

"THE SCIENCE AND ART OF REGENERATION"

Ten Lessons

By

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Of The

SCHOOL OF LIVEABLE CHRISTIANITY

Chicago, Illinois

"The Queen City of EOM"

Dedicated in Love and Service to all who seek the Way of Life; who would be freed from condemnation through understanding, and who are willing to die to the "old man and his deeds" that the new creature in Christ may be revealed in Love and Truth.

Except a grain of wheat fall into the earth and die, it abideth by itself alone; but if it die, it beareth much fruit.

He that loveth his life loseth it; and he that hateth his life in this world shall keep it unto life eternal.

If any man serve me, let him follow me; and where I am, there shall also my servant be; if any man serve me, him will the Father honor.
John 12: 24-26 R. V.

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"THE SCIENCE AND ART OF REGENERATION"

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LESSON I

PURIFICATION

Purification is an essential to spiritual progress. Man, in mortality, is identified in sin, and subject to redemption. Man is redeemed, and identified in purity, when he has met and overcome attachment to that which makes for impurity. It was the identification of the male and of the female poles of consciousness in separation that set up the cycle of adultery. It was man, identified in the unity of the male and the female poles of consciousness that inaugurated the activities of regeneration, and manifested the Christ. All who believe in Him must also come into the realization of biunity, and become manifested as the male-female man of God's creation. This is the goal of regeneration, and constitutes the fruit of the only cycle of generation set up by God in the creation. Man, identified in Christ is the evolved expression of Jehovah God, while man identified in sin is the evolved expression of the "serpent," lord of the cycle of self-knowledge and self-will. The process whereby man detaches from the activities of the "flesh and blood consciousness" is called regeneration. Regeneration is the opposite pole of generation, and begets purity of mind, soul and body.

WHAT CONSTITUTES PURITY

Purity is the impersonal, unprejudiced, unbiased, unadulterated relation of every detail of living to a standard of absolute truth. The relation of any detail of living to truth must be carried forward in both a mental and a manifest manner. That is to say, understanding and will must act as one before adultery is eliminated from the mind, and from the life of man. As long as man thinks, and does not act upon his thoughts, he is not joined as one in his formative powers, and inharmony results. The will to both know and to do the truth constitutes being. Truth is not known until it is lived, or actualized. Life is the generated result of truth known, love and actualized. Thinking, feeling and doing constitute the trinity that makes for oneness. If man would be whole, that is, holy, he must act in a whole, rather than in a half-way manner. The whole way of reproduction of spiritual man is based upon the union of the understanding and the will. Man must either express what is thought, and so join his will with the impression, or perceiving the thought to be undesirable, be willing to transmute its energy into constructive expression. In either case, understanding and will are joined and righteous expression is insured.

HOW IMPURITY WAS IDENTIFIED IN CONSCIOUSNESS

Understanding is the male pole of consciousness, while will is the female. All harmony and purity is based upon the union of these poles in Christ, or in truth. Man in his mortal nature, is not joined in his male and female poles,

and this fact accounts for the unholy conditions in his life and affairs. It is this scientific fact that prompts the declaration that all discord comes out of the sex nature. Sex is the force of nature evolved out of the separation of the male and female poles of consciousness, it being set up after the descent of the ego onto the plane of conscious I identity (or Mind). Since this identity took place in the "Night" or unillumination (See Part I of Correspondence Course for details: THE UNFOLDMENT OF MAN) all the capacities, which man is capable of expressing in the illumination or "Day," were identified in the darkness, and out of this identification we have the present system of adulterous generation, and the world with its lusts. It is the Soul, or Woman, who is obscured from the light of Christ, and in which is identified the attracting powers of both heaven (realm of light) and hell (realm of darkness).

Purification from the depths of hell was effected in humanity by Jesus Christ, and is still carried forward by Him. The God-given capacities of man were identified in the light or "Day" by Jesus Christ, or the second Adam, and the forces of darkness were subjected. When light was identified as a capacity of attainment, desire for redemption from darkness was greatly increased in the consciousness of humanity. Christ within man constitutes the Light that lighteth every man that cometh into the world, and this Light was identified in the manifest world (earth) as Jesus Christ. Jesus Christ represents the central Son of consciousness about which revolve those centers of consciousness (individuals) in whom is also identified the light of Christ. These make up the members of the Body of Christ, the next fruit of Christ that is to be harvested in humanity. Jesus Christ is the governing Head of the Body of humanity, and through his Spirit purification is carried forward.

PURIFICATION OF SOUL

Purification is, primarily, of the soul. Through experience in evil (Nothing), man fruits out the good, but before good can be realized in the life and affairs, it must be desired. Desire for good in the soul is automatically prompted by the rejection of the evil. The good of human consciousness is characterized by increased expression of mortality, virtue, honesty, integrity and simplicity, but this does not constitute spiritual character. Spiritual character is effected when man comes into the "new birth." Man must begin his ascension into spiritual consciousness at the point that he descended into impurity, viz., in his identification in sex consciousness. Sex is a belief identified in mortal mind, with its corresponding psychic vibration of the soul. It is a force generated out of the magnetic attraction of the whirl of self-knowledge and self-will. Naturally when this whirl is reversed with knowledge of God and desire to do his will, the belief of sex must be met and overcome. The establishment of chastity as respecting the sex act is but a preliminary toward the establishment of soul purity. Redemption of the soul from the psychic impressions of the sex is established through renouncing the sexual activities of the consciousness on the plane of mind, soul and body. In the degree that light of truth illumines the soul, renunciation of self-knowledge and self-will must be established. In this way adultery or twoness is offset with purity or oneness of consciousness. The gospel of Jesus Christ is preached in the consciousness and redemption is in progress. Man cannot come into heaven (realm of spiritual consciousness) in his sins. He must pass the "flaming sword of Truth" that stands at the entrance to the inner kingdom of Christ. This involves the crossing out of the activities of the self-man, identified in sense perception and sense desire, and the putting on of the Mind

of Christ.

Purification is based upon righteous expression rather than upon suppression. Righteousness is possible only when principles of truth are identified in conscious knowledge, and conformity to these principles is set up. The primal standard of truth to be raised is based upon the realization of man's spiritual reality, and the non-reality of the sex nature. Affirm: "I am not a sex creature with sensual tendencies. I am spiritual being, governed and controlled by laws of God. The male and female of God's conjoining identify as one in consciousness to reproduce the holy man of God, which I am." Cognizance of spiritual ideas is quickened as purity of soul is established. When the desire nature is turned toward God, rather than toward the activities of the flesh, the Soul receives the impregnating influence of the Spirit of Truth, and the sons and daughters of God (spiritual ideas and feeling forces) are born in the consciousness.

PURIFICATION OF MIND

Thought control makes for purity of mind, and identifies man in the Christ Mind. Denial of any form of impurity (non-truth), followed with affirmation of Truth, brings to naught the usurping force of consciousness, and establishes purity. Denial of error makes empty the old wineskins and affirmation of truth fills full the emptiness. Love is generated out of the process, and life is identified as a result. Love is truth identified in the Soul, while life is truth identified in the Body. Since it was the identification of forces of mind in unillumination (ignorance) that led to adultery and death, it is discerned that rejection of the error with thought of truth is the way of reversing the processes of death, and of bringing immortality to light. Denial of error and affirmation of truth both are carried on in personal consciousness, and constitute the John the Baptist consciousness that must go before to make straight the path of the Lord. When truth is realized out of the process of denial and affirmation, man is identified in the Christ Mind; and when the Ideal of truth is actualized in the life, man is identified in Jesus Christ, or Christ Body.

Purification of mind through affirmed declarations of truth can only be inaugurated when consciousness is quickened of the Spirit of Truth from within, therefore this process is not literal only in the sense that the student loses himself in the form of the affirmation, not perceiving its identified spirit in his own consciousness. The affirmation of Truth is symbolical of the Word within, and its purpose is to call to remembrance the spiritual capacities of man. The following declarations of truth to insure purity of mind and will are presented as germinal seeds through whose identification other potent truths may be quickened into expression in the mind of the student. A spiritual idea is under the law, "Increase and multiply," as well as to "Subdue and replenish the earth."

"I am established in the purity of the Christ Mind."

"All the forces of man's consciousness are consecrated to God for the purpose of revealing spiritual man. I rejoice now that the Christ Self is revealed."

"I behold myself as I am in Christ; pure, true, whole."

"Understanding and will are joined as one in consciousness, and all man's thoughts and acts partake of the nature of purity and wholeness."

"I do not seek my own will, but the will of the Father who sent me."

"I am established in the mastery of the Christ Self, and rejoice that all the forces of the organism of man are identified in perfection of form and function."

"Father, I thank thee, that thou hast heard me, and that thou hearest me always."

(Make a daily study of these spiritual ideas thereby identifying them in the consciousness as "ever present helpers")

PURIFICATION OF BODY

Ideas of truth identify in the soul as purity of feeling, which in turn identify in the body as cells of light, in which is dominancy of life. It is in the "River of Life," or seminal fluid that thought forms are identified and reproduced as cells. If this fluidic nature is impressed with forms of impure thought the body of corruption is built. This body is the product of mortal mind, and is the abode of the mortal man. Man's freedom from sin and death is absolutely dependent upon purification from desires and thoughts of sense, for it is the desire that prompts the thought, and that incorporates the mind with purity or impurity of character. All thought that is not truth is impure, and is productive of death and inharmony. At no time does one seem so impure than when one sets out to establish purity of desire, thought and purpose. This should not discourage, but rather inspire the student. Error appears so that it may disappear, and one is nearer the goal of purity when error is aroused than when it lies, like a snake in the darkness, devouring the vital elements of consciousness on the underside. The point where truth and error meet and struggle for supremacy is in the conscious activities of man's nature, and it is in this realm of consciousness that man exercises choice of purity or adultery. When impurity is self-consciously renounced, and purity established, the victory is made through Christ, and the glory of the overcoming must be directed toward the within from whence cometh the power to subdue the forces of the earthly nature. To give power and glory and honor to anything outside of God and Jesus Christ is to still be guilty of adultery. "Thou shalt worship the Lord, thy God, and him only shalt thou serve."

SPIRITUALITY

Spirituality ascends in consciousness only as carnality is overcome. Every idea of truth identified in mind, soul and body becomes a ray of light to lessen the darkness of mortality. When truth has been sufficiently identified in consciousness the redeeming powers of Jesus Christ are set up. The redemption through Jesus Christ is an actual process taking place in the organic nature of man. This process cannot be set up until the carnal mind is subjected to Christ, so that fleshly desires no longer arise. When man is born of God his seed remaineth in him, and he cannot sin for he is established in the love of God. All activities of purification have for their purpose the overcoming of the carnal mind in which is identified death and mortality. All forms of adverse feeling make up the carnal mind, therefore the control of thought, together with mastery of feeling life, constitute the main essentials of spirituality.

"The pure in heart see God." That is to say, when the heart, which is the desire nature, or divine matrix in which the sons and daughters of God (spiritual ideas and feeling forces) are gestated, has been regenerated so as to be identified in the Christ mind, the devotee touches again the innate powers and capacities of the Christ ego, and is enabled to perceive (see) directly the ideas of heaven (realm of divine ideas). "When he, the Spirit of Truth is come, he will lead you into all truth." The Spirit of Truth, which is the identified spirit of Jesus Christ, the Holy Comforter, can come into activity in consciousness only when the soul (Woman) is pure enough to invite the impregnation of the holy (whole) ideas of the Christ Mind. As the carnal desires and thoughts are overcome, the "beloved son" of God is revealed through action of God, and man is identified again in the Christ ego through which identification spiritual man is manifested.

Lesson II, entitled "Conservation" is a fuller expression of qualities of consciousness that make for purification.

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Points to be Considered in Preparing Lesson I

1. Why is redemption of man necessary?
2. What constitutes adultery? Purity? Life? Death? Love? Truth?
3. Define Purity. What is the essential requisite toward establishing purity?
4. Why does all impurity come out of the sex nature? How is sex formed?
5. Explain the relation that Jesus Christ bears to redemption.
6. Where does purification begin, and how is it carried forward?
7. What is meant "to pass the flaming sword"?
8. How is purification of Mind established?
9. Explain use of affirmations of truth. Of what are they symbolical?
10. What is the function of a spiritual idea in consciousness?
11. How is purification of body established? Explain formation of cells.
12. How and where does man exercise choice?

Note: The above questions and points are to be used by the student in preparing his or her lesson, but are to be used and kept only as a guide, and record for the student. The lesson is written out in story form in the student's language.

Impression and expression must proceed harmoniously in order to insure the greatest unfoldment and growth. Ideas that the student cannot accept in understanding, he or she can receive in faith. Truth, received in faith, illumines and quickens the consciousness, and becomes conscious intelligence.

Be specific, yet free to use sufficient words to convey your ideas in good form.

"PURIFICATION, THROUGH JESUS CHRIST, IS NOW CARRIED FORWARD IN MY CONSCIOUSNESS. I REJOICE IN THE TRANSFORMING POWER OF THE HOLY SPIRIT. I NOW PUT OFF THE OLD MAN WITH HIS LUSTS AND PUT ON THE NEW MAN, WHO, AFTER GOD, IS CREATED IN RIGHTEOUSNESS AND HOLINESS."

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LESSON II

CONSERVATION AND TRANSMUTATION

Conservation is that state of consciousness that precedes righteous use of all the forces of soul, mind and body. Man, in a state of mortality, is identified in unrighteousness therefore must cut off certain expressions, through elimination and renunciation, before all his forces can be conserved in Christ. The cutting off of unrighteous expression constitutes the negative aspect of conservation, or non-use, which must precede the righteous use. Transmutation takes place between the non-use and righteous use, and is the means whereby forces of good and evil (dual; two) are converted into spirituality (oneness). Transmutation always takes place in emptiness; that is, consciousness is involved in a sense of lack of the force heretofore used, and, if aspiring Godward, invites the something that fills in the emptiness. The perfect blending of the nothing into the something constitutes the birth of the new force that characterizes regeneration.

Conservation makes possible the unearthing of the innate forces of consciousness. When these forces are expended in ungodly ways the whole man is desecrated, and God is unrevealed. Forces of mind, soul and body must be conserved in the particular manner necessary to resurrect again the inherent Christ principles governing each of these departments of being. Ideas of mind are conserved when thought control is established in Truth. Riotous thoughts make for ungodly mental wastes, and their influences are projected into the soul and body as unrest and inharmony. Thought control is established through reversing every erroneous thought with the offsetting one of truth. As this process is carried on one eventually comes to the point of unfoldment where ideas of truth predominate. When this point is reached, the forces of mind are conserved in Christ, and only godly forces are generated from within. This is the generation of God's identifying - the generation of spiritual ideas in which is the germ of holiness (wholeness, or biunity; the male and female joined as one).

HOW TRANSMUTATION IS CARRIED FORWARD

Before the mental forces can be conserved wholly in Christ, transmutation of unrighteous use to righteous use must take place. An unrighteous thought is transmuted in the following manner: The student wishes to transmute belief of poverty into a belief of abundance. A change must take place on the mental, the soul, and the bodily planes of expression as respecting these ideas before purification, or righteous relation to Principle is perfected. Beginning in mind, every suggestion of lack is filled with thought of plenty, whether the sense of lack has any direct connection with that which stands for the financial consciousness, or not. A belief of lack entertained

in the mind, and impressed in the soul, may identify as lack of health, lack of joy, lack of understanding, lack of freedom, as well as lack of money. It is the idea not the thing that needs adjustment. Through persistent reversal of belief of lack with belief of abundance of good omnipresent, it will become more natural for man to think in riches than in poverty. When a rich state of consciousness has been established, through ascertaining the righteous relation to God's ideas, one needs not be concerned about the added things. The without is always as the within of the consciousness.

AFFIRMATIONS AND DENIALS AS RESPECTING LACK AND ABUNDANCE

The following affirmations and denials are means of reversing belief of lack with belief of abundance so that the student may establish identification with his "treasure in heaven," upon which he can always draw as a Son. Man, living under the law of mammon, bound by its beliefs of limitation, is a servant under the law, and must work out his freedom in every respect before he can inherit the riches of the kingdom. Identification in the external world offers man opportunity to reverse things with spiritual ideas, and to identify again in heaven or Truth.

"NO MORTAL SENSE OF LACK HAS ANY POWER TO ATTACH ITSELF TO MAN'S CONSCIOUSNESS. 'ALL THAT THE FATHER HATH IS MINE.' "

"THERE IS NOTHING TO FEAR IN EMPTINESS. I REJOICE THAT EMPTINESS INVITES FULLNESS UNDER EXACT LAWS OF GOD."

"DEMAND CANNOT BE SEPARATED FROM ITS OWN SUPPLY. DEMAND AND SUPPLY ARE IN PERFECT EQUALIZATION THROUGH LAWS OF GOD."

"THERE IS NO PRESENCE OF LACK ANYWHERE. WHAT APPEARS TO BE LACK IS THE EMPTINESS AND THIS IS BLESSED IN GOD. ALL MAN'S NEEDS ARE MET THROUGH THE ACTION OF DIVINE LOVE."

"THERE IS NOTHING TO FEAR. I AM SUSTAINED AND UPHELD BY THE LAWS OF THE INFINITE ONE AND I REST IN CONFIDENCE AND PEACE THAT GOOD IS OMNIPRESENT NOW MEETING MAN'S EVERY NEED."

"I AM ESTABLISHED IN THE OPULENCE OF THE LAWS OF GOD, IDENTIFIED NOW IN ABUNDANCE OF EVERY NEEDED GOOD."

The denial makes empty the belief of lack, and the affirmation of truth makes full the emptiness with good. Lack is no-thing, the power-less, the negative, while abundance is the some-thing, the power-full, the positive. The positive and negative are the opposite and equal poles of each other, and make up one expression, even as twelve hours of light and twelve hours of darkness constitute one day. Lack is never abundance, nor is abundance ever lack. The transmuting point is when belief of lack is reduced to nothing and through belief of truth or omnipresence of abundance, emptiness is filled with fullness of good. "Let the weak say, I am strong," may be converted into, "Let the empty say, I am filled." In righteous relation, man should not be concerned about either lack or abundance, but concerned only about knowing God and loving Him with the forces of mind, soul and body. As the student learns to come over the sense of lack with faith in omnipresent goodness, instead of with fear of the emptiness, so-called inharmonious states yield easily to the laws of God, and the well-being of man is established. When man has mastered himself, so that inharmonious conditions do not disturb the equilibrium of the soul, they will cease to identify in his life and affairs.

One is conservative in the use of money, the symbol of supply when he uses it freely toward promoting all that makes for the well-being of man on all planes of expression. If one has unrighteously used money, he comes into the non-use of it, before righteous use can be set up. Lesson V deals with

"Sex and Money," and makes clear many points that promote a rich consciousness, and makes for freedom in supply. Sense of lack as respecting money can not be healed through belief of saving. The law, "Freely ye would receive, freely give," is a fundamental base from which to operate in healing all states of lack.

