

THE ORDER OF THE ESSENES

2527 SUNSET DRIVE

TAMPA 6, FLORIDA

DEPARTMENT OF INSTRUCTION

JUST TALKING IT OVER
WITH YOU: -

"The heart makes a record of every shining thing and plays it back like music through the years" - We liked that Gem Thought.

You and we can be generous with ourselves because the supply of good is unlimited. Our mental and spiritual wealth is inexhaustible - and the world is filled with people who are just hungry for a word of praise or encouragement, for someone to listen to them with understanding hearts - and point the way of successful living.

So many there are who long to have outstanding personalities, to develop what is termed personal magnetism, and do not realize how really simple it is.

If we just make a habit of thinking about other people, we make magnets of ourselves and attract to ourselves the things we need.

Countless are those who have expressed the desire to engage in extending the understanding of truth to others. Every person who contributes a dollar to this work is just as much a part in the work as though he were here doing the work. We are but the medium of selecting the serious and earnest, and the medium of distribution, and perhaps as free and willing workers we add something to the effectiveness of every dollar expended.

We are successful in our own affairs, from which we derive our livelihood - and we know from experience that these principles we teach work. You quite agree, we are sure, that teaching truth should be done by or at least through those who have a deep and abiding conviction as to the effectiveness of the teachings in the every day affairs of life, and by those who deal in facts, not theories or fancies.

We are rapidly expanding and we are filled every hour with the spirit of gratitude to those who make this growth possible.

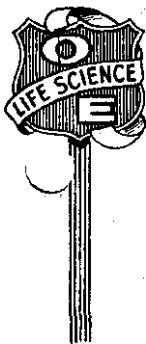
Let us live the truths we learn - let us do "shining" things so that in the coming years our hearts will play back to us sweet records of usefulness - and may our performances set shining examples in a bewildered world.

May you satisfy your own conscience as to how helpful you will be to others in taking the messages of truth to a hungry world.

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Enc. 32



THE Essenes

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INSTRUCTION 32

Insuring to the acceptable and accepted
HEALTH, HAPPINESS AND SUCCESS

BEFORE WE ATTAIN WE MUST BE WORTHY, DESERVING, PREPARED, ADEQUATE. IN THIS ORDER WE STRIVE FOR THIS AND FOR CONSCIOUSNESS AND AWARENESS OF OUR ONENESS WITH THE UNIVERSAL, OUR CONTACT WITH THE UNLIMITED.

IF WE CAN MENTALLY ACCEPT THE FACT THAT WE CAN BE, DO, OR HAVE ANYTHING THAT WE DESIRE, WE HAVE GRASPED ONE OF THE FUNDAMENTAL TRUTHS OF LIFE, AND WE GIVE MEANING AND EFFECTIVENESS TO "I AM" - "I CAN" - "I WILL" --- THESE ARE THE MAGIC KEYS TO THE DOORS OF ACCOMPLISHMENT.

AS A RESULT OF VISION

The invention or discovery which may more vitally effect human progress in the next decade than any other, was the birth of the cyclotron, which is that instrument which smashed the atom.

Ernest Orlando Lawrence of the University of California received the Nobel prize in physics in the year 1939 for this discovery.

This piece of work was the result of a vision - of an inspiration - of an idea gathered from the universal.

Ernest Lawrence was one day in the laboratory of the University just going over reports of experiments in physics, much like a school teacher goes over essays. It was almost a routine piece of work.

Finally, he came upon one report of an experimenter who had hitched together two long vacuum tubes and who reported that the speed of the electrified particles had been measurably stepped up as they jumped from one tube to the other.

In meditating upon this, it came into his mind that if the experimenter had just hitched up ten tubes instead of two, and had kept stepping up the speed of the electrified particles, would he not have had the force of a million volts, and perhaps that might have been sufficient to smash an atom, to which end many physicists were working.

He then began to vision that perhaps ten tubes in a straight line would be impossibly long, and then he began to dream how he could make one chamber and get the effect of passing from one tube to another.

It came into his mind to create a circular vacuum chamber and to use "D" shaped copper boxes as electrodes, and that thus oscillating electric currents would shift from one box to another; and then he figured out how, by the use of a magnet, the electric current would be used over and over, and would give the charged particles a series of electric pushes and would keep them going round and round in an expanding spiral, something like the spiral on a phonograph record.

The particles would keep going faster and faster, and when they reached the outer edge, they would have the speed necessary to crack an atom.

First, a small model which worked, and then another larger model which proved the principle but would not crack the atom; and finally, after errors and mistakes, the third so-called machine cracked the atom, and now we understand, can witness and can prove that energy can be changed to matter, and that there can be transmutations, such as sodium into magnesium, aluminum into phosphorous, and the end is not yet. It may be the solving of the ultimate.

