

# Psychological Bear Book

SECOND SERIES

QUOTATIONS SHOWING THE LAWS,  
THE WAYS, THE MEANS, THE METHODS  
FOR GAINING LASTING HEALTH,  
HAPPINESS, PEACE AND  
PROSPERITY

GATHERED BY  
JANET YOUNG

*Round thy fiery throne stand  
labour-loving angels, whose  
business it is that all things  
be accomplished for men.*

—ORPHEUS.



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TO THE  
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## ❧ Psychological Year Book ❧

### Note

**P**SYCHOLOGY is for all ages. Psychology is practical; it justifies religion, ennobles our faith in God. Those who believe and practice its teachings will certainly be profited.

The following quotations are gathered from thinkers of all times and are arranged with some reference to their chronology.

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*Your mind is your real self—your real being. There are more and more possibilities in nature, in the elements, in man and out of man; and they come as fast as man sees and knows how to use these forces, in nature and in himself. Possibilities and miracles mean the same thing.*

— PRENTICE MULFORD.



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*You and I are literal parts of this planet ; this planet is alive,—all alive, a living, moving, growing, material expression of a gigantic spirit, even as your bodies are the visible expressions of your own invisible minds or spirits. A greater force than ever is coming to this planet—do not put any limit to your future possibilities.*

—PRENTICE MULFORD.

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*The constant union of the invisible with the visible. Prayer has occult activity and acts of itself,—it lifts itself outside of forms. You will be invested with power—a secret between yourself and God. Once take this lute on which we sing to God in our hands, and we will never part with it. We feel God with us, in us. In His name we do the works He inspires. A miracle is performed. Silence and meditation are the means of following the way. Repose brings complete communion, the permanent union which invests you with power.*

—HONORÉ DE BALZAC.

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January

❧

And God said, Let us make man in our image, after our likeness; and let them have dominion over all the earth. So God created man in his *own* image, and breathed into his nostrils the breath of life; and man became a living soul.

—THE BIBLE : Genesis.

Grant me, O God, the highest, best of treasures, a judging mind, prosperity abiding, riches abundant, lasting health of body, the grace of eloquence, and days propitious.

— RIGVEDA.

The gods implant wisdom in men, which is the noblest of all treasures.

— SOPHOCLES.

There is one and the same race of gods and men: man has in him the sum and substance of the universe.

— PINDAR.

Day.

1

2

3

4

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Day

January



5

Those who revere the gods, the gods  
will bless.

— HOMER.

6

In the good there is all kind of  
wisdom.

— EURIPIDES.

7

You are convinced by experience  
that most things are brought to a suc-  
cessful issue by calm and prudent fore-  
thought.

— THUCYDIDES.

8

Dost thou not see that the oldest  
and wisest of human communities and  
cities and nations show most respect to  
the gods, and that the wisest age of  
man is most careful of the worship  
of the gods?

— XENOPHON.

9

The gods give nothing really good  
and beautiful without labor and dili-  
gence.

— XENOPHON.

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## January



Day

Grant me to become beautiful in the inner-man, and that whatever outward things I may have may be at home with those within.

— PLATO.

10

When the Creator saw this created image, He pronounced it to be good, and being delighted with the workmanship of His own hands, He proceeded to consider how He might make it still more to resemble its prototype.

— PLATO.

11

The thinking principle, or at least that rather than any other, must be considered to be each man's self.

— ARISTOTLE.

12

The mind of man is improved by learning and reflection. We place a happy life in tranquility of mind.

— CICERO.

13

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14

Truth, by her own unadorned charms, forces herself into the heart of man; she at last bursts forth in meridian splendor and conquers by her innate force.

— POLYBIUS.

15

Philosophy is the cultivation of the mental faculties; it prepares the mind to receive proper seed. Reason is the queen of all things.

— CICERO.

16

Socrates was the first who brought down philosophy from heaven, introducing it into the abodes of men, and compelling them to study the science of life and the effects of things.

— CICERO.

17

A God resides within us and we have intercourse with heaven. The Spirit within us comes from the eternal abodes.

— OVID.



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## January



Although thou art not able to see the mind of man as thou seest not God, yet, so thou recognizest God from his works, so thou must acknowledge the divine power of the mind from its powers of invention, and the desire it has for the beautiful.

— CICERO.

The mind of man, a particle plucked from the intellect of God the Almighty, can be compared with nothing else, if we may be forgiven for saying so, than with God himself.

— CICERO.

To think is to live. Man has been born for two things—thinking and acting.

— CICERO.

The thinking principle moves the whole mass, and mingles itself with the great body.

— VIRGIL.

Day

18

19

20

21

# ❧ Psychological Year Book ❧

Day

January



22

Philosophy has shown us the greatness of the mind.

— CICERO.

23

Possess a well-balanced mind.

— HORACE.

24

Jesus answered them, Is it not written in your law, I said, Ye are gods?

— THE BIBLE : St. John.

25

It is the mind that makes the man.

— OVID.

26

A great and sacred Spirit talks indeed within us, but cleaves to its divine original.

— SENECA.

27

God is present in our minds, and comes into the midst of our thoughts. Comes, do I say?—as if he were ever absent!

— SENECA.



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January



Day

The soul has this proof of its divine origin,—that divine things delight it.

28

—SENECA.

It is not because things are difficult that we do not dare to attempt them, but they are difficult because we do not dare to do so.

29

—SENECA.

The mind is the master over every kind of fortune; a great mind becomes a great fortune.

30

—SENECA.

Knowledge has three degrees—opinion, science, illumination.

31

—PLOTINUS.

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Day

## February



I

Great are the senses and organs said to be; greater than senses and organs is the thinking self; greater than the thinking self is the principle of judgment; and that which is greater than the principle of judgment is He.

— BHAGAVADGITA.

2

Upraise the self by the self; the self is the friend of self.

— BHAGAVADGITA.

3

Tranquilizing the heart with thought controlled, attains the supreme rest in Nirvana. That is my essence.

— BHAGAVADGITA.

4

He whose heart is at rest through meditation, and who everywhere perceives the unity, perceives the ego, which is in every creature.

— BHAGAVADGITA.

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## February



Day

Knowledge and its realization, internal restfulness, power, are godlike attributes wherewith a mortal is born.

5

— BHAGAVADGITA.

Happiness, in the end, is like nectar, and is produced by the transparency of the understanding towards the Spirit.

6

— BHAGAVADGITA.

