

THE ORDER OF THE ESSENES

2527 SUNSET DRIVE

TAMPA 6, FLORIDA

DEPARTMENT OF INSTRUCTION

JUST TALKING IT OVER

WITH YOU:-

You are progressing. Intellectually, or in your conscious mind, you know laws and principles which put into practice can bring the realization of your cherished aims.

The question is - Do you have a spiritual grasp of them? Do your feelings or emotions prompt you to action? Do you have some fine resolves, and then fail to act?

Goethe gave some pertinent advice on this point, saying "Seize this very minute! What you can do, or dream you can, begin it! Boldness has genius, power and magic in it."

Now you want to be and we want you to be socially successful - make and have friends. It's simple. Study the other fellow. Forget yourself - You will not find the other fellow perfect. He is much like you. We are all just children grown up.

We are going to teach you how to acquire a good memory. The rules to acquire friends are like the rules to acquire a memory. Pay close attention - center your attention on him - find something in him of interest, be interested in him.

Harry Hepner says in "It's Nice to Know People Like You" that "persons who lack the feeling of belongingness often become enemies of mankind or appear to be perverse by nature. Sarcasm, 'barking', grumbling, scolding, self pity, gossiping and kidding are ways such a person uses in his attempts to be friendly."

So don't be like that.

To be really friendly feel friendly. Say the sincere and friendly thing. If you lack for something to say, ask a question and be a good listener.

We just cannot imagine one who masters Life Science failing in friendships. Such a one has within himself that which will just naturally radiate - and attract friendship, and giving of himself is second nature. That is the cement that binds.

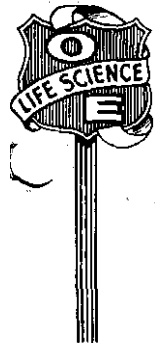
We trust Lesson Forty will be helpful to you, as are all our instructions to those bent on making a life - to living a complete Life.

THE ORDER OF THE ESSENES

By

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Enc. 40



THE Essenes

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INSTRUCTION 40

Insuring to the acceptable and accepted
HEALTH, HAPPINESS AND SUCCESS.

" A MAN IS LITERALLY WHAT HE THINKS, HIS CHARACTER BEING THE COMPLETE SUM OF ALL HIS THOUGHTS. LET A MAN RADICALLY ALTER HIS THOUGHTS AND HE WILL BE ASTONISHED AT THE RAPID TRANSFORMATION IT WILL EFFECT IN THE MATERIAL CONDITIONS OF HIS LIFE. MEN IMAGINE THAT THOUGHT CAN BE KEPT SECRET, BUT IT CANNOT: IT RAPIDLY CRYSTALLIZES INTO HABIT, AND HABIT SOLIDIFIES INTO CIRCUMSTANCES - - - THE VISION THAT YOU GLORIFY IN YOUR MIND, THE IDEAL THAT YOU ENTHRONE IN YOUR HEART, THIS YOU WILL BUILD YOUR LIFE BY, THIS YOU WILL BECOME."

- - James Allen.

THE SOURCE OF ALL LIFE VALUES

Can any one state why the truth is true? It just is - It is an absolute.

Need we inquire why the whole world is a spiritual universe - including laws, principles, people, intelligence and the material? - This is another absolute. Why each responds to the other, no man can reason out. It is fact absolute.

How? That is another question. We can discover the reactions - and by our findings discover laws and principles, and in the process we are lead to the inevitable conclusion that man, the imperishable man, the real You, is purely spiritual. Being so, an absolute also, there can be no other conclusion than that the creative principle is spiritual and man is just that.

The material sciences have kept resolving things material into smaller and smaller units and it is now established and accepted that everything is from one source but in different forms of energy and manifestation (Now see and understand Instruction #33.)

In the beginning we told you to accept only that which appealed to your reasoning mind. There is no occasion for mysteries. Reasoning together, if all things therefore are from the universal source, or resolved to the last analysis; are spiritual, then that source must be altogether good - perfection - perfect life. Let us call it the building blocks of the universe, that we may visualize and deal with it understandingly.

Man can take perfect building material, and by poor workmanship, spoil it. He can take the finest of materials and produce a hovel or a palace - a work of art or a commonplace commodity. The result is measured by the use of the building blocks. If our objective situations in life are hovels instead of palaces, the fault lies not in the perfect material from which created, but in the use of it.

Suffering, discord, lack, disease and the negatives of our objective experience are therefore from a misuse of perfect material. There can be no other conclusion than that the building blocks of the universe, so to speak, are all good. All nature is the evidence.

