

THE ORDER OF THE ESSENES

2527 SUNSET DRIVE

TAMPA 6, FLORIDA

DEPARTMENT OF INSTRUCTION

SCIENCE VS OLD AGE

More and more we read in our magazines and newspapers that man is extending his stay on this planet. Some of our foremost professors of physiology are delving deeper into this study and are coming up with remarkable discoveries.

Dr. Anton Julius Carlson (emeritus professor of physiology at the University of Chicago) a man who has had years of research in Gerontology sums up his findings in these words: - The best insurance for a healthy and satisfying old age is never to stop learning and never to stop working.

He believes learning should be along lines that will broaden our outlook and enable us to expand, both spiritually and materially. He also tells us that the type of work we do is unimportant and should be the kind that will bring us a satisfied feeling within ourselves.

These facts we have stated in our instructions and letters to you since the beginning of this course. We suggest at this time a review of Instruction #24.

Make up your mind that you're going to live to be a hundred or more, and think of the years ahead of you. Have definite plans for the future and start working toward the accomplishment of those plans, and it will do much to help you attain your goal -- it will lengthen your life, and following the definite instructions we give you, you can accomplish that which now seems remote and hardly possible.

Above all things, do not talk about and think about your age. This alone will be worth all of the time that you have put into the study of these instructions. We would awaken you to your possibilities!

THE ORDER OF THE ESSENES

Enc. 70

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THE Essenes

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Instruction Headquarters - Tampa, Florida

INSTRUCTION 70

Insuring to the acceptable and accepted
HEALTH, HAPPINESS AND SUCCESS.

"CERTAINLY WE CANNOT HELP THINKING ANY MORE THAN WE CAN HELP BREATHING, BUT JUST AS WE CAN CHOOSE TO BREATHE PURE AIR IN A PINE WOOD ON A HIGH HILL, WE CAN PLACE OUR MIND WHERE THE IMAGES IT WILL WORK UPON WILL BE OF A HIGHER NATURE."

IS YOUR MIND CREATIVE OR ANALYTICAL, DO YOU INDUCTIVELY AND DEDUCTIVELY REASON? DO YOU REALLY THINK? THERE IS SUCH A THING AS THE MIND BEING JUST LIKE A MIRROR, JUST REFLECTING THE THOUGHTS OF OTHERS, RIGHT OR WRONG -- DESTRUCTIVE OR CONSTRUCTIVE IN ACCORDANCE WITH THE IMAGES MIRRORED. INTELLECTUAL INDEPENDENCE IS A JEWEL WITHOUT PRICE.

THE CREATIVE POWER

We have now progressed in our studies to the point where we begin to see that the great basic truth underlies all religious, psychological and metaphysical systems, regardless of their age or place of "discovery."

No matter what terms we use, there is a definite and universal method of creating; a definite process which must be followed; use of this method invariably leads to a definite and predictable result.

Let us examine this process under the various names used by different schools of thought:

<u>METAPHOR</u>	<u>RELIGION</u>	<u>PSYCHOLOGY</u>	<u>PHILOSOPHY</u>
The Sower	Spirit	Objective Mind	First Cause
The Soil	Soul	Subjective Mind	The Medium
The Seed	Causation	Thought	The Form
The Harvest	Experience	Consciousness	The Result

It can readily be seen from the above that all schools of thought are talking of one and the same process even though they use different terms. Changing terminology never changes principle.

Words are tools we use to describe things of which we are conscious. As an example of what we mean, take the word "Mother." An English or American child says "Mamma." A French baby says "Mamman" and a German youngster says "Mutter." But regardless of the term used, the mother-principle remains the same.

So it is with the great basic principle of life. This principle is immutable, unchangeable. Each demonstrates his understanding by the term used to describe them.

A full and complete understanding of the fact that there is one great truth running like a golden thread through all religious and philosophical systems is absolutely essential before there can truly be a brotherhood of man.

