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# The Light of The World

THE  
BROTHERHOOD  
  
UNIFYER

BY  
MARY STOWELL DUTTON

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In Memory of  
Father, Mother, Brother  
This Book  
Is Lovingly Dedicated

## *The Great Fraternity*

THE SAVIOUR is first found within; He is your true  
SELF-FLOWER,

Whose color is orange in all tints of its bower;  
Every flower that grows, if you seek its heart prints,  
You'll find the Sun with its red-golden tints.

So seek your own center, there alone you can find  
The comfort and wisdom to broaden your mind;  
That Redeemer then leads and guides every act,  
You'll have found the Initiate the Soul of you lacked.

His name is the Christ; He's here with His Own.  
A great Home-land Fraternity; He's not one alone,  
But Sisters and Brothers with one Purpose, one Plan,  
Let down from above . . . . A Saviour for Man.

When once you've found Him as your Sun-center flower,  
There's joy and contentment, awareness and power;  
Alone you must enter this arena of birth,  
And alone you may seem to other sons of the earth.

But to the Heaven-born, you are never alone,  
Here's unity, fellowship, a harmonious tone  
With all of the universe with which you've attuned,  
In one Body. one Mind, one Soul, there communed  
In the Spirit of Jesus, the Christ.

## ***Our Purpose***

To realize the Christ as a living power in my life, and to so impress this upon the substance of Mind and Soul that it may express as Racial Instinct in generations that are to come.

To listen and learn from the "still small voice," then to follow, keeping an eye on the Character and Personality of Jesus as written in the four Gospels.

To promote Brotherhood by realizing the great Family Fraternity above and below. All working together for the good of all, in the Spirit of Jesus, the Christ.

To watch past desires take form, note their marvelous development and duplication, according to individual differences, in the lives of others, thereby noting the visible links that unite all life.

To practice the power of cooperative teamwork in helping one another, realizing it is Jesus Christ in each life working as One Mind in One Body toward perfection. This attitude more and more reveals things are Spirit made exteriorly cognizable in form.

To follow the pattern set by Jesus in helping others to help themselves.

To realize the seven-fold unity of life—Individual, City, State, Nation, World, Solar System, Cosmos (unity of all Solar Bodies), and to do my part in Civic, National, International, and Universal Life. In this reciprocal consciousness I find my Kingdom within and without.

To make the Golden Rule a Principle of every day living, since it is the Spirit of Jesus the Christ which abideth within and without me. In Him I live, and move, and have eternal Being.

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## ***Becoming One With the Whole***

Can you think of a State of Being where all sense of separateness is lost and your consciousness merges into oneness, with all that lives? Can you feel that rock, plant, animal, man, star, planet, nebula, sun is an expression of your own life pushing its way out to see thru your eyes, to hear thru your ears, to know thru your nose, to feel thru your emotions, heart-beat and life-pulse? Yet, in this same Being can you still keep your identity, and know that you are of so much importance to Him who made you, that He is ever and always seeking communion with your conscious mind within and without? And not only thru you, but can you see, feel and know this same expression in all other living things? And, do you know, that by so communing, you may merge more and more into that Being, which is all in all, and know yourself as Creator, Preserver, Destroyer, Restorer by the Word, with power to forgive sins and to give the life more abundant, knowing that whether you live in the human frame as now constructed or in some other form, you are forevermore conscious of existence as a creative power in God, and that this is not of your human self, but that it is the gift of God.

If so, then you can understand the Holy Spirit now in the world. In not,

then "Be still" for a little while each day, and know that "I am God," and let your consciousness expand into the Solar System, then into all Solar Systems, knowing that your strength and force is drawn by your breath from the Atmosphere which clothes the Ether around our world, yet the Ether is universal substance.

Feel that the planets, the moon and the sun are your neighbors, brothers and sisters shining the Christ force of energy in reciprocal blessing.

Then know that the Holy Spirit leads you in world service wherever the great Love-Law of your own being has placed your line of individual duty.

There are no little things in the great oneness. All things are blessed and wonderful, whether it be to serve or to be served.

