

**SHOULD
I
PAY FOR
METAPHYSICAL
TREATMENT**

Answer - - - YES!

*Balance and Equipoise
in Everyday Life*

By **SARAH FLOWERS**

Author of "Common Sense"



SARAH FLOWERS

Metaphysician, Teacher, Writer, Publisher, Religious Science
Practitioner and Radio Personality

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THE BIBLE:

"Every man shall give as
he is able, according to the
blessing the Lord, thy God,
has given thee."—Deut. 16:17.

PREFACE

Many books have been written on metaphysical subjects, and each and every one of them has something of value to give to the reader. But we believe, however, that this book is the only one of its kind yet produced that gives a definite opinion as to whether the practitioners, metaphysicians, leaders or ministers should ask for money in return for services rendered.

This is a question that is discussed frequently by thousands of persons who do not quite understand why they have not succeeded in making their desired demonstrations. They question: "Should I pay for metaphysical treatment?" and "How much money should I pay?" Many other such questions often are asked, but there has been no solution of the problem, because the answers have been unscientific.

I know of nothing more confusing to the troubled person who first seeks metaphysical aid, than is this question of paying for a practitioner's services. In his search for a solution of his problem he turns to a metaphysician for aid, and is charged a sum of money for the practitioner's help. Later, this person begins thinking: "Why must I pay for these treatments? I cannot understand why the practitioner charges a fee when I ask for prayer, advice and treatment."

It is my belief that this book is very much needed in the metaphysical field. Not only does it explain why one should pay in actual cash for services given, but it also explains why one attracts failure by not paying for the services, time, and kindness rendered by a true metaphysical practitioner.

It gives a definite Law that always brings success when properly applied; a Law that precedes every demonstration

in Life, whether it be a demonstration of success—or of failure.

As all of my writings are based on daily observations, this work also deals with hard facts, tested and tried truths, concerning the meaning of paying for what you receive.

To one accustomed to thinking in terms of metaphysical law, it is almost inconceivable that anyone should expect to receive without also giving (paying). The two actions—receiving and giving—are essentially one in their nature. There can be no receiving if there is no giving, not can there be giving without receiving. How can a troubled person open his channels for receiving if he does not first empty, or clear, those channels by giving (paying)? “As ye give, so also shall ye receive.” In other words, do unto others as you would have others do unto you.

When a metaphysical practitioner is called upon for aid, what does he give? All that he has of kindness, of sympathetic understanding and love. He not only gives advice and encouragement of a so-called material nature, but he also gives of his very spiritual essence, helping to produce harmony in the mind of the seeker, to raise his consciousness to the level of Divine Mind, where his problems are dissolved.

Is it, then, too much to ask that the one who receives all this aid should, in his turn, also give of what he has? How, indeed, could he receive at all with his channels closed?

Money—“cold, hard cash”—is no less spiritual than is thought. Both are products of the same creator—Divine Mind.

Under our present financial system, everyone—even the metaphysician—must have money to provide for his daily needs. Why, then, should not one who receives aid from

a Truth practitioner be willing to "give of his substance"—money, or its equivalent—to the practitioner? Jesus did this when he lifted up His face and said: "I do thank Thee, Father." He gave all He had.

We feel that this book is a timely, helpful, and understandable aid for the many persons, who go on for years, never making their paramount demonstration, never attaining their goal in life, never achieving anything really outstanding.

We can truthfully say that we KNOW the Laws of Metaphysics do work, but they compensate only under the Law of Giving and Receiving, the Law of Exchange of Equivalents. If you have not been able to attain your goal, then, if your dreams have not come true, it is not because of any failure of metaphysical Law; but because you have not "paid the price" by being willing to give (pay)—gladly and freely—as well as to receive.

Before going further into the subject, it is well to establish in the mind a clear concept of just what Metaphysics is. Metaphysics is the science of right-thinking—the study and practice of doing the right thing in life.

It is not a religion, as many may think, but a philosophical recognition and acceptance of Universal Law. True, all of us should be religious, in a sincere, understanding way, because of the spiritual values gained, but when we learn to Think Right, we automatically become VERY religious!

We define Metaphysics as the Science of Life, that treats of the existence of God, His essence and attributes; Meta meaning above or beyond and physics, of course, pertaining to the physical or material.

This book is not for those who have churches and use the love-offering system, not for the tithers, although this

method is very commendable. It is for practitioners, metaphysicians and Truth Teachers, who work from their offices or from their homes.

After reading a part of this book perhaps some will say, "I have given all my life to this, so what does this book mean? I do not understand it. That is why I do not have money now. I have given to the poor, even the coat off my back, paid bills for those in need, mortgaged my home to help others, paid for scholarships, given to the churches and have also used up all my energies and my time. Now I do not have anything, and where shall I go for help? I thought that this was the purpose of all religious movements—to enable one to go to the practioner with one's problems."

Yes, indeed, you are right. This is the person that we want to help. The one who does not have any money, happiness or friends. After you have been taught the metaphysical laws, however, you **MUST** and **SHOULD** pay for services rendered. So please do not confuse this book with the other side of giving and receiving. One side is the giving of the **SELF**, which is necessary to produce personal happiness. It is necessary as an outlet, and it also produces a noble character, but it does not complete the answer to the question: "Should I pay for Metaphysical Treatments?"

—Sarah Flowers.

INTRODUCTION

To some persons the subject of this book may seem to be materialistic and to indicate a desire on the part of the writer to impress upon the reader her ideas regarding the financial side of the Metaphysical practitioner's profession. Not at all! I am writing this book because I believe it will meet a definite need being faced by many Truth seekers. That need is to know that your success, present or future, is based upon a definite Law—a scientific way of giving and receiving. That Law states that you shall receive in just the proportion that you give, exchange or pay. That Law was established before time began.

Throughout all nature, from the atom to the planet and the solar system, there is a "givingness" required in order to produce. This is the Cosmic Plan. So open your mind to receive the wisdom of the ages.

Because of the confusion existing in the minds of thousands of persons concerning the method, and, indeed, even the propriety of paying their practitioners, I believe it is time for someone to step forth and try to make clear the truth about this most important question.

Uppermost in my mind is the desire to help the individual in these writings, to an understanding of the Laws of Life. Since the teaching of Right Thinking in a metaphysical sense, is not as yet included in our general educational system, and since we are not trained in the art of Living Abundantly, we must learn these essentials the hard way.

After many mistakes have been made, and calamity, misfortune and poor health come upon us, we go, heavily laden, to a spiritual teacher for direction, consolation, and assistance in solving our problems. That is as it should be, in our present state of evolving. The day will come, however,

we are sure, when this metaphysical training and Truth Teaching will be given to every child from infancy.

Returning to the question of paying or recompensing the practitioner, teacher, leader, or metaphysician, to whom you must finally go, or else become lost in your perplexities, you want to know if you should pay. The answer to this question will be found in analysis. Analyze—and then you can be the judge.

If we are sick, we go to a doctor for material aid, and no matter what he charges, three dollars or hundreds of dollars, we know what is expected of us, and we pay. We may secure only temporary relief, but we accept the situation and consider the money well spent. If we have some legal involvement, we go to an attorney, and if the cost of his advice is a hundred dollars or more, that's all right with us. When we go to a spiritual practitioner, however, and he or she charges two dollars, five dollars, or maybe ten dollars, many of us make the payment reluctantly, while others never pay. Then, when we fail to make our demonstration, we do not realize that our attitude toward GIVING (paying) closes our channel against RECEIVING!

Because of much ambiguity in most definitions, there seems to prevail a decidedly erroneous idea as to what a metaphysical practitioner really is, or should be.

A metaphysician is a practitioner of Truth. A good practitioner is well versed in metaphysical truths; first of all being thoroughly conversant with the Bible and its priceless teachings; also he or she has a large library of metaphysical writings and other classical literature, involving an expenditure of hundreds of dollars. These books have been read, studied and meditated upon in his search for increased understanding. Often many years have been spent in preparation and meditation before one undertakes the

work of a practitioner. Many practitioners take long and expensive courses of study.

Finally, and this is indeed important, the practitioner has an earnest desire to help people. He sees the urgent need for a widespread understanding of metaphysical truths.

The Metaphysical Practitioner is required to make his tax reports regularly. He is obliged to state how much he has received in money and gifts in payment of services because he earned it in pursuing his profession. That is the Law. He is required to keep books of account for every patient. If he happens to be a writer and donates his time and services, sending out books, he is required to abide by the laws the same as any professional man. All this requires the expenditure of much time and energy.

Mind energy is the act of using strength. So if you pay at all, you are paying for time.

Words, thoughts, prayer, and kindnesses cannot be purchased for dollars and cents. It is an obvious fact that you cannot pay for Spirit!

Personally, I know of nothing in a practitioner's life that can give greater pleasure than to learn that a patient has been healed, a client has become successful and prosperous, a home harmonious and happy, or that a truth-seeker has found the key to the mysteries of Universal Law.

Now, should the practitioner prepare himself and then devote his time to other's problems, to teaching the student and guiding those who seek Truth, but not be paid for his time? Many persons think they should not pay. Then, when they fail to realize their desires, they do not understand they are suffering the consequences of misuse of **THE LAW OF COMPENSATION**.

A metaphysical practitioner must study, take examinations and secure a certificate to practice his profession, just

as does a lawyer, doctor, teacher, or any other professional person. A metaphysical practitioner is expected to know his business just as is one in any other profession.

The work of a metaphysical practitioner is a profession, and not the pastime of doing nothing. The life of a metaphysical practitioner is one of constant demand, as is the case in any other outstanding profession.

This book is in no way a plea for the metaphysical practitioner's purse. The true practitioner knows the Law of Supply. He knows that all riches (supply) in the Universe is held in the hand of his Father, God, the Creator, and that whatsoever the Father hath in His, also. However, the book IS a plea—a plea for realization of the justice in paying for what is received; a plea for recognition of the fact that the help given by a metaphysical practitioner is real, more real than is "silver and gold." It is a plea to those seeking help to recognize the necessity of fulfilling the Law—"As ye give, so shall ye receive."

—The Author.
Sarah Flowers.

AN IMPORTANT DISCOVERY

The Law of Cause and Effect is most interesting. You can discover this Law at work by observation. Every problem has a cause, which results in the experience (effect). The more we are concerned with the idea of accumulation for future security, the more we become involved in responsibilities and the less in spirituality.

After the problem is discussed, we find that the individual who is only interested in the GETTING has the least, because of the fact that he has more problems, more responsibilities, and less spirituality. In his desire for more things, especially money, he fails to feed his soul because he is so concerned with holding on to what he thinks he has acquired.

Many times I ask: "Do you give thanks for what you have? Do you give thanks to those who have helped you?" We also discover that the individual who tries to deal fairly with his fellowman seems to have pleasant surprises each and every day. The Universe is always at his beck and call or command to give him before he asks. His life goes on smoothly, and when he comes to the practitioner he asks for help for his friends or relatives. This type of individual balances his accounts each day by thinking of and serving others.

