

Neighborhood Gossip *and* Dream Book



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Glorious Youth

SPARKLING eyes, a laughing mouth, vivid coloring, that personality which radiates from a healthy body, all that vivacity and charm which red blood gives you comes after taking Dr. Pierce's Golden Medical Discovery. This blood-maker and stomach tonic gives more vim, vigor and vitality, brings bloom to the cheeks, and puts life into your mental and physical activities, a tingle to every nerve, a grip to your hand, sincerity to your sympathy. Thus the beauty every woman envies and every man admires comes to you.

DR. PIERCE'S MEDICAL DISCOVERY

contains no harmful ingredient and can be obtained from your druggist in liquid or tablets.

*Send 10c. to Dr. Pierce's Laboratory
in Bridgeburg, Ont., for trial
package of tablets.*



Dr. Pierce's

Neighborhood Gossip and Dream Book

Presenting to you our new edition of *Dr. Pierce's Neighborhood Gossip and Dream Book* we have endeavoured to give the most modern interpretation of dreams and other valuable household information.

In most countries, dreams have been believed by some people as indications of the future. In ancient days, dreams were interpreted by high court officials. The Greeks and Romans very often consulted the oracles. An inquirer would sleep in the temple at night after performing certain rites, when the questions were supposed to be answered in dreams.

In modern times, dreams are seldom heeded except by the superstitious, but as most people are interested in the cause of dreams and their mystery, we give you some modern interpretations.

INTERPRETATION OF DREAMS

Abroad—To dream of being abroad, you will have success in your undertakings.

Absence—To dream of absent friends means that you will soon hear from them. If they are far and near your bed, the news will be bad.

Accident—To dream that an accident occurs to you means great success. If you see an accident to others, beware of false friends.

Acorns—Denote poverty. Picking them portends an increase in fortune.

Angel—To dream that you see an angel foretells the death of a beloved friend.

Animals—To dream of domestic animals portends a happy return of absent friends. Recon- ciliation of quarrels. Wild animals mean secret enemies.

Anger—To dream that you have been provoked to anger shows that you have many enemies.

Bear—To dream that you have seen a bear means you have a rich, cruel, and audacious enemy. If it is running, happiness is in store for you.

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Basket—To a man means decay of business; to a maid, many lovers; to a widow, she will marry again. If the baskets are filled the omen is very good.

Beggar—If you see yourself a beggar you may hope for wealth. To see many means sickness.

Birds—A good sign, bring friends and fortune. To kill them, bad fortune; if they sing, happiness.

Blood—If you see blood, it's a good sign. You will fall heir to riches. To lose blood signifies sorrow and disappointment.

Blossoms—If you see flowers or trees in bloom, it's a sign of success and happiness.

Brother—To dream of a brother means an early marriage in your family. If in love, it's a favorable omen.

Business—Dreaming of much business is a sign of good fortune, if it seems bad the omen is doubly sure.

Camp—For a maid to dream she is camping out, she will marry happily.

Canoe—To paddle in smooth water denotes prosperity; if rough, adverses.

Children—To see two or three children means that you will have good success in business. To one who has no children, to see many children running about the house means it will be difficult for the dreamer to have any.

Clothes—White clothes, success; green, journey; black, ill luck; blue, happiness; yellow, usually lucky.

Coins—If gold, great prosperity and much pleasure; if of silver, it is unlucky.

Coffin—To see a coffin is unlucky, means the death of some dear and valued friend.

Dancing—To see dancing is a good omen.

Day—A clear one is a happy and lucky omen. To see the daybreak is good fortune in all things.

Death—To dream of death means a wedding. To dream of talking with those who are dead is a good sign.

Danger—To dream of danger is fortunate if you. In business it means success and profit.

Dog—To dream of a dog means your friend are faithful. If he runs behind you, somebody is slandering you. If he fights with another dog, fear persecutions; if with a cat you will quarrel.

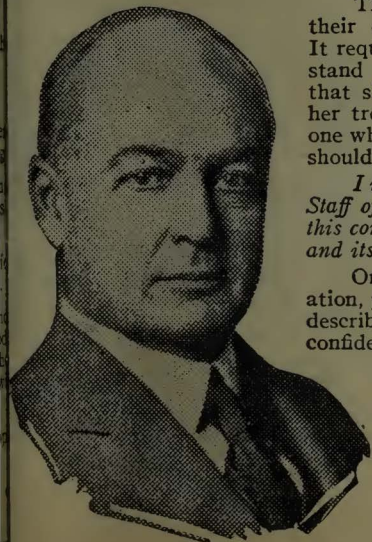
Drowning—To dream of this brings happiness; for a woman, a happy marriage.

Engaged—To dream you are, be careful you will quarrel with friends and loved ones.

Eyes—To see, defeat; to lose, bad luck; brown eyes, deceit; blue, weakness; gray, flattery.

(Continued on page 4)

Why You Should Confide in Dr. Pierce and His Institute



There is every reason why women, especially, should not trust their delicate constitutions in the hands of unskilled persons. It requires a thorough medical education to appreciate and understand the womanly organism. When a woman has ills and pains that she cannot bear—when life seems dark, she should confide her troubles to a physician of standing in the community or to one who has a national reputation. There is every reason why she should consult a specialist.

I invite every sick and ailing man or woman to write to the medical Staff of the Invalids' Hotel. There is absolutely no charge or fee for this consultation. Every letter is carefully considered, fully answered, and its statements held as strictly private and sacredly confidential.

On receipt of your letter the Faculty will, after careful deliberation, prepare its opinion as to the nature and curability of the case described and submit it to you; and if the case be one which they are confident of being able to treat by medicines specially prepared for home treatment, they will state the cost of the necessary remedies. If the case described be one requiring a surgical operation or one which can, in their opinion, be successfully treated at the Institution only, where the patient can have the benefit of all the advantages, appliances and facilities which such a thoroughly equipped establishment affords, the terms for such treatment (including board) will be given.

Patients are never advised to incur the extra expense of visiting the Institution when it is believed they can be treated at home without a personal examination.

DR. V. M. PIERCE, President

Invalids' Hotel, Buffalo, New York

Interpretation of Dreams—*Continued from page 2*

Face—To see a smiling face is a sign of friendship and happiness; a pale face, a sign of trouble and poverty. A black face is a sign of long life.

Fall—To dream you fall from a high place denotes loss of position and goods.

Fire—To dream you are burnt by fire, means you will have a fever. A sparkling fire denotes money in plenty.

Flies—To dream of, someone is jealous of you. If in great numbers, you have enemies; if you drive them off, you will conquer them.

Flowers—To see them of bright colors means a pleasant life. To see them out of season means no success. To gather flowers, a lasting friendship. To cast them away, despair and quarrels.

Farm—To own one, fortunate undertakings; to work one, a legacy; if not fenced in, riches and pleasure.

Feet—Swollen, sickness; to wash, trouble; sore feet, losses; to burn, shame; to cut one off, pain.

Funerals—Good fortune. To attend a funeral, that you will be at a wedding or some gay party.

Garden—To walk in one means joy. Your fortune will be increased.

Gate—If open, bad tidings; if closed, good news; to pass through, you will gain riches.

Hair—If thick and bushy, riches and power; if black, misfortune; if brown, melancholy; white, be prudent; if falling out, illness.

