

THE ORDER OF THE ESSENES

2527 SUNSET DRIVE

TAMPA 6, FLORIDA

DEPARTMENT OF INSTRUCTION

THERE IS A WAY TO THE ATTAINMENT
OF EVERY LEGITIMATE DESIRE

CONSIDER THIS: -

Who is there who has not read Elbert Hubbard's "Message to Garcia"? It has been printed in every language, and more millions of copies of it have been distributed than of any other booklet.

Hubbard dashed it off in less than two hours one evening, when he felt strongly on the subject of the lack of initiative of most people, by reason of his experiences that day in his Roycrafters shop.

The story is a simple one of how Rowan was given an important message to deliver to the Cuban Leader Garcia, and how Rowan, without asking where he was or how to get there -- and without quibbling as to ways and means -- took it through jungle heat and dangers innumerable, and delivered it safely.

Initiative is a wonderful quality. There is a way to the attainment of every legitimate desire. Don't be afraid of any ideas that on the face of them seem almost wild.

In our own experience, we knew that we had a message for purposeful people, we knew that the great need of the time was to strengthen individuals, that society itself might survive.

Naturally the question came up of how to distribute it throughout the length and breadth of the land. Inasmuch as one of our fundamental teachings is "that as you give so shall you receive," how natural was it therefore that we should decide to send it out without price. The teaching of Jesus, as above quoted, is true, or is not true -- and it does not mean that it was for the other fellow and not for us. Who ever heard of Jesus making a charge? Yet he was always bountifully supplied and wore beautiful seamless garments.

One of America's largest mail order men -- a man who wrote a book on "As you give so shall you receive," marvelling at our growth, said of our plan that it was the most courageous step ever taken in this field of endeavor, and our success strengthened his faith in human kind.

We are not given to praise of our own efforts -- this you are in a position to judge -- but we knew in the beginning that we would keep giving more than expected, -- invaluable material that the serious must benefit by -- and that the law would work -- and that others would give as we had given in the beginning, and still give, that the work might spread and reach the multitudes.

Take pride in your part -- You can depend on the Law.

Very sincerely yours,

THE ORDER OF THE ESSENES

By

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Enc. 57



THE Essenes

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Instruction Headquarters - Tampa, Florida

INSTRUCTION 57

Assuring to the Acceptable and Accepted
HEALTH, HAPPINESS AND SUCCESS.

"IF LIFE AN ENDLESS CYCLE IS,
THROUGH ALL ETERNITY,
AND ALL THAT IS, FOREVER WAS
AND EVERMORE MUST BE,
SHOULD THIS BRIEF MOMENT THAT IS OURS
BE SPENT IN DOUBT AND FEAR,
PREPARING FOR A PHANTOM HOME
ON SOME UNCHARTED SPHERE?

DOES NOT THE VEIL THAT DARKLY HIDES
ALL MEM'RY OF THE PAST,
AS DARKLY HANG, IN DEEPER FOLDS,
TO HIDE THE FUTURE VAST?
THEN SEIZE THE PRESENT, SEIZE IT, MAN!
OH, YE WITH BLINDED EYES!
AND WITH NEW UNDERSTANDING BUILD
AN EARTHLY PARADISE -----

WHERE MAN MAY MEET HIS FELLOWMAN
WITH SPIRIT UNDISMAY'D,
WITH FEARLESS FEET AND HEAD ERECT,
FOREVER UNAFRAID."

FEARS MATERIALIZED

In the study of man, in which we are engaged, we must frequently fathom that which is subtle, disguised and hidden. Often, yes too often, we will be able to be helpful to many by the realization that there are countless persons who are faking and shirking responsibilities. They seek opportunities but the meeting of life problems face to face is avoided - and their conduct is unsocial, morbid and oftentimes more painful by far than would be meeting the responsibility fairly and squarely. The result naturally is that opportunity passes them by - Such persons are said to be neurotic - They are nerve cases -- Why?

Because they pack about with them subconscious motives - ingrained and a part of the nerve and cell consciousness imparted to them by reason of fears, worries and negative auto-suggestion, the contemplation of ills, evils, and misfortunes, - or secret longing partaking of the nature of greed - selfishness and easy gains.

Their meditation, such as it has been, has been of the inverted order. Looking upon the undesirable things of life, or a way to "beat the game of life."

This motive is, so to speak, hidden. The neurotic is not conscious of it - It is spoken of as an unconscious motive. His expressed conscious motive may be one thing - His nerve cell and subconscious motive quite another. Understand neurotics are not in most cases insane persons -- but insane persons are neurotics.

Drunkards and prostitutes are sick people - neurotics. Consciously they want to reform. That is their conscious and often expressed motive. But the unconscious motive is the thing that induces action. They are not going to be cured until that deep hidden desire or fear or experience that caused them to be and do, is reached and rationalized - and there is implanted in the subconscious and the nerve and cell consciousness a new pattern. - It can be done. - That is "forgiveness of Sin" rationalized and brought down to earth.

