

# **MAGIC --**

## **Black, White, Gray and Green**

—by—

**Harry J. Gardener**







MAGIC - BLACK, WHITE, GRAY AND GREEN

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HARRY J. GARDENER

"MAGIC - Black, White, Gray and Green"

Is an educational and inspirational  
Course of Study especially written  
for Budding Individuals everywhere.

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## FOREWORD

"MAGIC - Black, White, Gray and Green" isn't so much of a discussion course, as it is one of practice; that is, practicing the POSITIVE and suppressing the NEGATIVE.

A dozen of the most common and troublesome Negatives known to every Introvert are listed and a quick and very satisfactory way is given how to annihilate them so that you can proceed with what ever you are doing with full confidence. It is said; "One week ardent practice of this method could make a new person of you".

Yes. This is a "how-to-do" course, but it is more than that. It lets you see back of the scene, and gives you a good idea of how life in the "other world" affects you Negatively, and of course, WHAT TO DO ABOUT IT. Black Magic affects quite a number of people, and always adversely. However, it is the Gray variety of Magic that the Introvert constantly has to deal with that makes his or her life so Gray and morbid. But, practice the information as given in this "MAGICAL" Course for a short time, and you will no longer be the old, morbid self, but a NEW YOU.

In the final Chapter of this very revealing Course, there is a short discussion on "GREEN MAGIC". Do not attempt to use "Green Magic" right away, that is, before you have some of your worst Negatives under control. The results of the practice of Green Magic before then would not be gratifying, in fact it would be very disappointing. But after the elimination of the Negatives it can be most gratifying, and can have a tendency to increase your ardor for the good work of becoming that other person, the PERSON YOU HAVE ALWAYS DREAMED OF BECOMING.

Dreams are fine, very good, but now you can REALIZE THEM -- make them REAL. That is what this Course --- "MAGIC - Black White, Gray and Green" --- is intended for. Much success to you.

THE AUTHOR



## "MAGIC - Black, White, Gray and Green"

### Chapter One

Yes, there is MAGIC -- Black, White, Gray, and Green -- and it, in all its various shades or colors, is all about you and some of the four varieties are in you -- I trust it isn't the Black. Quite naturally some of the Magic is Gray -- I hope too that it isn't one of the darker shades of Gray. But don't worry, you are now in possession of some most REVEALING Information. I know you have much of the beautiful WHITE and you will be surprised to learn how much GREEN Magic you possess.

Let us discuss the various colors of Magic. We will take them in the order given above. Black Magic is very real, and whether one believes in it or not, doesn't make the slightest difference to the Black variety. Some who are "cursed" with Black Magic do not even believe that there is such a thing or force. Have you recently tried to give up smoking? Did you notice how nervous you were during the period of "withdrawal"? Any man or woman addicted to the smoking habit has a "monkey on his (or her) back". By that is indicated you are not alone in your smoking habit -- you have a "Black Genie" (or Genies) in your life.

Did you ever hear of "entities"? Of course you have. There are from two to a dozen "entities" -- disembodied human spirits -- that when they occupied a physical body were heavy smokers and have attached themselves to smokers in the flesh. These disembodied beings soon after their death learned the trick of attaching themselves like leeches to those smokers that were still in the physical body here on earth. This is done for the purpose of relieving the terrible craving for the smoking habit that they had built up (by the aid of their own entities or Genies) while doing their "three score and ten" here on the earth plane.

Everything on the Lower Astral Plane is magnified. Some say it is a seven-fold magnification, and thus a human being that was a "chain smoker", or even an average smoker has a seven times magnification of the smoking habit after his death and while residing in the Lower Astral. Quite naturally all of his "entities", human or otherwise, have departed after his removal from physical embodiment. He is no good to them now that he is dead. He has nothing to offer them now, but he has a "built-in" smoking desire in the Lower Astral body, and it craves smoking seven times more viciously than the habit he experienced on earth -- with all his entities thrown in.

The recently departed smoker would give anything for just one cigarette. But there are no such things as cigarettes on the Astral Plane, and so he wanders about and then begins to realize that he can get some relief by "attaching" himself to a flesh and blood smoker right here on the earth plane. Yes, it is



a "vicarious" smoke he gets, but it is a dozen times better than to suffer the "torment of the damned". Others are "leeching" a smoke, why shouldn't he get relief? Not complete relief, but any relief is a welcomed boon to that tormented craving that he and the other "chain smokers" are in. He and the others just can't wait for the "victim" in the flesh to take another smoke.

It is not a very pleasant picture, but we are dealing in realities, not pretty pictures. Imagine a dozen or more disembodied human spirits attaching themselves to the respiratory tract of a smoker and each fighting with all the others to get a second-hand relief from the victim in the physical body. The "leeches" -- former smokers -- never leave the victim for a moment, if they did "seven others more suffering than themselves" would take their place.

Even "dedicated" coffee drinkers in the flesh have their entities in the Lower Astral who now crave coffee seven times stronger than they ever did here on the earth plane. The human "tobacco entities" or "Genies" actually "immerse" themselves in the throat and lungs of the smoker. However, the entities of the hard drinkers of coffee go about it just a little differently; they have to "immerse" themselves into the stomachs of their human victims.

I will not go into a description of the disembodied alcoholics and how they manage to get a "vicarious" relief from those in the flesh who indulge in alcohol, other than to say it is a "sickening sight" to see an alcoholic and know he is being victimized by several dozen disembodied spirits of both sexes trying to get "first place" in the physical body of an alcohol addict.

The same is true of drugs and narcotics. Can you imagine how terrible the drug or narcotic habit would be in the Lower Astral World when it is experienced seven times greater than it is on the earth plane. This could account for the fact that medical science has not as yet found a "cure" for the drug and dope habit. Those who willingly or unwillingly take the "cure" in a State Institution and are pronounced "cured", quite often before they get home, if it is any distance they have to travel, are tempted to get off their bus or train and if they yield to the temptation, in an amazingly short time will locate as if by magic a "peddler" of their particular brand of narcotic. This is something that has mystified the Federal and State Authorities -- how an ex-addict, completely (?) cured of the habit can easily locate a "pusher" or a "peddler", often in a strange community, and obtain his favorite drug.

Well, it need not be a mystery any longer. Anyone who has been a drug addict has acquired a kind of "sixth sense" where he can go, in the shortest possible time, to obtain his favorite drug or narcotic. If a narcotic officer is following him, he knows that also, and through his "sixth sense" can elude the officer who is "tailing" him, get his "fix" and be on his way.



This "sixth sense" is not the genuine Sixth Sense which a great number of good people have developed these days. In the addict's case he is guided every step of the way by "Black Genies" who will lead him to the "supplier. The "Genie" or entity also takes part in the evading of those Federal or State agents, who are following the addict. The addict is pretty much of a poor "zombie" in the hands of vicious and determined drug addicts who have departed this physical life and now reside in the Lower Astral World.

Every negative habit from overeating and tobacco to alcohol and narcotics have their victims in the Astral World after the death of the physical body. The time to shed bad or negative habits is right here while we are still in the flesh. One cannot go to the Higher Astral World as long as one is a victim of any kind of evil or negative habit. The physical body reduces the "withdrawal" pains from any kind of a negative habit. Actually the pain is only one-seventh of what it is "over there" in the Lower Astral, where one is subjected to the full force of his earthly bad habits, evil indiscretions, and vicious vices.

We sometimes think that only in darkest Africa and Haiti do Black Magic Rites exist, but that is wrong. If you had psychic sight for even a little while, you would become aware of the Black Magic that is performed every time you smoke a cigarette, become intoxicated, or even over-eat, and you would come quickly to the realization that the worst kind of Black Magic we are performing against ourselves right here and now by the aid of those human beings who have "crossed over".

Once we make the here and now the "battle ground" for overcoming our negatives we will be quite surprised how the negative habits will drop away from us. One by one we will definitely deal with all of them, thus making our stay (if any) in the Lower Astral World of short duration. I might add that if we do reside there it will be in the upper part of the Lower Astral World ....right next to the Higher Astral World, as it were.

Regarding your Lower Astral entities, which we call "Black Genies", that are attached to you right now, do not feel sorry for them when you start weaning them of their "leechery". Yes, they will "kick up a big fuss" when you start normalizing your life, but don't pay any attention to that ... "loose them and let them go". To be sure they will tempt us from time to time to go back into the old, negative way of living, but the temptation is just for the moment, and those moments will come further and further apart as we proceed on our way. We will be helping them also. Even though we have nursed them literally "10, these many years", when we quit a habit that is negative, our withdrawal from the habit is reflected to them. In other words, they did not know that they could "kick the habit" (whatever it was) and be on their way to higher parts of the Lower Astral, eventually to cross over into the Higher Astral World.



## INFECTIOUS BLACK MAGIC SECRETLY ACQUIRED

### Chapter Two

One can be vaccinated against small pox and several other bodily afflictions, but one cannot be "vaccinated" against Infectious Black Magic. This kind of Black Magic, let me say, is a combination of negative nature, plus the machinations of Black Magicians in the flesh, plus the Black Magicians who have permanently passed out of the physical body in death, but very active in the Lower Astral World.

