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SPIRITUAL HEALING

CHARLES EDGAR PRATHER, Ph.D.

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FOREWORD.

These simple lessons are essentially a complete course of practical instruction in Spiritual Healing, showing how one may unfold to the Consciousness wherein is Peace of Mind and Health of Body.

Upon their publication in magazine form, the demand for them became so great that three editions of the same were published; then came a popular demand that they be given in a more permanent and convenient form—hence this book.

May the truths contained herein open the spiritual eyes of all who may read them to a recognition of their true and eternal State of Being.

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SPIRITUAL HEALING

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OUR AUTHORITY.

TRUTH is Truth wherever found. Finding that Truth, becoming one with it through the unfoldment of consciousness, gives you the realization of its nature in all things—your body, affairs, environment. We take our lessons in this discussion from the Bible, for it has been the spiritual authority to most of us; not that a statement is true simply because it appears in the Bible, but because of the truth of the Law of which it is the expression.

No book can be compared to the Bible in its portrayal of the unfoldment of Mind in the individual. It is your life written large, in your progress from sense to Spirit. As literature, the Bible is unsurpassed. The poetry of the Psalms has never been equalled. The admonitions and proverbs of Solomon, the Ten Commandments, and the Golden Rule of Jesus, are to-day the guide-posts of civic and moral law.

The Bible portrays every phase of human and spiritual unfoldment. While many of the recorded events must be allegorical, used merely for the purpose of illustrating the Truth of Life, undoubtedly many of its historical recitals are correct; yet little value lies in the *history* of it, because it matters not to you—it is not essential to your salvation—to know, for instance, that Jesus was born in a manger; but it *is* essential and absolutely necessary for you to know that the birth of the Christ, the activity of the Spirit, the consciousness of God, comes to you in that lowly, unobserved, unpretentious manner, as Jesus' birth is recorded. It does not come with shouts and sound of trumpets, but it comes in quietness, in humility and lowliness.

Jesus taught much in symbols—they were so readily understood by the people, for the illustrations used were the things with which they were familiar. Thus he spoke of the sheep to illustrate the Good Shepherd; to the farmers he likened the "Word of God" to the good seed, etc. Such allegories were also common in Old Testament times, and we frequently read, "Which being interpreted."

The birth of the Christ in you is the unfoldment of your consciousness so that you *know* yourself divine, just like your Source, for “like produces like.” This awakening into a realization of the Truth through which you know what you are, draws like a magnet all good unto you.

Not only do the “wise men of the East” come with their gifts to this new-born Christ in you, but it is a true and accurate *law* that if you lift up this Christ Consciousness, if you place it before you as your ideal and standard, then will this Christ draw *all* unto you. The passage reads “will draw all *men* unto me.” The word “men” is printed in italics, showing that it was supplied by the translators and was not in the original text—the translators *thought* that was what was meant, that if Jesus as the Savior was lifted up he would draw all men to him. But it is the Christ in Jesus, in you and everyone, the activity of God in consciousness, which brings forth perfect and harmonious expression.

Paul saw this when he declared, “The letter killeth, but the Spirit giveth life.” That is the secret of the whole Scriptures; you

must not simply read the *letter*, but get into the heart, the soul of it—the *spirit*; remembering “All scripture given by inspiration is profitable for doctrine, for reproof, for correction, for instruction in righteousness.”

So we read, study and accept this Book of Books not only for its history, its allegories, its prophecies, but as the *revelation of the unfoldment of individual life*.

I do not ask you to accept anything which does not appeal to you as Truth. Accept that which is clear and evident; do not argue about the rest, but as you *live* the truth you now see you will unfold in consciousness so that sooner or later all will be made plain to you, for the “Spirit of Truth shall lead you into all truth.” Thus every day you will have a broader and truer vision of Life and its manifestations.

Today you may be in the valley where you can see only the deep gulches and the towering heights on either side. The sun you see but little, being obscured by the mountain peaks. Begin to ascend the mountain, and with every step you will get a larger and better

view. Consequently, when you reach a certain height you see that the Truth you had in the valley was only the beginning of the "break of day" but which increased in splendor as you used it to the best of your ability. If you live to your highest vision of Truth, you are ascending the Mount of Spiritual Consciousness, and thus see and know more of Life each day. It is the daily living, or doing, that brings one into that vital touch or realization of the Truth which is essential to every life, for it is the "Truth, if ye but find it, that shall forever set you free" from every false opinion and limitation. God is Wisdom, and when you turn to God, *letting go* your thought concerning externals, you will be filled with the illumination of Spirit, and thus *know* the Truth that frees; your unity with God will become a recognized fact to you, and thus will you hereafter see and know only the good, the true, and beautiful, and health, life and strength.

It is this Truth which illumines our hearts and minds, and which glows beneath and within all "Scripture given by inspiration" which is our foundation, our authority, our guide.

Disease.

DISEASE.

WHAT is disease? Divide the word—dis-ease; that is, *not* ease. And what is ease? Rest, comfort, peace, harmony. What is harmony? Harmony is health. And then what is health? The natural state of Mind. Where is it? Within you. Jesus said, "The kingdom of heaven is within you." Hence heaven is not a place. Jesus never taught that you had to die to go to heaven. Even if you die physically, you will never get to heaven until you find that harmony which is heaven within your own mind, because it is a state of conscious recognition of unity, oneness, with God.

Disease then, logically, means hell, inharmony. As heaven is a state of harmony within the mind when one is *consciously* in accord with Spirit, so hell is that confused mentality which is pictured in thought and interpreted as sin, disease and death.

CAUSE OF DISEASE.

Ignorance is the cause of disease. If you had always known how to keep well, you never would have been sick, but you did not know how. Why do you even now get sick? Simply because you do not know better. Is that not it? It may be through just a lack of knowledge, or through ignoring the Source of health. The fundamental fact in the picturing forth of disease is the lack of knowledge of the *reality* of God, of Life, of Substance. You have been living in the appearance, the seeming, the external, instead of knowing the *true substance*; living in the "letter" instead of the Spirit.

You do not make health, neither do you make sickness. Health is the reality, the very nature of this Universal Presence we call God, Mind, Spirit. How, then, does one get sick? Through disobedience to the LAW; and especially the Law of Expression, resultant from the lack of knowledge of that Law. Otherwise no one would be sick, for it is disagreeable, uncomfortable, and if he *knew* the Law of Life, he would live in accord with it and avoid these experiences.

“In the beginning was the Word, and the Word was with God, and the Word was God. . . . In him was Life; and the Life was the Light of men. . . . That was the true Light, which lighteth every man that cometh into the world.”—John 1:1,4,9.

Since God is the Source, man must be like Him, of the same substance, and possessing all the inherencies of Being. But man has been asleep to this fact. That in no way prevents the Light or Truth being in him. He has blinded himself by looking at externals and wrongly thinking that they are something in and of themselves, and with powers of their own. He has not really been looking for the Light, although it has been within him all the time; he has been looking without, and not within.

“Ignorance of the law is no excuse,” for every one has the means of knowing the right; all he needs do is to give attention to that Light within him, and the right will be revealed unto him. This applies to all thought and action under all law—spiritual, moral, statutory, and physical. Therefore, man is himself responsible for all the trouble, sickness and limitation in his world. Thought un-

illuminated projects all of the disorders of the race. We have been groping about in the darkness of sense confusion, having never recognized the Light within.

KNOWLEDGE THE REMEDY.

What is the remedy for disease? Since health is harmony, you see how to get well and keep well. Become harmonious in your thoughts. Peace, joy and contentment are the molders, the potters, the unfolding agents of this Consciousness which expresses within and without as health.

Your mentality must be unfolded to the fact of the *reality of harmony* as the nature of Spirit. If you do not see it any other way, you must come into this consciousness, or pure knowing, through experiences which you may call hard. You look at externals and think they are something in and of themselves, with power of their own, and consequently you get a false impression of them. That misconception is lack of knowledge, ignorance. Through false thoughts you get false conclusions.

The whole problem of Christianity is the uncovering of the *true Self*, taking off these husks of error thought, false opinions, and seeing God and God's manifestations as they are in reality; and when you see them thus, you see only health, peace and satisfaction.

SOURCE OF KNOWLEDGE.

You do not get pure knowledge from books; you do not gain absolute knowledge from the Bible. They are only *guide-posts* to show you the way. Knowledge is that illumination of Truth within you which shows you all things in their true nature and right relation, and all in unity. This knowledge is *Consciousness*.

The authors of books express the decree of consciousness to which they have been receptive to the Light of God. If you have not unfolded to that same degree, their writings may awaken your consciousness so that the same facts they perceive may become truth to you. The *fact* must be born *within you* before it is truth to you. To illustrate: You may learn a rule in mathematics so as to be able to say it and yet lack the understanding of it, so that you

would be unable to apply it in a problem ; and to that extent you lack true understanding of it. When you truly know the rule you are conscious of its methods of operation. Hence consciousness is pure knowledge.

INTELLECT AND SPIRIT.

Intellectual learning is superficial unless it is based upon spiritual or true knowledge. The one belongs to the realm of mentality which deals with the externalities, while the other deals with the living and vital substance in which the visible things are included as its expressions.

The intellect is all right. It is given you for use, but do not think it is *all*. The faculties of the mind are but the avenues through which Spirit operates. See them as such, and you will not be confused by merely intellectual conceptions. There is a vast difference between the light of the sun and the light of the moon. One is from the source of light, the other but a reflected light. So with Consciousness and intellectuality. Mental education is excel-

lent, but only so when it is for the better expression of that wisdom and power which is divine—the wisdom of God.

The walls of human intellectuality must soon or late crumble before true *Intelligence*, Divine Wisdom, just as did the walls of Jericho. “Jericho” means “moon city.” The light from the moon is reflected, and therefore weak. What kind of light is intellectual light? Moonlight, for it is not the direct light of Truth, coming from the Sun of Righteousness, the Spirit.

