

THE SCIENTIFIC
PROCEDURE OF
SPIRITUALIZING
THE PHYSICAL
BODY



Christian Fellowship Organization

... my Lord
... heart
... earth
... and
... ngth

The claims made in this little book are not those of the author. They emanate from the Teachings of the Secret Order of the Christian Brotherhood, and School of Christian Initiation.

Continual
giving Thanks
for all things

O my Divinity
I blend myself with
Thee, that out of
darkness, I may go
forth in Light.

I Love Thee my Lord
with all my heart
with all Soul, with
all my mind, and
with All my Strength
and so it shall
ever be.

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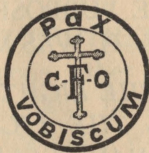
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THE SCIENTIFIC PROCEDURE
OF SPIRITUALIZING THE
PHYSICAL BODY

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THE SCIENTIFIC PROCEDURE
OF SPIRITUALIZING THE PHYSICAL BODY

A procedure through and by which, ALL may reach that spiritualization referred to in Isaiah, where man, becomes a LIGHT, SUFFICIENT UNTO HIMSELF, AND BY THE VIRTUE OF THE POWER OF GOD VESTED IN HIM, HE WALKETH NO MORE IN DARKNESS; FOR HE HAS PASSED FROM DARKNESS, INTO LIGHT!

SUCH IS THE PURPOSE OF LIFE,
AND, FOR SUCH, WAS MAN BORN.

IF YE WALK IN THE LIGHT AS HE, (YOUR FATHER) IS IN THE LIGHT, YE (AND YOUR FATHER) HAVE FELLOWSHIP, ONE WITH ANOTHER.

O MY DIVINITY; LIGHT OF MY LIFE!

I AM ONE WITH THEE,

AND THOU ART ONE WITH ME,

AND THUS DO I WALK, EVERMORE, IN
THY LIGHT.

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FOREWORD

THE SCIENTIFIC PROCEDURE given herein is intended for aspirants seeking spiritual attainments. The technique should be used only in connection with the Cultural Condition text book (Page 110) of the TEACHINGS of the SECRET ORDER of the CHRISTIAN BROTHERHOOD and SCHOOL of CHRISTIAN INITIATION.

The GREAT BROTHERS mentioned in this booklet are none other than the TWELVE APOSTLES of Jesus, instructed by HIM nineteen hundred years ago, who now in turn are instructing us through the intermediary of Dr. Edward Lewis Hodges, an initiate of the Order.

G. I. C.

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THE SCIENTIFIC PROCEDURE

Historical Review

In the early ages, the Gods of Destiny appointed Holy Men, who appeared among the people of the various races for the purpose of formulating for each race, a special method for their spiritual advancement.

These Holy Men realized that whatever method They formulated, it must be simple, easy, and above all, speedily effective, if discouragement, among these more or less primitive people, was to be prevented.

To accomplish this, the various traits and characteristics of each race was carefully and thoroughly investigated, and as fast as They summed up Their findings of each race, They would formulate a scientific method especially suitable for that particular race.

After having completed Their investigations of all the different races, and the formulation of specific and scientific methods, suitable for each, the Holy Men selected the most advanced of each race, instructed them in their particular method which they were to teach their people,

filled them with zeal and enthusiasm, and sent them forth.

For a long time, everything went well. Eventually however, through the stimulus, and the advancement made under the tutelage of the Teachers who were appointed by Holy Men, the ties that bound the various individuals into races, began to break, with the result that races merged and nations were born.

During these stages of advancement, man became ambitious and selfishness increased. While there were always Teachers who remained loyal to the race formula, there were quite a large number who made arbitrary changes which, while interesting to the student, did little or no good, and in some instances much harm.

Unfortunately, many of these arbitrary formulas have not only been kept alive down through the ages, but have undergone further changes, and as such, are finding their way among the people of today.

The tragedy of it is, these false formulas are being energetically recommended and taught by many well-meaning people of today; people whose motives are of the best. But, however good and pure their motives may be, it CANNOT MAKE A FALSE FORMULA, GOOD! Such a

formula has nothing of value; nothing that will help free one from sin, sickness and death, either themselves or those whom they teach.

Thus do they and those whom they teach continue in sin, sickness and, finally die. A case of the "blind leading the blind" without being conscious of it, and all falling into the ditch together.