Most of us give little thought to the fact that we live each day by the process of getting. Throughout our lifetime we devote the greater portion of our time, by far, to acquiring things. This is not done always because we are selfish or greedy. No! It seems this desire to possess, "to get," is an age-old hereditary urge in the race consciousness.

Before the budding ego of man blossomed into a discern-

ing consciousness, this urge "to get" was necessary in the process of growth, just as it is necessary for the roots to draw (to get) from the earth the moisture and the minerals that sustain the plant.

Even then the getting by the man was balanced by a giving (an unconscious process), just as the plant that is sustained by its "getting" unconsciously balances its account with the Universe by giving—giving of its beauty, its fragrance, and its minerals. With the development of the ego into the present mind-dominated man, this urge to get has persisted and still is necessary, for man must be sustained, but along with the blessings of a highly developed consciousness also have come responsibilities, and man now must become accountable for his conscious giving.

When we arrive at the middle-age point in our lives, many of us realize that we have not acquired the things we have so earnestly desired, and we begin to wonder why. "I have worked so hard," we are prone to say, "I have been good—I have always tried—I have prayed." Many escape the unpleasantness of seeking for an answer to this "why" by laying the burden upon fate, saying, "It was not meant for me to have those things." This is not science: it is not even scientifically correct.

The greatest discovery of all time is that of the science of Right Thinking. In the practice of Right Thinking there is a stimulus toward Right Doing. And that evolves into Right Activity, Right Activity involves the use of the Law of Giving and Receiving—GIVING something for the RECEIVING (or getting) of something.

All of this may seem to be insignificant or of little value to the casual reader. But this book is not intended to interest the casual reader, the person who is not striving to

reach his goal. This book is written for the open-minded man, the person who is sincerely seeking answers to his questions of why, where, when and who. Also many Truth students and many who want to become successful students of Truth philosophies, would like to know why we do not always demonstrate the things we desire and which we feel are right for us to have. Truly, it seems to be a fact that many Truth students have worked faithfully for years, and yet are not always successful in demonstrating fulfillment of their desires.

Another important discovery that we have made is that in the instances just mentioned, the mind power has been directed toward getting, toward using Truth laws for gain, and not toward giving. These persons have been thinking of what they could get from Truth, instead of what they could give to Truth. So, weighed on the Scales of Justice by the Law of Balance, they have been found lacking, found to be one-sided. Truly the scales have measured to them their just portion under the Law.

In checking over the files of our somewhat voluminous correspondence, and noting the various problems for which the patients were seeking solution, we discovered that those who failed to give anything, to pay for the assistance given them, made only partial demonstrations. They received only a small portion of the Divine Supply that would have been theirs in abundance under the free and unhampered use of the Law of Giving and Receiving. Such persons always will be asking for more help, which, of course, the practitioner enjoys giving, for the practitioner has arrived at the place on her path of progress where he or she has full faith in the riches of God.

I like to use the statement, each and every day, "All that the Father hath is mine." This gives me the mental picture

of Divine abundance and I can see my needs supplied at all times.

Another statement in the Bible that particularly appeals to me is, "Before you call, I shall answer."

Having a conviction of the truth of these two statements, the practitioner proceeds to work faithfully, knowing that all supply is spiritual.

The other side of that discovery revealed in my correspondence files, is that those persons who gave (paid) abundantly, received abundantly. Besides the material things they received, wisdom was "added unto them," so that they were able to help themselves. Just why was this? It was because they had balanced the Scales of Justice, their giving having equalled their getting.

To secure true prosperity, to know Divine opulence, each must realize that to get something there must be a giving up of something, a payment to God.

Learn to Think Right, to pay Man, to pay the World, to pay the Universe, then you will have made your own IMPORTANT DISCOVERY.

The Bible: "If they obey and serve Him: they shall spend their days in prosperity and their years in pleasure. Job 36:11."

MEDITATION

By Sarah Flowers

I charge my Subconscious Mind, to release the Power within me, to work with the Law of Reciprocity, in all of my dealings with people, I ask the All-Knowing Mind, for wisdom and guidance in my giving and receiving, I now give thanks to God for this inner awareness.

MONEY

Truth always is found in the Golden Mean, neither in the positive nor in the negative; neither on this side nor that; but "in the middle of the road." Too much money becomes positive. not enough money is negative; neither complies with the Law. Money that stands still, that is not used and is not helping others, is stagnant money; not good for health, wealth, or prosperity. We must learn the Law of Use. The Law of Giving and Receiving, opens our channels; the practice of the Law of Use keeps them open.

When a person clogs, or fails to clear his channels, his Good never arrives; his desires are not fulfilled; his demands stagnate. He gets nowhere!

If you want money, try to develop a consciousness of money; divide what you have by practicing the Law of Giving and Receiving. Clear your channels by "giving of your substance;" open your mind to wisdom and understanding, and you will grow. With this growth will come opulence; you will become richer and richer.

I recently read this statement by a well known author: "There must be a sowing in money-consciousness before there can be the reaping of money."

Let us consider a few very important facts about money. In the first place, money is created from Divine Substance; it is God-made, just as all other things are God-made. It is used as a symbol, a medium of exchange, to obtain things necessary for our sustenance and development. The wise man respects it as such. He sees it neither as good nor as evil.

Money opens doors to opportunities, and without it, in the business world, you can accomplish nothing worthwhile; you are HELPLESS. In the present state of our social economy, every hour the clock ticks away you have used

money. There will come a time in our social evolution when the race of mankind will need no money, and we all dream of that day. In the meantime, we must learn to desire, to obtain and to use money in the Right Way.

The person who always is seeing and talking of the avarice and greed of others will himself bear watching. Often he desires money selfishly, desiring it for the sake of possession, more so than does the so-called "go-getter;" for the "go-getter" type of person wants money for creative or altruistic purposes. He wants to build, to invest, and to provide supply for others. He is the really successful man!

A majority of the problems brought to the Metaphysical Practitioner today are not, primarily, problems of health, but problems of finance. A large number of the persons seeking a practitioner's aid are asking for more money. They want better paying positions. They are afraid they will not have the money to meet their obligations, so they become nervous, frightened and panicky. The metaphysician is the one upon whom they call to show them the way out of their difficulties.

In such cases the first thing we metaphysical practitioners do is to pray with the person for peace of mind, for a relaxed attitude concerning the whole matter. Then we teach the right thought about money, showing the patient how to produce and to attract to himself the money that is needed. After this attitude has been established in his consciousness, we teach him that he must rely upon the Unseen Power of God for his supply, and that the needed money can be attracted for his use when he visualizes opulence, and thinks the Right Way concerning money, seeing it as Spiritual Substance.

Needless to say, working with the Law of Attraction

while desiring money, you will receive money; you will gain that which the heart desires. Jesus knew and used all the laws that we know, as well as many other higher laws, which we still are striving to understand.

The Bible: "Owe no man anything, save to love one another." Rom. 13:8.

The Bible: "Give me neither poverty nor riches; feed me with the food that is needful for me." Prov. 30:8.

Mental Attitude About Money

Most of us now are building a subconscious thought containing the fear that we will not have enough money to take care of our physical needs because of the many situations arising in our social economy.

There is PLENTY of money, and money is only substance. If you think there is not enough money, this will set up a fear thought. Think money into the subconscious planes of the mind, and you will have enough money to take care of us nicely if you trust in ourselves and have patience with your spiritual government. Remember that all men at the head of our government are men of prayer. They withdraw often and pray for Divine Guidance. It is impossible for these great men to do things of themselves. They must pray. Reflect a moment and you will give thanks that we have the great thought of such men to take good care of the money matters.

In our thoughts about money we often fail to recognize our very high standards of living and most of the time when we are filling our minds with thoughts of not enough money to take care of future needs we should bend our knees mentally and give thanks for the money that we have had, and for that which we expect today and this will change the mental attitude about money.

"Money can neither open new avenues to pleasures, nor block up the passages of anguish!—Rambler.

THE PRICE OF SUCCESS

You may have worked hard for many years trying to achieve success, as most of us have done, yet never reaching your goal. You have wondered why your desires were not fulfilled. You may have, as many others have done, thought that your failures were due to the mistakes or wrong-doings of others, and, in your ignorance of the Law, many of you even have come to feel that God does not want you to have the things you long for. Thanks to the evolution of thought, however, we all are coming to understand now that the reason we did not succeed in our endeavor or plan, was because we did not know that there is a certain Right Way of doing things.

Scattered thinking, anxiety, fear, and, especially, a lack of knowledge of Spiritual Laws, are the basic causes of all failure.

The degree of success we achieve is governed by the price we pay—the price of changing Wrong Thinking to Right Thinking; the price of overcoming negative attitudes, such as fear, anxiety, selfishness, greed; the price of establishing the faith that leads to poise, serenity, and peace; and, many times, the price we pay in money, because in the willingness to “share our substance” (pay in dollars and cents) often lies release from fear, anxiety and greed.

Success is governed by Law, as are all things in Life. Without Law, everything in the Universe would be chaotic. There would be no regularity in the seasons, in day and night; no attraction or repulsion, no balance and rhythm. In truth, nothing but chaos!

But in the beginning of Creation God-laws were established in all things, planes, kingdoms, states and stages of the Universe. God spoke, and said, in substance, “Divide

what you have and multiply, grow, and supply shall increase." So in the animal life, plant life, and mineral life, even unto the planets, we see the Law of Compensation manifesting. We see this "givingness," one to the other, for growth. So the Universe has grown into an amazing, stupendous machine, and billions of "things" are coming forth now to be reproduced. In the kingdom of nature all things are in perfect harmony, and in their "givingness" they are "paying the price" for their successful growth and maturity.

We like to watch nature and see the marvelous cooperation in all planes of Life-Action. The price of the Great Universe is paid by the perfect cooperation existing in Life, throughout all Nature, and we behold absolute perfection, but there also is protection in the mechanism of all Life. So it is with Man, when he studies the Spiritual Law of Life.

Only where fear is, is there inharmony, discord, failure. "Perfect love casteth out fear."

It is an inspiration to take a panoramic view of Nature's life (exclusive of man) the world around and to find that all things are beautiful, peaceful, happy and successful in their growth. We see even the planets, the stars in their courses, speeding through space with wonderful precision. Only man is discordant.

Just why is this? It is because all Nature's life listens to Spirit, then it obeys, and all life is in a state of giving and receiving. The plant needs the molecule of water, which it uses in bringing forth its flower. So the atom of oxygen and the two atoms of hydrogen unite to give of their substance to the plant. With each coalescence the atoms receive, one from the other, as they also give. Then the plant, by providing herbs, leaves, roots and seeds, gives the animal its needed supply, and on and on—one never re-

ceives without giving also. So it is in all of this multitudinous Universe.