It was “moonlight” that has always persecuted those who believe in Truth regardless of established customs. It was “moonlight” that believed in witchcraft. It is “moonlight” that believes the body is the man. It is “moonlight” that believes in another power besides the good. It is “moonlight” that believes in old age, loss of sight and hearing. It is “moonlight” that says certain diseases are incurable. It is “moonlight” that says anything is impossible. It is “moonlight” that says death is inevitable. In fact, it is this mental or intellectual “moonlight” which makes all your hard experiences.

Use your mental faculties as *avenues* of Divine Wisdom. *Let* God express through them, and you will be healed of all your infirmities. Always remember that "It is not I (the intellectual personality) but the Father within me, *He* doeth the works."

Healing a Bible Doctrine.

HEALING A BIBLE DOCTRINE.

HEALING is a Bible doctrine. All through it runs the truth of the power of God over every condition of the physical, when that Power is permitted to express. People through their short-sighted mentality determine what God can do and what He cannot do. Even the Emmanuel Movement limits God in the healing of disease, by declaring they will not take cases afflicted with organic diseases—such must be treated by physicians. But as they see the power of God healing the minor forms of disease, such as mental and nervous troubles, their vision of Truth will so enlarge that sometime they will accept the *omnipotence* of God. “*With God* all things are possible.” “*With God* all things are possible” to man.

Listen to Isaiah as he sees the time coming when the Healing Presence will be permitted by man to express through him:

Then the eyes of the blind shall be opened, and the ears of the deaf shall be unstopped. Then shall the lame leap as an hart, and the tongue of the dumb sing.—
Isa. 35:56.

Matthew historically records the fulfillment of this prophecy. And Jesus demonstrated the Law to show us the way.

When the even was come, they brought unto him many that were possessed with devils. and he cast out the spirits with his word, and healed all that were sick: that it might be fulfilled which was spoken by Esaias the prophet, saying, Himself took our infirmities, and bare our sicknesses.—Matt. 8:16, 17.

And in that same hour he cured many of infirmities and plagues, and of evil spirits; and unto many blind he gave sight. Then Jesus answering said unto them, Go your way, and tell John what things ye have seen and heard; how that the blind see, the lame walk, the lepers are cleansed, the deaf hear, the dead are raised, to the poor the gospel is preached.—Luke 7:21, 22.

When one does not see the right, but turns his attention to seeming outward conditions, just that far does he permit those conditions to control him. Thus he is oppressed of the “devil” (do-evil thought).

When you *let* God become a conscious reality *in* you, you become aware of your Divine Power; you are one with it, and therefore all power is given unto you. But remember this power comes only to you in your heaven—when you are serene and harmonious

within; it comes only when you are dwelling in your highest vision of Truth. Then as a natural result, it becomes manifest, expressed, in the visible—"and in earth." That power given in the consciousness within continues to operate in the without.

Thus Jesus had power of healing:

How God anointed Jesus of Nazareth with the Holy Ghost and with power: who went about doing good, and healing all that were oppressed of the devil; for God was with him.—Acts 10:38.

If Jesus had not used that power, it would have accomplished no beneficent results. So you have that power, for, said Jesus, "Ye shall do greater works" even. Are you using it? Begin now! Whatever limitations you may seem to be in, begin to speak the word of Life and Health for someone else who needs it. Thus you take your thought off your body, your personal self, and in seeing and declaring the *truth* for another you expand your own consciousness into *realization* of that truth for yourself as well as for the other.

THE LAYING ON OF HANDS.

Now when the sun was setting, all they that had any sick with divers diseases brought them unto him; and he laid his hands on every one of them, and healed them. —Luke 4:40.

The hand symbolizes *applied power*. Jesus always met every one on their plane of consciousness. If a man did not see how he could be healed by the Spirit without some external means, Jesus promptly responded, but always emphasized that it was really their *faith in God* which did the work. Hence, to one he told to go and wash in the pool of Siloam; to another, to stretch forth his hand; with others, he laid his hands upon them. You figuratively lay your hands upon another when you apply the Divine Power in thought to awaken that one in consciousness to the living reality of the presence of God within him. The Bible frequently mentions the hand as symbolizing power. "The good hand of his God is upon him." "The hand of the Lord, it is mighty." "I will uphold thee with the right hand of my righteousness."

In treating cases we do not approve of laying the physical hands upon patients for two reasons. First, it draws the attention away from the true source of healing, which is the *consciousness of God's Presence*, to that of external means. Healing is spiritual awakening, and comes from within, not from without. Many people think they receive some healing force or magnetism through the hands of the healer, and so they do to a certain extent. But all true healing comes only through the awakening of the mind to Truth, and these magnetic vibrations are only temporary stimulants. They belong to and come from the physical, not of the Spirit. Many magnetic healers are far from being spiritually awakened.

Where permanent results for betterment are secured, they come through the *faith* of the patient, looking back of the method to the *All-Sufficiency*, and thus becoming conscious of God as *harmony* in them. The Seventh Day Adventists practice healing through the laying on of hands, and the Mormons implicitly believe in Divine healing and practice it through the *letter* of the law. "Is there any

sick among you? let him call for the elders of the church; and let them pray over him, anointing him with oil in the name of the Lord: and the prayer of faith shall save the sick."

It is through *faith*, you see, that satisfactory results come. First is the desire, the call of the afflicted, then the preparation through calmness and trust, of which oil is the symbol, and then through acceptance and appropriation of this living, harmonious Substance we call Spirit or God, one finds himself in perfect harmony or health.

The second reason why we do not recommend the laying on of hands physically is that the practitioner is always open to criticism, especially if the patient be of the opposite sex. Not that we believe in being subject or receptive to criticism, but in the words of Jesus it is better to "avoid even the appearance of evil." But that is a minor reason; the vital reason being that any external means draws the attention away from the inner *Presence* which is the true Source of healing.

People so often think they must do something physically, that they must apply some kind of plaster, swallow something, etc. It is a race-thought. Many physicians today give bread-pills instead of drug-pills, and the patient not knowing it improves through *faith*. As soon as you use any appliance outside of that which is simply for the protection and comfort of the body, such as clothing, you divide your attention and get mixed results.

Yes, lay on the hand of faith, the hand of power, but let it be the spiritual hand through thought.

CURING VS. HEALING.

One may be cured of an ailment, but because his mind has not been illumined by Truth he may not be *healed*. Curing is simply glossing over, giving the appearance of health for a time, but the source of the ailment has not been removed from the mentality, and therefore is apt to return in even a more severe form. Healing comes through *knowing* the Truth, God, Life, Spirit.

When you really *know*, you are one with it. If you are *conscious* of your life being God's activity in you, then you know peace and harmony—and this is *health*. No one can take it away from you, for you are health itself.

YOU CAN HEAL.

Spiritual healing is Spiritual illumination. It is a *knowledge* of the Truth which brings into expression harmonious life, health, peace and joy. It reveals but One Presence and Power in all the Universe—the Good Omnipotent. It is God, “in whom we live, and move and have our being.” It shows you that you are *one* with that Presence; that your life is God living you; that your body, your mentality, your will, are but the avenues in which and through which the Spirit is expressing.

Every practitioner not only should but *must* be a teacher to do the “works.” You are a teacher and healer if you are expressing the Truth you know. You are a healing presence if you are living

the Truth. When you are living in your highest vision, people feel better when they are with you; they are uplifted, because of your harmonizing, or healing, influence.

If you want to receive health, the law is that you must begin to express it, to give it to some one else, and the best way, if you have any physical ailment, is to try to heal some one. Do not work with yourself so much. We become too anxious and strive too hard to make ourselves perfect when we have nothing to do with it. That is, we deal with externals and try to make our bodies just so, and are disappointed, because we have not begun right.

The only place to heal is in the consciousness. See God, and in seeing *God*, you see health of body as the true and eternal state of Being. Your body *today* is just what you picture God to be. That is, what you realize God to be. If you do not realize that God is perfection, you do not express perfection. As you see this perfection it will begin to appear to you in the body. See God as all-pervading Substance, Health, Supply.

And Jesus went about all Galilee, teaching in their synagogues, and preaching the gospel of the kingdom, and healing all manner of sickness and all manner of disease among the people.—Matt. 4:23.

Thus Jesus not only healed, but he enlightened first the minds of those he healed. His healing was permanent because of this foundation work.

HEALING THROUGH THE APOSTLES AND OTHERS.

Of course everyone knows that Jesus healed, but there are not so many who know that the apostles had that power.

And when he had called unto him his twelve disciples, he gave them power over unclean spirits, to cast them out, and to heal all manner of sickness and all manner of disease.—Matt. 10:1.

They used the same preparatory work as did Jesus, that is, they taught the fundamental principles of Life and how they manifest.

And they went forth, and preached every where, the Lord working with them, and confirming the word with signs following.—Mark 16:20.

And by the hands of the apostles were many signs and wonders wrought among the people. There came also a multitude out of the cities round about Jerusalem, bringing sick folks, and them which were vexed with unclean spirits: and they were healed every one.—Acts 5:12, 16.

The “seventy” had power to heal, and exercised it.

The Lord appointed other seventy also, and sent them two and two before his face into every city and place, whither he himself would come. And heal the sick that are therein, and say unto them, The kingdom of God is come nigh unto you.—Luke 10:1, 9.

And the seventy returned again with joy, saying, Lord, even the devils are subject unto us through thy name.—Luke 10:17.

Stephen, Paul and others had the same power, being receptive to the Spirit and obedient to its leading.

And Stephen, full of faith and power, did great wonders and miracles among the people.—Acts 6:8.

And there sat a certain man at Lystra, impotent in his feet, being a cripple from his mother’s womb, who never had walked: the same heard Paul speak: who steadfastly beholding him, and perceiving that he had faith to be healed, said with a loud voice, Stand upright on thy feet. And he leaped and walked.—Acts 14:8-10.

