Business Motices.

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Edited by O Hashnu Hara, Secretary for England of the Order of the White Rose, and the College of Divine Sciences and Realization, Syracuse, New York.

"Taings of Trutb."

"Higher and still higher
From the earth thou springest
Like a cloud of fire;
The deep blue thou wingest
And singing still dost soar,
And soaring ever singest."

Shelley.

The Editor's Straight Talk.

I HAVE been the recipient of so many kind and appreciative letters, and even personal congratulations upon last month's Straight Talk, that I really feel quite flattered. I know what the secret is, too, only sympathy. I'm not worrying about style, but I just say what is in my heart, and say it in

exactly the same way in which I speak.

One correspondent writes :- "Your straight talk is inspiring; it is just what I like, and perhaps need, and I agree with every word of it." Another says :-"Your straight talks are making me a new man;" and another, "I somehow feel as if you were a personal friend, we talk so much about you, and think you are a marvel; I do enjoy your straight talks!" and another, "I like all the articles you write; they have quite an elevating effect upon me, I have a craving for more knowledge;" and one dear girl writes asking me to publish my photo. Now that is a thing I've always set my face against; it seems such vanity-or else I'm very, very modest-it's not because I squint, that I can assure you; still, I've been talking it over with my "old man," and we have come to the conclusion it may help on the "Success

Circle," so when I have time to go to the torture chamber—I mean the photographer—I will adorn (?) WINGS OF TRUTH with my "phiz."

That reminds me, the Success Circle is booming, and I repeat my offer again this month: both magazines for a year and a year's success treatment for 5s. The directions for sitting for treatment will be found at the end of my talk.

Now this month it is my intention to discuss the subject of DRESS and its relation to success. Don't smile; it has a very great deal to do with it, I can assure you, and it is only VERY wealthy or VERY poor people who can afford to dress badly. I am not talking to my own sex only, but to both sexes.

Remember in the first place that other people take you at your own valuation, and the valuation goes up 90 per cent, if you have on a well cut coat, nicely creased "trews," a glossy hat, and immaculate linen; or, if a woman, your hair is JUST RIGHT, and you can rustle along in a silk lined skirt, with a daintily frilled petticoat. Oh, the many difficult situations that "rustle" has carried me over! I feel quite "cheap" in a skirt lined with linenette, and I feel I don't care very much how things go; but if I have a tight corner to get out of-and my financial advancement has revealed many such-I just put on my best bib and tucker, and when my person feels so nice my MIND is quite ready to grow into the right positive state, and bring me in my demands. It may be urged by some scientists that the mind should be capable of managing without any external aid, and that the mind should make you feel ALL THERE, even if robed in sackcloth; but have you ever stood up to greet some very, very grand lady, all silk and lace and perfume, with lily white hands and manicured nails, in marked contrast to your plain gown and ruffled appearance, have you ever felt a wee bit SMALL on such occasions? I have, and straightway registered a vow-never again! and I NEVER HAVE. The thing is that if you look prosperous you make other people think you are prosperous, and the thought waves they throw upon you help your thought waves, and tend to establish you firmly in position. If they go away thinking,

"Oh; poor thing, he (or she) is so badly off," you have an adverse vibration to contend against, and it makes your battle very much harder. Another thing is, that if you make your own little corner of the world beautiful look what a splendid argument you have to support Mental Science; and how you love your home, and feel the vibrations of your lares et penates are making you strong and happy in success.

"That table was bought when I won such and such a battle, and that picture when I overcame that awful fit of the blues which made me as negative as an ordinary every-day common, or garden mortal," and so on; they all are the milestones of success, and show how, inch by inch, you have fought the old dead fossil beliefs and brought in your science, full of true, throbbing life, to help you. They also indicate the period when you began to let yourself go; when, instead of hoarding your dollars in a stocking under the bed, you boldly invested them, SURE THAT MORE WOULD COME TO TAKE THEIR PLACE. Ah, my friends, when you reach that stage you won't want my straight talks, for you will have everything in your own hands then.

