

A First Study in
Practical Colour
Psychology.

BY

REV. WILLIAM HEALD
(*Discoverer of Chromoscopy*).



LONDON:
ARTHUR H. STOCKWELL, LTD.,
29, LUDGATE HILL E.C. 4

DEDICATED

TO THE MEMORY OF

The Rev. THOMAS MACKERETH, F.R.A.S.,

WITH AFFECTIONATE REMEMBRANCES
AND KINDLY THANKS FOR INTRO-
DUCING THE AUTHOR TO THE HIGHEST
AND TRUEST PRACTICAL PSYCHOLOGY
HE KNOWS.

PREFACE.

IN response to hundreds of letter-requests from all parts of the civilised world, and desires expressed at the close of my lectures given in England, Scotland, Ireland and Wales on "Practical Colour Psychology," I am presenting herein some simple, brief, but practical studies that I am sure will not only be found interestingly fascinating, but practically helpful.

WILLIAM HEALD.

Dividee FABIAN HALL TUESDAY EVENING CLASSES,

7.20 to 8.20; 8.30 to 9.30 promptly.

FEES:—6d each Class; the Two Classes, 10d.

Prepaid:—12 Classes, 4/6. 24 Classes, 7/6.

INTRODUCTION.

A VERY large percentage of over 200,000 experiments during the past thirty years, carried out through the post and by personal interview, having proved wonderfully accurate, I have arrived at the conclusion that individuals have what I call *Quite Personal Colours*, and because hereditary and other differences exist between the lives of any two persons taken together, the Personal Colours of each are never exactly alike. This conclusion has been proved to the hilt by thousands of practical demonstrations, covering a period of a quarter of a century.

It was interesting to me, and will be to my many pupils, to read, in *Answers*, page ten, May 5th, 1928, the short article on "What's your Colour?" Note the concluding sentence.

"Colours have a tremendous effect on us. Some help, some irritate, some may even have the effect of poison. Search out your

right Colour, and surround yourself with it. You'll feel the benefit."

But how are people to "search out the right colour"?

All cannot go to have the "pulse-tests" to find out what Colour is "hostile" or what Colour is "friendly." It is suggested "To find out your own Colour, recall clothes you have liked. Over a series, your Colour will emerge."

In this suggested test it would be necessary also to recall somewhat the conditions as to health or ailment at the different times.

For instance, if a person has red hair, a ruddy countenance, or is feverish, excitable, or the system should be in an inflammatory condition, Red must not be worn, and better to leave it altogether out of the environment.

Those who have the nervous condition already very active, and are irritable, must avoid the use of Yellow of a lemon, or canary colour absolutely. On the other hand, if the nerves need stimulating or roused into activity, then Yellow is a good Colour, and Dr.

Babbitt adds, "combined with the Red principle it acts as a stimulus of the blood."

The same writer quotes:—"Green is a quieting Colour, if not too Green. A dark Green is like a dark Blue—it seems to lose its calmative power."

If the nerves are at all "on the jingle," should Green be used it must not have a suggestion of Yellow in it.

In the case of children when ill from teething, or from fever, they may be soothed by having about them Pale Blue or Light Grey. Even such flowers as "Forget-me-nots" may be placed that same may be looked at comfortably. Keep bright sunshine, the Red and Yellow rays, away from these little ones.

Dr. Babbit presented a principle worth noting when he wrote, "Substances combine in a harmonising union with those substances whose Colours form a chemical affinity with their own, and thus keep up the law of equilibrium, which is the safety of all things."
—*Principles of Light and Colour*, page 298.

One more suggestion is the need to consider

the physical condition as well as the liking of Colours. People who suffer from chronic rheumatism, gout, who are paralytic, constipated, or with tendencies towards consumption, should, in a general way, avoid all electrical colours, such as the varying shades of Blue, Indigo, Violet, and even Blue-Green. Dr. Babbitt states that "these are too cooling and constricting in such general cases."

My readers may see from above that minds have been long occupied with the subject of Colours influencing mankind to their happiness or detriment.

The system I am presenting under the title, "Practical Colour Psychology," does not confine itself to General Influences, but claims to bring in the Quite Personal Element, and may even indicate when a person suffering from a fever may wear Red with advantage, or when in "the fidgets" may surround himself with Oriental Yellow, and be soothed thereby, and yet might find Blue and Violet further irritating.

In this system the Colours given are not

put in or guessed at in haphazard fashion, but are scientifically deduced from a Definite Law of Colour which marvellously affects the Physical, the Mental, and the Psychic in man. This Law has been suggested as possible by Psychologists through all ages. I hold that, at one time, this Psychology of Colours, was a perfect system which, being abused, was subsequently rendered fragmentary. Hence the frequent but imperfectly formed suggestions we constantly meet with in literature which makes the Occult and the Psychic specialities. One writer quite recently declared a great truth in these words: "As the spirit delights in certain Colours, so it declares to the initiated its stage of development." I would add to this, that in the order certain Colours strike a man is declared to the initiated the past and present stages of development, and also the line of development that is being taken to the future.

