

WOMEN FRIENDS IN COUNCIL.



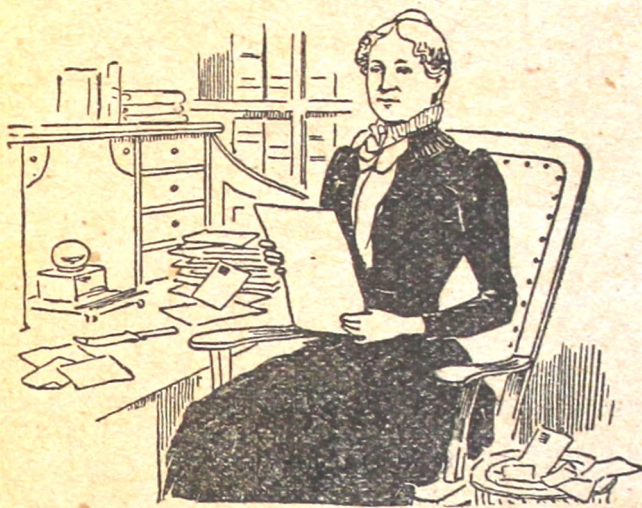
SYMPTOMS,
which are forerunners of
more serious trouble.

**Do Not Neglect
Them,**
but study them carefully
by this book.

An *unusual* discharge from vagina.
Nausea, and bad taste in mouth.
A sore feeling in lower part of bow-
els.
Impaired general health.
A feeling of languor.
Sharp pains in region of kidneys.
Backache, without apparent cause.
Dull pains in small of back.
Pain in passing water.
That *bearing-down* feeling.
A desire to urinate frequently.
A dragging sensation in the groin.
Courses irregular.
Timid, nervous and restless feeling.
A dread of some impending evil.
Temper wayward and irritable.
A feeling of fulness around the fun-
dament.
Sparks before the eyes.
Gait unsteady.
Obliged to place one foot on a stool
when standing erect.
Pain at right or left of womb.
That *all gone* feeling.
Swelling of breasts.
Pain in breast-bone.

Profuse flow when courses are on.
Pain when courses are on.
Sounds in the ears like rolling of
carriages.
Hysterics.
Temples and ears throb.
Sleep short and disturbed.
The whites.
Impaired digestion.
Headache.
Trouble with sight or hearing,
Dizziness.
Morbid feeling and the "*blues*."
Palpitation of the heart.
Nerves weak and sensitive.
Appetite poor.
A craving for unnatural food.
Spirits depressed.
Nervous, dyspeptic symptoms.
A heavy feeling and pain in back
upon exertion.
Fainting spells.
Difficulty in passing water.
Habitual constipation.
A natural tendency to abort.
Cold extremities.

REMEMBER the all important fact that in addressing Mrs. Pinkham you are communicating your private ills to a woman, a woman whose experience is greater than any male physician in America,—you can talk freely to a woman when it is revolting to re-
late your private troubles to a man. Mrs. Pinkham is more than ready and willing to have you write her if in doubt. She will gladly answer every letter.—Her advice is free.



WHEN Lydia E. Pinkham's Vegetable Compound was first manufactured by Mrs. Pinkham, about 20 years ago, little did she realize how universal would its use become. She was *absolutely* certain of one thing, however, and that was

this; that she had discovered a remedy for the troubles and ailments which are so universal to her sex, that was so positive in its action, that if the women of the world could only be made acquainted with its virtues, they would make its use so general that not a nation but would appreciate the value of Lydia E. Pinkham's Vegetable Compound.

The demonstration of the wonderful curative properties of her discovery is proven beyond question.

In the first place, the medicine did and has always done exactly what she claimed for it. Proved by herself first, after a long series of experiments, she knew in her own case that it brought the desired relief. Tried next among her neighbors and friends; their experience only confirmed her own knowledge. The circle of distressed women, eager for some help, became a little wider, and without a failure its work was accomplished. It needed then only that the simple facts of its virtues should be told, for hundreds of

thousands of women suffering as only a woman can suffer were quick and ready to grasp at what promised deliverance from their illls.

Every one can see how easily the knowledge of its wonderful curative powers became wide spread. The women who was helped or cured would be sure to give the information to a friend. She would feel she must tell some one of the greatest benefit she had received. Multiply one case by thousands and you have the large results of grateful women repeating the good news that the Vegetable Compound was a sovereign remedy for woman's diseases.

The use of the press has carried the glad tidings farther and farther by taking the testimony beyond the reach of personal influence and contact; until all over this great country Lydia E. Pinkham's Vegetable Compound is accorded the highest possible place as woman's medical friend.

In the second place, the above results could never have been possible had not the Vegetable Compound possessed all the virtues which have so silently and so surely been so wonderfully helpful to women. It is because of this fact that the compound has obtained such a just reputation and that its distribution has been so largely increased from year to year. The same fact is the reason why women have still the most implicit reliance in its power to cure and why more of it is used than all the other female medicines put together. That fact is also a guarantee of the future benefits it will render to wives, mothers and daughters who will invoke its aid.

Early in the history of this woman's friend, Mrs. Pinkham invited suffering women to communicate with her as to the peculiar development of their individual cases, and to each case she gave the thought and study necessary to return an honest answer as to its special needs. How many times her advice has been just the one thing necessary, the records of the correspondence, which has been kept all these years, alone can reveal. Certain it is that the number of women who have turned to her, more readily than they would turn to the family physician, and have confidentially and confidently appealed to her for help has steadily increased from year to year until during the past twelve months more than one hundred thousand letters asking advice and assistance were received and answered.

You will very quickly see that the knowledge and experience gained through a critical examination of the hundreds of thousands of cases covering a long series of years must be extensive and exact, and as a record has been kept of each and every one, the application of the right method of treatment can readily be made. Is it not very clear to you suffering women that this knowledge and experience is beyond the reach of the family physician? His line of work is necessarily confined to any ill which may arise, to all ills, but lacking in that constant practice in one line which results in the specialist.

It is the special practitioner today whose judgement is sought in difficult cases, be they of the eye, the ear, the

heart, the brain or lungs. We want the trained and experienced mind and hand.

Just so in the troubles to which our sex are so liable. Experience and knowledge count first, and when the offer is made to you that you may consult Mrs. Pinkham and ask her counsel and advice without money and without price, knowing that you will receive it honestly and based on these indispensable conditions, knowledge and experience, can you hesitate a moment if you need help?

A woman, not unnaturally shrinks from speaking to a man as to her peculiar troubles and often because of this fact the family physician may be kept in ignorance of matters which he should know in order to pass an intelligent opinion upon the case.