In other words there is a malignant Nature in this world, a malignant Black Magician in this world, plus an equally malignant Black Magician in the Lower Astral -- even perhaps in the Nether Astral World, which is a large step below the Lower Astral World, all working together. Black Magicians in the Nether Astral are very "Black". By that, I mean they are very powerful, malicious, crafty and will stop at nothing to gain more Lower and Nether World power. They were once human beings, living on earth, and were particularly drawn to the "Occult Arts". They acquired a certain amount of fame while on the earth as Occultists of the Black variety, and when they passed over into the Lower Astral World they did not choose to rise to the Higher Astral World -- the first rung of the Heaven World Ladder -- but chose to go down, down, down into the Nether Astral World.

There they were more powerful than the first Order of Fallen Angels, they knew as much about the Black Arts as any fallen Angel plus the knowledge that they had acquired here on earth in a long life, spent in a physical body, all the time acquiring more and more of the Black Arts. I say "Arts" -- plural -- because there are many forms of the Black Arts, and the Black Magician would have to remain in physical embodiment for a great number of years in order to learn about the principle ones, and spend many more years in making himself the master of them.

Alister Crowley (1868-1941) was truly a Black Magician, but he was an extrovert, an egomaniac, a show-off and died as a drug addict at the age of 73. He had a powerful physical body all of his life. With a little commonsense in the way of diet, avoidance of the powerful drugs, and a moderate sex life, he could have lived to be a hundred or probably a hundred and twenty-five years, before he naturally "shuffled off the mortal coil". These days we are pretty well "surrounded" by Black Magicians of the human variety. They are all Extroverts, but they have their Extrovertism so under their powerful and dominant wills that they simply appear as business men, college professors, or just plain "folks". However, all the time they are secretly working with their Black, Occult Arts; not attempting to turn "lead into gold" in a secret laboratory, but making themselves Black Magicians so powerful that when they permanently pass out of physical embodiment they will dominate "the situation" in the Lower Astral World. If they have worked hard enough in their long human lifetime on



earth, they might pass without difficulty to the Nether Astral World where Satan himself would be obliged to assign a host of his fallen Angels to do the every bidding of the Black Magician recently arrived from the earth plane.

You may feel that it is a great waste of time, preparing most all of one's life so that when one dies and goes to the Nether Astral Plane to be given a group of fallen Angels, to do one's bidding. Well, I think so too; it is as unrealistic as striving to be a Dictator here on earth just to boss unfortunate souls around. It strikes me also as being so foolish as working for money and after acquiring a great deal of it, many times more than one could ever spend even recklessly, to keep right on striving to accumulate more millions. There is an old saying: "There is no accounting for human taste", and I would add to that, "here or hereafter".

To every one of the truly great Black Magicians there are a thousand would-be Black Magicians, these include all the various forms of Black Magic from stage hypnotism to necromancy; from tea-cup reading to the various forms of Witch-craft and Warlockery. It is said that every human being has a bit of larceny in his makeup, and I say that practically every person has "wizardry" in his soul, some more, some less.

It isn't among the great and powerful Black Magicians that any harm is done to the human race, but it is among the lesser Black Magicians still in flesh and blood bodies that evil comes to the unsuspecting human being who may not even believe in any form of Magic.

I know, from my own experience, that to have old books around from many former owners, especially on shelves in your bedroom is to invite a certain amount of Magic. It may not always be Black Magic to begin with, but it turns eventually into "Infectious" Magic. I had a number of old used books in a fairly spacious bedroom of mine. They were all prize books, from many authors and originally purchased by many buyers. The former buyers read the books, poured over them, agreed or disagreed with what the authors said. There was a certain amount of rather violent mental action and reaction taking place as the various readers read the books. Some of the books were read over a number of times undoubtedly, each time the reader's ire rose to a higher pitch.

You can always tell, when a book has certain paragraphs or sentences underscored and a heavy question-mark scrawled in the margin that the reader does not agree with the author, and this non-agreement can be quite violent -- not to the point of throwing the book in the fire, or across the room, but a silent anger that fills every part of the book with a kind of "malicious magnetism". This is very definite "Black Magic", and yet none of the people knew that they were magnetizing the book in "Black".

These books of mine were mostly from the libraries of min-



isters, yet these "good men of the cloth" were actually working an "Infectious" Black Magic. They would be horrified if anyone told them that they were doing just that, or they would think the person a fool.

While my bedroom was comfortable and quite pleasant, in looking back, I remember that I would feel quite tired after I had gotten eight hours of not-to-refreshing rest. I knew something was wrong, but I attributed it to too much strenuous business activity; just as soon as my "next book went to the press" I promised myself to "take a rest". Well, the "book went to press" alright and with great relief I went to bed that night only to wake up in the hospital two days later with a quite severe case of coronary thrombosis -- so severe in fact that the MD's were wagering among themselves that I would never awaken.

That has been some years ago. After several most restful days and nights of convalescence I returned home, but never to sleep in that book-filled bedroom again. While convalescing at the hospital I became aware one night that the books in my bedroom at home contributed to my tiredness, but I was sure it was one particular book, just a small one, which triggered off all the others, so to speak, that sent me to the hospital. I still have the book -- far out in the garage. Some day I will burn it.

Travelers to "far away places" often buy old souvenirs. Perhaps the souvenirs were only made last month or last year, that is fine, but if the person has enough money to buy a really old souvenir -- a genuine old article, he may be in trouble. The souvenir which he purchases has a Magic Aura about it, and as soon as it is removed to a new environment -- in Ohio, Nebraska, California, etc. -- it begins to act up, as though it resents being rooted out of its old and long-time environment. Things begin to happen to the new owner -- unpleasant things. If this should happen to you, get rid of your "souvenir" -- troublemaker.

A young woman bought a ceremonial doll from a tribe of Jivaro Indians. The Indians informed her that it had a "curse" upon it, but she only laughed and insisted on buying offering several dollars for it. Things began happening to her next day, and the next. By the time she had gotten to her home on the east coast of the USA she was a wreck. A psychic friend of the young woman, upon seeing the doll, was amazed that her young friend would have such a thing around ... "didn't she know that there was an evil curse upon it?" A whole chain of serious experiences took place among all those who had anything to do with the "doll". Finally it was dumped in the trash-can to be hauled away to the city incinerator, then the frightening and mystifying experiences stopped.

So you see, it is possible to "vaccinate" yourself against some types of Black Magic simply by steering clear of old things that may have a "Black Aura" about them.



## PSYCHIC SIGHT IS NOT BLACK MAGIC

### Chapter Three

Black Magic is always practiced in this world with the idea of getting something for nothing, or getting something without going through regular channels, and by regular channels I mean giving something in exchange for what you get.

However, when a would-be Black Magician -- a novice in the Black Arts -- is in deadly earnest he will "give value received" in this commercial world if it will further his study and practice toward the gaining of "mastership" in the Black Arts. Just this incentive to succeed in the "Arts" often makes the person a very competent worker. He is looking for ways and means to accomplish his "mastership" in the shortest possible time, and the thought of "short-cuts" fills his mind so completely that the would-be Black Master discovers ways and means to shorten the time on his earthly job, the job that gives him a livelihood to pursue his studies and practices.

Under a situation such as this an employer would be most fortunate to have a novice Black Magician working for him. As he improves in his manipulation of his Magical studies he also improves in giving his erstwhile employer better service, which may go on for several years, and then one day his prize employee, gives the employer "two-weeks notice" that he is resigning. The employer begins to realize -- in the next two weeks -- that try as he may, he can not get anyone to fill "George's" place. In fact he can't get any two people to take the place of his prize employee, "George".

"There is honor among thieves" is an often heard maxim and just as there is honor among thieves, there is also honor among Black Magicians when dealing with each other and especially with the public, who are always innocent and terribly naive. In the past there has been dishonor among certain types of would-be Black Magicians -- just as there has been dishonor among thieves. But the world is changing, and so are thieves and Black Magicians, both of these two classifications of humanity today seem to be much farther sighted than their predecessors. Of course, that doesn't put either group in the "snow white" category. They are still very selfish, even more so actually than their predecessors but they are now "using their heads" in a manner of speaking.

The nation of Brazil was governed for almost sixty years by a very wise and good Emperor -- Carlos II. But in 1889 the Kingdom of Brazil desired to become a Republic and so Emperor Carlos II graciously "bowed out". When Brazil became a Republic it abolished all forms of slavery; among the African Negroes there and also among the native Indian tribes. As slaves the Negroes were permitted to practice their form of Black Magic, and the Indians, natives of Brazil, had a few "magic tricks" of their own. Also as slaves, both the Negroes and the Indians "traded



secrets", until today with slavery abolished one can't tell which of the Magic Secrets are Negro or Indian. Both groups contributed to the Magic and they have added to the original fund, and both groups have "refined" their practices to the extent that their Magical Practice is known as Spiritualism or more correctly, Spiritism.