Heart—To dream of, trouble; to see another's sickness.

Horses—To dream of horses is a good sign. A white one, unexpected good fortune. To fall from a horse means misfortune and disappointment.

House—To dream one is building a house means comfort.

Hunting—If the game is killed, means much trouble through friends, but you discover the truth and overcome them.

Injury—To receive an injury means you have many friends. If you dream of causing injury you will receive and give blessings.

Insults—To dream you are abused and insulted means that you will dispute with some person in business.

Kissing—Dreams of kissing go contrariwise if pleasant, slander; if disagreeable, pleasure and harmony.

Letters—To write or receive them means good news.

Marriage—To dream of being married signifies death and misfortune. To dream you are present at a wedding of another means joy and good luck.

(Continued on page 6)

Attention, Mothers!



Mrs. R. Vyse

HAMILTON, ONT.—

"Dr. Pierce's Favorite Prescription is the greatest help to women of any medicine there is. It is especially beneficial to the expectant mother, as it keeps her physically fit at all times. My mother was a great believer in this medicine as it had helped her wonderfully, and during my first pregnancy she had me take it and I got

splendidly—kept well and strong and able to do my work right up to the I had practically no suffering and had a healthy baby. I took a few bottles of the 'Favorite Prescription' afterwards, which helped bring back my strength. I would not think of going without the 'Favorite Prescription'."

ROBERT VYSE, 139 West Ave., North.

Are You Nervous?

Hot flashes, fainting spells, dizziness, backache, headache, are all symptoms which a woman should heed.

Dr. Pierce's Favorite Prescription

(In Tablet or Liquid Form)

is distinctly a woman's medicine. It acts directly on her system. It restores former health and strength. For many years it has demonstrated its beneficial quality. Try it. All dealers.

*Send 10c. to Dr. Pierce's Laboratory
in Bridgeburg, Ont., for trial
package of Tablets.*

Interpretation of Dreams—Continued from page 4

Mice—To dream of mice means prosperity and success in love and a happy marriage.

Money—To dream of losing money means losses in business. To find money, if gold, is a good omen. Also to dream of receiving money is good. To dream you lost money is a proof you will be deceived in love. To dream you throw money away means want. To dream of money in bags means misfortune of some kind. Shylock, in the *Merchant of Venice*, says: "There is some ill abrewing towards my rest, for I did dream of money bags to-night."

Mother—If she be dead and you see her living it is fortunate.

Murder—To dream you commit murder warns you that you are surrounded by false friends, it signifies danger.

Music—To dream you hear music means good news.

Noise—To dream you hear a great noise is a sign of joy. To make a noise, your vanity will be punished.

Purse—To lose a purse is good. To dream you find a purse or pocket-book full of money is a sign of good luck.

Quarrels—If one dreams of quarrels and fighting, he will hear of some unlooked-for news of women, or embrace some joy.

Rats—Secret enemies, treason; a sign having many enemies.

Ride—To dream you ride with a company of men is very lucky and profitable; with women it means misfortune and defeat.

River—To dream you see a river, very clear and calm, means good to all persons. A dream of swimming, means future peril and danger.

Roses—Nothing can be better than to dream of beautiful flowers, if they are in season.

Snakes or Serpents—To see one turn and wind means danger and imprisonment, sickness and hatred.

Shipwreck—To dream you are shipwrecked is dangerous to all.

Shooting—To dream you are out shooting is very favorable if you kill much game.

Snow—Snow is good. To see the young men they will marry and prosper.

Storms—Mean that a reconciliation will place.

Sickness—Loneliness and imprisonment tears.

Tears—If you dream of shedding tears means that you will speedily be much happy.

Wrestling—To dream you are wrestling means a serious accusation will be brought against you.

Women, Why Suffer?



Mrs. J. W. Thrush

HAMILTON, ONT.—

"For over three years I suffered with severe nervous headaches, the pains seemed to start from the lower part of my spine and would extend up to the base of the brain. When I would get these spells I would have to give up and go to bed. They would occur about every two weeks. I tried everything I heard of but got no relief, until I began taking Dr. Pierce's Favorite Prescription and the 'Pleasant Pel-

' By the time I had taken two bottles I had a wonderful improvement, and four bottles came the trouble."—MRS. J. W. THRUSH, Margaret St.

Write Dr. Pierce's Invalids' Hotel, in Buffalo, N.Y., if you desire free advice.

BACKACHE!

In the case of women it is almost a sure sign of a weakened condition.

Dr. Pierce's Favorite Prescription

(In Tablet or Liquid Form)

has been recommended to womankind for many years. Thousands of women bear witness to its beneficial qualities. If you are suffering from a feminine ailment

It Will Help You!

Buy it now from your nearest dealer.

Cooking Hints Worth Knowing

TIMETABLE FOR BAKING

Beans—8 to 10 hours.

Beef—Sirloin, rare, per lb., 8 to 10 minutes, well done, per lb., 12 to 15 minutes; rolled rib or rump, per lb., 12 to 15 minutes; long or short fillet, 20 to 30 minutes.

Bread—Medium loaf, 40 to 60 minutes.

Cake—plain, 20 to 40 minutes.

Biscuit—10 to 20 minutes.

Sponge Cake—45 to 60 minutes.

Chickens—3 to 4 lbs. weight, one to one and a half hours.

Cookies—10 to 15 minutes.

Custards—15 to 20 minutes.

Duck (tame)—40 to 60 minutes.

Fish—6 to 8 lbs., 1 hour.

Gingerbread—20 to 30 minutes.

Graham Gems—30 minutes.

Lamb—Well done, per lb., 15 minutes.

Mutton—Rare, per lb., 10 minutes; well done, per lb., 15 minutes.

Pie Crust—30 to 40 minutes.

Pork—Well done, per lb., 30 minutes.

Potatoes—30 to 45 minutes.

Pudding—Bread, rice and tapioca, 1 hour, plum, 2 to 3 hours.

Rolls—10 to 15 minutes.

Turkey—7 lbs., 3 hours.

Veal—Well done, per lb., 20 minutes.

Roast lamb should be basted constantly give the best flavor to it.

Tomatoes are good when stuffed with sausage and baked.

A fork is the best implement to use when making mayonnaise dressing. A beater is liable to cause the eggs and oil to separate, while a whisk will thoroughly mix the ingredients.

Tough meat will be made tender if placed in vinegar water for a few minutes.

The jellied salad acts as a welcome substitute for dessert at times. Apples, nuts and celeriac chopped raw cabbage can be molded into lettuce jelly which is delicious served on crisp lettuce with mayonnaise dressing.

A dash of salt improves chocolate fudge.

A bit of butter should be added to hot chocolate if cream is not used.

Currant jelly is good served with crab-meat.

(Continued on page 10)

From Girlhood to Womanhood

The modern young woman is often a "bundle of nerves"—"high strung"—emotional—frequently blue and dissatisfied with life. Such girls should be helped by a tonic and nervine—that has proved successful for years.

Dr. Pierce's Favorite Prescription

a keen enemy to the physical weaknesses of woman. A medicine prepared by a regular graduate physician of unusual experience, carefully adapted to work in harmony with the most delicate feminine constitution.