God gives to us only as we give to others. There is no other possible explanation for successful development on all planes of Life, in all of its phases of growth. The price of success from the beginning of time has been and is free compliance with the Law of Giving and Receiving. The lives of all great men, those who have "arrived," reveal that they have "paid the price" for their successes.

There once came to me for help a man who had failed in business, his liabilities amounting to thousands of dollars. He asked me what I would charge for metaphysical treatments. With his financial reverses in mind, my reply was: "Do not think of money. I shall be very happy to help you out of your difficulties, and I will not charge you for this instruction." However, he paid me generously. I commented on his free use of money, even though he had lost his business. He replied: "That much would not help me, even if I kept it. I need big money. Anyway, I never close my fist on a dollar." Within a few months that man had regained his financial feet and had made his "big money."

The Law in operation in his case was that he had asked for money, and by giving money generously, he opened his channels to the inflow of wealth. He gave (paid) generously, so he also received generously.

Not only is this a Law to be used in the field of direct metaphysical demonstration, but it also is a psychological law constantly operating in our social structure. If we desire friendship, we must give friendship. If we want love, we must give love; if we want to be invited, we must invite others, and if it is money we want, we must give money.

Since God intended that man should be successful, we

now know that our success depends upon our thinking, leading to methods of procedure which lead to this end. We will, therefore, reiterate that observation of things around us shows us that all nature is in successful operation in harmony with certain laws, and that everything is in a state of progression. We now turn our thoughts inward and find out through introspection what to expect outwardly in the physical and in the world of our experience.

The Master Formula of Attainment

William Walker Atkinson in his book gives the master formula as follows: (1) Definite Ideals; (2) Insistent Desire; (3) Confident Expectation; (4) Persistent Determination; and (5) Balanced Compensation. You may have anything that you want, provided you (1) know exactly what you want, (2) want it hard enough, (3) confidently expect to obtain it, (4) persistently determine to obtain it, (5) are willing to pay the price for its attainment.

In this book we are concerned with the fifth part of the formula: paying the price, which means just what the formula states. The practitioner can only teach you how to attain your objective. She or he can speak the word to you and for you, but the Laws of Success can be realized only through real team work with yourself (your consciousness) and with the Law.

Paying the price for success then consists in working with your forces, overcoming fear and worry, studying and reading, applying the law to develop the inner powers and becoming more and more persistent in your efforts, so that you will attain your success goal. No matter what the cost, you must live the life of the Spirit of God and produce harmony in your life, and by concentrating upon the things you desire and then claiming them, your own will come to

you abundantly with the necessary cash to pay for your instruction.

In order to attain success, then, there is of necessity always a giving up of something in order that something may be gained. If you desire something, then you must relinquish something. For instance: You must give up amusements and enjoyments, at times, and work hard. Such is the price all successful men today have had to pay. Very often the test comes to great men when they are faced by a choice as to what they will do in a given circumstance to insure their successful career, but these men stick to their goals and never permit themselves to become side-tracked. This is a form of **PAYING THE PRICE!** No matter how high the price is that they are willing to pay for knowledge and with hard work—there are no short cuts to success!

There are two very small metaphysical books on the market. One is called "The Sickie" and the other "The Sharp Sickie;" the former sells for \$25.00 and the latter for \$35.00. Thousands have been sold and I know that many students have purchased these two books at these prices because they want them. I have known students who have traveled from the Pacific to the Atlantic Coast for courses in Metaphysics and yet I have met, personally, many of these students and teachers in despair. Just why is this?

It is because their need is for a good teacher, who will take the time to give personal instruction. A great many of these students do not want to pay for this type of instruction, so each day goes by without their advancement in metaphysics but to complete the cycle you must pay the price of study for success in your demonstrations of life.

I attended a lecture where Phoebe Marie Holmes, at the

age of 94, gave us wisdom and teaching that would astound the average person. She is working earnestly. She talked for more than two hours. Many of us should enlarge our latent talents so we may succeed in life. That will add to our income. The world needs skilled workmen.

"The harvest is great, the laborers are few."—The Bible.

For a good tree bringeth not forth corrupt fruit; neither doth a corrupt tree bring forth good fruit.

for every tree is known by his own fruit . . .

A good man out of the good treasure of his heart bringeth forth that which is good; and an evil man out of the evil treasure of his heart bringeth forth that which is evil: for of the abundance of the heart his mouth speaketh.

Luke 6:43-45

THE PRICE OF FAILURE

"Purse-pinching," refusing to pay for services rendered you, failing to give expression to your inward desire for plenty by making good use of the money you have, quenching the Divine Spark of Opulence within you—all of these spell failure at the start of your demonstration.

To not pay is failure to "tune-in" to success vibrations.

Have you ever seen a person who hoarded money, live happily? No!

Have you ever seen a person who would not pay his bills on time, keep out of debt? No!

Have you ever seen a grasping person who wanted nothing but money, make money and keep it? No!

A metaphysical practitioner teaches a person of this type how to overcome such negative tendencies, how to free himself from the fear of lack, how to open his mind to thoughts of plenty—how to loosen his closed fist and keep an open, receptive hand.

This often is a very trying lesson. It is hard work. So the lesson, the treatment required in handling this type of problem, should be paid for with dollars, and not only with the words, "Thank you."

This learning to pay for services received—to pay willingly and freely—is one of the first steps in demonstrating prosperity. Not learning this lesson is a SURE step in demonstrating failure.

Remember, learning how to LIVE is the most important task God has set for mankind. It is easier to build a million dollar fortune, and much less important, than to build a master character.

The second phase of failure is the holding in our consciousness the thought that some day we will be taken care

of by our government. It is not fair to those who want to do the right thing to carry such a thought. This type of thinking will start you downward until everything that you have will be lost. The thought that some one will take care of you later is a sick thought, and it may produce a diseased body, causing you to spend all you have to take care of your illness, and then you will apply to your government and say, "I am ill, so I cannot work."

Remember there are men today past 70, yes, some even 80 and 90 years old who are still working earnestly and well. Vice-president Alben Barkley is 72 years old. Think of the ordeal he went through, and the strenuous work he did before his election. Ex-president Herbert Hoover is working now and has never let up during the past 20 years or more in being concerned about our spiritual government. He is now 78 years of age. Of course, we must comment on our miraculous Mr. Truman, who is now 65 years of age. You are all familiar with the recent campaign and how he amazed the world. These men carry the thought of hard work and of service to others. Where do their powers lie? They lie in the knowledge that there are no failures in God; so you have but to follow the examples of such men as these and others like them, or you will pay the price of complete failures.

If you do not know how these Laws operate, then you must apply to a school of thought that will teach you. You may say: "I can go to God for myself, so why should I go to a school?" All of these men went to schools, to teachers and consultants. There they took courses in methods of improvement of the self. The only way out is to go with a determination that "there is no failure for me, I CAN and I WILL find the key that will unlock the door, and whatever the cost I will work and PAY THE PRICE!

"The Inventive God, who never fails his part."—Dryden.

THE ART OF PAYING

Discussion of the Art of Paying could fill volumes, and consideration of this one phase of the general subject, paying for metaphysical treatment, no doubt, will require the building up of your consciousness to the point of accepting the Truth.

It is, comparatively, but a short time since metaphysics began to be regarded as a science and the work of a metaphysical practitioner to be looked upon as a profession. Because of the newness of this attitude, the matter of paying for metaphysical treatments becomes a question that a great many persons can solve only by thorough and conscientious study. Therefore, one should not misjudge the attitude of the uninformed person; particularly since metaphysics long has been vaguely thought of as a religion of some kind. True, the new thought movements have kept this field of study under the classification of churches, and will continue to do so until they know better. Metaphysical teaching really is a Philosophy of Life, that takes in both the Spiritual and the Material.

1. Practicing the art of paying your practitioner of Truth reveals your character.

2. Practicing the art of paying your practitioner of Truth reveals you do not want something for nothing.

3. Practicing the art of paying your practitioner of Truth reveals you are honest in your dealings with others.

4. Practicing the art of paying your practitioner of Truth promptly reveals that you want to release your mind of a sense of debt.

The Magic of Words

Where you and your Spiritual Teacher sit together, working together, there is a power to bless your efforts. I never

have seen a failure where the work was done in the right spirit. This is the most effective method of prayer. Prayer is acceptance. When you ask, you should know that you receive. When you do not receive, it is because you did not comply with the Law. There must always be a GIVING for the GETTING!

Many practitioners have asked me for treatments which should cause their students to desire to pay them after they have been helped, saying that they do not understand why the student never returns to say, "I have received my good through your help, and here is a token of appreciation."

I believe that this is based on a lack of understanding that the practitioner should be paid for services rendered. There are many angles to consider in attacking the Art of Paying; some of which are impossible to put into words at the particular moment the student comes to the practitioner, for they are usually in distress. People do not come to the practitioner when they have money or are in good health. If, at this time, we would suggest adding to their financial burden by asking for money, nine out of ten would throw up their hands in despair and not take any lessons. So the fine art of paying must be taught to the students. He should be told why he should pay his way and not beg. It has been said we are a generation of beggars. If we take this assertion at its face value, we find that many, unconsciously, are really beggars. Just why is this in the blood-stream? It is an old race-suggestion habit as well as an old heredity habit, requiring someone to lift us over the fence, but now we are in a new Atomic Age of electronic force. We are conscious of our spiritual powers, which is really a new cultural art to learn to be independent, and pay for everything that we receive. Let's forget the words "give me" and learn the words "Teach Me," or "May I?" "I thank

you." "I will remember this or that." "I will jot it down until it is paid in full."

We must learn to look everybody in the eye and not feel guilty having neglected some kindness that was done to us. This is a very fine thing for it shows strength of character in the doing.

Read this beautiful Poem, and study it. Practice! Practice! Practice!

THE PROMISED LAND

No more shall I look to the far skies for my
Father's loving aid;

Since here upon earth His treasure lies, and
here is His kingdom laid.

No more through the mist of things unknown I'll
search for the Promised Land;

For time is the footstool of His throne, and I am
within His hand.

The wealth that is more than finest gold is here,
if I shall but ask;

And wisdom unguessed and power untold are
here for every task.

The gates of heaven are before my eyes; Their
key is within my hand;

No more shall I look to the far skies; For here is
the Promised Land.

—Alva Romanes

DEMAND AND SUPPLY

Supply can come only in the proportion as the price is paid. Most of us are unconsciously DEMANDING and not SUPPLYING. You must Give of everything you have in order to Get. As Life all around you is paying by giving, so must you give—release, relax and LET GO! If you demand, you must supply the necessary ingredients in order to accomplish perfect fulfillment of your demand. This is an immutable law. God made it!

