

THE ORDER OF THE ESSENES

2527 E. NSET DRIVE

TAMPA 6, FLORIDA

DEPARTMENT OF INSTRUCTION

AN UNEXPLORED EMPIRE

THE POWER OF SELF DETERMINATION:

A man can form habits - a machine cannot. The real "you" is master of your human mechanism and not a slave to it. You are aware you have a directive intelligence. Your job is to learn how to keep in touch with it and how it works - and to supply mental patterns which build character, that you may put within that which will express (come out) beautifully. "A more abundant life" is an individual matter. You must first mentally live the good life. It then materializes naturally - certainly - and in strict accord with the law. That is the manifestation of real prayer --- to know God.

We are working to an objective, a tying together of related material, a unification of knowledge, the organization of thoughts into a frame with which you and any serious, earnest and intelligent person can work out a healthy, happy and prosperous life.

You are well along in your instructions. Don't fail the wonderful persons who make this possible.

To you who have so graciously helped to take this understanding to others, we are deeply grateful, and are ever alert to see that they reach the worthy.

The good that is being worked thereby is untold and should give you a sense of pride and worth-whileness in this world so in need of knowing life's objective and possibilities, and the realization that within each is an unexplored empire -- the power of self determination.

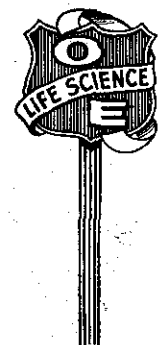
Peace be with you -

Sincerely,

THE ORDER OF THE ESSENES

S. Hamner Davis

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THE Essenes

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INSTRUCTION 82

Assuring to the Acceptable and Accepted
HEALTH, HAPPINESS AND SUCCESS.

" DO YOU HAVE TO GO TO CHURCH TO MEET GOD? OF COURSE YOU DON'T. GOD IS OMNIPRESENT. HE IS EVERYWHERE. YOU CANNOT ESCAPE HIM. THERE IS NOTHING EXCLUSIVE ABOUT HIM. YOU DO NOT HAVE TO PAY AN ADMISSION CHARGE TO MEET HIM. THERE ARE NO SPECIAL BUILDINGS WHERE HE MAKES PERSONAL APPEARANCES WHICH HE DOES NOT MAKE IN EVERY HOVEL AND HOLE IN THE GROUND AND MOUNTAIN TOP. A CATHEDRAL HOLDS NO MORE OF HIM THAN A COTTAGE. NO PRIEST OR PREACHER HAS GREATER INFLUENCE WITH HIM THAN YOU. ALL HIS LIMITLESS GOODNESS IS YOURS TO USE. NO ONE RECEIVES SPECIAL PRIVILEGES OF BETTER OFFERS. HIS GIFTS TO YOU ARE LIMITED ONLY BY YOUR OWN DESIRES AND YOUR OWN THINKING."

--- Thomas Dreier

POSITING GOD WITHIN

During this World War Number Two the daily press and magazines are filled with stories of miraculous escapes from dangerous situations, and a study of them is most interesting, and especially so in connection with the endeavor to understand what this God is that is given credit for these miraculous escapes.

There is one story which has had wide publicity, with respect to a pilot whose plane was in a dive and he could not get it out and level off the machine. It is related that as he descended he tried everything he knew, and finally said, "God, you take over." He then relates that he does not know just what he did, but he was preparing to jump with his parachute, and all of a sudden the plane leveled off, or came out of the dive.

In examining this simple statement you will note first that he tried everything he could think of with his conscious mind, and then he just gave up, and said, "God, you take over," - and then he states that he does not know just what he did, but evidently he touched or moved or adjusted some gadget in the machine which made the airplane level off.

Here we have a case of the conscious mind ceasing to function, and the subconscious taking its place. You will recall, we have stated that the subconscious has an awareness of everything in its vicinity, which we shall illustrate with another story very shortly.

In connection with the above story, let us tell you of another event that is within our personal knowledge, by reason of one of the actors in the event relating it to us.

There is a young man who was reared in Tampa, Florida, who took a course in aviation, and he was not only a trained pilot, but a trained bombardier, and had held all the positions in a bomber. He went over and took part in many battles. In one of these battles, he was acting as a bombardier, and another man was piloting the plane. The plane got out of control and was in a dive, and the order came through for all men to jump. It came into this man's mind that the pilot was not long experienced, and it occurred to him that one little thing had not been done that would level off the machine. He went to the control board and found it to be so, and moved some lever or gadget, and the plane began to level off, and the men did not have to jump.

