

Cosmic Edition

1961

What's Next

by

HARRY J. GARDENER



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HARRY J. GARDENER

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TWENTY-SEVENTH EDITION

This new Twenty-Seventh Edition of WHAT'S NEXT is known as the COSMIC Edition. Cosmic is the exact opposite of C-H-A-O-T-I-C. Now, you TRAVELING on the UPWARD PATH will experience the most gratifying COSMIC Conditions on your journey to the thrilling new LIFE that lies ahead.

However, the years from 1961 to 1969 are going to be especially chaotic for the mass-minded. In fact, all the years ahead, to the end of this CHAOTIC Century -- 1999 A.D. -- are intended to be especially AWAKENING for the masses.

To you who are TRAVELING the UPWARD PATH the years ahead will be most revealing and rewarding. The farther you move forward and upward, the more of the PATH will be revealed to you, and the more you EXPAND your FIVE-FOLD LIFE the faster you will TRAVEL. The more distance you put between the chaotic conditions that are pressing on either side and just back of you -- never in front of you -- the more thrilling will be your reward.

To the mass-minded, the Downward Path seems most attractive, but as they proceed on their way, the attraction for the down grade becomes less and less. Eventually no one, even the most callous of the masses can endure the miserable downward conditions any longer. It is at this point that Destiny will enlist your aid to help those on the Downward Path to make a quick change-about and TRAVEL on the UPWARD PATH.

Of course those, after having traveled so far downward, will not find the "change-about" and the steep climb that is ahead particularly "invigorating", but with your assistance, and thousands of others like you, from far along on the UPWARD PATH, they will make a small showing at first, and the farther they TRAVEL UPWARD, the more rewarding will be their every effort. Quite some time before the end of this age, they will be TRAVELING without your assistance, and will be eternally grateful for the assistance you gave them when they were in "the pit".

You who are traveling on the UPWARD PATH are about to experience the TIME OF YOUR LIVES -- the time is ripe for that experience. Others, who are just a little farther along on THE PATH than you, are already experiencing the more thrilling LIFE, the life of COSMIC CONSCIOUSNESS. This year, 1961, knowing what you already know, can be the year of YOUR LIBERATION, for this purpose most of this course was written....JUST FOR YOU.

Los Angeles, California
MCMLXI

THE AUTHOR

THE COSMIC EDITION OF WHAT'S NEXT

- by -

Harry J. Gardener

This year -- 1961 -- has a Soul Vibration of EIGHT. This is a very good vibration, in fact, it is one of the best all-around vibrations that one could wish for...except, perhaps the SPIRITUAL vibration, and it has a great deal of that quality if one is interested in the SPIRITUAL. Every one who is on the UPPER PATH should be...because the time is short.

EIGHT is, as you know, "the vibration of the BANKER", and is directly associated with wealth, opulence, gain and expansion in all Five of the Departments of LIFE, and not in just the Financial Department -- The More Abundant Life.

1961
&
you

Let us discuss briefly the four separate vibrations that make up 1961. The most powerful and positive vibration is, of course, the 1 in 1961. It has been with us for 960 years and has thirty-nine more years to "reign", or until the MILLENNIAL YEAR, 2000 A. D.

There is also a little 1 vibration on the other end of 1961. There is a certain amount of harmony between the "young" 1 and the "old" 1. This is fine for politicians with small egos, it has a tendency to make "lions" out of "lambs" -- but for the next twelve months only. For the Budding Individual the two 1's in 1961 are like two walking sticks, one in each hand, to CLIMB the UPPER PATH much more reassuringly.

The vibration of 9 in 1961 is a Spiritual Vibration to all those who are Spiritual, however, the masses on the Downward Path the powerful 9 vibration is mistaken as a "license" to do whatever they please. However, by the year 1999 it will have eliminated all those on the Downward Path. By that time, I predict that there will no longer be many Budding Individuals, all will be INDIVIDUALS, MASTER INDIVIDUALS, MASTERS, etc., etc.

There is in 1961 a "hidden" vibration. The 6 and 1 added together make a 7 vibration. This is the vibration of Mystery -- a mysterious undercurrent running all through 1961 and well into 1962. It is kind of "FUTURE SEEING" vibration and works wonderfully well with the Spiritual 9. All those who are seeking the Cosmic Consciousness, if they are moving forward on THE PATH, will be wonderfully rewarded for their effort. Expect wonderful things in 1961 and you will not be disappointed.

JOHN FITZGERALD KENNEDY, PRESIDENT OF THE USA

Chapter One

John F. Kennedy's election on November 8, 1960 was "something new under the sun" in direct contrast to King Solomon's "there is nothing new under the sun". Now we know where we stand in this LAST GENERATION, and what to do about it.

The last Democratic President that I voted for was Woodrow Wilson. He ran on the slogan, "He-kept-us-out-of-war". He was elected to a second term (I helped). The innauguration, in those days was in March, and the following month, barely six weeks away we plunged into World War I.

Another great President, also a Democrat -- the Great FDR -- maneuvered us into World War II. Harry S Truman became President and he kept the fires of war burning. Under his "tutilage" we "lost" the remainder of World War II to the Communists...and the world has not been "safe" for democracy and the Democrats since. If FDR had only lived longer the "Korean War" would have ended in victory -- his pride and his ego would have never permitted him to lose a war.

Personally I like "Jack" Kennedy more than Nixon, but the truth can be told now, I voted for Mr. Nixon, fully realizing that my vote might be "lost". But an honest vote is never lost. I was voting for a principle not a candidate. The principle, among many others was, the Eisenhower Administration actually KEPT US OUT OF WAR. Dozens of times during the eight years of the Eisenhower Administration we could have had war, but the Republicans do not like war -- they dislike war so badly that they are willing to let a Democrat get in office...Nixon could have been elected by a vast majority if Eisenhower had left office with even a "small war" in the hands of his successor.

However, we have been in the LAST GENERATION of Time since November 19, 1959. I believe that Mr. Kennedy was destined to be President, for he would (unknowingly and unwittingly) line the United States up for the PURGE that General Washington saw in his Vision in 1777. The United States is to become an ALL POWERFUL NATION, after we have disposed of the "fellow-travelers". I believe that this last great battle of the United States of America will be fought on our own soil even during the first term of Mr. Kennedy's Administration. If not then, most assuredly in his second term of office. There is no doubt that he will be re-elected in 1964 if the great PURGE does not come before that time.

Kennedy came into office like a "lamb". His "victory" over Nixon was by a plurality of only one-tenth of one percent. The Democrats were hoping for a "landslide", something akin to the "landslides" of FDR. It did not materialize for "Jack" -- it was

not intended to ... he came into office like a "lamb".

Late in January of this year Mr. Kennedy was again treated like a "lamb" when he won by only five votes on his newly enlarged House Rules Committee. There were a total of 429 votes cast by the House; 217 for him, 212 against him, again he won by a trifle over one tenth of one percent.

His averages are only running 1/10 of a percent at this time, but just wait, his averages will be on the increase -- the "lamb" will grow; eventually he will "speak with the roar of a lion" -- it is written in The Book.

It is very true that Mr. Kennedy was a willing "victim of his fate" -- destiny had chosen Mr. Kennedy for the job, if it had not been Mr. Kennedy then FATE would have selected someone else, equally willing, and equally suited for the job...there are probably 10,000 "dark horses" in the United States as of last November 8th that would have served the purpose of FATE equally as well as Mr. Kennedy.

Just because Mr. Kennedy was "fated" for the job of President of the USA do not feel badly about the fact that you did not vote for him. There is a HIGHER DESTINY than that which had him elected to office -- you are of this HIGHER DESTINY. You voted according to your INNER FORESIGHT and that was exceedingly good. You will find that within a very short time you did not "lose" your vote by not voting for this "man of destiny". And, of course all you that did vote for him "voted out of the goodness of your heart". However, those that are just a little further along on THE PATH than you, voted according to their HIGHER CONSCIOUSNESS, which is the truly "right way" to vote.

The only ones that we can feel really sorry for, are those who did not vote at all -- there were some 30 millions of these "laggards". They were all invited to the "wedding supper", even as you and I, but they "couldn't be bothered". Had they realized that their FATE was at stake, they might have voted, but that is the way of the extremely mass-minded -- they feel superior to the call of duty, they are the ones to suffer most when DESTINY cleanses the USA of all the "flotsam and jetsam" that is cluttering up our AMERICA today.

From the steps of the Capitol in Washington, D.C., President Kennedy spoke great words, not only to the people of the United States, but to "my fellow-citizens of the world". He uttered words that will start a chain of global action to fulfill what St. John saw and wrote in the Book of Revelation more than 1900 years ago.

The President went on to say: "Let every nation know, whether it wishes us well or ill, that we shall pay the price, bear

the burden, meet any hardship, support any friend or oppose any foe in order to assure the survival or success of liberty". That was the "lamb" speaking like a "lion". Later on, perhaps after he has won a second term as President of the United States, he will no longer speak like a "lion", but like a "dragon".

The President "summoned" the people of the world, both Communist and free people to a "grand and global alliance", to combat "tyranny, poverty, disease and war".

He took in the Communists with his "global alliance". Already the Communists have misgivings about what he said, for he said it like he meant it (and he did). The Communists will go along with what he said about combating poverty and disease, but they do not like the two words "tyranny" and "war". Communism wouldn't last "until the week is over" if they were forced to give up "tyranny" and "war". They thrive on TYRANNY, and know how to use the THREAT OF WAR.

Speaking to the miserable, the "peoples in the huts and villages of half the globe", the President pledged help, "not because we seek their votes (approval), but BECAUSE IT IS RIGHT." This was not just an empty pledge, none of his words are meaningless or empty.

It will take DICTATORIAL POWER to do all of this. Mr. Kennedy is not just another run-of-the-mill President. When he is "increased in stature" even a little more, and he is gaining in that direction all of the time, he will know just when he can use DICTATORIAL POWER and get by with it. He is not a world savior, but he is very definitely a MIRACLE MAN in the hands of FATE...that is his destiny.

Mr. Kennedy makes a modest (?) request; "Let both sides invoke the wonders of science instead of its terrors. Together let us explore the stars and conquer the deserts..." No man on earth has had such an opportunity to "conquer the deserts" and to "explore the stars" as Mr. Kennedy will have, and we wish him well, but let every Budding Individual know that there are vast deserts within himself that first must be conquered before the stars that are in him will have an opportunity to shine forth. But INDIVIDUALS know all of this, let Budding Individuals PROVE it to themselves also.

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THE NEW, KENNEDY, GIVE-AWAY CONGRESS

Chapter Two

The Democrats, with few exceptions, were elected on "give-away promises" -- The promises "to the people" were wonderful.

Now let us show them that we remember all of their wonderful promises, and we THE PEOPLE demand that they -- meaning the Democrats -- keep ALL of their promises to us.