THE QUITE PERSONAL COLOURS,

are arranged under what may be termed
Five Differentiated Influences, namely ;

Spiritual Colours, so-called, as they have
been proved to be best for all-round, general
purposes, enhancing the influences of the
other favourable Colours when associated
with them.

For the General Public these Colours are—
Blues, from Saxe to Royal and Bright Navy ;
Violet, in all its shades and tints ; Yellow ;
Pale Amber ; Light Gold and Cream.

The Reader's Quite Personal Spiritual
Colours may be written in here if desired by
applying to Author.

.....
.....
.....
.....

Healing and Protective Colours. These are Colours which act beneficially upon the Physical, the Mental, and the Psychic in man by means of Psychic Law. I have demonstrated repeatedly that worn next to skin, either as clothing or as ornament, the individual's Protective Colours have proved beneficial to health, aided freedom of thought, assuaged grief and counteracted depressions. Hence the rule, Protective Colours, Psychologically, affect for good the Individual. Success Colours, by Psychic Law, influence others to act favourably towards the individual judiciously using them.

These, generally, are : Lighter Greens, Lighter Reds, Pinky Tints, Orange, Deep Amber, Old Gold, Fawn, Champagne, Browns. Reader's Personal Protective Colours :—

.....

.....

.....

.....

Success or Lucky Colours. I have had many proofs that the Personal Success Colours worn in dress, etc., singly or in combination, affect others favourably towards the person or persons who wear them. Used as Tints in Stationery and Business Papers, in Advertising and for Exhibition purposes they have secured more satisfactory correspondence and successful results.

These Colours, generally, are :—Lighter Blues, White, Cream, Buff, Violet in its lighter tints, and the Middle Blues.

Reader's Personal Success Colours :—

.....

.....

.....

.....

Warning Colours will stand out prominently and with lengthened persistence before the mind's eye, and will also impress strongly if many colours are seen together when it is necessary for you to be most careful in your

Domestic Affairs, Business Transactions, and when you need to look well to health conditions of self or of loved ones.

Generally, when Dark Greens, Dark Greys, Black and an added ruddy-glow seems associated with them in the mind or thoughts, follow above advice closely.

Reader's Personal Warning Colours :—

.....

.....

.....

.....

Colours better to be avoided—Called Adverse or Danger Colours. These particular Colours you must never wear from choice. Where an approach to same has to be worn, do your utmost to introduce, at the least, one of the Protective Colours which will blend. One other point in connection with these Danger Colours ; have few dealings of any importance

with persons who strongly favour them in their choice of Colours.

Reader's Adverse Colours are :—

.....
.....
.....
.....

HOW TO PUT TO THE PRACTICAL
TEST THE COLOURS ALREADY
INDICATED.

In the year 1905 an article of mine appeared containing the following :—

“ It is no mere supposition that Colour Rays, Coloured Materials, and even Thought on Colour, affect both the Physical and the Mental Man. Colour Rays and Coloured Materials not only produce Diseases, but, fortunately, they are most effective also in the direction of Cure. It has often been a matter of wonder to me that the ‘ Faculty,’ as a body, has not encouraged its Members to experiment more with Colours. I am

more than convinced that Colour Ray Action is more effective than that of Drugs in coping with Disease. Expensive apparatus is not an absolute essential in the Experiments." Since then, these suggestions have become admitted facts.

There are, however, few accessories necessary to test the Utility of Practical Colour Psychology's Claims for the "Personal Colours," and practical application is within reach of all—rich and poor.

Simple Tests of the Influence of Colour on Health, etc. :—Secure 1, 2, or 3 silk squares, according to the Number of Different Protective Colours given, and in the case of a sore throat, a cold in the chest, tendency to bronchitis, or in fact any throat, lung, or chest affections, put, Thoroughly Heated, one of the silk squares in loose folds about the affected parts, and a decidedly beneficial effect will follow. Also inhale heat or sunshine through the material. Better to breathe rhythmically at the same time.

Again, in the case of a severe headache, or during a fit of mental depression, recline or

sit near a window through which is passing the strongest light ; throw one of the squares lightly over head and face, and the effect will be calmative and soothing. In similar cases at night, saturate one of the squares with pure cold water, tie loosely round the forehead and allow two ends to fall gently before the eyes. If so placed that neither of these applications are practicable, then glasses of different colours may be worn in alternation, or the ordinary light of a room or an office may be modified by the use of globes, shades, wallpapers, etc., in the suggested Colours. Blinds and curtains may also be brought easily into requisition. In short, the draperies of a room, the wallpapers, the paint about the house, covers of the furniture, the pictures, the ornaments, flowers, and other forms of decoration, and the very clothing worn are all material out of which good and bad health conditions may be variously secured.

