

THE ORDER OF THE ESSENES

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DEPARTMENT OF INSTRUCTION

Dear Friends:

The instructions in the beginning of the course of Life Science explained the mind, its uses and its operations. It told how to get what you want and many were able to do exactly that. As we have grown in understanding we realize the mind must be fed on living substance if there is to be a true satisfaction that establishes peace in place of restlessness.

Hence the present lessons are designed to establish a whole new man with an entirely different state of consciousness, and many have expressed their appreciation of their content and purpose. You will not find them especially entertaining to the intellect but rather to the heart.

Dr. Hamilton Holt, ex-President of Rollins College, said, in his retiring speech to the trustees; "Seek Truth wherever it is; follow Truth wherever Truth may lead; teach Truth and nothing but the Truth." Can you wonder that the college achieved great prominence under the direction of one who stood fearlessly for the Truth?

So, my friends, do we also attempt to stand for the highest Truth that we have yet discerned and not be drawn again into the old net.

Your words of appreciation and your gracious gifts have carried us this far and are continuing to build a firmer foundation for the continuance of our instructions.

We send our blessing of peace to each of you. Peace, be still!

Sincerely,

THE ORDER OF THE ESSENES

By

*J. Hamner Davis*

Enc. 140



# THE **Essenes**

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INSTRUCTION #140 Assuring to the Acceptable and Accepted  
HEALTH, HAPPINESS AND SUCCESS.

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## A PSALM OF LIFE

TELL ME NOT IN MOURNFUL NUMBERS  
LIFE IS BUT AN EMPTY DREAM!  
FOR THE SOUL IS DEAD THAT SLUMBERS  
AND THINGS ARE NOT WHAT THEY SEEM  
LIFE IS REAL! LIFE IS EARNEST!  
AND THE GRAVE IS NOT ITS GOAL;  
DUST THOU ART, TO DUST RETURNETH,  
WAS NOT SPOKEN OF THE SOUL.

EHNRY WADSWORTH LONGFELLOW.

## THE VEIL OF MATTER

Matter is both transient and unreliable, for it is the representation of the idea of absence therefore our idea of God. All Good must not be burdened with it. Our first two denials in Spiritual Science as given in the former instructions are: There is no evil and there is no matter.

The third denial is this: There is no absence of life, substance or intelligence in my idea of Good. If we speak this often enough, it will not be long until we feel it, and the spirit of man will fall free from entanglements around, regardless of what others are doing. We will be free from delusions. We were once taught that to be helpful one must be able to put himself in the other's place. This was for the purpose of arousing emotional sympathy, thinking thereby to gain understanding, and it was a false teaching even though a sincere one. We know today that the one who can remain detached from a situation can be the most help, as emotion clouds the reason as well as the eyes with the belief that evil is real. Truly the belief in evil is the veil in the temple that has been rent by Jesus, that we may all see the truth. Herein lies the significance of the healing of the blind man when told to wash the clay from his eyes.

In a detached state one can feel supremely real, can even view our own affairs in a dispassionate manner, and hold dominion over them. Reality is the strength of the free spirit which refuses to be mixed with evil, as the only cause of evil is the idea of absence. This all the evil there is, a name only, that we have given to a false idea. The true idea is the Omnipresence of God, but as ideas make conditions the idea of absence finally made a host of phantoms called evil. One can say that there is no apartness, no separation, and that makes a vacuum around you into which all good must come to fill you with delight. If God is Omnipresent, where is the evil anyway? No where, and there is no apartness, no separation, and this reasoning will change your life.

Old conditions slip away when they have no foundation. This makes the understanding of the subconscious mind so necessary, for it is full of the Truth, new conditions just naturally and lawfully show forth in the life, for there is no foundation left for evil. Healing is done in this manner, for instance man has believed in the absence of sight and the loss of sight, so many have had poor eyesight. Sight is a quality of perception in Divine Mind, so in a raised belief, eyes are restored, the awakened mind perceives, the clay drops away and the eyes are clear and shining.

Likewise, we can say there is no absence of Intelligence, in reality there is no ignorance, for we live in Divine Mind. God is all knowledge, so man can be rich with the Intelligence of God, can rest in the all knowing mind and know all things. Even where the so called idiot or mental case of any kind is, there also is the Mind of God.

We do not want to intimate that there is matter and it is empty, for this tangles some until they cannot heal. They believe in matter so strongly, that the very mention of it makes it seem present, yet the denial is correct. We refer therefore to say "there is no absence of life, substance, or intelligence in Omnipresent Good. Nearly every one at some time has felt

lonely, or apart from their good, and at such a time, a positive stand will route the feeling. With the truth, we do indeed set ourselves free from negation, but that means we are more than just Truth students, rather "I Am the Truth".

