

THE ORDER OF THE ESSENES

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DEPARTMENT OF INSTRUCTION

CONSIDER EACH LETTER
A PART OF YOUR INSTRUCTIONS.

MAY THIS ABIDE WITH YOU:

Emerson in his essay on "Compensation" had this to say - "Has a man gained anything who has received a hundred favors and rendered none? There arises on the deed the instant acknowledgment of benefit on the one part and of debt on the other; that is of superiority and inferiority . . . In the order of nature we cannot render benefits to those from whom we receive them, or only seldom. But the benefit we receive must be rendered again, line for line, deed for deed, to somebody. Beware of too much good staying in your hand. It will in fact corrupt and worm worms. Pay it away quickly in some sort."

That is good psychology. Did you ever know an individual totally lacking in the quality of gratitude and appreciation who was not in truth and in fact a nonentity?

It is a law which you can by self observation know, that there is an energy created within an individual by accepting the service or favors of another - you feel an uplift - It makes you feel good. You sense a surge of energy.

Likewise self analysis will prove the principle that this energy must be expressed in some form of action; otherwise it produces what is known as emotional inertia. The ultimate effect? It undermines character. Why? Professor William James explains it in this manner. "Every time a resolution or a fine glow of feeling evaporates without bearing practical fruit is worse than a chance lost; it works so as to positively hinder future resolutions and emotions from taking the normal path of discharge."

Whatever fills you with emotions - music, an inspiring article or book, pictures, sermons, lectures, landscapes, kindnesses, services, - do not let the occasion pass without some form of action as a release. -- Pat the dog on the head if no other outlet is possible.

Consider well the front cover quotation of Instruction 27 herewith. The Essenes of old were "doers" according to all Historians. The ministry of Jesus was a ministry of Action. That is why it was resultful. To be good is one thing - passivity. To do good is quite another - activity.

You will attain as you grow in service,

THE ORDER OF THE ESSENES

By

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Enc. 27



THE Essenes

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INSTRUCTION 27

Insuring to the acceptable and accepted
HEALTH, HAPPINESS AND SUCCESS.

"IT IS A LAW OF NATURE THAT, THE MOMENT ACTIVITY CEASES ANYWHERE, THERE A RETROGRADE PROCESS SETS IN. THE MOMENT WE CEASE TO USE OUR FACULTIES, THAT MOMENT THEY BEGIN TO DETERIORATE. NATURE WILL LET US HAVE ONLY WHAT WE USE, AND WHILE WE USE IT. -- 'WAITING FOR SOMETHING TO TURN UP' IS WAITING FOR MOONBEAMS TO TURN INTO SILVER, FOR MAGIC AND CHANCE TO TAKE THE PLACE OF NATURAL LAW IN THE UNIVERSE. IT IS THE PHILOSOPHY OF THE SHIFT-LESS, THE REFUGE OF THE LAZY, THE EXCUSE OF THE IMPROVIDENT."

--- Blessed be Drudgery - Marden

IF YOU WOULD TALK TO THE TRUE GOD!

If you remember well, in one set of instructions you were told that meditation, concentration and affirmation could change the course of your whole life.

The human body is composed of billions of cells.

We now give you a definition that should remain with you throughout life. Life is the constant endeavor of organisms to harmoniously meet existing conditions. Harmony is the objective which all life seeks. All creation is harmony. Each individual, in his natural state, is a collection of cells that work in harmony with each other.

Each of these cells in the human body is endowed with intelligence and always works for perfection.

If you cut your finger, a certain number of necessary cells rush to the spot, endeavoring to work for a healing and for perfection.

When the necessity is great, and the call is great, they can all work for a common end.

That's why we often hear the scientific statement that man only uses a small part of his powers, because we do not make the call clear enough and strong enough to marshall the whole army to the battle.

It is a well known fact that the shock occasioned by the great San Francisco earthquake cured a paralytic who had been crippled for fifteen years and there were many other wonderful cures which were instantaneous.

Men and women who had been invalids for long periods and unable to wait on themselves, when the crisis came, and they were confronted with the terrifying situation, worked like Trojans getting their children and household goods to places of safety. The occasion brought about the marshalling of the forces that worked for cures.

If we can just imagine our body with its billions of cells as an army of good fairies, and that we are the commander-in-chief of that army, and all these little cells are intelligent good fairies, and will carry out our commands and will believe what we tell them, and will all work for the solutions of our problems, we can become as little children as commanded in the Bible and we can attain.

Thinking of these billions of cells as a vast army, accepting our every thought and command, have we been and are we good generals and commanders-in-chief?

When we are discouraged and have fears and doubts, it is telegraphed to the whole army and they act accordingly.