This knowledge, the most mysterious of mysteries, has by me been thus declared unto thee; considering this in its entirety, act according to thy will.

7

— BHAGAVADGITA.

Listen again to my supreme words, which are the most mysterious of all: Thou art ever beloved of me, therefore I am declaring what is thy welfare.

8

— BHAGAVADGITA.

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Day

## February



9

Internal and external self-control and faith are the nature-born duties.

— BHAGAVADGITA.

10

The spirit in the individual is really identical with the spirit of God. The Deity stands in the relation of a giver to man,—granting what is asked. God is, and the ego is, and they are one being,—consciousness.

— Explanation to BHAGAVADGITA.

Translation by M. M. CHATTERJI, M. A.

11

If a person could be persuaded of this principle as he ought, that we are all originally descended from God, and that He is the Father of men and gods, I conceive he would never think of himself meanly or ignobly.

— EPICTETUS.

12

If any of you, withdrawing himself from externals, turn to his own will to train and perfect, this is he who truly makes progress.

— EPICTETUS.

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## February



Day

Every habit and faculty is preserved and increased by corresponding actions. Whatever you would make habitual, practice it.

— EPICTETUS.

13

Practice yourself for heaven's sake in little things, and thence proceed to greater. God made all men to be happy.

— EPICTETUS.

14

The Stoics traced back all things to the informing, animating ether. In one aspect the Deity is but a fiery air current, in another he is Zeus, the intelligent, almost personal, Lord of the universe.

— MARCUS AURELIUS.

15

It is in your power to withdraw into yourself whenever you desire. Perfect tranquility within consists in the good ordering of the mind,—the realm of your own.

— MARCUS AURELIUS.

16



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Day

February



17

What an easy matter it is to stem the current of the imagination, to discharge a troublesome thought, and at once return to a state of calm!

— MARCUS AURELIUS.

18

You may be always successful if you do but set out well, and let your thoughts and practice proceed upon right method. Let not the intrinsic value of anything escape you.

— MARCUS AURELIUS.

19

Because you find a thing very difficult, do not at once conclude no man can master it. But whatever you observe proper and practicable by another, believe likewise within your own power.

— MARCUS AURELIUS.

20

All the powers of the universe are potentially contained in man and man's physical body.

— PARACELSUS.

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## February



Day

Each man has all the wisdom of the world in himself. He possesses one kind of knowledge as much as another, and he who does not find that which is in him cannot truly say that he does not possess it, but only that he was not capable of successfully seeking it.

21

— PARACELUS.

To grasp the invisible elements, to attract them by their material correspondences, to control, purify and transform by the living power of the Spirit,—that is true alchemy.

22

— PARACELUS.

You need not be surprised to hear such things are possible, because every thing is possible that is consistent with natural laws.

23

— PARACELUS.

Who is there? It is thyself.

24

— JABAL-UDDIN RUMI.

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Day

## February



25

Ascend with the greatest sagacity from earth to heaven, and then again descend to earth, and unite together the powers of things superior and things inferior; thus you will obtain the glory of the whole world, and obscurity will fly away from you.

— Found written on emerald tablet near Hebron, by ALEXANDER THE GREAT.

26

This foregoing sentence evidently teaches the unity of things in heaven and things on earth, and asserts the possibility of gaining not merely a theoretical but also a practical knowledge of the essential character of all things.

— M. M. PATTISON MUIR.

27

Man is the crown of the world, the flower of the universe. Was he not given dominion over all things when the world was created?

— M. M. PATTISON MUIR.

28

The vision is seen, but you must prove!

— M. M. PATTISON MUIR.



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March



Day

Spirit is living and life is spirit, and life and spirit produce all things, but they are essentially one and not two.

I

— PARACELSUS.

It is necessary that we should seek and knock, and thereby ask the Omnipotent power within ourselves, and remind it of its promises and keep it awake, and if we do this in the proper form, and with a pure and sincere heart, we shall receive that for which we ask and find that for which we seek.

2

— PARACELSUS.

Those who make room for impressions will receive them. Man's soul may be perfected by the power of the will.

3

— PARACELSUS.

The beginning of wisdom in man is the beginning of his supernatural power.

4

— PARACELSUS.

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Day

March



5

We are free for ourselves. I believe that one man is more apt than another. This aptitude comes from the spirit.

— PARACELSUS.

6

The wisdom of the Supreme guides the motions of the stars; likewise the reason of man rules the influences that rotate and circulate in his soul.

— PARACELSUS.

7

The ideas exist and men may be able to grasp them. The individual terrestrial life should correspond to the laws governing the universe.

— PARACELSUS.

8

The word “supernatural,” as employed by Paracelsus, implies a higher or spiritual aspect of nature. Nature, the universe, the Macrocosm, man the Microcosm, are one.

— FRANZ HARTMANN.

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## March



To bind spirit we must be able to bind thought. Man is a materialized thought; he is what he thinks.

—FRANZ HARTMANN.

Power of spiritual perception, potentially contained in every man but developed in few, is as old as the world.

—FRANZ HARTMANN.

The teaching has been verified by those whose power of intellect has enabled them to see and understand the things of the spirit. Wisdom comes to those whose hearts are open to receive it. Those who study Nature by her own light become lights themselves, whose rays illumine the world of mind.

—FRANZ HARTMANN.

Spirit is air flying here and there, and returns from whence it came.

—BASIL VALENTINE.

Day

9

10

11

12

# ❧ Psychological Year Book ❧

Day

March



13

The spirit of nature is a unity, creating and forming everything, and by acting through the instrumentality of man, it may produce wonderful things; such processes take place according to law.

—JOHANNES TRETHEIM.

14

You will learn the law by which these things are accomplished if you learn to know yourself, by using the soul-power of the spirit to produce material things from the unseen universe.

—JOHANNES TRETHEIM.

15

The end of our foundation is the knowledge of causes and secret motion of things and the enlarging of bounds of human empire to the effecting of all things possible.

—BACON.

16

O God, I think Thy thoughts after Thee!

—JOHANN KEPLER.

# ❧ Psychological Year Book ❧

## March



Day

Man may have full power over his own mind, and be so fully master of his own thoughts, as to be able to transfer them from one subject to another with the same ease that he can lay by anything he has in his hand and take something else he has a mind to in the room of it.

— JOHN LOCKE.

17

Nothing is more absolute than the command of the mind over the body.

— FENELON.

18

The superior reason that resides in man is God Himself, and whatever has been discovered to be in man are evident footsteps of the Deity.

— FENELON.