We relate this incident to show you that a man with his conscious mind did that which the man in the previous story possibly did by reason of his subconscious prompting.

We, all of us, do the right thing unconsciously we say, under many circumstances.

Incidentally, we will tell you that the pilot and bombardier mentioned in the last story received a great amount of publicity in all the papers of the country, by reason of the fact that he was in an airplane in battle and it was shot down by the enemy and they all had to jump, and this particular young man landed on a paved highway and broke three bones in his leg, and all of the other members of the crew were saved. There were some very peculiar events connected with it which the papers played up. One of the men landed on a housetop, and went downstairs and within ten minutes afterwards was drinking wine in the cellar of the house with the

owner, who helped take him down from the roof upon which he landed, Another one of the men landed on the edge of a precipice, and his parachute caught in a tree, and he was thus saved.

There is another story which has had very wide publicity. It was of a "submarine which lay helpless on the bottom of the sea. The machinery would not respond. Oxygen was almost used up. The commanding officer told them their case was hopeless. They were trapped. Opiates were handed out so that death would be as painless as possible."

Suddenly one of the men fell. The opiate was taking effect. As the man fell, his body "accidentally" hit one of the broken controls of the dead machinery. Something hummed. The machinery began to turn over. Soon the submarine had surfaced, and the dead were returned to life.

You will note in the above that it is said that as the man fell his body "accidentally" hit one of the broken controls of the dead machinery. The mathematical chances of a man in a submarine accidentally hitting the right spot or the right control is one in several million, so that it is not probably that it was an accident, by mathematical calculation.

Now, let us examine this incident, and in accordance with our understanding of mind and subconscious mind give a reasonable explanation for the matter.

You will note that as the story was related, the man who fell and hit the right spot to start the machinery, had just lost consciousness, and they said that the opiate was taking effect.

In this you can see the ceasing of the conscious mind, and the taking hold of the subconscious mind.

The subconscious mind is aware of any and all conditions in its surroundings, and the man fell in the direction that he fell and in the way that he fell by reason of the position in which he stood with respect to the spot that he hit and started the machinery.

In other words, his subconscious mind put him into the position where he would fall and hit the right spot.

These stories, and countless other similar stories, are being related by religionists all over the world, and they are saying that God entered into the situation. We have no quarrel with that statement, but we desire to stress that it was not a God in a far-off heaven, but that it was something within the man himself. An understandable God.

We have no doubt that there are some who are connected with organized religion who will object to a scientific explanation of these things. This objection we believe may come about by reason of the fact that they are interested in maintaining the necessity for an intermediary or a representative to plead causes with a God. Such objections would seem to be a denial of radio receptivity, in which case the man does his own tuning in; and in place of it, they would desire to have a telephone connection which would go through a switchboard and an operator, to make the connection. (Re-read the front cover).

We stated just above that the subconscious was aware of conditions and situations in its immediate vicinity, and we said that we would tell

another story to illustrate that point.

A man came to us not long ago and stated that he was on an automobile trip, and was driving along thinking of nothing in particular, and he came to a cross street and he said that very plainly he had the feeling, or a message to stop, and he threw his foot on the brake and came to a sudden stop, and just then a very heavy truck at a very high rate of speed passed down the street he would have crossed, had he not received this message. Thus a serious and possibly fatal collision was avoided. He said he did not consciously see the coming truck.

Doubtless, many of you have had similar experiences. Under Professor Rhine, at Duke University in Winston Salem, North Carolina, a great many experiments are being carried out, under controlled conditions, and the world is going to have a real understanding of the scientific explanation of these things, as a result of those experiments. And there is just in the offing startling revelations with respect to mind. Some of these findings we will take up later.

We hear much about psychic phenomena, and as a general rule, psychic phenomena appear only when conditions are suitable, and not by design -- they come automatically, and not consciously. Consciousness is in abeyance when these things happen, and it may be said that they occur spontaneously when the conditions are suitable. Hence, they cannot be observed by being searched for. The effort made in a search is intellectual and involves the action of the special senses. Intelligence requires the three classes of forces all acting in a special order; first, the special sense forces, which are by way of the sense organs; the organic forces; and the etherial forces. In psychic phenomena it is the etherial that acts first, and then the organic. These act independently at the first.

We shall now take up some of these cases of psychic phenomena, and you will note that our explanation of mind exactly fits and explains the psychic phenomena.

Hundreds of thousands of cases have been reported where persons have said that they saw their son or their husband or their brother at the instant he was killed. This they sometimes call a spirit, and it sometimes leads to very weird beliefs.

