

BROTHERHOOD OF THE WHITE TEMPLE, Inc.,

TRUTH WORKERS GUILD

INSTRUCTION LETTER

— ONE —

Beloved Truth Worker:

You have entered the field of Spiritual Truth to become a Worker and an apprentice in the Works of the Father. Like any workman must do, if he is to prosper and accomplish the labor that must be done, he must learn as quickly as possible how to accomplish the work which his Divine Employer expects of him. The work of the apprentice is primarily that of learning; and he must test the tools at hand and equip himself with those that will best serve him in his work. He must develop the skill and aptitude with the instruments with which he labors and accomplish the goal which his employer, the Father of his being, has ordained his service to be.

The most subtle and yet the most necessary thing which apprenticeship should teach the beginner is the understanding of the laws to be employed in order to accomplish the perfect work which he is to do. When he has learned this, he can be raised above the stage of an apprentice into a worthy laborer or workman of God. It is according to the wisdom which he garners, while in the "trial and error" period of his development, that prepares him for greater things and assures him of his success. The success of his growth and his ultimate attainment, primarily depends upon the growth of his wisdom, his power of spiritual execution, and it is therefore for the attainment of the Wisdom of the Divine Consciousness that he must always keep in mind as being the goal and the reward of his labors, if he is to speedily attain his Illumination.

In this first lesson I wish to outline some of the things we are to accomplish. To some of you, the study of metaphysics may be like a school, in which your lessons are to be memorized, if you are to make a passing grade. This idea may be good to begin with and in many cases quite necessary, but the goal of the Truth Worker is to become a "doer." He is to learn Truth by doing, for it is through the application of the laws and principles of Truth that can be made manifest. The memorization of the laws or the works of your text

book or lessons is not sufficient. It is within the school of experience that we are taught how to live and to do the things which are of God.

The Garden of Life is Infinite in scope; infinite in its expressing of things which now are in manifestation and infinite in the possibility of those things which may be made manifest through the workers or God's Children. There is work to be done in every part of the Garden and room for everybody. Since the workers are few, much of the garden is barren, the soil is hard and arid, awaiting the planting of the seeds of Truth, cultivation and fertilization; and the spiritual watering of Truth by the laborers in the field.

Each worker must plow his own tract of ground, plant his own seeds and reap his own harvest. When he has thusly prepared his body, mind and consciousness (his field in God's Garden) and when the fruits of his efforts begin to fill his granary, he must give of it to his neighbor, that he too may prosper and do the work of the Father which is in heaven. No man can work alone in Eden's Garden and truly prosper for the work which must be done is to make the whole earth a paradise; only thus can man become spiritually prosperous and free himself from having to live among the barren wastes of the earth.

Your work in Truth is to learn how to do this, not only in theory but in practice. I shall tell you how to do this in these Letters of Instruction. You will learn how to take conscious possession of your body and discipline it to the will of the Father which is in you and thus purify it, heal it of all its infirmities and imperfections, so that it will be made a worthy instrument for the manifestation of the Divine man. You will be shown how to free your consciousness from the prison of the material and enter into the Astral and Fourth Dimensional Planes where you will be able to commune with the Master, and be initiated into the Divine Wisdom of God. You will be shown how to attune yourself with the Spirit of the Infinite and the Perpetual Life of the Universal Consciousness, and become AT-ONE with God.

To begin with I wish to show you how you may relax your body and concentrate your mind and Consciousness so that you may become aware of and contact the Spiritual Waters of the Divine Truth which is within you. The waters of the Divine Spirit which gives man perfect health and everlasting life is found within, and the body must be kept quiet and the mind at rest before the Divine Fountain of Truth can pour forth its Sacred Life fluid into your being and make you whole.

EXERCISE

Seat yourself upon a pillow and make yourself comfortable in a darkened room. Draw your feet up under you, resting your hands upon your knees (The Buddha Position may be taken if you like.)

Conceive of your body as being a material fountain in which the Spirit of your being may be lifted up through your body into the center of your head. Feel this lifting up until a sensation of fullness manifests in the center of your head. Increase the pressure of this sensation of fullness until you become conscious of this inner power. Then pour forth its vibration from out of this fountainhead, and cause it to flow through the whole of your body. Visualize this center with its feeling of fullness as a vibrant light and send it forth as rays of your inner spirit into every part of your body. You are to keep the attention of your Consciousness upon this center and continue the flow of the Divine waters through your being while you are doing this and thus you will purify yourself with its light. While keeping this flow, you may softly repeat inwardly the following: "I am the fountain, the channel of thy Infinite Waters of Life; I am the manifestation pouring forth thy Holy Spirit through the body of Thy Being which I occupy."

The purpose of this Exercise is to awaken what you will later realize to be the Christ-light, the Christ-consciousness, and the Christ-presence. This Triune Power of God is within you; - it is "sleeping" within you, and until you awaken to its "realization" and recognize this God-power for what it is, you will remain "dead in Christ" - spiritually speaking. Repeat this exercise at least once each week and the Christ will be awakened in you.

In your following Guild Instruction Letters you will be told to "draw upon the Divine Spirit of the Everlasting Waters" a number of times. Remember, that whensoever you need this Christ-spirit, His Light, His Wisdom and His Power, - go to the "Well of the perpetual waters" which is within you and "draw" from its immortal depths that which you need. Soon the Divine Presence will become manifest in you, and His Light, and His Wisdom "will be with you and though you walk through the valley of the shadow of death, you will fear no evil."

You must learn to attune yourself with the infinite Waters of Life before you can "draw the sacred fluid" into your life. This exercise and the "keys to its perfection" which are given in later instruction letters will enable you to "draw from this Inexhaustible Well of Immortal Spirit" at will. You will learn how to "drink" of this Vital Life Fluid whenever in need. You will also learn how to "come unto this Holy Fountain of Immortal Life when you wish to heal yourself or another." Eventually you will go "into the Holy Sea of Heaven's Delight" and commune with the Masters, the Angels of God, and enter the Illumination of your Oneness with God.

Yours for Infinite Happiness,

Lon Elohim

BROTHERHOOD OF THE WHITE TEMPLE
TRUTH WORKERS GUILD
INSTRUCTION LETTER

- TWO -

Beloved Children in the Garden of Truth:

My dear children, let us realize our position in life; what there is for us to do in God's Garden and our relationship with the Divine Ordination of our being. We are living in a world which has been brought forth by the law of the divine and by that self same immutable and omnipotent law, we have come forth, manifesting as an extension of the infinite light, within the body of God. The whole created world is a glorious garden in which the spiritual seed of the Creator is omnipresent and we, the children of the Supreme Architect, are the laborers and workers of that Garden. We are seeds of Truth both planted and harvested, but the work is not yet done. We must finish and perfect the planting and harvesting, making it perfect as the Father in Heaven is perfect.

My dear children in Truth, let us realize the Oneness of the Divine Presence which exists in all things. It is the manifestation of this oneness, which is God, that we, His children, must manifest as a perfect Light among all men and with it drive away the very last vestige of darkness from out of the world. My beloved, when we do this, by helping our neighbor to find Greater Light, encouraging him and showing him how to live the Christ-life, we are True Workers in Truth, we are Lights of the Divine Light, messengers of God, who are overcoming the night. Every ray of the Infinite Light that we are able to shine upon the path of another that will help him to better see his way to God is another step taken to manifest the Divine Dispensation in the world. And because we are that Dispensation we are helped and lifted too.

When we have brought to another the Divine Light, we are carriers of God's Light and the illuminators of God's Will on earth. With each little dispensation of the Infinite Light, we have opened our self just that much more and through us the

Divine Light has dispersed just that much darkness in the world. When you have done this, Dear Truth Worker, you have become a messenger of God's Light; a Bearer of his Truth and a Channel through which the Christ-spirit can more readily flow.

When you do this, Oh, Lover of Truth! you are practising the law of Divine Service and making ready the Way for all men to find God. When you so love your neighbor that you will help him to become a better Worker in the Garden of Life, you will enable him to approach the True and Greater Life of the Spiritual and you will draw yourself high unto the Peace and Harmony of your Soul. Every Ray of Truth that you shine upon another, making clear his way to Truth or the manner that he might journey across the obstacles in his life, disperses from the world that much fear and inharmony and brings all men just that much nearer unto the Brotherhood of Man, the Christ-kingdom, where all men will be ONE with God.

Oh, Child of Light and Seeker for the Way of its manifesting brightness, know you not that the darkness of the world is but fuel for the Light of your Soul, upon which it feeds in becoming a Divine Light in the World? Do you not realize that when you feed not upon the darkness of mankind and seek not to transmute it into the Light that you serve not the Father which is in Heaven and labor not in his garden for the dispensation of his Light? When you do not serve your Father, the Light of your Soul remains dim for the lack of fuel to kindle its Divine Spark of Truth into a Flame. And Dear Truth Worker, do you not realize that the bearer of God's Light must shine in the world and manifest the Infinite Oneness in Harmony with all things? Do you not know that your Work is the Work of the Father and that it is the Father who does the works in you, when you work in the Garden of Life?

The Work of the Truth Student is to dispense the Truth among all men; to liberate them from the fetters of darkness and to be fishers of the souls of men, bringing all men unto the Love and Harmony of the Christ-Consciousness. Oh, beloved Truth Worker! go forth into the world and bear the Light that you have, and give of your love unto every man in accordance to the power of the spirit which you have attained. If you give not that which you have, that which you have will be taken away and the Light of your Soul will wane for the lack of fuel to feed it, and the Truth will no longer be in you. Therefore, my brothers and sisters in Truth, go forth among men and give of your Light in every possible way that you can. Love your neighbors and help them to find the Christ-Light and greater Light will be added unto you. Thus, my beloved children, you shall become bearers of the Divine Dispensation of Truth in the world, and prepare for the coming Master of the Golden Age. The Light that you now have will grow and become bright as the Light of the Infinite and you will become a Celestial Star that will illumine the world.

with your Divine Light. You will be ready for the "Great Reward" at the close of the Lord's day and ascend into Everlasting Life.

Great is the work of the Father and there is yet much for you to do. Let us become "DOERS", worthy Workers in the Garden of Life and be about our Father's business of making this earth a perfect Paradise.

In your next Instruction Letter, I will tell you how you may commune with your neighbor or attune yourself to all mankind on the Astral Plane. I will show you how you may contact another on the mental and spiritual planes and give unto them the Light and the Wisdom of your Soul. You will be shown how to meet your "neighbors" on the Astral Plane and there form a class on the Fourth Dimension and receive the mystery teaching and initiations from the Masters of Wisdom. You will be shown how to heal your neighbors by "setting them up" on the Astral, and with the power of your Love for Truth, heal them of any infirmities which might be afflicting them. You will be shown in this letter how to collect around you a large group of Truth Seekers on the higher Spiritual Plane and there inspire them to enter into the Light of Divine Truth. One night each week will be devoted to the forming of an Astral Class to which every Truth Worker can bring his friends and wherein the Truth Worker shall, because of the Light that he has given unto others, make himself worthy for the Light which will be given him by the Invisible Masters of Divine Wisdom.

