

THE ORDER OF THE ESSENES
2527 SUNSET DRIVE
TAMPA 6, FLORIDA

DEPARTMENT OF INSTRUCTION

YOU CAN EXPERIENCE

A MODERN MIRACLE:

Now we are getting somewhere!

You get and hold a mental picture. It is recorded. It is broadcast - within and without. Within it produces action - physical action. Without it tends to attract the materializing units.

The worthwhile things you have done were a direct result of a clear-cut, definite vision. That means and can only mean that you imprinted a brain cell with the outline and detail of "a desire fulfilled" - - Successful people are therefore planners. Planners visualize a desired result.

So far - so good. Now what was the second step in our formula of attainment? -- Desire!

What does constant desire do? It brings this imprinted brain cell into the focus of the brain mechanism which acts like a moving picture projector -- You see it as an accomplished fact. Next, the brain mechanism which acts like a telephoto machine and the brain mechanism which corresponds to radio broadcasting are set in operation and the organs and organisms of the body get the message. Very definitely, "As a man thinketh, so is he and so does he." These projections extend not only to the within, but to the without. Imprinted electrons or universal building blocks are sent forth to seek their affinities. A heartfelt desire also keeps the mechanisms of the brain, corresponding to a radio receiving set, attuned to the returning affinities. Another photo-sensitive cell awaits to receive the new idea. Call it intuition, inspiration, telepathy or what you will. -- It works.

What is the next, or third ingredient in our mental formula? Confident expectation - Faith.

What does that do? It screens out pictures of fear, doubt and failure. It channelizes the main thought to the organs of response -- "It makes straight the way." It results in Action.

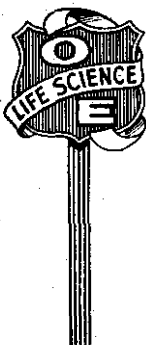
There is no situation which cannot be improved by right thinking. There is nothing mysterious about it; it is almost mechanical. Think not of yourself and inferiority complexes disappear. Affirm you can and will -- You can. Affirmations fix definite brain cell impressions. Thoughts stem from them - and thoughts properly nourished materialize.

This is not theory. We have seen countless of our students running peanut stands, so to speak, eeking out an existence, step out and make a hundred and a hundred and fifty dollars a week. We have seen hopeless and helpless invalids return to normal. We have seen countless so miserable they contemplated suicide become radiantly happy and useful citizens -- and we don't claim to be healers -- it lies within the individual -- and you should be happy and proud that you have helped take to them the understanding that worked the seeming miracle.

Enc. 81

Sincerely,

S. Hamner Davis



THE Essenes

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INSTRUCTION NO. 81 Assuring to the Accepted and Acceptable
HEALTH, HAPPINESS AND SUCCESS

A MAN WHO THINKS COURAGEOUS THOUGHTS SENDS THESE
COURAGEOUS THOUGHT WAVES THROUGH THE UNIVERSAL
ETHER UNTIL THEY LODGE IN THE CONSCIOUSNESS OF
SOME ONE WHO IS TUNED TO THE SAME COURAGEOUS KEY.
THINK A STRONG THOUGHT, A COURAGEOUS THOUGHT, A
PROSPERITY THOUGHT, AND THESE THOUGHTS WILL BE
RECEIVED BY SOMEONE WHO IS STRONG, COURAGEOUS AND
PROSPEROUS.

--- David V. Bush

BECOME A SENDING AND RECEIVING STATION FOR THOUGHTS
ALLIED TO THE ACCOMPLISHMENT OF YOUR IDEALS.

-- Essenes

THEY CALL IT "GOD"

In the Bible we read of Jesus going up into the mountains alone to meditate - "to COMMUNE with God."

We have in the last instruction pointed out the scientific fact that the ether of space is intelligence laden and can make an imprint or recording in the electrons of the brain cells. It happens to Baruch, the economist; to Dr. Elmer Gates, the scientist and will happen to you under favoring circumstances.

Why did Jesus want to be alone. For the simple reason that to attune or get en rapport with universal mind or the forces of the ether of space which are intelligence laden, requires the shutting off of the sense forces. It is here to be noted that the subconscious mind (that which is registered in the brain cells and electrons which did not receive particular attention at the time of being registered and can be brought to a focus or into the field of consciousness by the microscopical and stereoptical instrument the brain) best functions when there is not a flow of sense forces.