A careful perusal of the "Personal Colours" in the light of these suggestions, and a few Test applications, will certainly give satisfaction. Some people Think Colour,

others Feel Colour, and a few do both. Particular Colours, thought and felt, run in Families of the same and of similar Names. Families who Think and Feel Yellow, for instance, are Refined, Musical, Artistic, and manifest many accomplishments. If any member, though, of such families be self-conscious and prides himself on his accomplishments, he will be found to be either a person who frequently suffers physically from Jaundice or he will be a most prejudiced person.

Children should be trained to Think and to Feel Colours that would be beneficial to them in life. Pernicious Heredity could be counteracted and Helpful Heredity encouraged by Colour Culture for the young. To Test Influence of Colours upon Business Success, and the usual activities of daily life, let the Colours indicated as Success appear suggestively and not obtrusively in attire, in the arrangements of Shop Window, in the packing of Goods for Show, in the Draperies, Decorations and Furniture of Reception Rooms, and in fact, about anything and

everything utilised for Business Purposes. All the foregoing Deductions are drawn from the Principle that Phenomena are only the Effects of Light. Let there be Light.

The purpose of the Studies which follow is to make the Reader acquainted with the Thirteen Colours used in "Practical Colour Psychology," as to their Meaning, their Influences, and to ascertain the periods in any life when each, or any Colour, or combination of Colours, may be in evidence, or when the Influences Rule. It will also be stated as to the best Advice to follow when any Colour, or combination of Colours, is in evidence.

By following Instruction closely any Student will be able to work out the Personal Colour of self or friends, and so be able to fill in the blanks left for such Colours to be inserted, or written in, if desired. pp. 9—13, 20.

A thorough mastery of the First Study guarantees this, when proof of such mastery is sent to the Author. Subsequent Studies will enter into details of a deeply interesting, and most fascinating, nature, which will

deal with, and solve, satisfactorily, many of the problems of Human Life.

PRACTICAL COLOUR PSYCHOLOGY.

IN the pages which follow you will find stated the 13 COLOURS that are used in Practical Colour Psychology.

The Student is, briefly, in each instance, told the Origin, Meaning and Influence of Colours. Advice is suggested under each heading which it will be found helpful to follow when any stated Colour is said to RULE, or "be in evidence." In a QUITE GENERAL WAY COLOURS RULE as indicated here :—

<i>Colours</i>	<i>Months</i>	<i>Numbers, or Dates in any Month</i>		<i>Influences</i>
WHITE } BLACK }	JANUARY	1	24	ACTIVE SUCCESS
VIOLET	FEBRUARY	13 15	31	NEGATIVE. CARE
DARK VED	MARCH	2 23	31	SPIRITUAL
PINK	APRIL	3	27	ADVERSE
INDIGO	MAY	4	29	PROTECTIVE
DARK GREEN	JUNE	5 25	30	MOST ADVERSE
SAPPHIRE	JULY	6 18		STRONG WARNING
LIGHT BLUE	AUGUST	7	21	INSPIRATIONAL
LIGHT GREEN	SEPTEMBER	8 14	17	MENTAL SUCCESS
GREY	OCTOBER	9 16	26	HEALING
YELLOW	NOVEMBER	10 19	20	DOUBTFUL
ORANGE	DECEMBER	11	22	CELESTIAL
		12	28	ASPIRATIONAL

COMMIT TO MEMORY.

THESE Studies in "Colour Psychology" take for granted that W = White; V = Violet; R = Dark Red; P = Light Red; I = Indigo; E = Dark Green; S = Sapphire; T = Light Blue; A = Light Green; G = Grey; Y = Yellow; O = Orange; B = Black. Hence, well master the Symbol Letters for future use.

Study carefully the following :—

N.B.—Top row of Capital Letter Symbols indicate Colours in their order. Numbers and Letters under each Symbol mean they vibrate to colour of Symbol above them. Figures: Dates that vibrate to colour of Symbol above them. Capitals under Figures indicate letters as they fall ODD; small letters same as they fall EVEN in Formulae. This Double-Alphabet is explained fully later.