If you will only dare to stand up for your rights, to demand an honest price for what you have to sell, and to refuse to lower it. The value of an article is what it will fetch, and when you deliberately lower your price you are helping to lower the whole market, see?

One lady writes to me that she thinks it is not right for mental scientists to draw in so much money, that the more they attract the more somebody else must lose. Alas! dear lady, have you thought? Don't you see that every rich and just man stimulates and creates trade? That to really help others you must make them help themselves? and that if you need things and can pay for them you benefit the world at large. For instance, I am getting on; not so long ago I did my own house work and my own clerking, and made my own clothes—now I pay servants and clerks and dressmakers, and, through my success, benefit trade, and give employment to those who need it, and who thus benefit through my success.

Now I am very late, and the printer will be blessing

me, so I simply *must* stop, but I hope you will all think over what I say about dress, and realise what a lot it really does mean to one.

By the way, I *think* that early in the year a Chapter of the Order of the White Rose will be started here, under the auspices of your humble servant, but nothing is definitely decided yet.

Now, here's a very, very happy and prosperous New Year to all, and my heartiest wishes for success, health, and happiness.

"Taings of Truth" Success Circle.

SIT at nine p.m. every evening for twenty minutes, in a comfortable position, and assume a waiting, expectant attitude. Name your desire, and try as far as possible to expect what you want to come to you. You will get it by your relation with the infinite truth, and by the mighty power of my thought vibrations, which, flowing out from the organised centre of my being, carry a swift vibratory current to aid your weak vibrations, and thus build you up in the truth. Remember that your part is that of expectancy, and that I will build you up in strength, and teach you to stand alone.

It has long been known that all nature resolves itself into one law, that of vibration, that all things are of atomic structure, and in continual motion. Man is absolute master of the forces of nature, did he but realise his power. Have faith, concentrate all your mind upon your needs when you are sitting with me at night, and out of the Infinite Good your own will come to you.

O HASHNU HARA.

The Matural Method of Cure.

BY THE REV. HENRY FRANK. (By kind permission.)

IN certain mental processes of every age there occurs repetition of the findings of earlier thinkers, as shown in the use of various maxims common to us all, in fact so common that none can fix the time of their origin. The subject matter of the maxim being part

of natural phenomena, which is ever the same, may be taken as the cause of the similarity of the findings, which in their simplest form are an expression of common sense, which is ever wise without the schools. Truths always harmonise. Then, when we state, "There is no disputing tastes," "What is meat for one is poison for another," we are repeating what is a common observation of natural occurrences.

In all this is an appeal to nature, whose laws of well-being permitting no disorder build that physical body whose daily condition is good health and whose purpose is happiness. The obvious conclusion from these premises is, that in order to have a well developed body and continued good health, and the consequent happiness that has no alloy, we must obey the natural law of living. We may snub nature to-day and to-morrow, but in her own time she will call us to account.

From nature's laws of living most of us are far-off wanderers. Chief among our misleaders is appetite, that ever rules our lives with a tyrant's force; and lastly, becoming like gods from knowing a little, we rudely thrust our mother aside and seek fads which in our folly we miscall variously "civilisation," "higher life," "spiritual life," etc., which in practice make continual war on nature. Is it to be wondered at that there is a "warfare within us," a constant clashing of bodily propensities with spiritual aspirations, all destructive of the harmony inherent in nature?

Now, without dwelling upon other religions for the moment, I wish this morning to discuss a certain, salient doctrine of the Christian religion, in order that we may see how true the generalisation which I have just uttered may be. Perhaps we may say, without controversy, that the Christian religion is founded upon the one doctrine of the Atonement. If there were no crucifixion, no mystical symbol of sacrifice, there would be no dogmatic salvation. And if there were no dogmatic salvation for Christian believers, there would be no specific idea to which they could cling. For it is this conception of supernatural or miraculous salvation that has congregated the mass of human beings beneath the banners of Christendom.

Because men were dissatisfied with this life—because, as the Preacher said in ancient times, "All is Vanity; Vanity of Vanities"—because men were constantly chasing the iridescent bubbles of human pleasure and passion, and sinking when appetite was surfeited into disappointment and despair; therefore they pursued the mirage of supernatural salvation with eagerness, hoping that, when death had dissolved their earthly tabernacle they would find a tabernacle in the skies which time nor change could ever alter.