The plan, method or scheme that I have in mind always works when we work in unison and we operate persistently.

The plan is to write our three Representatives in Congress -- the TWO Senators that represent our State, and the ONE Representative from our own particular Congressional District. I can not give you the name of your U. S. Representative in the House, there are too many of them in the first place, and in the second place I do not know the Congressional District you live in -- there are as many Districts as there are Representatives.

You can find out the District you live in and the name of your Representative by calling your local Republican or Democratic Headquarters in the city or town you live in. In cities you will have to be especially careful. Boundaries of Congressional Districts run right down the middle of the street. If you are on one side of the street your Representative is different from the Representative on the other side of the street...and it seems to be some kind of an "unpardonable sin" to ask a favor of a Representative that is not of your particular Congressional District. All of this, of course, is if you happen to live on a street that forms the boundaries of the Congressional Districts.

In the first place your Representative will not receive your letter, and in the second place to be so careless about this all important matter is unforgivable.

When you locate your particular Congressional District and the man that represents YOU, address your letter to:

Representative (So and so)
House Office Building
Washington, D. C.

You will not have any difficulty with the TWO Senators who represent your State -- they represent the entire State. Usually one comes from one section of the State and one from another section, or they could be both from the same city. One could be a Republican and the other a Democrat. Senators are elected for a term of SIX years. They are quite independent (and that is the

way it should be), but they are most responsive to the "folks back home". They affectionately call you their "constituants". They are most responsive when they have just come into office, or when they are about to be up for re-election. They will "lean over backwards" to conform to your every wish, if the wish is at all reasonable, and along Party Lines. Just read over the wonderful promises the Democrats made to you last July right here in Los Angeles -- they are pledged to keep all of those promises, and that is what you should write them about.

Always address your letter "Dear Senator". But for heavens sake don't tell him that you voted for him (he got into office, and that is enough). Don't tell him of the fine work he is doing until he has done something. Don't "gush", don't "threaten", just tell him what you want him to do, and that always must be in the framework of the "planks" that were layed down in the Democratic Convention in Los Angeles. This applies to your ONE Representative in Congress equally as well. He is elected for only TWO YEARS. Your Representative is "popping up" for re-election every twenty-four months.

You can refer to the Democratic "planks" in the Los Angeles Convention, or the Republican "planks" in the Republican Convention held in Chicago last year. The "planks" in the Republican Convention were not as "far out" as those great promises that the Democrats advanced in their Los Angeles Convention. Keep your requests in the general framework of the Democratic Convention when you write either Republicans or Democrats.

As the Congress is largely made up of Democrats at this time, ask for things right now. Never again will you have such an opportunity to write your three Congressmen -- your TWO Senators and ONE Representative -- and get real action from them. A year from next November -- November, 1962 -- there will be another election of Senators and Representatives, and probably the present Administration will not fare so well, and so, get through your demands while the "getting is good". Remember all those fine PROMISES that the DEMOCRATS made YOU at their Los Angeles Convention as recently as last July.

A WARNING: Do not get your State Senators confused with your UNITED STATES SENATORS. They are important too, but they would be slightly irritated, or amused, with your "demands" that only a US Senator could comply with.

ALSO: Do not write the Governor of your particular State concerning NATIONAL affairs. He is absolutely powerless when it comes to anything of a NATIONAL nature.

IMPORTANT: Do not write the President of the United States at any time about anything. In an emergency -- and I know of no such emergency -- write or telegraph your SENATOR. If he is a

Democrat he has the "ear" of the President, if he is a Republican he will be treated with the utmost courtesy. Write only one Senator at a time -- have one to fall back upon.

NEVER write the Vice-President -- he has little influence.

DO NOT send in a petition with a long (or a short) list of names appended to it. Ten personal letters to your three Congressmen are worth a thousand signatures on a petition.

What you should ask your Congressmen for is very important:

1. That Social Security be extended to ALL senior citizens.
2. That Social Security be increased right now. Use your good judgment how much it should be increased.
3. Every senior citizen -- women 62, men 65 years of age -- to receive medical care and service to the extent of \$1800 per year. The American Medical Association (AMA) will oppose this, but the Democratic Convention in LA says otherwise.
4. The Minimum Wage Law to be increased to \$1.25 per hour for all workers and that includes "migrant workers" -- lettuce pickers, fruit pickers, cotton pickers, etc. THIS WILL INCREASE YOUR COST OF LIVING. You will have to pay an additional $\frac{1}{4}$ cent for a head of lettuce, $\frac{1}{2}$ cent more on each three pounds of fruit, 1 whole cent more on a cotton dress.
5. Write for anything else that you and your friends feel that will be of benefit in your life and affairs. Keep the demands fairly reasonable and see a "miracle" take place.
6. Get as many friends as you can to write letters to your three Congressmen. Write short letters, write letters at least every two months. Mail the letters for your friends and if necessary supply the postage.
7. On the next page you will find the names of your TWO United States Senators. Handle the Republican Senators with "kid gloves". Remember; they were not a party to the "Give-away" Convention of the Democrats in Los Angeles of last July.

I have not enclosed a "model letter" here for the special reason that most people would copy it word for word, and that would indicate that your letters had been "rigged" -- that would kill the personal approach. By the way it is not absolutely necessary that every one that writes his TWO Senators, and ONE Representative be a voter, but do not mention the fact...any more than you would mention that you are a REPUBLICAN or DEMOCRAT.

Now turn the page for the list of 100 SENATORS.

The address of each Senator, whether he is a Republican or a Democrat is the same: Senate Office Building, Washington 25, D.C.

ALABAMA.....John Sparkman & Lister Hill
 ALASKA.....E. L. Bartlett & Ernest Gruening
 ARIZONA.....Carl Hayden Barry Goldwater
 ARKANSAS.....John L. McClellan & J. W. Fullbright
 CALIFORNIA.....Clair Engle Thomas H. Kuchel
 COLORADO.....John A. Carroll Gordon Allott
 CONNECTICUT.....Thomas J. Dodd Prescott Bush
 DELAWARE.....J. Caleb Boggs & John J. Williams
 FLORIDA.....Spessard L. Holland & George A. Smathers
 GEORGIA.....Richard B. Russell & Herman E. Talmadge
 HAWAII.....Oren E. Long Hiram L. Fong
 IDAHO.....Frank Church Henry C. Dworshak
 ILLINOIS.....Paul H. Douglas Everett McKinley Dirksen
 INDIANA.....Vance Hartke Homer E. Capehart
 IOWA.....Jack Miller & Bourke B. Hickenlooper
 KANSAS.....Andrew F. Schoeppel & Frank Carlson
 KENTUCKY.....John Sherman Cooper & Thruston B. Morton
 LOUISIANA.....Allen J. Ellender & Russell B. Long
 MAINE.....Edmund S. Muskie Margaret Chase Smith
 MARYLAND.....J. Glenn Beall & John M. Butler
 MASSACHUSETTS..Benjamin A. Smith Leverett Saltonstall
 MICHIGAN.....Patrick V. McNamara & Phillip A. Hart
 MINNESOTA.....Hubert H. Humphrey & Eugene J. McCarthy
 MISSISSIPPI....James O. Eastland & John Stennis
 MISSOURI.....Edward V. Long & Stuart Symington
 MONTANA.....Lee Metcalf & Mike Mansfield
 NEBRASKA.....Carl T. Curtis & Roman L. Hruska
 NEVADA.....Alan Bible & Howard W. Cannon
 NEW HAMPSHIRE..Styles Bridges & Norris Cotton
 NEW JERSEY.....Harrison A. Williams, Jr. Clifford P. Case
 NEW MEXICO.....Clinton P. Anderson & Dennis Chavez
 NEW YORK.....Jacob K. Javits & Kenneth B. Keating
 NORTH CAROLINA.Everett Jordan & Sam J. Ervin, Jr.
 NORTH DAKOTA...Quinton N. Burdick Milton R. Young
 OHIO.....Frank J. Lausche & Stephen M. Young
 OKLAHOMA.....Robert S. Kerr & A. S. Mike Monroney
 OREGON.....Maurine B. Neuberger & Wayne Morse
 PENNSYLVANIA...Joseph S. Clark Hugh Scott
 RHODE ISLAND...Claiborne De Borda Pell & John O. Pastore
 SOUTH CAROLINA.Strom Thurmond & Olin D. Johnston
 SOUTH DAKOTA...Karl E. Mundt & Francis Case
 TENNESSEE.....Estes Kefauver & Albert Gore
 TEXAS.....William A. Blakley & Ralph Yarborough
 UTAH.....Frank E. Moss Wallace F. Bennett
 VERMONT.....Winston L. Prouty & George D. Aiken
 VIRGINIA.....A. Willis Robertson & Harry Flood Byrd
 WASHINGTON.....Henry M. Jackson & Warren G. Magnuson
 WEST VIRGINIA..Jennings Randolph & Robert C. Byrd
 WISCONSIN.....William Proxmire Alexander Wiley
 WYOMING.....Gale W. McGee & J. J. Hickey

Republican Senators have been underlined for easy reference.

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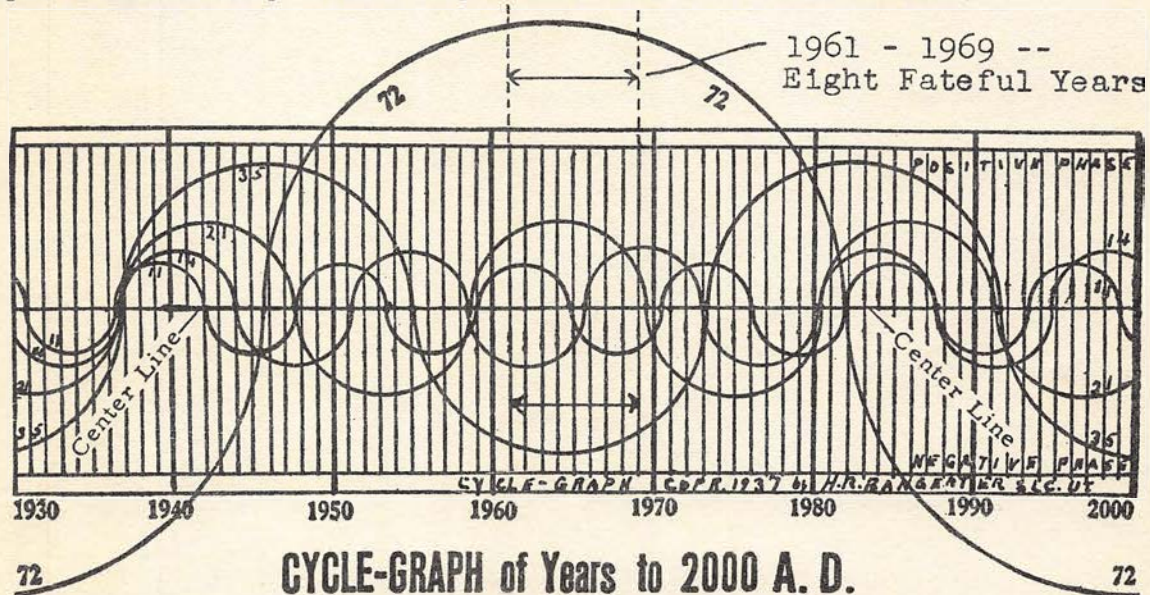
ROUGH TIMES AHEAD FOR THE NEXT EIGHT YEARS

Chapter Three

No matter who was elected in the last November election the graph below definitely indicates that the USA is going to experience trying times.

