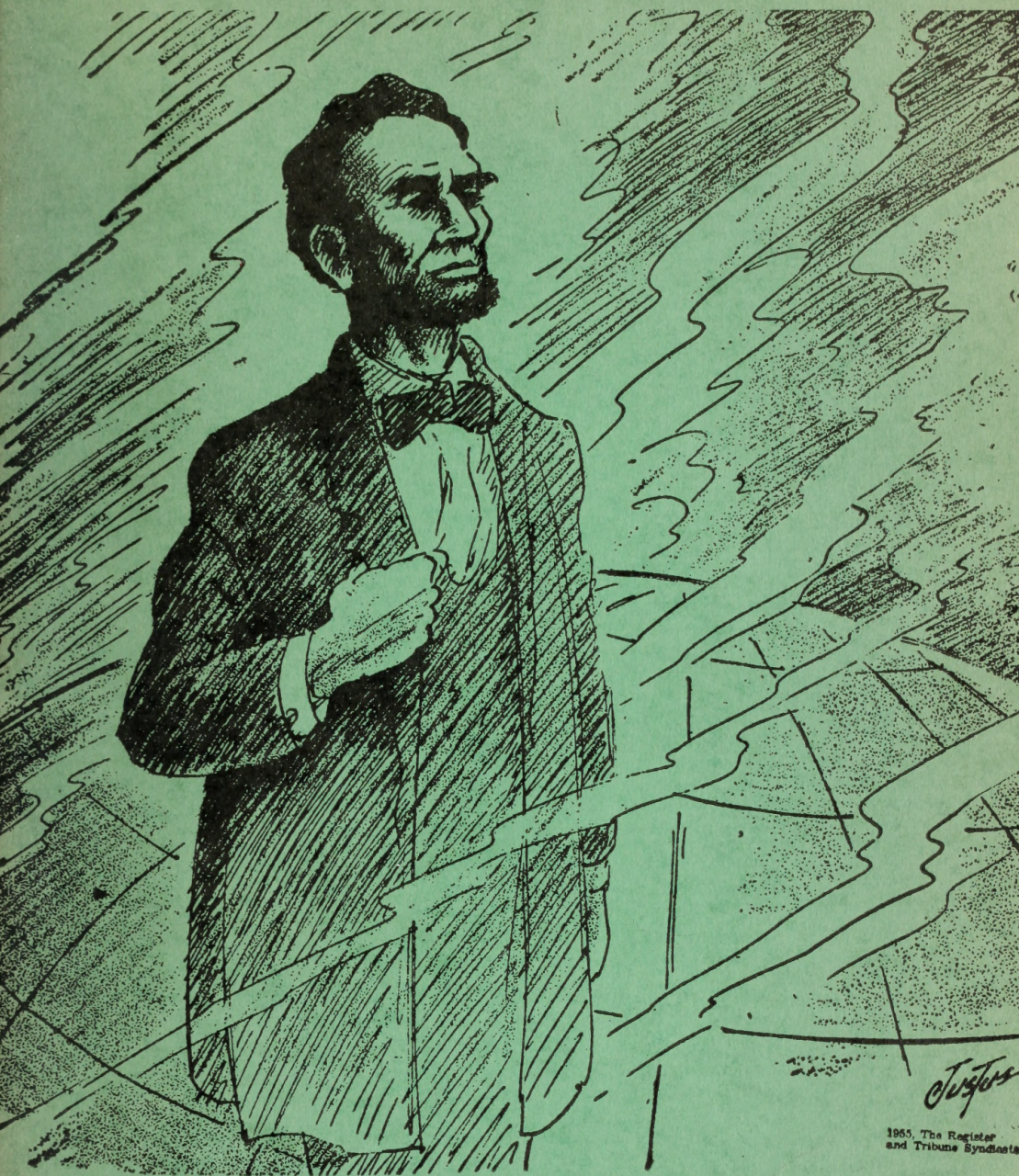


THE LINCOLN WAY



1905, The Register
and Tribune Syndicate

ABRAHAM LINCOLN *Speaks*

from the Realms of the Unseen to the people of America and of the World. Nine Immortal Messages of Timely Warning and Advice on America's present Dilemma and Future Destiny. **ASTOUNDING!**

THE LINCOLN WAY



Nine Messages of Timely Warning and Advice
Received from Abraham Lincoln on
America's Present Dilemma
and Future Destiny

By

BEATRICE K. RUSSELL

Price \$1.00

LINCOLN PHILOSOPHICAL RESEARCH FOUNDATION

1401 West 75th Street

CLEVELAND 2, OHIO, U.S.A.

PUBLISHER'S PREFACE

In presenting "The Lincoln Way" which consists of nine messages purported to have come from Abraham Lincoln from realms beyond the earth plane — Lincoln Philosophical Research Foundation neither affirms or denies the authenticity as to source, of these messages.

Creditable Psychic Research and Practice, however, does seem to reveal quite substantial evidence that under certain proper conditions, there are those instances where communicative contact has been established with those who have passed from the earth plane to higher realms.

Sincere and capable investigators of these matters furthermore assert with firm conviction, that there are those great humanitarians and other leaders who have passed beyond the veil who are still guiding and attempting to guide the mortals of earth — particularly at those times when there are threats of terror and great suffering in the world — such as like the time through which we are now passing.

Our investigations and conclusions do reveal the fact that these messages have been received under conditions and circumstances that support strongly their authenticity. The *modus operandi*, however, is not to be confused with the prattle of the ordinary spiritist so commonly encountered in modern spiritualistic circles where delusion and trickery are ever so prevalent.

It has become an axiomatic fact among the rank and file of the spiritually minded that the soul (the true being) in the ultimate is immortal, and that death of the physical body does not constitute the death of the real being, the Soul, which has inhabited that body — and probably many other bodies during its individual existence.

Souls vary in degree of awakening, development and consciousness. Those individuals possessing the more highly evolved souls make up our great exemplar leaders, humanitarians, and saviours of mankind. Abraham Lincoln was obviously of that type. He was filled with a great desire to help humanity. Who will say Lincoln is not now one of the Immortals? And, if he be Immortal would he not still be filled with that same great desire to help humanity — and particularly those of his own America?