Physically fit, is one of the first requisites to inspire the Hope which leads to this realization of the Christ as a living power in daily life, with no exception or preferment of persons, yet ever mindful of the Individual. You learn to see yourself thru Him in every other person, then there is added the Will, Wisdom and Power to leave a footprint on the sands of time which shall never be obliterated because it is the footprint of the Divine Self in human form.

There is a spirit of joy and of fun,

A radiant sunbeam coming down from the sun—

The ever-abiding Spirit of God,

Inspiring, protecting every Soul of the sod,

Clothing humanity with Spirit Divine,

Within and without.

—THE AUTHOR

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## *How Shall We Pray*

IMAGINATION is creative. Mind pictures produce their likeness, for "Creative Mind brings into existence in form, whatever you fashion in thought." Keeping your eye on lack, trouble or sickness will never heal. Picture the perfect Christ body, all inclusive, eliminate every thought but the perfect Christ body made up of many members, all working together for the good of all, just as the organs, cells, nerves, glands and tissues of your own body all coordinate in perfect accord guided by your will. So should mankind live day by day in the Divine Will. Then thank our Father that the Almighty Will is done.

"There is nothing in this world that can touch or kill the soul, no fire nor sword, but only the imagination; that is its poison or its ever living glory; for it originally proceeded out of the imagination, and continueth eternally therein. Ibid, Ques. 11, par. 10.

"What shall it profit a man, if he gain the whole world, and lose his own soul." No matter what the world may bring, keep Mind and Will on the per-

fect pattern and it is the law that all things must work together for the fulfilment of your picture. See, hear, feel and know the fullness of joy, good cheer, reciprocal kindness in perfection. Read this over, meditate upon it, study it, until the perfect all-inclusive Christ Body of many members is shown to you or felt in your consciousness—the Christ Spirit alone can reveal it to you, “For as many as are led by the Spirit of God, they are the sons of God . . . and if children, then heirs; heirs of God, joint heirs with Christ; if so be that we suffer with him, that we may be also glorified together . . . And if Christ be in you, the body is dead because of sin; but the Spirit is life because of righteousness . . . The Spirit itself beareth witness with our spirit.”

This means life more abundant, joy, good cheer, inner content and happiness here and now. Then is the striving for full chemical properties necessary? Cleanliness, purity and a well balanced chemical nature, vitalized by the Word, conscious of the fullness of Christ is the line of force which attracts its own likeness in your heart. The Christ body is all inclusive. Man is made in chemical types, none are perfect by themselves alone. It takes the whole race, past and present to make up the Son of Man, and this includes the Solar System—the Solar Body of sun, moon, planets, stars, nebula, which is one body thru which the Christ shines. Within the Solar Body all parts have become a whole, equally balanced in positive-negative-neutral chemical principles. As soon as you come into this consciousness, you naturally fall into your rightful place. Your opportunities increase, also your responsibilities. Without this fullness of consciousness the life spark in your cells is more or less dormant. You will find this as invigorating to your skin as a sun or epsom salts bath! As you abide here you attract solar and cosmic forces which fill in your whole chemical nature and there is no more lack for you have touched the hem of His garment—the light of the world.

“Man must make his Heaven, if he would dwell therein, and he can only make it as he worketh day by day with Me, apart from all, yet one with all.” Thus spake the Christ.

The Adam man first became this living soul. First, become conscious of yourself as the race—I, the race; then expand the Self to include the Solar System—I, the Solar Body. Hold this consciousness until you feel the fullness of the Cosmic Body—I, the Universe, which is the Ad-Am living Soul. This will cause every cell in your skin to feel the warmth of a mighty covering. It may take a little practice, but it is worth it. Keep at it until you get the full Spirit. Then present this full body a living sacrifice unto God, which is your reasonable service, and say: “Search me, O God, and know my heart, try me and know my thoughts, and see if there be any wicked way in me, and lead me in the way of everlasting.

“Open thou mine eyes that I may see wondrous things out of thy law, open my ears that I may hear; take my talents and let them serve Thee in this great Universal Self.

“Make me to understand thy ways, so shall I talk of thy wondrous works. Direct me in the way of wisdom, that I may walk with Thee and talk with Thee, knowing Thee and serving Thee in all creation.”

In this way you lift the whole race in the I AM consciousness, and your words and acts you will find reflected and revealed in the whole.