Now, precisely in proportion as Christianity has emphasised the mystical dogma of the Atonement, has it as a dogmatic religion succeeded. And precisely as it has relegated that doctrine into oblivion has it lapsed into disintegration and shown signs of decay. You may, for instance, take the liberal branches of Christianity, which are composed of the more intelligent classes of people—people who to a large extent do their own thinking; and you will see what a paltry number these liberal Christians constitute when compared with the vast host of people who support the so-called "evangelical" or orthodox churches.

Why? Simply because the Liberalists have cast aside the possibility of miraculous or supernatural salvation. It is true they still cling to the potency of a belief in the grandeur and dignity of the character of Jesus, and proclaim to humanity that He is a divine Being (howbeit not the Supreme Deity), and that by worshipping Him they may acquire by reflex effect the benefits of His love.

But such an interpretation of Jesus has had no attraction for the vast mass of the world's untutored minds. They could see in it nothing—nothing, at least, but a vague and vanishing hope. But when the spectacular Jesus, who was crucified upon the cross of Golgotha, is lifted up to the enthralled gaze of the multitude, His sacred blood streaming from His hands and feet where the nails and spikes were driven, and from His body where the spear heads were thrust through, then they fall in anguish, in groaning and adoration, and proclaim Him the Infinite and mighty God.

It seems impossible to satisfy humanity with any promise that falls short of a supernatural possibility. And yet, no doctrine ever inculcated in the mind of the race has caused so much mischief, has to such an extent degraded and demoralised humanity as has this seductive, but repulsive, doctrine of the blood atonement.

I will show you in a few minutes that it is not essentially a Christian doctrine, that Christianity did not precede other religions in advancing this supposed truth to the world; but that it was, if not an imitation, at least an adaptation of religious notions which had been mystically taught ages before the advent of Christianity. The doctrine of the atonement has awakened the artificial hope of humanity for a salvation which seems incapable of being realised; carries man to the extreme height of curiosity only to desert him unsatisfied and discouraged.

This specific doctrine is responsible for what is known as the "Revival"; and it is not an exaggeration to assert that every revival is the direct cause of an epidemic of insanity. Because, when a revival develops into full dimensions certain psychological effects ensue, which, in their nature, are vicious, if not poisonous, and which if carried to extremes, result in positive insanity, and precisely the insanity with which insane asylums are being filled daily.

One noted author says that all great revivals have resulted from great financial distress, which every thinker will recognise as a truth.

We need only review the list of the famous revivals of this country, and we will find they have always followed the great periods of financial depression, when people lost control of their pocket books, and lost their hope of life. The religion which teaches man's inability to help himself finds its opportunity of usefulness in periods of human depression.

When there is none other to call upon, men turn to God and pray. You remember Heine, the German poet, says, "When he is well his spirit is exuberant, and he wishes to go out to the gardens, where the flowers bloom and the blue sky bends above him; but when he is sick, feeble in body and mind, then he

wishes to go to the temple and worship." In the same strain an old wag sung,

"The devil was sick,
The devil a monk would be;
The devil got well,
And devil a monk was he."

(To be continued.)

psychometry.

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MRS. BUCKMASTER, 4R, Bickenhall Mansions Gloucester Place, W., has been awarded the November prize for the following delineation; the stone, I may say, was picked up by myself at Westgateon-Sea, and those of my readers who know the locality will agree with me that the description is very good.

"I seem to be on a tall cliff, from which I see nothing but blue sea and quantities of seagulls-a beautiful breeze blowing. I stand on green grass, there is only about two feet of earth before the chalk cliff begins. I see a very curious vessel with wooden oars and men scantily clad, and again, later on, I see rough men with ropes drawing in bales and casks and concealing them in a cave. I see a dreadful wreck, I see a man standing on the cliff lighting a beacon -I don't like it at all. I think he is a wrecker. I see men with blue shades over their eyes hammering away the other side of the cliff, and I hear the sound of an engine, as if the railroad wasn't very far off. I get a sense of fearful terror, of great desolation, of immensity-I seem to have tumbled off the cliff and am lying in a mass of sand-I am covered with sea water-I get a human influence, but I can only see wonderful bright eyes."