Soul is of the basic essence — and is operative in influence on other souls regardless of the particular respective planes of existence of those souls. When two or more souls are found in rapport — action of some sort, by law, is usually stimulated.

We have reason to believe that such proper rapport was found to exist between Abraham Lincoln and Beatrice K. Russell as to make possible and to permit the transmittal and recording of the Messages which Lincoln wanted to reach America and other peoples of the world.

One need only read thoughtfully the Messages to discover their sublime wisdom and timeliness. Also, it will not be found difficult in many instances to identify the natural character of diction of Abraham Lincoln.

We feel that even if the authenticity as to source of these Messages could be completely discounted — they contain such potent precepts of wisdom as to warrant their full consideration, exploitation and adoption.

We make the Messages available to the people of America and of the World with the sincere hope that many will find within them the kernels of Truth that will lift them to a higher Life of Health, Security and Peace.

LOUIS S. VOSBURGH, President

Lincoln Philosophical Research Foundation
(A non-profit Corporation)

Cleveland, Ohio, U.S.A.
February 4, 1955

AUTHOR'S PREFACE

I have considered it advisable to preface "The Lincoln Way" with some word of explanation as to how my receiving of the Messages of Abraham Lincoln came about.

Although receiving certain psychic experiences from the age of twenty-five, I feel it should be stated that I have never been connected with the modern spiritualistic movement; have never attended a spiritualistic meeting, or ever sat in any so-called development group. Any gifts I may possess in this respect have come only naturally. I have never commercialized these gifts.

After the death of my only son who was a pilot in the R.A.F. during the war, my health became very poor and I decided to leave England in search of a warmer climate. I finally settled in the beautiful Santa Cruz mountains in Jamaica where I acquired a small house, and which has since been surrounded by a garden made by myself.

I frequently felt my son's presence near me, and had often been conscious of his help; however, I had harbored no desire for communication with the Other Side. Rather, I preferred to live only a simple and austere life devoted to meditation, quiet study, and the cultivation of my garden. I am a vegetarian and have more by choice, practically none of the so-called modern comforts of life.

In 1951 my daughter Pamela, came to visit me from the United States. She too believed in the efficacy of meditation, and the entering into the "silence" for strength and inspiration. We therefore decided to meditate together at regular intervals during each week.

Not long after we started these regular meditation periods I found myself receiving mental messages which I was able to speak aloud so that they could be written down by my daughter. These developed into a series of lectures called "Fragments of Truth from the Unseen," which were later published in the *Psychic News* of London. These Messages were dictated to me by a Doctor who had passed over in 1935 — and whose identity I was afterwards able to fully prove. I came to have a feeling of implicit trust in him; not only because of the great spirituality of the lectures and of their immense help to me personally, but because of the wonderful feeling of sheer goodness that I experienced whenever he came. Therefore, two years later when he told me I must go to California

and there join my daughter for a very important work I did not hesitate, but began immediately to make plans for the trip, and to overcome the many difficulties that would be involved.

Soon after my arrival in America the Doctor gave me the following:

“At this time one of the greatest men that ever lived feels that he must come back through this channel to send important Messages to his nation. This is most vital — and to you two who are not of this nation the task has been given.”

“The one of whom I speak was called when upon earth — Abraham Lincoln. He knows that his nation is at a turning point, and that help must be given. His great love for mankind has drawn him — not with just a narrow patriotism, but with a genuine desire to help in the decisions of his own country, and through them to help the rest of the world.”

“He realizes that the medium has been well chosen, and strange though it may seem he feels it is well that these Messages should be relayed through two from another nation.”

“We are confident that you will carry this out, and will realize to the full the solemnity and responsibility of your task.”

The next day after sitting in quiet prayer for a few moments, the Messages which comprise “THE LINCOLN WAY” began. They continued thereafter at regular intervals until completion three weeks later.

I am not an American and know little about your Statesmen, National Traditions and Policies. However, I cannot help but feel that these Messages from your greatest man contain a wealth of vital wisdom for all the people of America as well as of the World. If they prove of worthwhile value for the good of mankind I shall be only too happy to have served as a channel for bringing them to you.

I would like to conclude by offering my most grateful thanks to the Lincoln Philosophical Research Foundation for having made possible the publication of these Messages; also, a word of thanks to my daughter Pamela, without whose self-effacing help the work could not have been brought to fruition.

BEATRICE K. RUSSELL

Palm Crest,
Malvern P. O.,
Jamaica, B.W.I.



Beatrice K. Russell and Her Modest Mountain Home in the
• Santa Cruz Mountains of the British West Indies

DEDICATION

To the People of the United States:

With deep humility I dedicate these Messages to you — Greatest Nation on Earth — from your Greatest Man, in the sure hope that you will heed them, and that the faith in your high destiny which he brought to you nearly one hundred years ago, will abide with you always.

BEATRICE K. RUSSELL

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THE LINCOLN WAY

July 10, 1953

MESSAGE ONE

PEACE

Men and Women of America! I call you! From the North, from the South, from the East, and from the West—I call you!

From our possessions overseas, in planes, in ships, in submarines, on mountains, in valleys—Americans, all over the world—I call you!

This is my message—Abraham Lincoln's message. Look back, look back on the years when I was with you. They were years that were fraught with trouble and difficulties. I led you then, and I am privileged to lead you now. You remember I called you to a mighty Cause, to fight a great evil in our land. And we conquered. The spirit of America awakened, and together we fought our battles and we won. Why? Because we knew that our Cause was God's Cause. God helped us then. God help you now.

The time has now come when I call you again to a mightier, grander Crusade. But mark you this: not fought with weapons; not fought with the

blood of your countrymen; not fought in a spirit of conquest; or with any of the pride and panoply of war. I call you, now, on a nobler Crusade.

For many of you, my sayings will be hard. In your hearts you will be minded to turn away, to close your ears. This, Americans, is a Crusade for Peace. Hold that thought fast. Keep it in the holy altars of the spirit, which lie deep in the very centre of your being. Each one of you—rich and poor, of every class, creed, and color—you must hold this picture of Peace in your hearts.

In spite of the terrible turmoil of the world, in spite of the clamoring of nations, in spite of the shouts of those who wish to stir up the passions of the mob, you must wage this Crusade with all the fervor and the noble endeavors with which you fought our Cause many years ago.