The Universe is made up of Solar Systems, and it is the unity of all of these that is the Christ, the Son. Then remember the consciousness of Jesus, when he said: "I (the Solar body) and my Father (unity of all solar bodies) are one."

It was in this consciousness that "I stood at the bar, and looked into His face," the face of my own Soul, as each individual who has put on Christ has a Soul mate, and each and all may meet that mate within, and become conscious of walking with that mate here and now. And that mate is the awakened divine Spark of life, health, wealth and youth, or the Ancestral Christ Spirit of your own life, and the Christ Body all move with one mind, one will, one central motive, which is to serve the all. Such an one becomes both Master and Servant, master of the little self because lost in the greater, ready to serve all.

One day Apollo said to Jesus: "What is it that speaks, is it an angel, man, or living God?" And Jesus said: "It is the matchless wisdom of the master minds of Greece, united in a master mind. This giant mind has taken to itself the substance of Soul, and thinks, and hears, and speaks. It will remain a living Soul while master minds feed it with thought, wisdom, faith and hope." (Answer taken from "The Aquarian Gospel" by Levi).

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## A Vision

Of coming face to face with the awakened  
Life Spark of my own Being  
The Personal Saviour

I stood at the Bar and looked into His face,  
The face of the Christ of all time.  
He scanned every feature, He searched every line,  
He looked deep in my heart for His place.  
He spoke, with His eyes fastened fast into mine:

Child of my own life: Long years have I watched over and cared for you with tenderest love. Even as earthly parents minister to their offspring, so does the Lord of each life long for the turning of the face toward the Father's house within, in earnest longing. Then may the acid nature meet its mate—the alkaline nature, becomes softened and neutralized by the alkalinity of acquaintance with the Christ Self, the awakened Life Spark. It is hear-hunger alone that can bring you into recognition of my presence. But when you once find me, then I can be Father, Mother, Lover, Friend—an ever abiding protector, counselor or, Saviour, to the loyal, faithful one who leans on me.

There are no words to describe the love of Christ for the Soul of its own life: that part of its nature rising from the fields of experience, to knowledge of the inner, finer forces in which man lives, and which may unite his spirit of the present with his purified Spirit of the past. It is this unity that ancient peoples on the earth have enjoyed but which was lost during the dark ages. Tell me the way of your coming?

A. I sought Thee first in prayer, often finding and using Bible passages in a

search for Heaven above—far above this world and all it contains—this little self was too small to contain my concept of Thee. I could only think of Thee as a loving Father—far above all earthly things, then I discovered the sixth chapter of John and found there a distinction between “our fathers” of the earth, and “my Father who cometh from above with the bread of life.” I meditated on this chapter and found a center within myself where all thoughts seemed to come together. Gradually I began to hear new words, sometimes whole sentences, new meanings on Scripture passages were revealed. Then there came a time when the voice directed me to ask without—to send my thought far up into the firmament above.

Q. Was there a name mentioned by the inner self?

A. O, yes—The voice introduced himself as Rambling Red and he helped to widen my vision, to broaden my imagination and to deepen my thought. He said he was a product of the life blood. He took me on many a trip over the universe, presenting many pictures and much teaching. He said it would be necessary to test my courage, faith and patience; that when these were secure I would be on the pathway to meet my own SELF the SELF that shines thru the Race Consciousness—the RACIAL SELF.

So in all these ways I sought Thee, keeping tied to God and Thee in prayer, in all the day's work and play trying to make Thee a reality until I felt the love of Thine own life as an outpush of my own, yet a power and a voice without as well as within ever preparing ways and means that seemed to be universal in their scope, bringing me in touch with Thee in many places, shining thru many a wayfaring man, lonely shutin—and many brilliant souls. I have found Thee in the poor and in the rich, as this world counts riches, but—

Q. How do you recognize me there—in the rich man?

A. By gentle helpful ways—true courtesy, hospitality, thoughtful acts; a deep seated joy in some lives—inexplicable by words. I find Thee in the unconscious action of human kindness. In many cases I have found Thee a giver of great wealth.

