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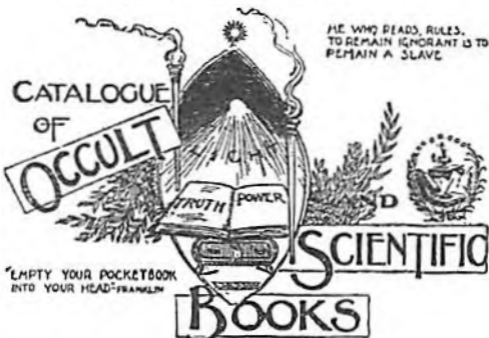
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If you are not confident in your ability to master yourself, if you cannot control an evil thought, if you act by impulse or are indifferent towards the golden rule, then for your own sake our advice is, to not read this book, for it is intended for those who, having benefited themselves, would consider and help suffering humanity and help detect and punish those who use these powers for evil purposes.

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It is the character of that extraordinary Sleep and the prodigies that occur in it, or spring from it, which render Hypnotism the greatest surprise and the greatest miracle-worker in the realm of Nature. In this stage the subject or patient becomes unconscious and obeys the commands of the operator in every way, he walks, talks, sings, laughs, and, in fact, does whatever he is told to do, and when restored to consciousness does not remember anything that transpired. In this state all sorts of illusions and hallucinations may be created.

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The wonders and powers of Hypnotism have been manifested in all ages, although under different names—in fact and essence it is the same. It was the secret of the Magi in India and the "Wise Men of the East." Long before Moses was found in the bulrushes of the Nile it was practiced by the ancient Egyptians. Afterwards Moses was initiated into this secret power by the Pharaohs, and thereby worked his great miracles. In the Middle Ages we read of St. Francis and Father Gassner employing the same occult power. Again later in 1779, Mesmer astonished the French Academy by his wonderful demonstrations.

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