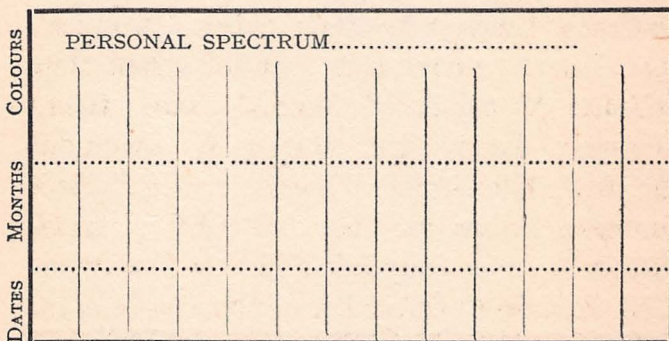
W	V	R	P	I	E	S	T	A	G	Y	O	B
1	2	3	4	5	6	7	8	9	10	11	12	13
	23			25			14	16	19			
24	31	27	29	30	18	21	17	26	20	22	28	15
J	K	B	A	D	P	F	C	G	L	E	O	N
R	M	U	T	I	Q	S	H	X	V	Z	Y	W
v	c	o	k	f	l	b	d	i	e	r	a	j
w	h	y	m	s	n	t	g	p	z	x	u	q

This CHART is an Analysis of the COLOURS referred to in this Booklet, and in their order of placing therein. Explanation above the chart makes same understandable—particularly so if compared with the CONTENTS of Page 21, opposite.

P.C.P. BIRTHDAY LETTERS.

COPYRIGHT 1926.

Chart following indicates the Colour Influences RULING throughout your passing year.



N.B.—ABOVE BLANKS may be filled in for PERSONAL USE.

SIMPLE ILLUSTRATIONS OF USE OF CHART ON PAGE 18.

PRACTICAL COLOUR PSYCHOLOGY 21

Taking Names, Phrases, Formulae, etc.

The Letters in spaces 1, 3, 5, 7, 9, 11, 13, etc., are ODD.

The Even Letters fall in spaces 2, 4, 6, 8, 10, 12, 14, etc.

Take the following well-known name :

1	2	3	4	5	6	7	8	9
G	1	A	d	S	t	O	n	E
A	E	P	T	S	S	O	E	Y
9	6	4	8	7	7	12	6	11 added

= 70 = 7 or Sapphire.

or $7 + 10 = 17 =$ Light Blue.

N.B.—Final digit of sum gives 7 or S, and indicates the spirituality that could be developed and was wonderfully manifest in W. E. Gladstone. The “T” Influences were equally dominant in W.E.G.

Should a Colour at any time, when in doubt, strongly impress your mind, or the mind of anyone seeking your advice, look same up in the Book, and if advice under that Colour be followed those concerned will be happily benefited.

THE THIRTEEN COLOURS USED IN
PRACTICAL COLOUR PSYCHOLOGY.

INFLUENCES OF THEIR RULE AND
ADVICE WHEN IN EVIDENCE.

WHITE.

WHITE expresses UNITY in the Activities of Life. It contains, like the White beam of Light, all possibilities, tints and shades (Colours) of LIFE. All activities, and all potencies well in hand, hence "The whitest man I know."

Becoming Prismatic or ultimated into differentiations it brings into evidence the Bright and Dark Reds, Love or Lust; the Orange, Aspiration and Ambition; Yellow, wise attainment; Pale or BRIGHT GREEN, producing the Health or Growth vibrations—the Dark Green is negative, influencing to unrest—the GREY influences, mystifying

and clouding the mind ; the DARK BLUE, or DARKNESS and LIGHT mixed, the night ; the VIOLET, which is the DESTRUCTIVE-CREATIVE Set of Vibrations. Note influences claimed for Ultra-Violet Rays.

The White Light may also be differentiated into the Brighter Blue, giving clearness to thought, keenness in idea, ability to succeed in business, intelligence to pass Examinations, and to develop in all matters of life a clear understanding.

These influences of the BLUES may be further extended into the Holy of Holies, and reach the SAPPHIRE THRONE—the very Throne of God, and so bring into manifestation the radiance of the Deep and the glorious Sapphire Blue which is a fit emblem of SPIRITUAL TRUTH—Inspiration.

In its fulness, the flashing into the VIOLET RAY, the destructive-creative vibration, imparting death or change to that which should die, or change, and bringing newness of manifestation into being ; progressively developing the evolutionary energies of the Universe.

WHITE RULES :—ADVICE :—

When the WHITE is said to RULE or to be in evidence in the Life, direct the activities and the energies of life into the right channels. Bring into clear vision the richer hues, the Roseate hues of Love, the wise, aspiring, attaining vibrations of the Golden Rays, the Healthful Greens, the flashes of trueness in the Blues and the Creative Violet on its destructive side to destroy the angry tempestuousness of the Dark Red, the unhealthy, unsettling vibrations of the Dark Greens, and clear away the perplexities of the Greys, and above all, remove all the mental deficiencies due to any negative there may have been to the intellectual vibrations of the Brighter and the Deeper Blues.