Your Spiritual Advisor,

Lon Elohim.

BROTHERHOOD OF THE WHITE TEMPLE
TRUTH WORKER'S GUILD
INSTRUCTION LETTER

— THREE —

Beloved Children in Truth:-

In this instruction Letter we are beginning our Work in manifesting the Divine power of the Infinite within our own consciousness for the purpose of extending its healing and spiritualizing powers to those we wish to help. Before doing this we should realize that this Infinite power is within us, ready to be used by us, whensoever we make the proper attunement.

In your Instruction Letter number one, you were given a very potent exercise for establishing the harmony and tranquility of the Divine Waters of life in your being. You will remember, My Dear Children, that you were to relax your consciousness and enter into the Silence of your being and draw upon the Divine Life Force of God, causing it to flow through you as though it were an endless chain. By this time you should have developed the ability to do this and cause the flow of this Infinite Power to surge upward through the fountain of your being as a mighty vortex of Divine Light with ever increasing power.

This exercise was given you, my Beloved Workers in Truth, for your preparation of the Work which you are to do. You must realize that this Infinite Power must first be made manifest in you before you can send it forth unto the world, healing others and lifting them into the Greater Light. Therefore, I wish to encourage you to practice this exercise until you can do it with ease - making of yourself a perfect channel through which the Divine Waters of Everlasting Life may infinitely flow. You must become open channels or vessels through which the Perfect Life, Health and Infinite Opulence can manifest. When this is done you will be mighty bearers of God's Light.

Remember, dear ones, while doing this exercise, that the power which surges up from within the center of your being and which flows through you is the Divine Essence of the Infinite. You may conceive of this flow as being a blue or a snowy white light. When this Light is pouring rhythmically through your body, you are in attunement with the INFINITE which is within you, and that which you wish to be done during this attunement will be accomplished, because of the unlimited God-power which you have drawn into manifestation, within your being.

You are to consider this state of consciousness sacred above all things, for at that time God is manifesting in you, divinely potent and invincible. Only thoughts of Good, Divine Love, perfect Health must ever be allowed to enter into the mind. Remember, Children, the law "as ye think, so are ye", for when you are in attunement with the Infinite, that which you think becomes immediately manifest. Never allow negative thoughts - thoughts that are in any manner tinted with selfishness - to ever enter your consciousness, for the God-power within you will increase the power of your thoughts and cause them to manifest. Whatever you think while in this state will be made manifest within you immediately.

This exercise which was outlined in Instruction Letter Number One is for attunement of your consciousness with the Divine Waters of Everlasting Life. It may be used to heal yourself of any physical, mental or spiritual debility. It places you in the Sacred Ocean of Infinite Life, and when these waters are flowing through you, you are in attunement with the Infinite. Each time that you do this exercise you are drinking the Sacred Elixir of Life and when you are able to fully drink of it, no inharmonious thing can touch you. Through the use of this exercise you can drink from the Fountain of Eternal Truth which is within you and with its sacred waters transmute your body, mind and consciousness into a tranquil lake or pool of Infinite Peace. By drinking of this water daily there will appear within you the sacred lotus or flower of Divine Life. This flower will bloom into gorgeous colors and lights of resplendent beauty and fill your whole being. When the lotus is open and fully bloomed, you will have established a perfect attunement with the Divine Consciousness.

Now, my dear beloved Workers in Truth, let us learn how we may use this sacred power of God which is within us to help our neighbors, who also live in this earthly Garden of Life. Those of our friends who are in need of greater Light and who are in need of Spiritual attunement may be given of the Truth which we now have. We may give them to drink of the water of Eternal Life which has flowed into the well of our being. If their body is ill or if their mind is filled with the consciousness of evil and negation, they may drink of the spirit which you have in your well and be healed. Let us realize, my beloved, that they too have the fountain of Eternal Life within them and that they are God's Holy Children. They have let their fountains of Truth become dry and therefore the world in which they live has become arid. They have not kept the Waters of the Spirit flowing through their body. But we can give to them the water from our well so that their bodies may be replenished and germinate the Sacred Seed of Truth which is within them into renewed Life. Let us not deny anyone of "these little ones" a drink of the Eternal Life Spirit. Fear not that our wells will go dry; for as we give unto them, the Holy Waters of the Everlasting Spirit will increasingly be given unto us.

Let us therefore make of ourselves a mighty fountain of God's Truth and fill our wells to the overflowing. Let us become, my dear children in Truth, a spiritual oasis in the desert of mankind and give our waters of Spiritual Life to the thirsty souls around us. Let us replenish the dry lands which surround us with the Holy Waters of the Divine Spirit and make this world a verdant paradise of spiritual bliss.

Let us offer a cup of love to every passerby, who may chance to approach the still waters of our pool of God's Light. Let us give our love unto all who are in need and help them to be well, physically, mentally, and Spiritually. Let us give them of our Truth which God has so freely given unto us; give that they may see the Light of Divine Truth. Extend a helping hand of brotherly love so that they too may live in the Garden of Holy Light and partake of Joy, Peace, and Health of the Christ Life.

I am now going to tell you, O, Worker in God's Kingdom, how you may employ the life-giving power of the Holy Spirit within you and how you may treat your neighbor of any inharmony or ill health which he might have. You are to first establish an attunement of yourself with the Infinite in the manner which I have shown you, and then conceive of the Light which manifests in the center of your head as spreading and radiating out into the world enveloping all men. You will thus cause the waters of the Divine Spirit which is within you to flow forth as a radiant light and envelop those who are in need with its life-giving power. Thus, Dear Worker in Truth, you envelop the whole world and help all men to come into the Peace and Love of the New Christ Age.

Now, when you wish to treat individuals (one or more) for any condition of body or mind, conceive of them being enveloped by the waters which flow from this Fountain of Truth within you, and think of them as being healed; - think of them as being perfect as the Father in Heaven is perfect. Never allow your consciousness to conceive of any negative or inharmonious thought while treating others. Always see them perfect in every way - as though they were already perfect in your mind's eye - and they will be healed.

Dear Children, be worthy of the great gift which God has given you. Give your Truth freely unto all men. Be not selfish with the spirit which God has given you. Share your waters of the Everlasting Life with all men. Love them not only in word, but in deed - love them in the Spirit. Give them the Light of the Eternal which is found within you so that all men may be ONE with God.

When you lay your hands on another to heal him, when you wish to treat another, who is absent, you may use this method which I have given you and they will be made whole. You do not need to always tell them what you are doing when you think that they would not understand. This enables you to treat everyone you meet and enables you to give Light, Truth and Spiritual Health to all men. In this manner, my beloved Workers in Truth, we shall prepare the world for the coming Avatar and help usher in the coming Golden Age.

Next month, I will show you how to enter into the Astral Plane and how to help and teach your friends the Wisdom of the Divine which is within your soul while in the Fourth Dimensional Vibration of the Cosmic Light.

In the Service of the Christ,

Lon Elohim

BROTHERHOOD OF THE WHITE TEMPLE

TRUTH WORKERS GUILD

INSTRUCTION LETTER

— FOUR —

Beloved Children in Truth:-

We have progressed a considerable distance on the Path of Light and we are now ready to enter the still waters of Divine Life. All have made some progress in approaching the Holy Fountain of the Everlasting. Some of you may have touched the Still Waters while others have even entered into the clear pool of God's tranquil sea, where Divine Light shines in man. We have not as yet bathed the whole of our Consciousness in the Divine Waters of God, but we can be assured we are fast approaching our baptism in the Spirit and shall soon make our resurrection into God's Light.

Some of you may think you have not progressed, Oh worthy Children of Truth, because you have not experienced any great major of phenomena. So let me advise you of your position in Truth so that you will be prepared for the coming of the Great Light when you enter the Spirit of God's Tranquil Ocean of perpetual Light. Phenomena exists only to the senses of man, and its occurrence signifies that adjustments are being made in the consciousness of the student. On the Divine Plane there is no phenomena nor mystery, for all that which is, is in conformity with the Harmony of the Infinite and therein all is revealed. In this state of Consciousness, there is no confliction or any adjustments whatsoever for all is one in the Omnipotent Presence of the Eternal One. Now, my dear children, heed my words and be prepared for the Light which blinds not the eye of the seeker nor veils him in mystifying phenomena but clarifies his all-seeing eye and opens unto him all which hitherto was concealed in his approach of this Holy State of Heavenly Bliss. We progress with greater speed to the goal of our soul's delight when we encounter no confliction within our Consciousness and are able to relax undisturbed into the Holy Waters of the Omnipresent Spirit of God. When no phenomena appears we should work with the full assurance that the road which we are traveling holds few obstacles in the way of our present growth and attainment.

My dearly beloved, the work which we have done has not gone amiss even though our progress has seemed slow. Because we have grown in the realization that Truth is all encompassing, the goal may now appear further away than before. The reason for this is that our Consciousnesses have grown into a greater realization of the largeness of the Infinite and often this growth has been so great that it makes the distance we have covered to appear small. This is the first real step for the student on the Path and he should be encouraged in its discovery for it gives him a greater realization of the True reward which is in store for him when he has attained.

Long have we sought in the wilderness of life for the Fountain of Divine Truth - we are thirsty for God's Love and Peace and the renewed life which we seek that it may spring forth with the Divine Spirit within us. We have sought to help our fellowmen, to heal him and to ease his sorrow, and we have prayed to be made anew, into the perfection of the Divine. We have finally left the wilderness of darkness and the earthly night for we have found the well of God's Holy Spirit in which the abundance of the Infinite perpetually abounds. We need now but to learn to drink the Truth of God's Wisdom and give it unto our neighbor to drink that he too may know God and with us enjoy His Presence in the Life Eternal. First, we must learn more about how to enter into this Plane of the Spirit and from its fountain-head give unto those who thirst their fill of its Divine Truth that they too may live.

When entering the Spiritual Plane, Oh, Messengers of God's Light, we must realize that we are approaching the citadel of our soul, and that we are treading on sacred ground - when we have found its portal that we are standing at the Gate of the Master within. When we have entered into the Spirit, we must become as a brilliant star which illumines the Heavens and the waters of all space. Approach this Sacred Gate, Oh Seeker of Truth, with the knowing that you are entering into the Holy of the Most Holy and that while you are there, you are free to commune with the Angels of Light - that you are an Angel of Light. Remember too, that whatsoever you will, while in this tranquil sea of the Higher Life, will be accordingly done. When you have entered in through the gate which is within you, you have entered the Astral Plane and may commune with all men wherever they may be - whether they be in the spirit or in the material. You are here to contact them and give them of your Light; teach them the way of Truth and heal them of their infirmities. Here, - your Soul Light drives away all darkness.