In a wide area, on the eastern coast of Brazil, from the mouth of the Amazon river to the city of Rio de Janeiro, Spiritism is widely practiced among the Negro, Indians and among thousands of Caucasians living in that vast area. Like all religions, the Spiritualists have formed themselves into a number of groups. The principle ones are the Umbanda, Quimbanda and Kardecian. The first two are Afro-Brazilian and they follow the rites and ceremonies of so-called Magic. They by no means practice all White Magic, there is quite a bit of "Gray Magic" and no little amount of Black Magic in their practices. Therefore, in their ceremonies, both the Umbanda and the Quimbanda Spiritism is definitely in evidence. Voodooism stems mostly from Haitian Spiritism, and it is not particularly present in either Umbanda or Quimbanda.

Kardecian is also Spiritualism but more on a Christian order. Allan Kardec (1804-1869) a Frenchman, became interested in Spiritism, he studied the phenomena and wrote a "best seller" book on the subject in 1857 -- "The Book of Spirits". This was followed in 1859 by "Spiritism - What It Is", and in 1861 by "The Book of Mediums", and several other books on the same general subjects. Kardec's books were translated into many languages including Portuguese, the national language of Brazil. In 1958, just one hundred years after the publishing of Kardec's first book -- "The Book of Spirits" -- the Brazilian Government authorized its Postal Department to issue a commemorative stamp to Allan Kardec and his "Book of Spirits".

Upwards of 2,000,000 of Kardec's books have been printed in Portuguese in Brazil up to the present time, so popular was his particular brand of Spiritism. As the Afro-Indian-Brazilian individual becomes more and more educated he gradually turns from Umbanda and Quimbanda Spiritism to Kardecianism which is a form of Christian Spiritism not frowned upon by the Roman Catholic Church which actually has always been quite Spiritualistic itself. All stratas of society are now found in the religion of Allan Kardec's Christian Spiritism, especially the Medical Fraternity of Brazil. A medical Doctor may not be psychic but he knows those who are and he makes use of their Psychic Gift -- Psychic Sight. A person who has Psychic Sight, can look into the sick and afflicted person and determine what is wrong and convey the information to the doctor. This is much quicker and much more reliable than an X-Ray ... although every Spiritualistic Hospital has the benefit of the X-Ray also, and uses it.

I haven't read any of Allan Kardec's books (I don't read either French or Portuguese) but I am quite sure that he did not know too much about the use of Psychic Sight as a means to deter-



mine what the sick and afflicted person requires in order to be made well and strong again.

Only a very few Spiritualists have the Gift of Psychic Sight, in fact one does not have to be a Spiritualist at all to possess full-blossomed Psychic Sight. But just possessing it is not enough for Medical Healing purposes. One has to have the kind of Psychic Sight that goes below the surface of the skin of the patient, search about for the affliction, recognize it when it is located, and then convey this information to the Medical practitioner. To do this requires not only a deep Psychic Insight into the patient, but the one possessing the Psychic Sight must know the normal from the abnormal and what the attending physician must do about it.

Can you imagine a physician in the USA depending upon one who has Psychic Sight in order to perform an operation? He would be eliminated from the Medical Association instantly, but not in Brazil where doctors of medicine employ Psychic Sight as well as the technique of the X-Ray.

Please! Do not write to me "post haste" for the name of a physician who has Psychic Sight or employs an assistant who has Psychic Sight if you have an affliction that could be benefitted by a combination of Surgery and Psychic Sight -- I do not know of any Medical Doctor who has such a combination. Also, I do not know a doctor or a hospital in all of Brazil that I could "refer" you to ... I am just stating facts as they were given to me by a very reliable source, who did not mention names of doctors or hospitals in Brazil or for that matter in any other country. One can find himself in a lot of trouble by "knowing too much".

Psychic Sight is not Magic - neither bad nor good, but in the hands of the wrong persons it could be Black. If it becomes the "permanent property" of the right person it could be of great value providing they were willing to take a course in anatomy to the extent that they would know exactly what "aileth the person". However, there is something that you may not have thought of: What if the person is afflicted by "entities", such as in the case of alcoholism? What would be your procedure then? You cannot cast out the "entities" in an alcoholic, or the entities in a smoker, or in a glutton, or in a drug addict. True, alcoholism, tobacco smoking, gluttony and drugs will kill the "patient", but what if he prefers alcohol, tobacco, much food or narcotics? If he will not cooperate, then to tell him what you see afflicting him -- "entities" -- will only disgust him, and he will all the more readily go back to his Negative habit.

But do not give up the idea of developing Psychic Sight, and one day, not too far in the future you may have an opportunity to work with Medical Doctors in hospitals as their most valued assistants. Just keep this idea in mind, read up on anatomy, and your opportunity to develop your Psychic Sight will come to you from a source not even "suspected" by you.



## OLD-AGE SENILITY, A FORM OF GRAY MAGIC

### Chapter Four

There is definitely a variety of Magic that borders somewhat on Black Magic and on the other "edge" has something in common with White Magic; therefore, we call it Gray Magic, or Old Gray Magic for it has been around even before Black Magic or White Magic was ever heard of.

On the one hand Gray Magic, as we indicated, borders on the Black variety of Magic but it is not so well defined as either Black Magic or White Magic, both of which grew out of Gray Magic. Black Magic stems from the "left" of Gray Magic, and White Magic has its origin in the "right" of Gray Magic.

But between the "left" and "right" of Gray Magic runs a deep stream of Magic -- Old Magic -- that is neither Black nor White. The average person dwells in this Gray Valley most all of his adult life. It is a gloomy place, always overcast with gray clouds, so to speak. It is no wonder that both men and women will take up the use of alcohol and drugs as a means to break the sheer hellish monotony of this gloom-gray, as-far-as-the-eye-can-see, depression. However, while it is as long as life itself, it is not very wide. Anyone can make the journey across the "valley of death" in a short time -- from elation on the "right" of the Valley to depression on the "left".

The practitioners of Black Magic do not find the "left" bank of the "valley" at all uninviting, in fact they are so busy perfecting themselves as Black Magicians that the "gloom of night" there is quite a "ruddy red glow". On the other hand, the "right" bank of the "valley" becomes quite a "golden glow" to the travelers who are on their way to the "sun-lit mountains" of White Magic.

However, neither is the case of most "travelers", they are not traveling to the "left", nor are they traveling to the "right" but straight ahead in the "valley of death".

Straight ahead is better than turning to the "left" -- to the practices of the Black Magician. Of course the novice Black Magician, as well as the professed Black Magician can always turn around and retrace his steps into the Valley of Gloom, but why should he? He has worked long and hard to become a member of the Black Fraternity of Magicians, and now he has arrived and it becomes more alluring with each downward step. He is still in his physical body "back home" on the earth plane, and can enjoy the "good things of earth" as well as the Supernatural things of the Lower Astral World, and as he progresses (downward) he is spurred on by the Supernatural things and existence in the Nether Astral World. There doesn't seem to be any good and valid reason why the Black Magician should retrace his steps back into the "valley of gloom". He has long forgotten that just to the "right" of the "valley" are the Sun-lit mountains of White Magic.



As we indicated in the Valley of Death where most people reside all their lives while they are in physical embodiment, is sameness, monotony, boredom, weariness, exhaustion, lethargy, lassitude, unreasonable fatigue, langour -- practically no one is working on a job he likes and can interest himself in.

There is a great amount of religion in "the valley" but it is mostly "longitudinal" religion -- when you come to the end of the "valley", if you have "lived right" and have belonged to the "right church" you will pass into your "Heavenly Home" and that, it is said, will compensate for all of the miserable, unreasonable and hellish existence experienced on the earth plane. This is Gray Magic, Old Gray Magic, pure and simple. Most of the church denominations are practically in the center of the "Valley" (of death). They register horrification if one turns to the "right" or to the "left" and associates oneself with any of the many "isms" which are, I will have to admit, off center -- a little to the "left" or a little to the "right", -- but not far enough to do the weary plodder much harm or much good. He will still end up in the "Death Valley" of Gloom, for the worst part of all this is that he was not instructed before his demise that the Magic Valley and the Sun-Lit Mountains are to the "right" of the Valley of Death, and so the weary plodder goes right on plodding. In some cases he does not know that he has "passed to the great beyond" -- he doesn't know that he has actually died.

In Gray Magic there is no great tendency of spirits from the Lower Astral World to "latch onto" an older person in the earth world and hold him a "prisoner", yet there is a great tendency for older people to hold themselves "earthbound", even after they know that they are physically dead and out in the Lower Astral World. In the first place when they know they are "free to go places and do things" in the Lower Astral World they "haunt" their old earthly surroundings, and mingle with the people yet in the flesh that they knew intimately before their demise. These people -- their friends and loved ones -- cannot see them and do not know that they are hovering about. That causes them, the "dead", to wonder greatly, but finally they get used to being "ignored" and take the situation for granted that they are really "dead".

A doting grandmother gets quite perturbed when her grandchild gets chastized. An older man "haunts" his old place of business and gets very angry when things are done in a new way, in a way that he has never approved of. But finally the older persons realize that they can not have their way any more and it is only then that they can be told that they are in the "long Gray groove" that leads to nowhere. Only then will they listen to friends who have "crossed" before and who are part way up on the "right" bank of the Astral Valley that leads up to the Higher Astral World -- to the Summerland, the first "rung" of the Ladder of Heaven.