It lies not so much, Americans, I emphasize this, not so much with the leaders of your nation, but with the common man.

This task may seem very difficult to you. You will say you want definite directions, leadership, wisdom, and that it is beyond your power. Not so, Americans, not so. For believe this, for I know, having been a leader among you: I know that this Peace can only come to pass through the efforts of the common man.

You must recognize that you stand, the whole of America stands, at the parting of the ways.

One could compare the situation to that of one man, alone on a mountain top, in the midst of a great and violent thunderstorm. The clouds bend over him, thunder rolls, and lightning flashes. But as the man stands there in terror and calls for help from Almighty God, a light is seen in the far distance, which grows and spreads. The blackness of the storm disappears, calmness reigns, and the Peace of God comes to that man. So it should be with you, Americans.

By the power of prayer and the certainty that God will guide our nation, as He has guided it in the past, you, in the terrible moments that are now drawing near to the world, will be able to avert the approaching storm.

Think, Americans. Turn your eyes for one moment to the appalling catastrophes that could be brought about by *Man*, mark you, not by God—horrors unimaginable, which would overwhelm the entire world.

Now think of the other side. You know that you are the mightiest nation in the world. Shall it not be then that you will be in the vanguard of Peace. Your scientists, your inventors will be enabled to bring about such benefits upon the human race as have never before been known in the history of the world. All these are intended to help Humanity. The story of the American race can go down in the records of the historians of the future, showing that a mighty people took the lead, in

crucial times, amongst the other nations upon earth, saying: "No more, no more will we slaughter. No more will we suffer this terrible evil of War. We will lead you, we will lead you into Peace. We are strong enough. We fear no one. We love Humanity. We want nothing from other nations. We will suffer no longer this evil to exist among us."

But remember my words. Can you, in truth, say at the present time that you fear nothing and no one? You know well enough that Fear is one of the greatest causes of War. *You Must Not Fear.* How is it possible that if you believe truly in God, you can ever have one moment of Fear. Believe this, Americans, that if you allow this Fear to exist in your hearts, you are not, I tell you, true believers in the living God.

Know this, then, that this is what you must do. Advocate Peace among you boldly. Often in the silence of your room, pray fervently with a real faith that your prayers will be answered. Pray for Peace. Those of you who are in the position of leaders, in small groups or large, make sure that in whatever you may be teaching, that there will be an influence for Peace.

In a larger and more far-reaching manner, when the elections of your nation take place, make very certain that the man for whom you vote will place the Peace of the World in the forefront of his policy.

Men and Women of America, believe now that

it is Abraham Lincoln who speaks to you from the Other Side. Heed my words in these messages. God bless you all.

God bless America.

THE LINCOLN WAY

July 11, 1953

MESSAGE TWO

THE WHY AND HOW OF THE MESSAGES

Men and Women of America! Listen! You will be thinking many things with regard to my first message. You will be saying amongst yourselves: "Abraham Lincoln says he calls us, but he tells us nothing concrete, nothing in terms of party politics, no mention of leaders. What are we to do?"

My friends, these things are not intended: I cannot, and it would not be right for me to lay down details of a nation-wide campaign for Peace. God does not issue blueprints for a nation to follow. How easy that would be for you, but how disastrous for a young nation to follow progress in this manner. You can take an example from family life. If a father told his little son exactly what to do each hour of the day, would the son ever become adult? We know it would not be so. You have only to study history to see that nations are not guided in this way. Terrible calamities are not avoided. And in that way, both individuals and nations are taught that Faith—Faith under overwhelming disaster—brings its reward.

Think of England in the Battle of Britain when almost everything but Faith had gone. Think, too, of the Faith of your Pilgrim Fathers and dwell on it.

You will raise now another question: You will say: "Abraham Lincoln, prove your identity. If it is you—you, in the Spirit, speaking to your nation now—give us proof. In other words, prove Survival."

My friends, I speak these words from a holy place, in a noble company. I will not degrade the presence of the holy spirits amongst whom I stand, by putting myself on the defensive, by protesting I am not a charlatan. If you cannot feel the sincerity and the purpose which filled the speeches of Abraham Lincoln in the days gone by, repeated in these messages, I will not satisfy you. Read no further. The messages are not for you. Skeptics there will always be, and it would not matter one jot or tittle if I gave them chapter and verse of my past life, for they would even then find reasons for not believing. One, the greatest of all, rebuked the doubting Thomas, and throughout the ages, there will always be these unbelievers.

And now I tell you a wonderful thing. You ask, "Why have these messages to be delivered now?" And you ask, too, "How are they being delivered?"

They are being delivered now, because—and this is the wonderful thing—it is because they are being brought by the combination of immensely powerful thoughts, coming from every part of Amer-

ica—thoughts and prayers of great humility, as well as anxious questioning. You are all asking: "What is Truth? Where are we going? To whom can we turn? Is there a God at all? What future have we? We, who thought ourselves so strong, so powerful, are beginning to feel so lost. We long to understand Life and we cannot."

Now I want to tell you all, what some of you already know, that Thought is a Substance. It is so powerful that no words can describe it. Individual thought can compass an immense range; but when a great nation can send out powerful vibrations, and those vibrations are continuous over a period of years with the same tinge of thought, this fans out and makes itself felt, and thereby attracts like a magnet powerful rays, through which the power to receive these thoughts on another plane, and the power to deal with them, is given. That is one reason why I am privileged to send these messages to you. You understand, it is your own act that has made it possible. Ponder on this; for if you can understand and believe it, you will realize that it is what you might call a "miracle."

Now the other aspect. I have told you why these messages are coming, and you also ask me how. I bid you all—study to learn more of what has already been vouchsafed to the world of the Life beyond Death. Do not close your eyes and ears in blind stubbornness to the facts, and I use the word "facts" advisedly. You will then find it easier to appreciate the numberless ways in which we,

who have passed over, are able to help you in your daily life. So constantly does this happen that even the most biased and the most sceptical among you have the knowledge in your minds, that there must be something functioning outside the known laws of Physics.

I will now give you the answer as to how these messages are coming. When they are printed, you will know and be able to prove that what I am now going to say is correct in every detail.