In these instructions we have talked about the subconscious which carries on all of the ordinary functions of the body without the effort of the conscious mind --- that is this army of billions carrying on.

From this time on, let us realize that we have this army, and let us begin to give them instructions, to encourage them, to give them faith and train them.

In giving these instructions we must be true leaders and we must realize that they are going to accept what we tell them without question and without doubt, and that they are going to work in the way they are trained.

This leads us to the point of affirmations.

When our army of good fairies are filled with the spirit of our good affirmations, we will have great projectile power.

Say to this army of billions, "I am a success." Don't say, "I shall become a success." Don't say, "I am going to be happy in the future," say "I am happy." Don't say, "I am going to be healthy," say "I was intended for health; health is my birthright, and I am healthy."

At this point, you may say, "How can I say that I am successful when I am poor and in need? How can I say that I am happy when I am miserable, and how can I say that I am healthy when I am sick?"

Here is how you can say it. The real You, the pattern that was in the seed from which you sprang, is successful, is happiness and is health, and the cells of your body will accept the statement and rejoice, and work to that end.

If most people were in charge of a sales force or an army, and they gave to that sales force or army the suggestions that they are always giving to themselves, it would be a failure and would collapse.

When you affirm, - "I am health, I am prosperity, I am this or that - believe it, because that perfect You which is a part of the universal, is just that. Anything else is your physical or outer condition that you have brought about by wrong thinking, by wrong suggestion, and by your own errors - The perfect you is but tabernacled in flesh and blood. This house you inhabit may be out of order - but it is yours to set in order or repair, and you have the capacity, ability, and material with which to set it in order.

There is a tremendous magnetic power in the habit of claiming as your own and as a reality that for which you long.

Do this affirming out loud and with words spoken, if there is no one about. If there is someone about, seek some out of the way, quiet place where you can speak these words aloud, because there is a force in speaking them which is stronger than going over the words mentally.

Speaking these words out loud arouses energies within you which thinking does not stir up, and especially is this true if you have not been trained to think deeply, to concentrate, and to focus the mind.

This affirming, either mentally or out loud, seems to arouse the sleeping forces in the subconscious self. This army of billions of sprites are strengthened by your affirmation to do or to be.

If you have any weakness or deficiency, give yourself self-encouragement treatment by stating that you are what you want to become - and that is not done by expressing a regret as to a lack.

Many million people today realize the value of affirmations and those who use them are the leaders, the successful, the healthy, the happy, because the constant vigorous assertion of "I am health. I am power. I am truth.

I am principle. I am justice and I am beauty, because I was created in the image of perfection and of truth and beauty," tends to the manifestation of these things in your life.

It may seem silly to you to be talking to yourself, but you will derive so much benefit from it that you will have recourse to it in remedying all your defects. There is no fault, however great or small, which will not succumb to persistent audible suggestion.

Just remember that you are talking to this army of a billion helpful and powerful workers. Talk as though you would to some friend whom you love, someone whom you know has ability but lacks courage and confidence and pluck.

Reinforce yourself, reinvigorate your mind, reassure yourself.

Orrison Swett Marden said, "I know nothing so helpful for the timid, those who lack faith in themselves, as the habit of constantly affirming their own importance, their own power, their own divinity. When a man once sees that he is divine, once gets a glimpse of his own capability, he will never be content to wallow in the mud and mire of things; nor will he doubt his own kingship. The trouble is that men do not think half enough of themselves; do not accurately measure their ability; do not put the right estimate upon their possibilities. We berate ourselves, belittle, efface ourselves, because we do not see the larger, diviner man in us."

Affirm that which you wish and it will be manifest in your life. Affirm it confidently with the utmost faith, without any doubt of what you affirm.

If we could only realize that the very attitude of assuming that we are the real embodiment of the thing we long to be or to attain, that we possess the good things we long for, not that we possess all the qualities of the good, but that we are these qualities - with the constant affirming - "I myself am good luck, good fortune; I am myself a part of the great creative, sustaining principle of the universe, because my real, divine self and my Father are one" - what a revolution would come to earth's toilers.

There can be no doubt that the great accomplishments of this world were done under the stress of an over-mastering conviction of the doers ability to do what he undertook; under the tremendous power of the affirmative expressed with unflinching determination.

The very intensity of your affirmation, of your confidence in your ability to do what you attempt, is definitely related to the degree of your achievement.

Certainly you know that the negative mind which doubts and wavers, creates nothing.

--- and this army of a billion cells must be inspired with confidence in the leader or general or master. It must not be thrown into confusion by doubt.

They must be encouraged, they must be praised, they must be blessed. That's the proper way to manage a sales force, or to manage an army.

So, in the course of these instructions, we are going to tell you about

giving the problem to your subconscious to this army of billions of helpful workers that each possesses.