I feel very sorry for older people, those who have passed their "three score and ten mark" who are just waiting around to "pass over". They are fine oldsters, but many of them are afflic-



ted with dimness of mind, and this is not particularly their fault. No one has told them that they do not have to be "sere and yellow" "old and senile" mentally. Brain tissues do not deteriorate much after one has reached his 40th anniversary, in fact the brain of a hustling and bustling 40-year old business man is just about the same as an old and senile man of 70+ years of age.

Of course women live several years longer than men, but that is no reason why a woman should age mentally. If an older woman who was very active before she reaches forty, can be active mentally when she is 70, 75 or 80 or older. However, if she doesn't know that she can be as mentally keen and alert at eighty as she was at forty, she will probably let herself become "old", and it is not her fault entirely. In the Lower Astral World there are vast numbers of old ladies wandering about, ready and willing to have an earth companion that they can "feel close to". They actually convey their mental senility to the one who is yet in the physical body, and when the "dead" comes in rapport with the living the living takes on the old age of the other woman who is in the spirit world and the dear soul in this earth world loses to her "possessing" spirit some of her mentality. There is no Black Magic about this sort of thing, it is only Gray Magic, and a very light form of Gray Magic at that. Neither the dear old soul in the Lower Astral World, nor the older woman in this world knew that any "vampirization" was going on, however after each session of the very close association the dear soul in this world was found to be "slipping" mentally. After each session the "departed one" in the Astral World felt quite refreshed mentally, so much so that as often as she could find her "companion" in this world available for another "session" of "quiet companionship" the dear old soul in the Astral World would most certainly take advantage of the situation.

It is very important for older women in this world if you do not have to worry about a livelihood, to sustain an active mind. Of course you do not have to overdo in order not to be "vampirized" by the dear souls in the Astral World; all you have to do is to keep mentally busy. If you read and understand what you are reading, if you watch TV and are perfectly aware of what you are seeing, no old soul from the "other side" can "vampirize" you at all. Exercise your memory by learning a few lines of poetry each day or so.

Older men, if they can get about at all in this earth world will positively not be bothered in any way by an "old man entity" while moving about. Just the act of paying attention to your walking, so that you do not "fall flat on your face" assures you that no one (from the "other side") is using your mind. Older men do not like to memorize, but if you can force yourself to it, clip out some jokes from a newspaper or magazine. Re-tell them to friends and acquaintances in your own words. This simple action will keep your mind bright and fresh as a youngster.

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## METAPHYSICS CAN DEGENERATE INTO GRAY MAGIC

### Chapter Five

Every religion, every creed, and every church denomination eventually crystalizes into dogma -- what each believes. Some of these beliefs while very religious are often anything but Spiritual. After about one generation (or forty years) the founders of a new religion, creed or denomination will pass on to "their reward" and the work with which they labored so zealously falls into other hands who are much less enthusiastic than was the founder. They will have kept the "letter", but have gradually lost the "spirit" of the once grand activity.

Phineas Parkhurst Quimby (1802-1866) was the author and founder of modern Metaphysics. His work was uncompleted and the results were that a multitude of others, less gifted than himself in regard to Metaphysics, took up the "cause" and the end result has been that out of his original ideas and teachings the many schools and churches of Metaphysics taken together form a complete mess. Actually they have degenerated true Metaphysics into a kind of "hear no evil, speak no evil, do no evil". The thing that holds "metaphysics" together was one of Quimby's strong points -- the art of Healing the Physical Body. It requires much more than "hear, speak and do no evil" to maintain the Spirit in the Physical Body that the Body may live on and on, beyond the "three score and ten years" that religion has somehow determined the physical body should live.

Some of the best Metaphysical Practitioners don't reach their allotted "three score and ten" before "passing over Jordan", and so, what is the chance for us ... if they couldn't make it? Let me answer, and quickly, the chances for us are very, very good due to the fact that we are living right now in the "End Times" where much more is known about everything in the physical world and also in the world of Metaphysics.

Metaphysicians like the Modernists and Fundamentalists are frightened "silly" when you introduce Mysticism into their dry, and sterile religion -- even just a little. Of course you can understand why the Metaphysician and the Modernist do not accept anything Mystical -- both have a kind of "do-it-yourself" religion. Why the Fundamentalists, who believe in the Bible "from cover to cover" should be so afraid of the Mystical is somewhat hard to understand. Perhaps it is because up until now there has been so many charlatans in the groups who have called themselves "Spiritualists". In this country the Spiritualists -- Spiritists -- haven't made a single worthwhile contribution to the truly Mystical. Yes, some of them have performed truly magical acts, but I have known stage magicians to actually perform greater phenomena, but to attribute any of their magical acts to the "Spirits" would be to insult them.

Spiritualists haven't even come up to the average Metaphysic-



ician in the healing arts. There is a Metaphysical Healer in even many of the smallest communities in the USA and Canada, and thousands of people patronize them and do experience results, but who goes to the average "medium" with his illnesses. NONE. You would suppose that the person who has the "gift of mediumship", who can allegedly locate "gold mines" for you, could very easily tell you what is ailing you physically.

Do you know, the average medium hasn't even Psychic Sight? She (or he) cannot read your Aura, much less look into your physical body -- X-Ray Sight -- and determine what is wrong with you physically. True, they can tell you, "you are going to meet a tall and handsome person", or "if you look back of the clothes in the bottom bureau drawer you will find your ring", or "you are going on a long journey". Give the average person time enough and he will "go on a long journey" -- one from which he does not come back.

The Brazilian Spiritualists have their "prognosticators", they are mostly in the Umbanda and the Quimbanda Spiritualists groups ... they will "tell one's fortune" for a few "cruzeiros", and much more "fortune" for more "cruzeiros" -- the national currency. However the Kardecian Spiritism is much more practical, they are employed in hospitals right along with the physician. A Kardecian assistant possesses genuine, X-Ray Sight, to look into the patient and determine exactly what his ailment is. If the patient is addicted to alcohol or any other excesses that causes his affliction the Kardecian can tell what kind of "entities" are making the patient ill.

With a Physician and a Kardecian who needs a psychiatrist? I might add that the "work" of the psychiatrists as we know it in the USA has never caught on to any great extent in Brazil.

Metaphysics will remain in the Gray Magic state, and Medicine (surgery) will be right deep down beside it until Practitioners of every kind have the assistance of the Kardecian, one who not only possesses X-Ray Psychic Sight but is so well trained in diagnosing a physical affliction that he can instantly and intelligently communicate his findings to a Physician or Surgeon.

Due to the fact that there isn't any person being trained to possess Psychic Sight among the Spiritualists, none among the Metaphysicians, none among religionists -- either Modernists or Fundamentalists -- it looks quite dark for the USA and Canada as far as a Kardecian-Physician team is concerned. However, times are changing rapidly, we are just about ready to come out of the Gray Magic pit (the Valley of Death) where we have been held for such a long time -- century after century -- and climb up the Sun-Lit Slopes to a Bright New World.

From the time we start traveling up the Right Bank of the Valley of Death, the heavy fog-like atmosphere begins to clear and we can see some distance ahead. We like what we see and



that makes the traveling all the more pleasant. From the time the average person starts traveling up the "Right Bank" until he reaches the Summerland -- Higher Astral World -- it is about thirty years. or roughly one-third of his life time that he spent on the earth plane.

For the person who has picked up a number of bad habits along the way before he passed out into the Lower Astral World the journey is much longer and much more painful. He has to come back from the mountains of Black Magic to the center of the Valley of Death, which may require any number of years, and then start up the Right Bank on his way to the Higher Astral World. This doubling back and then going forward again up the Right Bank may take a great many years to even reach the upper part of the Lower Astral World. Some otherwise good people who feel that their rights have been infringed upon may choose to do nothing about the situation but suffer (not in purgatory or hell) but by their own choice in the Lower Astral World.

Quite often religious fanatics -- Metaphysical, Fundamentalist and Modernist -- will not yield an "inch" and thus they may stay (exist) in the Valley of Death a great number of miserable years. Some very good people have been known to remain in this Gray Valley for more than three hundred years, all because it was against their principles to associate with "heretics" while climbing out of the "valley".

By knowing these conditions, one can begin right now and prepare for what's ahead. Knowing these conditions will assist a great deal, in helping you to so change your way of life that should you "pass over" into the other realm in the next few years, you could very easily avoid most of the Lower Astral World (if not all of it) and pass right into the Summerland, which is, as you know the first "rung" of the Heaven World. Well, it gives you something to think about, but not to worry about. Worry will not help you in any part of the Astral Worlds (or this world either).

Yes. There are a great number of people in the Lower Astral World. You will not be alone, you will not want for company, such as it is. Besides fanatics, religious and otherwise there are people so displeased with the situation that there is a constant "weeping, wailing and gnashing of teeth". Many of these people were good people on earth, but they thought that they were better than most people and they, quite naturally take the situation with great disappointment.