Not so with Mrs. Pinkham. She is a woman, therefore understanding women, and to her women can unreservedly speak as to their most private diseases. Such confidence is most sacredly kept, and every woman who writes to her may rest assured that it is never violated.

Under these conditions, offering the most practical assistance, it is no wonder that women avail themselves of the opportunity and because of the good that has been accomplished the offer is still made that every woman needing help as to any physical troubles is freely invited to write to Mrs. Pinkham, telling her plainly and honestly her condition and she shall receive a reply equally honest and to be hoped a helpful one.

It is not difficult to realize that from the vast number of cases that have come to Mrs. Pinkham for consideration, all the troubles incident to women's organization have been portrayed and that cases can be classified, similarity of symptoms noted, and that in a large majority the specific disease may be designated and treated along well established and known lines.

Thus a direct and positive use has been found for a carefully prepared handbook that shall give in compact form an intelligent and common sense description of the more common female troubles, telling at the same time in equally plain terms the best known modes of treatment and remedies. All this information is gleaned from a careful study of the cases that have come before Mrs. Pinkham, with direct knowledge given by patients who have been successfully treated.

Under such conditions can anything be more reliable?

I have thought it helpful to classify the various ailments under three heads:

1. **The troubles connected with young womanhood.**
2. **Those most prevalent in middle life.**
3. **The ills that attack women of mature years.**

I shall talk to you of these troubles in a familiar way in order that by careful study of your own case you will readily see whether you are likewise afflicted, and in many cases you will be fully able to successfully cure yourself.

Absence of the Menses.

It is possible that the menstrual flow may not become established with your daughter till some time after the normal age.

This may be due to lack of development, impoverished state of the blood which causes green sickness or from an hereditary taint or from causes within the womb, enlarging that organ, giving to the girl the appearance of pregnancy.

Sudden fright, grief, anxiety, overwork or catching cold at this period may cause retention as well.

Let the food be substantial. Arouse bodily vigor by plenty of exercise and purify the blood by the use of Lydia E. Pinkham's Blood Purifier, the Vegetable Compound to strengthen the generative organs and with this assistance, nature will soon perform her regular duties.

I cannot too strongly tell you that you can freely consult with me by letter if unusual symptoms appear.

Suppression of the Menses.

The menses having once been established, should recur in a healthy woman every twenty-eight days, except in the case of pregnant women or nursing mothers, when they are nearly always suppressed.

Sometimes a sudden fright, or chill, or cold, perhaps a sea voyage or change of climate will suppress or stop the flow. Wet feet are particularly liable to bring about this suppression.

Mothers should be especially careful about this condition in their daughters, for much future trouble is sure to follow any irregularity or interruption of this monthly visitor.

In fact, all women cannot be too careful in this particular, for this "course of nature" is too intimately connected with the general health to be interfered with.

The Vegetable Compound is marvelously helpful to nature in such cases, and at the first intimation of delay, begin to take it at once ; continue its use until the flow is well established. Take hot foot and hot hip baths, also soak the feet in hot mustard water. Write to me if any unusual symptoms present themselves. Your letter will receive the best attention and my honest advice.

Letter No. 301,507—Miss Mary Sachner 348, 1-2 E. Rich St., Columbus, Ohio, says :—

It affords me great pleasure to tell you of the benefit I have derived from taking your Vegetable Compound. I can hardly find words to express my gratitude to you for the boon which you have offered suffering women in your excellent remedies. Before taking your Compound I was thin, sallow and nervous. I was troubled with leucorrhoea and my menstrual periods were very irregular. I tried three physicians and gradually grew worse. About a year ago I was advised by a friend to try your Sanative Wash and Vegetable Compound, which I did. After using three bottles of your Vegetable Compound and one package of Sanative Wash I am now enjoying better health than I ever did, and attribute the same to your wonderful remedies. I cannot find words to express what a Godsend your remedies have been to me. Whenever I begin to feel nervous and ill, I know I have a never-failing physician at hand. It would afford me pleasure to know that my words had directed my suffering sister the road to health and strength through your most excellent remedies. I thank you again for what your remedies have done for me.

Letter No. 507,423—Mrs. Hannah Search, 34 Clinton St., Newark, N. J., says :—

I have suffered for years with pain in the lower part of my body, back and groins, irregularity, falling of the womb, etc. I suffered

so much and so long that it nearly drove me crazy. I tried several physicians but received no relief. I was at last persuaded to try your Vegetable Compound and, after using not quite four bottles, found myself entirely cured. I have recommended it to several of my friends, who have received the best of results therefrom. May Heaven bless you and the good work you have done for poor suffering women. I have only praise for your medicine.

Painful Menstruation.

Comparatively few women pass through life without pain at the monthly periods, at some time.

Occasionally you may find a woman who never suffers at this time, but she is the exception and not the rule.

The pain may begin just before the flow and increase in severity, felt in the lower part of the back and extending through the loins across the abdomen and down the thighs and frequently causing intense agony. It may be intermittent or constant.

Frequent desire to move the bowels and to pass water are not unusual symptoms.

The causes arise generally from some trouble with the womb.

Remain in bed if possible; take hot drinks; put wet, hot flannels across the abdomen; take hot foot baths, and if possible, hot sits baths as well.

Your greatest helper, however, will be Lydia E. Pinkham's Vegetable Compound. The Vegetable Compound will not only relieve this distressing condition but in nearly all cases a thorough course of it will prevent a recurrence.

Pardon me if I remind you once more that your letters seeking advice will always be carefully answered.

Letter No. 400,225 — Miss Leslie Helms, Cleone, N. C., says:—

Before taking your Vegetable Compound I suffered terribly from painful menstruation. I would almost go into spasms. I tried several doctors, but they failed to cure me. They would give morphine to ease the pain and the next time it would be just the same. Now, thanks to Lydia E. Pinkham's wonderful medicine, I am healthy and strong, do not suffer any pain and look much better. O! what a mother you are to poor suffering women and girls. I thank you ten thousand times for your kindness to me.

Letter No. 328,925 — Mrs. Margaret Anderson, 352 Lisbon St., Lewistor, Me., says:—

For years I have suffered with painful menstruation every month. At the beginning of menstruation it has been impossible for me to stand up for more than five minutes. I felt so miserable. One day a little book of yours was thrown into my house and I sat right down and read it. I then got some of your Compound and Liver Pills. I can heartily say that to-day I feel like a new woman and shall always praise the Vegetable Compound for what it has done for me.

Letter No. 482,796 — Mrs. Minnie Higgins, 17 Thompson St., Westerly, R. I. says:—

Having heard of your wonderful medicine, I thought I would try it and see what the result would be. It has helped me wonderfully. I suffered terrible agony every month, and now I am a new girl. Many thanks to you, as it was you and you only, that helped me. Your medicine is truly a wonderful discovery.