The foregoing is written with all due respect to those who unwittingly use these arbitrary formulas ,also those who have formulated methods of their own which they sincerely believe to be really helpful, yet despite their sincerity they are doing the work of false teachers, and the law of Righteousness will eventually make it's demands.

Let us ever remember that false procedures delay us instead of helping us. Our efforts are thus directed away from the path that leads to Salvation. To offer formulas and Procedures that have no value, however sincere, we are held responsible for the wrong information we give, and retribution will overtake us in due time.

Going back to the days of Jesus, the false teachers became proud and austere: Robed in cloaks of mystery, unscrupulous in methods, they appeared in great numbers, adding confusion to

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a people already confused. Under such conditions even the legitimate schools fell into disrepute and the spiritualization of the body and the overcoming of death became increasingly difficult.

Prior to Jesus the Holy Orders realized the importance of having some form of systematic or scientific Procedure, and one suitable for all, regardless of race, creed or nation.

They also realized that salvation from sin, sickness and death was not accomplished by just any kind of method or procedure. They had learned from sad experience that the only Procedure that had any value were those instituted and continually sponsored by the Gods of human destiny.

But the great question was: How was this to be accomplished? Who among them were able to contact such Great Beings, and secure from Them not only a scientific Procedure but also Their continual ASSISTANCE IN ITS USE?

During these days of dilemma, of a sudden, the country was startled by an Elijah-like prophet from the desert, clad in the garb of the wilderness, stern of soul, passionately earnest and with a fiery directness of speech whose message shook the country to its foundation.

A strangely mingled company surrounded Him on the Jordan. Wild tribesmen from the rich Bashan, shepherds from the glens of Gilead, peasants from the rich vales westward, fishermen from Galilee, merchants, money-changers, tax-gatherers, soldiers, pharisees and priests, all attracted by this man sent from God.

Also among the crowd were to be found in great numbers those who had long been searching and praying for just such a Teacher and Prophet. One day, standing in his accustomed place on the banks of the Jordan approaching the climax of his discourse, the crowd tense with expectancy he, John, suddenly raised his hand and directing every eye in the vast multitude to one who was approaching, exclaimed: "Behold the Lamb of God!"

It was Jesus, coming to John, for the purpose of being baptised. Jesus, the long looked for Messiah, which was to come, and of whom the prophets had been speaking for over seven centuries.

And those who had been searching for a Universal formula, a formula by which all might achieve Salvation from sin, sickness and death, received the desire of their hearts. Thus, after His resurrection, as recorded in Mark 16:15,
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Jesus appeared to the Eleven Apostles and said unto them: "Go ye into ALL THE WORLD, and preach the gospel to EVERY CREATURE."

It is not to be inferred, however, that the scientific Procedure, which was formulated by Jesus and sponsored by the Order of Melchizedek, and which was given to the Apostles to be given in turn to the world, is the only procedure by which Man may work out his salvation. There were and still are other legitimate Schools which have scientific procedures, but the writer can say that the formula advocated and demonstrated by Jesus is the only one, to date, that is universally applicable and suitable for all Schools, Dualistic and Monotheistic.

THE SCIENTIFIC PROCEDURE THE EVERYWHERENESS OF DIVINE FIRE

All Bible students are acquainted with the incident where Moses saw a bush on fire, and his surprise when he noted that though the entire bush was fully ablaze, yet it was not consumed.

But his amazement knew no bounds when he saw that not only was this particular bush on fire, but that ALL vegetation was in flames. The grass, the flowers, the trees, the hills, and even

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Aka Thread comes from t

the very ground upon which he was standing was burning, and he himself was wrapped in flames. What a thrill!

However, all Aspirants will eventually reach that point in their spiritual advancement when they are not only able to see this Divine Fire, to stand in it, and to "Pass through the Fire," but to actually be "BAPTISED WITH FIRE" as were the Apostles on the day of Pentacost.

The Aspirant will also come to know, among other things, that without this Divine Fire, without It's purifying and refining properties operating THROUGH and IN every fiber of his body from the Great Father within, his mortal body NEVER COULD BECOME IMMORTAL!