There is much more of the Gray variety of Magic around than we allow ourselves to think of. In fact the average person does not know that he is practicing Gray Magic practically every day of his adult life. When we fear the Supernatural (as in most religions) we are definitely practicing Gray magic of the darker hues. However, when we simply meditate on "heaven being our home" -- sometime in the future, we are practicing Gray Magic, but of a brighter shade of Gray.



## THE WISE PRACTICE WHITE MAGIC NOW

### Chapter Six

Yes, there is such a force as White Magic, but the average person never finds it in this world, and after he passes out of the physical body for the final time, he spends a period of just about one-third of his earthly lifetime (some more, some less) in getting out of the "Valley of Death". For the first few years, he is so earthbound that he doesn't really know that there is a higher life, and doesn't care too much -- he is having too much pleasure in the Lower Astral World looking in on people who are still in the flesh -- he can see them but they can't see him. And so, he is intrigued to no end by intimate relations of earth folks, a thing he always wanted to know "more about" but had no opportunity of finding out unless he was a "peeping Tom", and then the opportunities to "know" weren't very good. But now all is different, he can see them, even in the dark, but they can't see him.

You would be amazed at how many men, and women too, are interested in the intimate relationships of others, and just as soon as they find out that they -- the deceased ones -- cannot be observed by the flesh and blood human beings it is a long time before the average man (or woman) realize that he is in an entirely different world -- Lower Astral -- and that there is something much better for him than the "commonplace" things of the earth.

Only then is he willing to be guided up the gentle slopes of the RIGHT side of the Valley of Death, which leads to LIFE. This LIFE is not as he knew it on earth, nor is it the LIFE he has heard about in a sermon -- ministers do not preach sermons concerning the conditions of the newly dead, nor do they preach sermons about the Lower Astral World, nor the Higher Astral World, nor the Summerland -- but sanctimoniously quote St. Paul ... "willing rather to be absent from the body, and to be present with the Lord" (II Cor. 5:8). St. Paul here was stating a truth, but the truth of the matter was it was a truth for him, and other martyrs. The average Christian, and this includes priests, pastors and deacons too, have never gotten beyond the "infantile condition", they have never gotten to the higher, "strong meat" stage, but St. Paul had, and that is why he spoke thusly.

Outside of Paul's "quick temper", which incidently he made good use of on a number of occasions, there was nothing to stop or hinder him from "being present with the Lord" almost immediately after death. But not so with the average Christian -- he is quite "earthbound". If he were stripped of all of his mortalness immediately after death he would be a pale wraith of vapor containing no "substance" at all. But as he weans himself from his earthbound condition, just this alone gains for him some Spiritual Substance, and as he strips himself of more of the "worldly" he gains more of the Spiritual. By the time he has existed in the Lower Astral World for a third of his lifetime (on earth) he is ready to break through the "barriers" and go into the Higher



Astral World, the Summerland -- the first step or level of the Lower Heaven World.

He, the average Christian, when he gets far up in the Lower Astral World is able to think much more clearly, and sometimes he is willing to come back to the earth and help persuade as many people as possible while they are in the flesh to become interested in Higher Things. This is accomplished through the Angelic Forces, of course, and he is not to persuade them against their will -- every one in this mundane world is guarded against undo persuasion by the White Forces of Good. The Black Forces of Evil are prevented in like manner from interfering with a human's rights. He is actually a "free agent", getting credit for all the good he does while in the flesh, and getting equal "credit" for all the evil he does while in the flesh and blood body. The human spirit from the Astral World can only TEACH men of earth at every opportunity that they do not have to put up with the "unending" chaos; they simply have to EXPAND all of their Five Departments of Life. Most human beings in the flesh have to have things very chaotic to even budge from their "way of life" ... rather from their "way of death".

I am speaking about human beings in the flesh, and about human beings in the Lower Astral World. Here in this physical world one can make very rapid changes for the better if he so desires, but an earthbound human spirit in the Lower Astral World has a much harder time. Every base desire is multiplied by seven there and so is it any wonder it requires years and years of time to eventually cross over from the Lower Astral World to the Higher Astral World?

I know that this is contrary to what you have been taught in your local church. Often at a funeral service you will hear the expression, "Well, he (or she) knows all now". The truth is that if they were stupid about Spiritual things to the extent that they never investigated what happens "twixt here and Heaven" they are the same stupid persons that they were here. "Snuffling off this mortal coil" didn't make them wise. Instead of "knowing all" they very likely didn't even know that they were dead. How could they "know all" when they had such a limited knowledge of the Hereafter to be unable to determine whether they were "dead or alive"?

I do not know of a single church denomination which actually gives the truth of the matter pertaining to the after-death condition. Yes. I realize that after the GREAT BLACKOUT (see your copy of the Monograph "The Time of Your Life") that people, especially those who call themselves Christian will do a lot of new investigation. They will begin to read avidly and will practice all the information regarding the future Life in the Astral Worlds, but why wait until the GREAT BLACKOUT? Why not start NOW, while you are sure of being in the physical body?

Do not underestimate the value of your physical body. Appreciate it to the extent that if you are given five more years in



the flesh, you will have done away with most of your bad habits and eliminated the hold they have on you. Also the spirits and entities now infesting your physical body will have deserted you for more receptive "hosts" with the bad habits that "hungry" spirits and entities can thrive on.

If you "wean" yourself of spirit entities in the next five years, I confidently believe that you will know so much about Life of White Magic that from then on, and into the NEW, SEVENTH MILLENNIUM you will become two years younger for every year you grow older. Of course I am not promising this will take place, you might not be the slightest bit interested to enter the NEW MILLENNIUM in the flesh. If you prefer to grow old and die as you are, and perhaps spend thirty to forty years on the Lower Astral World "scrubbing up" before you emerge into the Higher Astral -- the Heaven World -- that is your right and privilege. One thing though, if you prefer to go by that route, the knowledge you have gained from this short writing concerning the conditions that you will meet up with there will enable you to make the "bold journey" in two or three years less time. On the other hand, if you do go by the "grave route" and have done nothing about the matter while you were on the Earth Side of Life, your disgust with your own stupidity could extend your stay in the Lower Astral by two or three years. There is no telling how a human being with FREE WILL will act under any circumstance, here or in the hereafter.

You have had free will, free choice practically all of your life, and especially in your adulthood. There was a time when the Angels were given free will and free choice. Lucifer was the first to take advantage of the situation ... he FELL, and a third of the Angels fell with him. It looked like a "good thing", this business of having free choice and will. But Lucifer -- Satan -- had other ideas; no sooner did the Angels fall than he appointed "captains over hundreds", "generals of thousands" and "marshals over hundreds of thousands". Satan had big ideas, he was going to "take Heaven by storm". You can see what happened, what a mess he created here on earth. (See your copy of the Monograph "From Creation to Re-Creation" for more complete details of this fiasco.) You can now understand that it is up to you whether you will be "earthbound" for years and years in the hereafter, or will quickly ascend through the murky "waters" of the Lower Astral and then in a short time "sail" across the dividing line between the Lower Astral and the Higher Astral and into the Summerland.

It is no longer "smart" to be ignorant about life in this material world, and it is no longer "smart" to be ignorant of conditions beyond the grave, in the "After Life". If one is WISE, he can start living in the "After Life" right NOW. This will lead not through the grave, but directly into the NEW MILLENNIUM.

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## EXPULSION OF YOUR GRAY GENIE BY WHITE GENIUS

### Chapter Seven

From the time of this writing it is only about thirty-five years into the NEW, SEVENTH MILLENNIUM. Many things of a colossal nature are going to take place between now and then, but the one thing that I consider of outstanding importance is the SHORTENING OF TIME. We are in the Last Generation -- a generation is 40 years. Part of this Last Generation is now history, and the "Shortening of Time" will telescope more of it. If you are now quite well along in years, by the end of five years if you are "becoming younger two years for every one you grow older", you should be quite a young person upon entering the NEW MILLENNIUM in the year of 2,000 A. D. But that all depends upon whether you do the right thing by yourself here and now and whether you practice your White Magic not only consistently but also ENTHUSIASTICALLY.

Of course you have heard of the FIVE DEPARTMENTS OF LIFE over and over again. Right now the most important Department of Life is the MENTAL. I realize the Spiritual Department of Life is more important than the Mental Department, but how can you do anything with your Spiritual Department when the Mental Department is insisting on being a "dog in the manger" or a "snake in the grass", or worse still, pretending that it is God, with the right to tell you to "do this, not do that".

The MENTAL Department of Life has, as you know, SIX sub-divisions -- Memory, Imagination, Belief, Affection, Conscience and Emotion. When Emotion, Conscience and Belief get together you will experience a guilty feeling. Due to the fact that EMOTION is 95% negative in the average person, it conveys this negative feeling to your Conscience, and no matter what you have a Feeling of Guilt about, you Believe that you are doing wrong, especially when you are doing something that your Negative Sub-Conscious doesn't like. The Negative part of your Sub-Conscious is very Superstitious, it believes in all kinds of negative ideas such as negative dreams, negative emotions, negative "beings". It is no wonder that it does this, for while you are asleep it plays around with all kinds of negative thoughts and ideas.