It could be invasion -- war on our own soil. There are so many "fellow travelers" in our country at the present time (and the number is steadily mounting) that they could create havoc in a few hours time from coast to coast and from border to border.. they are just that well organized.

It could be a recession that degenerates into a fierce DEPRESSION, the worst one that we have ever had -- recession and depressions are always gaged by the prosperity that preceded them, and as we have had for the past eight years a PROSPERITY that was unheard of in the USA before, the coming eight years, quite naturally could dip under the '29 depression.



The "Cycle-Graph of Years" (first published in 1944, again in 1958 in WHAT'S NEXT -- both editions now out of print) shows the years from 1961 to 1969 to be chaotic. Not until 1973 do the cycles show considerable improvement. In that year -- 1973 -- the 35-year lesser Spiritual Cycle comes out of "the earth", from below the "Center Line", and starts to exert a SPIRITUAL influence.

The Grand 72-year Spiritual Cycle is high overhead, and even though it starts retrograding in 1965 it will have a most powerful influence Spiritually until it passes below the "Center Line" in 1982. However, the 35-year lesser Spiritual Vibration "surfaces" in 1973 and it will be with us until 1991. We will have Spiritual Guidance until that date.

The 11-year "Lawless" Cycle which began to influence us and the whole world in 1959 and will continue to do so until 1965 is the evil influence that confuses everyone (excepting advanced Budding Individuals, INDIVIDUALS, etc., etc.). This damnable, tricky vibration makes evil seem like good and black seem like snow white. This is the vibration of Communists, dictators and "rabble-rousers". Any kind of a lie the mass-minded will believe if it is repeated often enough, and as the mass-minded, even though they may be highly educated, have no SPIRITUAL guidance as those on THE PATH, they will "fall for anything" just as long as it seems to be a solution of the world's problems.

Budding Individuals who haven't gotten too far on the UPWARD PATH, or have "stagnated" on the PATH are the first ones to fall for a "better world" idea. They seem not to know that outside surroundings do not make for a better world, only when the Budding Individual EXPANDS in his FIVE DEPARTMENTS OF LIFE does he improve not only himself but the "world" around him.

The 21-year Health Cycle which began its "reign" in 1959 is quite positive until 1965, then it retrogrades and dips below the "Central Line" in late 1969. The health cycle is most positive in the realm of the physical man. However, it is active in the field of mental health also. It is the vibration of both the physical and the mental man, and so, there should be both good health and clear thinking to all TRAVELING Budding Individuals on the UPWARD PATH.

No matter how rugged the next eight years become, a TRAVELING Budding Individual can always outwit present conditions even though the conditions overwhelm the mass-minded.

Budding Individuals should increase their pace by which they are moving forward on the UPWARD PATH. For one thing, you do not desire to experience the AWAKENING forces that the mass-minded are going to have heaped upon them -- for their awakening. In the second place you wish to become INDIVIDUALS (which is not asking too much) so that "next year" or all the rugged years thereafter, you can actually TEACH the mass-minded how they can make a "turn-about" and travel the UPWARD PATH to LIGHT AND LIFE. There is very little light on the Downward Path, what there is of it is lurid and RED. Most of the mass-minded do not like it, but they have no one but YOU INDIVIDUALS to grab them by the shoulder and turn them about -- when you become an INDIVIDUAL you will know just who among the millions of the mass-minded to "grab" and turn about.

Guided by the 72-year Spiritual Cycle, and assisted by the 21-year Physical and Mental Cycle you should have no trouble in quickly passing from Budding Individuality to INDIVIDUALITY.

Stop for a moment and ponder this thought: How many people

who set foot on the PATH a number of years after you did, how many of these very same people have passed you on THE PATH and have reached the place of INDIVIDUALITY, the place where they can not only look backwards but LOOK FORWARD to the sun-lit heights ahead.

Of course an INDIVIDUAL never looks backwards except for one reason, to assist others onto the PATH who are ready for his assistance. That is the nice part about becoming an INDIVIDUAL; you know so much more than when you were a Budding Individual. Of course, a TRAVELING Budding Individual has quite a pleasant time too; he can assist others to enter upon THE PATH.

If the TRAVELING Budding Individual has been on THE UPWARD PATH any time at all he has stopped indulging in those things that have caused his ill health in the first place. Mind has a great effect on the body and since the TRAVELING Budding Individual has straightened out his thinking to the place where he can think more clearly about the UPWARD PATH OF LIFE, his mind, regardless of his age, starts to function much better, and he no longer considers himself as an old man (or old woman), but as a NEW CREATION, taking on more NEWNESS OF LIFE with each passing day. He is not going into the "sunset" of life, he has reversed the aging processes by the renewing of his mind and body and is actually traveling UP and FORWARD into THE SUNRISE of LIFE.

This is an excellent time, these eight rough years ahead to do wonderful things in your own life and affairs. You can go far under the influence of the 21-year Physical-Mental (Health) Cycle. Now if you add the 72-year Spiritual Vibrations to the 21-year Physical-Mental Vibration, the very thought of all this WONDERFUL INCREASE is most INVIGORATING, ENLIGHTENING and REVEALING. The 72-year Cycle always adds delightful surprises to your LIFE.

The 21-year Cycle causes you to be in tune with the Finite, but the 72-year Cycle puts you in tune with the Infinite. Even a TRAVELING Budding Individual for quite a time before he reaches INDIVIDUALITY can impinge upon the wonderful Vibrations of the 72-year Cycle. Of course the TRAVELING Budding Individual when he realizes that this powerful Spiritual Vibration is his to add POWER to his LIFE, does not remain a Budding Individual long. Just the realization makes him an INDIVIDUAL, then it is up to him to add greater and greater realizations to what he has.

Most of the mass-minded are creating Karma for themselves and for the nation. Only when we do an "about-face" and start traveling upward on THE PATH do we divest ourselves of this evil which is called Karma. Of course the further we travel on the UPWARD PATH, the more we eliminate the Karma we have ourselves created. Practically every person who dies a "natural" death dies because his own Karma has killed him.

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THE DEGENERATION OF THE DENOMINATIONS

Chapter Four

When men grow old and senile, they like the company of other old and senile men. When Church denominations grow old and SENILE, they too like to huddle together, and the differences in beliefs, when they were young and vigorous, are relegated to the ecclesiastical basement.

In December of last year, four tired, old Church denominations made a bid to each other to unite into one large Church denomination. The four denominations interested in "reunion" were the following:

- The Methodists with 9.2 million members.
- The Episcopalians, 3.2 millions.
- The Presbyterians, 3.2 millions.
- The United
Church of Christ, 2.2 million members.

This makes a grand total of 17,800,000 members. And would be the largest Protestant denomination in the United States.

Ironing out differences -- COMPROMISING -- will require about 10 years, but if the compromising goes rather smoothly the whole amalgamation could take place in a shorter period of time; perhaps in six or seven years.

The Southern Baptists, who now have almost 10,000,000 members, and has become the largest Protestant denomination in the USA, were not approached on the subject. There are a number of independant Baptist Church denominations in the United States. Outside of the Southern Baptist, there is the next larger Baptist Church -- the American (Northern) Baptist Church with about 1,900,000 members.

Besides the Northern Baptist there are any number of smaller Baptist denominations, and there are the Colored Baptist Churches divided into three major denominations. Now, there isn't much chance of these Baptist denominations "joining ranks" and forming one big Church, although if they did their number would be approximately 18,000,000.

For one thing, the American -- "Northern" -- Baptists have gone quite modernistic, and another thing, the "Northerners" are satisfied to leave well enough alone, in other words they are not too active or aggressive. The two Churches -- the American and the Southern -- had financial differences long before the Civil War and that caused them to "split".

The Southern Baptist Church confined themselves at this

"parting of the ways", to the 11 states of the Confederacy, but as their members moved to other parts of the United States, they established Southern Baptist Churches. Their growth was slow in other states, but about the year of 1945, the Southern Baptists growth in other states was phenomenal, and the Southern Baptist Church is growing by leaps and bounds ever since. They have "moved in on" the "Northern" Baptists in every State in the Union including Alaska and Hawaii. They are shortly to enter Canada.

Quite naturally the "Northern" Baptists in the northern states, and the Baptist Churches in Canada are putting up a loud protest, they call it a Southern Baptist "invasion". However, the cry of "invasion" is not quite justified. The Southern Baptists are establishing new Churches and appeal to people of all denominations who are tired of the old, stodgy preaching and practices of the "Northern" Church in the northern states, and the Canadian Baptist denominations.

You ask, "What has this to do with the four Church denominations -- Methodist, Episcopal, Presbyterian, United Churches in Christ -- that are trying to unite?" I am merely making a point, and the point is this, when a Church denomination is GROWING it has not the slightest desire to unite with any other denomination, it is only when it is old and tired, "sere and yellow" that it will gladly let doctrinal differences be relegated to the scrap heap.

All of these Churches that are planing "union" have doctrinal differences, and they would not give them up for a moment if they were young and GROWING, but they are not growing, and they realize it, and the only way that they can "grow" is to amalgamate. That is why they are so interested in "joining ranks". Any growing Church denomination is interested in "converts", and that is the best kind of growth. New members are wide awake, filled with zeal and enthusiasm and above all, ACTIVE.

One Methodist Bishop who is "hot" about the merger of the four denominations has already selected a name for it: "The Catholic Reformed Church of America".

The good Bishop, if he had thought about this name a little longer, would have probably come up with something better. The word "catholic" means universal; how can a Church confined to so small an area as the United States be catholic or universal?

I have my own "theory" why the Methodists, Presbyterians and the United Church of Christ desire to unite with the Episcopalians. Episcopalians (Church of England) have something that the other three do not have, and that one thing is the proposition of "Apostolic Succession". This is because the Church of England is a "split off" of the Roman Catholic Church which goes back to St. Peter, the "first Pope" of the Christian Church. Later on

they dropped the name "Christian" and used "Catholic" adding the word Roman making the full name "Roman Catholic Church".

The Roman Catholic Church is undoubtedly in favor of the merger of the three Churches with the EPISCOPAL. The Roman Church always has had hopes that the Church of England (and that means the Episcopal Church in America) will come back into the Roman fold. When that takes place the "Catholic Reformed Church in America" will be right in line for "Apostolic Succession", the only thing that they will have to dispense with is the word "Reformed" in their title.