19

My will is so much my own that I am only to blame if I do not will what I ought.

— FENELON.

20



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Day

March



21

It is evident there is not any other substance than Spirit, or that which perceives.

—BERKELEY.

22

Besides ideas or objects of knowledge, there is likewise something which knows or perceives them, as willing, imagining, remembering about them. This perceiving active being is what I call mind-spirit, soul or myself.

—BERKELEY.

23

If we follow this light of reason we shall collect the goodness and wisdom of the Spirit who excites them in our minds.

—BERKELEY.

24

A man cannot be an image of God according to His likeness unless God be in him.

—SWEDENBORG.

25

A man's mind is the man himself.

—SWEDENBORG.

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## March



Day

A man's mind is his spirit, and the body is the external by which the mind or spirit feels or acts in the world.

26

— SWEDENBORG.

Will and understanding have been created and formed by the Lord in man,—the will for his divine love, and the understanding for his divine wisdom.

27

— SWEDENBORG.

The will and the understanding constitute man's very life.

28

— SWEDENBORG.

There is a correspondence of all things of the mind with all things of the body.

29

— SWEDENBORG.

The Divine Love and the Divine Wisdom cannot but be and exist in other beings created from Itself.

30

— SWEDENBORG.

Systems exercise the mind, but faith enlightens and guides it.

31

— VOLTAIRE.

# ❧ Psychological Dear Book ❧

Day

April



1

Success in your art depends principally upon the industry of your mind.

— SIR JOSHUA REYNOLDS.

2

A knowledge of the disposition and character of the human mind can be acquired only by experience and extensive observation.

— SIR JOSHUA REYNOLDS.

3

In the midst of the highest flights of fancy or imagination, reason ought to preside from first to last.

— SIR JOSHUA REYNOLDS.

4

The fortunate circumstances of our lives are generally found to be of our own procuring.

— GOLDSMITH.

5

The mind of man possesses a sort of creative power of its own. Words have a share in exciting ideas of beauty and of the sublime.

— EDMUND BURKE.



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April



Day

Fill thy heart with it, and then name it as thou wilt.

— GÖETHE.

6

Are you in earnest, seize this very minute; what you can do, or think you can, begin it.

— GÖETHE.

7

What sets in activity the association of thought itself is the will.

— SCHOPENHAUER.

8

The intellect becomes tired; the will is never tired,—is everywhere completely itself; knowing requires effort. The brain is the subordinate of the will, which alone is imperishable.

— SCHOPENHAUER.

9

The objective is the consciousness of other things; subjective, self-consciousness. The whole world of perception is the mirror of the will.

— SCHOPENHAUER.

10

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Day

April



I 1

The world as idea is merely its outward side; the side of its inmost nature is the will.

— SCHOPENHAUER.

I 2

All that man does and brings to pass is the vesture of a thought.

— CARLYLE.

I 3

We have our mind given us, that we may not cavil and argue, but that it may see into something, give us clear belief and understanding about something, whereon we are then to proceed to act.

— CARLYLE.

I 4

All deep things are song, poetry therefore we will call musical thought; see deep enough and you see musically, the heart of nature being everywhere music.

— CARLYLE.

I 5

He most lives who thinks most.

— BAILEY.

# ❧ Psychological Year Book ❧

April



Day

Victory over things is the office of man. Each man is a new power in nature. He holds the keys of the world in his hands,—no truth which he cannot see.

— EMERSON

16

Thinking is the function, living is the functionary,—a great soul will be strong to live, as well as strong to think.

— EMERSON.

17

Yet with all this abounding experience, this deity known, I shall dare to discover some province, some gift of my own.

— ROBERT BROWNING.

18

I think that those who have an imaginative corner in their hearts have a shrine. To a shrine we bring our aspirations; there they accumulate and secretly influence our lives.

— RICHARD JEFFERIES.

19

# ❧ Psychological Year Book ❧

Day

April



20

Mind the cause and orderer of all things. Plato heard it read from Anaxagoras. Plato conceived a world of permanent existences—these were Ideas.

—GEORGE HENRY LEWIS.

21

We walk evermore to higher paths by brightening reason's lamp.

—GEORGE ELIOT.

22

William Gladstone considered concentration his master secret—steady practice of instant fixed effectual attention.

—JOHN MORLEY.

23

Man's soul is God's living temple.

—RUSKIN.

24

The essential thing at the start is the habit of thinking. —HENRY CABOT LODGE.

25

Literature is thought ornamented.

—DAVID SWING.

# Psychological Year Book

April



Day

Heaven is only the capital of the Kingdom of God. —HENRY DRUMMOND.

26

Ether vibrations have power and attributes abundantly equal to any demand. —SIR WILLIAM CROOKES.

27

Will and thought are living forces. These two forces are in a way visible, tangible. In repose, ideas rush across our inner vision. —BALZAC.

28

An idea commands investigation which slowly elaborates into admirable work. Believe me, miracles are in us. —BALZAC.

29

Will is the medium in which the mind moves, the mass of power by which man can reproduce outside himself,—the actions constituting his external life. —BALZAC.

30

## ❧ Psychological Year Book ❧

Day

May



1

The word of God contains a hidden or spiritual meaning. — BALZAC.

2

The spirit dwelling inwardly can communicate with the meaning of all the hidden things of this world.

— BALZAC.

3

As soon as a man desires to penetrate the secrets of nature, where there are no real secrets, all that is needed is sight; he can see that the marvelous is the outcome of the simple. — BALZAC.

4

Thought is the sight of the intellect.

— BALZAC.

5

There is in all things an appearance; behind this there is a soul moving the body and the faculty.

— BALZAC.

6

Miracles are within us,—natural facts which some call supernatural.

— BALZAC.



# ❧ Psychological Year Book ❧

May



Day

Man is effect and cause. — BALZAC.

7

The brazen rod belongs to all. None are superior to what you might become.

— BALZAC.

8

Everything tends from the utmost to the utmost circumference, by which thou art linked, in the invisible to the divine idea.

— BALZAC.

9

Belief is above thought; this, too, can be learned. Believe, see,—contemplate, acquire knowledge and power,—love, pray, wait and seek a guiding clue.

— BALZAC.

10

Our actions are accomplished in our thought before they are reproduced outside of us. We are gifted with faculties radiating from a common center—faculties extensive, powerful and improvable by use.

— BALZAC.

11

## ❧ Psychological Year Book ❧

Day

May



I 2

Feel infinity within us and recognize its power. God alone is infinite,—recognize an external force apart from bodies to which faith imparts movement.