All Good is the definition of God. Man is of this All Good, therefore God is in man. Being a free moral agent, he may manifest it, show it to the world in the form of perfect health, joy and happiness, and material welfare, or he may display it in distorted form, but behind it all is potential perfection. The good is in the laws governing manifestation, the eternal principles upon which the world is founded, and in the eternal substance of which and from which all things spring.

Perfect effects must come forth from perfect cause. Man motivates cause. To him is given the power to create form. The absolutes supply the material to fill his molds and bring into being, as he has designed. The pattern is man's; the fulfilling substance God's.

Heaven is not in the skies, a distant place, an abode in the hereafter. It is within you. You can experience it now in the degree that you are conscious of it. It is perfect order, eternal harmony, truth absolute, law immutable, creative principle. You are in it, it is in you, from it you cannot be separated. Your every thought directly affects it. It is cause. It causes or manifests for you in accordance with your reliance or faith, and from it you can bring forth health, joy, and supply, if by your conscious thoughts you give it an appropriate design or pattern.

You are the architect of your own destiny. If you would have attunement with the infinite, affirm as did another inspired, - "Build ye stately mansions, Oh my soul!" Then be very practical, and do not violate the terms of your affirmation.

See no evil hear no evil - speak no evil with respect to another. Do not set yourself up to be a judge with respect to your fellow man. Thoughts are cyclic - They ever return unto their creator.

No man can afford to think in terms of hatred, jealousy, criticism, condemnation, revenge, or punishment with respect to another, for all are incarnations of the one spirit - There is a unity of all Life. If you cannot afford to think in terms destructive you surely cannot afford to speak in that vein.

One of the most beautiful tributes that any person can pay to another is to truthfully say "I have never heard him or her say an unkind thing about another." If you never do - you will live your life in a heaven here on earth.

Strictly avoid saying, "I am filled with fear." "I am worried sick." "I am so unhappy." "I feel terrible." "I am getting old and feel weak." "I must be going crazy." "I am poor, I don't know what is to become of me." "Business is terrible, I give up." "Nobody cares a darn about me." "Suppose so and so happens - I am sunk," - or any other similar expressions. Metaphysically speaking, you are affirming the opposite of good, and in some degree you inevitably experience that which you affirm.

If you just firmly fix in your mind the fact that within you, and all about you is the principle of causation, that you cannot be separated from it, and that by your positive thinking you can make definite use of it - you can and will acquire the corresponding consciousness, and with it comes the power and the ability to be, do or have. This is the gift of Life.

We clearly mark the channels of the stream of life. By mental direction, worthy purpose, and with the light of love you can steer clear of hurts, limitations, and the confusions of life.

If you will live the life as taught by the Order of The Essenes in these instructions, you will not even be tempted to seek personality road maps, you will have magnetic and radiant personality, reflecting truly your character and individuality. You will have an unselfish desire to bring joy into the lives of others. That is a definition of love - without which personality is tarnished.

Note always that the teachings direct you to do something about you. If you see something in others you do not like, eliminate that from your life. By the process of elimination, you leave the perfect and unique individuality intended in the great plan - the real You. Personality and individuality become One.

Each must and does express. Perfect expression brings forth perfection. The perfect mold is filled with perfect material at the fountain source - the universal. Man's imperfections are defects in the form, and not in the substance. Man must accept his responsibility for he creates the mold and life processes fill it.

It should be a never ending source of joy - that life is evidenced by change - substance is fluidic, and it is given unto man to create and to re-create and every error all nature works to erase, and NOW is "In the beginning."

There have been many men who have devoted days, weeks, months and years to the endeavor to transmute lead into gold. These men were wont to call themselves

alchemists. Had their efforts taken the direction of the utilization of lead in new ways, they would have, through the service that it rendered, brought back into their experience all the gold they required.

It has been stated that man can create gold by turning the base nature of man into a higher state of expression. Each has within himself everything that is needed to make life valued. The one essential is to discover how to properly express ourselves.

The object of our study is that we may take our own nature and find out how to express it more fully and completely, that we may become of greater value to mankind. He who makes the great discovery and worthily expresses, experiences health, happiness, and success and is a true alchemist.

Steel has little value in its one pound weight. Yet take that same pound of steel and make it into hair springs for watches, and we have changed its value from a matter of a few cents to hundred of dollars.

It is but a matter of refinement and processing. Each is capable of self refinement, it is but a matter of the spirit in which we work, a matter of just a little more regard for all mankind, a little more admixture of the ingredient we call Love in our daily tasks.