Letter No. 506,242—Mrs. Earl Campbell, Ellwood City, Pa., says:—

I have been troubled with weakness ever since I became a woman. At the end of every month I would have cramps and pains in my bowels that would last for a week at a time. I had no health at all, until I took your medicine, but now I can say I am well. I suffer no pains or cramps and have gained strength ever since taking your remedies.

Green Sickness.

It very often happens that in about a year after the first menstruation the young girl will show a general feeling of lassitude with a disposition not to eat wholesome food and perhaps to crave pickle limes or

some such uncommon article of diet. She looks bloodless, her complexion is a greenish yellow extending to the white of the eyes. Very many other symptoms at this time will appear, dizziness, tendency to cough, palpitation of the heart with fainting spells, disturbance of the menses, with headache.

Let her eat nothing but good food at regular intervals; the clothing must not be tight. Only moderate exercise must be taken, or if the case is severe, complete rest.

Alternate doses of Lydia E. Pinkham's Vegetable Compound and Blood Purifier.

The Blood Purifier will restore the blood to its natural condition and the Vegetable Compound will act directly on the generative organs.

The experience of so many mothers testifies to the truth of this beyond a doubt. If constipation is present, remove it at once by the use of Mrs. Pinkham's Liver Pills.

Appeal to me as you would to your own mother if for any unusual sign you feel in doubt as to what course to pursue.

Letter No. 390,100 Miss Daisy D. Gilbert, San Benito Co., Paicines, Cal., says:—

I feel it my duty to publish the wonderful help Lydia E. Pinkham's Vegetable Compound has been to me. I suffered terribly with female troubles for three years. I could keep nothing on my stomach, and got so poor my friends hardly knew me. I suffered with severe headache, dizziness, faintness, backache and the "blues." I gave up all hopes of ever being well again. I began to take Lydia E. Pinkham's Vegetable Compound, followed her directions and treatment, and feel that it saved my life. I hope that my letter may be the means of saving the lives of other poor suffering women.

Hysteria.

This is one of the nervous troubles which is to be found more frequently perhaps in early womanhood, oftentimes manifesting itself at the age of puberty.

It is liable to arise from overwork, menstrual disorders, chlorosis (green sickness) lack of tone in the system due to lack of proper nourishment or a general run down condition due to many causes. It is not infrequently the result of hereditary influences which is a strong reason why all women should seek to build up their own conditions that the foundations of future generations may be strong.

The manifestations of Hysteria are often with laughter or crying in turn, she will be suspicious and unreasonable; uncomfortable with herself and to those about her, not infrequently she would be called "cranky."

Distressing as is the child or woman suffering from this malady she is apt to get but little sympathy. She will describe her aches and pains in extravagant terms, and while in certain ways she may experience some pain, yet her imagination will tend to enlarge the actual suffering.

Nevertheless, she should be gotten out from this condition. Much of the cure depends upon herself. First she must exercise and cultivate self control. Her bodily health should be improved by all known methods, and long periods of rest are absolutely essential. No better assistant can be found than Lydia E. Pinkham's Vegetable Compound.

It soothes the nerves while it stimulates the body. Under these conditions begin its use at once, for much can be

gained if not delayed. I shall be ready and glad to answer any letters asking further advice.

Letter No. 389,960—Mrs. Levi F. Platt, Womleensburg, Pa., says:—

I write this letter for the benefit of my suffering sisters. I thought I could not be so benefitted by anything and keep it to myself. I had Hysteria (caused by womb trouble) in its worst form. I was awful nervous, low spirited, melancholy and everything imaginable. The moment I was alone, I would cry from hour to hour. I did not care whether I lived or died. I told my husband I believed your Compound would do me good. I took your medicine and am well and strong and getting stouter. I have more color in my face than I had for a year and a half. Please accept my thanks. I hope all who read this and who suffer from nervousness of this kind, will know what to do at once. Do as I have done and be cured.

Leucorrhoea or Whites.

Is there any woman living that does not know about this almost universal and annoying ailment, and how few are or have been absolutely free from it. Any excessive discharge from the vagina that is not bloody would come under this name.

Perhaps married woman are the more constant sufferers, yet from one cause or another it afflicts the unmarried quite as much and is very apt to be most uncomfortable immediately preceding or following the monthly flow.

It may appear without any offensive odor and again from other causes will present one that is intensely disagreeable.

It will also be caused by inflammation of the vagina or of the womb and chronic constipation is a prolific cause.

The action of the Lydia E. Pinkham Vegetable Compound is particularly helpful to one in this condition, for its

power to act on the nerves and tissues which make these organs is marvelous, removing the cause and restoring them to their proper functions. You cannot too soon begin its use and continue it persistently.

Once each day, on going to bed, a vaginal douche* should be taken, using for this purpose Mrs. Pinkham's Sanative Wash.

If obstinate or unusual conditions arise, do not delay a day, but write me at once.

If constipated remember that Mrs. Pinkham's Liver Pills always relieve.

Letter No. 311,123—Mrs. Bertha Lehrman, No. 1 Erie St., 27th Ward, Pittsburg, Pa., says:—

I can hardly find words with which to thank you for what you have done for me. I suffered nearly seven years with backache and sideache, leucorrhoea and the worst forms of womb troubles. Doctors failed to do me any good. I have taken four bottles of your Vegetable Compound and one box of Liver Pills and used one package of Sanative Wash, and now can say I am well and have been steadily gaining flesh; am stouter and heartier now than I have been for years. I am recommending your Vegetable Compound to my friends. Again, I thank you for the good health I am now enjoying.

Letter No. 322,432—Mrs. Ella McGarvey, No. 1111 York St., Cincinnati, Ohio, says:—

I have been using your Vegetable Compound and find that it does all that it has been recommended to do. I have been a sufferer for

* I would recommend the use of Ruth Paxton's improved Fountain Syringe. I believe it is the only one that will convey the solution to every part of the vaginal cavity. The ordinary syringe is inadequate. It can only be obtained by sending to Ruth Paxton Co., 141 Milk Street, P. O. Box, 2696, Boston, Mass. Price \$1.50 post paid. Registered letter or postal note. It will repay you a thousand times to take the trouble to send for it as recoveries are quicker when it is used. Anyway, you better send 2-cent stamp for her little book of information.

the last four years with womb troubles, weak back and leucorrhoea. I was hardly able to do my household duties, and while about my work was so nervous that I was miserable. I had almost given up in despair, when I was persuaded to try your Vegetable Compound, and to-day I am feeling like a new woman. Surely it is the grandest medicine for weak women that ever was, and my advice to all who are suffering from any female trouble is to try it at once and be well.