(Signed) MILDRED BUCKMASTER.

The prize for the January competition will be .r. Carey's "A New Name."

It is only natural that historical and geological specimens should prove the most interesting and fruitful source of study; but at the same time I should like to point out to you that the psychometrist who is

highly educated has a distinct advantage over one who knows nothing of, say, botany, geology, etc, and the reason for this is obvious. Suppose you take a piece of stone in your hand to psychometrise, and strange flowers, beasts or minerals pass before your eyes, if you can give a technical description, you may be able to give science valuable aid, but if you describe a thing of which you can only give the general appearance, your description will prove too vague to be of any value.

I propose to form a club with various branches for the acquirement of this knowledge, each student taking up some branch of study to be helped out and used entirely with psychometry. We can easily obtain specimens, and we will get the necessary text books by hook or by crook. Of course, I only propose to carry this out if I get a sufficient number of names, say twenty, and I propose that you each subscribe 2s. a year towards the necessary books, and select a treasurer out of your number to make the purchases, the books to be common property, and passed from hand to hand as wanted. I will gladly act as arbitrator, and we can publish results in WINGS, and any that are of sufficient value can be placed before the Society for Psychical Research. send in any money-send your names; then if we have enough we can select the treasurer and you can send in your money to him.

I rather hope this idea will commend itself to those of my readers who are not content to become mere "fortune tellers" or character readers, but who aspire to higher things and to making the best possible use of this marvellous gift.

To go back to where we left off last month, we will take the first stage of man. Here we discover the bulk of humanity, people who live a life of animal desire only, who have no idea of true advancement, who live and die without even a glimmering of their own power.

With these we have nothing to do, for if you belonged to this contingent you would not be reading WINGS.

Rather are many of you at the second stage-light

has dawned, you know there is a spirit somewhere, but the question still arises—where?

Then, naturally enough, you search around, outwardly, for that which lies to your hand, which is within yourself, and each fresh effort to gain the truth but sends you farther away.

Now here can psychometry and a real knowledge

of occult power help you.

And the suggestion I make to you is this—psychometrise yourself, sit down in the "silence" for an hour, think out all your surface points first of all, then delve down into the depths of your sub-conscious mind and listen intently for what it has to tell you.

It will speak after a time, and the self-knowledge thus gained will carry you towards the goal of your desire more swiftly than can *years* of study devoted to outside influences!

EXPERIMENT VII.

Will each reader send me in a delineation of their own inner nature obtained in the manner just described? To be written without prejudice, and not to exceed 200 words in length. Each delineation to be sent in with date and year of birth, and sex, with stamped addressed envelope to the Editor, as before.

A "Hew Thought" Colony.

-:0:--

THE new spiritual teaching is making good progress in this country; new adherents are being constantly recruited, and their lives are greatly changed and beautified by the wider outlook to which they have attained. This is all to the good, and there are many other indications that there will be a general spiritual upliftment of the people in the near future.

At present, however, England is passing through a very dark hour; she is for the time obedient to dark counsels, owing to the covering up of the true mind of the people by a cloud of materialistic thought. How

shall we dissipate this cloud? We are all affirming for peace, love, progress, and the realisation of human brotherhood, but some more concentrated effort is needed.

It is only by co-operation and concentration that it is possible to do great things. There are some New Thought students who would like to get away from the ordinary business pursuits of the world and devote themselves entirely to the development of the higher nature. If they, being moved thereto by the highest and noblest aspirations, will form a colony, live a life of brotherhood and love, and have all things in common, I believe that their co-operative life and thought will result very quickly in great spiritual attainments, such as would be impossible (except in a long time) by individual striving. The colony will be a spiritual centre from which consecrated teachers and healers will be sent out all over the country to teach the truth of being, and raise the thought of the people to higher planes. It will exert a great influence in hastening the new spiritual era.