The process - Do whatever you do in the spirit of a master - the best that you can do it. The gold in that particular performance, from the material point of view, may be nothing or very slight, but what it adds to you - the uplift - the consciousness of mastership transmutes base metal into gold in the great within - That which is within must come forth. The attainments of the truly great of all ages bear witness that this is the way and the law, - Cause - revealed.

Let us reiterate, -

In the performance of your daily duties, no matter how menial or how insignificant they may appear, try to sense and feel that that is a form of expression on the infinite, that it is a part of a great plan of preparation. Put expression into it. Be a master craftsman in that task. Perfection is the ideal. Doing your part in the best manner possible, even though no other is to judge of it, is a preparation for the larger tasks, and makes them easier.

Does that simple statement impress you - or would you have us dress it up in some ancient garb to strut across a stage to imprint it indelibly upon the mind? - It is important - It may be a waste of printers ink and a paper sacrilege but let us see---

"Verily we say unto thee that if thou wouldst fit thyself for a leading role in the play of life, the preparation consists in playing well the minor parts. Become master in little parts and greater parts will be assigned unto thee - The greatest mastery is mastery of self and this great art is learned only in the minor roles. All the world is a stage and thou art an expression of the infinite. Self mastery enables thee to better express - and when thou art master of self, there is a leading part for thee, for knowest thou not, that within thee is the limitless, thy God and thy heaven, and thou art a ruler -- a King in thine own Kingdom - and a creator in thine own right. Knowing and believing these things which every mystic and master hath told thee places a scepter in thy hands and maketh thee a ruler. Prove thyself to thyself in small matters and thou shalt come to rule extensively."

Your belief sets a limit upon your manifestations of the universal which of itself is limitless. It therefore resolves itself to the proposition how much

can you encompass in your consciousness - not only believe but have an awareness of, to the point of acting without fear or hesitation in the now-ness of the new conception.

If it be true, and it is, your limited beliefs and conceptions have brought about lack, strife, and discord, then a change of your conceptions will bring about a corresponding change in conditions.

It is just a case of aiming high, becoming as a little child, "make believe," "Let's pretend," "Let's play like," our cherished aims were a reality, and living in the atmosphere of the accomplished purpose, with full faith that it is here and now demonstrated or manifested.

This is nothing more nor less than a practical opening of the channels for the outflowing of the infinite - Remember always that there can be no expression of omnipotence nor omniscience except through the individual - and that there can be no other purpose in the great plan as we know it for man, except to express some part of the universal, because he is a part in it and of it.

If his expression is limited it is purely and simply because he grasps but a meager consciousness or awareness of his potentials, he is just a poor outlet - because man's contact and connection with the unlimited is through the mind. - - - and how is he to clear the channel, remove the restrictions and get clear and distinct reception from the All?

By preparation for receptivity - which means a living in accordance with the principles we teach - a study of the basic truths of life, and learning the processes of inductive and deductive reasoning. Then he must by playing in the minor roles, the sustaining parts of the play, demonstrate and prove the laws and principles, and their applicability in the every day affairs of life, and thereby come to know that he is a unit in the universal, a part of all knowledge, all power and all present. Then must he have his periods of Silence and meditation. Time for his visions to take definite outline, and for his desires and purposes to become concrete and to formulate both the means and the ends; time for a growth of confidence and the crystallization of a living faith; time to generate a determination by the application of will power to his own faculties (the only legitimate use of will power) to do and be, - universal, to the all knowing, for guidance and help, and in the Silence be receptive to the answer.

That last is most important. - Don't be in an outpouring state, be in a receptive state. There can be no coercion or forcing - It is a matter of "letting."

From our contacts throughout the world and an endless flow of letters, we find that the great majority "Just don't know what I want to do" - "Can't make up my mind what I am fitted to do" -- are without purpose or objective. Is it any wonder they do not progress - - - So busy doing. - They do not have time or will to meditate - to plan - to fulfill the first requirement we give in these instructions for accomplishment (See Instruction #13).

You are urged to have periods of silence. If done rightly it will be the most enjoyable and valuable periods of your life. It is a period of complete quiescence. By this is not meant a period of resting or relaxation. It is a time when you are alone, unconscious of the world of matter, meditating and contemplating a time when you are sedately quiet, with thoughts withdrawn from human activity, and with your individual mind united with universal mind, and you sense and feel the unity, and acquire an attunement with the infinite, self realization - and a consciousness of power of which you are a part, and which is yours to direct in the fulfillment of desires, which assay good.