You have perhaps many times desired to recall some fact or information, a name, a date, a place, or an opinion. You say you have forgotten it. No! You have not forgotten it. Hypnotized you could instantly recall it. Hypnotism is not some bugaboo and will be considered later. For the purpose of the moment, we will say that it is a shutting off of the sense forces.

Think for a moment of one of your experiences in "forgetting" - and recall how later you "remembered." It was at a moment of repose, a period of relaxation, an instant when your surroundings and environment were not receiving attention - when the sense forces were not registering.

Now recall to mind what you have read in these instructions about subconscious mind - our detailing that which exactly fitted into your experiences. You had forgotten - You had said "What is that man's name" - and later it had just "popped" into your mind - it had just come to you "out of the blue." You had put the question. That was a registered impression in the brain. It was in the filing system - finding its proper place in relation to all other recordings. When the sense forces were quiescent the organic forces were at work as always, and more particularly the cosmic or etheric force was at work, and as always is constant. The brain instruments were in play. The "lost" came into focus and "you remembered."

Let us try out this understanding in cases of seeming miracles. In World War Number Two as in all wars there were countless seemingly miraculous cases. The credit is given to God.

It is well to examine them and find this God within. It inspires confidence that the true God is dependable - ever present and available. In an issue of Reader's Digest during this period under the title "There are No Atheists in the Skies" condensed from an article in Air Facts, by Frederic Sondern, Jr., was this: -

"The bomber pilot was telling about his return from a mission. As the plane touched the ground on landing, there had been a shattering roar. One of the bomb-toggles under the wing had failed to release its burden over the target. The bomb had stayed there, unnoticed, until the shock of landing shook it loose. It had exploded on the runway and the plane had caught fire like a torch."

"I was still conscious," said the pilot, "and I tried to get through the little window next to my seat. Flames licked at my back and legs. I got halfway through,

but the chute on my back wedged me in. I had to go back into the fire and try to get it off. But I couldn't. My fingers were numb. The last thing I remember was shouting, "Please help me. God!" And the next thing I knew I was lying on the ground, with the Doc bending over me. Nobody knows yet how I got out that window!"

In the consideration of this experience and countless similar war experiences, which are truly related - we can of course exclude any possibility of a material God lifting out a material body. The most devout religionist will agree with that. The man himself by the aid of his physical forces got out of the situation. This we know. We know furthermore that physical forces are put into play by mind action. The physical reacts to messages which travel the nerve routes. Physical action is a response to mind action always.

In arriving at the unknown, we must start with the known. This is true in mathematics, in detective work and in metaphysics.

Here we have a man in a burning plane, harnessed to a parachute pack. He tried with his conscious mind to get loose from it and through a window. He was wedged in, and went back. His conscious command was "Please help me God" - and he got out.

These constitute the positives - the known, and we have outlined and eliminated the impossible, and we face the question - the unknown - "how" - We know he got out -- That is the fact.

Before taking up the matter let us for the moment draw a parallel between this situation and the situation we have all experienced of forgetting and later recalling. We have said in the case of forgetting - "What is the answer" - or "What is his name" - or "Oh, God, what is the answer" -- We have called upon mind or God for an answer, and we got an answer.

In this case we have a trained bomber pilot. He has been thoroughly schooled with respect to parachutes and his plane. Many things have been taught him. These things are registered or recorded in the brain, and among these recordings there is much that did not receive what we might term attention, or at best received slight attention. He has a brain and a mind played upon by the intelligence-laden ether of space. He has a consciousness of much in his surroundings of which he is not aware - it is what we will call a subconscious awareness - and will treat upon that later.

At this point he consciously says, "Please help me, God" - In effect saying, "I don't know what to do. I give up," thereby releasing the conscious reasoning faculties.

The subconscious knowing perfectly the hook-up on the chute - and all surrounding conditions, takes hold, and we might say automatically he does the right thing - releases the chute - in one of several ways - and automatically goes through the window at the right tilt or angle for easy exit.

The whole of race consciousness developed the physical, the avenues to the brain, and the brain, to effectively act in the matter of self preservation. This development is, by psychologists, called instinct.