Letter No. 456,777—Miss Celia Van Horn, No. 1912 Sharswood St., Phila., Pa., says:—

I write to thank you for the good your Compound and Sanative Wash have done for me. Before taking your remedies, I was so bad with backache, liver and kidney trouble that I thought I would never find relief. At time of menstruation, I suffered so that I could hardly stand, but I had to go to work and stand in misery all day. My blood was in an awful state. I suffered with headache, also had leucorrhoea. I was sick all over. I doctored for a long time, tried three different doctors, but they did me no good. I did not get any help until I tried your remedies. After taking eight bottles of Compound and using five packages of Sanative Wash, I am completely cured, and have no one to thank for it but you. I hope some other suffering woman may take warning in time.

Inflammation of the Ovaries.

This most distressing affliction may attack women at almost any age, but especially is it liable to one between 20 and 40.

Among the causes are blood poisoning, sudden suppression of the monthly flow, self abuse, excessive sexual excitement, cold water and astringent injections; inflammation from the womb.

One would note the inflammation by pain upon pressure in the ovarian region and pains extending to the sides and back, the left side being more frequently affected than the

right. If irritation of the bladder, there will be constant desire to urinate, and the actual passing of the water will be difficult. All the symptoms will be aggravated by the menstrual flow, and this period will always bring pain.

Rest in bed during the flow, this is of great importance and be sure that the bowels are not constipated. Care should be taken not to wet the feet. The clothing should be loosely worn and do not indulge in long walks.

Hot vaginal injections night and morning, the application of dry heat, a mustard plaster or painting with iodine; all these simple means will be found helpful.

Lydia E. Pinkham's Vegetable Compound will assist in reducing the inflammation. Take it regularly, and if you do not get relief, write me immediately, carefully stating all your symptoms. Should you be constipated, relieve it by taking Mrs. Pinkham's Liver Pills.

Letter No. 442,241—Mrs. E. L. Myers, Quakake, Pa., says:—

My ovaries were badly diseased and for almost a year I suffered with severe burning pains which were almost unendurable, and a dull heavy pain in the lower portion of my back. If standing, I was most relieved with my foot resting on a stool or chair. The doctor told me I would have to take my bed and keep quiet. I was so miserable I could not attend to my work and was obliged to keep a girl. I had not used half a bottle of your Vegetable Compound before it worked wonders with me. I now owe my health to your Compound. To those who are suffering from diseases peculiar to women, I would say, that Lydia Pinkham's Vegetable Compound is just what you need.

Letter No. 453,373—Mrs. Newell, No. 69 Ryerson St., Brooklyn, N. Y., says:—

I want to thank you for your remedies. When I wrote to you some time ago, I was in a bad condition. My trouble came from confinement. I had womb trouble. I could not walk about the house to do any work and did not dare to go out and take a walk, because I could not walk a block without sitting down. I had dull

headaches and at times severe pains in the ovaries. I commenced using the Wash with the Compound and had taken only two bottles before I found relief. I am sure I could not have lived much longer if I had not had help when I did. I often think how I suffered and spent money on doctors before writing to you. After I began taking the Compound, I gained every day. I feel like a new woman. I am entirely free from womb trouble. I can now walk down town and back again without feeling tired. I feel very thankful to you, and hope my testimony will help others.

Letter No. 454,323—Mrs. Jennie L. Smith, No. 2754 Hellen St., Phila., Pa., says:

I cannot praise your Vegetable Compound too highly. For nine weeks I was in bed suffering with inflammation and congestion of the ovaries. I had a discharge all the time. When lying down all the time I felt quite comfortable; but as soon as I would put my feet on the floor the pains would come back. Every one thought it was impossible for me to get well. I was paying \$1.00 per day for doctors' visits and 75cts. for medicine. I made up my mind to try your Vegetable Compound. It has made a complete cure of me. I have all the faith in the world in it.

Letter No. 475,574—Mrs. Breier, No. 2834 Franklin Ave., St. Louis, Mo., says:—

I have been troubled with inflammation of the womb and ovaries for three years. I had such pains in my ovaries that I could hardly stand; when I sat down I would have to put one foot on a chair. I was not able to walk or do much work. I have had pains in my back and limbs and headache, that I thought I would lose my mind, and I often wished I were dead, I felt so bad. Now, I can walk just as well as any one, and have been able to do my house-cleaning alone, the first time in three years. Your Compound has done more for me than doctors could.

Profuse Menstruation.

Troubles arising from irregularities of the menstrual flow are sources of much misery.

Perhaps you suffer from profuse menstruation as one of them. This may be brought about by a low condition of the blood or by displacement or inflammation of the womb.

This trouble will bring a serious drain upon the entire system and must receive attention at once.

The Lydia E. Pinkham Vegetable Compound in dry form either Pills or lozenges will be found a wonderfully helpful agent at this point. Do not hesitate a moment before using it. Remember please, that you are welcome to write me if in your case anything unusual appears.

Letter No. 489,987—Mrs. W. E. Gardner, Gary, Cook Co., Ill., says:—

I was suffering from Female Weakness and Profuse Menstruation. I commenced to take your Compound and in two days I was able to do my own work. I felt its relief immediately and wish to recommend it to all my suffering sisters. I would also state that if any of my suffering sisters will correspond with me, I will tell them a great deal more that the compound has done for me. I find it an invaluable remedy for children with weak kidneys.

Letter No. 450,050—Miss Grace Collord, 1434 Eastern Ave., Cincinnati, Ohio, says:—

Words cannot express my gratitude for the good that your Vegetable Compound has done for me. I have taken five bottles. The pains in my chest and abdomen have gone, my step is more steady, appetite better and feel better in every respect. Menses heretofore lasted too long and were very profuse, and made me very weak. Your Compound is a miracle. I had tried doctors' medicine but of no avail. I would not give up your Compound for female complaints, for all the doctors' medicine in the world. My friends want to know what makes me look so well. I do not hesitate one minute in telling them what has brought about this wonderful change. I cannot sing its praises enough. I hope every one who suffers as I have, will give Lydia E. Pinkham's Compound a trial. It has helped me, and I know that if taken according to directions it will not only help but cure others.