It would be difficult to find a person, who, at some time, in his life, has not heard the call of the earth in springtime, has not known the urge to grow a beautiful flower, or, more thriftily, a luscious vegetable. You, yourself, at some time have felt the yearning to assist Nature in creating. So you enthusiastically thumbed through that masterpiece of tantalizing art, the seed catalogue, or you went to a seed store and stood entranced before the rack containing scores of those colorful little packets of promising seeds.

Back home again, you selected the packets and poured the seeds into a dish. This examination of the packet's contents revealed only a spoonful of very dry, prosaic-looking little seeds. They seemed a long way off from the glowing, golden daffodil, or the snow-white cauliflower pictured on the packet. Your enthusiasm began to wane. Somehow the time did not seem propitious for planting, so the seeds were put away and forgotten until the next spring. Some of them had tried to sprout and had died; Others were moulded or shrivelled. All were spoiled—no longer of any use. So it is with aspirations, ideas, thoughts, resolutions and affirmations—nurtured in a moment of enthusiasm, then forgotten and permitted to sink back into oblivion, never growing, never reaching maturity and fruition.

Or, perhaps, as a hopeful gardener, you went so far as to plant your seeds. You spent quite a bit of money in the preparation of your garden; then, having planted the seeds, your enthusiasm subsides. The garden does not produce anything worth while. You failed in your interest, and in your attention. You did not give the young plants the essential moisture, the proper cultivation, the needed fertilizing foods.

You see, always you must pay! Even pay our plants (supply the essentials) to (pay). It is a well-known fact that the more a plant is loved, the more it will grow and produce. This is not a selfish, possessive, binding love but a generous, expensive thing. It is a supplying of the substance from which your demand is fulfilled. Apply this thought to your everyday work.

Again and again in that first sweeping account of the Creation, set forth in Chapter 1, in Genesis is the idea of GIVINGNESS repeated. Everything increases after its kind, meaning that everything is increased or multiplied in the way it is first given, or created. So, if you expect to achieve success by withholding, you may as well accept the fact that it CANNOT BE DONE! The Laws of Creation cannot be changed for you. All avenues of success are marked by this understanding.

Why does the rich man grow richer and the poor man become poorer? The rich man uses his money in developing new ideas, making investments, giving work to others, and in increasing his business, so, by the Law of Giving and Receiving, he becomes richer. Now, why does the poor man become poorer? It is because he holds on to his "poor" consciousness and to the little he has. He is afraid to divide, give, or turn loose, and by closing his channels he shuts off his supply—and becomes poorer!

I remember when I was a child I often heard a dear old lady, a true philosopher, say: "I can always give to a beggar at my door a slice of my last loaf of bread." She always gave, and, sure enough, the way was always opened for more giving and for more receiving.

Many of us turn away the beggar from our door, thinking that he does not deserve even a sandwich from our table. Who are we to judge another? To do so is unjust. We must pay for such acts. WHO gave to us so freely what we have? Our food belongs to GOD.

GIVE, I say, and your success will come to you in many ways. I believe that everyone should study the Law of Reasoning, which reveals much philosophic thought that can be applied to practical uses in everyday life. Then you may ask yourself, "Am I kind and loving? Have I patience and tolerance? Do I give and help when and where I can? Am I paying the price for my success—or failure?" You will find your answer in an honest study of this book.



From the book "Wells of Abundance" by E. V. Ingraham.

"The voluntary offering plan in the religious field has pauperized millions of people. It has not been made clear that voluntary giving is a plan for individual development. It is a way of preserving the sense of balance between man and his surroundings. Not understanding this phase of the plan, too many people have imagined that spiritual service is free and that they need only receive. Spiritual, and often physical and material, bankruptcy has been the result."

GIVE AS YOU RECEIVE

In all business life, whether we go to the counter and buy a loaf of bread, or go to a dealer and purchase an automobile, a house, or what have you, we give **MONEY** for what we receive.

Many persons establish credit, pay their bills on time, earn a good reputation for honesty, promptness, dependability, and receive not only the material things they have paid for, but also the respect and confidence of their fellow citizens. Others think that it is smart to avoid paying their bills. Such an attitude will always create problems that must be faced—and those persons eventually must pay their bills, pay in full **IN MORE WAYS THAN ONE**.

There is a religious movement that has spread throughout the world, and the chief commandment that it stresses is: Pay your debts. Owe no man. Pay all of your bills of long standing. Its followers conscientiously search for every one whom they owe and pay the money due them.

"Owe no man" is the essence of the Law of Giving and Receiving. This precept, carefully followed, will prevent many a loss—loss of money, esteem, confidence, and of reputation.

Freely I Give, Freely I Receive

Many persons seek aid of a metaphysical practitioner, and they **DO** pay, but not freely. They are convinced that a laborer is worthy of his hire, so they ask the Truth practitioner what the fee is, and they pay, but they do **NOT** pay freely, gladly, openhandedly. It is to be wondered at that such persons do not receive freely? Perhaps part of their desires will be realized, but not abundantly. They, themselves, have set the pattern—reluctant giving; indifferent receiving. It is not necessary to go further into an explanation of these results.

Metaphysics is a law of free and perfect thinking. "Freely I give, freely I receive."

It is better to be ignorant of the Law and not give at all than to have knowledge of the Law, and hesitate in the giving (paying) of money for services rendered.

I have heard old-time preachers plead with their congregations to "give, and give until it hurts, and God will take care of you." Very often many would give their last penny. If you pay your practitioner of Truth, as freely for their teaching, you will receive full benefits.

I sometimes think that often a person does not receive benefit from his medical physician because of the vibrations set in motion by the money he grudgingly pays. He goes to the physician asking for help, but he cramps and restricts his proper physical functions by feeling resentful because he thinks the fee charged is too high. Had you thought that to be saved from pain, it worth all the money in the world? Actually, one never can fully repay a GOOD physician, or a GOOD metaphysician.

"It is the giver, not the gift, that engrosses the heart of the Christian."—Kollock.

The Bible: What shall a man give in exchange for his soul.—Matt. XVI.

The Bible: Give us of your oil, for our lamps are gone out.—Matt. XXV.

Guilt Complex

Have you a Guilt Complex? Perhaps you owe someone, or perhaps you have not been entirely honest in some of your dealings with your fellowman; perhaps you have always been eager to accept something for nothing. If so, think of the words of a song I heard on the radio: "I got something for nothing, and I wound up with nothing at all."

If you received something for nothing, then you will fail

in other respects, which automatically sets the Law of Attraction into motion in reverse to balance your account by attracting something for you to give up, as an inharmonious experience, which will probably cause you to lay it to bad luck. We know, however, in this atomic age, there is no such thing as luck. There is a law of averages which we can know by studying games of chance.

I know of no greater weight than the weight of guilt—a forgotten deed.

In the life and experience of a practitioner we find that some of our students may come into some money and possessions, and their guilty consciences will force them to send a sum of money to the practitioner; but this does not happen often.

I have come to believe that most people love money more than they do their consciences and will continue to live with their guilt complexes.

May God bless them!

Stagnation

Money that is not used is stagnant money. Its value is wasted. Only through its circulation is the value of money realized.

There are today many persons who unconsciously have worked against the Law of Use by holding on to things, especially money. They hoard their money in some secret place, or perhaps hide it in their homes. It draws no interest; it does not work for them. They are not misers; they are just AFRAID, fearful of future lack. They are afraid to pay their bills on time; they think they cannot afford comforts and conveniences that their neighbors enjoy. They feel they cannot afford to buy metaphysical books, or take courses in Truth instruction, and they are sure the employment of a Truth Practitioner or teacher is

far beyond their means. This is what we call "stagnation"—personal stagnation. You will find such persons traveling in circles. They do not advance, and failure to progress is retrogression.

How anyone can expect to gain personal freedom with this sort of activity is hard to understand.

Yes, very often such a person does make a particular demonstration by acting upon the kindly advice of a teacher or friend. I have noticed, however, in my observations and experiments that such a person solves one problem only to attract another, indeed, or several more. That is because he is in debt to the Universe; he did not in the first place demonstrate true Spiritual opulence. So, one pays, whether one realizes it or not, and such payment usually is made in failure. That is a form of stagnation. It always sets one back.

I believe that you now can see what the law requires; that is a matter of "keeping your books balanced," checking off the payment of the price and going forward—not stagnating.

When you receive words of Truth, kindness and metaphysical advice, you should at least immediately acknowledge the fact to the teacher and express your appreciation and gratitude with a token payment. This lifts the burden of obligation from your mind and your act of appreciation is completed. The resulting demonstration, if any, will not stagnate, but will grow into future accomplishments. Feel inwardly that you are developing a fine accomplishment, "woven in artistry," by the Art of Paying. You may know every mechanical art and be blessed with many skills and accomplishments, but until you train your mind, and discipline yourself to a system of rules that will facilitate the performance of the Art of Paying in full, liberally and not reluctantly, you are not using your God-given powers.

GIFTS

Emerson wrote: "Rings and jewels are not gifts, but apologies. The only gift is a portion of thyself." This thought can be analyzed in many ways, but it may be applied with especial aptness to the theme of this book. All gifts are fine in their place. The thought prompting the giving is wonderful. I do not know of any impulse nicer than the generosity that impels gift-making, and everyone appreciates gifts.

A true gift is a token of love and appreciation given freely, without reservation, and without thought of value or of recompense. In agreement with Emerson's thought, I believe the best gift is made when the "giver gives a portion" of himself, gives of his thoughts, love, service, and of his time. Such a gift is a real "sharing."

If you cannot pay your practitioner with money at the time the payment should be made, then, if it is possible to and consider that it takes the place of the payment. That do so, offer your services in some way. Do not send a gift is the wrong time to send a gift—and it very probably would be the wrong gift anyway. In such a situation ask God for wisdom, that you may know what is best to be done; and for supply, that you may be able to do that which your conscience tells you is best to do.

I do not want the thought conveyed to your mind that you should not express gratitude by making a gift, but I do want your conscience clear concerning all of your gift-making. God knows your heart!

First of all

To thine own self be true

And it must follow

As the night the day,

Thou canst not then be false

To any man.

Today, when the world understands so little of real happiness and is so filled with negative thoughts, we must analyze our motives well, for we can get out of life only that which we put into it.

Let nothing in this discussion of gift making be construed as meaning that I do not believe in making gifts. Not at all. It is only that we should be very careful not to make a gift in place of payment of what we owe. There are times, special days and occasions, when the practice of gift-making is beautiful. There is no practitioner who does not enjoy receiving a gift when it is presented as such, out of the fullness of the giver's heart, but do not present gifts as payment for your practitioner's help. Such a gift will not pay the practitioner's obligations. Neither will it lift the burden of debt from your consciousness.

To make gifts, without paying the just charges, and yet makes you an evader of responsibility. It keeps you deeply indebted to the one who has given you aid. You also place depend upon your practitioner for help, cheapens you, and your practitioner in an embarrassing position. If, after receiving a gift from you, she should mention your debt, you would probably be resentful. I have had that experience, and others have told me how it resulted in being a misunderstood person. You and I see how we need this book.