FAITH THE FOUNDATION OF SPIRITUAL HEALING.

But the manifestation of the Spirit is given to *every man* to profit withal. For to one is given by the Spirit the word of wisdom; to another the word of knowledge by the same Spirit; to another faith by the same Spirit; to another the gifts of healing by the same Spirit.—I. Cor. 12: 8, 9.

“The manifestation of the Spirit is given to *every man* to profit withal.” “God is no respecter of persons.” “For God giveth not the Spirit by measure.” “Neglect not the gift that is in thee.” “Wherefore I put thee in remembrance that thou stir up the gift of God.”

The “gift of the Spirit” is given to *all*. What does it mean, then, where it states to one is given one form of manifestation of the Spirit, to another a different form, etc.? Because then, as now, people were expressing those qualities of Spirit to which they had become receptive. One may manifest the gift of healing, another the gift of knowledge, another the gift of interpretation; that is, we would say they have the talent for that thing. They all come from the one Source. It does not mean that you are not capable

of manifesting all of them. If you can express one, you can be the avenue for the expression of all by the same Spirit, if you open yourself to it.

The requirement is *faith*. It is the prayer of *faith* that saves the sick. Belief, founded upon Truth, is the open door to faith, which is putting into active expression that belief. Faith is the laying hold of the reality. Knowing God as Health, reaching out in thought and taking hold of this Substance through understanding your *oneness* with it—this is the faith that brings wholeness into expression.

BAPTISM.

He that believeth and is baptized shall be saved; but he that believeth not shall be damned. And these signs shall follow them that believe: In my name shall they cast out devils; they shall speak with new tongues; they shall take up serpents; and if they drink any deadly thing, it shall not hurt them; they shall lay hands upon the sick, and they shall recover.—Mark 16:16-18.

Baptism is the cleansing of the mentality from all thoughts of limitation. This is the work of the Spirit when you let the *Light of Truth* into your mind, thereby expanding your consciousness so

that you know the nothingness of these limiting mental conceptions. Most churches today recognize that outer baptism is but a "symbol of an inward work of grace."

Hence, when you thus are baptised in the Spirit and exercise active faith in God, you no longer will think of your personality as of great importance, knowing that it is God in you doing the works. Then will you be the instrument through which Spirit will cast out all adverse conditions of the mentality (devils); speaking in the new languages of unity and love instead of the old tongues of evil, sorrow and suffering; handling every event and thing in its true relation, and therefore be immune from any annoying effect of externals; with power to awaken the consciousness of health in others as well as yourself. "These signs *shall* follow them that believe." That includes you, everybody—everyone who believes and is baptised in this consciousness.

Noted Examples of Healing.

NOTED EXAMPLES OF HEALING.

THE Bible gives us many notable examples of healing through the power of God, when faith was exercised in its reception. You will notice the different methods in which faith was used.

The leper was healed through his own faith. He had the assurance within him that it could and would be done.

And, behold, there came a leper and worshipped him, saying, Lord, if thou wilt, thou canst make me clean. And Jesus put forth his hand, and touched him, saying, I will; be thou clean. And immediately his leprosy was cleansed.—Matt. 8:2, 3.

The palsied man was healed through the faith of others. We have no record that the man had any faith himself, but the consciousness of his friends so quickened his attitude of mind that he was receptive to the nature of Spirit and therefore was unified with it in health.

And, behold, they brought to him a man sick of the palsy, lying on a bed: and Jesus seeing their faith said unto the sick of the palsy, Son, be of good cheer; thy sins be forgiven thee.—Matt. 9:2.

The question then comes to us, Can you help people who have no faith? It is better if they do have faith, but the lack of it is not a complete barrier to their being assisted. If they are not *opposed*, they are receptive at least to a degree and therefore are enlarged in consciousness through your faith for them. They can shut the door of their minds, saying, "I will not listen to the Truth; I do not want to know better; I will not believe what you say." But if they are desirous of help, of higher and better things, they will be receptive, at least non-resistant.

Thus was the servant healed through the faith of the centurion.

And Jesus said unto the centurion, Go thy way; and as thou hast believed, so be it done unto thee. And his servant was healed in the selfsame hour.—Matt. 8:13.

SIN AND DISEASE.

Sin and disease are the same. The sick man is a sinner. That is, he has missed the mark, he has not been living in that perfect

consciousness which is wholeness. That is all sin is, a falling short of perfection. And since none have attained that absolute consciousness, one writer has declared, "All have sinned and come short of the glory of God."

Every time you forget God and turn to externals, you miss the mark. Thus you see old age, failing sight, gray hairs, wrinkles, etc. These things creep into your mentality in so subtle a way that you do not realize that you have given them a false power over you. You have had your eyes shut to Truth. How many good things would we always see if we kept our eyes open for the Good!

And when he saw them, he said unto them, Go show yourselves unto the priests. And it came to pass, that, as they went, they were cleansed.—Luke 17:14.

Thus were the ten lepers healed as they journeyed. *They were obedient.* As you yield your present will and are obedient to your higher vision, your limitations will fall away from you. They were cleansed before they got to the priests to show themselves.

Day of Healing Not Passed.

DAY OF HEALING NOT PASSED.

THE UNCHANGING CHARACTER OF GOD.

THE day of healing is not past. Now to you this needs no discussion. To others who do not recognize the living Truth, this is not accepted as true. Many people go to a practitioner for treatment and are benefited; they get well, and then, being in this race-thought, they may say, "Well, I guess I would have gotten well anyway." If anyone questions the Spiritual Healing of today, we meet them with a question like this: "Does God ever change? Does Law ever change? If two and two make four today, will they ever make anything else? Will two and two ever be five?" They might say, "No, of course not." Why? Because Law changes not. Well, Law is God, the same yesterday, today and forever. If God ever was Wisdom, God is Wisdom today. If God ever was Good, God is Good today. If God ever was Power,

God is Power today. If God ever was these things, then God must *ever be* these things. He would not be God if He changed. If God could change, He might be God today and something else tomorrow.

It says in one place in the Bible, which is true, that God cannot lie. "Why, if God is all *power* to do anything, why cannot He lie?" Because as soon as God would lie, he would not be God. If God is Good, God never could be bad. Otherwise He would destroy Himself as God. These are fixed and immutable laws. Now if God is the same Presence and Power today as He was in the days of the Apostles, then the same activity of God through the Christ within you will accomplish the same works. The great essential thing is to get the consciousness that God is the same today and forever.

A lady told me the other day that she went to her pastor and said to him, "You believe in the omnipresence of God, God everywhere?" "Yes." "You believe God is the same yesterday, today and forever, never changes?" "Yes." "Do you believe in pray-

er?" "Yes, certainly, of course I believe in prayer." "And you believe God answers prayer?" "Yes." "Then will you pray for me?" "Certainly, I will pray for you." "Will you pray that God may restore my health?" "Oh, God does not do that. The time for spiritual healing is past." "Why, I thought you said God never changes?" "Yes, I said that, but Jesus and the Apostles healed only to convince the people of the power of God, and that is not necessary today; that time is past."

The nature and laws of God are always the same—"yesterday, today, and forever." What God ever was, God is today. If God ever manifested in healing power through man, He does so today if man will *permit* Him.

HEALING IS NOW BEING PRACTICALLY DEMONSTRATED.

You have all probably demonstrated over some ill within yourselves, in the consciousness of God. You have been blessed and uplifted and helped by this recognition of God within you. You have

seen others who have been healed. I have seen almost all these "divers diseases," as they are called, healed. There is nothing so distressing that you can imagine that has not been healed through the recognition of the presence of God as life and health.

I knew a woman who had been on her bed for eleven years and had never set her foot on the floor in that time. She had become a great student of the Bible, and she was reading where God healed through the recognition of His power active within a person. Her husband had always left the Bible on a chair by her bed so she could get it, but one day he forgot it and left it on a table on the other side of the room. She recalled some of the passages about healing, and said, "If God can heal at *any* time, He can heal me now, and I am going to claim this for myself and get up and get that Bible." So she declared that the active power of God cleansed her and made her perfectly whole and complete. Then without stopping there, she immediately got up and walked. *That was faith.* If she had stopped to doubt, she would not have done it, but she got right up. She believed what she said. She went over

and got the Bible, and was healed. Later she began to say, "I express God in every way and at every moment, and just as it comes to me to do, that will I do."

Spiritual healing is not a questionable thing at all today. One year ago many people in the church would have denied it, but since the church has taken it up with us, there is no question, there is no doubt in the minds of men. They see that healing is being done.

Now, *healing is simply the opening or unfolding of consciousness to the Truth of God.* If you could see yourself as you are in Truth this moment, you would be healed, because you are the image and likeness of God. You are just like a drop of water from the ocean. You are ocean water. You are not the ocean; you are not God, but you are of the same nature, the same character, the substance as God. When you *know* that fact, you will know that the manifestation is simply the expression of that Substance, and therefore must be just as perfect as it is perfect. Therefore see the body, see your environment, see everything, as the *perfect expression* of this One Presence and Power.

THE EMMANUEL MOVEMENT.

I do not know how the Christian church, so-called, lost the art of healing. It was practiced for three hundred years after Jesus disappeared from physical view, but then in some way it slipped away and they began to depend upon outer things for health. So now we are coming back to the first principles, and know—yes, *know*—that is, we are becoming *conscious* that this *One Presence and Power is all there is*.

It will not be long until this doctrine of healing is known to be the doctrine of *wholeness*. The church is recognizing it. The churches which laughed at and scoffed at it are now saying that it is the doctrine of Jesus, but they are still holding to the doctrine of a God in heaven and the literal fact of disease and that the devil is a power. They say the body may be helped into a state of harmony by right thinking, but they are limited in the scope of the healing. Yet as they come into the truth of healing they will come into greater *understanding* of God, and thus into the recognition

of God's power in *all cases*. If God can heal your nervousness, God can heal even your broken bone, or so-called incurable disease.