Letter No. 498,998—Mrs. T. S. Kennerly, 518 Salem Ave., Roanoke, Vt., says:—

I feel it my duty to write and thank you for the good I have derived from using your Vegetable Compound. I have been almost an invalid from womb trouble for the last eight or ten years, and

have been treated by four or five of the best doctors in this place as well as elsewhere ; but they did me no good. I had gotten so bad that I could not attend to my household duties or scarcely get about at all. I had to lie down most of the time. I began taking your Vegetable Compound and before I had taken half of the bottle I began to feel stronger and it did not tire me near so much to walk as before. I was encouraged and kept on until I had taken seven bottles when I felt strong and well, better than I ever felt. In six weeks I gained twenty-seven pounds. Now I do all my own work. To use the expression, "Your Compound was a God-send in my case." I have and will recommend it to all my friends. I feel that I could write a newspaper about this valuable medicine and the great good it has done me.

Female Weakness.

What a common term is this, applied to very many troubles incident to women, and yet in its confined sense a "Falling of the Womb."

The womb loosely suspended in the pelvic cavity may easily become displaced from habitual constipation, tight lacing, clothing which drags upon the hips, falls, jumping, the lifting beyond ones strength, reaching, excessive dancing (especially at the monthly period) and from any cause that tends to weaken its supports.

If you suffer from this distressing weakness, you will be sure to have backache ; there will be a sensation of dragging ; walking will bring fatigue, especially in going up or down stairs. The monthly flow will bring pain with headaches just before and during the period, and you will most likely suffer from leucorrhoea.

Letter No. 301,550—Mrs. C. Coleman, Columbus Junction, Ia., says :—

I have been troubled with falling of the womb, constipation and bladder trouble for two years. I was so bad at times that I was not able to stand on my feet long enough to wash my dishes. After

trying my doctor's medicine and finding no relief, I was completely discouraged. I kept getting weaker and worse all the time. One day, I picked up a paper and saw an advertisement of Lydia E. Pinkham's Vegetable Compound. After taking one bottle of it I began to get better. I have now taken three bottles and am almost well. I am glad to know that there is a medicine that will cure female troubles. I cannot help but talk about your medicine to every woman that comes in my house, for it is a wonderful remedy for female troubles. I am delighted that I can recommend the Vegetable Compound to do just what it is represented to do; it is a sure cure. I shall recommend it everywhere I go, for I know that the best medicine that is made is the Vegetable Compound.

Letter No. 598,765—Mrs. John H. Juey, Box 542, Susquehanna, Pa., says:—

I have taken your Compound and I think there is no medicine like it in the world. There is no other medicine for suffering women that will come anywhere near it. I have been troubled with female weakness and was so bad with falling of the womb that I could not do any work and did not leave the house for a long time. I tried good doctors and they did me no good. I gave up hopes for I was so bad. I could not do anything. I read of your medicine, sent and got a bottle, and the first dose I took did me good. If more women would take it, there would be less suffering. I know your medicine is good, for it has done so much for me. It is worth its weight in gold. Many thanks for the good your medicine has done me.

Letter No. 319,742—Mrs. Jane Keener, Mt. Morris, Pa., says:—

My sick sisters let me tell you something. I have no other motive than to do you good. For years I have been a constant sufferer from female trouble in all its dreadful forms, shooting pains over my body, sick headache, faintness, dizziness, nervousness, and my back hurt me nearly all the time. I had pain about my heart and ovary, also troubled with piles. I could not sleep on my left side. The pain has now left my heart and side and back. Before I began to take your medicine, I would have to get up at four o'clock every morning for my back hurt me so much. I feel it my duty to tell you these facts that you may also be cured. My heart is full of gratitude to Mrs. Pinkham.

Letter No. 571,629—Mrs. Cora B. Berkley, 214 E. 6th St., Newport, Ky., says:—

I have been troubled for the past two years with falling of the womb and severe stomach troubles. I have taken eight bottles of your famous Compound. The relief the first two bottles gave me

was truly wonderful. I feel as though I can never say enough in favor of it. I have tried several doctors but they only gave me temporary relief. Now, I can positively say that I am entirely cured and feel a thousand times better than I have for two years. I do not know how to thank you for all the good your remedies have done me.

Letter No. 376,221—Mrs. H. F. H., 275 South Wood St., Chicago, Ill., says:—

I have been using your compound and I find that it is doing me great deal of good. I have used other remedies without relief. I have been treated by physicians and they have given up my case as hopeless. I was persuaded by friends to try your Compound and I am only sorry I did not try it long ago. I can recommend it to all women suffering from falling of the womb.

Letter No. 411,111—Mrs. J. W. Slawson, care of R. Joselorsky, E. Norwalk, Ct., says:—

You have proved a dear friend to me. I have been taking your medicine and it has helped me so much. I have falling of the womb and used to suffer so much. Before I took your medicine, I was laid on my back two or three months at a time. Your medicine helped me right away. It relieves pain and also helps my kidneys. It is a splendid medicine.

Letter No. 312,291—M. A. Lenhart, Warrensburg, Mo., says:—

I have used your Vegetable Compound for Female Complaints and it has done me a great deal of good. My trouble was falling of the womb but have been entirely cured of it by the use of your Compound. I now enjoy good health and have recommended your medicine to others.

Nervous Prostration.

The woman thus afflicted will discover both mental and physical weakness, she will find it difficult to concentrate her mind, or she will shrink from light tasks that were she well would be easily performed. She lacks confidence in her own powers, becomes irritable and even morbid. With most nervous women the sleep will become disturbed, sometimes with sleeplessness and in some cases unnaturally sleepy. This distressing condition is due to diseases of the womb. Lydia E. Pinkham's Vegetable

Compound has cured countless cases of nervous prostration as the following letter will attest.

The Vegetable Compound can be taken with absolute confidence and unwavering faith. You should take it knowing that it is sure to benefit you. In the event that yours is an unusual or aggravated case, you are at perfect liberty to write me for future advice

Letter No. 412,214—Miss Emma Saidt, Jobstown, N. J., says :—

Will you kindly allow me the pleasure of expressing my gratitude for the wonderful relief I have experienced by taking your Compound? I suffered for a long time with nervous prostration and general debility caused by falling of the womb. It seemed as though my back would never stop aching. I could not sleep. I had dull headaches. I was weary all the time and life was a burden to me. I sought the seashore for relief, but all in vain. On my return, I resolved to give your medicine a trial. I took two bottles and was cured. I can cheerfully state, if more ladies would only give your medicine a fair trial, they would bless the day they saw the advertisement and there would be happier homes. I mean to do all I can for you in the future. I have you alone to thank for my recovery for which I am very grateful.

Inflammation of the Womb.

The sensitiveness of this very important organ to disturbances, render it all the more necessary that great care should be exercised. Nothing unnatural should be allowed to interfere with the menstrual flow. Wetting the feet, cold water vaginal injections are extremely liable to check it and bring about an inflammation of the womb both painful and dangerous.

Any injury to the organ itself, which may be brought about from a variety of causes, will almost surely produce inflammation.