CONSERVATION OF THE WORD

The conservation of the word of the mouth is the keynote to spiritual progress, and the establishment of righteousness. The word is the formative power of mind, the impressionable power of the soul, and the progenitor of the seed (cell) consciousness of the body. Conserve the mouth from speaking guile and thought control is forced into expression, the feeling forces of the soul become purified, and the seed (cell) consciousness of the body is made whole. Begin right now to cut off, through elimination and renunciation, the words of the mouth that make for a lie, and note the stimulating effect upon the organism. Adopt the slogan, "I mean what I say, and I say what I mean," and caution and watchfulness toward its fulfillment will automatically identify. Hold, "When I speak, I say something," and make every word substantial in its essence and productive of life. Lesson III treats more fully of "The Word." Conservation cannot be effected without recognition of the word as the means of effecting change of consciousness.

CONSERVATION OF SEX FORCE

The conservation of the sex force on the plane of the soul is inter-related to the conservation of words. Sex force is the energy generated out of thought identified in mortal mind, or man, thinking outside of Christ. Sex force is the energy formed through the union of self-knowledge and self-will. This force is conserved in Christ when it has been transmuted from carnality to spirituality. Transmutation is the conversion of one form of energy into a higher and more constructive form. In the last analysis, all forms of energy that have served man on low planes of consciousness, become essences of use on higher planes, yet do not retain their original qualities, these being changed through processes of transmutation induced by purification of desire. Just as the seed of an orange is transmuted into the quality of the substance of the orange and the waste of seed eliminated, so is the sex force of man undergoing a change as thought is purified, and the seed is transmuted into quality of spiritual character. Sex force does not enter into Christ, but comes to nothing through non-use for sexual purposes. When this state of consciousness is attained, the regenerate laws of God begin to identify in consciousness and the spiritual ascension of man begins. The transmutation of sex force into spiritual energy is essential toward identifying the spiritual body, and toward revealing spiritual man.

Unrighteous use of sex force constitutes the activities of the carnal mind, and makes for death of the organism. Unrighteous use is expression of consciousness for purposes less than God's intending. The belief that God inaugurated the present method of propagation of mortals arises from lack of comprehension of the nature of God and his laws. God has nothing to do with the propagation of dead men (mortals). It is in Adam, or consciousness separated from God that men are dead in trespasses and sins. It is in Christ, which is God's man identified, that man is made alive. There is no sex force

in Christ, for self-knowledge and self-will, the progenitor of sex force, are transmuted into the knowledge and love of Truth before ascension in Christ can take place. "That which is born of spirit is spirit," and spirit generates life and love, wholeness and perfection. Mortals do not function in these qualities but instead identify in death, inharmony, duality and imperfection.

The use of sex force to propagate mortals, however necessary under evolutionary laws, is unrighteous because it robs man of the seed energy necessary to connect him with Christ, and to reveal the man God has idealized in the male-female character. Sex is the cross that forces ascent into Christ, and man's work is to overcome the cross.

Man, in evolution, is functioning in the "Night" (lack of light), and has not come into contact with Light, or Christ, though having identified in his consciousness the capacity to unify with God, and to reveal spiritual man. Not until the sex force is turned back to God for use in begetting spiritual man, is man in a righteous relation to the God Principle that originally begat him. Before righteous use of sex force can be identified non-use of it, as to its expression in mortals, must take place. This means the renunciation of sex activities for either propogative or pleasurable purpose. A period of non-use of sex force for carnal pleasure, coupled with purity of thought and desire, will cause the innate laws of regeneration to reclaim the forces, and to generate within the organism higher powers of life and love.

IDENTIFICATION OF SEX FORCE IN THE BODY

The pure river of life that flows out from the throne of God (heavens of consciousness) courses down the spinal column, carrying in its stream the message, "I come that ye might have life and have it more abundantly," when no stamp of death (carnal desire) is identified in it. This river of life is the seminal fluid. The seminal fluid is male-female in its character, and makes for wholeness in its identification in the flesh, when sex force is conserved for spiritual purposes. Wholeness is oneness of consciousness, and can come into expression only as holiness is developed. Holiness is based upon the unity of the male-female forces within the individual organism. Any external sex union makes null and void the inner spiritual union, and identifies death in the organism.

The non-use of sex force as respecting propagation of mortals, and fleshly pleasures, does not alone make for conservation. Every feeling force of the soul must be mastered before sex force is perfectly transmuted. The seed is lost through emanation of anger or jealousy, indignation or impatience, just as it is lost through voluntary or involuntary ejections. Thought control in mind and feeling control in soul, will eliminate all tendency to either voluntarily or involuntarily eject the seminal seed of the body. The student is not in regeneration until he is a master in all these three points of expression.

As purity of thought and desire is established, there is less tendency to eject the seed from the body. However, through ages of sex habits the desire for sex couplation, companionship of the opposite sex, unfulfilled yearnings for sexual love, maternal and paternal desires, are innately stamped in the soul, and it requires the fullest consecration, based upon knowledge of Truth, to renounce all these things for the kingdom of heaven's sake. "With man this is impossible; but with God all things are possible." When man has come to the point of unfoldment where God's laws, written in the heart, begin to identify, he enters into the "strait and narrow way" that leadeth to life, sustained and upheld by the knowledge and love of God, and is never tempted

beyond his capacity to conquer and overcome.

Men, because of unrestricted liberty in the use of sexual seed for ages, are more likely to suffer loss of the seed through involuntary emission than are women. Through consecration of purpose and desire, they should be on the alert to transmute desire for sex expression into spiritual character. The seed ripens once every month, and if one is observant, he may know at what time in the month desire for sex expression is most dominant, and prior to that time enter into definite consecration of his seed energy for spiritual use. Affirm, "All my desires are consecrated to God for spiritual purposes. All the seed of the organism is now stamped with spiritual life and love, and is now uplifted and transmuted into spiritual character. No mortal sense of loss of seminal fluid has any power to attach itself to man's consciousness. Man's seed is conserved in Christ, and is controlled by laws of God." Words of truth impressed in the soul as spiritual energy fill full the emptiness created through non-use of sex force and bring to the soul a satisfaction not possible of attainment when sex force was used in unrighteous expression. As soul forces are harmonized the seminal fluid is transmuted into spiritual energy, and the tendency to voluntarily or involuntarily eject the seed is entirely overcome.

THE GOAL OF CONSERVATION AND TRANSMUTATION

When conservation and transmutation have been fully established, life and love of a spiritual character will permeate the organism of man, and resurrect him in Christ. Every word of Truth identified as belief makes incorruptible the call consciousness and builds the spiritual body. Immortality is the climaxed result of conservation and transmutation of mortal forces. Truth does not destroy, but it fulfills. All the mortal states that make up the something of mortality, are nothing in their relation to Christ, therefore constitute the emptiness that is to be filled with knowledge and love of God. Man must know the nothingness of mortal attachment before he can know the something of Christ attachment. This is attained as knowledge of God is identified in mind, and love of God becomes uppermost in the soul. Love of God possesses the soul only as man dispossesses himself of the loves of the flesh. The possession is non-use that precedes the righteous use, established through processes of conservation and transmutation. It was through the will or desire that man turned his forces outward and identified in materiality. It is through understanding of truth that man becomes willing to identify in Christ, and to beget the new creature, who after God, is created in righteousness and holiness. Through conservation man cuts off unrighteous use of mortal forces; through transmutation man puts on righteousness. A change of mind (understanding) and of heart (desire; will) is necessary to establish righteous expression of the forces of consciousness. Regeneration is expression, and never suppression. One conserves forces because he comprehends the law of his being, and through being willing to conform to the law perceived, love of God is conceived in the soul, and the Son of Man is born into expression. The Son of Man is man expressing God in thought, word and act (soul, mind and body).

Lesson III is based upon the subject, "The Word," and is a fuller identification of ideas set forth in this lesson.

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Points to be Considered in Preparing Lesson II

1. What is Conservation? Why is it necessary?
2. What is Transmutation? When does it take place?
3. Explain how sense of lack is transmuted into belief of abundance.
4. What is the object of denial and affirmation? Explain their inter-relation.
5. Why is conservation of the Word of vital importance in establishing regeneration?
6. What is the relation of Word to the mind, soul and body?
7. How is sex force generated? How is it overcome?
8. Explain relation of sex force to spirituality.
9. What is unrighteous use of sex force? Righteous use?
10. When is man identified in light and life? What is the relation of evolution to Christ?
11. Explain relation of non-use and righteous use of any force.
12. Identify the "river of life" in the organism of man, and what is its purpose?
13. What is the goal of conservation and transmutation?

Note: The above questions and points are to be used by the student in preparing his or her lesson, but are to be used and kept only as a guide, and record for the student. The lesson is written out in story form in the student's language.

Impression and expression must proceed harmoniously in order to insure the greatest unfoldment and growth. Ideas that the student cannot accept in understanding, he or she can receive in faith. Truth, received in faith, illumines and quickens the consciousness, and becomes conscious intelligence.

Be specific, yet free to use sufficient words to convey your ideas in good form.

"ALL THE FORCES OF MAN'S CONSCIOUSNESS ARE CONSECRATED TO GOD FOR RIGHT-
OUS USE. ALL THE DESIRES OF MAN'S HEART ARE IDENTIFIED IN CHRIST TOWARD THE
REPRODUCTION OF SPIRITUAL MAN. NO CARNAL DESIRE OF MORTAL MIND HAS ANY POWER
TO ENTICE MAN FROM CHRIST. I AM UNIFIED IN THE MALE-FEMALE NATURE OF GOD'S
CREATING AND AM SATISFIED FROM WITHIN. I AM IN LOVE WITH CHRIST AND REJOICE
NOW IN POWER, MASTERY, AND DOMINION OVER THE ACTIVITIES OF THE LESSER SELF.
I AM NOW TRANSMUTED INTO THE IMAGE AND LIKENESS OF THE DIVINE SELF OF GOD'S
CREATING, AND AM ETERNALLY IN INFINITE LIFE AND LOVE.

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"THE SCIENCE AND ART OF REGENERATION"

By

EOM, Ida Mingle.....Teacher

LESSON III

THE WORD

The Word is the seed, the means whereby the fruit of godly sowing is brought forth. The Word is innate in man as Christ. This Word was with God in the beginning, and eventually manifested itself as Jesus Christ, the Word made flesh. Man is the sower of the Christ seed, and is also the field in which the harvest of the seed comes to fruition. In the last analysis, he is the Word, that is, God revealed. The connecting link between God and man is Christ, the Word. Man identifies with this Word on the plane of mind, or in conscious knowledge of Truth. The idea, thought and word, comprise the formative powers with which man works to reveal Jesus Christ, or spiritual man in the flesh. Christ is the Word in its potential capacities, while Jesus Christ is the Word brought to fruition in perfection.

HOW THE WORD IS IDENTIFIED IN MAN

The Word in its relation to man, or consciousness, is made up of idea, thought and word. The activities of these three identify on the plane of mind, of soul and of body. On the plane of mind, the Word or Christ is identified as the formulated thought of truth. The thought of truth has in it the spirit of Christ, and quickens into action the innate powers of the Christ Spirit (ideas of heaven), causing spiritual capacities to manifest to consciousness. When man is seeking to conform his will to the will of God, he expresses in word according to the thought of truth, thereby generating the works that make the word flesh. In the degree that man actualizes in thought and word the spiritual impression received, does he become spiritual being (being spiritual). Thinking, feeling and acting must unite as one in order that the inner spiritual powers and capacities may take on flesh, that is, be manifested as realities. Speaking the Word thought upon indicates that wisdom and love are joined as one, and in control of the reproductive capacities of the bodily man.

Scripture records, "The word is very nigh unto thee, in thy mouth, and in thy heart, that thou mayest do it." The word is the formative power of thought, the feminine aspect of expression. When the word of truth is formulated in thought, and expressed silently or audibly, it becomes the means whereby the innate substance of Spirit is molded into tangible form. The substance is a negative agent, and yields itself to the spirit of the consciousness of man, reproducing exactly what man images into it.

The keyboard of the piano beautifully illustrates the germinal processes whereby a word reproduces the thing desired. In the piano there are the strings that vibrate, the hammer that strikes the strings, and the keys which operate the hammer. Man presses the key, which symbolizes the speaking of the word that stands for the thing desired. Just as the student of piano would not strike G when he wishes C, so the student of truth would not speak sickness

when he wants health. The hammer symbolizes the interior mental processes through which thought passes once it is set up by the Word (formulated mentally, as well as audible declaration of truth), and in which is the power of vibration, or feeling. The vibration of thought penetrates to the interior consciousness and the ideas underlying give back to the thinker the fruit of the word declared, exactly as the strings of the piano give back to the player the sound of the key struck. The strings of a piano cannot help vibrating once the key is struck. They do not need to be employed to do so. Their law is to react to the act that governs them. The inner consciousness of man, in which is identified the substance of God-ideas, cannot help but answer the call of the keyboard spoken by man, governing any situation. Its law is to respond; to give back what it receives. God's will is done in the earth as it is in heaven. The law governing the reproduction of the word-seed is an infallible one. Man shall whatsoever he saith. "Speak the Word only and my servant shall be healed." Speak the Word that is the key that unlocks the door to heaven, and every earthly condition will be transformed into the heavenly one. There is a keyword to every situation in life, and to speak that word, is to conform to the God-given capacity of subduing and conquering the earth (realm of effects).

THE RELATION OF THE WORD TO THE CELL ORGANISM OF MAN

The substance of spirit innate in man is identified as the "River of Life." It is upon the "river" that ideas, quickened into action by the thought and word, vibrate. This river is the reproductive essence of consciousness, the mother element, and in it ideas grow and are born into consciousness as "living creatures." Even though the thought be carnal, the product of these thoughts appears to have life. However, the organic nature built through mortal thought, is sinful and dying, until redeemed out of death through action of Christ. Because man identified thought in the "Night" or unillumination, the formative powers of consciousness brought forth the dead man, or Adam, who was not the Word that was with God in the beginning, but the negative (inactive) aspect of that Word. Adam came out of chaos, while Christ came out of kosmos. Eventually through processes of translation and transmutation, the second Adam, or living Word, was manifested as Jesus Christ. In the last lap of the evolutionary sojourn of the man, Jesus, he consciously reversed the seed of the carnal nature, identified by the first Adam (mortal mind) and ascended into Christ, or spiritual principle, thereby revealing a live man.

Since the word is the seed, the seed is the Word. The waste of the seed energy of the organism is the waste of the Word energy and reacts upon the mentality of man. It robs the cell consciousness of the brain of the refined energy necessary to make it responsive to the radiations of mind emanated in its direction under laws of God. The brain is to mind what a finely tuned violin is to the violinist - - the instrument through which the melodies and harmonies of the heavens are passed over as the spiritual thought, word, and man. The brain of the immortal man is the seat of his immortality, and is built up through reversing the elements of death in the nature, with truth and love. As mortal thought is reversed, the seed energy of the organism generated in mortality (carnality), is likewise transmuted out of its essence of death into life, which essence ascends into the heavens of consciousness (identified in the head), there to lay the foundation of the New Jerusalem, the Holy City, the bride, the wife of the Lamb. The organism of man is built in cycles, or circles. The beginning merges into the ending, yet there is neither beginning nor ending to the spiritual reality - - only a continuous progression from

glory to glory. Man's work is to become so purified in thought and desire that he can continually contact the regenerative laws of God, and enter into spiritual being. This is accomplished through transmuting all that is gross into the refined energies of truth and love and life. Love is the molder of energies of truth, and life is the liberator. Both of these qualities become identified through the Word of truth, spiritually perceived, and established as a workable reality in consciousness. Love is the essence of truth generated in mind, and is identified in the heart, or spiritual soul nature. "Out of a man's heart are the issues of life." Man's life always indicates the evolution of his love.

The transmutation of mental energy to seed, and of seed to mental energy, constitutes one of the creative cycles identified in consciousness, and which exists so long as mortality is present. The seed is transmuted under regenerative laws, when thought and desire identify in truth sufficiently to call these laws into action, and the substance of the brain matter is changed in character. The red corpuscles of the blood are greatly reduced, while the white ones, the agents of life, become more numerous. The brain, identified in light of spiritual ideas, becomes responsive to impressions of the Holy Spirit, and the thought of truth becomes the natural trend of the thinker. Man is freed from the tendency of mortal thought, and the corresponding limitations of error in the body, when Truth becomes supreme in mind, and its laws of love and life are set up in the organism of man.

THE "LOST WORD" IS NOW FOUND

The "Lost Word" has been a mystical term in religious philosophy for centuries. Man lost the power of the Word when he set up mortal generation. Primarily, man's reproductive powers are vested in his capacity to speak the Truth, and to convert invisible spiritual substance into tangible manifestation. When consciousness identified in darkness of unillumination, and became absorbed in the love or feeling side of reproduction to such an extent that it became lost in "pleasant evil," the powers of mind became identified in carnal desire, and the very organism of man was changed from capacity for life to capacity for death. The seat of the "Lost Word" identified in the throat, in the thyroid gland became extinct, and the spleen, in which is vested the capacity of burying and resurrecting the corpuscles of the blood, was identified to accommodate the reign of mortality. Both of these glands are ductless and are related to the soul consciousness of man in an intimate manner. It was in the blood, the energy of the love nature, that the germ of death was identified in opposition to the germ of life, also identified in this stream. The soul, or seat of the love element, is dual in its makeup, therefore puts out two distinct energies, which identify in the blood as life and death. Since the blood is the life of the flesh, it is in the flesh that life and death are identified, and the struggle between carnality and spirituality is carried on. When Jesus Christ shed his blood "for remission of sins" he shed the blood of the carnal nature, thereby placing himself in relation to the automatic law of transmutation to be immersed in the blood of Christ, or spiritual love energies of consciousness. It required conscious identification in the Christ Mind to identify the energies of spiritual thought in the organic nature so as to bring about the transformation of the blood. Every one, following in the steps of the master, must consciously reverse the elements of love from carnality to spirituality, thereby finding the connection with the spirit of Jesus Christ, identified in the heavens within, and thus being enabled to manifest sonship. First, the purity of the Christ Mind is put on through reversing thoughts of error with truth; identical with this transformation there must be a renunciation of the loves and lusts of the flesh, in order to insure union with the Spirit that raised up

Jesus, which is now identified as Jesus Christ in consciousness, and to manifest spiritual man.

When purification has reached a point where the will of God begins to dominate the consciousness, the energies related to the seed life, are reversed, and instead of identifying at the sacral brain or sex center to be used as agents of carnality, they are identified at the seat of the "Lost Word" in the thyroid gland and make for power in the Word. The reversal of the sex force is an actual process taking place in the organic nature of the devotee of Christ, and is felt as a great transformation. Unless understood by the evolving student, great resistance of the flesh to this change is set up, and all manner of disease suggestions are presented to the consciousness, and fear becomes uppermost. "It is I, be not afraid," affirms the spirit of Christ to the disciples, seeking to steer their boat (body) through the storms that arise when transmutation from matter to spirit is being experienced. The student should bear in mind that the Nothing of every phase of consciousness, common to mortality, must be reached, before the Something of Christ can take up its abode. The new wine of spiritual energy cannot be put into the wine skins of mortal bodies. A new skin (external manifestation or covering) must be evolved through spiritual processes so that man is made new throughout when renewed under spiritual law.