Would you take your doctor, plumber or attorney a gift, instead of paying their fees? Of course not. As has been said before, a metaphysical practitioner is a trained teacher of scientific right-thinking, and must spend much time in study to become qualified to practice, just as does the practitioner in any other profession. Soothing your conscience by making a gift in lieu of payment will help to build an inferiority complex.

Rather than try to cover up your shortcomings by making such a gift, it would be much better to pray that God open the way for you to attract abundance and prosperity with plenty of money with which to pay your debts.

Listen to the words of the eminent philosopher, E. V. Ingraham, in his book *WELLS OF ABUNDANCE*: "Let everyone who receives instruction or help from any spiritual avenue, take due note of this Law: "Give and it shall be given unto you," and he doubtless will find the reason for his lack of progress." If you do not want to retrograde or to fail in your undertakings, then stop, think, and REASON about the Law.

Now, I have students who willingly pay me, and also make gifts to me. This is all right, because they pay what I ask and then give me an over-supply. Needless to say, such students manifest over-supply for themselves also, and their demonstrations succeed for beyond their expectations.

A student, and a good friend of mine, replied to this question of using gifts to pay in this manner: "It isn't fair. The gifts I would select would probably only be in the practitioner's way, and I would still be in debt to her." I have found this to be true.

If you have a generous impulse to present a gift to your practitioner, that is fine. Do so! First, however, pay the regular charges in money, and then add the gift. Clear your channels: Remember, you will receive in the measure in which you give.

The Bible: "Ye cannot serve God and Mammon."—Math. 6:24.

"A doubleminded man, unstable in all his ways." Jas. 1:18.

THE LAW OF BALANCE

It has been said that man is the creator of his world of experience. This can be true, for every person who learns to operate the Law. Fate, luck, and circumstances are outside the radius of our operations when we practice BALANCE. We possess the Key to Success when we learn to practice balance in all things. Throughout all of nature we find the Law of Balance in operation.

A very simple way to learn to work with the Law of Balance is to make occasional use of honest introspection. Ask yourself, "Have I balanced my account with God? With the Universal? and with Man?" If you cannot truthfully answer in the affirmative—then get busy! You are out of tune with the Law of Balance. Get back into the middle of the road, and stay there. When you learn to practice this Law of Balance, you will find that keeping "your accounts balanced" will become a delightful and very beneficial habit. You will be "paying the price" by GIVING as well as RECEIVING. Whenever we attain success, whenever we gain fulfillment of our desire, whenever we satisfactorily accomplish demonstration, it is because we first have PAID THE PRICE.

The Universe always strikes a balance in all accounts. Your debts are always paid; if voluntarily, with your reaping the benefits, then involuntarily, to your loss and sorrow.

Years ago, I often heard the old-time preacher say: "Judgment Day is coming! Have you paid your debts to God? Children, get ready; for God knows the heart. He has your record!" There was lots of truth in those sermons.

There is always a balance struck in every situation in life; always an accounting when something is received;

for when there is a RECEIVING, there must also be a GIVING. The balance must be preserved!

One may ask, "How can I balance my account, how can I achieve Divine Equilibrium in my life?" Three essential steps are (1) Analyze your motives in all your actions and maintain an attitude of justice toward every man; (2) Do not criticize, (this includes not criticizing the practitioner's work or his method of conducting his business). You may state facts, of course; you never should ignore effects; but your attitude must be kind and understanding. (3) Study, and learn the Law of Balanced Compensation, then you will know just how to attract more happiness and joy into your life.

Recently I visited a very interesting woman, who is past 80 years of age and who just had made her paramount demonstration by having her most cherished desire fulfilled. She told me of her experiences during the past 40 years. Most of them were very painful, and her life was unhappy every day of that time, until a short time ago when she was able to move into her very beautiful home. Many of those unhappy experiences were unnecessary and would not have occurred had she known and obeyed the Law of Balance.

Although she had been an earnest student of Metaphysics during all those years, still she had not known the Law, and her thoughts had been of GETTING and not of GIVING. This attitude served to postpone her demonstration for a long time.

As teachers, we practitioners are always trying to advance and to improve our methods of teaching. We have in our hearts the desire that those who seek a more abundant life should find joy in their GETTING because they are also GIVING. That is Balance. Get all you want, give all

you can, pay for all you receive—and stay in the middle of the road!

If you cannot balance your financial accounts with money, then give your services to the one with whom you do business. The Law also requires of you this balance process in all of your daily activities.

The person who works only for what he gets, never desiring to give a little extra service, soon or later must balance his account with the Universe, and the balancing will be painful. One should pray for right compensation for what he gives; that is a JUST balance.

Being conscious at all times that you are doing your best, brings you en rapport with the Universe and the very moment you begin to give more than you receive, you are “promoted” to something higher. If you are an employee, your employer sees that your efforts and your work speak for themselves. So it is with your Spiritual work. You must have patience and perseverance, and you must persistently use Right Thinking and daily prayer with the Law of Balance, and you will enjoy life right here and now. You will see the fruits of the Spirit.

The Law of Balance operates continually in all phases of life; in the home, your work, your relations with your business associates, and in all of your affairs. Faithfully working with the Law of Balance will bring to you prosperity, happiness and contentment.

THE BIBLE: Pray for us; for we are persuaded that we have a good conscience, desiring to live honorably in all things. Heb. 13:18.

BELIEF—FAITH—THE UNSEEN

It is an easy matter to believe in material facts—the things we can see, feel and hear. We see a beautiful pine tree, feel its rough bark, hear the breeze murmuring through its sturdy boughs. We are told that this is a pine tree—and we BELIEVE that statement. We plant a tiny pine seed, an infinitesimal brown speck as compared to a towering tree, and know that, given moist earth and warm sunlight, the seed will sprout, and that the tender little shoot piercing the ground some day will become a giant pine tree. We cannot see the big tree within the tiny seed, but we KNOW that it is there. We have FAITH in the ability of the seed to produce a tree. In the same way we have faith in the ability and the integrity of those with whom we do business. We can SEE the operation of their business, the product of their labor, and we believe in their industry. Relying upon their honor, honesty and their willingness to act justly, all intangible qualities, is a matter of FAITH—faith in things unseen!

This faith in the Unseen, a certain knowing faith in the power of the Divine Unseen, to a prime requisite in one's successful living. It is essential that in our every undertaking, tangible or intangible, we first attune to the vibration of the great Unseen Power.

The Great Unseen, paradoxically, is the only tangible, concrete thing there is, for from the Unseen all the things that we see are formed.

It is to the Unseen that we must turn in making our demonstrations.

This is where the Metaphysician comes in. A metaphysical practitioner is one with whom you may discuss your desire for something that still is unseen, something

that is not in evidence. To an untrained mind it may seem that this desired something never can be actualized. Just as certain, however, as it is that two and two make four, just that certain is it that the Laws that are Universal can bring into manifestation anything you desire, if you believe, if you have faith, and if you positively KNOW that it is contained within the Unseen.

How can a Rembrandt paint his masterpiece? It is because that picture first exists in the Unseen, and his artistic mind perceives it there and transfers it to visibility on canvas. How can one change the course of his life from failure, need, and unhappiness to success, opulence, and happiness? He can do so by learning to use the Divine Power vibrating in the Unseen. If the persons who have developed the habit of believing only what they can see, desire to gain mastery over things, then they must learn the reality of the Unseen. To sense the Divine Creative Activity in the unformed, motionless Substance of the Cosmic Universe is Metaphysics.

This cannot be accomplished in a day, for it requires much meditation, practice and affirmative prayer. If one does not aspire to such spiritual attainments, does not thrill with the prospect of eventual accomplishment, then it would be better for him to avoid experimenting with demonstration until it casts out doubt. A sincere belief and a knowing faith in the power of the Unseen are essential for true demonstration.

The Bible says: "Faith is the substance of things hoped for, the evidence of things not seen." Faith is a great Power. Faith is the motivating force in Life, and until you have faith, you cannot attract to yourself the things and conditions that you desire. Until you have faith in the practitioner, do not ask him to give his time, thoughts, pray-

er and treatment, for your doubt will wall you off from the vibrating stream of Good that is flowing from the Eternal Spring of Divine Supply.

Like attracts like on all planes, and your mental attitude is what counts in materializing your ideal. Do not use YOUR time, and it is surely not fair to take up the time of ANOTHER in trying to demonstrate, if you are without faith in metaphysical teachings.

Be positive in your thinking, definite in your desiring. Time is passing. It never can be regained; it is gone forever. Do not waste your time in day-dreaming. It is ineffectual, and a drain-way for unused, escaping energy. Have faith in the Unseen; then your supply, money, abundance (substance) will come to you. You must balance your account with the Universe, however, and one of the first steps in accomplishing this balance is to pay your practitioner for the treatments you receive.

I have had telephone calls from persons saying that they desired to demonstrate some certain thing, and requesting treatment. After discussing their problems for an hour or so and receiving my treatments, they would say: "When I have made this demonstration, you will hear from me." After the demonstration was accomplished, and, with my help, they received the thing desired, a great silence ensued, and no more was heard from them. Now what happens later to such a person? It is certain that they will be called upon to face other and more difficult problems; for they must, at some time, pay their debt to the Universe, which is forever balancing all accounts. The Universe is a perfectly accurate, very exacting, and an entirely just banker.

The practitioner, if he has given freely, will be recompensed by God, the Divine Creator. He knows that the

source of his supply lies not in persons, places or things, and is aware that all needed supply comes to him from the Great Unseen, actuated by God, the Creator. It is the patient or student, who will suffer the results of his withholding, because of his failure to complete the circuit of giving and receiving. Even though, with the help of the practitioner, he makes the demonstration desired at that particular time, still, his failure to carry out his part of the project by paying the practitioner, his failure to balance his side of the scale, will cause him to face other and more difficult problems in the future. He will not be prepared to solve them.

The person who seeks a practitioner's help in a skeptical frame of mind, has much to overcome before he can begin to receive the aid he seeks. The person who believes, however, who has faith in the unfailing operation of metaphysical law, listens to the practitioner, his spiritual teacher, with an open mind. He receives activating inspiration as the practitioner shows him how he may change the entire course of his life's experiences, by changing his way of thinking. The practitioner's words are "substance words" that bring Creative Truth from the Unseen.

Jesus said, "Believe in me—" "If you have faith as a grain of mustard seed—" "Thy faith hath made thee whole."

The silver is mine, and the gold is mine, saith the Lord of hosts.

Haggai 2:8

METAPHYSICAL LECTURES

Without doubt, as all Right Thinking persons will agree, the metaphysical lectures of the present time constitute the most outstanding cultural and character-building program in the world today. We know that often a word of Truth spoken by a metaphysician in a lecture may change one's entire life for the better. We are grateful for these world-wide Truth movements, for without them, where would we be in our thinking today? Very often something that is said in a lecture will help us solve some problem, and the wise person will try to attend some kind of Truth lecture EACH DAY every week, until he arrives at the stage in his development where he can work at home for himself.