The signs of the trouble will show themselves by backache, bearing down pains, irritation of the bladder, constipation and leucorrhœa. There will surely be pain across the abdomen and menstruation will be painful and irregular.

Rest in bed, take hot vaginal injections, and apply heat to the abdomen. Use the Vegetable Compound at once. You should write me immediately if the inflammation does not yield to treatment.

Letter No. 502,680—Mrs. C. C. Mott, No. 5 Ellsworth Ave., Danbury, Conn., says :

I had inflammation of the womb very badly, in fact, the doctors said it was chronic, but after giving your Compound and Sanative Wash a thorough trial, I found myself gaining and now I think I am perfectly healthy. I am satisfied that it is the medicine for female weakness. I cannot praise your remedies enough. I thank God there was one woman that made woman's complaints her life study. Her remedies have been a blessing to me and I only wish thousands of suffering women could be persuaded to use them. I never miss a chance to recommend it.

Letter No. 399,000—Mrs. Francis Wilson, Arthur, Ill., says :—

For years I have suffered with falling of the womb. This displacement caused inflammation of the womb and vagina and neck of bladder. I began the use of your Vegetable Compound and Sanative Wash. After taking one bottle of the Compound, I was much better and after using three bottles of Compound and two packages of Wash, am cured. I cannot praise it to much.

Letter No. 300,070—Mrs. Maggie Read, Parksley, Va., says :—

I was very bad with falling and inflammation of the womb. I had the doctor but he did not do me any good. I have been taking your Compound and am a great deal better. My skin was very dark but is now looking much better. I think I shall be a new woman.

Backache.

There is scarcely a woman from 12 to 30 that does not know what this means, and women too who call themselves well, suffer at one time or another from this most distressing pain.

It is not a source of trouble, but a "tell-tale" that something is wrong. When anything is wrong with the reproductive organs, the back is one of the first portions of the body to respond with sympathy.

Therefore, as you value your health, do not neglect this sign for a moment.

Begin at once a course of Vegetable Compound, which according to the testimony I have received has reached the source of this almost universal affliction in thousands of instances. The bowels should be kept regularly open by the use of Mrs. Pinkham's Liver Pills.

Letter No. 302,623—Isabel Oberg, 220 Chestnut St., Woburn, Mass., says:—

I wish to write and inform you of the good results I have obtained from the use of your valuable remedy. I hardly know how to describe my feelings before taking the Compound. I have always been a sufferer from headache since I was a child. My back began to trouble me about a year ago, after my child was born. The pain extended down my hips and thighs. I was utterly unable to walk across the floor. At times I even had to creep on my hands and knees. Sometimes I would have to be lifted from my seat. My family doctor prescribed for me, but the medicine gave me no relief. My husband got me a bottle of your remedy and after using two-thirds of a bottle I was so much improved that I could do all my housework. I have been free from headache and entirely cured of backache since I used the Compound. I assure you I shall advise my daughters and everyone to use Lydia E. Pinkham's remedy, being fully satisfied that it is a wonderful medicine. I shall never be without it.

Letter No. 572,328—Mrs. J. H. Johnston, Centralia, Pa., says:—

I want to tell you how much I thank you for all your Vegetable Compound has done for me. I had womb trouble and suffered so much with bearing down pains and backache. I felt life a burden. I had no pleasure to go anywhere. I at last decided to try your Compound, for the two doctors I had did me no good. Before I had

taken all of one bottle, I felt much better. I took three bottles and I cannot tell you how much better I am. I feel ten years younger, stronger and better than I ever did. I can never say enough in praise of it. I only wish every woman would try it and not suffer on as I did for five years.

Letter No. 411,962—Mrs. Maud Boyd, Box 134, Clarence, Ford Co., Ill., says :—

After three years of suffering with constant backache, bearing down pains, nervousness and weakness caused by falling of the womb, I can today say I am entirely cured. Lydia E. Pinkham's Vegetable Compound has cured me of all the aches and pains. It only took five bottles to do this. It is a wonderful medicine; it will do what it is advertised to do; there is no need to suffer pain, if caused by any troubles that this remedy is advertised to cure.

Letter No. 437,222—Mrs. A. H. Cole, Box 794, New Rochelle, N. Y., says :—

I have been a great sufferer with headache, backache and leucorrhœa, ailments which are so common with women. I was advised by a friend to try your Compound and it has done me so much good that I feel quite like myself again. To my surprise, I found great relief in the first bottle. I do not need the doctor's aid now, thanks to Lydia E. Pinkham. I shall recommend it wherever I can as a great reliever of pain.

Letter No. 473,192—Mrs. Ada May Mattocks, 7908 East Ave., Springfield, Mo. says :—

I can say that your medicine has cured me. I had a weak back and falling of the womb. My back troubled me so that I could not rest at night. I did not sweep my floor for three months. Since I have taken your Compound, I can do all my work. I think your medicine is the greatest medicine on earth and that if all suffering women would take it, they would be cured.

Ulceration of the Womb.

SYMPTOMS. The symptoms differ in severity according to the nature of the ulceration.

There are but few symptoms where the ulceration is slight, but where the mucous membrane of the womb is affected by congestion and inflammation, the discharge is profuse; then

the back and loins suffer severe pain, with a bearing-down feeling, and walking becomes difficult. The strength becomes reduced by the discharge, which impoverishes the blood and is very weakening. The discharge is *pus*, or matter; may be thick or thin; of a yellow or lighter color; free or scanty.

The liver often shares in this trouble. Use the Liver Pills according to directions, also Lydia E. Pinkham's Vegetable Compound. Resolve to be thorough in the matter, and, should you require further advice, write to Mrs. Pinkham.

Letter No. 302,450—Mrs. Sidney Hamlet, Red House, Va., says:—

My heart goes out in sympathy to all who are suffering with troubles peculiar to the female sex. I would like to express my gratitude for what the Compound has done for me. I have been a sufferer since girlhood, did not then know the cause of dreadful sick headaches and other troubles. I could not take long walks, lift or carry anything heavy and was very nervous. Last summer I was almost an invalid, could not walk across my room without pain. I sent for our physician. He pronounced my case a bad one of "Prolapsus Uteri" and congestion and ulceration, and said I was to lie abed. I was so distressed to find myself so helpless and useless to my family, I saw your Compound advertisement and thought I would try it. I took fourteen bottles and used the Sanative Wash and Pills as directed and now I am as strong as I ever was and do all my own housework. I can walk more than a mile without any inconvenience. Oh! I am truly grateful. I cannot write the good you have done me. Words are inadequate to express it. May God bless you for the good you are doing.

Kidney and Bladder Diseases of Both Sex.