POINTS OF TRUTH TO BE CONSIDERED RELATIVE TO THE WORD

Definitely speak the Word that stands for the connecting link between man and God as respecting any condition or event of life. Speak the Word in the Truth, with authority. When the Word is silently thought, it must be definitely formed, as though spoken. The silent Word must be something more than thought about truth. There is a definite Word of Truth that will offset the particular error appearing. Both "good and evil" must be known before one can definitely choose the Word of Truth, or Christ expression, that makes the temporary condition of "good and evil" vanish into nothingness. Rejoice in the truth that man is the Living Word of God, identified now in the laws of God, and manifesting his real self. Affirm in the Word that man is what you desire to be, which is the truth of being, and the laws of God bring to pass the fruit of the Word declared and realized. "Ye shall know the truth, and the truth shall set you free." Having once spoken the Word of Truth, follow it with praise and thanksgiving as already being, rather than repeating it again as though it was unheard of God at the first speaking. "When ye pray, use not vain repetitions as the heathens do; for they think they shall be heard for their much speaking." Declaring the Word of Truth, is the true prayer. "Pray without ceasing," can be fulfilled only when the will of God has taken possession of the consciousness. This occurs when the laws of regeneration have been set up through renunciation of the loves and lusts of the flesh, and marks the beginning of the transition from mortality to immortality. Prior to this point of transition the student must consciously keep his mind stayed in Jehovah, but after the Christ is resurrected, no self-effort is needed. After a period of faithfulness to the law, the law serves man, and man is no longer a servant, but a Son, choosing to know God and to love him as the dominant attainment in life. The Word is made flesh and dwells among us as man yields both head and heart (thought and desire) to the service of truth.

Lesson IV, "Food and Creative Energy" shows the intimate relation of the physical organism to spiritual processes.

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Points to be Considered in Preparing Lesson III

1. What is the meaning of the Word in relation to God and man?
2. How is the Word applied in consciousness?
3. Explain how the Word carries on reproduction.
4. What is the inter-relation of the Word and the seed? How is it identified in the body?
5. What is the "Lost Word"? Where is its seat of action?
6. Explain relation of blood of Jesus Christ to spiritual man.
7. How is the body transformed from mortality to immortality?
8. Name six definite points of truth to be considered in connection with applying the Word?
9. What is true prayer? How may man pray without ceasing?
10. What is the "truth of being," and how applied?
11. When is a repetition vain, and not prayer?
12. What is meant by a "keyword"?

Note: The above questions and points are to be used by the student in preparing his or her lesson, but are to be used and kept only as a guide, and record for the student. The lesson is written out in story form in the student's language.

Impression and expression must proceed harmoniously in order to insure the greatest unfoldment and growth. Ideas that the student cannot accept in understanding, he or she can receive in faith. Truth, received in faith, illumines and quickens the consciousness, and becomes conscious intelligence.

Be specific, yet free to use sufficient words to convey your ideas in good form.

"I AM THE WORD OF GOD, IDENTIFIED NOW IN THE CHRIST NATURE. ALL THE SEED IDEAS AND THEIR FORCES, ACTIVE IN MY CONSCIOUSNESS, ARE CONSECRATED TO GOD TOWARD THE BRINGING FORTH OF SPIRITUAL MAN. ALL THE FORCES OF THE ORGANISM ARE NOW UPLIFTED AND DEDICATED TO GOD TOWARD THE REPRODUCTION OF THE CHRIST EGO. THE WORD IS NOW MADE FLESH AND DWELLS IN CONSCIOUSNESS AS A GOVERNING POWER AND PRESENCE. I REJOICE THAT MAN IS THE LIVING WORD, THE CHRIST OF GOD REVEALED AS SPIRITUAL MAN"

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"THE SCIENCE AND ART OF REGENERATION"

By

EOM, Ida Mingle.....Teacher

LESSON IV

FOOD, AND CREATIVE ENERGY

Eating means to appropriate for purposes of use. Man originally ate of the "tree of the knowledge of good and evil," that is, appropriated ideas for purposes of building himself. Since the manifestation of spiritual man is to be the climaxed result of the appropriation of the ideas of the Infinite Mind, man must eat or appropriate them. When man functioned in self, seeing himself yet not beholding man as the means whereby God expressed Himself, man began to appropriate ideas for uses less than the bringing forth of God's man, thereby identifying both a mortal mind and a mortal body. Adulteration of thought led to adulteration of bodily elements, and eventually to the ungodly demands for food common to man in a state of unredemption. Inharmonious combinations of food on the plane of the body is the result of inharmonious thought combinations. Heal the mind of unrighteous thought, and desire, and taste for food is correspondingly changed. Transformation of body follows the renewal of mind. Every spiritual idea, mentally appropriated, and realized in the soul generates its spiritual cell consciousness in the body. Unless definite changes are made in the intake of food, corresponding to spiritualization of cell consciousness, confusion and disorder are set up in the organism.

FOOD OF MIND AND SOUL

Any idea taken into the consciousness through mental perception that produces a harmonious action in the feeling life of the soul is a food. A harmonious action is one that is found in the Principle of Truth for only Truth can produce genuine harmony. The eating of spiritual ideas constitutes the only legitimate mental food, and is that food that proceedeth out of the "mouth of God," or (spiritual perceptive powers). Spiritual ideas make up the Word, which, when fully identified, becomes flesh (spiritual manifestation) to all who eat them.

All ideas produce vibration, which has a harmonious or inharmonious effect in the soul, or feeling nature. Vibration makes up the emotions of consciousness. Evil emotions, such as hatred, malice, jealousy, grief, poison the fluids of the body, thereby impairing digestion and its activities. An evil emotion, having its identification in sense desire, materializes the cell organism and makes for death and destruction. On the other hand, good and righteous emotions, radiate harmonious vibrations that make for perfect metabolism, and for radiation of good-will toward other.

WHY MAN ATE FLESH

The eating of flesh as food was inaugurated when man, through the act-

ion of mortal mind and desire, set up a condition of lust in the organism. Man was given flesh to eat, not because it was a food, but because he lusted for it. Consciousness, dead in trespasses and sins, makes demand for dead flesh as its sustenance. Since, originally, man was given power and dominion over the animal nature of himself, and failed to subject it to Christ, thereby getting outside of the Christ ego in its formative powers, he reached outside of himself and subjected, in the external world, what he was expected to subject in the within, viz., animal life. Having slain the Christ ego, through catering to his animal nature, he proceeded to slay the animal nature of the external world to satisfy the lusts of his flesh. Love and life were both violated in the within before they were violated in the without. A reversal of this order must naturally follow when man partakes again of the love of God, which enables him to subject the animal nature to Christ. Purification of mind and feeling must be followed with purification of body, before the trinity can be made one in Christ and spiritual man revealed.

The question often arises, "Did not Jesus eat fish"? Scripture would indicate that he fed the multitudes and the disciples fish, but one can hardly conceive a spiritual master, capable of transmuting the invisible directly into the visible, without identification in the plane of matter, fishing in a stream for fish, or buying them at the market. The fishes that Jesus Christ used were manifest expressions of spiritual ideas, therefore were not flesh and blood in their character. Instead of violating laws of life and love to secure them, he utilized laws of life and love to bring them forth for use, identifying them according to the desires of the hungry people. Jesus' remark, "Not that which entereth into the mouth, but that which proceedeth out of the mouth, this defileth the man," has often been quoted as making the consideration of food a non-essential to spiritual unfoldment. Jesus uttered this in connection with eating with unwashed hands and was showing that the act of eating with unwashed hands did not constitute defilement of the body. Food enters the mouth, and speech comes out. The next paragraph indicates the relation of thought to food, and since speech is the product of thought, it is that which cometh out of the mouth that defileth the man.

FLESH RETAINS ITS IDENTIFICATION IN THE ORGANISM

It has been scientifically shown that all food that bears self-conscious identity retains its original identity when taken into the organism of man. That is to say, the flesh of a sheep contains certain constituent elements, which when eaten by man, absorbed and assimilated, may be found in the brain cell, where the refined energy of food eventually identifies, in its original elements. This is true of all animal flesh. Herbs, fruits and nuts are not self-conscious, that is, they are not identified in emotional nature, so as to stamp themselves with dominant vibrations of feeling. They represent the subconscious forces of the earthy nature.

The brain is the instrument upon which mind vibrates to reproduce conscious intelligence. The brain is to mind what a violin is to the ideal of music entertained in the mind of the violinist. It is the means whereby the harmonies of the within are projected in the without. When the brain is made up of an aggregation of sheep, hog or ox cells, what sort of intelligence is passed over to the consciousness? The desecration of the body, in various forms of lust, the Word cannot become flesh and reveal the man God idealized. The Whole Spirit is mind, soul and body attuned to the Christ ego, and it is in the body that spiritual ideas have their identification in wholeness and completeness.

FOOD OF THE BODY

Animal flesh is not a food, and can be easily eliminated by any student establishing purification of consciousness. Animal flesh is eighty per cent urine, and this element is an irritant and a stimulant in the organism. The vibrations, liberated through eating flesh, identify in the organism the elements of hate, cruelty, resentment, resistance, ferociousness, murder, which vibrations poison the organism of man, making him sensual and hostile. Aside from this fact, the violation of the principles of love and life that enter into the killing react disastrously upon the murderers of animal life, as well as upon those who, because of ungodly appetite for flesh food, keep alive the demand that the killing and cruelty continue. As Paul says, "If meat causeth my brother to stumble, I will eat no flesh for evermore." I Cor. 8:13. Statistics indicate that the criminal element of humanity is promoted among those who live greatly upon meat and intoxicants. In many of our states butchers are not allowed to serve on juries because their business does not promote sanctity of life.

Animal products are greatly feminine in their nature, and do not contain the antagonistic elements found in the flesh of the creature. It is not advisable to eliminate both the animal and its products from the diet at once. The transition from materiality to spirituality must be governed by mortal law of common sense until such a time, that the action of God, prompts an ascension. Many of the cells of the flesh-eating man are founded upon animal vibration, and need some element of the animal to sustain them. As purification from animal desire in the body is established purer food is desired and demanded. The student, in regeneration, should hold continually, "I know to eat and drink what my body requires under divine law. All my desires are consecrated to God and I am satisfied in substance of Spirit. I eat the Word of God (spiritual ideas) and am led of the Spirit to conform in the body to the spiritual consciousness established."

Eating is as individual a matter as is thinking, and no law as to food can be laid down. It can be safely stated that anyone setting up purity of thought and desire, may establish greater purity of body through eliminating the eating of flesh. Following this step, one works out his salvation as respecting food. Man has heretofore eaten from desire, rather than from wisdom. His animal love nature has dominated the body on all planes. This must be reversed with control by wisdom. Harmonious food combinations must be understood, and appetite subjected to a higher law of love and life. Eating in time must give way to eating when one feels the need of food. Renunciation of many things incident to the sensual appetite naturally follows purification. Discrimination of ideas incorporates new tastes in food. Cooked foods become insipid to the taste and live foods are desired as the live body is fashioned. The vitamine is the energy of food, or its spirit. It corresponds to the fragrance of the flowers. It is this fragrance that one smells when food is cooking. The food that is cooked is greatly dead, the vitamine having been given off as an odor. Artificial seasoning is utilized to give taste and flavor to the food. However, the dead cells of the body demand dead food, therefore one should pass over from cooked food to uncooked food in wisdom and judgment. Herbs, nuts and fruits constitute ideal food to be attained as respecting the physical man, but one subjecting the physical to the spiritual is making greater attainments through being able to go without food at all, in all around harmony, for days than one eating three meals a day of herbs, nuts and fruits. Feeding upon spiritual idea continually greatly lessens the demands for material food of any nature, and makes for the greatest expression of harmony in the body.

FASTING

Fasting has its place in regeneration. Abstaining from food allows every organ of the body to cleanse itself from its own excretion, and establishes a serenity of spirit wholly unattainable in any other way, provided, of course, the fasting is accompanied with feasting in spiritual thought and prayer. Fasting, from a purely physical standpoint, has its harmonious effect upon the physical organism if carried on in understanding and judgment. Fasting is especially associated with spiritual development, and promotes clarity of thought, harmony of feeling, and purity of body.

Fasting from food is the natural manifestation of fasting from self-thought on the plane of the mind, and is one way the will of the flesh is subjected to Christ. Especially when one has attained contact with the Spirit within must the body be purified to receive the influx of the new wine of spiritual ideas. Fasting allows the animal desire of the cell consciousness to die, and permits the fleshly structure of the organism to be purified. Appetite is a form of sensuality, and the student can not know what his attainment of mastery over the flesh is, until he abstains from the eating of food; nor can he know how much he is bound by false desires for food. Any inharmonious effects accompanying a fast only indicate the bondage of the man to food as a factor of strength and balance, whereas, his dependence must be eventually placed in Spirit as the source of his sustenance. As mastery and purity is attained, fasting is as natural to man as is sleep. However, both eating and sleeping are greatly lessened as one feasts upon the living Word. The more man eats the more he needs to sleep to recuperate forces impaired through too much work on the food eaten. Physical changes are the natural result of realizations of Truth. Man must make actual the truth realized, and purity of habits as respecting food is one means whereby redemption of the body is carried on. Righteous relations as respecting the laws of mammon must be set up before one can inherit the riches of heaven. Man must be a master of the desires of the fleshly man before he can be a Master in Christ.

CREATIVE ENERGY

Creative energy is innate in man through the action of God. It is the force of love and life active in the consciousness. Its function is to give vitality and tone to the physical organism. It is negative in its nature and yields itself to the thought and desire impressed in it. One cannot discern this creative energy until the body has been freed from sensuality and gluttony of food. It is the current of love and joy that sustains and satisfies. Man uses this energy to digest food, to think thoughts, to exercise emotions. It yields itself freely to man, the dominant lord of it, and out of it man is expected to reproduce spiritual man on all planes of consciousness. In unrighteousness, it is used to promote the well-being of the physical man, as though the mental, spiritual and soulful planes did not exist. Much creative energy that should go to energize the mind, and manifest spiritual man, is used on the physical plane to digest the excessive food to which man subjects himself. When appetite is mastered, and man lives in spiritual thought and desire, the creative energy asserts itself as buoyancy and strength. Forces, that man, in unillumination, thinks come out of food are discerned to be vested in God, when the physical man is subjected to the spiritual. Material food becomes the least important thing in the life of the initiate, while to man functioning in mortal belief and desire, it is the most conspicuous. Energies, that were desecrated on the plane of the body in appetite and desire, are used in pro-

moting the spiritual man in the life of the overcomer.

Lesson V, "Sex and Money," stands out distinctly in this course of study, the understanding of which makes for freedom of soul and body.

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Points to be Considered in Preparing Lesson IV

1. What is eating? What was the result of the original wrong appropriation?
2. What is food? Explain food on the plane of Mind.
3. What is food to the soul? Explain effect of emotions on the organism.
4. Why did man eat flesh?
5. How were the fishes Jesus served to the multitudes and to the disciples formed?
6. Explain "Not that which entereth into the mouth, but that which proceedeth out of the mouth, this defileth the man."
7. Explain the peculiarity common to eating animal flesh.
8. What is the relation of the brain to the mind? How is thought effected by what is eaten?
9. What is the sin against the Holy (Whole) Spirit?
10. What is the object in overcoming the use of flesh as food?
11. Name five points governing eating. What is a vitamine?
12. What place has fasting in spiritual development? When is it most beneficial?
13. What is creative energy? Its use?

Note: The above questions and points are to be used by the student in preparing his or her lessons, but are to be used and kept only as a guide, and record for the student. The lesson is written out in story form in the student's language.

Impression and expression must proceed harmoniously in order to insure the greatest unfoldment and growth. Ideas that the student cannot accept in understanding, he or she can receive in faith. Truth, received in faith, illumines and quickens the consciousness, and becomes conscious intelligence.

Be specific, yet free to use sufficient words to convey your ideas in good form.

"ALL THE FORCES OF APPETITE ARE CONSECRATED TO GOD AND MAN IS SATISFIED IN THE SUBSTANCE OF SPIRIT. MAN EATS AND DRINKS ONLY THAT WHICH IS REQUIRED IN DIVINE ORDER AND LAW. MAN FEASTS UPON SPIRITUAL IDEAS THEREBY SPIRITUALIZING THE CELL CONSCIOUSNESS OF THE ORGANISM. EVERY CONSTRUCTIVE DEMAND OF CONSCIOUSNESS IS FULFILLED WHILE EVERY DESTRUCTIVE DEMAND IS MASTERED AND OVERCOME, THROUGH JESUS CHRIST. I REJOICE NOW IN MASTERY OF MIND, SOUL AND BODY. I REJOICE IN THE SPIRITUAL MAN REVEALED THROUGH ACTION OF GOD."

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"THE SCIENCE AND ART OF REGENERATION"

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LESSON V

SEX AND MONEY

Sex and money are the two factors that touch intimately the life of the mortal ego, and man's righteous adjustment in consciousness, as respecting these two essentials of materiality, is one step that leads to the establishment of the Christ ego. Sex and money are the dominant characteristics of the flesh and blood plane. Since it is through ascending above the attractions of the flesh and blood plane that man inherits the riches of heaven (spiritual consciousness), it is imperative that these two factors be understood in their relation to man, so that he may take his mastery over them. The primal object of this lesson is to lift the curse from both sex and money so that man may eventually be freed from the limitations these factors of consciousness impose upon the evolving ego.

WHAT SEX AND MONEY ARE

Sex is the love of God, confined to the plane of matter, and sensualized. It is the generated energy of self-thought and self-will; the product of consciousness functioning outside of the Christ Mind, or kingdom of God. Sex was set up in the consciousness when the ego identified itself, personalizing man, rather than deifying him. All the powers and capacities of consciousness were identified in limitation, and later evolved in ignorance of God, their expression making for death, or Nothing. Inherent in the ego is capacity to know the light. As darkness is manifested on the bodily plane, where sensation is felt, desire for light arises, which desire calls into response the action of Jehovah God, and the ego is evolved out of the limited into the limitless. Sex is the dynamic power of consciousness through which reproduction on the plane of mind, soul and body is carried on and serves the mortal in his evolution in darkness, that is, in his dead state. But when man is risen from the dead, having come into the light of the Christ Mind, sex and its functions, have been transmuted into higher forms of energy. Sex has in it the capacity of heaven and hell, in a limited sense, and is to be understood, rather than condemned. All derogatory and condemnatory thought, directed toward sex registers upon the impressionable reproductive essence and makes for woe and discord. Since sex is the agent through which transition from mortality to immortality is carried forward, it must serve man rather than enslave him.

Money is energy of love, sensualized on the plane of the soul, materialized on the plane of the body. Money is sex force converted into manifest expressions of materiality. Money is not substance, but has in it the potential qualities of substance, being the product of love and life energies expressed. The love of money, which is the root of all evil, is sex love. Man is as free, as respecting the circulation of money, as he is toward the circulation of sex

force. Any ascension above low planes of sex expression cultivates more sense of value and judgment as respecting money. As sex is used to develop the good of the evolving ego, money is likewise used for more constructive purposes. The redemption of humanity from its financial difficulties hinges upon its understanding of sex force, and its function in promoting the mortal ego.