The fourth protest we make against the claims of matter is to deny that sensation is a physical or material experience. Sensation is a faculty of the soul, it is a mental process, and since all is omnipresent good, so is sensation in its right relation. It is sight, hearing, tasting, smelling, touching. God is our sight and it cannot be lost, the same applies to each faculty. As the faculties are avenues of the soul thru which the soul feels out a situation or receives reports from the outer, they are to be raised and extended rather than killed out and lost. One wants to be sensitive to Spirit. The main idea in denying sensation was to get rid of the Sensation of pain or hateful sensation. If life had been all joy, no one would have thought of denying pain. Anyway pain is a warning that something is amiss, and better than denying sensation in pain, is to state the high truth, that there is nothing to hate and we will never be faced with pain or grief. If good is never absent, then the sensation of good is never absent. "In seeking God, if haply they might feel after Him and find Him, though He is not far from each one of us, for in Him we live and move and have our being; as certain even of your own poets have said". (Acts 17:27)

The race mind is exactly like our own minds when it comes to willingness to make all the protests of metaphysics. It is quite ready to see that good reasoning will bring happiness, if wrong reasoning brings misery. We falsely claim unhappiness until we have it, which is insidious. Our attitude should be to look fearlessly at all things, not afraid to read anything but to remain poised above it.

The fifth regular denial is "There is no Sin, Sickness or Death": Where? In God, of course. Where is God? Everywhere. This removes the sin that we have built by our belief in the absence of Goodness in people. If the idea of the undivided wholeness of people is real to our minds, we shall see less sickness. We shall be utterly free from seeing death in any form or circumstances, if we know that in omnipresent life there is no death. If we are not free it is because we have some special prejudice of mind to get rid of. Thus we reason, to understand, that our freedom may become established. If one is sick or poor it is because there is a strong idea that certain good is absent. Let us accept the most complete idea of good that we can imagine. Job made this mighty statement: "Thou knowest that I am not wicked, for they hands fashioned me." This healed him and restored his good. Paul and Peter both told us that there is a reason for the hope that is in us.

In the 21st chapter of Revelation, John describes the temple, naming the foundation stones. He gives Jasper as first, which is the diamond irresistible in beauty and brightness of purity. The Sapphire means peace and wisdom. These are stones of character. Following this out our reaction toward a thing may be worse than the thing toward which we re-act,

so by giving up our habits we may be set free from poverty and sickness, As a child of God, we cannot be hurt, nor can we give hurt; we cannot be offended nor resentful. We are not envious, jealous, penurious, not discouraged. Neither praise nor blame makes any difference.

Besides the five denials there are two particular denials that correspond to the sentiments and moral senses. These last two relate to the individual disposition and will, the others are general to all the race. The five that belong to the race could be used faithfully and not bring to pass the right state of mind, although they delight the mind, soul, and spirit. The ancient philosophers were good as far as they could see, but they had their special prejudices. It is just as necessary to be rid of prejudice, as it is to be rid of the belief in matter. Jesus Christ caught the whole doctrine, and this is the reason Christianity surpasses philosophy, even though it encompasses it. Jesus Christ had no prejudices, he condemned no one. He had a loving Father and all things were easy for Him.

Man does not become spiritual because of what he does not do. He becomes spiritual by the degree of spirit he brings into expression. Spirituality increases with the more complete and ever expanding radiation of man's soul into transforming action. Spirituality is the result of the expression of spirit, therefore we study spiritual things.

There were two schools of thought in Elisha's time. Many a student of the highest theology even to the five denials of metaphysics, has failed to drink of the healing waters of the science of Christ, because his moral sentiments were subject to what he believed to be his physical senses. We cannot let any moral any moral chord lie dormant. If one is careless about paying debts, there is no harmony. If one treats other people's property roughly, one lacks honor. If we do things which inconvenience others, our sentiment of justice is not salted. If one complains, he lacks appreciation. Many bloody deeds have been done in the name of Christ, which contained no Kindness, justice or mercy. One has only to read of all the religious wars, all the persecution and domination that has been done in the name of religion, to know that regardless of their claims, Christ had nothing to do with it, for He is lovingly kind.

Let us each, as students of life science dig out our special claim that we may be free from it. You will probably be able to see how, because of it, certain types of experience have occurred over and over again in our lives. We can illustrate this. I have in mind a woman who came for counselling in regard to a cruel husband. After hearing her life story we could see where as a child she was given the belief in cruel treatment to the extent that she had continued to draw to herself unfair treatment from every one with whom she was associated. As a tiny child in a foreign country she had been mistreated by a step mother, becoming timid and fearful and all unconsciously she expected unfairness, so she received it from her husband, her son, and later on in business deals. She was a woman of good education and many fine qualities but when she discerned the source of her troubles she was able to work out of it. The husband left home when he could no longer mistreat her, the son went away and married, and she became

established in a business of her own. She is known to us today and this is a true story, only one of many hundreds we could cite over the years of spiritual ministry.

People of high science sometime yield to trivial temptation, and it may be a subtle claim to the absence of good. A habit of running people down will run the body down into disease. We must speak of all people from the standpoint of God in them, instead of their appearance to us, which has a tinge of self-righteousness.

Assembling your five denials you have this:

1. In God - there is no evil.
2. In God - there is no matter.
3. In God - there is no absence of life, substance or intelligence in my idea of Good.
4. In God - there is nothing to hate.
5. In God - there is no sin, sickness or death.

\*\*\*\* GEM THOUGHTS\*\*\*\*

"The Lord shall give thee understanding  
in all things."

Timothy 2::7

"The holy time is quiet as a nun breathless  
with adoration."

Wordsworth

"Take my yoke upon you and learn of me; for I  
am meek and lowly in heart; and ye shall find  
rest unto your souls. For my yoke is easy  
and my burden is light."

Matthew 11::29