Listen, Dear Workers in Truth's Garden, heed the call of your soul to love all men and to serve them with the Truth of your Inner Spirit. Before entering the Holy Waters of the Spiritual Plane determine in your mind "a goodly purpose for your going therein. Desire with all of your heart to help some needy one - to give unto others a drink of God's Word of True Life. Think not how the Spirit within you shall proffer Truth's cup unto them, but desire with all your heart that God's Love be given unto them.

When you have determined to serve God's children, make of yourself a vessel through which the waters of Life may flow in the manner which has been given you and while the peaceful waters flow through the fountain-head within you, relax unto its tranquility and make your whole being encompass the Universe. Pour forth the waters of your Soul through the whole of God's Garden.

Relax your mind and Consciousness to the peace and harmony of this Holy State of Being for five, ten or more minutes. You must conceive of yourself as being the Spiritual Water, possessing no form or shape excepting that of its circular movement as it flows through the whole Cosmos; you should hold this state of Consciousness until the realization comes to you that you are the Cosmos and that you are aware of all space. When you have accomplished this, you will be free of your body. You will be dwelling in the spirit and your Consciousness will be free to perceive that which you have sought to see and you will be able to help those who you seek to aid.

You are to remain in this extended state of Consciousness through the various changes of realizations which come to you - moments of darkness and moments of all-colored and changing lights. Remain in this state and a lifting motion of your Consciousness will eventually ensue. You may feel at first as though you were riding upon the wind of great forces, sometimes swirling, sometimes falling, sometimes rising. When this sensation comes, call upon your faith in the living God, will that you be closer attuned with his Divine Presence and Holy Light. See yourself as a star in the night and then will that the whole night be changed into day. Soon there will come a great lifting and a great light and you will ascend into the Higher Waters of Truth. You will, like a star, have entered the Holy Realm of the Astral Plane.

When you have been lifted into the pure Light of the Fourth Dimension, those whom you wished to treat while on the Astral will appear before you. The wisdom of your soul, the love in your heart will guide you and the Invisible Masters will help you to heal them and make them whole. Give of your Light selflessly and without prejudice; - give not partially but wholly, as God gives. Teach them the way which leads to the Light and hold uppermost in your Consciousness the realization that you are God's Light, giving His Light unto all men.

When you have done this, Oh Children of Light, you have fed those who are hungry - you have given to drink those who are thirsty. Remember, Oh Workers in God's Light, that "whatsoever ye give unto them will be given unto you" and "that whatsoever good you do unto others will so be done unto you". Seek not the Astral Plane for selfish purposes but seek it so that through you others may attain the Light. When this is your purpose the dimensions of the Cosmos will open unto you. Love your neighbor and seek his edification in matters of the spirit and your service will be great in the eyes of God and His Light shall not be closed off from you. If your purpose be dark, your service is not of God and the Gates of Heaven will be closed to you. Make, therefore,

your purpose the giving of God's Light so that all men may have everlasting life, and every plane of the Cosmos will open for you and your Way unto the Source of all Life will be shown unto you.

With this exercise, my dearly Beloved, you may reach all men and blend them into one common light: - you can commune with them and show them the way that they may be lifted unto the Celestial Star of the Supernal Light; because you have helped them; you have helped yourself, because you have lifted them, you have lifted yourself.

God is One and we are his children returning home, and if we seek to help all men to know him, he will send us his Angels of Light and they will instruct us in his Divine Wisdom. Then all men will know him and live as Suns of God in his Eternal Light.

Beloved Children, set up your neighbor and call all men unto the Light. Give them to drink of the spirit of God's Truth. Call them unto God, while in your secret chamber, where the Holy Waters flow. Pray that they be lifted with you as you ascend unto the Light. Pray that they ascend unto Heaven as you ascend, for did not Jesus say "if I ascend, ye shall ascend after me". I promise you that if you enter the Spirit in the manner which I have given you and keep for your purpose the attainment of God's Light you will soon be lifted into the Higher Planes of the Astral. Water the seeds of mankind in the Garden, and the Divine seed within you will likewise grow and the fruits thereof shall make you worthy to sit with the Masters of Light at the Holy Feast in Heaven.

You may report your experiences from this exercise directly to me. Every Wednesday evening I will personally meet you on the Astral Plane and help you enter the Light. You may practice this exercise every night and enter the Spiritual Plane any time during the week. But on Wednesday night I wish that you would make a special effort to meet with me in the Spirit as I will give special instructions on spiritual healing and Astral travel. If you are able to make the attunement you will contact the Invisible Masters and receive instruction in the Divine Mysteries.

Yours for Infinite Service in the Spirit,

Lon Elohim

BROTHERHOOD OF THE WHITE TEMPLE, Inc.,

TRUTH WORKER'S GUILD

INSTRUCTION LETTER

— FIVE —

My Beloved Children in Truth:

During the last four months we have traveled along together on the path of Divine Truth and we have now arrived where we can approach the greater heights of Celestial Tranquility. Like little children, some of you have run away ahead, some to the sides of the road, while some of you have lagged behind and a few of you have cried like little children, who want to come along but want to be carried.

My Children, we have come a wonderful way in our climb up the mountain of Truth and we have all labored in our own peculiar way to attain, during this first day of our spiritual journey. So now my little ones collect around me as we review this day's journey and prepare our body for a good nights rest so that in our dreams we may fly into the heavens above where God's Angels will feed us the sweet Nectar of the Immortal Lotus of Everlasting Life.

My Dear Children, we have all traveled a long distance since we first opened our eyes at the beginning of our day. The path which we have followed has led us along an incline to a height in consciousness which all of you have once known. But because you have wandered through the depths of material life, you have entered into the lower realms, where the night has enveloped your soul. We have risen a great way from out of the night and a goodly day's work has been done. We have traversed the great chasm of the invisible night and are now standing ready to rise into the Light. Let us wash from our bodies the dust of the lesser planes and prepare ourselves for the new garment that will be fitting for our flight into the heaven of God's Light. We have merited this repast into the fairyland of our dreams for we have loved each soul that we have passed in our journey through the valley of the night and now we shall enter the Astral and love the Angels of Light who inhabit this Etheric Plane above us. Our loves in the material have given us the strength and courage to make the ascension. They have taught us to love more wisely, and to love with a selfless aim. The power of our love will carry us farther on the path and it will lift us into this heavenly plane where the love that we shall give and the love that we shall receive will be a love which only the angels in heaven know.

strength and courage to make the ascension. They have taught us to love more wisely, and to love with a selfless aim. The power of our love will carry us farther on the path and it will lift us into this heavenly plane where the love that we shall give and the love that we shall receive will be a love which only the angels in heaven know.

Now my Dearly Beloved Ones, in the beginning you were conceived in God's Love and by it you have traversed this far through the valley of darkness. You have been lifted to this height of peace and light and remember, it is the self same love which has been with you always that shall become wings upon which you shall fly into the heavenly place of God's Symphonic Being. Love one another, love all man - love the little fishes in the deep and the birds that fly in the sky - love the earth whose face is ever turned to the sun, and the heavens that contain it and be lifted into the largeness of its Cosmic Universality.

Now each of you lay your body down upon a soft pillowy bed and let it rest from the care and the work it has so laborously done. Let your body sleep while you stand watch as a mothering angel of love. Hover over your body and love its peaceful form. Look upon it with the tenderness of a mother's love. Caress it, observe the smile upon its lips and the beauty of its lovely face. Caress it with your thoughts and watch over it as your guardian angel has watched over you from the beginning.

Now, Dear Soul of Love, you have placed your body at rest and at peace with its God and you have tucked it into safe repose and enveloped it in a blanket of love. Lift your eyes to the world above you and see the Angels of God that are about you. Take wings and fly amongst them, for you are an Angel too. Fly through the soft fleecy clouds that are tinted with crimson and gold and rise into the sky of blue where legends were first dreamed of, of old. Love this heavenly beauty where the Angels of Light sing and hear its sweet rhapsody. Enjoy, my Beautiful Ones, the ever present love that your soul has won.

Be free, My Children, and enter into the Holy realms of God's Domain. Rise up into the heights of His glory and fly upon your wings of love through the sacred spaces, as angels flying to heaven, and enter into the Celestial Sun,

Remember that love opens all doors and guards you against the night. Love the high places, the beauty of this heavenly fairyland and sing your song of love with the song of the Cosmic which rings through the heavenly spheres and while singing, enjoy the soul enthralling music of its spiritual melody. Read the records of the Divine Askasha, and

learn the wisdom of the Divine Mysteries which are unspeakable to the tongues of earthly man.

Heed my words, My Dear Children and rise up from out of the night into the realms of God's Holy Land. In love you have been lifted and in love you have risen. Your star now ascends into the Astral Plane of Light and moves among the Holy Hierarchy of Masters who are now visible in your light.

Then in the morning when you return to your body, remember the sweet embrace which God's love has given you. Remember it well and cherish its sacred Truth. If you wish you may then tell me of your dream, the wisdom you have learned and of the places you have seen.

Lon Elohim.

BROTHERHOOD OF THE WHITE TEMPLE, Inc.

TRUTH WORKER'S GUILD

INSTRUCTION LETTER

SIX

THIS LETTER IS A CONTINUATION
OF YOUR LAST INSTRUCTION LETTER

Beloved Souls in Truth's Light:

O Children! Your love for God's Truth has prepared you for His Sacred Rest. A day's work has been done and you have been found worthy of a sweet repose into the dream-like world of Heaven's embrace. May your dream be pure, and your love for Truth, Light and Divine Wisdom, manifest in your soul. May the Angels of Light kiss you and raise your soul from its tomb into the Light of the Eternal, Living God.

Follow carefully the instruction I give; for within them are keys which will unlock the bars of your earthly prison and permit your entrance to the illumined spaces of Heaven; and I give movements of mind and consciousness, and even that which is not movement, and that which, when you have accomplished, will carry you into the Astral Plane of the Celestial, and even before the very throne of the Living God.

(You are to follow these instructions when you have retired for the night. Do not memorize the words literally but attune yourself to the spirit and power within them, and LET your Inner Self reproduce the journey while you relax.)

"Upon the softness of your bed let your body rest in the sweet peace of its earthly repose. Let your body sleep in perfect relaxation and at ease; for the guardian Angel of Peace watches over all, who loves the Light. Speak to your body with the soothing voice of your soul-light by filling your whole body with the blessing of your mind's light, and with the faith that you have, that you are God's Child - let your body sleep its well earned rest. When once you have filled your body with the light and blessing of your mind, have faith, my child, and let God watch over your earthly temple of life. Rest; and let the body rest, - in its peaceful earthly sleep. Have faith in the work you have done."