Two women, a mother and daughter, not of your race or land, have been brought separately from far distant places on the earth to your own country. To get there meant to both of them the conquest of apparently insuperable difficulties. They had no funds; one of them was in poor health. Month after month the struggle went on. Neither of these women knew the reason why they should be drawn to a certain spot, so far away from their homes. But they both had Faith. When the time came, every difficulty was solved. I have told you these facts, not in any way to publicize these women, but to show you what Faith can accomplish. In a later message I will give you details as to how communication was established.

More and more the nations of the whole world are becoming aware of the Truths which lie in the realm of Psychic knowledge. These Truths I, myself, experienced when on earth. Not only are your scientists aware of them, but the religions of the

world are putting them forward. This is being done as quietly and unobtrusively as possible, but it is, nevertheless, a very real fact; and, my friends, when you hear narrow-minded people speak of these things as evil, ask yourself the question: Would Almighty God allow His churches to be used, for example, for Spiritual Healing if there was anything evil in this practice?

I have digressed in this message because I knew that immediately publication took place, these questions and controversies would arise; and by mistaken people would be used to obscure their true meaning and obstruct their true aim.

I know that that is, alas, only too true of human nature when confronted with pure Truth. There are people to whom goodness and virtue are qualities which must be destroyed if possible. They fear them; they hate them, for they show them the blackness of their own hearts. At this time there are many people perverted in this way. But I say to you, in answer to your own thoughts on this matter, that I can therefore, in these messages, contact only the few. I tell you, however, that it is enough. Do not fear. Were there not once only Twelve who received a Message which spread over the entire world?

I will endeavor, in the next message, to give you broad outlines of policies without politics, on the lines of which America should go forward in the coming years.

I do not need to tell you these are solemn moments in the history of America. On your country, more than any other throughout the entire world, lies a heavy responsibility. I warn you that if you should, at this stage of your history, lose the faculty to rise above material things, and lose sight of the fact that you are all living souls and immortal — if you should forget this and not endeavor to cultivate the spiritual part of your nature — then you will be stricken down.

Pray to God that you may be lifted up to lead, instead of being cast into the depths to be destroyed.

God bless America.

THE LINCOLN WAY

July 16, 1953

MESSAGE THREE

WORLD FEDERATION

I, Abraham Lincoln, spoke in my last message of policies without politics. I wish now to outline what should be America's main policy for the future. There is a tremendous step to be taken, a step which will call for great sacrifice and a love for Humanity in general.

I refer to God's great plan for the whole world; that is, Federation: the complete unity of all nations. It is a project so great that it almost confounds the imagination.

Americans, you will lead in this. You have with God's help achieved a Federation of your own. When you speak of the "United" States, do you realize what a wonderful achievement that is?

You are the greatest example in the world today of the success of Federation. Look round the world and see what is happening. The first steps are being taken. Groups of small nations and groups of small islands have in some instances already accomplished this, whilst others are considering it.

But, and I want to give you a solemn warning. In every case it is the motive that counts; and, therefore, you will find that groups possessed of greed and who wish to federate solely for self-aggrandizement will fail, because their motive is evil. They want to get, not to give. But where the motive is good, where the motive is for the benefit of the world, this or that group will succeed, in spite of the sacrifices entailed.

This process will continue in ever widening circles; this great Idea will come to pass, culminating in the unity of the world.

Events are moving quickly. Within the last few years you have seen the British Empire die, and out of the ashes has risen a far better thing: the British Commonwealth of Nations. It is succeeding, now, because the motive is good. In just the same way, Americans, your United States are succeeding because your motive, in this respect, is for the benefit of each individual soul in your country. And, therefore, it cannot fail.

But in playing your part, as you must do, to bring about the Federation of the World, you have to face a hard and stern test; for the critics will say: "We are powerful, we are strong, we need no help, we will go ahead alone." No, no, Americans, that is not God's plan.

You are to give, to give increasingly. You are to reach out to all the nations, and you are to point to the Way that must be followed.

Time and time again there will be setbacks. There will be violence and slaughter, and the world will sink into a trough of failure; but always you must keep in men's mind this Idea: the Idea that the Federation of the World will bring to mankind immense blessings.

For it will obliterate War altogether.

So much at the moment, then, for the view I want to place before you for nations and for America in particular. Now I must speak of the individual and of how this tremendous thing can be brought about, for, as I have said, all things lie in the last resort with the individual.

The plan is for the world to have a figurehead, a Symbol of Federation: a Symbol which will represent all good and beautiful qualities, something that continually uplifts, and will represent to each individual the highest character attainments to which he or she can aspire.

I cannot go into details, but you may liken this in your minds to the sacred fire of Olympus, which was to the Greeks a holy symbol.

In considering individuals in Federation, you will have to consider laws and customs, characteristics of each nation, and how they can be blended. In time to come, there will be great alterations in your marriage laws. Home and children must be looked on as a solemn trust, and the latter to be accounted for, not only in your lives on earth, but in your

lives to come. In Marriage the solemn vows will once again mean what God meant them to mean. People will no longer take them lightly. Education will be adapted and altered with this end in sight. Husbands and wives will be required to educate themselves for this, as for other professions.

No nation will produce more children than is necessary for the best development of itself, in conjunction with the needs of the world; for it is the world, remember, and in terms of the world, that you will all in the future think and speak. These children will be brought into the world under the best possible circumstances, both wives and husbands dedicating themselves to this supremely important task by special study and prayer. Thus, the citizens of the New World will be worthy of their citizenship. And you will see, as you think on these lines, how much evil will be abandoned.

As you look round the world today, does it not seem to you that a very Heaven could be made out of the Hell that now exists?

Nations will no longer speak proudly of "possessions," or "owning other nations." Restrictions of every kind could be broken down, under the new regime.

I bring you this message, Americans, yet I know full well with what distrust and dislike many of you will regard Federation. You will feel that in taking this step, you may yourselves be submerged and

lost. These feelings must be put aside, for the foundation of them is selfishness.