INTER-RELATION OF SEX AND MONEY

Sex is of the soul, while money is of the body. Sex is negative in its quality, while money is positive. Sex is feminine in its aspect, while money is masculine. Sex desires dominate the soul, until desire to know and love God is identified, while the desire for money ever goads the bodily man toward greater expression of energy. The mortal ego knows himself through expressing both sex and money, and yet, when the self is fully known, man knows only the Nothing of the creative principle, or the emptiness. When man reaches his Nothingness of self then he is in a position to know and love God.

Sex is vested, primarily, in the woman, while capacity to earn money is dominant in the man. As the sex elements become polarized in the individual ego, the evolving mortal enters into the conquest of both sex and money powers. The adjustment in the world today, that makes women agents to command money, indicates the ascendancy of the feminine pole of consciousness, and is the natural result of the identification of the powers of the Mother-God principle of creation. As the male and female poles of consciousness become balanced in the within, equality between men and women is identified in the without, and the interchange of sex and money, on low planes, loses its vital attractions. Instead of expressing her sex energies to the man, and indirectly commercializing them, the woman expresses her sex energies in work, and receives directly her monetary considerations. This forces the man to develop his sex expression independent of the woman, until he adjusts himself to the new order of Oneness which supercedes duality, but at the same time makes for higher expressions in the manifest world. Every year marks the identification on the plane of materiality of more highly evolved ideas, of art, cloth and various other inventions and manifestations. As the male and female qualities blend as one in the individual ego, there is less antagonism engendered in the consciousness, therefore greater expression of harmony in the external world.

In reality, sex and money are one, the within of the without, and both are means whereby man reaches his high point in evolution, which, in its relation to God, is a low point, a no-thing. The transition of consciousness, from the love of sex to the love of money, experienced by many, when, through indulgences, the sex desires have been satisfied to a point of satiation, indicates the inter-relation of these two elements. Nearly every one, disappointed in love, can find a balm for the wound in money, or in worldly success. In fact, women live with men, year in and year out, loathing the bodily contact of sex, provided they are sufficiently supplied with money. All this expression, in marriage or out of it, is prostitution of the energies of love and life, and makes for the lustful conditions surrounding both sex and money. When the woman element of consciousness has been established in her virginal character, humanity will refuse to sell out its reproductive energies for monetary considerations, and thus higher modes of service and compensation will be identified in the world of effects. As understanding of man's relation to God is incorporated into the consciousness, the energy that begets both sex and money will be transmuted into energy of a higher vibration, and man's powers to express himself will be creative rather than laborious.

TRANSMUTATION OF SEX AND MONEY

Man transmutes desire for sex expression on low planes through elevating thought at the time desire is felt, though purity of thought constantly entertained will offset the desire to express on low planes. However, until thought-control is established, and dominion exercised over the "beast of the field" (vibrational energies of consciousness that register as sex to the unilluminated ego) primitive desire may arise, and these must be converted into higher forms of energies. The reproductive nature is very sensitive to impressions made upon it, and brings forth, in accuracy, the thought-picture formed. Desire to express in the animality of sex can be converted into a creative idea, an invention, a poem, or any other desired thing or quality of character. The more unselfish and impersonal the desire impressed upon the reproductive essence, the more constructive the expression. It is because man materializes his reproductive essence with carnal desires that he arouses the demons of hell, and invites confusion and inharmony into the life. Sex energy enslaves or serves man according to the intelligence with which he impresses desire. Only through the ascendancy of knowledge of God will the seeds of woe and discord be removed from the consciousness of man, and the essence of love and life, which characterizes the reproductive energy, yield themselves toward the bringing forth of a higher type of man. When sex energy has been transmuted out of its grossness, it serves as a nucleus in which the Christ ego is born. This idea will be more fully elucidated in a later lesson.

The desire for money impressed upon the reproductive essence at the time of sex desire, will materialize or elevate consciousness according to the motive of use that prompts the desire. It is wiser to hold in thought the impersonal, godly idea, leaving the "added thing" to materialize according to one's capacity of expression. When man enters into his creative reproductive capacity money will express naturally, without the attending pangs of labor, in the "sweat of the face." As man transmutes his thought and desire of use of money, money will assume a different character in his hand. Where in limited thought he sought eagerly to obtain money, in the unlimited thought man gives expression to his own inherent qualities, and receives, in heaped up measure, the compensation of his giving.

RIGHTEOUS USE OF SEX AND MONEY

The only righteousness in which the use of sex and money can identify is righteousness in mammon, for both of these factors belong to the flesh and blood plane, and neither can inherit the kingdom of God. That is, as man ascends into Christ consciousness, the need of both sex and money shall have passed away, though the essences of both these factors form the begetting point of higher energies, when the nothingness of personal sense is climaxed. The Master admonished that unless one is faithful in unrighteous mammon, he can not receive the true riches. The faithful use of sex and money in unrighteous mammon, or in the world of effects, is the means whereby man ascends above the limitations of the material plane and identifies in Christ. "Not one jot or tittle of the law shall pass until all shall be fulfilled." Sex and money are the dominant elements of the law of mortality, and righteous expenditure of both forces must be before mortality can be fruited into immortality.

The righteous use of sex force, on the plane of the mind, is to form the substantial base in which ideas of mind function. Sex force is an essence of energy that gives power and character to ideas expressed. The dissipation of this force corrupts consciousness and leaves man uninitiated and un-

creative. Since the brain of the evolving ego is made up of the refined energies of sex force, the elimination of the essence of sex from the organism is an offence against God, leaving as it does, no highly evolved brain upon which Mind can vibrate to beget the inspirations of the Almighty. At some point in the unfoldment of man, non-use of the sex force in modes, common to the personal ego, must take place. The non-use is cessation of mortal thought, emotionalism, based upon uncontrolled feeling, affection identified because of lack of happiness in the self, and any other form of dissipation that needs to be overcome, before ascension of the ego onto higher planes can culminate. When the essence of sex force, which is the love and life of consciousness identified on the plane of matter, is corrupted with impure thought and desire, death is stamped within, and confusion and disorder prevail. Dissipation of sex force gives rise to hard, monetary conditions, for man's financial status is a reflection of the nature within. However, at transitional points from evil to good, consciousness is in a broken-up state, preparatory toward attaining higher goals. Lack of manifest things is in evidence before riches in heaven are established. Disorder always precedes a new and higher order, the intensity of the disorder depending upon one's understanding of laws of God governing man, and his allegiance to them.

The righteous use of sex force on the soul plane is to convert all feeling of personal sense into devotion, all yearning for sex expression, whether it be on the purely sexual, emotional, affectional or parental planes, may be moved upon by prayer, and converted into devotional and poetical aspirations. Any sense feeling, that is, any feeling not rising from conception of spiritual ideas, is subject to upliftment, and to use on higher planes of expression. Man may feel the influx of love into the consciousness, but is not to eat of it for personal purposes, for the use of the sex force is to identify spiritual man. The righteous use of sex force on the bodily is for the reproduction of offspring. I speak now of the plane of unrighteous mammon, on which plane humanity experiences the activities of both sex and money. As Christ ascends, or one inherits the true riches, sex force is converted into essences of love divine, and its waters transformed into the wine of spiritual life. But before this transition can take place, man must have developed sanctity of concept toward sex force, and removed from it all sense of shame and prudery. This he accomplishes through frank comprehensions of the carnal and personal nature. Any use of sex force, other than creative on any of the planes of consciousness is adulterous, and death-productive. The use of sex force on the plane of the body for the purpose of begetting offspring constitutes an act of selfish service to mortals, and if expended for this purpose only on the plane of the body, would lead quickly to man's emancipation from the limitations of materiality. But to continue to express sex force on the plane of the body because it is a pleasant pastime is to be guilty of lust, and subject to the reaction of the law to which man is unfaithful in mammon, and to reap in full the hell and damnation (obstruction from God) engendered during one's sojourn in darkness of ignorance; or during one's wilful disobedience to the light of Christ. Many having perceived the light, dare to go back and walk no more with Him, thus subjecting both body and soul to the darkness of hell (unredemption). The utilization of sex force for purposes other than that which makes for spiritual upliftment of the ego, is the sin against the Holy Spirit, and which cannot be forgiven, but which must utterly cease to be. The body is the last phase of the Holy or Whole Spirit, and what is expressed in the body, as respecting both sex and money, indicate the character of the ego, and his point of unfoldment.

The Righteous Use of Money on the plane of mammon (for there is no use of it in Christ), is for the promotion of those factors of consciousness that will allow man opportunity to reproduce godly qualities of character. The highest

use of money in mammon is the promotion of spiritual ideas, these being the means whereby man evolves himself out of low points of consciousness into freedom and happiness. Anything that identifies the Christ in humanity will evolve people out of their self-imposed bondage, and give them freedom of mind, soul and body. The use of money to offset effects of error, known as charity, and identified in the world as charitable institutions, hospitals, asylums, relief funds, etc., is commendable, and is one way humanity evolves out of the selfishness of evil into the unselfishness of good, but the use of money to establish causes that will prohibit the need of all these institutions and relief for woes, is the highest aspect of righteous use of money in the world of effects. Establish pure and true causes, and man will be freed from the limitations of ignorance and woe. Non-use of money for charitable purposes must take place before we can see the higher use of money evolved. Since humanity represents classes of evolving egos there will always be those who still must evolve through the activities of charity, but let those seeing from above, conserve their monetary forces toward glorifying God in the earth. It is no act of righteousness, in relation to God, to supply gigantic funds for relief from woes not yet fruited, since the supply invariably invites the demand. It is not an act of love to provide funds to care for the sick and maimed soldiers, before the soldiers are sick and maimed, for the provision itself is magnetic to invite the condition of need, and man is thus guilty of murder and hate. Use of money for charitable purposes, is the highest use of money by mortals, but like the highest use of sex for begetting offspring, becomes an offence and a stumbling block toward ascension into Christ, if never reversed with higher laws of understanding. Man renders unto Caesar the things that are Caesar's and unto God the things that are God's, but in the ultimate, all that is Caesar's belong to God, and must be used to serve Him. The self, its sex energies, and money must be offered on the altar of self-sacrifice before one can lose his life for Christ's sake, and thereby gain eternal life, the goal for man. Jesus taught the rich young ruler that he had to give up on the plane of external riches, what he possessed (and what possessed him), before he could gain the riches of heaven, or spiritual consciousness. The evolving soul must be as free with money as he is with his love, and since freedom is based upon the development of judgment, wisdom, discernment, and other qualities of godliness, this does not imply extravagance, foolish expenditure, nor any other expression that makes for waste and woe.

LOVE OR FREE-WILL OFFERING

There is a freedom to be gained in executing one's spiritual financial obligations in the love, or free-will offering plane, provided one is identified in understanding. Since the consciousness is so attached to both sex and money, it requires continual discipline to offset their limiting effects. The student must perceive that the law of "Freely ye would receive, freely give" is as applicable to money as it is to love or good-will. One cannot identify in the consciousness ideas of abundance, opulence, riches, plenty, and then act like a pauper, without making himself a liar before the Almighty, and a betrayer of the Word declared. Judas is the personal sense consciousness relating to sex and money, and which always seeks to betray the ascending ego into the hands of the magistrates of mortal law, which declares that one is beggared through giving (rather than enriched); that man must save for a rainy day (thereby creating the rainy day); that one can believe in the bounty of God, and put ten cents into the basket that identifies allegiance to God in the earth of effects. How free is the will of man? As free as he is financially. God cannot pour abundance into an emptiness the size of a ten cent

piece, a quarter or a dollar. Man measures his capacity to receive, by the spirit of his giving. The widow cast in two mites, and the Master, teaching the laws of righteous mammon, as well as of Christ, declared, "Verily, I say unto you, that this widow has cast more than all they which have cast into the treasury. For all they did cast in of their abundance, but she of her want did cast in all that she had." Jesus was not exalting the "two mites," but the capacity of the woman to give her all toward that which stood for God in the earth. Man's external riches belong to God, primarily. One, rich or poor, in the world's goods must give in conformity to the spirit that actuated the widow, in order to keep the law of unrighteous mammon, and graduate himself into the kingdom of Christ. The student of Truth should give in keeping with his financial expressions, and if he still needs discipline, must, himself, force greater giving, if he would receive the benefit of the love, or free-will offering plan. When man loves much he gives much, even at a sacrifice to the self. When the self has been fully submerged in the desire to express for the good of the whole, then will the will of God be done in the earth as it is in heaven.

Lesson VI, "Regeneration and Generation," deals with vital points relative to the transition from mortality to immortality.

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Points to be Considered in Preparing Lesson V

1. Why is it necessary to understand both sex and money?
2. What is sex force? How was it begotten?
3. What is money? Explain its relation to sex.
4. Contrast sex and money in their various relations.
5. Explain adjustment in the world as respecting sex and money.
6. Explain how sex desire may be transmuted on the plane of mind. Of soul. Of body.
7. What gives character to the sex force?
8. How is desire for money transmuted into higher forms of expression?
9. What constitutes righteous use of sex? Of money?
10. What is "unrighteous mammon"? What are its dominant factors of progression?
11. Why is dissipation of sex force degenerating? Explain its relation to money.
12. Explain what constitutes righteous use of money in mammon.
13. Explain righteous use of sex force on the plane of mind, soul and body.
14. Why is charity unprofitable? What is its purpose to mortals?
15. What understanding is necessary in order to function righteously in the free-will offering plan, as respecting religious obligations.

Note: The above questions and points are to be used by the student in preparing his or her lessons, but are to be used and kept only as a guide, and record for the student. The lesson is written out in story form in the student's language.

Impression and expression must proceed harmoniously in order to insure the greatest unfoldment and growth. Ideas that the student cannot accept in understanding, he or she can receive in faith. Truth, received in faith, illumines and quickens the consciousness, and becomes conscious intelligence.

Be specific, yet free to use sufficient words to convey your ideas in good form.

"ALL THE FORCES OF SEX AND MONEY ARE NOW CONSECRATED TO GO FOR USE FOR CONSTRUCTIVE PURPOSES. GOD SUSTAINS AND SUPPLIES MAN'S EVERY NEED, IDENTIFYING HIM NOW IN HAPPINESS AND SATISFACTION. MAN LOOKS TO THE WITHIN FOR HIS GOOD, THEREBY DECLARING ALLEGIANCE TO THE ONE TRUE GOD. I CONFORM MYSELF TO THE LAWS OF "UNRIGHTEOUS MAMMON" AND THROUGH FAITHFULNESS TO GOD, PREPARE TO RECEIVE THE RICHES OF HEAVEN. I GIVE GENEROUSLY OF MYSELF, AND OF MONEY TOWARD THE IDENTIFICATION AND GLORIFICATION OF GOD IN THE EARTH, THEREBY CONSERVING ALL FORMS OF SUBSTANCE FOR USE FOR SPIRITUAL PURPOSES. GOD'S WILL IS PROMOTED IN THE EARTH AS PERSONAL WILL IS SUBJECTED TO TRUTH AND LOVE. I REJOICE IN PROMOTING HIS WILL: I REJOICE IN FREELY GIVING THE HIGHEST QUALITIES OF MAN, THUS RECEIVING THE GIFTS OF GOD.

"THE SCIENCE AND ART OF REGENERATION"

By

EOM, Ida Mingle.....Teacher

LESSON VI

REGENERATION AND GENERATION

Regeneration means to generate again the powers and capacities that characterize the spiritual ego. Generation, in divine order, is the activity incident to the bringing forth of ideas of the Infinite Mind. Ideas fulfilled make up the body of man, therefore the purpose of generation is to reproduce man. It is the spiritual man that is to be brought forth, man being the aggregation of the ideas of Divine Mind. When the man ego perverted the feeling force of ideas to selfish use, he perverted the coming forth of the spiritual man. Regeneration is necessary because the original generative principle has been confined to the plane of matter so as to become almost lost in death. Through regeneration ideas are generated again in the Christ Mind, feeling forces of love are quickened in righteousness, and spiritual body identified. Jesus Christ, in his sojourn on the plane of matter, represents the generative law of God for man, and through him spiritual man was identified in the consciousness of humanity. He brought immortality to light, and overcame death, death being incorporated into consciousness when generation of man was confined to the plane of matter, and the love nature sensualized.

THE PROCESS OF RIGHTEOUS GENERATION

Righteous generation, that is, generation identified in the Infinite One, is the means whereby ideas of the Christ Mind are evolved into manifestation. The righteous relation of ideas, feeling forces and manifestations constitute the means whereby spiritual man is revealed. Ideas are of the Christ Mind, there being only one mind out of which aspirations come. One is not in a position to receive ideas from the Christ Mind until purification of consciousness is established, and desire to manifest God is the dominant purpose in life. Ideas are confined to thought on the plane of mind, and it is on this plane that purity or impurity of character is set up. It is the soul that determines the purity or impurity of mind. That is, the soul registers the desire of the consciousness, and the character of one's desires gives impetus to the thought evolved in the mind, where conscious intelligence is quickened. The thoughts of mind, in turn, register in the soul, and out of the feeling forces engendered there is manifested in the body the fruit of the generative action. The soul is the focalizing point in consciousness in which the cross of spirit with matter is identified, as is indicated by this generative action outlined. The soul is the womb of consciousness in which man is gestated and grown. It is the helpmeet of man, the birthplace of both the aspirations that come from the Spirit, and the thoughts that evolve in mind. Feeling forces identify in the soul as love, and love further identifies as life in the generative region of the loins. When life is felt conscious will is generated, and power of choice of service of these forces is determined by man, and governed by his

state of intelligence. In divine order, the forces of love and life should make for the reproduction of the spiritual body, and this they would do, if allowed to function in the regenerative laws of God, written in the heart, or soul. But when seized upon by the ignorant ego, and expended for pleasurable sensations of the flesh, the embryo of the Christ child is aborted, and a garment of flesh, in which is the germ of death, is woven for man. Righteous generation is primarily an interior process, and is governed and controlled by God. "There is a spirit in man and the inspiration of the Almighty giveth them understanding." The "them" refers to the creative matrix of the male and female poles of consciousness, identified in the soul, through which God works to reproduce the man he idealized. This matrix is not active in consciousness until sex consciousness has been sufficiently overcome so as to permit the establishment of purity, and the impregnation of the Holy Spirit to reproduce spiritual man. Regeneration is for the purpose of offsetting the separation of the male and female poles of consciousness, set up by the unrighteous system of generation of man on the plane of matter.