Q. And are these all the ways you find me?

A. Oh, I find Thee everywhere—searching Thyself out thru the scientist, chemists, geologists, psychologists, philosopher, surgeon, metaphysician—to prove Thyself in all ways. I find Thee pictured in the clouds at midday and at evening; in the glorious sunrise and sunset; in the songs of birds, all growing things, bright colors of the butterflies, honey of the bees, and all the brilliancy of flowers and foliage. But I find Thee greatest as the Lover on the cross of human experience. This is what I would ask—how to express a love like that in this world of form.

Q. How have you found it so—Love on the cross?

A. Tell me the meaning of Love—it seems so unsearchable! akin to grief as well as to joy.

Q. What have you found it to mean?

A. It seems to contain the essence of all things else, both negative and positive. I think it is the balanced substance from which all things else have come, for in its manifestation I find shadows—or opposites. Some-

times I find what I think is Love carrying an apparent destructive force instead of constructive. I would like to understand it better—this unfathomed depths in Nature herself!

- Q. Loose that on earth which you have found in heaven. Words are its garment; they picture its many colored gems and stir the mind to thought, the heart to feel, and the hands to do. When the soul is builded in by thought, feeling and action the whole nature of the personality is satisfied and transformed. Humanity need to understand better the "type" in Nature herself. Type can be only slightly modified without intelligent analysis, comparison and wise rebirth which the inner SELF or Holy Ghost alone can conceive. An outer teacher judges from appearance while the Great Spirit knows the motive behind thought and act and has ways and means of impressing its message upon the mind of the disciple ready to follow its leading.

It takes many generations to greatly change a type without the cooperation of the inner SELF—the SELF of which I who speaks am as one spark of the Holy Flame. The balanced soul is equal in masculine-feminine qualities and these must have their reason for being. They correspond with the positive—negative—neutral—chemical nature, for this same Law of the Trinity obtains thruout all creation. Every one who awakens their own Life Spark to the fullness of its chemical nature, then seeks earnestly to become companionable with that Mate, they may learn many secrets of Nature's laws which have been lost for ages. But there is another law of communication that must be learned, because my nature is electric, yours magnetic. The Soul pushing itself out to re-birth thru human flesh is heir and joint heir with Jesus Christ, our Elder Brother who came to show us the way, the truth and the life. That is why Jesus charged you to keep his words and abide in his love. His blood flows into the race and every atom of that blood is wise in leading the way from earth to heaven.

- A. What would the analysis of His blood show?
- Q. It contains the essence of all things—no element is eliminated. Then are you not perfect? Why not accept and believe. No inevitable old age process exists within these group cells. The vital processes of life are ever flowing in, each day more pregnant with life as the constructive power of thought, word and deed become better understood. As the seed of the plant is ever young and renewing, so is the word seed within you building stronger and better, wiser and more efficient by the concentrated vital life of God in which you live—a life and love so beautiful, helpful, rich and abundant that no old age, disease or decay can gain an entrance. Germs can have no ill effect in your blood because your blood is purified by prayer. No poison germ can impinge upon an atom of your flesh unless you allow fear to enter, for they are immediately transformed into health giving vital, lasting qualities of life in every particle of food intaken, the air you breathe and the water you drink, each and all doing their share in the building up process of knowledge in the world and the onward going life. Be happy. Live a full, free, joyous life.

The joy of friends, travel, new interests, fresh inspiration, keep your spirit ever young; and this spirit is your life more abundant. Live, at least for a little while each day, or each week, with the poets—Browning, Guest, Longfellow, Riley, Tennyson, Spencer—or some of the recent scientists—never forgetting the best of all books. These keep thoughts and mind renewed. Love your

builders—the body cells—they are the children of your future, and as you love and train them now, so shall that love be returned to you a hundred fold in days that are to come. Talk to them and be the joy and rich supply to your inner nature that you wish God to be to your outer nature. Renew your cell life with rich words of accumulated knowledge. Put something into your inside building. By this I mean more than reading. Study. Learn of Nature and think things thru. The study of a different language makes new ruts in your brain and will bring you in touch with new experiences as every new word has its contact in the outer. Educate the children of your body. Mankind is building the educational system of the world. In like measure should the individual begin with the babe to build right thinking structure into the first brain formation which in reality is within the cell structure of the Mother. This is direct succession of the throne which in aftertime becomes the Father's voice, the I AM voice of authority conceived by faith and love in the Mother by the Holy Ghost—Word and Breath. How carefully the diet of the race horse is chosen; how particular the breeder of Jersey cows to maintain a balanced diet. How about your children? The body requires certain elements for its upkeep, so also does the human mind require knowledge of God; that he is a just God imparting justice even to the ungodly. Does not the drama compensate the villain that balances the play in like measure with the heroine? The promise to Abraham was not thru the law, but thru the righteousness of faith. While in the world walk in fullness of the Word, seeing USE in all things.