Out of more than thirty miserable Negative Emotions, a very good friend of mine arranged the following list of twelve Negatives which bother Introverts "down deep in the dark valley", either in the flesh or out of it. I can truthfully say that any Introvert who overcomes all of these, not suddenly, but within the next Five Years, can thank his "lucky stars" for the list and for overcoming all Twelve of them.

They are deeply imbedded in your Sub-Conscious Realm of Mind. But they are not difficult to weed out if you use my friend's "secret" process on them one at a time, until you have overcome all twelve of them. Here is a happy thought; no one has all twelve of these miserable negatives. A person can have a "tint" of all



twelve, but as you eliminate them one by one, you will find before you are half through with the job some of the lesser ones have, of their own accord, faded completely away. Start in on the ONE that your Conscious Realm of Mind indicates to you to be the right one. However, in starting perhaps your Sub-Conscious Realm of Mind should be consulted, find out which of the twelve that "it" wants to eliminate first, in that way you will be cooperating with your Sub-Conscious rather than demanding it to do thus and so.

Here is the SECRET for the elimination of the Twelve Negative Genies. You and your Sub-Conscious have selected ONE (only one) to begin with. As we indicated you may have others that we did not mention in the list -- they are for the Extroverts and we are not concerned with their Negatives here.

|                |  |
|----------------|--|
| Anxiety        |  |
| Apprehension   |  |
| Disappointment | There is one Negative Emotion that is more powerful than the others. If you are careful you can use it to overcome and dispel any of the |
| Despondency    | Twelve. But do not use it any more than is necessary to get good results. You can use it in  |
| Disgust        | this way as often as any of "your" Twelve Negatives  |
| Fear           | bother you. However, it is best to concentrate on  |
| Frustration    | but one Negative, the one you and your Sub-Con-  |
| Irritability   | scious have decided upon. At any time during the   |
| Pessimism      | day or night any of the Twelve rears its ugly  |
|                | head, crush it with the Super THIRTEENTH Negative.   |
| Inefficiency   |  |
| Timidity       | This 13th Negative is ANGER. Whenever you  |
| Worry          | feel any of the Twelve overpowering you, use a bit   |
|                | of the 13th -- ANGER -- to eliminate or squelch  |
|                | it. This will work every time. For instance, if Anxiety is   |
|                | troubling you, work up just sufficient Anger (but not any more) to   |
|                | completely eradicate Anxiety. If Despondency is victimizing you,   |
|                | then use just sufficient Anger to eliminate Despondency.   |

If the Negative of Frustration is making your life miserable, take a little time out, work up enough Anger to eliminate Frustration. Introverts are often cursed with Timidity, but that should be no problem to you for you know how to eliminate Timidity with just enough Anger to make Timidity vanish.

Worry can also be treated with an ample touch of Anger. Worry though, is one of the hardest Negatives to get rid of, and it is one of the most damnable, it makes one's life so miserable that it seems kind of "unholy" to get rid of it. A "worrier" will say to himself, "the worries I possess are about very important things; what will happen to these things of importance if I do not give them my constant attention?"

Everything worthy of worrying about will be solved quickly and effectively just the moment you stop worrying over it. You can't possibly Worry and solve questions at the same time. And so eliminate your worrying by treating it to just as much Anger as will make it go away.



Strong Negatives like Anxiety, Fear, Pessimism, Timidity and Worry and certain others that are a "speciality" with you will have to be pounced on time and time again by that most powerful of all Negatives -- ANGER. When you have cleared up all of your Negative Emotions you can keep Anger around as you would some sort of a fire-arm -- for instant protection. Just in case you have a "dead" Negative "flare up" you can instantly demolish it by your Secret Weapon -- ANGER.

How do you cause Anger to come about when some other Negative is taking all your time and attention? That is a good question. Think of the thing that makes you Angry most quickly, then when you have worked up sufficient Anger quickly divert it to your particular Negative. It may take a little time to be able to generate "instant anger" when you need it. A slight biting of your tongue will cause sufficient Anger to "instantly arise" for the occasion -- to annihilate a Negative almost instantly, and when ever it shows up again, treat it again with a "bolt" of your Anger.

The Negatives of Extroverts are quite different from that of Introverts, but they are treated in exactly the same way.

One of the easiest ways for both Introverts and Extroverts to get out of the "Valley of Death" is to eliminate your Negatives. They are all in the lowest area of the Sub-Conscious Realm of Mind known as the Area of EMOTION. As long as you have these terrible Emotions clinging to you like so many slippery and slimy leeches you only proceed straight ahead in the Valley of Gloom, Despair and Death, but the moment you begin to eliminate one of your Negatives, you begin to turn to the "Right", and shortly you will gradually ascend to Higher Ground, and the more of your Negatives you eliminate the Higher will you Ascend out of the "Valley of Death". You will actually ascend into a new, bright and shining world. You will then begin to realize that this is the start of your delightful New WHITE MAGIC World.

These wonderful changes are all made within you, but as you travel upward and forward on the Sunlit Slopes you will suddenly realize that if you had not eliminated those twelve terrible Negatives (with the powerful 13th) you could not have possibly risen to the delightful place where you are. Success will come quickly after you have actually started eliminating your miserable Negatives. Success will eventually be reflected in all of your Departments of Life -- Mental, Spiritual, Physical, Social and Financial -- and this regardless of how old you are when you start in the MAGICAL WORK of eliminating Negatives.

If you work diligently and of course enthusiastically, then "Father Time" will stop "dead in his tracks", and when, in about five years, you are becoming two years younger for every year you grow older, "he" will desert you entirely.

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## THE MAGIC OF YOUR FUTURE

### Chapter Eight

Now that you know how to eliminate every form of Negativity that could attack you, you will live quite a charmed life, and the further you go the more of a charmed life you will experience. Quite true you will still be a "resident" of the Lower Astral World, but in the upper regions of it where the average person has never been because of his Negatives. You will find it to be a most beautiful place. When you go to bed, fall asleep and dream, your dreams are mostly of commonplace things, and appear as a drab shade of gray -- dark gray on light gray or vice versa. My hope is that you will have accomplished so much in the next five years that many of your dreams will be experienced in full "Technicolor". This will be a splendid indication that you are progressing to the higher part of the Lower Astral World.

Yes, there is a definite line of demarcation between the Lower Astral World and the Higher Astral World, but it is only a line (actually a kind of veil or membrane) and when you are ready to pass through the line you will have no difficulty. However, people who have even one or two negatives cannot pass through this line of demarcation -- Fear is the most prevalent barrier to passing through the line, and of course Apprehension is another barrier, but you have five years to eliminate your worst Negatives and there should be no Fear or Apprehension of passing through the dividing membrane. You will not be alone now that intelligent people know something about the two Astral Worlds, and they, like you, are learning more and more about this interesting subject all the time. If the average person with all his Negatives could spend some time in the upper part of the Lower Astral World, or the lower part of the Higher Astral World he would never desire to ever come back to earth again and "exist" a day in the Valley of Death. That is one reason why he is never taken up to the Higher Astral World -- he would be "spoiled" by this experience.

It is much later than you think in actual time, but you have a little time yet to get rid of your Negatives and will thus be ready for anything that comes. The nice part of all this is, you can start right where you are, with what you have and be speeding away from the "Valley of Death" to the Sunlit Mountains of Light and Life just as soon as you make up your mind to do it. You have all the information you need right now and when you get further along in your Negative Elimination and come to some kind of an "impasse" there will always be those a little more advanced than you to lend you a helping hand. But if you are faithful in your progress in the Elimination of Negatives then good and right thoughts will automatically come to you. You do not have to be dependent on others in the flesh or out of it when you have eliminated your worst Negatives. Let us say, that the Cosmos is filled with positive thoughts, and actually, "before you ask, you receive".

You have come to NOW-TIME. The very moment a Negative begins



to possess you -- any Negative -- immediately, and that means NOW, you begin to subject the Negative to the powerful 13th which you have with you at all times, and the lesser Negative quickly fades away into nothingness.

The parable of the Ten Virgins is not one parable but seven or more, but we will only use one of them now. Five of the Virgins were WISE, that is they possessed WISDOM, SPIRITUAL WISDOM. The other five were said to be foolish Virgins. The difference in the two groups of Virgins was simply this, the Wise Virgins had "oil" in their lamps and OIL means SPIRITUAL WISDOM, and they could use this WISDOM now, just as you can use your Wisdom now for the eliminating of the 12 Negatives by the 13th, and when all the Twelve have been eliminated you will have no more use for the 13th.

The five Foolish Virgins had no "oil" in their lamps, because their "lamps" were so filled with Negatives that no Positives could be introduced. And when they said to the five Wise Virgins, "Give us of your oil; for our lamps have gone out", the Wise Virgins said, "...go rather to them that sell, and buy for yourselves".

The Foolish Virgins only had enough oil in their lamps to dampen the wick, and this soon burned out. While they were gone to purchase oil the Bridegroom came, and the Wise Virgins went in, and the doors were closed. Then the Five Virgins that had been foolish -- without "oil" -- came back after they had purchased oil and said, "open to us", but they were not admitted.