This Emmanuel Movement in the churches is meeting the plane of consciousness of their people, and is therefore doing great good. If their healing was based upon the absolute *fact* of God's *omnipresence* and *omnipotence*, it would not be accepted by their members in their present understanding, because they have been taught so long and have believed that it was out of the province of God to have anything to do with the body or conditions or environment; that God in some way or other had delegated that part of His business to physicians, while He attended to the spiritual welfare of the race.

Do you remember where people were healed by turning to God, and King Asa would not listen, although he was afflicted with many ailments, but turned rather to the physicians; and because he turned to them instead of to God, "Asa slept with his fathers." That is a hard arraignment of the physicians, but it is so recorded.

Now this Emmanuel Movement limits the scope of the work to meet the demands of those intellects which have been trained in the old way of thinking. They recognize that many of our so-called diseases are simply imaginary. These they call "mental diseases," and if you can get such an one to change his thought concerning himself, his body or his environment, his health will be recognized. Therefore, before they will take a case for healing you must first go to the physician, have him diagnose your case, and if he says it is not functional (that is, not a disease of any organ), but is a nervous or mental disease, existing really in your thought instead of as a fact, then they can heal you. We recognize that *we* do not do the work, but that it is God. They recognize this also, but they trust God just so far, and just that far they get the results. They heal just as far as they believe God works.

It is a logical sequence that if God can heal a nervous disease, He can heal *all* diseases. They are demonstrating, and through these demonstrations will come the consciousness of the Truth.

Instantaneous Healing.

INSTANTANEOUS HEALING.

HEALING may or may not be instantaneous. Since healing is an unfoldment in consciousness to the point of *knowing* the Truth, the cases of instantaneous healing have been on the road of preparation until they have reached that point. It may not have been conscious unfoldment, but the tendency of the mind in aspiration or prayer, the earnest desire of the soul, to be that which it knows it is in reality, has been unfolding the soul until the moment when the realization comes.

He laid his hands on every one of them, and healed them.—Luke 4:40. (See also Acts 5:16, given on page 34.)

Now the hand is the symbol of power. When the lame man was healed by Peter and John (Faith and Love), Peter took him by the hand and raised him to his feet and he found his ankle bones firm and he leaped and shouted. That man had probably never thought it was possible for him to be healed, because he had been

born a cripple and was carried day by day to the door of the temple where he lay and asked alms of those who came to the temple; and when Peter and John came along he asked them for alms, and Peter said, "Gold and silver have I none, but such as I have give I unto thee. In the name of Jesus Christ stand up and walk."

We say there was a case of instantaneous healing. That man had evidently been prepared, that is, he had been opening his consciousness. He had probably received blessings day after day from those who went into the temple until he had reached the point where he was receptive to faith and love.

Some have said to me, "I do not understand, if God does the healing, why I am not healed at once?" Simply because you won't let Him. That is all. *You* make the limitations, it is not God. You say, "Well, I believe I can be healed, and I know I am getting better, and in time I will be entirely well." Who is putting it off? Instead of knowing that God is your salvation right now, you put it off and look for gradual improvement until you come into that perfect state of health.

GRADUAL UNFOLDMENT.

The majority of the cases of healing by Jesus were not instantaneous. Not that the power of God was limited, but simply that the people had to go step by step in unfoldment. They could see so far, and when they would get that far they would see more. It is just like climbing a mountain. The higher you get the greater the expanse of vision.

And he took the blind man by the hand, and led him out of the town; and when he had spit on his eyes, and put his hands upon him, he asked him if he saw ought. And he looked up, and said, I see men as trees, walking. After that he put his hands again upon his eyes, and made him look up: and he was restored, and saw every man clearly.—Mark 8:23-25.

If you live to the highest conception of Truth you have today, you will be just that much higher up the mountain of Truth, and you will see that much more Truth to live. Through the exercises that you use today in living your highest conception of Truth will you gain strength to live that broader vision of Truth tomorrow.

Hence, many cases were not healed instantly. Therefore, do not become discouraged if you or your patient are not healed instantaneously. "He took the blind man by the hand and led him out of the town." Out of sense confusion, away from these external and disturbing conditions within ourselves. The blind man first saw men as trees walking, but later was restored and saw every man clearly. This is only one instance, but there are many. The man had to do his part, and he did just what Jesus told him to do. If he had not looked up when Jesus told him to; if he had said, "There is no use, I cannot see," he would not have received his sight. If you have an impulse within you toward the right, *use it*. If you believe God has power to heal you and make you perfect in consciousness, and therefore in manifestation, *begin to act* as though it were true. If you believe the Spirit of God sees through you and you do not have to depend upon physical organs, just begin to act that way.

Judge H. H. Benson had been using glasses for eighteen years. One day he said to Mrs. Benson, "We are teaching the Law of God.

that God is all and in all, and that through following the teachings of the Spirit we can become perfect in manifestation, and yet I am using physical means to help myself." He made up his mind that *God* saw through him, and he said, "If this be true, I have no business with these glasses, and I can read without them, because God is my sight." He took off the glasses and picked up a magazine and began reading, and he found then and there that he could read. The next Sunday at his meeting he said to his audience, "To prove to you the Truth of this, I want to read some of the finest print in this magazine." It was very small type and he read quite a selection to show that he could read without his glasses. He has not used them from that day to this.

If you could absolutely realize that God is your hearing, the physical organs would respond to harmonize with that consciousness. But you have been living in the thought that there are these limitations which you now realize are false, but still the old thought clings to you and at times seems hard to overcome. That is just why we have these lessons in this school—a school where we are training

our minds to realize these Truths, and as we come into that consciousness, little by little though it may be, we find these limitations will drop away. If you see *absolute wholeness*, you will see no deficiency in body, and that is the mission of earth-life—to unfold in consciousness that you may become in fact, in truth, the *living expression, the living sons of God*.

The nobleman saith unto him, Sir, come down ere my child die. Jesus saith unto him, Go thy way; thy son liveth.....And as he was going down, his servants met him, and told him, saying, Thy son liveth. Then enquired he of them the hour when he began to amend.....So the father knew that it was at the same hour.—John 4:50-53.

Another case where healing was not instantaneous was the case of the nobleman's son. He began to improve at the hour when Jesus spoke the word for him. This was unfoldment in consciousness through the faith of the father. If you have any improvement whatever in your condition, see it as good and bless it; recognize it. The more you recognize of the Good, the more you will see it, and soon the goodness will fill your whole vision.

Necessary Steps to Healing.

NECESSARY STEPS TO HEALING.

ON THE PART OF THE PRACTITIONER.

AS all power is derived from the one Source, the practitioner should never let his personality get in the way to obstruct that power. Personality is a mask behind which one hides. It does not amount to anything, and any magnetism it may seem to give is vibrant with the thought-force of the mentality of the person.

If you go about expressing your love and thanks and praise, you will unfold twice as rapidly as if you just quietly think it within yourself. Begin today to *express* it, to say it, to do it, and you will find an exhilarating influence which will make you radiant with joy, and you will send this radiance out to all your world. There is no limit to your power and influence through blessing and thanksgiving.

To be Illumined.

There is a Spiritual influence which is not mixed with mental vibration, which anyone will radiate if he lives in *conscious unity* with the highest. This is the activity of God in the individual consciousness, giving illumination to the mentality so that it no longer "thinks of itself more highly than it ought to think;" so that it sees itself as the *avenue* for the expression of Wisdom, Life, Love and Power, and nothing in and of itself; so that it sees *back* of the manifestation into the very *Substance* of which it is the expression; so that it sees, therefore, everything in its true nature and relation.

Hence, you must turn often to the Light of Truth within. Live in this Light constantly. This gives unfoldment in consciousness, for God is that Light. "The Lord is a lamp unto my feet, and a light unto my path." "The entrance of thy words giveth light." "The Lord shall be unto thee an everlasting light." "I (Consciousness, God) am the light of the world." "Now are ye light in the Lord: walk as children of light."

Steadfastness.

It is necessary that you be *steadfast* in your attitude and thought. Don't waver, for "he that wavereth is like a wave of the sea driven with the wind and tossed." Keep your eye single to the good and true. Refuse to see or recognize anything which *seems* opposite, for if you see double, if you permit yourself to think that you see both good and evil, your outpicturing will be mixed in accordance with your vision. "A double-minded man is unstable in all his ways."

Be faithful to the highest you know, and more Truth will be constantly revealed to you. *Cultivate the habit* of being steadfast in every detail, to your slightest word, to everything you promise. This will bring the *doing*. "A faithful man shall abound with blessings." "He that is faithful in that which is least is faithful also in much." "Therefore, my beloved brethren, be ye steadfast, unmovable, always abounding in the work of the Lord."

Basing Every Decision upon Principle.

To be steadfast and faithful, you must always base your every decision upon *Principle*. If you give your attention to appearance of externals, and say, "I do not know whether I can make a success or not," or "whether this case can be healed or not," you are not basing your decision upon Principle. "Judge not according to the appearance, but judge righteous judgment." If you are in doubt concerning anything, always go back to the very fundamental principles of Being. Since God is *omnipresent*, and God is Life, then Life is everywhere. Since God is Good, and you are alive, the Life in you is *good*. Since God is *omnipotent*, all power is resident in Life, for God is Life. Since God is perfect Harmony, the Life in you is Health, for Health is Harmony expressed.

See as God sees ; think always on the Godward side. By doing this, the opinions of the race concerning disease or any limitation will have no effect upon you. This does away with the mental conclusions of physicians, your friends and all others. *Stick to the Truth.*

Knowing the One Power.