COUNTERFEIT GENERATION

Every idea of light has its correspondence in darkness, in conformity to the "night" of the "day" aspect of the Creative principle. The generation of mortals is the dark aspect of expression in opposition to the generation of immortals, and precedes, in creative order, the righteous expression of generation. "There was evening and there was morning in the first day." The evening precedes the morning in the order of unfoldment. Mortals make up the nucleus of No-thing, fruited in unillumination, and represent the product of a counterfeit generation. The law governing the day or light is operative in the night or dark, and mortals are deceived in believing that the generation of mortals have upon it the sanction of God. It has in it the law, (which is polarization), but is the unknown pole of expression, the negative aspect of progression. It corresponds to the essence of the Creative Principle before God became Elohim. God became God when the unknown became known, so man is man when he comes out of the unknown into the known, or out of the darkness into the light. Prior to that time he is only an aggregation of forces identifying in chaos, producing nothing. In this particular he stands as First Cause to humanity, even as First Cause precedes the identification of the Elohim principle of God. As every culmination of nothing the something is gained, and both God and man are more fully known. Generation, on the flesh and blood plane, has in it the aspects of duality, heaven and hell, or pain and pleasure. Man's work is to evolve himself out of attachment to the two consciousness of one, the one being Christ which is above the plane of mortal generation. This means that man, in divine order, is moved alike by praise and condemnation -- both stimulate interest toward greater attainment. In the consciousness of oneness, both love and hate are overcome, and man ascends into the capacity of loving friend and foe alike; that is, he deals with them both from the standpoint of principle, and so frees himself from the magnetic attractions of the flesh that kill and destroy.

The love of the male for the female, out of which is generated the child, is the corresponding manifestation on the plane of mortality, of the genuine principle of generation, but on the plane of mortality cannot be genuine. The expression of sex love must first be fruited into Christ, through renunciation, before man can be born of God and reveal the spiritual ego of God's idealization. Higher powers of generation are known only as man surrenders activity of his powers on the low plane of expression. Man cannot generate truth on the

plane of Christ, and father the Christ child of himself, so long as he generates his forces on the plane of sex. Yet the essence of knowledge, evolved on the sex plane, becomes the magnetic attraction to invite the action of God. The highest product of sex consciousness on the plane of mind is intellect, on the plane of soul, human love, and on the plane of the body, personal will. These aspects of consciousness, generated on the flesh and blood plane, are the means whereby man identifies principle of regeneration, and comes into the divinity of himself. However, these aspects of consciousness must be willingly surrendered for use to the Almighty, before they become the functional point in which the action of God identifies to fashion the godly man. "If any man will come after me, let him deny himself, take up his cross and follow me." To deny the self is to refuse to prostitute any of the powers and forces of the personal ego on low planes of expression. Perversion of forces constitutes sin and makes for death.

THE PURPOSE OF REGENERATION

Regeneration is the means whereby man is born of the spirit, and follows naturally when consciousness is aware that the product evolved through generation on the flesh and blood plane is not the man God idealized. The cognizance of a spiritual idea makes imperative the denial of its material correspondence. Through this process sex consciousness is dissolved, and spiritual consciousness is raised. "If any man be in Christ, he is a new creature." The new creature is the product of mortal thought, and sex desire, renounced, and overcome through Truth. The "old man and his deeds" must die before the new man can be born, therefore there is a period in the processes of regeneration when one dies to the thoughts, feeling, and actions, evolved on the unrighteous generative plane. This is a painful procedure and constitutes the crucifixion in the flesh, but "He that endureth to the end shall be saved." Regeneration is an actual process, incorporated in the body as well as the mind, and is the means whereby the sex forces of the organism are reversed, and turned upward toward the I Am center at the top of the head, there to function under the regenerative laws of God by which the spiritual ego is immortalized. Electricity, the injection of serums, the eating of yeast, the implanting of "goat glands" to rejuvenate a dying humanity, are all efforts of the materially minded to resurrect man from his climax of death in the physical organism, which must precede his ascension into life. Chemical processes are engendered in the body whereby structures of flesh are torn down, and new structures raised, under the law of progression. The student of truth should cling to Christ as the harmonizing agent during transition from matter to spirit, for the servants of materiality (doctors of medicine) only see the transformation in the confusion of darkness, and basing their conclusions on effects, irrespective of the cause within, impress the consciousness with fears, and prolong one's agony in the "Valley of Despair." "Yea, though I walk through the Valley of the Shadow of death, I will fear no evil." Before regeneration can be fully established man must die to all that maketh a lie in the consciousness, and this dying is felt in the body and accounts for the tribulations of the devotee of Christ. However, it is not the will of the Father that any of his children should suffer, and the capacity to surrender the will of the personal to the divine ego, is the one means of making the transitional period productive of godly fruits, with the greatest possible harmony.

The loves of the flesh, identifying on the physical, the emotional, the affectional and the parental planes, constitute the evolved good of mortality, but all must pass through the fires of purification when regeneration is set

up, and attachment give way to detachment and freedom in Christ. Renunciation, self-consciously effected, is the way of transition. Between the forsaking of the loves and lusts of the flesh, and attachment to God and one's fellowmen in a divine love, there is a point where man appears not to love at all. This is the point of barrenness when the child of Christ is conceived. Ideas and desires, in their negative aspect, are impregnated by the Holy Spirit, and eventually the energies and forces utilized in limitation, become agents whereby one is born into the Limitless.

COUNTERFEIT METHODS OF REGENERATION

Even as the principle of divine generation was usurped by selfish man, and confined to the plane of the senses, so the methods of regeneration, impressed upon the evolving consciousness in this day, have their counterfeit expression. Regeneration in Christ is an individual process, the heavenly embrace between the inherent male and female poles of procreation. The union of the male and female on any plane of sex is not only wholly unnecessary, but is an obstruction to the action of God's regenerative laws of the soul. The sexual congress of men and women, without expenditure of the seed, as a means of promoting life, is a makeshift, set up by those not yet willing to make their bodies "living sacrifices" unto God. Any form of carnal or affectional exchange between the sexes, prompted by sex consciousness (and all exchange of the flesh and blood plane is identified in the sex consciousness) is a hindrance toward the activity of the laws of regeneration by which spiritual man is begotten. In fact, the regenerative laws of God whereby the essence of the inherent male and female blend as one to beget the Christ ego, are not set into action so long as man yearns after, or indulges in any of the seductive delights of the sex consciousness, in any of their good or evil aspects. Satisfaction in Christ is the paramount essential toward establishing the ego in regeneration, and brings about the transformation from death unto life. Man is complete in himself, being both male and female in potential capacity, and the use of the opposite sex to induce transition into Christ, is a delusion and a lie. One still needing or desiring any form of contact with the opposite sex is not in regeneration, but still fruiting his "tree of the knowledge of good and evil," preparatory to climaxing his No-thing of consciousness, so as to permit the ascension of Christ in the soul. Truth is not born into the soul until the fruits of the tree of duality are harvested, neither is love and life known, therefore, this scientific fact should be a guide to evolving students as to who are emanating truth into the consciousness of the race. It was this knowledge that caused Jesus Christ to declare that all who had gone before him, as teachers, were thieves and robbers, neither going into the kingdom of God themselves, nor capable of pointing others the way of life. Much perversion of regeneration is running riot in the so-called newer religious movements because purification, based upon understanding and dissolving the sex consciousness, is not made the fundamental essential of spiritual progress. Aspects of sex consciousness may serve the mortal well as a means of evolution, but when the cycle of knowledge is climaxed, they become offences to the evolving ego if not renounced and surrendered. Attachment and detachment constitute the two factors by which man climaxes his cycle in generation, preparatory toward functioning in heaven on earth, where the ego's needs are supplied under divine law, and divine indifference to both good and evil is superceded by consciousness of Truth omnipresent.

TRANSITION FROM GENERATION TO REGENERATION

The transition from generation to regeneration constitutes the means whereby the mortal puts on immortality, and death is swallowed up in life. Generation identifies death, while regeneration identifies life. Death is vested in the four aspects of the sex activities (physical, emotional, affectional and parental attractions), while life has its inception when man has taken his mastery over attachment to both the evil and good of human consciousness. Jesus, when asked when the kingdom of God, which he represented, would be established, answered, "When ye shall have trodden down the garment of shame, and when the two shall be one, and the male with the female, neither male nor female." According to St. Clement, authority of the Catholic and Protestant Encyclopedia. The garment of shame is the sex consciousness, engendered during man's sojourn in the darkness of generation on the flesh and blood plane. This fabric of mortal mind will be dissolved only as truth exposes its darkness to light, and reveals God's purpose for man. All the aspects of duality, male and female, rich and poor, high and low, suffering and health, joy and sorrow, life and death, must be fruited as nothing before the essence of the two can blend as one, and identify the Christ. The next three lessons will outline the process whereby spiritual body is identified in the soul, and reproduced on the manifest plane, thus showing the working principle whereby the forces and energies gained in generation on the flesh and blood plane are transmuted into godly use.

Lesson VII, "Holy Marriage," shows the process whereby the male and female, joined as one in God, identify and reproduce the spiritual man.

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Points to be Considered in Preparing Lesson VI

1. What is the meaning of Regeneration? When does it begin? Why necessary?
2. What is the purpose of Generation, in divine order? How was generation perverted?
3. Explain the processes whereby righteous generation is carried forward in consciousness.
4. What is the soul, and its function in relation to man?
5. Explain the cross of spirit with matter.
6. What is life? How does man slay the child of Christ?
7. Explain "counterfeit generation," and the necessity of its expression.
8. What is the attitude of one overcoming the dual states of consciousness?
9. When does renunciation take place? Why is it necessary?
10. Explain the purpose of regeneration, and its scope of action in the consciousness of man.
11. Explain attachment and detachment in their relation to spiritual progression.
12. How may one know when regenerative methods promoted are based upon a false doctrine?
13. What is the divine status of man, as respecting his capacity to reproduce himself?
14. When will the kingdom of God be established in the earth?
15. Designate particular ideas gained in the study of this lesson.

Note: The above questions and points are to be used by the student in preparing his or her lessons, but are to be used and kept only as a guide, and record for the student. The lesson is written out in story form in the student's language.

Impression and expression must proceed harmoniously in order to insure the greatest unfoldment and growth. Ideas that the student cannot accept in understanding, he or she can receive in faith. Truth, received in faith, illumines and quickens the consciousness, and becomes conscious intelligence.

Be specific, yet free to use sufficient words to convey your ideas in good form.

"THE LAWS OF REGENERATION, IMPLANTED IN THE HEART OF MAN, THROUGH ACTION OF GOD, ARE NOW QUICKENED INTO ACTION AND REVEALING THE SPIRITUAL MAN. ALL THE FORCES OF CONSCIOUSNESS ARE CONSECRATED TO GOD FOR USE FOR SPIRITUAL PURPOSES. 'NOT MY WILL BUT THINE BE DONE.' I NOW DETACH FROM THE LOVES OF THE FLESH, WILLING TO LET THE ACTION OF GOD, FOR WHICH THEY STAND, BE REVEALED TO ME. I AM SATISFIED IN CHRIST, AND LOOK WITHIN FOR EVERY GOOD AND PERFECT GIFT OF LIFE."

"THE SCIENCE AND ART OF REGENERATION"

By

EOM, IdaMingle.....Teacher

LESSON VII

HOLY MARRIAGE

Marriage means to join that which is separated. Holy comes from the same root word as does whole. That which has been separated is the inherent male and female poles of consciousness, which make up the creative matrix, through whose cooperative action, spiritual ideas are manifested. The male pole, or Spirit, is identified as Truth in the Christ ego, while the female pole, or Soul, is identified as Love. Truth and love, conjoined as one, in the internal man, while understanding and will identify as one in the external consciousness. The operation of understanding and will as one, on the plane of mind and body, manifests heaven in the earth, or reveals God's will for man. The cooperative action of truth and love, in the internal (Christ) nature, and understanding and will on the external plane, make up the four-square principle of holy marriage, out of which is reproduced the spiritual man. Before the holy marriage principle can identify as a working factor in consciousness, the marriage of the flesh (sex union) must have been consciously surrendered. Man cannot function in duality and in oneness at the same time. The male and female poles of consciousness have been put asunder on the plane of the flesh, and the mortal ego evolved as a result. The Christ ego will be manifested only when the activity that makes man mortal has been lifted up, and overcome through desire to know and love God with all the heart. Tribulations in the flesh force renunciation of fleshly activities. Christ ascends as love of both good and evil is surrendered. Biunity is the climaxed expression of man, evolved out of identification in duality.

BIUNITY

Biunity is the union of the two, that were separated on the plane of matter, in Christ. Primarily, biunity relates to the union of the understanding and the will. This union is effected on the external plane of consciousness, through the action of God. That is, through purification, engendered by overcoming the loves and lusts of the flesh, desire to know and to love God is set up. This desire invites the impregnation of the Soul, in which desire is identified, by the Holy Spirit, and truth begins its illuminating work in consciousness. Understanding of truth is the perception of spiritual ideas, while will is the desire to manifest them. The capacity to conjoin understanding and will as one is the means of offsetting sense of separation between the male (spirit) and the female (love) poles of consciousness, and inviting into action oneness of thought and purpose. To know truth is to perceive spiritual ideas, to conceive them in love (desire to be), and to manifest them as life (action of godliness). Biunity is present only when one's thoughts and desires are centralized in Christ, and all activities of consciousness reveal God.

This implies the necessity of overcoming limited beliefs of mind, as well as taking mastery over the desires of the flesh, in either their good or evil aspects.

A biune creature is not a sexless creature, but is two-sexed, that is, has all the positive and the negative aspects of consciousness blended as one. Biunity is the characteristic of immortality, which is opposite to mortality, and precedes the establishment of oneness with Christ in the Father. Jesus Christ had not yet ascended unto the Father, though he had triumphed over death, and was identified in his immortal nature in the earth. It is in heaven, (consciousness of sonship), that oneness with Christ is attainable. Biunity is the earthly characteristic of oneness, the climaxed expression of duality. Heaven and hell are both subject to the dominion of one, established in his biune nature.

HOW DUALITY IS OVERCOME

Duality is the product of sense of separation between the inherent male and female poles of consciousness, and is overcome through reversing the sense of separation with unity. On the mortal plane, the sense of sex separates the male and female. This is but a reflection of a similar condition of consciousness existing within. Obstructions of false belief, engendered by feeling (sensation in matter) prevent conjunction of the inherent spirit (male) and soul (female), and unholiness results. Sex consciousness is made up of all activities of mind, soul and body that are not at-one with Christ principle. The overcoming of the sex consciousness, so essential toward wholeness or holiness, implies a renewal of the mind as well as a transformation of the body. Both thought and desire must blend as one in an action before righteousness can be. This means the realization that man is governed and controlled by God alone, and is in no way dominated by anything or anybody outside of himself. The belief that the man dominates the woman, and vice versa, must give way to establishment of freedom in Christ. Man is free only in the degree that the twain (male and female) joined in him by God are again united, for bondage is the result of separation between males and females, each seeking to control the other, when the ego should be subjecting its opposite quality of sex consciousness to itself. That is, a positive person (distinctly male) should be bringing into expression the inherent female, while the negative person (distinctly female) should make everything count toward manifestation of the masculine qualities. The perfect blending of the opposite poles of consciousness as one makes for harmony and oneness, thereby overcoming duality, in which is adultery and confusion. All the dual states, high and low, rich and poor, birth and death, hate and love, praise and condemnation, cowardice and courage, have emanated from the male and female poles, separated in their constituent oneness. Duality is the fruit of the "tree of the knowledge of good and evil." Man must be a master of both good and evil (dual states) before he is in harmony, or wholeness. For example: One must love friend and foe alike before perfect balance, or poise of consciousness is effected, as respecting the dual state of love and hate. In truth, love is expressing only when sense of personality and partiality have been overcome. To be a master of both courtesy and discourtesy, is to base all action upon principle of truth, and to express regardless of pleasing or displeasing. Duality has grown out of sense of separation from God, and when overcome, must fruit the ego into immortal being - consciousness of omnipresent life.

The following table designates some of the most prominent negative (female) and positive (male) qualities of consciousness to be blended as One:

NEGATIVE:	POSITIVE:	ONENESS:
female	male	biunity
death	birth	renewal-youth
mortality	immortality	eternal life
generation	regeneration	sonship
selfishness	unselfishness	selflessness
sympathy	compassion	charity(brotherly love)
personality	impersonality	Divine love
condemnation	praise	indifference
hate	love	principle
knowledge	understanding	truth
poor	rich	plenty
willfulness	obedience	grace
physical	metaphysical	spiritual
sorrow	joy	exaltation
impurity	purity	virginity
cowardice	courage	freedom
time	omnipresence	eternity

HOLY MARRIAGE AS A WORKABLE PRINCIPLE

Harmony of mind, soul and body is wholly dependent upon the establishment of the holy marriage principle as a working factor in consciousness. Marriage is the means whereby spirit, soul, mind and body, conjoin as one, to reproduce an action of life. Holy (whole) marriage, based upon the conjunction of understanding and will as one, reproduces life in the consciousness of the one identified in the principle. The capacity of man to dissolve all thought that he would not fruit into action, is the one way of reducing the element of death in the consciousness; while the capacity to act in keeping with the thought of truth, is the means whereby life is identified. Through overcoming false thought with truth, error is dissolved and divine love, the essence of life, is generated. The will to be, that is desire to express is innate in the idea of truth generated, and if not hindered by false sense of will (desire) an idea of truth is expressed naturally. However, customs of the world, conventions, precedent, all based upon personal will, hold man in bondage and forbid the action of a higher ideal perceived, until the adverse will nature is subjected by the spirit of love. When one discerns that his failure to act upon the ideal perceived, or to express in word the idea identified, is the means whereby the body is slain, and life left manifest, one takes his mastery over the fears of personal sense, and acts to glorify God in the earth, and not to be seen of man. Mary refused to know the ways of man before she gave birth to the Ideal Man. Every soul, growing himself Godward must repudiate, in action of word and will, all wilful states of personal sense, that abort the Christ child of truth, and leave unborn the man of God's idealizing. One in the holy marriage principle (union of understanding and will as one action of life) becomes a "peculiar" creature, thinking, speaking, acting reverse to people, functioning in personal sense. "Wherefore by their fruits ye shall know them." "If any man be in Christ he is a new creature." One does not become a new creature until he crucifies the "old man and his deeds." One,

functioning in the holy marriage principle, where truth is known and loved with all the forces of the being, does not marry nor is he given in marriage (going through the process of marriage in mind), but conserves the substance of love so as to reveal the spiritual man. When the two that were separated (male; understanding - female; will) are joined again in Christ (truth), death is overcome and resurrection into life continually takes place. The capacity to think and to act in conformity to principles of truth is the external application of the holy marriage principle by which spiritual man is born. So long as the will (desire nature) of man yearns after any form of sensual expression, the will of God cannot be set into action within the consciousness, nor can truth be known. Truth, the inner male pole of the marriage principle, is quickened into action when the ego has been purified from the loves and hates of the flesh, sufficiently, to invite God's action in the soul. It is in the soul (female), that separation from God took place, and it follows that unity with Christ will be established in the soul, when she (the woman) has been redeemed from those activities that set up duality and carnality, viz., sex consciousness, in its various aspects of limited thought and desire.