There is, in the Church of England, a "low" Church and a "high" Church. We have the "low and the high" in the Episcopal Church in America. The "low" Episcopal Church has reduced form and ceremony to the minimum, but the "high" Church has all of the form, ceremony and pagentry of the Roman Catholic Church. The priests of this "high" Church would not have to be re-ordained to enter the Roman Church, unless they wished it.

A great many of the "high" Church priests are not married, and so they would fit in well with the unmarried priests of the Roman Church. Also, there are quite a number of Religious Orders in the Episcopal Church, both for men and for women. They could make the "transition" from one Church to the other without any difficulty at all.

There are various prophecies regarding the present-day Church denominations. Nostradamus prophesied considerably regarding the Catholic Church. He was born in 1504 A.D., a French-Jew, but after the loss of his wife and two sons was converted to Catholicism. He became a very "good" Catholic -- he "hated" all Protestants. But this "hatred" was not so deep that he would not willingly attend a sick Protestant. Michael Nostradamus was the greatest physician that his century knew. If you can decipher his "ciphers" he indicated that the Roman Catholic Church would only survive until the year 1999 A.D.

In the 12th century there was born in Armagh, Ulster, Ireland a very spiritual man, who entered the priest-hood at an early age. At twenty-six he became the Abbot of Bangor. It was then his INNER SIGHT was opened and he prophesied many things regarding the Roman Catholic Church. He told of the number of Popes that would eventually reign. Malachi, the young monk from Ulster, is now known as Saint Malachi.

In the 18th century another religious of the Church appeared. He was known as the Monk or Prophet of Padua. He named the characteristics of the final 20 Popes. He is quite explicit about the last Pope -- he will be Pope Peter II. All three of the Roman Catholic prophets indicated that the Church would pass out of existence before 2000 A.D. Only 39 years in the future.

The Book of Revelation goes into detail how this will take place. However, the Book of Revelation includes both Catholics and Protestants. Read and re-read Chapters 17 and 18.

You who are searching for Fuller INSIGHT at this time should go right on searching. You are almost to the end of Budding Individuality and are just about to enter INDIVIDUALITY when your INSIGHT will be OPENED to Wonderful Things just ahead and all about you on the UPPER PATH.

Now if you are a member of any of the four Church denominations mentioned in this chapter, or for that matter, any other Church denomination, you are called not to be a minister, priest, or an evangelist, but you are called to be a TEACHER in the particular Church which you are now a member.

The denominations are so confused in their thinking and beliefs that they will welcome you as a TEACHER -- to get them out of their confusion. This is not easy, but some one has to do it, and that someone might as well be you, and of course, tens-of-thousands of other Budding Individuals.

Newton N. Riddell was the greatest TEACHER this century has known up until now. Now it is your turn to become a Great TEACHER, and only by Teaching can you become INITIATED.

Mr. Riddell said: "Perceiving and Comprehending TRUTH constitutes education. EXPERIENCING and becoming TRUTH constitutes REALIZATION.

"Daily practice in realizing vital ONENESS with God, and in cooperating with God in planning and doing the day's work, whatever it may be, MEANS PROGRESS.

"All vital Christians are properly spoken of as God-Life Centers, or Divine-Human Life-Centers and are in various stages of REALIZATION.

"Transformation of the human personality by GOD-ENERGIES is not a question of belief, doctrine, promise, credulity, theory, or interpretation of Scripture; it is not a sacerdotal system that binds a soul to a state of self-hood beseeching an absent God. It is knowing how to cooperate with the God-Presence in receiving and applying God-Life Energies."

More about this all important matter of Divine-Human Realization will be given further along in this issue of WHAT'S NEXT.

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WHO HAS THE TRUE COSMIC CONSCIOUSNESS?

Chapter Five

"Who has the true Cosmic Consciousness?" This "who" could be YOU. If you haven't as yet experienced Cosmic Consciousness, with your knowledge of the FIVE DEPARTMENTS OF LIFE, you could experience this wonderful GIFT in a very short time. Cosmic Consciousness is actually a GIFT, and it is a Gift not only for the few, but for the many.

True Cosmic Consciousness only comes to those who are aware that such consciousness exists in these times, and who prepare themselves to receive it.

Many had Cosmic Consciousness long before the two words, "cosmic" and "consciousness" were associated one with the other. When St. Peter stood up and addressed the assembly in Jerusalem on the day of Pentecost, he had the GIFT of Cosmic Consciousness. He quoted the Prophet Joel, who had lived about eight hundred years before Peter quoted him.

Both Peter and Joel had Cosmic Consciousness, but there was a difference between the two men. The Prophet Joel was not continually under Cosmic Consciousness conditions, but when Peter stood up to address the assembly at Pentecost he had a more perfect Cosmic Consciousness, a consciousness that did not leave him after he had delivered his message, but abided with him to the day that he departed this life.

Also, the Apostles that were with Peter, and all the disciples who were with Peter experienced Cosmic Consciousness at approximately the same time, not as a flash of inspiration, but as a permanent INSPIRATION. Acts 2:14-24.

They spoke with "tongues" on the day of Pentecost. I quote the word "tongues" so that you will not be confused. Many of the "Pentecostal People" will tell you that the assembly at Pentecost all spoke with unknown tongues, that is an ignorant untruth. All spoke in their native tongue -- speech. But there was a great miracle, the sixteen or seventeen nationalities that had gathered, all HEARD in their own language...and as many as heard received the GIFT of Cosmic Consciousness, never to lose it.

Of course they had been prepared for it by expecting something phenomenal to happen. The people who had not been prepared for the momentous occasion also heard, but their "ears were not open" and they heard the many voices as so much babble and they accused the people, who had just received the GIFT, as being "drunken".

Then Peter explained to the mass-minded that "these are not

drunken, as ye suppose, seeing it is but nine o'clock in the morning".

"How does one receive Cosmic Consciousness?" is often asked. To those who are not prepared to receive the GIFT, it is absolutely impossible to explain how this wonderful Consciousness can be received. However, all my students have been quite well prepared for the Wonderful Experience...in 1938 it was written up in the WHAT'S NEXT for that year. Also in 1939 in OUTWITTING TOMORROW (still in print) the FIVE Departments of Life were fully explained, and if one had the desire to gain this Consciousness, the Spiritual Department of Life would have afforded him ample opportunity to cross the "line" and experience Cosmic Consciousness -- that most Wondrous GIFT.

As I said, one receives Cosmic Consciousness, by preparing for it. We did not call the GIFT by that name -- "Cosmic Consciousness" -- in those "dark and gloomy days" when mass-mindedness was rampant throughout our land and throughout the world. But things have changed for the better now, although we still have the mass-minded with us, who will shout "drunken" at everything they do not understand, as in the days of St. Peter. Nevertheless, we have a great group -- Budding Individuals -- who are beginning to comprehend what the GIFT is.

All INDIVIDUALS have this wonderful GIFT, and all Budding Individuals are entitled to it. It is FREE for the acceptance. As soon as you desire it, and make yourself ready for it, it is yours -- it is just that simple.

The preparation is not hard for Budding Individuals who know more about LIFE than, probably, any other group. When you step over the "line" into INDIVIDUALITY you have arrived, the GIFT is yours. In fact accepting the GIFT of Cosmic Consciousness makes you an INDIVIDUAL in short order.

Let me warn you of one thing -- one most exasperating thing. When you do reach Cosmic Consciousness it will be so simple that you will be amazed why you did not attain the wonderful GIFT before...but that is not the "exasperating thing" mentioned just above; you will be "exasperated" with yourself, with your inability "to tell others", or worse still, you will be "exasperated" with others and their inability to comprehend the GIFT of Cosmic Consciousness. Either one of these "exasperations" (or sometimes both of them together) indicates that you have just crossed the "line" from Budding Individuality to INDIVIDUALITY. You haven't gotten far enough along in INDIVIDUALITY to attempt to explain the GIFT clearly, or you haven't gotten far enough along to choose the person to whom you are attempting to explain the GIFT to. Even a Budding Individual who has been "dawdling" along THE PATH, or is "Path Bound", cannot understand your explanations of the COSMIC CONSCIOUSNESS.

The wise person who has just arrived at INDIVIDUALITY and who has received the GIFT will "try out" the other person. If he seems to be interested you can venture a little more information, but never be so "adventuresome" as to give him more than he can accept -- "digest". There is a great temptation in the "newly created" INDIVIDUAL to "pour on" the information regarding the GIFT, but do not yield to this temptation. It is, as we said "exasperating" for you, thus hindering your progress in INDIVIDUALITY and also hindering the progress of the Budding Individual by "revealing" more to him than he can understand, thereby making it all seem very complicated to him. He will immediately lose interest, and it may be a long time before his interest will revive.

When you as an INDIVIDUAL do receive the GIFT of Cosmic Consciousness be very careful that the unexpected incidents and the affairs of this "mortal life" do not take your GIFT away from you. I once knew of a very wonderful poetess who was "acclaimed" in both hemispheres -- she was internationally known for her "out of this world" poetry. She was, for a number of years, very happily married. This marriage happiness was the real cause back of her magnificent poetry, although any one who wrote verse as she could, most certainly had the GIFT of Cosmic Consciousness.

One day, very unexpectedly, her beloved husband died. She immediately lost her GIFT of Cosmic Consciousness, and her gift for writing beautiful and inspiring poetry. She loved her husband so much that after his death, she travelled about from one spirit medium to another trying to contact her husband in the spirit world. She never made a very successful "contact", but she spent thousands of dollars in the attempt. Quite naturally, she never wrote soul-inspiring poetry again. She did write verse again, but it was "dripping with grave dew", and that kind of poetry hasn't much sale.

And so, don't let the loss of loved ones, or the loss of any other thing "bowl you over". If you anticipate changes in advance you will not lose your GIFT of Cosmic Consciousness.

When once you receive your GIFT (it may come as a bolt of lightning, or it may come as gently as dawn) make all the progress on THE UPWARD PATH that you possibly can. Know that there is much more for you, try to make MASTERSHIP just as quickly as possible. In this way nothing in this earth life can stop your progress. There are times that the happenings of this life will slow you down a little, but as soon as you are free of them, you will find that the little slowing down that you experienced has added to your ability to TRAVEL. You will find yourself much further on THE PATH than if you had not run across the obstacle.

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THE NINE COSMIC REQUISITES

Chapter Six

There are as many beliefs about COSMIC CONSCIOUSNESS as there are believers in Cosmic Consciousness. Even those who are well versed in the subject have slightly different opinions regarding the matter, but this is due to the fact that in any subject that has such length and breadth as does the Cosmos, no one has really plumbed its depth.

We will get right into the matter and after you have possessed the GIFT then you will have the time (if you care to) to read what others have written on the subject...there are some very wonderful books written on the matter, but they would only confuse you at this time. Most of the authors go to great lengths to explain "clearly" what you should know about the subject, and by the time they have made the subject "clear" you are, in most cases, confused to no end.