Bear in mind that listening to a lecture, however cultural, wise and philosophical it may be, does NOT take the place of your "home-work"—quiet study, meditation and visualization.

One afternoon I visited a small metaphysical group that held an informal round-table discussion, and I heard a beautiful young girl tell her story of unemployment. She had been unable to find work.

Afterward she said to me, "I do not have work, and I suppose you will say it is my fault." I made no reply to her statement, but said to her, "You are in your right place." Not understanding my meaning, she replied, "I always go to nice places." Observing her mental attitude, I was able to discern why she did not find work. It was because she was trying to solve her problems by going here and there to attend lectures, trying to get wisdom from another's mind, without making the effort to think for herself; trying, perhaps quite unconsciously, to "mooch" a treatment from the lecturer. The Law just doesn't work

that way! A good, metaphysical lecturer often imparts ideas that help one to accomplish successful self-treatment, but just listening to a lecture does not solve a problem, particularly when the problem is acute, as it was in the case of this girl. She never seemed to attract a permanent job, and she said she had not work steadily for a long time. What was the lesson she should have learned from this situation? It was that she should have learned to do something for others, to relax, and to let go of the idea always of GETTING. She spoke in a derogatory manner of metaphysical treatment, declaring that everyone has many problems that metaphysics could not solve; which, of course, is not true.

What she needed to do was to employ a good practitioner and to join with her in treating the situation; and then to pay her practitioner freely with what she had. She had not given anything, and, of course, could not receive. Until she learns to give value for value, she will not receive. This is the Law!

In contrast, on the same afternoon a girl telephoned me to say she had been given the exact position and in the kind of surroundings for which we had been working, and with the salary she wanted.

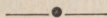
Now, when this girl came to me she was without money, but she offered to pay with what she had. She did not pay in money, but the reciprocal exchange we made was mutually satisfactory. The point is, SHE WANTED TO PAY. Her first words were, "I want to pay you for your help." Thus she began to fulfill the Law.

This girl was nervous and ill, so I immediately corrected her thought, changed her way of thinking, and her illness vanished. Secondly, I treated her husband, who was at

home ill, and he returned to work the second day. Her third problem was that she did not think she could find the work she wanted. In fact, she did not even know what work she DID want. We discussed the situation fully, and she made a definite decision concerning what she wanted to do. Then we concentrated on that kind of work, and the demonstration was made. This is the way the Law works with a sincere, open-handed student and a good metaphysical practitioner, for metaphysics DOES work.

The girl secured her position in just ten days after coming to me; her husband was healed of his illness, and they both were happy in their new-found philosophy.

The Bible: Where no wise guidance is, the people falleth, but in the multitude of counsellors there is safety. Prov. 11:14.



From the book, "Desire Power," by William Walker Atkinson.

"While the Law of Nature provides that you must "pay the price" of the attainment of any and all desires, it also provides that the attainment must always be worth the price. If you find that the present and probable future value of any object of your desire is not worth the price you must be called upon to pay for it, then you should carefully consider the whole matter . . . The test should always be: "Is this really worth while—worth the price I am called on to pay for it; would its rejection cost me more than its retention?" The Touchstone of Merit should be: "Does this render me stronger, better, and more efficient—and, therefore, more truly and permanently happier?"

WHAT HAVE YOU EARNED?

To understand life one must understand the whole problem of successful living. "Order is Heaven's First Law." If we face facts intelligently, we will find that we receive what we earn—plus a bonus. The Law is fair, and it gives us full measure, with a little over, whether what we earn be positive or negative, good or evil.

There is a lot of talk in daily conversation concerning what this one or another has to enjoy in life. We often look at outside appearances and say, "I wonder how that person has so much while I have so little? I have always given and have tried my best to help others—" and, you know the rest of the story. We do not stop to think that the Universe is governed by JUST law. We dare not invade that field with our questioning. There may not be a correct understanding of that just law of Balanced Recompense in our mind, but if the problem be carefully and correctly analyzed by a trained and understanding mind, it can be determined why Mary Smith has accomplished so much, while her friend has accomplished so little. Best assured there IS an answer.

Often when hearing of accidents we wonder why this or that accident happened to certain persons. All surmises finally may be reduced to one basic reason—INCORRECT thinking! Whether it concerns a person, place of thing, the wrong thought was somewhere, then the negative word, followed by the misguided action that resulted in the accident.

An employee receives a bonus from his employer for his faithful and efficient work, his plus efforts, and his full measure of service. I once read of a bonus of a million dollars being given to an employee of a steel industrialist.

Why? Because this man had become a valuable asset to the industry. Did he purposely work for the bonus? No! He loved his work, and he gave an extra measure of service for the sake of accomplishing something worthwhile. He was interested in his work, and he thought of it as his own.

He did not work for his salary, thinking of his earnings in the term of dollars. So he received what he had earned—his full salary and bonus. He received in the measure that he had given. We could go on and on and almost fill a book on the one subject of RECEIVING what you EARN.

One often thinks: "I work hard with my problems, I hear Metaphysical lectures, read the text-books and study earnestly, and yet I do not make my outstanding demonstration. Why?" The reason really is very obvious.

Nature is not one-sided; a perfect balance is required. We may fulfill the ninety-nine requirements, but until we meet the hundredth we have not completed the cycle, and we have not fulfilled the Law, which requires payment in full. Every thought must be thoroughly analyzed, and the real work must be done by YOU. You must pay the price in honest work, services, and in Right Thinking.

Sometimes it is necessary to take a job, work hard with our hands, and pay the price for instruction that will lead us to the attainment of our desire. There is too much day-dreaming about the particular thing that we desire from the metaphysical treatment, and too little actual work done about it. That is one reason we do not accomplish our desire.

The barrier that I consider the most negatively effective in our work is the belief that you can sit down and wish for something, and it will come to you without your performing actual work, without your paying in services or mental effort.

Through the years I have known many persons who tried to demonstrate that way. God helps those who help themselves!

We receive what we earn; not what we think we should have, and we must pay the price. We create our world by our willingness to pay the price for attainment, (1) by persistent work; (2) by sacrificing many desires of a lesser nature; (3) by correcting our mental and emotional habits, and (4) by paying for professional services rendered, if we have received them.

This law, which is the Law of Balance, operates through everything. Everyone must give up something to get something; none of us can escape the consequences of his acts and deeds.

On the balance sheet of the Universal Bank, kept by so-called Fate, we are credited with and receive what we earn, **EXACTLY THAT; NO MORE AND NO LESS.** So do not envy your neighbor's good fortune because you will find that good fortune comes from good works. If that were not true, then all nature would be in a chaotic state.

In our metaphysical work we strive to improve our methods of teaching and treating, so that the student will receive the greatest possible benefit.

The wise student will not lose his courage, his incentive to go on; but he will sit down quietly in meditation and find the answer to his problems. He will ask himself: "What have I done toward attaining my goal? What have I to offer, to lay on the altar of my desire? What must I know to balance this situation?" He will then face the facts and acknowledge to himself: "What I have is just what I have earned; now I will find out what I must do to acquire the things I desire. I will seek the advice of a recognized pro-

fessional teacher, and I will pay for the services rendered and discover the reason for my slow progress."

Perhaps you may need just the right word that will instantly change your mental picture. Be that as it may; you have right now just what you have earned.

Often something happens in our life, such as some tragedy that we do not understand, and few there are who escape such an experience at some time in their lives. Should we accept defeat and give up? Indeed not! Such an experience of loss or sorrow often leads us to a greater expression of our real inner self, to a desire to be of service to others.

I once read a very fine book on the subject of Public Speaking. The author of the book had experienced one tragedy after another. Children and husband were taken, and she was left an invalid. She could have given way to despair, but she did not. Today she is one of the most outstanding teachers in the country. One of her pupils was Mrs. Roosevelt. This woman worked on her problem—and herself, reading and studying until she acquired great knowledge. So, today her very helpful book is read in all parts of the world. She is famous. This woman, and all great people, know the Law of Success. They know there must be a giving before there can be a receiving. There are many formulas for success, but the only true formula is the one requiring a giving up of something in order to receive something.

The Law of Compensation operates perfectly. What have you earned today? Think of the ancient aphorism, "Said the Gods to man: 'What you want, take it, but pay the price. Do as thou wilt, but pay the price, then Life will give you just that'." Isn't that beautiful? It may seem ironic, but it is not. It is kind and fair to all.

All of nature, the rocks, hills, plants and planets, are in motion, serving, giving, and working out the Cosmic Plan. Do not be discouraged. Rise and shine. You CAN, and you WILL! Enlarge your earning capacity, and thus set into operation certain Laws that will cause things to come to you that will make you happy, free, and radiant.

Remember always, we will receive each and every day, every hour and every minute the things that we earn—just that. Be serene, Love more. PAY AND TAKE!

THOUGHTS ARE THINGS

I hold it true that thoughts are things;
They're endowed with bodies and breath and
wings:

And that we send them forth to fill
The world with good results, or ill.
That which we call our secret thought
Speeds forth to earth's remotest spot,
Leaving its blessings or its woes
Like tracks behind it as it goes.

We build our future, thought by thought,
For good or ill, yet know it not.
Yet so the universe was wrought.
Thought is another name for fate;
Choose then thy destiny and wait,
For love brings love and hate brings hate.

—Henry Van Dyke

HOW MUCH DO YOU PAY?

You may live a Life Beautiful by opening your heart to the impulse of generosity and fairness; by opening your mind to the thought of giving, of paying justly for what you receive. Thus you attain balance.

Form a mental picture of your abundant supply of money. Picture yourself as at all times having sufficient money to give, to pay, to recompense in fairness. This will establish your positive attitude of opulence.

All of this brings us right back to the purpose of this book, which is to emphasize the importance of paying for services rendered by professional practitioners. Often crouching back in the hidden recesses on the lower planes of the mind, are thought impulses, urging us to ask for metaphysical treatment, but without the slightest idea of paying for such help. Telephoning to a practitioner, we will ask for her good thoughts for us. Or course, it would seem unreasonable for the practitioner to charge for a **THOUGHT**. It would not seem Christian-like to us for the practitioner to say "I charge you so much for that thought." Yet, if you receive benefit and make your demonstration, is it not right and just that you should pay the stipulated amount of money, or its equivalent, to the practitioner? Such payment not only would give you an inner sense of freedom from a discharged obligation, but it would also lift you to a higher plane of supply and clear your channels for the receiving of more abundance, more money.

Take note of the person who always is asking for a good thought, gratis. He profits by the good thoughts of others—the slow, hard way. After years of such mental dependency, he still will be begging for thought treatments, unable to demonstrate his own opulence. In all that time he has

paid, perhaps, not one cent to the persons who conscientiously sent him sustaining thoughts. There are many such persons. Metaphysical practitioners contact them daily.