Sleep not, O Soul! But Watch! And Wait! Watch and wait as a faithful homing pigeon in a cage - to go home. Relax your mind and hold your consciousness in deep repose. Watch in the heaven before your mind's eye and hold your peace, for an Angel of Light will come from out of the distant night and free you from your earthly prison, and then you can fly to your nest in the sky. Look, with your mind's eye, but move not. Watch and sleep not, for the Angel of Love sees you. Faithfully watch for the coming Light in the heaven of your mind's eye. Wait, and the dark regions will open and the Light will come in glowing hues or colors that will illuminate you and give you spiritual joy.

From out of the darkness, shimmerings of an auroral light, like colored fire-flies in the night, will appear. When it comes, be not startled nor over anxious but know that the veil of Heaven is opening and letting through beams of light, like bridges upon which you shall escape the night. Love this light, but reach not with your mind to grasp these colorings of God's light. Watch and wait for it comes to liberate you and carry you into Heaven. Be not restless - become relaxed and still, like a peaceful dove in its cage. Your tranquility, your love, and your faith will draw Heaven unto you. For this illumination you have journeyed far, - you have earned its caress - have faith, and it will come to you and lift you into the Celestial Plane.

If the Heaven-light should fade before your eyes and you are again in the dark, know that your consciousness was startled at the coming of the Light and that you, anxious bird in the cage, have become too excited to welcome with grace, the Bringer of Divine Peace. The Ladder of Light will not descend to children who are not quiet, and who have not learned to rest in the night. The pigeon must become the dove, before your soul can fly into God's House. Now, O Lover of Light, heed my words of wisdom, if you wish to truly escape the night. Out of darkness, the light comes. The bridegroom will enter your prison cell, the Sun will come to release your soul from the night, and the Angel of Light will call you, when you have become like a dove in your heart.

Again I speak; strive not to possess the Light but pray that God possess you and clothe you with His garment of White Light. Hold your peace, your love and your Light in relaxed repose and inwardly await the coming Light of Heaven and it will envelope you and free your soul.

If the Light appears far away in the darkness, then remember my child, your worthiness is being tested, - your fears are not as yet quiet. Relax your consciousness and become as a dove - be still in your love and the Lord of Peace will claim His own. The veil will be rended and the vari-colored Messengers will come to you. Become all love, all peace and all truth, and Heaven will envelope you. Welcome the world which has no night with a calm mind and your soul will thrill with joy at the awakening of your soul-light.

Live in the love of Truth and love the Divine Light with your whole heart, - give your love and your blessings of Light to all you meet, and you will walk as an angel among those who are more than men. Let not darkness envelop your Light, but upon the approach of every shadow that you may see in your travels on the Astral Planes, shine the Light of your soul and disperse all shadows of night with the Light which is within you. Refuse to see anything except it be Light, and thus your eye will be opened and the Truth of Heaven will be revealed before the "single eye" of your soul.

Seek the Jewel of Everlasting Truth. Seek the Life of Infinite Peace. Seek the waters of the Boundless One and the Masters of Light will guide you to the desires of your soul. No longer will you see as though through a glass darkly, - no longer will you walk blindly among the dead; for the evil from your eyes will be rended and you will walk among those that are greater than men.

Ask for Truth, that you might give it to those that hunger for its light: and ask that you may know Life's Mysteries and that the Immortal Seed in the Cosmic Egg be revealed. Ask that the Invisible Masters give you their vision and their hearing that you may know the Celestial Life of God's Being. Ask that the Angels guide you with their Supernal Wisdom into the Cosmic Sphere of Truth's Center and that the Phoenix, the Immortal Bird, carry you upon its golden wings into the Light of the Most Brilliant Sun.

Now that you have sought and found and that you have asked and have received; you may knock upon the door of your Celestial Home and enter into the abode of the mansion which your Father in Heaven has prepared for you. The Sacred Word that will admit you is written upon the jewel of your soul - ask the Master of Wisdom, who stands beside you, that this word of power be given you. Pronounce it and the Mighty Door will open. Enter into your Home, O Child who has overcome - enter into your Father's House, where the Treasures of Heaven are given to the Illumined Suns of God. Enter the Home of your soul and rejoice in your Father and your Father will rejoice in you, eternally and without end."

Read and reread, that the Key to the Astral be found - seek for it within your consciousness and when you have found it, place it in the center of your head, and be free. When you enter the Holy of Holies, take with you an offering of love for some fellowman. Present your gift, that someone (whom you know) be healed, be given the Light or be helped, and if your love be true. God will accept your gift and you will be blessed with His Divine Light.

Yours for Celestial Joy,

Lon Elohim

BROTHERHOOD OF THE WHITE TEMPLE, Inc.,

TRUTH WORKERS GUILD

INSTRUCTION LETTER

— SEVEN —

Beloved Children of the Christ Kingdom:

In this Instruction Letter I will show you how to reap the harvest of Spiritual Love which you have sown and gather together the fruits of your experiences, so that you may plant anew your seeds of Truth in the warm soil of the Spiritual Plane for a greater harvest of Divine Truth.

Heed my directions and be wise in the art of gathering the Light of your personal endeavors and contacting your Treasures in Heaven; for I shall give you the Instructions which the Gurus of ancient times gave their Chelas for awakening their souls to the reality of Divine Truth. In this manner you will collect together a personal philosophy relating to your Spiritual Growth and Evolution into the Light, which you are to keep sacred between you and your God. It will be your personal record of the harvest you garner from life, as you grow into the Light. You are to keep a private diary in which you are to write a record of your Astral Voyages, as a Captain writes a daily log of his ship. In it you write your Astral Experiences and thus you will have a record of your Spiritual Attainments.

This private diary of your Astral Voyages and Spiritual Realization will prove of inestimable value in more ways than you can at present discern. Not only will it be a record to which you may refer, when you wish to recall some experience which may have become dim in your objective memory, but when you wish to teach or wish to write about some Spiritual Law or some Truth, - your diary will help you to recall the Truth which you have learned from this experience. But possibly the greatest benefit which you will derive from keeping a diary of your experiences will come from the writing of them; for by so doing, you will train your consciousness to remember your experiences which you have had and indelibly impress them upon the cells of your brain in a classified and comprehensive manner.

Practically every night, you project your consciousness into the Astral Plane and are taught great mysteries and are shown how to move your ego through the spheres of Cosmic Space. This takes place even though you are not conscious of it. The Invisible Helpers are ever by your side helping you to learn the mysteries of

the Greater Life, whether you are conscious of them or not. They are always with you, endeavoring to lift you into higher and higher states of Consciousness. Only those experiences which are paramount or startling are usually the ones which you remember, upon awakening from sleep. Each night an untold number of experiences and places where you have been, are not recorded in your Objective Mind. It is infinitely necessary that you become conscious of these things and remember them. The greatest known procedure for remembering Astral Experiences is to train your Objective Mind to remain awake while you sleep. When you have trained your consciousness to anticipate the recording of your experiences in the morning when you wake up, you will develop the habit to remember what you experience, so that you may write them the next morning.

You cannot become Master Truth Workers nor Masters of Light as long as you do not know what you subjectively do and what you have Spiritually accomplished when your physical body is asleep. You should secure a large note-book, suitable for writing elaborate treatises upon your experiences, because the more you write about each of your experiences that you have, the greater will you encourage your consciousness to greater remembrances, and you will have more experiences. Not only will you increase your Spiritual Development and accelerate your growth in consciousness but you may develop into a writer and speaker in material things as well as in Spiritual things through this training. Remember that God created you to become a perfect vessel of Divine Light in the material, and unless you learn how to manifest the Spiritual Light in the material you are not demonstrating Truth, nor are you serving the Father in Heaven.

Many students have contacted the Light but because they would not coordinate it in their physical being - in using it to further the divine cause - they were unable to use it and serve their fellow men, only to soon forget that which they were privileged to know. This is what Jesus meant when he said "even that which you have been taken away," because the student having not used the talent given him, it is taken away from him. Since we do not wish this to happen to us, I am giving you this key so that you will "HAVE" the Wisdom of Truth. If you will follow these instructions, the Light and Wisdom will increase in you.

Consider, Oh, Truth Worker, that your tools are material and must be so to do physical labor. You, as a consciousness of the Divine, are laborers in the Spiritual, and you shall learn to use your mind over your material instruments for good. Each night before you go to sleep, bring your consciousness between your eyes and watch the lights which appear before your mind's eye. Press your will against them and hold them as still as possible. With the pressure of your will upon them, draw yourself into the center of your head and learn to use the power of your mind from the center of your being. When you find yourself in the greater Light of the Astral Plane, ask for greater awareness, greater knowing and greater Light and observe the freedom which you have over all you survey. Become conscious that you are conscious, become aware of the Astral and as you observe the manifestation of your Inner

Wisdom, remember how you shall write it and tell (your diary) this story when you return to your physical home.

Then awake from your slumbers in a slow and calm manner, reviewing that which you have learned, that which you have done and that which you have seen (before you) in your mind as you become conscious of your physical body and the material world. Then do not move a muscle until you have recalled all that you can remember, all that you have seen and, having your diary near at hand, write immediately the story of your experience, the story of Truth as you can express it in material word-pictures. Write not your objective deductions but write your Subjective and Spiritual Impressions. Let the Light of your soul shine unimpaired as it has come into your mind and with-hold your earthly criticisms, so that the Inner Light can change them into the Truth of God's Light. Let the darkness of your physical being be dispersed by the Light of your soul and record every word, every suggestion which the Astral Helpers have given you. Later in the day or with the Light that shall later be given you, you can then think over it and adjust the precepts of your material mind with the Wisdom you have received from the Spiritual Plane.

If your experiences do not conform to the Light and Teachings which you have received from the Brotherhood, write them out and send them to me, so that we can harmonize your development and your growth into the Light of Perfect Truth. I shall teach you many things from the Astral Plane and whensoever I can reach you through the Astral Vibrations I will do so. I will help you with your Spiritual problems, and in the event that material Instruction is necessary, I will write you and instruct you by means of letters. But remember, I will first endeavor to reach you through the Astral, and only, when it is necessary, will I employ the medium of letter writing.

Yours for Astral Consciousness,

Jon Clahim

BROTHERHOOD OF THE WHITE TEMPLE, INC.,

TRUTH WORKERS GUILD

INSTRUCTION LETTER

— EIGHT —

Beloved Truth Worker:

You are now approaching the stage of your development where you can actually begin such work with your friend in the employ of Truth, that will actually accomplish results. Hitherto, very probably in your conversation and work with your friends and especially with your relatives, you have poured forth your enthusiasm of Truth indiscriminately; without first qualifying the need and receptivity of those to whom you have given the Truth. A great fault most Truth Students and sometimes even teachers have, is that they speak of those things which they are interested in at the time and of that which most appeals to them, without realizing that often that which has proven beneficial to the speaker may have little or no Truth value upon the consciousness of the hearer, in his present stage of development.