— BALZAC.

I 3

Thinking is seeing. Every human science is based on deduction, by which we work up from the effect to the cause.

— BALZAC.

I 4

Everywhere God is like unto Himself, and by prayer it is easy to reach Him. He loves to be taken by Faith.

— BALZAC.

I 5

All these things proceed in silence, yet all is action, from the most vast to the smallest of the worlds and to the minutest atom of the creation that constitutes it—yet all one, one Being immutable in its essence, mutable in its form.

— BALZAC.



# ❧ Psychological Year Book ❧

May



Day

The idea constitutes the act by which man uses his mind; thus will and thought are the two generating forces—volition and the idea are the two products.

— BALZAC.

16

Ideas suddenly illuminated assume vaster proportions—certain truths are brought into order. The roots thus spread bring forth fruit in the intellectual sphere.

— BALZAC.

17

God is always within us—we think in Him. God enters in us to blossom there—who fulfils all our aspirations and expands and multiplies us in Himself.

— BALZAC.

18

There is harmony, you join in it; there is a melody, its counterpart is in you. In that frame you will feel your intellect expanding and its insight reaching to prodigious distances.

— BALZAC.

19

# ❧ Psychological Year Book ❧

Day

May



20

Creations are but transformations. There is a sphere of intellect that lives in secret. There are two modes of perception, external and internal.

— BALZAC.

21

God reveals Himself unfailingly to the thoughtful seeker.

— BALZAC.

22

We triumph in the name of God. He will never reject those who force their way to Him.

— BALZAC.

23

Man is the link of union between the natural and the spiritual.

— BALZAC.

24

The spirit penetrates the sense, and gives vitality to intellect.

— BALZAC.

25

Great perfection comes of qualities successively acquired, till they gain perfection.

— BALZAC.

# ❧ Psychological Year Book ❧

May



Day

The little we know of the laws of the visible world enables us to conceive of the immensity of higher spheres.

26

— BALZAC.

You call a fact supernatural because you do not know its cause.

27

— BALZAC.

Thought is an active agent.

28

— BALZAC.

Thought has spontaneity, strength and a substantial existence.

29

— BALZAC.

The inner man must be winnowed of all undesirable attributes.

30

— BALZAC.

The quickness of the Spirit becomes yours; develops our essence and mingles it with the spiritual world.

31

— BALZAC.

# ❧ Psychological Year Book ❧

Day

June



1

Thought is an intellectual language that may be learned. — BALZAC.

2

By concentration thought acquires some of the qualities of the substance, and apprehends what it can do. The word is forever generating the substance. From thy couch to the frontiers of the world there are but two steps, will and faith; man has but to will long enough to make the world as he would have it.

— BALZAC.

3

What I tell you is the truth. You will have His power. You will be allowed to use it as you use anything. Whoever possesses one of these gifts touches the infinite. The Word has been distributed over the earth.

— BALZAC.

4

Prayer is a faculty that acts of itself. It finds its way through all things, and shares the power of God. — BALZAC.

# ❧ Psychological Year Book ❧

June



Day

Your invisible and mental universe  
and your visible and physical universe  
constitute one and the same.

5

— BALZAC.

I love to plunge into that realm of  
mystery, giving a comprehension of the  
power of mind, and accustom me to  
the workings of the mind.

6

— BALZAC.

There must be independent inner  
faculties; material must be penetrable  
by the spirit. You must will before  
you can think.

7

— BALZAC.

Thought which is allied to light is  
derived from substance; when the sub-  
stance is absorbed in sufficient quan-  
tity it makes of a man an immensely  
powerful mechanism in direct commu-  
nication with the very element of the  
substance.

8

— BALZAC.



# ❧ Psychological Year Book ❧

Day

June



9

Power comes of looking forward with hope of expecting and demanding the better things to come.

— PRENTICE MULFORD.

10

The body is continually changing its elements in accordance with the condition of the mind.

— PRENTICE MULFORD.

11

Of anything that annoys you, make up your mind that it shall not annoy you; this decision will increase the drawing power of your mind.

— PRENTICE MULFORD.

12

Faith is spiritual knowledge. It is an active, an immediate power for moving events and persons.

— PRENTICE MULFORD.

13

Set your mind, that magnet as real though invisible as a load-stone, at work drawing the better to you.

— PRENTICE MULFORD.



# ❧ Psychological Year Book ❧

June



Day

Keep the mind in the attitude of ever desiring whatever quality you need to succeed in your effort. It should be accompanied with this thought: "I will do what I have set out to do."

14

— PRENTICE MULFORD.

Every man and woman is a part, an expression, of the Infinite mind.

15

— PRENTICE MULFORD.

The Infinite would have every man and woman like unto Himself.

16

— PRENTICE MULFORD.

To us, as parts of the Infinite, belong knowledge, power, wisdom, so fast as we can receive and appropriate it.

17

— PRENTICE MULFORD.

Every demand, silent or spoken, brings its supply in proportion to the intensity of the wish.

18

— PRENTICE MULFORD.

# ❧ Psychological Year Book ❧

Day

June



19

Thought is a force as real as a current of electricity. — PRENTICE MULFORD.

20

Ask persistently and it shall be given you. — PRENTICE MULFORD.

21

When we form a plan we are making something of that unseen element our thought. — PRENTICE MULFORD.

22

We are building in unseen substance a construction which will draw to us forces or elements according to the character of our thought.

— PRENTICE MULFORD.

23

Belonging to your spirit are powers, now possibly in embryo, but ever growing greater.

— PRENTICE MULFORD.

24

Know and use these forces intelligently, so as to bring you every possible good.

— PRENTICE MULFORD.

# ❧ Psychological Year Book ❧

June

❧

Day

Power can work in and through us, the more we call it to us, demand it, importune it and depend upon it.

25

— PRENTICE MULFORD.

Our real self is our mind, the body an instrument it uses,—we are then made up entirely of forces we call thoughts.

26

— PRENTICE MULFORD.

To succeed in any plan keep it ever persistently fixed in mind as an aim.

27

— PRENTICE MULFORD.

The Infinite is ever sending thoughts to this planet, which change it and the people on it into newer and happier beings. They are the commands of the Infinite saying to us, "You must know more of Me." We will through such demand have more and more of the Supreme Mind manifested in us.

28

— PRENTICE MULFORD.