Why does this condition exist? It is because no one has had the courage to step out and explain to these people just why they are still begging for treatments.

I propose to write on any thought that comes to my mind, that I think will help mankind to demonstrate the operation of the Laws of the Universe. One of the first of these laws is that of Balance. We cannot demonstrate a Life of Abundance by remaining in debt to anyone, by ignoring just obligations. The matter of paying or not paying for services received always involves, more or less, the virtue of honesty. Compliance with all demands of honesty will give you a satisfying inward peace, a feeling of accomplishment and a sense of assurance that will place in in harmony with successful people.

The man who WANTS to pay, the man who has an inward desire to pay those to whom he is indebted, always draws money from the Universal Bank. Through the stimulus of his Desire—Force the Universal Supply is activated and moves in his direction, bringing him the money—yes, and more than enough—with which to pay. Under what Law does this operation occur, you may ask? Why, under the Law of Attraction, of course. The Law of Attraction is the fundamental law of the Universe. Within its scope we find the Law of Mental Attraction. This is an absolute law, and it WILL and DOES produce the sincerely desired results—but always in the conjunction with the Law of Balance. For every RECEIVING there must be a GIVING. If we hold in our mind a desire for something, believing that if we ask we will receive, without having to pay, then we will not receive our full portion under the Law. There must

be a balance established before the law can complete its operation.

It often happens that one drags through life after many years, finally to realize how dreary is the waste in always trying to do things, to GET things, the hard way. We waste our precious youthful days in begging for aid, expecting someone to help us out of our difficulties, without our having to pay. Sometimes, surprisingly, we do receive such help from others, but not having completed the cycle of our expression by giving as well as receiving, we soon find ourselves right back from where we started, metaphysically speaking.

In my work as a metaphysical practitioner, I am often called upon to treat this situation in the field, to "do something" about the fact that many persons do not pay for services rendered them. From the Bible we have this admonition: "...Provide neither gold nor silver, nor brass in your purses . . . for the workman is worthy of his meat." Matthew 10:9-10.

Many persons seem to think that the practitioner either is not a workman, or is not "worthy of his meat," or, perhaps, that he does not have to eat, since he is a spiritual teacher. All of which, of course, is entirely erroneous and too absurd to be considered seriously. True, the Metaphysical practitioner does receive a great deal of spiritual and mental food, but the fact remains that he has a physical body. However, even though the practitioner should be able to subsist without material sustenance, still that would not cancel the obligations of the one receiving his aid. Indeed, it would be difficult for the patient to receive such aid, should he close his channels by not paying what he justly owes.

It is up to you who seek metaphysical aid to ask yourself:

"Am I truly interested in my practitioner? Should I not find what I may do to pay for the energies, words and thoughts that have been given to me? If I cannot afford money just now, perhaps I can render some equivalent service."

The question "How much do you pay?" is very significant. When you apply this question to yourself, the answer will come from your subconscious mind. If you have made a payment, you will become conscious of the degree of sufficiency of the payment. Your answer may be: "Yes, you paid liberally," or "You paid sparingly or grudgingly." Did you pay, and afterward think of the payment regretfully? If so, then you did not pay at all. The understanding teacher would rather you not pay at all, until you can pay freely. Jesus said, "Blessed be the cheerful giver." Unless we give with a cheerful thought, that is, give freely and without stint, we have not fulfilled the Law.

Many persons purchase the things they need and fulfill their agreement to pay, but they do not pay cheerfully. They believe they have had to pay too much, and they hold thoughts of resentment. Have you noticed that persons of this type are always attracting questionable business deals? What should be the treatment here? These persons, and there are hundreds of thousands of them, should repeat over and over again: "Father, I give thanks for my abundant supply of money, and I cheerfully pay this bill." "It is wonderful that I am supplied with plenty, and more than enough, to pay this debt. I thank Thee, Father."

After considering that money is just a piece of printed paper with a man-established value, why not draw it into use, circulate it lavishly, and live the Life Beautiful?

COMPENSATION

The pleasures of life are no compensation for the loss of Divine favor and protection.

In Webster's Dictionary we find the word compensation defined as: *n.* That which is given or received as an EQUIVALENT for SERVICES, debt, want, loss or suffering; amends; remuneration, recompense.

Whether it is a person, place, thing, business, home, or what have you, Life compensates it by a law. This Law may seem to you to be unfair or unjust; but a little reasoning on your part will show you that the Universe and its results or effects in the world of affairs with men are just as it should be.

Without an exact giving for what is received, we would be in a chaotic state of affairs. We would not have seasons, night or day, nor would we have memory, time, or anything by which to work, so we do not question the Laws of the Universe, but we know that the only justice lies in compensation. Millions of years have passed, and for hundreds of years we have been studying the Laws of Life. Yet we do not seem to understand that what we have up to date is ours by reason of the Law of Compensation. No one can take it away from you, and no one can change your circumstances until you really want to do so yourself.

We can hardly sit down in a friendly conversation before someone will pour out their troubles to us, and they wonder the whys of the problems. We cannot read the daily news without seeing these same things in print in great headlines. We cannot tune in our radios without the same Law of Compensation being dramatized in the reverse. All of these things are trying to teach man the consequences of his deeds, words and acts. We listen and read without do-

ing anything about it. Most of the people who have problems feel that they have been mistreated. They do not stop to think and reason. Why did this come to me?

To sum up the entire troubles of the world today in a nutshell is to say, "Man can receive in Life only that which he gives to Life."

"MY OWN HAS COME TO ME" is a true statement in the teaching of metaphysics. The practitioner has a big job to perform because the student always thinks he has been wronged when he relates his problems. The trained, skilled teacher must be careful in the choice of words. He must be cautious in presenting spiritual values at this particular psychological moment, because of the fact that the student is filled with resentful thoughts at the time of the personal interviews. Not only is this a difficult situation, but it is hard work. The question in mind in the writing of this book is: "Should I Pay for Metaphysical Treatment?" or should I take it and go about my business, expecting all of my problems to disappear, having not paid in service, word or deed, or with what substance I have or may receive some day and not even promising to pay by a word of thanks. The answer is obvious. Think it over for yourself. The Law of Compensation reads that you receive the same equivalent in value as you have given.

Many people go through life in a rush, hurry and anxiety, working feverishly to GET. They do not take the time to balance their accounts with those from whom they are getting aid and concentrated efforts. They do get the one-sided demonstration only to give up friendship, love, harmony, and their health, so they are compensated by the Law for the getting. There must be some GIVING!

Then there is the other type of individual who is in a state of material and spiritual bankruptcy because he thinks he

should receive and not give because of the way he has been taught in the past. The voluntary offering plan, to those who know, is fair; but there are only a few who know how this Law operates.

There is a third type who works with his mind on the clock. This type will be watching the clock as long as he lives. He lives a life of many problems. There is still another type on the plane of the vegetable and animal—the plane of absorption; but in each life he receives only what he gives.

Now the type who is trying his best—to do what is right, never thinking of the pay-check or his laborious work, and who has built up the mentality of a career to make a great and magnanimous personality—is the type which loves people and never tires in the doing. The Law gives this one abundance and compensates him when he least expects it. We say we do not believe in miracles; but to this type “miracles happen.”

To sum up the Law as to the demonstration that you have made in your metaphysical studies is this: You HAVE what you have EARNED in either of two ways, what you have done rightly, or what you have done by being mistaught or misguided. The practitioner receives his reward, too, if he knows the truth and teaches it, for then he will be compensated for what he gives out. I know a woman who has studied for forty-five years and would not give one word of Truth. Now, at the time when she should be enjoying life, she cannot, owing to a serious case of neuritis, which she denies. Materially, she is wealthy; but spiritually, she is poor. This woman has been mistaught—she did not believe in giving. Her attitude was not to give substance, words, deeds or money and only to serve herself. I am sure you have seen many of this type. I have seen

hundreds. Some then say that metaphysics is not workable. Metaphysics is a Spiritual Law. The Law of Compensation can only give you what you give it. It is a doer of Nature—a silent partner.

WORDS TO REMEMBER—By Sarah Flowers.

1. Everything is balanced by compensation.
2. We should recompense one for services rendered.
3. Return the equivalent for the thing given.
4. Everything in nature gives to get.
5. Things balance by reason of Law.
6. Pay the price, in some form of service.
7. Success begins by sacrifice.
8. There is no suffering but from my own deeds.
9. What I have I have attracted; if I do not receive, perhaps I did not give!
10. I am exactly where I belong.
11. I give thanks for balanced compensation in my life and affairs. I now understand the Universe will give to me, and I do not expect the world to do my work for me.
12. I will do my best, and the best will come back to me. This is the natural law of compensation!



WHAT DO YOU MOST DESIRE?

Research among the healers in the metaphysical practitioners profession discloses the fact that in most cases of illness, the first problems to be solved are those of finances. It seems that the unrealized desire for money, for business success, for the possession of THINGS, is the underlying cause of a large majority of the ills of the body.

This is the complete reverse of conditions applying before and at the time when Jesus lived and performed His healings. In those days the spiritual and the secular lives of the people were very closely related. The people always placed their spiritual and physical needs above their financial interests. It was a commonly accepted belief that illness was sinful, or at least originated in some sinful cause. Therefore, the metaphysical healings dealt directly with diseased minds and ill or deformed bodies.

Since that far off time we have progressed in many ways. We have learned to keep our bodies well through proper care; we have developed an able medical profession and have to depend upon the fine physicians and practitioners in that field.

However, one line of our progress seems to have operated in reverse, and we now have evolved an economic reasoning that asks "How much money?" rather than "what service?"

Thus, the world of today has acquired an entirely wrong attitude, placing financial needs ahead of the needs of the Spirit, or of the Temple of the Spirit, the body. So it is necessary for metaphysical practitioners first to remove financial anxieties before reaching the physical ills. It is this reversed attitude that causes one to ask: "How much can I charge?"

You, the individual, are always on trial; justly and per-

fectly you are being judged by your actions. There is always that Something taking stock and balancing your accounts with God; yet many are not aware of the operation of this Law of Balance, Adjustment, Recompense.

The Bible: Thou shalt call, and I will answer Thee, thou wilt have a desire to the work of thine hands. Job 14-15.

The Quest

Man is ever confronted with the \$64 question: Why, how and what must I do concerning my physical needs? He has been taught to pray and beg of God to give him something. Some have gone so far, even in this present age, to expect results from their prayers to fall into their laps, even the possession of money. Now they are beginning to doubt the truth.