OBJECT OF MARRIAGE ON THE FLESH-AND-BLOOD PLANE

Marriage on the plane of the flesh-and-blood, is an institution, ordained by the I man, in an effort to join again as one, the separated male and female. Since the separation of the male and female exists within, marriage, on the sex plane, cannot evolve anything but separation. The goal of mortal marriage is the evolution of death, or nothingness (the unknown), in the consciousness of humanity. Marriage is the means whereby man is fully ripened in sin and death, and constitutes the cross that is to be lifted up, before the crown of eternal life can be attained. Marriage, on the plane of mortality, has in it the diffusion of light and darkness, heaven and hell, and all the other dual states of consciousness. The "holy marriage" is consummated in the degree that man frees himself from dual states and comes into oneness, or a holy state of consciousness, being conjoined with Christ, the bridegroom of the soul. In divine natural order, marriage precedes love, there being no love expressing until the spirit and soul are conjoined within in truth. Since only those participate in fleshly marriages, or desire to, who are in sense of separation between the inherent male and female poles of consciousness, genuine love does not sanctify the marriage, for truth has not yet been identified in the soul. When truth is identified, sense of separation is in the process of passing away, and divine love is being expressed. This scientific fact prompted the Master to declare that "The sons of this world marry, and are given in marriage: but they that are accounted worthy to attain to that world, and the resurrection from the dead, neither marry nor are given in marriage; for neither can they die any more: for they are equal unto the angels, and are sons of God, being sons of the resurrection." Luke 20: 34-36 R. V. Unilluminated men and women would have this condition possible only in a heaven, located in the skies, but since Jesus Christ definitely located within, and Scripture indicates that it is a state of consciousness to be developed now, one must conclude that man may rise from the dead at any time, and put off the necessity of carnal marriage, fruiting himself instead into the kingdom of God as His son. Man ascends into life through dying to the activities of carnal sense, that is, through refusing to identify his will (action of mind and body) in any expression that makes for death and destruction. When one has died sufficiently to sin, then is he resurrected in Christ, and established in spiritual consciousness, or the "world" to be attained,

when one is accounted worthy before the Lord (Spirit of Perfection within).
"That world" is consciousness of sonship, attainable now, through Jesus Christ.

SUMMARY OF POINTS RESPECTING MARRIAGE

Marriage is holy, only when it is identified in Christ, that is, identified above the plane of fleshly sensation.

Marriage in Christ joins spirit, soul, mind and body as one, and reveals spiritual man in life. Marriage, on the flesh-and-blood plane, makes for separation of forces of being, and climaxes in disintegration and death.

Mortal men, born of mortal marriage, are only half men in their fleshly natures, and only through rebirth (birth in Christ) can they come into wholeness - - (health and holiness).

There is no love expressing until the male and female poles of consciousness are joined as one, or truth is identified. When love identifies man does not marry, but is satisfied in manifesting his spiritual nature.

Heaven is a state of consciousness, developed when the male and female poles of the ego are joined as one, through overcoming the desire of the flesh. When one is in heaven, life is present, and desire to die, through indulging in fleshly love and lust, passes away.

Spiritual man is the product of activities of the flesh, renounced and overcome. The flesh-and-blood plane of expression is the ground in which man determines choice of heaven or hell, according to his understanding and desire. "With all thy getting, get understanding." The understanding governs desire (will).

Understanding and will, joined as one in action of truth, reveals spiritual man. Understanding is masculine, will is feminine; their conjunction resulting in harmony of being.

The marriage (union) of spirit and soul within takes place, when purification has been effected through overcoming dual states of consciousness. The Christ ego is identified, that is, man is recognized as a "beloved son" in this marriage.

The redemption of the Woman (soul) from the lusts of the flesh determines the status of purity of consciousness, and spiritual progression of humanity. The world reflects the activities of the internal man, though darkness and light are always in polarity.

The man ego put asunder the male and female of God's creating, subconsciously, and he fulfills the law and cancels his karmic debt, when he consciously joins the twain in truth and love. Oneness of the inherent male and female qualities of consciousness identifies man in Being.

Man is in the holy marriage when his seed remaineth in him. Seed is dissipated through sexual conjunctions, heat of passion, or any expression of personal sense, and unholiness (not wholeness) results. "Lust when it is finished, bringeth forth death."

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Thank you.

Health Research
February 25, 1984

Points to be Considered in Preparing Lesson VII

1. Explain the principle of "holy marriage."
2. When is the "holy marriage" principle set into operation?
3. What is biunity? Explain fully.
4. When is truth known?
5. Distinguish between mortality and immortality; duality and biunity; truth and understanding; love and will; holy marriage and marriage of the flesh; separation and unity.
6. What is duality, and how was it established in consciousness?
7. What is sex-consciousness?
8. What is the working factor of the holy marriage principle, and how put into operation.
9. Indicate how "good and evil," that is, positive and negative qualities of consciousness are blended as one, and Christ revealed.
10. Name some of the prominent negative and positive qualities to be fruited as One.
11. What is the result, when understanding and will are not joined as one, in an action of life?
12. What is heaven, and how attainable?
13. What is resurrection, and how does marriage, on either the flesh-and-blood plane, or plane of spiritual consciousness affect it?
14. What is the object of marriage on the flesh-and-blood plane?
15. What is the only legitimate death? How effected?
16. Mention several points as respecting marriage whereby whole-ness is attained.

Note: The above questions and points are to be used by the student in preparing his or her lessons, but are to be used and kept only as a guide, and record for the student. The lesson is written out in story form in the student's language.

Impression and expression must proceed harmoniously in order to insure the greatest unfoldment and growth. Ideas that the student cannot accept in understanding, he or she can receive in faith. Truth, received in faith, illumines and quickens the consciousness, and becomes conscious intelligence.

Be specific, yet free to use sufficient words to convey your ideas in good form.

"THE HOLY MARRIAGE OF GOD'S ORDAINING IS NOW OPERATIVE IN CONSCIOUSNESS, ESTABLISHING THE POSITIVE AND NEGATIVE FORCES OF BEING AS ONE. HARMONY,

WHOLENESS, ONENESS IS NOW ESTABLISHED IN THE ORGANISM OF MAN THROUGH ACTION OF GOD'S CREATIVE PRINCIPLE, AND THE WILL (DIVINE LOVE) OF GOD IS DONE IN THE EARTH (CONSCIOUSNESS) AS IT IS IN HEAVEN (CHRIST EGO). UNDERSTANDING AND WILL CONJOIN AS ONE, AND ALL THE FORCES OF CONSCIOUSNESS ARE RECEPTIVE TO RECEIVE THE ACTION OF THE HOLY (WHOLE) SPIRIT (MALE AND FEMALE IN ONE)."

"THE SCIENCE AND ART OF REGENERATION"

By

EOM, Ida Mingle.....Teacher

LESSON VIII

DIVINE LOVE

Divine love is a godly attribute of character, generated in consciousness, when Truth is quickened into action as the dominant Head (governing intelligence). Divine love is Truth in action, and involves both wisdom (male) and love (female) qualities of consciousness. Before divine love can be expressed, the science of it must be understood, for the manifestation of all godly characteristics of consciousness is based upon law. Man is expected to both know and be the Truth, which implies capacity to comprehend spiritual laws, scientifically, as well as to apply them. Perception of spiritual law, generated through understanding Truth, is made possible through action of God when consciousness is sufficiently purified to receive the inspirations of the Almighty. Perception of spiritual law involves the science of Being, and is followed by the conception and application of the Truths perceived, climaxing in knowing and being as one action of life. Life is the fruit of the unified action of Truth and Love, and is spiritual man revealed. This man is born of the Woman, (or Virgin; pure soul), not of corruptible seed, but of incorruptible seed generated by Christ within.

THE SCIENCE OF DIVINE LOVE

Primarily, Spirit is the Father pole of Being, while Soul is the Mother. The conjunction of the Father-Mother in holy union (marriage) identifies Truth as the Spirit of man, and Love as the divine impetus governing reproduction. The point of conjunction is in the Soul, or Woman (womb-man), therefore it is the soul, redeemed from the lusts of mortal love, that receives the impregnation of the Holy Spirit (Whole Spirit; One Spirit, or Christ), out of which action spiritual man is perceived and conceived. Truth is the perceptive faculty of God, operative in consciousness, while Love is the conceptive faculty. Love is the Woman that is generated out of the Man (Truth), the evolved expression of God's will. It is not until the will of the flesh has been overcome that the will of God begins its work of begetting spiritual man. This will is Jehovah God forming the man God has idealized, referred to in the second chapter of Genesis. Jehovah God is identified in consciousness as Jesus Christ, and is Lord of both heaven (realm of knowing: Ideal) and earth (realm of Being: Real). Love that is divine becomes actively known in consciousness when Truth is sufficiently perceived to identify a spiritual impetus in living. Through conforming the activities of the will (flesh) to the spiritual impetus, a new creature is manifested. This man is not born through the will of the flesh but through the will of God.

Divine love is generated through transferring attachment to persons and things to desire to know and love God only, and is possible of attainment only when the ego has died to sin, and yearns to be resurrected in Christ. Since

Since it is the descent of the ego onto the plane of materiality, climaxing in its attachments to the productions generated by the thought and will of the self that makes for death, it follows that renunciation, willingly engendered, is the path that leads to life and immortality. The climaxed result of divine love is immortal man, or the Word made flesh. The Word is the seed of God (Christ) identified in consciousness and brings forth God's man when the seed-life of the ego is no longer adulterated with desire that is not divine in its character. Love, sensualized, makes for death, while love resurrected makes for life everlasting. The car that takes man downtown, turned in an opposite direction, and re-named brings him safely home. Even so, with the feeling consciousness called love, Sex force, which is love sensualized on the plane of mortality, reversed in its tendency to reproduce mortal man, given a new character (name) will identify the ego in Eden, or his heavenly state of consciousness.

RELATION OF HUMAN AND DIVINE LOVE

In reality, love is divine in its character, all so-called love is not being divine, not being love. But since there is an evolved expression of mortality called human love, it is well to comprehend the nature of man's feeling consciousness in its dual aspect so as to more readily raise the gains of human existence onto higher planes. Human love is the highest expression of sex magnetism, evolved through culling out the evil tendencies and identifying the good. However, human love is still innately selfish in its character, has in it the antagonism of self-will, and binds man in death. In fact, that which is most humanly loved is most obstructive to spiritual progression if attachment is allowed to continue, for attachment to that which is humanly loved leads to lust, lust being the forces of feeling generated through loving without a godly motive or intention; and lust when it is finished bringeth forth death. Sex force is the progenitor of human love, and was set into operation when the ego sensualized feeling on the plane of matter, utilizing forces felt, but not known, for purposes of reproducing personal man. Being identified in the "Night" (unillumination), feeling but not perceiving the Cause of feeling consciousness to be the "Day," or Light of God, the ego identified all capacities and powers in the darkness, setting up evolutionary experience. Human love is the evolved fruit of this identified.

Human love has in it the potential capacity to conjoin with the Light, or Christ, and without human love man would not be magnetic to invite the action of God. But human love is not divine love, no matter how refined or tender its expression, nor can divine love become active in consciousness until human love is renounced and forsaken. Since the purpose of mortality (human existence) is to produce the No-thing of the Creative principle, with which the Something, God's positive action, conjoins, human love, the highest expression of mortal existence must be climaxed into Nothing, before the ego can spark to the Divine Light, and identify in the love of God. Therefore, renunciation, effected by law of polarity engendering tribulation in the flesh, or voluntarily effected, is the means whereby the ego ascends above the enticements of the loves of the sense consciousness into spiritual consciousness. However, it is the surrender of human gains of good for the kingdom of heaven's sake that connects man with God and identifies him more readily in sonship. Enforced renunciation robs man of the glory of attainment, and makes for anguish of soul and body. The cross reveals the crown, only when the cross is willingly lifted up.

Selfishness and unselfishness are the evil and good aspects of human love, though both make for the bondage of the ego on the flesh-and-blood plane. Selflessness is the characteristic of divine love, and is the capacity to serve so as to effect an action of godliness in consciousness, and includes both the uncovering of error and the promoting of truth. One, established in divine love, functions above the person, and serves whether the service is pleasing or displeasing, for the purpose of service in divine love is to glorify God in the earth and to honor Him. When man is honored of God he needs not be concerned about honors of men. All the gains of human love are as nothing compared with the satisfaction and bliss experienced by the ego, who has conjoined the male and female of himself in holy union (marriage), and is giving birth to the Son of Man.

RENUNCIATION

Renunciation is the capacity to surrender to God, forces of consciousness, that have been overworked in sin. Sin is sense of separation from God, and is characteristic of the ego functioning in self-thought and desire. It is the work of the ego to till the soil of consciousness, identifying in conscious knowledge, the forces of the "Day and Night" (Ideas and Feelings) of the Creative Principle. Through the process of evolution the Unknown becomes Known, or man knows himself which is to know God, and Light takes precedent over Night or unillumination. When illumination (Day; Light) has arisen, the loves (gains of good) of evolution must be forsaken, even as the evil has been forsaken as one approached nearer to the Light. The loves of the flesh include love for husbands, wives, children, fathers, mothers, houses, lands, gold and every other thing about which the heart has centralized its affections. The forsaking of a husband does not mean that one absents oneself from the family circle, through divorce or separation legally but illegitimately promoted, but that one overcomes, through regeneration, the attachments of the flesh that make the love of one's husband a stumbling block toward entrance into spiritual consciousness. It is sex love that attaches man to the various aspects of things evolved in personal sense, therefore it is sex love that is to be renounced and overcome in order that the love of Christ may become dominant in the heart, and manifest spiritual man. I speak of literal renunciation, and not a hazy thing of mind that deceives man in thinking he can love God with all the heart, mind, soul and body, and still love the activities of mortal mind, the passions of human soul, the desires of the unredeemed heart, and the will of a body, still bound by animal passion and sexual expression. When one has overcome the love for husband, wife, father, mother, child, houses, land, gold, all sense of personal possession, limitation, bondage shall be broken, and the ego be free to love all people in Christ spirit without sense of personality nor partiality. "He who loveth father and mother more than me is not worthy of me; he who loveth son and daughter more than me, is not worthy of me," admonished the Master. Love cannot be turned downward toward sense and upward toward spirit no more than man can go north and south at the same time, therefore, the necessity of detachment from the lesser love in order to gain the greater. When the greater is attained, it will contain the love of the lesser, and love for all men be expressed in freedom and good-will, and not in bondage and despair. There is no action of Divine Love until the ego has forsaken attachment to the loves of the flesh.

The student must perceive the qualities of consciousness entering into his attachment, and through denial and affirmation, engendering renunciation, establish purification. Man is free from death, which is to be free from the

attachments of human love and hate; when the male (Spirit; mind) and female (soul; body) poles of consciousness are joined as one. This union is possible only when sex union between the male and female is unknown, that is, non-expressive. Free-love is possible only when all love is identified in the Christ Mind. Love that makes for mortal existence is not the love of God, therefore, must be unknown before love of God can be known. When love of God is experienced, all humanity is included in the scope of one's service. One, identified in the love of God, is particularly chosen to glorify God in the earth, and to bring man in touch with his inherent godlikeness.

The nothingness that makes for woes and destruction is lost through renouncing the feelings of the lesser self, and the Something gained. It is a scientific fact that the heavenly reality of all forces, identified in unillumination (ignorance), cannot be unearthed and known until one renounces expression of forces on low planes. Therefore, for every renunciation of earthly attachment there is liberated a heavenly gain that compensates, with an hundred fold increase of good, for the travail the renunciation brought to pass. "For whom the Lord loveth, he chasteneth and scourageth every son whom he receiveth."

FAILING IN LOVE

When the ego descended onto the plane of materiality, sensualizing feeling force as personal consciousness, the first "falling in love" was identified. Love, as the bliss of Eden (generated forces of the Creative Matrix: male and female in Christ), was felt and not being understood, the ego became enamored of the feeling, set up awe (fear) vibrated sensation, and solidified forces as matter, identifying I Will instead of I AM. The bliss, experienced by the youth and maiden at the first flush of adolescent sex force is symbolic of the activity of reproductive forces in consciousness, the purpose of which is to bring forth spiritual man. But immediately this force is sensualized on the plane of sex, in any form of physical contact, it is materialized, and the original "falling in love" is re-enacted. When sex conjunction follows the influx of forces the soul is made "naked and ashamed," having been shorn of certain forces necessary toward dressing and keeping the divinity of the ego. Persistent "falling in love," that is, utilization of feeling forces on the plane of sex, makes more dead the soul to the inspirations of the Almighty, and eventually the body dies, having been slain by the ego in sin (sense of separation from God). When the ego dies to sin, having become thoroughly disillusioned as to mortal love, dissatisfaction is reversed with desire to know and love God, and spiritual ascension begins. This dissatisfaction may be engendered by hard experience in the flesh, or through understanding a higher law of life for man. In the effort of the ego to enjoy life, and to be alive, functioning in sex love, it loses that which is sought and desired. "He who seeks to save his life shall lose it; but he who will lose his life for my sake, shall find it unto life eternal." Man finds his life when he refuses to dissipate on the plane of sex those feeling forces that rob the body of its vitality, and the soul of its light. When one is thoroughly freed from tendency to sin, divine love is made active in the soul through action of God, and life generated.

SOUL-MATES

At a certain point in one's unfoldment, the intensity of love is felt, but is prayerfully raised in Christ, and thus the fall of the ego in love is reversed by its ascension. This point of resurrection is characterized as "soul mating," which experience cannot take place until the ego has proclaimed its completeness in Christ, in its male-female polarity, "I am established in the peace of the Christ Mind," objectifies in the without the test that affords opportunity to prove this declaration, so the realization that man is complete in himself, male and female in Christ, will automatically call into expression the opportunity whereby the ego may consciously determine choice of heaven or hell, thereby reversing not only the subconscious fall of the ego onto the plane of matter, but also reversing the falling in love with the ascension of love. Love leads to heaven or it leads to hell, and the developed intelligence of the ego determines its status in love. The male and female poles of consciousness, primarily joined in God, were put asunder by man, and must be identified as one in Christ by man, before the inward union, or holy marriage, can be really effected and man be born of the spirit. One is complete in Christ, having within himself the Father-mother (male-female) capacities whereby man is reproduced, but not until all sense of sex conjunction between the male and female in the without is consciously overcome does the ego spark to the divine fire within and give birth to the Son (Christ) of himself. The cosmic mating of polarized males and females can take place in the without only when consciousness is quickened in love and desire of Christ; and constitutes the great temptation that confronts the ego in his ascension into spiritual consciousness. Soul-mating is the opposite of soul-separation, and the polarity of these two factors of duality fulfills the law of separation, and marks the advent of Love that is divine. "Love is the fulfilling of the law," but before the law can fulfill (fill full) consciousness must be empty of all human love and desires. Men and women, individually identified in completeness in Christ, make up the cosmic parental centers (male-female man) through which the action of God takes place to give birth to the sons and daughters of God. God's children are born of whole (not dual in nature) men and women, and like Jesus Christ are male-female (biune) in character. Jesus Christ is the Father of these holy offspring, while Woman, or Soul, redeemed from the lusts of the flesh, is the Holy Mother, though the Woman Lord like the Man Lord will have her individual identification in the earth, and perform the office of universally mothering the children of God. This Woman is the Second Eve, and reverses those activities identified by the first Eve; she is the promoter of Divine Love, the Mother of all living, for without the action of divine love there is no life, nor is Man manifested.