It is obtainable at any good drug store. Liquid, extra large size, \$1.35.

Tablets, \$1.35 and 65 cents.

*Write Dr. Pierce, President, Invalids' Hotel, Buffalo, N.Y.,
if you desire medical advice free.*

DR. PIERCE'S PLEASANT PELLETS regulate and invigorate stomach, liver and bowels. Sugar-coated, tiny granules, easy to take as candy. Try them!

Cooking Hints Worth Knowing—*Continued from page 8*

For a change, sweeten the fruit dessert with honey.

The first vegetables a child should have are strained spinach, asparagus, peas and young carrots.

Your custard cups make nice molds for the jellied salad.

Two spoonfuls of cream of tartar and one scant spoonful of saleratus are equal to three teaspoonfuls of baking-powder.

Never salt the beef cooked in a fireless cooker until removed for serving.

Add a cup of grated cheese to the white sauce for cauliflower and see if you don't find it a very pleasant addition.

Soft butter or lard should never be used in making pie-crust. Whatever shortening is used should be hard and very cold.

Three medium-sized apples weigh about a pound.

Put the ham and corned beef on to boil in cold water.

When your cake runs all over the pan in baking use less baking-powder the next time.

Add the white of an egg to cream that will not whip.

Ills of Women

There is one remedy which has for many years been instrumental in restoring full health and strength to women who have suffered. This remedy is

Dr. Pierce's Favorite Prescription

It will help you. In justice to yourself, join the great army of users

**Procure it from your neighbor-
hood dealer, in either liquid
or tablets.**

*Or send 10c. for trial package to
Dr. Pierce's Laboratory in
Bridgeburg, Ont.*

Is It Your Kidneys?



Mrs. J. Evans

ST. CATHARINES, ONT.—“I was suffering with my kidneys and was completely down and out. My back ached and my feet and ankles would swell. I had headaches, dizzy spells, and was in a miserable condition until I started to take Dr. Pierce's Anuric Tablets and they have put my kidneys in good condition; they function naturally, the pains have left my back, my feet and ankles do not give me any more

trouble and I do not suffer from headaches or dizzy spells. To any one who has trouble with their kidneys I would say, by all means take Dr. Pierce's Anuric Tablets.”—MRS. JAMES EVANS, 2 Pelham Road.

Sold by all dealers. By sending ten cents to Dr. Pierce's Laboratory in Bridgeburg, Ont., you can procure a trial package.

ASSIST NATURE

A little now and then, with a searching and cleansing, yet gentle cathartic, to remove offending matter from the stomach and bowels, to tone up and invigorate the liver and quicken its tardy action, and you thereby avoid a multitude of diseases.

If people would pay more attention to properly regulating the action of their bowels, they would have less frequent occasion to call for their doctor's services to subdue attacks of disease. Of all known agents to accomplish this purpose

Dr. Pierce's PLEASANT PELLETS

are unequaled. Their secondary effect is to keep the bowels open and regular, not to further constipate. Hence, their great popularity with sufferers from habitual constipation.

If your druggist does not keep them send three dimes or thirty cents to

*Dr. Pierce's Laboratory in
Bridgeburg, Ont.*

Cooking Recipes

Veal Stock

Veal stock, also called white stock, is made from a knuckle of veal (formerly sold for ten cents) and one pound of lean beef taken from the cheaper cuts of beef, flavored with vegetables and seasoned with herbs, peppercorns and salt. This stock, when finished, is not as clear as chicken stock, not even when clarified with the white of eggs and the crushed shells. It is, however, the foundation of many delicious cream soups made with stock, and it is indispensable in a large variety of savory sauces. It is this stock that gives the finishing touch to meats, poultry, game, vegetables, entrees, etc.

Celery Soup

Scald a quart of milk in a double boiler and thicken with half a cup of flour with two tablespoons of butter. Boil slowly for an hour, using the salted leaves, roots and tough stalks of a root of celery. Take from fire and strain. There should be about a pint of celery water. Add the milk. Have ready two eggs, hard boiled, mash the yolk and mix thoroughly with the soup. Cut the whites in rings and put in the soup.

Delmonico Potatoes

Ingredients.—2 cups cold boiled potatoes, $\frac{1}{2}$ cup grated cheese, 2 hard-boiled eggs, 2 cups white sauce, $\frac{1}{2}$ cup buttered crumbs.

Method.—Arrange the potatoes, cheese and eggs in two layers in a greased baking-dish. Pour the white sauce over them, with the buttered bread crumbs on top. Bake fifteen minutes in a hot oven.

Codfish Hash

Ingredients.—8 medium-sized potatoes, 1 pound salt codfish, 1 egg (well-beaten), 2 tablespoons butter, pepper to taste, 1 slice pork.

Method.—Pare potatoes and boil fifteen minutes, then put the codfish on top of the potatoes and cook until the potatoes are done. Drain thoroughly and mash the potatoes and fish together. Add the beaten egg, butter and pepper and beat the mixture together three minutes with a fork. Cut the pork into dice and fry out in an iron frying-pan. Pour in the hash spread evenly, and cook until golden-brown underneath. Fold like an omelet and serve with tomato catsup.

Rice Griddle-Cakes

Take one-half cup rice and boil; when cooked mix with four cups milk, the yolks of four eggs and two cups flour sifted with two teaspoons baking powder and a little salt; beat whites of eggs to a froth and add last. Bake on a griddle.

(Continued on page 14)

Stomach Distress!



Mrs. P. Sargent

TORONTO, ONT.—
 “Dr. Pierce’s Golden Medical Discovery is the very best medicine any one can take for stomach trouble and to build up the blood when it becomes thin and impoverished. I suffered all the time from stomach trouble. My food did not digest properly, would set heavy on my stomach, causing me to suffer great distress, and did no good. My blood was impoverished, I did not have enough. But after taking Pierce’s Golden Medical Discovery my condition was good and my trouble was at an end so far as my stomach and blood concerned. The food I ate nourished my blood and soon my blood was in a good healthy condition.”—MRS. PETER SARGENT, 39 Cornwall St.

Bad Blood!

Unhealthy blood makes an unhealthy body. Weakens every organ. Paves the way for disease. Don’t wait for a complete “breakdown.”

Dr. Pierce’s Golden Medical Discovery

enables the stomach to manufacture rich, red, health-giving blood. Pimples and eruptions are driven away. Every organ of the body is benefited.

BEGIN ITS USE TO-DAY!

All dealers. Tablets or Liquid.

Cooking Recipes—*Continued from page 12***Hamburg Steak in Potato Nests**

To three cups of hot mashed potatoes add one tablespoon of butter, two table-spoons of hot cream, the beaten yolks of two eggs and salt, pepper and onion-juice to taste. Beat until light and line buttered baking-dish, leaving a hollow in the centre. Fill with hot Hamburg steak, reheat in the oven; decorate with cooked or canned green peas, and serve.

Rye Bread

Make a sponge of one quart warm water, one tea-cup yeast thickened with rye flour; put in a warm place to rise over night. Scald one pint corn meal; when cool add it to the sponge. Add rye flour until thick enough to knead, but knead it but little; let rise, mould into loaves, place in deep pie-tins or small square pudding-pans, let rise, and bake; or thicken the sponge with rye flour, and proceed as above.

