right, or best for you.

As long as man is governed by what others think, suggest, ask, and desire, so long is he the slave. You have been given Reason to use, then use it.

LAW OF HIGHER POTENTIAL :

Just what is this law? Within man there is this potential, or grace, or power to do that which he wills to do. First the "idea" — and where does it come from? It comes from the realm of ideas. Men get an "idea" but few there are that carry out, or follow through. They start reasoning, "O, I can't do that" — or, "Yes, that is a good idea, but, O well, maybe someday." And there is another who gets the "idea" and immediately follows the thought idea to completion. This is the one who shall succeed, because potentially he is SUCCESS manifesting his Higher Potential.

If within man there is "all that the Father has" it can only mean that within you is all power for your use toward a given end No power outside of yourself has any power against this. O yes, you may come up against resistance, but "resist not evil," I have said. What does that mean? It means look "it" squarely in the face — or face whatever comes, but know though it seems to have power, it is not of God. And "those that are for you are greater than those that are against you," and go forth in that knowing. Prove me now!

LAW OF COMPENSATION :

To thee, O Mighty Jehovah I commend my spirit, my love, my hands, my feet, my heart, my all in all. I would do the will of the Father always, therefore teach me the way I should go -Iwalk willingly in thy way - if I but know the way. Show me the way - each day, that I may finish the work which thou has't for me to do.

O Might Jehovah, long now have I wandered in the wilderness, searching, trying to find the pattern of my days; to fulfill this mission that I came to do. To this end, then, let me be faithful, true always to what I believe to be truth. Let me be kind always, gentle, and to lend a helping hand to anyone in need of what I have. O Blessed God of my being, let there be no separation in my consciousness; let me remember this one-ness I had with thee. Bring to remembrance all things, this divine pattern of my mission on earth at this time. Let me not fail; let me not falter, for the time is now. For this did I come to earth again. This, O God, is my sincere prayer. May it be so done now, in the now, and by now!

LAW OF COSMIC TRAVEL:

Where would you go? Where do you go in your sleep? Oh you, you do travel, cosmically, in your sleep, but you can also travel cosmically in your waking hours, at will, wherever you wish, when you know the way.

In Divine Mind there is no time, no distance. All merely

is. Man is pure spirit, taking on a fleshly body to function on this earth plane. He is not alone, ever. He has constant connection, or the Silver Cord to keep him in constant oneness with God, his Jehovah. When you travel cosmically, you merely go out with your Cosmic Cord. It will always bring you back. If it were not for this Silver Cord, you could not find your way back. Now, let us see how this is done:

- 1. First of all there must be the desire, or need to travel to a given place. Nothing is ever done without some purpose.
- 2. There must be an inner knowing that you are able to do this.
- 3. There must be complete faith in your God-Self to be able to accomplish this i.e. there can be no doubt or fear.
- 4. Now just sit quietly, surround yourself in a great sea of golden Light, the Power of God. Then ask to be taken to wherever you desire. Ask, also, to consciously remember this.

Many travel cosmically but do not remember, or know that they do, and yet, they have been seen by those visited. So, ask to remember upon the return, the glories seen, the vastness beheld, the wonders of God, the wonders of this thing the world calls "man." Thrill with the knowing that all power was given you to go to the farthest parts of the world, and prove that wherever you go, I go with you. How? Why? Because we are, forever, just the one. "I will never leave you," the Master said. Well, if you and your God are one, how can He leave you? This, then, is the way to travel cosmically. Travel, then, that your joy may be full!

LAW OF FORTIFICATION :

Fortify thyself with the All-Mighty Power available to you. Let no day go by except first you consciously surround yourself with this Mighty Energy. See it! swirling clockwise and counter clockwise, a force so powerful that nothing can penetrate it. This is of the greatest importance in these times, for it shall become virtually impossible to keep out the race thoughts of negation and fear in any other way. Protect yourself morning, noon, and night. Use this consciously; this is also important. You must be aware of this protection before it can become real to you. Only as you ask, can you receive. It is law.

This, then, is the law of fortification. Applying the Life Force of the universe to protect you against all negation, all dis-ease, all things that are not for your highest good. This is your heritage; your gift of the Father. Before He sent you to earth He knew the problems you would have to face — and would He send you unprotected? Oh, no! always this has been yours to use — but you have not remembered. Now the veil is being slowly drawn aside, and many things are being brought to remembrance. This mighty protection is yours to use, but, of course, it is still for you to use, or reject. So be it ever so. Amen.