It is not only wasteful but in a sense sacrilegious to pour the water of Divine Truth upon that part of the ground of man which is stony and infertile, when every man possesses some fertile tract or field in his consciousness in which seeds would grow. A farmer would not think of planting his best seed on the stony portion of his farm; he would plant his best seed on his best land, where the sub-soil would be such that it would hold the moisture and give abundant nourishment, so that the seeds he plants would grow.

We cannot expect to bring forth a good harvest unless we plant good seeds and regardless of how good the seed, which we plant, if we do not plant it on soil conducive to its growth, that seed is wasted. Not only do we waste our efforts and scatter our energies in tilling and watering such ground, but also thistles will grow instead, and where we had intended good, evil rises up and the thorns of the thistles prick us. It is true that some farms are better than others but we can find on every farm at least a few patches of land worthy of our cultivation.

Every man possesses a field in his consciousness in which the seeds of Truth will flourish. It is up to us to converse with them and listen to them and become acquainted with that portion of

their field of life's experiences, that is ready for spiritual cultivation. We must find a desirable field before we plant our seeds of truth and not let our spiritual enthusiasm run away with us. We are not to dump "what they might think is rubbish" upon them in such a place and manner that it inconveniences and harms them rather than helps them. Whensoever we give another, that which he is not ready for, or that which he cannot use in his life, we are casting pearls which are precious to us before swine, and they will only ridicule and condemn us and the Truth we give.

Remember, my Dear Truth Worker, that the aches and pains which you have had and the trials which you have endured are never identical with those of others. Common human courtesy is to listen to another's woe but since everybody believes their own to be the worst, you should never cry over your own troubles, if you wish others to believe that you have received the light. Never tell another your own struggle into the Light, if an example is needed, give an impersonal one, but always you must first discover the need of those with whom you talk before you speak to them about Truth. The things which are closest to your heart are sacred to you, and these things would be defiled and may even be lost, if you give them for unclean hands to hold, for they would only see the dirt they were able to place upon these Jewels of Truth, so sacred to you and they would cast them upon the winds of ill omen and it would thus be charged against you.

You should also remember, Oh Truth Worker, with whom you are working. Instead of holding in mind that you are the Worker, you are the vessel in which the Truth of God has been wrought. Never think of how little you have or tell another that your vessel has not been filled, for in doing this, you deny the Truth which is within you and close yourself from receiving the spirit of Truth from entering into you. You cannot be a Truth Worker and depreciate your good before the eyes of those with whom you wish to work, for their material conscious thought will be, "by your own words you possess nothing. The Truth for which I seek is not in you." How, Oh Truth Worker, could you dare to be so negatively egotistical as to claim to be the bearer of God's Light when you profess to be so small? To be a Truth Worker, you must be large and the vessel of Truth which you are carrying, can never look shriveled or cracked but must be volumptuously opulent before the eyes of all those with whom you work. You must acquire a spiritual poise and learn to so walk and talk that you bear God's message with dignity and with calmness and never in a manner of disguise.

Again, Oh Worker in God's Garden, think not of what you shall say but let the spirit of Truth speak in you. Take not out of your vessel a cup of Truth's water before you come unto your neighbor,

who is in need, lest you stub your toe and spill it where it is not wanted and thus waste your sacred fluid upon merely good intentions. A Truth Worker is not a hand-out-man, throwing God's word to the beggars in the street, but gives with an unfaltering hand the wisdom of His spirit that all may drink, whose heart is open to receive its Light and its Truth. Listen, Oh Truth Worker, to the heart beat of the needy and, in sympathetic calmness, lead the conversation to where their souls will speak. When their hearts are bared, their worthiness of God's Truth will create a call in your soul and the Spirit of Truth will surge in you and words appropriate to the call, will pour from you and nourish their needs.

Oh, Workers in Truth, be the Light that shineth in the darkness of man and feed the sheep of the Holy Shepherd, that they may be led out of bondage and into the Light of God's Garden. Give not your troubles to them that are in trouble, but give peace to them for the abatement of their troubles. Give of your Truth that they may live in the Christ.

Another great error which many Truth Workers, not thinkingly do, is that they flood the thirsty and drown the seeds which they have planted. If a thirsty man drinks too much, he will become sick, so watch, O dispensers of God's Light, that you give not more than that which is needed. Seek after that attainment of wisdom, that will supply the quantity and the quality of manna, that will nourish in those with whom you work a healthy yearning for Truth. Carefully consider their feeding and never give them a dinner when only a sandwich is needed. Watch their assimilation; for time is often required; for non-timely feeding can but produce indigestion.

Know, O Worker in Truth, that whatsoever you give unto others will likewise be given unto you. Cultivate the wisdom of Giving, and the wisdom of Receiving the Light which you personally need, will be added unto you. Mastership is not attained by begging but is receivable only through wise giving. Become perfect in your receiving - and thus you will become perfect in all things. Be faithful, Oh my children, to those with whom you work and the Faith of the Father in Heaven will be perfected in you. "Be ye perfect, even as the Father in Heaven is perfect."

Yours for Divine Perfection,

Lon Elohim

BROTHERHOOD OF THE WHITE TEMPLE, INC.,

TRUTH WORKERS GUILD

INSTRUCTION LETTER

— NINE —

Beloved Truth Student:

You should have realized by this time a host of inexplicable values pertaining to Truth. Some students are quick in realizing that they have progressed on the Path. But it is very often the case that students find it difficult to realize just what they have gained from their studies and from their Truth Work. It is my desire to help you attain this realization for yourself and for your individual observation of your own spiritual status. Unless you have learned, through trial and effort, that which you should know about Spiritual Liberation and Divine Truth, you are not amply prepared for the task of gaining an understanding of those things which are immediately before you on the Path.

Remember this fact - that you are a seeker for Light, because you have not as yet found the full Light of the Living God within your self; and as long as the full illumination of the Cosmic is yet before you, your Path is one of the ascension: and that which is before you is yet to be realized by you. This has made your studies somewhat difficult, because, unlike reading a book and memorizing it, you are writing your own Book of Life, and learning to realize that which you are writing, while you write: seldom knowing what you shall write, until you have written it.

Your studies, as a member of the Brotherhood have not been confined to the weekly lessons which you receive, but rather around those principles of Truth which make up life, materially, as well as spiritually; and you have grown because of what you have been able to learn from working with these principles.

TRUTH IS EVERYWHERE: and it does not separate itself from you: only the individual through the lack of realization and because of his unawareness, separates himself from Truth. The Presence of God is everywhere: but only when you are aware of His Presence can you know that He is with you. His existence is "natural," regardless how

materially you may consider it: and because you have sought God in those things which appear as phenomena or because you think His Reality must manifest as something unusual or different from the average course of life, you have sought Him in "contrasts," or in what you think to be the super-natural, instead of in the natural and common place things. God is the most Natural of naturalness, and Nature is but another word to express His Existence in the manifested world. Therefore, my dear student, you have been finding God by looking for the Truth within yourself, and within your neighbor; and if you wish to hasten your journey, - complete your search for him by looking in every thing; - in the trees, in the minerals, in the earth and in the sky.

You have grown far more than you could possibly realize, for your growth has been like a "turning-around" within yourself, and a learning of yourself - discovering the Essence of Truth, which you are, and the form and shape of the image you bear of God. You have probably thought, when you began studying with the Brotherhood, that the Path of Truth would lead you "somewhere." Now I wish to tell you, that there are no material dimensions of length and breadth to the Path of Divine Truth; for how could there be, when Truth is everywhere. The only length, breadth or height of the Path, whether conceived of in space or in time, is that which you, individually realize is existing for you: Change your realization from dimensional limitations to one of Infinite Embodiment and your realization will be that of God.

Those moments, when you felt you were near God or when a strange movement or illumination manifested within you, was because the awareness of your consciousness had expanded a little more than you were habitually accustomed to; and because of this greater attunement with the Consciousness which is everywhere, you were lead to believe your experience to be strange or unusual. Reverse your practice of considering these things strange or unusual; instead, consider them as moments when you have expanded a little into the "naturalness" of the Divine Life. That which you are in the habit of thinking, as being natural, is in reality, unnaturalness, when viewed from the greater or higher state of realization. This leaves then, for us, a definition of phenomena; i.e., when the ego experiences an experience which it does not remember having experienced, or which it thinks it does not understand consciously, that experience appears as a phenomena. It is well for the beginning student of Truth to seek the spiritual phenomena of life, but it would be disastrous for him to seek phenomena, for the sake of experiencing it, without making it a natural part of himself. So many students would prefer to revel in phenomena and endeavor to enucleate as much phenomena as possible with no intention of assimilating it into the naturalness of their being, because being afraid of the unknown, they wish to only look at it and marvel upon it.

Herein lies a great secret for spiritual growth: all men are attracted to phenomena, for it represents the unknown: it holds an awe and something to be feared, and yet men, more or less, shrink from it. And since men are prone to believe that anything which is not

known or understood, to be the acts of God, we may therefore consider the Great Unknown and God, as synonymous. This is why we can read in the Bible that righteous men fear God; they fear the Unknown but their righteousness gives them courage to explore it, and acclaim a greater realization of God, because through the overcoming of fear the whole Kingdom of God can be known.

Although you may not have realized it, every moment of your life, has been an acclamation of your consciousness in its reclaiming the Unknown Garden of God; you have been growing in Consciousness - becoming more and more conscious of that which you were not aware of, - through each realization of life which you have experienced. If you can gain, O Child of Life, a realization of how you are living as a God, within the Great Unknown, and that you are transforming the unknown into the known within you, you will possess the Key to Divine Life.

Because of the Infinite Reality of the above Occultism, the growth of the student is often likened to a man ascending the Mountain of Truth. You have been traveling on the Path which leads up this mountain; some students make their journey long by endeavoring to travel around it, and must sometimes traverse awesome canyons; others choose a more direct ascent; but if you will realize the wisdom of a wise journey, you will take the straight and narrow Path to God and His Infinite Presence.

You have been let up from out of the Valley, where fear has gripped your soul and held you in bondage. Your courage has freed you from many perplexities, and you have sought Truth while traveling the highways of many crossroads. But now that you have reached the side of the mountain, your path has become more sure and distinct, before you. Those byroads, which have become so familiar, are beginning to fall behind you: and your love for Truth has now given you added encouragement, while the Light of the Sun within you, illuminates your every undertaking, guiding you farther up God's Mountain. Your emotional nature may yet long for past acquaintances, but your rational nature tells you that no love is ever lost. Your Inner Spirit begins to lift you, and the weight of your body is only heavy, when you look back into the valley; - but your spirit is ever ready for the greater heights ahead, when you turn your eyes up to Heaven.