# ❧ Psychological Year Book ❧

Day

June



29

As you recognize your relationship to the Supreme Power, you will come to know that yours is the right to demand as much as possible of this Supreme or Divine Power, to be expressed through you.

— PRENTICE MULFORD.

30

As your power increases to bring results, you become continually a newer being through the action and working of silent thought or mind.

— PRENTICE MULFORD.

# ❧ Psychological Year Book ❧

July



Day

There is in each one of us two beings—the material or physical and the spiritual.

—PRENTICE MULFORD.

1

When minds here learn, as in time they will, to have faith in these existences, they will fix their thoughts persistently on the bright side of life.

—PRENTICE MULFORD.

2

The mind in repose draws spiritual element to recuperate the body.

—PRENTICE MULFORD.

3

A greater force than ever is coming to this planet; it will show us a new meaning in life,—a better way to live.

—PRENTICE MULFORD.

4

When you desire or demand anything, you pray for that thing, or, in other words, you set at work the force attracting that thing to you.

—PRENTICE MULFORD.

5

## ❧ Psychological Year Book ❧

Day

July



6      The physical being or body has a mind and reason of its own based on what the physical senses bring to it; the spiritual being has another mind based on the use of its other senses or powers.  
— PRENTICE MULFORD.

7      There is a great mystery in all this,— it is enough to know that it is so. Persistent purpose is a seed in the mind,— it will grow—there is a wonderful law evolved in it.  
— PRENTICE MULFORD.

8      The upper currents of unseen realities are full of the spiritual correspondences of all luxuries and good things enjoyed here,—full of beautiful things as yet here never seen and enjoyed.  
— PRENTICE MULFORD.

9      Is the method too easy? Remember Solomon wrote we are wonderfully made.  
— PRENTICE MULFORD.



# ❧ Psychological Year Book ❧

July



Prayer is the great elevating force in the universe.

— PRENTICE MULFORD.

The longer we endeavor so to fix our mind on the bright side of life, the more power will we have.

— PRENTICE MULFORD.

It will become "second nature" to live in these higher realities; so living, health and prosperity will flow toward us.

— PRENTICE MULFORD.

It is of the greatest possible benefit for us to more fully realize the existence of our wonderful powers.

— PRENTICE MULFORD.

Man possesses two distinct minds or one mind possesses certain attributes and powers under some conditions and certain attributes and powers under other conditions.

— T. J. HUDSON.

Day

10

11

12

13

14

# ❧ Psychological Year Book ❧

Day

July

❧

15

I designate one as the objective mind and the other as the subjective mind.

— T. J. HUDSON.

16

The objective mind is man's guide in his struggle with his material environment. Its media of observation are the five physical senses. Its highest function is that of reasoning.

— T. J. HUDSON.

17

The subjective mind perceives by intuition.

— T. J. HUDSON.

18

The objective mind seems to be the function of the physical brain.

— T. J. HUDSON.

19

The subjective mind is the soul or spirit.

— T. J. HUDSON.

20

The subjective mind takes its cue from the suggestions conveyed to it by the objective mind.

— T. J. HUDSON.

# ❧ Psychological Year Book ❧

## July ❧

Day

By becoming aware of the source and power of the laws which govern the subjective mind, and by keeping it under the control of reason, this power can be utilized to the very best advantage.

— T. J. HUDSON.

21

The subjective mind has been called the ego, and has been recognized as the inward monitor.

— T. J. HUDSON.

22

The subjective mind or the soul possesses the inherent power of perception of the laws of nature and of God.

— T. J. HUDSON.

23

The subjective faculties should always be controlled by objective reason.

— T. J. HUDSON.

24

One can inspire one's own mind with confidence by the simple power of auto-suggestion.

— T. J. HUDSON.

25

# ❧ Psychological Year Book ❧

Day

July



26

Cultivated harmoniously, the individual has the benefit of all the reasoning powers of the objective mind combined with the marvelous power and resources of the subjective mind. — T. J. HUDSON.

27

Whatever effect is desired should be formulated in the mind and reiterated with persistency. — T. J. HUDSON.

28

God gave man supreme control of the processes of reasoning, thus constituting man a free moral agent.  
— T. J. HUDSON.

29

Christ transmitted His power as a sacred heritage to all mankind.  
— T. J. HUDSON.

30

The conditions necessary to the exercise of this power are expressed in the one word, Faith. — T. J. HUDSON.

31

This power demonstrates our true relationship to God. — T. J. HUDSON.

# Psychological Year Book

August



Day

Man is made in God's image.

— T. J. HUDSON.

1

In the soul of man we find divine attributes differing only in degree.

— T. J. HUDSON.

2

We find powers that correspond in kind to the attributes of omniscience.

— T. J. HUDSON.

3

Our mental structure is built on general plan of omnipotence.

— T. J. HUDSON.

4

Nourish the subjective mind from the fountain of truth. Its intuitive powers will become a revealing light.

— T. J. HUDSON.

5

The soul is capable of becoming absolute master of all that is in us.

— T. J. HUDSON.

6



# ❧ Psychological Year Book ❧

Day

August



7

Opportunities will come for you.  
Strength and wisdom will come for you.

—T. J. HUDSON.

8

The mind is that point around which  
impressions gather.

—HORATIO DRESSER.

9

True thought is the comprehension  
of things in the light of cause and effect.

—HORATIO DRESSER.

10

Glean wisdom from experience.

—HORATIO DRESSER.

11

Wherever the will is habitually con-  
centrated, there the forces which shape  
experience shall gather, making a bet-  
ter future out of a steadily evolving  
present.

—HORATIO DRESSER.

12

One seeks the silence of the inner  
realm, to become mentally refreshed.

—HORATIO DRESSER.



# ❧ Psychological Year Book ❧

August



Day

Command inward serenity, be a poised observer; pick up your forces, one by one, until you are master of the art of self-control. — HORATIO DRESSER.

13

The term higher self denotes revelation of God in the finite soul.

14

— HORATIO DRESSER.

Never withdraw from the ideal; realization follows. — HORATIO DRESSER.

15

What you know comes from willing it, by persistently putting yourself in conditions to receive it.

16

— HORATIO DRESSER.

Mind directs the forces.

17

— HORATIO DRESSER.

One may be independent of external conditions; by calm concentration of power, hold the key of the situation.

18

— HORATIO DRESSER.

# ● Psychological Year Book ●

Day

August



19

Master your thoughts. If your thoughts control you, control them.

—HORATIO DRESSER.