The blood itself is, in reality, a stream of liquid fire, flame and light. From whence does the blood get its Fire and how is it renewed? The element of Fire is one of the basic and fundamental Attributes of the ALL Father and is therefore co-existent with Him, all the way from His highest state of existence on down to the very depth of what we call matter. Since God is everywhere, then also is Fire everywhere.

How, you ask, is this Divine Fire which exists in the food we eat and the air we breathe, made applicable to the Divine Fire in the tissues of

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Left Ventricle of the Heart

the human body? In other words just HOW does this Divine Fire assist in IMMORTALIZING THE BODY?

Seed
Located in the left ventricle of the heart is what the Order of the Christian Brotherhood call the "Permanent Atom;" an Atom born of the Universal or ALL Father and therefore possesses all the qualities, elements, properties, powers, etc., of the ALL Father, including the Element of Divine Fire.

It is interesting to know just why this Permanent Atom is located in this particular place. You have heard of various foods and liquids being irradiated so as to either give it NEW property, or to raise the quality of properties already existing in the food or liquid.

It has been determined by observation that here, through the Permanent Atom, the lowest "Power Plant" in the human body, the Divine Spirit, or the Divinity within, IRRADIATES INTO THE BLOOD, ALL OF THE FIRE, FLAME, LIGHT, AND POWERS, ETC. THE BLOOD OF THE BODY WILL ABSORB! All of which is then carried to every cell, and every tissue of the ENTIRE body.

This blood, this liquid Fire, this liquid Flame, this liquid Light, and other Powers of vitality

and energy mixing with the Fire resident in the human form when accompanied by a mind void of offense to the God within, causes the physical form to be invigorated, refined, and purified to where it is no longer mortal, BUT IMMORTAL! Mortality has thus been raised to Immortality and therefore no longer subject to death.

All schools of Initiation realize the importance of this Divine Fire. They also realize that especially in the human form the Divine Fire is not only spiritually active, but is organically active; that It's state of organization was brought about, and is continually maintained by none other than the Divinity IN THE FORM.

There are some Teachers, mostly self appointed who instruct their followers to begin their efforts to spiritualize their bodies by endeavoring to direct certain Life currents or forces INTO or THROUGH the body, some or all of which MAY be, and most likely ARE in direct conflict with currents and forces ALREADY established in the body BY ITS CREATOR, in which case harm to the body ALWAYS results.

Herein lies the importance of using a Procedure FORMULATED BY THE GODS OF HUMAN DESTINY, who are thoroughly acquainted not only with the physical structure of the hu-

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man form and the INTER-FUNCTIONAL RELATIONSHIP, BUT ALSO A COMPLETE KNOWLEDGE AND UNDERSTANDING OF THE METHODS BY WHICH PROPER ADJUSTMENTS MAY BE MADE SHOULD SUCH BE NECESSARY!

The Scientific Procedure set forth herein is, therefore, NOT designed to direct any NEW Forces or Currents, nor to make any new arrangements in the body, for the Order of the Great Brothers realized that the God IN the body, in It's Wisdom, not only created the form, but has also established SUITABLE relationships between the *form* and Himself; Therefore, it is dangerous to attempt any changes since it might cause confusion in the Inter-functional relationship established at the time the body was created. In other words it is wholly unwise for mortal man with his limited understanding, however wise he may feel himself to be, to try or attempt to change that which God has established.

It is also important that all who use the Scientific Procedure realize, that though the Procedure is made simple of understanding so that it may be easily understood and safely usable by all, yet to add *to*, or to take *from* the Procedure, might not only prove harmful, but it would NOT HAVE

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THE SUPPORT AND BLESSINGS OF THE GREAT BROTHERS OF THE BROTHERHOOD.

The conscious mind must not only become Christ Minded, but it must reach that state of Spiritualization where it is actually ONE WITH THE CHRIST MIND, FOR IN NO OTHER WAY CAN MAN EVER LOVE THIS HIGHER SELF, HIS LORD AND HIS GOD, "WITH ALL HIS HEART, WITH ALL HIS SOUL, WITH ALL HIS MIND AND WITH ALL HIS STRENGTH."

It certainly is impossible so long as the conscious mind is thoroughly taken up with love of the lower self and the things of this world.