The mortal belief that man and woman can conjoin in sex in any of its four aspects of expression (physical attraction in sex conjunction, emotional, affectional and parental expression) as soul-mates is a fallacy of mortal mind. The ego experienced sense of separation of its constituent male and female principles as it descended onto matter, and sex conjunction was set up as a means of joining the male and female again as one. This conjunction cannot join as one, but individualizes the two, until such a time that the ego renounces attachment to sex conjunctions and attaches to Christ (One) within. The test of soul-mating arises and marks the opportunity of the ego to ascend onto the spiritual plane, forever forsaking the wiles of the flesh. There is no mating of souls on the plane of sex, nor can there be. The male and female can be mated, that is joined as one, only in Christ, and in the individual ego alone. Many illumined souls, meeting this test, are deluded in thinking

they can enjoy the emotional and affectional exchange of sex-love, and still enter the kingdom of heaven. The four departments of Being must be alike redeemed from the enticement of fleshly enjoyment of love before man can fulfill the first commandment of Love, and enter into the love of the neighbor in which there is nothing that maketh a lie.

Lesson IX, "Redeemed Body" deals with actual facts of regeneration taking place in the body of man, being born of the Spirit.

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Points to be Considered in Preparing Lesson VIII

1. Explain the Science of Divine Love.
2. How is love that is divine generated? Explain process of its identification.
3. How did death originate? How is life generated?
4. What is human love? Its relation to divine love?
5. What is selflessness? When is this quality of consciousness identified?
6. What is renunciation? Explain in detail how one would renounce attachment to some form of personal sense.
7. When is man free? What is free-love?
8. Explain the primal "falling in love." How is it continued in the race?
9. What is the effect of "falling in love" on the ego?
10. What is the science of soul-mating? Its purpose? When does it take place?
11. Why is man complete in Christ, and how is this proved?
12. What is a cosmic parental center? Its purpose in universal progression?
13. What is the Woman Lord? Her relation to the first Eve?
14. What are the four aspects of sex love?
15. Quote the two great commandments of Love. How is obedience to them made possible.

Note: The above questions and points are to be used by the student in preparing his or her lessons, but are to be used and kept only as a guide, and record for the student. The lesson is written out in story form in the student's language.

Impression and expression must proceed harmoniously in order to insure the greatest unfoldment and growth. Ideas that the student cannot accept in understanding, he or she can receive in faith. Truth, received in faith, illumines and quickens the consciousness, and becomes conscious intelligence.

Be specific, yet free to use sufficient words to convey your ideas in good form.

"TRUTH IS NOW GOVERNING CONSCIOUSNESS AND DIVINE LOVE IS IDENTIFIED AS AN ACTIVE FACTOR OF LIFE. I NOW WILLINGLY DETACH FROM ALL ASPECTS OF SEX LOVE, IN ORDER THAT THE LOVE OF GOD MAY BE BORN INTO EXPRESSION. I AM GLAD TO RENOUNCE ALL ACTIVITIES OF CONSCIOUSNESS THAT OBSTRUCT THE COMING FORTH OF THE SON OF MAN, GOD'S OFFSPRING: 'GREATER LOVE HATH NO MAN THAN THAT HE LAY DOWN HIS LIFE FOR HIS FRIENDS.' I LAY DOWN MY LIFE THROUGH RENOUNCING ALL PERSONAL SENSE AND FLESHLY ATTACHMENT THEREBY MAKING ANTAGONISM AND DEATH

LESS ACTIVE IN THE CONSCIOUSNESS OF MAN. I CONSECRATE THE FORCES OF SPIRIT, MIND, SOUL AND BODY TO THE CHRIST WITHIN AND UTILIZE FEELING FORCES ONLY TOWARD MANIFESTING AN ACTION OF GODLINESS IN THE LIFE OF MAN. I LOVE MY NEIGHBORS AS MYSELF BECAUSE I FIRST LOVE GOD AND HIS IDEALS FOR MAN."

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"THE SCIENCE AND ART OF REGENERATION"

By

ECM, Ida Mingle.....Teacher

LESSON IX

THE REDEEMED BODY

Redemption is the result of polarity of the male and female poles of consciousness, which make up the reproductive factor of the organism. Polarity is effected only when Christ is perceived as the governing intelligence, for until man knows how to balance all dual states so as to no longer function in duality, he is not polarized, nor is death and birth in equal balance in the organism. The perfect blending or crossing of the male and female elements in lack of knowledge of God ("Night" of the Creative Principle) climaxes in death, or the identification of the No-thing. Automatically with the identification of the No-thing, the Something ("Day") of God's love is revealed. At this point of polarity, induced by balancing the male and female qualities in actions of life, death gives way to life and mortality is swallowed up in immortality. Body is redeemed from the resistant states engendered during the sojourn of the creature in animality of sense, and spiritual identity of the ego is effected.

WHAT BODY IS

Body is the manifest identity of ideas and feeling forces, joined as one. Body is the conscious expression of life, the vehicle of activity. It is the embodiment of thought, cognized by mind, and the feeling, loved in soul. Body is the fruit of the union of the male and female poles of Being. Since the body is the "wineskin" that houses the energies of ideas, it takes on the character of the ideas, and is material or spiritual according to the advancement of the ego. The mortal body is the product of mortal thought: thought cognized in ignorance of God, and identified in self-will. The immortal body is the product of ideas of Truth, expressed in love of God. Truth, the divine father, and Love, the holy mother, united in one, bring forth their child of God, thereby revealing spiritual man, who is born not of corruptible seed (sex consciousness) but of incorruptible seed (Christ idea; Truth).

Not all manifestation is matter, therefore body, the totality of manifestation is not necessarily material and mortal. Jesus admonished that all who saw him saw the Father, meaning he was the manifestation of spiritual ideas thought, loved and lived, therefore clothed in deathless body or identity. The body identifies as personality and individuality on the plane of matter, and as immortality on the spiritual plane. The finished fruit of immortality is sonship, which is unity with God in invisible essence of Substance. This Jesus attained at the dissolution of his immortality, but retains his identity in the Godhead. The manifestation of immortal being is the revelment of the indestructible body, that is, eternal identity. Spiritual body is discerned only through understanding Truth, and is formed by man, though created by God. Man, thinking truth (which is God thinking) identifies the cell form of ideas

realized, and makes tangible the flesh of the Word, or deathless bodily man. Man, in completeness, has a body, its visible identity being immortality, and its invisible being eternal identification in sonship.

The mortal body is the product of sex force (thought and desire operative in self will or sense of separation from God) and its destiny is to die. Healing cannot rejuvenate this body, nor can Truth make it alive. Truth realized brings to light the immortal body, eternal in the heaven (consciousness) as spiritual ideas, causing at the same time, the destruction of the material cell. That is, denial of error which every realization of Truth implies, makes empty the wineskin of mortality and permits the love of God to fill full the emptiness with the energy of eternal life. Through this transformation the product of the I man is decreased and reduced to nothing, while the I Am, or Christ Man becomes the substantial essence of the whole consciousness. To die daily to mortal thought and desire is the means whereby the material body is reduced to non-reality (no-expression), and the spiritual body is allowed to manifest itself.

ORGANISM OF SPIRITUAL BODY

Every part of the organism of mortal man has a spiritual reality underlying. Innate within is identified the organism of God's creation, which is reproduced automatically as mortal sense gives way to spiritual reality. Man tills the ground from whence he was taken through identifying his powers and capacities, the mortal creature forming the outline for the spiritual body, even as the first teeth form the outline for the second. Dentists do not like to pull the first teeth until a certain point has been reached lest the second come in crooked. Jesus implied that there were "tares" in the organism that should be let alone, lest in pulling them up both the "tares and the wheat be lost." There are certain fundamental elements of mortality that must die in order to form the nucleus of Nothing in which the Something of God's love functions to reproduce the spiritual body. Students in regeneration, should seek understanding, rather than relief from bodily changes.

The male pole of the spiritual organism is the Pineal Gland, while the female pole is the Pituitary Body, both being located in the center of the head. These creative factors are connected by the Optic Thalamus, or Single Eye of Christ, the pure ray of light, which causes to be brought forth the spiritual idea or Word of God. Christ, or Word, is the seed that identified in purity of desire, reproduces spiritual body; that is, reveals the Jesus Christ type of man. This man is born of the Virgin Mary, that is, is conceived out of the pure waters (substance) of consciousness, having been impregnated by God's will or Love. The seed thus generated flows out from "heaven" (top head) as a polarized energy (male-female), and makes up the River of Life, with its four heads, referred to in the second Chapter of Genesis. The four heads identified in the Christ Seed are spirit (heart), soul, mind and body. These four heads have their centers of intelligence in the throat, solar plexus, head, and navel, respectively. The spirit of man called the "heart" in scripture is the Word identified, and is located in the throat rather than in the heart region. The heart region identifies the soul consciousness, it being the conscious knowledge and love gained in actions of life. The navel is the eye of the physical organism, the governing head of the bodily man, while the top head functions the Christ Mind in its center of action.

The Christ seed coming down out of heaven identifies itself in the heart region as love and in the loins as life. The organism below the dia-

phragm represents hell, it being the place where unilluminated forces are housed. Into hell, the Christ seed descends, being crucified in the flesh (matter). As Spirit (Christ) and matter (sex) are crossed, conquest of the ego over the forces of darkness begins. As purification is effected the redeemed forces rise in life to the top head, making up the new heavens (brain identity) in which the Son of Man is to eternally dwell; that is, the redeemed forces make up the nucleus of intelligence upon which Mind vibrates to reproduce the new creature in Christ. The risen seed, generated through purification from the lust and love of the flesh, ascends to the several plexuses in the spinal column, until it approaches the place of the skull, called "Golgotha," at the base of the brain. At this point the second crucifixion takes place, and matter is crossed with spirit, the refined forces being allowed to ascend to the top head, while the unredeemed forces find their center in hell (below the diaphragm). The sacral plexus at the base of the spine is the seat of generation of forces in hell, while the medulla plexus is the point of regeneration of forces in heaven. At the medulla nerve center, or Golgotha, the Christed forces ascend to be identified in the Optic Thalamus as the I Am Man, or forces of conscious light. From the I Am or Single Eye center, the rays of light radiate out to all centers of consciousness, when self-will has been subjected sufficiently to allow it. The seat of the will is in the forehead (to top and rear). The forces of the I Am make conscious conquest over the will in the head region crucifying the I man even as the will of the flesh primarily crucified the Christ (I Am) in hell (loins). When the will of the ego has surrendered to the Christ, the regenerative force flows downward to the seat of the Word in the throat, where the ego is identified in his God-creative power. This is the Word center, the seat of the Divine Womb, and is located near the thyroid gland. The Holy Grail (Cup: Womb) is thought by some to be in the thyroid gland itself. From this center the Voice of the Lord (spiritual radiation) is heard all over the land (consciousness).

TRANSFORMATION IN REGENERATION

The student, experiencing the resurrection from death, may be beset with peculiar feelings, suggesting every conceivable disease for at this time all the suppressed forces of consciousness rise to the surface to be forgiven and redeemed. This condition should be perceived to be the raising of the dead states of sin, and an opportunity to take conscious mastery over the forces of hell (unredeemed states). Poised in the realization that God is the only action, and that action is love, the ego seeks to come into a non-resistant attitude, letting the will of God be done. Pain is the result of forces sensualized on the plane of matter, and represents at the end of the ego's sojourn in morality the polarized expression of the pleasure experienced when identification in matter was set up. The ascension into the Christ consciousness is likened in Scripture to a woman in travail. In fact, the birthpangs attending the birth of the ego in the flesh are no more tangible than are the birthpangs attending the birth of the ego into immortality. When pain is perceived to be the climax of death, with life equally omnipresent, the ego attaches consciousness to God, and stands still, awaiting the salvation which the Lord will show. If one has worked diligently in the "Day," he can rest in faith that Spirit will bring him safely through the "Night." "He that overcometh shall not be hurt of the second death." The first death is the death of the Christ ego in matter, while the second death is the death of the material ego in Christ. When one has died to sin then does the transformation from mortality to immortality take place.

The tendency of the forces to move toward the top of the head, the enlargement of the skull to house the conscious ego (which may be a painful procedure), the conflict at the base of the skull, the pull at the throat, the ironband about the head (representing resistance of the will to Christ), the physiological change in the heart beats (with their apparent cessation), the chemical combustion taking place in the stomach, the creeping of forces up and down the spine as a serpent crawling, the purification in fervent heat felt, and in fact, the decided change in all parts of the body, are the natural results of transformation from materiality to spirituality and must be perceived as the chastening of the Lord, rather than as disease. "Whom the Lord loveth he chasteneth and scourgeth every son that he receiveth." When one can kiss (embrace) the chastening rod then are the days shortened for all flesh. Relaxing the will to the Will of God makes for non-resistance and allows the oil of God's love to flow in and through the whole organism, establishing man in harmony and illumination.

As the bodily man, born in sex, is crucified in death to sin, spiritual powers and capacities are correspondingly resurrected. Perceiving this fact, the student puts on the joy and fearlessness of the conqueror, and abides in patience the fulfillment of the generative work of the Lord in him. Fear and pain both lessen as Christ understanding illumines, and the body takes on an expression of harmony and spirituality heretofore unknown. Fear is vibration of feeling in the soul, not understood by the ego but consciously felt, while pain is fear sensualized on the plane of flesh-and-blood. Love of God subjects both these factors of mortality and brings to pass omnipresent harmony and holiness.

THE BODY OF CHRIST

The body of Christ is the identification of ideas of the Christ Mind, and has an individual as well as a universal significance. Individuals, identifying the body of Christ, make up the cosmic centers through which God operates to universally effect the manifestation of his power and presence in the earth. The body of Christ is the tangible manifestation of the earth of the heavens of God's creation, in which is to dwell righteousness. When the liar of sense (sex) consciousness has been subjected to Truth, the Christ Mind is identified as the responsive organism through which God works to build the living body, or Word made flesh. The ascension of the redeemed forces to the head, together with the quickening of the twelve centers of consciousness, establish the body on the Rock, against which the forces of hell cannot prevail. The ascension of the forces begins only when the ego has been redeemed from thought and desire of sex, sex being the liar and murderer of the man. The polarization of every aspect of good and evil is the means whereby duality is leveled down and oneness is established. This point is more fully elucidated in Lesson VIII on "Divine Love."

The formation of the Christ Body is no more mysterious than the forming of the mortal body. The male and female elements of creation flow out as One from the head, make their sojourn through the organism accomplishing the mission of regeneration (spiritualization), identifying in the last analysis in the I Am center of the head, and the I Will center at throat. The I Am is the consciously organized male pole, while the I Will is the consciously organized female pole. Idea, identified in head as Truth, conjoins with Word, identified in throat as Love, to form the cells of the spiritual body. These cells are the result of the radiation of spiritual energy, the cells identifying themselves in that particular part of the organism to which they especially belong.

The Christ seed which produces the energy that forms the spiritual body is born once every month (29½ days). All ideas are impressed in the fluidic body which has its seat in the spinal column, and according to their purity or adultery is the body formed. If the seed life is polluted with unholy thought and desire the trend of the forces is downward, and only the illumination in Christ will permit the ascension of the ego out of death into life. The male and the female poles of the inner organism cannot unite as one so long as the ego entertains belief in sex as an essential toward reproducing man, or promoting happiness. The only man, spiritual, is the offspring of the virgin, and the virgin principle is established as a mothering factor only when the soul (Woman) has been redeemed from the harlotry of sense in every respect.

THE TWELVE CENTERS OF CONSCIOUSNESS

There are twelve centers of consciousness, symbolized by the twelve disciples of Jesus Christ, through which the energies generated pass to reproduce the I Am man, or new creature in Christ. The following table will give a brief identification of these centers, though their activities are to be handled as a distinct set of lessons, or put out in pamphlet form for study purposes. Every student in regeneration should acquaint himself with these centers and understand their purpose and activity.

Spirituality	Top of Head	I Am - Jesus Christ
FACULTY	LOCATION	DISCIPLE
Faith	Center of Brain-near Pineal Gland	Peter
Strength	Small of Back	Andrew
Judgment or Discernment	Pit of Stomach	James
Love	Back of Heart-Solar Plexus	John
Power	Throat - Root of Tongue	Phillip
Imagination	Between the Eyes	Bartholomew
Understanding	Front Brain	Thomas
Will	Center Front Brain	Matthew
Order	Navel	James, Son of Alphaeus
Zeal	Back Brain - Medulla	Simon, the Canaanite
Elimination or Renunciation	Lower Part of Back	Thaddeus
Life	In the Loins (Generative)	Judas

All thought realized identifies itself as organic structure through the activity of these twelve centers, but not until spiritual ideas are perceived and conceived (thought and loved) are they quickened in Christ, and made the agents to form the body of living flesh, or Word. For example, all thought that relates to strength has its point of identification at the strength center whether one consciously directs the thought to this center or not. This is also true of thought identifying with the other faculties. Peter, James and John, representative of faith, substance and love, always accompanied the Master in his ascensions, and in his travails, meaning that faith, substance and love make up the nucleus of consciousness in which the Word, or Christ, functions to reproduce living consciousness. All these aspects of consciousness are feminine in their character, and when moved upon by the positive (male) Word or seed of God, beget the new creature in Christ. When the student begins to identify in Truth, the twelve centers of consciousness are opened, and his disciples are called into action. These centers, disciplined in Christ, become to the one in regeneration, an ever present source of strength and sustenance as he walks along the Path. The transitions engendered in regeneration represent the forces of consciousness identifying in these twelve centers of the spiritual organism, and should not be called erroneous names by the second Adam, thus being given false character, as were the influx of forces erroneously named by the first Adam. "And whatever Adam called every living creature that was the name thereof." Place the stamp of God upon every action felt, beholding all as "good and very good," thereby placing the godly impress upon the bodily man being formed under God's laws of reproduction. The body is the living temple of God, and is to house the immortal ego, when revealed in its true character. "I beseech you therefore, breathe, by the mercies of God, to present your bodies a living sacrifice, holy, acceptable to God, which is your spiritual service. And be not fashioned according to this world: but be ye transformed by the renewing of your mind, that ye may prove what is the good and acceptable and perfect will of God."

Lesson X, "Jesus Christ, and His Relation to Humanity" reveals how man is redeemed through the Son and identified in Life Eternal.

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Points to be Considered in Preparing Lesson IX

1. What is Redemption? And when is it effected?
2. What is Body? How is it formed?
3. What is matter? Substance? Mortality? Immortality? Manifestation? Sonship?
4. What is the legitimate death, and when does it take place?
5. Explain the organism of the spiritual body.
6. Describe the course of the Christ seed in the organism, and its accomplishments.
7. Name the four heads of the organism, and their functional point.
8. What are the first and second crucifixions? First and second death?
9. Name some of the "symptoms" of regeneration. Explain how man may cooperate with the work of regeneration.
10. What is the meaning of "Whom the Lord loveth he chasteneth, and scourgeth every Son that He receiveth"?
11. What is fear? Pain? Christ seed? Polarization? No-thing? Something?
12. What is a "cosmic center," and how is it formed?
13. What is the Christ body?
14. What is the essential requisite toward effecting union of the male and female poles of consciousness?
15. Outline the twelve centers of consciousness, locating them in the organism, and giving names of the disciples they symbolize.

Note: The above questions and points are to be used by the student in preparing his or her lessons, but are to be used and kept only as a guide, and record for the student. The lesson is written out in story form in the student's language.