20

Max Muller observes a faculty in man of apprehending the Infinite, not only in religion, but in all things,—a very real power which has held its own from the very beginning of the world.

—HORATIO DRESSER.

21

Wonderful realm of the sub-conscious mind,—susceptible to suggestion, power, and right use of thought.

—HORATIO DRESSER.

22

One may accomplish wonders with soul power; it depends on our understanding of the law. —HORATIO DRESSER.

23

Thought is deep and abiding.

—HORATIO DRESSER.

# ❧ Psychological Year Book ❧

August



Day

Take time to think, and imagine.  
Mould the character, temper the will,  
strengthen the emotions.

24

— MARIE CORELLI.

The Spirit shall work in ways where  
it has never been found before. For  
the power of the Spirit is greater than  
all,—and so it has been proved.

25

— MARIE CORELLI.

Learn how to make your life valu-  
able. Arabian Nights' stories were only  
symbols of the elements man might  
control if he but rubbed the lamp of  
his intelligence smartly enough. Every  
“Fairy Tale” has a meaning, every  
legend a lesson.

26

— MARIE CORELLI.

Search out truth in thine own fashion;  
but if it should elude thee, blame not the  
truth, which ever is, but thine own wit-  
lessness, which cannot grasp it.

27

— MARIE CORELLI.

## ❧ Psychological Year Book ❧

Day

August



28

Talkest thou of miracles? Thou art thyself a miracle; the whole world is a miracle.

— MARIE CORELLI.

29

Power of the mind? I myself have tested this time and time again. I know positively what a great thing it is.

— MARIE CORELLI.

30

When the human mind concentrates upon accomplishing a certain object, and places itself in tune with these unseen powers, devoutly wishing and working for the chosen end, events will shape themselves in accordance with that desire.

— MARIE CORELLI.

31

Opportunities will occur as if they were ordered. Everything, — time, place, space, — will conform itself, just as if they had been expressly arranged. The main thing is to become in accord with these influences.

— MARIE CORELLI.

# ❧ Psychological Year Book ❧

September



Faith in the Psychic? I am a thorough psychologist, believing that we are helped by influences beyond ourselves.

— MARIE CORELLI.

If a person makes up his mind to accomplish a certain thing, provided, of course, it is salutary in itself, all he has to do is to place himself in accord with the universe, and everything in the world will tend toward accomplishment of that object.

— MARIE CORELLI.

I believe that people can keep themselves in perfect health by following out the dictates of such influences as they feel bring themselves in accord with the universe.

— MARIE CORELLI.

It is the air and melody of spiritual conception, the so-called supernatural.

— MARIE CORELLI.

Day

1

2

3

4



# ❧ Psychological Year Book ❧

Day

September



5

Know from henceforth that the supernatural universe is in and around the natural, the chief reality, inasmuch as God surroundeth us. — MARIE CORELLI.

6

These thoughts have been constant companions of mine for years. So far as my psychic theories are concerned, I put them into practical working every day of my life. All my business transactions are shaped more or less by their dictates.

— MARIE CORELLI.

7

When I have carried any plan up to a certain point I leave it to take care of itself. I always find it is taken up just where I leave it and carried to a successful conclusion. Something distinctly tells me you have done sufficient—leave the rest to us,—and so I do.

— MARIE CORELLI.

8

Whatever has been done can be done.

—R. W. TRINE.



# ❧ Psychological Year Book ❧

September



Day

All truth exists now, and awaits our perception of it. — R. W. TRINE.

9

Successful plans often come by inspiration, through the instrumentality of our thought. — R. W. TRINE.

10

The confident and cheerful attract the elements of success. — R. W. TRINE.

11

Thought has a literal value.

— R. W. TRINE.

12

God is immanent as well as transcendent. — R. W. TRINE.

13

To work in harmony with the Divine Will, with all its higher laws and forces, is the secret of all success.

— R. W. TRINE.

14

Thought is the force; like attracts like. — R. W. TRINE.

15

## ❧ Psychological Year Book ❧

Day

September



16

The one who is truly wise, and who uses the forces and powers with which he is endowed, to him the great universe always opens her treasure house.

—R. W. TRINE.

17

Take the thought that you *can*. Plant it in your consciousness, cultivate it and water it with firm expectation, and it will gradually reach out and gather strength from all quarters.

—R. W. TRINE.

18

By what we call the will, the thought is given a particular direction; and in the degree that it is thus given direction is it effective in the work it is set out to accomplish.

—R. W. TRINE.

19

Our spiritual thought forces have creative power,—spoken word, outward expression of the workings of these forces.

—R. W. TRINE.

# ❧ Psychological Year Book ❧

September



Day

Somewhere in space there exists the abiding-place of ideas, and as fast as earth dwellers are ready for them, they are released. Like a bird, the idea takes flight and seeks a home in the brain of some one who is singled out to forward it for the benefit of humanity.

20

—JENNIE JUNE CROLY.

Let the pure shining of the "Self" irradiate us, as a shining light through flawless glass. Happy are they who see its presence and make themselves the channels of its living force.

21

—ANNIE BESANT.

The mind of the thinker is the source of energies. With all undesirable elements removed, it becomes responsive to the higher workings of the intellect. One is able to impress on the consciousness the true object of his life.

22

—ANNIE BESANT.

# ❧ Psychological Year Book ❧

Day

September



23

The thinker becomes more conscious of his own inherent powers. What is attracted will correspond to the vibrations sent out by the thinker. These impressions we call "flashes of intuition,"—when they enlighten the intellect, and when these impressions continue, they are "genius."

— ANNIE BESANT.

24

Those who would succeed may do so by well-directed effort. The habit of quiet, sustained and sequential thought, of meditation and study, develops the mind and body, each step forward making the succeeding steps more rapid,—no effort but is followed by its full effect.

— ANNIE BESANT.

25

As we become more receptive, we draw to us finer vibrations; the self within is waking divine power from latency to activity.

— ANNIE BESANT.

# Psychological Year Book

September



Day

The intellect is the "I," conscious of itself.

— ANNIE BESANT.

26

Thought is health; thought is achievement; thought is success.

— LILIAN WHITING.

27

Thought is that intense psychic potency that can transform conditions and create new ones.

— LILIAN WHITING.

28

Man is placed in the midst of marvels. He has powers and faculties whose design is to lead him into larger knowledge.

— LILIAN WHITING.

29

More and more can each one learn to carry on the affairs of his life by thought. Recognize only the good; it is the secret of success.

— LILIAN WHITING.