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LAW OF REMEMBRANCE :

Bring to remembrance, O Might Jehovah, the time I spent with Thee before I came to earth to do Thy will, then return again. Bring to rememberance, just let this purpose be revealed, this work I came to do, these lessons I came to learn. Guide me always in pathways that lead in that direction; so that in this past I may be remembered of the Father, that He may say, "Well done, good and faithful soul, come home, come home, I will give you rest."

And if this work is not finished in this life-time — well, you may review, replan, reorganize the pattern and come back to try again, for you will remember many things you learned on your sojourn on earth. Every experience taught you a lesson. You will be better equipped to finish the tasks you did take upon yourself to do. You see, they must be done by you. No one can do your work but you, no one can carry your cross. Each has his own.

LAW OF HEALTH : the transferred off ". nov even haven have

HEALTH IS the natural state of being. All dis-ease is not of God. Therefore it has power over you only as you accept it.

God is your health. You may say this day after day, but if you do not know this, you shall go through life running here and there looking for something that is within you. Just as long as you give power to pills so long are you a slave to them. If God is your health, and "in Him you live, and move, and have your being" — all you need to do is realize this. Speak the Word aloud: I AM HEALTH I DO NOT LOOK TO MAN FOR HEALTH. IT IS MY NATURAL STATE OF BEING, FOR I AM THAT (HEALTH) I AM. I AM A LAW UNTO MY BEING, THEREFORE I SHALL SAY WHAT THE CONDITION OF MY BODY SHALL BE. I AM A SPIRITUAL BEING, AND MY WORD SHALL TAKE FORM ACCORDINGLY AS I SPEAK IT! THE VERY CELLS IN MY BODY MUST OBEY THE COMMAND OF THE "I AM" —

Each day say: BE WHOLE. I COMMAND YOU IN THE NAME AND THROUGH THE POWER OF JESUS CHRIST, THE PERFECTION OF ME, BE WHOLE, EVEN AS THE FATHER WITHIN ME IS WHOLE! Amen.

It shall be done that this Father within shall be glorified in you, the son!

LAW OF LEADERSHIP:

The world needs leaders at this time more than at any other. Great leaders, who are in constant communion with their God: This takes time, effort, and practice. There are many great leaders waiting to be of service. Their greater enlightenment could direct the leaders of the world in the right course of action.

Since all is Mind, man has but to tune into any particular mind to become that mind with which he shall identify himself. Now, when you can do this, (it is possible for all men to do this) you shall have access to all knowledge. There is nothing man cannot know. What would you know? Well, ask! Ask, as you tune into the God-Mind, and all things which you seek shall be revealed. Prove me now! else how can this be truth for you? So be it!

LAW OF FULFILLMENT :

There is a filling full of this law, for all laws shall be fulfilled because they are law. When Jesus spoke of the laws of Moses he said: "I come not to destroy, but to fulfill." What did he mean by that? He meant that the laws as Moses received were also of the One Great Father, and being law, man was then, and is now capable of fulfillment. Now is the time when man must prove the laws of the universe, for if these laws do not work for you, they are not laws unto your being. And if you do not prove these laws, how shall you know that they do, or do not work.

Now, if God gave us laws, surely they were for a purpose. This purpose being to bring unto man, or manifest the abundant life that Jesus spoke of. When he said, "I come to fulfill the law," he meant he came to earth to prove these laws, and the thing that he did, shall you also do.

Now, reason this out. If law works for Jesus the Christ, it must mean that it works for every man that shall apply this law. This is the Age of Fulfillment; this is the Age of awakening of your God-centers, or your awareness of your one-ness with the All-Mighty Power of which Jesus the Christ spoke.

Shall you claim this heritage? or shall you continue to sleep. O Adam, awaken! awaken, and **use** law.

In the name and through the power of the Great Master Mind, the ALL-MIND, I give you.

LAW OF VIBRATION :

All things vibrate at various rates of vibration, therefore, like matter is ever seeking itself — The need must correspond to the answer, or fulfillment, for they are one. Now, if you find one-ness, or joy with another body, or person, it means you vibrate to his thought vibration and there is a bond established, or a like thinking which makes for harmony. All things gravitate to their like vibration. That is what is meant by the "many mansions" Our Lord spoke of. For how could it be otherwise? When you are on the earth plane, you function on a certain vibration. When you pass from, or out of this vibration, you naturally, or by its very law of gravitation, gravitate to your own rate of vibration.

Do you see why it is impossible to take "heaven by storm?" All moves by law, and there is no injustice in all of God's universes.