This universal truth can be summed up for Essene purposes as:

1. Infinite Intelligence is the only cause and creator.
2. Infinite Soul, the universal subjective mind of which we all partake, creates in accordance with principle and law.
3. The universe we know is the result of our use of the subjective mind, acting in accordance with the laws governing the use of the universal and individual subjective, laws which are "no respecter of persons" and act alike for the sinner and the saint.

Now you may say, "This is probably all very true of the complete universe, but how does it affect me?"

Several thousand years ago a great philosopher laid down the dictum: "As above, so below." Man is, on a reduced scale, exactly what the universe is on an infinite scale. In other words, man is the microcosm and the universe is the macrocosm.

No two people have the same combination of fingerprints. And no two people see the same universe.

You are at the very center of your universe. You look outward and see RESULTS. You look inward and see the CAUSE. Now don't just skip over this paragraph. Stop right here and meditate on these facts until you have a clear conception of them, for our entire work is based on a complete understanding of cause and result.

You may recall that the great Essene Teacher taught us to pray to "Our Father, which art in heaven." He also told us very specifically that there was no use in looking outside of ourself for that kingdom. He said: "The kingdom of heaven is neither Lo! here, or There! The kingdom of God is within you."

Your world is what you make it. It has been said that: "There is no such thing as a 'victim of fate' for such a man is truly a victim of faith." Paul, the great metaphysician stated a great truth when he said: "Now faith is the substance of things hoped for, and the sign that the things not yet seen are true." (Basic English New Testament.)

The Bible tells us that man is made in the image and likeness of God and it is equally true that man's world is made in the image and likeness of man. The world you see and experience is the world that you --- consciously or otherwise --- have created. You can only see yourself expressing that of which you are conscious.

If, as so often happens, one says "I have tried my best to do what is right and yet everything seems to go wrong. How can you say that I made my world?" The answer lies in the lack of understanding of the inquirer. Time and space, right and wrong, good and evil --- all these are man made concepts. This is not a doctrine which can be taught to those who have no understanding, hence the necessity for all the preliminary instruction you have received.

You have reached the point where you know that "Virtue is its own reward." It pays to be good. Not because of compliance with any legal or canonical code, but because we know that evil is discord and discord is always reflected in the experience of the person creating it.

True, the person who asked the above question did not willingly create discord but undoubtedly he had harbored thoughts of envy, self-pity, criticism and other inharmonious conditions and these manifested themselves in the consciousness of the thinker sooner or later.

Why? Because the principle and the law with which we deal is absolutely impersonal. It is neutral. Like all laws, it is for the high and low alike. It is the rule of action for all. Only by compliance can perfect results be obtained.

Herein lies our power to choose and select, our power to create. The Old Testament (and many other sacred writings) repeatedly state that we are made in the image and likeness of God. This is simply the writer's way of stating that we have in our own universe all the power that the Divine Mind has in the great universe. At the very center of our being we have all the attributes of God.

Man is not a body with a soul; man is a soul with a body.

Being good is so much easier than being evil that we often wonder why perverse humanity insists on doing things the hard way. The exact figures are not at hand, but it is a scientifically proven fact that it takes twice as many muscles to frown as it does to smile. Yet walk along any street in any village, town or city, and note how many more people are frowning than are smiling. This is just

one minor example of the needless wear and tear to which we subject our physical and spiritual bodies.

Life is a process of development. Our objective consciousness is the sum of our experiences. As previously stated, the universal subjective mind is shared by all of us and it is the link which binds us in one great brotherhood.

The new born baby has no objective mind. It does not think or reason. But it does share the subjective mind, the mind which causes its little heart to beat, regulates the temperature of its tiny body, digests its food and tells it when more food is required. But as the child grows, week after week, it starts to develop an objective consciousness, one which looks outward and learns from experience.

Give a baby a spoon and watch it examine it and then taste it, using the senses of sight, touch and taste to build up an idea form. The child learns to make sounds and then to form words. It learns more quickly than a grown-up because it sets no limitations on its ability to assimilate new ideas.