Nationalism was necessary for you to build yourselves up and to form an example of Federation, in miniature, before the world. Now, however, this feeling of Nationhood has become too extreme, and makes for War. The transition will take time and will be, indeed, a period of testing, during which there will be a spiritual purging and, at length, finally cleansed and freed from all motive except Altruism, you will take your place in the Brotherhood of Nations and will finally accomplish God's purpose.

Meanwhile, it is essential that your children should be guided now, through Education, to this great Ideal. As this is done, each generation will impress it more powerfully until it becomes woven into the very centre of your lives.

Does it seem impossible to you, now, that it could ever come to pass? Remember that with God, nothing is impossible.

God bless America.

THE LINCOLN WAY

July 17, 1953

MESSAGE FOUR

RELIGION, HEALTH, EDUCATION

You will perceive, Americans, that I, Abraham Lincoln, am giving you in these messages a Way of Life. Do not dismiss them with the idea that I am speaking of a Utopia in the far distance of Time. Some of these ideas are much nearer to you now than you can imagine.

To enter this Way, there are, symbolically speaking, certain Gates through which you will have to pass. I will deal with a few of these in this message.

First, the Gate of Religion. Religion will become universal. It is recognized more in the East than in the West that Man cannot be treated as one of a herd. Humanity cannot be poured into a mold. Those in the West are at the present time tending towards the herd complex. This is Retrogression. Individuality must assert itself, and it is for this reason that I speak of a universal Religion.

At first sight this may seem a contradiction in words, but it is not so, as I will show you. You must in due time get rid of all Creeds, Dogmas, and

Doctrines. It is impossible for people to think or believe identically. And so, temples, churches, and sanctuaries will be built as universal places where all may come without fear. Each will be a real meeting place for God and the Soul. They will be open day and night; and no one, whatever his belief or his status in life, will have any feelings of doubt as to whether he can enter or not.

As I will show presently, no money or material rewards will be attached to the management of these buildings.

In these ways Religion will lose its narrowness and bigotry, which sullies its name at the present time. The Churches have been backward, indeed, in this matter, for the very fact that they have built separate enclosures for separate beliefs makes for jealousy and bitterness.

Clergy and priests, all over the world, will cease to exist as a separate class. There will be no finance connected any longer with God's teachings. Surely, Americans, you should have learnt this long before, through the teachings of Christ and the other Masters who have come to tell you these Truths.

Who, then, will teach? There will be men who, by prolonged study and development, will possess the inner urge to help their fellow men in the search for God. They will be known by the lives they lead; and when instruction is necessary, they will be there to give it.

Because the taint of money will be no longer attached to the worship of God, the words of the teachers will fall with the accent of Truth on men's hearts.

But, remember, there is much to be done before this state of affairs can come to pass, for intolerance is now just as much rife as it was in the days of the Spanish Inquisition.

I leave this now to turn to lesser matters, but which, however, impinge directly on it.

I speak now of the Gate of Health. Dis-Ease, like Crime, will come to be regarded as the result of an unquiet Mind. Doctors, as you know them, will not be functioning. The surgeon and his knife will no longer be needed. Through discoveries, some of which are very near, it will be found that the human body can be insulated from many of the ailments which beset it. This civilization is bringing, in its train, fresh diseases; but this situation has nearly reached the crest of the wave, and the victory over harmful bacilli is drawing nearer. Medicine will develop on different lines, and the necessity for physicians in their present capacity will no longer exist.

There will be, what I will call in this message, Comforters—men and women who have trained their minds to deal with Dis-Ease from a psychological standpoint. Again, this will be untouched by any thought of gain. It will be regarded, as indeed in olden days the study of medicine was

regarded, as a holy thing; compare this, for one moment, with the schemes, advertising, and ideas of the present day. And make certain in your minds that you will do your utmost to bring this infinitely happier state of things to pass.

The last Gate to the Way, of which I speak in this message, is Education. There will be, and this is much nearer than you imagine, a Universal Language. You will know that already experiments have been made in this, but that the world was not ready for them. But even now there are skilled men working on this. Can you picture the tremendous benefits that will thus be brought to mankind?

The greatest discoveries that are made all over the world will be pooled and put to the advantage of all peoples, because the use of a Universal Language will tend to dismiss doubt and suspicion. When this comes to pass, it will be hailed by all thinking people as the greatest benefit that has ever been given to man.

Education will not be the short temporary factor in men's lives that it is today. It will not only be possible but certain that men and women can study all their lives; and because they will be doing this, their mental powers will increase. It will consist, too, of a different aggregation of knowledge than exists today. The multiplicity of languages has become a handicap to education. You will find that new methods of assimilating knowledge will alter the whole perspective of Life, so often at the

present time given over to trivialities. Life will, indeed, become worth while.

Are not all these things worth struggling for, as you have struggled in earlier times for noble things? I would ask you to hold your heads high in the hope of a New World.

Remember, when your hearts are heavy with the burden of the evil and suffering in the world to-day — remember, it is written: "Behold, I make all things new."

God bless America.

THE LINCOLN WAY

July 18, 1953

MESSAGE FIVE

CURRENCY, RIGHT LIVING, LEISURE

After my last message, which dealt with the things of the Future, you will require of me words with regard to your lives in the present time. Some of these words may seem harsh to you, but you will understand that I have a message which I must give.

Americans, the majority of you live too much on the surface of things. You do not delve deeply enough into questions that are inter-related with your daily life. You must realize that the foundation of all Life is God, and that all things are bound up in the last resort with Him.

I can prove this to you by a simple example. Let us take something which now dominates your lives to a very great extent. I speak of Money.

Now, many of you are aware that there is something wrong with your money system; you realize that reforms in this are necessary and overdue. Reform of the monetary system, you will agree, is bound up with questions of import and export, of

balance of trade, of production. In that connection it will readily come to your minds that a system which can bring about the destruction of food in one part of the globe, while people are dying for that very food in another part, is a system which has grave faults. Production, then, brings us immediately to the problems of labor; of movements of populations; of immigration and unemployment; and that, in turn, brings us to control of population. Control of population brings us to the science of Eugenics. This, again, brings us to right living; and right living brings us to the study of the spiritual side of Life; and the spiritual side of Life means God in us. So you see that we start in this instance with Currency Reform, and the answer brings us to God.