We all know we have but one mind, but it is divided into three quite separate divisions -- Conscious, Sub-Conscious and SUPER-CONSCIOUS.

Cosmic Consciousness functions through the SUPER-CONSCIOUS. It is present at all times but the "lower" minds stand in the way, and prevent us from realizing Cosmic Consciousness.

There are three separate divisions in the Conscious realm of mind -- reason, will and judgment. Any one of these can prevent Cosmic Consciousness from getting through to us. Probably reason and judgment are the two greatest offenders in the Conscious realm in preventing the GIFT from reaching us. Our reason and judgment are full of doubts regarding matters pertaining to the Higher Mind. We reason if we become ILLUMINED (with Cosmic Consciousness) that we will be superior to all the other persons surrounding us and we secretly long for this superiority. That secret longing to be superior will cause us to be excluded from receiving the GIFT. Or, on the other hand, we fear ILLUMINATION will so change us that we will lose all our dear friends. That thought can also be a detriment.

If you have travelled at all, or if you live in a community of a thousand people or more you will have, without the slightest doubt, contacted those who possess the GIFT of Cosmic Consciousness. They are very clever people, so clever in fact that they appear as ordinary folks. At times they have to exert a great deal of WILL power in order not to let others know that they are superior people.

Be careful that you don't "offend" in feeling yourself superior, or "when the time comes" that you can leave dear friends

and move into a larger environment without showing your SUPERIORITY. If you can free yourself from these "offenses", there is nothing in your Conscious that can hold you back.

Now let us move into your Sub-Conscious realm and clear out the offending "sub-departments" there.

As you well know, you have SIX faculties in this realm of mind. They are in order of their importance: memory, imagination, belief, affection, emotion, conscience. If you, as a Budding Individual, wish to re-arrange these to suit your "fancy", by all means do so. Your Sub-Conscious will arrange them in the order that "it" finds most pleasing and interesting. However, this does not apply to memory, let memory continue to head the list.

Memory is the door you have between your Conscious Mind and your Sub-Conscious. Everything, every action and reaction, has to pass through the door of memory. Memory is not much of a problem in the ordinary person. They have no horrible memories that pop up and plague them at all hours of the day and night. If your memory "accuses" you, make the wrong right as quickly as possible and just go on from there. Every Budding Individual, with few exceptions, has to do just this. If some one has done you a wrong, forgive them and that instantly takes care of the miserable situation. Of course, you can do the "writing out exercise" on memories that persist in staying with you after you have made "wrongs right".

Imagination, when it is used positively and constructively, can be a wonderful aid to the GIFT of Cosmic Consciousness -- you can imagine right now what it will be like when you fully possess the GIFT. You can use many of the NINE faculties of the Conscious and Sub-Conscious realms of mind on the other faculties of your mind.

Belief is a sort of faith. Believe that you have (or will have) the GIFT of Cosmic Consciousness, and the very exercise of this faculty, belief, will cause it not to stand in the way.

Affection in the average person has no "rhyme or reason", it is akin to love, which is akin to a very degrading emotion -- lust. The average person, however, is not overly blessed with true affection, it does not go out even to nice strangers, but stays in its own little "back yard", ringed about by selfishness, envy and suspicion.

Emotion is the next on our list of the SIX Sub-Conscious faculties. Everybody has a great abundance of emotion -- but it is mostly very negative. Emotion comes in several different varieties, or catagories. Take the emotion of anger, it is very near the surface in the average mass-minded person, and quite near the surface in the Budding Individual unless he is just about ready

to step over the "line" into INDIVIDUALITY.

The very evil emotion of jealousy (often parading as true love) can keep a Budding Individual "Path Bound" for years, or when he thinks he has gotten the "thing licked", when he first becomes an INDIVIDUAL, he will find that jealousy has pushed him back down across the "line" into Budding Individuality again.

Emotion can also be very maudlin -- Emotion can "weep and wail" all over the place. There is a place in the Other World where the sorrowful inhabitants "weep and wail" in "outer darkness" for years and years, until this stupid emotion of feeling sorry for one's self is spent -- exhausted. Only then there is a faint glimmer of light, but the LIGHT gets brighter and brighter as the once sorrowful soul begins to take a positive interest in the people around him, and his own progress on THE PATH that leads to the SUMMERLAND which is the first "rung" of the Heavenly estate.

Also, feeling sorry for others, if it is unduly engaged in, will prevent Cosmic Consciousness on your part, and worst of all, it will shroud the one you feel sorry for in a gray, damp astral mist that is very devitalizing both to you and your victim -- the one you are "holding" negative thoughts for. Not until you surround your friends with the flashing colors of the auric rainbow will you cause the damnable, chilling mist to be dissipated.

Of course you can't send out bright, cheerful radiations to others while you continually surround yourself in the dank, dark miserable shroud of death. First dissipate your "shroud" of feeling sorry for yourself, let your beautiful aura shine forth, and then you can reactivate the aura of your friend...into something that is invigorating and life-giving.

When a Budding Individual crosses the "line" into Radiant Individuality it is in many instances due to the fact that he has thrown off the old "grave-clothes" of "sorrowing for self" (emo-ting for self and for others) and is moving his emotion into joy, happiness, and above all, surrounding himself and others with POSITIVE EMOTION, which is a most thrilling thing.

Conscience is the last "faculty" we have in the Sub-Conscious realm of mind. To have a "good conscience" we must stop offending emotionally in all other faculties of the Sub-Conscious realm of mind, and in the Conscious realm too.

These few ideas will help clear the way for your reception of the GIFT of your wonderful COSMIC CONSCIOUSNESS. Check over the list and note where you have failed, make the changes, and you have then removed many "road blocks" on the way to COSMIC CONSCIOUSNESS.

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THE THREE POWERS THAT WILL FREE YOU

Chapter Seven

There are many Budding Individuals that are "Path Bound". They just can't get any further on THE PATH. In the previous chapter we told you of some of the hinderances that have held you "Path Bound", that is, prevented you from becoming an INDIVIDUAL with the GIFT of Cosmic Consciousness.

When the "stumbling blocks" are cleared away on THE PATH of Budding Individuality you automatically enter into COSMIC CONSCIOUSNESS, and because Cosmic Consciousness is a GIFT, this wonderful GIFT is yours just the moment you enter INDIVIDUALITY.

When one enters the sublime state of INDIVIDUALITY he does it through the SUPER-CONSCIOUS REALM OF MIND, which every human being possesses.

Now, there are three "faculties" in the SUPER-CONSCIOUS REALM. They are Intuition, Inspiration and Genius. Actually, the SUPER-CONSCIOUS is not limited to three faculties only. It is the DEPARTMENT of Mind that is positively UNLIMITED, but the INDIVIDUAL, when he first crosses the "line" from Budding Individuality, finds that the THREE we mention here is "sufficient" for all his requirements of the GIFT of Cosmic Consciousness. In fact, he only requires one of these higher FACULTIES. As he develops this one HIGHER FACULTY (whichever it may be) he finds, one day, that he has one or both of the other THREE working for him.

We will take up the faculty of Genius first. Many of the mass-minded have this faculty; but very few of the Budding Individuals have it. It seems that when a mass-minded person has the faculty of Genius he is so enamoured with his Genius that he refuses to believe that there are other faculties in the SUPER-CONSCIOUS REALM. The fact of the matter is, he is too proud to admit that he has a SUPER-CONSCIOUS REALM OF MIND. Most people who have this wonderful faculty of Genius open to them, feel themselves so superior to every other person that they are prone to "look down" upon all those who do not have the faculty of Genius -- actually to sneer at them in private or in public. Often when they come across another with the faculty of Genius, they are "green-eyed" with jealousy of those whose gift of Genius falls within their particular category.

You are most fortunate that you weren't born a Genius, but now that you are on THE PATH you will have that faculty to look forward to when you reach the place on THE PATH of INDIVIDUALITY ...and I sincerely hope, not before.

Intuition will probably be the first of the THREE faculties you will experience just after you have "made the grade" of Cos-

mic Consciousness. Intuition in the state of Cosmic Consciousness is a quite wonderful thing, it may be a little baffling at first, for you will know a thing, and can't tell for the world how you know it, how you came by the information. Don't worry about this particular phenomenon, you will eventually know how INTUITIVE knowledge comes to you, when it comes as a regular thing to you.

Of course you know that when you are asleep YOU can go out into the Higher Other World and acquire a wealth of knowledge. You will probably do this when you are yet a Budding Individual, but you will not remember much (or probably not any) of the information you acquired when you were out in the Higher World, but, joy of joys, you will remember all that you have learned in the trips to the Other World just as soon as you attain COSMIC CONSCIOUSNESS.

It is not wise to talk about the THREE faculties of the SUPER-CONSCIOUS REALM OF MIND to unbelievers, the mass-minded, or for that matter to Budding Individuals fresh on THE PATH. You may make them very envious of your having gained Cosmic Consciousness, and that envy would hold them "Path Bound" for an indefinite period of time, and just realizing that you made such a grave error might effect you adversely for a long time.

When you gain Cosmic Consciousness even in one Faculty of the SUPER-CONSCIOUSNESS you have duties to others to perform. One of the first "duties" is not to act superior to any other living soul, this can be best performed by talking about anything other than yourself. I realize that it is a great temptation to speak about your Initiation into INDIVIDUALITY, about your Intuition or about the two other Faculties that are OPEN to you, but just don't yield to temptation. This is the FIRST LAW of THE UPWARD PATH.

Inspiration is the next great faculty that is open to us when we acquire Intuition. Like Intuition we know that we are Inspired but for "the life of us" we can't tell where it comes from. But why "tell" anybody even ourselves. Isn't it quite enough that the higher Faculty of INSPIRATION is open to us -- for us to use -- without knowing "exactly" where it comes from?

The poetess which we spoke of in Chapter Five had gained Cosmic Consciousness through the Faculty of Inspiration, and she used her FACULTY "morning, noon and night", until the sudden death of her beloved husband, and then her Faculty of Inspiration was CLOSED. No one closed it for her, she closed it herself.

The Faculty of Intuition is just a little more "down to earth" than is the Faculty of Inspiration. If the poetess who lost her husband had her Faculty of Intuition developed before she had the Faculty of Inspiration she would have only mourned the loss of her husband just a short time, and then realizing

that he was with her in the SUMMERLAND, and each night upon retiring she could be with him, she would have quickly gotten over his departure from the physical world. She would have been Inspired more than ever to write wonderful and beautiful poetry, instead of morbid verse, and traveling from spirit medium to spirit medium trying to make contact with him.

Genius is the THIRD faculty of the SUPER-CONSCIOUS Realm of Mind. It is more "down to earth" than Intuition. As we said, a number of the mass-minded have the faculty of Genius opened to them, and as a result they seldom if ever even get on to the Path of Budding Individuality, let alone becoming INDIVIDUALS.