Let us take the drunkard. - He started to drink because he was bashful - timid - afraid of other men - lacked courage to face some problems and took to drink to find courage or assurance; or something was obsessing him and he took drinks "to forget it," or felt inferior, not as "big" as someone else and he took it to stimulate a confidence in himself; or he thought it was "smart" or the "thing to do," or for one or more of a hundred "reasons" (possibly to avoid someone thinking he was "sissy" or to "relieve a tired feeling" or "to get up an appetite").

These occasions (possibly by reason of associates) grew and "taking a drink" just naturally became associated with the ideas that induced the drinking - Then it became a habit to take the drinks. After the alcoholic stimulant died down, he felt weak - then he took more for a "pick up" - Note here! that a habit is the result of a subconscious or unconscious or nerve and cell "education," and note too that it grew by repetition and it became a vicious circle. There is your drunkard.

Some vicious institutions claim to cure this habit and substitute drugs for the liquor, - often cocaine, and the patient is worse off than before.

Suppose you remove the liquor - or the patient by reason of some suggestion, such as a sense of shame or remorse with respect to something he did while drunk, stops for a while. A cure is not in most cases brought about. He is almost certain to meet up with an occasion that will bring about the association of ideas - drink and the primary reasons for drinking - and he takes another drink and is back in the vicious circle.

Suppose however that in his sober moments he consciously wants to quit - and you probe back in his experiences and mental life and you find the motive (then a conscious motive) and the occasions that started him to drinking - and he is brought to realize how foolish and absurd was the idea - that it was a trivial or inconsequential thing to which he attached too much importance (and you can always do it in the light of past experiences) and by the process of reasoning he sees how erroneous was his act and the serious consequences that followed a seemingly simple idea, and the desire is implanted to get the correct view point and the true solution to life problems, and that it calls for sober thought and action, the basis for a real cure is laid. Then it is simple to follow the program of sure accomplishment given in instructions 13 to 18 in this Life Science course. A vision of an accomplishment - a deep desire to be or do - confidence that it can be so - and that you can bring it about - real determination saying "I will" and meaning it - and then setting about it in normal and entirely social ways, expecting problems to arise - and rejoicing that every event has its place in the life panorama and that the overcoming of problems is victory and that the habit of victory can be acquired like any habit.

Now a few words as to prostitution. It comes about much like habitual drunkenness. In the subconscious is a motive. It came about by suggestion or by desires which were auto-suggested - usually connected with selfishness. The desire for pleasures, fine clothes, jewelry, attention of men, and this combined with a feeling of personal inferiority and a sense of inability to get these things in normal ways by service in the usual way in the economic set-up; or through the holding of some morbid absurd picture of revenge upon another - growing out of jealousy (self love). This feeling can often be summed up and expressed thus "Nothing matters now. I don't care." At the foundation can always be found a loss of self respect or self esteem (and of course that is a mental attitude or motive) or some other idea listed among the negatives of life.

The discovery of these unconscious motives, a re-education of the subconscious and cell life to normal reactions can lead to "the forgiveness of sin" in these cases. The "forgiveness of sin" is a principle - the working of a law, and not some "father confessor" or anthropomorphic god saying "Thy sins are forgiven." It is man, by his free choice and "free will" - removing causes and setting in motion a new chain of causes designed to bring "good" into the material as a logical effect.

To illustrate to you the far reaching effect of unconscious motives and to show the disastrous final results of seeming inconsequential ideas, we will give you a case history.

This subject was just an ordinary individual, a common school and high school education, held fair white collar jobs - had a fair degree of ambition and planned and schemed how to go in business for himself. He finally hit upon the idea of going into the mail order business selling a commodity extensively manufactured in his home city.

He circularized lists of names - did a fair business and the business grew. There came to him for a job as he grew a man who said he was an advertising man and a correspondent and letter writer. He showed Tom Marks (that is not the correct name for obvious reasons) a sales letter that would get business. It was a good sales letter, combining many of the "tricks of the trade" - Tom gave him a job, used that letter and it "pulled;" it got the business; and this new man was a "whiz" as a mail order man and the business grew rapidly.

Now Tom secretly and deep within knew that he was having success beyond his merit as a mail order man, and beyond the merit of the article he was selling. A fear complex was born. It was "too good to be true;" an inferiority complex was born. Without the right brains, he felt it would begin to die out and his man "Friday" might begin to ask too much in salary. With these complexes, he grew in selfishness. He wanted to protect himself - "get his."

At about this time a banker saw he was building a fine business. Tom was now quiet, reserved, and didn't talk much - fearing always he would show the inferiority he was "conscious" of.

The Banker suggested he incorporate and he would place some of the stock with his clients, and then they could "go to town" getting business. - Tom of course to keep 51% of the stock and the control.