In short, in all matters of importance, "keep the nose to the grindstone," do your level best in the things in hand, and let all your activities and energies be utilised for good. Any New Undertaking, or fresh responsibility that may be on the carpet at the time will thus be brought to a most Successful Issue.

PROMPTS to DETERMINED EFFORT, inspires with dogged perseverance. All-round ACTIVITY will mark its RULE. The times favour NEW EFFORT, then there is likely to be satisfactory discharge of personal responsibility and putting forth of energy and of work generally. BE ACTIVE in ALL THINGS that are felt to tend to good to self or to those cared for. Getting new positions for children, and launching them out in life, may all be arranged under the RULINGS of W.T.S and V in combination.

VIOLET.

VIOLET is looked upon from a "Colour Psychology" standpoint as a most powerful, vital principle, capable of changing elements into different forms of manifestation to serve fresh USES. Its destructiveness closely followed is proved to be really recreative, and what is removed or taken away by its influence is substituted by something else capable of serving other ends.

Chemical, Electrical, Magnetic, Therapeutic and Spectra-Analytical Changes are all made possible by reason of the peculiarity of the Violet Ray. In a human its influence produces the inventive, originative and the creative. It is also the impetus to produce new conditions and new expressions of Life. Through an author, it produces a Book; through the artist it produces a Work of Art, it may be a picture, or a fine piece of sculpture; through the musician it produces New Harmonies; even through the artisan it produces **DISTINCTIVE WORK**. It is also the Vibration of Generation, and also recreates and expresses Genius in its multitudinous phases.

The wonderful results of the application of the Ultra-Violet Rays emphasise the above statements, and indicate their truthfulness.

ADVICE UNDER THE VIOLET RULINGS :—

When in evidence for you, **BE YOURSELF**, bring all that you **ARE** to the fore, and let the assumed nature be shuffled off. Show

what you are MADE OF, what "MIND-STUFF" is in you, and also give more considerate thought and direction to the things that you have brought into being. If a business, give it a New Impetus, if an art, give it a Fresh Touch, if a home, enhance its happiness, if a family, see to the further advancement of those held dear. Above all else, follow the intuitions implicitly, and be ever an open recipient at the Fountain of Life.

INDIVIDUALITY is here indicated, and its influences will give strong Play of Original Ideas, and be most directive in efforts to carry forward Individual Plans. It shows Creative Energy, Ideality, Love of Offspring, Genius and Birth Principle Generally. Things relating to marriage, to betrothals, and also the Birth of Children may all be suggested in the Rulings of V.

Press matters if anything connected with Inventions, Patents, Copyrights, be on the Carpet. The Rule is also favourable to deciding the future of offspring, and also for arranging partnerships, etc.

Purple, or Deep Violet, vibrates to the Deepest, Creative Spiritual Love, and the Gifts these vibrations can give are innumerable, and their blessings in Life are inexhaustible.

Clear Vision of the actual, real, Spiritual World, becomes possible to those influenced by the Sapphire and the Purple Rays, and it is well to remember that,

“The Sphere of a man or Spirit, whenever the Lord pleases, is represented by Colours like those of the rainbow. . . . In the other life there are Colours which in brightness and resplendence far surpass the beauty of the Colours seen on this earth; each Colour represents something spiritual and celestial. These Colours are from the light of Heaven, and from the variegation of Spiritual Light.”
—Swedenborg. Yes, the same author says, in the Spirit World there are “Colours which are never seen in the world,” they are “so refulgent that the Colours of this world cannot even be compared to them.”

It will already be understood that there are more things in the Philosophy of Colour

than have been dreamt of in the general philosophy of mankind.

THE DARK, DULL RED.

“ COLOUR PSYCHOLOGY ” looks upon this as a “ Dead-to-Good ” Red. The very opposite of the Brighter Reds, or the Roseate Hues of Sincere Love and Affection. Dark Reds are fiery, exciting, inflammatory, and at times Dark Red is the “ BURNING OF HELL ” ; for strongly in evidence it means the strong play of LUST, of concupiscence, violence, anger, temper and the things that are very opposite to LOVE may be expected under the DARK RED SWAY. Recall expressions “ He saw Red,” and “ Red-rag to the bull.”

When it is said to RULE, or be in evidence for you, the Dark Red will produce some annoyance, make risks connected with fire, poison, infection from fever, and danger of accidents greater, and there will need be more watchfulness exercised.

TEMPTATIONS, passions, trials and TEMPER, and even LUSTS, may all play a

part in the Rulings of the R. Changes to Countries of the Torid Zones, possible at such times. Care to be taken against fire, fevers and even poison risks. Then, indulgences in Strong Drink must be entirely resisted under the Rule of the R, or some big mistake is likely. Do nothing on the prompting of mere impulse. Rashness in any form is to be avoided—annoyances to be treated with contempt—in short,—“CONQUER THY-SELF.”