30



# ❧ Psychological Year Book ❧

Day

October



1

If this subjective mind is a kind of reservoir, into which infinite currents flow, and if the quality and quantity of it that we may draw, daily and hourly, depend on the suggestion to it from the conscious mind, it is evident that we thus have control over the entire psychic force that goes to dominate our lives.

— LILIAN WHITING.

2

That potent and unrecognized law of nature, vibration, is making itself felt in the world of thought and perception, as electricity, in its newer and larger applications, is impressing itself as a supreme force in all the applied arts.

— LILIAN WHITING.

3

Eliminate all undesirable conditions. Eradicate them as weeds. Occupy the mind with better things, and the best and most helpful of all is a habit of confidence and repose under the shelter of a loving God.

— HORACE FLETCHER.



# ❧ Psychological Year Book ❧

October



Day

Throw off what you do not wish by pursuing a new train of thought.

— HORACE FLETCHER.

4

Vouchsafe me not to estrange the other me at my elbow; suffer not my primal light to wane; and grant that I may carry my cup brimming, yet unspilled, to the last, Amen.

— A Prayer: ELIZA ATKINS STONE.

5

You must listen if you would catch the whispering of the angels.

— J. G. CLAXTON.

6

Thought is a power that turns the scales of what man calls destiny. Man rules his own destiny,—ay, he originates it.

— J. G. CLAXTON.

7

The desire to know our highest selves is to have shadowed forth to us what we may be even in this life.

— J. G. CLAXTON.

8

# ❧ Psychological Year Book ❧

Day

October



9

Every beautiful thought is an angel visit.  
—J. G. CLAXTON.

10

The fundamental principle of mind training is this,—you can make what you will of yourself. —R. W. CONANT.

11

All life existing on our globe is, as Professor Haeckel beautifully says, “transformed sunlight.” —B. F. MILLS.

12

I believe that every discovery is bringing us nearer and nearer to the knowledge of the essence which we know as Infinite Existence.

—B. F. MILLS.

13

The world is to us what we make it, and so is our physical organism.

—W. F. EVANS.

14

Whatever is conceived by the mind of man is possible. —W. F. EVANS.

# ❧ Psychological Year Book ❧

October



Day

The first step towards the realization is the conception of it in our minds and the belief of its attainableness. We then remove it from the category of impossible things, and the reality takes the shape of our thoughts.

15

— W. F. EVANS.

Ideas are the inmost essence and reality of what we call external things.

16

— W. F. EVANS.

Before things can exist as actualities, the ideas of them must subsist.

17

— W. F. EVANS.

The world, which is your property, is an accumulation of facts.

18

— FREDERIC VAN RENSSELAER DEY.

Fortune waits upon your footsteps and belongs to you.

19

— FREDERIC VAN RENSSELAER DEY.

# ❧ Psychological Year Book ❧

Day

October



20

Strengthen your will,—the secret of this all-pervading good, the secret of being what you have it within you to be.

—FREDERIC VAN RENSSELAER DEY.

21

Contemplate your subject long; it will gradually unfold itself.

—W. MATTHEWS.

22

Be enthusiastic; throw your energies into whatever you have to do. The glory is in rising to fresh heights.

—W. MATTHEWS.

23

Be receptive,—flashes of illumination follow meditation.

—W. MATTHEWS.

24

The happiest thoughts, the most brilliant fancies, the aptest similitudes, come to us in the hours of relaxation.

—W. MATTHEWS.

25

Our wishes are presentments of our capabilities.

—W. MATTHEWS.

# ❧ Psychological Year Book ❧

October



Day

A determined spirit will triumph,—  
spirit transforms you with power.

26

—W. MATTHEWS.

The first law of success is concentration.

27

—W. MATTHEWS.

Rays are more intense when concentrated.

28

—W. MATTHEWS.

If one concentrates on what is on hand, one may achieve miracles.

29

—W. MATTHEWS.

Mental power helps to keep the body strong and to preserve it.

30

—W. MATTHEWS.

Man is now learning that his own thought power is a force, the intensity and utility of which has been almost undreamed of.

31

—HENRY WOOD.

## ❧ Psychological Dear Book ❧

Day

November



1

Utility is the watchword of the present age.  
— HENRY WOOD.

2

I create a harmonious environment by projecting thought only of the good.  
— HENRY WOOD.

3

Thought waves are like musical vibrations.  
— HENRY WOOD.

4

I will think only harmonious thoughts, and thereby I make harmony.  
— HENRY WOOD.

5

In its general sense, whatever sets you to thinking is suggestion.  
— GRANT WALLACE.

6

This subjective self is under the influence of your own outer mind.  
— GRANT WALLACE.

7

Suggestion to yourself is called auto-suggestion.  
— GRANT WALLACE.



# ❧ Psychological Year Book ❧

## November



Day

Thought needs a receptive mental attitude and a suggestion to start it,— it comes in the silence of the outer mind.

— GRANT WALLACE.

8

It is this subconscious self or soul, or ego, of you which does your real thinking for you—your truth getting. From it or through it come your flights of fancy and imagination. It is that through which the inspiration of poet, painter, novelist, and inventor comes.

— GRANT WALLACE.

9

There would seem to be hardly a limit to the possibilities following the intelligent use of this power of self-suggestion.

— GRANT WALLACE.

10

These subjects are bound, sooner or later, to compel careful attention from the scientific world. The successful man uses them every hour of the day.

— GRANT WALLACE.

11

# ❧ Psychological Year Book ❧

Day

## November



I 2

Find out about this earth, this universe,—this force and matter and the Spirit that glimmers up through force and matter to Godhead. Work for a philosophy of life.

—JACK LONDON.

I 3

The three great things are, Good Health, Work, and a Philosophy of Life; a fourth, Sincerity. With these you may cleave to greatness and sit among the giants.

—JACK LONDON.

I 4

The world is beautiful; look, listen, and learn.

—MAX O'RELL.

I 5

Cultivate an artistic temperament; discover the joy in the world.

—MAX O'RELL.

I 6

Those cheerful people, philosophers, ever ready to see the bright side of everything in life, are young forever.

—MAX O'RELL.

# ❧ Psychological Year Book ❧

## November



Day

Happiness is derived from the careful manner in which you deal with trifles.

17

— MAX O'RELL.

Unusual things seem impossible until they happen.

18

— MARION CRAWFORD.

All problems are soluble by an enlightened and regenerate will.

19

— W. D. HOWELLS.

All consciousness is motor.