Know no power but that of Life, which is God. Therefore, there is only the one Power in any kind of weather. When you fear catching cold, you are mentally thinking that there is an adverse power to the Good. This is the "adversary" or "devil," and your false conclusions picture forth inharmony. Give your *whole attention* to the Good, and there will be no place in your thought for the bad. See God, and you will know only the power of Life, ever beneficent, in every phase of expression.

Faithfulness.

The practitioner must speak the Word of Truth in faith and confidence. This sets into activity in yourself and the one treated the *consciousness*, or pure knowing, of the Truth perceived, and that Truth, when really known within, sets free from limitation, for such limitation is then seen as merely a false thought interpretation which the *Light* dissolves.

“He sent his word and healed them.” “He that hath my word, let him speak my word faithfully.” Everyone may be a healer—yes, should be. Harken unto the voice of God within you, then speak forth the Truth given thee, for it will set free and heal. “Hear ye, and give ear; be not proud: for the Lord hath spoken.” “O earth, earth, earth, hear the word of the Lord.” “Which things also we speak, not in the words which man’s wisdom teacheth, but which the Holy Spirit teacheth.” “If any man teach otherwise, and consent not to *wholesome* words, even the words of our Lord Jesus Christ, and to the doctrine which is according to godliness; he is proud, knowing nothing.” “So shall my word be that goeth forth out of my mouth: it shall not return unto me void, but it shall accomplish that which I please, and it shall prosper in the thing whereto I sent it.”

Adhere to this living Word of God. It is what does the work. Jesus said it so plainly. “It is not I, but the Father within me He doeth the works.” “I of mine own self (personality) can do nothing.” Why look to me as a man? Look to the God I express.

Let God into your mind, for you control the admission of consciousness. Then you will become a radiating healing center. You can heal if you will "take the helmet of salvation, and the sword of the Spirit, which is the word of God." Get the consciousness of the oneness of Life, of God in everything, and when you see it and *realize* it, your illumination will shed a light through others which will dispel and drive away all shadows. You are doing healing every day when you recognize the Truth, when you give a good word, a pleasant smile, brushing away the clouds of sense conception to make life happier and sweeter and brighter.

Speak the Word. "Hold fast the form of sound words." "Holding forth the Word of Life." Do it faithfully. If you have a stated time for treatments, never neglect it; be orderly, punctual, steadfast. And *faithfully* means *full of faith*. Expect the Word of God spoken through you to accomplish its work. Do not, however, work for *outward* results. It is the enlightenment of the mind which is needful, for through knowledge comes correct vision, and the outer expression will conform to it.

Perfect Confidence.

“Have faith in God.” After speaking the Word, let it drop from thought. This shows you really have confidence in the power of God, but if you revert to it time and again it shows you are doubtful, anxious, wavering. Rest assured that the *living words of Truth* DO accomplish the purpose whereunto they are sent. Speak the Word. Let the manifestation alone; it will show forth at the right time. You have nothing to do with the physical demonstration.

People sometimes come to a healer for treatment, saying that they have no faith, but the very fact that they come shows faith. In a great many cases it is according to the faith in the patient whether he is healed, but as a practitioner you should be very careful to have the utmost implicit faith, because if you do not your patient will *feel* the doubt within you. If you have faith, if you realize the all-sufficiency in God's presence right here and now, your patient exercising what little faith he may have, will catch the light

of Truth from your consciousness, and it will so illumine his mind that he will see clearly the "fullness which filleth all."

Non-resistance.

However antagonistic others may be to you, be sure you keep calm and serene. Keep yourself in the thought of Love, and nothing will harass or disturb you. With Jesus, "suffer it to be so now," knowing all things are working for good. To oppose, even in thought, will draw to you conflict. *Love*, and it will transform all opposition into co-operation. The teaching of Jesus was that of Love; his practice was that of non-resistance. We find his teaching and practice just as productive of good results in us today as they were then. The law of returning good for evil, if used, will bring peace and satisfaction. Take that which comes to you in meekness, yet in that meekness be *strong*, and you will be the better for the experience.

Lead to Knowledge and Practice of Truth.

As much as possible lead the patient to a knowledge and practice of Truth. Herein lies the value to him. A treatment is the recognition and declaration of the presence of God in the individual. It is the quickening or awakening of the consciousness to the Supreme Fact of the Universe. Have the patient *practice* this Presence, talking and walking with God; that is the secret of realizing health. As the blacksmith's arm becomes strong through wielding the hammer, so the inherent Divine powers of the mind become strong through the *practice* of Truth. Love, joy, peace, long-suffering, gentleness, goodness, faith—these are the fruit of the Spirit the patient should practice, and this is the highway to health.

NECESSARY STEPS TO HEALING.

ON THE PART OF THE PATIENT.

Sincere Desire to be Healed.

NOW what must be the part of the patient? First must be the *desire* to be healed; and I want to tell you that desire is the *moving force* for every activity in earth life. Desire is *good*. But one should be careful not to desire things for the things themselves. They are of value only as they minister to the comforts and joys of life. Those who desire *things* as things and get them are seldom happy in their possession.

Good does not come to you through force of *will*. If you want something and it is best for you, be receptive to Spirit, and God will provide you with it. Strenuous effort is unnecessary; in fact, it is a hindrance, for anxiety is a contracting and binding

mental influence in your life; it shuts out your clear vision. Submerge the personal will in the Universal Will. How much broader and better to say, "Thy will, not mine, be done," than to say, "I determine that this I desire shall come to me." Yes, you *may* get it that way, your personal will dominating those of others, but it is likely, more likely than not, to be disappointing and unsatisfactory.

Receptivity.

True desire is a willingness to receive that which is best for you, regardless in what form it may come. By mentally formulating the thing you think you need, you may be closing the door to a much larger inflow. For instance, suppose you think you need \$100 for some purpose, and you *will* that that amount shall come to you. You really might need \$1,000, or could use it to good purpose, yet by fixing the amount in thought, you would limit the inflow to your decision. The attitude of true desire is: "I recognize God as all *substance*, here and now awaiting my recognition and appropriation, and that substance is now active in my con-

sciousness and brings into my manifestation abundantly just that which I need." There is no mental formulation about that, and therefore no limitations as to how Spirit as Abundance shall manifest in you.

Faith.

According to your faith be it unto you.—Matt. 10:29.

Faith is this practical, literal seeing God, Life, Spirit, Substance, right here and now. All must come to this knowledge, from the least to the greatest, in one way or another. If not through conscious aspiration (desire, prayer), then through *experience*, through "hard lines." "Know the Lord: for all shall know me, from the least to the greatest." According to the degree of your acceptance and use of this Presence, which is active faith, it is established unto you. If you *know* God as Life and Harmony, you have Health, you *are* Health. If you *know* God as Abundance, you lack no good thing. It depends upon your faith.

But suppose you do not have this perfect faith? There is a

way to attain it. Listen: Desire it, aspire to it, pray for it. Begin to use what little faith you have, and it will grow. So the patient, to be healed, must first have the sincere desire. Now that may be merely a selfish motive. He has discomfort in his body, and he wants ease. The part of the practitioner is then to show him that that is not the chief aim of life, but that there is something broader and better, something higher. He wants healing because he really desires something *back* of that healing, and that is the *consciousness or knowledge of God*. And this is true healing. Since disease is the effect of ignorance or lack of knowledge, the remedy is knowledge or consciousness.

Healing is the unfoldment in consciousness wherein you see harmony, which is the nature of Life. The only time you see disease is when you do not see God. Jesus recognized this, and said in substance, "If you want to become happy, contented, harmonious, full of health and holiness, or wholeness, you must *constantly* aspire to and *live* your high desire to know and be like God." He expressed it in these words, "Pray without ceasing"—and what is

the rest, which you so often forget?—"and in *everything* give thanks." No matter what the experience may be, be thankful for the lesson it brings you. This must be the constant, daily and hourly, attitude of mind.

How are you to get that attitude? You so often get off the track? The only way you can get anything done is by giving it attention, so if you want this attitude you must give your attention to it. This is your life-work—to become conscious of the reality of God as your source, life, substance and power, as your *all*. This requires the earnest desire, which in this high realm is called aspiration. Paul, that great metaphysician, recognized the law of unfoldment through *right-thinking*. "Whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, *think on these things*." Give them your attention to the exclusion of any seeming opposites, and you will become conscious of them as *living realities* within you.

All Things Possible Through Faith.

Jesus saith unto him, If thou canst believe, all things are possible to him that believeth.—Mark 9:23.

But let him ask in faith, nothing wavering.—Jas. 1:6.

There is nothing impossible. There is no disease which cannot be healed by the Spirit through your faith. But it is—"If thou doubt not."

And whatsoever we ask, we receive of him, because we keep his commandments, and do those things which are pleasing in his sight.—I. John 3:22.

For verily I say unto you, That whosoever shall say unto this mountain, Be thou removed, and be thou cast into the sea; *and shall not doubt in his heart*, but shall believe that those things which he saith shall come to pass; he shall have whatsoever he saith.—Mark 11:23.

The Prayer of Faith.

And the prayer of faith shall save the sick, and the Lord shall raise him up; and if he have committed sins, they shall be forgiven him.—James 5:15.

And all things, whatsoever ye shall ask in prayer, believing, ye shall receive.—Matt. 21:22.

Aspiration is the prayer of faith. And "whatsoever ye shall ask in prayer, *believing*, ye *shall* receive." But it must be for more than personal gain. If you pray simply for money for yourself, for selfish ends, so that you may become opulent, so that you may dress and go in the finest class where you will be looked up to, your prayer *may* be answered but most probably will not. The only way for such a prayer to be answered is through the domination of the will over those who are susceptible to it.

Therefore I say unto you, What things soever ye desire, when ye pray, believe that ye receive, and ye shall have.—Mark 11:24.

You *may* draw to yourself definite *things*—money, houses, lands. I have known it to be done through the *will* sending out the word in that strong personal way, someone receiving the suggestion and responding to it. But you readily see that that is not the operation of Spirit through you, and you do not receive the blessing from the things you desired after you possess them.