Spanish Ham

Method.—Soak the thin slices of ham in luke-warm water for an hour, or over night. Drain, wipe, and fry in a hot frying-pan until slightly browned. Remove to a hot serving-dish.

Sauce

Ingredients.—3 tablespoons vinegar, $1\frac{1}{2}$ teaspoons mustard, 1 teaspoon sugar, $\frac{1}{8}$ teaspoon paprika.

Method.—Mix the ingredients and add fat in the pan. When hot, pour over the meat and serve at once.

Hungarian Goulash

Cut two pounds round steak into squares. Brown in two tablespoons of butter, with minced onion. Cover with hot water, add chopped green pepper and sliced carrots. Simmer and cook slowly for one hour. When done, thicken with paste made of two tablespoons of flour and water.

Filled Cookies

Ingredients.—1 cup shortening ($\frac{1}{2}$ large $\frac{1}{2}$ butter), 1 cup sugar, 1 egg, $\frac{1}{2}$ cup milk, 1 spoon vanilla, $3\frac{1}{2}$ cups flour, 2 teaspoons cream of tartar, 1 teaspoon saleratus.

Method.—Cream the shortening, add egg and beat well, then add the milk and vanilla. Mix and sift the flour, cream of tartar and saleratus and add to the first mixture. Roll the cookies thin and put a small amount of filling between each pair of them.

Filling

Ingredients.—1 cup chopped raisins, $\frac{1}{2}$ cup sugar, $\frac{1}{2}$ cup water, 1 tablespoonful flour.

Method.—Mix all together thoroughly and cook until thick.

(Continued on page 16)

Girls! Your Health!



Mrs. Stanley Tozer

STRATFORD, ONT.—
 “Dr. Pierce’s Favorite Prescription is the best tonic and nervine that can be given to a young girl while growing into womanhood. When I got to the age where I began to develop, I was very backward. I became so nervous I could not sit still. I was not able to sleep, had severe pains thru my back and head. I was tired, weak and miserable. The lady who I was staying got me a bottle of Dr. Pierce’s Favorite Prescription, and by the time I had taken it I was feeling fine, my nerves were strong, I got strong, began to gain in weight and developed into womanhood naturally and never had any more trouble.”—MRS. STANLEY TOZER, 123 Railway Ave.

HAVE YOU A COUGH?

Whether from taking cold—or a chronic weakness—such as Bronchitis, nothing is as good as

Dr. Pierce’s Golden Medical Discovery

The “Medical Discovery” is also good for the blood—and a building up tonic as well as an alterative.

Ask your nearest dealer for Dr. Pierce’s Golden Medical Discovery, in tablet or liquid form.

*Write to Dr. Pierce’s Invalids’ Hotel
 in Buffalo, N.Y., if you wish
 free medical advice.*

Cooking Recipes—Continued from page 14

Grape-Nut Pudding

Ingredients.—1 quart milk, $1\frac{1}{4}$ cups grape-nuts, 6 tablespoons sugar, pinch of salt, 2 eggs.

Method.—Scald the milk and add the grape-nuts. Let it soak until cool. Then add sugar and the yolks of eggs well-beaten. Beat the whites of eggs and fold in. Bake one hour in a slow oven. Serve with cream.

Whipped Cream Gelatine

Ingredients.—1 teaspoon plain gelatine, 1 cup milk, $\frac{1}{2}$ teaspoon vanilla, 2-3 cup sugar, pinch of salt, $\frac{1}{2}$ pint cream.

Method.—Put the milk in a double boiler, stir in the gelatine and scald until the gelatine is dissolved. Remove from the fire and add the sugar, salt and flavoring. Whip the cream until stiff and dry, and fold into the gelatine when it has started to thicken. Serve ice-cold.

Cottage Pudding

Ingredients.— $\frac{1}{4}$ cupful butter, 2-3 cupful sugar, 1 egg, 1 cupful milk, $2\frac{1}{4}$ cupfuls flour, 4 teaspoonfuls baking powder, $\frac{1}{2}$ teaspoonful salt.

Method.—Cream the butter, add sugar gradually, and egg well beaten; mix and sift flour, baking powder, and salt; add alternately with milk to first mixture; turn into buttered cake pan; bake thirty-five minutes. Serve with vanilla or hard sauce.

Chocolate Pie (with Meringue Toppin

Ingredients.—1 baked pie shell, 1 cupful milk, $\frac{1}{4}$ teaspoonful salt, $1\frac{1}{2}$ squares bitter chocolate, 1 teaspoonful vanilla, 2 tablespoonfuls flour, 1 cupful milk, 2 eggs separated, $\frac{1}{2}$ cupful sugar.

Method.—Mix flour, sugar, and salt. Separate eggs. Beat the egg yolks until light and add to above mixture. Scald milk in a double boiler, add chocolate melted, then egg mixture. Cook until thick, remove and add vanilla. Fill into the baked pie shell. Cover with meringue as above.

Cocoanut Cream Pie

Ingredients.—1 baked pie shell, $\frac{1}{8}$ cup sugar, $\frac{1}{2}$ cupful flour, $\frac{1}{8}$ teaspoonful salt, 2 tablespoonfuls powdered sugar, 2 eggs, 2 cups scalded milk, 1 teaspoonful vanilla, $\frac{1}{2}$ teaspoonful lemon extract, 1 cupful cocoanut shredded.

Method.—Add cocoanut to milk; mix with sugar and salt. Separate eggs; add beaten yolks to dry ingredients. Pour hot milk on mixture. Return to double boiler; cook five minutes, stirring until thickened. Add flour. Pour into pie shell. Cover with meringue made from beaten egg whites and powdered sugar. Place in slow oven to brown.

Apple Sauce

Method.—Pick over and wash dried apples; soak over night in cold water to cover; cook until soft; sweeten, and flavor with lemon juice.

Middle-Aged Woman!



Mrs. M. Kirkley

OTTAWA (WEST-BORO) ONT.—“After the age of forty I lost my energy. I was always tired, morbid and quiet, in fact entirely different from what I had formerly been. I became weak, pale and listless and would have to lie down in the day-time. A friend told me Dr. Pierce's Favorite Prescription had done wonders for her, so I consented to try it.

I was tired of spending useless money. After taking the medicine a few days I no longer had to lie down. By the time the bottle was half finished I had lustre in my eyes, and a healthy bloom to my cheeks. Today I can do a day's work with anyone of my age and accomplish far more than many of my friends.”—MRS. MARGARET M. KIRKLEY, Strathcona Ave.

Danger Ahead!

Irritability, nervous exhaustion, backaches, fainting spells, depression and other distressing symptoms indicate present weaknesses, which in time might develop chronic conditions. Don't run the terrible risk of being an invalid. Bring to your aid

Dr. Pierce's FAVORITE PRESCRIPTION

(In Tablet or Liquid Form)

It regulates and strengthens. It restores youthful looks and youthful feelings, youthful ambitions and youthful joys. All dealers.

Write for free medical advice to Dr. Pierce's Invalids' Hotel, Buffalo, N.Y.