Each one is forever exactly where he belongs. He could not function anywhere else in his **present state** of **consciousness**, or vibration. And so, as you rise in your consciousness, you raise your rate of vibration, and it fluctuates as you think. That is why you may be up in the clouds one moment, or in a high state of vibration, or you may be in the very depths of hell in another moment. You may choose this day in which rate of vibration you wish to function. Yes, it is your choice. Amen.

LAW OF RIGHTEOUSNESS :

Or right-use-ness, which means: there is a right way, a right time for all things, for all moves by the Will of God, and God knows why, when, where, and how. You need not be concerned with these things. Your concern should always be: have I listened, this day, for what God has to say to me? Did I hear the Voice clearly; then, having heard, do I obey? It is better you do not hear the Voice than to disobey, for the sins of omission are greater than the sins of commission.

If you would live the abundant life the Great Master spoke of, then do the bidding of the Master Mind that speaks to you in the stillness of your soul, for you are His hands and feet, His voice, His channel through whom He shall accomplish His will. For if you "let" His will be done in you, great shall be your joy. You shall see manifest in your life these things you came to earth to do, because it is you who must "do" — or act — or put to use the "idea." God directs you, and being His vehicle, shall full-fill the thing you came to earth to do. Then shall the Father be glorified in you; the son, and you, then, are one.

LAW OF EVOLUTION :

Like the cocoon that evolves into the butterfly, so does the soul of man forever evolve, by degrees, into the perfection of the Christ Perfection. This is law. You cannot stop it, for it is the fulfilling of the law of which Our Master Christ spoke.

Now, there is a way you may hasten the process. For since man has been given the power of thought, and since thought creates, you can become that upon which you dwell.

Now, suppose you would be an illumined body of Light. Very well, this very desire is the fulfillment. For if your heart longs for illumination, you shall work in that direction, and you shall fulfill the laws that bring illumination. Now, what are these laws:

- 1. You must know that all Light of Being is within you.
- 2. As you dwell on this Light IT must express Itself in the outer.
- 3. As a Light Being, then, you would dwell on Light-ness, and would repell any and all thoughts that are of a negative nature. This is the cleansing necessary. Cleansing means cleansing of consciousness, or ridding of these negative ideas that are in the subconscious mind. All race thoughts must be uprooted. How? By looking at them; by analyzing them. Is this thing of God? Is it real? No. Then it is no part of me, for I am a spiritual being. I accept only that which is pure, truth, good, and constructive. All else is not a part of my consciousness, therefore, I release it into the nothingness from which it came.

It would not be long by such a thought effort to clear the subconscious mind of all negation. Then shall the Light of Understanding shine through. That is illumination. Complete understanding of all that was, is, and is to be. Yes, in a flash it shall be revealed. Amen.

LAW OF LIGHT:

LIGHT IS UNDERSTANDING
LIGHT IS WISDOM
LIGHT IS GOD
LIGHT IS LOVE
LIGHT IS SUBSTANCE
LIGHT IS REALITY
LIGHT IS SPACE
LIGHT IS TIME
LIGHT IS BEING
LIGHT IS LAW
LIGHT IS THE SUN OF GOD
LIGHT IS ALL THINGS
I AM LIGHT
YOU ARE LIGHT
LIGHT IS ALL, AND
ALL IS LIGHT

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LIGHT PENETRATES ALL, IS ALL, AND THROUGH ALL, AND WITHOUT LIGHT THERE IS NO LIFE — SO — AS YOU SEE ALL THINGS IN LIGHT OF UNDERSTANDING DOES ALL BECOME LIGHT TO YOU!

Just as the flame draws the moth, so does the Light draw all lights until no darkness remains. In Reality there is no darkness. It is but the shadow of man's limited vision. But, when all shall see me as I AM, then shall all be Light—to all who see. Now, if some do not see this Light, so be it! Still, it shines, and IT shall penetrate all with Its Life, until all shall BE Light. Amen, amen, amen.

This is the last Law of Being. Your book is completed. So let it be recorded in the Name and through the Power of the MOST HIGH, THAT I AM THAT I AM. Amen.

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Just what is a spiral? Each entity has his own spiral, for man, being a spark of the Divine Sun-Son of God, is forever connected to this Sun, and Spirit is constantly beaming this Light downward.