The prayer of faith must be the activity of the God-consciousness in you for more universal ends. What you need you must ask for in this consciousness. Quit worrying about your rent, and what you are going to eat next week. Know the *allness* of God, know God as Supply as well as Health. Rest confidently in God. Dismiss these anxieties and worries. Look steadfastly to the Light. Keep your face to the sun and the shadows will flee from your thought and environment.

Works Accompanying Faith.

Even so faith, if it hath not works, is dead, being alone. Yea, a man may say, Thou hast faith, and I have works: show me thy faith without thy works, and I will show thee my faith by my works.—Jas. 2:17, 18.

James, the apostle, was intensely practical. When those before him had perceived the beauties of faith, hope and love, he realized the truth that they were but theories unless put into practice. He said, "If you will show me your faith without your works, I will show you my faith by my works." "Faith without works is dead."

Activity in Expression.

Faith increases by exercise. If you can heal someone of a headache, but do not think you have the realization of God's presence in a case of tuberculosis, why, go ahead and heal the headache. Do what you can and more consciousness will be given you. There is always something for you to do, and you must meet it. If you will not do it willingly, then you must through compulsion. Take the better way.

Examples of Active Faith.

Let us look for a moment at just a few of the examples of the activity demanded of the patient before he was healed. There is always a condition to every promise; you must do your part. *Willing obedience* is the tool of faith.

The man with the withered hand *stretched* it forth when he was bid. The lame man obeyed, and *arose*. The woman with an issue of blood *touched his garment*. The blind man *washed* in the pool of Siloam "and came seeing." Lazarus came forth from the grave in response to the Word.

Absent Healing.

ABSENT HEALING.

IF you could only *realize* the all-pervading Presence, the Substance of God, how changed things would be! If you could but realize that God, Mind, Spirit, the Universal, fills *every atom*, what a different attitude you would have to everybody and everything!

None of us recognizes fully the *oneness* of Life and Love and Goodness and Health and Purity, and to the degree that we do not, we fall short of Perfection.

OMNIPRESENCE.

Get into the consciousness that All-Substance, Spirit, God, *fills all*. It fills you, it fills me. If you could but realize, even for a moment, that God is ALL—all of you, all of everything, it would work a revolution right here and now. “Then shall thy light break forth as the morning, and thine health shall spring forth speedily.”

Truth always existed, although we perceived it not. Electricity always was, although we waited thousands of years before man discovered it. The electric light was always potentially present, but not manifest. The consciousness of Edison was unfolded in the quietness of his own mind. He did not go about proclaiming what he expected to do, that from the air and substance he would produce a force which he could convert into light. It was not with the purpose of self-praise or personal gain that he developed and brought forth into manifestation the electric bulb, but it was from the broader, the universal Self, for the benefit of mankind that he worked. And the signs have followed him just as surely as the different signs of the Presence of God followed the Apostles. If Bell had proclaimed that he would produce an apparatus through which two persons hundreds of miles apart could talk to each other plainly, the world would have thought him possessed of a devil. That is just what occurred in the early days of this country in Massachusetts, where people who had become unfolded in mind so that they could see the *truth* of Being, of nature, when they ex-

pressed this truth they were called witches and they suffered persecution therefor.

Today we recognize that the one literal Substance, visible and invisible, *pervades* the universe, all space; that while we look out at the sky and it seems empty, yet we know it is filled with substance; that it is the vibration of the particles of so-called matter that gives us the light and heat from the sun. Yet there is a finer Substance than that. The material scientist will take any substance and convert it into its elements, and these elements into molecules, and the molecules into atoms and the atoms into ions or monerons, and there he stops.

He says, "That is as far as I can go, but I know that if I can reduce matter that far it can still be reduced back into *some* presence, *some* substance which is not tangible to the senses." *That is Spirit.*

We think things are solid, but they are not. You can take a cup of water and put a cupful of sugar into that full cup of water without overflowing it. Many people say that would be impossible.

Now the sugar dissolves and it is not joined with the water. The particles of saccharine simply take their place between the molecules of water. The molecules of the water are just as separate as the molecules of the air, and the sugar simply rests between. Take a piece of gold and a piece of lead and lay them on a table several inches apart, and after a time you will find that the chunk of lead is shot through with particles of gold, and the gold shot through with particles of lead. It shows that the substance we call solid is not solid at all. We used to think our flesh was a mass of solid flesh, but there has been found an apparatus by which we can produce a strong light and see right through the body. This is the X-ray.

We are just on the verge of the discovery of more wonderful laws of life; of life's composition, its methods, its workings. We are becoming to realize that Substance is not something dead, but the living, vital presence—God, All-Intelligence. Every atom and cell of the body is intelligent, and if there seems any trouble or in-harmony in the body you may talk directly to that portion, and the

cells, being intelligent, hear what you say; and if you have confidence in your word, these cells will respond to your word. They accept your degree of faith, or confidence; of your consciousness of the Truth.

Like a pebble dropped into the ocean, the effect of which will be felt by every other drop, you can touch consciously this Intelligent Substance at any point, and every other point will respond. In Spirit, or God, there is no time or space, and no limitation; these are mental conceptions.

NO LIMIT TO THOUGHT-FORCE.

You cannot drop a pebble into the ocean without affecting every drop of water in the ocean. Yea, more; without affecting every atom in the universe, because the vibration set up by the pebble in the water, causing one drop or molecule to strike another, communicates that vibration to the next and so on. There are instances in this country where our delicate instruments have recorded earthquake shocks which were not known to us for hours or days after-

ward. The vibration was so delicate that it was unnoticeable to us, yet the finely-constructed instrument perceived and recorded it. So your own influence (every thought being a force) has its vibration, and we do not know where it ends, if it ever does.

CONCENTRATION.

You become conscious of a thing by giving it attention, by turning your thought to it. You see a little ant crawling on the sidewalk. You give it no attention except to call it a little insect, but there are wonders almost untold in that little creature. It is filled with intelligence which it manifests in its life, and is endowed with physical power far exceeding, in comparison, to that of man.

Intelligence—Wisdom expressed—is manifest in every other form of Life. There is nothing which is not truly wonderful from the plane of the mentality. The blade of grass, the clod of dirt, the sparkling diamond, are each expressing the same Life, the same Wisdom, the same Power, in different degrees. To come into conscious unity with Life in its every expression, you must turn

your attention to the one and only Presence which is Life. If you desire to know about Spirit, if you really desire to *know* Spirit, the Reality of which things of every form are but the expression, you *must* give IT your attention.

This is Concentration, and it is the open door to realization. To get rid of the seeming limitations of sense, see the joyous freedom and fullness of Spirit. *You will always see what you look for.* If sin, poverty, sickness, have been giving you distress, stop looking at them! How? By turning your thoughts to just the opposite. See—determine within yourself that you will see only the Good, that you will see only Abundance, that you will see only Harmony.

Turn your thoughts from *duty*. That is a hard word. When you think of a thing as a duty, it becomes irksome, hard. Look at it as an *opportunity*, a *privilege*, and it becomes easy and enjoyable. All things are to you according to your attitude toward them, as you look at them. If you will thus do away with the thought of duty, supplanting it with the idea of joyous opportunity, you will transform your world, for you have then been transformed yourself by

“the renewing of your mind.” You have let in the light of Truth.

THE RENEWING OF THE MIND.

Incidents come to you every day which seem to draw your attention to the external, to the so-called hard things of life, and you look at those conditions and complain. The more you do so, the harder those conditions become; so, for a little time, even once a week, you will find it a great help to turn your attention consciously to that which lies back of all things, the Source, the Substance, and by contemplating It, you will find that all these outer things change to you. I do not mean that *they* change. The change is in you. You have probably seen people whom at first you did not like, and yet, upon being associated with them, you find in time that that impression was erroneous, and you come to like them. Now the change is not in that person; it is in you—your attitude, your consciousness is expanded.

One writer in the Bible said that when you have this enlarged consciousness all things become new. Old things have passed away;

your old ideas, your conceptions of these things have changed ; they no longer appear what they once seemed. In other words, he says when you have become conscious of the Living Substance in these things, that which you once hated now you love.

It is an individual question. How things appear to you depends upon *how* you are looking at them. No two persons see things alike. It depends upon the unfoldment of the individual consciousness. That which may be true to you may not be true to me, because in your present stage of unfoldment you may perceive that which is true, but which to me in my present plane of unfoldment I have no conception of. If you are in advance of the race, you are a preparer of the way, you are a forerunner, and through your influence you draw the whole race after you.

BECOMING ATTUNED.

When two persons are in accord, when they are attuned, wonderful results can be attained. Strike a note on one piano and the

same note on another piano will respond. It catches the vibration because it is in unison.

The method used in wireless telegraphy is exactly the same as in absent treatment. If we had a Marconi tower in Denver and I wanted to send a message to Kansas City, how would Kansas City receive that message instead of Pueblo? Each station has a keynote all its own. Suppose Denver is on the key of C, and Kansas City on the key of D, and Pueblo on E. To reach Kansas City this instrument would have to be attuned to the key of D, and then they would be in perfect unison. If Pueblo at the same moment was trying to call Kansas City and had attuned its instrument to the same key, it would receive the message, too, because it would be in perfect unison.

So in absent treatment, we call the *name* of the person we desire to help. That is *their* keynote. Suppose your name is Mary. That stands for your nature, your character. The surname represents the family name, or the name of the species. Your individual name to which you respond is your given name. So we always

want the first name of the person to be treated. When we call that name we attract his or her inner attention, we have keyed our "wireless telegraph instrument" to their keynote. Now we are in unison. It awakens the consciousness so that they are attentive and respond. Then we speak the word of wholeness, and their instrument, their consciousness, records that word of Truth on their inner consciousness.

It is an impression, and that impression is just like a photographer's impression of an object upon a sensitive plate. It is there. All it needs is developing, and you will have a picture, a demonstration.