Will those who are interested and who are ready to co-operate in forming such a colony kindly communi-

cate with

GEORGE W. READING.

Croydon Villa, Ramsgate.

Concentration.

-:0:-

IN the last paper I described how it was possible to communicate with those at a distance by means of telepathy, or thought transference, as a direct result of concentration. Now, it is my intention to carry this still farther, and show you how to transfer your body, or an appearance of your body, to some friend at a distance.

Choose a time—generally the most convenient is when you are just in bed, then, as you go off to sleep, WILL firmly that you shall appear in bodily form before a certain person. You can, of course, make

arrangements with the friend if such an apparition is likely to be startling to them, but if you wish to send the appearance to any very great distance this precaution need not be observed.

I need hardly say that the mental effort necessary to cause this phenomena is immense, and it is only possible after long practice in concentration, when you have mastered the simple experiments I have already given, and really can concentrate properly. Moreover, it should not be frequently indulged in unless you possess magnificent animal health, and an iron constitution.

Of course the question arises, "How is such a thing possible?" I am much inclined to consider it in this way—of course your body is on the bed, and you are asleep, but the mental effort you make is transmitted by means of the etheric waves—the nature of which I have already explained—with such direct force that the person to whom you wish to appear actually "sees the thought."

The more deeply you concentrate and the *longer* you can hold your thought upon any given subject the swifter is the motion attained by it, and in the case cited above you send a thought with tremendous velocity through the ether, and it literally collides with both the brain and nerve centres of the person who receives it, the force of the mental message reacting upon the optic nerve, and so becoming objective—so much so that the person who receives your mental photograph will be prepared to swear he actually saw you in the flesh.

The dynamic power of thought is greater than that of any other substance, but the rate of vibration naturally varies with the power of the "brain machine" which generates it, the more organised and controlled thought travelling at a rate quite 95 per cent. more swift than that of unorganised thought. The ether is the only medium capable of transmitting thought, but the vibrations of organised thought appear to attain yet greater velocity by their impact with and journey through this great and subtle medium.

Pourself Barmonised.

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BY GEORGE OSBOND.

Mind.

THERE is one thing great in the world—that is MAN. There is one thing great in man—that is MIND."

The great theme of the church has been the "salvation of the soul." It has been able to give a fairly good definition of salvation, but it has singularly failed in its definition of the soul, if, in fact, it has been able to define it. In consequence of that failure it has been unable to hold the people, and now they see there is but little to fear in the department of the devil, they are not attending church as they did when the demons of hell and brimstone were preached with fervour.

But although the church has not been able to define it, there is a definition which is clear, conclusive, and will help to interpret the various passages of scripture bearing on it. The getting on a line of thought in this direction will loosen the trammels that have heretofore hindered our progress. That there is great ignorance even amongst forward thinkers on that subject there can be no doubt, as but little attention has been paid to its solution, hence, naturally, the old ideas obtain.

Scripturally, the soul is the greatest possession of man. "What will a man give in exchange for his soul," or his power to think? Psychologically, MIND is the greatest possession of man, for without it he can do nothing. These two terms, soul and mind, are to me synonymous, or two terms for the same thing; but soul does not mean spirit. Soul and mind being spiritual, it is necessary that every student should keep well in mind the distinctions between spirit as first cause, mind, or the soul, and the body, and then

the relation to physical things outside the body will soon become apparent.

MIND, or soul, is that which stands between spirit and matter. It has the power of looking either way -toward the spirit or toward the body and materiality. Hence those who are after the flesh do mind the things of the flesh, and those who are after the spirit do mind the things of the spirit. For the mind of the flesh is death, and the mind of the spirit is life and peace. Hence mental and spiritual science. the mind is directed toward the spirit it becomes the Christ risen in us. That is the Christ of the scientist, the at-one-ment of the mind and spirit, and the consequent adjustment of all bodily conditions to that harmonious condition, making all of the same well tuned symphony, a grand organ well played.