Very many reputable people whose word cannot be doubted have reported instances of this kind. We shall now study the situations as they exist and see just exactly what does happen.

We will take the case of a son who is mortally sick and dies, and his mother reported that at the time of his death, she saw him, or "he appeared to her."

There can be no question but that in the mind of the dying person there are memories of his mother, and when he thinks of his mother, the brain machinery by a microscope, enlarges that picture which is in the brain cell, and throws it into focus, so that he can literally shut his eyes and see his mother. This is a brain image, and through this image we have learned pass the waves of the ether of space.

The son at the time of dying was doubtless thinking about his mother.

The mother at the instant, where such visions are seen, was not consciously using the mind, as for instance in a mathematical problem, or some other

kind of thought that required concentration, and her mind was what we might loosely call blank, and the forces of the sense organs were not occupying the center of the stage of her mind.

When the son thinks of the mother, and that picture is brought to a focus in his mind, the ether of space passes through it, and it also passes through the brain cells of the mother. In other words, a thought can be transferred. That is scientific.

Now when the thought of the son passes through the mind of the mother, the mother has also in her brain cells the pictures of her son, and when she receives this thought her mind focuses upon her mental pictures of her son, and the brain machinery of the mother brings the mental image of her son into focus and projects it like a moving picture, and she "sees" the mental picture.

She sincerely believes that she saw spirits, but the fact is that she saw this mental projection.

Seeing is not in the eye. Seeing is in the brain. And this picture was in the brain.

We know that memories remain in the brain, and we know that the ether of space vibrations are present everywhere; hence, they are as truly in the dead man's brain as in the living brain, and they extend all the way between the two, no matter how far apart they may be.

You will note that we said, "the dead man's brain."

The picture would remain in focus even when the man was dead, if that were his last thought, and we know that brain cells do not immediately disintegrate, or go to pieces, and hence the ether of space might pass through this mental picture that the son had, at the time of his death, or after his death.

Now, let each of us perform a little experiment. I call to your mind now, your mother, or the house where you were born, or the sister or close relative who is now dead. Pick out one of these, and we ask you to think about the person or the object. Shut your eyes. Does not a clear and a definite picture come into your mind, and do you not see it in the place where you got the original impression?

The point of this is to show you that you can bring up a memory into focus in the mind and by centering attention upon it you can see a clear and a definite picture.

That is what takes place when people see "spirits" of the departed.

It is a projection of a picture that is in their own mind.

Certainly there is none so simple who believes that a thing of form passes through the air and people can see a thing which is material, outlined in space.

When people see visions, or see what they call "ghosts," or when they have what is called apparitions, they are but having a projection of a mental image, and that mental image has to be in their own brain.

We desire to make it clear that the so-called spirits of the dead,

or "ghosts," or appearances, are thus accounted for without resorting to importing spirits from this or any other world. An understanding of the intricate machinery of the brain and of the living individual, and of the forces which play upon the brain and produce "mind" - banishes belief in "spirits."

In connection with the experiment we asked you to make a while ago, we want to stress the fact that the nearer and dearer anyone is to us, the more en rapport we are or have been with them, the more definitely are the face and features, as well as the sounds of their voice, and their gestures and habits engraved upon our brains.

Mutual sympathies, loves, affections, as well as hates and fears are only different varieties of impressions or ideations received and produced.

Now let us examine a case of delirium tremens of the drunkard. He sees dragons, demons, and other horrible sights. Certainly, there is no one who would say that these snakes, dragons, demons and horrible sights are real. They are projections of his mind.

The reason they appear as they do is that he has, by his drinking, effected the organic forces which play upon the brain, and he has by his drinking effected the machinery of the brain.

The monkeys, snakes and other things which he sees, no one else can see; therefore, they must be the projections from his own mind.

In connection with delirium tremens, we know that the man has been drinking, and we know that when he ceases drinking and gets back to normal, that he does not have these visions. Hence, we know that they are products of his mind, and we know that the product is different from normal. Therefore, this proves that when the organic forces are disturbed, the mental pictures will be likewise disturbed.

We often hear of people in cases of severe fever, and in other sicknesses having illusions, or being delirious.

If a preacher or pious person becomes delirious, he might see angels with flapping wings, and hear beautiful anthems being played upon golden harps. No one else present can see any such thing, and we know that they do not actually exist. Therefore, the vision that they see when delirious relates to that which has been planted in the mind previously.

A business man, becoming delirious, might and would in all probability have a different illusion from the illusions of a musician or a fisherman. The point is that the delirious condition is a change in the mind, by reason of organic forces, which have been poisoned or polluted, and which reach the brain and alter the brain, and hence alter the mind of the person delirious.