Of course if you have cleared all the faculties of the Sub-Conscious Realm of Mind especially the faculties of Imagination, Affection and E-M-O-T-I-O-N you will not have an overwhelming desire to display your GENIUS. You will not be tempted to tell others of your great Gift, or to display it in any way -- only a Black Magician displays this Gift, and only when it will advance his infernal purposes.

We have TWELVE Faculties; Three in the Conscious Realm of Mind, Six in the Sub-Conscious, and Three in the SUPER-CONSCIOUS REALM OF MIND. We yet have another "faculty" which effects all TWELVE Faculties and this is D-E-S-I-R-E. It really isn't a faculty at all but an URGE. Some folks call it a COMPULSION. It is neither good nor bad, and like the law of gravity, it is always with us. How we use DESIRE determines whether it is good or evil -- positive or negative.

To desire Cosmic Consciousness is good, when our desire is not for a negative purpose. To desire Intuition, Inspiration and Genius is good when it is not for the purpose of showing off.

Genius is wonderful in an INDIVIDUAL, it is wonderful in a Budding Individual providing he isn't tempted to use it for "display purposes", or if he is tempted, not to yield to the temptation. I am telling you this because in each of us Genius lies dormant. If Genius is awakened before we are ready for it we will have a great desire to display it in some one of "two-dozen" ways and all of them will be negative.

On the other hand, knowing what you know, if your Genius is awakened in you, I am quite certain that you will know how to cope with it and make it into a real worth-while force through the use of DESIRE, and it will not overwhelm your most commendable desire for the GIFT of COSMIC CONSCIOUSNESS.

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NOTES, QUOTES, NEWS AND CUES

Chapter Eight

This is intended to be an informative Chapter. It is made up of short subjects, each could be lengthened to a Chapter, a number of them could be expanded into a full length book.

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YOU ARE IN THE LAST GENERATION: On November 19, 1959, according to the Great Pyramid of Gizeh, we entered the Last Generation of this Old Sixth Millennium. A generation, according to Scripture, is 40 years and 8 months in duration. We have, therefore, been in the last generation for T-W-O years on this coming November 19th, 1961.

Add 40 years and 8 months to the date of Nov. 19, 1959, and we get a new date, that of July 19, 2000. That is the "dead line" when the incorrigibly mass-minded ones will permanently pass out of physical embodiment. Of course all will not be perfection and LIGHT immediately after that date, there will be Budding Individuals who will be groaning (and I do mean groaning) on THE PATH at that late date. However, the present "crop" of Budding Individuals must reach INDIVIDUALITY in a reasonably short time if they wish to remain in physical embodiment and (regardless of their present age) enter into the NEW, SEVENTH MILLENNIUM on July 19, 2000 A. D.

THE NEW KENNEDY ADMINISTRATION: Although Mr. Kennedy's election came on November 8th, 1960, his nomination was in July of last year. It is somewhat ironic that we were not informed until the very next week that the National Recession had "officially started". Everything now points to a full-scale recession, however, with Federal "checks and stops" under the supervision of Mr. Kennedy's "fair-haired boys" in Washington, the recession may be slowed up sufficiently to prevent it from becoming a deep, dark depression. Of course if things get too serious, a "brush-fire encounter" would always help the depressed economy. The Graph on page 11 shows that most anything can happen during the chaotic times ahead.

You can prevent this to a great extent by not purchasing anything you do not require at this time unless you pay cash for it. Bank your extra money as quickly as possible...the bankers will not keep it lying about idly, but will loan it out to a deserving manufacturing concern, or a mercantile establishment. Start to pay off automobile and other loans as quickly as possible, in that way you will help to "cushion" the recession. It would be well to have three or four hundred dollars "salted away" in cash for an unforeseen emergency. Remember, buy nothing new at this time unless you have the full purchase price for it and absolutely require it.

CHURCH UNIFICATION: It is perfectly alright if the Churches want to join together and form one large Protestant Church, and then "amalgamate" with the Church of England (Episcopal Church in the USA). Also the Greek Orthodox Churches join in one great body with the Roman Catholic Church. I believe that Chapters 17 and 18 in the Book of Revelation says that they will do just this.

Already, ministers of the Methodist, Presbyterian, Congregational, "Northern" Baptist, and many other Church denominations are wearing clerical garb with the reverse or "clerical" collar. This habit is catching on to the extent that it is beginning to be difficult to distinguish a Catholic priest from a Methodist minister.

Mr. Kennedy is setting a good moral example for all the Catholics. Before his term expires, wouldn't it be "something" if his example was followed by the Catholic clergy, and in turn "imitated" by millions of the Catholic laity?

THE GIFT OF HEALING: Approximately one person in every nine has the GIFT OF HEALING, and this includes ministers. But most ministers and priests do not wish to be bothered by the GIFT, even though they have the GIFT and are supposed to use it. Many ministers and priests do not know that they have the GIFT of "healing hands", they argue that the Gift of Healing was withdrawn when the last of the 11 Apostles died, but that is not a fact. The only GIFTS that are dispensed with are "Apostles and Prophets" and the Gifts of "Speaking in Tongues" and "Interpreting of Tongues". All FIVE of the other GIFTS are as valid as ever. They are; "TEACHERS", "Workers of Miracles", "ABILITY TO CURE DISEASES", "Ability to Render Service", and "The Power of Organization". These Five Gifts are yours for the using, you do not have to be an ordained minister or priest to use them.

"How do I know my GIFT?" you may ask. It is very simple, first become a TEACHER, and when you have taught interestingly, zealously and diligently, then the Gift, YOUR GIFT, will be revealed to you. The FIVE GIFTS almost always come through TEACHERS, those that have taught anything-- kindergarten classes or Bible Class to preaching or evangelizing.

Pastors and priests shy away from the Gift of Healing because they feel that all of their "spare time", as they call it, would be devoted to HEALING. They are so right, and that is the way it should be.

A NEW VERSION OF THE NEW TESTAMENT: In these last days new versions of the Bible or of the New Testament are constantly appearing. Some of these "translations" of the Bible or the New Testament are not a new translation at all, they have simplified the King James version a little.

I have quite a few of these translations and new versions. They are good, but do not cast aside your King James translation.... they are not that good. They are a little more up to date on "modern" speech, but in 20 years they may be relegated to the scrap pile. For example, where the King James Bible uses the word "charity" the new versions use the all encompassing word "love". In the days when the King James translators were working, the English word "charity" meant the unselfish giving of oneself, and the word "love" indicated something akin to sex...much as it does even today.

One of the newest translations (it is a translation, not a revision) is "The New English Bible". The Old Testament will not appear until 1967, but the New Testament of the "New English Bible" will be off the press on March 14th of this year (1961) and will be ready for distribution on that date.

It is not a "one-man" translation, but is the work of 30 very competent translators, most of them have been on the job for the past thirteen years. I have already put my order in for one of the "New English" New Testaments. They are priced at \$4.95 per copy, postpaid. Order your copy from the DEFENDER MAGAZINE, P. O. Box 886, Wichita, Kansas, U. S. A.

THE BIBLE AND THE CHURCH - WHICH CAME FIRST? Is the name of a very interesting small book. Of course we know that the Old Testament came into existence long before the Church came into being in A. D. 33. In fact, St. Paul always had to quote from the Old Testament (the only known scriptures of the time) because he was writing the New Testament (although unaware of it). Matthew was supposed to have written the first book of the New Testament, however that is just a supposition. Mark (not an Apostle) wrote the Gospel of St. Mark and St. Luke (not an Apostle either, but a Greek) wrote his Gospel largely from quoting Mark, and the Gospel of St. John was written about 90 A. D., twenty years after the destruction of Jerusalem in 70 A. D.

The Christian Church was established at Pentecost, around A. D. 33, but the first of the Gospels was not written until twenty years later. "The Bible and the Church - Which Came First" straightened out some present day foggy thinking on the part of the "Church Fathers". They were swayed by tradition, not by reason.

The book contains 112 pages, paper back, large print and if you are Spiritually minded you are in for some very good reading. It is only \$1.00 postpaid, and it can be had from THE VOICE OF THE NAZARENE, Box 61, Elizabeth, Penna. They will also send you literature regarding some of their other inexpensive books at the same time if you request it.

ADDITIONAL COPIES OF "VITAL CHRISTIANITY" WANTED: I desire FOUR more copies of "VITAL CHRISTIANITY" by Newton N. Riddell (Published in 1920) for a special purpose. Last year I sent out the call for these books but there were no responses to my request. I have all of Mr. Riddell's other books and therefore do not require any more. However, "VITAL CHRISTIANITY" seems to be scarce, although there were thousands sold. Try any used book store, they may have a copy. They will probably charge you about \$4.00 for the book, but don't buy it until you write to and hear from me. I only want FOUR copies so for the first four Students to write to me, I will pay \$10.00 per copy, a clear profit of SIX dollars...but write me first. Later on in the year I may want additional copies, so write me even if you are a bit late in coming across a copy of "VITAL CHRISTIANITY".

"APPLIED SPIRITUAL DYNAMICS" I can use one additional set of 24 separate lessons of "APPLIED SPIRITUAL DYNAMICS". Mrs. Newton Riddell published these lessons in 1937 - 1938 after Mr. Riddell passed out of physical embodiment the year before.

The lessons were originally "mimeographed" in blue ink on white paper, 8½ x 11 inches in size. The lessons contain an average of 24 pages each. Later on, I understand, that there were some lessons printed with black ink, either blue or black ink is OK. Please state which lessons you have -- blue or black ink when you write me.

Please write me regarding this matter. Do not send the lessons until you receive my check. I only desire ONE COMPLETE SET, 24 lessons. The price you will receive is \$100.00 for a full (complete) set of 24 lessons of "APPLIED SPIRITUAL DYNAMICS", but write me first. I only want one complete set.

However, if several lessons are missing, write me anyway, I may be able to dispose of the lessons for you, not at \$100.00, but at a fair price for a "broken set". By the way, you will probably not find them at a used book store, but you can inquire among your older friends. AGAIN, please write me before you purchase either of "VITAL CHRISTIANITY" or "APPLIED SPIRITUAL DYNAMICS".

"BIBLE HARMONY, PURPOSE AND PLAN" (by A. P. Adams, M.A.) is a small book that should be read by every Budding Individual. It is out of print, but it is still to be had in used book stores. You can purchase it in paper binding, or cloth binding for about one dollar, perhaps less. The book was first published in 1890 and ran through several editions to 1907.