The truth is that God will always open the way to give us; but first we must GIVE to God. There must be a balance! I remember only a few years ago when a mother came to me for help in solving her problem which had to do with paying her rent after a kind landlord had permitted her and her three grown sons to live in his house for more than a year without any rent. I told her to go out and earn the money and to pay her rent, and that she would be blessed for it. She told me she had been sitting in the silence, expecting the money to come to her, and that that was the way she understood Truth. God helps those who make an effort to help themselves. All the world today seems to be begging, expecting something for nothing. If you will reason just a little you will find that it just cant be so. Therefore, many of us pass away from this world in disappointment, for our methods have not satisfied nature. You must ask yourself—"How much did I give?"

The Bible: Jesus knew they were desirous to ask him.—
John XVI.

Service

Every one of us owes a service to society. We owe a service to our families and to those with whom we have dealings, either in business or in friendship. The Law of Compensation tells us that we must pay for what we get, and the one who seeks without rendering service is on the negative plane, and later in life he loses his egoism, resulting in possessing a guilt complex.

Service also renders you attractive and magnetic, for you glow within, and your electricity shows forth in your countenance as a magnanimous person exuding a halo of light. There is, also, a limit to this. Excess service, or giving, is intemperance. Nature requires moderation in all things in life!



From the book "Working With The Law," by Raymond Holliwell, he writes:

"What is life giving you today? Health, happiness, and abundance, or sickness, misery, and lack? Whatever it is, it is your own. It belongs to no one else but you. You make your investments and you are daily enjoying the profits or losses. If you are dissatisfied with your investment, it may be wise for you to note what you invested. Only your own can come to you, and be sure that all that is yours will become manifest. It is your responsibility; no other person may share it. Your own and all of your own will come to you."

SHOULD I GO TO A PRACTITIONER FOR HELP?

There has been considerable controversy as to whether the student of metaphysics should go to a practitioner for help, or should he try to solve his own problems alone. Many practitioners, in lecturing to audiences state that students should solve their own problems and not go to a practitioner. To make a statement, however, without clarifying it is somewhat puzzling to the student, for it raises many questions in the mind.

It is true that a student does not need to go to a practitioner if he is living a harmonious life, free of problems, for he has found the answer to his everyday living within himself. It would be well, however, for these practitioners and lecturers to explain the reasons for these statements and not leave their listeners in a confused state of mind.

It is certainly true that the student should learn to work out his own problems, just as an accountant has learned to balance his books. Very often, however, these same highly paid accountants must call upon an expert to go over these same books to find if they are true. This is only common sense. An accountant does not let mistakes go by for days and weeks and months and years, as some of us let our lives go to ruin. We have been mistaught and misled by these teachers who fail to make their lectures clear to the public. My advice to the student is to study and learn as much as possible about the Laws of Right Living in order that he may be able to discover his error, and in his own way learn to solve his problems with one treatment. Until one learns to solve his problems, he certainly does need the help of a metaphysician.

So do not be misled by the wrong interpretations and ad-

vice from friends who, perhaps, have more problems than you, but reason this out for yourself.

After all, in the final analysis it is your cooperation that makes your problems vanish. It is your faith in the Law that does the work, "Thy Faith has made thee whole," is a true statement. It is really "you" that believes in your healing, and you, yourself, can solve your problem; but the aid of a good practitioner does help. If it were not so, we would not have this profession so established all over the world today.

It is a sad situation today to see earnest metaphysical students going about with problems of many years' standing unsolved, because they have been misled by erroneous statements. When at the same time one positive word could have directed them properly into the way of life. I had a student come to me several years ago who was laboring under the thought that her husband had wronged her, and she had been a student for more than thirty years. She said to me, "When I look at ———, I always think of what he has done." I said to her: "You are looking at a child of God, you are not looking at ——— but a purely spiritual idea." From that instant she was healed. ONE positive word created a beautiful life.

Should I go to a practitioner for help? Yes, when you need it. Why? Because the practitioner does not see the problem. It is impersonal. Therefore there is no problem to solve; but the work of the practitioner should lift your thought and sustain the Law and teach you the way out.

The Life of the Individual

Most of us know the life of the individual today. Most of us can see the effects of the untrained minds of today. There are millions of accidents per year with over-crowded hos-

pitals and with many mentally deranged. The average individual does not plan his life each day, week, month or year. He goes about his duties in a routine everyday attitude, and when he is ready to retire, he looks upon the world with regret, musing, "If I'd only had a chance."

Sometimes he has suppressed his emotions, built up an inferiority complex, has nervous trouble and has filled his subconscious mind with many negative pictures, words and memories of the past, too numerous to mention. His only pleasure is to relate these past experiences, and his mind becomes so filled with his past negative experiences that he becomes ill. He goes to a doctor and oftentimes he gets relief but finds that he is not cured. If he is wise enough, he will seek aid from a Metaphysician who can cure him of all his troubles, which range from poverty, inharmony to a diseased body. These symptoms he will relate in an uninterrupted monologue, after which he expects an instantaneous healing.

The trained metaphysician should be a teacher of this science because most people have not the slightest idea that a change in their thoughts can change their lives, and that they can be very happy and successful and build a new experience which will teach them to forget the past.

Happiness

He must be taught that real happiness is possible. It is the growth of the soul. Happiness comes from within, and one can be happy in any environment. He can be taught the high ideals that produce happiness by meditation, concentration and prayer, by living to serve others and help when he can; he can plan to do good, and to give the equivalent each day of what he receives from God, man and the universe. He must be taught to set out each day to give happi-

ness to others. This is quite a different life to the one to which he has been accustomed. The **Givingness** always results in the **getting**—the getting in forgetting the past. Each day will be then a fresh resolution with renewed strength and enthusiasm.

GIVING

To get he had tried, yet his store was still meager.

To a wise man he cried, in a voice keen and eager;
"Pray tell me how I may successfully live?"

And the wise man replied, "To get you must give."

As to giving he said, "What have I to give?"

I've scarce enough bread, and of course one must
live;

But I would partake of Life's bountiful store.

Came the wise man's response; "Then you must
give more."

The lesson he learned: to get was forgotten,

Toward mankind he turned with a love new-
begotten.

As he gave of himself in unselfish living,

Then joy crowned his days, for he grew rich in
giving.

—Arthur William Beer

THE LIFE OF THE PRACTITIONER

Few people know anything of the life of the practitioner, nor do them seem to care, I am sorry to say. Only one out of a thousand will ask, "What can I do for you?" "May I help you with your work, or offer services in any way?" If the practitioner has a church, then there is a different set-up; but there are thousands who do not have churches or centers. They do their work from their homes at the expense of their other incomes, which they had earned many years before they started Metaphysical Studies.

The life of the practitioner is one that is very sacred and one that is lived in meditation, prayer and shut-in from the material and social events that are going on all around. We are very happy because we know so-called pleasures must be paid for in pain. Most practitioners study books on the subject of Philosophy in general, along with the study of the Bible. Some set aside certain hours each day to pray for their students and for the welfare of the world.

Practitioners, who have classes and lectures, must prepare for them with words that will help those who come to their classes. A metaphysical lecture is a very important piece of work. You can see, then, that the spiritual part of the practitioner's life occupies almost the entire day—including Sundays and holidays.

Since most practitioners are people in ordinary circumstances, they must do some of their housework and planning. Today, we prefer to do something at home as a hobby or as a diversion from spiritual work; so the practitioners have but two outlets: the spiritual work and the quiet peaceful home life. What could be more beautiful? The practitioner who uses common sense will build his income before devoting all his time and energy to the spiritual, because of

the fact that so few people think that practitioners should be paid for their services. I receive many oneto-four-page letters asking for treatments, to say nothing of phone calls and personal calls, and most practitioners have the same experiences.

Of course, we are so happy to help that we forget the self in helping others, and often we find that we cannot let that become a fixed habit or other affairs must be adjusted. The Universe knows what we do and we are always repaid, but does that kindness eliminate the obligation of the student? However, the practitioner keeps on in her life of giving, and God takes care of her needs. This takes in a great spiritual force. Some become writers through giving—great talents are evolved. You may learn your lesson by giving and enlarge your talents. If you are wise, you will think this over.

I believe that every practitioner is a happy person because he feels that each and every day he has tried to do some good.

Each day the practitioner is called upon for help and even into the late hours of the night come calls for help, so the life of a practitioner is not that of an eight-hour day, five days a week with a vacation at the end of the week. The practitioner is in constant touch with God, praying for students three hundred and sixty-five days a year and in 24-hour shifts. His work is never done!

What do you think this type of service is worth to you? I leave the answer to your conscience!

"I rave no more 'gainst time or fate,
For, lo, my own shall come to me."

—John Burroughs

THE CLOSING TALK

It is important that you understand that the first reading of this book may not clarify for you what I want you to know on this all-important subject.

As I have said before, there are hundreds of thousands of books written on metaphysical subjects, but this is the only book that deals directly with the thought of the business part of the profession. We do not want the student, the layman, or our personal friends in general to take the attitude that you cannot talk to your practitioner in a friendly way without paying for such conversation, or that you cannot write a letter to your practitioner. Most of my work is service by mail, and I enjoy every letter and I do want them to continue. I want it thoroughly understood that practitioners enjoy their students as casual friends, and take the attitude that students and friendship are a relationship brought about through the confidences exchanged in problems. I mean to convey, however, the thought, idea and subject in hand. When you ask for work to be performed by the practitioner, you may also ask: Are there any charges? When you ask that, you be given a thought, or the spoken word, that you may attain this or that, or you may ask that you be written a letter as to an opinion as to what should be done, then you want some careful consideration — you want the right guidance — which incurs mental work.

Now, the practitioner may, as I often do where there is a family where the student is a veteran, say, "Oh, no, there are no charges. I am happy to help you. So do as you see fit about the payment."

Every practitioner donates time and energy to the many demands made upon him or her without pay. The demands,

however, are sometimes greater than the practitioner can take care of. In my experience as a practitioner and teacher I have had many practitioners tell me that nobody ever paid them, saying: "I must take my income to tide me over." The practitioner has given his time and has done the work which came out beautifully.

My answer to that is: The longer the debt, the more compound interest from the Universe; but I also ask, "Does that save the student from paying a heavy penalty?" The answer is, "No." The practitioner has an inward feeling of losing the friend because as sure as night follows day, the student who does not pay never values the services of the practitioner, and sooner or later the practitioner will never see or hear from him again.

Dignity and character are great things. When the inner conscience is clear, one can demand respect from every one.

Jesus told the rich man that to be healed would require everything that he had, so I am only stating facts from the Bible as a guide in writing this book, and in these present times, in the NOW, a New World, a New Era, a New Way of Doing Things, we must learn to be systematic and business-like. The way to be happy since everything is moving toward progress and the good of existence, is to learn more—do more! The only happy experience today is learning. You will learn many laws, including the mathematical and you can learn of the laws regulating the animal, vegetable and mineral kingdoms, and that man was created by God, and God is the sole possessor of everything that you have and need. Therefore, open up all channels for abundance to pour into your experience by Paying for the work performed by your practitioner for you.

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—Anonymous.

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