Now if there is any other person by the same name, *his* inner consciousness will be awakened to attention also. He may not hear or know anything in the external, yet that inner something is awakened, and if he is responsive he will receive the same treatment.

A treatment is universal. It is an opening, a freeing and uplifting influence, and as you give that you have cut asunder every

bond or limitation in whatever way it may have been pictured in the mentality of that person.

SPEAKING THE WORD.

When you speak the word of Truth, this Universal Substance being all-intelligence and all-presence, you speak to the *entirety* of that Intelligence, and while through man's own conception of limitation it seems to take a certain degree of time for the words to be carried on the telegraph wire, yet in Truth there is no such limitation; it is instantaneous.

We find that in the transfer of thought, called telepathy. You may send a message to another mentally and that one instantly gets it if he is receptive to your thought. You have all probably at some time thought of something, and just as you expressed it someone else would say, "I just thought of that." That is instantaneous. It is thought transference, telepathy. Do you wonder then at the results accomplished by Jesus when he sent his word

and healed? He simply set into *operation* the consciousness of Truth, and it is the Truth which heals.

So it matters not how far away your friends may be, you are in immediate touch with them. To get the best results, however, it is always better if the one who needs help should know of your intention to treat him, for this reason: he then holds himself in *receptivity* and *openness of mind* to receive your word of Truth. Where one does not know anything of the laws of healing, does not even want to know, it may take longer to reach him in our conception of time, but the consciousness *can* be awakened.

You may reach that one by speaking the word of Truth for him, but if he is antagonistic he will not receive immediate benefit from it. Never be discouraged in speaking the Word. Remember this: there will surely come a time when that one will earnestly desire within himself to receive enlightenment, upliftment, and that desire is an openness, a receptivity, and when he reaches that point, your word which you have spoken will be received and accepted by him. But your word must be spoken in the *universal* sense. You

have no right to try to compel that one to do so and so, according to your view.

SPIRITUAL, NOT HYPNOTIC, TREATMENT.

Your mission is to present the living, eternal Truth, not to try to force its acceptance by others. Will-force is akin to hypnotism. You have no moral or other right to exercise will-power to force another to do, or refrain from doing, what you see is best. The object of Spiritual treatment is the awakening of the mind of the individual to the consciousness of Truth, of God, leaving its acceptance or rejection optional with the one treated.

I thoroughly agree with Charles Brodie Patterson in this declaration:

“Every thought that enters the mind of man must to some degree affect his life, either for good or the reverse. All true suggestion, then, must have for its aim the presentation of the Truth and nothing but the Truth. Evil is overcome only by good. It is only as the heart of man becomes fixed on the *eternal realities* of

Life and Truth that evil disappears; and it is only as the sunshine of God's love enters the mind of man that the unreal shadows of life vanish."

"Therefore be ye steadfast, unmovable, always abounding in the work of the Lord." See only God, declare only the Good. Be *convinced* within yourself that God is *omnipresent, omniscient, omnipotent*. Be positive in this. Then will your consciousness radiate the Light of Truth which will illumine the minds of all who are seeking and aspiring, and in that Light will the thought-projections of sin, sickness and lack vanish as the darkness.

You can speak the Word for anyone, and as you speak that Word you are giving yourself a treatment.

Have confidence in your word! Your friend in California is just as close to you as the one right here, because he is in the same One Presence or Spirit. That Presence is omnipresent and all-intelligent.

Spiritual treatment, then is for the purpose of awakening the Truth inherent within man, through which he will understand the

laws of Life, and hence become the perfect expression of it. Change the thoughts of man to this true knowledge, and the body and environment will respond to meet that perfect conception. Therefore we do not treat the body; we do not treat disease; we do not treat circumstances, or poverty. We do not treat against anything. These conditions are indicative of a false mental state. By changing this mental state through consciousness of Truth healing takes place.

The Silence.

THE SILENCE: OUR CHAMBER OF PEACE.

Here is where you and God commune together. "In quietness and peace shall be thy strength." In this "secret place of the Most High" within your own being you come into conscious unity with God.

The Silence is not inactivity, neither is it a place of strenuous effort. You cannot take the kingdom of God by violence. The activity is that of the Holy Spirit when you still the physical senses. When you enter this sacred realm you must drop all opinions and conclusions as to *how* God shall bring into expression that which you need. Your attitude must be, "Not my will, but Thine, be done." Then will you hear that "still, small voice," which, if you will faithfully follow it, will direct you, sustain you, protect you.

You may not hear anything with your physical ears—you probably will not, but you will feel an impression or an impulse to do; you will receive a *conviction* of the right way; or you will *know* without any process of mental reasoning—which is called intuition.

Accept any or all these methods as the "voice" of God, and as you do so more light will be given you.

All desire springs from within. That inner something which desires is your very being. Since God is the Source, Love is the ruler of your kingdom. Through the nature and power of Love all things you need to better express the Infinite Presence of which you are the manifestation are drawn to you. Love attracts; hate repels.

Health, wisdom, life, power, strength, the abundance of every good thing needful, will be given you if you carry out the rightful law of procedure—"Seek ye first the kingdom of God and His righteousness, and all these things shall be added unto you."

The essential thing is the *consciousness of God* within you—*now*, and the rest will follow as a natural sequence. This gives you dominion over all things, over sense desires, and every condition of the body and environment.

In this positive, strong, masterful attitude of mind everything is seen in its true light, perfect, good, harmonious. Then there is nothing to disturb, since peace reigns throughout your realm.

HOW TO ENTER THE SILENCE.

First—Retire every day to a quiet room alone, detaching yourself from everyone and everything for at least a few minutes. Remain only so long as you are alive to your subject. Just as soon as interest lags, stop. Do not try to force concentration. As you proceed in development you will find it easier to remain longer with deeper interest. But while you are there, be alone in thought with God, your Father, in the Silence.

Second—Take a restful position, and relax all your physical body, breathing deeply and rapidly for a few moments. This awakens the entire body and gives it ease.

Third—Shut out all your daily thoughts and cares, allowing none of the anxieties that harass you to occupy your mind. Bar the door against all sensation; and any bodily, mental or moral imperfections. See yourself perfect as the child of God.

Fourth—When you have become calm and peaceful, take some thought of Truth and hold it in the mind, and think upon it to the exclusion of all other thoughts. Give yourself up to it, and endeavor to *realize* what it means to you.

Fifth—Do not attempt to force the thought. Just let it fill you, pulsate through your being, and gradually a sweet rest and peace will come over you, and you will feel the Infinite Life vibrating through you, the Infinite Mind thinking through you, and the Infinite Love loving through you, till Life and Health and Strength and Love will overflow your entire being.

Sixth—Definitely declare your wholeness, your health, your peace, your abundance. Speak thus for any others you desire to help.

Seventh—Always close your Silence with thanks and praise to this Infinite Presence for your realization.

HOW TO PRAY.

Prayer is the opening of the way to the inflow of Spirit into your consciousness. It is the earnest, sincere desire reaching out for God, and faith is the laying hold of God. Prayer is an inner attitude; it may never be given audible expression. All people pray.

But how pray aright? How pray that it may be answered? Listen: "When thou prayest, enter into thy closet (turn your at-

tention within), and when thou hast shut thy door (every physical sense), pray to thy Father (Source) which is in secret; and thy Father which seeth in secret shall reward thee openly (bring it forth into manifestation)."

But you don't know what to say? Listen to the model prayer given by Jesus, placing it in the positive, present tense for immediate realization:

"Our Father (Creator, Source of all) which art in heaven (perfect harmony of mind), hallowed (whole, holy) is thy name (character, nature). Thy kingdom (rulership, dominion in us) is come. Thy will is done in earth (expression) as it is in heaven (conscious harmony). Thou givest us this day our daily bread (all sustenance). Thou forgivest us our debts *as we* forgive our debtors. (Only *as* you forgive are you forgiven—the law of perfect balance). Thou leadest us not into temptation, but dost deliver us from all evil: *For Thine is the kingdom and the power, and the glory, forever. Amen.*"

No amount of thinking, in the silence or elsewhere, can change the verity of Truth, for Truth is changeless. If 2 plus 2 equal 4, they can never equal 5, or there would be no truth or law of mathematics. Prayer, then, does not change Truth, or induce God to give you something or to do something for you.

Prayer, however, does change your attitude to God, and the desire instead of being for personal ends becomes instead an aspiration for fuller and better expression of God through you. Prayer enlarges your consciousness so that you see with a clearer vision, and thereby you become fitted to receive the thing needful for that more perfect manifestation.

Then through faith, perceiving that you have already received in essence, true substance, the fulfillment or expression comes. Only thus is prayer answered.

Formulas for Self-Treatment.

FORMULAS FOR SELF-TREATMENT.

(To use the following or like treatments for another, call the person by name, and speak in the second person, saying "You" instead of "I.")

THOUGHTS UPON GOD.

Thou Infinite Presence, Thou art All and in all, "the fullness that filleth all." Thou art the Source and Substance of all things; therefore All is Good. Thou art Life, vivifying my mind and body. Thou art Power expressing through me. Thou art my Wisdom, in which I see only Perfection. Thou art my Understanding, so that I know all things glorify Thee. Thou art my Love, by which I realize how everything works together for good. Thou art my Faith, by which I perceive the Substance of which all things are made. Thou art ALL. I now know myself as Thy expression. Beside Thee there is none else.

THOUGHTS UPON SELF.

I am the living expression of God, created in His image and likeness. I see my Self in its purity, peace and power, without spot or blemish. I am joyous and free, basking in the sunlight of His love. I am strong and powerful, filled with the activity of Life. I am wise, receiving the illumination of Spirit. I am a radiating center of Life, Love, Joy, Prosperity, Health; for God is the Source and Substance of my being. My thought of personality is now supplanted with the true thought of my being the Individual Expression of God, for the "Father within me, He doeth the works."