ADVICE :—

Keep the passional side of the nature well in check, ignore annoyances as much as possible, and ANNOY NO ONE, wrong no one, in either thought, word or deed.

Let the better part of the nature be the governing and directing power. In physical matters guard against all risks involving fire, exposure to infection. Do not angrily beat children, avoid fighting, and in all things KEEP COOL, be calm, and avoid the play of the passionate side of life in all or any of its varied forms of manifestation.

THE LIGHT RED.

A REFINED RED, " the Roseate hues of early dawn." This RED signifies LOVE and all its allied associates, such as gentleness, kindness, sympathy, affection; in short, Love in all its multitudinous forms of manifestation.

Things that influence the Personal, the home, the family life, will be on the carpet as a rule when Light Red is in evidence.

ADVICE AT THE TIME OF ITS SWAY :—

BE YOUR BEST, your kindest, your sweetest, and expect the best from everyone you are brought into touch with. Look kindly into matters likely to affect the family life, the home, the domestic arrangements. Expect all legitimate " Fruits of Love."

DARK BLUE.

THE DARK BLUE is to the BRIGHT and the DEEPER BLUES what the DARK RED

is to the BRIGHT RED. As DARK RED (lust) is to the Roseate Hues of Heaven (love), so Dark Blue is to the Bright and to the Deep Blue. It is insanity to saneness, melancholy to cheerfulness, darkness to light; stupidity to intelligence and dullness to brightness. Its ruling at all times brings the play of depression and of deficiency into evidence.

ADVICE UNDER THE DARK BLUE RULINGS CANNOT BE TOO CAREFULLY NOTED.

You cannot be too careful or too guarded in any action of importance under this rule. At such times do not give too much play to your own judgment, as the Dark BLUE ruling is worse in this direction than the GREY vibrations. Be now prepared to accept intelligent help, avoid all forms of speculation, be most guarded in the important use of signature and miserly in outlay. Have little to do with legal matters, shun the law, and have nothing to do with law suits. Do nothing whatever of importance with the slightest doubt in the mind. If you have to ask the question, " Shall I or shall I not do

this?" the answer is CERTAINLY NOT. If you do anything that your mind questions you will have to "pay the piper."

N.B.—For Lawyers, for Medical Practitioners who SPECIALISE for Mental Ailments, and for Asylum Boards and Asylum Committees, the Dark Blue influences are favourable, as their particular work and their success involves the presence or the activities of the DARK BLUE RAYS. Still, in matters purely PERSONAL, even these Lawyers, etc., will have to be most guarded as in the case of others intimated above.

However, BE CHARY AT ALL TIMES WHEN THE DARK BLUE RULES.

DARK GREEN.

THE Vibrations of the Dark Green are the opposite of the Brighter Green Influences. The Dark Green is rather restless-giving, unsettling, and disturbing. It tends to produce ill-health conditions, or to emphasise ailments. On the other hand it is rather

favourable to Sea-Voyages,—because, by the sea, disturbing movement or motion is accounted for—to Farming, to dealing with Foreign, and with Rolling Stock and Shipping. Agreeable to anything in life that depends upon unusual or violent movement. Then, the Dark Green Vibrations are good to Doctors, to Nurses, Hospitals, Sanatoria, etc., as for their success the disturbing elements of ill-health to recovery are essential.

ADVICE UNDER THE DARK GREEN RULINGS :—

At such times it is advisable to look well to health needs, to smooth out the creases of life, to straighten the crooked paths of life, to subdue and hold in check mere physical appetite, and to take things quietly and in order. At such times you may venture upon journeys, sea-voyages, be as active as you please in pushing forward any work in hand. Do not wait for things to turn up, but **TURN THINGS UP FOR YOURSELF**. You may venture speculation in Foreign Stock, Railways, Shipping, in motors, in flying

craft, and in anything involving movement.

In fact, you may do anything and everything that may tend to produce Newness of Life. "BE GREEN," the Lighter Green, and so be at all times in the SPRINGTIME of LIFE.

THE DEEPER BLUE.

THE Sphere of the Sapphire Blue is in touch with the Infinite. The very Throne of God is a Sapphire throne, and as such, is the seat of Judgment, because there is the RULE of TRUTH in its Spiritual purity and brightness.

It is "The Light of the World," it is "The Light of Asia," it is the very TRUTH-ATMOSPHERE that is breathed by the SOUL. In its influences it tells for the development of the Psychic Faculties, it makes manifest the Spiritual Gifts, and Deepest Arcana may be opened to the wondering gaze of the entranced Seer under the AZURE BLUE OF HEAVEN.