Man must realize that the personal, or conscious mind is decidedly carnal and thoroughly destructive; so much so that it NEVER FAILS TO DESTROY THE PHYSICAL BODY IF LEFT TO IT'S OWN DEVICES, AND THIS ALL ARE DOING, SINCE ALL DIE!

All who have reached "Full Salvation" tell us that the Divinity in man would soon bring Salvation to It's "Temple," the human body, IF IT WERE NOT AT ALL TIMES BEING HINDERED BY THE CONSCIOUS, OR CARNAL, MIND.

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THE SCIENTIFIC PROCEDURE
AS RECOMMENDED BY
THE SECRET ORDER OF THE CHRISTIAN
BROTHERHOOD AND SCHOOL OF
CHRISTIAN INITIATION

The first thing one should do is to place himself under the Cultural Condition of the Christian Brotherhood, following the method set forth in Their Teachings. (P. 110 of Textbook)

Most every one knows what a trained horticulturist can do in the way of speeding up the growth and the increasing of the yield of farm and garden products by improving the CULTURAL CONDITION OF SUCH GROWTH.

The Order of the Christian Brotherhood and School of Christian Initiation has instituted and established, for the benefit of Students, not only an improved cultural condition but a PERFECT CONDITION, WHICH HAS NO EQUAL FOR ASSISTING THE SPEEDING UP OF THE SPIRITUALIZATION OF THE PHYSICAL BODY.

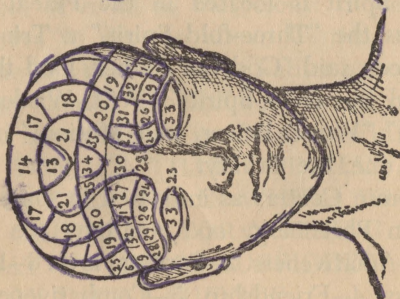
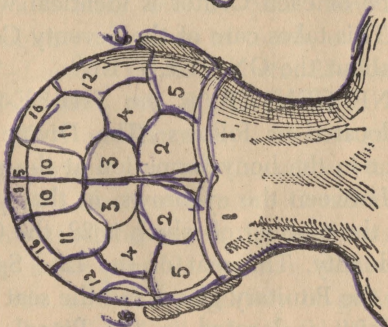
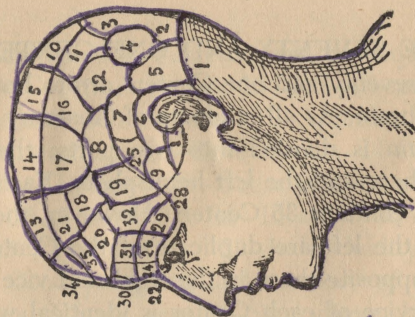
This Cultural Condition is no ordinary Condition. It is a SPIRITUAL FIRE which saturates completely EVERY ATOM of the physical body, and among other things keeps the entire body

UNIFORM IN EVERY DEPARTMENT, BOTH IN SPIRITUAL GROWTH AND SPIRITUAL UNFOLDMENT. Furthermore, this spiritual Fire, this Divine Essence is the ONE AND ONLY REFINING AND PURIFYING ELEMENT IN ALL THE UNIVERSE! It is also the GREAT EQUALIZER, in that no part of the body can ever over balance any other part by being more or less spiritualized than any other part, which would result in more or less harm, thus hindering and delaying ones unfoldment.

It is somewhat analogous to the present day hydraulic and air brakes, in which there is a perfect distribution of pressure, a thing impossible with any form of the old mechanical brakes.

It is moreover, a Cultural Condition, the perfection of which makes it applicable, useful, harmless, and decidedly helpful to ALL who are striving for spiritual unfoldment.

Preliminary to practicing the Scientific Procedure it may be extremely helpful to acquaint yourself with the seventy and one Centers of the head. The accompanying charts when carefully studied will enlarge the capacity for mental and spiritual development:



THE SEVENTY AND ONE CENTERS

The seventy and one Centers are to be found in the brain. As all students of Anatomy know, the brain is divided into two parts: the right hemisphere and the left hemisphere. Each hemisphere contains 35 Centers. However, the Centers in the left are duplicate of the Centers directly opposite those in the right and vice versa. The service of each Center is identical with its opposite. This takes care of the Seventy Centers, but how about the ONE CENTER?