You will find that in the same way that I have analyzed this for you — all things, all subjects whatever, have their answer in the search for God. You must, all of you who can, study these and other problems; for many books have been written on these subjects, and it is up to you to find out the answers for yourselves.

Remember, one great fault among you is that you are all so liable to think in terms only of your own country: America — first, last, and all the time. This must cease before you can progress.

From your pulpits Altruism is preached for the individual, but not enough is made of the necessity of Altruism among the nations.

Now I turn to what may seem to you a small matter in your daily life, but it is one that becomes each year more pressing. I refer to the subject of your leisure hours, and how you are going to use them. Working hours are getting shorter because of the increase in inventions and machinery. This should be all to your good, but it is not. You do not need me to tell you that you are wasting precious days, weeks, and even years of your lives during your leisure. In your places of entertainment — watching often degrading sights — in your perpetual rush from one place to another, you are, in fact during most of your free time, preventing yourselves from developing spiritually.

You cannot blind yourselves to these facts. This state of affairs is increasing, and the thinkers of your nation realize this and are searching for remedies. Hence, in small ways people are being asked to lead more simple lives, to enjoy quietness, to work with their hands in various crafts and hobbies, and to spend as much time as possible with Nature. Do your utmost to forward these projects.

And this brings me to urge upon you the cultivation of the Beautiful in your lives. You will appreciate how much you have lost of this when you look back only a few years. Where, Americans, are your Poets? Where are the successors of Longfellow, Walt Whitman, and that great thinker, Emerson? How is it, do you suppose, that there are none of that calibre alive today? Art and Poetry are the expression of the spiritual life of a nation.

How can you in your present lives — bound up as they are with the pursuit of money, with the making of things destined for destruction — how can you even think of things of Beauty?

You have an inner urge within you that makes you desire these things almost without your being aware of it. All you know is that you are dissatisfied with your way of Life, easy and comfortable in many ways as it is. A great restlessness possesses you. You travel all over the world; you take up first this thing, then that; you think out exciting projects, such as rocketing into Space; yet all these things leave you empty and void.

But I tell you, Americans, if you can turn from your present way of life before it is too late — and this rests entirely with the *individual*, mark you, not with your governments — if you can have the courage and faith to understand how vital this is, you will shorten a period of great misery which lies ahead of you.

The day will then come when you will return to your homes and find in the beautiful symbolism of those two poets, Maeterlinck and Tennyson, that the Blue Bird of Truth and the Holy Grail, for which you have been seeking, were in those homes all the time, but you had not the vision to see them.

God bless America.

THE LINCOLN WAY

July 23, 1953

MESSAGE SIX

TO WOMEN

My message today is to the women of America. I wish that I could burn it into your hearts with the flaming torch of Truth. I cannot impress upon you too strongly how important and vital this message is.

Look back, women of America, look back to those pioneers: those women who founded your race in great hardship, in continual self-sacrifice under almost impossible conditions of living, often giving their lives that their children might live.

Look at yourselves today. You say you have Freedom. What has it brought you? Where are your lives spent? In the office, in the store, in the factory. You have sold your birthright for a mess of pottage; for you must know in your souls that you have lost the ideals of your forebears.

What of the heritage of your children? I would like my words to shake all those who read this message to their foundations, with regard to the answer to this.

There is a plague spot eating away the very heart of your nation, for you have forsaken the laws of Nature in turning over your children to the care of hired women.

During those vital years of babyhood, you have deprived them of the mother love and mother care that they need. This is not a small thing. It is a sin. You can never make up to them for the loss, every day of their lives, of the maternal love which should have been theirs.

The generation of today when it reaches manhood and womanhood, will be lacking in much that is fine and noble on that account.

I tell you, American women, with the greatest solemnity, that if this practice continues — if you do not see the folly and wickedness of it — if you do not understand the reason for the failures of many of your children to make good — if you do not discontinue this practice, your race is doomed.

You young mothers must surely see that you are losing the very greatest thing that Life has to offer — the joy of caring for your children. The tremendous fulfillment that you feel during the years that you spend or could spend with your baby, means enormous benefits to yourself, as well as to your little child.

There must be a nation-wide campaign to bring the wife and mother back into the home. You will come to see that what you thought was freedom is

not so at all, and is only leading you, in the end, to confusion of thought, to a great restlessness, and too much harm physically and mentally. Those who disobey the laws of Nature have to pay a heavy price. This way of life must be altered.

American children do not have to put up with the hardships of the past; but although these hardships seemed severe handicaps to those past generations, in reality, they helped to form their characters and make them strong.

One great evil lies in what I would call the poverty of thought which you are giving your children. The papers and magazines which are put before them today are of no use to them, but are definitely harmful.

The remedy lies much in the hands of the teachers, but even more so — and this is the idea that you have lost — even more so in the home life.

There must be a campaign waged, both by parents and the schools, for purity. Children are very observant and they easily assimilate the ideas of their elders; and the terrible harm that is being done to them, by the example of their parents in their abandonment of their home life and their morals in general, can never be estimated by you.

I have spoken of Marriage in the Future in another message; but I want you to turn away from the mockery and the farce that you have made of Marriage, and reach out in your thoughts to a

nobler, purer wisdom. "To love and to cherish, for better or for worse." Make these vows, not with the idea of breaking them when you wish or when the first sign of trouble appears, but make them with a fervent prayer in your hearts that you may keep them for life.

There is a policy that affects the women of America very closely. It may not have struck you that you are affected by this, but it is connected with your lives and the lives of those who will come after you. This is the policy of the "closed doors." America must throw open her gates to all. This is in direct opposition to your present laws; but I want to emphasize it most strongly, for it is an important step to the great Idea of Federation. Can you not see what a mistake this policy is?

Blended into your nation, you could have, if you will: the wisdom of the Chinese; the skill of the Japanese; the perseverance of the German; the versatility of the French; the wit of the Irish; the tenacity of the British; the calmness of the Scandinavian nations; the endurance of the Jewish people; the creative art of the Italian.

All these qualities are necessary to a great race, and it was wise of the United States formerly to welcome one and all, as they did. They have the whole world to draw from, and people of every race and color should be welcomed. Any other policy is a policy of Retrogression.

You will see, women of America, how this touches

you. And you must, for the benefit of the race, welcome all who come — and break down all barriers; for only good, not evil, will come of this.

