

## THE ORDER OF THE ESSENES

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DEPARTMENT OF INSTRUCTION

Dear Friends:

If perchance a lesson contains a repetition of something in a former lesson, look upon it in all kindness - and let the repetition do its perfect work. We have been taught that it is the repetition of the same idea in mind that establishes a new groove in the brain which, by law, blooms forth in our lives. A branch that bears no fruit is soon cut off. As new ideas are presented to us we find ourselves continually pruning and trimming our own tree of life, that we may bear fresh fruit with an abundant harvest. The life of the spirit is certainly active in consciousness, but not restless.

We would like to have letters telling us what you have really gained through your study, not a long thesis - but short and to the point. And neither are we asking you for a resume of the lessons - but tell of the growth in your own life. Through these reports we propose to establish a firmer and more permanent bond between us.

We will welcome any gifts made to the department of personal counselling that we may keep this fast growing department of our Order up to date and in order. When one writes for help we would like to get the answer off immediately rather than wait for time and opportunity because of the pressure of other work. We are amazed and glad of the big response to our willingness to serve in this manner.

The Spirit of Truth goes before each of you, making plain the way.

Faithfully,

THE ORDER OF THE ESSENES

Enc. 138

By

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# THE Essenes

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INSTRUCTION 138

Assuring to the Acceptable and Accepted  
HEALTH, HAPPINESS AND SUCCESS.

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GOD IS OUR REFUGE AND STRENGTH,

A VERY PRESENT HELP IN TROUBLE.

THEREFORE, WILL WE NOT FEAR, THOUGH THE EARTH DO CHANGE,  
AND THOUGH THE MOUNTAINS BE SHAKEN INTO THE HEART OF THE  
SEAS:

THOUGH THE WATERS THEREOF ROAR AND BE TROUBLED,

THOUGH THE MOUNTAINS TREMBLE WITH THE SWELLING THEREOF.

THERE IS A RIVER, THE STREAMS WHEREOF MAKE GLAD THE CITY  
OF GOD,

THE HOLY PLACE OF THE TABERNACLES OF THE MOST HIGH,

GOD IS IN THE MIDST OF HER, SHE SHALL NOT BE MOVED:

GOD WILL HELP HER AND THAT RIGHT EARLY.

BE STILL, AND KNOW THAT I AM GOD.

From Psalm 46

## OMNIPRESENT IDEA

The irresistible name of God is Good, and it is an idea in everything - everywhere, therefore we speak an omnipresent idea when we say: "I seek my good; my good is my God. My God is my free life, and my free health." It is well to name your good, for your ability to name your good, along with this way of reasoning, causes you to uncover higher ideas of good, as the perfection of man comes forth from within man. The idea of perfection would be wholeness, not half measures, not separation into two parts, or opposite poles, but oneness.

Christ is the idea of perfect man, therefore we call for our idea through this name as Jesus revealed it to us. Christ is Truth, and truth is unchangeable good, therefore the calling of the Christ within stirs or quickens the good to come forth. We honor Jesus Christ because He was a completed unit of Good, or in other words - He became God.

Good is to each whatever he names it. If one is tired and wants strength, we name our good as strength, and tap the unlimited that is folded up in us, feeling free and strong at once. When people want help, by calling for the thing they are seeking they are enabled to feel it consciously as their minds shine with ours, who are knowing the Truth with them. To do this for one another is in no way depleting, but strengthening to us all. Among the names of good there is one that satisfies each, but not always the same one - for each is seeking satisfaction, or the pressing out of good.

In the state of world sleep, on this side of the veil, the best at which we arrived, up to the time of the teaching of Truth, was that the problem of life was to live and think so as to get satisfaction. But now we know, since Jesus rent this veil, that we do not come to get, but we bring good to the world because we are free spirit. The sciences of man have not started near enough to the foundation idea to obtain this end because they have dealt with half-truths. There are people who rebel at the mention of God because of false teaching; they are bruised by trouble and disappointment that they were taught were sent by God. Good could not send anything but good. God does not even see evil. "To the pure all things are pure." (Titus 1:15)  
"He that hath a bountiful eye shall be blessed." (Proverbs 22:0)  
"Jehovah thou that art of purer eyes than to behold evil." (Heb. 1:13)

However, all people seem to agree that they ought to have their good. The principle point of Truth is that satisfaction comes through mind. Mind speaking truth, or thinking it consciously can bring that which all the world is seeking. No material process can do it, so we find ourselves in the midst of re-education and the world is upset in the process. Let us think about God as our support. Good is the foundation and no other foundation have we than that which is laid in Christ. As Christ is the Truth, we are speaking the Truth when we say - God is our support. We are still carrying the theme that GOD WORKS IN TRUTH.

Is it true to say that man depends upon any kind of work for his support? For work is not the freedom we are seeking. Work is part of the veil and apparently necessary for us under the Law. The Truth we are seeking

frees us from the Law, then we find ourselves in great activity of some kind in a way that is fulfilling and harmonious. One who knows the Truth sees the fallacy of games of chance, neither does one feel called upon to defend the Truth, it is its own defense. Some do not find work for they do not speak the Truth, but a lie, and good does not work in a lie. Tell the Truth and good will work for us. Have faith in good.