In all kidney and bladder diseases of *either sex* Lydia E.

Pinkham's Vegetable Compound has no superior in the world of medicine. We have many testimonials showing that it has cured cases deemed incurable, and brought about results even beyond our most sanguine hopes.

Letter No. 304,560—Mrs. Lizzie Madden, Steelton, Pa., says;—

Before using the Compound, I was a great sufferer of kidney trouble, sleeplessness and headaches. On arising in the morning, I was always tired and sleepy, never felt like doing any kind of work. Since taking the Compound I feel like a new woman. I sleep well at night and can work all day without that tired feeling. Indeed, I cannot explain my condition as I felt like another woman. I have a little baby boy not quite three months old, thanks to your wonderful medicine, he is a perfectly healthy child. I cannot praise your medicine enough, it has done me so much good.

Letter No. 307,522—Mrs. W. E. Gardner, Gary, Cook Co., Ill., says:—

I find your Vegetable Compound an invaluable remedy for children with weak kidneys.

Sterility.

Every true woman has within her heart the mother's love and selfish indeed is the wife who does not hope and long for a child of her own.

Statistics show that about one woman in every ten is unfruitful, although this is not sure evidence that the failure to bear children is her own.

However this may be, the wife is glad to do all that lies in her power to bring about this happy event. She will see to it that her bodily health is of the best and that her organs of reproduction are in fit condition to fulfill the highest office. Should there be the slightest indication of anything wrong, begin at once to take Mrs. Pinkham's Vegetable Compound for many a mother to-day acknowledges that through its use she has been helped to become a mother when before she had supposed herself barren.

Letter No. 321,539—Mrs. Hattie M. Fuller, Bloomfield, Pa., says:—

Dear Mrs. Pinkham:—Before I began taking your Compound I was all run down, felt tired and sleepy all of the time, had pain in my back, side and heart, was troubled with dizziness and faintness and had no appetite. At my monthly period, I would suffer such dreadful pain. I could not become pregnant. About a year ago, I wrote to you to know why I could not have a child. I followed your kind advice, took your Vegetable Compound, and now I am a changed woman and have a big baby boy, the joy of our home. I never would have had my baby if it had not been for Mrs. Pinkham. I cannot praise your Vegetable Compound enough for what it has done for me.

Letter No. 390,571—Mrs. B. Bluhm, May 18, 1896, says:—

Dear Mrs. Pinkham:—Four years ago I began to suffer with great weakness of the generative organs. My womb was prolapsed; I suffered with continual backache and all other pains that accompany that weakness. I tried doctor after doctor, had operations. The final operation (after which I became a total wreck) was scraping of the womb. A friend, one day, recommended to my husband, your Compound. He bought me a bottle. The relief I experienced after taking it was wonderful. I continued its use and I am glad to say, my recovery is a perfect surprise to everybody that knows me.

Letter No. 481,499—Mrs. B. Bluhm, 4940 San Francisco Ave., St. Louis, Mo., says:—

Dear Mrs. Pinkham:—I sent you the above letter some time ago, telling you of my wonderful recovery after using your Vegetable Compound. I have now more news for you. The Compound has done more for me than I ever dared to hope it could. It has been my ardent desire to have a babe, my youngest child being 8 years old, and since my recovery which is due to the Compound alone, this wish is fulfilled and I give all the praise to the Vegetable Compound.

Letter No. 453,485—Mrs. Lizzie Madden, Steelton, Pa., says:—

Since taking your Compound I feel like a new woman. I sleep well at night and can work all day without that tired feeling. I have a little baby boy, not quite three months old, thanks to your wonderful medicine and he is a perfectly healthy child. I cannot praise your medicine enough, it has done me so much good.

Change of Life.

It usually comes to every woman between the ages of 45 and 50. This transition from active womanhood to the boundary of age.

Its average appearance is at about 45 and the disturbance and irregularities of the menstrual flow from this time until its cessation will be from two to five years.

It should not be a sudden or violent change.

Very likely it may disturb your nervous system. You may suffer from congestive headache due to an overabundance of blood with flushings and nosebleed.

Frequently the woman will become very fleshy at this period of her life, and tumors and cancers are not infrequent.

Rest, exercise, take the best of food, all these will be found helpful.

With them, however, you cannot use anything that will do you so much good as Lydia E. Pinkham's Vegetable Compound. It is truly a specific and no woman who would pass through this change in ease and comfort will neglect to take it in advance and continue its use till the trial and danger is over. At this time of life you are as free to write me for advice as ever. Perhaps we have been friends for many years, and if at this time I can still be a service to you it will be a pleasure. Therefore again I say your letters will be welcome and gladly answered.

Letter No. 329,549—Mrs. N. E. Kriner, Kingstown, Ind., says:—

My trouble was Change of Life. I suffered for eight years and could find no permanent relief until one year ago. I tried Lydia E. Pinkham's Vegetable Compound and relief came almost immediately. I have taken two bottles of the Vegetable Compound, three boxes of

Pills and have also used the Sanative Wash, and must say I never had anything help me so much. I have better health than I ever had in my life. I feel like a new person, perfectly strong. I give your Compound all the credit. I have recommended it to several of my friends who are using it with like results. It has cured me of several female diseases. I would not do without Mrs. Pinkham's remedies for anything. There is no need of so much female suffering. Her remedies are a sure cure. I hope all my lady friends will do as I did.

Letter No. 326,678—Mrs. Louis Strong, South Mewstead, N. Y., says :—

I have been troubled with falling of the womb for twenty-three years, was advised to take your medicine. I took thirteen bottles and received great benefit. When the time for change of Life came, I suffered a great deal with faintness and palpitation of the heart. I got one bottle of your Vegetable Compound and one of Blood Purifier and was relieved again.

Tumors of the Womb.

This is one of the troubles incident to middle and later life. Profuse flooding is perhaps the most common sign of such diseases, and between the periods there is frequently a watery or discolored discharge from the womb.

The rectum and the bladder will be affected ; bearing down pains will be felt as well as pains in the legs.

Frequently dropsy or pregnancy may be suspected because of distention of the abdomen.

We have on file many letters from women who have been cured of this most dangerous trouble by the use of Lydia E. Pinkham's Vegetable Compound. If you have any idea that you are afflicted with a tumor, begin at once to take the Vegetable Compound, and at the same time write me fully, giving carefully all your symptoms.

Letter No. 330,589—Mrs. A. C. Buhler, 1123 North Albany Ave., near Humboldt Park, Chicago, Ill., says:—

I am fifty-one years old and have had twelve children and my youngest is eight years old. I have been suffering for some time with a terrible weakness, that bearing down feeling was dreadful, and I could not walk any distance. I began the use of the Vegetable Compound and Sanative Wash and they have cured me. I cannot praise your medicine enough.