The ONE CENTER, is the THREE-FOLD SPIRIT, located as follows: The Divine spirit has its seat in the bony formation at the root of the nose between the eyebrows, in that part of the brain, the number of which is 22, the Center of Individuality. The seat of the Life Spirit is located in the Pituitary gland and the seat of the Human Spirit is located in the Pineal gland, giving us the "Three-fold Spirit," a Trinity. As it has been said "God the Father, God the son, and God the Holy Spirit;" "Will, Wisdom and Activity;" "Word, Power, and Motion;" etc. All three in one, the Trinity.

The brain Centers as indicated in some of the books on Phrenology and Anatomy are as follows: 1—Amativeness. 2—Parental love. 3—Inhabitiveness. 4—Friendship. 5—Combateness. 6—
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Destructiveness. 7—Secretiveness. 8—Acquisitiveness. 9—Constructiveness. 10—Self-esteem, Love of freedom; self respect. 11—Approbativeness. 12—Cautiousness. 13—Benevolence. 14—Veneration. 15—Firmness. 16—Conscientiousness. 17—Hope. 18—Spirituality. 19—Ideality. 20—Mirthfulness. 21—Imitation. 22—Individuality. 23—Form, Good judgment and memory of shapes, names, and faces, etc. 24—Size, dimension, etc. 25—Weight, good sense of touch, etc. 26—Color, etc. 27—Locality, direction, etc. 28—Calculation, etc. 29—Order, etc. 30—Eventuality, etc. 31—Time. 32—Tune, harmony. 33—Language, etc. 34—Comparison, etc. 35—Causality, etc.

Thus you can see that the Great Father did not leave anything out in the mechanism of the brain to make possible for man to live the successful life, and the possibility of growing unto Godhood. It is all so marvelous! If we would only strive to get the above Centers to work along the line that the Great Father has ordained that they should, how different would our lives be! And how different would the world be.

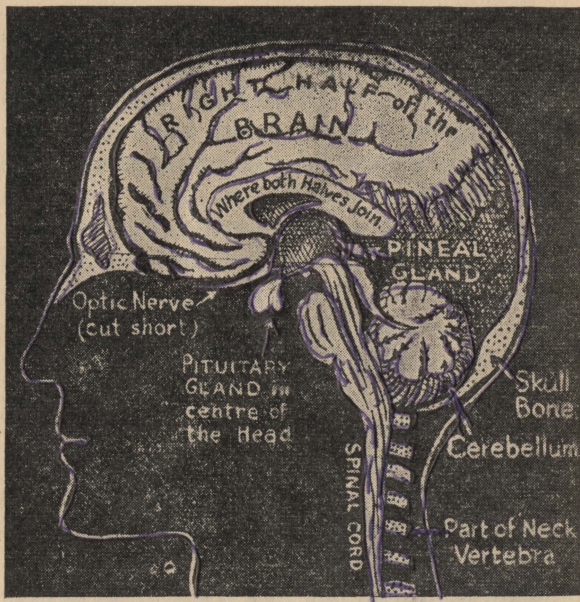
NO WONDER THAT GOD HAS GIVEN MAN AN ETERNITY IN WHICH TO GROW UNTO GODHOOD, FOR NOTHING SHORT OF THAT WOULD BE SUFFICIENT, ETERNITY ONLY WILL SUFFICE.

EXERCISES
FOR
TURNING ON THE LIGHTS
IN THE TEMPLE OF GOD

The Procedure

First fill yourself with the Cultural Condition by blending with the aura of the Great Brothers (—see p. 110⁸⁶ of textbook)—then concentrate for some minutes on the Divine Spirit Center between the eyebrows until you become aware of FEELING your concentrations impinging upon the CENTER. You may not at first FEEL your concentration but time will bring results. NEXT, transfer your attention to the center of Life Spirit, the pituitary gland at the middle of the head. Hold this position until you begin to feel your concentration pressing upon this gland which, as before mentioned, is the seat of the Life Spirit. Then again transfer your concentration to the seat of the Human Spirit, the Pineal gland, located slightly above and back of the pituitary body. Continue your concentration here, as in the two former Spirit Centers, until you actually feel the pressure of your concentration. Thus,

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The Position and Appearance of the Pineal and Pituitary Glands as Shown by a Section Through the Centre of the Human Head. At the Right Is Shown the Pineal Gland Enlarged Twice.