If two souls are mated with this sacred love of God and grow together, When man or woman awakens the Life Spark of their own life within, their whole nature is satisfied, and they find inner and outer content. They also find that material things respond to their full balanced wholeness, and their inner vision is opened to worlds unknown before.

A woman ever was the Temple of God where Angels gather and the Christ shines thru. She is the Bride of the Lamb—an integral part of the Substance from which all life emanates. Every Mother in the New Jerusalem made complete in a human body and sends for the force from the Divine that is God; it changes everything it contacts because more than human. Being attached to the Divine by an Immaculate Conception of pure love it starts a new vibration which gains in impetus with each passing day until its swing is felt in the whole universe and each added atom, as they must be added with contact with the first, increase that momentum. Watch the process. In due course of time the Divine Mother force of the universe must swing all things to God.

The Divine Love has never been given its full expression because woman has held a second place, while in the scale of evolution she was given first place. When given her rightful place, supported by her true and loyal mate, the Mother shall become God in full expression. But love to any woman means first of all, loyalty. Unless a woman knows within her heart that her mate is true to her alone, she knows it is not love but lust, for the love of a true mate is God himself and satisfies the feminine soul for he thinks not of himself but of God in the woman he loves, and he gives to that God until her soul lacks no thing. Her soul longs for and must have all the potential elements which form the Immaculate Conception of a Christ Child. Can you think what they are?

A. I do not understand yet all that you have spoken, but I feel the flood of your great love reveal a word-picture. It is like a song in my heart and it seems to say:

LOVE MELTS TOGETHER THE SEEN AND UNSEEN UNIVERSE and casts its melting rays around each thing and creature entwining all in one. Not one smallest atom can long withstand the warming glow of recreating, re-adjusting and redeeming love. Breath charged with God drawn in and then sent out again, pressing its vibratory waves thru the ether of life shall one day cause the atmosphere to respond to a new vibration and the universal ether shall so become attuned to God. Mothers of heaven and earth: Forget all worry, fear and doubt and rest upon the round of Love until your feet shall melt the spot of earth on which they stand. All else shall flee away like dew before the sun, love shall rule supreme and that spot of earth be like yeast—the little leaven spreading from atom to atom yielding a power beyond mortal comprehension.

Man has not glimpsed the power of love or felt the slightest thrill of its God given meaning. 'Tis Woman leads the household home. Then draw aside the curtain, come into the fullness of the glory of God expressed in all things needful to perfect His Temple. Use all faculties, all possessions in the spirit of praise and blessing, seeing God in high and low, rich and poor; one the Giver, the other the Receiver, each using wisdom to utilize all powers of the Divine-human machine, teaching growth of talents, mind and intellect, opening wide the portals of all things hid in God thru Christ in whose Body all are one.

A picture comes before the vision of a man of this world's sin—a man of selfishness and greed, and of a thoughtless girl who sees not the sin, nor yet the greed beneath the outer mask of man, but who sees something to satisfy a longing soul which has long sought God and love—a home and a faithful heart. Has she found it? Yes—they are the builders of the United States of the individual, the World, the Cosmos. The power of Motherhood!

This love shall melt the frozen hearts of men! Catch a glimpse of what it would mean for a group of people to understand and vibrate this love divine. Do you see the picture? The atmosphere itself would change; the dirt on which you stand would change; plant and animal take on a new vibration; the earth and fullness thereof would become vibrant with a love that would melt all before it if men and women would see God in each and in every other, blessing all, wisely giving, wisely serving, seeing each as themselves, and all as God, condemning all things vile; but honoring them that fear the Lord and do righteousness.