We fool ourselves by not admitting the purpose of life even by saying we only want money to help others. This comes from the old teaching of a false humility, but in the new revelation we tell the honest truth - which is that we are seeking unlimited good. God is the idea of unlimited supply which is in every man, and is uncovered by knowing and speaking the good. Say often - MY GOOD IS MY UNLIMITED SUPPORT, MY UNFAILING SUPPORT. Very soon unusual ways of plenty will show up for you and new provisions will be made. This will not be guess work - for it is reasoned out from the foundation of all things, and we can bank on it. Jesus taught us the doctrine would bring a hundredfold, and Moses also taught it, "Fear ye not, stand still, and see the salvation of Jehovah which he will work for you today. Jehovah will fight for you and you shall hold your peace." (Exodus 14::13) The Bible becomes more valuable and more interesting to us as we study it in the light of eternal Truth.

It seems a pity that the Christians are not better off than the worldly man and it must be because we do not truly apply the teaching of Christ. Let us purpose in our hearts to do the thing we have claimed, so others will come to value it also as the true way of life. A Christian has to tell the Truth of God. A Christian is never anxious. God careth for us, so we say that "My support is my Good, my Good is my God, thus God is my support." Such a statement stirs all the universe to bring your good to pass before you; therefore, think of the unlimited, universal good and consciously recognize it. Jesus seemed to convey the idea that we might have tribulations while we make the change from the old way to the new, for it is recorded in John 16::33 - "In the world ye have tribulation; but be of good cheer, I have overcome the world." This implies that things are sure to come out right with us if we put our trust in the good. Tribulations are oppositions, or the feelings we have when we first set forth during the time that the mind still goes in and out. More and more we see that everything is mental. Sometimes one loses interest in old business, so much so that it drops to pieces or leaves you, but if you can stand you will be bountifully supplied - unless you believe something else like being on Government relief, as an example.

To help us to know the direction from which the supply will come, it is well to add to our statement that God is Intelligence, then we will come to know where it is and will never lose sight of the rich provision of good again. GOD IS GOOD, GOD IS SUBSTANCE, GOD IS SPIRIT. Therefore, supplies come from spirit - they are spirit, and we practice this.

Let us apply this same type of reasoning to the fact that God, the Good, is our defense and our protection. The very movement of our bodies is protective. We can take time to name the good as our defense and it strikes a chord that the unconscious mind agrees with, and fears are quieted, they leave - for we overcome evil with good. The fear of evil is the only evil. The fear of death is the cause of death. God is life, and God is our defense. As we continue to speak the Truth this very process reveals ever more understanding because we said in the preceding instruction that the name of God or Good is stored in us as concealed energy. Telling the exact truth about good is an irresistible energy to bring good to pass. You can see why the teaching is, that it is better to "be" than to "do".

Some of our half truths accepted disease and other things as being good for us, sent to teach us a lesson, and it probably did, but it is an unnecessary waste. God is Truth which is a healing principle, and not a sickening principle, so we cannot say that sickness is good. God is Good and God is health, so where is the sickness? Jesus brought tidings of good, he said that "every good tree bringeth forth good fruit." Also - "The good man out of the good treasure of his heart bringeth forth good." "Mary hath chosen the good part." Jesus went about doing good. "And we know that to them that love God, all things work together for good." (Rom 8::28).

We cannot call evil good, this is a subtle point. All is good, there is no evil to the true student. We have love as the highest name of good because it is the harmonizing force of the universe, it is a fundamental principle of life. Love, peace and joy are the three spiritual medicines. When we speak love, we are stirring the very power of the Universe. When man is not expressing loving kindness he is not being himself. The effects of the non-activity of love are resentment, resistance, the holding of grudges and the criticism of others. So it is well to say that God is unbounded, unlimited love.

The four primary attributes of being are - life, love, substance and intelligence, therefore, they are equal to each other. When we speak of one, the others also are active in us; this is why love has a healing quality. One cannot heal who sits in judgment on others. The wonders of love have never yet been told, because we see in a mirror darkly. Jesus taught us that it fulfilled all the old law, but we have been slow to accept it. Love is defense, surrounded by real omnipresent love, no harm can come to anyone. What protected Daniel in the lion's den? There are modern illustrations of the same type or protection. The love that comes to us through any one person is only the sign of love. Love that is God is eternal and infinite, in it - one is free.

Let us begin to declare now the fulfillment of our former expectations of good, and not keep wondering how and when. Labor alone won't do it, but the method of Jesus Christ will do it. If our expectations are of God and all Good is omnipresent, all we need do to release it is, to declare it in faith. It is here NOW, today. We desire instantaneous results. Can you even imagine what a sweet free life is?

What is the elixir of life that the ancient alchemists sought? Alchemy is spiritual chemistry, they spoke of salt, sulphur and mercury, which we know represent substance, love and life, the intelligent combination of which is the four-fold man.

The name of Om was an ancient word for God used by some even today, but it means good beyond good. For beyond our ideas of good is the Infinite, awaiting our words.

It is always suggested we have a special time to make our statement of Being, for it makes one a great thinker. The mind of good will think through you, the universal mind, not the lower psychic mind. You will become one with your words and you will be able to say as Jesus did - "I and the Father are one." You are your own Father, and you will forget that there is even a possibility of disease or death, for you will be naming God, and in His name we shall do all things. "If a man keep these sayings he shall live forever."

\* \* \* THOUGHT GEMS \* \* \*  
(To be committed to memory)

He that shutteth his eyes from looking upon evil, he shall dwell on high, his place of defense shall be the munitions of rocks; his bread shall be given him; his waters shall be sure.

Isaiah 33:16

Let not your heart be troubled; believe in God, believe also in me.

John 14:1

He hath shewed thee, O man, what is good; and what doth the Lord require of thee, but to do justly, and to love mercy (kindness) and to walk humbly with thy God?

Micah 6:8

The superior man is watchful over himself when he is alone.

Confucius