Why weren't they admitted? -- they now had "oil". From the time a Foolish Virgin realizes that she (or he) has no oil -- SPIRITUAL WISDOM -- until they acquire it any number of years may have passed. It isn't a matter of just going to the supermarket on the corner to "purchase oil". It means that a whole change of his or her nature, from Negative to Positive. A cleaning out of the dozen or more (or less) Negatives that are in the SIXTH subdivision of the Sub-Conscious Realm of Mind known as Negative EMOTION is required. This may take as much as five years of time to make the change-over from Negative Emotions to POSITIVE EMOTIONS, and if the student isn't particularly interested in the "change-over" it may require much longer.

The Foolish Virgins became WISE VIRGINS for they eventually secured OIL for their lamps and would be admitted to another supper, but they had to wait outside the closed door until at another "midnight" in the future the announcement is made that the "Bridegroom cometh", and then the Five Virgins, now they were WISE -- they had OIL in their lamps -- proceeded to go in. A new group of Foolish Virgins with no "oil" said "give us of your oil", but the Wise Virgins (formerly they too had been Foolish) said to the new group of Foolish Virgins, "go rather to them that sell, and buy for yourselves", and so they did. They went out into the world and attained SPIRITUAL WISDOM. "The World" is the only place where one can "purchase oil for your lamp", that is, the only place where you can acquire SPIRITUAL WISDOM.



We can acquire as much Spiritual WISDOM in five years of time in this "miserable world" as we can in thirty or forty years if we pass out of the physical body in death and into the Lower Astral World. Death doesn't make us WISE. We acquire WISDOM in this material world -- strange as it may seem -- much faster than in the Lower Astral World, to which all the Unwise or "Foolish Virgins" pass after departing the physical body.

The Wise Virgins tell the Foolish Virgins, "rather go to them that sell, and buy for yourselves". The Wise Virgins "know their way around", so to speak -- they once upon a time had been Foolish Virgins themselves. It requires just about five years to go from Foolish to WISE, if a person is reasonably interested in the "transformation". The Wise Virgins who first entered with the Bridegroom have not been idle all this time. They were invited to the Wedding Feast, and an invitation to the Wedding Feast means to eat and drink -- consume more SPIRITUAL WISDOM, so to speak, so that one may be more valuable as WORKERS -- TEACHERS -- in the Vineyard of the World, assisting others to learn to recognize and possess SPIRITUAL WISDOM.

WISDOM, Spiritual or otherwise, is not a Gift. You have to make yourself worthy of it, and the best way we know of is to clean out the "cess-pool" of Negative EMOTION, and begin to fill it with the WISDOM that is SPIRITUAL. Strange as it may seem, the WORK OF FILLING IN WITH THE POSITIVE goes on simultaneously with the work of cleaning out -- cleaning out the Twelve miserable Negatives. For every Negative there is a Positive, but you will probably not know until you start eliminating the Negatives just what the Positive opposites are. Let me ask you, just what is the Positive to the Negative Anxiety? What is the exact opposite to the Negative Fear? What is the opposite to your Negative Frustration? Can you at once tell anyone the Positive opposites of Inefficiency, Timidity and/or Worry?

Probably the Five Foolish Virgins registered Disgust and some Irritability when the Wise Virgins told them to "go buy for yourselves".

Actually no one can give you the opposite for Anxiety, Apprehension, Fear, Frustration, Irritability, Timidity or Worry; you have to discover the opposites to these unpleasant "monsters" yourself as they are not exactly alike in any of the "Virgins" -- people. Once you start "slaying these monsters", the good work becomes quite fascinating, it is positively not as hard as you may believe. When you begin to discover that every one of these Negatives has a delightful POSITIVE, you will have the time of your life ridding yourself of these rather stupid Negatives. You will wonder how you put up with them so long -- some of them you almost "nursed" along. Disappointment, Despondency, Frustration, Timidity, etc., etc. require only a little "nursing" and they become "yours for life". Do not hesitate to give them up, get rid of them once and for all, and then you can "enter in" as one of the FIVE WISE VIRGINS.



## MULTIPLYING YOUR WHITE MAGIC

### Chapter Nine

Once you really get started on your wonderful work of cleaning out old, Negative Emotions, and filling the "space" with the POSITIVE VARIETY of EMOTIONS you will be in the process of becoming a new and delightful creature, both to yourself and to others. You will be so much more Mentally alert, for you have stopped doing those fearful things -- Negative Emotions -- that have made you old and decrepit Mentally and Physically.

The Five Foolish Virgins had no oil in their lamps. That means that in all Five Departments of Life they were lacking: Mentally, Physically, Socially, Financially and, most deplorable of all, Spiritually. They could not possibly have attained the status of a Wise Virgin with a Sub-Conscious (Emotional Sub-Department) filled with every manner of Negativity, which overflowed into the other Sub-Departments -- Conscience, Affection, Belief, Imagination and Memory.

The average person is not only a Foolish Virgin but is so "foolish" that he doesn't realize that he has no "OIL in his lamp"; that there is little or nothing worth while in his EMOTIONAL Nature. Not only this but, as we have said before, his EMOTIONAL Sub-Department is filled with all manner of Negatives, like the Twelve Negatives (listed on page 22) that can be cleaned out by employing the 13th. Even when he does become acquainted with this technique, he may not realize that for every Negative Emotion removed, he has to fill in with something POSITIVE. It is not necessary to fill in with a separate and different direct opposite. A Direct Opposite to any of these -- Anxiety, Apprehension, Despondency, Fear, Frustration, Inefficiency, and especially Timidity would be a feeling of BOLDNESS, and Boldness is generated by the use of just sufficient of the 13th -- Anger -- to make any one of these damnable Negatives "beat a hasty retreat".

Disappointment is what is known as an "old maid's" Negative. It can be gentle, it can be powerful, and in any and every case it is a "damnable Negative". Women are cursed with this Negative more than are men. Disappointment can be so revolting that a person who lets himself (or herself) be cursed by it actually radiates an Aura that can be smelled by other people and it is most offensive. No amount of bathing or perfuming will hide this most disagreeable odor. The only way it can be gotten rid of is by not being Disappointed any longer. Every time this Negative "rears its odoriferous head", hammer it down with sufficient Anger to where you are not Disappointed any more about anything in the past, present and of course, anything in the future. Yes, all of this activity is part (just a part) of becoming a Wise Virgin.

Disgust is Gray Magic. If Disgust is persistent and more or less a regular thing with you, get rid of it fast by dousing it time and again with whatever amount of Anger is necessary to elim-



inate it for the time being. Yes, it can be done quite effectively, even at first, and after a little practice just a slight bit of Anger will send it back into the "hell-hole" that spawned it. Disgust is more or less associated with a feeling of superiority -- superior to the other fellow who may not be quite as "good" as you are. Disgust is a stupid Negative and no Wise Virgin no matter if he or she has college or university degrees "as long as his arm" can possess it and be considered truly WISE. The poor, and often illiterate people, have a Disgust Negative or Aura about them. They realize that they are for the most part "nothing" and the only way that they can feel that they are something is to generate Disgust in themselves for everything they realize is superior, and as most things and people are superior to them, they have a lot to be disgusted "about, over and through".

Fear, Pessimism and Worry are three Negatives that most folks who are afflicted with them do not care to give up. They are not alike by any means, but they have one thing in common -- they are quite low in the scale of Negativity. Fear, if it is any more than intelligent Caution, should be eradicated by the use of sufficient Anger to totally eliminate it for the time being, but it will be back and you will have to "retreat" it time and again -- that is the part of becoming a Wise Virgin.

Pessimism is also one of those Negatives that sheds an aura around the person who has it -- the victim. Actually a person who is interested in helping people TO HELP THEMSELVES can actually smell a Pessimist when a Pessimist gets within close proximity. It is a disagreeable odor, and not any kind of soap, deodorant or spray can wash it off or remove it. It is in the form of a Gray Aura, and Auras, as you know can not be washed off or removed by anything "earthly". This "hellish" stench radiated by the Pessimist is of the Lower Astral World. Of course there is one effective way of getting rid of the odor, that is to stop being a Pessimist!

Worry is another bad Negative of the Foolish Virgins, and it has its "Aura and stench" like the other Negatives. One of the first things that you will discover when you attain to being a Wise Virgin is that all of the Foolish Virgins have a disagreeable odor that "soap and water" can't remove, but as the Wise Virgins have the ability to close their "psychic nostrils" to the odors of the Foolish Virgins, so you too must learn that "art" when you are associating with people who are completely wallowing in the slough of Disgust, Doubts, Pessimism, Fear and Worry. You must learn the "art" of closing your Psychic "olfactory glands" (smelling apparatus) to them, and only open your Psychic nostrils long enough to determine how the Negative souls who you are interested in are progressing. This knowledge of closing out the Negative Odors of others will come without effort to you when you have eliminated, to a certain extent, your own Negative Odors.

Helping others is the quickest way to POSITIVELY help yourself if it is done intelligently. The Five Wise Virgins could



direct the Five Foolish Virgins to a source of "oil", where they could "buy oil" without causing offense or resentment in the minds of the Foolish Virgins. This was accomplished by "suggesting" that the Foolish Virgins could go to the "sellers of oil" -- to acquire Spiritual WISDOM -- and "purchase" all that they need. The Foolish Virgins acting upon the WISDOM of the Wise Virgins did just that, and they were no longer Foolish, even though they did not get in on the "wedding supper" they will be in "first place" at the next one. They are then joined by other Foolish Virgins who they in turn will direct to "buy oil" from the "sellers of oil".