Impression and expression must proceed harmoniously in order to insure the greatest unfoldment and growth. Ideas that the student cannot accept in understanding, he or she can receive in faith. Truth, received in faith, illumines and quickens the consciousness, and becomes conscious intelligence.

Be specific, yet free to use sufficient words to convey your ideas in good form.

"BODY IS THE MANIFESTATION OF THE FORCES OF GOD'S LOVE AND TRUTH, ETERNALLY ALIVE IN CHRIST. MAN IS THE TOTALITY OF MANIFESTATION, THE EMBODIMENT OF FORCES OF SPIRIT, SOUL, MIND AND BODY - THE FOUR SQUARE CITY OF HOLINESS. I AM ESTABLISHED IN THE SUBSTANTIAL BODY OF GOD'S LOVE, IMMORTAL AND ETERNAL IN IDENTITY."

"THE SCIENCE AND ART OF REGENERATION"

By

EOM, Ida Mingle.....Teacher

LESSON X

JESUS CHRIST AND HIS RELATION TO HUMANITY

Jesus Christ is God's identification of man demonstrated. He is the Son of the Father-Mother Creative Principle, the identification of Spirit, Soul, Mind and Body in perfection. Jesus Christ is identified now in consciousness, and is Man in his divine nature. Out of consciousness, the negative pole of God's love, is continually resurrected other members of the man family, all having their being in and through Jesus Christ. Jesus Christ, being the totality of God's action (Love) is now God's will identified as a working factor to reveal the Woman or Divine Love pole of consciousness. Universally, this Woman is the tangible Womanhood of humanity, the redeemed feminine state of consciousness, which becomes the Womb in which Jesus Christ, the Father principle identified in the earth, operates to raise up the Divine counterpart of himself, the second Eve, or Woman Lord. Being the Wisdom identification, and engendering love, the polarity of Jesus Christ appears as the Woman Lord, or Divine Feminine Principle of God. All men must raise up the virgin before they can be conjoined with God's will, now operative as Jesus Christ, and give birth to the Son of themselves. When the wisdom and the love (male and female) poles of consciousness are united as one in human organism, the cosmic parental center through which God operates to reproduce his sons and daughters (children) is identified, and the immortal man is born into expression. Having been absorbed into the God head, Jesus Christ became one with the Father, and is now the procreator of consciousness whereby others are to be raised from their sleep in death. But before the individual ego can be raised from the dead, the Woman or wife of the Soul must be redeemed from the harlotry of sense, and the principle of immaculate conception be allowed to identify itself as a working agent to reveal spiritual man.

IMMACULATE CONCEPTION A PRINCIPLE OF BEING

The immaculate conception is essential to the birth of Man, and is an eternal principle in Being. This principle was typed in humanity by the Virgin Mary, though in its subconscious aspect. The Womanhood of humanity, redeemed from sex lust and love, constitutes the conscious matrix through which the immaculate conception of God's law is carried forward. The Virgin Mary, representing the Womb of God, received the impregnation of the Holy (Whole) Spirit of God, and became the matrix whereby the spirit, soul, mind and body of God's idealizing (River with its four heads, referred to in Genesis) were made living flesh. Before Mary could receive the full anointing, she had to renounce the desires of the sex creature and refuse to know the ways of men as respecting carnal marriage and fleshly propagation. Her betrothal to Joseph symbolizes the necessity of the fathering Spirit to reproduce, Joseph typifying the Father principle of God. Every inner spiritual movement has its

equivalent objectified expression. Mary represented both the Mother and wife principle, having within her own virginity, attained through action of God within, the essential elements to clothe the Christ ego with living flesh. The ego, Christ, identified in the Woman (Womb) through God's laws, and partook on one side of the divinity of God in divine will, while on the other side he still contained elements of flesh unredeemed. Through overcoming, rather than indulging the fleshly propensity, he automatically unearthed God's will for man and became the embodiment of God's son, or Ideal Man.

All God's movements are identified in consciousness, which is, and out of humanity, in law and order, there is manifested the fruit of God's work. This fruit is godly fruit, and while touching fleshly law, is divine with potency to manifest God, having power through Christ, to effect salvation from mortal sense. Mary was the evolved womb principle, the negative matrix of gestation identified in humanity in which God primarily moved to procreate His Son, or Christ. Jesus Christ, in due season, became the manifested fruit of God's implanting, the Word made flesh. He was with God in the beginning as God's Ideal of Himself, and mirrored in the Mother element of God, was eventually born, not of the will of the flesh, but of the will of God. Every man is immaculately conceived. The creature born of sex propagation is not man, but represents the evolved essences of consciousness moving toward identification in God's law to reproduce divinity. When the creature is born of the Spirit, through the action of God's love, then is the principle of immaculate conception set up, and spiritual man is revealed. Man is born of the Spirit when the creature is sufficiently purified from the desires of the flesh to yearn after the wisdom and love of God with the whole being. Through yearning after one's godly identification, the laws of God governing man are called into action, and cosmic knowledge begins its reign over the soul. Cosmic knowledge is the capacity to perceive spiritual ideas and to understand the laws governing the Being of Man. When cosmic intelligence has been sufficiently identified so as to cause a change of heart (conviction) the head (male) and the heart (female) of the devotee are joined in the holy marriage, and the virgin is raised in consciousness. This virgin, or pure soul becomes the matrix in which God's will acts to identify his ideals for Man. Jesus Christ being the will of God in identification, is the Father who impregnates the virgin soul with his Holy Spirit (Whole Spirit), raising man from death. "If the spirit that raised up Jesus from the dead dwell in you, he shall also quicken your mortal bodies, by his Spirit that dwelleth in you." Jesus Christ became the totality of all the action of God that moved in him to reproduce a man, and in his absorption into the Godhead became the progenitor of the second-born sons of God. This spirit that raised up Jesus is the man-woman of God's idealizing, the whole man spirit. This spirit must dwell in man before he can make union with Jesus Christ, the Fathering-Mothering identification of this spirit in the earth (organic nature), and the Son of Man be born. The virgin spirit (man-woman) must be raised in consciousness through overcoming attachment to the various aspects of the sex nature before she can be overshadowed by the forces from on high and reproduce the man of God's idealizing.

WHAT CONSTITUTES BELIEF IN JESUS CHRIST

"But as many as received him, to them gave he the right to become the children of God, even to them that believe on his name: who were born, not of blood, nor of the will of the flesh, nor the will of man but of God." John 1: 12-13. The name of Jesus Christ is his character, name coming from a root

word meaning character. To believe in the name of Jesus Christ is to identify in his character. What man believes that he becomes, therefore, to believe in Jesus Christ is to become like him, but this is not accomplished through the will of the flesh but in God's will. Jesus gave as the fundamental necessity toward becoming like him the denial of self and the taking up of the cross. To take up the cross is to lift up every aspect of mortal sense into the light of Truth, and to deny attachment to them, thereby denying the self-man and reducing all the consciousness to spiritual identity, eliminating entirely the personal sense. This procedure enables the godly forces of consciousness to become active factors in building man, for it is a scientific fact that to deny expression to a low force is to automatically invite into action its spiritual counterpart. Since the aggregation of godly forces is Jesus Christ, it is Jesus Christ that man receives when he believes sufficiently in him to set up the connection with God's will, through establishing purification from the will of the flesh (sex consciousness in its carnal, emotional, affectional, and parental aspects). Jesus Christ is Man but is identified in consciousness even as God is, and is the means whereby the earth (fleshly nature) is returned to its heavenly identification. Since Jesus Christ ascended into the throne of the Father in heaven, and the kingdom of heaven is within man, it follows that Jesus Christ is within Man, raising up consciousness to the image (male) and likeness (female) of God's son. Man is in Jesus Christ when he gets into consciousness, which means when he is identified in the wisdom (male) and love (female) of God as one action of life. Wisdom, love and life joined as one reveal Truth or I Am, God's identity of Man.

The negative aspect of belief in Jesus Christ as a man who lived and revealed an action of God above that of mere mortals, and that this man has power to save humanity from its sins, serve only in keeping remembrance of Jesus Christ, but does not have in it any saving grace to redeem man out of his sinful state. Man can not go on living in his sins, and enjoying the lusts of the flesh, and partake of the spirit of Jesus Christ as a Saviour. Until man, too, takes up his cross and denies the self, coming into a condition of purity, he does not contact the Jesus Christ Spirit. All are members of the one Man family, and receive the benefits of the attainment of Jesus Christ in a potential way, exactly as all the members of the mortal body receive the healing experience by one of its members, but not until the ego complies with the condition essential toward identification in Jesus Christ, does he become a Saviour (saving principle) to man. Jesus Christ identified man in his relation to the Christ Principle, and with that principle now a demonstrated activity in consciousness, man has an ever present help whereby he may fashion the man of Jesus Christ's type. Jesus Christ is the divine pattern, the holy (whole) type and all must conform to this original design in order to reveal the Real Man. Man believes in Jesus Christ when he becomes like Him. This is attained through putting off the old man, and his deeds of flesh, and putting on the new man who is created in holiness and righteousness.

JESUS CHRIST THE HEAD OF THE BODY

Jesus Christ is the Head, the identified wisdom (light; intelligence) of God. He is the force of intelligence in action, the will of Infinite ideas identified. The Man of creation, referred to in Genesis as Jehovah God, is the will of ideas and when identified in substantiality becomes the Head of the Body. Before the Body of Christ can be formed, the Woman or Heart principle must be identified. Through the conjunction of the Head and Heart (Man and Woman) the body is reproduced. Every person must raise up the Woman

or Heart in order to receive the action of the Head qualities. In other words, the heart must be redeemed from desire to sin before the illumination of the Christ Mind can take place and man put on the Head (intelligence) of Truth. It is through the heart that man contacts Jesus Christ, the Head, and resurrects the body from death. When the heart (Love) is in a proper state to receive the illumination of the Christ Mind, salvation from sin through Jesus Christ (Head; wisdom, truth) is being affected.

CRUCIFIXION AND RESURRECTION THE MEANS OF ASCENSION

The dying of Jesus Christ on the cross symbolizes the descent of the ego into the fleshly (earthly) consciousness, and its consequent dying to God's light. Just like a grain of wheat must go into the ground and putrefy and die in order to dissolve its external coats of skin, so the Christ ego is planted in the earthly nature while the material creature dies to sin, and its appointed time, the new creature (germ of life) in Christ appears. The higher one ascends in spiritual consciousness the greater is the dying process, but the nearer one approaches his ascension in Christ identity. Jesus Christ, having his identification in the earth side of consciousness is that which looks toward the within and the without, thereby becoming the mediator between man and God. If Jesus Christ, the Man Principle, had not been demonstrated, the creatures of the earth would still be seeking to make connection with God, but through Jesus Christ it now exists. This accounts for the many Scriptural admonitions that if man will abide in Jesus Christ he will bring forth much fruit. Jesus Christ is the Vine, and humanity is the branches. Those who root themselves in the Vine shall bring forth the fruit of God as did Jesus Christ, and reveal spiritual man. As man dies to sin he is raised in Christ, and ascends into spiritual consciousness. Crucifixion and resurrection are in exact polarity, ascension being the third aspect of consciousness attained when man dies to the carnal and personal desires in order to become alive in Christ.

MEANING OF "FLESH AND BLOOD" OF JESUS CHRIST, AND HOW APPROPRIATED

The eating of the flesh of Jesus Christ and the drinking of his blood has been more or less a mystery to the devotee of Christ, because he has persisted in beholding Jesus Christ as a material man instead of as an identified action of God. It is true that Jesus Christ did identify in the flesh, partaking of the blood of animality to the extent of necessitating overcoming of temptation, but his dissolution out of materiality with his corresponding absorption in the Godhead makes him no longer a sentient creature of mortality but the substance of Spirit. The body of Jesus Christ (flesh), being transmuted out of its mortality through action of God, became the substance of the Word or essence of Spirit, while the blood took on the energy of the love of God. Man eats the flesh of Jesus Christ every time he appropriates Truth so as to make it substantial in consciousness, the Truth, in the last analysis, identifying as the cell organism. The blood of Jesus Christ is drunk when the energies of ideas partake only of the love of God, the blood being the life of the flesh and the connecting link between matter and spirit. In the blood, the energies of Truth realized, are circulated, touching the entire organism with the life of Christ. Life is the manifest action of truth and love operating as one. Through holy union of the Christ potentialities, the organism of Jesus Christ became the embodiment of God's substance. Since

Jesus Christ is identified in consciousness of humanity in his invisible essence, his flesh and blood are likewise identified within and are ever present as the Truth and Love of God to man. "Except ye eat the flesh of the Son of man and drink his blood, ye have not life in yourselves. He that eateth my flesh and drinketh my blood hath eternal life; and I will raise him up at the last day....As the living Father sent me, and I live because of the Father, so he that eateth me, he also shall live because of me. This is the bread that came down out of heaven.....he that eateth this bread shall live for ever." John 6:53-58.

The transmutation of the organic nature from matter to spirit is wrapped up in the foregoing words of the Master. The Christ ego, identified in the Mother element (Virgin Mary - substance or no-thing) and through God's will, solidified energies, revealing the flesh-and-blood nature (matter). In the plane of matter the ego consciously identifies the activities of God, gaining himself as the product of his sojourn in materiality, himself being knowledge of God. Through renunciation of attachment to the loves of the fleshly nature, the ego transmutes himself out of matter into its spiritual counterpart, thereby identifying as the Word made flesh, or the manifestation of God's substance as immortal man. This man is in deathless identity, having proved his mastery over death when he freed himself from the enticements of the fleshly consciousness, the renunciation of the loves of the flesh constituting the essential step that connects man with Jesus Christ and reveals the Christ of God.

INTERRELATION OF CHRIST AND JESUS CHRIST

Christ is the Ideal Man of God's creating while Jesus Christ is the Real Man. Christ is the unmanifest, and Jesus Christ is the manifest. Christ is the knowing principle, while Jesus Christ is the doing, the union of the two constituting Being, or I Am. Christ is understanding, while Jesus Christ is willing, the union of the two revealing the Perfect Man, born of the Holy Marriage. The biunity of Jesus Christ was manifested when his understanding (male) and will (female) joined as one to reveal the immortal man. Christ is Jesus Christ in potentiality, while Jesus Christ is Christ in identity. When one puts on the wisdom of Truth he puts on Christ and prepares to reveal the Real Man in being that man. Jesus Christ is the identity of Christ in manifestation, the Word made flesh. He is God manifested in substantial essence, his manifestation being spiritual substance and not matter. The I man (personal ego) is identified in matter, but with the ascension of Christ (I Am) the man (matter) decreases, so that when Christ appears matter has disappeared, leaving only the identification of God's man in deathless character. Jesus Christ is not manifested in spite of matter, but because of it, matter forming the shadowy outline in which spiritual substance takes on tangibility. The flesh-and-blood consciousness (matter) cannot inherit the kingdom of God, but it forms the working point where the ego "tills the ground" of his own consciousness and makes ready for his ascension into the consciousness of Christ Jesus. Jesus Christ, the fruit of the seed of Christ, planted in consciousness through God's action (love) is the fulfilled expression of God's man in the flesh (tangibility).

MAN AND WOMAN LORD

The Woman Lord must manifest at a certain cycle of God's dispensations, showing forth the Feminine Principle, or Mother-God. Jesus, the second Adam, raises his feminine counterpart, or second Eve, out of humanity, and out of

this identified matrix, the children of God are born. The 144,000 redeemed of the dispensation of Jesus Christ are to be the fruits of the conjunction of the Man and Woman Lord, whose union takes place at the end of this age, now at hand. The Woman Lord reverses the order of generation, established by the first Eve, and gives birth to the immortal egos. This is first a cosmic action, effected on the underside of consciousness, but in God's season becomes identified in humanity and known to men. As the egos, who have effected mating of the male and female of themselves, establish oneness with Christ, they cosmically contact this Creative Matrix and receive the anointing of sonship. However, in the last act, there will be manifested the chemical combustion of the male-female elements that will transmute mortals out of mortality into immortality. This act is in the government of the Man and Woman Lord, the creative matrix established through God's law, and constitutes the "greater works" to be accomplished. The Woman Lord is revealed as the identification of Divine Love, the Heart of the Body of Christ, the Bride of the Bridegroom, and will be gestated out of the Womanhood of humanity, redeemed from sex love. She is the fulfilled fruit of the "tree of the knowledge of good and evil" even as Jesus Christ, her mate, is the fulfilled fruit of the "tree of life," set growing in the consciousness of humanity under Creative Law. The second Eve, the Woman Lord, becomes the mother of all living, and gives birth to the immortals, thereby polarizing the work of the first Eve, even as Jesus Christ the second Adam polarized the work of the first Adam. Thus shall end the world, founded in sense or separation of God, or mortal generation. "Behold I stand at the door and knock: if any man hear my voice and open the door, I will come in to him, and will sup with him and he with me. He that overcometh, I will give to him to sit down with me in my throne, as I also overcame, and sat down with my Father in his throne."

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Points to be Considered in Preparing Lesson X

1. Explain relation of Jesus Christ to God and Man.
2. What is the virgin, and how is she raised up?
3. Explain principle of Immaculate Conception, and how set into action in consciousness.
4. When is man born of Spirit?
5. What is meant by believing in the name of Jesus Christ?
6. How is belief in Jesus Christ established?
7. Where and What is Jesus Christ?
8. Explain Jesus Christ as the Head of the Body. What is the Heart of the Body?
9. Explain relation of crucifixion and resurrection. The branches and the Vine.
10. What is the flesh and blood of Jesus Christ? How formed, and how appropriated by man?
11. What is Life, and when is it present?
12. Explain man's transmutation out of materiality into spirituality.
13. What is the relation of Christ and Jesus Christ? Explain fully.
14. Who is the Woman Lord? What is her purpose in consciousness.
15. How does humanity contact the Woman and Man Lord creative matrix, and reproduce spiritual man? Explain process.

Note: The above questions and points are to be used by the student in preparing his or her lessons, but are to be used and kept only as a guide, and record for the student. The lesson is written out in story form in the student's language.

Impression and expression must proceed harmoniously in order to insure the greatest unfoldment and growth. Ideas that the student cannot accept in understanding, he or she can receive in faith. Truth, received in faith, illumines and quickens the consciousness, and becomes conscious intelligence.

Be specific, yet free to use sufficient words to convey your ideas in good form.

"THE SAME SPIRIT THAT RAISED UP JESUS NOW QUICKENS THE MORTAL BODY OF HIM WHO IS IDENTIFIED IN THE MALE-FEMALE CONSCIOUSNESS. I AM ESTABLISHED IN MALE-FEMALE POLARITY, BEING EQUALLY BALANCED IN WISDOM AND LOVE. I LET THE WILL OF GOD BE DONE IN ME TO REVEAL THE REAL MAN. I AM THE CHRIST OF GOD AND I LET THE WORD BE MADE FLESH IN ME THROUGH RENOUNCING ATTACHMENT TO THE WILL OF THE FLESH. 'NOT MY WILL, BUT THINE BE DONE.' I WILLINGLY SURRENDER CONSCIOUSNESS TO JESUS CHRIST, LETTING HIM BE FORMED WITHIN AS CHRIST OF GOD."