This was done. Business boomed. Tom, not wanting the stockholders to get too much (selfishness working) voted himself a salary greater than he had ever dreamed of before.

Now the little fear that he might lose the "mail order brains" that had come in the form of Dalrimple (that is not the correct name of course), the advertising man, grew and grew. Of course from time to time he advanced Dalrimple's salary in a pinching, miserly way.

It was at about this time that the great insurance companies of the country in search of new forms of policies, brought out "non-cancellable health insurance policies" - agreeing that in case of a man's sickness they would pay him so much a month so long as he was sick - no matter how long - (non-cancellable).

Tom's business got to a million dollar a year peak. Tom feared it must slip - (naturally it would by reason of the fear). It was slipping.

Tom, being a man of means, naturally a bright and up and coming insurance salesman solicited him to take a "non-cancellable health policy."

Tom was naturally robust and healthy - just a little shy - self conscious - non talkative and conscious of inferiority, that he had not grown personally with the business. He knew that if he kept quiet and reserved others might and doubtless would give him credit for being a smart, successful, dynamic business executive. If he talked too much they would surely find differently.

His business record was spotless - He always paid his bills and carried splendid "bank balances."

As the insurance agent explained the policy there grew secretly within Tom the motive - "If things go bad I can get sick" - With appropriate cunning he was "hard to sell" - but finally bought the policy for a huge amount. The agent was proud, his company used the fact of Tom's purchase of that kind of a policy with all its agents to push their business, and by reason of his reputation, issued the unusually large policy.

Tom began to study up on various diseases and ailments and their symptoms -- a dangerous thing in itself. A man who studies up on the heart and begins to think about heart ailments is very likely on the road to a bad heart. Thoughts are just that potent.

From time to time he would just have a slight sickness and call in one of the outstanding physicians of his town - and became one of his "good" patients. These he did not report to the insurance company. He was just practicing his technique and convincing his doctor, by the accuracy of his description of symptoms - and preparing his "expert medical testimony" in advance for a day of need.

Business began to fall away - He could not develop new customers fast enough to take the place of those who knew lack of quality in his product and did not repeat their orders.

Finally the break with Dalrimple came just as he feared it would. (Men generally bring on the things they fear).

For a time he consciously thought he could run it with the old forms and literature, all the time feeling his inferiority - but business kept decreasing.

Then he began to try to hire a new man to take Dalrimple's place. He knew socially of a certain man who had made a reputation as an entertaining fellow - "bright as a whip" - a wise-cracker and josh and hale fellow well met - (Everything in that line he himself was not). He hired him away from a political job, perhaps to wise crack and josh buyers by mail into buying his product.

In the meantime he had paid two or three years' premiums on this health policy. It would not appear as a fraud if he got sick now, so he figured.

The time to reap his harvest he figured had arrived, so he went home, - went to bed - called his doctor, and notified the insurance company.

They started paying the sick benefits - He remained sick month after month, drawing enormous sick benefits.

His new man Friday went out to the house each day to report and talk over the business, as did his cashier and others.

Tom wearied a little of staying in the house all the time - with sick room scenery in profusion, so he got out in the evenings and walked around the neighborhood.

The insurance company got rather ill at ease with these heavy benefits going out - They began to question his sickness (?) But Tom's physician came to the front for "his best customer." Tom had to do a good job of "feigning" - he had to often repeat how sick he was.

The subconscious believed him, just as your subconscious will believe you if you oft repeat to it a suggestion.

Tom really got weak - the symptoms he had simulated he began to believe he had - They appeared in the material.

Tom drew his enormous monthly benefits for three years - and died. The last year he was really sick.

At any time in the last year had he just forgotten about the insurance - asserted he was well - admitted he was faking - acted like he was well - laughed - had a good time, "his sins would have been forgiven" and he would have enjoyed life and health, instead of leaving a rich widow, who never in the years Tom was making money denied herself anything.

Knowing the case, as close as she was to it - it is very probable his wife knew that he was a faker.

Knowing the character of the thinking of the wife, and from the observation of her face and from her actions, it would not be difficult to foretell her fate.

Needless to say, this was but one of many similar cases because the great insurance companies quit issuing that form of policy.

In the next Instruction we are going to comment upon numerous neurotic symptoms and doubtless there will come to mind many you know, and should it come about that you recognize yourself as fitting some of the descriptions - recognize "forgiveness of sin" is in accord with the laws of nature - then start digging back to childhood to find why and how and when you started that "behavior" - Recognize and realize how foolish and absurd it was to do that way - and you have worked your own cure.

As you come to the appreciation of the power of thought you can see the untold value of true meditation as we would have you know it.

The mind is a garden - a Garden of Eden - to the individual who can get enjoyment from living with himself. Keep that garden weedless, and you can bring joy into the lives of all you contact, and then will you know the source of true happiness - and in your life and affairs you will know the Blessings of the Infinite.