Itching of the External Parts.

Many women in middle or later life are troubled with this annoying affliction which is more than likely to be occasioned by some irritating discharge. If this is the case you will readily appreciate how necessary it is that you should be clean.

Wash the parts thoroughly with hot water and castile soap at least once a day. Use the Sanative Wash for Vaginal injections, and for a soothing ointment, if one is necessary, use Vaseline.

These unnatural discharges are surely the result of some local trouble, therefore, to reach and cure the source, take Lydia E. Pinkham's Vegetable Compound. It is sure to be beneficial if faithfully taken.

Letter No. 388,727—Mrs. J. S. McGillas, 113 Kilburn Ave., Rockford, Ill., says:—

Dear Mrs. Pinkham:—I think it is my duty to write to you and tell you what your wonderful medicine has done for me. I had heart trouble for five or six years. I had dreadful pains in my heart, fainting spells, sparks before my eyes, and sometimes I would get so blind that I could not see for several minutes. I could not stand very long at a time without feeling sick and vomiting. I could not take a long breath without screaming, my heart pained me so. The doctor said he could cure me, but he failed to do so. I gave up in

despair and was taken sick in bed. I also had female weakness, whites, inflammation of ovaries, painful menstruation, displacement of the womb, itching of the external parts, and ulceration of the womb. I have had all these complaints, sometimes two or three at a time. The pains I had to stand was something dreadful. My husband told me to try a bottle of Lydia E. Pinkham's medicine, which I did and after taking two bottles I was cured. No other kind of medicine for me so long as you make Compound. I hope every woman who suffers will take your Compound and be cured. It is the best medicine for anyone to build up on in the spring and fall. Your "Guide to Health" is a great help to me.

Dyspepsia or Indigestion.

The symptoms of dyspepsia are extremely varied. The most common symptoms are a feeling of weight after eating, flatulence, heart burn, coated tongue, headache and constipation. In cases where the stomach is inflamed, discomfort after eating is usually immediate and may amount to severe pain with vomiting; with flatulence of the stomach, the food rapidly undergoes fermentative decomposition and produces gases. The stomach is distended and there is constant belching. Another form is nervous dyspepsia, producing headaches, depression of spirits, neuralgic pain in the stomach, uric acid in urine and general nervous disturbances.

My Vegetable Compound has been used with greatest success in severe cases of dyspepsia. In cases where for years the patient had suffered agony, trying every remedy heard of, and obtaining no relief, the Vegetable Compound has entirely cured them. The food should be plain and wholesome, eaten slowly and well chewed. Cold water should be taken only in small amounts. Purgative medicines must be avoided as much as possible.

Letter No. 526,727—Bertha Benedict, 26 Williams St., Danbury, Ct., says:—

I was troubled with Dyspepsia and also had hard pains at my monthly turns. I heard of your Compound, commenced taking it and after using three bottles I was cured. I cannot speak too highly in regard to what it has done for me. I am now like a new being, strong and well in mind and body. I would most cheerfully recommend it to all who may need it as it is the wonder of the age. Its praise should be sounded from shore to shore.

LYDIA E. PINKHAM'S LIVER PILLS.

All women will find most of their peculiar troubles very much aggravated by constipation, and in seeking to cure these it is most important that the bowels should move regularly every day. The **Liver Pills** should always be kept on hand and used whenever the bowels begin to show a constipated habit. Per Box, 25 cents.

LYDIA E. PINKHAM'S SANATIVE WASH.

Every woman will find this a most valuable assistant whenever an injection is desirable. It is soothing, cooling and healing, and can be used with perfect confidence and safety at all times. No woman should be without it. Per Packet, 25 cents.

LIST OF MRS. PINKHAM'S REMEDIES.

Lydia E. Pinkham's Vegetable Compound.

Put up in three forms : Liquid, Lozenge, and Pills, Price \$1.00

6 Bottles, or 6 Boxes 5.00

Lydia E. Pinkham's Liver Pills, per Box25

Lydia E. Pinkham's Blood Purifier 1.00

6 Bottles 5.00

Lydia E. Pinkham's Sanative Wash, per Packet25

All the above, excepting the liquids, can be sent by mail on receipt of price. All druggists sell Mrs. Pinkham's Remedies.

A FEW WORDS ABOUT

Lydia E. Pinkham's Blood Purifier.



For all diseases of the Blood, Scrofula, Cancerous Humors, Erysipelas, Rheumatism, Canker, Salt Rheum, and all skin diseases which emanate from an impure state of the blood, and that tired, no good feeling which comes to most everyone spring and fall.

Through the vast correspondence that has come to Mrs. Pinkham, she has found many cases that have suffered from some form of blood disease and prompted by the actual needs of her patients she prepared after long and patient study, her **Blood Purifier.**

Its helpfulness has been second only to the **Vegetable Compound** and it should be taken at once if any sign of impure blood is noticed. The fact that the remedy bears her name is a sufficient guarantee of its superiority. Mrs. Pinkham has been trusted too long and too implicitly to put forth any article bearing her name that was not all she claimed. It is the Best Blood purifier to be taken in conjunction with a remedy for female ills.

Price, \$1.00 Per Bottle. 6 Bottles for \$5.00.

The Lydia E. Pinkham Medicine Co.,
Lynn, Mass.

A STANDING INVITATION TO WOMEN.

♦♦♦♦♦♦♦♦♦♦

All women suffering from any form of illness peculiar to their sex are requested to communicate promptly with Mrs. Pinkham, at Lynn, Mass. All letters are received, opened, read and answered by



women only. A woman can freely talk of her private illness to a woman; thus has been established the eternal confidence between Mrs. Pinkham and the women of America. This confidence has induced more than 100,000 women to write Mrs. Pinkham for advice during the last few months.

Think what a volume of experience she has to draw from! No physician living ever treated so many cases of female ills, and from this vast experience surely it is more than possible she has gained the very knowledge that will help your case.

She is glad to have you write or call upon her. You will find her a woman full of sympathy, with a great desire to assist those who are sick. If her medicine is not what you need, she will frankly tell you so, and there are nine chances out of ten that she will tell you exactly what to do for relief. She asks nothing in return except your good will, and her advice

has relieved thousands.

Surely, any ailing woman, rich or poor, is very foolish if she does not take advantage of this generous offer of assistance.

Never in the history of medicine has the demand for one particular remedy for female diseases equalled that attained by Lydia E. Pinkham's Vegetable Compound, and never in the history of Mrs. Pinkham's wonderful Compound has the demand for it been so great as it is to-day, and the number of cures so large.