I spoke of a period of misery which is to come; but I want to tell you that there will arise among you, towards the end of this period, an outstanding woman. She will be a prophetess and a leader. She will be greater than any other woman before her. She will have such power within her that she will be able to unite the two Americas, so that they will be as one; and this step will be a tremendous advance towards the coming Federation of the World. She will bring with her a great knowledge of Spiritual Truths; and this will mean a higher morality, not only throughout the Americas but, through them, to the entire world.

Look forward, then, women of America, to your high destiny. Work now for posterity in the sure knowledge that every right act of yours and every good influence that you can bring to bear on the life of your nation, will reap a harvest in the years to come.

God bless America.

THE LINCOLN WAY

July 24, 1953

MESSAGE SEVEN

TO MEN

I spoke in plain words to the women of your race in my last message, and I shall now speak in plain words to you, men of America.

In a large degree, you are responsible for the failure of the women to reach up to high ideals, for, by your attitude, you have cheapened womanhood.

You have been obsessed by the Money Idea, and this has spread like a hideous growth through your whole system. You are deliberately sacrificing everything to this. It dominates your whole life until you have become a kind of robot going through life, hiding your true feelings under a mask of cynical indifference. This affects every phase of your life, and has become a great evil.

Man has been given the sacred gift of creating life—life from his own body; and at the same time he has knowledge that he possesses this gift. In this way he is distinct from the animals, who create life, without that knowledge, through instinct.

This gift to man is part of the mystery of Life: Life Force permeates his whole Being. Just as Light, which we think of as being one Substance, has a dual aspect—that is, it travels in waves and also in “quanta” or packets—so does the Life Force in man permeate his physical Being and, at the same time, his spiritual Being.

Man intuitively knows this. He may, and does, deny the spiritual; for when he doubts, he falls back on the argument that Life belongs to him, that he can do what he will, that there is no other end to Life except dissolution, and that, therefore, it matters not what he does. But in the very same moment that he is arguing in this way, he knows that it is not so, that he has within him something Eternal, something which can never die, and, therefore, he is filled with terror at the thought that he may be, in some way, harming this inner Being.

No words of mine, therefore, are needed to tell you that you possess this Spiritual Being, that it lives with you; and that at the very highest peaks of your life—and these should include those holy moments when you are generating Life—that it is operating in you, and will always continue.

I would have you think over this matter deeply, for it is bound up with your physical life; and although it can never leave you, you have the power to prevent yourself from realizing this holiness.

You must tune your thoughts, so that they are receptive to spiritual Truths. This does not mean

following this or that religious sect, or going to church, or saying routine prayers, for these can become mockeries to you; and, at the present time, there is much hypocrisy in these matters. But it means this: that when, during the day or night, you may become aware of certain thoughts and aspirations, which you realize have a nobler foundation than those of your material life—then open yourself fully to the influence of these thoughts, and your reward will be an inner peace and a desire that they should come more often to you; and you will feel with a certain shame, as you begin to examine yourself more closely, that your worldly thoughts are crowding out these others, and making it impossible for you to rise to higher things.

I want to tell you, for your comfort, this: when we discard the physical body, we feel a certain difference with regard to drawing from this Life Force; for our power to draw from it, is increased. It is as if we had, for example, a few more volts of electricity in us, and that we are so much the stronger for having discarded our physical body. We, then, realize that the excess of Life Force is given us to help, if we so desire, those on the Earth plane; and, therefore, we use that power to send you these holy thoughts—thoughts of tenderness, love, and pity. And, therefore, I bid you to be receptive.

Open your hearts. Do not wrap yourselves in a mantle of despair. Believe that there is help

coming continuously. Believe that the Spirit of God is within you all; and rest assured that if you will do this, you will find it easier to live the Good Life.

You will get back, men of America, your values of Truth, Goodness, and Beauty, which you have temporarily lost.

Lift up your hearts, then; for the King of Glory shall enter in.

God bless America.

THE LINCOLN WAY

July 30, 1953

MESSAGE EIGHT

QUESTIONS AND ANSWERS ABOUT THE UNSEEN

My people, it is natural that you, as you receive and read these messages, should wish to know more about the conditions under which I speak from the Unseen. In this message I wish to give you some idea, yet I warn you most earnestly to realize that much cannot be brought before you.

You are a Western race—practical, material; and you wish in all things to know, as you put it, all the answers. But know this: That all the answers never will be known by you in your life on earth. But you will have hints and glimpses in increasing proportion as the years go on; and the greater your faith, the more you will receive.

You may ask me, "Where are you?" I am near my Instrument, the medium, and yet at the same time I could be described as very far away. And this apparent contradiction I give deliberately, for I want you to understand that I am in a state of *Being*, not a place.

I could speak to you of a Fourth or Fifth Dimension, but this would entail speaking in terms of Distance, and would only add confusion of thought. Until the theory of Relativity is more extended, I cannot give you a fuller answer. But I can speak of something which happens to all of you, which is easier to understand, namely, Sleep. And it is in Sleep that, I think, you will find the valuable hints of which I have spoken.

In Sleep our physical senses are dormant, and our psychic senses are partially, but only partially, in control. Hence, our dreams are often confused sequences of events—those of the past and sometimes those of the future—during which you are able to move instantaneously from place to place. You pass through matter with ease; you fall from great heights; yet in all this you feel no injury or pain.

There is another good example of confusion of the physical senses, and that is shown in the Three Dimensional Film. In this your sense of sight and your sense of hearing tell you that violent things are being done to you. You can be, according to these senses, stabbed, burnt, or shot; yet all the time your sense of touch or feeling shows you that none of these things are happening to you. Very soon now, this invention will be extended, so that the whole matter of physical and psychic senses will become much clearer.

To us here, it sometimes appears that you are

as children playing with a puzzle. The pieces of the puzzle are spread all over the board; you are fitting it together. Sometimes you almost succeed in completing it, and we see the small missing piece slightly hidden in a corner of the board, but you see it not.

I have spoken of the psychic senses and I want to explain this phrase. At birth the physical body is born with the psychic or etheric body attached to it by the "silver cord," spoken of in the Bible.