Now, man, when he is conscious of this, sets up his own spiral, or sends his ray upward, and the higher his thought vibration, the finer it becomes, and as it spirals upward it becomes one with this Father, or Essence of Pure Spirit. In that state, or plane, he and the Father are one, for the Superconscious Mind takes over and all things are possible to man at that moment, for he is then at the Apex, or Center. (You have been given this in your poem, THE BREAST OF LOVE,) for all is Spirit at different rates of vibration. Therefore, this would answer the question of man upon leaving the mortal clay.

Just where does he go? He is ever, and always, where his consciousness takes him. Man lives in his consciousness, and so, the many "mansions" or planes prepared for him will receive him.

Now, since there is no time in space, he can stay where he finds himself, or by raising his consciousness can be lifted up at anytime he desires this. The great search within man shall ever lead him upward, for within his breast is the desire for union. Oh, he may loiter along the way, but no matter how gratifying a "state" may seem, it does not satisfy for long. Why? Because of the Law of Evolution, and being law, it must be fulfilled, and fulfilling comes only with at-one-ment.

So you have the spiral, and as man awakens he shall be drawn into the Sun, his home. For the need is the answer also. Do you see that it is forever man's choice as to where he shall function? This also applies on the earth plane. You have but to look around you to see the different "states" that various individuals are in.

I Am the Sun of God, the Central Sun, but there is a Higher Being also, that I must aspire, or be drawn into, for it is an everupward spiral, even for me, and the Greatest of all Beings is ever receding as we draw closer.

The Breast of Love! And where is that? In heaven's own dimension, Where meets the Powers: the Rah-Mah, Well guarded is this Center,

But all who come in faith may enter.

If Love brings you to this Center. The Breast shall receive, with open arms, her lover.

And there on the Breast of Love

Creates the Tha

Creates the Tha Purer even than Purity it waits Man's desire for creation.

Approach with all Humility. So holy the Center where meets The Positive, the Negative, for In this Presence abides all holiness Beyond which to explore

And the one is born On the Breast of Love!

> Prominent and the brance a minist man Come often, then, as your soul longs for completeness.

> Male was not meant to walk alone. The Positive needs the Negative. Together, Creative Principle bears the son

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dat where does he go? Be is over and niways, where his consciousness takes him. <u>Man, lives</u> in or consciousness and so. the many "mansions" or planes incoroad for him well receive him.

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COLORS OF THE SPIRAL

DAILY EXERCISE:

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You live in swirling colour, (for vibration is also colour) but you do not see this, only at rare intervals: Now, as your thoughts spiral upwards, (and indeed it is only your thoughts or consciousness that spirals) you raise your vibration, or colour. The higher the thought the finer the vibration, the deeper the colour.

Now at a low rate of vibration the color is a dense grayish essence, taking on hues of light blue, green, lavender and pink. Intense emotion changes the colour, or vibration, therefore in moments of great love the color takes on a deep rose, and vibration into a red, the highest.

Anger, or the negative emotion takes on the dark black, or densest color. Compassion vibrates to purple, the greater the compassion, the deeper the color. When you sit in meditation, your thoughts spiral upward and if you are blessed you spiral into all Light, or the golden essence of the Sun, or Life Energy—

Each center within man vibrates to a distinct color, therefore the healing machines given man in the objective, to be brought into being, shall heal with color therapy — i.e. if man comes with a faulty heart, the machine shall beam upon him the blue ray. If the liver is affected, the green ray shall heal that. Now if man shall treat his centers with color each day — he shall literally be a god among men, for first and foremost the admonition is: heal thyself. The higher in consciousness that man attains to, the deeper the tone of his vibration, for he then becomes of the same essence of the Father which is Pure Spirit.

When speaking the Word for healing it is necessary to put force, or power behind it, for the vibration, or color behind the Word of authority is of a deep color, and must accomplish that which it is sent out to do. A weak command is lost in the aura of the one sending it, and is not effective.

So now you have color therapy. Use it to heal thyself; send it out when asked, and share this wisdom with all whom you know shall understand.

COLOR THERAPY

DAILY EXERCISE :

Upon rising stand, or sit quietly — visualize the Christ Blue entering the top of your head — filling full each atom of your being. Give thanks. Then visualize the purple flame filling your aura. This is the cleansing. Now visualize this purple turning into a soft rose color. This fills your aura with the Love essence. When you feel this has penetrated your being visualize it going out from you to touch all living things on earth, and yet beyond.

Now visualize the bright green. Just literally bathe in it. It brings a sense of well-being — it acts upon your abundant life, or brings into your life — all good — for no life is full and complete where there is lack of any good thing needed.