Now that we are in the Last Generation it is very important to become Wise Virgins as quickly as possible not only to go to the "Wedding Feast", where we will be instructed in many more possibilities -- possibilities that will raise us into the place in our Five-Fold Expansion of Life to Instructors of those Foolish Virgins who are just behind us, and elevate us in the end of this Last Generation to be in the delightful position of being just a "little lower than the angels" as we come into the glorious NEW, SEVENTH MILLENNIUM.

We can accomplish much in ourselves in the way of eradicating miserable and "smelly" Negatives in the next five years if we start now. And if we start NOW, as I have indicated before, we can accomplish wonders in ourselves by the eliminating process, and as we remove the miserable Negatives we will be shown how to BUILD IN POSITIVES that are just opposite to our Negatives. In fact we do not have to be "struck by lightning", or have a "building fall on us" to determine what is the opposite to our "more negative" Negatives right now.

We know that when we remove Anxiety that a state of Calm will almost automatically prevail, for Calm is pretty much the direct opposite of Anxiety, and when you begin to feel Calm, note just how that delightful sensation is experienced in all parts of your brain and body. The very next time you feel Anxiety coming on, don't fight it, but "annihilate it" with just a correct amount of Anger, and as Anxiety vanishes the Anger subsides with it and you feel thrilling Calm. Treat all the other Negatives in the very same way, and before long you will "automatically" know the "just-the-opposite" feeling for the other Negatives. It is not necessary to go into the opposites of the other Negatives here when you can determine that for yourself the first time you "pounce" on any of the Twelve Negatives (or any other special Negative that you may have) with your THIRTEENTH. But, use this 13th sparingly, just sufficiently to do a good job. Any more than "just sufficient" would be like killing a fly that lights on your forehead with the full swing of a sledge hammer. That would NOT be the part of WISDOM.

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## YOU TOO CAN BE A GREEN MAGICIAN

### Chapter Ten

As I suggested in the "Foreword" you can begin the practice of GREEN MAGIC just as soon as you are ready for it. Green Magic is very sensitive to Fear, Frustration and Worry, and also to any kind of Hatred. Now that you know how to eliminate those Gray Magic Negatives from your life every time they "rear their Negative heads" you will soon be able to be a practicing Green Magician.

A few of the Twelve Negatives in some people are not only in the Gray Magic Zone, but they dip down into the strata of Black Magic. Among other Negative Emotions Hatred and Envy are both capable of descending very rapidly down to this "cesspool" in the region of Black Magic. Quite naturally one cannot be reeking with either of these two vile Negatives and exert a Positive Influence in the field of Green Magic. And so, until you have mastered some of your worst Negatives do not attempt to practice Green Magic. You would only be disappointed. For one who is aspiring to become a White Magician, if you could not perform Green Magic, the experience would be quite devastating.

There are several kinds of Green Magic, but we only deal with the higher form; the Light Green Magic. The test will consist of the use of quick-growing, tender SPROUTS. Sprouts that will grow quite quickly in soil, not in water only, such as Mung beans and other kinds of beans or seeds.

The Rev. Franklin Loehr in his very fine book, "The Power of Prayer on Plants" describes how a number of experiments were conducted on fast growing things -- lima beans, corn and wheat. The sprouts grew much faster under the power of prayer than the sprouts under the same physical conditions, but without prayer. He and his assistants conducted many experiments, and with good results. The plants or sprouts in the pans, cans, dishes which received loving prayer always came through the soil first and grew much faster, and taller.

I mentioned "loving prayer". Prayer without love would not make a particle of difference, and so we see that LOVE was the force or energy that caused the plants that were LOVED to grow much faster than the sprouts which received no love, although in all other respects the conditions were EXACTLY the same.

How can you send LOVE out to a plant? Well, the first thing you will have to determine is, which center is your "love center". From your Conscious Realm of Mind, your Sub-Conscious Realm of Mind, or from the Solar Plexus. Actually you direct Love to the young plant or sprout by your Conscious Mind, but your Love Center is in the Sub-Conscious where your Imagination and Visualization Sub-faculties are located. Of course you know that you have the Sub-faculty of AFFECTION there. Affection is much stronger than



Love, and so we will use Affection. In the average person there are so many kinds of Love that have to be "unscrambled" before the right one is found to be used that it becomes quite confusing in selecting the Love that hasn't the slightest tinge of any negative in it. You will save time to go immediately to AFFECTION, which is always pure and untainted.

Direct your AFFECTION from your AFFECTION CENTER which is in the Center of your Heart, and send it out directly through your chest or breast to the young sprout which has just emerged through the soil in the pot or can that you have planted it in. Affection is said to be a bright shade of PINK. See this shade as "pink fire" come out of your Heart and go directly to the plant and completely surround it, going through it, and down into the soil in the container to the roots, completely filling the plant.

Affection is much easier to direct than Love. So easy, that after you have "treated" your plant, if you possess psychic sight you could see the Aura of Affection completely surrounding the plant and "saturating" the soil in the pot and the pot itself for several hours, or even to the time you again "treat" your plant to the radiations of Affection several hours later. A "treatment" can be of five or ten minutes duration two or three times a day. Place yourself from 18 to 24 inches from the plant for the treatment with PINK AFFECTION.

Quite naturally you should have two pots of plants to determine how much better your plants which have been treated to AFFECTION are than the plants that have had none. The pots, ordinary red tile or gardener's transplanting pots, should be of the same size. The soil must be as near alike as possible. It is best to mix the soil well first in a pan, then when you have crushed all the lumps (no fertilizer is required) use a trowel or large spoon and dip some of the soil into each of the pots. Repeat this process, back and forth to where the pots are filled to 3/4 in. from the top. Plant your seeds -- corn, beans, peas, wheat (not too thickly) -- then water. Dishes under the pots will catch the excess water. When the dishes underneath begin to contain water, you should stop. A light watering every other day is usually quite sufficient on the surface of the soil. Be sure that the soil is kept "just moist".

If you have two windows, both in the sunlight, that is good. However if your windows are on the shady side of the building, that will do as well. Put the two plants on the window sill as far away from each other as possible. Put both in the sun or both in the shade, it doesn't matter. If you wish you can put the two pots across the room from the windows. While a plant is in the sprouting stage it will actually grow in the dark to the height of several inches. The pots of plants should be at least four or five feet from each other so that the "control" plant will not pick up any of the Affection that you direct to the plant which you have chosen to be "the object of your Affection".

If you have the room you can prepare three pots of plants --



all exactly alike as much as possible. To one you give your AFFECTION as we have noted, to the second one you do not give it Affection, but give it Love which you direct toward it from a distance of 18 inches to two feet, but your Love comes out of your eyes and is directed to the "love plant" the same way you direct Affection to the other plant. Instead of seeing your Love emanations as PINK (as with Affection), you see them as a beautiful shade of light GREEN. Treat your plant to Love radiations for five to ten minutes, and "see" it completely surrounded by your Green Love emanations. Treat plant, roots, dirt and even the pot itself to a veritable Aura of Love that extends out from the pot and plant for several inches.

The third pot and plant is your "control" plant. You do not give it any radiation of Love or Affection at all. Just let it grow naturally. But have all the pots in exactly similar conditions as possible. By keeping the plants sufficiently apart there will be no tendency for the Auras that you create to leap from one plant to the other. Perhaps the plant that you radiate Love to (with the eyes) will grow faster than the one you radiate AFFECTION to with your Heart -- the reason for this would be that you have had much more experience with Love than with Affection. In fact, some folks do not know the difference between Love and Affection, but you will as soon as you conduct this experiment.

You imagine first that your AFFECTION is going out to the plant, then you begin to visualize that your AFFECTION is bright PINK, and it is completely in the plant and surrounding it with a beautiful PINK Aura. You do the same thing with Love, you imagine that you are sending out (through the eyes) GREEN Love, then you begin to visualize the Light GREEN Love completely filling the stem, leaves, and roots of the little plant. Continue this practice as long as you do the AFFECTION practice on the other plant. Keep the situation concerning vibration the same as possible. Only in this way can you be sure that Love is stronger than Affection, or perhaps it is the other way around. Be careful not to give the "control" plant any Love or Affection, and no more water than you give the two others, or your test will not be valid.

**WARNING!!!** Never, never use any Gray or Black Magic on your plants. Never try to stunt the growth of a plant, by seeing it wither and die. Never suggest to it; "you are an evil plant, you will wither and die very shortly". That is very wrong. You do not desire to become involved with Black or Gray Magic ever again. Do not let the Satanic Forces tempt you to do this -- you are aspiring to be a WHITE MAGICIAN.

Remember, you do not have to know all about Black or Gray Magic in order to know how not to use either of them. In the past you have had just about as much of either as you could tolerate Mentally or Physically, and so from now on let your MAGIC be of the WHITE VARIETY.

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