The first great necessity is the king (spirit), the second the kingdom (the mind or soul), the third the products of the kingdom (all temporal things). If you have hitherto reversed this order you will be able now to understand the cause of the inharmony of your physical and mental condition. Your mind having been centred on the exterior and physical and material things alone, it has had nothing but confusion and dissatisfaction on which to subsist, and the terror and fear, your present condition, is due to that. "Turn ye, turn ye; for why will ye thus die?" "Do right, and thou shalt live." Doing right mentally is turning the mind to the contemplation of the things of the spirit. That is the right mental attitude to assume until you get thoroughly poised. Until you are thus settled all your efforts will be well nigh useless. You want rest and peace of mind. You may as well try to get harmony out of an unstrung piano as to think of getting harmony of mind by looking outward to the things of the world, good as they are. An easy chair is of no use to an uneasy minded man. It is imperative that you obey this saying: "Seek first the kingdom of God." But don't seek it for the good things that follow, or else you are seeking the good things and not the kingdom in which they are found. Many people make that mistake, but they are seeking things, not the kingdom

of things. The kingdom is yours, for it is the Father's good pleasure to give you the kingdom, that is, the kingdom of your own mind. Just think what it means. The kingdom of God in the soul or mind of What a close relationship! Just think what this philosophy means to you. You always regarded God as being love, wisdom and power, and that was the highest. Now we have exalted God to the position of the ever present LIFE, and also exalted man to the position of love, wisdom and power-our previous conception of God-and thus restored him to the lost position of ruler and master of all things. For these are really the ruling faculties, and they are faculties of our mind. We are thus heirs of God and joint heirs with Christ, if so be that our mind is spiritual, or turned to contemplation, pursuit, and execution of the things that make for our peace.

Now I have shown you what the mind or soul is. must impress very much upon all readers that there are not two or more minds, but only one mind. People often think that they must have a new mind in order to be different. When reading, "To be carnally minded is death, but to be spiritually minded is life and peace," and all the other sayings that refer to duality in the mind, they think that there are two minds at least. That is not so. Every man, when he has made up his mind to be a better man, finds that he has the same mind and the same propensities then as before. But few have realised that it is simply a change of attitude from the exterior to the interior phases. It is the same mind as it is the same spirit, only with a different object of contemplation. Others think that we have three minds : sub-conscious, conscious, and supra-conscious. It is not three minds, but one mind in three phases. The conscious mind is the mind in a state of conscious activity; the subconscious mind is the mind in a state of passivity, but subject at all times to the conscious; the supraconscious mind is the mind in a state of reverie and spiritual contemplation, probably outside the realm of reason. All habits are sub-conscious activity of the mind, and hence are hard to break. The conscious mind played with the subject (smoking, drinking

lying, etc.) until it became as automatic as breathing. and just as hard to control.

It is almost useless trying to break a habit that has once become sub-conscious by dealing with it directly. You have seen how it was formed, now let it rest and beget a habit of the exact nature that you desire, and it will crowd out the habit you do not want without any effort except the building of the new one. REMEMBER THAT WHATEVER THE MIND DWELLS UPON IT CREATES. Thus you should not dwell upon destruction even of a habit, but construction of a glorious mind. Let the conscious mind be ever contemplating whatever things are true, just, pure, lovely, of good report, virtuous and praiseworthy, and it will become so uplifted that your sub-consciousness will be as happifying as the consciousness that "in God you live, move, and have your being." Don't bother about the other. "God said, Let there be light." You say the same and let the darkness be dispelled by the superior power of light.

I have been asked by several to give a treatment for use on retiring and waking. I will give you one that has been a great blessing to many. It is by Mrs. Cramer, and I know she will not object to its being taken from her manuscript lessons for this purpose: "Love now rules in my heart towards all people, It acts to show forth perfect mental harmony and bodily condition. I rest in the conscious realisation that nothing can prevent its perfect result in all I think and do. AI am well and provided for, and nothing can make me think otherwise."

If you use this daily for the year 1901 you will live to bless the day when first you saw it. I know many who owe their emancipation to the insistence in their lives of the principle it inculcates, and anyone who lives it out will never be sick or unhappy.

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