These two grow together and intermingle, coordinated by the pineal gland in the brain. The cord can be extended, but never broken until death, when the physical body is discarded. This is already known to many of you.

Another question you may ask is, "How do you speak through the Instrument?" I use the organs of her throat and I work through her brain, part of which is dormant, part is controlled by me.

Because she is willing that it should be, she tunes in to my wave length. This is no miracle but a perfectly natural happening. The waves of sound are there, and they produce the result, which is taken down in writing by my other Instrument, who also has trained herself to tune in and lend the necessary power.

If you consider these things as "mysteries," I would have you think for a moment of what you call natural events.

You sit—we will say, for example—beside a pond. You notice that the water is transparent and fluid. You visit it again on another day (and owing to a change of temperature through great heat), the water has evaporated into the air. You visit it again and you find that the flowing water is now a solid block of ice.

Or take, as another example, Sunlight. You pass through a forest, and you know that beneath your feet the process is going on whereby these trees will become coal, and will release the sunlight that they have stored up in the form of fire. You do not regard these things as miracles, because you understand them through your reason; and my point is, in this message, to emphasize that the matters of which I speak are natural.

Another question you may ask is: "How do Impressions arrive?" Often by clear-cut messages and directions without any word spoken, yet leaving no doubt at all in the mind of the recipient of what is meant. These matters have been put on record and fill many volumes.

We send these Impressions to you by Thought, and they are transmitted through your psychic senses; and from them into the nervous system, so that the brain records them. You can do so much towards developing this system of communication, and it requires less power than the spoken word.

I want to impress it on you, my people, that the motive of your desire for all communication must

be free from all thought of personal gain, such as fame and publicity; and these powers must never be used for financial profit, for that path leads inevitably to the way of fraud, and will destroy in time the power itself.

You can develop through self-control and mind control; and, at the same time, study the dangers, and know yourself. This knowing yourself is a whole time study; for it is so easy to delude yourself, to hide your real motives, and to take, almost without knowing it, the wrong path. But, above all, you must pray.

I, myself, when on earth, was privileged to know of these matters; and I also know, therefore, the dangers.

I would like to tell you that one misconception that frequently arises on earth, due principally to the teachings of the various churches, is that we change greatly when we pass over. This, my friends, is not so. Mercifully, the better side of one's nature does seem uppermost due, I believe, to the fact that we have discarded the physical. I noticed in myself that my best desires were triumphing.

In life on earth, I was filled with a desire to help Humanity. In spite of many faults and failings, this was a characteristic of mine; and here in the Unseen I am able, to my great joy, to help in many ways the souls that come over.

Those of you who are willing to lead a spiritual way of life—difficult as it is, in the turbulent world of today—will find that in opening your minds to these impressions I have spoken of, and in raising your thoughts continually by purity of vision, you will come to an inner intimacy with ourselves here—which will be inexpressibly dear to you—will change, in fact, the tenor of your life—and will be a recompense for all suffering and sorrow.

Persevere, then; have faith and pray; and God will lead you by the hand until you reach the realms of the Unseen.

God bless America.

THE LINCOLN WAY

August 6, 1953

MESSAGE NINE

EVILS IN AMERICAN LIFE

My friends, this message deals with the question: How to meet Evil in your world?

First, you must face it, uncover it, bring every part of it to light; evasions are useless. Have faith in the powers that God has given you to overcome it. Have the faith of the man who prayed: "God, if there be a God, help my soul, if I have a soul."

That was true prayer.

The most disturbing element in American life today is self-satisfaction. Many of you feel that you have built up a great nation in comparatively few years; that you are a world leader; and that the solving of the world's difficulties will be largely in your hands in the future; and you feel fully competent to deal with them. You have had great men, and there are great men among you today; but I ask you, Americans, to look on the blemishes of your civilization.

Look at the increase in the statistics of Crime; your overflowing prisons; your vast number of juvenile delinquents. Look at your gamblers; your murderers; your abortionists; your drug addicts.

Look at the graft and corruption in high places, often concealed and, even worse, tolerated.

Look at the loosening of moral values, that were had and held by your ancestors.

I ask you: What are you going to do about all this? When are you going to call a halt? Do you realize that you are forging chains daily for your destruction, by allowing these things to continue?

Do not say: "It is impossible for these things to be rectified."

Cessation of War will lessen Man's readiness to kill; and War *must* be abolished. Crime can be largely dealt with by segregation and medical treatment, instead of the harsh punishments often given at the present time.

Fill your lives, so that there will be no room in them for Evil. Cultivate the joy of living with Nature, for you can learn more in this way about right living than you can through the reading of many books.

Bring Beauty back into your lives—the Beauty of Art, of Music, of Literature. Ask yourselves if you have this Beauty in your lives today. You know, in very truth, you have not. Remember—

ugly thoughts create ugly deeds. To know yourself is good, but, at the same time, remember that you can find yourself in giving service to others.

The time is drawing very close now, when the issue will be decided whether your nation will become such a power for good as has never been seen before, in one people, in the history of the world; or whether you will be caught and destroyed by mounting waves of evil, in a cataclysm more terrible than you can imagine.

I send you this message with a great desire to stir you, all, to your very depths, so that you will have full realization of the dangers ahead of you; and, at the same time, to give you wonderful hope of what you could become.

The proofs of what I have said lie all around you; you can see them daily. Yet, because Life is easy, and great world tragedies have passed you by, you have covered yourselves with complacency, and have become accustomed to the idea of shifting responsibility and overlooking Evil.

In this way, Americans, you — every one of you — are guilty, and you may have to pay a terrible price.

We know on This Side that there are among you those who have a great vision of higher things. Very quietly and unobtrusively, these people are projecting this vision, in what may appear to you as small ways, by means of books and lec-

tures. But small in numbers though they may be, they have great power, for they are being directed by us. And the knowledge that this is so, gives them the assurance that no task is beyond them.

So when the common man emerges from his chrysalis of indifference, he will find he has allies of whom he had little dreamed, both in this world and the next.

In very great earnestness, I ask you, Americans, to realize that the time is short, and to ponder on these things—praying, at the same time, for wisdom to help you to meet the trials that are to come.

God bless America.

Abraham Lincoln

END OF MESSAGES

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