--- and it all came about and had its beginning in meditation and a vision, just as you can bring into being in your own life that which you vision and follow up, as you are guided in the Order of the Essenes.

THE BUILDING BLOCKS OF THE UNIVERSE

It is not our purpose in this course of instructions to attempt to give instructions in physics, chemistry, nor any of the other sciences, but we call attention to the discoveries of science which tend to prove and are proving that those things which metaphysicians, psychologists, and religionists accepted as true, were true.

The material things of this earth were originally energy - energy was transmuted into the material. In other words, there are elemental building blocks of the universe, and all things made of the same protons, neutrons and electrons, arranged in different patterns.

As we have heretofore in this course pointed out, and not so long ago, the molecule was thought to be the ultimate. Then science advanced to the point where it said that the atom was the basic indivisible particle of matter; and then they began to prove that each atom is like a tiny solar system with a nucleus in the center and electrons whirling round it, much as planets whirl around the sun. Then came the day when scientists discovered that even the nucleus was composed of smaller parts and they named these protons and neutrons.

In cyclotrons, which smashed atoms, atoms were speeded up in a spiral, circular motion to the rate of 18,000 miles a second, which is 35,000 times as fast as a rifle bullet travels, and atoms of one element were shot against a target smeared with some other element, and the speeding atoms smashed into the quiet atoms at this terrifically high rate, and the result was the protons and neutrons were rearranged.

Sodium, with eleven electrons around each nucleus, became magnesium with twelve, by capturing an electrified particle of heavy hydrogen shot at it.

Nitrogen became boron.

The bombardment of common salt produces a radioactive salt which for a day or two will do the work of several hundred thousand dollars worth of radium.

Many of the latter substances become radioactive.

With radioactive carbon, botanists are learning how plants combine carbon dioxide, water and sunshine to make starch and sugar in our fruits and vegetables.

In industry, radioactive salt is being used instead of radium and Xrays to find defects in battleship armor.

There are thirty-seven cyclotrons built and being used for experimental purposes in this country.

What does this mean?

It means, for one thing, that the glass of water which you drink before breakfast in accordance with our instructions, if completely destroyed and converted into useful energy, would yield more than one billion kilowatt hours.

Think, therefore, in terms of the billions of cells within the human body, each an electric unit in itself, and then the miracles of the Bible become understandable, and the seeming miracles that are taking place throughout the world daily can be understood by the human comprehending mind, and faith be given its freedom.

Some of the things reported to us by those receiving our instructions seem like miracles, but it is all in accordance with the laws.

Those who are studying with us who are not in the perfect image of perfect man, by putting their faith into a mental cyclotron, and by concentration, meditation, and affirmation, can bombard the affected parts, and nature will come into its own; for every movement and every cell of the body, and all of nature, is working for perfection.

We advance step by step to the comprehension of the vast powers at our command.

It is the law that the greater cannot come from the lesser. -- It is the law that things flow from a higher potential to a lower potential.

Thus by the processes of reasoning, we reach the conclusion that man cannot create that which is greater than himself, and that man is the contact and the channel for the universal energy; he is one with it.

ABOUT THE SHORTCOMING OF THE MIRACLE-WORKER OF SCIENCE

In the early section of this course, we mentioned prontosil, which was a discovery of Dr. Gerhard Domagk, the use of which was to cure bacterial infections.

It is interesting to note that he was trying it on rabbits and mice, and that one day his daughter pricked herself with a needle, and blood poison developed. When doctors pronounced the infection fatal, Domagk tried prontosil. The infection disappeared and the girl recovered.

American scientist took prontosil apart, and they found that of its various parts, only a substance called sulfonamide was really effective.

Sulfanilamide - official name of the "mother drug" is not only the specific cure for one infection, but works on more than thirty different bacterial diseases.

The point that we now want to make is this; that sulfanilamide and sulfathiazol and sulfapyridine do not kill the germs of themselves, because a test tube, seething with germs can be treated with these chemicals and they will continue to live, - - but, when these sulfa combinations are put into the human system, they almost work miracles!

The medical fraternity accepts this theory; that these drugs slow up the action of disease germs and give the body's germ fighting cells a chance to finish the job.

Just more evidence of the statements in this course, that the human body can and does manufacture any and every chemical necessary to combat disease, if the call is strong enough.

This late discovery, hailed throughout the world as a miracle worker and responsible for the saving of many thousands of lives, to be effective, must have the cooperation of the body and the divine life processes within every human system.

PERHAPS THE NEED OF CIVILIZATION AND OUR OPPORTUNITY

On a number of occasions in this course we have mentioned Dr. Alexis Carrel, who after thirty-three years of biological research at the Rockefeller Institute, retired at the age of sixty-five, and during whose service there perfected the surgical technique which makes blood transfusion easy, and who received the Nobel prize for success in sewing blood vessels, and whom we mentioned had kept an embryo chicken heart alive for over twenty years, and who also received the Nordhoff-Jung medal for cancer research.