Only after we accept the race-thought "I am too old to do this" or "It is too late for me to learn" do we become static. Perhaps you cannot teach an old dog new tricks, but then we are not dogs. We are made in the image and likeness of God.

This is what Jesus meant when he said "Unless ye become like unto one of these (little children) ye shall not enter the kingdom of heaven" (the kingdom of understanding). Why? Because a child never questions. It never says that a thing is impossible. It has sublime faith. It recognizes no barriers of race or creed. It desires happiness, not only for itself but also for all with whom it is acquainted. Have you ever watched a baby eating a piece of chocolate and stretching it out for others to bite on? There, personified, is unselfishness and a desire to share happiness with others --- truly an exhibition of two of the qualities required "to enter the kingdom."

There is a saying of the Master which has been perverted and misunderstood for twenty centuries. That is "If two of you shall agree on anything, I will establish it on earth." All kinds of sacred rackets have been based on these words, yet their true meaning is plain to any student who realizes that the Bible is written in symbolical language.

Jesus never claimed to have any power not available to others. The real translation of the above, in modern language, would read somewhat as follows: There are two qualities resident in every man which, if brought into agreement, will result in the desired manifestation. These qualities are Faith and Desire. In other words, if you greatly desire a thing and have faith in your power to get it, the real YOU, the "I," will bring it forth into manifestation - - - establish it upon earth. We do not know how this is done, neither need we be much concerned about the method. It is enough to know that "It works!"

Now many will say "This may all be true but it is so impractical." The answer to that is that the human race has been "practical" for thousands of years, yet today we find the whole world torn with bloodshed and strife. Isn't it about time to try the so-called "impractical?" When we really understand the laws we are studying, we will find that that which we now mistakenly term "practical" is in reality the most impractical of all.

No man ever lost anything by exhibiting kindness, tolerance, patience or pity.

We have heard a great deal about divine love, but there has been a woeful lack of instruction on how to demonstrate that godly quality. Yet it is so simple that most persons have overlooked it.

We must give before we can receive. We must serve if we would be served. We must expect tolerance only if we are tolerant. And what does this all add up to? The Law of Compensation, the final ingredient in our formula for attainment (see Instruction 18).

Subsequent instructions will explain the creative process and give the rules which must be followed for successful demonstration. But there is much meat in this instruction, meat which must be absorbed and digested before the rules can be understandingly applied.

Reading these instructions without a study and meditation will avail you naught. Your success or failure is simply a question of consciousness. We can only instruct; you must make application of the instruction. You do not need any occult master or Thibetan Llama to lead you into truth. Where there is a master, there is also a slave. It is our purpose to free you from the superstition that any power outside of you can affect you in any way.

There is but one Power in the universe. That Power is almighty, omniscient, and eternal. And that Power resides in you. It is YOU. "The works that I do ye shall do, yea even greater."

Seeing is believing? No! Believing is seeing. Instead of being a victim of fate, be a beneficiary of faith. In closing, let us quote from an article by Dr. Harvey Hardman in Mental Science:-

"Just as God causes the seeds planted in the garden to spring forth into things that correspond to the nature of the seeds, so will he cause good things to grow in your life when you keep your mind and your emotions attuned to the law of righteousness and praise the good things of the spiritual world. This, we must admit, is the province of our own minds, the work which we must do if we are to get out of trouble and find peace, security and success in life. If you don't like what you have, prepare the soil of your mind and plant a different kind of seed. You can depend on God to bring it forth.

The ground is certainly an impersonal medium which receives the seed without protest when it is poisonous or noxious, and with equal readiness it causes the good seed to spring and grow up, we know not how, but it grows. Clearly then the creative power of the inner Mind (soil) -- the Kingdom of Heaven---receives the thought--seed we sow into it without discrimination as to the nature or type of the seed sown by us, and causes it to grow into outer experience."

You can succeed if you know the power that is in you. It is up to you. No one else can do it for you.

"Stir up the gift within you."