ADVICE WHEN THE DEEPER BLUE RULES :—

Go into the Secret Chambers of your SOUL and there commune with the FATHER Who seeth in Secret, get nearer to Him and blessings in full, pressed down and running over, will be yours. He will open the Windows of Heaven ; heavenly light will envelop and a full blessing will come.

This RULING indicates the Best Time for the re-adjustments of life. Let the question "Where art thou?" be fairly and squarely faced and honestly answered. It is not a time for trifling, for frivolity, or for any silliness.

Get as near as you can to the SPIRITUAL you ARE, and seek CLEAR VISION, CLEAR HEARING and SPIRIT-POWER. Let the psychic influences play fully upon your thought and words, upon your love and acts, and you will arise from the foot of the SAPPHIRE THRONE blessed, and thus able to impart blessedness and happiness to others.

Whatever feeling you may have against

others, and even should you feel justified in having same, this is not the time for resentments, or for recriminations. It is rather the time to "FORGIVE EVEN UNTO SEVENTY-TIMES-SEVEN."

"It is marvellous how close we are to the Source of all life. . . . If we could only realise the truth of the Divine Meekness, and work *with* it and *in* it, we should make discoveries worth knowing."—Marie Corelli in "Secret Power." p. 171.

THE LIGHT BLUE.

THE Brighter Blue Ray is that which has not the depth, the profoundness of the Deeper Blue. It is, the "True-Blue," or the BLUE that represents TRUENESS. This BRIGHT BLUE vibration is the play of the THOUGHT-LIFE. It is the Light of the Mental Spheres. It imparts knowledge, inspires information and enhances instruction. It aids in education, in business, in profession,

and in the general every-day important matters of daily life.

Letters of interest are often received during the rulings of the Light, or the Bright Blue, and under the influences of the Bright Green. The times of their Rulings are usually good for correspondence.

ADVICE UNDER THE BRIGHT BLUE RULINGS :—

Teach, instruct, help, and let the play of the Thought Life and the Mentality generally be in full evidence. As a Student, put your BEST into your studies; as a would-be Graduate, put your heart and soul into the work for your Examinations; as a business man, bring all the knowledge you possess to bear upon your undertakings and success is certain. To the professional man the advice is, when the Bright Blue Rules, put your intellectual faculties to the fullest TEST, and bring to bear upon your splendid work all the mental power you possess, and you will score all along the line.

Be loyal to your best convictions, and be TRUE at all times.

“LUCKY” Influences are at work, good mentality, good business ability, Activity of the Thought, and the understanding likely to be dependable. Such times are good for business in hand, and for all matters affecting the Thought Life. Insight clear and reliable. Time is favourable to Stock Exchange and other speculative ventures.

THE LIGHT GREEN.

THE springing into newness and into healthiness of life. Out of the dark, cold winter, budding into the brightness and the gloriousness of Spring, renewing the Life of the Earth.

The BRIGHTER GREEN represents all things that tell in the direction of being instructed, gaining knowledge, looking upon life as worth living, seeing the world as a pleasant place to live in. It also indicates

pleasant travel, agreeable movement, having holiday, and getting a health-giving change, and it implies, physically, all that tells for the physical well-being of life.

ADVICE FOR THE BRIGHTER GREEN RULINGS :—

Expect health, claim it as a prerogative, look for brightness, seek instruction, gain knowledge, and do not be influenced by the idea that you "KNOW EVERYTHING." Press forward the affairs of life pleasantly and happily, and you will discover that it is not so bad after all to be "just a little GREEN."

THE GREY RULINGS.

THIS COLOUR, GREY, indicates an EVENING state of life. Not a darkness, nor a brightness, but a condition in which things are seen "as through a glass darkly." Hence, it at all times involves some degree

of vagueness and doubt. Perplexities, worries and even anxieties may influence the life under its sway. Uncertainty, hesitancy, and over-caution may be actively manifested at such times.

ADVICE FOR THE GREY RULINGS :—

Exercise CARE and caution, but do not be OVER-CAUTIOUS, and be most watchful in dealing with matters of importance. Be ALERT to OWN INTERESTS when the Grey rules. Worries and anxieties must be checked. Because the "outward-seeming" may not be quite in keeping with the "Inward Reality" under a Grey vibration. Bring as much of the Pale Blue influences about you as possible at such times, and above all things do not JUDGE OTHERS, as it is likely that your judgment would not then be just.

The Master's words are good advice now. "Judge not according to appearances," but, I say, unto you "Judge not at all."

YELLOW.

THE Rich, Golden Ray of the Yellow signifies the ATTAINMENT of all that is Highest and Best. The Love of Reality in Art ; the Love of Fact in Science ; the Love of the Very Best in Literature ; the Love of Harmony in Music. It shows also Refinement in Taste, and, incidentally, it implies the things in life which are only MEANS whereby the attainment may be possible. For instance, money, position, talent, ability, clear intellect and WISDOM.