You have learned to set your journey for the things which are above you and you have learned how heavy and lonesome you feel when you turn your eyes from God. You have learned that the Path is becoming more easy and that it has been hard only because you have not seen God. You have learned that each must travel the journey, and that he who loiters at the wayside for another, fails; because only by ascending can he lift those who look toward him for guidance.

Now if you would know whether you have progressed, give a quick glance over your shoulder - upon the life you have lived: and see the limitation of the spirit you have previously encountered and observe the understanding you lacked when you were somewhere on the Path, below you. Do not look long, for you are already like unto a man who

has climbed upon a star-ladder; for you may become dizzy, or recalling past attachments, or the wailings of those below you, you may fall; and this will cause you to retrace your steps back into the dungeons of the earth. After taking this perusive glance, look up unto the heights above you, - and count the stars of the sky and acclaim that their Mystery will not be with-held from you. Look unto the Glory of heaven and realize what beauty, what happiness and what peace they hold for you; then avow, that from on high, your work shall be among those who need the Light you shall attain.

Ponder, O Truth Worker, upon this and with an eye that is moist with compassion and bright with the Light of your Soul's Love, see with a vision as though from Heaven, the Way that your Life's Path must lead - what you have overcome and what you must yet overcome. You will then realize the Truth of your Path; and you will realize that God is above, awaiting your return, to be acclaimed as His very own.

May God bless you, that you have a speedy journey. Pray, O Child of Light, that you may soon realize the happiness of your Heavenly Home.

Yours for the Attainment of Light

Lon Elohim

BROTHERHOOD OF THE WHITE TEMPLE, Inc.,

TRUTH WORKER'S GUILD

INSTRUCTION LETTER

— T E N —

Beloved Worker in Truth:

The Truth Worker is primarily a Spiritual Healer of mankind; the field in which he labors is the Christ Kingdom, which is the Garden of the lives of all men. His planting and his sowing of the seeds of Truth, must be planted in their season with the Harmony and the Spirit of Divine Causation. The effectuation of the planting must be harvested or the seeds which have been planted may be crowded out by the thistle and the cockle. The mere planting of the seed is not sufficient, for unless it is followed with the proper cultivation, irrigation and stimulation, a fruitful harvest cannot be expected. Unless you learn, O Workers in Truth, how to harvest the fruits of your spiritual efforts among your loved ones and friends, your sowings of Love, Harmony and Truth are not realized - either by you or the Infinite.

Consider yourself, O Worthy Worker in Christ, that you are now fitted and prepared for the Great Work of healing humanity. You have been called to sow the seed of Truth and to bring harmony into the world - your call has been of the Spirit, to work among men and to show them the way to Everlasting Life and Divine Peace. When your call first came, you may have interpreted it as a call to your soul alone, but by now you should have learned that the call which you have heard is a universal one; and that you cannot truly answer it, unless you become universal in Spirit, by resounding it unto your fellow men. Listen, O Worker in Truth's Garden, and hear the clear note of this call - understand that the seeds of Truth which you plant in the hearts of your fellow men, are not lost, for they are planted within YOUR OWN GARDEN OF LIFE: and the more Truth you plant among men, the greater will be your harvest in Heaven.

Be not foolish laborers in God's Garden by tending not the seeds which you have planted; but cultivate and nourish your crop so that it may grow and mature into a ripe harvest. Remember that each seed which you plant is spiritually yours and that your responsibility is not finished, but rather that your labor has only begun and that your true reward can only come, when the Harvest has been gathered. Do not let your planted seeds of Truth, that have sprouted in the soil of mankind, to die from the drought of your neglect; but continue to water them, with the Spirit of Divine Love, so that the good which you have begun may continue - that your loved ones may grow in Spirit and be called together into Heaven when the Harvest-time comes.

Realize, O Worker in Truth, that the world is spiritually sick, because it is out of balance with Infinite Good and that you have been called to heal the evils of the world. Heal the world by giving unto men, the Light of God. Be Bearers of the Light and give of your Truth, that the World be illumined and made free of darkness and sin.

Be not contented in healing the material woes of men, but seek the healing of men for their spiritual good. Think it not sufficient to merely drop a seed of Truth amongst them, for unless you seek to bring their souls back to God and to help them make their lives illuminated stars in the world, you are like a foot-racer who has a noble beginning but who stops to rest, throwing up his chances to win, without endeavoring to finish the race. The Glory of Heaven is only given unto those who succeed, or who win the Heavenly Repose by "completing" that which was begun.

You have heard it said that you cannot heal others until you have healed yourself; but also remember, O Seeker of Truth, that you cannot heal yourself, without having first learned the laws of health. There is no better way of learning these laws, than through the practice of them with your fellowmen and observing how the healing power of God is wrought within them.

It is difficult to see one's own short-comings and the in-harmonies which one may possess; - and it is especially difficult for some to know how the evils within their own nature can be rectified or overcome. But through the study of the application of the Law among others; and the giving of your Light, and of your Love, as the Spirit within you directs, will not only help those who are in need, but you will help yourself as well. You will always find that through bringing harmony to others, a greater harmony will come unto you - the sins which you release in others will likewise be released in you. Work, that others be freed from their sins and from the bondage of the material, and regardless how bound they may be, you will learn from such work, something which you should know that will free you from your own bondage.

Know, O Truth Worker, that the Truth will set you free providing you work in Truth. Before you can receive your personal liberation you must free your attachments of fear, selfishness and in-

harmony with your fellowmen. Apply the Law of Spiritual Liberty and set your brother free, and you will be likewise free from the bondage of material inharmony. Heal your Brother of his deformities, of his selfishness and of his fears, and you will have healed yourself. Remember, O Servant of God, it is more blessed to give than to receive.

You have probably sought for ways and means to heal your neighbor or loved one, but could not find a definite formula with which to work. I have given, within this letter, the only formula, which may be universally applied to the ills of the world. Remember that which you have already learned about the laws of Divine Truth and that which you have personally experienced or observed pertaining to the harmony and the well being of man. You should carefully study this lesson and learn all you can about this formula. Then apply all which you know to the practice of the healing of others, and your knowledge of Divine Health will speedily grow.

Carefully observe every suggestion you make, and also observe the effects of every word you say and to every movement you make, even to the touch of the hand or to a look of the eye which you give to others, so that you may learn the Art and Wisdom (or skill) of how to best heal your brother. Remember that the Spirit within you IS God; and that howsoever you think and act, creates within you that quality of the Divine which heals the sick and which manifests within you the Spirit of Immortality.

Yours for Divine Perfection,

Lon Elohim

BROTHERHOOD OF THE WHITE TEMPLE
TRUTH WORKERS GUILD
INSTRUCTION LETTER
THIRTEEN

Dr. Paul Youngstrom
Truth Worker

Offering Received \$ _____

Beloved Worker in Truth:

Let us take, at this time, a reconnaissance flight over the valley of life through which we have been traveling, so that we may better gain our bearings; and, with the light which we have gained from our present mountain top, soar free of our emotional bodies into the clear air which streams over the valley of the lesser light.

Let us collect our memories; of trials and of delights, and permit them to flow before the eye's mind as a river flowing at our feet. Time is an infinite circle of life and its material manifestation flows from left to right. Choose the time in the past you wish to see and set your mind upon it, and rest the eye of your soul upon that time of life's stream you wish to recall. Do this and enter the Silence and your life stream will begin to unfold that time upon which your inner consciousness has set.

(NOTE: Before proceeding further I wish to say that this exercise for entering into the dimension of time is accomplishable within a fraction of a second of time. You may practice it while walking or when you have a moment to spare. Then, when you retire at night, train your consciousness or the eye of the soul upon the stream of mental thoughts which you call before you in your mind - Call before you some thought in the past and cleave to its continuity and unfoldment. Study the "three occult steps" for attaining conscious projection, of which this Instruction Letter is the first.)

Sit thou, my child, by thy stream of remembered life and should the waters flow from thy right to thy left, know that you are looking at it as it flows by thee, coming from future's eternity; for know, O Child of Life, it is thou who turneth through manifesting life. And should the waters flow from thy left to thy right thou seest thy memories unfolding before thee; for thou art ever in the present with thy future and thy past. And as long as the current of your mind flows before you as though you were standing still, the tributaries of the Perpetual Waters of Immortality will stream before you, giving you glimpses of their mysterious depths and unfathomed heights. Know, my Child, that you are seeing the web of life, without the beginning nor the ending of its strand revealed - Thou seest into Eternity but knoweth not the Mystery which is before thee; for as yet ye seest life in its glimmering and changing light as one would see

heaven from out of the night or as one sees a star in the heavens at night.

If your thoughts or scenes do not obey you, spiral them as in an eddy, sometimes one way and sometimes the other, and begin all over again. God geometrized in the making of thee: and he made thee with curves and he placed thee upon angles of space. Make of thee a sphere like unto the Cosmos and the angles of negation shall become thy footstool and obey thy every command.

When the thought in your mind becomes bright and clear, rise thou into it and live thy past anew. Where there is a break in its continuity or something through which you cannot pass, recall this scene in thy objective state and devise habitual means of consciousness that will master it. Use thou the curve to disperse the angle. Learn to pick up the flow of thy life's continuity at any place in thy past, and train thy will to control its speed or flow, so that while observing thy life ye may inspect what you desire of it. Master ye, O Child of the Morning, thy stream of life. Make it flow through thy mind as thou wouldst pull a thread through the eye of a needle.

Learn thy past and the mysteries it holds - learn the law which thy ego unfolds - see the fifth dimensional ocean which flows as a river of second dimensional waters by thy life's material garden. Be thou illumined to the Infinite Breath of God by seeing life everywhere.

You have thought your past to have been a desert, but now looking down upon thy remembered valley ye see it changed into a forest. Oft times you see, in thy dreams, amongst the trees or growing crops, riverlets, lakes and perhaps a mighty sea. These are signs of thy spiritually evolved times and portray thy accomplishments, thy trials and thy goals. They usually come in the language of earth, water, air and fire and they tell their story thrice, but differently each time. (The symbol of water is primarily used in this Instruction Letter.)

Those souls who have mastered life's valley can interpret the story thou seest and from thy experiences while recollecting the past guide thy footsteps further on the path. Seek ye such guidance and speed ye thy way.

Remember my instruction and master thy flight. Remember that ye fly upon the wings of thy spirit through the night. Remember that thou art spirit which seeketh eternal joy and delight and when ye fly under the sun remember to be God's Light.

(NOTE: You should report to me any experiences which you believe might portray your difficulty in the mastery of conscious projection. They will be carefully considered and if you are in need of some help or suggestion, I will give it to you.)