Dr. Carrel, has written another book, a sort of sequel to "Man the Unknown," which is in effect a call upon all people to work in the laboratory of their own private lives. He says, "Our race pitifully needs new supplies of discipline, morality, and intelligence."

He comments that although vast social betterment schemes have been projected, we have forgotten that these ultimately depend for their vitality upon the individual citizen.

"We have scientifically perfected flowers, fruits and animals, yet have neglected to apply simple, scientific principles to the full flowering of ourselves; vast potentialities in our tissues and brain lie dormant, merely awaiting development through disciplined use. If there is to be any regeneration of our people, it must take place in the small laboratories of our private lives. We must realize with all the intensity we can command, that refashioning our own character is not only the most satisfying and rewarding preoccupation of man, but is also the most important contribution we can make to society."

"The instrument that man must employ in the reconstruction of himself is discipline. Discipline summons from our deepest cells unsuspected stores of energy. It is essential to man's harmonious functioning."

"By constantly applying discipline in the performance of irksome tasks or in conquering our slothful habits, we generate high voltages of power. Daily drill and years of discipline in matters both large and small can make a man over in most of his conduct. Demanding definite quotas and quality of performance from ourselves; observing ironclad rules of forbearance and consideration in human relations; restraining our appetites for indulgence and indolence, for food, alcohol and tobacco -- all these are priceless disciplines, firm molders of character and will. The man who has daily drilled himself in little gratuitous exercises of will, who has been systematically ascetic or heroic in small matters, will find that he is supported by strong inner buttresses when winds of adversity rage around him. He will feel the joyous spark of divinity within himself."

"The intellectual teeth of a whole generation are rotting from disuse while tough social and political problems beg for vigorous mastication. Our national destiny is inseparably bound up with our individual resourcefulness and initiative."

"Morality, too, demands discipline. Moral beauty is a rare but very striking phenomenon. It confers upon those who possess it an inexplicable energy, a conspicuous charm, a commanding power."

"Self-conquest is not easy. Yet once acquired it brings to the individual the true joy of living. Those who have experienced the magnificence of this feeling are no longer content with a continuous round of puerile and vapid pleasures. Of itself, discipline is likely to seem harsh and uninviting. It must be powered by aspiration, by a motivated philosophy. Every human being should realize that he contributes constructively or destructively to the upbuilding of the race."

The object of this course is to light the way to the development of the inner powers that you and each individual possesses, and it is true that by lighting successive small candles, we at last generate a beam that illuminates our entire life. The point of Dr. Carrel's thesis was that democracy may have to be defended on the battlefield, and the question was "Can it be adequately defended by those who have had no discipline, mental or physical, and would we be a match for Fascists who had been disciplined by compulsion?"

The end of his thesis was a warning. He says, "If we do not impose discipline upon ourselves and our children, there are others - crueller and more tyrannical - who some day will."

To faithfully follow the instructions of The Order of The Essenes is self discipline, the certain object of which is that each may attain health, happiness, and success. We are by our study, research, and practices, working in the laboratory of our own private lives. - An association of persons, with unity of ideal, thus disciplined, and by accomplishment demonstrating the truths of life, may prove to be the grandest and most far reaching organization of modern times.

Surely, fellowship can only be extended to those who know "It works" and have materialized a worthy purpose, - health - happiness - or success.

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CARRY ON!

Truth uttered simply, forcibly, impersonally, by one whose spirit has been touched by the Divine fire, arrests, captivates, impresses, and moves all honest men and women the world over and in all times.

There is no such thing as a real religion or a philosophy of any vitality that divorces itself from life, and every act of everyday life.

Multitudes are now getting hold of a philosophy of life, a religion of life; they are finding that such a philosophy and such a religion is a real, vital, telling thing - something different from that they had formerly supposed.

Where formerly was doubt, fear, weakness, darkness, - even blackness at time, - there is now faith and hope and courage and greater love and more abundant power - the fullness and the glow and the satisfaction of effective active living.

The greatest teachers in the world's history have somehow been those who have led the minds and the hearts of men most intimately to a comprehension, and then to a realization of their own personal relations to their source.

The ideal and the life mission of the Essenes is to give to the world a great life message that captivates, that inspires, and that redeems all men and women who really grasp, who appropriate, and who live it.

--- We say, with Paul - "Know ye not that ye are the Temple of the living God."

. THOUGHT GEMS

The mental and spiritual worlds or realms are governed by laws that are just as real and unailing as the laws that govern the natural world. Certain conditions of mind are so connected with certain results that the two are inseparable. If we have the one we must have the other because the whole matter is based on laws which can neither fail nor be broken.

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The improvement of the understanding is for two ends; first, our own increase of knowledge; second, to enable us to deliver that knowledge to others.

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