Swedenborg describes the vibrations about one who has recently entered the Spiritual World as "at first happy and joyful, for he appears to himself to have been admitted into everlasting life, which is represented by a splendid white light beautifully merging into YELLOW which signifies . . . CELESTIAL-SPIRITUAL,"—the Inmost or Soul of what is Spiritual.

ADVICE UNDER THE YELLOW RULINGS :—

Expect the very best, and let only the Golden Phases of life be as much in evidence as possible.

In matters connected with success from an intellectual standpoint, like success of children in Music, or in Art, or even in Examination at the School, in Drawing, or in Essay Writing, etc., if the Rule of the YELLOW be in evidence at the time, you may very reasonably expect SUCCESS.

Then, on the Physical side, the Yellow has bearing upon finance, income and the possessing of things that cost money, and so its RULE is favourable to financial transactions and to financial ventures of great importance.

Be above doing a mean action even to gain a selfish end. Let a clear, wise, calm dignity be manifest in every operation of life at the time, and the results will be splendid. The HIGHEST, the Celestial—and the Psychic—the Spiritual—will come into co-operation,

and you will see that even on this plane the ultimate of the Higher Principles is the Higher Life.

ORANGE.

As the ORANGE RAYS are intermediate between the BRIGHTER RED rulings, or the Rulings of Love, and the Yellow, or the ATTAINMENTS of LOVE, it represents all those Aspirations and Ambitions that prompt the influenced ones with an eager desire to "MAKE GOOD," to attain to something worth while, to secure an incitement that, the crawl and the creep, evolve into the walk, then into the run, then to actual flying towards the Sun of Realisation. Like the lark, singing all the time as the highest and the best approach or, rather, are approached. True Ambition and real Aspirations have always the attainments expressed or represented by the Yellow before them.

ADVICE :—

When the ORANGE VIBRATIONS RULE you must seek earnestly and strive energetically to improve the things of life that you are chiefly interested in.

Make position as good as possible, make the foundations of your life surer and, in short, make life worth living for self and for others, as these are the things that pave the

PATH OF SURE ATTAINMENT.

Such period is also good for contemplating any change in position, for examining conditions of settlement and to alter conditions if same are not found to the liking or to the wish of those concerned. Whether it be self, a dear one, or members of the family. Splendid influences for anything that may have social bearing upon your life now operate.

“ Hitch your wagon to a star ! ”

BLACK.

SWEDENBORG has written that "Black and White, when variously tempered by the rays of light, are turned into beautiful Colours." He further states, that "For any Colour to come forth there should be something dark, or snowy, or Black and White, in which the Colours come forth . . . according to the varied tempering of the Black and White, from the modification of the influent rays of light . . . the COLOUR of the Rainbow never comes forth except in a cloud ; it is the darkness itself, through which flash the rays of the sun, which is turned into COLOURS ; thus such as the darkness is, which is touched by the flashing of the rays, such is the COLOUR."

This passage from the Grand Swedish Seer indicates the importance of knowing something definite about the White and the Black, the Positive and the Negative, or the Active and the Passive if we would know, or understand, anything whatever about COLOURS.

Black, from a "Colour Psychology" standpoint, implies the absence or modification of all the influences associated with the WHITE. We see it is as essential as White itself because it becomes a plane of reaction and so a means of manifesting or making visible whatever is understood by the COLOURS themselves.

ADVICE :—

When the Black is said to RULE or to be in evidence, let as much light as possible fall upon the transactions of the time, especially so if a change, removal, alteration, or visit to another place or country be under consideration. In any case, you may expect some EVENTFULNESS when the BLACK rules strongly, and so it is well to bring Light to bear upon all that is of real importance during its sway.

EVENTUALITIES, such as breaks, separations, deaths, removals, radical change, and also losses, may all be indicated by the B Vibrations. "BE ALERT"—

Be prepared for anything to turn up. Be ready for any emergency.

By the time the above is thoroughly mastered by those readers who are willing to become students, the next Book, or "Study II of Practical Colour Psychology," will be ready.

This Second Study will enter more intimately into the details of Human Experience—also into the probabilities and possibilities of individual lives.

Means for practical experimentation will be provided, so that each successful student may understand Leigh Hunt when he wrote,

“Colours are the smiles of Nature,
... her laughs, as in the flowers.”

An understanding of Practical Colour Psychology will open the Book of Human Nature so that he who runs may read.

7/16

£10

84678

X43

H2/3

THE AQUARIAN BOOK SERVICE,
29, Denison House,
296, Vauxhall Bridge Road,
London, S.W.1.

B. J. O. CAMFIELD
12 CHAPEL ROAD
ALPHINGTON, EXETER
DEVON
EX2 8TB
TEL 0392 78903