a complete circle is traversed. Now you return to the first Center, the Divine Spirit Center, and continue back to the Life Spirit and on to the Human Spirit, then you return again to the Divine Spirit. Repeat this concentration on these three Centers, over and over, almost as though the process were a loop-to-loop in slow motion. When you begin to feel some fatigue, stop the exercise. WHEN FIRST YOU HAVE FILLED YOURSELF WITH THE CULTURAL CONDITION NO HARM CAN COME TO YOU, REGARDLESS OF THE AMOUNT OF TIME YOU PRACTICE THE EXERCISE, JUST STOP WHEN YOU FEEL FATIGUE.

While it is not absolutely necessary that you have a SET TIME to perform the exercise, yet it is better if you can arrange a regular schedule. I might add, that, not only is it helpful to keep your mind on the Center upon which you are concentrating, but it is also helpful if you can, at the same time, VISUALIZE that particular center.

Do not let either your mind or visualization wander for a second. When you can concentrate in the above manner, the time is not very far distant when the Centers of the "Three-fold

Spirit" will begin to shine, and later the Seventy Centers will begin to light up with a Divine Light, then following the Light of the Seventy Centers of the brain, will be the Centers of the ENTIRE BODY WITH THE SAME DIVINE LIGHT, THE LIGHT OF THE GREAT FATHER, CREATOR OF ALL THINGS IN HEAVEN AND IN EARTH; then will it be that we will "Walk in the Light as He is in the Light and we will have fellowship with Him."

When you get to where you can create or visualize clearly Lights on the Divine Spirit Center, Life Spirit Center and the Human Spirit Center, then visualize the Light from these three Centers filling the entire cranium, and OUT AND ALL AROUND THE HEAD. This accomplished, then send the Light down through the neck, arms, body, legs, and feet. Let your visualization come back up through all parts of the body to the head. Repeat this as often as you feel inclined.

After practicing this until you are conversant with the procedure and can do it with great ease, then practice raising your aura, or spiritual body up and out by way of the head. When the feet of this Spiritual body, reach your shoulders, send it back to where all parts of the body are in

place. When you shall have become proficient at this, then, when the Moon is in an airy sign, Gemini, Libra, or Aquarius, raise your body to where the feet are again at the shoulders, then continue until the spirit body is altogether OUT a few feet. Then bring it back, into the body, then OUT again, then BACK again. Continue this practice again and again. Then, as you become proficient in this you can go ANYWHERE you wish, and come BACK AT WILL. After becoming accustomed to going out, you need not use only the airy signs, but at any time, day or night and in any sign.

The importance of the Scientific Procedure is basically four-fold, namely:

- 1—Its efficiency cannot be improved upon.
- 2—It was formulated by the Order of Melchizedek of which Jesus was an honorary Member; an Order whose Wisdom no one can doubt.
- 3—It is a thoroughly Scientific Procedure; it is also a SIMPLIFIED PROCEDURE AND ONE THAT IS EASILY UNDERSTOOD BY ALL AND CAN BE PRACTICED BY ALL WITHOUT ANY HARM TO THEMSELVES WHATSOEVER.

4—Having formulated and established the Procedure, naturally, the Order gave It Their blessings and promised It Their support; a support which will always operate when used as directed by Them.

In the beginning of all exercises, renew your vow to “Love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind and with all thy strength.”

BE CONFIDENT. LIVE THE NOBLE LIFE. PRACTICE RIGIDLY THE GOLDEN RULE. BE PATIENT, CONSCIENTIOUS IN ALL YOU DO AND PERSEVERE!

Striving ALWAYS to “Walk in the Light as He is in the Light,” and the day *will come* when you will see Him in “All His Glory.” Then to you will the saying of the prophet Isaiah come true.

“The Sun shall be no more thy Light by day; neither for brightness shall the Moon give Light unto thee: But the Lord shall be unto thee an ever-lasting Light and thy God thy *glory!*”

Isaiah 60:19

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TEACHINGS OF THE SECRET ORDER
of the
CHRISTIAN BROTHERHOOD

By
EDWARD LEWIS HODGES

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Aka thread, Aka thread
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ones we have from the

I thank Thee O
my Deverity
That I have —
(naming the
thing desired)