Yours for Conscious Consciousness

Law E. Clark

BROTHERHOOD OF THE WHITE TEMPLE
TRUTH WORKERS GUILD
INSTRUCTION LETTER

— FOURTEEN —

Truth Worker _____

offering Rec'd \$ _____

Beloved Worker in Truth:-

Often, O Child of the Light, it is well that ye meditate upon thy plight, and learn of that which thou hast, and of that which thou hast not. See what thou knowest and can'st already do, and also look at thy short-comings. And in thy "musings" of Life's Eternal Wheel thy soul is "breathing" thee into awakfulness. Take heed of its "whisperings" that ye may know, and understand the Wisdom of the Spirit.

In my last Instruction Letter I told you to take a reconnaissance flight into your past. Whether you make this flight while your body is standing and busy with the cares of the day, or when your body is asleep as silent night, thy spirit has flown and encompassed the terrain which is thy own. Learn of it, the remembered truth, and keep it handy for future reference in the archives of thy brain. Flashes of light; - as realizations, moments of awareness, and images of life, - should flood your consciousness during moments of meditation, silence and mental quiet. These are experiences with the Holy Light - they illumine thy consciousness and disperse it from out of the night.

Look to, O Seeker of the Wisdom, how thy garden is laid before you! See how thou art the "Infinite Center" of thy fountainhead from whence the waters of the Divine Spirit springs forth in thee. (See Fountain exercise of Instruction Letter #1.) The "space" which surrounds thy Center is thy garden, the soil of thy earthly life. It is thy world wherein thou experienceth life and thy power of consciousness is its light; but where thou hast not tilled, or where thou hast not watered thy fields, it is as dark as the night. Look to the boundless fields before thee; - space unlimited, and far beyond the limits of thy light or horizon - are yet to be watered.

In thy retrospective moods thou has seen glimpses of that world which stretches beyond the world of thy material eyes. But has thou seen this dreamland like unto a desert? Hadst the desert jewels, precious stones, and gold? Or walkest thou in it athirst?

Or dost this world of etheric dreams appear like unto a forest; or fertile field? Or as crops not perfectly planted, or wheat ready for the harvest? Dost thou see hills and mountains, - lakes, rivers and waterfalls? When thou seest these things, where art thou? If thou, in thy remembrance of these things, stood afar off, and observed these things before thee, look to in thy next experience that thou ENTER these things with thy light.

Remember ye, that in thy path of growth, ye first see the light, ye then step into the light, and then ye become the light. Enter ye therefore into the light which shineth before thee in thy field of night. Pour forth thy light from thy fountainhead and illumine thy world from within. Brighten all space, wheresoever thou goeth, with the look of thy conscious eye, and make each corner around ye illumined by the sphere of thy soul's light from within.

In the day time, during moments at rest, practice extending from thee thy personality or vibrations of thy soul into some object you wish to "spiritually feel". Also practice the extension of thyself into the thing you wish to know. Feel thyself lifted and expanded to where thou art immersed with that which you are illuminating by the directed light of your soul. If thou seest a river enter thou into it and go thou up its stream and find "the source". If thou seest a mountain climb thou to its peak and when there, raise thy being into the sky and "fly into the Sun". Do ye these things in thy mind and thy consciousness shall do them "in thy time of need."

Press forward the light of thy consciousness against the darkness which surrounds thee: - extend thou thy field; cultivate and water it, and if thy seed be selfless, thy created world will be good for thee, and its harvest will be a glory to thee.

If before thee, in thy mind's eye, a window opens and thou seest into the world beyond thy material senses, strive to enter that world. Immerse thyself with the scene or vision - enter ye in and move ye in that world as a part of that world - live in that world, and ye shall have conscious being on the Astral Plane. If the window closes when you push forward, extend mental hands upon the window frame and pull it over you, and thus you will be able to enter the picture. In this manner enter thou into the "terrain" of the Astral and when thou hast explored the "border planes" find ye the twenty-three gates of the Fourth Dimension.

Should the scenes which appear before you or your experiences move too fast for you to fully inspect, explore and understand what thou art doing when thusly attuned with the Astral Light, press thy consciousness against the picture or will that that which you wish to occur be done. With the power

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of thy will anything can be accomplished, mountains may be removed, cities built, and the most dense object interspersed.

And when ye wish to "hold on" to some scene or place, spin thy consciousness within its space in a clockwise direction. And if ye wish to let loose, reverse the direction of the spin and will where next thou would'st go.

Look carefully for the various gymnastics which I have given ye. Practice ye them, that they might bring ye before the Throne of the Eternal, Living God. Follow thou, out of the desert to where the riverlets flow and find thou the river of Perpetual Waters. Enter thou the River of Life and ascend ye to its Eternal Source; - the Ocean of Everlasting Life, where Infinite Peace abounds. (NOTE: Your next Instruction Letter will show you how to do this.)

Yours for Divine Life,

Lon Elohim

BROTHERHOOD OF THE WHITE TEMPLE

TRUTH WORKERS GUILD

INSTRUCTION LETTER

— SIXTEEN —

Beloved Worker in Truth:-

O Child of the New Age, knowest thou the Fount of Thy God-head: - how, like a "facet of light" it is "set" in the Cosmic Jewel of Eternal Truth; - which watereth thy fields and which giveth light, life and glory unto all "ye behold"? Behold thou, how God reveals himself in thee?

Behold thou the "Presence of God" when ye sit in Silence and hold the "presence" of thy mind in a field round thee. Mind ye, of that which I speak: - for "this presence" is God incarnate; in thee - "it" is the Light, the Christ, the "only begotten Sun". Mind thou "it": - for "this light" shines through thee and "extendeth before thee" as the light shineth through the facet of a perfect-cut-gem. Give Way! O, Light Born, to the Christ within - Let His Presence go always "before thee and shield thee", and wheresoever thou goest God will be with thee. Walk thou, O Beloved, in thy New Light - for ye, the kingdom has come.

List ye, for in the beginning, thy light, which ye call thy soul, was set in the Jewel of thy God as a facet of His All-seeing Eye. Thou shineth His Light, and thou liveth in His Presence: For without Him thou wouldst not be. He sees all: and His Brilliance is the light in all men. He knows all: and His knowing is the wisdom of all men. Know thou His Presence, which has been made manifest in thee. Behold the Lord, and the Light of His Day. Behold! Thy Christ-light, shining within thee. Live thou in the Christ! For He has set thee free.

Realize thou, thy presence; how ye sit in the "center" of thy waters as an island in the midst of the sea; And how, from within the center of the Fountain of the Eternal, thy life springs forth: and how thy presence may envelope thy land and thy

sea. Draw thou a circle, with a dot in its center, on a piece of paper, and thou hast a symbol of thy being and thy presence: - The point in the center is the ego or "I" of thy spiritual being; the circle is the "horizon" of thy conscious self; and the "space" thus inscribed is the "field" of thy presence and the world of thy conscious self. And thou hast symbolized the "I AM Presence" which is within thee.

Enter thou the Silence and let thy waters of light and of life become quiet about ye. Hold thy presence of mind and of consciousness centered at its fountain-head, the pineal gland, and fill thy circle with Radiant Light - fill thy space with thy light, radiating it from the center of thee. Press thou, thy conscious self against the walls which limit thee: - press thou against the limits of thy heavenly self and against the limits of thy earthly self; raise thou the stone from the tomb of thy grave; - open thou the eye of thy Cosmic Self - And resurrected, fly thou to thy Father who is in Heaven.

A New Life, a New Age, has come for thee, my Child of Light. Shine thou, the light of thy crystal and let the Light of thy Father sustain thee. Make thou, the light of thy head a diadem, and set thou precious stones radiant unto all directions within thy Crown, that it be a Glory on earth of thy God who hast so loved thee, and delivered thee from the darkness of the earth.

And when ye desire to consciously project thy ego "reset" thou the crystal that its glory may "behold that part of God" ye desire to perceive. Turn thou thy Crown about thy "inner head" and spin thy sight about ye and loose thy consciousness shall be. Spin thou as ye fly through space and through time and direct thou the journey of thy consciousness by the "directional power" of thy will - thy will to be. Turn the "eye" (or "I") of thy presence slowly about and then come to a rest, when ye wish to "set" thy consciousness in some desired field. Learn ye "the turn" and become proficient in thy "take off" and learn ye "the setting of thy light where ye will," that ye may go and come "with a simple twist of the will". Meet me in the heavens and great mysteries we shall reveal.

Yours for Divine Wisdom

Len Elohim

BROTHERHOOD OF THE WHITE TEMPLE

TRUTH WORKERS GUILD

INSTRUCTION LETTER

SEVENTEEN

Truth Worker _____ Offering Rec'd. \$ _____

Beloved Worker in Truth:-

In your Instruction Letter No. One I told that "the work of the apprentice is primarily that of learning". Your apprenticeship is now over, for you have learned something of the spiritual tools which are within you and something of how they work. Up to now you have been as though you were at school preparing yourself for a profession. Your Guild Work was your Laboratory Work, your Instruction Letters your Laboratory Manuel and your Report Sheets were your Quiz papers; while your weekly College Lessons were your Textbook. But at this time I wish to inform you that your "trial and error" period should be a thing of the past, and that you should be conscious of accomplishing a measure of spiritual success in everything you turn to. You should be aware, by now, although you have read and studied your lessons and practiced the exercises that were given you, that your real school was more than that: - that the school which you are really attending is "Life" and that its laboratory is "the whole world"; - and that the profession which you are learning is "how to happily and fruitfully live on the three planes in order that God may be Glorified in you". It is to "this profession" that we shall now turn, - that we speedily become skillful workers in the Garden of God's Glory that "His City" be ready for His Coming in the Last Day.

In the first sixteen lessons of Truth Realization Work you were taught how to "attune your consciousness" with the Spiritual Waters of Divine Life and drink thereof. Before passing into the new phase of Work which we are about to begin, I wish to remind you of a few things which we have learned and introduce a new realization or aspect of the Law. Try to gain a clear picture of what each Guild Letter tried to convey, and upon this composite picture we shall build.

The Divine Waters of Life are everywhere. You, as an individual, is a drop of those waters: You are a part of the Divinity which has been circumscribed, limited and separated from the "wholeness" or entirety of all space, and being such a separation in space you possess individual action much like a drop of

water possesses it in the midst of the ocean. Your individual and personal "field of consciousness" is composed of Divine Water. By your "field of consciousness" I mean, your life, your world, your realm of being, physically, mentally and spiritually - as a person, entity or ego. In other words, "your consciousness" is Divine Consciousness, that has been made manifest, and that that consciousness which you call "yours" constitutes a "field" wherein you are "conscious" - conscious of that limited part or field of God which you call "yourself".