When a person is delirious, he is not conscious of his immediate surroundings. When a person is in a sound sleep, he is oblivious of his surroundings. In great ecstasy, people are oblivious of their surroundings. When a person is in a trance, or in the state of catalepsy, he is oblivious of his surroundings. When a person is hypnotized, he is oblivious of his immediate surroundings. - The point here to be remembered is that the sense forces are cut off, and the forces of the ether of space, and the organic forces are in operation.

We would have you here note also that when one is under the influence of a narcotic, that the sense forces are not in operation, and one would be unconscious of his environments, but the subject may imagine many very wonderful things, while under the influence of a narcotic. These, of course, must come from within his brain. The mind has been altered by an alteration in the organic forces that play upon the brain.

In cases of insanity, which may occur from a blow upon the head, or a brain injury, or from a diseased condition of the brain, we have the machinery of the brain altered or interfered with. This shows that if you interfere with the machinery; to wit, the brain, you get a certain result.

Therefore, we must conclude that the mind is the result of the forces playing upon the brain.

If you change the forces, you change the mind. And if you change the machinery, the brain itself, you change the mind.

In the study of these forces, let us not overlook what we learned in the first lesson in this course of Instructions - about the You.

You will recognize that in all of these cases there is some thing which focuses the brain pictures, which directs the action of mind, and that is the immortal You.

There is force in a lever, but there must be someone to manipulate the lever.

There are forces in the individual, but there is an entity - the You which handles the lever.

Now let us take a look and see if our explanation fits in the case of a genius, or in the cases of what we term mental prodigies.

We are aware of course that some wit has said that genius is one percent inspiration, and ninety-nine percent perspiration, - and we are also aware that a wag has said that a genius is one who can do almost anything, except make a living.

We all of course know what a sale is. The good salesman knows the mechanics of selling. First, there must be favorable attention. Next, an interest must be created; third, a desire to possess the thing offered is then created; and fourth, the sale is consummated.

Now, the matter of becoming a genius is a matter of selling the mind an idea.

We know that if a man centers his attention upon anything, that that is the thing which is remembered. If a man takes a real interest in a subject, or person, or a name, that thing will be remembered.

We know that a desire is fundamental.

A desire is the second step in our mental chemical formula for attainment. Desire is prayer.

The avenues to the mind are developed by use, and if one takes a special interest in any one particular line or subject or thought, and centers attention upon things of a related nature, then those things make a

development of that section of the brain to which it is transmitted, and as the avenues to the brain, and the brain are developed by exercise, just as muscles are developed by exercise, one becomes proficient and efficient along the line in which the interest and desire is centered.

The brain, therefore, focuses principally in the direction of the accumulated knowledge or information, and the ether of space becomes attuned to all that is related to the subject, under desire.

Therefore, the individual who becomes a genius is one who has concentrated the attention, interest and desire along a certain line, and therefore the results are related to that subject, and he becomes a genius along certain lines.

A mental prodigy is one who has early developed the avenues to the brain relating to certain subjects, and has centered all interest and attention upon those things.

We never know how great are the things that the mind can do, until we see those who are developed along certain lines.

It is not all in the development. It is also a matter of attunement, or being en rapport with ideas along given lines, and a genius, or a prodigy, is one who has focused attention upon the subject, and has attracted to himself the thoughts along that line.

You will generally find that youthful prodigies grow out of, or lose a great part of the abilities they display, as they are educated.

A youth who can solve mathematical problems without effort, generally loses that ability as he becomes educated.

His attention is diverted. His interest is created in other things, and his teachers and his surroundings tend to close the special avenues which made him known as a prodigy.

In our next instruction we are going to consider Joseph Dunninger, who is termed the Master Mind of Mental Mystery, and who has upon the stage - in private performances and on the radio over one hundred and fifty-eight stations, given what is called mind reading exhibitions.

Countless people are familiar with what he does and attach to it the term mysterious or magical. By his performances he has become a national figure.

Certainly all that he does is within the natural. There is no supernatural. It can be explained. He tries to explain, but in his explanations he is not unmindful of showmanship, nor is he devoid of ego satisfactions - and for business reasons, easily understandable, he encourages the spirit of mystery, because the American people as a whole "worship at the shrine of mystery."

Our explanations will be within reason, and will be satisfying - and will not detract from the credit due him for his performances.

THOUGHT GEM

The great law of culture is let each become all that he was created capable of being. --- Carlyle.