We can reconstruct the situation in the imagination and find many possible angles of release from the chute. He might have put into play what we sometimes speak of as super-human strength, and broken the connections. That would not be unusual. Do we not know of the paralyzed and invalids, in cases of fire and earthquakes

arising and performing tasks seemingly beyond the strength of the well and strong.

Not so long ago there was an account in the public press of an auto turned over upon a wife and the husband lifting the auto and releasing her, and later it was a most difficult task for four men to lift it and right it - even with the use of levers.

Again it might have been that unconsciously he put the buckle or clasp in the right position with respect to something in the plane to release it, or placed the holding web or strap to the frame enough to weaken it and get release.

In getting out the opening - consciously he would have endeavored to go straight out - body parallel to the lower sill; unconsciously (meaning with the direction of the comprehending subconscious) he might have gone out with his body at a 45 degree angle to the sill - or diagonally. Have you not experienced in packing an auto, or putting something through a small opening that one way it will not go in but after turning it another way it will just squeeze through? There has been many a child who has crawled into spaces - out of which it could not be extricated without enlargement of the space.

Under the spur of emergency and the lash of self preservation man little realizes the capacity of the human body for adjustment. We shall later have some most interesting material along this line.

Summing up the story, we know this world and all world's are governed by law and are in perfect order. Supernatural is ruled out. The natural is the prevailing. The pilot himself acted. He got out alive. That he acted was an effect of mind action. All human action stems from the mind or is a reflex, which is a natural physical reaction to a force or action.

He evidently acted beyond his own wisdom; he says so. He called, "Please help me, God" and the God within him responded. That God was and could only be a superior wisdom. That superior wisdom is rationalized and is understandable when we know what mind is - and that available to it is omniscience of which it is a part. It is well to know it was available to this pilot upon call, and it should be comforting to know it is available to you under favoring circumstances - and that you can create these favoring conditions.

In this same article is the testimony of another boy. He says: -

"I've never been a religious guy; never had any desire to go to church. The family worried about it for a while, but I guess they finally gave me up as a bad job.

"When I got out here, I had a tough time, at first. I scared easy and I used to get badly browned off. Worried a lot about my wife.

"And then, one day, when I saw that there was a real tough fight ahead, I remembered something my dad had told me once. 'Son,' he'd said, 'when you're really in a spot, call on the Lord. He'll help.' 'Well, sir, I did just that. And it worked. I handled my plane better. I shot better, I did everything better -- all of a sudden.

"I've been calling on Him ever since. He takes care of my wife at home. I know that, and I don't worry about her any more. He's taken that sinking feeling away that I used to get. I'm careful, but I'm not scared any more. He'll see me through, all right."

Note carefully in that simple narrative that he said he 'scared easy.' No one is so simple that he does not recognize 'being scared' as a state of mind. It is well too that you take cognizance of the faith or confidence resultant: - "I handled my plane better, I shot better, I did everything better -- all of a sudden."

It worked for him. It will work for you. What his father had told him once left its imprint in the brain. He brought it into focus. Fear patterns were removed from attention. There was a resultant change in behavior as there always is and always will be with a change in mind. Hence 'thought forms,' heretofore mentioned in these Instructions, is of supreme importance.

In Biblical phraseology, "Know ye not that seed sown in the garden of the mind bear fruit in behavior; that as ye act ye determine thy destiny; that there is available to thee and within thee God which availeth in the here and now? If thou knowest these things, why have ye any fears?"

"Vision well and purely. Let thy heart desires be worthy. Have faith in thyself, realizing thy unity with the all pervading higher intelligence. Show thy faith by thy works, and it shall be done unto you on earth as it is in the heaven within you - your mind - a part of God mind."

In just plain simple Essene words, we urge that as you prove in your own life the truths you learn herein to be effective - that you share the knowledge with all mankind in so far as you are able.

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GEM THOUGHTS

"An idea in the mind produces things outside the mind, and things outside the mind produce ideas in the mind."
-- Sir James Jean.

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It is impossible for a negative, depressed mental state to produce successful ideas.

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"You do not understand the language of nature because it is too simple."
-- Schopenhaur.

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There is a logical sequence of things in this world. First a state of mind - then a state of being.

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