This book has been banned by Catholic Bishops everywhere it

has appeared. Protestant clergymen do not like the book because it answers many questions about the Scriptures that are "anathema" to them. Baptist ministers would not be caught with a copy of the book in their library. With this much opposition the book must be an evil or a VERY GOOD Book -- actually it is a wonderful book, it HARMONIZES the Books in the Bible where they clash in content, and the Books do C-L-A-S-H...they do until you have read this book, "Bible Harmony, Purpose and Plan". If you find one in your used book store buy it FOR YOURSELF. I can use two more copies of this book, but write me before you purchase the two copies for me. I will pay \$2.00 for the paper-back edition, and \$3.00 a copy for the hard (cloth) edition.

"MR. KHRUSHCHEV AFRAID OF PRESIDENT KENNEDY" is the title of an interesting article by James Bishop Carr in his news letter dated 1-30-61. Actually Mr. Carr is the best informed man on PROPHECY of this age. There are no "prophets" since old testament days. The office of "prophet" came to an end when the last of the twelve apostles permanently passed out of physical embodiment, and therefore Mr. Carr is not a prophet but a discernor of TIMES AND SEASONS just ahead. If you are not on his mailing list to receive these future and immediate delineations you should be. Mr. Carr sends all of the literature out gratis, but you know that mailing costs have gone up 200% in the past few years, and so, if you wish to remain on the mailing list, or to get on the list to receive his "Monthly News Letters" please send in a "gift" at this time to defray mailing expenses.

Send your gift to James Bishop Carr and Associates, P. O. Box 205, Palmdale, California. Any gift you send him is deductible from your income tax.

LETTERS, LETTERS AND MORE LETTERS: I like to hear from my many Students, how they are EXPANDING into every Department of their Five-Fold Life -- especially the Spiritual and the Financial. If they are EXPANDING Spiritually and Financially, I know for a fact that the other Departments -- Mental, Physical and Social -- are INCREASING right along with the Spiritual and Financial.

You see, the Spiritual Point of your Star of Life is directly connected with the Financial Point; the Spiritual Point is directly connected with the Social (Human Relations) Point, and these two Points -- Financial and Social -- are directly connected with the Mental and the Physical.

However, some students who have been on the UPWARD PATH for quite some time, and who are quite SPIRITUAL seem to feel that the FINANCIAL and the SPIRITUAL have nothing in common. How can you be Spiritual without being well EXPANDED Financially? It is only through the Financial Department of Life that you can make

all of those wonderful desires to help others COME TRUE in a very large way. I feel that many of the Spiritual Minded persons are actually preventing themselves from speeding along on the UPPER PATH and reaching INDIVIDUALITY -- and Cosmic Consciousness -- all because they do not give FINANCIALLY what they could be giving if their Financial Department of Life were more developed.

Now that the recession is being felt all over the United States isn't it about time that you were giving the Financial Department of Life considerable attention? No matter how deep is the coming recession, you can, by joining the Spiritual with the Financial and then adding the Mental Department earn more than you have ever earned in your life. Try this Spiritual-Financial-Mental plan, then write me Letters, Letters and More Letters.

HEALING SPIRITUALLY, PHYSICALLY AND FINANCIALLY: Just today I received a nice long letter from the Rev. Carl Henry of Oakland California. He tells me how many of MY Students have written him in the past few months and how they received HEALING in all Five of the Departments of Life. Many of them were only afflicted in one Department. Of course others were afflicted in their Physical Department to such an extent "That my doctor gave me up", as they said.

Some received their healing rather quickly, some made progress slowly, but made definite progress until they were totally healed. Some had been afflicted Mentally to such an extent they had to have a relative or a friend write the Reverend Henry. But all who made an effort, even though it was as small as the proverbial mustard seed, began to increase in the Department in which they were afflicted. There is nothing like a little improvement to increase faith, and then, with their faith expanded, more improvement was experienced and then their faith took on a bigger increase until at last they were healed.

Bro. Henry has just informed me that he is entirely out of his healing book, "Exploits of Faith". He will probably not have another edition printed before the end of this year. I was just thinking, if you are through with your copy of "Exploits of Faith" it would be a nice thing on your part to return the book to him (postage paid) and he could send it on to some other soul for healing purposes.

By the way, most of my Students are "tithers". It would be a most thoughtful thing on your part if you sent part of your tithe money to Bro. Carl Henry for say the next six months, or even for a year. Send it once a month. In this way if you ever need his services again, you certainly would not hesitate to write him. His name and address again is:

Rev. Carl Henry, 1247 - 5th Ave., Oakland 6, California.

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YOUR PERSONAL PROBLEMS DISSOLVED

Chapter Nine

Actually, this is a continuation of Chapter Seven, but I inserted this part of Chapter Seven here for the purpose of "dissolving" the thoughts that you were "h-o-l-d-i-n-g" regarding the matters that we were discussing in Chapters 5,6, and 7. "Holding" a thought is like a clenched fist, it can receive nothing. The same holds true with the Mind -- a mind that is trying to hold onto something is so tightly closed that it can receive nothing new.

Furthermore, THIS IS YOUR CHAPTER. In it we discuss YOUR problems. Do you realize that your personal problems are just a little different from any other person's personal problems? That "little difference" will help you greatly when you are at the "turning point" between Budding Individuality and INDIVIDUALITY. Even your Cosmic Consciousness will be a little different from that of any other INDIVIDUAL, but not so much that you will have any difficulty in harmonizing with any and ALL other INDIVIDUALS on THE UPWARD PATH.

All of the Ministering Angels (The White Forces) are PERFECT, but that does not make them like "peas in a pod". Each Angelic Being is just a little different from all of the other Angelic Beings, and that difference gives him I-N-D-I-V-I-D-U-A-L-I-T-Y.

Ministering Angels, especially Guardian Angels, have problems -- they have to work with unruly, ignorant, and above all, obstinate human beings, they attempt to get the mass-minded onto the UPWARD PATH, they try to get Budding Individuals to TRAVEL the PATH a little faster so that they will be "initiated" into INDIVIDUALITY before world conditions get any worse.

Their biggest "headaches" (Angels are incapable of having "real" headaches) are the Budding Individuals who loiter along on THE PATH, these are their greatest problems. You see there is a STRICT LAW, that neither the White Forces nor the Black Forces are allowed to influence a human being in any way. The human being has perfect personal liberty at ALL times -- he can either go UP or go Down, or if he chooses, he can just stagnate.

Yes, of course we are "tempted", but our temptation is always of our own making, but any "evil" temptation is good, providing we turn our backs upon it and quicken our steps on the UPWARD PATH. Yes, we are between two powerful forces, but these two forces nullify each other. At all times we are free agents.

Now if we choose to follow the White Forces, and the choice is all our own, that gives the White Forces, our Guardian Angels, who work with us, the right to help us TRAVEL THE PATH just that

much faster, but only to the extent that we WILL, is this done.

No one can be a Budding Individual against his will, likewise, no POWER can force you to be an INDIVIDUAL, and experience Cosmic Consciousness against your will. Your WILL is always respected by the White Forces, and they see to it that your Will is always respected by the Black Forces. You, and you only can GO UP, or Go Down, or s-t-a-g-n-a-t-e on the PATH. The sooner you realize this IMMUTABLE LAW of PERFECT FREEDOM of CHOICE, the quicker you will make haste on the UPWARD PATH...and cross over the "line" into COSMIC CONSCIOUSNESS.

We can tell you how to "solve" or "resolve" your problems, but if you do not work with your Guardian Angel, who has been with you every moment from conception to the permanent passing out of the body, then no one can help you. The moment you go forward on THE PATH, even just a little, that gives your Guardian Angel the right to work with you, and make your gains secure.

After you have made a little gain there is nothing to prevent you from making another, a little larger, gain. The gains go on and on until you have included all Five Departments of YOUR LIFE in the increase. When you give attention to all FIVE Departments it is at that very time you will make GREAT GAINS, and still GREATER. It is at that time that you will feel less like a "clod", and enjoy HIGHER Spiritual Vibrations. Your Guardian Angel enjoys THEM at all times, if you will let him he can impart some of these joyous vibrations to you -- share them with you.

The time has come, I feel, that I should share a small Cosmic SECRET with you. I did not "discover" the Secret, but when I was ready for it "someone" shared it with me. It is "Cosmic", "mystical", "occult" or any other name you wish to call it. However, it is quite down-to-earth, so much so that if you have the faith to try it, I am sure that you will derive splendid results from it; that is, after you have given yourself BALANCE with the Cosmic-Balancing Secret.

I haven't the space here to go into the "history" of this Balancing Secret. If you practice it, and not over-do it, I am confident that you will find that your thinking capacity is stepped up, and the nerves of the entire body have become much more quiet...you see, I know.

The "Secret" works like this: Look straight ahead of you and open your mouth wide in a "make-believe" yawn. Now LIFT YOUR EYES UPWARD as high as you can comfortably, as though you were "lifting your eyes to the hills from whence cometh your help". Do not let your head tilt backward. Hold this position -- mouth open wide and eyes lifted UPWARD -- for five seconds, then close the mouth and relax.

This Cosmic Balancing Secret should be practiced first when you arise in the morning, twice during the forenoon, and once again just before eating lunch. If you wish, you can do it again in the afternoon before three o'clock, but never after that because the "Secret" is a little stimulating, and it might tend to keep you awake on going to bed.

TELL NO ONE. Tell no one that you are practicing this "Cosmic Balancing Secret" until you have gotten good results from the practice of it, then just tell one understanding person, if he or she reports good results, then you can tell another person. Be "choosy" about the people you reveal this method to, you do not want them to "turn on you" -- laugh at you. That would mean that your ability to judge people was faulty. Friends are the worst people on earth for "belittling" you -- they are jealous, because you know more than they do -- therefore, you can often do better by revealing it to a total stranger on train or plane or bus and he or she will feel grateful to you for the remainder of his or her life.

You can practice the "Secret" five times daily -- four times in the forenoon and once in the afternoon before 3 o'clock -- for the rest of your life. The practice is so simple that when you can get by yourself for ten seconds you can "work the Secret".

Budding Individuals would like to have all their problems "solved" or "resolved" at one fell swoop, but that is not the way it is done. Let us imagine that you are a certain distance on the Sun-Lit UPPER PATH, you couldn't by any stretch of the imagination "think yourself" further along than you are, that is, you couldn't close your eyes and by "certain mental processes" open them and find that you were "two or three miles" further on THE PATH than when you closed them.

The Cosmic-Balance Secret is a means to TRAVEL the UPPER PATH faster than you are doing now. You are cutting the TRAVELING time down so that you can arrive at the "line" much sooner than you would by "ordinary plodding".

Many Budding Individuals feel that there are "short cuts" on THE PATH, and if they can only find a "short cut" they can arrive in half the time, without any effort at all. That is a delusion that many Budding Individuals have. If they would only stop for a moment and ponder the matter, they would realize that is a groundless supposition. How can there be a "short cut" on a PATH that has no bends in it? That is why it is called, sometimes, "the Straight and Narrow Way". The only way to make more progress on such a WAY -- PATH -- is by TRAVELING FASTER. You will be glad that WE did it just that way -- "WE", meaning YOU and I and all of US that are TRAVELING.