THOUGHTS UPON FAITH.

I have faith in God. I have faith in myself. I have faith in my health. I have faith in life. I have faith in my abundance. I have faith in God to express perfection through me. I am the Substance of that which I desire to be.

THOUGHTS UPON ABUNDANCE.

There is but one Presence and Power in all the universe—the Good Omnipotent. This Presence is the Source of all, therefore the Substance of all. I now see this living Substance in me and in my affairs—in everything. God is my abundance of life, health, substance, supply. I am content to confidently trust this Infinite Intelligence to bring it forth into expression in me just when it should be manifest. I hold myself receptive to its inflow and outflow. I do not permit myself to become worried or anxious, knowing that it is the Father working through me. I steadfastly see the Allness of God, and therefore see only Abundance.

THOUGHTS ON RETIRING.

I recognize and claim my unity with God, my Father. Therefore, I am open and receptive to the illumination and inspiration of the Spirit while my brain and body rest and sleep. I am receptive

to only the Good. I now close the doors of my mind to every thought that is not of the highest and purest and best. Infinite Love enfolds me. Infinite Wisdom enlightens me. Infinite Power protects me. In this Presence I safely rest.

THOUGHTS ON AWAKENING.

I recognize only the good, the true, the pure, the beautiful. I see this in every act and event of this day. I see love which uplifts and brightens and glorifies. I see kindness and gentleness and goodness in myself and in everyone. This day shall be a day of upliftment, of fulfillment of my highest desires. I am now one with all that I desire, and since I desire the good and true and beautiful, I am good and true and beautiful, and express every good quality of the Infinite Presence. I am its expressor, and have the ability to show forth that which I recognize. I shall constantly abide in this Presence, so that I shall see only life, peace, health, success and perfection.

FOR WISDOM.

"Bless the Lord, oh my soul, and forget not all his benefits." With a grateful heart I turn to my Source which is full of His blessings. Through the presence and power of the One who is All, my soul is illumined. This Presenece enfolds me, and holds me in eternal Wisdom, and is now guiding me in paths of Peace. I cannot go astray or make a mistake, because this illuminating Life is born in me. Here and now all my nature rejoices in glad praise and thanksgiving that the Wisdom of Heaven abides within me.

* * * *

The One that is All is my teacher, counselor, guide. All things are uncovered before Him. He has entrance everywhere. He is acquainted with all my ways; is ever about my path. The Mind of minds is Wisdom of my wisdom. Therefore, I think, speak and act in Wisdom's Light. I cannot wander from its way. I am the mouthpiece of the Law. My speech is distilled as dew; every word I utter is pure and wholesome. His Word is Spirit; it is Truth.

It refreshes, strengthens and satisfies my intellect. I no longer question things external, but turn to the One Source of Wisdom and receive my full answer there.

* * * *

The One Only Presence is Wisdom (Light) everywhere, and just as the sun includes its rays, I am now embodied in the warm, loving nature of Omnipotent Wisdom. I am one with the Universe around me; its Light permeates my entire being, unfolding me to the consciousness of my true Self. The Christ-Wisdom, which is the true Light, is Infinite, and meets my every need. I now consciously co-operate with this Inner Light. Every word I speak is true to the Christ within. I let the Christ-Light shine. I walk in Its perfect way.

FOR HEALTH.

"O Lord, how manifold are thy works." This beautiful temple—my body—is filled with Thy Life and Health. I am one with Thee. In Thee I am embodied and expressed. I praise Thee for my health and all of Life's blessings. Every cell and organ of my body is infused with Thy living intelligent Power. God lives in me. I am an expression of His Power, and realize that His Life thrills my whole nature. All is Life. My every breath is inspired with His Life. I recognize that every atom in my body is intelligent, living Substance, obeying the Soul's purpose. I praise the Power of Endless Life, which is my true being here and now.

* * * *

The One Perfect Mind is the Source of all. I now turn to my unfailing Source and acknowledge my oneness with it—understanding it to be the only surgeon, the only physician. I trust its Life (Action), its nature (Love), to heal me. Every belief or opinion held over me by myself or anyone else is now absorbed in Love, the

true Nature of God. My eyes are open to the real, and a flood of Light and Truth permeates me. All that has seemed ungodlike is surrendered to Truth. My body is now the living authority of God's Power. I am the Physician that heals myself.

* * * *

God, the One Presence, has made all good, and, like Itself, All is Perfect. I unite my thoughts with this Perfect One. I now know my body as it truly is. The Christ within expresses perfect freedom. My body is the temple in which the Christ lives. Not an atom so tiny that this Living Spirit does not fill it. It is always pure Living Substance. Every moment my faith and trust in this Infinite One is deeper. Christ lives me now as Health, Peace, Freedom, and Joy.

FOR THE ENVIRONMENT.

I rejoice and am glad that I now recognize the Omnipresence of Good; not only as being everywhere present, but as the living Presence—Divine Substance—pervading all. This Consciousness is the Christ, and "Christ is all, and in all." Therefore, no longer do I look upon things and conditions about me as being inharmonious or limited, but filled with Good and for my good. I now put on the "whole armor of God, having my loins girt about with Truth, and having on the breastplate of Righteousness; my feet shod with the preparation of the Gospel of Peace; above all, taking the shield of Faith, wherewith I am able to quench all the fiery darts of the wicked; taking the helmet of Salvation, and the sword of the Spirit, which is the Word of God." I am thankful that I can trust the Power of God within me to transcend and transform every thought of limitation of whatever nature, and thus do I face every experience with joy.

* * * *

I am in the Spirit, and of It. My environment is just as spirit-

ual as my soul. *The One Living Substance is expressing in every form. Everything that surrounds me is alive, aflame with God. The Light of the Presence illumines all for me; it is eye of my eye, ear of my ear. I am in place; God's Law hath placed me here. O Supreme, let Thy great Law be manifest to, through and about me. Wherever I am, I am at home with Thee. I am content to live, to love, to serve Thy Will. My heaven is here and now.*

* * * *

Our Father, Omnipresent, is here and now in this place as Life, Love, Peace, and Power. I now come into conscious union with this One, and find myself in the Universal Christ. I am conscious of being all that the Father is. Through this Christ-birth I am faithful to my Self, to every one, and to every thing. I no longer obey the opinions of the visible world, nor do I ask to have things made easier. I trust the Omnipresent Power to strengthen me so that I may meet the daily experiences courageously and patiently. My

true living brings the consciousness of freedom. Every moment is full of Love; every act is full of Life; every condition is full of Opportunity.

FOR ABUNDANCE.

"Of His fulness have all we received." My heart sings a new song of praise and thanksgiving, for I am now aware that "all that the Father hath is mine." And I pray as Jesus instructed, believing that I have already received, and lo, my eyes are opened to see its fulfillment. God is the Abundant Substance of Good, and comes into manifestation through my recognition and appropriation. My God supplies all my needs according to my riches in glory by Christ Jesus. Bless the Lord, oh my soul, and forget not all His benefits.

* * * *

The Spirit of Abundance is Omnipresent. I am consciously included in this Presence, and therefore partake of its fullness. The Father's will is that I arise and be true to my own ability. I do this by consciously thinking, speaking, and acting with the All-

inclusive Abundance. I am never lacking when I keep my thought in the Father's will. I do not work for personal glory. I use my energy always in the thought that God's Life is acting through me. I now affirm Universal Success is manifesting for me. God's Wisdom tells me how to justly circulate. My attitude is trustful, expectant, and consistent; thus becomes the avenue for the Physician which heals all lack.

* * *

God's Eternal Presence is Abundance in and through all. I am the trustful companion of this Eternal One, and am enfolded in its Abundant Substance (Spirit)—Love (nature), Life (activity), and Power. It is always pressing its Abundance into perfect manifestation. I am now immersed in this Abundance, consciously one with it. Abundance is mine; it is around me. I open myself to it. I breathe it, sure that what I desire is mine. I go about my work in a receptive, trustful attitude, and let the Spirit of Abundance flow through me. I give wisely, and receive wisely, knowing that the earth is in the Kingdom of Loving Abundance.

Summary.

SUMMARY.

The *Omnipresence* is the basis of all spiritual healing. The body and all manifestation is *in* this Presence, not evolved *from* it. God *all in all*.

Thought unillumined does not see the fullness of Life, hence forms untrue conclusions, and projects these conclusions as false environment and misconceived body. This is ignorance.

The more attention is given to externals the greater the confusion and inharmony in thought and expression.

To realize health you must turn to the *Source* of your being, and then will you know its truth. This is Knowledge.

Thus your true *power* is revealed to you, which is your real nature, your eternal state.

Only in standing with God will God work *in* and *through* you

Then will your thought-projection (conclusion about things) be altogether harmonious, perfect.

Since the cause of dis-ease is ignorance, the remedy is Knowledge, which is the *illumination of Spirit* when you give it your attention and become receptive to it—when you *let* it in.

Healing is the awakening of consciousness in you, a change from belief in sin and disease to a *knowledge of the Truth*.

One thing alone heals: *The realization or consciousness of God's Presence*.

There is but one *treatment*, though expressed in various forms of language: *The recognition of this One Presence*.

There is but one Omnipresence—*God, Spirit*.

There is but one foundation—*Truth*.

There is but one place where Truth can be revealed to you—*In Mind or Consciousness.*

There is but one method of receiving it—*Receptivity.*

Faith is the door to realization.

Willing obedience is the tool of Faith, and *Works* are the evidences of it.

Thought is the instrument used.

Loyalty, Integrity, Faithfulness, Fearlessness, Patience and Love, are the essential requisites of a Practitioner or Healer.

Sincere Desire, Faith, Receptiveness, and Activity of Expression are necessary in the patient to become conscious of God, and therefore healed.

Wholeness—Perfection, is the natural result of the recognition and acceptance of Truth.