Home Made Candies

Candied Pop-Corn

Put into an iron kettle one tablespoon butter, three tablespoons water, one cup white pulverized sugar. Boil until ready to candy, then throw in three quarts of popped corn. Stir briskly till candy is evenly distributed over corn. Take kettle from fire, stir until cooled a little and each grain is separate and crystallized with sugar, taking care that corn does not burn. Nuts of any kind may be prepared in same way.

Chocolate Walnut Fudge

Ingredients.—3 cups sugar, 1 cup milk, 3 tablespoons cocoa, or 2 squares chocolate, 1 tablespoon butter, 1 tablespoon marshmallow, 1 cup walnut meats, $\frac{1}{2}$ teaspoon vanilla.

Method.—Put the sugar, milk, chocolate and butter into a sauce-pan and boil until a soft ball forms when dropped into cold water. After removing from the fire, add the marshmallow, and beat it until it begins to stiffen. Then add the walnut meats and the vanilla. Put in a pan to cool.

Stuffed Dates

Method.—Make a cut the entire length of the dates and remove the stones. They can be filled with peanuts, castana nuts, walnuts, blanched almonds or with fondant. Shape in original form and roll in granulated sugar.

Butter Scotch

Melt one pound brown sugar in pan with water, and when dissolved add one-quarter pound butter beaten to a cream and keep constantly stirred. Flavor with ground ginger.

Cream Walnuts

Dissolve one pound powdered sugar in one-half cup water; boil five minutes and cool slowly keeping constantly stirred; flavor when cold, not stiff enough to handle, work in a little more sugar; roll into small balls, press half an English walnut on each side and drop into granulated sugar.

Maple Cream

3 cups brown sugar, 3 tablespoons corn syrup, two-thirds cup of milk, 2 tablespoons butter, 1 cup chopped nuts, $\frac{1}{2}$ teaspoon vanilla.

Boil sugar, milk and butter until soft ball can be formed when tried in cold water. Remove from fire, cool slightly and add syrup and vanilla. Beat until creamy. Add nuts. Pour on buttered dish and allow to cool.

Peanut Brittle

2 cups white sugar; 1 quart unshelled peanuts. Shell peanuts and chop. Put sugar in frying pan and heat, stirring constantly until melted to a syrup. Add peanuts and mix. Roll to desired thickness and cut in squares.

THE BABY



June Campbell

HAMILTON, ONT.—
“Before the arrival of my last baby I was all rundown in health in every way, was nervous, suffered from nausea, and grew so weak I could not do my work. I was feeling miserable when, thru the advice of a friend, I started to take Dr. Pierce's Favorite Prescription, and after that I got along very well indeed. It relieved me of the sick stomach, strengthened my nerves, I grew stronger in every way

and my suffering was much less than at any previous time. My baby was fine and healthy, too. ‘Favorite Prescription’ helps a woman in every way, even mentally.”—MRS. GEORGE CAMPBELL, 82 Poulette St.

Write Dr. Pierce, Buffalo, N.Y., for free medical advice.

A Mother's Dread

A baby and its mother are insured against ill health if the mother takes Doctor Pierce's Favorite Prescription. This is a vegetable tonic made of native medicinal roots, which puts the system into perfect, healthy action. All dealers have it in liquid or tablet form.

Many mothers of families in the United States and Canada have reason to be grateful to the person who recommended Dr. Pierce's Favorite Prescription. One woman says:

ST. CATHARINES, ONT.—“Before my oldest child came I was beginning to get rundown, nervous and weak. I was advised to take the ‘Favorite Prescription’ and after I began using it I got along just splendid—kept so well and strong that I hardly realized my condition. I was able to do all my own work and did not suffer like most women do. I had comparatively no suffering and my baby was strong and healthy and has always been robust.”—MRS. SIDNEY WOOD, 174 Welland Ave.

Beverages for the Home

Tea—Put into a tea-steepers a very little boiling water, and into the water one teaspoon tea for each person. Pour over tea boiling water until steeper is about half full; cover tightly and set aside to draw, but do not let boil. After standing not to exceed ten minutes pour into tea urn, adding boiling water in the proportion of one cup water to each teaspoon tea that was put into steeper, and serve. A pot of boiling water should be on the table to weaken the tea, if desired.

Coffee—The quantity of coffee to be used must be governed by individual taste, but as a general rule one tablespoon to each cup of coffee will give satisfactory results. Pour on the water boiling hot, adding the white of one egg and crushed shell; stir well together; set aside for a moment and throw in a little cold water to drive the grounds to the bottom. In five minutes it will be clear. Coffee should not be allowed to boil else the aroma will be lost.

French Coffee—Six cups water to one cup ground coffee. Put coffee into bowl; pour over it one cup cold water and let stand fifteen minutes; bring remaining water to a boil. Take coffee in bowl, strain through fine sieve, then take French coffee-pot, put coffee grounds in strainer at top of French pot, leaving water in bowl. Then take boiling water and pour over coffee very slowly. Then set coffee-pot on stove five

minutes; **must not boil**. Take off and pour in cold water from bowl that coffee was first soaked in to settle. Serve in another pot. The French, who have the reputation of making the best coffee, use three parts Java, one part Mocha.

Chocolate—Dissolve three tablespoons scraped chocolate, or equal parts of chocolate and cocoa, in two cups boiling water and let stand fifteen minutes; add two cups milk; bring to a boil and serve hot.

Currant Wine—One quart currant juice, three pounds sugar, with sufficient water added to make a gallon.

Strawberry Wine—To juice of three quarts of strawberries, mashed and strained, add one half the quantity of red currant juice. Put each quart of fruit juice one quart of water and one pound sugar. Ferment in a clean, sweet cask, leaving the bung out; when fermentation has finished, put into bottles and cork for use. A very pleasant wine for invalids and also for cooking purposes.

Blackberry Cordial—Secure ripe berries; wash; to each gallon of juice add one quart boiling water; let stand twenty-four hours, stirring a few times; strain and add two pounds sugar to each gallon of liquid; put into jugs and cork tightly. It may be used in two months.

(Continued on page 22)

THE STORY OF A HOUSEHOLD



Evening always found Mrs. A. nervous and irritable although there wasn't actually much housework to be done in her small apartment. But she complained that every time she bent over her kitchen table the same old pain in her back seized her, so that it was real agony for her to attend to the simplest household duties. It didn't seem right to be so completely worn when her work was done, and she knew something was wrong. A consultation with a physician solved the problem. Mrs. A. had been suffering from kidney trouble for a long time, just as are many people who suspect it no more than she did. Just a little disorder that could have been overcome long ago was being allowed to develop through ignorance and neglect and was ruining her health.

The treatment was simple and one that the nearest drug store provided. **Dr. Pierce's Anuric** lets proved to be the remedy that put Mrs. A. on her feet again and brought her old gy. How sorry she was that she hadn't thought of it long ago! She recommends "**Anuric**" lets to all her friends now.

*Send 10c. to Dr. Pierce's Laboratory in Bridgeburg, Ont.
for trial package.*

Beverages for the Home—Continued from page 20

Iced Coffee—Make one quart of extra strong coffee and let it get cold; beat two eggs very light, stir into them two cups milk and four tablespoons cream; sweeten to taste, and stand in the refrigerator five or six hours. Serve with a lump of ice in the pitcher. If no refrigerator is at hand the pitcher can be set for one hour in a pail of ice and salt (two-thirds ice to one-third salt); take care that it does not freeze. Iced tea can be cooled the same way.