When you are weary — stretch up your arms over head your figners spread, and ask for the golden essence of the Sun to fill your being. This is the Power of God, or the Life essence, and does restore, or give energy, but you must **know** this.

For quick energy visualize a flash of cherry red. In moments of pondering, or reasoning, see your brain center bathed in yellow. All learned men of olden times wore yellow for it works on brain cells.

It is important when sending healing to send the Great White Light, for in this is contained all colors. The one receiving the White shall appropriate that which is most needed.

Many have come to the "doorway", only to turn back. That is as it should be, for as long as man has a mission to perform on earth, be shall keep his feet on the ground, but having changed his vibration — or transmuted even momentarily, he shall not be the same again, for once tasting life, he cannot be satisfied with the "husks." His one desire, then, becomes a **need** to help all struggling humanity, and to this end does he walk the earth. There can be no other purpose but to serve — Life — or ME! I AM St. Germain.

AN ESSAY ON THE CHAKRAS

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As man begins to evolve he is not aware of the greatness, or wonder of this temple body in which he dwells. And so, very much like the animal, he lives in his five senses, thinking he must earn his living by the "sweat of the brow." Indeed, in **that** state, it is his lot, for the Root Chakra is the only center awakened in that state.

Now as he begins to evolve, or rise in consciousness, his spleen begins to open. This draws in forces of a higher nature, and he, man, begins to think, "Who am I," or begins his search. This leads him to the seat of Wisdom, the solar plexus, and as he seeks, or questions, so must this Wisdom respond, for it is all within this wonderfully made body, which contains all the Wisdom of the Ages.

And why, or how could it be otherwise? In the Beginning, man knew himself to be a divine being, a sun of God, containing all light, or wisdom. This wisdom he took with him as he descended into matter, or as the search begins, it begins to unravel, or unroll the Scroll of his life-pattern. You cannot gain wisdom from outside of yourself. It can only come, or be brought to remembrance as: when you hear some truth uttered, you feel this truth. And if another does not feel this as truth, it is not then the time of his awakening to that particular truth, so he rejects it. But, Truth is. was, and ever shall be! to each, only if, and when it is truth for him.

Now, this "wonderfully made" body temple, the House of the Lord in which "I" dwell in all My Splendor, or Spleenic power, or Radiance. Within this house is the kingdom. Within these centers is contained the ALL, and yet the ALL remains the ALL-ness. Can you comprehend this? Each center has its own function, and yet all must function in harmony if the body is to be whole.

Now let us discuss the Solar Plexus, that seat of wisdom, discerning faculty. This center reacts to a given action, never errs, therefore it is your guiding light, your discerner. Be not misled, for this center never errs, for it shall always be true to itself. Without this center man would be a robot, following every indication of another. So, give thanks for this Jewel. It is one that is "beyond price."

Now we come to the heart, the Love center. This shining jewel can easily lead you astray if not ruled wisely. Emotions play upon this vital organ each moment that you live. O, it is well to love, but love impartially, or love all. It is well to sympathize, but if you pour your sympathy upon one already grieved, you pour oil on the fire. Be strong! Give of your light, love, and know that grief is a purifier and must burn itself out. And so, watch your emotions. Do not let them run away with you. Direct, always, in all ways, the love that is you. There is a difference. Impersonal love is not a selfish, but selfless love. Ponder this.

AN ESSAY ON THE CHARREN

Now we come to the throat center, or jewel. "The word has been placed in thy mouth," sang the psalmist, and indeed it is so. The power in this center can move mountains if used. In declaring the Word, or command, it must be just that, a command, knowing it must be obeyed. This is man's heritage. Therefore, speak the Word for what you want. Do not accept every negation that comes upon you, or to you. Praise God for this gift, or jewel.

The next center is the pituitary. Its function is to carry all messages to the brain, to awaken the process of illumination, or opening of these centers.

The pineal gland is the re-actionary, or, these two glands act and re-act until in complete agreement. Or, when all questioning ceases and knowing is, these centers join forces and combine in a flash of Light, resulting in the opening of the Lotus, or crown chakra.

Now all this is according to law of evolution. Man is rewarded according to his search. You see, if he spends all his waking hours pondering truths, asking, delving, it must bring illumination because it is law: as you seek, so shall you find. It is not wise to dwell too long on any aspect of life for to do so creates unbalance, and you must always strive for balance. If in meditation you feel ecstasy, then upon the return you find your daily work which must be done.

And so, give thanks for your wonderfully made body temple. It is the House of the Lord.

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