Love shall find her way thru all suffering, pain and sacrifice—the pathway the angels have trod and their bright light now guides her steps. Her way has been weary; thru centuries of strife and worldly lust she has come until, footsore and weary she learned to cast all burden on the Lord of her life. Then thru the clouds she finds the Grail where shines the light of Christ and in that light gleams the hope of coming triumph, for Love and Wisdom shall walk and not be weary, shall run and not faint, and in the world shall come homes of consecrated hearts where God reigns supreme, the recognized monarch of every throne. The ray of Christly light shall penetrate earth being until all become complete thru Jesus Christ our Lord.

Q. You read the picture well. Take the prophecy, child of my own life, and work it out. The message is for all in like measure. All who seek may find this season of walking and talking with Jesus, the Son divine, the awakened Life Spark of their own soul.

Life is the great Teacher to unfold God's plan in each individual life.

That which men have thought to find in some far off heaven has dwelt with men for ages past. It is here we must seek it out, and when found, the treasure is the human heart and ministering to those who need, for it is in common things that God dwells.

Christ in God man meets in the air by living in Him in consciousness, and breathing out a blessing upon all created things, for "Christ" means "breath," and is, first of all, a state of energy breathed out in love on all mankind. Love is the only redeemer. In His Name all are caught up, "in the twinkling of an eye" every one shall behold Him in His glory.

Q. Will you please explain to me what "the twinkling of this eye" means?

A. In few words, it is your I, the ego, which must become conscious of its divine nature; conscious that your REAL parent is not of this earth earthly, but there must be a firm conviction within yourself that YOU, the REAL SPIRIT which you are, never was born, neither can you die, because every "I" is God's body of intelligence. It is the "I" that knows. Your earthly body will go into the tomb, just as the body of Jesus did, and your Spirit will rise in another, finer body which is called "astral," not visible to physical vision but may be seen and felt by the finer sense of intuition or Soul knowledge. Declare what you feel yourself to be, and in that declaration I may further reveal myself.

I am one with all that IS. I am the Spirit of Life thru Jesus Christ in earth, air, fire and water. Without that Spirit there is no life; in that Spirit there is conscious, eternal existence, health, wealth and youth forever.

"I and my Father are one." "I came down from heaven, not to do mine own will, but the will of him that sent me" whereby to save my soul, that part of me which has come up through all experience. "And this is the Father's will, that of all which he hath given me I should lose nothing, but should raise it up again at the last day. A one sided chemical nature cannot have eternal life. It must have its balanced opposite. Ancients myths and legends tell the same love story. All life went into the Ark two by two. The marriage vow is first of all an obligation to God to restore your Soul. I am the bread of life.

Q. What have you found that bread to be?

A. My own body, nerve, muscle, bone, cell and tissue vitalized by the I AM word, and "my body" is individual, racial, solar, cosmic, "its lines have gone out through all the earth, and its words to the confines of cosmic space.

Q. And the Solar and Mental part of your nature?

A. After the body was vitalized by the Word, in conscious unity with all of life, I heard the "still small voice" of the Spirit which has directed my ways, and taught me to analyze every problem by the Word, to keep the vision of the Christ will being done in every situation, and to leave the rest in faith, knowing that the very best thing cometh to pass. "God is in his heaven, and all is well with the world."

Q. Does that mean death?

A. No. It means life more abundant as a universal, cosmic force, with dominion over life and death. The shell of what I am will return to earth, from whence it came, even as houses of wood, stone and cement, but its image and likeness in finer eternal substance rises with me.

I thank you, our Saviour, for the illumination which has made this revelation possible.

### *The Conquerer*

I am life, health, wealth and youth,  
Clothed in garments of life's full art,  
Giving in faith, conceived in truth,  
Heir in Christ, and of Him a part.

I am life, health, wealth and youth,  
Full of the breath of those who try,  
Bone, cell and tissue forever alive,  
For I never was born, I never can die.

I am life, health, wealth and youth,  
Here for awhile, then onward, ho,  
To conquer other worlds than this,  
Since I am from above, the Spirit told me so.

I am life, health, wealth and youth,  
Eternal being in Christ forever,  
Builder of worlds, solar systems, causeways;  
I am the Light no thing can sever.

I am life, health, wealth and youth,  
Free from all cords that bind to earth,  
Born with the wings of sunrise hues,  
Born in the Light by the Spirit of mirth.

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