Grape Water—Squeeze four pounds grapes through a coarse cloth, and add one-quarter cup of white sugar and one pint water to the juice. Serve with crushed ice in the glass.

Cafe Noir—This is a French term meaning literally "black coffee." It can be made like other coffee, but very strong, using twice as much coffee (two tablespoons) for each cup of water. It is served in small cups with sugar but no milk or cream is served with it.

Cafe au Lait—This is a French term meaning "coffee and milk." It is simply very strong coffee, to which is added a large proportion of good hot milk—half and half being the proportions. Sweeten to taste.

Vienna Coffee—This consists simply in adding to each cup of coffee three tablespoons of whipped cream. Equal parts of whipped cream and beaten white of egg are sometimes used.

Iced Cocoa—Make the cocoa in the usual way, and for each two cups beat in one-half whipped cream; sweeten to taste, let stand until cold, and serve in glasses containing a lump of ice.

Chocolate—Put four ounces of chocolate in a farina boiler, stand it over the fire to melt; When melted, add one quart of new milk slightly warmed, and two tablespoons of sugar. Cook in the farina boiler and boil five minutes, then, with a whip churn or an egg beater, beat the chocolate until smooth and creamy. Serve with whipped cream.

Beef Tea—Mince one pound good lean beef and put into jar with one cup cold water; cover closely and set in boiler or steamer to cook until will require three or four hours. Strain and season.

Orangeade—(1) In one cup boiling water fuse the thin yellow rind of two oranges; the three-quarters cup of sugar and the juice of two oranges; ice before serving. (2) Take one pound and four oranges, slice crosswise, put in an earthen jug, add four cups boiling water, let stand one hour, covered; then pour off the juice before serving.

Pineapple Beverage—Take one pineapple, peel, slice and pound to a pulp. Take two cups water, add three-quarters pound sugar, skim and pour it hot on the pineapple pulp, add the juice of a lemon, and let stand two hours.

(Continued on page 24)

For Nervous Women!



s. Percy Chapman

TORONTO, ONT.—“I know of nothing better as a tonic and nerveine than Dr. Pierce's Favorite Prescription and I can highly recommend it as such. I had become in a run-down state of health, my nerves gave way and I could not sleep. I grew very weak and my back ached severely. But after taking just a few bottles of Dr. Pierce's Favorite Prescription I was feeling excellent, my back aches disappeared, my nerves

in splendid condition and my general health improved in every way. There could be nothing better for the ailing woman than Dr. Pierce's Favorite Prescription.”—MRS. JESSIE CHAPMAN, 12 Frichot St.

Write Dr. Pierce, President Invalids' Hotel, Buffalo, N.Y., for free medical advice, no matter what your ailment may be. Send 10c. You desire a trial package of Favorite Prescription Tablets.

Dr. Pierce's Purifying and Strengthening Lotion Tablets

One of these Tablets crushed and dissolved in a pint of hot water makes a powerfully antiseptic, deodorizing and cleansing lotion, or wash. This wash is also astringent and tonic, or strengthening, in its effects upon the tissues of the parts to which it is applied.

Most dealers in medicine have Dr. Pierce's Lotion Tablets in stock, but if you have any trouble in obtaining them, just send 35 cents to the undersigned and a box will be promptly mailed to you, post-paid.

*World's Dispensary Medical
Association
Bridgeburg, Ont.*

Beverages for the Home—Continued from page 22

Beef Essence—Put one pound lean beef, minced fine, into jar, without any water whatever; cover jar tightly and set in a pot or kettle of cold water, bringing water slowly to a boil and allowing jar containing meat to so remain simmering until juice of meat is all extracted and fibre becomes colorless. Season to taste and skim when cold.

Apple Water—Take tart apples, quarter and core; add half their weight of sugar, cover with water, and simmer till tender; strain through a jelly bag and cool, add a little lemon juice. Put pounded ice in the glass when you drink it.

Ginger Punch—Chop one-half pound of Canton Ginger, add one cup of sugar and one quart of cold water, boil for fifteen minutes; add one-half cup each of orange and lemon juice, cool, strain, and cool with crushed ice.

Cider Punch—Mix one quart of cider and three-quarters of a cup of lemon juice and sweeten to taste. Strain into bowl over ice. Before serving, add one quart of soda water.

Card Punch—To two pints of ginger ale add one pint of grape juice. Fill glasses half full of crushed ice and fill with mixture.

Have you tried Dr. Pierce's Pleasant Pellets for the Stomach, Liver and Bowels? They're easy to carry and very pleasant to take.

Dr. Pierce's Favorite Prescription

is a medicine for women, the ingredients of which are printed on bottle wrapper. Every ingredient the strongest endorsement of eminent medical writers, recommending it the diseases for which "**Favorite Prescription**" is advised. It is sold through druggists, and *does not contain* a single drop of alcohol, so harmful in long run, especially to delicate women. It has thousands of genuine cures, its credit having saved many, many sufferers from the operating table and the surgeon's knife. It has restored delicate, weak women to strong, vigorous health and vitality, thereby making happy many thousands of homes.

Young Mothers!



Mrs. J. Curto

HAMILTON, ONT.—

"Before the arrival of my little boy my health was very poor, my back hurt and my nerves were so upset I could not sleep. I grew very weak and miserable and suffered from morning sickness. Finally I saw Dr. Pierce's Favorite Prescription in the drug store where I trade, so I decided to try it, and it did me a world of good. It relieved me of all distress in my back, built me up in strength and my nerves did not give me any more trouble. I got fine the remainder of the time and I had a strong, healthy baby. In addition to keeping a woman healthy and strong it relieves her of mental strain."—MRS. JOSEPH CURTO, Day St., North.

Watch the Kidneys Before and After Childbirth

During the period of pregnancy the kidneys have double work to do, which is apt to strain and weaken them so that they break down and fail to keep up their work of filtering the uric poisons out of the blood-stream. This condition, unless looked after promptly, may kill the baby before birth and ruin the mother's health, too.

The expectant mother should have her urine examined every two weeks. This should be done by the attending physician, or send sample to Dr. Pierce's Invalids' Hotel, Buffalo, N.Y., for analysis. On receipt of twenty cents we will send you a mailing case in which to forward sample to us for analysis.

For toning up weakened kidneys, Dr. Pierce's Anuric Tablets provide effective treatment, and a bottle should be kept in the house and should be used for a time after baby has come to keep the blood free from poisonous matter that might affect the little one during the nursing period.

"Anuric" can now be had from nearly all medicine dealers, but if you have any trouble in procuring it, send sixty-five cents to Dr. Pierce's Laboratory in Bridgeburg, Ont.

Kitchen Pointers

The gills of fresh fish are red and the eyes clear.

Try adding a pinch of salt to your cream before whipping.

In making gravy from meat, thin with the water that the vegetable has been cooked in. This gives the gravy a better flavor.

To cook vegetables quickly, add a pinch of bicarbonate of soda to the boiling water.

A small spoonful of cornstarch will greatly improve the texture and flavor of your fudge.

In roasting or boiling meat, use a spoon for turning as a fork pricks it and allows the juices to escape.

To keep berries. Dump from the box into a plate or dish where the air can circulate through them.