The person who is devoid of the realization of Divine Truth, his field is said to be dry or arid. His world is a materialistic world for he does not let the spiritual come in. In the East it would be said of such a one that "his pool" is dry and he has become as a desert". Such a one is athirst for Truth but does not know it. The Fountain of the Perpetual Waters is dry in such a person for the Waters of the Divine Plane do not flow through his "field" of consciousness. In other words such a person is out of "attunement" with the Divine Ocean of Immortal Life.

So far you have progressed to where you can open the Fountain Head to the Immortal Spirit within you to where the Sacred Waters may come forth and water portions of your garden and that crops are now growing therein. Some of you have watered certain corners of the garden of others: but did you not know that their garden is your garden also; and that your work as a child of God is to water ALL of His Garden.

If you will recall your experiences in the Spirit - your realizations and your dreams - you may remember how your garden appeared; - whether your pond was dry, muddy, or filled with water, etc. Or you may recall your garden as a field at plowing or at planting time, at cultivating time - maybe needing rain, or at harvesting time - maybe needing laborers when the harvest is ripe. And again you may have seen your field as a "social ground" wherein "your field of consciousness" is depicted among human characters, geographic locations and surroundings, Temples with teachers, and even Celestial Beings. Remember that whatever Astral experience or dream that you have had, regardless how apparently foolish or unconnected they may have been they are of great importance. You should carefully consider each of them, and carefully "plan within your mind" how they should be to be harmonious, selfless and ordered. This objective planning is essential to your growth; it establishes "purposeful construction" within your field of consciousness. And each construction that you make will more perfectly "attune" your personal consciousness with that of the Infinite Consciousness and you will become nearer to His Divine Oneness by each construction you build.

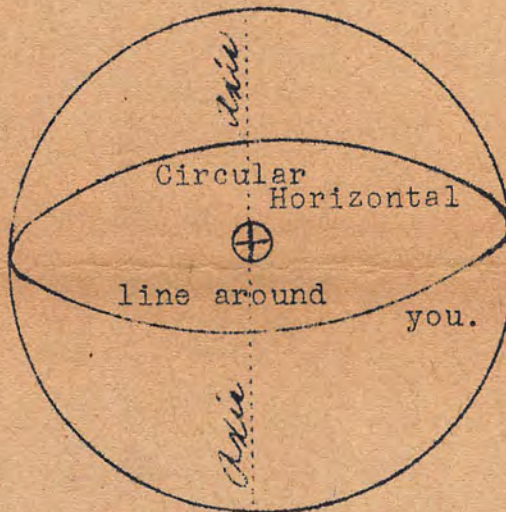
So, my dearly Beloved Truth Worker in the Field of Light, we shall now, having seen the Light, truly step into the Light -

and so cultivate the Garden of Universal Life that the Earth shall give up its seed, its life and its light for the fulfillment of the Kingdom of Heaven. An exercise for the spiritual practice of this is as follows:

EXERCISE

(FOR PERFECTING YOUR UNIVERSE OF CONSCIOUSNESS)

Seat yourself upon a pillow and make yourself comfortable in a darkened room. Draw your feet up under you (right ankle over left), with your hands resting upon your knees (the Buddha position) or with hands clasped together over the Solar Plexus (the Dorje Posture), and keep your back and neck straight. Conceive of your being, your world of conscious presence, as existing around you in the form of a perfect sphere. See Drawing. You may recall the Fountain Exercise in Letter One if you wish for attaining the conscious state or condition of your "presence" as a Universe of Light and of Power. When you have arrived at this realization observe the earth below you and the heaven above you, with the "horizontal line" circling all round you. Then I want you to observe the "full dome" above you, and while holding this realization complete the circle of the sphere through the earth. Practice this until you can create this condition at will - and under any material condition during the day.



⊕ The center of your head - your ego, the observer or "knower".

Your Universe of Conscious Presence
and Divine Light.

You are now ready for your exercise for conscious and purposeful projection of your consciousness. But first there are a few things I wish to explain. Sensations of "moving" may manifest as though you were physically moving while in this "state of consciousness" but actually you do not move, only your consciousness takes on different movements or gyrations than those you are accustomed to while solely conscious of your physical self. It is these different movements of consciousness that determines the nature of your consciousness and "what you (your consciousness) perceives, realizes or knows". This perception may take place any place; that is, you may perceive any place or anything regardless of location on the earth, above the earth or in the earth - in fact, you are "free" to "be" the Infinite; for when you master the movements of your consciousness you overcome the limitations therein and are no longer bound or limited by them. Each movement of the consciousness determines its nature, its presence and its light. When these movements are known, you can "synchronize" your consciousness with anything or place you wish, and even attune it with the Cosmic Consciousness and make yourself one with God.

In the next Guild Instruction Letter we will begin the instructions for the development of "conscious movement of the consciousness,

Yours for Conscious Consciousness,

Lon Elohim

BROTHERHOOD OF THE WHITE TEMPLE

TRUTH WORKERS GUILD

INSTRUCTION LETTER

— EIGHTEEN —

Beloved Worker in Truth:

In your last Instruction Letter (No. 17) I gave you an "Exercise for Perfecting Your Universe of Consciousness". Let me explain what I mean by "Your Universe of Consciousness."

Any consciousness that is conscious of all the space and of all the time and of all the parts of the Cosmos as ONE consciousness or realization of Self-being is Cosmicly Conscious, and has become at-one-with the Cosmos. But this consciousness must be as a self-realization and no part of it can be in any way assumed. Your personal consciousness, the individual consciousness that is your "self" as a person, must grow, expand and eventually contain the awareness of and the existence of every part of the Cosmos and BE the Cosmos as a Cosmic Entity.

You will retain your individuality - that is never lost. Rather it is enhanced. When you enter that state of consciousness which is Cosmic, your quality of individuality will be so greatly increased that your present sense of individuality will seem poor indeed. When you enter the Universal or Cosmic State your individuality, as a personality of the material world, is infinitely established. You will not only have your own personality but you will have also the personality of the Cosmic Self, - the individuality of the Cosmic Self will not be predominant in you - As a Cosmic Self you will be manifesting as true "individual"; that is, not divided or separated, as the original meaning of the word indicates.

Now this Cosmic Entity, which we have called the Cosmic Self, is the Great Universe or Macrocosm. You are the small universe or microcosm. You are the universe which was created within the Large Universe when you established a "consciousness of separation" within your Individual or Cosmic Self. Because this "consciousness of separation" was limited in concept the world of the material or limited self became what is known as the "finite self." When the "conscious world or universe" of the finite self has grown in shape and in nature with that of

the Cosmic Self that "self" has become Illuminated and at-one-with God - that person has become "perfect as the Father in heaven is perfect."

You should now be able to see how your conscious world is a universe; and that when you do the exercise which was given you in your last Instruction Letter you should be able to form a clear conception of that universe which you personally cognize. This universe is your universe; and if it is not kept clean, and if it is not fertile and productive, and if it is not illuminated - sunny and happy, there is no one to blame but yourself, for you are its creator.

When you look out upon your universe and see your "earth" and your "heaven", which you have created, you are seeing the "handiwork of God which is being wrought through you." If the universe is out of shape - flat and delapidated, - dimly illuminated - gloomy and shadowed, you have borne God's image of heaven and earth imperfectly in you. To realize our fault and wherein we are at fault is truly something worth while knowing; for when we have truly discovered our imperfection we know where to turn to find perfection.

When you close your eyes and center your consciousness upon "your universe", the world in your mind's eye, the earth and the heaven (separated by the horizon) should readily appear. The horizon should extend all the way around you; and you should be able, at least at times, to be aware of the whole earth and the whole heaven as one universe - seeing it and being it as a Divine Realization. You should enter your Inner Sanctuary as often as possible and commune with the Presence of God which you find there. And each time you enter "your secret chamber to pray before the Most Holy One" you should create your universe as a perfect sphere and fill it with so much light that it becomes like unto a ball of radiant light.

You should also learn to expand the size of your universe, and to contract its size also. You must learn "to take dominion" over it; for you, its creator, is its God, - you must "sit upon the throne, and the earth shall be your footstool." Remember that God is the Absolute - He is the absolute in smallness and the absolute in largeness. Therefore, in order to find God, you must search for him in the two polarities of the Absolute; and when you can expand your universe to the Absolute of the Cosmos your Consciousness will be at-one-with the Cosmic Consciousness.

When you wish to heal some person with the power of the Divine Presence which is within you build your universe and place that person in the universe. Pour forth the Light of thy soul upon him and envelope him with thy tender thoughts of love as one in fond embrace. See him perfect and in health. Create in him that which thou wouldst the Spirit do. Give him to drink of thy Light and command that he be made whole. And if it be God's will thy prayers shall be granted thee, and thou shalt be lifted upon high and Divine Power will be given thee.

Observe the universes in the heavens, and see how they spin upon their axes. Look at the gyrations of the earth as it rotates upon its axis, and how it and the other planets move about a common axis around the Sun. Thou art as one of these; for all things are made by the same image - some partaking more of the earthly and some partaking more of the heavenly - therefore all things are akin.

The "I" or ego is the center or axis of your universe. Observe how the printed "I" even looks like an axis or axle around which your material world turns: The top is the head and the bottom is the feet: and the horizon may be conceived as the rim of an imaginary wheel that is suspended around it. Meditate upon the similarity of these universes, and observe that where-soever there is movement that movement moves in a curve around some point: - and also observe that that point may similarly move around a still greater or more common point. The "I" or "observer" behind your mind is the "sun" or central point in your universe. If you increase the size of your universe you may "elongate or lengthen your vision, and if you move the center or "I" of your universe away from its focal point in the material body you have "projected" yourself through space.

You can develop these powers of consciousness and be completely conscious while doing them. In the material world you must put forth certain effort to move your body: In the Astral you must put forth certain effort to move your "universe of consciousness". Certain motions in the material will move your body forward and the reverse of those motions will move you backward. What we are going to learn is what movements of consciousness will free you from your established focal point in the material and how to propell your universe about, moving it where-soever you wish to go. There is a movement for each direction. Please count the number of directions you are able to see in your universe. If you will describe them on your next "Work Sheet" it will tell me how well you are doing and what special instructions you need, if any.

The exercise I want you to do this month is as follows:

Place yourself in the Fountain Exercise and create "your universe around you." Send a mental streamer forward to the horizon. This streamer may be formed of light. Now cause that streamer to sweep the horizon by moving it to the right until the streamer has moved the entire circle around you. Then repeat this exercise by moving the streamer to the left and entirely around you. If you wish you may conceive of this streamer as being a spoke in a wheel; the horizon as the rim of the wheel; and you as the hub (or axle) of the wheel. You should train yourself so that you can make the wheel's rim move evenly all around you, and at the speed you will. Your perfecting of this exercise will make the following exercises simple and easy.

Yours for Universal Consciousness

Len Elohim.