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THE NEW MILLENNIUM IS CALLING

Chapter Ten

The NEW MILLENNIUM is calling YOU. Let us enter the WONDERFUL NEW MILLENNIUM by sending joyous thoughts to one another. Joyous Thought is the language of ETERNITY, which we are all going to share together. Actually the NEW, SEVENTH MILLENNIUM started January 1, 1900, but while Inspired writers wrote about the matter, only a few were interested enough in the matter to do anything about it. However, by the end of World War I, many thinkers had come on the scene. Some of them were not too inspired, but those that were wrote very inspiring material. Unfortunately they never saw the results of their writings materialize in any great way.

We are living in the LAST GENERATION. This generation started November 19, 1959 and it will continue to 1999 - 2001 A. D. A Scriptural "generation" is about 40 years in duration, and so you see, we are well within the LAST GENERATION. On November 19 of this year we will have been in it for two full years.

Terrific changes will come to pass before 2,000 A. D. These catastrophic changes will become more and more until about the year 1986, then they will taper off for the next fourteen years and "land" us in the NEW MILLENNIUM safe, sound and unharmed. All this will be true if we do the right things by our selves, and others, in the mean-time. As we gain more and more of the COSMIC CONSCIOUSNESS we will all the better be in a position to add to our STATUE, and help others do likewise.

Just realizing that you have a Guardian Angel, and that many others are TRAVELING with YOU should dissipate that feeling of "aloneness" that older people are "cursed with" these days. You do not have to go to Heaven for Heavenly COMPANIONSHIP, it is all about you now, all you have to do is REALIZE it.

Your Guardian Angel is a great, big, six-foot being as old as time itself, but he is the perfect picture of robust youth. He is quick, keen and alert, and always on the job of protecting you. Besides him we have many friends and relatives in the Glory Land who have been Over There long enough to work for our good.

And here is another nice thing, I do not know how many thousands I have Introduced to THE UPWARD PATH, but they are TRAVELING with me IN THE FLESH, even if I have never seen them personally. Of course YOU are in this vast COMPANY. Let us send out JOYOUS Vibrations to each other. It is very simple, whenever you are in a JOYOUS mood (and you should be in one most of the time) just send me a Joyous Thought. It doesn't have to be a long greeting, just a JOYOUS HELLO. At night when you are able to travel in the SUMMERLAND, we can visit with each other, and with

many others who are on THE PATH, we will know them by their beautiful auras, whether they are in the flesh or TRAVELING in the SUMMERLAND.

Regardless of our age we should feel ashamed if we ever feel lonesome again, knowing what we know. How can you feel lonesome when you are in such a great COMPANY of TRUE FRIENDS. Realizing this should make you very JOYOUS, JOYOUS enough to start sending out JOYOUS HELLOS to every one. The quickest way to gain Cosmic Consciousness is a joyous and happy frame of mind, in fact, I believe that one's frame of mind often keeps one from realizing Cosmic Consciousness.

I believe that all of you who are able to attain a happy frame of mind, whether or not you have attained Cosmic Consciousness at this time, should be given another PRACTICE. It is a longer one than I gave you in Lesson Nine -- it requires fifteen minutes to complete.

You have often read of Newton N. Riddell in my various issues of WHAT'S NEXT. If I didn't have an overwhelming confidence in him I would not have mentioned him even once. He passed out of physical embodiment in 1936, from then on his widow published many of his writings. She finally joined him in the SUMMERLAND in 1956 -- twenty years later. It was she that gave me permission to publish or reprint any of his writings that I chose.

He had his ILLUMINATION in 1902. From then on he wrote and lectured almost constantly. He, like St. Paul, received instructions DIRECT. On July 11, 1917 Mr. Riddell received the "In-Breathing Practice" from THE INNER VOICE. I pass it along to you because we are about to go into chaotic times, and this may be my last opportunity to give you this "In-Breathing (of Grace) Practice". The Practice as it was originally written was quite long. I have kept all of the original meaning, but I have shortened the article in order to include it here. I have not left out anything of importance to you.

* * * * *

"In-Breathing Grace" (A Practice)

"Grace is a gift that is to be accepted moment by moment. Grace is a Spiritual Breath, without which a soul cannot live, any more than a physical body cannot survive without the natural breath.

"By GENERATION through Grace, you can come quickly into a greater fullness of the Spiritual Life and (eventually) abide in the Consciousness of the Allness of MY PRESENCE.

"This is what you need to do now, to save you from further

seeking among the various philosophies and enable you to realize that which you seek, the same applies to newly born converts, newly born into the Christ-Kingdom, and who desire to come quickly into realization of the perfect LIFE for Spirit, Soul and Body. This is "growth in grace" with the indwelling Holy Spirit to the end that THE NEW CREATION (YOU) may quickly encompass the whole man, and cause him (you) to become SPIRITUALIZED in all functions, Soul and Body, Mind and Character...Spirit, Soul and Body."

The Exercise: Place the body in a reclining posture with the head slightly raised on a pillow. Then with your folded arms (forearms) press down over the Solar Plexus, but not so hard that you cause pain, yet with weight enough to make breathing from the diaphragm rather heavy. Release pressure for a moment with each exhalation.

After fifteen minutes of this deep breathing (and pressing the diaphragm -- Solar Plexus -- down) remove the arms and relieve the pressure, and so recline that you leave the entire body relaxed. Breathe, for a minute or two quickly from the upper part of the lungs.

Note: When you relax the arms from the pressure on the Solar Plexus they may feel like raising straight up. If they do, hold them straight and up, this will require a very little effort on your part.

This practice causes, first congestion; second relaxation of the Solar Plexus, of the subjunctive, or functional part of the Spirit. By intensifying this center (Solar Plexus) this practice will cause creation of Spiritual activity -- it is stimulating from the physical side that affects the Spiritual by reflex action.

As a physical process alone this practice will quicken ganglionic action in the region of the Solar Plexus. By changing your attention to the NEW HEART*, which is located in the immediate vicinity of the Solar Plexus, you will get the sought-after Spiritual results.

To do this, mentally visualize the NEW HEART as having expanded to the Solar Plexus, then change your attention to the Presence of God in your NEW HEART and gratefully acknowledge THE FACT that God is present and continuously so, but at first you may not realize this fact continually. Do not let that bother you in the least, when the "crossover period" is fully accomplished you will REALIZE that God (through the Holy Spirit) is always present.

Love plays a great part in this particular exercise. "Love with a great, holy devotion, with an emotion of warmth and fire."

*See Chapter Seven in the 1960 WHAT'S NEXT for a full explanation of "The NEW HEART", under the title of "Your Three Hearts".

The manuscript continues: "Without words, just FEEL, and REJOICE with all the POWER you have, in Divine LOVE and union with the Lord. This will change the Spiritual Current of Life, quickening and strengthening, vitalizing with a strong flow of the outgoing Flame, enlarging the NEW HEART, and stimulating a GLOW to form a large GLOBE (Radiating SUN) of Divine Life within.

"Recall it (the experience) often, that the condition may be promoted and become constant; and you will find yourself coming quickly into full realization of a GLOWING SUN-CENTER that may become bigger than your body, and by far the most important thing in your development for service. For out of this SUN (CENTER) come all things in the NEW CREATION. This calls you to live as a Center of THE SUN (SON), for HIS RADIATIONS. This will change your life from now on."

Avoid Excessive Vitalization. Here is a great temptation, when once you have experienced Physical Vitalization and Soul-Quickening, to over-do this SPIRITUAL EXERCISE. At first you can practice the Exercise quite often...until you attain results, but after the ATTAINMENT only practice this Exercise as often as you require it for Soul Growth and Vitalization of the Physical man. Perhaps once a week would be more than sufficient to start with, then lengthen the time out to once a month, and after a few months you would be so ATTUNED that you would require no more of the Exercise, to be in a constant state of SPIRITUAL RADIATION.

You will also have another temptation; to tell others before you are fully EXPERIENCED in the EXERCISE. To do this would make it bad for the other person, for you do not INWARDLY KNOW as yet whom to tell the practice to.

Another thing, you must never give the Exercise a sacramental significance. Don't go about with an "holier than thou" air. Never "stage" any kind of a "holy" demonstration. Of course you can't help showing that you are beginning to improve in health, disposition and "sociability" and in all the Five Departments of Life.

"Throw your Mind and NEW HEART (SUN CENTER) into the act of vitalization, through prayer and praise, for the manifestation of God through the Son." So ends the script.

I have been in possession of the manuscript with the above written in it since 1937. I have never felt it was wise to reveal this Exercise or Practice before, but "the night is far spent", the morning of the NEW DAY is here -- it is LIGHT enough now to see about us, that is for all those on the Sun-Lit UPPER PATH, which includes ALL Budding Individuals.

Great changes are ahead in every Department of Life, but I am confident that the greatest changes will be experienced in the

Spiritual Department. That is the Department of Life where Eternal Results are made SECURE.

This is the "Space Age", but what if men do reach the Moon, Mars and Venus? They will be exactly the same people who left the earth, and that is not saying too much for the best of us. But, while mortal men are attempting to span space, if each of us develops Cosmic Consciousness, or SPIRITUAL REALIZATION, we might get there before they do. Of course we will travel in our etheric bodies, and at many times the speed of light.

This is by far the best way to travel to the distant suns and planets and other solar systems. There are millions upon millions of other solar systems in the Cosmos. NOW HEAR THIS! If every man, woman and child on our earth were allotted a complete and separate solar system there would still be millions of solar systems without the "benefit" of a human being.

When we come into SPIRITUAL REALIZATION -- Cosmic Consciousness, it will be done right here on earth, then we will have sufficient STATURE to take our rightful place here or anywhere in the Heavens.

The thing that is wrong with the human race of today is that they are looking in every direction for perfection, but perfection will elude them until they will LOOK WITHIN themselves. There will be found embryonic perfection, but it can be increased and multiplied without end. Only when this increase WITHIN is done, are they ready to go visit the stars.

Great changes are coming upon the earth in the next few years, those of you who are ready for, and expect, the great changes will not be disturbed at all by them. You have already anticipated them if you are some little distance on the UPWARD PATH. The changes will be "seen" as if they already had happened.

Yes. Great Changes are coming on the earth, but the greatest of these changes will be when people turn their gaze from the stars and gaze into themselves. They might be frightened at first by what they see, but the darkness that each human being has in himself can be made null and void by letting in the LIGHT. We have given you in chapter NINE a very simple Exercise. You will find that it eventually reaches all parts of the body in the form of RENEWED HEALTH.

We have given you in this Chapter information on how to let LIGHT and LIFE into the Center of your being, how to have the Light increase, until you are fully ILLUMINATED. Now, put them into practice and you will be amazed at the NEW LIFE that will be yours. This NEW LIFE has always been within you, NOW let it shine forth.

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