Some people pray to some far away God, in some far away Heaven, they talk to him and they ask many things.

Now, recognize that God is within you, with billions of workers and if you would pray and talk to the true God, talk to the within.

If you cut and tie an artery between the heart and an extremity of the body, the heart will keep on pumping, and nature will endeavor to find, create and build a way around if the "call" is great, but with no demand, made in full faith, the member withers and dies — just for the simple reason of lack of nourishment.

The trouble with most individuals of today is that by a very material race consciousness, - thinking in terms of material things, - they have cut themselves off from the real source - the within of their being, the real You. It is as though an artery had been ligated. This cutting off has been from a lack of looking to the within - to the lack of understanding of silence periods, meditation, and man's relation to and contact with the infinite.

Failing to use any of the material members of the body, controlled by muscular action, will cause them to weaken and in time the use of them is lost. Failure to use the mind in thinking processes, along any certain line, results in the weakening of the power to think along that line.

This, continued for generations by a whole race of people, results in the loss of that power - the race consciousness of that power is atrophied and lost.

The evidence is unmistakable, and the conclusion inevitable that there have been on this earth a number of civilizations of a very high order, and in many respects surpassing the civilization we now know and of which we are a part.

What understanding remained from one civilization to another of man's relation to all else, to an omnipotent power, to an all pervading, ever-present power was handed down to a select few by a select few, representing the more intelligent, the more enlightened - those select few in every period who carried the light of reason and understanding.

The history of Christianity illustrates this. The seed of Christianity was in manuscripts, gospels, and personal teachings of learned men and organizations, and these devoted intellectuals got their learning and understanding in the same way. Josephus, Pliny, and many historians tell us Jesus was a member of the Order of Essenes, and therein studied these gospels.

Through it all, - by devotion, concentration, meditation, and from the Silence, as you can get it, these torch bearers receive understanding by intuition, by revelation, and by inspiration, as well.

The study of all the religions of the earth, and of the lives of all the saints, saviors, and sages will show great similarity of source and principle.

In modern times there is a great multiplicity of agencies carrying the shell of this understanding, but the spirit and substance, the demonstration and

the living spark seems to have had an artery severed. Gross materiality has seized the human mind, faith has waned. We are so concerned with effects we have no consciousness of causes. The fulfillment of an objective obsesses our minds.

Of this be assured - looking upon the material plane, you will never find the real causes of success, health or happiness. The source is within you or nowhere. This course is an endeavor to seek and transmit to you the magic word, or inspired idea that will touch off that spark within you that will set you to seek understanding and will cause you to give nourishment to the faculties and powers that will turn your mind inward - seeking the contact with the infinite - a rebirth so to speak, as we have suggested in this course.

Charles Fillmore says, "It is within the province of man to understand and witness the whole process of creative thought in his own organism. It requires soul culture of an advanced order to do this, and but few persons are willing to pass through the necessary study and discipline. It is not taught in any of the metaphysical schools, because the instructions cannot be put in words. No words have yet been invented to express the attitudes of mind and body required to raise the cell life in man's body to the required potency. The spiritual ether in which we float has a rate of vibration millions of times greater than matter. This is the kingdom of Spirit life, which Jesus brought to our attention and of which we must lay hold if we would attain eternal or continuous life. The individuality or I AM must give concentrated attention to this inner life energy and introduce it into mind and body continually until the whole nervous system is aflame with Spirit life. We may not be conscious of it, but we are all seeking this inner life flame, because its energy is the only source upon which we can draw to raise our atomic vibration to the point where it will overcome the slow, disintegrating flow of human nature."

By our endeavors we can give you inspiration - lift you to within reaching distance of this understanding, --- not once, but time, time and again, and some word, some thought, some suggestion will hit the bull's eye, ring the bell, and you will reach and grasp the idea, the conception of your divinity - and you will be "born again," - and thenceforth you come to the open road to achievement, and your progress will be so rapid, so devoid of struggle, that you may lose the road, - by too much attention to accomplishment, too great emphasis on the personal you element and abilities - an "exaggerated ego" in the every day acceptance of that expression, and by failure to give credit and thanks to the real source; by falling into the "getting" consciousness habit and overlooking the "giving" consciousness.

Forget not that "giving" is of the very essence of the secret of success. Failure to give, is to ligate the artery.

So we call upon you to give thought to the within, to the infinite, to the fact that you and the source are One - that the within may give to you guidance and the answer to your problems, and show you the way to the abundant life.

Give time for uninterrupted solitude and Silence and peace and receptivity, that you may receive the answers.

Give to the subconscious, to the good angels, fairies or elves - the billions of helpers that constitute your cell life, your encouragement, confidence and commands, as we outline and suggest, --- then expect and learn to get the true answer.