A teaspoon of vinegar added to your cake icing will prevent it from becoming too sugary.

To keep jar tops from sticking, rub a little melted wax on the inside screw top cover. When ready to open, simply pour hot water over the top to melt the wax.

Dip an onion for a moment in boiling water, begin at the root and peel upward. You can peel and slice in this way without weeping.

To prevent roasting meat from scorching, place a dish of water in the oven.

To remove the odor of fish or onions from a frying-pan, put in vinegar, heat to the boiling point, then wash out.

Try this breakfast food. Take your bread and toast it in the oven until thoroughly brown. Grind in food chopper using a coarse knife. Serve with cream and sugar.

In cleaning greens, add a handful of salt to the second water. This will make all the dirt sink to the bottom of the pan. Another rinse will make them thoroughly clean.

To keep dumplings light, prick open when taken from the kettle.

To keep raisins from going to the bottom of your cake, roll in butter before stirring into the batter.

Try this way of cooking peas. Wash, throw out the poor ones, don't shell. Throw pods all into a kettle of boiling water. When the peas sink to the bottom and the pods rise to the surface they are sufficiently cooked. Skin the pods and serve the peas as though cooked the ordinary way.

A few slices of raw potato put into soup is too salty and boiled for a few minutes freshen the soup and make it palatable.

(Continued on page 28)

PILES (Hemorrhoids)

There are few maladies more common than this, and few which are more annoying. Piles consist of tumors formed within the rectum and about the anus, by dilatation of the hemorrhoidal veins and thickening of their walls. Sometimes, when attended by considerable inflammation, or even the attacks are very frequent, there is thickening of the adjacent cellular and mucous tissues.

Symptoms. The most common symptoms at first are slight uneasiness, such as a little soreness or itching at the verge of the anus, and at times lancinating pains. These sensations are more severe as a rule if the bowels are constipated. If the piles are external they frequently become inflamed, swollen and painful. The affected parts should be frequently bathed with cold water, and, if prolapsus exists, it is well to inject a little cool water into the rectum, and allow it to remain a few minutes. As a soothing, astringent and healing application to the affected parts we prepare Doctor Pierce's Anodyne Pile Ointment that has acquired great fame for the prompt relief which it affords in all ordinary cases. Sold by druggists or mailed direct from Dr. Pierce's Laboratory in Newburgh, Ont., on receipt of price, 65 cents per large box.

A SUCCESSFUL METHOD

Most cases of Hemorrhoids not amenable to medicine are successfully treated at Doctor Pierce's Invalids' Hotel by a method which requires no surgery, and which causes the tumors to shrivel up and disappear within a short time. Occasionally an operation is required, though this is rarely the case. All treatments are carried out in the most painless manner and in a way that meets with universal success.

It costs you nothing to consult Dr. Pierce by letter—why not write?

Kitchen Pointers—*Continued from page 26*

To keep bread or cake moist, place a piece of apple in the box with it.

Take your meat out of the paper before putting it into the ice-box, as paper tends to absorb the juices.

For light fruit pies, put the sugar in when the pie tin is half full. Your pastry will not be so heavy.

To avoid lumps in your gravy, mix your salt and flour before wetting.

Try the juice of a lemon in a pan of water for freshening vegetables.

Use left-over sandwiches. Make a batter exactly like you use for pancakes. Dip each sandwich into it and fry to a golden brown in fat. Serve hot.

That Kidney Trouble—Take It in Time!

ST. CATHARINES, ONT.—“Any one in need of a kidney medicine will find Dr. Pierce's Anuric Tablets the very best. I was having quite some trouble with my kidneys, they would become congested and inactive and my back would ache just where the kidneys are located. But, after taking the 'Anuric Tablets' for a time my kidneys became active and normal and the distress in my back disappeared.”—MRS. A. McFARLANE, 11 Alexandra Street.

Send ten cents to Dr. Pierce's Laboratory in Bridgeburg, Ont., for a trial package.

Fortune Told by Tea Leaves

When the grounds are all bunched together the cup you might expect good fortune. If they are scattered, then the effect will be the reverse.

Should the leaves take the shape of sticks, they stand for people. If the sticks are crossed, look for enemies; if straight up, you will make good friends.

Sticks with a little gathering of grounds, mean bad news, and a long line of grounds, if unbroken, foretells a journey which you must make by water.

Three small dots in a row near the top of the cup stand for a wish which will soon be realized.

If a small speck is seen near the top of the cup, a letter is coming, or if a large speck, a letter which will contain a photograph.

A large ring of grounds, indicates an offer of marriage to an unmarried woman. If married, it means coming good fortune.

A HAPPY MOTHER

MAGNETAWAN, ONT.—“I have taken Dr. Pierce's Favorite Prescription and was greatly benefited by the use of it. My baby weighed eleven and a half pounds when born. I think this Prescription is the best remedy on the market and I hope it will help other poor women the same as it did me. I can't say enough for the good work Dr. Pierce is doing.”—MRS. EDWARD JONES.

Write Dr. Pierce, President, Invalids' Home, Buffalo, N.Y., for free medical advice.

Why That Aching Back?

Have you a lame, aching back which keeps you worried, and wondering what causes it? Do you suffer stabbing twinges of pain there, headaches, indigestion and bladder irregularities? Are you nervous, dispirited, tired and unable to keep going? Don't you know that these ills are often due to faulty kidney action? The kidneys are blood filters. Once unable to perform their function the blood is apt to become overladen with toxins, or body-poisons, and the whole human machinery is out of kilter." If you have any cause to suspect your kidneys, don't go to your neighborhood drug store and ask for Dr. Pierce's Anuric Tablets, a stimulant diuretic to the kidneys. Thousands have been and are being benefited—why not you? "Anuric" stimulates the kidneys and assists them to normal elimination. Both men and women endorse this remedy. Mrs. H. Gough of 52 Page Street, Catharines, Ont., says:—"I always had trouble with my back and suffered from backache and I found Dr. Pierce's Anuric Tablets to give me the greatest relief of any medicine I have ever

They strengthened my kidneys, made them function normally, and rid me of backache. Anuric is the most reliable of anything I have ever taken for the kidneys."



if you feel the need of medical advice, write Dr. Pierce, the maker of this successful remedy, and President of the Invalids' Hotel in Buffalo, N.Y.

Advice will be given without charge.

The Blood Seen under Microscope in Anemia



AFTER an attack of the grippe or pneumonia, even a hard cold, the blood is left thin, watery and one is said to be anemic. This is also often true of young girls. Instead of the blood cells being round, they become irregular, as in "B." When you feel weak, nervous, or the skin breaks out in pimples, or eruptions, and you feel "blue" and without snap or energy, have cold, clammy hands, there is usually a large decrease in the red or white blood corpuscles and you should build up with some good blood builder and tonic.

You can put iron in your blood and the cells become round and red, losing the irregular shape by taking a good iron tonic, called "**Ironitic**," put up by Dr. Pierce and sold by most dealers. If your druggist does not have it, send sixty-five cents to Dr. Pierce's Laboratory in Bridgeburg, Ont. The "**Ironitic**" (iron-tonic) is compounded of soluble iron

and herbal extracts. With this you gain in vim, vigor and vitality. Instead of having pale cheeks, being tired and worn-out before the day is half done, after taking "**Ironitic**" your cheeks will have color, you will feel strong and vigorous, ready for work.