20

— WILLIAM JAMES.

The Bible makes a man dare to feel identified with God.

21

— GERALD STANLEY LEE.

Culture is the charging of the nerves of the body and powers of the spirit with the genius that has walked the earth before us; we are visited with our possible selves.

22

— GERALD STANLEY LEE.

# ❧ Psychological Year Book ❧

Day

November



23

With books and a determined spirit both, a man can have any environment he wants for living his life,—the possible is our privilege.

— GERALD STANLEY LEE.

24

Men are going to be the embodiment of truths they know.

— GERALD STANLEY LEE.

25

We are all born with a natural gift of being interested in ourselves.

— GERALD STANLEY LEE.

26

Things are for me! “And they shall be to thee,” said my soul, “what thou biddest them.”

— GERALD STANLEY LEE.

27

Sometimes the conscious has its way, then the subconscious, until, in the highest state of power of all, they are seen in their mutual glow and splendour,—working as one mood, creating miracles.

— GERALD STANLEY LEE.

# ❧ Psychological Year Book ❧

## November



Day

The power to be creative and receptive by turns is only obtained by constant and daily practice, and when the modulating of one of these moods into the other becomes a swift and unconscious habit of life, inspiration is a daily occurrence.

—GERALD STANLEY LEE.

28

The basis of a great character seems to be the capacity for intense experience with the character one already has.

—GERALD STANLEY LEE.

29

The first and most practical thing to do with an ideal is to believe it; the next is to act as if you believed it; that is to assume that it can be made real. It is only people who believe ideals who can make them real.

—GERALD STANLEY LEE.

30



# ❧ Psychological Year Book ❧

Day

December



1

Psychology is namely the doctrine which attempts to describe our mental life, and, as far as possible, to discover its conditions and laws. —JOSIAH ROYCE.

2

Auto-suggestion is the great psychological miracle; a few realize the part it plays in the drama of life. It is the lord of the realm of habit,—it explains the accomplishment of seemingly impossible feats.

—J. D. QUACKENBOSS.

3

Each individual has two personalities: one, the personality which consciously carries on the ordinary business of life, and a deeper, more subtle personality which, as the image of God, intuitively perceives; those that know attain the desired purpose.

—J. D. QUACKENBOSS.

4

Brain building is the science of the future.

—ELMER GATES.



# ❧ Psychological Year Book ❧

December



Day

Mind art,—the art of brain building, by the cultivation of which anybody may become literally the architect of his own mind machine, rebuilding it or altering it as he sees fit.

5

— ELMER GATES.

The whole brain, which is the mind machine, is a piece of physical mechanism, and like any other machine it may be built up,—put together bit by bit.

6

— ELMER GATES.

It is all a matter of educating the cells of the brain, which are the physical units of the mind; the laws which control it are as regular as the laws of gravity.

7

— ELMER GATES.

Every thought that enters the mind is registered in the brain by a change in the structure of the cells.

8

— ELMER GATES.

# ❧ Psychological Year Book ❧

Day

December



9

Character and disposition may be educated and improved. — ELMER GATES.

10

Cultivate pleasant and amiable thoughts; by a regular system of exercise the joy of living is augmented.

— ELMER GATES.

11

Cheerful, happy emotions augment constructive life, producing changes in the body.

— ELMER GATES.

12

The nerve centers of the human body are storage batteries charged with electrical energy.

— JACQUES LOEB.

13

Nerve energy is electric; when the human body is at rest the storage batteries which we call nerve centers are slowly charged. Nature demands repose for the body in order to refill the battery cells.

— JACQUES LOEB.

14

To gain wisdom, in school or out, is education.

— DAVID STARR JORDAN.

# ❧ Psychological Year Book ❧

## December



Opportunity comes through training to receive it.

— DAVID STARR JORDAN.

Day

15

Science is knowledge tested and set in order, and each advance in knowledge carries with it a corresponding increment of power.

— DAVID STARR JORDAN.

16

The higher forms of thought have this place in mental growth as necessities in the concrete preparation for action.

— DAVID STARR JORDAN.

17

The finest piece of mechanism in all the universe is the brain of man. In this complex structure we can form images of the world about us—correct so far as they go. To retain these images, to compare them, to infer relations of cause and effect, and to transfer thought into action, is man's privilege.

— DAVID STARR JORDAN.

18

# ❧ Psychological Year Book ❧

Day

December



19

This planet is subject to intelligent control.  
— SIR OLIVER LODGE.

20

We can surely learn to do more than we have yet accomplished — more, even, than we have yet conjectured as within the range of possibility.  
— SIR OLIVER LODGE.

21

Special providences envelop us, only they are not special. Prayer is a means of communication as natural and as simple as speech.  
— SIR OLIVER LODGE.

22

Realize that you are a part of a great, orderly and mutually helpful cosmos, that you are a part of it and closely akin to it.  
— SIR OLIVER LODGE.

23

We must also realize that the whole consists not of matter and motion alone, nor yet of spirit and will alone, but of both and all.  
— SIR OLIVER LODGE.

# ❧ Psychological Year Book ❧

December



Day

Miracles lie all around us, only they are not miraculous. —SIR OLIVER LODGE.

24

We must realize that the whole universe is a single undeviating law — saturated cosmos. — SIR OLIVER LODGE.

25

Not mere energy but constantly directed energy,—the energy being controlled by something which, presumably, is immanent in the universe and is akin to life and mind.

26

— SIR OLIVER LODGE.

If the one Ego underlies all thought, the whole Creation is Self-revelment.

27

— EDWARD CARPENTER.

To realize this identity with the great Self, no rules will take the place of actual experience, so alone will it become vital and really intelligible to us.

28

— EDWARD CARPENTER.



# ❧ Psychological Year Book ❧

Day

December



29

Transformations are perpetually going on throughout our individual lives.

— EDWARD CARPENTER.

30

To feel our identity with that deepest being within us is the first thing,—the feeling will clothe itself in images of things actual: and already the process will have begun by which those things will be created or realized in the world.

— EDWARD CARPENTER.

31

The words I and Thou cover immense tracts of intelligence and activity; to command these tracts at will, will, I think, be the method of advance.

— EDWARD CARPENTER.



## ❧ Psychological Year Book ❧

*You never can tell what your thoughts will do,—for thoughts are things, and their airy wings are swifter than carrier-doves. They follow the law of the universe,—each thing must create its kind, and they speed o'er the track to bring you back whatever went out from your mind.*

—ELLA WHEELER WILCOX.