Or if you want a good alternative and herbal tonic, such a one can be obtained at any drug store favorably known for many years as **Dr. Pierce's Golden Medical Discovery**. Put up in both liquid and tablet form.



Invalids' Hotel and Surgical Institute in the heart of Buffalo, N.Y.

foresight of Doctor R. V. Pierce led him to the city of Buffalo as the place for the location of his Family medicines and the site of the Invalids' Hotel.

The site selected by Doctor Pierce is, at the present day, well within the business heart of

Buffalo and is easily reached from all depots and by boat.

Buffalo is called the Queen City of the Lakes. Here Lake Erie empties into the historic Niagara River which carries on her bosom, swiftly flowing onward, the waters of the Great Lakes, Superior, Huron, Michigan and Erie, plunging twenty-two miles below over the great Falls of Niagara, then through the lower rapids and whirlpool to emerge at Lewiston into the deep flowing Niagara from whence steamboats convey tourists across Lake Ontario to Toronto, a delightful ride.

Twelve physicians comprise the Faculty of the Invalids' Hotel, each a specialist in his particular field.

Chronic diseases and the diseases of women were the first classes of disorders of which the founder of this institution made a special study. Certain members of the medical and surgical staff are today devoting their entire time to the investigation and treatment of the former. These disorders

are intricate and interesting and a general consultation is often necessary before a diagnosis can be made upon which to base a successful treatment.

Nine out of ten women are troubled more or less with disorders peculiar to their sex. Careful

attention and treatment are always considerably given them. Conscientious advice is a valuable adjunct to appropriate treatment. Such conditions as may be susceptible to medicines are soon cured or improved.

The success of our surgeons in operative cases has brought to us hundreds of testimonials of which we are very proud. Tumors, especially, are successfully removed and abdominal exploratory operations have been universally satisfactory.

Send for our free booklet which describes the Invalids' Hotel and gives all particulars of our work here. Photogravures of the physicians and surgeons of our medical staff will be found therein.

Dr. Pierce has established a bureau of correspondence to which any one may write for medical advice and, if necessary, medicines especially prepared in Dr. Pierce's Laboratory will be sent by parcel post or express for use at home, at a reasonable cost. Thus, those who have symptoms of disease need not suffer mental anguish, fearing that they have some serious ailment, but can have a diagnosis made free by a physician of high professional standing.

Write the Faculty, Dr. Pierce's Invalids' Hotel, 665 Main Street, Buffalo, N.Y., relating your symptoms if you need medical advice for any chronic disease. All letters are regarded as confidential.

UROLOGY OR DISEASES OF THE KIDNEYS

Scarcely any branch of medical work demands more skill and experience than the treatment of the diseases of the urinary organs. Recognizing these facts, we have associated with us physicians who have devoted years to the consideration of every phase of the various diseases of the urinary organs, and who, by their expertness as diagnosticians and skilfulness as practitioners, have been enabled to perfect methods of treatment which give results to their patients. We have also established a laboratory upon which we originally spared no expense in furnishing with the latest and best instruments of precision in chemical and microscopical research, and in which we now neglect no opportunity to employ every new apparatus that may prove of value in widening its scope. In fact, it is thoroughly modern in its equipment and equal to meet any requirements the latest discoveries in analytical work of this nature may demand.

A special question blank designed for kidney sufferers in describing the symptoms will be forwarded to you on request.

DR. PIERCE'S FAMILY MEDICINES

The following medicines cannot be obtained from your nearest dealer in medicines, they will be sent by mail from the Laboratory of the World's Dispensary, Bridgeburg, Ont., on receipt of price.

**DR. PIERCE'S GOLDEN MEDICAL DIS-
TILLERY** is an alternative and vegetable tonic.
Contains no alcohol. Tablets, small size, 65
cents; large size, \$1.35. Liquid, \$1.35.

**DR. PIERCE'S FAVORITE PRESCRIP-
TION** is an herbal tonic for the chronic weak-
ness of women. Contains no alcohol, nor any
poisonous ingredient. Tablets, small size, 65
cents; large size, \$1.35. Liquid, \$1.35.

DR. PIERCE'S ANURIC TABLETS. A
Remedy for Kidney, Bladder and Uric-
acid Troubles. Price, 65 cents; large size, \$1.35.
You will receive at least one-quarter more
medicine for \$1.35 than you did previous to 1923.
We have since enlarged the bottles and con-
tents of above medicines, both liquid and tablets.

**DR. PIERCE'S IRONIC (iron-tonic) TAB-
LETS** make Redder Blood. Price, 65 cents.

DR. PIERCE'S PLEASANT PELLETS for
Cough, Liver and Bowels. Price, 30 cents.

DR. PIERCE'S LOTION TABLETS,
When dissolved in hot water, make a
fully antiseptic, deodorizing and cleansing
wash. Price, 65 cents.

**DR. PIERCE'S HEALING SUPPOSITOR-
IALS** Irritation, Congestion and Inflamma-

tion, and tend to produce a tonic and strengthen-
ing effect. Price, 65 cents.

DR. PIERCE'S MEDICATED TAMPONS
as a healing application are better than the
ordinary caustic applications generally employed
by physicians, and can be easily applied by the
patient herself. Price, \$1.35 per box.

DR. PIERCE'S SMART-WEED may be
taken *internally* for "Cramps," Diarrhea, Colic,
Pain in the Stomach. Price, small bottle, 35
cents; large size, 65 cents.

DR. PIERCE'S COUGH SYRUP for Coughs,
Colds, Hoarseness, Bronchial Coughs and Non-
diphtheritic Sore Throat. Price, 35 cents.

DR. PIERCE'S HEALING SALVE is a
superior dressing for open, running, or suppurat-
ing sores or ulcers. Price, 65 cents.

**DR. PIERCE'S AMMONIO-CAMPHOR-
ATED LINIMENT** is for relief of pains asso-
ciated with sprains and muscular stiffness.
Price, 65 cents.

DR. PIERCE'S (MENTHA) SOOTHALINE
is especially recommended for Sunburn, Chil-
blains, tired, burning, aching feet, chapped skin.
Applied after shaving " (Mentha) Soothaline " is
very cooling and healing. Price, 65 cents.

The Women the Men Admire

THOUSANDS of women are daily asking themselves, "How can I make myself the envy of my sisters and the centre of attraction to the men?"

Many women on every hand, and quite probably your neighbor, will tell you that they regained youthful vitality and the appearance of youth by taking **Dr. Pierce's Favorite Prescription**, which is sold in both fluid and tablet form by every good druggist in Canada. Many women after they are thirty years of age begin to lose their freshness and charm.

A woman may complain of headaches, pains in the back and lower limbs, is nervous and irritable and this is the time she must heed the warning and advise with some one like the Medical Staff of Dr. Pierce's Invalids' Hotel at Buffalo, N.Y.

Confidential advice by letter will be given free of charge and many women have been thankful for getting early advice as to what to do to keep attractive. A beautiful skin, sparkling eyes, vigor and vivacity follow when the woman takes a course of treatment with



DR. PIERCE'S FAVORITE PRESCRIPTION